

# Callahan County Baird Star

Baird, Officially Designated Antique Capital Of West Texas

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THE U.S.A.**

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**25¢**  
31¢ By Mail

Volume 122, Number 49

Baird, Texas 79504

Thursday, December 3, 2009

## Callahan County Library News

New to the library are: Complete Craft by Katherine Sorrell, Biscuit's Pet and Play Halloween by Alyssa Satin Capucilli, The Perfect Christmas by Debbie Macomber and Rough Country by John Sandford.

**ELibrary Curriculum**  
Edition users find the answers they need from more than 2,225 full-text magazines, newspapers, reference books, and transcripts-plus thousands of pictures, maps, weblinks, and audio/video content. **ProQuest Learning:** Literature offers a comprehensive integrated literary reference resource for original full-text works, authors biographies, literary criticism, and more. **History Study Center** delivers thousands of primary and secondary sources covering ancient to modern U.S. and world history. **Available in Spanish Encyclopedia of Animals-**

This extensive data base provides students with thousands of easy-to-read entries about mammals, birds, reptiles, amphibians, fish, dinosaurs and prehistoric animals. Genus and Species and Geographical Locale as well as a detailed description.

These TexShare Databases are free to the citizens of Texas.

From the Past  
*Callahan County Clarendon*  
November 13, 1880  
Vol. 1, No. 46  
Ed. Seay and Frank Collins went to Eastland last Wednesday, on a business trip and returned on Thursday evening.

## Forage Seminar Feb. 2010

A special 5-hour CEU Forage Seminar is set for February 9, 2010 at the First Baptist Church in Cross Plains, Texas. Registration starts at 8:30 a.m. The program begins at 9 a.m. The goal of this program is to provide producers with information on forage management strategies to help them produce uniform, high quality forage to meet their production goals. All persons with a pesticide license are eligible for the 5 CEU hours. The topics to be presented are forage insect control, economics of forage production, wheat variety selection, forage/soil sample management, and laws and regulations. There will also be a Farm Service Agency Update, and a sponsor update.

The cost of the Seminar and accompanying meal is \$5 to those that pre-register by February 1st. Registration at the door will be \$10.00 per person. This program is presented by the Texas AgriLife Extension Service offices in Brown, Callahan, Coleman and Eastland Counties. For further

A new restaurant has been opened in the building formerly occupied by Mr. Ensor's saddle shop. Mr. Atkins is the proprietor.

John D. and George Merchant, sold 800 head of bees at Fort Worth on last Monday, to Hines & Mann. Twenty-two dollars per head was the price paid.

Mr. C.W. Merchant returned from the west last Tuesday; he had collected a fine herd of bees, which he sold to Mr. Taylor, thus saving a long and cold trip to market.

Our old townsman, W.B. Chittum, left here last week with his family, hunting for a warmer climate further south. He left just in time, for just after he went the big snow storm came on. Some one to start a tin-shop. Some one to start a dairy and furnish our citizens with milk and butter.

Mr. John Skinner of Pilot Point, Denton County, and Sam Cutbirth of this county, called at our office yesterday. Mr. Skinner is well known to most of our citizens; he is staying for a few days at his daughter's, Mrs. J.B. Cutbirth, in the Hubbard Timbers. He reports Pilot Point booming. She will be a railroad town, and every body is happy over the prospect.

Married, Olds-Mathews, In Belle Plain, at the Avenue Hotel. Sunday, Nov. 7th, Mr. A.H. Olds to Miss Mahalia Mathews, R.B. Brown, J.P., officiating.

information, contact the Callahan County Extension Office at (325) 854-5835. Educational programs for the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin. We will seek to provide reasonable accommodations for all persons with disabilities for this meeting. We request that you contact the County Extension Office as soon as possible to advise us of the auxiliary aid or service that you will require.

## DPS Report

**11-22-09 to 11-28-09  
CASES INVESTIGATED**

Warnings- 112  
Complaints- 44  
DWI-1  
Driving While License Invalid- 2

### ACCIDENTS

There were 3 accidents investigated during this time span.

## Callahan County 4-H Newsletter

**Project Certification Forms**

The Project Certification Form has been revised. Many of the animal projects are being validated (tagged) and that information is already available. We need all those exhibitors that are planning on showing Breeding Rabbits, Boer Goats, Beef Heifers or Breeding Swine to inform the Extension Office by December 5th. Please help us keep track of those 4-H members with animal projects.

**Club Meeting Dates**  
Clyde 4-H Club  
December 14, 2009 7 p.m.  
Clyde Elementary Cafeteria  
January 11, 2010 7 p.m.  
Clyde Elementary Cafeteria  
Eula 4-H Club  
January 5, 2010 7 p.m.

Eula Middle School Activity Building  
Baird 4-H Club

TBA for more information please contact Angela Mitchell at (325) 854-1736.

**Community Livestock Show Dates**  
Eula Show- January 9  
Baird Show- January 9  
Clyde Show- January 9  
Callahan County Jr. Live-

stock Show Dates  
January 14th Rabbit & Poultry Show 5:30 p.m.  
January 15th Lamb Show 8 a.m.

Goat Show- Following Lamb Show  
Swine Show 1:30 p.m.  
January 16th Heifer Show 8:30 a.m.

Steer Show- Following Heifer Show

Major Stock Shows  
Ft. Worth- Market Lambs, Jan. 27-31, Market Goats, Jan. 27-31, Steers, Feb. 2-5, Barrows, Feb. 2-5

San Antonio- Market Lambs, Feb. 15-18, Market Goats, Feb. 11-13, Steers, Feb. 15-19, Barrows, Feb. 13-18

San Angelo- Market Lambs, Feb. 20-21, Market Goats, Feb. 20-21, Steers, Feb. 25-26, Barrows, Feb. 24-26

Austin- Market Lambs, March, 19-20, Market Goats, March 19-21, Steers, March 22-24, Barrows, March 23-25

Houston- Market Lambs, March 9-12, Market Goats, March 9-12, Steers, March 8-13, Barrows, March 13-19

## Grand Ole Oplin Christmas Ball To Be Held Friday

The Grand Ole Oplin will hold its Annual Christmas Ball on Friday, December 4th. Everyone is invited to dance to the country tunes of Muddy Creek. The Christmas Ball will begin at 7:30 p.m. and will end at 10:30 p.m. Admission will be \$6.00 per person or \$10.00 per couple.

Everyone is asked to bring a snack to be shared by all during the band's break.

## Immunization Clinics

Texas Department of State Health Services H1N1 Flu Clinic Monday, December 7th at Clyde First Baptist Church 216 Austin. Time 9:30 a.m.-12 & 1:30-3 p.m.

For the following: All persons 6 months through 24 years, chronically ill person 25 through 64, pregnant women, close contacts of infants 6 months or younger

For more information call 325-754-4945.

Texas Department of State Health Services Immunization Clinics in Callahan County

We will have a limited amount of H1N1 available Monday, December 14th

Don't forget to wear Christmas colors or your Sunday best.

The Grand Ole Oplin is hosted by the Oplin Community Center and is located at the intersection of FM 604 S. and FM 2926.

Alcohol and smoking is not allowed.

For more information please contact Judy Woodard at 529-3129 or Alice Denunzio at 529-4646.

at Baird Cafetorium 400 W. 7th. Time: 10 a.m.-12  
Cross Plains Housing Authority 233 N. Main. Time: 2-4 p.m.

