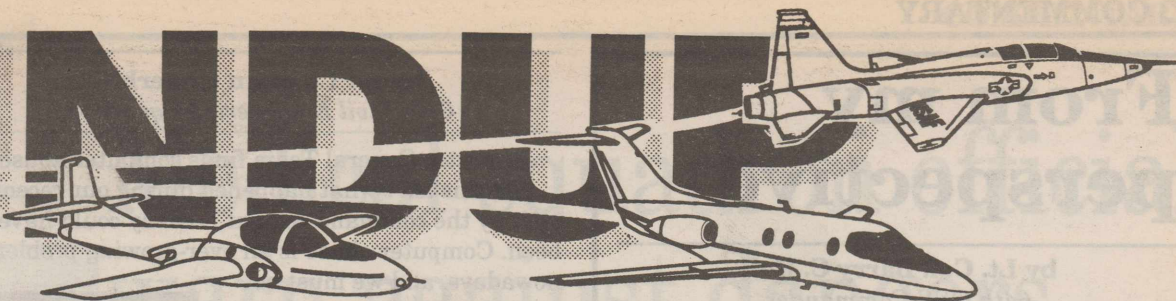


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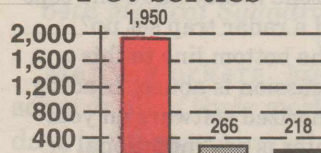
Volume 45, Number 27

July 9, 1993

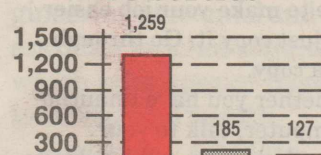
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Mission

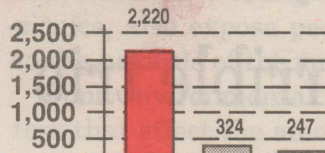
T-37 sorties



T-38 sorties



T-1A flying hours



Fleet status

(As of Wednesday)

- T-1As on station _____ 37
- T-1As in transition _____ 0
- Operational T-1As _____ 37
- Next arrival _____ TBD

█ Required for July
 █ Required as of Tuesday
 █ Flown as of Tuesday



Colonel Negley retires

A retirement ceremony for Col. Bob Negley, 64th FTW vice commander, will be held at 9 a.m. July 16 by the T-37 display on Reese Boulevard.

Colonel Negley has been here over two years, serving as the 64th Operations Group commander before moving into the wing's No. 2 spot. He has served in the Air Force for more than one-quarter of a century.

Everyone on base is welcome at the ceremony.

Jet crash injures two

Two Reese pilots were injured early Tuesday morning when their T-38 crashed during a routine training mission.

Capt. Roger Trenton and 1st Lt. Brian Heagy, 54th Flying Training Squadron, were able to eject from the aircraft, which overshot the base runway and crossed over 19th Street, coming to rest just outside Reese's perimeter.

Base emergency response teams acted quickly, securing the scene and administering medical care to the injured flyers. Captain Trenton was taken to University Medical Center, where he was listed in critical but stable condition as of Thursday morning. Lieutenant Heagy was treated for minor injuries at the base hospital and released shortly after the crash.

The captain has been an instructor pilot at Reese since September 1991. Lieutenant Heagy is a student pilot with Reese SUPT Class 93-12.

The cause of the accident has not been determined. A board of officers is investigating.



MSgt. Ralph Monson

The damaged T-38 is removed from the crash site Tuesday evening.



Charlie Perez

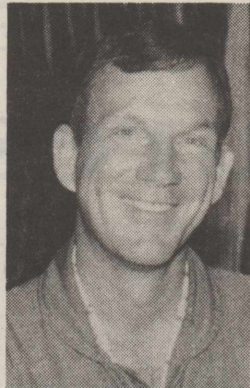
AETC stands up

Gen. Henry Viccellio Jr. (right) accepts congratulations from Air Force Chief of Staff Gen. Merrill A. McPeak during Air Education and Training Command stand-up ceremonies held at Randolph AFB, Texas, July 1. CMSgt. Thomas Sanford (middle), AETC senior enlisted advisor assisted in the ceremony.

From my perspective

by Lt. Col. Barry C. Hall
64th OSS Commander

The following article was given to me by a fighter pilot in an effort to appease a "heavy driver." As you read this, don't just read the first few words and quit, read the entire article — you'll find it offers something for everyone.



Fighter Pilots Do It Better!

The fighter pilot has certain characteristics which give him a distinct individual identity. The ideal fighter pilot puts his all into everything he does. He has a "can do" attitude. He displays enthusiasm and instills this feeling in those around him.

The fighter pilot believes the job should be done the right way and only one time, the first time. He tries hard to be the very best at everything he does and he expects others to do the same. The fighter pilot tries to be an expert in his field, always seeking new knowledge and experience.

He tries to broaden his experience by not confining himself to one narrow channel. The fighter pilot believes in himself. He has a tremendous amount of pride in himself and in everything he does. He works hard and plays hard; he is always a competitor to the best of his ability. When he discovers a problem he always comes up with the answer.

Although he thinks for himself, he never fails to seek the advice of those who might lead him to the right answer. He respects those who have earned respect. He is more than willing to help those who need help.

Do "Fighter pilots do it better"? Yes, they do everything better! But nowhere does it say fighter pilots fly aircraft or engage in aerial combat. You don't have to fly to be characterized a fighter pilot. A fighter pilot is more than a flyer. A fighter pilot is an attitude and people with that attitude, no matter what their station in life or their job, really do it better.

Unfortunately, this article was written by that famous author . . . "Author Unknown." However, the message is clear — regardless of your job, rank or position, your success in life is not judged by what you do, but rather how you do it. After reading the Quality Air Force Assessment report, it's obvious Reese has more than its share of fighter pilots!

by 1st Lt. John Underhill
64th Civil Engineering Squadron

Inspector General Team finds computer abuse! No, this isn't what happened during our recent visit by the command IG, but it easily could have been. Computer abuse is an ever-growing problem nowadays, and we must be careful to avoid it.

When I arrived at Reese and got my first computer, I wanted all the software I could get my hands on. I was always asking folks if I could borrow their disks and make copies. When they refused, I thought they were being selfish and didn't want to help me. Boy, was I wrong.

As it turns out, these folks were keeping me from committing a crime. When "Uncle Sam" buys software, it is with the agreement that it be used on only one machine. If you want to use it on several computers, you need to buy several copies. Copying software, or allowing someone else to copy, violates this agreement and can subject you to significant fines and/or penalties.

Most, if not all, of the software used on Reese's computers falls under copyright laws. When you (or the Air Force) purchase the software, you become a

FRAUD WASTE ABUSE

Computers are not immune

licensed user of the product. If you are using "pirated" software, you have, in effect, stolen the product from the manufacturer.

Think that sounds far-fetched? Tell that to the Department of Defense IG. According to a recent article in "Government Computer News," a recent IG inspection found that of 1,022 government computers surveyed, 525 had at least one unauthorized program on it. The scary part of this story is that all the inspected agencies "caught" with unauthorized software were forewarned their computers would be checked. Would they also drive 75 in a 55 zone if they knew the cops had a radar trap set up?

The bottom line to this discussion is abuse. Loading

or using pirated or unauthorized software on your government-owned computer is an "intentional or wrongful use of government resources." If you need a certain piece of software to make your job easier or more productive, don't just copy it. Go through proper channels and buy a copy.

If you are uncertain whether you have unauthorized software on your computer, talk to your computer security officer — he or she will be able to figure it out.

