REESE AIR FORCE BASE

Mission Milestones

WOW! Those west Texas winds sure did a number on the T-37's last week. We underflew 58 sorties last week mainly due to high cross winds which grounded the T-37's several times. T-37's now sit at 5.2 days ahead on the timeline and T-38's are 6.3 days ahead.

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SrA. Ron Peck, a corrosion control specialist, mixes paint prior to painting a Reese T-37. (USAF Photo by SrA. Kimberly Nelson)

Banquet highlights wing's top enlisted

By SrA. Greg Spraggins Editor, Roundup

Three Reese members will take another step toward becoming one of the Air Force's 12 Outstanding Senior NCO, NCO and Airman of the Year at the 12th Annual Enlisted Awards banquet, Nov. 19.

The Noncommissioned Officer Academy Graduates Association will host the banquet at the Officer's Open Mess. Social hour begins at 6 p.m., and dinner begins at 6:45 p.m.

The Air Force Band of the West will provide dinner music during the banquet, and at 9 p.m., the combo portion of the band will set up at the Enlisted Open Mess for everyone's enjoyment, regardless of banquet attendance or rank.

The nominees for Wing Senior Noncommissioned Officer of the Year are: MSgt. Eddie T. Brown, 64th Supply Squadron; MSgt. Robert M. Burnett, Field Training Detachment 429; MSgt. Jesus F. Espinosa and MSgt. Jimmy W. Jones, 64th Organizational Maintenance Squadron; MSgt. Thomas F. Madigan, 64th Security Police Squadron; MSgt. Roy L. Threadgill, 64th Supply Squadron; SMSgt. David Vasques, Jr., 64th Field Maintenance Squadron; SMSgt. J.T. Washington, 3500th Mission Support Squadron; and SMSgt. Larry W. Weatherall, 64th Civil Engineering Squadron.

The nominees for Wing Noncommissioned Officer of the Year are: TSgt. Kenneth Brown and SSgt. Scott T. Robinson, 64th Organizational Maintenance Squadron; SSgt. Glen Cruz, 3500th Mission Support Squadron; SSgt. Charles B. Harris, 64th Security Police Squadron; SSgt. Derald C. Jones, 64th Supply Squadron; TSgt. Lawrence A. Lewis, Field Training Detachment 429; SSgt. Charles C. Risley, USAF Hospital-Reese; TSgt. Samual Stephens, 64th Field Maintenance Squadron; and TSgt. Randall L. Sutton, 64th Civil Engineering Squadron.

The nominees for Wing Airman of the Year are: SrA. Rodney L. Henkel and A1Cs Eleazar Bengoa and Cindy Menchaca, 64th Supply Squadron; SrA. Victor M. Maciel, 64th Student Squadron; SrA. Robert M. Miller, 64th Civil Engineering Squadron; SrA. Joey W. Parks, 64th Security Police Squadron; A1C Franklin R. Brewster, 64th Field Maintenance Squadron; A1C Michael T. Hamilton, 64th Air Base Group; A1C Kenneth G. Hodges, USAF Hospital-Reese; A1C Roy G. Paz, 64th Organizational Maintenance Squadron; and Amn. Joseph L. Morton II, 1958th Communications Squadron.

The nominees for First Sergeant of the Year are: MSgt Patrick M. Krepps, 64th Organizational Maintenance Squadron; MSgt. Roy G. Prince, 3500th Mission Support Squadron; and MSgt. Jesus M. Ferrand, 1958th Communications Squadron.

The NCOAGA sponsors this event annually through fund-raising events. The project coordinators for the event are CMSgt. Leonard Minzer, 3633, and MSgt. Leslie Wallace, 3704.

Airman Performance Reports change

The Air Force's top noncommissioned officer says changes to the airman performance report system are in the works.

"We've got two kinds of inflation in the present APR system: rating and endorsement," said CMSAF James Binnicker,

"We've created an atmosphere where anyone receiving less than an overall 'nine' is frowned upon," Chief Binnicker said.

"We've also created the idea that unless you have a general officer endorsement, you can't get promoted. This is wrong and we're going to fix it, "he said.

A panel of noncommissioned officers was convened for four months at Randolph AFB, Texas, to study the current system.

Chief Binnicker said the panel's

recommendations were based on a survey sent to thousands of Air Force people of all ranks. The panel also looked at evaluation systems of other services and civilian companies.

Proposed changes to the APR include:

• Giving airmen with less than 20 months time in service a letter of evaluation rather than a performance report.

• Limiting endorsements for technical sergeants and below to their raters and the raters' raters.

• Allowing master sergeants and above a maximum of three signatures, with the wing commander being the highest endorser.

 Reducing the number of evaluation blocks from 10 to five.
 "This does not mean all master sergeants and above will get a wing commander's endorsement," the chief cautioned.

"Only those who are in the window for promotion and who the wing commander believes are deserving of promotion will get it," he said.

Chief Binnicker added that the wing commander "is in a better position to know his people and determine who will be promoted first."

A mandatory feed back form for technical sergeants and below also has been proposed to "force counseling by supervisors," the chief

Supervisors would have to sit down with subordinates every 180 days and tell them how they are doing.

While a decision to change the system has been made, Chief Binnicker said no start date has been set nor has an implementation plan been written.

"This plan is crucial to the success of changes to the system. We're going to pay close attention to how we put them into effect," Chief Binnicker said. "We do not want to go into it in haste and hurt someone."

Chief Binnicker said an announcement will be made in the next six months, with some changes to go into effect right away.

Chief Binnicker said the proposed APR change "is one of the most positive things we've done because we'll be able to recognize the best without killing the rest."

Senior NCO Academy eligibility rules also will change soon. "We're soon going to allow master sergeants to attend the course," the chief said.

Currently master sergeants may take the course by correspondence, but not in residence.

"Space was always a problem, so we are cutting the course from eight and one-half weeks to seven weeks by eliminating much of the world affairs portion."

The shorter course will allow one class to be added each year. Additional classrooms are also being built.

"Our ultimate goal is to let noncommissioned officers get more professional military education sooner in their careers," Chief Binnicker said. (AFNS)

Check pilots

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Torchlight
Pages 12 & 13

Lady Rattlers

Page 17

Bits & Pieces

Goodbye and farewell

All good things must come to an end. Our assignment here at Reese and the people associated with it have been the best time we have ever spent in the Air Force and the highlight of our personal life. Marie-Jacques. the boys and I are moving to the Supreme Headquarters Allied Powers Europe (SHAPE), Mons, Belgium in December to work for General Shaud. My replacement, Col. "Buddy" Sams, is a magnificent man with a breadth and depth of experience, who I know will keep Reese on the path of excellence it has enjoyed for so long. We will miss all of you!

Remember the patriots

Remember those who have gone before and given their efforts, their hearts and their lives for this land. This is our purpose in celebrating Veterans Day, a day that brings to mind the tremendous love of country that our people, Americans, have shown over the past two centuries. We toil and sacrifice in peacetime so that we might enjoy the freedoms which we have come to take for granted. The simple freedom that we exercised this week, voting, is just one small example.

We have a chance this week to remind ourselves of the sacrifice made by the men and women who have gone before us. While we remember, we must also take the time to thank the ones still living in person and thank the veterans long gone in our own private thoughts. May we never have to make the ultimate sacrifice our veterans have made, but if we must, let us make it with the same dedication, bravery and patriotism that have been shown by Americans throughout the history of our great nation.

A chance to quit

The Great American Smokeout is Thursday. the Smokeout is a challenge to smokers to quit and for nonsmokers to help someone who does. Quitting for just one day is a victory for your health. Each year, literally thousands of people die from cancer. Smoking has been linked to cancer and just being in a room full of smoke can adversely affect your health. We folks here at Reese think of ourselves as a family. As a family, we need to get out and help each other kick the habit. Smoking is a danger to us all. Even if you can't quit completely this time, quitting for a day is a start in the right direction. Let's join with the rest of the nation and participate in the Great American Smokeout.

Think safety

In 1987 close to 50,000 people lost their lives due to automobile accidents. Alcohol was a factor in more than half the accidents. As you all know, a three day weekend is a perfect chance to sit back and relax with your friends and neighbors. It is a chance to celebrate and recharge your energy. On long weekends such as this, we also tend to push ourselves a little harder. We drive that extra mile to get to and from celebrations. We take chances in our cars we would not normally take. Take time to be smart. Switch off on the driving and stop when it is not prudent to continue. Also, by all means, do me a special favor and don't drink and drive. You are all valuable resources to this base and we cannot afford to lose any of you folks. Make this holiday a safe and successful one.



Col. Mark H. Lillard III

KUDOS...

To Mr. James E. Neugent of the 64th Field Maintenance Squadron for his reception of the 1988 ATC Civilian Technician Outstanding Maintenance Personnel Award. It just goes to prove that the Reese maintainers are some of the best in the command.

This week I went down to Eglin AFB, Fla., as planned, to watch the Reese Prime BEEF Team in action. They didn't disappoint me. I spent four hours with them in the field and they proved to me that in wartime they could get the job done and keep our airfield open. Thanks for your superb effort.

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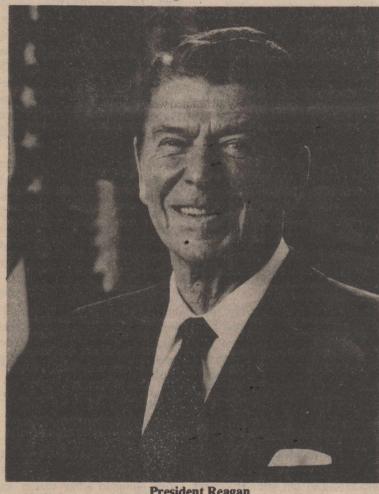
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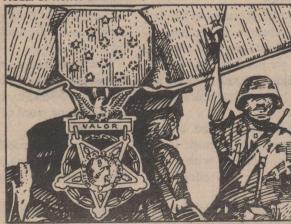
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President Reagan

Medal of Honor authorized, 1861



President sends holiday message

Seventy years ago, on Nov. 11, 1918, World War I ended by armistice. On that date each year, America calls to mind the ideals and achievements of the U.S. forces in that conflict and throughout our history; and we salute and thank all the veterans of our military for their service, sacrifices and love of country.

America, the land of liberty, seeks ever to defend freedom and to build the essentials of lasting peace. Experience has taught us that preparedness deters agression and that weakness invites it. Innumerable Americans have preserved the peace by manning our defenses through the years; and, when we have been called upon as a people to resist the forces of agression and tyranny, contless brave men and women have donned military uniform to do so. They have known that the defense of our heaitage may demand even the supreme sacrifice; and many of them have make that sacirfice for our nation. We and the generations to come can never forget them. Serving in wartime and in peacetime, our veterans have made us and kept us free and strong.

We can all testify proudly that the same love of country that inspires America's veterans during their military service remains with them in later yars. Across our land, veterans continue to contribute to our Nation — in private sector; in public office; in volunteer service; in efforts for their fellow veterans, hospitalized or with other needs; in activities for young people; in the patriotic, civic, religious, fraternal and service groups that cement our communities and country together; and in support of the strong defenses America needs to maintain peace and freedom.

For these reasons and many more, all Americans should proudly pause on veterans day to express heartfelt thanks and esteem to the veterans of our land.

In order that we may pay fitting homage to those who have served in our Armed Forces, the Congress has provided (5 U.S.C. 6103(a)) that Nov. 11 of each year shall be set aside as a legal public holiday to honor America's veterans.

