



PREPARING FOR OPENING NIGHT at the Garza Theatre are "Romeo and Juliet" cast and crew members (back row, left to right) director Will McCrary, Wendy Clay, Shane Horton, Jon Steele, Michael Harper, Linda Ellis, Charles Somerville, Emily Hataway, James Bell, Anne Leake, Danny Lech, choreographer Tammy Martin, Shannon Scott, Doug White, (front row, left to right) Joshua Hubble, Trampas Thompson, Cole LeBlanc, Tyler Duncan, Rich Warren, Troy Timms and Randy Britton.

'Romeo and Juliet' Thursday at the Garza Theatre

The Garza Theatre production of "Romeo and Juliet", designed and directed by Will McCrary, will star Trampas Thompson and Cheryl Thompson in Shakespeare's most beautiful love story. Both are drama students at Texas Tech. This will be Cheryl's 13th major role on the Garza stage. Trampas was 'Ambrose Kemper', the charming young bridegroom-to-be, in the Garza's June production of "The Matchmaker."

The production opens Thursday, July 19 for seven performances: July 19-22 and July 27-29. Thursday, Friday and Saturday performances begin promptly at 7:45 p.m. and Sunday matinees are at 2 p.m.

Also starring in the key supporting roles of 'Mercutio', 'Tybalt' and

'Benveolio' will be Troy Timms, Doug White and Rich Warren.

Featured as major supporting characters will be Jon Steele, Anne Leake, Linda Ellis, Charles Somerville, Emily Hataway, James Bell. McCrary will take on the part of 'Friar Lawrence'. Choreography will be by Lubbock's Tammy Martin and Linda Ellis will manage costuming. Trampas Thompson will also serve as company combat master.

As an added attraction, 'The Garza Theatre Band', under the direction of Ken Demarquis, will perform in concert before the play and during intermission.

Call the Garza Theatre box office at (806) 495-4005 for information and reservations. The box office is conveniently open Monday through Friday 10 a.m. to 2 p.m.

Tickets are \$7 for adults and \$3 for children 12 years or younger.

Theatre patrons are urged to make reservations early for this lavish summer production.

Texas Commission on the Arts awards three grant applications to Caprock Cultural Association

The Caprock Cultural Association has recently been notified by the Texas Commission on the Arts that three grant applications have been approved. The applications were delivered to the commission in January 1990.

"The positive results of these applications are very meaningful to the CCA and the arts development program in Post," CCA coordinator JoAnn Mock says, "because we are competing for funds with every major city and area in Texas, including Dallas, Houston, El Paso and Austin."

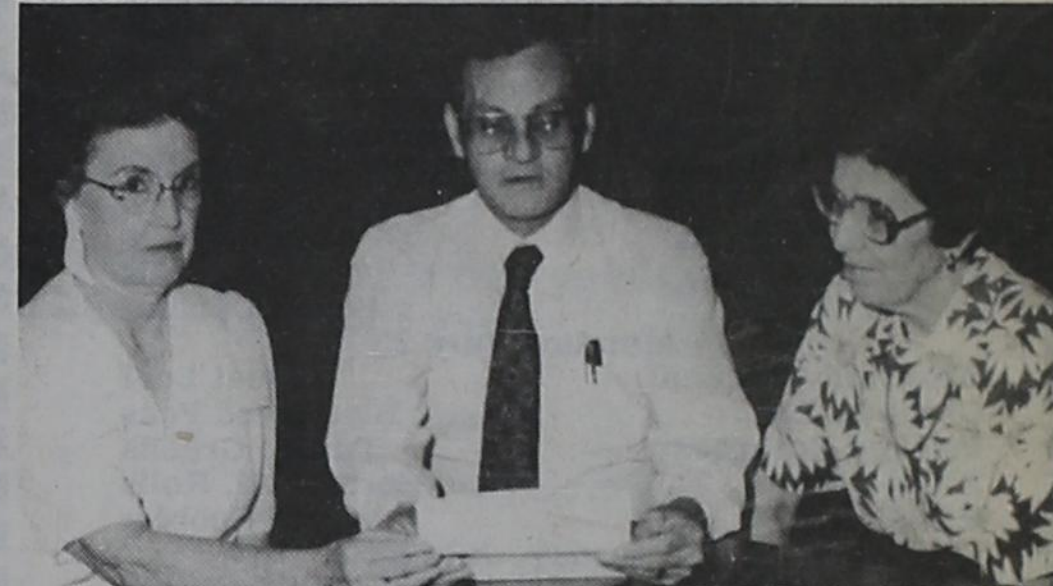
"The stringent review and grading process is designed to provide funding to the most innovative and worthy applications in Texas. We express our gratitude to the Texas Commission on the Arts, its staff and to the review boards for their dedication and confidence in our organization," Mock adds.

The grants include funding for organizational at 15 percent of the application, helping with the financing of staff personnel of the CCA, the Post Art Guild, the Garza Theatre and new art developments and advocacy of the CCA.

The Project Grant for Administration has been funded at 25 percent of the application, and is designed to help with staff personnel salaries of the three organizations.

A Special Events Grant, funded at 60 percent of the application, is for the performance of the Lubbock Sinfonietta Orchestra in Post.

"This funding represents an important funding base, but is only a small part of the total amount necessary to achieve the intended program results," Mock continues.



REVIEWING TEXAS COMMISSION ON THE ARTS grants recently approved to the Caprock Cultural Association are CCA directors (left to right) Geraldine Butler, Jack Alexander and Iva Hudman.

Local folks join MDA/United lock-up Thursday, July 26

Several Garza County "prominents" will be seen behind "bars" July 26 during the MDA/United Lock-Up, which will be held from 9 a.m. to 5 p.m. at the United Supermarket, to benefit the Muscular Dystrophy Association.

Deputies from the Garza County Sheriff's Department will be assisting with the "arrests" of such citizens as Mayor Giles McCrary, United Supermarket manager Jr. Mahan, Main Street manager Wanda Mitchell, businessman Bob Palmer, Postmaster Johnny Kemp, GMH board member Becky Warren and others.

Each "jailed" will be sentenced to one hour in the mock jail inside the supermarket. Their bail will be set by "honorary judge" Post Art Guild's Linda Puckett.

The MDA volunteers will have telephones available to them to make phone calls to raise their "bail." All proceeds will benefit the district Muscular Dystrophy Association.

Post citizens also will be given the opportunity to purchase a "warrant" for another's "arrest", in which case that person will be contacted and then brought in by a deputy.

Refreshments will be available from United Supermarket and local restaurants.

NEWS BRIEFS

Vacation Bible School

The Calvary Baptist Church will hold its Vacation Bible School July 16 - 20. Bible school will be held from 9 a.m. to 11 a.m. daily for kindergarten thru sixth graders. Everyone is invited to attend.

Important Town Meeting Tuesday

All citizens are invited to an open town meeting Tuesday at the Algerita Arts Center from 10 to 11:30 a.m. to discuss community needs with representatives of the Henry J. Kaiser Family Foundation, who are in Texas to assess possible grant programs.

Gospel Singing Saturday

The Gospel Singing will be held at 7:30 p.m. Saturday, July 21 at the Senior Citizens Center. The public is invited.

Historical Commission Meets Here

The Garza County Historical Commission will meet Wednesday, July 18 at 5 p.m. at the courthouse in the driver's license room. Visitors are welcomed.

Dance Saturday at V.F.W.

The V.F.W. Post #6797 will sponsor a dance Saturday, July 21 from 9 p.m. to 1 a.m., with music provided by Silverado.

Benefit to aid Jo Ella Sparlin

A benefit to help offset medical expenses for Jo Ella Sparlin will be held Sunday, July 29 at the V.F.W. Post #6797. The event begins at noon and includes a bar-b-q plate at \$4 each, cake walk and auction. A dance will also be held at 7 p.m. with music by Tommy Reed. A VCR will be given away in a drawing at 7 p.m..

Family night at swimming pool

Tuesday evenings have been designated as "Family Nights" at the Post Public Swimming Pool. The pool is open Thursday evenings to everyone to swim.

Garlynn-Ragtown Community Reunion

The Garlynn-Ragtown Community Reunion is scheduled to convene in the Community Center in Post on Saturday, August 18, 1990 beginning at 10 a.m. Coffee at 10 a.m. and lunch at 12 o'clock noon. Everybody brings a basket lunch. Tea and coffee furnished. Come see old friends, eat and visit.

Post CARES accepts donated items

The Post CARES facility, 222 E. 8th St., is open from 1 to 3 p.m. Monday through Friday and is accepting donations of food or clothing.

Commodities third Tuesday monthly

The commodities distribution will be held Tuesday, August 21 at the Garza County Community Action Building on the Snyder Highway from 9:30 a.m. to noon and from 1 to 3:30 p.m. The change of location will be effective through September due to the summer heat.

The Post Dispatch

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The Newspaper Serving all the people of Garza County

Sixtyfourth Year Number 7

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Wednesday, July 18, 1990

Post ISD trustees set school bus priority guidelines

At the regular monthly meeting Tuesday, July 10, Post Independent School District trustees approved school bus priority guidelines, requiring all bus drivers to be certified by the Education Service Center.

The first priority is to "transport students to and from school premises for the purpose of public education. All bus routes must be approved prior to use by the Board of Trustees, as well as the Division of Transportation, T.E.A. State Laws and T.E.A. rules must be followed."

Second priority is to "Transport participating students to and from school premises to sites of co-curricular and extra-curricular events."

Third priority is to "Transport commodities to and from storage to the school cafeteria."

Fourth priority is to "Transport school district personnel to and from inservice training sites."

Fifth priority is to provide "Reciprocity - Emergency service to other school districts. Assist other districts when a clear and present danger for students is a possibility. (Examples: Bus breakdown on highway. Students stranded while a bus is being repaired. A minor repair taking a short period of time is not to be considered an emergency). If a bus is to go out of the district overnight, care should be taken not to affect the first local priority.

Keeping the board of trustees informed when action is taken is also required and school district liability "should be seriously considered before making

decisions concerning buses."

In other action, the board voted to correct the accrued pay for auxiliary personnel and approved the financial statements for June.

Renewal of certificates of deposit were approved: \$1,896,841.00 for 31 days at 6.97 percent; \$1,456,186.00 for 32 days at 7.00 percent and \$407,689.00 for 31 days at 7.00 percent.

A contract with Regional Media Services was approved as were payment of bills.

Griffin Oil's bid was accepted by the board for gasoline, oil, diesel and antifreeze for the 1990-91 school year. Post Auto Service was tabbed for the wash, grease and oil filter change for busses. Borden Company's bid was selected for milk.

The board after hearing a report from architect Bill Stracener concerning the boiler work repair at the elementary school, voted to submit the project for another bid. Trustees also voted to approve expenditures for repair to the auditorium stage floor and to install a ventilation fan in the vocational agriculture building.

A resolution expressing appreciation to citizen volunteers was also approved:

"Whereas on the 10th day of July 1990, the Board of Trustees of the Post Independent School District acknowledges the service of the following people who volunteered time to the school district during the 1989-90 school year; and be it further

Resolved that the Board of Trustees and school staff extend their sincere appreciation to the volunteers by presenting to them the Red Apple pin "I Make The Difference. (see Page 3 of this issue of The Post Dispatch for details).

Attending the meeting were board members Dan Hodges, Gary Workman, Jerry Hays, Ronnie Gradine, Prudencio Basquez, Barbara Hardin and Royce Hart and superintendent Bill Shiver.

\$8,000 Houston Livestock Show scholarship awarded to Brent McDonald

Brent W. McDonald has been awarded an \$8,000, four-year Houston Livestock Show and Rodeo FFA scholarship, presented in special ceremonies at the 62nd annual Texas FFA Convention held in Lubbock last week.

McDonald is the son of Carol and Wayne McDonald of Post and he was valedictorian of the 1990 graduating class at Post High School.

He was an FFA chapter officer for four years and a member of the livestock judging and senior chapter conducting teams as well as a delegate to the district, area and state conventions. He received the swine production and leadership awards and the Lone Star Farmer Degree.

McDonald was also a leader in the National Honor Society, serving as president. He was drum major of the band and was named to the district all-star cast for his performance in the U.I.L. one-act play contest.