The job you save just may be your own.

Fatigue, speed, alcohol — the terrible trio

by Chuck Gerrior
Wing Safety

Each summer, Air Force personnel and their family members are involved in mishaps in which the primary causes are fatigue, speed, or alcohol. After the mishap has occurred, it can be said that the person responsible was the one who could have controlled his or her rest, speed of the automobile or alcohol consumption.

Fatigue

Long periods of physical activity without rest can cause fatigue. Fatigue occurs when the body's stored energy is used and the person continues the activity while the body is sending signals to the brain to stop and rest.

Sometimes the body is still trying to go when the brain shuts down the body and induces sleep. An example of fatigue is going to sleep while driving. Trying to drive more than 500 miles in a day is the same as working hard for 8 hours. Four nine-inning softball games in one day can drain the body of energy.

In either case fatigue will set in and take its toll.

Speeding

A person driving an automobile does not plan to speed. Or do they?

In many automobile mishap investigations the primary cause is exceeding the posted speed limit or driving too fast for road conditions. Driving too fast for road conditions can happen when a roadway that has been dry for several days is suddenly hit with fresh rain. Oils and dirt are washed loose, and as you try to take the curve at the posted limit, your tires fail to hold the vehicle on the road. Your vehicle loses control and leaves the roadway. Depending on several factors, you may or may not be injured and your vehicle damaged as the vehicle comes to a stop.

The control of your vehicle and the speed you travel depends on you, the driver. It is your decision to back off on the accelerator as the rain starts or when your speedometer indicates you are above the posted speed limit.

Alcohol

We all know the consequences of driving after you have been drinking. Many of us have done this and "gotten away with it."

Alcohol is usually combined with the other two factors listed above to set into action a mishap scenario that goes like this: Joe and his buddies have worked a full day shift in the hot sun; and after work played in a softball game. After winning the game they all stop off for a few "quick" beers to wind down after a "hard" day.

The "two" beers ended up as four beers, consumed in a rush because Joe told his wife he would be home right after the game to tuck the kids in bed. Joe looks at his watch, sees he is late, and says goodnight to his buddies.

As Joe is traveling down the same road he regularly uses, the traffic light turns red. He doesn't see the red traffic light for a couple of seconds because it is late and he is tired from his day job and the hard-won ball game. Now add in the fact that he is rushing home, going 10 miles over the posted speed limit.

Joe's senses are somewhat relaxed after the four quick beers. He finally notices the red light and slams on the brakes to stop. The problem is that he is traveling too fast to react properly and enters the intersection at 30 mph, striking another vehicle in the intersection that had the green light.

This mishap results in one dead driver, and it is not Joe. The only smart thing Joe did was to buckle up. When Joe's vehicle slammed into the driver's side of the other vehicle the driver was killed instantly. Joe won't be tucking his children into bed this night, and neither will the driver of the other car.

This all may sound familiar, the same story you might read in the daily newspaper. If you say, "That can never happen to me" -- think again. If it happened to Joe, it can happen to you.

Fatigue, speed and alcohol are the three things you can control. Do not overextend your physical or physiological limits. Control your speed. And do not drink and drive.

ROUNDUP

Best newspaper in AETC - 1992

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HEAT

Medical squadron officials warn against dangers of excessive heat and sun

by SSgt. Jeanette Yiaras
64th Medical Squadron

Many workers spend some or all of their working days in the sun. Aircraft mechanics, gardeners, civil engineering personnel and others often face hot conditions which pose special hazards to safety and health.

Exercise, retreats, parades and other "fun" activities, such as tanning and picnics, also expose people to the hazards of the sun.

Four environmental factors that affect the amount

of heat stress we can take are: temperature, humidity, radiant heat (such as from the sun or a furnace) and air velocity.

One of the most important issues an individual faces is his or her personal characteristics, such as age, weight, fitness, medical condition and conditioning to the heat.

If the body cannot dispose of excess heat through sweating, moving to a cooler place or loosening some clothing, it stores the heat. Then the body's core tem-

perature rises and the heart rate increases.

As the body continues to store the heat, a person can experience heat stroke or heat exhaustion.

As this happens, a person begins to lose concentration and has difficulty focusing. They may become irritable or sick, and they often lose the desire to drink. The next stage is usually fainting, and death can follow if the person is not removed from the heat stress.

Following are a few basic precautions that should

lessen heat stress:

- Get used to the heat through short exposures.
- Drink plenty of water before, during and after your exposure to the sun, even if you don't feel you need it.
- Alternate periods in the sun by resting in a cool area.
- Wear loose clothing.
- If you feel faint, sit down and try to drink plenty of fluid. If standing at attention in a retreat ceremony, sit down immediately if you feel ill and wait for medical attention.
- When standing at at-

tention, do not lock your knees.

If someone shows signs of heat stress, immediately move them to a cool place and loosen their clothing. Medical attention should be sought for the person as soon as possible. Heat stroke, one of the most serious health problems associated with heat stress, can cause death if not treated immediately.

Remember, the best way to avoid any problems is to follow the precautions listed above. Have fun in the sun, but play it safe.

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Safety offers boating advice

by **Chuck Gerrior**
Wing Safety

As summer sets in, many of us turn toward area lakes for rest and relaxation. Regardless of the size and whether rigged for sailing, skiing, fishing or just cruising, a boat is one of the great summer "freedom machines."

While a boat is often the source of pleasure, it can easily be the cause of a mishap, perhaps a fatal mishap. Let's take a minute and look at a few errors that can lead to tragedy.

Failure to wear a life jacket (personal flotation device): Each year, the Coast Guard Auxiliary and personnel from Texas Parks and Wildlife Department investigate several accidental drownings that were avoidable if the boat operator or

passenger had worn a lifejacket. Wear life jackets whenever your boat is under power.

A problem parents often encounter involves life jackets and children. The Texas Water Safety Act states children 12 and under must wear an approved life jacket whenever they're in a boat. This requirement exists regardless of whether the boat is under power or not.

Failure to use motor kill switch and lanyard: Very few people realize this can easily be a life saver. The kill switch turns off the motor in the event you get thrown from the boat while under power. This prevents the boat from running over and injuring you.

Remember, depending on the propeller's direction of rotation, the boat will make con-

tinuous right or left circles. Each circle become tighter and tighter, making it difficult for the thrown operator to escape.

Alcohol and operating a boat: Another problem is the "elbow bending" boater, who gets moderately tipsy and later loses control of his boat when crossing the wakes of other boats, or heavy swells when under full power. Boats, like automobiles, require clear heads and situational awareness to operate safely. Water and alcohol don't mix, unless it's at the local cocktail lounge. Incidentally, did you know Texas has a "boating while intoxicated" law within the Texas Water Safety Act?

For more information about boating safety and accident prevention, contact the Coast Guard Auxiliary and sign up for a boating safety course.