Now, therefore, I, Ronald Reagan, President of the United States of America, do hereby proclaim Friday, Nov. 11, 1988 as Veterans Day. I urge all Americans to recognize the valor and sacrifice of our veterans through appropriate public ceremonies and private prayers. I also call upon Federal, State, and local government officials to display the flag of the United States and to encourage and take part in patriotic activities throughout our country. I invite the business community, churches, schools, unions, civic and fraternal organizations and the media to support this national observance with suitable commemorative expressions and programs.

In Witness Whereof, I have hereunto set my hand this twelfth day of October in the year of our Lord nineteen hundred and eighty-eight, and of the Independence of the United States of America the two hundred and thirteenth.

Ronald Reagan



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1st Lt. Bill Chaulk watches a pre-flight check prior to formation check ride by 2nd Lt. Reid Neumann. (USAF photo by SrA. Greg Spraggins)

Pilots evaluate the standards

By SrA. Greg Spraggins Editor, Roundup

The Air Force requires high standards. Haircuts, uniforms and every element of the force that standards can be applied to. But few take such a responsibility as the check pilot whose "mission" is to evaluate the stan-

These aviators have the final look at a student's performance before they pin on their wings.

There are 10 pilots assigned to the 35th Flying Training Squadron T-37 Check Section, and nine assigned to the 54th Flying Training Squadron T-38 Check Section.

Those chosen are assigned to the check section six to 12 months.

The evolution of a check pilot is a student,

instructor and ultimately...evaluator. "It takes so long to get here, but when these pilots arrive...they're geared to inspect," said Capt. Tim Olwell, chief, T-38 Check Section. "They have to be able to recognize all technical areas. It takes a couple of years to get to this point," he added.

A normal day for a check pilot isn't always flying. During the course of a long day, they usually fly only twice.

In the check section, there are a lot more monitor-oriented tasks. "We watch more of what everyone else is doing," said Captain Olwell. "We track training trends that are happening and correct them. We're also the focal point of many porgrams going on in the squadron. We wear many hats."

The check pilots spend 20 hours a week inspecting different squadron areas. Each check pilot also runs two or three programs in the squadron. "We strive to operate in a highly professional and efficient manner, ensuring things are precise," added Captain

The three rides in the T-37 branch are the mid-phase check ride, the final contact check ride and the instrument check ride.

The three rides in the T-38 section are the contact check ride, the formation check ride and the navigation check ride. According to Capt, Joe Hebert, chief, T-37 Check Section, the first check ride in a T-37 has the highest "bust" potential.

"Students think check pilots are out to get them. However, we are really pulling for them to do well. We just call it as we see it,"

asserted Captain Hebert. According to Captain Olwell, check pilots

are essentially quality control team members. "We ensure the students are being taught what Air Force pilots are required to know. We are here to evaluate the students performance against the command standards for excellence," he said.

"An instructor pilot's job is to instruct. We ensure that students retain their instructions and then apply these skills to 'hands-on' flying."

"Our students pass check rides because they are trained well," said Captain Olwell. "I would question the standards if everyone graduated, because our standards are extremely high and are expected to be met on a daily basis.

Americans are getting what they pay for...a universally assignable qualified pilot who will serve their country well."

Speakers needed to tell Air Force story

By Capt. Krist Vasilo Chief, Public Affairs

The Lubbock Army Air Corps Advanced Flying School was officially established here oune 26, 1941.

Since then, this base has had an impressive history of training Air Force pilots who've manned various aircraft on a world-wide

An understanding of the tradition and mission of Reese is essential from a community relations standpoint.

that this installation has upon the community; efforts to tell the local citizenry about "what Reese people do" is important for sustaining goodwill between base and community

One of the most effective measures for ensuring a strong community relations program is through active participation in the Speakers Bureau (which is an intergral fuction of the wing public affairs division.)

Speakers' involvement with this program

Afterall, considering the economic impact affords one of the most effective means of reaching the public and keeping them informed on the significant role Reese people play within the scope of national defense.

Whether it be highlighting significant historical events of airpower or expanding upon the mission or activities here; the bottom line of this undertaking is to reinforce community awareness and goodwill.

Frank and responsible communication with the people in the surrounding communities illustrates commonalities between the

goals, aspirations and objectives of speakers and those of the civilian audience.

Consequently, it is imperative to develop presentations that have an inherent interest and impact because it makes the audience feel that the information they're receiving is recognizably valuable and pertinent.

For those who are interested in participating in the Speakers Bureau program, call the public affairs division at 3169 for further

By Maj. Erwin C. Treat, Jr.

Commander, 64th Field Maintenance Squadron Although Alfred Hitchcock made the story "The Birds" famous, we have some birds in the area that are becoming famous in their own right.

Birds are often considered peaceful creatures, except when they hit an airplane that's travelling 200-300 miles per hour. At that peed, they are deadly projectiles which can destroy metal components and kill aircrews. The spring and fall are the worst times for this phenomenon due to the migratory routes in

Jet engines and canopies are the two most commonly hit areas on any aircraft. If a canopy is broken, there is the potential of the pilot being hit or causing sufficient damage to the cockpit to prevent landing the aircraft safely. The engines are usually damaged as le' bird enters the intake and hits the front portion of the engine. Depending on the size of the bird, speed of the aircraft and angle of impact, the damage can range from none to

the total loss of the engine. Engine damage from a seagull happened recently to one of our T-38s operating at Minot AFB, N.D. The large bird entered the engine, striking the first stage. The impact was so great that the first three stages of the engine were completely destroyed.

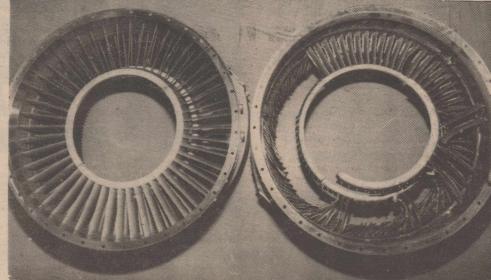
This caused the engine to seize. The crew was able to return to the base on the remaining engine and land uneventfully. This incident very closely resembled the loss of the B-1B after it was hit by a flock of birds a few months ago.

Along with the damage and potential loss of life, there is a substantial cost associated with this damage. The dollar cost for repairing a J-85 engine exceeds \$38,000. Although little can be done about bird strikes, Foreign Object Damage (FOD) is caused by manmade items as well. Tools, nuts, bolts, washers, rocks and anything else solid can cause this same type of damage to an engine.

Remember, while you are on the flightline, if you see something on the ground, pick

it up. When you're through working on an aircraft, ensure you leave nothing around that could damage an aircraft.

The bottom line - safety - is everybody's job, concern and duty. Don't be a part of the problem, be a part of the solution!



A damaged T-38 engine compressor stater (right) after a bird strike. The replacement compressor stater costs approximately \$38,000. (USAF photo by SrA. Greg Spraggins)

From the ramp

By Col. Ford H. Barrett Deputy Commander for Maintenance

While the 64th Flying Training Wing didn't bring all the "bacon" home from Randolph, your Torchlight team did very well during the competition. We all can be proud of their efforts.

I was extremely impressed by how the Team jelled. A super illustration of their strength was evident following their arrival at Randolph. The team had three hours after landing to fully prepare their aircraft for inspection. The manner in which the whole team — crew chief, pilot, engine mechanic - swarmed over the four competition aircraft, was inspiring. Wheel wells, cockpit, even up on the tail, the team was inspecting, fastening, replacing and scrubbing. And the command took note — Reese was a player to watch. By the time the inspectors arrived, the aircraft were shining in the South Texas sun in near flawless condition. It all paid off — Reese had the highest point total on that arrival inspection — preserving the winning

effort that the cockpit rehab, paint, and egress teams had put into those jets.

Conversion of the aircraft maintenance responsibility continues to be a subject on the maintainers' minds. This past week, the Wing hosted a pre-conversion conference for contractors interested in bidding on a maintenance contract. Representatives from 15 teams attended. The Wing mission and ACE briefings were presented. Aircraft maintenance and contracting procedured were discussed. A tour of flightline buildings was made to give the prospective contractors a feel for our facilities.

The contractors will prepare and submit their bids before the end of the year. The best offer—economically and technically—will compete against the civil service bid in April.

Conversion personnel issues are being moved to the front burner. Civilian Personnel Office staff members plan to meet with maintenance civil service employees next week to discuss issues raised following Wednesday's contract decision at Laughlin.

Military personnel should be doing some

serious thinking about the direction of their careers. Last month, I had an opportunity to talk with CMSgt. Culwell, ATC Airman Assignments, about the PCS assignment process. In a nutshell, maintenance men and women who wish to go overseas or want special duty assignments need to start making their wants known. Six months prior to conversion the overseas assignments will be worked. In late May or June, an ATC team will be here to work CONUS postings. That team will bring a large pool of possible assignments. At the end of their week long stay, each maintainer will know his or her next base and aircraft. The potential exists for the largest "assignment drop" in Reese's history to take place that Friday afternoon.

T-38 periodic inspection process is getting a lot of attention. The high fly rates that good weather has allowed the wing to maintain, along with dogging material problems leaking fuel cells and poor canopy fits have had an impact. T-38 fleet time, the average aircraft time between the 450-hour inspections, fell below 200 hours late last



Col. Ford H. Barrett

week, maintenance control had to schedule several aircraft very precisely to insure they were not allowed to over-fly the inspection interval. The maintenance organization has a real challenge in attempting to quicken the pace of this 15 work day inspection process. The beat needs to pick up without sacrificing aircraft quality. It is another opportunity for maintenance to excel.

Patience and common sense: guidelines for safe hunting

By Sheila Schulmeyer Occupational Safety and Health

Hunting season is upon us once again and along with the pleasures and challenges the sport brings, it can also bring extreme danger to the untrained or wary hunter.

Fortunately, just a little common sense and caution can minimize the danger that is forever present when firearms are being used.

Here are a few tips which hopefully will help make this hunting season a safe one:

Never lean a loaded gun against anything...a tailgate, tree, bush, fence or stump. It can accidentally fall over or be kicked by another hunter, possibly discharg-Keep your gun carefully placed until all hunters in your party are ready for the field.

Keep the safety on and never put your finger inside the trigger guard unless ready to fire. Never point a weapon at anything you do not intend to shoot.

Never shoot over another person's head. Stay abreast of each other at all times. Those in the center should fire only at game straight . ahead and game to the side should be taken by the hunters on the flank.

When climbing over a fence; 1 unload the gun or open the action. Hold the gun firmly in one hand as you swing across the fence. With a companion, unloading is not necesary, but actions should be opened. Hunters then can hold guns for each

Wear bright clothing. Blaze orange or yellow is best. A handkerchief hanging from a pocket. could be mistaken for a deer tail.

* Know and obey local hunting laws. Verify the legal way, in the state that you're hunting, to carry a gun in your automobile

* Make sure the shell fits your weapon. The wrong size can blow a gun up in your face.

* Never fire at a flat hard surface, the surface of water or a dwelling. The shot may ricochet.

* Remember, guns are for shooting. They're not sticks, canes or

* Never run, jump a ditch or climb a tree while holding a gun. * Always unload your gun before entering a camp, cabin or house. If you are approached by a game warden or private property

* Don't shoot over the crest of a hill or embankment. Be sure you can see behind your target too.

owner, unload your gun.

* Learn self control. Don't let "excitement" pull the trigger. Unload any gun while being

transported in a car or boat. Carry a weapon to ensure you

can control the aim of the muzzle in the event you stumble. When walking abreast with someone, always point your gun up.

