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CALLAHAN COUNTY STAR SPOTLIGHT WRITERS SHOWCASE

(All submitters retain ownership)

Poetry Foundation Launches Poetry Tour of Washington, DC

CHICAGO—The Poetry Foundation is pleased to announce the launch of the Washington, DC, Poetry Tour. The interactive tour, freely available at www.poetryfoundation.org/poetrytour, reveals our nation's capital through the eyes of its great poets, including Walt Whitman, Paul Laurence Dunbar, and Elizabeth Bishop, among many others. From the hallowed halls of the federal buildings to neighborhood side streets, the tour features poems written in and about DC, as well as original photographs by poet Thomas Sayers Ellis.

Narrator and inaugural poet Elizabeth Alexander leads the tour from the stacks of the Library of Congress to Civil War battlefields to the Capitol steps, from the National Zoo to the U Street Corridor to the Busboys & Poets Café. Archival recordings from canonical poets including Langston Hughes, Robert Hayden, Sterling Brown, Randall Jarrell, and Ezra Pound chronicle DC's rich literary history, while contemporary poets such as Linda Pastan, Quique Avilés, Yusef Komunyakaa, Naomi Ayala, A.B. Spellman, and Jane Shore share their experiences, through both poetry and commentary, of national monuments and monumental poets alike.

The DC Poetry Tour presents the development of the capital's poetry scene over the last century and a half, from its interplay with musicians Dizzy Gillespie, Duke Ellington, and Ben Webster, to the creation of the office of poet laureate, to the legendary literary salons hosted by Georgia Douglas Johnson, to the multifaceted work of numerous poet-activist groups. Local poets and scholars—including E. Ethelbert Miller, director of the Afro-American Studies Resource Center at Howard University; David Gewanter of Georgetown University; and Kim Roberts, editor of *Beltway* magazine—provide the framework for understanding the moments and movements that have shaped DC's literary culture.

Listeners to the tour, which includes 34 stops throughout the National Mall and Northwest DC, learn that Washington is not only our government's headquarters but an important American literary capital as well. Historical images and artifacts provide a glimpse into the city's storied past, while photographs by poet Thomas Sayers Ellis, who was born and raised in Washington, give viewers an inside look at DC's neighborhoods and people. Poem text is presented along with original audio recordings and archival images, as listeners step into the national arenas that continue to inspire poets today.

"Tracing the history of American poetry against the culture and geography of our national capital helps readers develop a better sense of our shared literary heritage," notes Anne Halsey, media director of the Poetry Foundation. "Poetry lovers visiting Washington can download free audio tours and maps to take guided poetry walking tours of the National Mall or Northwest DC—but you don't have to be in DC to explore the city's literary history. The full multimedia tour can also be experienced virtually at poetryfoundation.org/poetrytour."

Beginning at the Library of Congress—the home of the first Poetry Consultant, Archibald MacLeish—the tour discusses the contributions of such heralded poets as Robert Lowell, Robert Frost, and William Carlos Williams. MacLeish declares, "A poem should not mean / But be." Later, Williams fashions a modernist American poetry: "Never reverse a phrase that is your language as you speak it . . . Then you've started to create a culture in your place as you are."

Contemporary poets from throughout the Beltway also present poems. Poets such as Brian Gilmore, who relates his personal interest in Paul Laurence Dunbar, and Myra Sklarew, who discusses May Miller, recognize the influence of their predecessors, reflecting upon them as President John F. Kennedy did when he spoke of Robert Frost: "Our national strength matters; but the spirit which informs and controls our strength matters just as much. This was the special significance of Robert Frost."

The Washington, DC, Poetry Tour, an original production of the Poetry Foundation created in collaboration with Tierra Innovation, was written and produced by Curtis Fox. Special collaborators on the project include Grace Cavalieri, Katie Davis, Patricia Gray, E. Ethelbert Miller, and *Beltway* magazine editor Kim Roberts.

For more information, go to <http://www.poetryfoundation.org/poetrytour>

CONTACT

POETRY FOUNDATION
444 North Michigan Avenue
Chicago, IL 60611
312.799.8065

Media Contact: Kristin Esch
ABOUT THE POETRY FOUNDATION

Submissions sought to:

Star
P.O. Box 29
Eastland, TX 76448

email: thebairdspotlight@att.net

S.A.S.E. for returns

--WANTED--

20 lines,

double spaced or less

Poetry

Fiction or Non

Each entry with brief biography notes. All must be family oriented; no smut, slander or libelable material.

The Poetry Foundation, publisher of *Poetry* magazine and one of the largest literary organizations in the world, exists to discover and celebrate the best poetry and to place it before the largest possible audience. The Poetry Foundation seeks to be a leader in shaping a receptive climate for poetry by developing new audiences, creating new avenues for delivery, and encouraging new kinds of poetry through innovative literary prizes and programs. For more information, please visit poetryfoundation.org.

Thanksgiving

With thankful hearts we come to Thee
Counting our blessings with humility
You give us blessings more and more
As you gave blessings to those before

The time has come for us to share
With thankful hearts Your love and care
And give to others from what we have
So they may know that love can save

We share our blessings day by day
Helping others along life's way
So they may know the God of love
Who sends His blessings from above.