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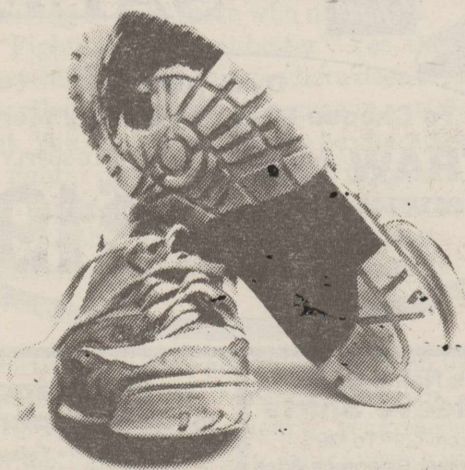
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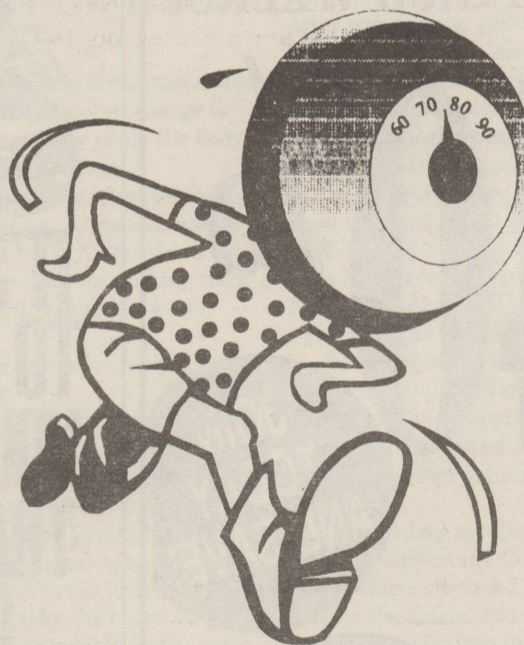
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Command's top enlisted talks about careers

Chief Sanford looks at new era for enlisted member

by Sgt. Cheryl Toner
Hq. AETC Public Affairs

"Under Construction" is how you might describe AETC right now," said CMSgt. Thomas Sanford, referring to the major changes the command is undergoing that include a better approach to enlisted education and training.

"Our potential for improvement is going to be awesome," the AETC senior enlisted advisor said. This new, complementary relationship between education and training "makes so much sense to me," he added, "that I'm surprised we didn't do it sooner. It's like a dream come true."

The Air Force lost two commands July 1, Air Training Command and Air University. In their place, a new command, Air Education and Training Command, stood up linking professional education and formal training while providing structured career paths for all Air Force members.

The chief stressed "career path" is a phrase that will soon become part of everyone's vocabulary. Gone are the days when people might progress through their

careers with guidelines that can be waived. Further, people will no longer be awarded their five-level just weeks, or even days, after they graduate from technical school, nor will there be any one-day seven-levels.

"It was basically hit-and-miss when it came to professional military education and advanced training," the chief said. Now, with a well-defined career path from initial skills training to the superintendent level, enlisted members can better understand — and accomplish — what's required for supervisory positions and promotion.

Virtually every member of the enlisted force will attend formal school following basic training. "They won't be able to go to an initial assignment until they have successfully completed their technical school and are mission-ready," he said.

Later, but before sewing on staff sergeant stripes, airmen will attend the Airman Leadership School. "That's good," the chief said, "because we can then achieve a balance between training and education before assuming greater responsibilities."

Staff sergeants will later go back to tech school for in-



Chief Sanford

ing program has another major positive effect besides structure and standardization. Enlisted personnel will now have tangible assets as a result of their training. Chief Sanford calls these assets "credentials and credibility."

He explained that "credentials" come from a person's formal technical training and professional military education, each taken at the right time in a person's career. "Credibility," on the other hand, comes from the experience one gains on the job, in between attending the formal schools.

Together, credentials and credibility, for whatever Air Force specialty the airman has, provide a lasting resource for the member. "Regardless of the length of service — whether four years, 10 years, or 30 years — an enlisted member will always have the credentials and credibility for an Air Force career and later for civilian life," the chief said.

With the changes that began in July, and those that will follow, we're "doing the right thing for our great people," Chief Sanford said. The future, he stressed, "is going to be exciting." (AETC News Service)

residence 7-level training. The next step is the NCO Academy, also in residence. NCOs must complete the NCO Academy before sewing on the stripes of a master sergeant — the first rank in the "top three."

Finally, senior master sergeants will attend the Senior NCO Academy before they

can wear chief stripes.

"And that's how it'll go: training and education, training and education — throughout a member's career," Chief Sanford said. For enlisted people, this method of advancement is a "template, their career path to their future," he said.

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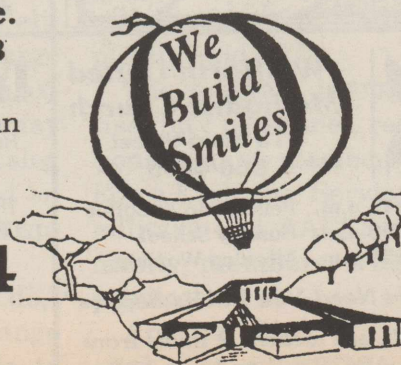
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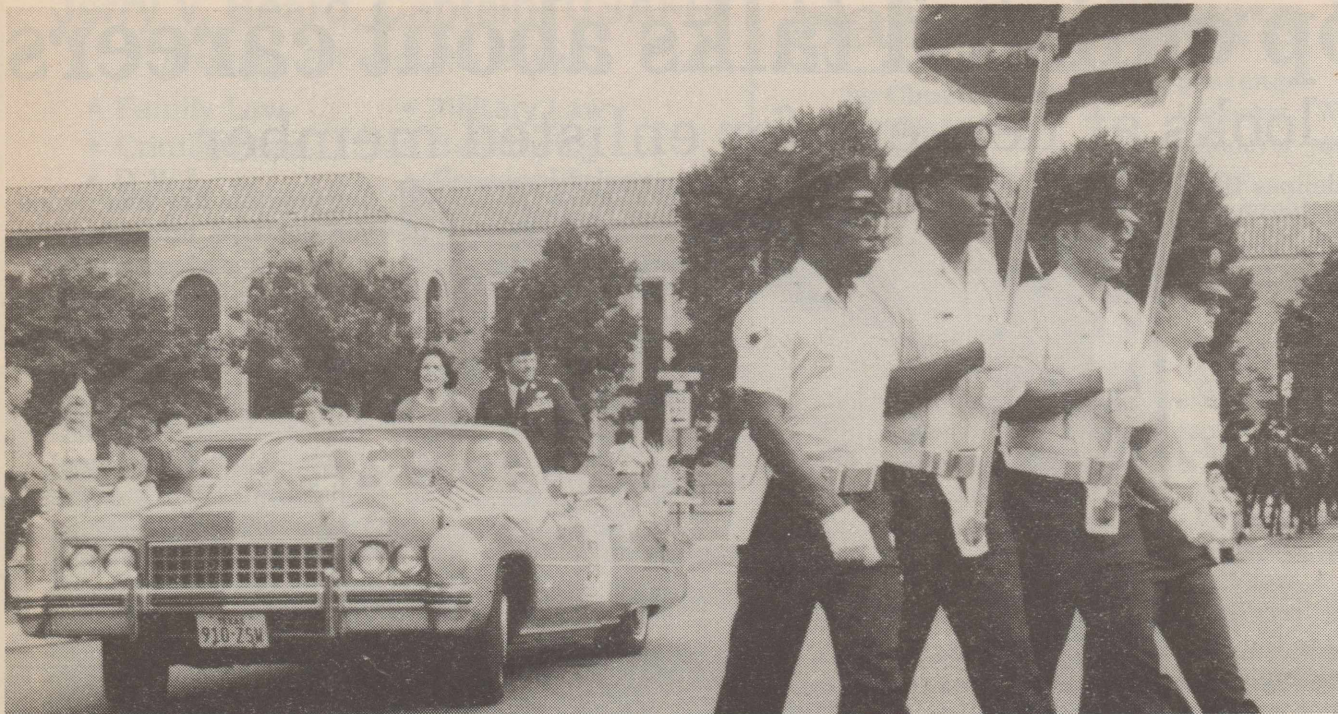
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The Hudson Group



MSgt. Ralph Monson

Wing members participate in parade

Members of the Reese Color Guard are followed by Wing Commander Col. David Love and his wife, Darlean, during Saturday's Fourth of July parade in Lubbock. Members from throughout the wing took part in the annual event.