Wednesday, December 9th at Clyde First Baptist Church 216 Austin. Time: 10 a.m.-12 & 1:30-3 p.m.

Please bring child's Immunization Records. If child has Medicaid or CHIP, please bring card.

For more information call 325/754-4945.

## Basketball Scores

**Boys**  
Clyde 70, Vernon 51  
**Girls**  
Stamford 47, Baird 36  
Haskell 40, Eula 33  
Clyde 47, Sweetwater 30

## Homestead Happenings

Submitted by Mark Sanchez

We have a very busy December planned for our residents. On Thursday, if the weather holds up we will make a Wal-mart shopping trip. Our interest count probably means we will have to do two or three trips but we will try to get one done this week.

We also have a choir group coming in on Thursday to perform at the home for the residents. Always excited to have groups come to visit! Speaking of visitors, I have to mention a special group. Clyde High School's Nurse Aide program has been training at Homestead. I have not mentioned them much but they have done an awesome job in the home this semester. Wednesday before Thanksgiving they spent an entire day with us. They will be finishing up soon and testing for their certified nurses aide license. The young ladies did everything from oral care to showers. There are some aversions to overcome but these high schoolers transformed themselves into medical professionals.

We have not yet figured out our nights but we will be going to Abilene State School for the Christmas lights display the week of the 7th through the 11th. We have a majority of our residents who want to go so we are going to make multiple trips. Stopping for hot chocolate, popcorn and pictures with Santa are a

must!  
The week of the 13-18th we will be going on another hay ride to see some lights in Baird. We hope that we can have refreshments back at the home when we get back. We are getting better as we do more events and we are thinking of enhancements. After the Fall Fest, we all thought a snack and hot chocolate would have been good. We are trying to get that finalized. The Parties begin on the 18th. Donna Moore, RN, and I will host the employee party. We are trying to get the staff fed and some gifts and recognition. We have a great staff. The residents will have their party on the 21st. We have adopted residents and we are buying them gifts. We also have organizations that are bringing gifts. We have a Santa visit scheduled for both parties. We continue to decorate the building. The big tree is up but we are slow on the lights and displays. We are also continuing to work with other groups to come in and visit us. It's not too late to get on the schedule! We are throwing an idea around and I am hoping it catches fire. Luau in January! Grass Skirts, hula dancing, chicken and pineapple kabobs, flowers and all sorts of games. Hey when it's cold outside, nothing is better than thinking about the nice warm weather and being outside again.

## District 6-AA All District Team 2009

1st Team Offense	OLB Cameron Mize, Clyde, Jr.
OL Wyatt Walton, Clyde, Sr.	DB Mason Grissom, Clyde, Sr.
2nd Team Offense	2nd Team Defense
OL Ty McDowell, Clyde, Sr.	DT Miles Rand, Clyde, Sr.
RB Taylor Rogers, Clyde, Sr.	DE Dalton Remington, Clyde, Sr.
RB Chris Anderson, Clyde, Sr.	ILB Karrson Strohl, Clyde, Sr.
1st Team Defense	DB Austin Brown, Clyde, Sr.
DT Michael Garcia, Clyde, Sr.	OLB Matt Hair, Clyde, Jr.

## West Texas VA Health Care System Annual Christmas Tree Lighting Program Friday

Daniel L. Marsh, Medical Center Director, West Texas VA Health Care System, is pleased to announce the VA Holiday Lighting Ceremony on Friday, December 4, at 6 p.m. Holiday carols will be led by some of our Veterans, refreshments will be served and last but certainly not least, Santa will visit with

all the children. Mr. Marsh, assisted by children in the audience, will light the lights on the indoor Christmas tree simultaneously illuminating the breathtaking display of outdoor lights. We invite the community to join in this festive occasion.

**Callahan County Star Deadlines**  
Tuesdays by 4 p.m.  
ecn@att.net

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## CALLAHAN COUNTY

## STAR SPOTLIGHT

## WRITERS SHOWCASE

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*Poetry Media Service*

## SEISM AND SCHISM

A review of Colosseum by Katie Ford.

By Sasha Dugdale

Katie Ford's new book, *Colosseum*, takes its title from a startling meditation on the Colosseum in Rome. "Built for slaughter," the building saw gladiatorial combat, execution, and wild beasts tearing each other apart, and when the Roman Empire fell and the arena was left untended, exotic plants spread over the abandoned ground, sowed from seeds in the waste of the beasts. Caught at some oblique angle within the poem, another set of reflections concern the mayfly, whose 400 minutes of life and physical slightness are set against its survival "through antiquity with collapsing / horses, hailstorms and diffracted confusions of light." The tiny mayfly and the massive tiered structure of the Colosseum are both cycles of destruction and renewal, turning slow and small, like the wheels of God:

When it is finished it is said  
the expiring flies gather beneath boatlights  
or lampposts and die under them minutely,  
drifting down in a flock called snowfall.

Against the backdrop of constant mortality comes the real tragedy, spiritual desolation, which numbs the voice and renders it hoarse and hollow, the speaker clutching at the straws of objectivity and remoteness: "If I remember correctly," "I said to myself." The site of suffering is no longer the arena without, but the injured soul within: "When one is the site of so much pain, one must pray / to be abandoned."

Ford's collection has at its heart the more recent tragedy of New Orleans, blasted by Hurricane Katrina and then flooded. It is in three parts, the first dealing with the storm, the second with flight and return, and the third with grief. My apportioning seems rather crass: *Colosseum* is characterized by lyricism and fluidity, and its narrative rises out of a tangled confusion of events and objects. Much in the manner of a disaster, we are never entirely sure of sequence; we live through dark days and random happenings that must be pieced together intuitively, for they hardly belong together logically. Tragedy wipes out all linear notions: time, history, inheritance. One disaster merges into another, one victim into another. In a remarkable prose poem, "Division," flight from New Orleans is within a landscape of constant geological movement: creasing, dividing. Catherine of Siena lived in hills like this, muses the lyrical voice, scouring her throat raw with twigs, so the communion she so desired would be felt:

She scalded herself at the baths, ran away to a cave,  
shoved twigs into her mouth so that when the host traveled  
down her raw throat she would indeed feel something, even  
a god breaking inside her.

*Colosseum* is a study of the psychology of survival. We are left in no doubt. This matter goes to the heart of the human condition, our condition:

We love the stories of flood and the few  
told to prepare in advance by their god.

In that story, the saved are  
always us, meaning:  
whoever holds the book.

—"Ark"

At its most immediate, this is simply the attempt to grasp the cup of grief which runneth over: the woman who uses the wind to open her wrists; the desire to be an unthinking vessel with no heart to be torn into "strips of weed" ("Vessel"). But then there are the seismic shifts in our understanding that happen slowly, over time. There is nothing of permanence. People are lonely in their suffering. In the sonnet "Injury," which opens with the plastic curtains around hospital beds, the injury is the transparency of those same curtains: "the thought we could not be harmed" has been felled and the convention of the sonnet is nothing more than a terrible empty irony.

