

Fisher wins Muenster Chamber of Commerce Kubota RTV Raffle



The winner of the Kubota RTV raffle sponsored by the Muenster Chamber of Commerce was Karl T. Fisher of Muenster. The drawing was held Sunday evening of Germanfest. Karl and his family were on the grounds when the announcement was made his ticket had won, although Karl was not aware the drawing was taking place at that time. When the announcer read a message which had been written on the ticket he was in disbelief. It was Karl's birthday and his father had purchased the ticket and written "Happy Birthday Karl!" on the ticket. "What's funny is that I had to borrow a dollar from Karl because I was short" said Gary, Karl's father. "I didn't want him to know I was buying it, but he walked up just as I was writing the message, so as a joke I told him this was all he was getting for his birthday as I gave him the stub" said Fisher. "I had purchased numerous other tickets, but winning on this one was a once-in-a-lifetime memory for all of us" Courtesy photo

Muenster Lake now officially open for fishing, motorboats

On May 5, the Board of Directors for the Muenster Water District opened Muenster Lake for fishing with rod and reel or cane pole only. Texas Parks and Wildlife Department harvest regulations apply for all fishing.

They are:
 Largemouth and Smallmouth Bass - limit five, minimum length 14 inches;
 White Bass - limit 25, minimum length 10 inches;
 Catfish channel and blue - limit 25, minimum length 12 inches;
 Catfish flathead - limit five, minimum length 18 inches;
 Crappie - white and black, limit 25, minimum length 10 inches;

Sunfish: no limit, no minimum length.

Approximately 32,000 black bass fingerlings will be added to the Lake within the next few weeks. Because crappie and white bass are aggressive eaters and will eat the forage intended for bass and catfish, anglers are requested to refrain from adding stock fish of any species to the Lake. Texas Parks and Wildlife biologists have asked that they be allowed to manage the fishery for proper development.

Over 90,000 fish have been stocked so far, mostly fingerlings; of those 90,000 fish, 3,000 were mature catfish added early last year. As the fishery continues to improve

over the next few years, more fish will be added to the Lake.

The Board approved the use of boats and outboard motors not to exceed 30 horsepower. Personal watercraft, water skiing, inner tubing, and knee boards are excluded. Operating rules may be seen in the **Texas Water Safety Digest**, available online and provided when boats are registered with the Texas Parks and Wildlife Department. The Texas Water Safety Digest is derived from the Texas Water Safety Act and addresses issues regarding: boat registration, life preservers, horns and whistles, navigation lights, fire extinguishers, boater

See LAKE, pg. 2

Muenster Police Department prepares for Lake enforcement

By Janet Felderhoff
 According to Muenster Police Chief Bob Stovall, the Muenster Police Department will be prepared to enforce the law at the Lake. Officer James Elliott is attending a school in Fort Worth this week to become certified as a Marine Safety Enforcement Officer.

Chief Stovall said it deals with Parks and Wildlife codes, fishing and boating regulations, search and rescue, etc. The school is held once a year, so the time was perfect with the opening of Muenster Lake to fishing and motor boat traffic. "We can go out there and write citations," he said. Currently the Game Warden can enforce rules and regulations at the Lake. With

Elliott's successful completion of the course, Muenster Police Department will have an officer who can also enforce those laws and give citations to those who don't obey them.

Stovall informed the Council that he is looking into grants that might provide funding for a boat or 4-wheeler to be used at Muenster Lake.

Looking at the quarterly police report, Mayor John Pagel applauded the work of Officer Elliott who wrote 83 citations during the last three months. Of those, 43 were speeding tickets.

At its May 5 meeting, the Muenster Water Board officially opened Muenster Lake to fishing and boats with motors up to 30 horsepower.

In other Water District business, the Council appointed Nick Walterscheid to the Water Board to replace Dale Schilling who resigned. The two nominees from the Water Board were Walterscheid and Bob Walterscheid. Since Bob serves on the City Council he could not be appointed until his term expires.

Mayor Pagel announced that Wayne Grewing had tendered his resignation after the meeting. He asked the Council to consider who might be appointed to replace Grewing. It was noted that it might be good to have someone familiar with budgets and grant writing since Pat Stelzer who had done that for many years has resigned.

The City Council approved entering into an Interlocal Cooperation Contract with Texas Department of Public Safety for a Failure to Appear Program. With this in place, if someone fails to appear in court or to pay a fine their name is entered into a data base. When they apply for a driver's license or fishing or hunting license anywhere in the state of Texas, a flag comes up. According to City Secretary Micallee Matson, you might wait a while before the name comes up and you get the money, but now there is no way of getting it when they don't pay voluntarily. The offender pays what they owe plus a \$20 fee that is charged by the company

See POLICE, pg. 3

The Bird Nest brings new lines to Muenster market

By Janet Felderhoff
 Another business has opened its doors in downtown Muenster, adding to the appeal of stopping and shopping on Main Street. Cindy Bartush Del Olmo owns the new business venture. She has several vendors who rent space in The Bird Nest to offer their products for sale.

A new chapter is opening in Cindy's life and she remarked, "I might as well do what I love." She loves to garden and said it has always been in the back of her mind to one day open an antique and garden store. She's passionate about antiques and flowers. And so The Bird Nest has come to be - the fulfillment of a dream.

All types of antiques from furniture to Flow Blue china to antique garden tools, vintage hats, clothes, and jewelry are offered at The Bird Nest. Other items are gift ideas such as small bird statues, note cards, a line of garden products that includes gloves, seeds, clippers, basket liners, weeding glasses, bird baths, bird feeders, and other garden accessories. Cindy plans to bring in more garden and gift items in the future. She'll see where the demand lies and decide from that. She said eventually she'd like to create a seasonal garden section where she'll have plants for sale during peak demand times.

Cindy finds great pleasure in working with flowers and plants pots with them for sell-

ing at The Bird Nest. Other vendors set up in The Bird Nest include Cindy's sisters-in-law June Bartush as June Bugs' and Katrinka Bartush as K-M Essentials with goat and prickly pear cactus skin care products, Tony Jones, Pat Medley, and Marjie Sicking Burditt. June Bugs' has antiques, sunglasses, soap lines, candles, Pali sandals, Christian products, kitchen and house wares. Jones and Medley offer antiques. Burditt's is ceramics. There is still vendor space available for antique or gift items.

"I like seeing more businesses on Main Street," Cindy commented. "We need to keep our tax dollars in Muenster. We need to promote our own town. We have a great town. I think we need to buy more in town as a way of promoting the businesses to keep tax dollars in Muenster."

The Bird Nest is open Monday through Saturday from 10 a.m. until 5 p.m.

Don't forget to vote Saturday.
 All Muenster residents vote at the Muenster ISD Junior High



Cindy Bartush Del Olmo offers a variety of antiques, gift selections, and garden items at her new business The Bird Nest on Main Street. She enjoys both antiques and gardening. Janie Hartman photo



State Champions!



The Sacred Heart Tigers, at left, won the TAPPS 2A State Track and Field Championship. Above, the Tigercettes finished as State Runner-up. SHCS photo

Lt. Gov. is coming to Cooke County

Whoa Cooke County!! We have arrived. Lieutenant Governor David Dewhurst is coming to Gainesville for a Cowpoke Round-Up at Bart and Angela Babsby's ranch (formerly the Sullivan ranch). It is a coup to get our Lieutenant Governor here in Cooke County, but he has a real interest here in that this is the crossroads of the horse industry with the intersection of Highway 82 and Interstate 35. He knows Teddy Johnson, cutting horse champion, and Larry Sullivan, who has had horse dealings with Dewhurst, and he has visited Cooke several times getting to know what this County needs.

The Lt. Governor is going to ride and show why he is a Cutting Horse Champion on a Cutting Horse champion, Teddy Johnson is putting together an exhibition to showcase the County's horse industry here, and Larry and Karen Sullivan will loan their Champion cutting horse for the Lt. Governor. That's called bipartisanship!!!

This is a perfect time for the Economic Development team, the local government, and the horse industry to express the important issues that affect the County and for to showboat Cooke County's biggest industry - the equine

business. Gainesville, is known internationally for its equine business and the world class equine professionals who live here. In Cooke County there are 52 covered arenas, 315 properties with a horse barn with four or more stalls and 28 properties are considered prime real estate. Teddy Johnson has 100 to 150 come compete several weekends a month, a horse sale last year hit the million dollar mark, and one rancher handled the sale of a Gainesville stallion for more than a million dollars.