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 Sunday - 9 a.m., 10:45 a.m., 6 p.m.
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Loop 289 & So. Canton
792-3363

**GAS
GAS
GAS
GAS
GAS
GAS**



Bill Allen

Sergeant Anderson (right) briefs classmembers before they go into the chemical chamber.

New chamber enhances disaster training

A new facility was opened on Reese June 24, and the place stinks.

There's nothing wrong; it's supposed to stink. Reese's Mask Confidence Chamber was inaugurated when six students from the disaster preparedness class on chemical biological warfare defense were put through the drill.

The gas chamber is located near Reese West.

MSgt. Douglas Anderson, NCO in charge of the base DP shop said, "The purpose of the chamber is to give the students confidence in their gas masks. Telling them in class what it will protect them from isn't the same as demonstrating it in the chamber."

Students in the class agreed.

"It was very interesting," said Amn.

Freddie Reed, 64th Civil Engineering Squadron. "It was a lot better than sitting in the classroom and reading a book."

"The chamber shows you what to expect in a 'real world' environment," said Amn. Paul Matye, 64th Medical Squadron.

Sergeant Anderson said the chamber is filled with vapors from camphor crystals and then the students are brought in wearing their gas masks. Once inside, they are told to remove their masks one at a time and state their name, rank and social security number with their eyes open.

When they have begun to notice the vapor, they are shown the way out of the chamber and guided by a safety man outside to face into the wind to clear any vapors from their eyes.

The sergeant also explained that a recent change to Air Force Regulation 355-1 states that all military personnel are required to receive initial CBWD training if they haven't had it before and refresher training once a year thereafter. This training is mandatory for every military member at Reese except student pilots.

"I am looking forward to having the different squadron commanders in class," Sergeant Anderson said with a sly smile on his face. "It's only fair that everyone be treated the same."

"The unit DP representatives will be scheduling their people sometime over the next four months. We want the rest of the base fully qualified before the holiday season starts."

DPP

New payment plan available at exchange

Today, the Reese Base Exchange introduces a deferred payment plan.

The DPP program allows eligible exchange shoppers to charge goods and services at the main exchange and service station. It may also be used for exchange catalog sales. Credit limits are based on the "disposable income of each applicant."

"What DPP allows us to do," said John Sharp, Reese exchange manager, "is to allow people to take their purchases home while

making payments. Prior to DPP, shoppers could put items on lay-away but didn't have access to their purchases until they were completely paid off."

The program is open to all active-duty personnel, reservists, national guard members, Army Air Force Exchange Service associates, military and AAFES retirees and family members with exchange privileges.

An individual's identification card is in effect the charge card. Accounts will be serviced by com-

puter, with patrons able to use the credit balance to purchase anything other than alcohol, tobacco or gasoline. In addition, DPP may not be used at the Simler Theater or the Doggie House.

Monthly payments are computed by dividing the unpaid balance by 36 months. For example, an individual who has a balance of \$1,000 would owe \$27.77 for the first payment.

According to Mr. Sharp, all DPP applications will be processed at the main exchange. "Unless we

are backed up," said Mr. Sharp, "we should be able to process most applications in just a few minutes."

To apply, exchange patrons need to fill out a short questionnaire. In addition, active-duty personnel will need a copy of their most recent leave and earning statement. Other applicants will need suitable proof of income (W-2 forms, pay stubs, etc). All applicants must possess a valid identification card.

For more information about the DPP program contact exchange officials at 885-4581.



ENTERTAINMENT

Weekend

Places to go and things to do in the

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<p>Lunch hours are: Sunday-Friday 11-2 Saturday Lunch is Reserved for Weddings & Private Parties</p>	<h2 style="font-size: 2em; margin: 0;">THE COUNTY LINE</h2> <p style="font-size: 1.2em; margin: 0;">BARBEQUE</p> <p style="font-size: 0.8em; margin: 0;">1/2 Mile West of I-27 on FM 2641</p>	<p>Dinner hours are: Sunday- Thursday 5pm-9pm Friday- Saturday 5pm-10pm</p>
---	---	---

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*includes roundtrip air from Lubbock, hotel, 2 day subcompact car,
fun book discount coupon booklet good until 8-29-93*
- ALBUQUERQUE BALLOON FESTIVAL
..... 2 nights/3 days, from \$239⁰⁰pp/dbl
includes roundtrip air from Lubbock, hotel, rental car
- PUERTO VALLARTA 7 nights, all inclusive from \$359⁰⁰pp/dbl
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MOVIES 12 5721 58th Street 792-0357 \$5.50 Adults
\$3.25 Children & Seniors
\$3.25 Matinees Before 6 PM

***SNOW WHITE (G)** 12:00-2:20-4:35-7:00-9:20 Stereo
JURASSIC PARK (PG-13) Digital 11:00-1:50-4:40-7:30-10:20

***DENNIS THE MENACE (PG)** 11:45-2:15-4:45-7:15-9:45 Stereo
***LAST ACTION HERO (PG-13)** 10:40-1:30-4:20-7:10-10:00 Stereo

JURASSIC PARK (PG-13) 11:30-2:20-5:10-8:00-10:50 Stereo
MADE IN AMERICA (PG-13) 11:20-2:25-5:05-7:35-10:15 Stereo

***WHAT'S LOVE GOT TO DO (R)** 10:50-1:40-4:30-7:20-10:10 Stereo
***IN THE LINE OF FIRE (R) THX** 11:20-2:10-5:00-7:50-10:45

***ROOKIE OF THE YEAR (PG)** 12:05-2:35-5:00-7:25-9:50 Stereo
INDECENT PROPOSAL (R) 12:10-2:45-5:20-7:55-10:30 Stereo

***LAST ACTION HERO (PG-13)** 11:15-2:05-4:55-7:45-10:40 Stereo
THE SANDLOT (PG) 11:40-2:15-4:45-7:05-9:25 Stereo

SNEAK & STAY
Sat. & Sun.: Sneak "FREE WILLY" at 4:45 p.m.
Stay for "DENNIS THE MENACE" at no charge
SNEAK & STAY
Sat.: Sneak "HOCUS POCUS" at 7:00 p.m.
Stay for "SNOW WHITE" at no charge

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SNEAK & STAY
Sun.: Sneak "HOCUS POCUS" at 12:10
Stay for "SON IN LAW" at no charge

***SON IN LAW (PG-13)** 12:10-2:30-4:50-7:35-10:10
DAVE (PG-13) 12:30-2:40-5:00-7:30-9:50

LIFE WITH MIKEY (PG) 12:20-2:35-5:10
GUILTY AS SIN (R) 7:20-10:00
SLIVER (R) 12:15-2:30-4:45-7:10-9:35

SOUTH PLAINS 4 6002 Slide Road 799-4121 \$5.50 Adults
\$3.25 Children & Seniors
\$3.25 Matinees Before 6 PM

HOT SHOTS 2 (PG-13) 7:15-10:00
***THE FIRM (R)** 11:45-3:00-7:00-10:30 Stereo

ONCE UPON A FOREST (G) 12:00-2:15-5:15
***WEEKEND AT BERNIES (R)** 12:15-2:30-5:00-7:30-9:45

* NO PASSES * NO SUPERSAVERS

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July 11th • 11 a.m. - 5 p.m.