Ron Vaughn
11-1-09

Thanksgiving

- Thankful - Proud of favor and blessings grand
- Humble - Glad to be found lowly and meek
- American - Our home of the free, our homeland
- Native - Belonging and natural are we.
- Kindred - Related to all men of Earth
- Special - Able to see as they see us
- Gracious - Unboasting of grace, pride or worth
- Image - So concerned how others view us.
- Valid - Well rounded, effective and sound
- Immune and hurt - Bold and free from all harm
- National - We are fellow citizens Found
- Gallant - Brave of spirit and grand of birth.

- Weldon L. Smith
Eastland, Texas

WANTED: Poetry and/or short stories for this page each week. Mail to: Star P.O. Box 29 Eastland, TX 76448 or e-mail to thebairdspotlight@att.net

Thankful For Language

Language is a beautiful thing, and we should perhaps stop and meditate on the beauty of speech, and the wonderful gift, to be able to communicate to each other with language. It is a thing to be thankful for, that with language and voice you can create music. You can name things. Definition and description are two intellectual uses of language that we do without well. Imagine trying to define Aunt Gertrude, if you only had stick and sand pictures to use. Look at how hard it would be to describe the red flower, the green stem and the prickly thorns of the rose. Movement is very difficult to communicate without words. What if you needed to demonstrate the action of a moving jackrabbit, and the only tool you had, was to mimic it with your own movements? We might have a more humorous world, but not a better one. - Patrick Ready

Dear Fellow Poetry Lovers,

Let us remember that in the end we go to poetry for one reason, so that we might more fully inhabit our lives and the world in which we live them, and that if we more fully inhabit these things, we might be less apt to destroy both.

—Christian Wiman, Editor, *Poetry*

As we wrap up an eventful year and head into the holidays, the Poetry Foundation would like to invite you to give yourself (and us!) a gift—join us, and a whole world of poetry, on our **Facebook page** (and on **Twitter!**).

Join a community of fellow poetry lovers, and get blog posts, poems, and articles from poetryfoundation.org delivered right to your news feed. You can:

- Take an **abstract walk** with Poet Laureate Kay Ryan
 - Learn how **Auden liked his martini**
 - Determine just how similar poetry critiquing is to the process of elimination on **Project Runway**
 - Weigh in on whether **poetry can reconnect the individual and society**, as A.F. Moritz contends
- On top of all that, fans keep abreast of Poetry Foundation events and announcements including:
- Helen Vendler's recent lecture at the Art Institute
 - C.D. Wright's reading on Poetry Day
 - The launch of the **DC Poetry Tour**
 - The latest poet to be featured on the **NewsHour**
 - The winner of the **Poetry Film Prize**
 - The launch of the new **Poetry Learning Lab**

Fans get the scoop on **seasonal poems** and entertain themselves with videos from **Poetry Everywhere**, as well as with Melissa Friedling's ongoing quest to find out just "What Is Poetry?"—as friends like **Joe** and **Tomas** respond. Become a fan now, and don't miss out on what's to come:

- The announcement of our spring **Events** schedule
- The latest **poetry news**
- Spotlighted posts from our blog, **Harriet**

Joining Poetry Foundation & *Poetry* magazine on **Facebook** and **Twitter** allows you to be an active part of today's poetry conversation. (And eavesdropping on that conversation can be equally fun.)

You can also **give a subscription to *Poetry* magazine for free** this holiday with the purchase of one subscription. Give friends and family something to talk about this season: poetry! We look forward to connecting with you on Facebook!

—Poetry Foundation



Happy Thanksgiving

AREA MEDICAL DIRECTORY



Chamber of Commerce members and employees of Eastland Chiropractic and Health Care gathered for a ribbon-cutting Thursday morning. From left to right are Nellie Chalmers, business manager Steven Brown, Sharon Siebert, Dr. Kasey Kunkel, and Cristal Rose.

Immunization Clinic To Be Held December 1

The Department of State Health Services will hold an Immunization Clinic on **Tuesday, December 1st** from 9:30-12:00 & 1:30-3:30 at 2895 I-20 West, (WIC CLINIC) Eastland, Texas.

Regular Seasonal Flu Vaccine available for all ages.

H1N1 Inactivated Vaccine (shot) available for ages 6-24 months, and 5-64 years of age that have a high risk medical condition.

H1N1 Live Virus (Nasal Mist) available for ages 2 years thru 25 years of age with no high risk.

Must bring SHOT RE-

CARD, Bring Medicaid, and SS # if available.

Seasonal Flu shots are a \$10 donation, there is no charge for the H1N1 vaccine.

No one will be denied vaccine if inability to pay for shot.

For more information call **Enola Tullis** at 559-2205.