The Cowpoke Round-Up is sponsored by the Cooke County Republican Women and will take place Saturday, May 10, 11:30 a.m. to 2 p.m. at the Babsby Ranch, 691 CR 131 in Gainesville (off 82 and Skating Hill Road-look for the skating rink). A private reception with Lieutenant Governor will be 11:45 am-12:30pm. There will be a Steak and Baked Potato Chuckwagon. For private reception and information call Phyllis Thomsen 940-665-6267 or Diane Helms 368-0007. A sponsor gets to post his advertisement on the fence and be recognized in the program. Come welcome Lieutenant Governor David Dewhurst to Cooke County!!!

Submitted by Pat Peale

LAKE

education, speed restrictions, hazardous wakes, intoxication, etc.

A boat permit system was discussed, but no action was taken. A permit system is under consideration for the future. Possibilities include an annual permit or a daily use fee for people who lack the annual permit.

Access to the Lake is at the west side of the Lake at the end of CR 316. Boat ramp design is underway by the Natural Resource Conserva-

tion Service. Once complete, funding must be arranged, and bids must be taken. That process may take two years or more. Until then, boaters may back up to the water to launch their boat. Since the slope is rather shallow and narrow, boaters are advised that it may be necessary to handle their boats by hand to the water.

Submitted by Board of Directors for the Muenster Water District

OBITUARIES

Ernest Muller 1925 - 2008

Graveside services for Ernest N. Muller of Rosston were held at 3 p.m. on Friday, May 2 in the Rosston Cemetery with Rev. Kenneth Ford, Baptist minister, officiating. Mr. Muller died at his residence at the age of 82 on April 29, 2008.

Born June 24, 1925 in Muenster to John and Anna Muller, Ernest married Lenora Kathryn Maughan on Jan. 13, 1943 in Marietta Oklahoma. He was a member and deacon of Rosston Baptist Church. He was also a member of Forestburg Masonic Lodge #523, Scottish

Rite, VFW, and D.V.A.

Survivors include his wife Lenora of Rosston; daughter Patricia Muller Bell of Rosston; son Johnny Ernest Muller of Saint Jo; three grandchildren and four great-grandchildren; and sister Kathryn Schuler of Fort Worth.

Preceding him in death were his parents, nine brothers, three sisters, two nephews, and one niece.

Visitation was held at Clement-Keel Funeral Home in Gainesville on Thursday evening.

Sally Combs 1938-2008

Memorial Mass for Sally Combs, age 69, of Sherman is scheduled at 1 p.m. on Saturday, May 10 in Sacred Heart Catholic Church in Muenster. She died on May 2, 2008, at her residence.

Sally was born in Houston on Sept. 5, 1948 to John M. and Ruth Mary Ward.

Survivors are her sister Eileen Fisher and her husband Francis "Butch"; nephews Stephen Fisher and wife Penny of Muenster, and Todd Fisher of Spanish Fort; nieces Tonya Hess and husband Stanley of Lindsay, Gail Gillian and husband Scott of

Bedford, and Janie Fisher of Steubenville, Ohio; six great-nieces; five great-nephews; and one great-great-nephew; aunts Olivette Fuess of Memphis, Tennessee, and Anne Fuess of Houston; sister-in-law Donna Ward of El Lago, Texas; lifelong friend Anne Broussard; and loyal caretakers Robin Baio of Howe, Shawnessy Spencer of Sherman, and Sonia Everett of Sherman; and her loving Hospice family of Heart to Heart.

She was preceded in death by her parents; brother John Ward, Jr., and husband Kenneth Combs.

Memorial contributions may be made to Sacred Heart Dominican Convent, 6501 Almeda Rd., Houston, TX 77021.

Services set for Bill Miller

Mass of Christian burial for William Joseph Miller, age 81, is scheduled for 10 a.m. Friday, May 9, at Sacred Heart Church. Rosary service was Thursday at 4 p.m., followed by a Vigil at 7 p.m. at McCoy Funeral Home of Muenster.

Miller died Tuesday, May 6 in Muenster.

Joe Voth dies Wed.

Joseph Voth, age 93, died May 7 at his Muenster home.

A Rosary/Vigil service was held Thursday at McCoy Funeral Home at 5 p.m. Mass of Christian burial was scheduled for 2 p.m. on Friday, May 9 at Sacred Heart Church.

A history lesson

Early politicians required feedback from the public to determine what the people considered important. Since there were no telephones, TVs, or radios, the politicians sent their assistants to local taverns, pubs, and bars. They were told to "go sip some ale" and listen to people's conversations and political concerns. Many assistants were dispatched at different times. "You go sip here" and "You go sip there." The two words "go sip" were eventually combined when referring to the local opinion and, thus we have the term "gossip."

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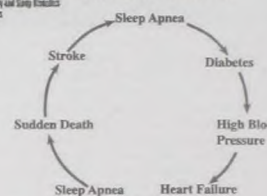
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DAYS GONE BY.....

65 YEARS AGO

May 7, 1943

Muenster citizens buy over \$63,000 worth of War Bonds. Sworn into office are Mayor J.M. Weinzapfel and Aldermen J.A. Fisher, Andy Hofbauer, and Henry Stelzer. Golden Wedding observed by John and Mary Eberhart. Leo Henscheid is recovering from the mumps. The FMA Store advertises Swan Soap for 11¢ large size and 7¢ small size; Rinso for 25¢ large size and 10¢ regular size.

50 YEARS AGO

May 9, 1958

Water tower gets repairs and paint. Jerry Mosman has right arm in a cast since he broke it at the wrist during play after the Boy Scout meeting. Obituary: Robert Mayer, Sr., 69. New Arrivals:

Starla to Jim and Lynette Walterscheid Harris; Pamela to Marcus and Catherine Fuhrmann; Timothy to Richard and Florence Schumacher; Barbara to Billy and Marcella Zimmerer. Weddings: Theresa Mae Felderhoff and Sylvan Walterscheid; Sandra Biffle and Billy Nieball; Catharine Dawson and Max Sandmann.

25 YEARS AGO

May 6, 1983

Germanfest Fun Run has 4,179 paid runners, making it the second largest race of its kind in the state. Obituaries: Albert Hess, 71; M.H. "Chili" King, 74. Yard of the Month honors go to Marie Reiter. Tigerettes 3rd, Tigers 4th in TCIL State Track Meet.

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Phone (940) 759-4311 • Fax (940) 759-4124 • THE MUENSTER ENTERPRISE (USPS 367660) is published weekly except the last week in December for the entire year by The Muenster Enterprise, Inc., Post Office Box 190, Muenster, Texas 75252-0190

Periodicals postage paid at Muenster, Texas.

POSTMASTER: Send address changes to: THE MUENSTER ENTERPRISE, P.O. Box 190, Muenster, Texas 75252 ISSN: 0883-2544

Happy Birthday Deann Walterscheid Jacobs

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At Sylvan & Theresa Mae's Home*

No gifts please, just please come if you can!
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2-WEEK EVENTS CALENDAR To list your event, call 759-4311 BEFORE NOON WEDNESDAY!

Sunday, May 11, 2008	Monday, May 12, 2008	Tuesday, May 13, 2008	Wednesday, May 14, 2008	Thursday, May 15, 2008	Friday, May 16, 2008	Saturday, May 17, 2008
Muenster Museum Open 1-4 <i>Mother's Day</i>	VFW meeting 8 p.m. MMH Aux mtg. 5:30		Religious Ed Class, 7pm no closing Mass SHCS All Awards Banquet, 7 p.m.	Muenster Museum Open 1-4pm SH Alumni & Supporters meeting 7:30 p.m.	Muenster Museum Open 1-4pm Registration deadline for Vacation Bible School	JC Ball Park Benefit Raffle SHCC 6 p.m.
Sunday, May 17, 2008	Monday, May 18, 2008	Tuesday, May 19, 2008	Wednesday, May 20, 2008	Thursday, May 21, 2008	Friday, May 22, 2008	Saturday, May 23, 2008
Muenster Museum Open 1-4	VFW Aux mtg. 7:30 p.m. with officer installation	MMH Board mtg.		Muenster Museum Open 1-4pm	Muenster Museum Open 1-4pm SHCS Field Day	

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A history lesson

At local taverns, pubs, and bars, people drank from pint and quart-sized containers. A bar maid's job was to keep an eye on the customers and keep the drinks coming. She had to pay close attention and remember who was drinking in "pints" and who was drinking in "quarts," hence the term "minding your P's and Q's."

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RRC production statistics and allowables for May

The Texas average rig count as of April 18 was 873, representing about 50% of all active land rigs in the United States. In the last 12 months, total Texas reported production was 340 million barrels of oil and 6.6 trillion cubic feet of natural gas.

Texas natural gas production represents approximately 29% of total U.S. natural gas demand.

The Commission's estimated final production for February 2008 is 27,788,246 barrels of crude oil and 493,669,008 Mcf (thousand cubic feet) of gas well gas.

