

*****5-DIGIT 79505
55 05-19-14 6P 4T
KNOX COUNTY DISTRICT
PO BOX 196
BENJAMIN, TX 79505-0196

THE KNOX COUNTY News-Courier

THURSDAY, AUGUST 22, 2013

KCNEWSCOURIER.COM

75 CENTS

Expert advises beef producers to have lease agreement

By Blair Fannin
Special to the News-Courier

Beef producers entering into a lease contract for grazing, use of breeding bulls or other business activities are advised to have a written agreement, according to a Texas A&M AgriLife Extension Service agricultural law specialist.

Tiffany Dowell, an assistant professor and agricultural law specialist with AgriLife Extension in College Station, told beef producers at the recent Texas A&M Beef Cattle Short Course, a written lease provides protection to both parties.

"Some of you may not think you need a written lease, but you will wish you had one if there is ever a problem," she said. "Additionally, in order to be legally enforceable, any real estate lease for a year or more has to be in writing."

Dowell advised to have limits in a lease. For example, if you lease property, Dowell said to be clear on what you are leasing.

"If the lease is for grazing and you want to reserve hunting rights, you need to have that spelled out," she said. "If the landowner wants to reserve the right to go in and inspect anything, then the landowner has to specify that in the agreement."

Additionally, a pasture lease should specify which tracts are included in the agreement.

"A legal description is good, but you may want to include additional information as well," she said. "For example, if you want to lease a specific pasture, but not the peach orchard in the back of the property, you need to spell that out."

The lease should also include provisions specifying who is responsible for maintenance items such as pasture shredding, fence repair, barn maintenance and other items that could become issues.

For cattle producers leasing bulls, Dowell advised to include liability issues in the agreement. For example, if a bull is injured during the time that he is being leased, it is a good idea to have provisions in the agreement to handle that situation.

See EXPERTS, Page 8



Brad Smith/Texas A&M AgriLife Extension
An agricultural law expert advises beef producers to get a grazing leases, bull breeding and other activities in writing.

4-H orientation slated for today

The Knox County News-Courier

The Knox County 4-H youth committee will host a parent and adult orientation meeting at 4:30 p.m. today at the Doug Meinzer Community Center.

This meeting is for all parents with kids in 4-H or wanting to be in 4-H. The county agents will be presenting the yearly plan for club meetings, discussing the 4-H Officers program, planning details for the upcoming sign-up event, and discussing the t-shirt design contest.

"Our program is built on volunteer support. We have a great plan laid out for this year, and we have made it easy to sign up for specific projects where parents can volunteer,"

See 4-H, Page 8

Tech researchers to study in the wake of the wind

By Karin Slyker
Special to the News-Courier

Wind farms may be operating at less than their potential, according to researchers at Texas Tech University's National Wind Institute.

In a two-fold study, Texas Tech research professor Brian Hirth and NWI director John Schroeder will use a \$385,000 grant from the National Science Foundation to work with wind farm operators in the Texas, Oklahoma, New Mexico and southwest Kansas region to study wind flows through various wind farms.

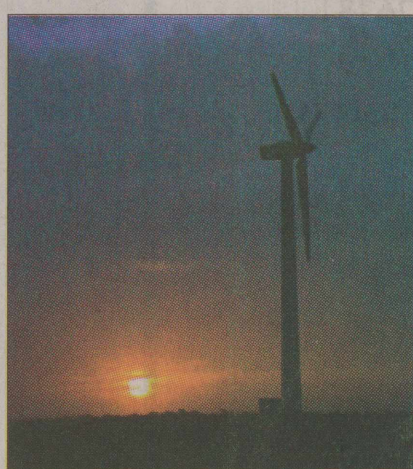
In addition to power, turbines also produce wake. The disturbance, while invisible to the naked eye, interferes with the atmosphere downstream. These turbine-to-turbine interactions along with other wind farm complex wind flows are poorly documented.

Currently, there is a shortage of real-time wind data fed into farm control systems, and individual turbines are limited in their response to rapidly changing wind conditions. The result can be damage to the turbines and a decrease in overall wind farm efficiency.

The proposal, titled "Building the Foundation for Smart Wind Farms through First-Order Controls Opportunities based on Real-Time Observations of Complex Flows," will utilize radar technology from last three years, Schroeder said.

Hirth said the radar measurements will provide accurate and timely wind maps that can be used in real time to transform how wind farms operate to ultimately improve their performance.

They will also track what happens to the flow field through



Courtesy photo
Texas Tech researchers are studying wind farm efficiency that could have an effect on a project slated for Knox and Baylor counties.

See WIND, Page 8



Wayne Hodgkin/The Knox County News-Courier
Fresh gravel was recently poured onto what will become the northbound lanes of U.S. 277 through the Bomarton community. The new four-lane, divided highway is being built in several phases between Knox and Wichita counties. The grain silos shown in the background will be razed to make way for the expanded highway.

U.S. 277 four-lane project trucking along

By Wayne Hodgkin
The Knox County News-Courier

Travel between Knox County and Wichita Falls soon will become less cumbersome — if not a little faster — as work continues on the four-laning project of U.S. 277 between Knox and Wichita counties.

State transportation officials say the long-awaited project is moving along on its expected timeline.

Adele Lewis, spokeswoman for the Wichita Falls district of the Texas Department of Transportation, said motorists can still expect construction work to continue at least for another two years.

The Wichita Falls district is responsible for designing and building the 57 miles of upgrade along the roadway, which when complete will be a four-lane divided highway.

"(Highway) 277 south of Seymour to the Knox County line started construction in March 2013," she said. "The contractor still has approximately 21 months on the contract. We expect it to be complete by May 2015."

The portion of the project north of Seymour began last September and, Lewis said, is expected to be finished by next May.

"There's seven more months left on the contract — at least," she said.

The bidding for the project's portion between Holliday and west of the Dundee community was let earlier this month, Lewis said.

"We have no details on when that particular project will start," she said. "That can't be decided until we meet with the winning contractor, but we estimate that that project will take 17 months to build."

The portion of the project from south of Seymour to the Knox County line cost state taxpayers \$11.9 million, Lewis said. The portion of the project north of Seymour to Dundee will cost \$10.5 million.

"There will be two pieces of the highway

left to upgrade," she said. "The last section is not funded yet, and we do not have a solid letting date. However, this portion is for four miles in Archer County. It will improve the roadway in and around Dundee."

U.S. 277 is a north-south highway that runs for 633 miles across Oklahoma and Texas. Its northern terminus is in Newcastle, Okla., at Interstate 44. Its southern terminus is in Carrizo Springs, Texas, at U.S. 83.

The highway's Texas route is concurrent with I-44 until it reaches Wichita Falls, where it splits off and travels in a west-southwest direction as part of a concurrency with U.S. 82.

The route picks up U.S. 183 and 283 in the unincorporated community of Mabelle, and the four routes continue into Seymour, where the other three routes split off again.

Route 277 continues in a westerly direction until reaching the town of Munday, where it turns southward again. It then passes through the towns of Haskell and Stamford before picking up U.S. 83 at Anson. The route continues into Abilene, where it crosses Interstate 20 before maintaining a short concurrency with U.S. 84.

Route 277 then splits off and travels in a southwesterly direction through rural areas, as the route approaches San Angelo and continues southwardly to just north of Del Rio, where it splits and runs southeastward roughly parallel to the U.S.-Mexico border and then eastward to Carrizo Springs.

When U.S. 277 was commissioned in 1930, it ended at the U.S.-Mexico border in Del Rio. It was extended southeast to its present terminus in 1952.

The original northern terminus was in Oklahoma City at its intersection with parent route U.S. 77 and U.S. 62. The northern terminus remained there until 1964 when it was truncated to its present terminus into Oklahoma City, which would become Interstate 44 in the 1980s.

Knox Notes

Events are listed free of charge for nonprofit civic organizations, schools and community events. Submit listings at least two weeks ahead of the date. Listings will run through the date of the event. Emailed submissions are preferred to kcnewscourier@gmail.com.

4-H orientation

The Knox County 4-H Youth Committee will host a parent and adult orientation meeting at 4:30 p.m. today at the Doug Meinzer Community Center. This meeting is for all parents with children in 4-H or wanting to be in 4-H. For information, contact Jerry Coplen or Lorrie Coop at 459-2651.

Munday pre-k classes

Munday Elementary offers two half-day classes for pre-kindergartners. The morning class is from 8 to 11 a.m. The afternoon class is from 12:30 to 3:30 p.m. Parents may drop off and pick up their children on the west end of the elementary building. To be eligible to attend, children must be 4 years old on or before Sept. 1. If you would like to register your child please come by the elementary school office. For information, call the school at 940-422-4341.

Beth Moore simulcast

Harvest Christian Fellowship, 211 N. Main, Seymour, will host a live simulcast of well-known Bible teacher and best-selling author Beth Moore's "Living Proof" for women Sept. 14. Registration begins at 8 a.m. with the simulcast from 9 a.m. to 4:15 a.m. Music will be led by award-winning contemporary Christian singer Travis Cottrell, and the message will be conducted by Moore all via live Internet stream. For tickets or information, call Jeannie Allbritton at 940-256-0988 or email her at tiptopcj@windstream.net. Also visit the Beth Moore Simulcast on Facebook.

Alzheimer's Support

The Munday Nursing Center sponsors a support group for Alzheimer's patients, caregivers, family and friends at 12:30 p.m. the second Tuesday of the month in Fellowship Hall at Munday First United Methodist Church. Bring a sack lunch. The next meeting is Aug. 12. Call Ronda Thompson at 940-422-4541 for information.

Gospel theater

"Saint John & The Televangelist" is staged at 7:30 p.m. each Friday and at 3 p.m. Saturday through Sept. 14 at the Ragtown Gospel Theater north of Post. Tickets are available and show information online at Ragtown.com or call Ragtown Theater at 877-724-8696.

Corrections

If you spot an error of fact, contact Editor Wayne Hodgkin at kcnewscourier@gmail.com.

News on the go



Use your smartphone to scan the quick response, or QR, code to visit us online.

Knox County News-Courier
Copyright 2013
Volume 36 No. 4
USPS 439-620



Office

121 E. B St., Munday
P.O. Box 151, Munday, Texas
76371

Phone 940-422-5350
Email knnewsCourier@gmail.com

PUBLISHER

William C. Blackburn

EXECUTIVE EDITOR

Wayne Hodgins

The Knox County News-Courier (ISSN 8750-6750) is published every Thursday, including holidays, by Blackburn Media Group Inc., P.O. Box 1260, Childress, Texas, 79201-1260. Entered at U.S. Post Office, Munday, Texas, for transmission through the mail as a Second-Class matter, according to an Act of Congress, March 3, 1879. Periodical Rate Postage Paid at Munday, Texas, 76371. Postmaster: Send address changes to The Knox County News-Courier, P.O. Box 151, Munday, TX 76371.