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Recipe Corner

Pumpkin Cheesecake

- 1 1/2 cups graham cracker crumbs
- 1/3 cup butter
- 1/4 cup granulated sugar
- 3 (8 ounce) packages cream cheese
- 1 cup granulated sugar
- 1/4 cup packed light brown sugar
- 2 large eggs
- 1 (15 ounce) can 100% Pure Pumpkin
- 2/3 cup Evaporated Milk
- 2 tablespoons cornstarch
- 1 1/4 teaspoons ground cinnamon
- 1/2 teaspoon ground nutmeg
- 1 (16 ounce) container sour cream
- 1/3 cup granulated sugar
- 1/4 teaspoon vanilla extract

Directions

PREHEAT oven to 350 degrees F.

COMBINE graham cracker crumbs, butter and granulated sugar in medium bowl. Press onto bottom and 1 inch

up side of ungreased 9-inch springform pan. Bake for 6 to 8 minutes (do not allow to brown). Cool on wire rack for 10 minutes.

BEAT cream cheese, granulated sugar and brown sugar in large mixer bowl until fluffy. Beat in eggs, pumpkin and evaporated milk. Add cornstarch, cinnamon and nutmeg; beat well. Pour into crust.

BAKE for 55 to 60 minutes or until edge is set but center still moves slightly.

COMBINE sour cream, granulated sugar and vanilla extract in small bowl; mix well. Spread over surface of warm cheesecake. Bake for 5 minutes. Cool on wire rack. Refrigerate for several hours or overnight. Remove side of springform pan.

Pumpkin Pie Squares

- 1/2 cup butter, softened
- 1/2 cup brown sugar
- 1 cup all-purpose flour
- 1/2 cup rolled oats
- 2 eggs
- 3/4 cup white sugar
- 1 (15 ounce) can pumpkin
- 1 (12 fluid ounce) can evaporated milk
- 1/2 teaspoon salt
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground ginger
- 1/4 teaspoon ground cloves

Preheat oven to 350 degrees F (175 degrees C). In a medium bowl, cream together butter and brown sugar. Mix in flour. Fold in oats. Press into a 9x13 inch baking dish.

Bake in preheated oven 15 minutes, until set.

In a large bowl, beat eggs with white sugar. Beat in pumpkin and evaporated milk. Mix in salt, cinnamon, ginger and cloves. Pour over baked crust.

Bake in preheated oven 20 minutes, until set. Let cool before cutting into squares.

Eastland Memorial Volunteers Open House December 3rd

By Kelly Davidson

Come see what we are all about!

On Thursday, December 3rd from 5:30p.m. until 7:00p.m. the Eastland Memorial Hospital Volunteers are having



Happy Thanksgiving

a 'come and go' Open House in the new EMH Boardroom next door to the SunShine Gift Shoppe.

While you visit with our volunteers and receive information/applications you are welcome to enjoy refreshments from our gift shoppe as well as the 10% SALE on ALL MERCHANDISE that will be going on for this evening only.

Don't miss the fun, refreshments and great shopping, come on by!



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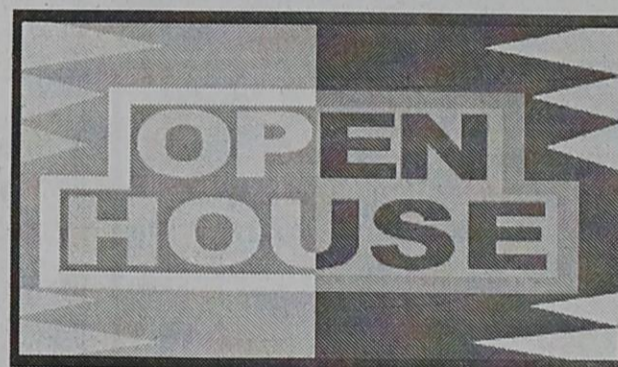
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The EMH Volunteers are hosting an



When: Thursday, December 3rd

Time: 5:30 pm-7:00 pm

Where: SunShine Shoppe & EMH Board Room

(located inside the Earl & Billye Bradley Wellness Center)

Refreshments will be provided while you shop in our gift shop and visit our information booth. Applications will be available if you are interested in joining our organization.

The SunShine Shoppe offers a variety of unique gifts where you can find something perfect for your holiday needs!

SALE-All merchandise 10% off-SALE



Supernotes

By David K. Perry
Gorman ISD Superintendent
dperry@gorman.esc14.net

Winter is almost here! We had a good precursor to it last week with that cold snap, but after all it is November. We aren't supposed to be able to wear shorts and short sleeved shirts all year. You have to move a lot further south for that kind of weather. I wish you all a blessed Thanksgiving and that all you have to be thankful for will be revealed to you in a special way. Be truly thankful!

School is out early on Tuesday, and we will be closed this Wednesday through Friday for Thanksgiving. We return to regular schedule on Monday. I hope is a restful break for everyone.

One thing for which everyone can be thankful is that we have great kids and we have a highly qualified faculty and a great staff that care about our kids and our school. We also have a great school board, all of whom have been diligently working for the best interest of your children and our community. We have a school where I believe everyone feels welcome, safe, and well cared for.