♦ ♦ ♦
Civic Center
♦ ♦ ♦

\$2⁰⁰ General Admission

\$1⁰⁰ Senior Citizens

Children 6 & Under - Free



Around Reese

Enlisted open mess

(3156)

Today: The Electrifier in the lounge from 7 p.m. to 2 a.m.

Free snacks in the lounge for members at 5:30 p.m.

Bid whist tournament in the back lounge at 6 p.m. Prizes for winners.

Saturday: Limelight Karaoke in the lounge from 9 p.m. to 1 a.m.

Sunday: Main lounge opens at noon.

Pool tournament with prizes at 2 p.m.

Thursday: "Boss and Buddy Night" at 4:30 p.m.

Karaoke at 5 p.m.

Officers' open mess

(3466)

Today: Prime rib special served from 6 to 9 p.m. - queen cut \$7.95, king cut \$9.95. Also, grilled chicken breast \$8.95, grilled halibut \$9.95.

Saturday: Closed.

Sunday: Closed.

Wednesday: Family style fried chicken special served from 5:30 to 8 p.m. Adults \$5.50; children 6-12, \$2.50; children under 6 free. Use the coupon on the monthly calendar and receive \$2 off.

"Over-the-hump" night in the lounge at 5 p.m. Free tacos and beverage specials for club members.

Thursday: Two-for-one Texas steak night from 5:30 to 8:30 p.m. New York strip, ribeye or top sirloin - 10 ounce \$12.95; 6 ounce \$8.95; or grilled chicken breast \$8.95. No coupons or to go orders.

Monday through Friday: Lunch served from 11 a.m. to 1:30 p.m.

Rest of Reese

Mamma Reesione's (885-2639): Lunch Monday through Friday from 11 a.m. to 2 p.m.; Saturday, Sunday and holidays closed. Lunchtime delivery service is available.

Mamma's 10-piece chicken bucket, cole slaw and rolls \$7.50 anytime.

Youth Center (3820): Trip to Pistol Pete's for ages 5 to 16 from 6:30 to 9:30 p.m. Friday. Cost \$5.

ITT / Select-A-Seat / Package Mail / Equipment Rental (3787): Discount tickets for Six Flags Over Texas and Wet 'n Wild on sale at the ITT office.

Hours of operation are Monday from 9 a.m. to 2 p.m., Tuesday through Friday from 9 a.m. to 6 p.m., Saturday from 9 a.m. to 5 p.m.

Arts and Crafts Center (3241): Hours of operation are Tuesday through Friday from 9 a.m. to 6 p.m., Saturday 9 a.m. to 5 p.m.

Auto Hobby Center (3142): Do-it-yourself specials Sunday - oil change stall \$2, lift fees \$1 and wheel balance \$3.

Hours of operation are Sunday from noon to 5 p.m.; Monday, Wednesday, Thursday and Friday from noon to 8 p.m.; Saturday from 9 a.m. to 5 p.m.

Mathis Community Center

(3241)

Briani's Portrait Studio: Briani's specializes in portraits, flight and team pictures, graduation and special event photos and videos. Hours of operation are: Tuesday through Saturday 10 a.m. to 5 p.m.; closed Mondays. Come by and visit our new studio or call for appointment.

Simler Theater

(885-4581)

Friday: "Who's the Man" (R) at 7:30 p.m.

Saturday: "Benny & Joon" (PG) at 7:30 p.m.

Sunday: "Three of Hearts" (R) at 7:30 p.m.

Club Cards

Membership has its privileges: Did you know that you can use your officers' and enlisted club cards to charge at all MWRS activities? This covers everything from "A" to "Z" - arts and crafts, auto hobby, bowling center, child development center, enlisted club, equipment rental, fitness center, golf course, information, ticket and tour office, Mamma Reesione's, officers' club, package mail service, pools, youth center and veterinary clinic (zoonosis clinic) Call your respective club for details or to sign up.

Thrift Shop

(885-3154)

Location: Bldg. 629 (across from the commissary parking lot).

Tuesday: Open for sales from 9:30 a.m. to 1:30 p.m.

Open for consignments from 9:30 a.m. to 12:30 p.m.

Chapel

(3237)

Weekdays:

Catholic Mass at noon.

Confessions by appointment.

Saturday:

Catholic Mass at 5 p.m.

Sunday:

Catholic Sunday Mass at 9:45 a.m.

Protestant worship service at 11:15 a.m.

Church of Christ Bible study at 5:30 p.m.

This space is available.

You may place your advertising message in the Reese Roundup each week.

Call 797-3495.

Notes

'Blue Yonder' volunteers needed

Volunteers for the annual Camp Blue Yonder are needed. The camp is scheduled for Aug. 2-6 for girls and Aug. 9-13 for boys.

Camp Blue Yonder is done each year for less advantaged children from the Lubbock area. Interested people should call Cheryl Ortiz at 3305 or 2nd Lt. David Trotta at 3953.

Actors sought

The Reese Little Theater is seeking people who want to take part in a production of John Steinbeck's "Of Mice and Men." Interested people should attend auditions from 7 to 9 p.m. Monday and Tuesday in the Simler Theater.

For details, call SrA. George Green at 3254 or 885-4223.

Civilian management course set

The civilian personnel management course, mandatory for people who supervise three or more civilians, will be offered Tuesday through Thursday.

Slots are available for supervisors of less than three civilians. Call 3803 to reserve a slot.

Computer intro scheduled

An introductory class on MS-DOS will be offered by Data Monitor Systems from 8 a.m. to noon Tuesday and Wednesday. Call 3299 for details and registration.

Job fairs planned

The following job fairs are planned:

□ Tuesday and Wednesday at the Peterson AFB Transition Office in Colorado Springs, Colo. All Defense Department ID card holders are welcome. Call Nita Coleman or Peggy Jarvis at DSN 834-6141.

□ July 29 at the Air Force School of Aerospace Medicine at Brooks AFB, Texas. Call Barbara Morgan at DSN 240-2434 or 2435.

For assistance locally regarding these events, call Pamela Appell at 3305.

Transition workshop planned

A civilian career options workshop for military members within 180 days of retirement or separation, or who have retired or separated since Oct. 1, 1990, is scheduled for 8:30 a.m. to 4:30 p.m. July 20 through 23 in the Reese Family Support Center.

Reservations are required by July 16. Call Pam Appell at 3305.

FSC plans 'smooth move' workshop

A relocation assistance workshop is scheduled for 6:30 to 8:30 p.m. July 21 in the Reese Family Support Center. Spouses and dependents are encouraged to attend along with the military member.

Reservations are required by July 19. Call 6034.

Suggestions? Concerns?
Questions? Comments?

Call the

CARELINE

(24 hours)

3273

Fred's Gun Emporium
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 ♦ Repairs & Rebluing
 ♦ Shotgun Choke Tubes
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West End Church of Christ
 6305 26th St.
 Sunday Classes 9:30 a.m.
 Worship 10:30 a.m. & 5:30 p.m.
 799-6813

Sports
 25% Off Rollerblade Rental

 Expires 7/30/93
3300 D-A 82nd 797-0781



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 Sunday 1 p.m. - 5 p.m.