Tragedy and devastation are hard things to write about in poetry, which doesn't of course mean that they shouldn't be attempted. There are terrible risks: voyeurism, sensationalism, the simple overbearing fact of the event. On the other hand, they are the stuff of poetry: Homer, Shakespeare, the poets of World War I in Britain, Mandelstam, Celan—all have provided a poetry that stands at some oblique angle to the suffering. Do you need to witness or partake of suffering to write about it? I think perhaps you do, if only to find the correct oblique angle from which to write. Katie Ford's is a finely wrought lyrical beauty, a poetry of detail and care, but she has set it within an epic arc—the small wheel of individual life revolves within the larger human

Submissions sought to:  
StarP.O. Box 29  
Eastland, TX 76448email: [thebairdspotlight@att.net](mailto:thebairdspotlight@att.net)

S.A.S.E, for returns

--WANTED--

20 lines,

double spaced or less

Poetry

Fiction or Non

Each entry with brief biography notes. All must be family oriented; no smut, slander or libelable material.

## Christmas

It's Christmas time once again  
When God, through Jesus, became a  
man

To give the world eternal hope  
Helping mortals, with life, to cope

He gave us love and the way to live  
So in our lives His love we'll give  
To help the weary along life's way  
To see a more cheerful, brighter day

If in this world our lives we give  
With Him eternally we will live  
And praise Him daily with joyful song  
To look on His face all day long.

Ron Vaughn  
Eastland, Texas

## Riding Double

Take a slippery slope, a little hope  
And little children pulling a sleigh  
Because lots of fun, is sure to come  
For we wished for snow on Christmas  
Day.

Riding double, could cause you trouble  
Because all trees you should go between  
You can jump astride, a sleigh to ride  
But you sure better learn how to lean.

Lean the same way, while riding a sleigh  
You two, or prepare to take head-on  
And become wed, to a tree ahead  
Resulting from your lean that was wrong.

- Weldon L. Smith  
Eastland, Texas

*The pen is mightier than the sword*

epic. And though we know that she has felt everything on her own pulse, still nothing is personal—the poems rise up through the clutter of the receding floods to become observations on the universality of suffering.

Excerpted from "Devastation and Digression," originally published in the February 2009 issue of *Poetry* magazine and available at [www.poetryfoundation.org](http://www.poetryfoundation.org). Sasha Dugdale is a poet and translator. She recently translated Anton Chekhov's *The Cherry Orchard* for BBC Radio. Distributed by the Poetry Foundation.

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.....  
**WANTED: Poetry and/or short stories for this page each week. Mail to: Star P.O. Box 29 Eastland, TX 76448 or e-mail to [thebairdspotlight@att.net](mailto:thebairdspotlight@att.net)**

*American Life in Poetry*

Column 245

BY TED KOOSER, U.S. POET LAUREATE, 2004-2006

I love the way the following poem by Susie Patlove opens, with the little rooster trying to "be what he feels he must be." This poet lives in Massachusetts, in a community called Windy Hill, which must be a very good place for chickens, too.

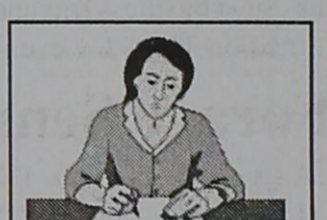
## Poor Patriarch

The rooster pushes his head  
high among the hens, trying to be  
what he feels he must be, here  
in the confines of domesticity.  
Before the tall legs of my presence,  
he bristles and shakes his ruby comb.

Little man, I want to say  
the hens know who they are.  
I want to ease his mistaken burden,  
want him to crow with the plain  
ecstasy of morning light as it  
finds its winter way above the woods.

Poor outnumbered fellow,  
how did he come to believe  
that on his plumed shoulders  
lay the safety of an entire flock?  
I run my hand down the rippled  
brindle of his back, urge him to relax,  
drink in the female pleasures  
that surround him, of egg laying,  
of settling warm-breasted in the nest  
of this brief and feathered time.

American Life in Poetry is made possible by The Poetry Foundation ([www.poetryfoundation.org](http://www.poetryfoundation.org)), publisher of *Poetry* magazine. It is also supported by the Department of English at the University of Nebraska-Lincoln. Poem copyright ©2007 by Susie Patlove from *Quickening*, Slate Roof Press, 2007. Reprinted by permission of Susie Patlove and the publisher. Introduction copyright © 2009 by The Poetry Foundation. The introduction's author, Ted Kooser, served as United States Poet Laureate Consultant in Poetry to the Library of Congress from 2004-2006. We do not accept unsolicited manuscripts.

**Wanted: Writers & Poets***Any and all ages welcome***Writers And Poets!**

The Eastland/Callahan County Newspapers announce that the Baird Star will be publishing submitted poetry and short stories. We will also be publishing a literary journal in the near future.

1. We ask for first-time publishing rights. All other rights will remain with the author.
2. There will be no payment, but you will get your works before the general public. We will

be sending sample copies to other organizations, the literary world and libraries for their archives and your notoriety.

3. Short stories should be brief. Poetry should be no longer than 24 lines.
4. Each submission should be typewritten, single spaced, with author's name and contact information in the top right hand corner. You must include a SASE for the return of the submission.
5. Please address all submissions to:

**Literary Editor****Eastland/Callahan County****Newspapers****P. O. Box 29****Eastland, TX 76448****email: [thebairdspotlight@att.net](mailto:thebairdspotlight@att.net)****Fax: 254-629-2092**





## The Idle American

Commentary by Don Newbury

### Uncle Mort on Oxygen...

Uncle Mort, my 96-year-old kin down in the thicket, may have the largest "alibi collection" on the planet.

"I've banked on alibis to wiggle out of predicaments since Hector was a pup," he laughed. "The way I figure it, alibis and fibs are first cousins. Liberal dependence on both keeps us off the slippery slope of outright lies."

I felt yawns coming on as Mort rambled. My eyes widened, though, when he offered an alibi for the Dallas Cowboys' 7-6 football win over the Washington Redskins....

I had heard him offer alibis on thousands of subjects over the years, but this was the first time in memory that he'd made excuses for a win.

He blamed the Boys' poor offensive showing on oxygen deprivation.

"If they had lost, they could've blamed it on a bunch of school kids determined to make the Guinness Book of World Records," my uncle maintained....

My curiosity aroused, I was determined to hear him out.

He was happy to oblige, explaining that earlier in the week, a crowd of 4,626 Arlington eighth-graders gathered at Dallas Cowboys Stadium to learn CPR techniques shown on the giant screen. Guinness officials have confirmed this to be the largest CPR

training session ever held, topping the old record by almost a thousand.

"Those kids dang nigh pumped all the oxygen out of the place, causing the Boys' offense to be light-headed," Mort surmised. "I'm shore 'nuff glad that their defense sucked it up."...

I attended a high school football play-off game there recently. Add me to the list of people overwhelmed by this \$1.2 billion venue which is billed as the largest covered athletic facility in the world.

It is surreal, commanding more attention than the glitzy ads, or, for that matter, play on the field. And, as cameras pan the stands, smiling, hand-waving fans ham it up for their "15 seconds of fame."

The old claim is that you "can't know the players without a program." At the new Stadium, you can't know the score without binoculars, and, until recent days, there was no permanent American flag to salute....

The stadium indeed has four scoreboards--one for each quadrant. Surely they sent the wrong ones; these seem better suited for a junior high school field. Eyes squint to locate the "boards marked as "home" and "away." The long and the short of it is that they are tiny in a cavernous place where "big" reigns.

When fans realized that there was no "American flag for America's team,"

they set up defiant squawks that caught the attention of team brass.