It looks like our legislature has decided to put public education on the back burner again and is making no plans to try and fix our financial problems in the next session or any other time. Last week the Texas House of Representatives Interim Charges were released:

House Committee on Public Education

1. Monitor the implementation of the public school accountability, college readiness, and other reforms enacted by HB 3 (81R) and recommend adjustments as needed.

2. Study the role of public schools in promoting student health, providing health related information, and responding to infectious diseases, including the H1N1 virus.

3. Study the best leadership and management practices of campus administrators for improving student achievement, with particular focus on effective leadership models for improving low-performing campuses. Make recommendations on how to implement successful strategies at scale. Review the current administrator certification process and make suggestions for improvements.

4. Review policies to ensure the availability of quality science, technology, engineering, and mathematics (STEM) curriculum to all students in primary and secondary education. Examine strategies to increase the supply and improve retention rates of teachers in STEM fields.

5. Monitor the agencies and programs under the committee's jurisdiction.

Unfortunately, the charges do not mention funding or funding related issues. This is very interesting since there is a requirement in HB 3646 to study funding weights. I suppose since they made the law, they can ignore it. It appears that with the influx of no new money and no known stimulus funding continuing, that there just isn't any political interest to deal with the looming financial crisis facing the Texas public schools. I am personally curious about what or who that "Rainy Day Fund" is being saved for? It seems ridiculous to me that for any real change to take place that it requires a court order. To adequately and equitably fund the education

of the children in Texas should not just be a dream, it should be a reality and a priority! Call your legislator in support of our legislators developing a funding plan during the interim that will do this before the next session begins in 2012. Don't your kids and grand kids deserve it?

We played basketball in May last Tuesday night and dropped both games. But we played hard and were more physical than I've seen in the past. On top of that, we have a lot of speed. I expect by district they will be ready, plus we will have some of our injured players back. Our junior high players participated in a basketball tournament in Cross Plains that began on Thursday. Varsity boys played Santo last Friday night here at home.

Elementary U.I.L. Academic Competition will be held on December 8th and 10th at Ranger. If your child is on a team, please encourage them to study for the contest. Permission slips as well as additional information will be sent home to you before the trip.

Remember, no shorts are to be worn between Thanksgiving and Spring Break. Please!

The Lady Cubs and Cubs will play Evant Monday, November 23rd, 2009, starting at 4:00pm in the new gym. Please come out and support our kids. These are the varsity of tomorrow and they need your encouragement and support. The Lady Panthers Basketball Team will play at



Gospel Singing in Moran Texas on November 29, 2009 starts at 3:00 PM Banquet to follow at the Moran Community Center

Sidney on Tuesday, November 24th, starting at 3:00pm.

As you ponder on all of your blessings this past year, please don't forget to be thankful for your family, each and every person! Remember those serving in our military and those that have served in our military, all branches, and for the freedoms they preserve for us. Pray for our government and our country, we face many challenges in the near and distant future. And, thank God for all things!

Remember, it takes community involvement for a school to be successful and you are welcome to get involved at Gorman ISD anytime. This is your school; these are your children; and these children are your future! Your input is always welcome. Come help us shape the future. Thank you for all you do to support us!



Crossword Answers

P	A	N	D	A	A	A	R	A	R	D	
G	R	I	N	A	N	D	R	E	A	R	I
A	L	A	L	A	T	I	C	S	M	A	D
L	O	G	I	A	S	H	I	R	E		
M	U	R	R	E	S	A	L	L	I	E	
E	A	M	E	S	S	A	L	L	I	E	
S	A	P	G	E	T	M	S	S			
S	T	R	A	T	A	G	E	M			
S	C	A	R	V	E	R	S	I	G	M	
N	A	T	I	O	N	L	I	A	R	S	
A	M	I	B	S	C	H	O	O			
G	P	O	A	M	A	S	S	E	R	E	
I	N	A	G	L	A	S	S	H	O	S	
S	C	A	B	S	R	E	S	H	T		

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SUDOKU

1								3
			7					5
7			5		4	9		
5			8					
		9				2		
4	3							8
6					9			
			6		3			7
		4			5			2

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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E96

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NOTICES

NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS
Sealed proposals for contracts listed below will be received by TxDOT until the date(s) shown below, and then publicly read.

CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT(S)
Dist/Div: Brownwood Contract 6201-05-001 for REPAIR MBGF WILL-CALL AS NEEDED NON-SITE-SPECIFIC in BROWN County, etc will be opened on December 15, 2009 at 2:00 pm at the District Office for an estimate of \$297,885.95.
Contract 6202-83-001 for SIGNAL MAINTENANCE (WILL-CALL AS NEEDED NON-SITE) in BROWN County, etc will be opened on December 15, 2009 at 2:00 pm at the District Office for an estimate of \$243,042.83.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.txdot.gov and from reproduction companies at the expense of the contractor.
NPO: 31443
State Office

NOTICES

Constr./Maint. Division
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Austin, Texas 78704
Phone: 512-416-2540
Dist/Div Office(s)
Brownwood District

District Engineer
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Brownwood, Texas 76802-3227
Phone: 325-646-2591