* Don't hunt alone (always carry a compass).

Never leave a loaded weapon within reach of children.

Open the breach before inspecting the barrel of your gun.

Don't drink alcohol or take sleep-generating medication before or during hunting.

Never consider your gun paloaded. More people have been killed by "unloaded" guns.

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Standard Sales Company Lubbock



News Briefs

30-30 prohibits conflict of interest

In view of the upcoming conversion to contract maintenance at Reese AFB, all military and civilian members are reminded that certain actions are prohibited. Air Force Regulation 30-30, paragraph 3, states, "Air Force personnel must not take part in any personal, business or professional activity or receive or retain any direct or indirect financial interest that places them in a position of conflict between their private interests and the public interests of the United States that relate to their responsibilities as Air Force personnel, and to the duties or responsibilities of their Air Force jobs."

Before soliciting any potential or actual contractor for a job or receiving compensation, consult AFR 30-30 located in your orderly room, base publications or the legal office.

35-10 Tip of the week

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Religious apparel is defined as the wear of articles of clothing or dress which is part of the doctrinal or traditional observance of the religious faith practiced by the member. Visible religious apparel may be worn while in uniform during religious services and within the confines of personal living space. Living space is defined as an individuals dormitory or family quarters. The religious apparel must be neat and conservative, in context with wear of the military uniform. Neat and conservative items of religious apparel are those that are discreet, tidy and not showy in style, size, design, brightness or color. Religious apparel must not replace or interfere with the proper wear of any prescribed article of the uniform. The wear of visible items of religious apparel while in uniform by military members undergoing basic and initial military skills or specialty training is prohibited. For further information, contact personal affairs at 3402.

RIVET Team to brief at base theater

A team from HQ ATC/LGMMP will be at Reese to brief members on RIVET workforce restructuring Tuesday and Wednesday. Personnel in AFSCs 427X1, 427X5, 427X4, 427X0, 426X2, 431X1, 423X0, 423X1, 325X1, 328X0, 328X1 and 423X4 are affected by the conversion. A mandatory briefing will be held in the base theater for those affected by the conversion. However, all military and civilian members are invited to attend. The two hour briefings at the base

theater on Tuesday are as follows: 7:30 a.m. for midshift personnel; 2 p.m. for swing shift personnel and 4:30 p.m. for day shift personnel. The first hour will be general information and the second hour will provide more detailed specifics for members in AFSCs 426X2, 423X4 and 431X1. For more information call Mr. George Winkle at 6121.

RIVET Team visits FMS

On Wednesday, the RIVET Workforce Team will visit selected shops in Field Maintenance at the following times: 2-3 p.m. in the Machine shop for Machine and Welding personnel; 3-4 p.m. in the Structural Repair shop for Structural Repair and Corrosion personnel; 3-4 p.m. in the Instrument shop for Instrument shop personnel; 4-5 p.m. in the Electric shop for Environmental and Electrical shop personnel and 4-5 p.m. in the Communications/Navigation shop for Communications and Navigation personnel. For more information call Mr. George Winkle at 6121.

Non-discriminatory housing needed

The Housing Referral Service has a continuous need of non-discriminatory housing for military and DOD civilian personnel. If you have a house, apartment or mobile home you would like to rent or sell, take advantage of our listing service. This is a free service available to all personnel. Just call Paul Young at 3601, or come by the Housing Office, Bldg. 6100 (right outside the main gate). Providing a photograph of your property may aid in the sale or rental of it.

Ring a turkey, shoot a ham

The Reese Rod and Gun Club is sponsoring an Open House-Horseshoe Tournament-Ham Shoot tomorrow at 11 a.m. at the club range on the ponderosa behind the runways. A donation picnic of hot dogs, hamburgers and soft drinks will be available. Horseshoe winners will receive turkeys and target shooters will compete for canned hams.

Entry fees are \$2 for the Horseshoe Tournament and \$1 for the Ham Shoot. The kids can enjoy a Cornish Hen Shoot with a BB gun for a small entry fee. A singles horseshoe event will be held if there is enough participation.

The range is open for skeet shooting and a 12 gauge

shotgun can be used if you bring your own ammo. For more information contact Cheryl Moore at 791-3551.

Reese Salutes yearly CGOs

The Annual Company Grade Officer Awards Banquet is Thursday at 6:30 p.m. in the Officers' Open Mess.

In addition to a salute to all of Reese's CGOs, Instructor Pilot and Company Grade Support Officer of the Year awards will be presented.

Tickets are \$14 and may be purchased from squadron CGOC representatives or by contacting 1st Lt. Doug White at 3636.

Lost and found

The security police investigations section has the following lost or abandoned property: two pair of prescription glasses and a compressed air tank. If this property belongs to you, please contact the investigations section at 3999.

35-10 reminder

There have been numerous complaints regarding the wear of the battle dress uniform (BDU) shirts. The ATC Supplement 1 to AFR 35-10 states, that when the sleeves of the BDU shirt are worn rolled up, the camouflage pattern will remain exposed. For information, contact personal affairs, 3402.

Caprock Cafe review

Headquarters ATC/DEHSS Food Service Assistance Team (FSAT) is visiting Reese Nov. 14-18. They are assisting in the area of Food Service Management to include handson training where appropriate, and are conducting an indepth review of the facility and equipment improvement plans. For more information or questions on the team, call TSgt. Stacy Gardner, 3495.

Special course at TTU

A 20th Century United States Military History course, HIST-3332, has been arranged with Texas Tech University. The class begins in January. Lieutenant Commander (Dr.) James R. Reckner (retired USN) is the instructor. If you would be interested in attending, contact the Education Center at 3634, or stop by Bldg. 920, Room 139.

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News Briefs - contd.

Civilian awards presented

The following Length of Service Awards will be presented for 20 and 30 years of service to the following personnel at appropriate ceremonies:

Allene Morris, a Supervisory Sales Store Checker at the Commissary will receive an award for 30 years of service. She arrived at Reese Nov. 17, 1958.

James Cox, an Engineering Equipment Operator with the 64th Civil Engineering Squadron, will receive an award for 20 years of service. He has been at Reese since Nov. 3, 1968.

Glenda Mankins, currently working as a secretary (steno) with Resource Management, will receive a 20 year award. She has been at Reese since June 21, 1982.

Lawrence Walker, a Supervisory Health Technician at USAF-Hospital Reese, will receive an award for 20 years of service.

Pot-luck dinner

Attention singles and young adults 18-26-years-old; the formation of support group at Reese to help reach the singles and young adults on base for social and spiritual activities, make new friends and start relationships. A pot-luck dinner is tomorrow, 7-9 p.m. at the Chapel, Room 9. The guest speaker will be Father Bill Dillon, the associate pastor at St. Elizabeth's church, and the Campus Chaplain at Texas Tech. For more information, call Father (Capt.) Bill Martinez or Barbara Chauncey, 3237.

Air Force News Briefs

Recruiter vacancies

Air Force needs sergeants through master sergeants with 4-16 years' service to fill recruiter positions throughout the continental United States.

Recruiting duty provides benefits not found in other jobs, such as guaranteed assignment to desired locations, four-year stabilized tour, special duty assignment pay up to \$275 monthly and reimbursement of some out-of-pocket expenses.

Applications can be made through the base personnel office customer service unit. New applications take approximately two weeks to process.

More information is available from the customer service unit, 3276, or the Recruiter Hotline, AUTOVON 487-

Attache jobs

Defense attache assignments for staff sergeants through chief master sergeants are available as U.S. embassies in Europe, Middle and Far East, Africa and Central and South America. Applicants in most specialty codes are eligible. People in chronic critical skills or those serving in selective reenlistment bonus skills are not eligible.

Duties are considered challenging and interesting, and offer opportunity to observe and work with the U.S. diplomatic corps. All assignments have automatic concurrent travel for married people and a civilian clothing authorization.

More information is available from TSgt. Michael Kidder, Air Force Intelligence Agency/INH, Fort Belvoir, Va. 22060-5788, AUTOVON 354-6025.

Uniform changes

The 86th Air Force Uniform Board approved six changes in dress and appearance policy; however, none will be effective until Air Force Regulation 35-10 is changed early next year. The uniform board approved:

* Development of an enhanced security police winter jacket that may be worn with new Strategic Air Command missile coveralls.

- * Wear of optional black, gray, or olive-green turtleneck dickies with utility uniforms.
- * Wear of black and off-black nylons for women in service uniforms.
- * Wear of 3- or 4-inch chevrons for women on service dress coats and utility uniforms.
- * Introduction of new London Fog belted, double-breasted all-weather coat to replace the currently issued all-weather coat.

Arnold Stamp

Air Force and Postal Service field a ceremony at Arnold AFB, Tenn. to mark the first sales of a 65-cent stamp honoring Gen. Henry H. "Hap" Arnold. The Postal Service also has arranged for a special cancellation mark in conjunction with the ceremony. Requests for up to 50 stamped covers at 65 cents each should be mailed to H.H. "Hap" Arnold Stamp, Postmaster, Tullahoma, Tenn. 37388. Orders must be postmarked no later than Dec. 5.



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THIS WEEK'S SPECIAL EVENTS

Friday, November 11 - Variety with "Jody Max"
9 p.m. - 2 a.m. in the Lounge.
Saturday, November 12 - Variety with "Tory Franklin"
9 p.m. - 2 a.m. in the Lounge.
Ladies Night

Monday, November 14- Monday Night Football Specials Wednesday, November 16 - Ronnie J. Walker "Country" 7 p.m. - 11 p.m. in the Lounge.

Thursday, November 17- Variety with "Jody Max" 7 p.m. - 11 p.m. in the Lounge.

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Fri. November 11

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Tues. November 15

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Sat. November 12

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Mon. November 14

Save by using coupons in this month's calendar

Thurs. November 17

Use coupons from this month's calendar

20/20: a sight for sore eyes

By 1st Lt. Ronald C. Carrell Commander, Medical Squadron Sec-

Remember the school nurse standing you behind a red line and asking which way the E's were

every year still experience the same thing. Healthy eyes are just as important for adults as for children, and as always, healthy eyes start with good eye care.

Eye examinations are impor-

going? Millions of school children tant, and are treated as such at the base hospital. "We perform only complete examinations," Captain (Dr.) Ric Peterson, the base optometrist, says. "We never take shortcuts or perform mere screenings. We don't want to miss any-

thing important."

To schedule an eye exam at the hospital, you can call the central appointment desk at 3245. Although active duty military members have priority, dependents and retirees can also get appointments

by calling from 2 - 2:30 p.m. any duty day for an opening the following day. This method has proved to be extremely beneficial for our retirees. However, if an emergency arises, no one should hesitate to visit our acute care Clinic at any-

According to Dr. Peterson, "We constantly see eye injuries that could have been prevented. Even simple safety procedures such as wearing safety glasses can prevent most of these injuries." The doctor also reminds contact wearers that good hygiene is essential. "It's so easy for contact wearers to get careless," he says, "but eye infections can cause significant injuries."

School nurses had one thing in mind when they had you read the upside-down and sideways E's: your eyes. Think of your eyes, and remember, "I" safety lets us all "C."



MSgt. Edward Barry (left) examines Virginia King at the Optomitry Clinic. (USAF photo by SrA. Greg Spraggins)



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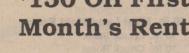
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reat American Smoke-Out

It's time once again to join the activities of the Great American Smoke-Out Thursday.

This year there are several activities to participate in, support, and observe.