The Commission derives final production numbers by multiplying the preliminary February production totals of 26,317,119 barrels of crude oil and 420,967,859 Mcf of gas well gas by a production adjustment factor of 1.0559 for crude oil and 1.1727 for gas.

(These production totals do not include casing-head gas or condensate).

Texas natural gas storage reported by the Commission for March is 223,277,982 MCF compared to 273,663,502 MCF in March 2007. The April gas storage estimate is 231,638,076 MCF. The Texas Railroad Commission's Oil and Gas Division set initial May 2008 natural gas production allowables for prorated fields in the state to meet market demand of 18,137,377 Mcf (thousand cubic feet). In setting the initial May 2008 allowables, the Commission used historical production figures from previous months, producers' demand forecasts for the coming month, and adjusted the figures based on well capability. These initial allowables will be adjusted after actual production for May 2008 is reported.

POLICEcont. from pg. 1

checking names.

The program is already in place at the County level. Justice of the Peace Dorothy Lewis encouraged Muenster to join the program also.

Employee compensation for on-call employees was discussed at length. It was decided to table a decision until numbers could be calculated on various types of compensation methods.

By a vote of 3-0, the City Council amended its Billboard Ordinance. With the amendment, the City will not issue permits to allow any new or existing billboards to install LED (light emitting diodes) or CEVMS (changeable electric variable messages signs) for off premise signs. Alderman Greg Bohl explained that it is like a flat screen TV.

Bohl said of the LED signs, "They are pretty obnoxious." City Administrator Stan Endres remarked, "It's just a way of keeping a more natu-

ral or beautiful look to your City by not having it cluttered up with them."

In other business conducted during the May 5 meeting, the City Council:

- Approved payment of bills totaling \$92,577.04.
- Approved 1% increase in franchise fee for Atmos Energy Mid-Tex Division. As explained by the City administrator, this is a "gift" from Atmos for not fighting an increase some time ago.
- Approved several amendments to the 2007-08 Budget.

Heard City Administrator's report including a \$2,000 refund from TXU Electric for charges for two meters that an audit revealed were not being used, and ongoing problems with water well #1.

Aldermen attending the meeting were Jewel Otto, Greg Bohl, Joey Anderson and Mayor Pagel. Not present were Jack Flusche and Bob Walterscheid.

Correction

In last week's Muenster ISD School Board meeting story, information was incorrectly given on the ag barn construction.

The Board approved prices for materials to construct the barn's restrooms, concession stand, and feed rooms, not for construction. All labor has been and/or will be donated by volunteers.

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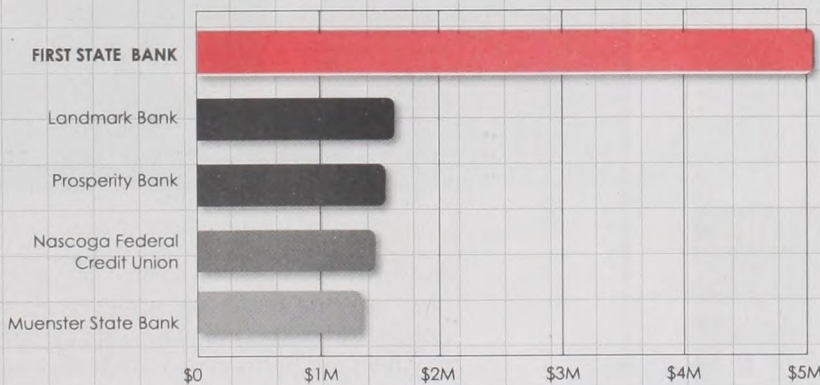
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LIFESTYLE

Reunion held by the Alois Hoenig family

Approximately 70 descendants of early Muenster residents Alois (1863-1933) and Anna Elizabeth Koelzer Hoenig (1885-1927) gathered for a reunion May 3 at Conrad Hall in Lindsay.

Attendees were greeted by members of the host family - the children of Tony and Aileen Hoenig, including Gene, Danny, David, and Alvin Hoenig, and Betty Ann Hoenig Blockus, and their spouses.

Guests were presented with a framed copy of the Hoenig General Store, owned by Alois and his brother Franz from 1899 to 1916. The frame read: "Hoenig Reunion 2008" and was decorated with a honeycomb and honeybee. The name Hoenig translates into the word "honey."

Honorees of the reunion were sisters, Emma Fetsch of Rhineland, Tillie Otto of Muenster, and Clara Stanley of Seagraves.

Among items on display were the Hoenig coat of arms,

a photo album of Angela Hoenig Furbach, an early resident of Muenster and a cousin of the Hoenig children, and a 1903 map of East Prussia, Germany showing the location of Alois Hoenig's hometown of Siegfriedswald. Alois left Germany in 1893 to attend the Chicago Exposition and visit with his brother Bernard, a resident of the United States. A video recording of early photos of the family played continuously during the event.

A wide variety of food and drink was served. Also several prizes were raffled off. Eleanor Pelzel won a baby quilt made by Tillie Otto. Winners of cash prizes were Tillie Otto, first and third prizes, and Danny Hoenig, second prize. Allan Seale won a jar of M&M's and \$10 for entering the closest guess as to the number of candies.

The next Hoenig reunion is scheduled for 2010, and will be hosted by the family of Theo and Marie Vogel.

NEW ARRIVALS

Ward

Scott Ward and Christina Weinzapfel announce the birth of their daughter Olivia Jane Ward. She was born at Denton Presbyterian Hospital on Monday, April 14, 2008, at 11:12 a.m. Olivia weighed 6 lb. 4 oz., and was 18 inches long. Grandparents are Ronnie and Tina Weinzapfel of Muenster, Alan and Telma Ward of Plano, and Leroy and Teresa Clark of White Oak. Great-grandparents are Colleen Ward, Dorothy Underwood, George and Leoba Mollenkopf, and Henry and Janie Weinzapfel.



Olivia Ward

Hennigan

Angela and James Hennigan of Muenster announce the birth of their daughter Anna Kay Hennigan. She was born at North Texas Medical Center on Monday, April 28, 2008 at 5:35 p.m. weighing 7 lb. 11 oz. and measuring 20 1/2 inches in length. Welcoming Anna to the family are Morgan, age 7, and Kelsey, age 5. Grandparents are Clinton and Debbie Ann Endres and Donald and Sandra Kay Hennigan, all of Muenster. Great-grandmother is Clara Endres of Muenster.

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KMB plant sale set for Saturday, May 10

Keep Muenster Beautiful is sponsoring a Mother's Day plant sale at The Bird Nest, 223 North Main Street in Muenster this Saturday from 9 a.m. to 3 p.m. Baskets and flats will be available. Most

flowers will be from Whitecotton's Nursery.

This is an opportunity to get some beautiful flowers while saving gas and miles, and supporting Keep Muenster Beautiful.

Quilt entries sought by Saint Jo Historical Preservation Society

Quilt lovers, quilters, and quilt owners are hereby invited to get ready to celebrate 150 Years of Pioneer Spirit at the July 4 Trades Day on the Square, Saint Jo, in their own tradition.

The quilt exhibition will be hung in The Saint Jo Chamber of Commerce building, and will feature pioneer family quilts, with all categories welcome. The Chamber will be open from 7 a.m. until 3 p.m. on July 4, except for two historical presentations, "The Confederate Side" and "Music of the Presidents" by Mr. Kenny Mayo, a descendent of area pioneer families. A silent auction of unopened foods entered in the cooking contest will also be conducted in the building.

Quilt judging will be by

"People's Choice", and may have various categories as needed. All participants will be recognized. Please begin now to select any quilts you would like to show and be prepared to share a quilt story when appropriate. Organizers will be on hand to hang quilts on Thursday from 4 to 6 p.m. unless other arrangements are made, and remember the show will take place from 7 a.m. to 3 p.m. on July 4. Quilts should be picked up at 3 p.m. unless other arrangements are made.

Questions should be addressed to the Saint Jo Historical Preservation Society, P.O. Box 501, Saint Jo, TX 76265, or call 940-995-9447 any Monday through Wednesday.

Enjoy family fun at the Saint Jo Opry

A super night of family entertainment is scheduled for Saturday, May 10 and will be presented by the Saint Jo Opry. The fun starts at 7:30 p.m. with plenty of country classics, patriotic songs, and some rock and roll. Door prizes will be given during the show.


Special guests include Jerry Reynolds of Forestburg, Renee Cochran of Leonard,

and Rusty Denning of the Hardy area.

Admission is \$2 for adults, with children 12 and under free. Donations from the Opry are given to local area Volunteer Fire/EMS and other nonprofit organizations. Concessions will include barbecue sandwiches.