McDonald, who plans to attend Texas A&M University to major in pre-veterinary medicine, was one of 50 Houston Livestock Show and Rodeo FFA scholarship winners honored.

The recipients were selected by representatives of the Texas Education Agency. All recipients have outstanding scholastic and FFA achievements to their credit.

Scholarship funding is provided by revenues earned at the annual Houston Show and Rodeo, a civic and charitable event made possible by the efforts of more than 7,000 volunteers. The show has committed more than \$1.14 million in educational funds for the upcoming school year.

Little League All-Star team shuts out two out three to win Slaton tournament

Winning all three of its games at the Area 3 Tournament in Slaton, the Post Little League All-Star team is competing this week in the District 2 Tournament at Levelland.

At the Slaton tournament the Post all-stars opened up Monday, July 9 with a 15-0 slamming of Tahoka. Bodie Simpson was credited with the no-hitter with 11 strikeouts and Patrick Soto hit one home run. Leading all Post batters was Amando Ayala with four hits, followed by Simpson with three and Sal Garcia with two. Also credited with hits in the game were David Perez, Larry Haynes, B.J. Hart and Leonard Rodela.

On Tuesday, Post took a close game 6-5 over Slaton. The Post all-stars scored in the last inning to break a 5-5 tie on a sacrifice fly by Larry Haynes to bring in B.J. Hart from third base for the winning run. Winning pitcher in the contest was Soto, who allowed just three hits and seven strikeouts. Tori Harper showed great play at first base with seven unassisted put outs. Post batters collected five hits, led by Perez with two and hits by Soto, Ayala and Hart.

The championship game Thursday put Slaton out of the playoffs with Post winning the shutout 7-0. Simpson was the winning pitcher, allowing only two hits and striking out 13 Slaton batters. Perez led Post with three hits, followed by Harper, Soto, Damon Dean and Hart.

The Post all-stars lost Monday night to Lubbock Dixie 15-6.

Competing at Levelland are Post, Brownfield, Levelland, Lubbock Dixie and Lubbock Midwest.

Post gets 6.88% sales tax rebate increase

The City of Post has received a \$10,660.99 check from the State Comptroller, representing the sales tax rebate for the period ending May 31 and reported in June by businesses filing monthly tax returns.

The current check is 6.88 percent above the same period last year, which was \$9,974.88. The year to date total is \$88,719.50, compared to \$87,843.29 for 1989.

Crosbyton showed a healthy 59.46 percent increase this month with its \$4,573.39 check, compared to \$2,868 for last year and a 21.79 percent increase for the year to date total of \$35,752.25.

Tahoka showed a slight increase from last year of \$3,780.65 over 1989's \$3,773.97 and a year to date total of \$33,339.00, an 8.33 percent decrease from the 1989 total of \$36,369.32.

Slaton dropped 6.65 percent from last year with an \$11,976.54 check, compared to \$12,829.84. Slaton's year to date total of \$115,563.53 is a slight increase over 1989's \$114,771.50 total.

Coming next week: Salute to Post EMTs

GMH directors approve assistance for LVN upgrade training to RN status

Garza Memorial Hospital directors approved a plan to assist Licensed Vocational Nurses to upgrade to Registered Nurse status, following an explanation of the program by administrator Maritta Reed.

"Our hospital group has been looking into a way for LVNs to upgrade to RN," Reed said, "It is now possible for an LVN to get an external degree through correspondence."

Reed explained that St. Mary's Hospital has expressed an interest in assisting with the program, and would use a staff member to assist people enrolled in the correspondence course work. The total cost of the program is \$4,000.

"Due to the severe nursing shortage," Reed added, "which is not getting any better, this appears to be a way that rural hospitals can help their local people get the training they need and at the same time keep them here to work for us."

Board members also approved one indigent applications of three requests. Delinquent accounts totalling \$212.30 were submitted for collection and \$3,550.82 were referred to Retail Merchants.

Reed also reminded board members that a reception for Dr. and Mrs. Jeff Young will be held Monday, July 23 from 6:30 to 8 p.m. at the First National Bank Community Room.

Attending the meeting were board members David Tyler, Zoe Kirkpatrick, Becky Warren and David Nichols and administrator Reed.

Foreign student delegates to Julien C. Hyer Lions Youth Camp pay visit to Post

Post Main Street manager Wanda Mitchell served as tour guide and host to 39 students representing 21 different countries last Thursday when the delegates to the Julien C. Hyer Lions Youth Camp visited Post.

The youth will be in Texas six weeks, visiting Dallas, Fort Worth, Commerce and Grand Prairie in central Texas; Lubbock, Canyon and Post in west Texas and San Antonio.

They started their day in Post with Neal Clary and Earl Chapman, who explained to the visitors why an oil well was being "fraced".

Chapman also escorted the group to watch a drilling rig in action. After the "oil experience," the young people toured the Garza County Museum, where Joyce Strubhart, Bill Mueller and Katharine Cathcart explained about the C.W. Post and the founding of Post, Texas.

The visitors also spent some time touring downtown and enjoyed lunch on the courthouse lawn, hosted by the Women's Division of the Post Chamber of Commerce and the Main Street Advisory Board.

Following lunch, the young people were entertained with a tour and a skit at the Garza Theatre by Will McCrary.

The highlight of the day was watching real cowboys working cattle at the Cross H Ranch.

"Giles and Nelda Dalby, along with Giles Jr. and all the great Cross H cowboys, showed them what Texas was really like," Mitchell said.

"They took wagon rides around the ranch, visited with all the ranch hands and asked enough questions to fill a book," Mitchell continued.

"They were treated to a real chuck wagon supper, all the while watching Dick Powell, Giles Jr. and Rob Smith create the meal of chicken fried steak, red beans, cornbread, the best potato dish I have ever eaten and peach and cherry cobbler," she added.

"This is what I have always imagined Texas to be like," one of the girls from Switzerland told Mitchell as they were leaving.

"They were a wonderful group and all of us are richer for having been able to meet and spend time with them," Mitchell concluded.

Obituary

Wilma Landers

Services for Wilma Alice Landers, 68, of Sweetwater was held at 2 p.m. Wednesday, July 11, 1990 in the McCoy Funeral Chapel with the Rev. Don Boren officiating. Burial was held in the Sweetwater Cemetery under the direction of McCoy Funeral Home. Mrs Landers died at 3 p.m. Mon-

day, July 9, 1990 in Rolling Plains Memorial Hospital in Sweetwater after a lengthy illness.

She was born in Sweetwater and was a longtime resident of the area. She married P.K.

"Buster" Landers in 1940 in Sweetwater. She was a member of Highland Heights United Methodist Church.

Survivors include her husband; two daughters, Julia Hudman of Post and Gwen Marrier of Quanah; a sister, Fern Rhoades of Sweetwater; a brother, Ancil Martin of Odessa; and five grandchildren.

Yesteryears

by Pat Burnett
Gleaned from the files of The Post Dispatch. Microfilm copies are available at the Post Public Library for viewing.

10 Years Ago
July 17, 1980

Bryan Williams III has joined Bryan Williams & Son Insurance Agency here this week.

Cheryl Walker is the new County Extension agent.

Vera Gossett accompanied her sister, Daphne Landreth, of Slaton, to Dalhart to attend the Skelton reunion.

Mrs Larry Cline and Melanie returned home to Lancaster, California after visiting in Post with relatives. Winnie Tuffing accompanied her to California for a visit.

Mr and Mrs Sam Byrd has all their children and some of their grandchildren home for a reunion.

Julio and Louise Valdez returned home after a week's trip to Mexico. They delivered clothes to some needy people in Acuna, Mexico.

Happy birthday goes to Billie Lou Robison, Donald L. Moore, Arlice Hubble, Ples Hill and Christy Davis.

20 Years Ago
July 16, 1970

Seven new teachers hired for the Post ISD are: Don Beach, Trecie Sides, Betty Sue Hutchins, Barry Max Balzen, Glenda Cameron, Marion Holman and Suzanne Hudman.

Mr and Mrs Wesley Stephens and John Huffman went to Plains where Mr Stephens celebrated his 74th birthday in the home of his son Bowen Stephens and family. Others attending the celebration were his two daughters, Mr and Mrs Pete Smith and Mrs Ellison and two daughters, all of Plains.

Latest local flying enthusiast to solo is Vic Slater, general manager of Postex Plant.

Weldon O. Horton, Jr., formerly of Post, volunteered for four years with the U.S. Army Security Forces.

Herman Huffaker and Arch Riddle and son spent a week fishing at Falcon Lake. They brought home something like 500 fish. They reported an enjoyable time.

30 Years Ago
July 14, 1960

Linda Payton, was presented a blue ribbon for winning first place in the senior dress division of the Garza County 4-H Dress Revue.

Miss Mary Smith spent last week in Lovington, N.M. visiting in the home of Mr and Mrs Lewis Holly.

Mr and Mrs Glenn Davis were

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West Texas Press Association

P.D.Q. Weekly Lunch Menu

Wednesday, July 18

Broasted Chicken	Smothered Steak
Chicken Fry	Mixed Vegetables
Mashed Potatoes	Squash
Fried Okra	Rolls
Red Beans	Peach Cobbler

Thursday, July 19

Broasted Chicken	Pork Chops/Gravy
Chicken Fry	Cheese Potatoes
Mashed Potatoes	Brussel Sprouts
Fried Okra	Rolls
Red Beans	Apple Cobbler

Friday, July 20

Broasted Chicken	Fried Catfish
Chicken Fry	Mac & Cheese
Mashed Potatoes	Corn on the Cob
Fried Okra	French Fries
Red Beans	Rolls
	Banana Pudding

Saturday, July 21

Broasted Chicken	BBQ Brisket
Chicken Fry	Baked Beans
Mashed Potatoes	Potato Salad
Fried Okra	Rolls
Red Beans	Cherry Cobbler

Sunday, July 22

Broasted Chicken	Chicken & dressing
Chicken Fry	Corn
Mashed Potatoes	Green Beans
Fried Okra	Rolls
Red Beans	Peach Cobbler

Monday, July 23

Broasted Chicken	Meat Loaf
Chicken Fry	Blackeyed Peas
Mashed Potatoes	Turnip Greens
Fried Okra	Cornbread, Rolls
Red Beans	Apple Cobbler

Tuesday, July 24

Broasted Chicken	Chicken/Broccoli Caserole
Chicken Fry	English Peas
Mashed Potatoes	Candied Yams
Fried Okra	Rolls
Red Beans	Cherry Cobbler

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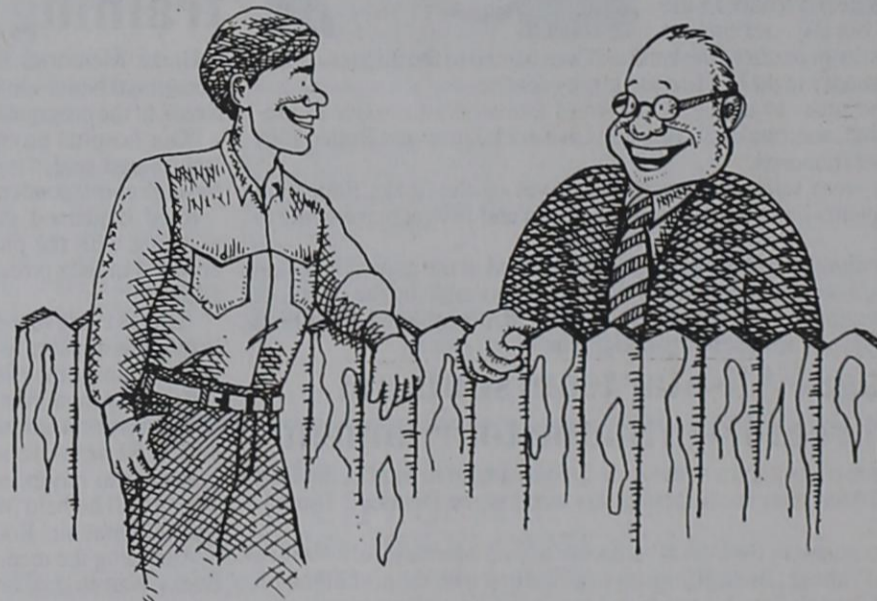
HUDMAN FUNERAL HOME

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You are cordinally invited to a Welcome Reception honoring Dr. Jeff and Syan Young Monday July 23, 1990 From Six thirty until eight o'clock in the evening First National Bank Community Room 216 West Main - Post, Texas

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Medication Expiration Dates

As a general rule, most medicines lose potency after extended storage, rather than becoming more potent. This can be hazardous in situations where prescription medicines are needed to sustain a regular and consistent beating of the heart, to treat infection, to prevent chest pain associated with angina, or to prevent other life threatening situations such as allergic reactions.