All material Copyright 2013
The Knox County News-Courier

It is the mission of this newspaper to promote the rights of individualism in the American Declaration of Independence. The right of life, liberty and the ownership of property are the cornerstone of freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

DEADLINES

Advertising: 5 p.m. Fridays
Editorial: Noon Mondays

SUBSCRIPTIONS

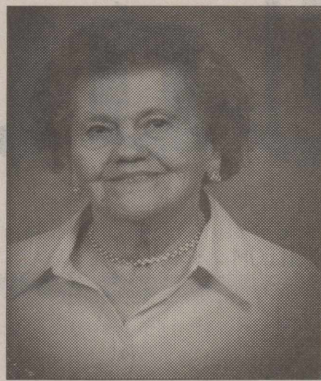
\$30 a year in the county
\$35 a year outside the county

Deaths

Mary Reddell

SEMINOLE — Funeral services for Mary Reddell, 83, of Seminole will be conducted Saturday, August 17, 2013 at 2:00 P.M. in the First Baptist Church with Rev. Darrell Marion officiating and assisted by Rev. Ned Nugent. Services will be under the direction of Ratliff Funeral Home of Seminole. Mary passed away Wednesday, August 14th in Seminole.

Mary was born March 21, 1930 in Haskell County, Texas to Lonzo and Bertie Poe. Mary and Leo Reddell were married September 2, 1950 in Munday, Texas. She was a member of the First Baptist Church, a homemaker and was a gin secretary. She was a devoted wife, mother, grandmother and great-grandmother. Mary delivered Meals on Wheels, started Gaines County Cotton Promo-



MARY REDDELL

tion Club in 1975 and was a member of the Seminole Memorial Hospital Ladies Auxiliary. Mary is preceded in death by three brothers and one sister.

Mary is survived by her husband of almost 63 years Leo Reddell of Seminole; three sons Greg Reddell and his wife Vida of Abilene; Lonnie Reddell and his wife Linda of Mile-sand; David Reddell and his wife Erin of Odessa; three

daughters Linda Blum and her husband Dennis of Snyder; Mona Schultz and her husband Chris of Plano; Christy Garner and her husband Charles of Seminole; two sisters Edith Broach and Betty Poe both of Knox City and 19 grandchildren and 11 great-grandchildren.

Pallbearers will be grandsons Dennis S. Blum, Kyle Blum, Aaron Reddell, Cade Reddell, Zachary Schultz, Caleb Schultz, Jordan Schultz, Charlie Garner and Quinton Garner.

In lieu of flowers the family suggests memorials be made to the American Cancer Society or the First Baptist Church of Seminole.

Family and friends visitation will be Friday, August 16th from 6:00 -8:00 P.M. at the Ratliff Funeral Home.

Knox Notebook

Noah Project North chooses new officers

HASKELL — The Noah Project North Advisory Committee met in the Haskell County Courthouse on Aug. 9. Those attending the meeting were: Susan Jarred, Dorothea Monroe, Tommye Jo Clark, Pam Norton, Louetta Wallace, Loutina White, Ben McGee, Freida Ivy, Pat Jenkins, and staff members Janis Brzozowski and Donna Sue Anders. Chairman McGee called the meeting to order and the previous meeting minutes were read and approved.

Anders gave the service area director's report for the month of July. Services were provided for 32 non-residents, including 13 adults and 19 children for 48 service days. She said 56 hotline calls were received requesting services and were victims of domestic violence. Seven volunteers worked for 11 hours.

Anders then presented the financial report, which was accepted as presented. She

said memorial donations were received in honor of Joe Bob King by Barbara Roberts and family and also in honor of Pat Cartright by Luke and Sheila Griffin.

New officers for the upcoming fiscal year were elected as follows: Chairman Tommye Jo Clark, Vice Chairman Ben McGee, and Secretary Pam Norton.

Fund raising events will be organized by Louetta Wallace, Susan Jarred, Debbie Earles, and all of the members helping as needed.

The "Taste of Country" will be Oct. 8 and the annual "Christmas Tour of Homes" will be Dec. 1. The annual dinner and entertainment will be April 26. Fundraising ideas were discussed and will be explored.

There being no other business, the meeting was adjourned.

Donna Sue Anders

The Paperboy

It's all in the way you start your day

How important is your attitude? From the viewpoint of a husband, dad and boss, it's huge. A good attitude could be the most important intangible we can have.

How you feel about yourself, your family and your job can be the difference between a good day and a bad day. Shoot, it can be the difference between success and failure.

You've probably heard of a life coach. You can think of a life coach as someone who uses techniques to aid you. A sort of mentor.



CHRIS BLACKBURN

I don't have a life coach. Or do I? Christ is well prepared to be my life coach. My wife can be his assistant.

Actually, that's a win-win. Both want what's best for me and my family and both love me unconditionally. That is mighty comforting.

Back to the topic — attitude.

The days I wake up ready to take the day head on and be productive generally turn out to be very good days. It's not that the events of the day are any different than the ones that occur on a bad day, it's just a fact your mind is right and you're not focusing

on the negative.

Case in point: Monday I woke up grumpy. Air-conditioning woes at the office added to my foul mood. As the day continued, the grumpier I got. It wasn't until late afternoon when my attitude changed.

My sorry attitude did me no favors at all and really hurt my production.

Despite a lack of rest, I woke up Tuesday feeling like I could whip a T-Rex. I was energized and determined I would not let anything keep me from having a productive and positive day and I would get my work team motivated to do the same.

I've learned that my relationship with the Lord is important in this endeavor. You can try and survive with the weight of the world on your shoulders, but you're much healthier if you allow Jesus to help you with your burden.

It's very important for me to have a good attitude and maintain it during the course of the day. It helps my family, it helps my employees and it helps my friends.

A good attitude allows me to be more patient, and it allows me to see things clearly. It also makes it easier to solve issues and communicate.

I don't want another day like Monday. In order to keep from having a bad day, I'm changing my morning routine to aid me in the process. Hopefully the net result will be a better and more effective me.

Christopher Blackburn is publisher of this newspaper and CEO of Blackburn Media Group.

Thanks for reading
The Knox County News-Courier

Simmons graduates Jacksonville State

The Knox County News-Courier

Benjamin Simmons of Knox City was one of 408 students awarded degrees during summer commencement exercises Aug. 2 at Jacksonville State University in Jacksonville, Ala.

The faculty led the processional and University President William Meehan

presented the degrees.

Commencement speaker was Pulitzer Prize-winning writer, noted journalist and former JSU student Rick Bragg. A 1992 Harvard University Nieman Fellow and former New York Times correspondent, Bragg has authored five books: "All Over But the Shoutin'," "Ava's Man," "The Prince of

Frogtown," "I Am a Soldier, Too: The Jessica Lynch Story" and "The Most They Ever Had."

Bragg teaches magazine writing and narrative non-fiction in the journalism department at the University of Alabama.

Wayne Hodgins

Texas Press Association
West Texas Press Association
WTPA.org

TANNING SHAK
121 E. B. St. Munday, TX
(In the Munday Chamber building)
Hours:
M-T; 1:00 p.m. - 7:00 p.m.
Sat, Sun, M, T and evenings by appointment
Mary Kay Independent Beauty Consultant
NEW CUSTOMER SPECIAL
With unlimited monthly tanning get a pair of free eye goggles and sample packet of lotion.
Prices: Single tan \$6 (includes tax)
3 tans \$15 (includes tax)
15 tans \$30 (includes tax)
Monthly unlimited tans \$45 (includes tax)

FBC
First Baptist Church
Munday, Texas
220 South 5th Ave.
Munday, TX 76731
P: 940-422-4559
Pastor Shane Kendrix
Service Times:
Sunday
Sunday School: 9:45 a.m.
Worship: 11:00 a.m., 6:00 p.m.
Wednesday
Awanas, Pre-K to 6th grade:
5:30 p.m. to 7:30 p.m.
Youth: 6:00 p.m. to 7:30 p.m.

The family of Edward Redder wish to express their appreciation for the kindness shown to him and us. The flowers, cards, the food and kind words will be remembered by us always.

May God Bless each of You.

Thank you,
Doris McNulty family
The Redder family

Come celebrate Robert Hosea's 85th birthday on August 24th from 2:00 p.m. to 4:00 p.m. at the Fellowship Hall at First Baptist Church in Munday. No gifts please, just bring a story or two you would like to tell or a picture or two you would like to show.

Check us out on Facebook!

Back to School
We have everything you need for Back to School, including Name Brand School Supplies!
Back to School Specials
Montana West Flip-Flops
(regular \$39.99) only \$25.00
Collegiate Items
Texas Tech, UT & A&M
25% off regular price
The Drug Store
is your local source for
HOME MEDICAL EQUIPMENT.
*Oxygen *Nebulizers *Respiratory Therapy
*Walkers *Lift Chairs *Wheelchairs
*Bathroom aids *Ostomy supplies
*Hospital Beds *Canes
*Diabetic supplies including diabetic shoes
Sale prices good August 22-24
www.haskelldrugstore.com
THE DRUG STORE HASKELL
864-2673 1-800-962-0743
Monday-Friday 8 a.m. to 6 p.m. Saturday 8 a.m. to 2 p.m.

THE NEW EPA BEE ADVISORY BOX On EPA's new and strengthened pesticide label to protect pollinators

Alerts users to separate restrictions on the label. These prohibit certain pesticide use when bees are present.

The new bee icon helps signal the pesticide's potential hazard to bees.

Makes clear that pesticide products can kill bees and pollinators.

Bees are often present and foraging when plants and trees flower. EPA's new label makes it clear that pesticides cannot be applied until all petals have fallen.

Warns users that direct contact and ingestion could harm pollinators. EPA is working with beekeepers, growers, pesticide companies, and others to advance pesticide management practices.

Highlights the importance of avoiding drift. Sometimes, wind can cause pesticides to drift to new areas and can cause bee kills.

The science says that there are many causes for a decline in pollinator health, including pesticide exposure. EPA's new label will help protect pollinators.

EPA

Read EPA's new and strengthened label requirements: <http://go.usa.gov/jHH4>

New pesticide labels will better protect bees and other pollinators

Special to the News-Courier

WASHINGTON — In an ongoing effort to protect bees and other pollinators, the U.S. Environmental Protection Agency (EPA) has developed new pesticide labels that prohibit use of some neonicotinoid pesticide products where bees are present.