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793-5115

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794-5945

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'V' Flight cited for playing key role



Members of "V" Flight

Mike Parrish

The 52nd Flying Training Squadron Standardization and Evaluation Flight, or "V" Flight as it is called, is being recognized for the yeoman's work they've done in getting a squadron and all its associated programs set up.

The members of V Flight — Maj. Dave Britton, Capt. Brent Jolly, Capt. Pete Peterson, Capt. Curt Henry, Capt. Mark Sigler, Capt. Scott St. Amand, Capt. Frank Yannuzzi, Capt. Randy Dyess and Capt. Justine Good — earned the praise of 64th Operations Group officials for their work.

Programs set up by these individuals run the gamut from self-inspection to gradebooks to runway supervisory units and more. Many of these programs received laudatory comments from AETC during the Reese

Quality Air Force Assessment. Quite a feat, considering the squadron flew its first sortie less than one year before the QAFA, and had three distinct missions with different syllabi during that year.

Major Britton, V Flight commander, said, "The flight was presented with almost insurmountable tasks in preparing for student training, let alone the QAFA. The squadron, however, let me hand pick the V Flight members, so I was fortunate to have the best of the best, and I challenged them to get us ready."

In addition to setting up all the squadron programs, V Flight has been responsible for ensuring the standardization and quality control of over 70 instructor pilots and 80 student pilots going through training in the 52nd FTS.

by MSgt. Linda Lee

American Forces Information Service

North Korea emerged from the Cold War more dangerous than ever, the top U.S. military commander in South Korea believes.

"We must disabuse ourselves of the confidence we gained during the Cold War that North Korea was manageable, even as we shake off the optimism of the past three years," said Army Gen. Robert W. RisCassi. "It is less stable than it was in the Cold War when it had allies who gave it security and vital supplies, but in turn restrained its behavior."

General RisCassi wears several hats in Korea. His commands include U.S. Forces Korea and the Eighth U.S. Army. He recently testified before the Senate Armed Services Committee.

"In more ways than we currently imagine," said General RisCassi, "North Korea looms as the menace that threatens both the future and what has been accomplished to date. Even its closest allies describe it as too unpredictable and combative."

The international community has tried in recent years to normalize relations with North Korea, a closed country. Efforts include promises of aid from Japan and South Korea and billions of dollars in World War II reparations from Japan that the North could use to pay debts and restructure its economy.

But, said General RisCassi, North Korea's latest actions on nuclear weapons have all but cut off any real promise of peace. He said the international community hinged aid promises on just one precondition — that North Korea submit to a process that would verify it neither had nor was trying to develop a nuclear weapon.

After several years of negotiations and hopes, said General RisCassi, both Koreas signed an agreement in 1991 that neither would possess, build, use or store nuclear weapons. The agreement also said neither side would reprocess spent reactor fuel.

Each side would inspect and verify the other side's compliance.

North Korea said it would sign the International Atomic Energy Agency accord in 1992, but then reneged. Relations between North and South have deteriorated. Agency inspectors detected irregularities that the North rebuffed. North Korea refused to let the agency inspect underground facilities and then became the first nation in the world to renounce membership in the Nuclear Nonproliferation Treaty, General RisCassi said.

"North Korea has chosen to engage in brinkmanship against the United Nations and the international community," he added.

To make the situation even more volatile, the country is getting ready to undergo its first change in leadership since World War II, as Kim Il Sung prepares to turn over the reins of government to his son, Kim Jong Il. In addition, North Korea's economy has rapidly deteriorated. Estimates peg the country's gross national product as declining almost 20 percent in the last three years. General

RisCassi said North Korea is deep in debt, has no credit and has nothing to trade except arms.

"North Korea has opened an arms trade in unstable regions, most notably the Middle East, to try and gain hard currency and fuel," said General RisCassi. "It has been exporting missiles and missile technology and is suspected of exporting chemical and biological weapons."

Still, North Koreans continue to pour 20 percent or more of their gross national product into the armed forces. General RisCassi said the 1980s saw North Korea add thousands of tanks, artillery, rocket launchers and other pieces of equipment to its already vast arsenal.

"In no way can we view its forces as postured to defend," he said. "The ground disposition is unquestionably offensive." More than 65 percent of its active ground forces are within 100 kilometers of the demilitarized zone, two-thirds of its air forces are located in airfields close to the zone, and most of its artillery forces are positioned ahead of the maneuver units they support.

General RisCassi said he's not among the people who believe the north is just using threats to try to work out the best possible settlement.

"I find this theory too rosy and don't believe it's supported by the events and trends I have observed in the past three years," he said. For example, he doesn't think that North Korean leaders who like living would willingly admit to their people that the last 48 years of hardship and deprivation have been wasted. "Personal survival has become their strongest motive," he said.

The north's current path of confrontation, economic decline and increased isolation could prove explosive, General RisCassi warned. The Kims, he said, are "lighting a fuse that could escape their grasp and placing the entire peninsula at risk."

Even today, the
threat still remains

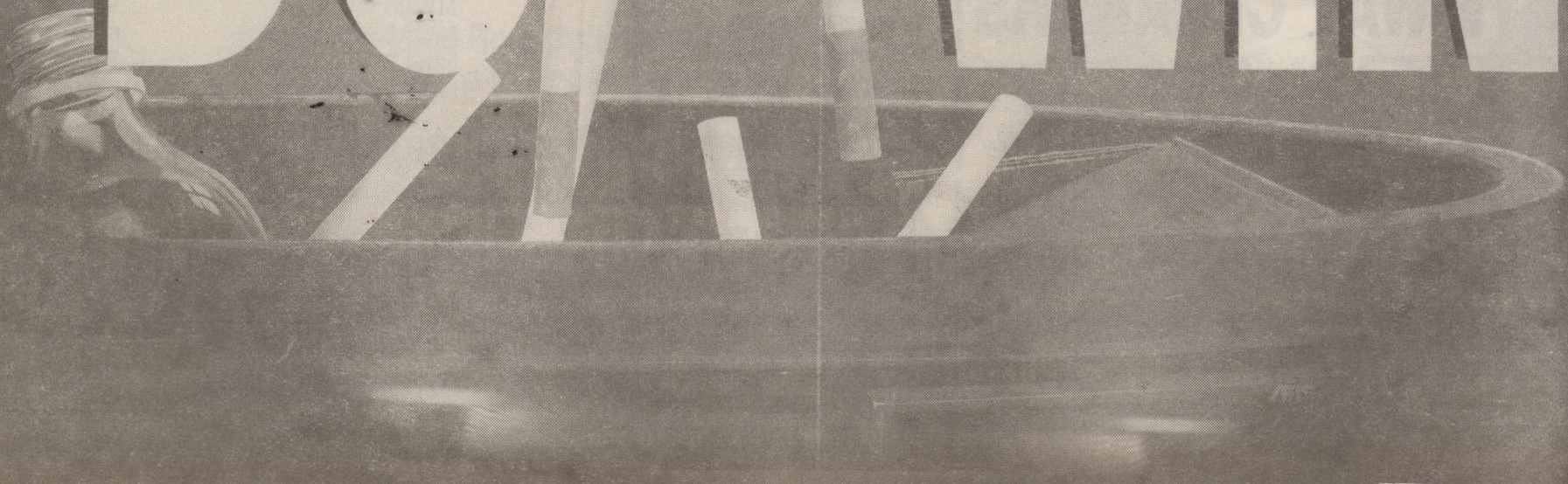
NORTH KOREA

QUITTERS



DO

WIN



AEROBIC EXERCISE

Developing Your Personal Aerobics Plan

You're convinced—aerobic exercise can strengthen your heart, improve your body's use of oxygen, and contribute to your overall health. So, where do you begin? First, find your target heart range (THR). Then, select aerobic activities that fit your physical condition, personal interests, and environment. Finally, make a commitment to exercise aerobically for 20-30 minutes a minimum of 3 times a week.