On Thanksgiving Day, as the Cowboys shellacked the Oakland Raiders on the field, Old Glory was hanging from the rafters in both end zones, and the place was alive with movement, color and excitement....

CPR training or not, this wonder of the sports world takes the breath away.

Everyone should see it. If the thought of donning football pads or band uniforms doesn't compute, maybe you can sign up for CPR training.

Coming to mind is the story of the leather-lunged

Texan, on a crowded airplane. Nudging the man next to him, he asked, "Where you from, son?" The man answered "Chicago." The Texan, acknowledging the "great lakes up there," boasted that if we "had the great lakes in the Metroplex, it'd be a whole lot bigger'n Chicago." The vexed "victim" had the last word, suggesting: "Why don't you move them?"

Admitting that he didn't know how to get the job done, the Texan was instructed to "get a giant straw." A giant straw? The Chicagoan ended the conversation with this rejoinder: "Put one end of the straw in Lake

Michigan, and the other end in the Metroplex. If you can suck half as hard as you can blow, you'll have 'em there in 30 minutes."...

Dr. Newbury is a speaker and author in the Metroplex. Send inquiries/comments: newbury@speakerdoc.com. Phone: 817-447-3872. Web site: www.speakerdoc.com.

## Scranton Musical To Be Held December 5

The Scranton musical will be held Saturday, December 5 at the community center. The kitchen begins serving at 5:30. The special this month is stew and cornbread. The music begins at 6:00. All area musicians are invited. Mark Ray is emcee. You may call 325-692-2057 to reserve a time for your group. It is supposed to be cold so come out for a hot meal, warm place and enjoyable music.

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By: David & Doreen Dotson

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5-105



# Guest Slot by H.V.O.

MOST TRADITIONAL gospel music lovers hold certain hymns to be special. One would be hard pressed to catalog them all, because individuals have different reasons for holding certain hymns their own top choice.

One that has had special significance for Eastland Countians because the man who penned it lived here and died here.

"Precious Memories," lyrics and music by J.B.F. Wright, is also included in a little hymnal printed in this county and still available today locally.

The man with four initials in his name was living with a relative at the time the collections of hymns was put into local print.

The hymn and the man's name keeps coming up. Most recently ran across in a little publican entitled The Stories Behind Great Southern Gospel Songs, part of a package offered by the Guidepost Publications.

The package of four CDs is entitled I'll Fly Away, the Best of the Greatest Southern Gospel Groups.

Mr. Wright's special hymn is recorded by the Blackwood Brothers in this offering.

His "story behind the hymn" is as follows:

"John Braselton Fillmore Wright grew up listening to the gospel harmony of his parents, especially his mother, whom Wright called "one of the sweetest singers of her generation." At age twenty-five, John married, rambling over Texas with his young bride Fanny, who bore him eight children.

"The sad inspiration for Precious Memories came from the death of his youngest son. "We lived by the railroad, below Hamlin, Texas," John recalled. "Little three-year-old Everett would watch for the 'chwhains,' as he called them, and he would stand at the front yard gate and wave his little hands to the trainmen as they passed our house. They would always wave back to him.

"On Sunday evening, January 22, 1922, Everett was stricken with diptheria and the next day, just as the sun went down, our little boy was dead. For many days after this, when the trains would pass, the trainmen would be watching for little Everett to wave, but he was not there."



(Left to right): Pictured outside of Congressman Mike Conaway's office, Kalie Lowrie, Josh Muse, Jonathan Murphy, Brittany Lunsford, Scott Perkins, Dr. Justin Murphy, Jessica Zaldivar, Callie Ellis, Josh Rice, Britt Sherman, Matt Kresge, Dane Ritcheson and Hunter Cox.

## HPU Team Participates In National Model United Nations Conference

BROWNWOOD - November 23, 2009 - The Howard Payne University Model United Nations team recently participated in the National Model United Nations conference held in Washington, D.C.

The ten student delegates, representing the countries of Bosnia and Chile, participated in the conference which was a three-day simulation of an actual meeting of the United Nations.

Senior Dane Ritcheson served as the HPU delegation's Permanent Representative. "It was a great learning experience for each of us, as the committees discussed topics ranging from "The Role of Nuclear Technology in a Peaceful World" to "The Impact of Climate Change on Humanitarian Efforts," he said.

Students participating in the trip included Ritcheson, Matt Kresge, Brittany Lunsford, Josh Sherman, Josh Rice, Josh Muse, Scott Perkins, Callie Ellis, Hunter Cox and Jessica Zaldivar. They served on three different committees, including Disarmament

and International Security; Social, Humanitarian, and Cultural topics and the United Nations Environmental Program. Several of the HPU delegates had resolutions passed within their respective committees. Schools from across the United States participated in the conference, as well as some international students from countries including Canada and Italy. "This allowed us to learn from other people with differing views on real-world topics," said Ritcheson. "It was a great learning experience for the team and we hope to keep growing the program." While visiting the nation's capital, the HPU students were able to take a guided tour of the Capitol building, and visit the national monuments as well as several museums within the Smithsonian.

Dr. Joe Weatherby, Sandefer Scholar-in-Residence prepared the students for the conference. Dr. Justin Murphy, acting dean of the school of humanities, professor of history and director of the Douglas MacArthur Academy of Freedom, and Kalie Lowrie, alumni and media relations

assistant, served as sponsors

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**CLUES ACROSS**

- Domesticated
- A Sketch
- Take in solid food
- Dwarf buffalo
- Cut-rate
- Resound
- To snarl, growl
- Slang for money
- Small brown songbird
- Point one point N. of due E.
- Public lecture halls
- Clairvoyance
- Departure
- Egyptian statesman Anwar
- Reverence
- Pinna
- Tap gently
- Mother-of-pearl
- Dhabi, Arabian capital
- Doctors' group
- Mahatmas

**CLUES DOWN**

- Price label
- Frank's diary
- Ancient Dead sea kingdom
- Gained through work
- Electronic countermeasures
- Vietnamese revolutionary Le Due
- Executive manager title
- October holiday
- Beige
- Polite interruption sound
- A large amount
- One who receives money
- Female sheep
- Atomic #24
- Diego or Francisco
- Pesetas
- Used mouthwash
- 1st Philippine island discovered
- Manila hemp
- Command right
- Resin-like insect secretion
- Arm bones
- Confined condition (abbr.)
- Type of pension account
- Am. sufficient
- Satisfies fully
- Trout spawning nest
- Senior officer
- South American country
- The cry made by sheep
- Goora nut tree
- Having high moral qualities
- Anthropologist Henri Breuil
- "Jekyll & Hyde" singer Linda
- Scornful expression
- Fleeces
- Single-reed instrument
- Covered Greek colonnade
- = to 27.34 grains
- US 10 dollar gold coin
- In a way, assists
- Regretted
- Spanish artist Salvador
- Witch's boiling vessels
- Impertinence
- "Jurassic Park" actor Neill
- Workers held in low esteem
- Knights' garment
- Rural delivery
- Supplements with difficulty
- Formal close (music)
- Irish gorse genus
- Swiss river
- Native
- Swedish rock group
- Wager
- Famous lion
- Period of time
- Bridal attendant

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9	7	8	6	2	4	1	3	5
5	6	1	3	8	9	2	7	4
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## Recipe Corner

### Cheesecake Brownies

Prep: 20 minutes; Bake: 30 minutes.