"Multiple factors play a role in bee colony declines, including pesticides. The Environmental Protection Agency is taking action to protect bees from pesticide exposure and these label changes will further our efforts," said Jim Jones, assistant administrator for the Office of Chemical Safety and Pollution Preven-

tion. The new labels will have a bee advisory box and icon with information on routes of exposure and spray drift precautions.

The policy affects products containing the neonicotinoids imidacloprid, dinotefuran, clothianidin and thiamethoxam. The EPA will work with pesticide manufacturers to change labels so that they will meet the Federal Insecticide, Fungicide, and Rodenticide Act (FIFRA) safety standard.

In May, the U.S. Department of Agriculture (USDA) and EPA released a comprehensive scientific report on honey bee health, showing scientific consensus that there are a complex set of stres-

sors associated with honey bee declines, including loss of habitat, parasites and disease, genetics, poor nutrition and pesticide exposure.

The agency continues to work with beekeepers, growers, pesticide applicators, pesticide and seed companies, and federal and state agencies to reduce pesticide drift dust and advance best management practices. The EPA recently released new enforcement guidance to federal, state and tribal enforcement officials to enhance investigations of beekill incidents.

More on the EPA's label changes and pollinator protection efforts can be found at epa.gov.

Seymour church to host Beth Moore global simulcast

The Knox County News-Courier

SEYMOUR — Well-known Bible teacher and best-selling author Beth Moore's Living Proof Live event will be simulcast from Harvest Christian Fellowship Church on Sept. 14 and hosted by the church's Women's Ministries division.

"I have served in women's ministry for over 20 years now, and there is just no other event like Living Proof Live," Women's Ministry director Missy Kintzel said. "It is one event our women do not want to miss."

Living Proof Live, sponsored by Nashville-based publishing company LifeWay Christian Resources, will feature Moore's dynamic storytelling and passionate Bible teaching.

The event, which is now in its 15th year, both challenges and encourages women to grow deeply in their faith. Join 250,000 women around the world for this live, global, Internet-streaming event. The simulcast gives your church a front-row seat to one-of-a-kind Bible teaching and life-changing worship.

Moore has authored dozens of published Bible studies, books, and devotionals specifically for women for nearly two decades. Her latest LifeWay-published release, "James: Mercy Triumphs," is a Bible study that equips women to put their faith in action. Moore's organization, Living Proof Ministries, is based out of Houston.

Dove-award winning musical artist Travis Cottrell, who also serves as worship pastor of Englewood Baptist Church in Jackson, Tenn., is slated to lead worship for the event.

Registration for the Sept. 14 event begins at 8 a.m. with the simulcast starting at 9 a.m. and ending at 4:15 p.m.

Ticket information is available by calling Jeannie Allbritton at 940-256-0988.

Wayne Hodgins

NEWS RELEASE

Special Education Child Find
3-5 year olds
Screening dates set

ATTENTION PARENTS:
If you are a resident of any of the following school districts:

- Benjamin ISD
- Knox City-O'Brien CUSD
- Munday CUSD
- Paint Creek ISD or
- Rule ISD

Haskell-Knox Shared Service Arrangement in cooperation with the school districts it represents (see above) are holding some screenings for children 3-5 years of age whose parents have concerns of the developmental level(s) where their child functions.

If you have concerns in any of the following areas* with your child who is 3 or older and not yet in kindergarten:

- *Mental
- *Learning
- *Speech
- *Motor, and/or
- *Emotional skills...

Please call HKSSA to set up an appointment. The office number is 658-3587.
Knox City ISD - Benjamin ISD - August 13th & 14th
Munday ISD - August 22nd & 23rd
Rule and Paint Creek - Contact office

Once an appointment time is set, you will be asked to bring your child's birth certificate, social security card and immunization record with you and the child on the day of the appointment.

If your child is under the age of 3 years old and you have concerns with their development; then you are encouraged to contact Little Lives - ECI @ 1-800-852-2193 for their program.

Crop, weather report

Much-needed rainfall fell across parts of the region early Friday morning, with amounts ranging from 1.5 to 3.5 inches.

Cotton was looking good but needed warmer weather as most fields were in full bloom. Some late-planted cotton was still behind in maturity. Farmers had a bumper crop of weeds.

Cattle remained in good condition, as did most rangeland and pastures. However, some area lakes and tanks across the Rolling Plains still are in need of a really big rain to fill them up.

Hay production was proceeding better than expected. Farmers were preparing fields for planting winter wheat. Grasshoppers remained a nuisance, but weren't as bad as they were a year ago.

Robert Burns

REID'S CONSTRUCTION Co.

Knox City, Texas 79529
Cell 903-204-3706

"The only job worth doing, is the one well done"

Our Trade Skills:

- Carpentry •Woodwork •Painting
- Texture •Tile •Flooring
- Electrical •Decks •Roof repair

Safe and Sound[®]
Storm Shelters
Inground and Above Ground
(Constructed to the specifications of FEMA and ICC-500)

"One Company, One Job, One Price!"

Jim Reid, Owner

CHECKING THESE VITAL SIGNS CAN SAVE A LIFE.

➔ Drive FRIENDLY. Drive SAFE.

The North Central Texas Municipal Water Authority will hold a meeting at 7:00 p.m.

On September 10, 2013 at North Central Texas Municipal Water Authority, 135 North Munday Avenue to consider adopting a proposed tax rate for tax year 2013.

The proposed tax rate is **.09643** per \$100 of value.

BACK TO SCHOOL Drive

Give back to local schools and let Santa Rosa give back to you!

Donate basic school supplies to the school district of your choice and receive waived standard installation on any new or additional SRTC service.

A complete list of school supplies needed can be found at all Santa Rosa Offices, online at www.sraccess.net or on Santa Rosa's Facebook page. Donations accepted at all SRTC locations.

SANTA ROSA Telephone Cooperative Some restrictions may apply. Services where available. Up to three connections waived, additional connections \$20 each.

VERNON OFFICE 7110 US Hwy 287 E Vernon, TX 76384 (940) 886-2217 (888) 886-2217	HASKELL OFFICE 113 N Ave. D Haskell, TX 79521 (940) 863-1125 (888) 863-1125	SEYMOUR OFFICE 310 W California Seymour, TX 76380 (940) 889-1125 (877) 889-1125
---	--	--

ask@sraccess.net

LEGAL NOTICE

NOTICE OF PUBLIC HEARING

The Commissioners Court of Knox County, Texas will hold a public hearing to receive comments or questions of the public regarding its pending budget for the Fiscal Year 2013-2014 on Wednesday, September 4, 2013 at 10:00 a.m. in the Assembly Room located in the County Courthouse, Benjamin, Texas.

The proposed budget is on file in the County Clerk's Office and may be viewed Monday through Friday from 8:00 a.m. to 5:00 p.m.

The Commissioners Court recommends adopting the Effective Tax Rate which raises the same or less total property taxes than last year's budget.

Handicapped persons needing assistance should contact the governmental office before the meeting.

Travis C. Floyd
County Judge

RIKE Real Estate LLC

415 S. First Street
Haskell, Texas 79521
940-864-2411 • 325-370-6572
www.rikerealestate.com

Mary Rike, Broker
mary@rikerealestate.com

Megan Cox, Agent
megan@rikerealestate.com

John Rike, Agent
john@rikerealestate.com

REAL ESTATE SEALED BID SALE

Rike Real Estate LLC has been appointed by the Sellers as the Listing Agent of three (3) farms by sealed bid sale, surface estate only. Farm one consists of 160 acres (+or-) and is located 3.0 miles NW of downtown Haskell on FM Rd 2163. Farm two consists of 93.5 acres (+or-) and is located 1.9 miles NW of downtown Haskell on FM Rd 2163, then .9 miles W on CR 104. Farm three consists of 682 acres (+or-) and is located 10.2 miles S of downtown Haskell on U. S. Highway 277. The headquarters gate is on the W side of the highway. The three farms will be bid on by sealed bid and sold separately. Each party to the transaction will pay the normal buyer-seller closing costs. The farms will be sold based on the number of acres in the deed records of Haskell County, Texas. If a survey is required by the selected bidder(s), the survey costs will be a buyer's expense. Bidding will begin MONDAY, AUGUST 19, 2013 and end FRIDAY, OCTOBER 4, 2013, at 5:00 P.M.

THE SELLERS RESERVE THE RIGHT TO REJECT ANY AND ALL BIDS. CONTACT RIKE REAL ESTATE LLC, 415 S. FIRST STREET, HASKELL, TX 79521, TELEPHONE NUMBER 940 864 2411, FOR MORE INFORMATION AND/OR A SEALED BID PACKET.

Benjamin News

By Gladene Green

It's here! The last week of summer vacation for students, teachers, (and parents). School begins next Monday, and I think everything (and everyone) is ready for that first day. I think the staff is completed, and they are already up there getting things in order. The summer seemed very short to me—seems like it's been only a few days since everyone was eagerly awaiting the last day of the last school year. Time does rush by!

The news is pretty sparse again this week. Either not much is going on, or I'm not aware of it. We do have some news of those who are still on our ailing list, although all seem to be improving. Randy Barnett is continuing therapy at home after knee surgery a while back, and though still pretty well "confined" he is much better. Probably won't be too much longer before he's out and about.

Betty Lyles called on Saturday, and she's making progress back to normal activity after breaking her arm about six weeks ago while she was at her daughter, Judy and John Robinson's home in Sherman. She has the cast off and now just wears a soft brace when she's using that

arm very much. It was good to hear from her and know she's improving.

Philomae Roberson continues to improve after a pretty uncomfortable several weeks with pain in her leg and hip, plus cataract surgery on both eyes—two weeks apart. She's still taking life pretty easy as she has no desire to "undo" what's been done to aid in her recovery, which consisted mostly of rest. Encouraging news on our friends is always good to report.

Here 'n' There

Will Moorhouse of Snyder spent the weekend with his parents, Mike and Debi.

Cody Propps has been here a few days visiting with family and friends before beginning the fall semester at Tarleton State in Stephenville. I talked to him Friday, and he was going to Munday to help coach the girls volleyball team. They were in a tournament in Bryson. Since he plans to become a coach, that's good experience for him.

Dee Stamps, former Benjamin resident, passed away last Wednesday morning after several months' battle with pancreatic cancer. He was in hospice care in a facility

in Lubbock at the time of his death. His wife, Mary, preceded him in death. His survivors are children, Ricky, Jerry, and DeAnn, several grandchildren and great grandchildren, and one brother. His funeral was Friday in Post, where he had resided several years. My sincere sympathy goes to his family.

Mike and Debi Moorhouse were in Lubbock Sunday to visit his mom, Bobbye, (who lives in Seymour), in a hospital there. She has a bad back fracture caused by a fall at her home, and is to have surgery today to correct it. We wish her the best with her recovery.