Finding Your THR




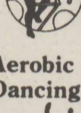

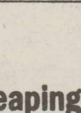
Your THR is the safest range of heartbeats per minute during exercise. To find your approximate THR, subtract your age from 220 and multiply the answer by 60% and by 80%. Aim for the low range when you first begin, gradually working up to the higher range. Count your heartbeats by taking your wrist or neck pulse for 15 seconds and multiplying the count by 4. If you have an existing medical condition or family history of heart disease, your healthcare professional can determine your best THR.

Choosing the Right Aerobics

With so many activities to choose from, you may not know which aerobics are best for you. In most cases, the best activities are those that you will enjoy and will keep up with. They are also the ones that are appropriate for your age and physical condition. The list of aerobic activities at right can help you with your choices.

Scheduling Time For Aerobics

In order to be effective, aerobics should be done for at least 20-30 minutes a minimum of 3 times a week. In less time than the average TV "sitcom" you can actively enjoy yourself while you improve your health. You can also find ways to fit aerobics into your busy schedule—walk during lunch, bicycle to work, invite a friend to a game of handball rather than out for drinks. It's a question of priorities. When you set fitness and health as a personal priority, you'll find time for fitness.

ACTIVITY	BENEFITS	DRAWBACKS
 Walking	Excellent overall conditioner; can be done by almost anyone.	Takes most people longer to reach THR; can be harder to fit into busy schedules.
 Jogging/Running	Excellent overall conditioner. Requires no equipment other than shoes.	Can stress bones and joints; can be too strenuous for beginners/overweight persons.
 Swimming	Exercises large muscles in legs, arms and chest; does not stress bones and joints.	Must have access to pool; may be poor choice for people with chlorine sensitivity.
 Bicycling	Exercises large muscles in legs; does not stress bones and joints.	Must purchase equipment; can be difficult to pursue in poor weather or in very hilly areas.
 Aerobic Dancing	Excellent overall conditioner; can be done in class and/or at home.	Requires instruction (class, videotape, etc.); high-impact can stress bones and joints.
 Handball/Racquetball	Excellent overall conditioner when done correctly; a social activity.	Requires partner, equipment and facilities; can be too strenuous for beginners.

Reaping the Rewards

Once you've made the commitment to a regular aerobic exercise program, you'll know that you're doing one of the nicest things possible for yourself—you're strengthening your heart, keeping your body in shape, and improving your quality of life. You'll have more stamina, a brighter outlook, and a sense of commitment and control over life that will enable you to handle life's daily challenges.

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Updates

Logistics plans tournament

The 64th Logistics Squadron will host a four-person best ball golf tournament at noon Saturday on the base course. Entry fee is \$25 per person.

Cash prizes of \$400, \$200 and \$100 will be awarded for first through third place. Door prizes will also be awarded, and food and beverages will be provided. Call TSgt. Richard Hamilton at 3797 or SMSgt. Mike Braskett at 3617 for more information.

Bowlers can win prizes

Reese bowlers can win prizes by taking part in the "Summer Punch Out" at the Windmill Lanes Bowling Center Thursday through Sept. 6. Prizes include a trip to Disneyland and a color television.

Stop by the bowling center front desk to sign up or get details.

Water aerobics under way

Water aerobics are held at 6 p.m. Mondays, Wednesdays and Fridays at the Sea Breeze pool. Cost is \$15 per month. Call Jake Trevino, Reese Physical Fitness Center, at 3207 for details.

Swimming instructions

Swimming lessons are held weekdays at 3 and 6 p.m. for beginners and 4 and 6 p.m. for intermediate/advanced swimmers.

The cost for each session is \$15 per student. Private lessons are \$5.25 each, with a five-lesson minimum. For details, call Jake Trevino at 3207.

Lap swimming moved

Lap swimming has moved from the Sea Breeze to Reese Beach. It is now held from 11 a.m. to 1 p.m. Monday, Wednesday, Thursday and Friday.

Open swimming at the Sea Breeze is 11 a.m. to 8 p.m. Tuesdays and 1 to 6 p.m. weekends and holidays. Call the fitness center at 3783 for more information.

Softball schedule

Monday

LS vs. Lockheed	5 p.m.
54th FTS vs. CS	6 p.m.
Navy vs. SPS	7 p.m.
CES vs. Navy	8 p.m.
CES vs. 35th FTS "A"	9 p.m.

Wednesday

MWRS vs. CS	5 p.m.
MWRS vs. 52nd FTS	6 p.m.
52nd FTS vs. SPS	7 p.m.
MSSQ vs. 35th FTS "A"	8 p.m.

Bowling center schedule

Tuesday: "Improve your average" league at 7 p.m.

Wednesday: Youth "no tap" league at 1:30 p.m.

Ongoing: Country club bowling program continues — participants receive a wide variety of special privileges. Call 3116 for details.

Bowling event planned

The annual Showboat Military Bowling will be held Aug. 8 through 12 in Las Vegas. Call Jake Trevino at 3207 for details.

BRITE-WAY CLEANERS

Laundry Special

Plain Shirts
\$1.09 each

Jeans
\$2.29 each

"The World's Greatest Dry Cleaning Process"
In 14 Locations

Hours for Your Convenience
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Coupon Must Be Presented
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Want Ads • Want Ads • Want Ads

Garage Sale

Friday and Saturday, July 9 & 10, 8 a.m. to 4 p.m., 207 Mitchell, in Reese Village. Bed frames and matching nightstands, Vacuum cleaner, clothes, file cabinet and other miscellaneous items. b7-9

1989 Chevy Cavalier RS

PS, PB, Cruise, tilt, AM/FM Cassette, 5 speed, new tires, \$4000. 1987 Cagiva 125cc, dirt bike \$400. Call Phil, days 885-3837, evenings 791-3569. b7-9

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Insurance Claims Welcome
SPECIALIZING IN
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Stereo Component System

For Sale: Pioneer receiver w/built in Dolby Pro Logic surround sound system, 110 watts per channel, 24 station preset, five band graphic equalizer, Pioneer dual cassette deck, Pioneer Six CD multi play disc player, remote included, Pioneer center and rear speakers, Sony rack and front speakers. System only three weeks old. \$850. Call 885-4795 after 5 p.m. b7-11n

Macintosh for Sale

MacClassic II computer and Apple Stylewriter Ink Jet Printer. Both in mint condition. Call 885-2175. b7-11n

-0- Move-In

OWN YOUR HOME

Call: Vickie
796-9903

John Nelson Real Estate

Mobile Traveler

1972 Dodge Mobile Traveler, Sleeps six, new 360 eng., brakes, exhaust sys, C.B., AM/FM/Cassette player. Only asking \$3950. Call 885-6535 or work 6531. b7-11n

Avon

Independent Avon Representative now in Reese Village housing area. Contact Kathy Kropp at 885-4657 for a book.7-30

Home Day Care Provider

Base sponsored Home Day Care provider has two full-time openings, as of Aug. 19, for children two years and older. Very structured fun loving environment. Call Paula at 885-3004. b7-9

CLOSEST KENNEL TO REESE

K-9 KENNEL - HORSE CARE CENTER & CATTERY
Alcove Rd. between W. 19th & 4th St.
Phone 792-1325
Hours - 8:30-5:30 Mon. thru Sat.
4 p.m.-8 p.m. Sundays

Sofa & Loveseat

Mauve sofa \$300, matching loveseat \$200. High quality and in excellent condition. Call 798-2467. b7-9

Carpet For Sale

Mauve Carpet, 12x11, new, never used \$75. Call 885-1451. b7-9

Health Cor, Inc.