The schedule of events includes a "Run Your Butts Off" 5K fun run on Thursday at 12:15 p.m. You may pre-register by picking up a flyer at the fitness center or the hospital, or you may register the day of the run by arriving at the picnic area between 11 a.m. and 12:15 p.m. Registration fees are \$5 for pre-registration and \$8 for late registrations. Handsome T-shirts will be awarded to the first 75 entrants. Call the base fitness center for more information.

There will be a static display and health fair in the base exchange lobby tomorrow. Adoption certificates will be available so that nonsmokers can "adopt a smoker" and help that person through the 24 hours of the smokeout without a cigarette. Tips on how to assist your adopted smoker will also be available as well as literature about smoking and its effects on the body and the environment.

· Stop smoking classes are offered in the hospital's pediatrics clinic. The classes are Nov. 15, 17, 22 and 23 from 4:30 - 5:30 p.m.

· You can enjoy a "go cold turkey" lunch at the officers' club Thursday.

• The children at the day care center will show us how they feel about smoking by making posters that will be displayed in the hospital and post office lobbies. Please feel free to come by and observe their many talents.

Numerous other posters and signs reminding everyone of the observance of this very important and helpful day are located around base. Join the millions of Americans who have "kicked the habit" by stopping for this one day. If you are a smoker and would like to quit or if you wish additional information, please call Lt. Col. Joyce Kloeber at 3509 or 1st Lt. Doug McCoy at 3140.

Vomen smokers face greater health risks

By Evelyn D. Harris American Forces Information Service

November 17 is the day of the 12th annual Great American Smokeout - the day millions of smokers attempt to remain smoke-free for 24 hours. Army Maj. Mary Davis, chairperson of DoD's Anti-tobacco Working Group, hopes that military women will pay special attention. The working group consists of health promotion people from each service who share ideas on how the military can educate service members on the effects of smoking and best help smokers who want to quit.

Said Davis, "Although the percentage of smokers in the general population is going down, the percentage of smokers who are female has not significantly decreased."

Davis said DoD education efforts this year are focusing on younger smokers, particularly

Explained Davis: "There remains a feed to reach special populations who have high rates of smoking - women are one of these groups. In fact, a recent U.S. surgeon general's report stated that adolescent girls had a slightly higher rate of smoking than adolescent boys.

"The report also said women who smoke have three times the risk of dying of stroke and two times the risk of heart attack, when compared with non-smoking women," Davis notes. "If female smokers also use oral contraceptives, their risks increase still further. And smoking while pregnant is associated with increased risk of miscarriage, low-birthweight babies and other complications.

"Our society's ideal woman is slender and attractive. There is supporting evidence that, on the average, women who smoke weigh less than non-smoking women and that quitting smoking often leads to weight gain. Therefore, a women who smokes may perceive weight gain as a unavoidable result of quitting. What we must do is educate women and the public about how to use coping skills and adjust eating habits to control weight gain and other side effects of not smoking.

For those who want to quit, DoD installations will be equipped with smokeout "survival kits." For her part, Davis plans to adopt a smoker, using the kit, which includes an adoption certificate, sugarless candy or gum, a wrist band to pop every time the smoker wants to light up, a list of coping tips, headless matches, stickers and various buttons.

Davis suggested that non-smokers adopting smokers add their own treats to the kit, such as healthful snacks. She added, "Whether they are male or female, young or old, smokers trying to quit need patience and support from those around them. The smokeout is a light-hearted way to give that to them."



Adoption Papers

_, as a nonsmoker, will take it upon myself to _on the path to smokelessness. For my part I will provide you with constant encouragement, fruit and peanuts if need be, and

to the following suggestions:

1. Hide cigarettes, ashtrays, lighters and matches

- 2. Tell all your friends that you have been adopted and will not smoke on the day of the Great American Smokeout (GAS), the third Thursday in November.
- Call on your foster nonsmoker (me!) in times of weakness.
- 4. Refrain from frequenting smoke filled rooms
- 5. Repeat to yourself over and over "not smoking is a GAS."

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- 7 lb. Fryers 3 lb. Franks
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- 5 lb. Ground Chuck \$56.95

40 lb. Hub Special Pack

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- 5 lb Club Steak 5 lb. Pork Chops
- 5 lb. Chuck Roast
- 5 lb. Ground Chuck 10 lb. Fryers
- \$74.95

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- 5 lb. Club Steak
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- 5 lb. Beef Ribs \$67.95

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- 7 lb. Steak
- 7 lb. Roast
- 7 lb. Ground Beef 4 lb. Beef Ribs
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- 5 lb. Beef Ribs
- 5 lb. Ground Chuck \$61.95

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- 10 lb. Pork Chops
- 10 lb. Ground Beef 10 lb. Frvers

40 lb. Meat Land Meat Pack

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- 10 lb. Chuck Roast 10 lb. Ground Beef
- 10 lb. Fryers
- \$59.95

25 lb. Meat Land Budget Pack

- 5 lb. Chuck Steak
- 5 lb. Pork Chops
- 5 lb. Pork Roast
- 5 lb. Ground Beef
- 5 lb. Fryers

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Crime Line

By Sgt. Kevin Dve

Base Crime Prevention Manager

Just say no! This commonly used parase to deter drug use by youths is quickly becoming outdated. The fight against drugs is holding it's own but a new threat faces our children. Drug dealers and users are now introducing more unconventional types of drugs into the market that directly appeal to younger

Blue Star, Red Pyramid, Micro Dot and other forms of LSD are multi-colored "stamp" type reliefs that are placed on white paper and can be peeled off. Each stamp has colored designs, such as Mickey Mouse, other Disney Characters and drawings that appeal to chil-



These stamps can be removed and taken by mouth, but can also be absorbed through the skin. Parents beware, drugs don't have to look like drugs to hurt your children.

I have recently taken over the position of the Base Crime Prevention Manager. If you have any questions, please call me at 3615.

The obligation to support

By Capt. Mark Garrard

Assistant Staff Judge Advocate Unfortunately, domestic cases

are an all too frequent problem in most communities. Reese is no exception. One of the first questions most clients ask is how much should I expect to pay or receive?

Permanent support to a former spouse, or alimony, is prohibited under Texas law.

The spouses may agree, however, to make periodic payments to each other as a part of the divorce agreement.

If entered into, such an agreement would be enforced in court under contract law principles, not by contempt order. To be enforceable this agreement must be in writ-

The more likely form of support is that ordered for the children of divorcing parents. The obligation to provide for one's children does not end with the marriage. How does the judge arrive a specific dollar figure and what amount is lilly in your case? Texas has recently adopted formal "Child Support Guidelines" to help us answer this question in cases of divorce, paternity suits, and actions to modify a prior child support order.

One of the rules provides "the court shall consider all appropriate factors, including, but not limited to these guidelines: the needs of the chie; the ability of the parents to contribute to the child support; any financial resources available for the support of the child; and the amount to make an appointment

of possession of and access to a child."

The first thing the court will consider is the "net resources" of the parent. This includes all wages, tips, interest, dividends, rental income and any other source of revenue. Then we subtract social security taxes and federal income tax withholding for a single person with one personal exemption. The resulting figure is the "net resources.'

Rule five provides specific guidelines:

19-23 • One child:

percent of obligor's net resources • Two children: 24-28

percent of obligor's net resources • Three children: 30-34 percent of obligor's net resources

• Four children: 35-39 percent of obligor's net resources

The guidelines are drafted to assure flexibility depending upon the specific facts of each case: whether child care expenses are incurred by either party; whether other children are in the custody or supported by either party; whether the obligor has housing or other benefits furnished by his employer:

children and so forth. The parties remain free to agree upon an amount which differs from these guidelines and, if the court grants approval, the guidelines may

extraordinary health care or other

expenses of the parties or of the

For more information call 3505

Instructor Pilot/Support Officer of the Year nominees selected

of the Year are: Capt. Craig A. Hughes, 35th Flying Training



The nominees for Instructor Pilot Squadron; Capt. Dundy L. Aipoalani, 54th Flying Training Squadron; and Capt. Kathleen Doby, 64th Student Squadron.

> The nominees for Support Company Grade Officer of the Year are: Capt. Mark E. Garrard, 3500th Mission Support Squadron/JA; Capt. Daniel O. Kennedy, Hospital; Capt. Noreen G. Daughtry, Hospital; 1st Lt. J. Steven Fuss, 64th Student Squadron; 1st Lt. Christopher Cook, 64th Field Maintenance Squadron; 1st Lt. Barbara J. Mahan, 3500th Mission Support Squadron/DP; and 2nd Lt. Jennifer L. Kowalski, 64th Supply Squad-

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Frederick Hagedorn, MD

Medical Director, Emergency Center of LGH Asst. Professor, Dept. Surgery-Emergency Medicine Member, CareLink Medical Advisory Board South Plains Emergency Medical Services, Board

"No where in medicine does a doctor and nurse work so closely together as in an emergency situation. Side by side, hour after hour..." Just over one year ago, Dr. Fred Hagedorn joined the emergency team of Lubbock General Hospital as medical director of the Emergency Center. He first came here because of the university hospital setting and now he's here because of the people and the challenge. "Our Emergency Center has the resources of virtually every medical specialty via the many different physicians here on-staff twenty-four hours a day. And our nurses are excellent. They're critical to our team of emergency specialists."

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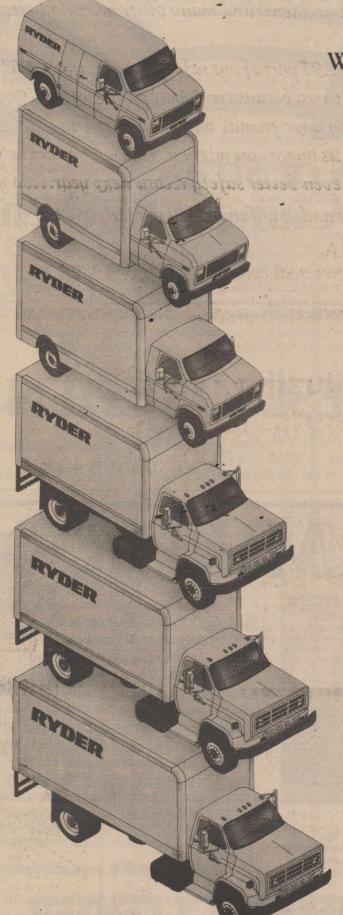
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Officer Career Objective Statement revise

AIR FORCE MILITARY PERSONNEL CENTER, Randolph AFB, Texas (AFNS) — The Officer Career Objective Statement, AF Form 90, has been revised and renamed.

The updated AF Form 90, the Officer Assignment Worksheet, will give officers a better way to convey professional development desires.

The form is expected to be available early next year and used to determine how the officer's assignment choices fit with the requirement of the Air Force mission.

The Officer Assignment Worksheet has three objectives:

* Emphasize an officer's next assignment only rather than a long-term integrated career

* Reinforce commander and supervisor involvement in the assignment process by requiring commanders and supervisors to provide written input on the form.

* Provide a better match between an officer's preferences and the personnel data system by separating desired jobs from specific locations and expanding the list of continental United States and overseas prefer-

The revised form has three parts. The officer will fill out the member identification data portion. All assignment preferences those within current career field, special duty, Air Force Institute of Technology,

professional military education and professional broadening — are expressed in the second part.

During the process of filling out the form, the officer will meet with his commander or supervisor to discuss assignment prefer-

Following counseling and feedback sessions, the commander or supervisor will complete the third part.

The commander or supervisor must recommend the type and level of an officer's next assignment.