#### BROWNIE LAYER:

5 tablespoons unsalted butter

1/4 cup semisweet chocolate chips

1 cup all-purpose flour

1/3 cup unsweetened cocoa

1/4 teaspoon baking soda

1/4 teaspoon salt

2 large eggs, lightly beaten

1 1/4 cups sugar

1 teaspoon instant espresso granules dissolved in 1 tablespoon water

1/2 teaspoon vanilla extract

#### CHEESECAKE SWIRL:

1 (8-ounce) package 1/3-less-fat cream cheese, at room temperature

1/2 cup sugar

1 large egg white, lightly beaten

1. Preheat oven to 350°. Coat a 9- x 13-inch baking dish with cooking spray.

2. For brownie layer, combine butter and chocolate chips in a microwave-safe bowl; microwave until nearly melted. Stir.

3. Combine next 4 ingredients (through salt) in a bowl. In a separate bowl, whisk eggs, sugar, espresso mixture, and vanilla. Add chocolate mixture; stir until smooth. Add to dry ingredients; stir. Pour into prepared pan; smooth into even layer.

4. For cheesecake swirl, beat cream cheese, sugar, and egg white with an electric mixer at medium-high speed. Drop by spoonfuls onto brownie layer. Draw tip of a butter knife through brownie layer to swirl.

5. Bake 30 minutes or until a wooden pick comes out slightly damp. Cool in pan. Cut into squares.



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### Oatmeal

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### Salmon

Super-rich in omega-3 fatty acids, salmon can effectively reduce blood pressure and keep clotting at bay. Aim for two servings per week, which may reduce your risk of dying of a heart attack by up to one-third.

### Avocado

Add a bit of avocado to a sandwich or spinach salad to up the amount of heart-healthy fats in your diet. Packed with monounsaturated fat, avocados can help lower LDL levels while raising the amount of HDL cholesterol in your body.

### Olive oil

Full of monounsaturated fats, olive oil lowers bad LDL cholesterol and reduces

your risk of developing heart disease.

### Nuts

Walnuts are full of omega-3 fatty acids and, along with almonds and macadamia nuts, are loaded with mono- and polyunsaturated fat. Plus, nuts increase fiber in the diet.

### Berries

Blueberries, raspberries, strawberries—whatever berry you like best—are full of anti-inflammatories, which reduce your risk of heart disease and cancer.

### Legumes

Fill up on fiber with lentils, chickpeas, and black and kidney beans. They're packed with omega-3 fatty

acids, calcium, and soluble fiber.

### Spinach

Spinach can help keep your ticker in top shape thanks to its stores of lutein, folate, potassium, and fiber.

### Flaxseed

Full of fiber and omega-3 and omega-6 fatty acids, a little sprinkling of flaxseed can go a long way for your heart.

### Soy

Soy may lower cholesterol, and since it is low in saturated fat, it's still a great source of lean protein in a heart-healthy diet.

## Veterans Support Group

A Veterans Support Group meeting will be held on Wednesday, Dec. 9, 2009 at the Old Gym in Ranger, located one block from Main St. on Marston St.

A service officer will be there to file claims for disability or answer any questions you have pertaining to VA.

There will be a short group meeting for the spouses, mothers, family members, friends, etc. of combat veterans who suffer from PTSD, beginning at 1:00 p.m.

A counselor from Ft. Worth Vet Center will be there to

conduct the PTSD veterans group meeting which begins at 1:30 p.m.

All veterans who have been in combat areas and suffer from Post Traumatic Stress Disorder (PTSD) are welcome to attend.

Please bring your DD214 (discharge papers) with you if you haven't attended before.

Larry Monroe, Disabled American Veterans Public Affairs Officer Chapter 41

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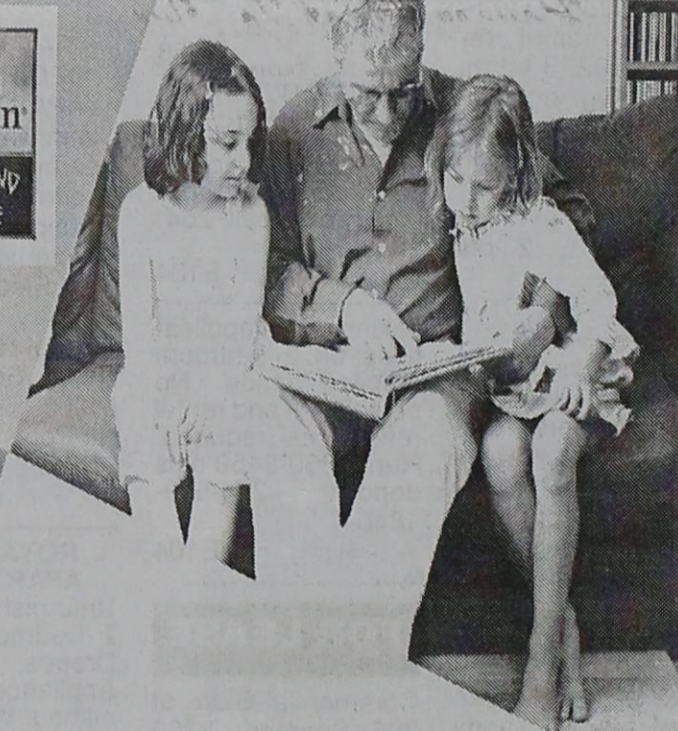
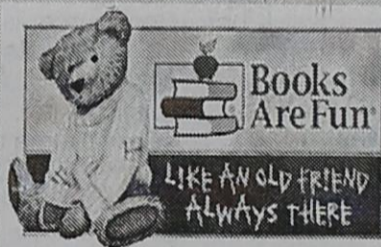
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### HELP WANTED

Now taking applications for all shifts. Apply in person Smokin Willie's 2009 Conrad Hilton, Cisco. C104

### HELP WANTED

Homestead Nursing & Rehab of Gorman Immediate Opening CNA. Also accepting applications for LVN. Call or come by 254-734-2202. E98

Cisco Chamber of Commerce is seeking applicants for the position of Executive Director. Please send resume to: Amy Evans 5616 CR 403, Cisco, TX 76437. C101

Lee HealthCare is accepting applications for part-time Home Health Aides/Housekeepers. Competitive wages, travel allowance and paid vacation. For more information call 1-800-242-0705. E97

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A privately owned, skilled nursing facility We are currently accepting applications for Social Worker and Licensed Activity Director Competitive wages Work in a friendly, family-oriented environment Apply in person at: 460 W. Main Street, Ranger, TX 76470 Formoreinfo: Contact Renee at 254-647-3111 E.O.E. R104

### Valentino's Italian Restaurant & Pizza

now hiring for the following positions: Wait Staff Dishwasher Cashier Apply in person. E104

### HELP WANTED

Hendrick Medical Supply HMS-Eastland needs a Customer Service Rep II for Service Support Full Time Position. Serves as a Liaison for Hendrick Medical Supply, new and existing patients, and allreferralsourcesby, proving/researching coverage payment information and receiving and coordinating all referrals. High School or equivalent; Minimum 1-2 years experience (experience in same industry preferred); Experience in Microsoft Word, Excel preferred. Days are Monday-Friday Hours: Varied Salary: \$9.75 David Frederick Hendrick Medical Center Human Resources 325-670-4417 E-mail: dfrederick@ehendrick.org E104\*