It is a good idea to throw away solid dosage forms (e.g., tablets and capsules) that have a foul odor, are cracked or broken, or have changed in color. Liquids that form a powdery ring at the lip of the bottle should be discarded as well. Check all medicines every six to eight months.

Purchase and use nonprescription medicines only as the occasion for their use arises. To ensure optimum potency, obtain these medicines in the smallest commercially-available quantities.

Regulations regarding the posting of expiration dates on prescription medicines vary from state to state. It is advisable to consult with your pharmacist before taking any medicines that do not have an expiration date or medicines which have been stored for longer than twelve months.

Class of 1970 holds reunion

The graduating class of 1970 held its 20 year reunion the weekend of

July 6th and 7th. Approximately 85 classmates attended an informal get-together in the home of Mr and Mrs A.C. Cash on Friday evening. Several former classmates that did not graduate with the class also attended. It was great to see them after so many years.

Saturday afternoon was designated as the Family Get Together at the Post City Park. Several former teachers of the class and parents of classmates dropped by for a fun afternoon of visiting. Approximately 160 people whiled away the afternoon with refreshments and getting reacquainted.

The weekend was capped off with a banquet held in the Fellowship Hall

of the First Methodist Church. Jack Gordon of Clovis, New Mexico gave the welcoming speech followed by Steve Newby of Las Cruces, New Mexico with the class history. Steve took us all back to our school days with many fond and funny remembrances. Dinner was then served and catered by PDQ of Post.

After dinner, Don Collier of Dallas, Texas proceeded to capture everyone's attention with an old home movies of a party held in the home of a former classmate, Ginny Edwards, in 1963. How could anyone forget the Hokey-Pokey and the sight of all those young, eager children dancing their hearts out? After everyone regained their composure, each classmate introduced him or herself and their spouse and told a little about

themselves.

The awards for those that came the farthest went to the following people: Dennis Dodson of Lynnwood, Washington; Becky Poer of Hudson, North Carolina; Barbara Lucas Laughlin of Scott AFB, Illinois; Nancy Strawn Hoffman of Brecksville, Ohio; Timmons Bull of Louisville, Kentucky; Kathy Jones Lee of Walnut Creek, California; and Neff Walker of Ann Arbor, Michigan. Jan Marc Olson distinguished himself by having the most children with five. Sue Litton Rolan of Brownfield received the award for the one that had changed the least and Carol Bowen Ash of Longview, Texas the award for the one who had changed the most.

Don also noted that this class had only one member deceased - Billie

Williams. A special memorial gift was pledged in her memory.

The evening was concluded with a short business meeting with everyone voting to meet again in ten years.

Out of 76 graduating Seniors, 46 of that class were in attendance at one of the parties over the weekend. Those attending were: Preston and Kathleen (Blacklock) Gage of Hutto, Texas; Ken and Mendy Herron of McAllen, Texas; Tommie (York) Boswell of Jayton, Texas; Bill and Barbe (Gilmore) Bevers of Post; Weldon and Terri Horton of Rising Star, Texas; Ken and Beverly (Allen) Warshaw of Kempner, Texas; Becky Poer of Hudson, North Carolina; Jodi (Cash) Rodgers of Tulsa, Oklahoma; Johnny and Kay (Herron) Cathey of Ennis, Texas; Kim (Hundley) Condon of Forney, Texas; Tom and

Martha (Miller) Baker of Post; David and Beth (Peel) Hooten of Lubbock; Jimmie and Jan (Wilks) Bartlett of Post; Charles and Kay (Altman) Wallace of Post;

Rodney and Lisa Hopkins of Denton, Texas; Larry and Kim Mills of Post; Jack and Mary Ann Gordon of Clovis, New Mexico; Dennis and Susan Dodson of Lynnwood, Washington; David and Penny Pierce of Seagraves, Texas; Sharon (Windham) Langerhans of Round Rock, Texas; Butch and Carmen Heaton of El Reno, Oklahoma; Rick and Nancy (Strawn) Hoffman of Brecksville, Ohio; Terry Cross of Dallas, Texas; Johnny and Pam Hair of Post; Karl Hall of Post; Steve and Pam (Petty) Newby of Las Cruces, New Mexico;

(Continued on Page 5)

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An Open Letter to All of My Friends in Post

I would like to take this opportunity to thank all of my wonderful friends in Post for the outpouring of support you have shown me during my recent hospitalization and surgery. This illness has been both a physical and an emotional blow to me, and it is through the kindness that you have shown me that I am finding the strength to go on. To those who called, to those who came by, to those who sent flowers or cards, and to those who prayed for me and with me, I thank you and am very grateful.

Having been away from Post for so many years, I was a little anxious about returning, re-entering the circles of lives from which I have been separated by time and distance. It is truly comforting to know that I have so many true friends who are so concerned about me and who are waiting with open arms to embrace me.

Through the grace of God, and through the support of friends like you, I believe that I can overcome this dreadful disease. Thank you for your friendship, thank you for being there...

Syan Young



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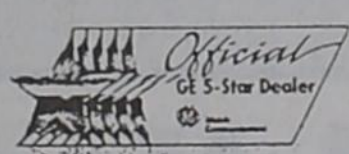
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1-800-654-7003

Coupon Expires August 31, 1990

Discount Coupon

Present this coupon for additional discount on the purchase of a mobile radio telephone from Parkinson Electronics Co.

MOBILE TELEPHONES

Starting At
\$794.95

PARKINSON ELECTRONICS COMPANY



Abilene, Texas
805-332-7003

Lubbock, Texas
1-800-332-7003

Coupon Expires August 31, 1990

Thank you! Thank you! Thank you!

to all of you who volunteer your time and efforts to help us in the education program for our children.

The Post Independent School District is proud to honor you with the Red Apple pin "I Make The Difference" in recognition of your unselfish service to our school district during the 1989-90 school year.

High School

Kay Davis
Rev. Sandy Howard
Preston Poole
Adrienne Hamilton
Sharon McCormick
Kay Hays and Kelsey
Phyllis Walker and Katelyn
Amy Easterling and Kylie
Deniece Bilbo and Ethan
Joyce Taylor
Kathy Irvin
Rev. Joel Horne
Rev. Terry Don Thomason
Brenda McMeans
Camille Arrington
John Erickson
Ronnie Dunn
Donny Stelzer
Rusty Morris
Karl Gerner
Rod George
Tonya Dunn
Dr Larry Mills
Jean Morris
Bo Jackson
Lee Howard
Shawn Bevers
Bobby and Janie Dickson
Victor Ashley
O.B. Kelly
Wayne McDonald
Joleta Edinburg
Curtis Hudman
Joe Giddens

Middle School

Zoe Kirkpatrick

Elementary School

Donna Stelzer
Dorace Wilson
Patti Josey
Curtis Hudman
Bill Mueller

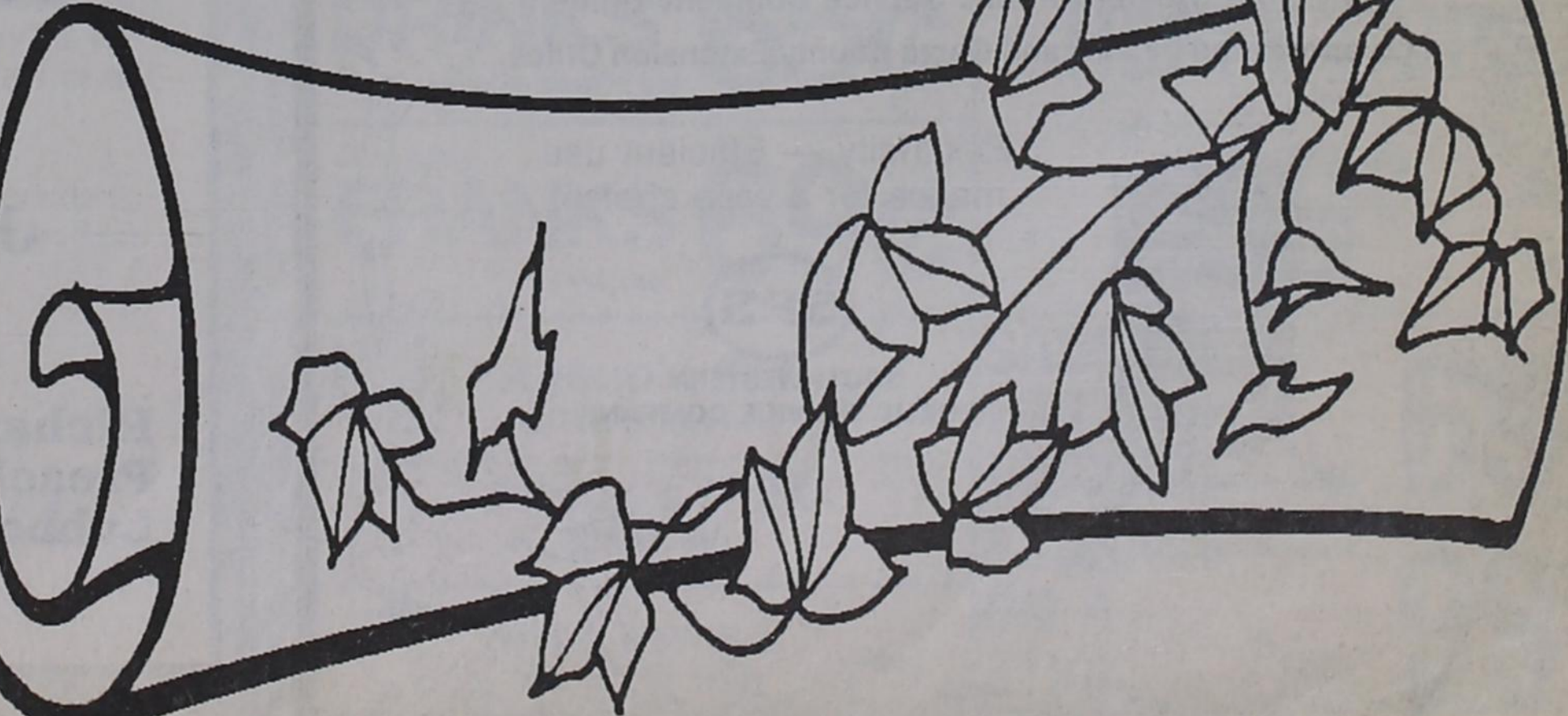
Ammons Printing and Office

Supplies
Wes Burnett
Jeanette Bell
Don and Carol Payne
Dr Larry Mills
Danny Gunn
Dale Redman
Suzanne Hudman
Kevin Williams
Bill Rankin
Dan Rankin
Coach Dewayne Osborne
Paula Valdez
Betty Boren
Carolina Saucedo
Debbie Morris
Pam Humble
Susan Strawn
Ruth Hall
Marion Wheatley
Joy Dickson
Pam Zachary
Ruth Reno
Ollie Abraham
Joanne Mock
Mayor Giles McCrary
Kathy Hubble
Diana Mendez
Cynthia Morris
Nell Morris
Virginia Paez
Carol Hester
Sherry Owen
Mark Kirkpatrick
Preston Poole
Dan Hodges
Gary Workman
Jerry Hays
Ronnie Gradine
Prudencio Basquez
Barbara Hardin
Royce Hart
Post Chamber of Commerce
Soil Conservation Service
Lynette Massey

We know that you made the difference!
We are grateful indeed!




Post Independent School District



DOWE MAYFIELD, C.L.U.
CD Maturing?
 How about 8.6% tax deferred interest?
 3305 81st, Suite F, Lubbock
 806-797-8089

Happy
Birthday
Tammy Sue!



LA POSTA
 412 N. Broadway   495-2648

Summer Clearance
SALE
50-75% OFF

ALL SPRING AND
SUMMER
MERCHANDISE

SALE STARTS WEDNESDAY, JULY 18 AT 1 P.M.