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.
(11-22, 26-09)

NOTICE OF PUBLIC SALE of property to satisfy landlord's lien. Sale is 10 am, December 10, 2009, at 1351 East Main, Eastland, TX. Property will be sold to highest bidder for cash. Cleanup and removal deposit may be required. Seller reserves the right to withdraw property from sale. Property includes contents belonging to **LONNIE PETREY**, including gun cabinet, tools, household goods. Contact Main Street

NOTICES

Storage at 254-631-7762.
E97

NOTICE OF PUBLIC SALE of property to satisfy landlord's lien. Sale is 11 am, Dec. 10, 2009, at 1075 Lago Vista Blvd., Eastland, TX. Property will be sold to highest bidder for cash. Cleanup and removal deposit may be required. Seller reserves the right to withdraw property from sale. Property includes contents of unit belonging to **SHANNON ROBERTS** and unit belonging to **JACOB MCCULLOUGH**, including furniture and household goods. Contact Lago Vista Storage at 254-631-7762.
E97

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Back row (L-R): Gwenda Moseley McCartney, Toni Horton Pryor, Judy Seaberry, Wanda Arther Lambert, Becky McAlister Norris, Judy Lewis Scott, Laverne Hensley Porterfield, Glenda Moseley Ripley. Front row (L-R): Nora Jordan Black, Carol Walter Russell, Shirley Smith Ables, Julie Frost Cockran, Mary Craven Warford.

Making Magical Holiday Memories At The Gaylord Texan Hotel For The Second Annual 1963 E.H.S. Girlsfriends' Reunion

By Carol Walter Russell
Thirteen Eastland High School females from the Class of 1963 gathered at the Gaylord Texan Hotel in Grapevine, Texas on November 13-15, 2009 for their Second Annual E.H.S. Girlsfriends' Reunion. Julie Frost Cochran, Wanda Arther Lambert, and Judy Lewis Scott planned an outstanding reunion again this year. In 2008, Judy Seaberry joined these three excellent planners to organize our first reunion in Wimberley, Texas, Judy Seaberry's hometown. We enjoyed reconnecting with each other so much in Wimberley that we met again this year in Grapevine.

The reunion participants from Texas were these: Shirley Smith Ables of Silsbee, Nora Jordan Black of Clyde, Julie Frost Cochran of Dallas, Wanda Arther Lambert of Frisco, Gwenda Moseley McCartney of Abilene, Becky McAlister Norris of Sanderson, Toni Horton Pryor of Gordonville, Glen-

da Moseley Ripley of Gorman, Carol Walter Russell of San Antonio, Judy Lewis Scott of Carrollton, Judy Seaberry of Wimberley, and Mary Craven Warford of Eastland. Laverne Hensley Porterfield is the only reunion participant who lives outside Texas in her hometown of Hope, Arkansas.

We liked walking around the Gaylord Texan Hotel's beautiful Christmas decorations with 1.5 million holiday lights, 10,000 ornaments, a life-size gingerbread house, and a 50 foot rotating Christmas tree in their atrium. The hotel also has several moving electric trains with one train even traveling on top of a giant guitar.

We enjoyed looking at our E.H.S. annuals together and remembering our fun high school days as well as learning about current family and grandchildren. We have all heard the Beatles sing "When I'm 64," and we are moving into our 65th year and sharing Medicare infor-

mation now.

We are thrilled to learn that Wanda Arther Lambert and her husband Ken have now visited all the continents except Australia which they plan to visit soon. This year they traveled to South America and Antarctica, and Ken, an outstanding photographer, compiled a beautifully bound book of their travel pictures. We all enjoyed vicariously traveling with Wanda and Ken to South America and Antarctica.

Saturday was a busy day of seeing the ICE exhibit and attending a Mystery Dinner Theater. Saturday morning we donned heavy parkas provided to view in 9 degree temperature the ICE attraction featuring carved ice figures from Dr. Seuss' *How the Grinch Stole Christmas!* and the Nativity. The best part of the exhibit is the life size Nativity figures carved out of ice. The ICE exhibit features 2 million pounds of handcarved ice. Saturday night our group attended a Mystery Dinner Theater, and our very intelligent group was able to figure out who was the guilty character.

Several are retired teachers, but a few are still working. Becky McAlister Norris still teaches middle school math part time and serves as the Director of UIL Academics in Sanderson. Laverne Hensley Porterfield continues to work as an accountant and controller for Hope Agri Products in Hope, Arkansas as she has for the past 25 years. Glenda Moseley Ripley runs a farm in Gorman, and her twin sister Gwenda Moseley McCartney works for Tommy Milliorn Real Estate in Abilene as she has for the past 23 years. Toni Horton Pryor owns and operates Longhorn Ranch Store and Grill in Whitesboro, Texas. Check out what she sells at longhornranchgeneralstore.com. She could only stay one night of our reunion because she needed to return to the restaurant to manage a wedding reception Saturday night.

We were delighted to have two new class members, Nora Jordan Black and Toni Horton Pryor, join the group this year. Next year we hope other girls from our class will want to join us as well. We look forward to joining the members of the Class of 1963 Reunion for the June, 2010.

