


COMMUNITY CHRISTMAS TREE LIGHTING - The annual Community Christmas tree lighting ceremony was held Wednesday night. Pictured is the tree, which is being admired by onlookers.

## Yoakum County Landfill sets rates, rules concerning its use

Effective immediately, any waste for disposal in the Yoakum County Landfill that has dirt mixed with it will NOT BE ACCEPTED.

This includes workover pits loaded with backhoes, trash loaded with front end loaders and any other loads the gatekeeper deems unsuitable.

This announcement comes from Sandy Land Underground Water Conservation District office.

A rate schedule is printed inside
Christmas program scheduled Dec. 18

The Community Christmas Program has been scheduled for Sunday, Dec. 18.

Time of the program, which will be held in the school auditorium, is 7 p.m.

Everyone is invited.

## Annual band concert to be presented here

The annual Christmas Band Concert has been set for Sunday, Dec. 18 at 2:30 p.m. in the high school auditorium.

Everyone is invited to attend.
this issue of The Plains Pride, along with the above statement.

Rates are $\$ 5$ a ton with a $\$ 3$ minimum. No out-of-county waste will be accepted at Yoakum County Landfill.

All loads MUST BE secured or they will be subject to refusal by the gate attendant. NO REFRIGERANT COMPRESSOR will be accepted unless certified by a qualified recovery system.

For more information concerning the landfill, call 456-7909.

## Special Christmas <br> Card to be printed

"Operation Christmas Card" is underway here. Sponsored by Plains Dirt Gardeners, the fund raiser benefits the Plains Cemetery.

Instead of sending greetings locally, Plains residents are asked to make donations to the fund. A special greeting card with all the names who have donated, will be printed in the Christmas issue of The Plains Pride at no cost to the club.
Deadline for giving donations in order to be named on the special Christmas card is Dec. 16, at which times will be mailed to The Plains Pride for publication in the Dec. 21 issue.

## 10th annual community tree lighting ceremony held Nov. 30

Pioneer Plaza was the site Wednesday evening of the 10th annual Community Christmas Tree Lighting sponsored by the Chamber of Commerce.

Music was provided by the Plains High School Cowboy Band under the direction of Byron Morgan. Community singing of Christmas carols was led by Vernon Hise and a Christmas message was delivered by Ray Young, minister of the Hillside Church of Christ.

Santa arrived via the fire truck, courtesy of Plains Volunteer Fire Department. Coffee and hot spiced tea were served by the Plains Lions Club in the Community Building following the tree lighting ceremony.

Pictures of children visiting Santa were taken by Plains members of Yoakum County Child Welfare Board
in exchange for a donation of a nonperishable food item to be distributed to the needed.

The first annual Community Christmas Tree Lighting, held Dec. 11, 1985, was the idea of Mrs. Debbie Rushing. Inspired by a similar event she observed in Hobbs, N.M., Ms. Rushing envisioned an annual tradition involving the whole community. She enlisted the help of Janelle Brantley who contacted the Chamber of Commerce. Many organizations and individuals in the community have been involved over the years. Carolyn Culwell has been especially dedicated to keeping the tradition alive.

A special thanks to Debbie, Janelle, Carolyn and all those who have had a role in making this annual event a cherished memory of life in Plains.

## Basketball players introduced at Athletic Boosters event

The second annual "Meet the Cowboys \& Cowgirls" for the basketball season was hosted by Plains Athletic Boosters Wednesday, Nov. 30 at 8:30 p.m. in the Cowboy gym.

Booster president Cyndy Koncaba welcomed everyone and expressed her thanks for all their help in supporting the Plains students.

Steve Osborn, coach of the varsity girls, introduced the 19 high school girls who are participating in basketball this season. There are three seniors, two juniors, five sophomores and nine freshmen.

Coach Osborn also explained the new computer system that the basketball staff is using this season. "It is the latest thing in technology. Shots, steals, turnovers, attempts, blocks, assists and fouls are put in for each player while the game is in progress. With the printer attached, all the stats are available in seconds! Then the coaches can have this information during halftime to discuss the second half of the game."

Mary Ann Gonzales and Shawn Cullins operate the computer for the coaches, who report they are doing a great job.

Coach Osborn reminded the audience that the Cowgirls are now 3-1 after losing a heart-breaker to Seagraves

Tuesday night. He said that the girls were really working hard and that he is looking forward to a great season. He then introduced his assistants, Coach Cain and Coach Haragan.