CLEARANCE
SALE

Baskets - drastically reduced

Silk arrangements - 1 group
50% OFF
1 group 60% OFF
 (wreaths & wall hangings included)

Ceramic containers - greatly
reduced


Silk bushes - 1 group reduced
Christmas arrangement -
60% & more off


The Prairie Flower Shop
 232 E. Main 495-2658

KID'S COOKING SCHOOL
 FREE demonstration, recipes and tasting.
Wednesday, July 25
3:00 p.m.

SPS Reddy Room
 217 W. Main Street — Post

25 Years Festive Foods Cookbooks will be available at any Southwestern Public Service Company office.
 Co-sponsored by SPS and Garza County Extension Office.

Presented By:  Electricity — Efficient use makes for a wise choice!


 SOUTHWESTERN
 PUBLIC SERVICE COMPANY

E. KAY DAVIS
 SPS Home Economist

S1484-6-90-930.1

Post Potpourri
 by Ruby M. Williams

We had a delightful surprise Sunday when Mrs Linda Malouf and her friend, Eunice Tedford, of Plainview, were here for services at the First Presbyterian Church. It was wonderful having an opportunity to visit with here.

++++

Deborah Boyd (you'll remember her as Debbie Hundley) called Friday to share plans for a surprise birthday party for her grandmother, Mrs Mae Hundley. Deborah and her children, Cody, Clayton and Kelly, came from Doyline, La., to help celebrate Mrs Hundley's 91st birthday July 14! In addition to the family celebration, Mrs Hundley received a birthday card from President and Barbara Bush.

++++

This has been a busy month of birthday celebrations. Modena Famrer celebrated her birthday July 8th with a family gathering at the home of Joyce and Don Tatum; Tom Johnson celebrated his 84th birthday Sunday with a visit from his son, Lathom and family of Amarillo, and visits and calls from other family members, Charla Miller celebrated her 26th birthday Monday and Albert Stone's birthday is July 18!

++++

Channa and Toby Craft and son, Coby, spent the weekend in Aspermont visiting Buck Craft and joined the other family members in helping Coby's great-grandmother, Mrs T.D. Craft, celebrate her 85th birthday.

++++

Betty and Gene Posey returned July 5 from their vacation that took them 6,800 miles and through 13 states and into Alberta, Canada. What makes the trip even more interesting is that they traveled by motorcycle, pulling a trailer, with Betty riding as a "Buddy rider." They met over 300 other cycle travelers, members of the Cal-Tex Riding Group, in Canmore, Canada. The Cal-Tex group, made-up of California and Texas Peace Officers Associations, was organized 13 years ago and makes an annual trip. This year's meeting was hosted by peace office of Calgary, Canada. Gene says Betty is a good back-seat driver, and they both agree it was a wonderful trip as they traveled through the states - with temperatures varying from the 105 degrees when they left Texas on June 9 to 45 degrees in Wyoming and snow in Yellowstone National Park.

++++

Giles and Mendy Dalby, and daughter, Donae, also experienced cool weather on their trip last week that took them to Green Bay, Wisconsin. Wrightstown, Ws. was their destination to bring back a ranch wagon, and en route they enjoyed seeing the city lights of Chicago and Kansas City. Giles said he also enjoyed all the water in the Mississippi and Fox Rivers, and found the many bridges a real contrast to West Texas.

++++

Timmy, Stephen and Sarah, children of Mr and Mrs Wayne Bell of Wellston, Okla., spent last week here with their grandmother, Jeanette Bell, and their aunt, Marilyn. Marilyn returned home with them to spend the summer babysitting.

++++

I don't know how many of you stayed up Sunday night to watch the Rainbow Futurity horserace at Ruidoso Downs, but I think it's interesting that Post has two native sons riding! Kenneth Hart and Mike Short were jockeys in the race.

++++

Minnie Williams, Bryan Williams and Lee Williams returned Thursday from an eleven day cruise aboard the Royal Viking, that took them along the coast-line of Alaska. They boarded ship in Vancouver, Canada, and I understand Bryan and Lee have taken so many pictures that they may have to work out a layaway payment plan. Lee, who lives in Cincinnati, Ohio, is spending the month of July here.

Melanie Reece honored with
bridal shower at Chaparral

Melanie Reece, bride-elect of Rusty Morris, was honored with a bridal shower in the Garden Room of the Chaparral Restaurant. The bride's colors of fuchsia and teal green were carried throughout. Receiving guests were Juanela Hays, the bride-elect, bride's mother Barbara Reece, the groom's mother Jean Morris, the groom's grandmother Wanda Morris and the bride's grandmother Ila Mae Holleman. Miss Megan Bush registered guests while Misses Amber Crenshaw, Kim Wulfjen and Angela Graves served punch, cookies, cheese balls, crackers and fruit to approximately 200 guests. The hostess gift to the couple was a set of Faberware cookware. Hostesses were Juanela Hays, Dortha Jackson, Barbara Ethridge, Jennie Cowdrey, Judy Bush, Diane Graves, Jane Mason, Carolyn Sawyers, Marion Wheatley, Edie Capps, Lucille Bush, Jamie Cooper, Jane Terry, Janie Middleton, Ruth McClellan, Suzanne Hudman, Marge Tannehill, Marilyn Williams, Marianne Tyler, Opal Rudd, Jane Odom and Tonya Rudd.

Melanie Reece
honored with
brunch

Melanie Reece, bride-elect of Rusty Morris, was honored with a Spice-n-Rice brunch Saturday, July 14 in the Garden Room at the Chaparral Restaurant. Each guest presented Melanie with a recipe and spice. The hostesses presented her with a wooden recipe box plus favorite recipes and spices. Hostesses were Kay Hays, Jane Davis, Ruth Ann Young, Christy Morris, Suzanne Hudman, Candace McConnell and Melinda Gunn.



YARD OF THE WEEK honors this week went to Benny Jackson (right), whose home is located at 305 W. 6th. Joining in the presentation are Chamber of Commerce director Greg Pollard (left) and secretary Ann Stelzer.

James,
Happy 15th Anniversary
I love you!
Melinda

Mr. and Mrs. Kenneth Williams
request the honor of your presence
at the marriage of their daughter

Kendra Dee
to
Paul Anthony Perez

on Friday, the twentieth of July
Nineteen hundred and ninety
at seven-thirty in the evening
First Baptist Church
Post, Texas
Reception following

July Clearance
 July 18-21
ALL SUMMER MERCHANDISE
30% to 40% OFF

Swim suits, shorts, tops, dresses
sizes 2 thru 14

Kidstuff
 213 E. Main 495-3872

DANISH IMPORTS
 GIFTS & COLLECTIBLES 201 E. MAIN - POST, TEXAS 79356

Cash and Carry Summer Sale!
 Savings of 40% - 60%
 Gifts and Collectibles
 Cool Bargains . . . plus Lemonade!

July 18, 19, 20, 21
 Wed, Thurs, Fri, Sat.
 9:00 a.m. - 6:00 p.m.

Gospel Meeting

Graham Chapel
Church Of Christ
July 29-August 1, 1990
8:00 P.M.
Nightly

Richard Rogers
Preaching
Lubbock

David Joyner
Song
Leader

Everyone Welcome!

Post Volunteer Fire Department
Response to county fire calls
June 15
One mile west on U.S. Hwy 84, car fire.
June 17
Rescue injured hiker at Boy

Scout camp.
June 26
Structure fire to Johnnie Haire Insurance building at Southland.
June 27
Grass fire one mile east on U.S. Hwy 84.
June 28
Hay fire eight miles west on U.S. Hwy 84.

In the Neighborhood

by Wes Burnett

Well, what can you say about the weather? Hotter than supposed to be in June and cooler than we ever expected in July. The low clouds have had my attention these past few days, expecting a cloud burst at anytime.

The decent weather has seen folks outside, and I for one am happy to see our young people enjoying the beautifully landscaped median downtown...even spotted a few people taking advantage of the lovely park benches for a visit.

Don't worry about the trees that look dead...in fact, some of them are...the responsibility for planting new trees is written into the contract and in the fall the contractor will be back to plant new ones...he doesn't get paid by the highway department until they are satisfied. Anyway, landscaping projects like this always

Class of '70

(Continued from Page 3)

Val and Barbara (Lucas) Laughlin of Scott AFB, Illinois; Jimmy and Debbie Fikes of Lubbock; Bill and Carol (Bowen) Ash of Longview, Texas; Kay (Hundley) Gallegos of Santa Fe, New Mexico; Joe and Kathy (Jones) Lee of Walnut Creek, California;

Giles and Johanna McCrary of Lubbock; George and Mary Varela of San Angelo, Texas; Don and Diane Collier of Dallas, Texas; Boyd and Mary Noble of LaPorte, Texas; David Hamilton and Joann Ondrovik of Paris, Texas; Jackie and Jana Brooks of Lubbock; Randy and DiAnne Hudman of Lubbock; Debbie Gray of Lubbock; Carol (Wilson) Kitchens of Austin, Texas; Karen (Wilson) Stanton of Idalou, Texas; Neff Walker of Ann Arbor, Michigan; Jan and Nancy Olson of Seminole, Texas; Timmons Bull of Louisville, Kentucky; Nancy (Norman) Flanigan of Post;

Jay and Cindy Bird of Post; Linda (Foster) Fowler of Buchanan Dam, Texas; Sandy (Dixon) Petree of Denison, Texas; Johnny and Nancy Kemp (Hart) of Post; Jimmy and Janet (Ray) Matthies of Post; Joe and Vicky Irons of Stephenville, Texas; Robert and Lanita McAfee of Lubbock; Marion and Pat (Harper) Cruse of Post; Sue (Litton) Rolan of Brownfield; Kim Wilks of Post; Alice Cruse of Post; Linda (Sanchez) Collazo of Post; Dicky and Nancy (Basinger) Wallace of Post; Pattie (Peel) Tidwell of Post; and Jerry Hair of Post.

Thanks so much to everyone for attending and making it a weekend to remember.

involve replanting trees, about half are expected not to make it through the shock.

Bartlett Scores Record at A&M

Mike Bartlett, son of Jimmie and Jan Bartlett of Post, shot a course record 59 (11 under par) on the par-70, Texas A&M University Golf Course recently. The previous course record was a 62. Mike is a junior student at Texas A&M, majoring in agronomy. He is a 1988 graduate of Post High School.

Eric Turner Earns 4.0

Eric Turner, son of Mr and Mrs Robert Turner, has earned the distinction of the Dean's Honor List for the spring semester 1990 at The University of Texas at Austin. Enrolled in the College of Communication, Eric completed the semester with a 4.0 grade point average. His father is city manager for the City of Post.

Jan and Elmer Grape Open Book Store in Austin

Jan and Elmer Grape of Austin have opened a used bookstore, calling it Mysteries & More Inc., specializing in mystery and suspense fiction.

Jan is a native of Post and is the daughter of C.K. and Pee Wee Pierce.

The store, located at 11139 N. IH 35 #176, will hold its grand opening July 22 from 2 to 4 p.m., featuring Bill Crider signing his latest mystery, "Evil At The Root" and Vivian Vaughn, signing her latest historical saga, "Texas Dawn."

Kids 'N' Art July 4th Winners

The Post Art Guild Kids 'N' Art winners of the July 4th Poster contest were first place Jody Hawkins, second place Kasey Hardin, third place Efrain Aranda and honorable mention Mandy Leary and Amber Hammond.

Each child was asked to reflect what the 4th of July meant to them. All entries were displayed in local businesses during the week of July (Continued on Page 9)

ST. MARY MOBILE MEDICAL SERVICES



Mobile Mammography Unit

will be here

Tuesday, July 24, 1990

at

Garza Memorial Hospital

PLEASE CALL

495-2828

FOR APPOINTMENT

Don't miss this excellent, low-cost opportunity for a safe and reliable breast cancer screening

Cost — \$60.00

includes X-ray, radiologist's fee, and film storage

"Bringing Medicine To You"



ST. MARY OF THE PLAINS HOSPITAL

4000 24th Street Lubbock, TX 79410 1-800-388-6266

Kimberly Quality Care

is accepting applications for an RN to direct its Home Health Care office in Post.

Must have two years hospital experience.