For more information, contact David or Brenda at 940-995-2178.

The Bird Nest



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want!*

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Krahl to attend Doctorate program

Adam Krahl has been accepted into the Texas Tech School of Physical Therapy Doctorate program in Odessa. He is a senior at Texas Tech in Lubbock and will begin the Physical Therapy Program this summer. He was selected from

about 650 students who applied for 60 openings in the program.

Adam, the son of David and Judy Krahl of Gainesville, attended Lindsay Schools and graduated from Sacred Heart High School in 2004.


Lawn equipment maintenance


• Check for Proper Functioning

While the machine is off, check to make sure the moving parts operate smoothly. Check the throttle and the choke linkage. If there is a ticking noise when the engine

has warmed up and is running at low idle speed, this may indicate the valves need adjustment. Consult your user's manual if you have any questions on proper adjustment or ask a professional.

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Below: Montague County veterinarian Sharon Gaston, with NTMC speech therapist Carol Lutz.

On New Year's Day 2006, Montague County veterinarian Sharon Gaston was injured while attempting to rescue horses from a massive grass fire. She received a brain injury, leaving her in a coma for two months. One month after regaining consciousness, she began intensive therapy, which continues today. The therapists associated with NTMC Home Health and Therapy Services work with Sharon in innovative ways in an effort to return her to the life and career she knows so well. Sharon is improving, but still struggles with the problems common to the type of injury she incurred.

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NEXT WEEKEND!!!!

Jaycee Ballpark Benefit Raffle

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The meal will be catered by Rohmer's Restaurant. \$10,000.00 Cash Prize to be awarded at drawing party. Only 300 tickets will be sold!! Ticket includes party at Community Center on May 17th starting at 6:00 pm. Food and beverages will be provided. Meal Served 7:30-8:30. One ticket admits 2 people only. The ballpark and Muenster Jaycees Thank You!!!

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Families celebrate First Communions

Zoe Klement
Zoe, daughter of Kristen Klement, celebrated her First Communion with her cousin Sarah Corcoran who made her First Communion in Lindsay at 10 a.m. the same day. The party was held in the home of Zoe's grandparents Andy and Emily Klement. It took place after Mass and was hosted by Zoe's mother and grandparents and Sarah's parents and grandparents. The Communion cake was decorated by Betty Rose Walterscheid. Those attending were Zoe's mother Kristen; her brother Andrew; grandparents Andy and Emily Klement; Godfather Tug Rix and Aunt Allison Klement Rix and cousin Klement Rix; great-grandmother Claire Klement; Sarah's parents Steve and Jenny Corcoran and sister Caitlin; Ray and Kaye Wimmer; Kelley and Mark Tackett and family Lynda and Doug Yosten; Tara Wentzel and family; Mark and Judy Milner; Roy and Irene Hartman; Justin and Christy Hartman and family.

Ben Green
Scott and Vickie Green held a gathering of family and

friends in their home in Muenster to celebrate the First Communion of their son Ben. There was a special two-tiered cross cake made by Mary Cochran. The honoree received many special gifts and keepsakes. Ben requested the games of tug-of-war and sack races, which he played with his siblings, cousins, and friends. Those attending included grandparents Laura and Barry Sweeden (also Ben's Godfather) and Rick and Barbara Green; brothers Will and Joseph, and sister Gracie; uncle and aunt Billie and Lora Green and cousins Dana and Andre; uncles and aunts David and Holly Sweeden and Josh and Jamie Green and cousin Connor; Godmother Tamarra Theissen and family; favorite former teachers Pam Dangelmayr and Annette Bayer with husband Bill; and best friend Joseph Cochran.

Kate Springer
Drew and Lydia Springer were hosts for a celebration observing their daughter Kate's First Communion. She received a special rosary and cross earrings. All enjoyed a cake inscribed, "God Bless

Kate." Attending the celebration were Kate's grandparents Annette Walterscheid and Pat Springer; Godparents Reneta and Greg Knabe; brothers Austin and Grant; Jennifer, Sydney, and Chris Hoedebeck; Ben Walterscheid; Jessica and Kyle Knabe; and Mac McCoy.

Kendra Flusche
Phillip and Brenda Flusche hosted a barbecue dinner party in their home in honor of their daughter Kendra who made her First Communion. The honoree opened gifts after dinner. Her special cake was made by Betty Rose Walterscheid. Guests included Kendra's siblings Jacqueline, Nicholas, Adria, Kevin, Zachary, and Nathan; grandmother Nancy Krahl; Godmother Emmy Schad and fiancé Alex Borokov; aunts and uncles Elaine and E.J. Schad and Damian and Lucy Krahl, and cousins Lucinda, Travis, Louis, and Maggie Krahl.

Samantha Nicole Muller
Deann and Wayne Muller co-hosted a celebration in honor of their daughter Samantha on her First Communion. The party was held in the home of her grandpar-

ents Ross and Janet Felderhoff. Samantha received two gifts the day before her First Communion so that she could wear them that day. They were a cross necklace from her great-grandmother Aileen Knabe and cross earrings from her Felderhoff grandparents. She received many keepsake gifts including a silver heart cross necklace from her Godmother Kayla Felderhoff, a silver crucifix necklace from her Godfather Gary Muller, Rosary box from her Muller grandparents, a First Communion keepsake box from her parents, and a remembrance book from her great-aunt Carol Sicking. Guests were served a meal of favorites foods selected by Samantha, which included steak, fresh fruit, cheesy potatoes, and green peas. Those attending were her brothers Ethan and Logan; grandparents Steve and Sharon Muller; uncles Jody Felderhoff and Gary Muller; cousin Garrett Muller; and great-aunt Carol Sicking. Attending Samantha's First Communion Mass, but unable to make the party were her great-grandmother Aileen Knabe and aunt Kathleen Muller.

Katie turns one!

Katie Lynn Becker, daughter of Joe and Christi Becker celebrated her first birthday in style on May 4. Guests were invited to Katie's party



Katie Becker

with "Ladybug" invitations made by her mother.

Dressed in "ladybug" jeans, a gift from her Godparents Chris and Pamela Grewing, Katie welcomed her guests to the kitchen to see her ladybug cake, a creation by her mother.

All attending enjoyed a hamburger lunch with all the trimmings. Katie then ate her own "ladybug" cupcake followed by opening her gifts.

Guests were her parents and Godparents; grandparents Paul and Brenda Becker and Leo and Peggy Lutkenhaus; great-grandparents Gloria Becker, Damond and Evelyn Fuhrmann, Armella Lutkenhaus, and Ed Sandmann. Also, aunt Diane Becker and uncle Patrick Lutkenhaus, Tiffany Martin, and Sweetie Noggler. Unable to attend, but sending best wishes was Clyde Muller.

Butter or margarine - What is the healthiest choice?

A soft margarine spread is the healthier choice in the long-debated butter-or-margarine battle, says Dr. Jo Ann Carson, a clinical nutritionist at UT Southwestern Medical Center.

Margarine, made from vegetable oil, is cholesterol-free and higher in polyunsaturated and monosaturated fats, which help reduce a person's "bad" LDL cholesterol level. Butter, made from animal fat, contains dietary cholesterol and saturated fat, which tend to raise that "bad" cholesterol level.

But not all margarines are created equal, Dr. Carson warns.

Stick margarine contains trans fats, which are created when oils are hydrogenated to make the margarine solid.

Trans fats, like dietary cholesterol and saturated fats, elevate "bad" cholesterol.

"The best choice is a soft tub margarine or liquid spread because they tend to incorporate water and other ingredients that reduce the potential for trans fats and calories," Dr. Carson says.

If you're having trouble selecting which soft margarine might be best, the best thing you could do is look for a product that is low in both saturated and trans fats, she adds.

And, of course, people aren't required to use butter or margarine.

"Another option is to do as the Mediterraneans do," Dr. Carson says. "Dip your bread in seasoned olive oil instead of butter or margarine."

I am Stephen Harlow. I am acquainted with public service as I have attended hundreds of government meetings. I have been involved in the county tax payers association for many years. My mother, Nita Harlow, lead the county tax rollback petition drive which called for an election that rolled the commissioners 26% tax increase back to an 8% tax increase. Mother and I helped with Mr. Arterbury's petition drive to get some tax relief of the homesteads of senior citizens, and disabled military veterans.

Our college is extremely important to me. I have attended many of our college board meetings for many years. Seeing how things are done I can go on the board with real college knowledge. I have been a student for many years. Taking agriculture and classes of other vocations that helped me in my chosen vocation of agriculture. I also took a lot of other classes that interested me. I am presently taking a farm shop class that I am learning from and enjoying alot.