CROSS TIMBERS HEALTH CLINICS, INC. is currently accepting applications/resumes for a Dental Hygenist position and a Dental Assistant position. Qualified applicants can apply at Cross Timbers Community Health Center, 1100 West Reynosa, DeLeon, TX 76444 or email mmitchell@crosstimbersinc.org Cross Timbers Health Clinics, Inc. is an Equal Opportunity Employer. E98

Now Hiring For All Phases of Housing Construction •Starting Pay \$10.00/hr. •Paid Vacation & Holidays •Medical •Dental •Life Insurance •401 k with 100% match up to 6% •Team Profit Sharing •Excellent Work Environment Apply in person at Karsten Homes 820 Industrial Blvd Breckenridge, TX 76424 It's All...About You@ Karsten Homes Division of CMH Manufacturing E104

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### BUSINESS SERVICES

Wanted: Ranch for lease for grazing cattle, primarily cow/calf operation. In or around Eastland County. 817-243-4984. R104

### BOOKS

THE STORY OF MY LIFE BY MYSELF...a detailed guide to putting on paper life stories, giving an outline with guides and tips for recording for family and posterity an accurate account of one's entire life. This easy to follow guide will help you write it! \$3.00, postage and handling paid. Order: check, credit card or Pay Pal to Telegram Box 29, Eastland, TX 76448, 254-629-1707 or 888-227-1708 or E-mail ecn@att.net. E104

### BOOKS

MUST SELL ASAP! 2002 Freightliner Columbia 500 Detroit, 10 speed, OD, 70 inch condo sleeper with merri-ck rack, owner/operator specs, runs great! Call and make offer! 325-660-8942 cell. E100

### AUTOS

For Sale: 2005 Chev. Silverado 4 x 4 127 k miles, \$9,000. 2002 Astro Van \$2,200. 631-5522. E97

### AUTOS

For Sale: Special 2005 Cadillac Escalade ESV Platinum - Loaded navigation system, OnStar system, beautiful pearl color with cream leather interior. AM/FM 6 CD Player, sunroof, heated/cooled seats and cupholders, 4 captain chairs, 3rd row bench seat, lots of storage, and low package. Excellent condition \$24,000. 629-2413. E104

### WANTED

Wanted: 4 Bedroom Rent Home needed in Cisco. Central heat and air necessary. Please call 254-334-9433, Bryan. E104

### WANTED

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### ROCK HOUSE - EASTLAND

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### BOOKS

\$17.00. Postage and handling included. Order: check, credit card or Pay Pal to Telegram Box 29, Eastland, TX 76448, 254-629-1707 or 888-227-1708 or E-mail ecn@att.net.

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CARBON Hospital bed, electronics, used furniture, appliances, tools, toys-games, too many to mention in Carbon - Forgotten Treasures (side entrance of Five Star Maps building). 639-2909. Monday-Thursday 9 a.m.-6 p.m. E98

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### AUTOS

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### MISC.

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**NOTICES**

**NOTICE OF PUBLIC SALE** of property to satisfy land-lord's lien. Sale is 10 am, December 10, 2009, at 1351 East Main, Eastland, TX. Property will be sold to highest bidder for cash. Cleanup and removal deposit may be required. Seller reserves the right to withdraw property from sale. Property includes contents belonging to **LONNIE PETREY**, including gun cabinet, tools, household goods. Contact Main Street Storage at 254-631-7762. E97

**NOTICE OF PUBLIC SALE** of property to satisfy land-lord's lien. Sale is 11 am, Dec. 10, 2009, at 1075 Lago Vista Blvd., Eastland, TX. Property will be sold to highest bidder for cash. Cleanup and removal deposit may be required. Seller reserves the right to withdraw property from sale. Property includes contents of unit belonging to **SHANNON ROBERTS** and unit belonging to **JACOB MCCULLOUGH**, including furniture and household goods. Contact Lago Vista Storage at 254-631-7762. E97

**BOOKS**

**MY STORIES THROUGH THE YEARS** by Nell Files of Carbon, TX. a prized collection of Short Stories by a talented wife, mother and grandmother who knows how to tell a good story. Most could be considered clean love stories, uplifting and inspirational. A perfect love gift to a special friend. \$10.00. Postage and handling included. Order: check, credit card or Pay Pal to Telegram Box 29, Eastland, TX 76448, 254-629-1707 or 888-227-1708 or E-mail ecn@att.net.

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# Super Notes

By David K. Perry  
dperry@gorman.esc14.net  
Gorman ISD Superintendent

Winter is here! This latest cold snap is bringing out the sweaters and heavier coats and we may even have had a little snow by the time you read this article. I want to remind you that we contact all of the television stations in Abilene with closing and delay information as well as KSTV (FM 93.1) in Stephenville and KYOX (FM 94.3) in Comanche. I do not anticipate and weather related action being take this week if the weather reports are correct.

The Gorman Student Council is sponsoring a Shoebox Christmas! They are looking for boy and girl gifts from ages 4-18 years of age. You may turn in your shoebox donations into a Student Council Member or to Coach Lovelace. All donations must be received by December 14th. If you choose to wrap the shoebox please wrap the box and lid separately. Thanks so much!

The High School Student of the Week for this week is Poncho Raygoza and the Middle School Student of the Week is Miles Turner. Congratulations! The Faculty Members of the Month are Trey Felan and Sandy Porter. Congratulations to them also!

Elementary U.I.L. Academic Competition will be held on December 8th and 10th at Ranger ISD. If your child is on a team, please encourage them to study for the contest. Students that are contestants will be given an allowance to be spent at the concession stand at Ranger for the day/days that they are competing.

Permission slips as well as additional information will be sent home to you before the trip.

The Second Six Weeks Awards Ceremony for Maxwell Elementary will be Wednesday, December 2nd in the auditorium. First, Second, and Third Grade awards will be presented at 2:00pm. Fourth and Fifth Grades will receive their awards starting at 2:30pm. We hope as many parents and grandparents can attend as possible.

Just a reminder, all visitors at all campuses are to obtain a visitors pass from the campus office before going into the building any further. We appreciate your cooperation. Even though we know most local visitors, we have lots of new employees and students that may not know you and we are complying with security laws we have to have in place. Thanks again for your cooperation! It is for your child's protection.

The third six-weeks (first semester) will end December 18th, 2009. December 17th and 18th are early release days. The buses will run at 12:30 and the Christmas Holidays will run from December 19th through January 3rd. School will resume on January 4th. We encourage you to communicate with your children about their school work and see that they get all of their assignments completed and turned in at the proper time. It is so easy for them to focus on the holidays too early and let their grades slip. If you have any concerns, please call for a meeting with your child's teacher or principal, whichever is appropriate.

I would like to recognize an ex-Gorman student that moved to Goldthwaite this year, Kiefer Wilson. Kiefer is still playing football and doing a great job for the Eagles and I wish him the best for the rest of the season and hope a lot of his Gorman friends get to watch him and his team go all the way to State. We sure could have used him this year but it looks like his move has turned into a blessing. I am excited for him and I hope you are too!

With this weather, no reminder should be needed, but some kids would wear shorts all year if allowed. No shorts are to be worn between Thanksgiving and Spring Break. Please! We have enough of a problem with illnesses without intentionally aggravating the situation. Thanks!

Remember, it takes community involvement for a school to be successful and you are welcome to get involved at Gorman ISD anytime. This is your school; these are your children; and these children are your future! Your input is always welcome. Come help us shape the future. Thank you for all you do to support us!