Send resume to or call

Elizabeth La Chey
7200 Quaker, Suite 24
Lubbock, Tx 79424
or call 795-3166

NOTICE OF PUBLIC HEARING ON GARZA COUNTY APPRAISAL DISTRICT BUDGET

The Garza County Appraisal District will hold a public hearing on a proposed budget for the 1991 fiscal year.

The public hearing will be held on August 2, 1990 at 9:00 a.m. in the board room, Garza County Appraisal Office, 124 E. Main, Post, Tx.

A summary of the appraisal district budget follows:

The total amount of the proposed budget is \$150,326.12.

The total amount of increase over the current year's budget is \$8,304.63.

The number of employees compensated under the proposed budget will be: three (full-time equivalent).

The number of employees compensated under the current budget is: three (full-time equivalent).

The appraisal district is supported solely by payments from the local taxing units served by the appraisal district.

If approved by the appraisal district board of directors at the public hearing, this proposed budget will take effect automatically unless disapproved by the governing bodies of the county, school districts, cities and towns served by the appraisal district. A copy of the proposed budget is available for public inspection in the office of each of those governing bodies.

A copy of the proposed budget is available for public inspection in the office of each of those governing bodies. The proposed budget may also be viewed at the appraisal district office.

GARZA COUNTY APPRAISAL DISTRICT

124 E. Main
Post, Texas 79356
(806) 495-3518



ALLSUP'S

Convenient Cash

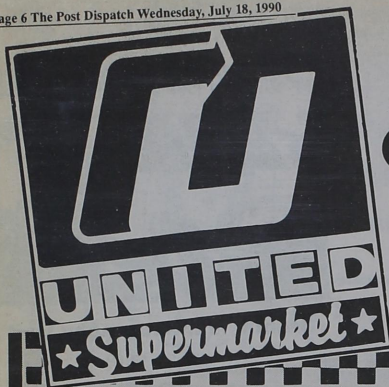
Stop by your favorite Allsup's Store to pick up your game piece and game rules. Up to \$50,000 in cash and over 400,000 free instant prizes will be given away. You can win one of a top cash prizes of \$1,000 playing Allsup's Convenient Cash. Come play Allsup's Convenient Cash and become a winner with us.

Over 400,000 Prizes Available Win Up To \$1000 In Cash!

"DOUBLE YOUR CHANCES TO WIN" DOUBLE TICKETS GIVEN AWAY THIS WEEK!

<p>ASSTD. FLAVORS KOOL-AID 2 QT. PKGS.</p> <p>6 \$1 FOR</p>	<p>ALL VARIETIES PEPSI-COLA 6 PAK/12 OZ. CANS</p> <p>\$1.99</p>
<p>HERSHEY'S-PLAIN/ALMOND/KIT KAT/ REESES PEANUT BUTTER CUPS</p> <p>CANDY BARS</p> <p>3 \$1 FOR</p>	<p>BOYER-SMOOTHIE/ PEANUT BUTTER CUPS/ MALLO CUPS</p> <p>3 \$1 FOR</p>
<p>Honcho Fountain DRINKS 65¢ 44 oz. refillable plastic cup</p>	<p>16 OZ. PLASTIC HEFTY CUPS 20 CT. PKG.</p> <p>99¢</p>
<p>Corn King FRANKS 69¢ 12 oz. pkg.</p>	<p>SAUSAGE EGG & BISCUIT EACH 69¢</p> <p>SAUSAGE ON A STICK EACH 99¢</p>

PRICES EFFECTIVE JULY 18-24, 1990



Splash INTO SAVINGS

PRICES GOOD THRU TUES. JULY 24TH

WED	THUR	FRI	SAT	SUN	MON	TUES
18	19	20	21	22	23	24

GOOD THRU JULY 24 IN LUBBOCK, SLATON, POST, BROWNFIELD, LEVELLAND, LITTLEFIELD & PLAINVIEW

Grocery

FOLGERS COFFEE
REGULAR
•PERK REG. •FINE
•AUTO DRIP



\$1.99
13 OZ.

FINE FARE PEANUT BUTTER
•CREAMY
•CRUNCHY



\$1.29
18 OZ.

FINE FARE PURE VEGETABLE SHORTENING



\$1.19
3 LB. CAN

KELLOGG'S FROSTED FLAKES



\$2.99
25 OZ.

FINE FARE TEA BAGS




\$1.29
24 CT.

ELF COOKIES
•VANILLA •PEANUT BUTTER
•FUDGE •DOUBLE FUDGE



2 \$3
16 OZ. FOR

PEPSI
ASST.



\$1.59
6/12 OZ. CANS

ROSARITA PICANTE SAUCE
•REG. •HOT •MILD

.99
16 OZ.

V-8 JUICE
6-PACK

\$1.49
36 OZ.

KOOL AID
REG. ASST.



6 \$1
2 QT. FOR

FINE FARE HOMINY
WHITE OR GOLDEN

4 \$1
14.5 OZ. FOR

FINE FARE INSTANT POTATOES

\$1.19
15 OZ.

NO SALES TO DEALERS • QUANTITY RIGHTS RESERVED

TRY UNITED'S **Slim-Fast** WEIGHT LOSS CENTER TODAY!

Slim-Fast
CHOCOLATE, VANILLA, CHOCOLATE MALT OR STRAWBERRY



\$3.99
15 OZ.

ORVILLE REDENBACHER MICROWAVE POPCORN

ASST. **\$1.69**
10.5 OZ.

KRAFT DRESSING
•FRENCH •RANCHERS CHOICE
•1000 ISLAND •CATALINA

ASST. **\$1.59**
16 OZ.

FINE FARE APPLE JUICE



.99
64 OZ.

FRITOS CORN CHIPS

ASST. **\$1.59**
12 OZ.


UNDERWOOD DEVILED HAM

2.25 OZ. **.59**

FINE FARE SWEET RELISH

16 OZ. **.89**

LIBBY'S VIENNA SAUSAGE



3 \$1
5 OZ. FOR

Nonfood



KINGSFORD CHARCOAL

REG. OR MESQUITE



\$2.49
10 LB. BAG

DAWN LIQUID DISH
REG. OR MOUNTAIN SPRING 22 OZ. **.99**

VIVA ACCENT NAPKINS
\$1.49
300 CT.

COMET PINE
8¢ OFF LABEL **3 \$1**
14 OZ. FOR

WHITE CLOUD BATH TISSUE
15¢ OFF LABEL ASST.

.99
4 ROLL

Slim-Fast

SLIM FAST BARS
CHOCOLATE OR PEANUT BUTTER



\$3.99

SLIM FAST
*WHERE AVAILABLE **\$7.49**
30 OZ.

ULTRA SLIM FAST
CHOCOLATE VANILLA STRAWBERRY
SOME WITH FREE SHAKER 15 OZ. **\$5.69**

ULTRA SLIM FAST
*WHERE AVAILABLE **\$9.99**
30 OZ.

ULTRA SLIM FAST SINGLE SERVE PACKETS WITH SHAKER
*WHERE AVAILABLE **\$3.99**



Health & Beauty

Quality Meat

**COUNTRY PRIDE
GRADE A
WHOLE
FRYERS**



LB. .59

LIMIT 4 PLEASE

**DELTA PRIDE
FARM RAISED
CATFISH FILLETS**



LB. \$3.78

**USDA CHOICE
SUPER VALU PAK
CHUCK
ROAST
BLADE CUT**




LB. .98

UNITED CHOICE BEEF

SINGLE PAK \$1.19

**OWENS
BORDER BREAKFASTS**



• SAUSAGE OR HAM

\$2.28

13 OZ. PKG.

**OWENS
PORK SAUSAGE**



• REG. • HOT • MILD • SAGE

\$3.95

2 LB.

1 LB. ROLL \$1.98

**RUSSETTES
HASH BROWN
POTATO
PATTIES**

.88

LB.

**OSCAR MAYER
LIGHT MEAT
WIENERS**

16 OZ. PKG. **\$1.78**

LIGHT BEEF FRANKS 16 OZ. PKG. **\$2.18**

**SUPER VALU PAK
LEAN
GROUND
BEEF**

REGULAR PAK **\$1.88**

LB.

**CASA RICA
FLOUR
TORTILLAS**



\$1.38

20 CT. PKG.

**USDA CHOICE
SUPER VALU PAK
RANCH
STEAK**



7-CUT

\$1.48

LB.

SINGLE PAK \$1.68

**USDA CHOICE
SUPER VALU PAK
ARM
ROAST
ROUND-BONE CUT**



\$1.48

LB.

SINGLE PAK \$1.68

**KRAFT
HALFMOON
CHEESE
CHEDDAR OR COLBY**



\$3.28

1 LB. PKG.

**KRAFT
VELVEETA
SLICES
REG. OR EXTRA THICK**



\$2.38

12 OZ. PKG.

Produce

**JUICY
BLACK FRIAR
PLUMS**



2\$1

LB. FOR

**SUNKIST
LEMONS 4 FOR \$1**

**KIWI
FRUIT 5 FOR \$1**

**GREEN OR RED
LEAF LETTUCE 2 BUNCHES \$1**

**SNOW WHITE
MUSHROOMS 8 OZ. CELLO .98**

**GOLDEN SWEET
CORN
LOCALLY GROWN**



5\$1


EARS FOR

QUANTITY RIGHTS RESERVED • NO SALES TO DEALERS

Frozen

Dairy

**CITRUS HILL
SELECT
ORANGE
JUICE
REG. OR
WITH CALCIUM**



\$1.19

12 OZ.

**BUDGET GOURMET
ENTREES**



REG. **\$1.29**

9-10 OZ.

**FISHERBOY
FISH STICKS**

\$2.29

32 OZ.

**MORTON'S
HONEY BUNS
ORIGINAL**

.99

9.13 OZ.


**FINE FARE
CRINKLE
CUT
POTATOES**



.99

32 OZ.

**PARKAY
OLEO QUARTERS**



.59

1 LB. PKG.

PARKAY SPREAD 3 LB. \$1.89

**BELL
SUPER PROTEEN
MILK**



.99

2% LOWFAT 1/2 GAL.

**BELL
CHOCORIFFIC
GALLON JUG**

.99

**YOPLAIT
YOGURT
ORIGINAL
6 OZ.**

2 FOR .89

the personal touch it's **UNITED**

Classified Advertising

Private Party Classified Rates

PAYABLE IN ADVANCE
All private party classified ads must be paid in advance.

Times	Rate Per Word
1	.20
1/2 Price each additional time, payable at time of original order.	(No refunds).

NO BUSINESSES AT THIS RATE. STRICTLY NON-COMMERCIAL, PRIVATE PARTY RATE.

DEADLINE FOR COPY AND PAYMENT IS Mondays at 5 p.m.

Commercial Classified Rates

Number of Times	Per Word	Per Time
1	-----	.25
2 or more	-----	.20
Bold Faced Headers	-----	.50

Card of Thanks

It sure feels good to be home again, and thanks to so many of you who have made my hospital stay more bearable by your calls, cards, flowers and visits. If I tried to make a list of all of you who have shown so much love and concern, surely it would take up more than a page in the Dispatch. To all of you, thanks so very much. A special thanks to the Post EMTs for their care when I fell, the Garza Memorial Hospital and staff during the emergency, the wonderful people at University Medical Center and at St Mary's Rehabilitation. I know God heard the prayers of my friends.

Lorene Voyles

"It's good to be home." My sincere appreciation and thanks for your prayers, letter, cards, flowers and calls - you gave me so much encouragement through my illness and recovery. I'm thankful for friends like you.

Mattie Belle Fluit

We take this method of saying thanks to the many friends and family who were so helpful and kind during the illness and death of our mother, grandmother, sister and aunt.

A special thanks to the nurses and other help at Golden Plains Care Center who took such loving care of you.

Thank you from the bottom of our hearts.

The family of Mary Caywood

Personals

City County Drug and Alcohol Abuse

Glenda Baker - Director
Lynette Massey - Asst. Director
We Care
495-3173

Looking for rocks to pick up to rock my house with. Call 806-797-3870 David McGaughey.

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 910 W. 10th at 8 p.m. Closed meetings are held except on the last Thursday night of the month, which is an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-3667 or 629-4393.

Services and Repairs

I will do yard maintenance. Call Benny Jackson at 495-2544 or 495-3693.

Handy Maid - will clean your home, office or place of business. Professional work with personal touch. Call 495-2495.