I am a logical person meaning I base my decisions on facts, not hype or fancy sales pitches. I am conservative and practical in my decision making and I can say "NO" when things are going wrong. I am speaking out very strongly for our Vo Tech training programs to be built up the way they should be because I see the need for improvement and for building up our Vo Tech courses.

I am willing to work on providing the best management possible for the sake of our community and our beloved college by doing research before each and every decision is made to better spend the students and our citizens tax dollars.

I am against tax increases and bond issues. A tax increase or bond issue would have to be the extreme last resort and even then I would be very reluctant to even consider either one of them.

As a board member I can do more to help our college than I can as a citizen.

I am running for the place five position on our college board.

Remember **STEPHEN HARLOW** for **PLACE FIVE**.

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Want to reap the luck o' the Irish? - Eat 'Green foods'

Forget four-leaf clovers, lucky charms, and finding the pot of gold at the end of the rainbow. The best way to get the luck o' the Irish is to eat a well-balanced diet, with plenty of green fruits and vegetables, nutrition experts at UT Southwestern Medical Center say.

While Popeye's love of spinach catapulted that vegetable to stardom, there's a veritable cornucopia of green fruits and vegetables that pack many nutrients but hardly fly out of the produce section.

Here's a sampling of some green foods UT Southwestern dietitians recommend:

Avocado - Also known as an alligator pear, the avocado is a good source of monounsaturated fats, which help lower cholesterol. Avocados also are good sources of both vitamin E and lutein, a natural antioxidant that may help maintain eye health.

Broccoli - A cross between broccoli and Chinese kale, broccolini is sometimes sold under the name asparagion. It's packed with the cancer-fighting nutrients isothiocyanates, sulforaphane, and indoles - all linked with reducing the risk of breast, prostate, cervical, lung, and other cancers - and offers as much vitamin C as orange juice.

Brussels sprouts - Part of the cabbage family, brussels sprouts are another cruciferous vegetable with cancer-fighting phytochemicals. "They're also high in vitamin C and are a good source of folate, vitamin A, and potassium," said Lona Sandon, assistant professor of clinical nutrition at UT Southwestern and a spokesperson for the American Dietetic Association. "Look for small, com-

pact, bright green sprouts for the best flavor." The vegetable can be boiled, braised, steamed, or microwaved. Just avoid overcooking, as they get mushy.

Kale - A good source of vitamins K, C, and beta carotene, kale is a form of cabbage in which the central leaves don't form a head. A half-cup of cooked kale packs 1.3 grams of fiber but just 20 calories.

Nopales - Popular in the Mexican diet, nopales - also known as nopalitos or cactus pads - offer numerous nutritious advantages and are a great option for those managing diabetes or high blood pressure. "Not only is it low in calories at 22 calories per cup, the vegetable is also low in sodium and high in fiber," Dr. Carson said. "In addition, a cup contains more calcium than an ounce of cheese and about half the potassium of a banana."

Okra - This staple of Southern cuisine is naturally low in calories and a good source of soluble fiber. It also provides some vitamin A. "It can be cooked whole until tender, then marinate it for about three hours in a small amount of vinegar in the refrigerator," said Joyce Barnett, clinical assistant professor of clinical nutrition at UT Southwestern. "Top the drained okra with chopped onions and tomatoes for an out-of-the-ordinary salad."

Tomatillo - A common ingredient in Southwestern or Mexican cooking, the tomatillo looks like an unripe tomato covered in a paper-like leaf. The vegetable, which is a good source of vitamin C and potassium, is used in salsa verde and can be eaten raw.

LUNCH MENUS

WEEK OF MAY 12-16 SACRED HEART

Mon. - Pepperoni pizza, celery sticks, chocolate pudding.

Tues. - Oven fried chicken, potatoes, corn, pears, bread.

Wed. - Beef spaghetti, green salad, strawberries, garlic toast.

Thurs. - Salisbury steak, potatoes, gravy, green beans, applesauce, bread.

Fri. - Hamburgers w/trimmings, French fries, ice cream sandwich.

MUENSTER ISD

Mon. - Hot dogs w/chili and cheese, pinto beans, oven baked French fries, pears, cake.

Tues. - Chicken nuggets, creamed potatoes w/gravy, green beans, peaches, hot rolls.

Wed. - Barbecue sandwich, potato salad, cole slaw, apples, cookies.

Thurs. - Steak fingers, creamed potatoes w/gravy, corn, pineapple, hot rolls.

Fri. - Hot pockets, lettuce salad w/dressing, pork & beans, carrots, pudding, ice cream.

LINDSAY ISD

Mon. - Soft tacos with trimmings, refried beans, Spanish rice, apple crisp.

Tues. - Grilled chicken melt with mozzarella on a bun, baked beans, pineapple, vanilla pudding, animal crackers.

Wed. - Steak fingers, mashed potatoes, gravy, green beans, mixed fruit, bread.

Thurs. - Chicken spaghetti, peas, carrots, peaches, bread stick.

Fri. - Hamburger with trimmings, tator tots, ice cream.

ERA ISD

Mon. - Beef Stroganoff or chicken patty, mashed potatoes, gravy, peaches, cookies.

Tues. - Nachoes w/ground beef, pinto beans, sliced pears, wacky cake.

Wed. - Frito chili pie, shredded cheese, corn, fruit mix.

Thurs. - Chicken faitas, shredded cheese, bell pepper and onion, pinto beans, corn bread.

Fri. - No School.

Diocesan/S.H. Serra Club poster winners



Pictured from Sacred Heart Catholic School are the Diocesan winners of the annual Serra Club Poster contest. They are (from left) Amelia McBride, 1st place, Grade 8; John Hesse, 3rd place, Grade 7; (not pictured) Jackie Peterson, 2nd place; Grade 6; Daniel Hesse, 1st Place, Grade 4; Elizabeth Weinzapfel, 1st place, Grade 5; and Kendra Flusche, 3rd Place, Grade 2. These winners were chosen from all entries sent from parishes and Catholic schools across the Diocese. The objective of the Serra Club is to foster and promote priesthood and religious vocations in the Catholic Church by working together and praying together. The students were asked to reflect on the following bible verse as their theme this year, Luke 4:18 "The Spirit of the Lord is upon me, because He has anointed me to bring glad tidings to the poor." Father Kyle Walterschied is the director of vocation for the Diocese. SHCS photo

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Karla Metzler, Regent Place 5

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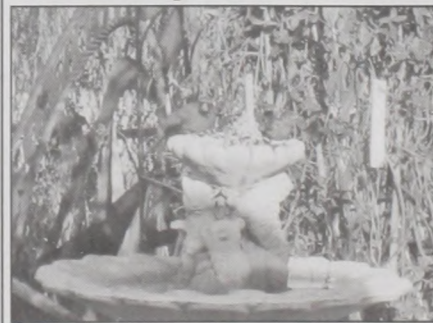
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Inspection tips for homebuyers

Approximately five million Americans are expected to buy an existing home this year. Volatile prices, a record number of foreclosures, and an uncertain economy make this an uneasy time to enter the homeowner market, which is why it is all the more important that homebuyers are aware and informed before signing on the dotted line.

Although licensed Texas home inspectors can provide a detailed analysis of many aspects of a house, experts agree the buyer should not let the inspector go it alone, either figuratively or literally. "Be sure to accompany your home inspector to see problems first hand," said Ray Palermo, director of public relations for Response Insurance. "Take notes and ask questions about mechanical operations and emergency shut offs so you can familiarize yourself before you have a problem."

He noted several of the most common issues to watch for:

Maintenance - Observing an overall pattern of poor maintenance is often a sign of trouble. Crumbling masonry, makeshift wiring, peeling

paint, cracked cement surfaces, broken fixtures and appliances may indicate that other, even more important items have been neglected. Ask for life expectancies on major appliances, HVAC, and the roof.

Electrical - Electrical service that is inadequate to meet the demand of the household can cause wires to overload and start a fire. Older homes in particular tend to have electrical service patched together and added on as the demand grew. Today's lifestyles place additional demands on home electric not anticipated when first built, including computers, microwave ovens, larger refrigerators, air conditioners, more lighting, and television/video centers.

Roof - Old or damaged shingles, improper flashing, and broken gutter and drainage systems can all contribute to roof leaks and water damage around the house.

Heating system - Old and inefficient heating systems, old ductwork, malfunctioning thermostats and controls can pose costly problems throughout the heating season. Blocked chimneys and poorly vented heating systems can

pose a health threat to occupants.

Plumbing - Faulty and inefficient fixtures, lead water pipes, non-compliant gas lines, inadequate or old waste pipes, and a mix of incompatible piping materials can present problems. Water heaters should meet the needs of the occupants.