Coach Jack Baucom introduced the varsity Cowboys. There are nine young men participating in basketball as varsity players. He thanked the cheerleaders for all their help and support and also expressed his thanks to the parents and players and especially his assistant coaches for all their work.

Thirteen members of the junior varsity team were introduced by Coach Edwin Brink. Coach Larry McMinn introduced the freshmen boys' team of 15 members.

During the evening, pictures were taken of players and buttons were sold. Free barbecue sandwiches, soft drinks and cookies were served. Food and toys were collected to be distributed to the needy.

President of the Athletic Boosters Koncaba would like to thank everyone who brought toys and food. She said the club really appreciates all the committees who work so hard to plan and carry out the club's work. She also wishes all a very Merry Christmas and a great, healthy, safe and Happy New Year.

## Health Topics

Courtesy of Yoakum County Hospital

## How stresses affect illness

No one likes stress. It makes us anxious and irritable, but does it also make us more likely to have illnesses? It seems so, and not just for the things that come to mind such as ulcers and high blood pressure.

This is a field that is being studied extensively now, and researchers are learning how stresses affect our lives - especially in regard to such serious illnesses as heart disease and cancer.

It has been known for a long time that increased stresses in life make it more likely to have infections in the following months. The most serious stresses are deaths in the family, divorce and major changes in life such as a change in residence or jobs.

Statistics have shown that even what we consider to be good changes, such as a raise in pay or moving to a nicer home are enough of a stress that illnesses are more likely in the following year.

There is now evidence that stress significantly increases heart irregularities, blood pressure and even affects our ability to fight cancers. Some studies have shown that tumors grew faster in patients who were under stress; defenses against tumor cells appeared to be decreased. Sudden death from irregular heart rhythms was more common in people under psychological stress. There is also good evidence that high blood pressure is increased by stress and there are even reports that stress can be related to diabetes and some forms of arthritis.

Just where this will end, no one knows - but we do know that for a healthy and happy life it is good to keep stresses to a minimum.
(Editor's Note: Comments and suggestions from readers are welcome by Yoakum County Hospital. Letters are welcome and you may call 592-2121.)

## On The Hard Court

VARSITY COWBOYS
The Cowboys opened the 1995 basketball season with at home game, defeating Seagraves, 84-59.

Their overall shooting average was $53.3 \%$ with 32 of 60 baskets sunk.

They completed 16 of 30 free throws for an average of like figures.

Brad McMinn led the scoring with 24 points, followed by Ladd Winn, who scored 21 points. Others were Victor Bernal, 16; Shannon Ward, 8; Chase Clanahan, 6; Pete Flores, 4; Ken McAdams, 3; and Ralph Ramirez.

Winn was leader in assists, with 7; McMinn led with 17 rebounds; and Ward led with 3 steals.

The coach stated that the ball team was "off to a good start and should show improvement as we get more workout time. Ball movement looked good."

## JV TOURNAMENT

DEC. 1 \& 3
Plains JV boys and girls hosted a tournament here Thursday, Dec. 1 and Saturday, Dec. 3. The Cowboys were winners of the tournament, with the Cowgirls receiving Consolation.

In the girls tourney, Sands won first place, Seagraves, second; and Sundown, third.

Second place in the boys tournament went to Sundown; third to Lazbuddie and Consolation to Sands.

## VARSITY GIRLS

The varsity girls played Sands Dec. 2, losing 75-65.

Amber Bryan led the scoring with 16 points. Kyley Bearden and Robin

Squyres each posted 10; and Misty Willett 9.

The Cowgirls' average for free throws was $64.7 \%$, hitting 22 of 34 . Overall shooting average was $43.5 \%$.

Printed inside this issue of The Plains Pride is a REVISED basketball schedule, which will replace the schedule printed earlier.


PLAINS JUNIOR HIGH GIFTED/TALENTED students sang at the Hospice "Light Up A Life" tree lighting ceremony Wednesday morning at the Yoakum County Library. Pictured, left to right, back row, are Kelton Mason, Anne Palmer, Kristen Gray, Wendy Hernandez and Annaliesa O'Quinn. Front row, 1 to r, Tanner Hamm, Ragan McGinty, Becky Wilmeth, Chelsi Wagnon and Elizabeth Clanahan.

## Filmtime at Yoakum County Library

Children attending Filmtime cited by the children, game of Duck, Wednesday, Nov. 30 included Ryan Duck Goose was played and Christmas Crump, Jasmine Mares, Lauren Davis, carols were sung.
Katie Winn, Morgan Willis, Kevin John Jaso, Amber Friesen, Lauren Hise, Christopher and Stephanie Addison, Jacob Brink, Marcos Rivera, Jacob Garza, Holden, Hunter and Haley Welch, Cody Mayes, and Trent and Brett Hawthorne.