## Christmas Store

Desdemona Activity Center  
December 3, 4, 5 and 10, 11, 12  
9 A.M.-6 P.M.  
Desdemona, Texas

## Commemorate The Anniversary Of Pearl Harbor By Attending The Reopening Of The National Museum Of The Pacific War

FREDERICKSBURG, Texas — The National Museum of the Pacific War, a Texas Historical Commission (THC) property operated by the Admiral Nimitz Foundation, will host a grand reopening of the expanded museum Dec. 7, 2009. The ceremony will feature remarks from George H.W. Bush, the 41st president of the United States, as an honored guest as well as the Commandant of the Marine Corps, General James T. Conway. Accompanying events begin the evening of Friday, Dec. 4 with Fredericksburg's Lighted Christmas Parade and continue through Dec. 7.

The new 33,000-square-foot George H.W. Bush Gallery is a comprehensive and engaging collection of the Pacific War Theater of World War II and is the only institution in the continental United States dedicated exclusively to telling this story. Planned by the Admiral Nimitz Foundation, the facility will also house the Center for Pacific War Studies, a curatorial and research site for the museum's collections. THC Commissioner Tom Alexander was deeply involved in the project, working with the museum and the foundation on the expansion.

The National Museum of the Pacific War is located on a six-acre site in Fredericksburg and includes the George H.W. Bush Gallery, Admiral Nimitz Museum, Plaza of Presidents, Veterans' Walk of Honor and Memorial Wall, Japanese Garden of Peace, Pacific Combat Zone, and the Center for Pacific War Studies.

To learn more about the National Museum of the

Pacific War visit [www.PacificWarMuseum.org](http://www.PacificWarMuseum.org). For additional information about the Dec. 7 event visit [www.nationalmuseumofpacificwar.org](http://www.nationalmuseumofpacificwar.org).

### Crossword Answers

T	A	M	E	E	T	C	H	E	A	T			
A	N	O	A	C	H	E	A	P	E	C	H	O	
G	N	A	R	M	O	O	L	A	W	R	E	N	
E	B	N		L	Y	C	F	U	M	S			
	E	S	P	G	O	E	R						
S	A	D	A	T	A	W	E	R					
D	A	B	N	A	C	R	E		A	B	U		
A	M	A	S	A	G	E	S		G	E	E		
L	A	C		U	L	N	A	S		L	T	D	
I	R	A		P	L	E	S	A	T	E	R		
			R	E	D		S	M	A				
E	C	U	A	D	O	R		B	A	A			
K	O	L	A		N	O	B	L	E	A	B	B	E
E	D	E	R		S	N	E	E	R	R	O	B	S
S	A	X		S	T	O	A		D	R	A	M	



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## SUDOKU

					5	8	7	
2			1	6	7			
	9						1	
3	2		7					
			6			1	5	
	6	1	3			2		
		7	8		3			1
			2			7	9	
5		7	4	6	3			

Here's How It Works:  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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Mountain Top Church 1498 West IH 20 • Cisco Contact Congregational Pastor Scott Rasco  
(in the Myrtle Wilks Community Center) Mailing: P. O. Box 269 Cisco, TX 76437 Phone: 254-442-4479  
Email: [mtpchurch@shgglobal.net](mailto:mtpchurch@shgglobal.net) Website: [www.mtpchurch.org](http://www.mtpchurch.org) 104

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9:30 a.m. Adult, Youth, & Children's Bible Study  
10:30 a.m. Coffee/Donuts  
11:00 a.m. Worship

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## Sizzling Summer Dieting Tips

Summertime cuisine can be some of the best food we eat all year. Backyard barbecues, picnics at the park and, of course, ice cream, decorate the menus people enjoy each summer.

As enjoyable as warm-weather fare can be, it is important to avoid overeating during the hot months, as no one likes the bloated feeling of overeating on a hot day. When planning your meals this summer, consider the following tips to ensure that your summer is both healthy and not too filling.

\* Take your grilling to parts unknown. While it's common to associate grilling and barbecuing with steaks, hot dogs and burgers, the grill can also be a great place to cook healthier

choices. Fruits and vegetables can also be cooked on the grill. Veggies gain much in regards to flavor when cooked on the grill. In addition, fruit can be made into kabobs and grilled on low heat for a delicious meal.

\* Drink your water. The higher temperatures common to summer can lead to dehydration for those who don't drink ample fluids. What's more, the symptoms of dehydration can mimic those of hunger, making you feel hungry when you might not be. To avoid overeating and dehydration, be sure to drink the recommended daily amount of water.

\* Snack healthy as well. It's not only meals that can weigh you down during summer heat waves. What

you snack on while at the office or lounging around the house can make you feel sluggish as well. Instead of potato chips or other heavy snacks, choose lighter fare such as fresh berries. Berries can even be added to healthy snacks such as yogurt or salad to give them a boost in flavor and you a boost in energy.

\* Think lean. Because it is grilling season, you're not going to entirely abandon summer favorites such as steaks and burgers. And you can still enjoy beef and be healthy at the same time. When shopping with a backyard barbecue in mind, look for lean cuts of beef such as sirloin and loin cuts. To add flavor, marinate the meat in a low-calorie marinade, such as light salad dressing or even citrus juice.

## Summer a Great Time to Go Green

Summer is synonymous with many things, such as vacations, backyard barbecues and soaking up the sun. While those have long been summertime traditions, summer can also be a great time to start living a more environmentally conscious lifestyle. And many of these lifestyle adjustments are easy to make, especially during the warmer months of the year.

\* Let nature dry your clothes. Clothes dryers need substantial amounts of energy to operate. Homeowners can greatly reduce their carbon footprint, however, by choosing to dry their clothes outdoors on a clothesline during summer months.