The meetings and the subsequent recommendations give the officer the benefit of the commander's or supervisor's experience and knowledge of the officer's job performance in determining the optimum type and level of the next assignment.

The recommendation also provides an opportunity for the commander or supervisor to comment on an officer's unique capabilities and suggest jobs the officer may be specifically qualified to fill.

The revised form also takes into account recent assignment policy changes.

Officers currently overseas can apply for an additional overseas tour to a specific location rather than specifying the generic country. Officers also can specify what type of tour they desire within each country and

ATC finishes one the best years ever

RANDOLPH AFB, Texas (ATCNS) — Air Training Command has completed one of the safest years in its history, and the commander gives credit to all ATC members.

In fiscal year 1988, the command improved in all ground safety arenas tracked. In flight safety, the command had its second best year ever recorded.

Lieutenant General Robert C. Oaks, ATC commander, said, "All of you - commandrs, supervisors, staff and unit members are to be commended for achieving these remarkable safety results. You are accomplishing the ATC mission in a superb fashion and doing it safely."

"Unit commanders, first sergeants and first line supervisors are obviously getting the safety message to our younger troops, and they're listening. Well done and congratulaions for the superb results. Your teamwork definitely contributed to our success and helped the command 'Show the Way.'"

In fiscal year 1988, the command was not only lower than fiscal 87 in every ground safety arena tracked, but established record bile mishaps, motorcycle mishaps, military and civilian injuries.

More significantly, the 12 fatalities expe-

reduction from the 16 in fiscal 87 and improved upon the previous record low of 13 in

In flight safety, the command couldn't match the unprecedented zero Class A record set in fiscal 87, but the one T-37 Class A mishap during the fiscal year makes it the second best year recorded in ATC.

The command has gone another year without a flying fatality or a T-38 Class A mishap while completing more than 630,000 flying hours. Over the last two years, ATC has experienced only Class A and three Class B mishaps.

Headquarters Air Force Recruiting Service did its share for ATC's safe year. Recruiters drove almost 24 million miles during fiscal 88, and did not have a single fatal accident. Recruiting Service has 2,500 operators and more than 2,000 vehicles.

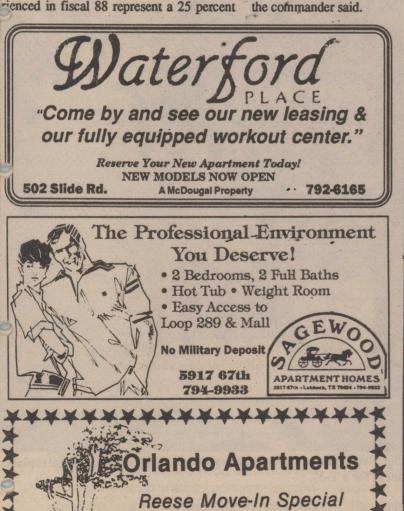
"These safety records themselves, aren't important," said General Oaks. "What is important is what these records represent lives saved and valuable equipment retained to help us accomplish our mission. Most lows in all categories: total mishaps, automo- significantly, every life saved means one less family, one less group of friends and coworkers having to deal with the ultimate tragedy - the death of a close friend or loved one," the commander said.

By Lt. Gen. Robert C. Oaks Commander, Air Training Command

I recently sent a congratulatory message to all ATC commanders about our marvelous safety record in fiscal year 88. It's a great record with the fewest deaths in our history (12), our second best flying safety rate ever (only one Class A accident) and many other marvelous statistics.

But the BEST part of our safety record is that YOU are still here with us, because you were not a statistic. You're here to enjoy your friends and family and to help ATC accomplish its important mission. And you're here to help us have an even better safety record next year...so you, your friends and your family will remain a part of the Air Force family.

What better goal could we have for 1989!



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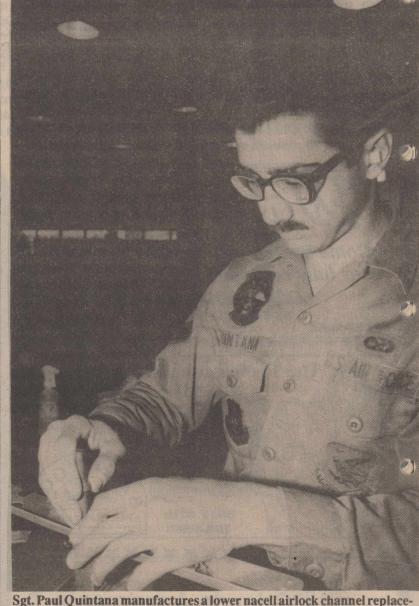




A1C Frank Brewster, an avionics/navigations systems specialist, repairs a Navigation Identification System of a T-38.



SrA. Thomas Lehner (right) and SrA. Rodney Henkel reverify a pay voucher in the Accounting and Finance Travel Section.



Sgt. Paul Quintana manufactures a lower nacell airlock channel replacement for a T-37.

USAF Photos by SrA. Kimberly Nelson

Torchlight

. . . the rest of the story

By SrA. Kimberly Nelson Staff Writer, Roundup

The Air Training Command Torchlight '88 competition, the best of the best competing for the top... but, who made it possible for Reese's team to excel so victoriously? Here's the rest of the story.

The sweat behind the glory, the support team, comprised of maintenance, resource management and air base group supporters. They were the people who enabled the Torchlight fliers and maintainers to depart Randolph AFB, Texas, as the Top T-37 and the second overall best competitors of ATC.

The support team members were hand-selected by their superiors from lists of volunteers wishing to participate. They were chosen, based upon their abilities on the job and previous performance records.

The majority of the support team arrived at Randolph Oct. 11 and stayed through the competion returning to Reese on Oct. 16. Corrosion and sheetmetal support members arrived at Randolph the weekend prior to the competition to prepare the jets for inspection. Throughout the competition, the support team was there to handle emergency situations.

Although the actual ATC competition didn't take place until Oct. 11, perfecting that competitive edge began in mid-July when our crews (and aircraft) were preparing for the upcoming event.

In July, the planning, preparing and maintaining of aircraft and equipment began with the 64th Field Maintenance Squadron:

Sergeant Paul Quintana represented the sheetmetal shop. Sergeant Quintana had the overall job of "detailing" the Torchlight aircraft. To do this, he spent well over three months flushing panels, bonding worn flaps and repairing the aircraft skin.

Sergeant Mike Mullins was the environmental specialist for the support team. His job was to ensure the aircraft internal systems such as the pressurization and air conditioning were working to their maximum capabilities.

In case of an electronics breakdown, SSgt. Willie Ruiz, electrics shop, was on hand to ensure the equipment was successfully repaired and maintained to provide ultimate performance during the competition.

Staff Sergeant Jim Green, pneudraulics shop, gave his support by maintaining the flap controls, nose wheel sttering, strut repair and other hydraulic systems.

Senior Airman Ronald Peck, corrosion specialist, contributed to the support team by refinishing tool boxes and equipment, aircraft paint touch-ups and decal replacement.

The egress shop's SSgt. Teresa Scego, up-

held the appearance and operation of the ejection seats. Her efforts ensured that they were able to function at peak performance thereby enhancing the safety of the aircrews.

Sergeant Paul Saults, aerospace ground equipment (AGE) shop, prepared and maintained the appearance and effectivness of the non-powered AGE equipment.

Avionics specialist A1C Franklin Brewster, COMM/NAV shop, was responsible for cleaning, repairing and maintaining the aircrafts' avionics equipment. He helped to ensure its best overall appearance and performance.

- The 64th Air Base Group's team had the responsibility of supporting the Torchlight Team with the following efforts:

The base gym's physical fitness instructor, SSgt. Randy Pratt, designed a physical fitness routine that the maintainers participated in three times a week. The routine consisted mainly of running and weightlifting. The running program provided the team with the quickness to respond when time was at a minimum. The weightlifting portion helped to keep members in top physical condition with regard to the strength needed during the the engine change competition.

Staff Sergeant Glen Cruz provided the AFR 35-10 support for the team. He ensured that their personal appearance was well within regulations before leaving Reese and after arriving at Randolph. Sergeant Cruz ensured the team maintained high personal appearance standards which made the Reese team a breed apart.

Resource management was the sole provider for the parts and supplies required and also handled the financial matters that enabled the team to go to Randolph:

The mission support unit's representative SSgt. Doug Smith, searched for hard-to-find quality parts to keep the aircraft at their best working condition.

Staff Sergeant Paul Richard, warehouse facilities specialist, was responsible for ensuring the expeditious delivery of required parts.

Sergeant Ken Smith, fuels branch, was responsible for any fuel problems encountered in the aircraft. He kept them readily fueled for any scheduled or unscheduled practice flights.

Senior Airman Thomas Lehner, finance branch, performed the paperwork required to ready the aircrew members, maintainers and support team for their TDY deployment to Randolph. First Lieutenant Joan Kinsey was the team's liason for matters requiring financial advice or assistance.

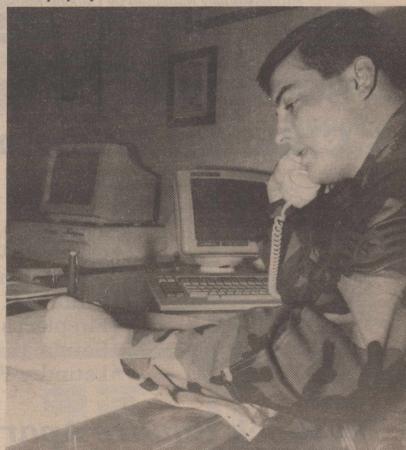
The team spirit was the backbone of the competition. And now you know the rest of the story!



Sgt. Willie Ruiz (left), a day-shift flightline supervisor for the electrics shop, helps Amn. Thomas Garcia trouble shoot a T-38 generator malfunction.



SSgt. Paul Richard, NCOIC, 64th Supply Squadron Storage and Issue, stocks property.



SSgt. Doug Smith, mission support unit, checks laterally for needed



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Behavioral Management for Weight Control

By Capt. Joseph Banken Clinical Psychologist

Weight control for many individuals is never easy. If you are a dieter, you probably are well aware of this fact. Most dieters have been on more diets during their years of dieting than they care to admit. It seems impossible to find the right

It is often too easy for our thin friends to say, "What can be so hard about losing weight? It's easy, all you have to do is eat less and exercise more." Sounds too easy doesn't it? Even our television ads and popular magazine articles repeatedly bombard us with how easy it is to shed unwanted weight.

However, most overweight people constantly struggle with their weight and learn to feel that theirs is a hopeless cause. With a sensible behavioral management program and some common sense, you can learn to control your eating habits, lose excess weight and keep it off and enjoy a more healthy lifestyle.

One aspect of a behavioral management program that will be offered in November by Capts. Joseph Banken and Tanya Pustay of the USAF Hospital-Reese Health Promotions Program is to teach you how to be your own weight loss expert.

Initially, you will complete a food diary as the first step in evaluating your eating habits, average calorie intake, activity level and eating cues. The food diary is intended to make you more aware of your actual food intake and your eating patterns or habits. It will be useful in making you aware of specific behavioral and environmental changes that could assist you in controlling your weight.

Participants will also learn basic concepts of nutrition, healthy exercise habits, stress management

and even learn a little about cognitive ecology.

How many times have you heard people say, "I can always lose weight but I always gain it right back."

This is because they have never made permanent changes in their eating habits and behavior. Making long-term lifestyle changes will be a main goal of this program.

Only through such changes can you maintain your weight loss permanently. Isn't that what we really want from a diet after all?