The Pledge of Allegiance was re-

The program was the "Light Up A Life" program, sponsored by Hospice. Participating in that program were members of the community who placed doves on the tree in honor or memory of loved ones. The Junior High Choir also participated in the program.

## Yoakum County Landfill Rate Schedule

\$5.00 a Ton - \$3.00 Minimum.
NO out of county waste will be accepted.

## All loads must be secured or will be subject to refusal by gate attendant.

NO refrigerant compressor will be accepted unless certified by a qualified recovery system.

For more information, you may contact the Landfill at 806/456-7909.


VERNON HISE is shown here at the tenth annual Community Christmas Tree Lighting ceremony held here Wednesday evening. Hise directed the singing of Christmas carols.


PLAINS HIGH SCHOOL BAND performing during the annual Community Christmas Tree Lighting ceremony. Following the ceremony, everyone was treated to coffee and hot spiced tea in the community building as children visited with Santa.

## County Commissioners meet in special session

County Commissioners met Nov. 28 in special session with County Judge Dallas Brewer, and Commissioners John Avara, Bob Thurston, Jim Barron and Macky McWhirter, all present.

Others present were Ruby Bruton, Hazel Lowrey, Toni Jones, Cesar Beltran and Gary Dyer.

Line item transfers to cover anticipated expenditures through Dec. 31 were approved unanimously on a motion by Thurston, second by Avara.

Transfers included from general fund, parks and rec., Denver City Capitol outlay, $\$ 1,655$. to general fund, maintenance, D.C. airport.

From the hospital fund, board expense, $\$ 2,000$; OB physicians, $\$ 1,000$; nursery, $\$ 3,000$; ER physicians, $\$ 60,000$; central supply, $\$ 7,000$; Administration \& general, $\$ 2,500$; Social Security, $\$ 1,000$; and oxygen therapy, $\$ 1,100$ transfers were made to laundry \& linen, $\$ 2,000$; to dietary, $\$ 1,000$; to nursing services, $\$ 3,000$; to anesthesiology, $\$ 40,000$; to insurance, $\$ 29,500$; and to retirement, $\$ 2,100$.

Lists of disbursements and part time payroll were approved for payment as filed with the clerk on a motion by Barron, and second by McWhirter.

Tad Knight was employed by the commissioners as the new County Ag Agent, upon recommendation by District Extension Director-Ag Bob Robinson.

Knight will receive $\$ 10,000$ county salary, $\$ 2,000$ travel, plus pickup and expenses, effective Jan. 1, 1995.


HOW YOUR ELECTRIC BILL IS FIGURED....
(1) Your meter is read.
(2) Your previous reading is subtracted from your current reading. This tells how many kilowatt hours of electricity you have used during this period.
(3) Your bill is figured using rates set by the electric company and government regulatory agencies.

LEA COUNTY ELECTRIC COOPERATIVE, INC.


JACOB LESTER, son of Mr. and Mrs. Bruce Lester, has been nominated by Mr. Cullins for Student of the Week. Jacob is a sophomore at Plains High School. Mr. Cullins commented, "Jacob is an excellent student and has been doing a great job in the classroom. He is definitely one of the leaders of high school."


## What's Cooking at School?

DEC. 12-17 BREAKFAST
MONDAY - Cereal, toast, grape juice, milk.
TUESDAY - Donuts, toast, apple juice, milk.
WEDNESDAY - Breakfast pizza, orange juice, milk.
THURSDAY - Waffles, syrup, fruit punch, milk.
FRIDAY - Cereal, toast, orange/pineapple juice, milk.

LUNCH
MONDAY - Corn dogs, mustard, carrot sticks, French fries, catsup, banana cake, milk.
TUESDAY - Mega pizza, tossed salad, ranch dressing, crackers, pear half, milk.
WEDNESDAY - Cheeseburger, lettuce, tomatoes, pickles, onion rings, chips, mixed fruit, date cookies, milk. THURSDAY - Spaghetti with meat sauce, tossed salad, ranch dressing, hot rolls, rosy applesauce, milk.
FRIDAY - Chicken strips, gravy, corn, green beans, hot rolls, chilled sliced peaches, milk.