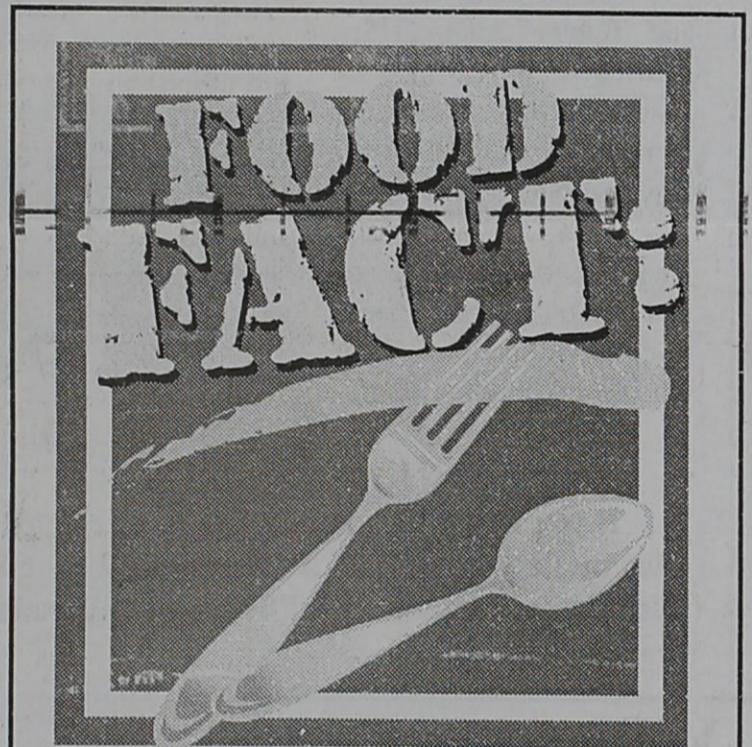
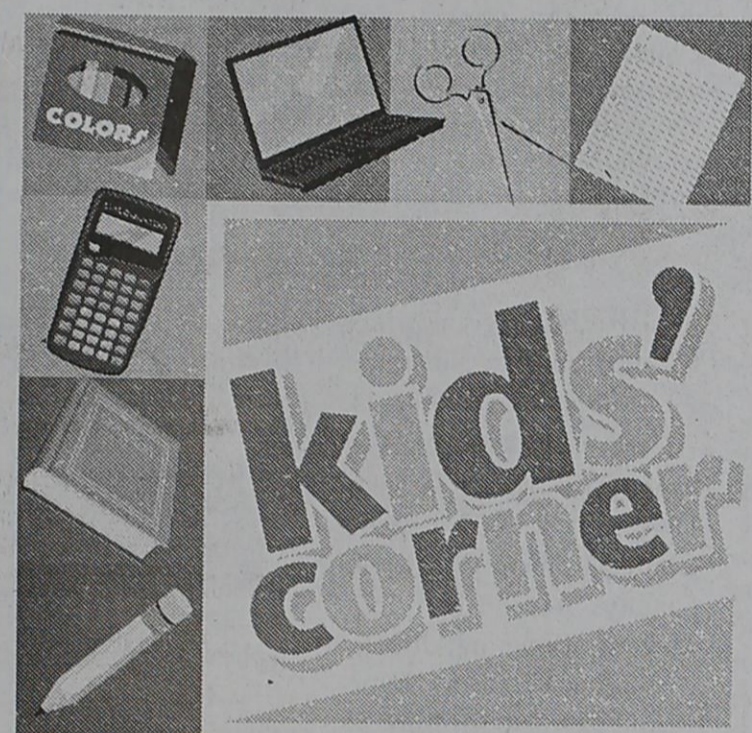
\* Install solar lights around your property. Another way to save energy, and money, around the house this summer is to install solar garden lights around the property. Such lights are typically inexpensive, and the daytime sunlight will power them through the night, saving energy and money.

\* Cover the pool. Few things are more enjoyable come summertime than taking a dip in the backyard pool. While pools are not typically seen as environmentally friendly, covering the pool can make it much more beneficial to the environment. That's because a cover will keep water from evaporating, meaning you'll fill the pool far less often. And a pool cover will keep the heat in the pool, reducing your heating costs in the process.

\* Change the bulbs. Energy-saving light bulbs inside the house can make your home more comfortable once the temperatures heat up. Energy-saving bulbs emit less heat and also last much longer than their traditional counterparts.

\* Change your barbecue routine. Backyard barbecues are a staple of summertime for families across the country. However, these gatherings can often prove unfriendly to the environment. Rather than using paper plates or napkins at your next backyard barbecue, use reusable plastic plates and cloth napkins. This is far less wasteful and can make a very positive impact on the environment.

\* Don't be so quick to turn on the air conditioning. Air conditioners use substantial amounts of energy. In lieu of turning the air on at the first sign of a heat wave, consider installing ceiling fans or simply opening the windows.

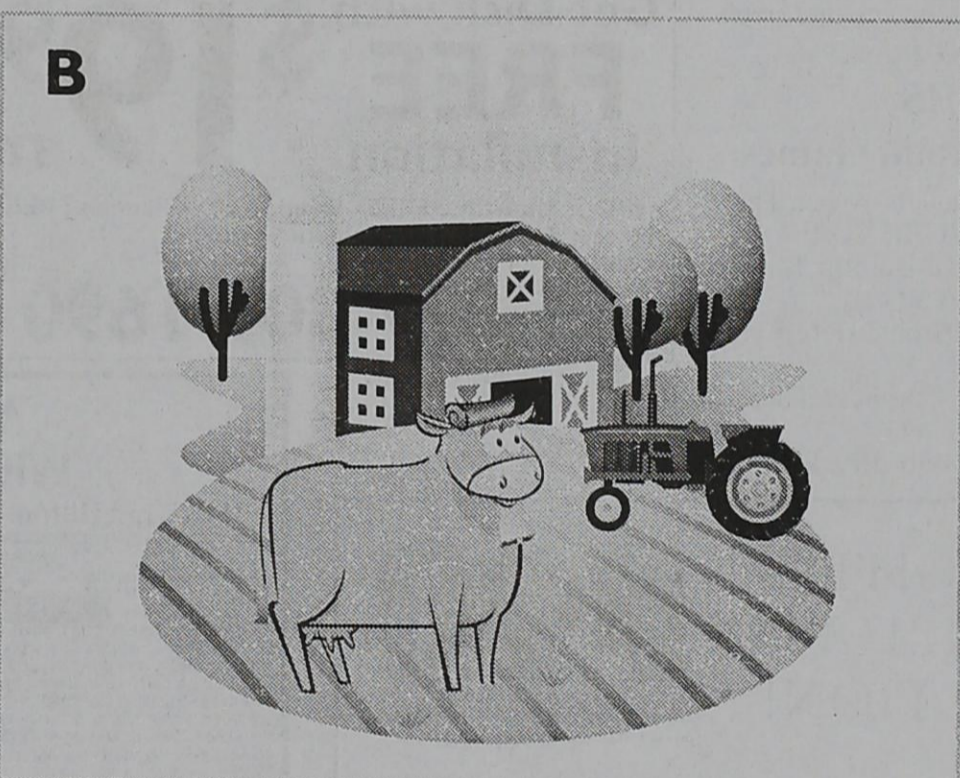


A PERSON ALLERGIC TO DAIRY  
MAY HAVE TO TRY WHAT KIND  
OF PRODUCTS?

ANSWER: SOY

## What's the Difference?

There are 5 things different between Picture A and Picture B. Can you find them all?



Answers: 1. barn is pink 2. missing clouds  
3. missing spots on cow 4. cow has more udders  
5. missing steering wheel

## THIS DAY IN...



## HISTORY

• 1922: THE NEWBERY MEDAL FOR CHILDREN'S LITERATURE WAS FIRST AWARDED.

• 1954: THE FIRST ATOMIC POWER STATION OPENED NEAR MOSCOW.

• 2003: THE NATIONAL DO-NO-CALL REGISTRY WAS FORMED TO COMBAT UNWANTED TELEMARKE-TER PHONE CALLS.

*New*  
**Word**

**DAIRY**

of or containing  
milk

*How they  
SAY that in...*

**ENGLISH:** Cow

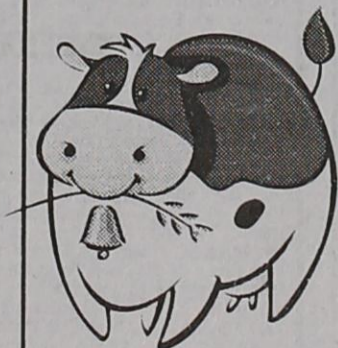
**SPANISH:** Vaca

**ITALIAN:** Mucca

**FRENCH:** Vache

**GERMAN:** Kuh

**Did you  
know?**



COWS PRODUCE ON  
AVERAGE 8 GALLONS  
OF MILK PER DAY.

**GET THE  
PICTURE?**



Can you guess what  
the bigger picture is?

ANSWER: EGGS