Must be proficient with inventory, shipping, receiving and storage procedures 1-800-333-0023.

Health Cor, Inc.

WHS and driver positions 1-800-333-0023. b7-9

Beware

For more information and assistance regarding the investigation of get-rich-quick, work-at-home and other financial/business opportunities, The Roundup publisher urges its readers to contact the Better Business Bureau®, 1206 14th St., Suite #901, Lubbock, TX 79401 or Call (806) 763-0459. r1n

1986 Trans/AM

Fully loaded, t-tops, 5 speed, we cared for, only 66,324 miles, white exterior, red and gray cloth interior. Asking \$4850. Call 885-6535 or work 6531. b7-11n

Gigantic Multi-Family Garage Sale

Friday and Saturday, 9-4. Low, low prices. Sports cards - cheap. Furniture, electronics, children and adult clothes, household items. Don't miss this one. 100-102 Harmon Dr. b7-9

For Sale

3 piece living room set, blue country style pattern, 400. Dynastar snow skies 160, Salomon binding, Nordica boots size 7 with carrier \$75; Sears exercise rowing machine \$50. 885-2100. b7-9

For Sale

Full Size Sharp VHS Camcorder with battery, battery charger and carrying case. Multi-functional, including auto focus, 8x 200m lens, microphone, time and date display. Barely used, like new. Paid \$800 new, asking \$500. obo. Call 885-1190. b7-9

STORAGE PROBLEMS?

Colonial Self Storage
has the answer!
Call 765-6844
4602 Englewood

Playgroup

Mother of 3-year-old wishes to start a playgroup (moms talk, tots play), Thursdays 9:30 - 10:30 a.m.; Rotating house locations. Call Mary Beth at 797-0673. b7-9

Wanted: Babysitter

2 children base housing \$80-\$100/week 7 a.m. to 4 p.m. Monday through Friday until Aug. 13, Teenagers welcome. Call 885-3186. b7-9

Sectional sofa

Sectional sofa, modern, perfect for small living space, 3 pieces including corner table, earthtone, gorgeous, must see. \$360 or fair offer. 885-4206. b7-9

Century 21
John Walton Realtors®

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832-4856

David Sewell, REALTOR®

House For Sale

Spacious family home 3/2/2. Two living areas, lots of closets, updated kitchen. Over 1900 sq. ft. \$67,500. Also have 2 nice 3/2/2 vacant and ready. Under \$55,000. Marie Johnson, Realtor, 793-1427. b7-9

Jayco Popup

1991 Jayco Popup, used only 7 times. A/C plus extras. \$4200. 885-1829. b7-16

Stair Climber

Stair climber plus, comes with tape. Very good condition. Paid \$100, asking \$65. If interested, call 791-1740. b7-9

Planned Parenthood of Lubbock

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CALL FOR AN APPOINTMENT M-F

795-7123

Looking for something?

Check out the advertising offers in this issue of the Reese Roundup newspaper . . . for weekend entertainment, housing offers, etc.

Every week

the Roundup is distributed to Reese Air Force Base — to base housing, offices, the BX, Commissary, Dining Hall, Bowling Alley, Rec Center, and the Headquarters Building.

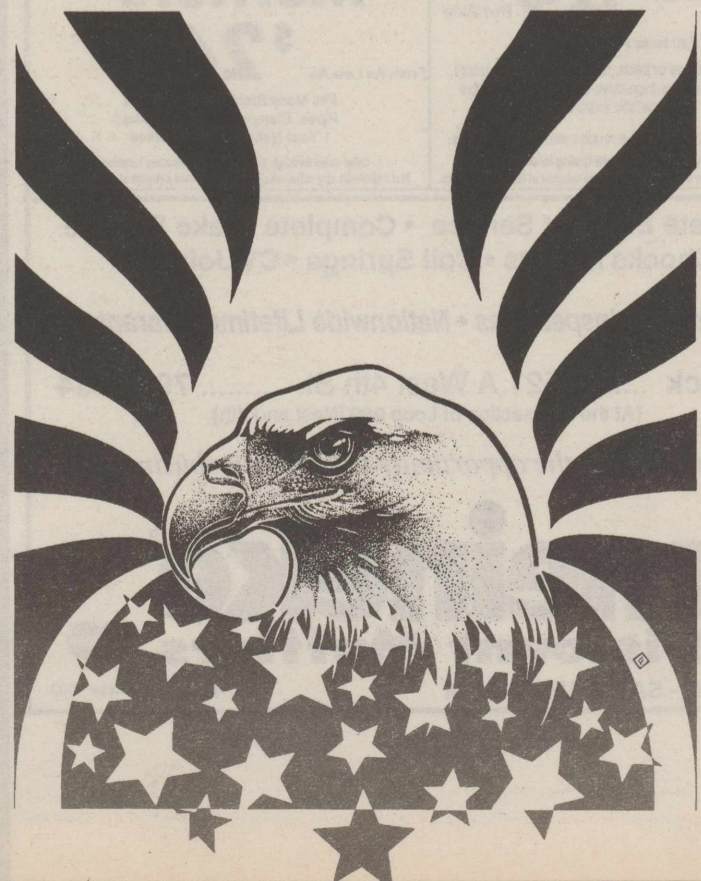
Every week the Roundup contains news of importance to Reese personnel.

Don't Miss This Opportunity

to get your message to this Special Audience.

To advertise in the Reese Roundup, call

797-3495



Food, Basketball "ShootOff," Give Aways (Jam Box!), Free T-Shirt

March of Dimes and Texas Department of Human Services are Giving Back to the Community by sponsoring:

"Yo, Baby, No, Baby - It's a Guy Thing"

That's right! It's a guys only workshop focused on health issues and pregnancy prevention.

This year's workshops are presented by MALE CONNECTION of Dallas, TX.

Guys, choose the best day for you to attend from:

July 23, Friday, 9 a.m. to 4 p.m.

Garden and Arts Center - 4215 S. University, Lubbock

July 24, Saturday, 9 a.m. to 4 p.m.

Garden and Arts Center - 4215 S. University, Lubbock

This second annual teen pregnancy initiative program jointly sponsored by March of Dimes and the Texas Department of Human Services is designed as an educational directive to make young male teens aware of their own bodies and health issues, as well as to make aware the fallacies of sexual myths and the responsibility of sexual activity.

This year the program, most widely known as "Yo baby, No baby," is more inclusive than ever! The workshops set for July 23rd and July 24th have included more dates for attendance, more coverage to surrounding Lubbock counties and communities, and more education and training to local professionals and volunteers.

The goal is to reduce the teen pregnancy rate by just one pregnancy, and to reduce the transmittal of sexual disease by just one unwanted disease and its effects. Any benefit other than these would be bonus.

Whether you have an exhaust, brake or suspension problem, come to Meineke. We can fix it.



Brakes \$49⁹⁵
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Mufflers \$24⁹⁵

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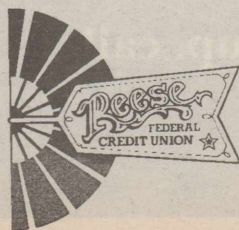
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