Structure - Foundation walls, floor joists, rafters, windows and doors and skylights should all be examined for cracks and air/water leakage. An improperly graded property that slopes toward the house can result in water penetration in basements and crawl spaces, and damage to foundation walls.

Insulation - Inadequate or cracked caulking around windows and doors, and insufficient wall and attic insulation drive up heating and cooling costs. However, over-sealing a house can cause excessive interior moisture.

Additional tests - Separate inspections for termite infestation, asbestos, radon, well-water contamination, and other potential hazards are often advisable.

Additional information available at the Response Insurance Safety Information Center website: www.response.com/safety <<http://www.response.com/safety>>

Options abound to manage irritable bowel syndrome

Embarrassed by frequent abdominal cramping, bloating, flatulence, diarrhea, or constipation? Relax, you are not the only one with those symptoms. The problem could be irritable bowel syndrome, which affects as many as 20% of adults in the U.S.

"You don't have to suffer from abdomen discomfort in silence," said Dr. Prabhakar Swaroop, a gastroenterologist at UT Southwestern Medical Center. "Your doctor has probably heard what you have to say before."

Though there is no cure, irritable bowel syndrome can be controlled in a variety of ways, including: eating smaller, more frequent meals; adding fiber to a diet; managing stress; taking medication; and exercising.

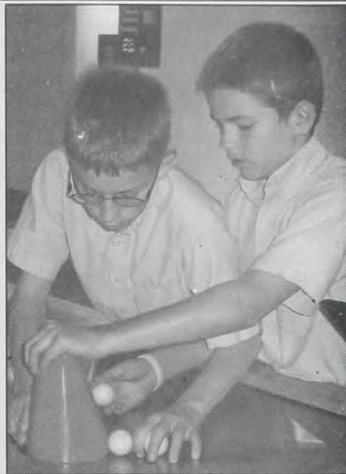
"A person doesn't have to miss another day of work or a social outing because of a manageable condition," Dr. Swaroop said.

Visit <http://www.utsouthwestern.org/digestive> to learn more about UT Southwestern's clinical services in digestive disorders.



A class field trip to Dallas

Sacred Heart Fifth graders had an educational and fun day on their recent field trip. Pictured clockwise from top - the class poses on a huge elephant display; Aaron Davis and Isaac Walterscheid; Madison Hesse; Darian Peters tackles a dragon's tail.



Skies and oceans explored by Sacred Heart Fifth Graders

Students from Sacred Heart Catholic School's Fifth Grade took a field trip to the Museum of Nature and Science in Dallas on Thursday, May 1 to the Planetarium to see "Journey to Infinity," a show about the Solar System, Milky Way, and beyond into the universe. Also they viewed the night sky for that

evening. At IMAX they saw "Aliens of the Deep," a giant screen movie about both marine biologists and astronauts exploring the ocean together.

The 5th graders have studied both the universe and the oceans this year in Science.

They explored the Museum's exhibits for hands on learning, and enjoyed a

picnic lunch by the lagoon where they fed the large turtles.

Attending with the students were bus driver Lee Aldridge; chaperone parents Cathy Dangelmayr and Jennifer Bayer; and teacher Barbara LaChance.

The group deemed the trip a fun experience.

"Green" style window and door options provide UV protection

Just as sunscreen is critical outside to protect against skin and eye damage, the right protection for windows and doors helps to block powerful UV rays from causing

irreversible damage to fabrics and furniture indoors.

"Without the protection of Low-E glass technology, UV rays can damage furnishings, rugs, and other possessions in

the home," says Brian Hedlund of JELD-WEN, a leading window and door manufacturer.

To help protect a home, follow these tips:

- Low-E glass is a must for a green home.

- Low-E glass blocks harmful UV rays that cause interior fading. The ultra-thin metallic coating on Low-E glass works by reflecting heat back outdoors or holding the heat indoors in cold climates.

- Doors need protection too.

After staining an exterior wood door, apply a high-quality, UV-stabilized clear polyurethane coating to protect against the heavy beating it will take from the sun.

- Block powerful solar rays.

The direction that windows and doors face can make a big difference in the sun's intensity level inside the home. South- and west-facing windows and doors should have the highest level of protection.

- Focus on proven methods tested against industry standards. For the best all-around UV-resistance and energy performance, look for the ENERGY STAR label appropriate for your region.

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Cancer free at any age: checklist for your next checkup

According to the latest report from the Health Information National Trends Survey, the majority of Americans are not aware of when they should see a doctor for cancer screening exams, such as mammograms and colonoscopies. Screening exams allow cancers to be diagnosed at the earliest stages and then treated when treatment will be the most effective. The screening guidelines below offer recommended timing for specific ages, genders, and cancers.

Every Age
Keep an eye on your skin and check for changes in moles, freckles, and other marks on your skin once a month.

Women should conduct regular breast self-exams and know how their breasts normally feel, and report any changes to their physician.

20s
Women should begin checking their breasts for lumps every month and have a clinical breast exam every 1-3 years.

Women with an increased risk of breast cancer should discuss beginning screenings earlier with their doctors.

30s
All women should have a Pap smear to screen for cervical cancer at least once every year beginning at age 21 or approximately three years after a woman begins having sexual intercourse, whichever comes first, regardless of whether they have received the HPV vaccine.

Women should have a clinical breast exam and Pap smear every 1-3 years.

Women in their 30s with three consecutive normal Pap smears may limit screenings to every two or three years.

Women with an unusually high lifetime risk for breast cancer (greater than 20%) associated with defined genetic profiles should discuss with their physician the use of MRI for screening.

40s
Women age 40 and older should begin having an annual mammogram.

Women should continue to

have an annual clinical breast exam, Pap smear, and if recommended by their doctor, a MRI screening.

Men at a high risk of prostate cancer (African American men and those with a family history of the disease) should begin screenings at age 45.

Men with even higher risk of prostate cancer should begin testing at age 40.

Men and women with increased risk factors for colorectal cancer should discuss beginning screenings earlier than the normal age 50 with their doctors.

50s
Women should continue to have an annual clinical breast exam, mammogram, Pap smear, and if recommended by their doctor, a MRI screening.

Beginning at age 50, both men and women should begin screening for colorectal cancer with one of the options below:

Annual fecal occult blood tests (FOBT) or fecal immunochemical tests (FIT), which

can detect small amounts of blood in stool samples, along with a flexible sigmoidoscopy every five years.

Every five years, a flexible sigmoidoscopy, an internal examination of the rectum and lower colon for polyps.

Every five years, a double contrast barium enema; x-rays are then taken of the colon and rectum to detect polyps.

Every 10 years, a colonoscopy, the only test that directly examines the entire colon.

Beginning at age 50, men should have the prostate-specific antigen (PSA) blood test and a digital rectal examination (DRE) annually to screen for prostate cancer.

Sources: Texas Oncology, American Cancer Society, and National Cancer Institute.

My garden of flowers is also my garden of thoughts and dreams.

- Abram Linwood Urban

It's time for all Texans to pursue a healthier lifestyle

By Gov. Rick Perry
Like a lot of people in their early forties, I found myself struggling with sleeplessness about 10 years ago; battling insomnia that I figured was caused by the challenges of my job. A good friend suggested that my restless nights had more to do with a level of physical activity that had slowed considerably over the years. I was pretty confident that I had done more than my share of exercise during college and my time in the Air Force, but this friend made a pretty compelling case for giving running a try.

So, I bought a pair of running shoes and hit the trail, figuring I'd at least get some fresh air if nothing else. The first couple of runs left me a little sore, but I found myself sleeping better, more energetic during the day, and anxious to start my next run. I have been running regularly ever since and can personally attest to the benefits of increased physical activity.

Because I've seen it work in my life and because I've read the research about its impact on health, I care passionately about fitness for our citizens as an avenue for a better quality of life. Too many Texans are paying the price for an inactive lifestyle as they battle generally preventable diseases like type-2 diabetes and heart disease. In fact, according to the Texas Department of State Health Services, heart disease is the number one reason for emergency room visits and kills more people than any other ailment.

In Texas, an estimated 10.1 million, or 62%, of adults are overweight or obese, costing the state \$10.5 billion each year in lost productivity and increased healthcare costs. If current trends continue, obesity-related illnesses are projected to cost businesses \$15.8 billion a year by 2025, according to the Texas Comptroller. This is almost 20% of the entire state budget and equals all the money the federal government sent to Texas for health and human services this year.

How many of these dollars could be saved if people would just take 30 minutes out of

their day, a few times each week, to walk around their neighborhoods?

This trend affects not only adults, but has spread to our adolescent population too. One in three Texas children can be classified as either overweight or obese. If a disease affected one-third of our children, we would call it an epidemic, a crisis, and an emergency of vast proportions (all of which I consider appropriate language for this serious problem).