I visited with the former Eloise Martinez (married name not known) on Saturday. We went to school together. She lives in the Fort Worth area and was here to attend the 65th wedding anniversary party for her sister and brother-in-law, Eva and Joe Flores, of Knox City. It was good to see her.

My sympathy to the family of Ruedel Roberts today, who passed away Friday at the Munday Nursing Center. Her funeral services are pending at this time with McCauley-Smith in Munday.

Gladene Green is the longtime Benjamin correspondent for the Knox County News-Courier.

Business Directory

Want to place your business card in our directory? Call 888-400-1083

Turner Home Improvements

Heath Turner

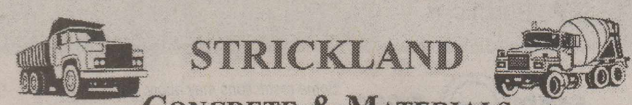
PO Box 380 • Knox City, TX 79529 • 940-256-3475 (cell)
Heathturner96@yahoo.com

New construction	HVAC
Remodels	Plumbing
Dry wall	Privacy Fencing
Flooring	Welding
Electrical	Home Theatre Installations
	& much more



*This space
available!*

**Advertise your
business HERE!**



STRICKLAND
CONCRETE & MATERIALS
Ready Mixed Concrete ~ Sand & Gravel ~ Cement
Materials Trucking ~ On Site Portable Plants

WES STRICKLAND
President

175 Bus. Hwy. 277 South	940-864-2677 Office
P.O. Box 123	940-864-2969 Fax
Haskell, TX 79521-0123	940-864-4640 Cell
stricklandconcrete@aol.com	325-773-2306 Dispatch

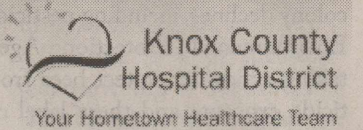
Carrie S. West
Financial Advisor

Edward Jones
MAKING SENSE OF INVESTING



112 N Washington
PO Box 408
Seymour, TX 76380
Bus. 940-888-1032
Cell 940-256-0990
carrie.west@edwardjones.com
www.edwardjones.com

Knox County Hospital
Munday Clinic / Knox
County Hospital Clinic
Knox County Home
Care
Knox County EMS
Seymour Medical, INC.
Knox County Pharmacy & Supply
Munday Nursing Center
Physical Therapy / Speech Therapy / Cardiac Rehab



940.657.3535 • 940.657.5521
www.knoxcountyhospital-texas.com

FIVE STAR CONSTRUCTION

940-657-4777 940-657-3483 940-256-2387 Construction
Office - Day or Night Five Star Services 7:00-5:00 940-256-2790 Cell Numbers
Services

• Roustabout Crews	• Cement Work	• Welding (Shop or Mobile)	• Haul Truck
• Pipe/Casing Drilling	• Fiberglass Repairs	• Generators and Light Plants	• Trash Trailers
• Poly Pipe Retrieval	• Dump Trucks	• Porta-Johns	• P&L Lining
• Layout Trailer	• Backhoes		• Rental Equipment
• All Types of Fencing	• Hot Shots		• Pipe Trailers and Flots

Shortes, INC.

Complete Oilfield Construction

658-3576

PENMAN SERVICES LTD

940-658-3513

CitizensBank N.A.

www.citizensbank-texas.com

(940) 658-3527
110 North 2nd St.
Knox City, Texas

FDIC

PBH OILFIELD SUPPLY

Charlie Pierce & Michael Bartley

940-658-3559

Air Ag, INC.

Stan Wojcik

Complete Aerial Applications and Helicopter Service

940-658-3744

ALL STAR SAFETY

940-256-2790
940-657-3483

OSHA Compliant Classes
H2S Awareness Training

CITY MOTEL

RV Park & Restaurant
On-Site - Dipak & Hansa

940-658-3541

Bill Stewart Insurance Services

Office (940) 658-3211
Fax (940) 658-5509
Mobile (940) 256-2394

Crop Hail • Fire • Auto • Homeowners • Life • Hospital • Liability • Workers Compensation • Bonds • Farm Equipment

P.O. Box 99 • 700 E. Main • Knox City, TX 79529-0099

Lynn Electric Motor Co., Inc.

1011 Main St., Knox City
940-658-3511

TECL # 18951/ 58587KPT

SUPPLY HOUSE

940-658-3389

FIVE STAR SERVICES

TIRE • LUBE • WASH • DETAIL • STEAM CLEANING

940-657-3483

Lewis Paint & Body Shop

"In Loving Memory of Sterling Lewis"

CLINT LEWIS
Owner

DU PONT INTERSTATE BATTERIES

(940) 658-3342

106 North 2nd
Knox City, Texas 79529

WE TAKE THE DEW'S SOUT OF ACCIDENTS Excellence Since 1952

Lawrence Brothers

Knox City
940-658-3715

*Advertise your
business here!*

Call 940-422-5350

Assignment: Texas The Build - Part 1

I've always been an adventurer and have never been afraid to do things on my own. In fact, three years ago I decided that I wanted to build my own home and on a small patch of ground in Northeast Texas, I did just that.

That project was a hybrid of sorts. I played general contractor and did all I could to build the house and hired the pieces that I couldn't. In a nutshell, I did the floors, pulled wire for the electrician, dug water lines with rented trenchers, hung the cabinets, hung sheetrock, and set all of the water fixtures. I hired crews to do the rough framing, install the metal roof, tape, bed, and texture the sheetrock, paint the inside, do the finish wiring and plumbing.

In the end, I had a small home with high end fixtures that I spent about \$52 per square foot to construct.

After that project was complete, I really wanted to take what I learned and apply it to my permanent home. So about a two years ago my wife and I put our home in town up for sale and started the process of embarking on the biggest project of our lives.

It's no secret that the housing market is tough and after a year and a half on the market, we finally closed the sale of our home in late June of 2012. After a lot of research and looking at comps, we priced our house where we thought it would be competitive in the marketplace but dropped the price three times to spur interest. On our last price drop we hit the local pricing equilibrium and had two offers in the same week.

With a quick close, my family and I had to pack fast and find a rental home for the interim. After three weeks settling in to the rental house, construction began on the

new place.

Finding A Style

We spent many nights debating a home style. Essentially we looked at a ton of home plan sites on the web like houseplans.com and watched for homes that we liked wherever we traveled.

We found some really great designs in the process.

In our planning, we wanted to save money by using a stock plan that suited all of our needs. As such, we thought that hiring an architect to design a new home would be, at least for us, a little frivolous.

Early on Kristy and I had many conversations about what we wanted in a new home. While we would often dream big, the practical and financial realities of building a new place always hung over our heads. In the end, deciding on a design came down to a few basic ideas:

The home needs to be rural

I grew up in the country and while I still spend a lot of time in rural areas, I've officially lived in town (a small town of 5,000) for the past 19 years. Therefore, I am ready to head back to my roots and I want to move my kids to the country while they are still young. There's plenty of reasons why I prefer country to town living. Suffice it to say that we just need more room to stretch our legs.

The home needs to be affordable

This one is tricky. All my life, I've tried to spend my money wisely and protect what I have, financially speaking. While I am not rich, we've been able to live a mostly debt-free lifestyle and live within our means. Save for a house payment,

we've been able to purchase just about everything by cash. Our credit is good and we qualify for a substantial loan but I always would ask myself, "Do we want a big loan?"

At this point in my life, I'd rather have little or no house payment than to build a huge home than be on the hook for \$1000 or more per month over the next 15 to 30 years. Therefore, affordability was a big issue in our decision.

The home needs to have some resale-ability

Maybe I'm a little burned by selling our last home but that process took an agonizing year and a half. The longer it took to sell the house, the more I was willing to go smaller. I have no plans to sell the new place but if I ever did, I want to have a fighting chance at moving it in a reasonable amount of time.

In my opinion, there is an invisible ceiling in our local home market. Once you have a place that's priced above the ceiling, the chances of it selling go way, way down. Therefore, when we were deciding on a home plan, re-salability was close to affordability on the list of criteria.

A Design that Fits

Ultimately when you throw in all the criteria, the home has to have some design considerations that match both mine and Kristy's sensibilities - more on that later. The home had to look like it fits in a rural setting. That played a big part in looking for an appropriate home with a style that looks "country."

Any questions or comments? Contact Russell at russell@russellgraves.com or visit his website at www.russellgraves.com

The 501 Sicilian escape from cyber spies

Everybody's seen the movie "The Godfather." Everybody but me. I've never wanted to see a severed horse's head in someone's bed.

When "The Godfather" ran last week on television and I started watching, it was post-horse head. I kept watching.

What a movie, especially what they shot in Sicily, assuming it was Sicily. It wasn't Monument Valley, where they shoot Texas stuff. The architecture fit my idea of Sicily — red tile roofs, bullet-pitted plaster walls, pale and flesh-toned peeling paint, buildings clinging together on little mountaintops. Indeed, if you leave this

country to find a Sicilian-type movie setting, it makes good sense to make it Sicily. You'll eat well.

In New Orleans, where I once lived and ate, Sicilians are very much behind the food scene, whether it's an Italian-stuffed artichoke or some French dish executed (pun intended) per Sicilian culinary standards. Good.

Someday I'd like to go to the source and dine in the shadow of Mount Etna. If only I could talk my husband, Hugh, into a Mediterranean cruise, destination Sicily — or even a short ferry ride there from the very toe of Italy.

Interestingly enough, Hugh once lived in Sicily. It's where the military sent him. It wasn't paradise, but it beat Vietnam. He has fond memories of Mama Ilio's, a pizza place near the entrance to the naval air facility at Sigonella. A student of architecture, he also took note of monumental ruins from the early centuries of Greco-Roman architecture. The ruins are still there, but they're everywhere else too. Whether I ever get him back to Sicily may depend more on Ilio's. Chances are, the place has closed.

Google Ilio's, and you'll find a pizza place named Iolis' in Carmel, Calif. Close but no sigaro.

I even changed my search language preference to Italian in hopes of finding Mama Ilio's. My research still turned up only one "Ilio's" reference from a military guy from Hugh's era. (Besides the pizza, he remembers a fist fight.)

Meanwhile, although my personal computer knows I'm an English-speaking American, Google is now thoroughly convinced I'm Italian, and that's that. I can't reclaim my native tongue. I've tried. Finito.

NEXT DAY.

Hmmm. Now Google has decided I'm American after all. Overnight the cyber spies must have analyzed me and switched me back to English.

If I were given to paranoia, I'd feel threatened. Instead I feel important. OK, call me delusional.

Regarding delusions, is there a better place than the Internet for cooking up new ones? Throw the National Security Agency and the Sicilian Mafia together, and you've got quite a recipe: one part All-Seeing Eye, one part Cyclops. (Don't think about that too long.)