## SCHOOL EVENTS

MONDAY - Basketball, Smyer, 7th \& 8th girls/boys, here, 5 p.m.
TUESDAY - Basketball, Amherst, V girls/JV,V boys, there, 5 p.m.
THURSDAY - Basketball - Meadow
Tournament - V girls/boys.
FRIDAY, SATURDAY - Tournament continues

## POOL WILL NOT BE OPEN TO

THE PUBLIC DURING
BASKETBALL SEASON.

Tree lighting held at library Nov. 30

Plains volunteers with Hospice Services Inc. hosted their second annual tree lighting ceremony at the Li brary in Plains Wednesday, Nov. 30, kicking off the "Light Up a Life" campaign. Macky McWhirter served as Master of Ceremonies.

Selected students from Plains junior high's Gifted/Talented program, under direction of Cynthia Blair, provided music, singing several Christmas songs as doves were placed on the tree.

The first dove was placed by Mrs. Connie Fletcher of Denver City in memory of her father, Johnnie D. Brown. Current Hospice patients or members of their families and members of the families of deceased Hospice patients were then invited to place doves in honor or memory of those patients. Doves inscribed with the names of individuals honored or memorialized by donors were also placed on the tree.

Through Dec. 23, for a donation of $\$ 10$, a dove may be placed on the tree in honor or in memory of a friend or loved one. Funds will be used to provide care to terminally ill patients in Yoakum and Gaines Counties in Texas and Lea and Eddy Counties in New Mexico who do not have insurance to cover in-home Hospice care. This care is provided without charge.

Donation envelopes are available at the library and may be left with library staff members, mailed to Hospice office or given to any Hospice volunteer. Those volunteers in Plains include Diane Bennett, Emma Lewis, Dean Richardson and Candi Seaton.

PLACING DOVES ON TREE....


CONNIE McWHIRTER


JOANN BARRON


Effective immediately the YOAKUM COUNTY LANDFILL will no longer accept any waste for disposal that is mixed with dirt. This includes workover pits loaded with backhoes, trash loaded with front end loaders any other loads the Gatekeeper deems unsuitable.

'LIGHT UP A LIFE' - Hospice Services Inc. sponsored the second annual tree lighting ceremony at the library Wednesday morning. Master of Ceremonies Macky McWhirter, is shown here with Barbara Bullock, Director of Community Services.


HOSPICE REPRESENTATIVES attending the tree lighting ceremony at the library included (left to right) Candi Seaton, social worker; Diane Woods, LVN, staff nurse; Judy Tinley, secretary/medical records clerk; Lynda Vaughan, LVN, patient care coordinator; and Donna Givens, president of the Denver City/Plains volunteer auxiliary.


Revised Plains High School Basketball Schedule

1994-95


| DATE | OPPONENT | PLACE | TEAMS | TIME |
| :---: | :---: | :---: | :---: | :---: |
| Dec. 8-10 | Farwell V. Tourney | There | A Girls \& Boys | TBA |
|  | Sundown JV Tourney | There | B Girls \& Boys | TBA |
| Dec. 13 | Amherst | There | A Girls; A \& B Boys | 5:00 |
| Dec. 15-17 | Meadow V. Tourney | There | A Girls \& Boys | TBA |
| Dec. 20 | Tatum | Here | A \& B Boys | 5:00 |
|  | Denver City | Here | A \& B Girls | 5:00 |
| Dec. 27-29 | Sundown V. Tourney | There | A Girls \& Boys | TBA |
| Jan. 3 | Spade | Here | A \& B Girls \& Boys | 4:00 |
| Jan. 6 | Meadow | There | A \& B Girls \& Boys | 4:00 |
| Jan. 10 | Whiteface | Here | A \& B Girls \& Boys | 5:00 |
| Jan. 13 | O'Donnell | There | A \& B Girls \& Boys | 4:00 |
| Jan. 17 | Anton | Here | A \& B Girls \& Boys | 5:00 |
| Jan. 19-21 | Whiteface JV Tourney | There | B Girls \& Boys | TBA |
| Jan. 20 | Smyer | There | A Girls \& Boys | 6:30 |
| Jan. 24 | Muleshoe | Here | A \& B Girls \& Boys | 5:00 |
| Jan. 27 | Whiteface | There | A \& B Girls \& Boys | 5:00 |
| Jan. 31 | O'Donnell | Here | A \& B Girls \& Boys | 5:00 |
| Feb. 3 | Anton | There | A \& B Girls \& Boys | 4:00 |
| Feb. 7 | Smyer | Here | A \& B Girls \& Boys | 5:00 |
| Feb. 10 | Sterling City Odessa | College | A Girls \& Boys | 6:00 |

## Senator Teel Bivins plans visit in area

Senator Teel Bivins (R-Amarillo) will be in Denver City Friday, Dec. 9 at 12 noon at Sellers Restaurant located on 214 Seminole Highway.