It is time to fight this scourge on our society by altering our lifestyle habits and encouraging Texans to make physical activity a part of their daily and weekly routines.

Promoting the need for regular exercise will not only save billions of taxpayer dollars, but will help Texans feel better and live longer. They will not only perform more efficiently in the classroom, on the job site, or at the office, but will also have fewer life-threatening conditions and lower healthcare costs. In short, fit people are more likely to experience a lifetime of happiness, productivity, and health.

Fortunately, you don't need costly equipment, a gym membership, or expensive dietary supplements to get started. You just need to head out your front door and start walking. And, by the way, be sure to take your family with you.

This month marks the 5th annual Texas Round-Up, an initiative that has already helped 66,000 Texans adopt a healthier lifestyle since its inception. This year, 25 cities across the state are in partnership with the program and are making efforts to improve physical health in their own communities. Now is the time for you and your family to embrace the challenge to be active and make healthier choices. With the entire state of Texas as a work-out partner, we can all reach our fitness goals.

The future of our state is bright and we want you to be around to enjoy it. And you might get a good night's sleep in the process. So get started today.



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2008 MUENSTER YOUTH BASEBALL LEAGUE APPLICATIONS

2 Sign Up Dates:
Wed., May 7th
5:30pm - 7:30pm
Sat., May 10th
9:00 am - 12:00 noon

@ Muenster Jaycees New Meeting Room
825 E. 9th St.
(near new baseball complex)

If you cannot make either sign up date,
please turn in application to Ace Hardware.
All applications must be received by May 10th.

For more info contact
Darren Bindel @ 727-8498

MUENSTER JAYCEES' 2008
BOYS' COACH PITCH LEAGUE • FOR AGES 7-8-9
REGISTRATION FORM • DEADLINE MAY 10, 2008

NAME: _____

ADDRESS: _____

AGE as of Sept. 1, 2008 BIRTHDATE: ____/____/____

TELEPHONE: _____

LAST YEAR'S TEAM COLOR: _____

SHIRT SIZE: _____ PANTS SIZE: _____

I, the undersigned parent or guardian, hereby give permission for our child to play COACH PITCH in the MUENSTER LEAGUE in the summer of 2008 and I hereby release and hold harmless the sponsors, promoters and all other persons and entities, their agents and assigns, associated with this League from any liability for injury or damage my child or children may sustain, whether it be caused by accident or for any negligence of the sponsors or promoters or other persons or entities, their agents or assigns, associated with this event of their employees, or otherwise.

Parent/Guardian Signature _____ Date _____

WILL HELP COACH: YES _____ NO _____

Muenster Jaycees' Little League • BASEBALL APPLICATION

Any child who will attain the age of 10 years old before September 1, 2008 and will not attain the age of 13 before September 1, 2008, shall be eligible to compete in Little League Baseball.

ALL APPLICATIONS MUST BE RETURNED BY MAY 10, 2008
NO APPLICATIONS WILL BE ACCEPTED AFTER THIS DATE!!! **
YOUR PARENT OR GUARDIAN MUST SIGN!!!!

NAME _____ AGE _____

ADDRESS _____

PHONE # _____ BIRTHDATE _____

LAST YEAR'S TEAM _____

We the undersigned parent or guardian, hereby give permission for our child to play Baseball in Muenster in the summer of 2008, and hereby release and hold harmless sponsors, promoters and all other persons and entities, the agents and assigns, associated with this League from any liability for all injury or damage my child or others may sustain, whether it be caused by accident or for any negligence of the sponsors or promoters or other persons or entities, the agents or assigns, associated with this event of their employees, or otherwise.

If Interested in Coaching or Helping, Please check box

PARENT OR GUARDIAN SIGNATURE DATE _____

Girls' Softball Application

Name _____

Address _____

Phone _____

What grade will you be in next year? _____

Birthdate ____/____/____

In case of emergency, call parent _____

Address _____ Phone _____

Alternate emergency call, other responsible person: _____

Phone _____ Relationship _____

Physician _____ Phone _____

T-Shirt Youth S M L Adult S M L XL XXL

PARENTAL PERMISSION (please read carefully)
I give my child permission to participate in the summer Girl's Softball program and I will assist in observing the rules and regulations set up for the league and I will stress to my child that she also observe the same rules and regulations. I understand that reasonable measures will be taken to safeguard the health and safety of my child and I will be notified as soon as possible in the event of sickness or accident. In case of sickness or accident, I authorize the calling of a doctor and/or providing the other necessary first aid or medical services at my own expense. I also will not hold the Muenster K.C. Chapter responsible for any accidents affected to my child while playing or practicing the sport of Girl's Softball.

Signed _____

Date _____ Parent or Guardian must sign

Applications are due May 10, 2008

Will help coach Yes _____ No _____

Leagues: Going into grades: 3-4-5 Coach Pitch
6-7-8 Jr Fast Pitch 9-10-11-12 Fast Pitch

T-Ball Application

Name _____

Address _____

Phone _____ Sex: M _____ F _____

What grade will you be in next year? _____

Birthdate ____/____/____

In case of emergency, call parent _____

Address _____ Phone _____

Alternate emergency call, other responsible person: _____

Phone _____ Relationship _____

Physician _____ Phone _____

T-Shirt Youth S M L

PARENTAL PERMISSION (please read carefully)
I give my child permission to participate in the summer T-Ball program and I will assist in observing the rules and regulations set up for the league and I will stress to my child that he/she also observe the same rules and regulations. I understand that reasonable measures will be taken to safeguard the health and safety of my child and I will be notified as soon as possible in the event of sickness or accident. In case of sickness or accident, I authorize the calling of a doctor and/or providing the other necessary first aid or medical services at my own expense. I also will not hold the Muenster K.C. Chapter responsible for any accidents affected to my child while playing or practicing the sport of T-Ball.

Signed _____

Date _____ Parent or Guardian must sign

Applications are due May 10, 2008

Will help coach Yes _____ No _____

For: Boys entering Kindergarten & first grade;
Girls entering Kindergarten, first, & second grades.

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May 2008 Menu

- 1.5 lb. Bacon Wrapped Beef Filet (4x6 oz.) 16 oz. Green Beans
- 2.5 lb. Breaded Chicken Breast Filets 2 lb. Fresh Onions
- 1.5 lb. Bone-In Port Steaks (4x6 oz.) 29 oz. Pears
- 28 oz. Salisbury Steak Dinner Entree 32 oz. Borden 2% Shelf-Stable Milk
- 2.5 lb. Beef and Bean Burritos (10x6oz.) 9 oz. Breakfast Cereal
- 2 lb. Popcorn Chicken 8 oz. Corn Muffin Mix
- 9.5 oz. Stouffer's Flat Bread Pizza 16 oz. Bean Soup Mix
- 16 oz. Cauliflower & Carrot Blend 1 Dozen Eggs
- 16 oz. Corn Niblets 1 Dessert Item

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- 1.25 lb. Ribeye Steaks (2 x 10 Oz.)
- 2 lb. Thick Cut Pork Chops (4 x 8 oz.)
- 2 lb. Beef Hamburger Steaks (4 x 8 oz.)

May Special #2

5 lb. Steak Box - \$20⁰⁰

- 1.5 lb. Bone-In New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bone-In Ribeye Steaks (2 x 12 oz.)
- 2 lb. Sirloin Strips (4 x 8 oz.)

May Special #3

12 lb. Chicken Combo Box - \$20⁰⁰

- 5 lb. (avg) Whole Chicken
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- 30 oz. Individually Vacuum Packed Boneless Skinless Chicken Breasts (6 x 5 oz.)
- 1 lb. Fully Cooked Breaded Chicken Wings
- 2 lb. Chicken Breast Nuggets

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- Sunday, May 18 - After Both Masses

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All orders MUST be received by Sunday, May 18!

Distribution Day: Sat., May 31, 8:30-10:30 am
We accept Food Stamps (EBT).

Top curb appeal - ideas that stand out

Curb appeal is taking on a bigger role in today's housing market. With the number of available homes for sale growing each day, buyers can afford to be choosy and consider only houses that show well from the street. That means sellers now have just a few seconds to make a first impression, capture interest, and draw buyers inside.

"In today's competitive market, buyers want upgrades, like windows and doors, that create visual appeal," says Elizabeth Souders, product marketing manager for JELD-WEN.

Top Curb Appeal Tips

1. Stay true to style: Upgrades should fit in with a home's architectural style.
2. Add details: Custom features are a great way to achieve one-of-a-kind looks that stand out. Adding a

doorknocker, speakeasy, decorative glass, or metal accents are some ideas.