Just the thought makes me want to escape to someplace far away, specifically to Sicily, even if it didn't work out so well for Al Pacino-Michael Corleone.

If Hugh won't go with me, I'll stay home and watch those other two "Godfather" movies.

I can also work on ways to keep my spies confused. Au revoir.

Hanaba Munn Welch is a columnist and contributor to the Blackburn Media Group family of newspapers.



Russell Graves and family.

Courtesy photo

The Proud Sponsors of the Knox City Greyhounds

Advertise here! Call (940) 422-5350 for more information!

Five Star Construction
(940) 657-4777 • (940) 657-3483

Lynn Electric Motor CO., INC.
1011 Main St. • (940) 658-3511
Scott Lynn
TECL #18951/58587KPT

Bill Stewart Insurance Services
O (940) 658-3211 • M (940)-256-2394
700 E. Main Street

Skyrey Oilfield & Construction
307 South Central • 940-256-0058

Penman Services LTD
658-3513

Knox County Hospital District
(940) 657-3535 or (940) 657-5521
www.knoxcountyhospital-texas.com

Jeremy Eaton Equipment Services

Pumpers Supply & Equipment
658-3260

Abundant Life Christian Fellowship
Knox City, TX

MOGUL CHEERLEADERS



Mary Murphy Photography

The 2013 Munday Mogul cheerleading squad is (front, left to right) Tiffany Serrato, mascot Kimberly Shahan, Tatum Bufkin, Kaylan Urbanczyk, Raci Dillard; (back, left to right) Janie Salinas, Yadi Gonzalez, Rebecca Serrato.

Proud Sponsors of the Munday Moguls

Kandis Longan, Owner
940-422-8600

Casablanca
boutique
shopcasablancaboutique.com

110 W. Main Street
Munday, TX 76371

Farmers Grain
CO-OP

940-422-4822

Knox County
Hospital District
Your Hometown Healthcare Team

Knox County
Home Care

940-657-3013

RAS
Trucking

422-4501

Booe
ROOFING

940-422-4500

PENMAN
Conoco Services

Munday
422-5567
Knox City
658-3513

Munday Tire
& Appliance

Shahan Bros.

940-422-4821

Buds For You

422-4712
**Furniture &
Decor at
Bud's #2
on Main**

Jim Cowser
Appraiser

940-422-4931

Li'l Red Hen
Bakery & Cafe

210 Main St., Munday, TX 76371
(940) 203-1943
Tue-Fri 8am-2pm
and Collectibles
Catering & Holiday
Baking

CATHOLIC LIFE INSURANCE

For Term, Universal Life,
Whole Life Plans
Final Expense
Annuity IRA Plans

Alvin Jungman, FIC
940-888-2069

First
Bank ★ Texas

Munday Office

111 South Munday Ave. • (940) 422-4522

Knox County
Hospital District
Your Hometown Healthcare Team

Munday Clinic

940-422-5271

QUALITY IMPLEMENT CO.

940-422-4534

The
Movement
Space

A Pilates & Dance Studio

940-421-3269

CHARLES BAKER
INSURANCE

422-4722
Agent: Jan
Searcey, CIC

CAPITAL
FARM CREDIT

FCS

940-422-4323

Knox County
Hospital District
Your Hometown Healthcare Team

**Knox County EMS -
Munday Station**

940-422-4929

Proud to support
the Munday
youth!

Blackburn Media
Group

PETTY

FLYING SERVICE

800-687-3371 • www.pettyflying.com

THIS SPACE
AVAILABLE!

THIS SPACE
AVAILABLE!

Messner
Photography

A+
AUTO & FARM
SUPPLY

940-422-4400

Glenn Herring
INSURANCE AGENCY

940-422-4359

LAWRENCE
BROTHERS
SUPERMARKET

940-422-4133

Carden
Plumbing &
Electric

940-422-4415

Books
Are
Fun

203-0285

Mary
Murphy
Photography

940-673-8269

Knox County
Hospital District
Your Hometown Healthcare Team

Munday Nursing
Center

940-422-4541

The Idle American Various states of mind

Repeated ads help us remember the mind is a terrible thing to waste. They are handy to have around, though, if only for misplacing, blaming, changing and/or wandering.

In later years, minds tease us mercilessly, often spotlighting recall of long ago events, but insist on "taking the fifth" on occurrences during the last day or two.



DON
NEWBURY

They take leave without notice, often without leaving forwarding addresses, and are known for lapses that can stretch into minutes, or even until the next day. It makes the mind no difference if a finger, ready to puncture the air for emphasis, seems frozen in time while the numbness of mindlessness turns us into mimes

We seniors kid much about our minds. We joke about their abandoning us when we need them most, but in one respect, we ask for it.

After all, we strive to keep "body and soul" together, but what about the mind? It's as though our minds may be out to lunch at any hour of their choosing, exempt from duty at any specific time.

So, minds flit about like butterflies. They, uh, seem to have minds of their own

At our house, where we've begun marriage year number 48, mind games prevail. When the wife has a memory lapse, fails to remember the grocery list or forgets myriad other things, an oft-heard excuse provides a ready "crutch."

"It's the anesthesia," she sniffs, citing major surgery performed more than four years ago.

My excuse is just as good — or maybe better. "Senility is wonderful," says I. "You've already worn that expression out today," she snorts, "and we're just now finishing our second cup of coffee."

We have the oldest minds on our cul-de-sac, with younger families in the other nine homes.

The youngest couple, probably 35-ish, moved in recently next door and just had their first baby.

My wife prepared a nice chicken dish soon after they brought the baby home, and my only duty was to carry it next door, ring the bell and wish them well

I changed the script. When Dad answered the door, I asked, "How does your garden grow?"

Over the years, I've begun numerous conversations with these exact words. Often, they have elicited recitation of the next line: "With silver bells and cockle shells and pretty maids in a row."

This time, though, they triggered no response. Mother Goose never had a blanker look, even on her worst day. He cocked his head, mumbling that they don't have a garden

Feebly, I told him it was a line from a nursery rhyme remembered from my cradle.

Then, blankness set in. I couldn't think of which rhyme. So, I started guessing. "Oh, surely you remember 'Mary Had a Little Lamb,'" I muttered, reciting several lines before realizing there are no garden references in it. Then I tried "Humpty-Dumpty."

He smiled weakly and took the dish inside. I returned home, blushing profusely. Brenda asked why, so I told her the painful story and was informed this line is from "Mary, Mary, Quite Contrary."

Maybe we're being optimistic when claiming to have "half a mind" to do something. Sometimes when we're in the middle of a story, only to hit a "senior moment" that leads to silence, we'd kill to have even half a mind.

"When that happens to me, it drives me crazy," a golfing friend said.

I answered, "That's not a drive, that's a putt."

We own two rescue dogs of questionable lineage. They have little to do beyond providing accompaniment for chair naps, eating, sleeping and taking rides in the car.

Surely they don't need help remembering what they seem to do automatically.

However, a big display at the store today gives me pause. Offered were \$30 pet beds with — get this — memory foam pads. Even worse, my wife wanted to buy a couple, and probably will on her next shopping foray

Our lapses give grandchildren something to joke about.

A few days ago, one of our "grands" couldn't think of the name of a new app he wanted for a computer game.

"You'll just have to forgive me, Poppy," he said. "I'm having a junior moment."

Don Newbury, former chancellor of Howard Payne University in Brownwood, is a Christian humorist and motivational speaker.

Nancy's Notions Sleeping for success

Sleep, or lack of it, is probably the most-discussed aspect of child care. How much is enough? According to KidsHealth.org, it all depends on a child's age. Charts that list the hours of sleep likely to be required by a 9-year-old may cause concern when individual differences aren't considered. These numbers are simply averages reported for large groups of kids of particular ages.



NANCY
MCDONALD

There's no magical number of hours required by all kids in a certain age group. Ten-year-old Patty might sleep from 8 p.m. to 7 a.m., whereas 10-year-old Johnny is just as alert the next day after sleeping from 9 p.m. to 6 a.m.

Still, sleep is very important to kids' well-being and thus, success in school. The link between a lack of sleep and a child's behavior isn't always obvious. When adults are tired, they can be grumpy or have low energy, but kids can become hyper, disagreeable, and have extremes in behavior.

Most kids' sleep requirements fall within a predictable range of hours based on their age, but each child is a unique individual with distinct sleep needs. Here are some approximate numbers based on age, accompanied by age-appropriate pro-sleep tactics.

Preschoolers naturally sleep 10 to 12 hours per night. A preschool child who gets adequate rest at night may not need a daytime nap. Instead, a quiet time may be substituted. Most nursery schools and kindergartens have quiet periods when the kids lie on mats or just rest. As kids give up their naps, bedtimes may come earlier than during the toddler years.

School-age kids also need 10 to 12 hours of sleep a night. Bedtime difficulties can arise at this age for a variety of reasons. Homework, sports and after-school activities, TVs, computers, and video games, as well as hectic family

schedules might contribute to kids not getting enough sleep. Lack of sleep can cause irritable or hyper types of behavior and may make it difficult for kids to pay attention in school. It is important to have a consistent bedtime, especially on school nights. Be sure to leave enough time before bed to allow your child to unwind before lights out.

Adolescents need about 8½ to 9½ hours of sleep per night, but many don't get it. Because of early school start times on top of schedules packed with school, homework, friends, and activities, they're typically chronically sleep deprived. And sleep deprivation adds up over time, so an hour less per night is like a full night without sleep by the end of the week. Among other things, an insufficient amount of sleep can lead to: decreased attentiveness, decreased short-term memory, inconsistent performance, and delayed response time. These can cause bad tempers, problems in school, stimulant use, and driving accidents (more than half of "asleep-at-the-wheel" car accidents are caused by teens).

Teens also experience a change in their sleep patterns — their bodies want to stay up late and wake up later, which often leads to them trying to catch up on sleep during the weekend. This sleep schedule irregularity can actually aggravate the problems and make getting to sleep at a reasonable hour during the week even harder. Ideally, a teen should try to go to bed at the same time every night and wake up at the same time every morning, allowing for at least 8 to 9 hours of sleep.

No matter what your child's age, establish a bedtime routine that encourages good sleep habits. These tips can help kids ease into a good night's sleep: include a winding-down period in the routine, stick to a bedtime, alerting your child both half an hour and 10 minutes beforehand and encourage older kids and teens to set and maintain a bedtime that allows for the full hours of sleep needed at their age.

Nancy McDonald is the family and consumer sciences agent for the Texas A&M AgriLife Extension Service in Garza County.

Subscribe to
the News-
Courier
today!