Ranger Christmas Parade December 4

Ranger Historical Preservation Society Presents The Fourteenth Annual Night ~ Time Lighted Christmas Parade 6:00 Friday Evening, December 4, 2009 Downtown Main Street Ranger, Texas Theme ~ "Old Fashion Christmas"

This year's parade featuring Hardin-Simmons University Six White Horses and Cowboy Band, will begin at the park at the end of West Main Street, proceed down Main Street to end at the Roaring Ranger Museum. The HSU Cowboy Band will perform at the Gazebo in Ranger's Texas Ranger Park immediately following the Parade.

This is a night-time parade. ALL entries must have some type lights (Walking groups, Bands, etc. may have lights on hats or clothing.)

Lineup at the Swimming Pool Park area will begin @ 5:00 P.M., and entries need to be in place by 5:30 P.M. for Judging. Awards will be given from the review stand. It is our wish to make each year's parade bigger and better. Your entry will help make the 2009 Christmas Parade a successful event for all!! PLEASE DO NOT INCLUDE SANTA in your entry... Young and old alike will wait and watch in anticipation for the Ranger Volunteer Fire Department's big red fire engine that will bring the One Santa Claus down Main Street. Remember Santa will visit with the children, hear their wishes and give them a bag of goodies.

Join us in 2009 and help us make this the best ever!!

In order to prepare lineup positions and assign participant numbers, ALL ENTRY FORMS MUST BE RECEIVED NO LATER THEN TUESDAY, NOVEMBER 24, 2009 at Ranger Historical Preservation Society, P.O. Box 320, Ranger, Texas 76470, or forms may be faxed to 2554-647-3824 or emailed to rhaps@txol.net. All entries received by this date will be mailed a map including their entry number and lineup position. Need more info? Call 254-647-3340, leave message for return call. Late entries will not be turned away, but will have

to follow at the end of the parade. PLEASE keep about two car lengths between you and the entry you are following, and remember to stop at the review stand to be announced to the crowd. For safety reasons, everyone is requested ~ PLEASE DO NOT THROW CANDY or OBJECTS OF ANY KIND from your entry. Remember Santa will have "goodies" for all the children who come to visit him. The Ranger Historical Preservation Society (RHPS ~ CTHGP) will not be responsible for Any Accidents or Damages.

Books Are Fun

by Kelly Davidson
The EMH Volunteers are hosting a two day fundraiser in the meeting room located beside the SunShine Gift Shoppe in the Earl and Billye Bradley Rehab/Wellness Center. It will be on Wednesday, December 9th, from 10:30 am until 8:00 pm and again on Thursday, December 10th, from 6:00 am until 3:00 pm.

You'll find cookbooks, holiday books, children's books, history books and more. A diverse assortment of Christmas items, cards, educational toys, gifts for all ages and decorative pieces you'll enjoy. All are new, high-quality items offered at discounted prices of up to 70 percent off the suggested retail price. These items are offered through Books Are Fun, which expanded earlier this year to include the former Imagination Books company. We hope to see you there!

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Annual Lighted Christmas Parade "Storybook Christmas"
Line up 5pm, Judging 5:30pm, Starts 6:15

Annual Community Tree Lighting following parade at the community pavilion

Holiday Bake Sale at Pavilion 5pm
cookies, cakes, pies, bread and more

Santa at the Hilton following tree lighting please bring a camera if you'd like pictures.

Tour of Homes 5pm-9pm tickets \$5.00 for tickets, list of homes & more details contact the chamber at 254-442-2537 or 309 Conrad Hilton 5-96

Sizzling Summer Dieting Tips

Summertime cuisine can be some of the best food we eat all year. Backyard barbecues, picnics at the park and, of course, ice cream, decorate the menus people enjoy each summer.

As enjoyable as warm-weather fare can be, it is important to avoid overeating during the hot months, as no one likes the bloated feeling of overeating on a hot day. When planning your meals this summer, consider the following tips to ensure that your summer is both healthy and not too filling.

* Take your grilling to parts unknown. While it's common to associate grilling and barbecuing with steaks, hot dogs and burgers, the grill can also be a great place to cook healthier

choices. Fruits and vegetables can also be cooked on the grill. Veggies gain much in regards to flavor when cooked on the grill. In addition, fruit can be made into kabobs and grilled on low heat for a delicious meal.

* Drink your water. The higher temperatures common to summer can lead to dehydration for those who don't drink ample fluids. What's more, the symptoms of dehydration can mimic those of hunger, making you feel hungry when you might not be. To avoid overeating and dehydration, be sure to drink the recommended daily amount of water.

* Snack healthy as well. It's not only meals that can weight you down during summer heat waves. What

you snack on while at the office or lounging around the house can make you feel sluggish as well. Instead of potato chips or other heavy snacks, choose lighter fare such as fresh berries. Berries can even be added to healthy snacks such as yogurt or salad to give them a boost in flavor and you a boost in energy.