This program is designed to last four weeks, conducted in eight 90-minute sessions. Sessions will be conducted from 10:30 a.m. to noon, Tuesdays and Thursdays, beginning Thursday.

During each session, a new aspect of weight control will be discussed and a take home assignment will be given. Homework assignments, informative handouts and group discussions will be used to assist participants to develop new healthy eating habits and attitudes to replace the old ones.

In this program you will not be given a specific diet, nor will you be told where, when and what to eat. However, you will be given the information and healthy behavioral strategies that allow you to structure a healthy and truly enjoyable eating program around your own lifestyle and unique circumstances.

The success of your own weight management depends on you. You may need some help to get off to a good, healthy start.

Whether you have a weight problem or not, if you have decided that now is the time for you to develop a healthier eating style, give us a call and let's get started. Call A1C David Knolles at 3739 for registration information. Advance

registration is required.

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Stealth bomber set for rollout



By Jim Garamone

American Forces Information Service

The B-2 bomber—also called the advanced technology bomber—is expected to be unveiled sometime in November, according to Air Force officials.

It will become part of the nation's deterrent forces and is expected to serve well into the next century

Northrop Corp. is building the bomber, with rollout scheduled for mid-November at Air Force Plant 42 in Palmdale, Calif.

The aircraft received its stealth label because it is designed to be close-to-invisible to enemy radars. One key to the bomber is its few flat surfaces for radar waves to reflect from. In addition, much of the plane will be built using composite materials, which are also poor radar reflectors.

The aircraft will resemble the "Flying Wing" of the 1940s. It is approximately 17 feet high and 69 feet long and has a wingspan of 172 feet. Officials said the craft will be slightly longer than an F-15 fighter, yet will have almost the wingspan of a B-52 bomber.

The B-2 will carry a crew of two. In comparison, the B-1B bomber carries a crew of four, and the B-52 six.

Four General Electric F-118 engines will power the aircraft. Plans call for 132 bombers to be built. Air Force spokesmen said the first six aircraft will be used for flight testing at Edwards Air Force Base, Calif. Five of these planes will eventually join operational

The bombers will join B-52s and B-1Bs as the country's long-range strategic aerial strike threat and are designed for low-altitude penetration of enemy airspace. They can carry both conventional and nuclear weapons.

Officials expect the aircraft to begin operations in the early 1990s.

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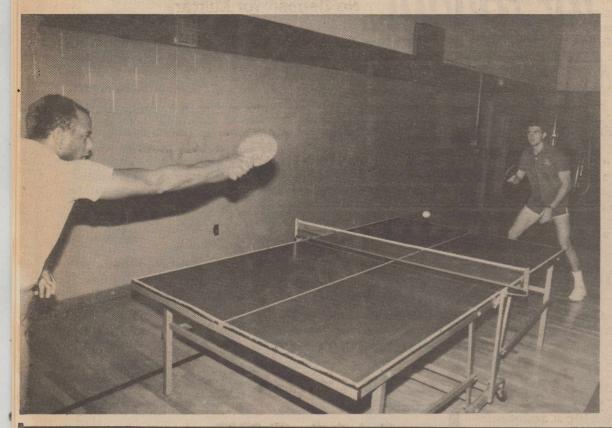
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Randolph wins Triple-Crown at Reese



Eleven teams competed in the 1988 ATC Table Tennis Championship here Monday-Wednesday. Randolph AFB, Texas, took first place honors in the singles, doubles and team competition.

In the singles competition, it was Glen D. Hunter of Randolph, who took first place for the second straight year. Second place went to Rick Arbaugh of Columbus AFB, Miss., and third place went to William Booker of Randolph.

In the doubles competition, Hunter and Booker took first place, and George Safko and and Dennis Mullins of Keesler AFB, Miss. took second. Third place, went to Rick Arbaugh and Lawrence Lee of Columbus AFB, Miss.

The winners in the overall team competition were Randolph, Keesler, Columbus and Sheppard AFB, Texas, respectively.

Next year's competition will be held at Williams AFB, Ariz.

Derald Jones (left) from Reese takes a practice round with Glen Hunter of Randolph prior to the 1988 Table Tennis Championship. Hunter won the singles competiton for the second straight year, and lead Randolph AFB to their doubles and team competition victories. (USAF photo by SrA. Greg Spraggins)

Lubbock churches invite Reese personnel to attend church

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Lady Rattlers take two from Cannon

By SrA. Greg Spraggins Editor, Roundup

Reese's Lady Rattlers basketball team made their season debut at Cannon AFB, N.M. last weekend.

The Rattlers were only able to take five of their 12 players, due to many TDYs.

The five players were Sandra D. Grice, Barbara J. Mahan, Lea A. Hamilton, Sharon L. Johnson and Lynn Dorego.

"We knew we would have a tough game. All five players would have to play continuously since there were no replacements," said Cintron A. Friday, the Rattlers' coach At the end of the first half, Reese and Cannon were tied at 24 points. Hamilton, the Rattlers' guard, had four fouls in the first half. One more and she would come out of the game.

In the last three minutes of the game, with Reese leading, two players, Johnson and Dorego, fouled out.

It was five Cannon players against three Reese players. With less than one minute remaining, Hamilton shot a lay-up, giving Reese a 56-53 lead, and the game.

"Early in the game, every time the Cannon coach changed defenses, we changed offenses and blew them away. They were obviously out-coached," said Coach Friday. In the first game, Johnson scored 10, Grice 12, Dorego 17, Hamilton 12 and Mahan 5.

In the second game, Reese won 61-50, with no foul-outs. "It was no contest," said Coach Friday. Scorers were Johnson 24, Grice 9, Dorego 20 and Hamilton 8.

In the downtown league, the Rattlers will play 12 games. Six games are pre-season, and six are regular games.

The Rattlers will travel to Kirkland AFB, N.M. Nov. 25-27, and the the Air Force Academy Dec. 9-12 for tournaments.

Reese Rattlers silence the Rage of Lubbock

By SrA. Kimberly Nelson Staff Writer, Roundup

The Reese Rattlers Soccer Team recently took on the Rage of Lubbock Soccer Team indoors at the Fair Grounds Colesium. The game resulted in a back and forth battle ending with a three-to-three tie.

Rage scored the first goal, but it wasn't long afterwards when Reese's John Martelin and Dwight Waters connected with Mike Roberto, who scored the Rattlers' first goal. The Rage came back with two unconventional goals forcing the Rattlers defense to reposition and take on a new strategy. Enraged

by the two point gap, the Reese defense of Mike Dandurand, Jay Burney and David Atkinson tightened, and with a stellar performance by goalie Bob Montgomery, silenced Lubbock's Rage.

Strategic offensive passing by Martelin and Delroy Jones enabled Roberto to hat-trick the game by scoring two more goals for Reese before game time ran out.

The Reese Rattlers are a class 'B' division team, and with the exception of Cannon AFB, N.M., are battled against the local area's class 'A' division teams. Currently they hold a 0-3-1 record.

The Reese Rattlers soccer games are held at the Fair Grounds Colesium. The remaining season games are:

Nov. 13 at 4 p.m. against Cannon AFR

Nov. 15 at 10 p.m. against America (local team)

Nov. 28 at 10 p.m. against America

Dec. 4 at 5 p.m. against Cannon AFB

Dec. 7 at 10 p.m. against Malo

Dec. 7 at 10 p.m. against Malo (local team)

Lend your support to Reese's team. Come to the games and help cheer them on towards a victory.

Fitness and health

By SSgt. Randy Pratt Physical Fitness Center

I'm an avid racquetball player, and I feel I get an excellent workout while playing. However, I recently read that racquetball and other racquet sports are not aerobic. What's the deal? What do you think?

Racquetball is a great game. It lends itself to every level of play and player. Some people play it for fun, including the social players who may also enjoy a good sweat. Others, more intense, play the game to get into shape. Then there are those of us who get into shape to play racquetball. We've learned * that aerobic exercise burns fat, and together with proper diet, will promote getting into lean shape. Lean, not fat, is where it's at! But is racquetball an aerobic workout? Some say yes; some say no. The answer is 'sometimes."

Whether or not your racquetball is aerobic depends on the amount of time your heart rate remains elevated. You need to keep your heart at a suitable rate for a minimum of 18 to 20 minutes to benefit aerobically. With short rallies, constant changing of serves and time-outs, racquetball might not always qualify as an aerobic sport. If you want to make the game an intense workout while you improve your game, try "racquetball aerobics."

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In racquetball aerobics there is no serving and returning, no keeping score, no sideouts, no time-outs—and no questions that it's aerobic! As in a real game, you try to return everything before the second bounce. The difference is that if you can't, you continue after it anyway and take your best shot.

Alternate shots with your opponent (perhaps "partner" is more appropriate), as in a regular game. During rallies, as soon as you know if your next shot is a forehand or backhand, get your racquet ready. Regardless of the number of bounces, reinforce this action of early racquet preparation as you hustle after each shot.

During racquetball aerobics, it's good practice to hit the ball while you're on the move, because often that's your only choice during a real game. Many players hit the ball well while they are standing still, warming up. These players appear quite impressive, if not intimidating, but when they're playing a game, it's a different story.

One benefit of racquetball aerobics is that two players of different abilities can play together and still feel competitive. In these situations, the better player could be limited to regulation shots and the other player could let the ball bounce more than once.

It may take practice to be able to play racquetball aerobics for the

minimum of 18 to 20 minutes it takes to benefit aerobically. In this case, don't risk injury by trying to play for too long, too soon. Take a couple of weeks to build slowly to that amount of time. Session by session, add a few minutes.

Alone on the court, racquetball aerobics puts zest into practice. It lets you isolate specific weaknesses and concentrate on repetitive practice until there is improvement.

The next time someone tries to argue that racquetball is not an aerobic sport, get them on the court for 10 to 15 minutes of racquetball aerobics. Racquetball players will find that this is one of the most strenuous and fun forms of exercise around.

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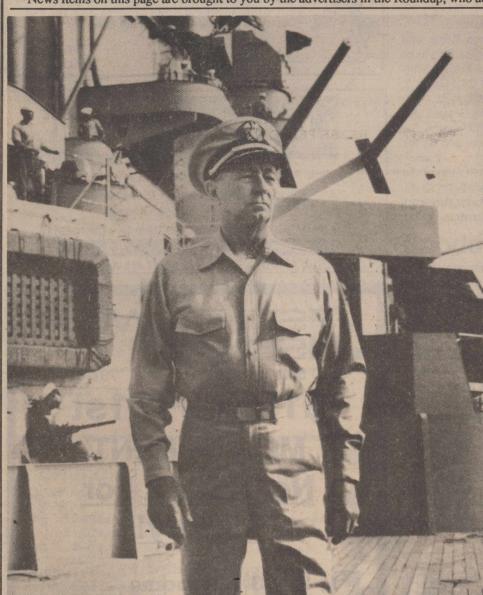
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Newsmakers . . .

News items on this page are brought to you by the advertisers in the Roundup, who actively solicit business from the military and civilian personnel at Reese Air Force Base.



Robert Mitchum returns as "Pug" Henry when the first 18 hours of "War and Remembrance" air as an ABC Novel for Television presentation in seven parts on the ABC Television Network, beginning Sunday, Nov. 13, and concluding Wednesday, Nov. 23.

The history of cadence calls

The use of marching to cadence calls by the military dates back to the days of the Romans who discovered that marching improved if the men stepped to a rhythm. While the military of most world powers had begun to practice drills by the 18th century, they were not practiced by the volunteer recruits of the American Army. The resulting lack of teamwork and organization was almost their downfall at the start of the Revolutionary War.