YARD WORK - mowing, light hauling, alleys, flower beds, other odd jobs. Free estimates. Jay Mitchell, 495-3309 or Roger Adams, 495-3013.

Carpet laying, new & used carpet, restretching, free estimates, call Mark Short at 495-2355.

Jobs Wanted

Experienced ranch foreman seeks employment on cow/calf ranch in West Texas. Well, palpatte and some farming. Resume on request. 214-874-5716 after 7 p.m. weekdays.

Homes for Rent

1 bedroom, furnished house, extra nice. Available mid-August. Call 495-2188 after 5 p.m.

For Rent: Two bedroom house; unfurnished; paved; extra clean. Call 495-2188 after five o'clock.

House in country, Pleasant Valley, on paved road, 7 miles out, 2 bedroom, water cooler. Call R.H. Lewis 495-2549.

Apartments for Rent

3 room apartment to one of two people, with shower, partly furnished at 110 W. 6th. Call 495-2062. Jessie Lee Lancaster.

Homes for Sale

House and furnishings - 205 W. 12th St. - property includes 1 1/2 lots, unattached carport, two storage buildings. \$13,000 firm call 495-3257.

3 bedroom, 1 bath house. 815 West 12. Call 495-4050.

Must sell 3 bedroom, 1 bath, large living room, utility room, covered patio, 2 car garage at 903 West 15th. Call 512-749-6427, ask for David.

Legal Notices

NOTICE OF RATE CHANGE REQUEST

Cap Rock Telephone Company, Inc. hereby gives notice that on May 15, 1990, the Company filed with the Public Utility Commission of Texas a request to reduce rates for certain optional services. These changes may become effective as early as June 19, 1990. Rates for local service will not change as a result of this filing.

The proposed changes include reductions to both the recurring and the nonrecurring rate for Tone Dialing service and Custom Calling services. The Company also proposes to reduce the nonrecurring rate for Nonpublished Telephone Number service. In addition, the Company proposes to waive the Service Connection Charges associated with Custom Calling services for 90 days from the date the new services become available in the remaining exchanges that do not currently offer Custom Calling Services.

It is estimated that the proposed changes will result in an annual revenue decrease of approximately \$3096.00 or a decrease of .001% of Cap Rock's annual revenues. Existing tone dialing and custom calling service customers may experience a rate reduction as a result of the proposed filing. Persons with questions or who desire more information about the proposed filing are encouraged to contact the Company by telephone at (806)271-3336 or in person at 121 E. Third St., Spur, Texas 79370. A complete copy of the filing will be available for review.

The Public Utility Commission of Texas has assigned this matter to Docket 9555. Persons who wish to intervene or otherwise participate in these proceedings should notify this Commission as soon as possible. A request to intervene, participate, or for further information should be mailed to the Public Utility Commission of Texas, 7800 Shoal Creek Boulevard, Suite 400N, Austin, Texas 78757. Further information may also be obtained by calling the Public Utility Commission Public Information Office at (512) 458-0256 or (512) 458-0221 teletypewriter for the deaf.

NOTICE TO CREDITORS

Notice is hereby given that original Letters of Testamentary for the Estate of Jesse Benson, Deceased, were issued July 2, 1990, in Docket No. 1445 pending in the County Court of Garza County, Texas, to: Mitchell Williams.

The residence of the Executor is in Lubbock County, Texas, and the mailing address is: c/o Deborah J. Penner, ATTORNEY AT LAW, P.O. Box 65166, Lubbock, Texas 79464.

All persons having claims against this Estate which are currently being administered are required to present them within the time and in the manner prescribed by law.

DATED the 9th day of July, 1990.
Deborah J. Penner
Attorney for the Estate

NOTICE OF SALE THE STATE OF TEXAS COUNTY OF GARZA BY VIRTUE OF AN ORDER OF SALE

DATED July 6, 1990, and issued pursuant to a judgment decree of the District Court of Garza County, Texas, by the Clerk of said Court on said date in a certain suit No. 4406, and styled County of Garza vs. Bicente Bocanegra, Helen E. Bocanegra and National Sales & Service Inc., and to me directed and delivered as Sheriff of said Court, I have on July 6, 1990, seized, levied upon, and will on the first Tuesday in August, the same being the 7th day of said month at the Courthouse door of said County, in the City of Post, between the hours of 10:00 o'clock A.M. and 4:00 o'clock P.M. on said day, proceed to sell for cash to the highest bidder all the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Garza and the State of Texas, to wit:

Lot 9, Block 155, Original Townsite of the City of Post, Garza County, Texas (Vol. 43, Page 522, Deed of Trust Records, and Vol. 9, Page 644, Mechanics and Materialmen's Lien Records, Garza County, Texas).

or upon the written request of said defendants or their attorney, a sufficient portion thereof to satisfy said judgment, interest, penalties and costs; subject, however, to the right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the

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recording of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and costs of suit, and the proceeds of said sale to be applied to the satisfactions thereof, and the remainder, if any, to be applied as the law directs.

DATED July 6, 1990, at Post, Texas.
Freddy Cockrell
SHERIFF, Garza County, Texas
by Ron Jenkins, deputy

NOTICE OF SALE THE STATE OF TEXAS COUNTY OF GARZA BY VIRTUE OF AN ORDER OF SALE

DATED July 6, 1990, and issued pursuant to a judgment decree of the District Court of Garza County, Texas, by the Clerk of said Court on said date in a certain suit No. 4387, and styled County of Garza vs. Pat Ayala, and to me directed and delivered as Sheriff of said Court, I have on July 6, 1990, seized, levied upon, and will on the first Tuesday in August, the same being the 7th day of said month at the Courthouse door of said County, in the City of Post, between the hours of 10:00 o'clock A.M. and 4:00 o'clock P.M. on said day, proceed to sell for cash to the highest bidder all the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Garza and the State of Texas, to wit:

Lot 12, Block 45, Garza County, Texas (Vol. 143, Page 39, Deed Records, Garza County, Texas).

or upon the written request of said defendants or their attorney, a sufficient portion thereof to satisfy said judgment, interest, penalties and costs; subject, however, to the right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the recording of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and costs of suit, and the proceeds of said sale to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs.

DATED July 6, 1990, at Post, Texas.
Freddy Cockrell
SHERIFF, Garza County, Texas
by Ron Jenkins, deputy

NOTICE OF SALE THE STATE OF TEXAS COUNTY OF GARZA BY VIRTUE OF AN ORDER OF SALE

DATED July 6, 1990, and issued pursuant to a judgment decree of the District Court of Garza County, Texas, by the Clerk of said Court on said date in a certain suit No. 4382, and styled City of Post vs. Neal Grant Driver, and to me directed and delivered as Sheriff of said Court, I have on July 6, 1990, seized, levied upon, and will on the first Tuesday in August, the same being the 7th day of said month at the Courthouse door of said County, in the City of Post, between the hours of 10:00 o'clock A.M. and 4:00 o'clock P.M. on said day, proceed to sell for cash to the highest bidder all the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Garza and the State of Texas, to wit:

Lot 1 and West 2 of Lot 2, Block 48, Original Townsite of the City of Post, Garza County, Texas (Volume 27, Pages 393 & 409, Probate Records and Volume 75, Page 231, Deed Records, Garza County, Texas).

or upon the written request of said defendants or their attorney, a sufficient portion thereof to satisfy said judgment, interest, penalties and cost; subject, however, to the right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the recording of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and cost of suit, and the proceeds of said sale to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs.

DATED July 6, 1990, at Post, Texas.
Freddy Cockrell
SHERIFF, Garza County, Texas
by Ron Jenkins, deputy

NOTICE OF SALE THE STATE OF TEXAS COUNTY OF TEXAS BY VIRTUE OF AN ORDER OF SALE

DATED July 6, 1990, and issued pursuant to a judgment decree of the District Court of Garza County, Texas, by the Clerk of said Court on said date in a certain suit No. 4383, and styled City of Post vs. G.W. Bridgeman AKA Gwin W. Bridgeman and Jolena Bridgeman, and to me directed and delivered as Sheriff of said Court, I have on July 6, 1990, seized, levied upon, and will on the first Tuesday of August, the same being the 7th day of said month at the Courthouse door of said County, in the City of Post, between the hours of 10:00 o'clock A.M. and 4:00 o'clock P.M. on said day, proceed to sell for cash to the highest bidder all of the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Garza and the State of Texas, to wit:

Lots 6, 7 & 8, Block 5, Original Townsite of the City of Post, Garza County, Texas (Volume 145, Page 145 and Volume 154, Page 101, Deed Records, also Volume 56, Page 881, Deed of Trust Records, Garza County, Texas).

or upon the written request of said defendants or their attorney, a sufficient portion thereof to satisfy said judgment,

interest, penalties and costs; subject, however, to right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the recording of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and costs of suit, and the proceeds of said sale to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs.

DATED July 6, 1990, at Post, Texas.
Freddy Cockrell
SHERIFF, Garza County, Texas
by Ron Jenkins, deputy

NOTICE OF SALE THE STATE OF TEXAS COUNTY OF GARZA BY VIRTUE OF AN ORDER OF SALE

DATED July 6, 1990, and issued pursuant to a judgment decree of the District Court of Garza County, Texas, by the Clerk of said Court on said date in a certain suit No. 4380, and styled City of Post vs. Roger Hair and Kathy Hair, and to me directed and delivered as Sheriff of said Court, I have on July 6, 1990, seized, levied upon, and will on the first Tuesday in August, the same being the 7th day of said month at the Courthouse door of said County, in the City of Post, between the hours of 10:00 o'clock A.M. and 4:00 o'clock P.M. on said day, proceed to sell for cash to the highest bidder all of the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Garza and the State of Texas, to wit:

Lots 9, 10, & 11, Block 17, Original Townsite of the City of Post, Garza County, Texas (Volume 155, Page 494, Deed Records, Garza County, Texas);

Lots 1 & 2, block 57, Original Townsite of the City of Post, Garza County, Texas (Volume 13, Page 1, Plat Records, Garza County, Texas);

Lots 12 & 13, Block 30, Original Townsite of the City of Post, Garza County, Texas (Volume 149, Page 655, Volume 144, Page 60, Deed Records and Volume 60, Page 131, Deed of Trust Records, Garza County, Texas);

Lots 9 & 10, Block 138, Original Townsite of the City of Post, Garza County, Texas (Volume 177, Page 366, Deed Records, Garza County, Texas);
Lot 3 and West 1/2 of Lot 4, Block 17, Original Townsite of the City of Post, Garza County, Texas being that property more particularly described and assessed on the tax rolls of this jurisdiction;

.750000 W.I. in Connell Lease #8506409, Ben Bride, N/W Section 12, Block 5, GH & H Survey, OPERATOR Bridge Oil-Rocker A, Garza County, Texas being that property more particularly described and assessed on the tax rolls of this jurisdiction;

West 2 of Lot 4, Block 67, City of Post, Texas (Volume 136, Page 147 and Volume 148, Page 616, Deed Records, Garza County, Texas);

Lots 1 & 2, Block 32, Original Townsite of the City of Post, Garza County, Texas being that property more particularly described and assessed on the tax rolls of this jurisdiction;

or upon the written request of said defendants or their attorney, a sufficient portion thereof to satisfy said judgment, interest, penalties and costs; subject, however, to the right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the recording of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and costs of suit, and the proceeds of said sale to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs.

DATED July 6, 1990, at Post, Texas.
Freddy Cockrell
SHERIFF, Garza County, Texas
by Ron Jenkins, Deputy

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financing with

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1979 Chevy Impala 4 door...\$35 wk

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1977 Ford T-Bird...\$650

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NOTICE OF SALE THE STATE OF TEXAS COUNTY OF GARZA BY VIRTUE OF AN ORDER OF SALE

DATED July 6, 1990, and issued pursuant to a judgment decree of the District Court of Garza County, Texas, by the Clerk of said Court on said date in a certain suit No. 4408, and styled County of Garza vs. Jesse Hubert Anthony, Heir to the Estate of Mrs. Anthony Dalton, and to me directed and delivered as Sheriff of said Court, I have on July 6, 1990, seized, levied upon, and will on the first Tuesday in August, the same being the 7th day of said month at the Courthouse door of said County, in the City of Post, between the hours of 10:00 o'clock A.M. and 4:00 o'clock P.M. on said day, proceed to sell for cash to the highest bidder all the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Garza and the State of Texas, to wit:

259 Acres out of Abstract 1116, Section 2, S.E. Harper Survey, Garza County, Texas (Volume 13, Page 1, Plat Records, Garza County, Texas),

or upon the written request of said defendants or their attorneys, a sufficient portion thereof to satisfy said judgment, interest, penalties and costs; subject, however, to the right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the recording of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and costs of suit, and the proceeds of said sale to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs.