* Think lean. Because it is grilling season, you're not going to entirely abandon summer favorites such as steaks and burgers. And you can still enjoy beef and be healthy at the same time. When shopping with a backyard barbecue in mind, look for lean cuts of beef such as sirloin and loin cuts. To add flavor, marinate the meat in a low-calorie marinade, such as light salad dressing or even citrus juice.

Summer a Great Time to Go Green

Summer is synonymous with many things, such as vacations, backyard barbecues and soaking up the sun. While those have long been summertime traditions, summer can also be a great time to start living a more environmentally conscious lifestyle. And many of these lifestyle adjustments are easy to make, especially during the warmer months of the year.

* Let nature dry your clothes. Clothes dryers need substantial amounts of energy to operate. Homeowners can greatly reduce their carbon footprint, however, by choosing to dry their clothes outdoors on a clothesline during summer months.

* Install solar lights around your property. Another way to save energy, and money, around the house this summer is to install solar garden lights around the property. Such lights are typically inexpensive, and the daytime sunlight will power them through the night, saving energy and money.

* Cover the pool. Few things are more enjoyable come summertime than taking a dip in the backyard pool. While pools are not typically seen as environmentally friendly, covering the pool can make it much more beneficial to the environment. That's because a cover will keep water from evaporating, meaning you'll fill the pool far less often. And a pool cover will keep the heat in the pool, reducing your heating costs in the process.

* Change the bulbs. Energy-saving light bulbs inside the house can make your home more comfortable once the temperatures heat up. Energy-saving bulbs emit less heat and also last much longer than their traditional counterparts.

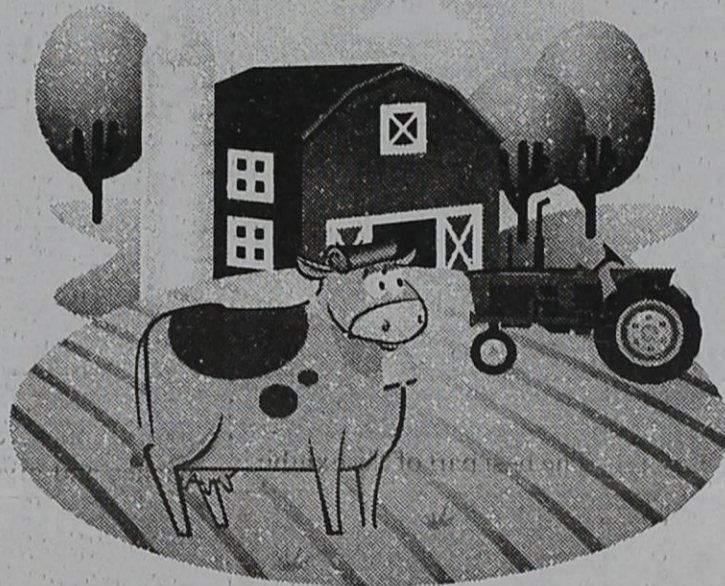
* Change your barbecue routine. Backyard barbecues are a staple of summertime for families across the country. However, these gatherings can often prove unfriendly to the environment. Rather than using paper plates or napkins at your next backyard barbecue, use reusable plastic plates and cloth napkins. This is far less wasteful and can make a very positive impact on the environment.

* Don't be so quick to turn on the air conditioning. Air conditioners use substantial amounts of energy. In lieu of turning the air on at the first sign of a heat wave, consider installing ceiling fans or simply opening the windows.

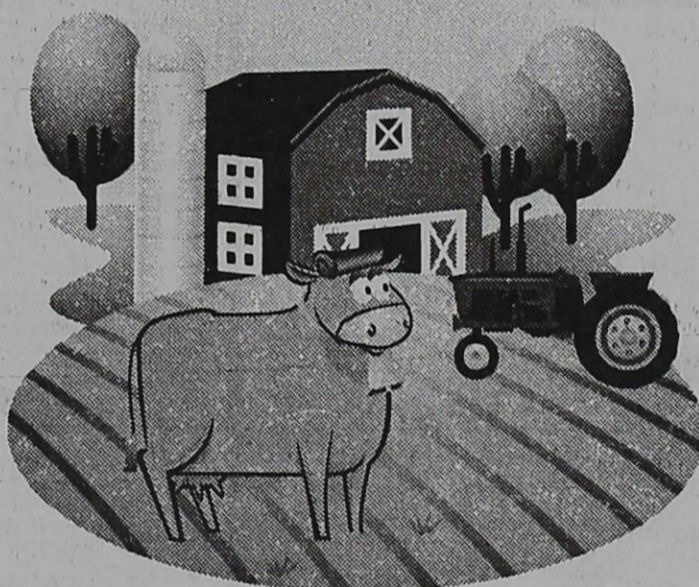
What's the Difference?

There are 5 things different between Picture A and Picture B. Can you find them all?

A



B



Answers: 1. barn is pink 2. missing clouds
3. missing spots on cow 4. cow has more udders
5. missing steering wheel

THIS DAY IN...