The disciplined Redcoats, feeling superior to the rag-tag Yanks, began singing "Yankee Doodle," a song written by an English surgeon, to tease the colonists. However, standardized drills and regulations brought regimentation to the rebels and they were victorious. In return, they sang "Yankee Doodle" to the defeated British, thus establishing it as America's first marching song.

Art seminars scheduled

Art seminars being conducted by the Women's Council of the West Texas Museum Association are scheduled three times in the remaining weeks of November.

The seminars scheduled are as follows:
Nov. 15 - "Ethos, Pathos and the Cire
Perdue Process: Feeling and Form in Falconet and Clodion" by Dr. Eugene R.
Asesch. and "The Lost Wax Process" by
Roger Holmes, House Bronze Foundry.

Nov. 22 - "Fashion and Fantasy in the Eighteenth Century" by Betty J. Mills.
Nov. 29 - "The High Baroque in Music:

Bach and Handel" by Dr. Paul F. Cutter.
The seminars begin at 11 a.m. in the Kline Rooms of The Museum on the Texas Tech University campus. Registration and coffee is at 10:30 a.m. Individual lectures

are \$3 each, payable at the door.

Every war has brought with it new marching songs such as "The Battle Hymn of the Republic" and "When Johnny Comes Marching Home Again." As always these tunes were successful in boosting morale and stirring emotions in the troops. During the unsettled period of the late 19th and early 20th centuries, marching songs grew in popularity, as did cadences.

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By the end of World War II all sorts of marching songs, reflecting both people and their culture, and events as they were experienced by the troops, appeared as cadences on the drill field.

Then according to Cadences: The Jody Call Book, No. 1, "In May, 1944, as exhausted marching troops were returning to their barracks at Fort Slocum, New York, a rhythmic chant was heard from somewhere in the columns. Other soldiers gradually joined in and their dragging feet picked up momentum. Thus, the 'Duckworth Chant' or 'Sound Off' began." The chants were named after their creator Private Willie Duckworth who was on detached service with the Provisional Training Center.

Apparently, there is no story explaining how the "Duckworth Chant" or "Sound Off" became known as "Jody Call" or "Jodies." As defined in the book, "Jody is the civilian who enjoys the comforts of civilization while the serviceman is training in the field or stationed overseas. Jody may be synonymous with GIJoe, a variation of John Doe (J.D.) or perhaps Joe D. something."

A collection of Jody Calls has been published by Daring Books in two volumes Cadences: The Jody Call Book, No. 1 and No. 2. Both books contain a history of cadences and numerous cadence calls used by all branches of the service.

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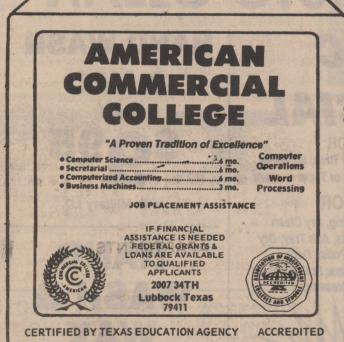
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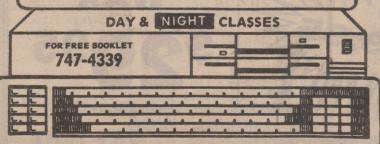
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ATC's Professional Development Hotline

The twelfth edition of ATC's Professional Delelopment Hotline was taped at Randolph AFB, Texas Nov. 2, 1988.

The Topics addressed in this edition are:

- * A new Air Force Form 90
- * Status of the proposed six-year service commitment for fighter
- * Air Force Astronaut Nomination Program
- * ATC Information Line

ATC's Professional Development Hotline can be heard 24 hours a day by calling AUTOVON 487-3786.

Caprock menu

Creole Shrimp Roast Turkey

Mashed Potatoes Marshmallow Sweet Potatoes Corn on the Cob Mixed Vegetables Turkey Gravy

Pineapple Chicken **Buttered Noodles** Franconia Potatoes Okra Tomato Gumbo Green Beans Cauliflower Brown Gravy

Saturday

Beef Stroganoff **Braised Pork Chops** French Fried Ocean Perch Steamed Rice Oven Glo Potatoes Southern Style Mustard Greens Green Beans Brown Graw

Steamship Round Veal Paprika Steak Chicken Pot Pie **Baked Potatoes** Mashed Potatoes Lima Beans Corn on the Cob Natural Pan Gravy

Sunday

Smothered Steak w/onions Chicken Ala King Baked Lasagna French Fried Potatoes Creole Wax Beans Cauliflower w/margarine Carrots w/margarine Brown Gravy

Grilled Top Sirloin Steak Stuffed Cabbage Rolls Seafood Platter Baked Potato French Fried Potatoes Southern Fried Okra Peas & Onions Corn on the Cob Brown Gravy

Monday

Italian Style Veal Cutlets Southern Fried Chicken Baked Haddock Rice Pilaf Hot Spiced Beets French Fried Okra Brown Gravy

Salisbury Steak Baked Fish Portions Creole Pork Steak Steamed Rice Mashed Potatoes **Brussels Sprouts** Cauliflower w/margarine Succotash w/margarine **Brown Gravy**

Baked Fish Portion (Perch) Savory Baked Chicken Baked Macaroni & Cheese Oven Brown Potatoes Stewed Tomatoes Peas w/margarine Mixed Vegetables Brown Gravy

Swiss Steak w/gravy Sweet & Sour Pork Turkey Nuggets Mexican Rice Mashed Potatoe Corn Pudding Brown Gravy

Wednesday

Baked Lasagna Veal Parmesan Assorted Pizza Golden Potato Balls Noodles Parmesan Broccoli Parmesan Stewed Tomatoes w/croutons Cauliflower Au Gratin

BBQ Spareribs **Baked Chicken** Chipper Perch Steamed Rice Mashed Potatoes Buttered Succotash Candied Sweet Potatoes Giblet Gravy

Brown Gravy Thursday

> Deep Fat Fried Fish (Flounder) **BBQ** Chicken Stewed Tomatoes Corn Combo

Brown Gravy

Sweet & Sour Chicken Baked Stuffed Pork Chops Oven Fried Fish (Flounder) Mashed Potatoes French Fried Cauliflower Southern Style Collard Greens Green Beans w/margarine **Brown Gravy**

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Events Calendar

Information provided by Becky Pillifant, MWR Publicity

November 11 through 18

Friday November 11

Physical Fitness Center Holiday hours: 10 a.m. - 5 p.m.

Mathis Recreation Center Live Band "The Network" 9 p.m. - 1 a.m. Admission \$2

> **Bowling Center** Closed

Youth Center VCR movie "Russkies" 6 p.m. free popcom

> **Child Development Center** Closed

Saturday November 12

Physical Fitness Center Bodybuilding Championship, 7 p.m. in the base theater, admission \$2 **Mathis Recreation Center**

Free Shuttle Bus to South Plains Mall 2 - 6 p.m. **Bowling Center**

YABA League begins 9:30 a.m. Customer Appreciation Days, noon - 10 p.m. Rod and Gun Club

Open house - horseshoes, ham shoot, picnic 11 a.m.

Arts & Crafts Space available for Kris Kringle Kraft Karnival Call 3241 for details **Auto Hobby Shop**

Medium detail special, Saturdays only \$27 Youth Center Decorating party 2 p.m. Martial Arts 1:30 p.m.

"Say No to Drugs Program" 4 p.m. refreshments are provided

Bingo 3 p.m.

Wednesday November 16

Physical Fitness Center

Women's Varsity TAAF Basketball: Reese Rattlers vs. Coca Cola 8 p.m., Hutchinson Jr. High

Mathis Recreation Center Pool Tournament 6 p.m. - entry fee: \$2 Minorities In Action Disco, Nov. 18

Bowling Center Mixed league 7 p.m. Open Bowling 7 a.m. - 6:30 p.m.

Arts & Crafts Center Oil Painting classes 7 - 9 p.m. \$2 per hour plus supplies

> **Youth Center** Arts and Crafts 5 p.m.

Free movie "Appointment With Death" 3 p.m. Rated PG

Sunday

November 13 **Mathis Recreation Center**

Information, Ticket & Tour (ITT) Office Open Mon. - Fri. 11 a.m.-3 p.m., closed weekends and holidays **Bowling Center**

Unlimited bowling games \$5 noon - 6 p.m. Library

Show off your hobby; display it at the Library

Auto Hobby Complex Half-price car wash inside complex every Sunday

Youth Center

Monday November 14

Physical Fitness Center

Closed for carpet cleaning 7:30-11:30 a.m. Volunteer scorekeepers, announcers and timers needed for Christmas Classic

> **Mathis Recreation Center** Reserve a Santa suit \$15 per day

Bowling Center Open bowling 7 a.m. - 4:30 p.m. Intramural Bowling League 5:15 p.m. & 7:45 p.m.

Youth Center Dance classes, 4 p.m. \$15 per month Martial Arts 4:30 p.m. \$15 per month

Tuesday November 15

Physical Fitness Center Men's Varsity TAAF Basketball: Reese Rattlers vs. T.V. Express, 8 p.m., MacKenzie Jr. High

Aerobics (ladies only) Mon.-Fri. 8:45 - 9:45 a.m., 12 - 1 p.m., Mon.-Thurs. 4:45 - 5:45 p.m. **Mathis Recreation Center** Discount theater tickets available for Fox, Mann

and United Artist theaters are \$3.75 Information, Ticket and Tour (ITT) Office Last day to purchase Texas Tech vs. Houston discount football tickets **Bowling Center**

Peace Officers League 7 p.m. Turkey Shoot, \$1 per ticket **Auto Hobby Shop** One-half price wheel balancing on Tuesdays Youth Center Aerobics 5:30 p.m. Free Tutoring: 4 p.m.

Sr. Club Night 6:30 - 7:30 p.m.

Thursday November 17

Physical Fitness Center Volunteers needed for basketball officials and scorekeepers during the intramural season

Mathis Recreation Center Coming in December: "Eddie Beethoven & The Suns of Fun" Band

Bowling Center Open bowling 7 a.m. - 6:30 p.m. Maintenance League 5:15 p.m.

Arts & Crafts Mini "You"niversity Do-It-Yourself Framing 7 - 9 p.m. \$2 per hour plus supplies T-Shirt Painting 7 - 9 p.m. \$2 per hour plus supplies **Youth Center** Free Tutoring, 4 - 6 p.m. Aerobics 5:30 p.m.

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MWR Notes

Meet the 'Network'

ce

Groove in to the grooves of the new "Network" band, tonight at the Mathis Recreation Center. The latest hits can be heard from 9 p.m. - 1 a.m. Admission is \$2 at the door.

Last home game of the season

Discount tickets for the Houston vs. Texas Tech game are on sale for \$10.75 at the Information, Ticket and Tour (ITT) Office until Tuesday at 3 p.m. Tech's last home game of the season is Nov. 19. Game time is 2 p.m. Come out and root the Red Raiders to victory!

New times for Aerobics

The Physical Fitness Center has just announced new class times for Aerobics, with the changes taking effect immediately.

New hours are: Monday - Friday (ladies only) 8:45 - 9:45 a.m.; lunch time, noon - 1 p.m.; Monday - Thursday 4:45 -5:45 p.m. The 6 to 7 p.m. class has been discontinued. For more information contact SSgt. Randy Pratt 3720.