DATED July 6, 1990, at Post, Texas. Freddy Cockrell, SHERIFF, Garza County, Texas by Ron Jenkins, deputy

NOTICE OF SALE THE STATE OF TEXAS COUNTY OF GARZA BY VIRTUE OF AN ORDER OF SALE

DATED July 6, 1990, and issued pursuant to a judgment decree of the District Court of Garza County, Texas, by the Clerk of said Court on said date in a certain suit No. 4416, and styled Post Independent School District vs. Walter Finch, and to me directed and delivered as Sheriff of said Court, I have on July 6, 1990, seized, levied upon, and will on the first Tuesday in August, the same being the 7th day of said month at the Courthouse door of said County, in the City of Post, between the hours of 10:00 o'clock A.M. and 4:00 o'clock P.M. on said day, proceed to sell for cash to the highest bidder all of the right, title, and interest of the defendants in such suit in and to the following described real estate levied upon as the property of said defendants, the same lying and being situated in the County of Garza and the State of Texas, to wit:

259 Acres out of Abstract 1116, Section 2, S.E. Harper Survey, Garza County, Texas (Volume 13, Page 1, Plat Records, Garza County, Texas),

or upon the written request of said defendants or their attorneys, a sufficient portion thereof to satisfy said judgment, interest, penalties and costs; subject, however, to the right of redemption, the defendants or any person having an interest therein, to redeem the said property, or their interest therein, at any time within two years from the recording of the deed in the manner provided by law, and subject to any other and further rights to which the defendants or anyone interested therein may be entitled, under the provisions of law. Said sale to be made by me to satisfy the judgment rendered in the above styled and numbered cause, together with interest, penalties, and costs of suit, and the proceeds of said sale to be applied to the satisfaction thereof, and the remainder, if any, to be applied as the law directs.

DATED July 6, 1990, at Post, Texas. Freddy Cockrell, SHERIFF, Garza County, Texas by Ron Jenkins, deputy

NOTICE OF OPPORTUNITY
Notice is hereby given that South Plains Community Action Association, Inc. is seeking Financial Assistance from the U.S. Department of Transportation under the Section 18 Grant Program. Grant funds will be used to continue providing Rural Public Transportation on a demand response bases with 24 hour notice. These services are for all communities in Bailey, Cochran, Garza,

Hockley, Lamb, rural area of Lubbock, Lynn, Terry and Yoakum counties. The system will purchase computer and office supplies, fuel, maintenance, contract services, printing services and insurance.

Special provisions for transporting the Elderly and Handicapped are available. Fares will be charged for all transportation. However, people receiving services under CSBG, SSI, Medicaid or JTPA may qualify for subsidized fares.

Copies of the grant proposal are available for inspection by the public at 411 Austin Street, Levelland.

Any person wishing to request a public hearing on the proposed project must submit that request in writing to South Plains Community Action Association, Inc., 411 Austin Street, Levelland, Texas prior to August 10, 1990.

CONTRACTOR NOTICE ON PAINTING REGIONAL WAREHOUSE

Sealed bids for painting of Regional Warehouse building located in Post, Garza County, Texas will be received, publicly opened and read on July 23, 1990, at the Lubbock District Office, 135 Slaton Road, Lubbock, Texas.

The State Department of Highways and Public Transportation, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 (78 C.F.R., Part 8), issued pursuant to such Act, hereby notifies all bidders that it will affirmatively ensure that the contract entered into pursuant to this advertisement will be awarded to the lowest responsible bidder without discrimination on the grounds of race, color, or national origin; and further that it will affirmatively ensure that in any contract entered into pursuant to this advertisement, minority business enterprises will be afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on the grounds of race, color, or national origin in consideration for an award. Plans and specifications are available at the District Maintenance Office for the above mentioned contracts at the office of Woody Marcy, Maint. Const. Supt., 135 Slaton Road, P.O. Box 771, Lubbock, Texas, 79408-0771.

Usual rights reserved.

Trail Blazers Lunch Menu

Monday, July 23
Baked beans/weiners, turnip greens, corn on cob or whole kernel corn, yeast roll, margarine or butter, oatmeal cookies, milk or beverage choice.

Tuesday, July 24
Baked chicken/cream soup topping, peas, sliced tomatoes, whole wheat roll, margarine or butter, sweet potato-prune bread square, milk or beverage choice.

Wednesday, July 18
Beef burrito, refried beans, broccoli, cherry cobbler, milk or beverage choice.

Thursday, July 19
Beef stew/vegetables, creamy coleslaw, combread, margarine or butter, brownie/chocolate icing, milk or beverage choice.

Friday, July 20
Chicken-corn casserole, green beans, cantaloupe & watermelon salad, whole wheat yeastroll, gingerbread, milk or beverage choice.

10-Minute video on Medicare supplement

A new 10-minute video on Medicare supplement insurance is being distributed by the State Board of Insurance for use by senior citizen service organizations around the state.

The video, called "Changes in Medicare Supplement Insurance" is available on loan from the Senior Concerns and Issues Section of the Board. The film was produced by the National Association of Insurance Commissioners to explain the changes in Medicare Supplement insurance resulting from the repeal of the Medicare Catastrophic Care Act.

Also available is a video entitled "Insurance Tips for Senior Citizens: Buying Medicare Supplement Insurance," which was produced by the Senior Concerns and Issues Section of the State Board of Insurance. Copies of both videos were sent to Agriculture Extension Service district offices and Texas Department on Aging area directors for use in their lending libraries.

Organizations that wish to show either or both videotapes may write: State Board of Insurance, Senior Concerns & Issues (016-4), P.O. Box 149091, Austin, Texas 78714-9091 or call (512) 463-6515.

In the Neighborhood

(Continued from Page 5)

Return from San Antonio
Gene and Mary Lee Claborn recently returned from a week's stay in San Antonio. They got out before the flooding hit.

Visiting with Claborns
Visiting in the home of June Claborn recently were her two brothers, T.W. Claborn of Temple City, Ca. and Carl Claborn of Indo, Ca.; her sisters and brother-in-law Tom and Nina Baker of Kaufman, Tx and Evelyn Hamilton of Odessa. T.W. Claborn and Evelyn Hamilton attended their 40th class reunion at Southland, which was held in Lubbock.

4th celebration.
Special thanks go to city manager Bob Turner, Main Street manager Wanda Mitchell and to all Kids 'N' Art members for participating in the poster contest.

This Week In History

On July 19-20, 1848, Lucretia Mott and Elizabeth Cady Stanton led the Seneca Falls, N.Y., Women's Rights Convention ... July 21, 1861, Confederates repelled Union forces at the first Battle of Bull Run ... July 22, 1916, a bomb exploded during the San Francisco Preparedness Day parade, killing 10 people. Labor organizer Thomas J. Mooney, and a shoe worker, Warren K. Billings, were convicted of the crime ... July 16, 1945, the first atomic bomb, produced at Los Alamos, N.M., exploded at Alamogordo, N.M. ... July 18-23, 1955, a summit meeting of leaders from the U.S., Britain, France, and U.S.S.R. July 21, 1959, the world's first atomic-powered merchant ship, N.S. Savannah, was launched at Camden, N.J. ... July 18, 1969, a car driven by Sen. Edward M. Kennedy (D-Mass.) plunged off a bridge into a tidal pool on Chappaquiddick Island, Martha's Vineyard, Mass. The body of Mary Jo Kopechne, a 28-year-old secretary, was found drowned in the car ... July 20, 1969, U.S. astronaut Neil A. Armstrong, 38, commander of the Apollo 11 mission, became the first man to set foot on the moon.

July 4th swimming contest winners

Results of the July 4th swimming contest have been announced:

0-7 Years old

1st - Barrett Scriver
2nd - Mandy Osborn
3rd - Tonya Morrow

8-10 Years old

1st - Raymond Perez

2nd - Monica Guerro
3rd - April Leary

11-14 Years old

1st - Amanda Heaton
2nd - Crystal Heaton
3rd - Blythe Wilson

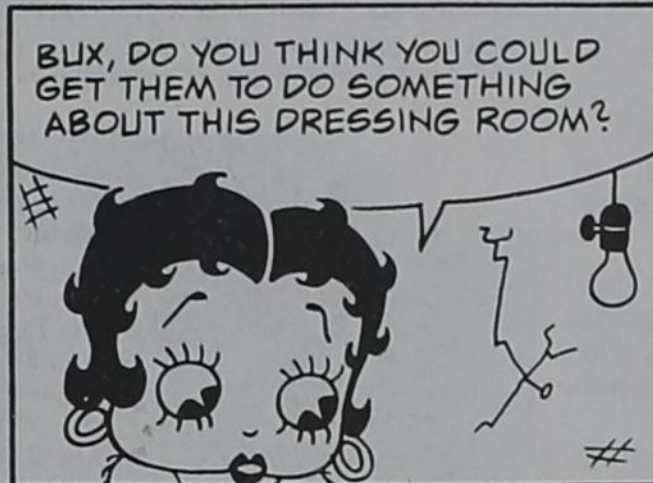
15 Years and older

1st - Manuel Perez
2nd - Mike Pecina
3rd - Amanda Heaton
Sid Estep

Answers to Last Week's SuperCrossword

SARG SCAMP GASPE GALL
AGUE TAPES ELTON EVOR
NEST EBONY TIARA TIDER
GETAHEAD COS GETSOVER
FURL CHAMP DIEU
PRATES DIEHARD CATNAP
RAVES TYR URIAH LOIRE
ONER TRICE TELIC FEDS
NER BRUNETS SETUP COO
GETGOING ANETS RACERS
OINK KNOWS DANA
DAMASK SNARE GETSBACK
OVA EERIE TROLLY BON
GANG TELEG SPOTS GAZE
ESNES PACER TAA BETEL
STATED SATINET LATENT
SROS PROUD XATS
GETABOUT ETA GETALONG
ENOW DRAMA NIOBE OVEN
NORA LAMED CARES SERA
ESPY ELEGY ELECT TROT

Betty Boop



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No one knows your GM vehicle better than Mr. Goodwrench. So when your doing the work yourself, we can help you at every step along the way. Start by coming to us for the genuine GM parts, and GM Goodwrench parts you need. They're designed especially for your GM vehicle and backed by GM warranties. Not sure exactly what you need? We can help there, too, with experienced and knowledgeable parts personnel.

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U.S. 84 to FM 41

Mercury Tracer	Was \$ 8,995	Now \$ 7,290
Ford Taurus	Was \$ 12,995	Now \$ 11,995
Ford F-150 SWB	Was \$ 9,495	Now \$ 7,690
Ford Tempo 5 to choose from 1 week special	Was \$ 10,995	Now \$ 8,690
Plymouth Voyager	Was \$ 5,995	Now \$ 4,590
Dodge Daytona	Was \$ 10,995	Now \$ 9,990
Ford Probe	Was \$ 11,995	Now \$ 10,490
Ford Thunderbird	Was \$ 10,995	Now \$ 9,990
Ford F-150 SWB	Was \$ 12,995	Now \$ 11,990
Mustang Convertibles	Was \$ 13,995	Now \$ 11,490

For more details on the wildlife photography presentation or the fall show, contact Bill Mueller at 3834.