HISTORY

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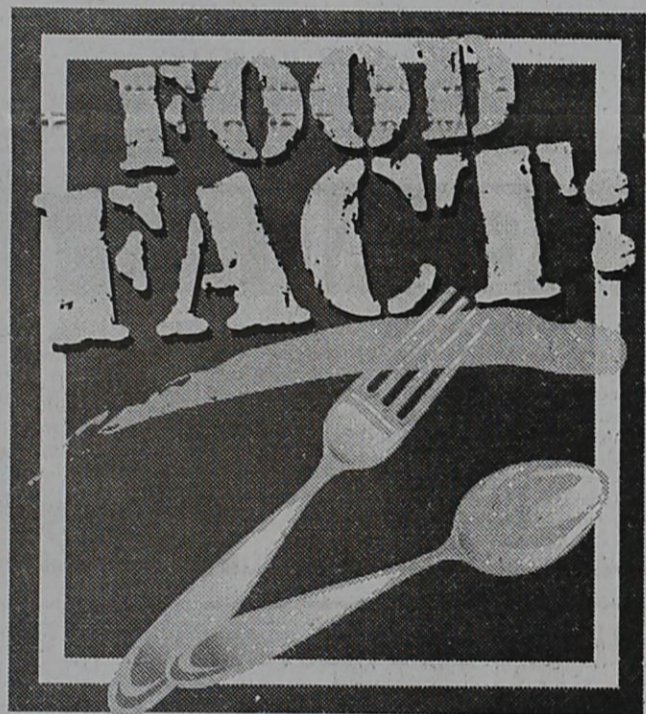
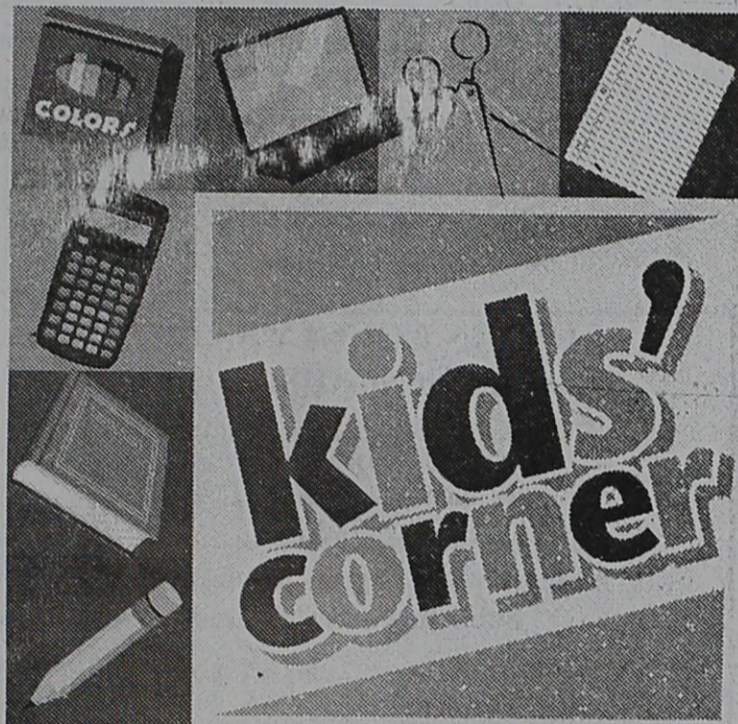
• 1954: THE FIRST ATOMIC POWER STATION OPENED NEAR MOSCOW.

• 2003: THE NATIONAL DO-NO-CALL REGISTRY WAS FORMED TO COMBAT UNWANTED TELEMARKETER PHONE CALLS.

New
Word

DAIRY

of or containing
milk



A PERSON ALLERGIC TO DAIRY
MAY HAVE TO TRY WHAT KIND
OF PRODUCTS?

ANSWER: SOY

How they
SAY that in...

ENGLISH: Cow

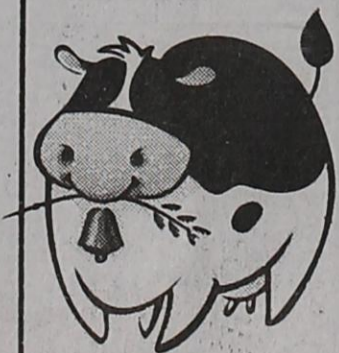
SPANISH: Vaca

ITALIAN: Mucca

FRENCH: Vache

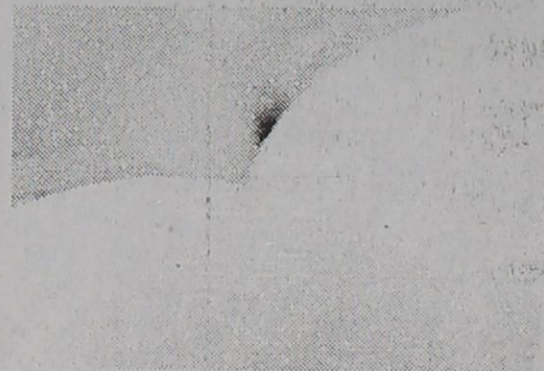
GERMAN: Kuh

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Can you guess what
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