Fitness center closed

The Physical Fitness Center is closed Monday from 7:30 - 11:30 a.m. The contractor is cleaning the carpet.

Rent a Santa suit

As the holidays quickly approach, your squadron or private organization will be planning Christmas parties for kids and adults. What party is complete without a visit from the bearded one in the bright red suit?

The Mathis Recreation Center has Santa suits for rent at \$15 per day. Reservations for the suits will be taken beginning Monday. To reserve your suit, call 3787, or stop by Bldg. 310.

Weight training for ladies

A ladies-only weight training program is being offered at the Physical Fitness Center on the first and second Tuesdays and Thursdays of each month.

The weight training program is free and Rosemary Grady is the instructor. For more information contact Rosemary at 885-2147 or SSgt. Randy Pratt, 6020.

Put a turkey on the table

The Windmill Bowling Center is sponsoring a Turkey Shoot throughout the month. If you get a strike in the 3 - 6 -9 frames you win a turkey for Thanksgiving or Christmas dinner. Entry fee is \$1 per game.

Rock and bowl

Sign up now for next week's Rock and Bowl, Nov. 19 at 7 p.m. Enjoy an evening of fun bowling, eating and drinking for one low price of \$7 per person. First place is a gift certificate from Prater's, for a full Thanksgiving dinner with all the trimmings. Space is limited so sign up early.

Open house

Everyone is invited to come out to the Rod and Gun Club open house. Ring a turkey and shoot a ham tomorrow starting at 11 a.m. Features include a doubles horseshoe tournament for turkeys, and a target shoot for hams.

Entry fees are \$2 per person for horseshoes, \$1 per person for target shooters (one ham for every ten target shooters). A picnic lunch of hot dogs, hamburgers and soft drinks will be available for a donation. For more information contact Cheryl Moore at 791-3551.

Bodybuilding championship Saturday

The Physical Fitness Center will sponsor their first-ever bodybuilding championship contest tomorrow at the base theater. The competition begins at 7 p.m. and admission is \$2

Here's your chance to meet Rick Mitchell, first place winner of the West Texas Championships, and third place Mr. Texas! Contestants' posing routines will be done to music of their choice. Trophies are awarded to the winners in each division.

Aeromania II

Aeromania II, "hop till ya drop" aerobics dance exercise marathon, was held last Friday at the Mathis Recreation Center. Contestants came well rested and ready to prove they could withstand the gruelling hours of aerobics exercise and be victorious in their divisions.

The overall winning marathon time, 3:19:25, beat the last Aeromania time by two and a half minutes.

Winners in each division were: Women under 29: Terry Anderson, 3:02:20; the 30 - 39, Paula Jenkins, 2:10:50; 40plus, Sue Galvin, 1:44:07. Men under 29: Kim Bullard, 3:119:25; 30 - 39, Jerome Cross, 3:19:25; 40-plus, Joe Marrow, 56:57.

Run your butts off

This year's "Run Your Butts Off" fun run is Thursday at the Picnic Grounds beginning at noon. The 5K run is in support of the Great American Smokeout. If you would like to run for fun come on out. Those who would like to run for fun and receive a Smoke Out T-shirt will need to pay an entry fee of \$5.





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After the Rain PG 2:00-3:50-5:40-7:40-9:30 Eight Men Out PG 2:00 Cocktail R 4:30-7:30-9:30

Mon.-Sun. Until 6 O'Clock All Seats \$3.00—After 6, Adults \$5.00, Children \$3.00

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SACRIFICE SALE - was \$58,000 now reduced to \$49,500, large 3-2-2 in West Lubbock, Vacant and may lease purchase, new paint. Call Russ Baster, REA, Town & Country Real Estate 793-1395.

Reese Federal Credit Union is seeking a responsible individual or individuals to perform maintenance duties at its building located at 9425 4th St., Lubbock, Texas, and on the grounds surrounding the building. The building maintenance requires 5 times/week cleaning and the grounds require weekly mowing and general upkeep during the growing season. Those persons interested in submitting an application should do so by contacting Steve Warring, president, at the Credit Union. Applications will be taken in person and by mail, between the hours of 9 a.m. and 4:30 p.m., Monday through Friday. Phone calls will not be accepted! Deadline for submitting applications will be Dec. 8, 1988.

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Want to Run a "WANT AD"?

Reese personnel may run FREE ads in The Roundup.

FREE ADS to sell personal items.

Take written ad to Public Affairs Office, 2nd floor, Bldg 800 by Tuesday of the week you want ad to run, or mail to The Roundup, P.O. Box 2415, Lubbock, TX 79408. (Ad must reach publisher by noon on Wednesday of the week you want ad to run.)

Every effort will be made to run all ads received on time. Free ads are run on a "space available" arrangement are **not guaranteed** to run. Real estate is not considered a personal item.

\$4.00 Ads to sell real estate and business items. Call in Want Ad to Roundup Publisher, 763-4551.

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FOR RENT: 14x60 Mobile Home. West 82nd St. Two bedroom, one bath, large living room with wet bar. No pets. Call after 3:00 p.m., 794-

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You Pay Nothing On Any Delta Covered Charges

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M - Th. 8:15 - 6:00 Fri. 8 - 2:30





Popeyes menu items are homemade fresh, with a little bit of New Orleans in every bite.

roperes CHICKEN ROISCUITS

5102 Slide Rd

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799-1127

Offer Expires 11-15-88



\$750 CASH

W. 19th & Loop 289 793-2727

* Dealer participation may affect final purchase price.



Finally, taking care of your car is no big deal.

FULL SET OF 4 STEEL BELTED RADIALS WHITEWALLS

ECONOMY ALL SEASON STEEL BELTED RADIAL

ALL 14" \$13995 155/80R13

4 FOR 13" SIZES \$ ALL 15" \$ 15995 4 FOR

GOOD

TRIUMPH STEEL BELTED RADIAL WHITE WALL

155/80R13 4 FOR ALL OTHER 13" SIZES 4 FOR 4 FOR

BETTER FR312 STEEL BELTED RADIAL WHITEWALL

4 FOR 4 FOR ALL OTHER 13" SIZES

4 FOR

BEST 721 STEEL BELTED RADIAL WHITEWALL

155/80R13 4 FOR ALL OTHER 13" SIZES 4 FOR

4 FOR ALL 15" SIZES \$4 FOR

PREMIUM OVERSTOCK - SUPREMES - BLACKWALLS

P19570R-14 P20570R-14

PR21570R-14

P21575R-15 P23575R-15XL

COUPON A COUPON I COUPON ... GAS-CHARGED STRUT ASSEMBLIES stenes's Strut Mester ass GAS-CHARGED STRUTS SPECIAL **PURCHASE** •Nitrogen gas charged •Improved ride control •For most cars

 \star SOUTH PLAINS MALL 6002 Slide Rd. 797-4821 Mon-Fri 7-6, Sat 8-5

WINCHESTER SQUARE 3425-50th St. 792-2801 Mon-Fri 7-6, Sat 8-5

WEST SIDE 6005 - W. 19th St. 793-6163

Now Open Sunday 1-5 pm Firestone

CHARGE

★ South Plains Mall Open 1-5 Sundays

IMPORT

1555R13

SPORT METRIC STEEL BELTED RADIAL S SPEED RATED

165SR13.....\$27.95 175SR14 \$31.95 175/70SR13...\$32.95 185/70SR13...\$34.95 185/70SR14...\$36.95 195/70SR14...\$39.95

PERFORMANCE

175/70SR13

RADIAL WHITE LETTER S SPEED RATED

215/70SR14....\$59.95

60 SERIES ALSO SALE PRICED

TRUCK R.V. LT.

195/75R14

ALL TERRAIN TRACTION RADIAL

White Letter

205/75R15.. 215/75R15.... 30/950R15.... 31/1050R15.... 31/1150R15..... 33/1250R15....

Mon-Fri 7-6. Sat 8-5

Just For Laughs



chicken jokes.







SEWING MACHINE TUNE-UP-All brands - Singer, Necchi, White, Elna, Etc. Completely delint, oil, and adjust tensions \$12.50. In Home Service. ABC Sewing Center 3407-34th St. 799-0372

OLD TIME CLOCK SHOP FINE ANTIQUE CLOCKS — CLOCK & WATCH REPAIRS SERVICE CALLS ON LARGE CLOCKS

2610 SALEM

CACTUS ALLEY

797-8203



TRINITY

an interdenominational fellowship



Randall Ross **Senior Pastor**

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YOU ARE INVITED ... TO JOIN IN WORSHIP WITH PEOPLE WHO KNOW GOD AND LOVE YOU

Service Times Sunday 9:00 & 10:45 AM, 6:00 PM Wednesday 7:15 PM

> Childcare available Bible classes for all ages



7002 Canton Avenue Lubbock, Texas 79413 (806) 792-3363



August 29-



REBATE ON **MOPAR BATTERIES**

Get \$10 cash back on new maintenance-free MOPAR batteries during this program. Warranty available at over 4,000 dealers nationwide. Oversize batteries extra. See our

ervice Advisor for details

MOPAR 60 \$59.95 Regular Less Rebate -10.00 YOUR COST 49.95 ONLY

MOPAR 48 \$54.95 Regular Less Rebate -10.00 YOUR COST \$44.95 ONLY

REBATE ON MOPAR

Get \$2.00 cash back on all MOPAR belts (max. 3 per vehicle) and hoses (max. 2 per vehicle) during this

REBATE ON MOPAR/CHAMPION SPARK PLUGS WITH TUNE-UP

Get \$4 cash back on a set of MOPAR/Champion spark plugs with an engine tune-up performed by a Chrysler Motors dealer during program period. See our Service Advisor for details.

4-CYL. TUNE-UP Regular \$47.95 Less Rebate -4.00 YOUR COST \$43.95 ONLY

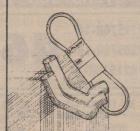
6-CYL. TUNE-UP \$51.95 Regular -4.00 **Less Rebate** YOUR COST \$47.95



ONLY 8-CYL. TUNE-UP \$54.95 Regular -4.00 **Less Rebate** YOUR COST



\$50.95 ONLY



or prorated adjustments.

program. See our Service Advisor for details. HOSES Regular \$13.00* Less Rebate -2.00 YOUR COST 11.00 ONLY

> BELTS \$10.00 Regular -2.00 Less Rebate YOUR COST \$8.00 ONLY

NOTE Get coupons from our Service and Parts Department Limit one rebate per vehicle except as noted.
Rebate requests must be made on the official coupons available at our dealership, and must be accompanied by a service repair order, or by a parts counter sales receipt (spark plug rebate valid only with tune-up performed by a Chrysler Motors dealer), (oil and filter rebate valid only when oil and filter change is performed by a Chrysler Motors dealer). Ofter void where prohibited, licensed, restricted or taxed. Rebates not

applicable toward warranty renairs, wholesale purchases

prices subject to chang

Based On Averag

REBATE ON MOPAR ENGINE OIL



REBATE ON MOPAR

Get \$1.50 cash back on four quarts of MOPAR audity engine oil (genuine MOPAR engine oil only). Get \$100 cash back on a genuine MOPAR oil filter. Valid only when oil and filter change is performed by a Chrysler Motors dealer during this program period. See our Service Advisor for details.



OIL & FILTER CHANGE \$15.25 **MOPAR Oil Rebate** -1.50 MOPAR Oil -1.00 **Filter Rebate** YOUR COST \$12.75 ONLY

VISA

7007 UNIVERSITY HOURS: 7:30am-6:00pm

745-2177