All area residents are invited to attend. They will be able to buy theirlunch and eat during the meeting.

Sen. Bivins will conduct a town hall type meeting, inviting questions and suggestions from the audience.

## Letters to Santa to be published

Letters to Santa from area and local children will be published in The Plains Pride Christmas issue, Dec. 21.

All children are encouraged to get their letters written, and drop off in one of the collection boxes located at Anne's Mini Mart, Pay-n-Save orCandi Seaton's home.

We'll send them on to Santa so that he will know what to bring for Christmas.


PHS Auditorium
December 18, 7:00pm

Farwell Invitational Tournament
December 8, 9, 10
Boys' Bracket


Girls' Bracket


10 a.m.
Saturday
7th Place

Bottom wears white All times CST (Texas time)


PICTURES WITH SANTA were taken at the community building, following the lighting of the community Christmas tree. Children brought food for the needy in exchange for a picture with Santa. Left to right are Cory and Kimberly

Lowrey, grandchildren of Butch and Eva Mack; Nicole Culwell, granddaughter of Carolyn Culwell and daughter of Gary Culwell; and Pam Redman, Yoakum County Child Welfare Board member.



LAURA FLORES, fourteen-year-old. daughter of Diana and Cody Flores, plays volleyball and basketball at PHS. A freshman, her favorite subjects are science and band. Her hobbies are drawing, singing, playing volleyball. She is a member of the Student Council and her future goals are good grades, and attending college.
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DAVID FLORES, fourteen-year-old son of Pete and Eva Flores, is a freshmen at Plains High School. He plays football and his hobbies include spending time with Crystal and friends and playing sports. His future goals are to finish reading the Bible through and to finish high school.


WENDY BECKHAM, a freshman at: PHS, is the fourteen-year-old daughter of Keith and Jennifer Beckham. She plays volleyball, basketball, tennis and runs track. Her favorite subject in school is math. Her hobbies are showing animals and playing sports. Her future goal is to be some where in life.

Our Cowboys \& Cowgirls are really 'something to crow about' brought to you by:

Richardson Insurance
Plains Chamber of Commerce
Two J-S
Flying Service

Anne's Mini Mart
Yoakum County Federal Credit Union

Tokio Co-op Gin
images by Bonnie
Yoakum County Co-op Gin TEXAS ALLTEL


## Tour of homes

## to be held tonight

Residents are reminded of the Home Tour, sponsored by the Plains Methodist Church, set for tonight between the hours of 7 and 9 p.m.

Homes of Peggy and Kent Welch, Edith and Randy Tuggle, Kathy and Danny Bell, Karen and Rickey Bearden and Vicki and Brad Ancinec will be open during those hours for visits from members of the community.

Following the tour of homes, everyone is invited to Plains State Bank for refreshments. Door prizes, donated by Renaissance Flowers and Gifts, will be drawn for at 9:30 p.m.
Everyone is invited to tour the homes and then come to the bank for fellowship.


The family of Avon G. Brantley would like to thank you for the kind expressions of love extended during the loss of our loved one.

The cards, flowers, food and especially your prayers are sincerely appreciated.

Our love to each of you,
The Brantley Family


Larry and Annette Alvarado are parents of a baby boys, born Nov. 21, 1994 at 9:09 p.m. in Lubbock. Named Nicholas Bryce, he weighed seven pounds, one ounce and was twenty and a half inches long at birth. Grandparents are Esmeralda Romero of Odessa and Frank Alvarado of Brownfield. Great-grandfather is Abram Martinez of Austin.


News \& Advertising for The Plains Pride, may be dropped uff at any of these locations:
Anne's Mini Mart
Lowe's Pay-n-Save or at 506 8th St.
(envelopes and mall box provided)
THE PLAINS PRIDE: The Plains Pride (USPS 757-130) is published weekly at 716 Main Street, Olton, Lamb County, Texas 79064.

Second Class Permit paid at Olton, Texas 79064.

Postmaster: Send address changes to The Plains Pride, P.O. Drawer E, Olton, TX 79064-0437.

Christmas Open House slated by Canterbury Villa, Denver City

Canterbury Villa, 315 Mustang Open House Dec. 10 from 2 to 5 p.m.


Love seems the swiftest, but it is the slowest of all growths. No man or woman really knows what perfect love is until they have been married a quarter of a century.
—Mark Twain