Super Crossword

ACROSS	DOWN
1 Corpsman	127 Burdened
6 The Pequod's captain	1 French impressionist
10 Die	2 Patti LuPone role
14 "Murder By"	3 Olympic athlete
19 Dispatch boat	4 Noun suffix
20 Columnist Barrett	5 Bestows
21 Hebrew lyre	6 Russian union
22 Goodie from the past	7 Western star Gibson
23 Bond, once	8 Babylonian god
24 Montana specialty	9 Reason to visit an osteopath
26 Golden Awards	10 Player's helper
27 Summer on the Seine	11 GI's hangout
28 Fingerboard unit	12 Word with dust or sugar
30 "I - you not"	13 Tennessee
31 Emulated Pinocchio	14 Humid period in August
33 Where roses sleep?	15 Building addition
34 North Carolinian	16 Hacienda brick
36 Obsession	17 Rome's river
38 Click beetles	18 Pays attention
40 French painter	25 Intimates
41 Reading desk	29 Sales agt.
43 Seaport on the Firth of Clyde	32 High note
44 China-shop undesirables	35 Pacific pine
47 Narrow strips	36 Distributed
48 Witty remark	37 Wrestling
50 Agave fiber	38 Kitchen
54 Wild ox	39 Beethoven's "Archduke," for one
55 Recipient of a gift	41 Highway divisions
56 Worked at	42 Static, e.g.
58 English painter	44 Caustic remark
59 Campaigned	45 Two-toed sloth
60 Desiccated with icing	46 13
63 "All the Things You"	47 Nantes' river
64 Imaginary hobgoblins	49 Asian holiday
66 Bearnaise, e.g.	51 Well separated
67 "Good - make good neighbors"	52 River in England
69 Valse, e.g.	53 Iacocca and
70 Pluck	55 Extreme
71 Indistinct	56 Cut back
72 Love token	57 Slanders
74 Returned to custody	60 Star in Cygnus
78 Morocco city	61 Foible
79 Sasquatch	62 Painter of dancers
81 Monday in Madrid	65 Musical measure
82 Pizarro's quest	66 "... dish ran away with the"
83 On the briny	68 Sister
85 Heap of stones	70 Word with cold or dead
86 Circles	71 Sells
87 Oxidize	72 Yonder
88 Kitchen	73 Arizona city
90 Madonna costume feature, once	74 Burning
91 Llanero's weapons	75 Part of RFD
92 Heads	76 Gaelic
93 In the manner of	
95 Chinese restaurant specialty	
97 Egyptian god	
98 Souped-up jalopies	
102 Correct a mistake	
103 Commuting arrangement	
107 Slip	
108 - bog	
110 Unreturnable serve	
111 Pearl Harbor island	
112 He plays for money	
113 Unexpired	
115 Anchors plus reporters	
118 Shankar's instrument	
120 Rodeo performer	
121 - irae	
122 Wayne's "True -"	
123 An Astaire	
124 Dirks	
125 Weaver's reed	
126 Box office	



U.S. ARMY PROMOTION - Maj. Thomas A. Broz (center) was promoted to the rank of Lieutenant Colonel in a June 4, 1990 ceremony at Ft. Bliss, Tx. Joining Colonel Broz at the ceremony was his wife, Kay (right). Maj. Gen. Donald M. Lionetti, Ft. Bliss commander, made the presentation. Colonel Broz has been newly assigned to the Joint U.S. Military Advisory Group in Manila, Republic of the Philippines. Mrs Broz is the daughter of Mr and Mrs A.G. Guajardo of Post. Colonel Broz is the son of Robert and Evelyn Broz of E. Greenwich, R.I. and is a graduate of Norwich University in Vermont.

Heavy Television Viewing Can Harm Children

Too much television can have a negative impact on children, especially during the summer when school is out, warns the Texas Medical Association. That negative impact can take several forms, particularly violent behavior and obesity, as well as early sexual activity and alcohol and drug abuse.

"What children see on TV, they imitate in life," said Fortunato O. Sunio, M.D. a Cleburne pediatrician and TMA member.

Television's influence on children is partly a function of how much time they spend watching it. According to recent Nielsen data, American children two to five years old watch commercial television 25 hours a week, children six to 11 watch 22 hours a week, and youth 12 to 17 watch 23 hours a week.

Heavy television viewing reduces the time children spend in other activities, such as bicycle riding and playing outdoors. Consequently, as research has shown, these youthful "couch potatoes" tend to gain weight, especially because frequent soft drink and food commercials encourage between-meal snacking.

What children see on the screen is also a critical factor. For example, violence in children's programs, such as Saturday morning cartoons, rose from 18.6 violent acts an hour a decade to about 26.4 violent acts an hour now. Each year American children also see an estimated 14,000 sexual references and innuendos, only 150 of which deal with sexual responsibility, abstinence or contraception.

One reason is that children spend only about one-fifth of their viewing time watching children's programming. Most of the viewing time is spent on programs designed for an older audience, such as music videos,

soap operas, and sitcoms.

Parents can help prevent or counteract the negative influence of television in a variety of ways: television on all day from morning to night. When used as a ritual, television replaces or reorganizes what children learn from parents, school and church.

* Call or write advertisers and television station managers to express your views about the kinds of material being aired.

The Texas Medical Association is a professional organization of more than 29,000 physician and medical student members. It is based in Austin and has 119 component county medical societies around the state. The Association represents more than 80 percent of the state's physicians, and its goal is to improve the health of Texans through the professional and personal development of its members.

* Limit children's viewing to one or two hours a day. Encourage children to play outdoors, read, play games, and engage in hobbies.

* Set guidelines about what children may watch, and don't assume cartoons are OK. Encourage children to watch educational programs.

* Watch television with your children. Use depictions of violence, sexual activity, alcohol and drug abuse, and ethnic stereotypes as an opportunity to intervene and convey your values.

* Talk about commercials, as well as programs.

* Be sensitive to the impact any program, including the nightly news, can have on children. For example, the explosion of the Challenger space shuttle was extremely disturbing to many children who were watching the live lift-off.

* Avoid the habit of leaving the

Cotton Talks

The 50-member Board of Directors of Lubbock-based Plains Cotton Growers, Inc July 11 adopted a \$310,125 budget for the 1990-91 fiscal year, up from \$294,075 in 1989-90.

In other action the Board vowed to "do all that can be done" to secure federal disaster assistance on this year's crop and voted to express its "extreme concern" for the threat to cotton's future posed by ongoing General Agreement on Tariffs and Trade (GATT) negotiations.

The budget increase, pointed out PCG Secretary-Treasurer and Finance Committee Chairman Frank Jones of Lamesa, primarily reflects higher insurance costs and an increase in the allocation for salaries and employee retirement. The latter increase may be needed, PCG President Larry Nelson of Tulia explained, to cover the cost of an overlapping of personnel in preparation for the pending retirement of Cotton Fanning, a PCG employee since 1962. On balance all other budget items were raised less than three percent.

The need for a disaster program was made abundantly clear by Board members' reports on dryland crop conditions. In a word, crops west and south of Lubbock were described generally as "gone." Saddest of the lot was the report of Yoakum County's Rickey Bearden. Of the county's estimated 70,000 to 75,000 dryland cotton acres, no more than 200 are left, Bearden said. And he quoted an old-timer in the county as saying crops are the worst he's seen in 60 years.

Prior to the PCG vote on disaster aid, discussion revealed that four disaster bills have been introduced in Washington, one in the Senate and three in the House, but none "appear to be going anywhere." PCG Executive Vice President Donald Johnson further said getting a disaster measure through this budget-conscious Congress would require, first, that it can be funded by projected savings in deficiency payments, and second that crop conditions in the mid-west and elsewhere become bad enough to engender a broader base of political support.

On GATT negotiations, the Board

instructed PCG officers and staff to "express to the appropriate senators and representatives, the Secretary of Agriculture and the office of the U.S. Trade Representative PCG's extreme concern for the future of U.S. cotton if, as has been indicated, U.S. trade representatives are willing to sacrifice its well-being as a means to achieve other objectives in pursuing an all-inclusive international trade agreement."

The fundamental U.S. policy calling for global elimination of all agricultural subsidies and import barriers, long a source of anxiety in cotton circles, of late has become even more portentous in light of indications U.S. negotiators may now lean toward accepting something less than a tit-for-tat commitment on subsidies from foreign competitors.

PCG past president and director Lloyd Cline of Lamesa, who also serves as Chairman of the National Cotton Council's International Trade Committee, stated that the Council has repeatedly registered its objections to including cotton in any subsidy ban. But, he said, so far all protests have fallen on deaf ears.

Help For The Visually Impaired

The Texas Commission for the Blind is a vocational rehabilitation agency for persons who are blind or visually impaired.

Some of the services provided to eligible persons include counseling and guidance, vocational evaluation and career exploration, job training, employment assistance, daily living skills training, and medical services.

Programs are available for children, adults, and older citizens.

If you are blind or visually impaired or know someone who is and could benefit from Commission services, call toll-free 1-800-252-5204.



When female elephants fight, it is said, they usually try to bite off each other's tail.

Our People Serving in the U.S. Armed Services

2nd Lt. Charles G. Stitt

Second Lt. Charles G. Stitt has graduated from the undergraduate space training course at Lowry Air Force Base, Colo., and was awarded the space badge.

The course provided instruction for Department of Defense personnel in the basic knowledge and skills needed to perform the duties associated with the space operations career field.

Stitt is the son of Sherry L. Fortney of Somerville, Ohio, and David M. Stitt of Middletown, Ohio.

His wife, Jennie, is the daughter of Lloyd and Lea Mock of Post.

He is a 1980 graduate of Preble Shawnee High School, Camden, Ohio, and a 1988 graduate of Miami University, Oxford, Ohio.

Jay McCook on Dean's List

Jay McCook, son of Dr and Mrs Charles Cook of Post, recently was named to the spring 1990 Dean's List at Abilene Christian University. He is a 1987 graduate of Post High School. To be listed on the honor roll, a student must be enrolled for a grade in at least 12 semester hours and earn a 3.45 grade point average or higher.



WOW WHAT A DIFFERENCE - Brick work on the front of the Garza Theatre was completed this week, and work on restoring the front of the building is beginning to really show the signs. Garza Theatre board member A.C. Cash has been supervising the project, which is bringing more and more attention to Post.



VISITING POST FROM AROUND THE WORLD - Youth from 21 different countries paid a visit to Post last week, as Main Street manager Wanda Mitchell showed the young people a real taste of West Texas.

Don't bug some insects

If, while sitting in the living room, you spy a couple of flies, a roach and a few crickets with you, the kid and your dog, that's about normal.

Among all the animals in the world, about seven out of 10 are insects.

Most humans who find they share space with bugs, however, are moved to go on a killing rampage -- swatting, dousing and flushing the strange invaders.

Perish the thought, not the bug, Dr Horace Burke would say. "I don't kill them," said Burke, a long-time insect researcher at the Texas Agricultural Experiment Station. "Well, maybe if it's a flea, I would. Even for an entomologist there are certain insects we would rather not be associated with."

Except for the flea, Burke looks for the good in bugs -- and finds a lot of it. In fact, he would argue that humans could not exist without insects pollinating food crops, eating pesky bugs, feeding larger animals or devouring carrion.

"It's a possibility," Burke said of humankind's ultimate needs for insects. "When you take one group of organisms out, it changes another. Either we couldn't live without them or if we did, it would be a different world."

With some 750,000 known species of insects in the world -- and some think perhaps another 10 million yet to be identified -- biodiversity is exemplified in this class of animals.

"Regardless of whether they bite, transmit diseases, look pretty

or suck the blood of your dog, there is great diversity in the group," said Burke, who is a taxonomist at Texas A&M University's one million-specimen insect collection. "We always hear about the bad insects; the boll weevils, screwworms and mosquitos. We never hear the other side."

Most importantly, he said, insects pollinate billions of dollars worth of crops every year in the United States.

"Bees and other insects are valued at \$19 billion a year for their pollinating activities," he said. "I don't think anyone doubts the value of them."

Many non-crop plants also de-

pend heavily on pollinating insects. The yucca, for example, depends entirely on the yucca moth to reproduce, he said.

No dollar value has been determined for the predator and parasite insects, but such insects act as a natural control for more damaging insects, Burke said. Many species of flies and wasps grow up feeding on caterpillar bodies, for example. Complete control of the citrus blackfly and the sugarcane borer, both devastating pests in South Texas, was accomplished by parasitic insects.

Researchers now are looking for an effective parasite for wheat aphids and the boll weevil, he

added. "For some larger animals, insects are a very large percent of their food," Burke added.

Toads are worth about 25 cents apiece in home gardens for the number of insects they eat, according to Dr Jim Dixon, wildlife researcher.

Insects also serve as scavengers, Burke pointed out.

"They are disposal units," he said. "They reduce carrion and garbage. They break down wood, too and are decomposers of animal bodies. In this way, they serve humans."

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