(940) 422-5350

READING
NEWSPAPERS
IS A QUEST
LIKE NO OTHER



dish AUTHORIZED RETAILER **800-315-3973**
MORE WAYS TO WATCH.
MORE WAYS TO SAVE.
FREE HOPPER UPGRADE!
FREE PREMIUMS FOR 3 MONTHS!
FREE INSTALLATION IN UP TO 6 ROOMS
FREE HD FOR LIFE \$120/YEAR VALUE
ORDER NOW **\$19.99 MO**
For 12 months with the SMART PACK with 24-month commitment. Welcome fees, call for details.



...and the greatest of these is love

--Benjamin, valedictorian,
Benjamin Jr. High
--Laura, Leah, & Jessie

A+

**AUTO & FARM
SUPPLY
PARTS & PLUS**

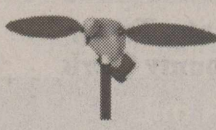


Hunting Season is Here!

Shot Gun Shells
MOJO Dove Decoys
Gun Cleaning Kits
Ice Chests
Hunting Supplies



We are a U Haul Dealer



410 N Birch Munday, Texas (940) 422-4400

Notice of Public Hearing on Tax Increase

The City of Munday will hold two public hearings on a proposal to increase total tax revenues from properties on the tax roll in the preceding tax year by **6.58** percent (percentage by which proposed tax rate exceeds lower of rollback tax rate or effective tax calculated under Chapter 26, Tax Code). Your individual taxes may increase at a greater or lesser rate, or even decrease, depending on the change in the taxable value of your property in relation to the change in taxable value of all other property and the tax rate that is adopted.

The first public hearing has held on AUGUST 29, 2013 at 6:30 PM at Munday City Hall 121 E Main.

The second public hearing will be held on SEPTEMBER 3, 2013 6:30 PM at Munday City Hall 121 E Main.

The members of the governing body voted on the proposal to consider the tax increase as follows:

FOR: Grisham, Singleton, Cottingham, Kuehler
Against:
PRESENT and not voting:
ABSESNT: Blair

The average taxable value of a residence homestead in **2012** last year **WAS \$27390.66** (average taxable value of a residence homestead in the taxing unit for the preceding tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older). Based on last year's tax rate **OF \$0.97105** (preceding year's adopted tax rate) per \$100 of taxable value, the amount of taxes imposed last year on the average home **WAS \$265.97** (tax on average taxable value of a residence homestead in the taxing unit for he preceding tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older.)

The average taxable value of a residence homestead in **2013** this year **IS \$25766.50** (average taxable value of a residence homestead in the taxing unit for the current tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older). If the governing body adopts the effective tax rate for this year of **\$0.93248** per \$100 of taxable value, the amount of taxes imposed this year on the average home would **BE \$240.27** (tax on average taxable value of a residence homestead in the taxing unit for the current tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older).

If the governing body adopts the proposed tax rate of **\$0.993810** per \$100 of taxable value, the amount of taxes imposed this year on the average home would be **\$256.07** (tax on the average taxable value of a residence homestead in the taxing unit for the current tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older) on these costs, minus the state revenues received for reimbursement of such costs.

Members of the public are encouraged to attend the hearings and express their view.

NOTICE OF SALE

STATE OF TEXAS

COUNTY OF KNOX

By virtue of orders of sale issued out of the 50TH Judicial District Courts of Knox County, Texas, by the Clerk of the Court on the 22nd day of July, 2013, and in the following numbered and styled suits and to me directed and delivered, I, as Sheriff of Knox County, did on the 1 day of August, 2013, levy upon and will, on the first Tuesday in SEPTEMBER, 2013, the same being the 3RD day of such month at the South door of the Knox County Courthouse, in the City of Benjamin, Texas, between the hours of 10:00 a.m. and 4:00 p.m., beginning at 10:00 a.m. proceed to sell for cash to the highest bidder all the right, title and interest of the defendants in the following suits in and to the following described real estate levied upon as the property of the defendants in each respective suit, to wit:

Suit No.: 9509

Style: Knox County Appraisal District vs. Marion Limon Estate

Judgment: \$104.80 (plus interest and costs)

Property: Geo: R000005153

Lot 1, Block 54, Original town of Goree, Knox County, Texas, as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Suit No.: 8858

Style: Knox County Appraisal District vs. Virginia Pruitt Et Al

Judgment: \$894.72 (plus interest and costs)

Property: Geo: R000006798

Lot 2, Block 2, Original Townsite to the City of Munday, Knox County, Texas, as the same appears on a map or Plat thereof filed in the office of the County Clerk, Knox County, Texas;

Suit No.: 9112

Style: Knox County Appraisal District vs. Sam Santisteven Et Al

Judgment: \$5,346.53 (plus interest and costs)

Property:

Tract 1: Geo: R000003699

Lot 7 & 8, Block 19, Original Townsite of Goree, Knox County, Texas, as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Tract 2: Geo: R000006003

Lot 3, Block 73, Original Townsite of Benjamin, Knox County, Texas, as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Suit No.: 9369

Style: Knox County Appraisal District vs. Rosabelia Serrato Et Al

Judgment: \$1,451.29 (plus interest and costs)

Property: Geo: R000001968

The South 65 feet of Lots 6, 7, and 8, Block 55, Lee Addition to the City of Munday, Knox County, Texas, as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Suit No.: 9521

Style: Knox County Appraisal District vs. Donna Stuckey

Judgment: \$8,481.50 (plus interest and costs)

Property: Geo: R000008729

Block A, Lot 13, Reeder Addition, Knox County, Texas, as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Suit No.: 8937

Style: Knox County Appraisal District vs. Arvill Williams Et Al

Judgment: \$1,331.74 (plus interest and costs)

Property:

Tract 1: Geo: R000009129, 1037, 1515085

Lot 9, Block 38, Elander Addition, Town of Truscott, Knox County, Texas as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Tract 2: Geo: R00000025, 41

Lot 1, Block 98, Elandel Addition, Town of Truscott, Knox County, Texas as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Tract 3: Geo: R000008541, 1515091

Lots 1 and 3, Block 67, Elandel Addition to the Town of Truscott, Knox County, Texas as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

Tract 4: Geo: R000001428, 1515105

Lot 26, Block 23, Original Townsite to the Town of Truscott, Knox County, Texas, as the same appears on a map or Plat thereof filed in the office of the County Clerk of Knox County, Texas;

All the property sold will be subject to the owner's right of redemption. The redemption period is two years for homestead, minerals and agricultural use property and six months for all other property. Purchasers shall receive a Sheriff's Deed that is without warranty. Bidders should satisfy themselves concerning title and location of the property and improvements on the property prior to sale.

Signed: 8/1/13

Dean W. Homstad
Dean W. Homstad, Sheriff
Knox County, Texas

EXPERTS

From Page 1

"One term to consider when leasing out a bull is whether it might be prudent to require a monetary deposit from the lessee that will be returned upon the bull's safe return at the end of the lease."

Finally, Dowell said there should be inclusion of penalties and consequences for late payment in the lease agreement.

"There should be a set penalty for late payment," she said. "These provisions can be drafted in a variety of ways. For example, you could have a set late fee of so much for each day, and once the fees add up to a certain amount, the lease will terminate."

Overall, Dowell said it's a

good idea to have a lawyer review the agreement.

"Prior to taking it to your lawyer, you can do some things that will save you some money," she said. "For example, if you go online there are sample leases that will help you draft an agreement. Once you have taken a first crack at it, then take it to a lawyer for review. The lawyer will not have to start from scratch and will likely bill less hours to simply review and revise."

On the web:

For additional information on agricultural law, Dowell has an agricultural law blog at agrilife.org/texasaglaw that provides regular updates on various topics and weekly recaps on legal issues in the news.

The 4-H organization is a fun and worthwhile program for the entire family.

For more information, contact Jerry Coplen or Lorrie Coop at 940-459-2651.

Wayne Hodgins

4-H

From Page 1

said County Agent, Jerry Coplen. "If you are interested in becoming a volunteer with the 4-H program, please attend this meeting."

WIND

From Page 1

wind farms when wind farm operators adjust the turbine's angle and rotation in reaction to wind events.

"This is an exciting opportunity for Texas Tech to remain on the forefront of wind energy research," Hirth said. "It's a unique opportunity to collaborate with industry to develop the first generation of smart wind farms."

The information learned from the research could help make a local wind farm project be more efficient.

Knox County officials are working with officials from Baylor County and developers from the Austin-based Pioneer Green Energy to build a 300-megawatt wind farm on lands between the two counties.

Last week, Knox County commissioners began working on the tax abatement

procedures for the project.

David Savage, the project's lead developer, said last week the wind farm was still in its early stages, despite the group's research over the last three years.

"We've still got quite a bit of work to do before we break ground, but we hope to begin construction no later than mid-2014 with the turbines up and running by 2015," he said.

To put into perspective just how big a 300-megawatt wind farm is, Savage said each turbine, depending on its size, generates anywhere from 1.5 to 3 megawatts of power.

Savage expects as few as 100 and as many as 200 turbines will be constructed.

"We're not talking about a small-time project here," he said. "Even by Texas standards, this project is big."

Local information provided by Wayne Hodgins.

Notice of Public Hearing On Knox County Appraisal District Budget

The Knox County Appraisal District will hold a public hearing on a Proposed Budget for the 2013 fiscal year.

The Public hearing will be held on September 09th, 2013 at 5:30 p.m., at the Knox County Appraisal District, Knox County Courthouse, Benjamin, Texas.

At 5:45 p.m. the Proposed Budget will be adopted at the Regular meeting if there is no disapproval of the Budget for 2013.

A summary of the Appraisal District Budget follows:

The total amount of the Proposed Budget	\$ 187,010
The total amount of increase over the current year's budget	\$ 0.0000
The number of employees compensated under the proposed budget will be	4 (half time) employees full time equivalent
The number of employees compensated under the current budget is	4 (half time) employees full time equivalent

The Appraisal District is supported solely by payments from the local taxing units served by the Knox County Appraisal District.

If approved by the Knox County Appraisal District Board of Directors at a public hearing, this proposed budget will take effect automatically unless disapproved by the governing bodies of the county, school districts and cities and towns served by the appraisal district office.

A copy of the proposed budget is available for public inspection in the office of each of these governing bodies. A copy is also available for the public inspection at the Appraisal District office.

KNOX COUNTY APPRAISAL DISTRICT
Mitzi Welch, Chief Appraiser, RPC, RTA
P.O. BOX 47
BENJAMIN, TEXAS 79505
940-459-3891

News-Courier Classifieds

GOT SOMETHING TO SELL? SELL IT IN THE NEWS-COURIER CLASSIFIEDS!

HELP WANTED

Brazos Valley Care Home is now accepting applications for LVN's and Nurse Aides. Please apply in person at 605 S. Ave F, Knox City. 082213c

Knox County Hospital now hiring full-time night LVN. Contact Sheila Kuehler at 940.657.3535. Knox County Hospital is an Equal Opportunity Employer. 081513c

Hiring a part-time assistant to the cook. Consist of every Tuesday, Thursday and one Wednesday a month. Applications at Stonewall County Senior Citizens Center. 082213c

Wanted - Reporter/Photographer. Must have dependable transportation. Writing experience not necessary, but a plus. Career opportunity for the right person. Full or Part-time available. Email inquiries

and resume to sharon@blackburnmediagroup.com

FOR SALE

New Holland 660 Round Baler, barn kept, new tire, belts, Excellent Shape, Ready to work, also John Deere Twin Rakes, 325-513-4761, serious inquires only. Tfnc

2008 Toyota Tundra double cab 4x4 long bed pickup. 92,000 miles. \$13,000. Call Flynn 817-239-9286. 090513c

HOUSE FOR SALE

House for Sale by Owner, 581 S 12th Munday; 3 BR/2Bath, living room, dining room, large kitchen, storm cellar, 3 storage buildings, huge RV, shed, sprinkler system, water

well and x-tra large yard on 2 lots, 2 patio areas and a carport, new roof. Call Sara Navarrette 1-940-224-7220. 082213p

FOUND

Basset Hound found 8/10 between Crowell & Benjamin on Hwy 6. No tags. Please call Wendy at 254-631-8161. 082913nc

The Munday and Knox City Housing Authorities have apartments available for immediate occupancy. The intent of both to rent the units to high income households when there are no eligible low or very low income applicants on the waiting list. Flat rent is \$200 for 0-1 bedroom units and \$250 for 2-4 bedroom units. Income based rent may be lower. Call Munday at 940-422-4941 or Knox City at 940-657-3612 for more information. Both are equal opportunity providers. 071113-tfnc



You are TWENTY THREE TIMES more likely to crash when you text while driving. Is sending an LOL text message really worth killing someone? Park the phone when you drive.

TALKTEXTORCRASH
Save a Life
Texas Department of Transportation

Girling Community Care TEXAS BY HARDEN HEALTHCARE PERSONAL CARE ATTENDANTS

Seeking caring and dependable people to work in the homes of elderly and disabled clients in the Haskell area. Will assist with preparing meals, shopping, personal care, errands, light housekeeping and other assigned duties. We offer flexible day, evening and weekend shifts. Must be at least 18 yrs of age with a clean criminal background. MUST have reliable transportation. No certifications or prior experience required.

Fax resume referencing Ad # 13451 to (325) 646-2278
For an application, call 1-800-665-4471
Apply online at www.girling.com
Or apply in-person at
1423 Coggin Ave, Brownwood, TX 76801
E.O.E
M/F/D/V

RIKE Real Estate LLC

415 S. First Street
Haskell, Texas 79521
940-864-2411 • 325-370-6572
www.rikerealestate.com

Mary Rike, Broker
mary@rikerealestate.com

Megan Cox, Agent
megan@rikerealestate.com

John Rike, Agent
john@rikerealestate.com

- 1101 SE 5th St., Knox City**
3/3, two living areas, finished basement, new windows, well, patio and carport. (\$104,500) **REDUCED**
- South 7th St. Munday**
3/2, large bedrooms, large open den-dining-kitchen, well and sprinkler system. (\$105,000) **CONTRACT PENDING**
- 811 North Munday Avenue, Munday**
3/2, large Historic rock home on corner lot, original refinished wood floors, granite counter tops. (\$87,500) **REDUCED**
- 2410 CR 183, Rochester**
3/2, well maintained older home on 1.56 Ac. Located at corner of CR 183 and Hwy. 6 (\$59,900)
- Rochester East Goose Farm**
100 Ac. Cultivation Property has good yields, two small wells for cattle or flooding for goose hunting. (\$875/Ac.)
- 199 North Highway 6, O'Brien**
114 +/- Ac. with two or three bedroom brick home. (\$200,000) **CONTRACT PENDING**
- NORTH HASKELL COUNTY FARM**
193 +/- Ac. Irrigated, pens, great wheat and cattle farm. (\$1,450/Ac.)
- 120 and 122 North Central Knox City**
This is a turnkey restaurant and bar with all the equipment and supplies needed. It is located in the newly remodeled downtown of Knox City. Please go to www.rikerealestate.com for photos. (\$189,000)
- Lake Stamford, Earles Camp Road**
2 bedroom, 2 bath, C/HA, new dock. (\$25,000) **NEW**

List with us, we have Buyers for all areas, all properties and all price ranges.



Haskell County REALTY
103 N. Ave. E
Haskell, TX 79521
940-864-2665
1-800-658-6342
www.haskellcountyrealty.com
Chan Guess, Rhonda Lisle, Roger Roewe - agents
Bridget Guess - broker

- FEATURED LISTINGS**
- 3000 FM 2534, Knox City** - For Rent- 3/1- \$500.00 p/mo
 - 8047 CR 1694-Knox City** - 40 +/- Acres, Great country living! 4/2
 - 2245 FM 2163- Rochester** -Large brick home on 12 +/- Acres

For a complete listing, call or check our website!
"Where we make You our #1 Priority"



Go Painlessly with THERA-GESIC.
Maximum strength analgesic creme for temporary relief from:
• Joint and Muscle soreness
• Arthritis
• Back aches

MACULAR DEGENERATION

Find out if special telescopic or microscopic glasses can help you see better. Pricing starts at \$1,900.
Call for a FREE telephone consultation
Toll Free 1-888-243-2020
Offices Throughout Texas
Dr. Larry Chism, Optometrist
www.ChismLowVision.com

Calcet® is designed to help stop low calcium leg cramps. Just ask your pharmacist.

Petite Tablet with More Calcium & Vitamin D3

Helps fight leg cramps*
For those with milk allergies
Fights osteoporosis

Mission PHARMACEUTICAL

Advertising Works!

Support your community by shopping local!

dish AUTHORIZED RETAILER **800-315-3973**

MORE WAYS TO WATCH. MORE WAYS TO SAVE.

FREE HOPPER UPGRADE!
FREE PREMIUMS FOR 3 MONTHS!
FREE INSTALLATION IN UP TO 6 ROOMS
FREE HD FOR LIFE \$120/YEAR VALUE

ORDER NOW **\$19.99 MO**
For 12 months with the SMART PACK with 24-month commitment. Restrictions apply. Call for details.

Family Pool Fun 1-800-525-7710

We Treat You Like Family!

- Save Money on DIY Aboveground and Inground Pool Kits & Supplies
- Financing Available!
- A Great Way to Spend Time Together!
- Excellent Service. Fast Shipping! Family Owned & Operated Since 1990!

www.FamilyPoolFun.com

TEXAS STATEWIDE CLASSIFIED ADVERTISING NETWORK

TexSCAN

TexSCAN Week of August 18, 2013 BUSINESS OPPORTUNITY

GUARANTEED INCOME for your retirement. Avoid market risk & get guaranteed income in retirement! Call for a free copy of our safe money guide plus annuity quotes from A-Rated companies. 1-800-349-0643

BOOTH SPACE AVAILABLE for artists, crafters, specialty store owners. The Little Fox Marketplace on Historic Square, Center, Texas. 1-936-590-4422 or thelittlefoxmarket@yahoo.com

LOOMIX FEED supplements is seeking Dealers. Motivated individuals with cattle knowledge and community ties. Contact Bethany at 1-800-870-0356/becomeadealer@adm.com to find out if there is a dealership opportunity in your area.

DRIVERS
ATTENTION DEDICATED and regional drivers. Averitt offers excellent benefits and overtime. CDL-A required 1-888-362-8608. Recent grads with a CDL-A, paid training. Apply online at AverittCareers.com, EOE

EXPERIENCED FLATBED DRIVERS Regional opportunities now open with plenty of freight and great pay. 1-800-277-0212 or primeinc.com

DRIVERS - IMMEDIATE OPENINGS Regional and OTR experienced drivers and owners operators. Competitive pay scale. Students welcome, deBoer Transportation. 1-800-825-8511, www.deboertrans.com

OWNER OPERATORS NEEDED for Watkins. 100% O/O reefer fleet paid, reefer fuel and all miles. Paid CDL-A call 1-888-377-7537 or visit www.driveforwatkins.com

PAID CDL Training! No experience needed. Stevens Transport will sponsor person. Deer, dove, quail. Rolling brush the cost of your CDL training. Earn up country with easy access. Owner financed to \$40K first year and \$70K third year. or TX Vet, \$295/acre. 1-210-734-4009. Excellent benefits, 1-888-726-4130, www.western-texasland.com. becomeadrivers.com. EOE

PARTNERS IN EXCELLENCE OTR drivers APU equipped, pre-pass, EZ-pass, passenger policy. 2012 and newer equipment. 100% NO touch. Butler Transport 1-800-528-7825

EXCHANGE STUDENTS
HOST AN EXCHANGE Student! Families provide a bed, meals and caring environment. Students come from Germany, Mongolia, France, Brazil. Call for more info: 1-800-941-3738/ www.sharesouthwest.org

TECHNICAL TRAINING
AIRLINE CAREERS begin here. Become an Aviation Maintenance Technician. FAA approved training. Financial aid if qualified. Housing available, job placement assistance. Call Aviation Institute of Maintenance. Dallas: 1-800-475-4102 or Houston: 1-800-743-1392

HELP WANTED
MEDICAL BILLING TRAINEES needed! Train to become a medical office assistant now! Online job training gets you ready. Job placement when program completed. Call for details! 1-888-368-1638; ayers.edu/disclosures.com.

REAL ESTATE
20.29 ACRES, Rocksprings. Highway frontage, electricity. Gently rolling with live oaks, exotics. \$2,836 down, \$516/month, (9.9%, 20 years) or TX Vet financing. 1-800-876-9720. www.hillcountryranches.com.

218 ACRES, West Texas, east of Sand- needed. Stevens Transport will sponsor person. Deer, dove, quail. Rolling brush the cost of your CDL training. Earn up country with easy access. Owner financed to \$40K first year and \$70K third year. or TX Vet, \$295/acre. 1-210-734-4009. Excellent benefits, 1-888-726-4130, www.western-texasland.com. becomeadrivers.com. EOE

\$106 MONTH BUYS land for RV, MH or cabin. Gated entry, \$690 down, (\$6900/10.91%/7yr) 90-days same as cash, Guaranteed financing, 1-936-377-3235

ABSOLUTELY THE BEST VIEW Lake Medina/Bandera, 1/4 acre tract, central W/S/E, RV, M/H or house OK only \$830 down, \$235 month (12.91%/10yr), Guaranteed financing, more information call 1-830-460-8354

AFFORDABLE RESORT LIVING on Lake Fork. RV and manufactured housing OK! Guaranteed financing with 10% down. Lots starting as low as \$6900. Call Josh, 1-903-878-7265

VACATION
WEEKEND GETAWAY available on Lake Fork, Lake Livingston or Lake Medina. Rooms fully furnished! Gated community with clubhouse, swimming pool and boat ramps. Call for more information: 1-903-878-7265, 1-936-377-3235 or 1-830-460-8354

Run Your Ad In TexSCAN!

Statewide Ad **\$550**
290 Newspapers, 905,076 Circulation

North Region Only **\$250**
94 Newspapers, 301,619 Circulation

South Region Only **\$250**
100 Newspapers, 391,741 Circulation

West Region Only **\$250**
96 Newspapers, 211,716 Circulation

To Order: Call this Newspaper direct, or call Texas Press Service at 1-800-749-4793 Today!

NOTICE: While most advertisers are reputable, we cannot guarantee products or services advertised. We urge readers to use caution and when in doubt, contact the Texas Attorney General at 1-800-621-0508 or the Federal Trade Commission at 1-877-FTC-HELP. The FTC web site is www.ftc.gov/bizop

Extend your advertising reach with TexSCAN, your Statewide Classified Ad Network.

Stripes Convenience Stores to provide fundraising support of Texas 4-H program

By Paul Schattenberg
Special to The Knox County News-Courier

COLLEGE STATION — The Texas 4-H Youth Development Foundation and Stripes Convenience Stores will begin the fourth year of their 4-H fundraising alliance in conjunction with Stripes Store locations in Texas, Oklahoma, and New Mexico, said a Texas 4-H official.

The Texas 4-H program is administered by the Texas A&M AgriLife Extension Service, part of the Texas A&M University System.

This year's fundraising effort, known as "Helping Today's Kids Become Tomorrow's Leaders," will run from Sept. 2-15, according to said Jana Barrett, Texas 4-H Foundation development relations coordinator at College Station.

Stripes Stores customers may participate by stopping in at one of 570 store locations throughout the three states and buying a 4-H clover cutout or 'mobile' for one dollar. Those who purchase a clover receive a coupon for a free 12 oz. Slush Monkey and receive special buy-one-get-one-free pricing on a Monkey Loco Candy.

"Funds are used to benefit 4-H locally in Texas, Oklahoma and New Mexico counties where the stores are located," Barrett said. "These funds have been used to help counties with their leadership training efforts, help youth attend leadership camps and present workshops, purchase needed equipment, pay registration expenses for 4-H contest participation, and support various 4-H programs and activities."

This year, participating stores include all Stripes locations throughout Texas, including the Lower Rio Grande Valley area and newly opened stores within the state, as well as stores in eight additional counties of Oklahoma and New Mexico.

"We want to make this year our biggest 4-H Foundation and Stripes Stores

collaborative fundraising year to date, with a goal of \$400,000 for what is the nation's largest youth development organization," Barrett said.

She noted that while counties throughout Texas were helped by last year's fundraiser, some of those receiving the greatest financial benefit from 2012 efforts included Victoria, Dimmit, Harris, Lubbock, Midland, Reagan, Val Verde and Wichita.

"Funds from last year's fundraiser allowed us to increase our 4-H participation at the district, county and state level by reimbursing 4-H families for their contest entry fees," said Sheryl Nolen, AgriLife Extension agent 4-H and youth development for Harris County.

"This 'Get Your Green On' effort increased participation from 10 kids to 60 kids at the county level. The funds also allowed us to bring 80 4-H members to our day-long leadership camp so they could learn about leadership roles within the 4-H program."

Nolen said other fundraiser funds went to support existing 4-H programs and toward new program resources, including resources for their new clothing and textiles effort.

Barrett said during this year's fundraising campaign representatives from 4-H will continue their popular Facebook contest. Photos will be submitted to the Texas 4-H Foundation and posted on the Texas 4-H Friends & Alumni Facebook page where they can vote for their favorite picture. The county with the picture getting the most Facebook likes will receive an additional donation sponsored by the Alumni Association.

"The 4-H and Youth Development Program is a recognized leader in developing life skills, empowering youth and volunteers, and facilitating effective partnerships to create capable and responsible citizens," Barrett said. "We're grateful to once again have the sup-

port of Stripes Convenience Stores through this multi-state fundraising effort."

"Now in our fourth year as a 4-H alliance member, we are really excited about our upcoming campaign," said Steve DeSutter, Stripes Convenience Stores president and CEO. "With the combined generosity of our customers and the hard work and dedication of our team members we can raise needed funds for these programs which support youth leadership, healthy living, and educational scholarships for local students. We want to make a difference, and we plan to do it one dollar at a time."

DeSutter said Stripes Stores and the Susser family maintain a longstanding tradition of investing in health and education programs that focus on children.

"We carefully choose initiatives that inspire us, and we are proud to provide support that aids the communities we love so much," he said.

Since 2004, Stripes Convenience Stores has given back over \$11.1 million to support hospitals, schools and other community programs through its longtime relationship with organizations such as Children's Miracle Network, March of Dimes, South Texas Academic Rising Scholars, 4-H and the United Way.

Stripes Stores officials said more than \$391,000 has been raised for 4-H through this alliance since 2010 and they hope to surpass the half-million dollar mark with the 2013 campaign in September.

For more information of the fundraising effort, contact Barrett at 979-845-1213 or texas4hfoundation@ag.tamu.edu. A list of participating Stripes stores can be found at <http://www.texas4hfoundation.org> under the Stripes Stores Alliance tab.

For information on the Texas 4-H Friends and Alumni Association, go to <http://texas4hfriends.org>.

Dixie Divas

The Last Lap: The tale of a racing legend

Somehow I ran across an out-of-print book called "The Last Lap." It is now 15 years old but tells an intriguing, timeless tale of the early days of America's first stock car racers.

These colorful characters ruled the sport 30 years before I ever set foot at a track. The legend of many of those men outlived their years on Earth so I sometimes heard tales of their wild, renegade ways. Whenever we raced at Riverside International Raceway in California, someone was likely to mention Joe Weatherly.



RONDA RICH

Riverside (ripped up years ago in order to build a shopping mall) was a dusty, old road course set down between brown, barren hills when I first made its acquaintance. This was in the days before all NASCAR tracks had to glisten, shine and cost a lot of money to build. Folks sat in wooden, pitiful looking bleachers, the garage was nothing more than a shabby, tin-roof cover, and everyone from drivers to fans to young public relations girls like me were covered in dry, brown dust when the day ended.

The press box never had more than eight or nine reporters in it, and only two of them came from Southern California. The others were full-time writers who chased the circuit that was chasing glory.

It was where Bill Elliott won his first race and where Tim Richmond won his first race and, four years later, his last race before quitting to live out his final year of life. It was where timid Stevie Waltrip approached me in the press box while her dust-covered husband, Darrell, sat in the middle of the room, swigging Gatorade and answering questions from three reporters about that day's win, and she struck up a conversation that struck up a thick-as-thieves friendship that sticks strong today.

But Riverside, as I was reminded while reading the deliciously entertaining "Last Lap," was always haunted by the ghost of Joe Weatherly. Those who knew him spoke of him when we

ran Riverside and told hard-to-believe stories.

The talented Weatherly was the running buddy and hard-partying comrade of the irrepressible Curtis Turner. The two were known for their antics off the track as well as their charging, all-out efforts to win every race. They once drove a rental car into a swimming pool, climbed out and left it there. Those two were so hard on rental cars that Hertz finally put out an all-points bulletin to its locations saying, "Do not rent to either of these men under any circumstances."

During our last race in Riverside in 1988, I was working with the equally legendary Bud Moore, a car owner since the 1950s. A big, formidable, non-nonsense man, Mr. Bud, as I respectfully called him, had hired and managed some of the most unmanageable personalities in the sport. Like Dale Earnhardt.

"When I got him, he took some tamin'," Mr. Bud told me, not bragging but stating the facts. "When he came to drive for me, he was used to doing as he darn well pleased. If he had an appointment with a sponsor but if it was a good day for fishin', he went fishin'. I had to learn him different."

The day before the final race in Riverside, I found Mr. Bud sitting by himself on the pit wall so I sat down. Quietly, he pointed to a wall. "That's where it happened."

Weatherly, driving for Moore in 1964, lost control of the car coming out of the esses, spun and hit the wall on the driver's side. His head came out the window and smacked the wall, killing him.

Mr. Bud's craggy, leathery face was covered in sadness, his blue eyes darkened by the memory.

Now that track is long gone and with it the memory of a racing warrior. Today, someone is buying coffee on the same ground where once a man's life ended.

His last lap.

How un-poetic is that?

Ronda Rich, former sports journalist and the first female publicist for NASCAR, is a Southern humorist, storyteller and best-selling author. Her latest book, "There's A Better Day A-Comin'," is available at rondarich.com.

Your Hometown Bankers



First Bank ★ Texas

Since 1885

- Agriculture Loans
- Home Improvement Loans
- Personal Loans
- Construction Loans
- Real Estate Loans
- Commercial Loans

South First, Abilene
(325) 674-1885

Judge Ely, Abilene
(325) 673-1885

Clyde, TX
(325) 893-5884

Haskell, TX
(940) 864-8555

Buffalo Gap Rd., Abilene
(325) 695-1885

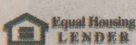
Baird, TX
(325) 854-1295

Munday, TX
(940) 422-4522

Stamford, TX
(325) 773-2122

Mid-Cities - Bedford, TX
(817) 553-2500

www.go2FBT.com



MEMBER FDIC

Meet the Moguls and Mogulettes

Friday, August 23

Serving at 6:00PM

Scruggs Field

Hamburgers, Chips, Drink \$5.00

Homemade Ice Cream \$1.00

Introductions begin at 6:30PM for band, cross country, cheerleaders, volleyball and football

Booster club will be selling:

Football t-shirts & caps • Reserved football seating • Football program ads



When I was pregnant, I found out I had diabetes.



Now, I am at risk for diabetes for the rest of my life. So is my child.

But we can take steps to PREVENT it. Gestational diabetes is diabetes that is found for the first time when a woman is pregnant. If you had gestational diabetes, tell your health care team and get tested. Tell your child's doctor.

There are steps you can take to prevent or delay diabetes and lower the risk for you and your child. Learn more at www.YourDiabetesInfo.org or call 1-888-693-NDEP (6337); TTY: 1-866-569-1162.

NIDDK/NIDDP is partly sponsored by NIH and CDC with the support of more than 250 private organizations.