3. Remember the garage: JELD-WEN is seeing many homeowners ordering garage doors complete with window inserts, metal accents, and hardware to match the main entry door for a coordinated appearance.

4. Dress the yard: Make sure the house is the first thing potential buyers see, not overgrown hedges or dead grass.

5. Coordinate color: Color, when done right, sells. Doors and windows give homeowners ideal opportunities to infuse color into their curb appeal without having to paint.

For more information visit www.jeld-wen.com or call (800) 877-9482.

Courtesy ARA Content

Tanning beds not worth the risk

People who choose to use tanning beds are gambling their lives for looks, according to physicians, scientific studies, and the U.S. government.

"As a physician who treats scores of patients with skin cancer every year, I wish people would understand tanning their skin is simply not worth the risk of harming

themselves," says Dan McCoy, MD, president of the Texas Dermatological Society.

The U.S. Department of Health and Human Services has declared ultraviolet (UV) radiation from the sun and artificial sources, such as tanning beds and sun lamps, a known carcinogen. Carcinogens cause cancer. Yet on an average day in the United States, more than 1 million people tan in tanning salons, 70% of whom are Caucasian girls and women, aged 16 to 49 years. A 2002 study published in the *Journal of the American Academy of Pediatrics* showed more than half of the 14- to 17-year-old girls surveyed reported having used tanning beds.

What they may not know is that indoor tanning lamps emit UVA and UVB radiation at levels that can be as much as 15 times stronger than the sun. Young tanners are putting themselves at greater risk. A Swedish study presents strong evidence that indoor tanning increases the risk of melanoma, especially when indoor tanning begins at an early age.

Moreover, a review of seven scientific studies found that exposure to tanning beds before the age of 35 caused the risk of melanoma to increase by 75%. "Using tanning beds is dangerous," says Dr. McCoy. "Is tanned skin from a tanning bed worth surgery, medical treatments, or premature death? I think not."

Texas-sized tracks

By U.S. Sen. John Cornyn

A Texas boy named George Adams was wandering along the Paluxy River near Glen Rose in 1909 when he was stopped short by huge animal tracks calcified in the stone. George's sharp-eyed discovery of what turned out to be dinosaur footprints helped open an exciting chapter in Texas and U.S. natural history.

Much later, researchers from across the country poured into the area southwest of Fort Worth, putting Glen Rose at the center of the world of paleontology. This area today is home to Dinosaur Valley State Park. At this sprawling preserve, a National Natural Landmark, visitors can see dinosaur tracks as large as three feet long by two feet wide.

This tranquil terrain along the Paluxy River, once home to the Caddo and Tonkawa tribes, today differs markedly from the era when dinosaurs roamed. The shores of the Gulf of Mexico came close to Glen Rose some 100 million years ago.

"A broad, shallow coastal lagoon allowed dinosaurs to cavort and feed in the shallow water, leaving footprints in the lime muds, a perfect physical setting for making many fossil trackways. The second ingredient needed to preserve the tracks is a gentle filling-in of the prints by sediment to keep the shape intact," writes Charles E. Finsley in his book, *Discover Texas Dinosaurs*.

A ranch near Glen Rose eventually yielded remains of what was thought to be the *Pleurocoelus*, designated in 1997 as the "State Dinosaur of Texas" by the Texas Legislature. These were plant-eating, short-necked, and long-tailed animals, 30 to 50 feet in size.

But more recent research suggests the remains were actually those of a previously unrecognized dinosaur, the *Paluxysaurus*. The legislature might have to revisit its 1997 designation.

Remains of ancient animals have been found

throughout Texas. Dinosaurs were most prevalent in Central Texas, in the plains areas including Lubbock and Amarillo, and in the Big Bend region, where remains of the great *Tyrannosaurus Rex* were found.

In his book *Lone Star Dinosaurs*, Southern Methodist University Professor Louis Jacobs marvels at the variety of Texas discoveries: "They represent a varied sampling of dinosaur diversity. They lived at three distinct intervals during the Age of Dinosaurs. And they lived in such different arrangements of the continent and oceans that they may as well have lived in different worlds."

As Professor Jacobs noted, many Texas dinosaur breakthroughs came from unlikely explorers. "The story of Texas dinosaurs is made up of a myriad of smaller tales ... about everyday people who make one-in-a-million discoveries." A seven-year old boy and his dad found skeletal remains in Parker County in 1988, which led to identification of a new species of dinosaur. A year later, a 12-year old boy made an important discovery of dinosaur fossils in Fort Worth.

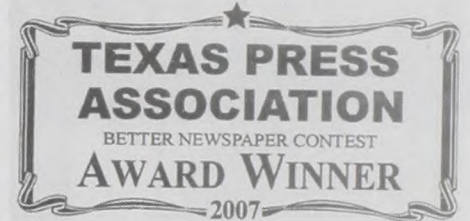
One site from a more recent era created substantial buzz in the scientific community. In 1978, near Waco, two local residents found skeletal remains of 25 mammoths thought to have lived "only" 68,000 years ago. Researchers believe more mammoths may have died at this one place, from the same cause, than at any other place in the world.

Fragile conditions at the site have thus far prevented public access, but the National Park Service last year determined the Waco Mammoth Site met its criteria for park system status. I am among those supporting the effort to make this site a federal park.

Texas is a young and vigorous state. We take great pride in our traditions and accomplishments of our human history. It's worth remembering that Texas's natural history is far longer, and contains many mysteries that remain to be resolved.

When a tornado WATCH is issued:

- Listen to local radio and TV stations for further updates.
- Be alert to changing weather conditions. Blowing debris or the sound of an approaching tornado may alert you. Many people say it sounds like a freight train.



It's Tournament Time!!!

Muenster Booster Club Annual Golf Tournament

Saturday, May 24, 2008
Turtle Hill Golf Course
Shotgun start at 2:00pm

Four person Scramble, entry fee \$260 per team, entry fee includes green fees, cart, meal, and one red tag.
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SPORTS

Tigers win State, girls settle for 2nd

The 2008 TAPPS State Track and Field Championship Meet was held last weekend. After winning their District and Region meets, the Sacred Heart teams advanced to State and finished the event with the Tigers winning the State Championship, and the Tigerettes taking State Runner-up in the Class 2A Division.

The Tigers earned a total of 126 points, 57 over the 2nd place Rowlett Rockwall Christian, Katy Pope Paul XXIII followed with 51, then Frisco Legacy Christian with 48.

Marble Falls Faith Academy took control of the girls race tallying 209 points or 1st place. Sacred Heart followed

with 57, Denton Calvary Academy 46, and DeSoto Canterbury 40.

The Tigers brought home 13 gold medals, winning all three relays and the 400m race. Receiving State championships were John Krawietz, Zach Zanchetta, Tyler Rohmer, Colt Spruill, Shane Hennigan, and Ryan Bartush. Zanchetta also won a silver in the 100m.

In field events, Nolan Hartman placed 2nd and Nick Popovich 3rd with discus throws of 130' and 122' 08", while Jordan Reeves and Dylan Flusche were 2nd and 3rd in the shot put with throws of 44' 07" and 43' 05". Krawietz also got the bronze in the triple jump with a leap of 40'

4.25". Tigerettes receiving the bronze were Ginger Bartush in the 1600m and 3200 m runs and the 4x200 and 4x400 relay races, which included Lisa Miller, Rebeckah Hesse, Kalyssa Pollard, Raynee Hogan, and Bartush.

Individual times, distances, and places for Sacred Heart were as follows:

Girls 3200m: 3. Ginger Bartush, 12:59.51.

Boys 3200m: 4. Joe Hesse, 11:22.26.

Discus: 2. Nolan Hartman, 130' 00"; 3. Nick Popovich, 122' 08".

Long Jump: 4. John Krawietz, 19' 11.75".

Shot Put: 2. Jordan See TRACK, pg. 11



State track action - clockwise, starting above - Lisa Miller to Rebeckah Hesse; relay team of John Krawietz, Shane Hennigan, Tyler Rohmer, and Ryan Bartush; Zach Zanchetta starts the relay; and Ginger Bartush, distance runner. SHCS photos



Tigers named to All-District team



Making the All-District baseball team included seven Sacred Heart Tigers. From left, back - Sam Sparkman, 1st team pitcher/3rd base; Steven Davis, honorable mention outfield; Colt Spruill, 1st team pitcher/3rd base; Josh Yosten, 2nd team 1st base; front - Nathan Berend, 1st team catcher; Chad Walterscheid, 2nd team short stop; and Ben Walterscheid, honorable mention outfield. Janie Hartman photo

Muenster golf season final

The Muenster High School golf season came to a conclusion in Nacogdoches at the Region III-A Semifinal tournament last week. The ultimate goal of playing in Austin in the State championship was not attained, as both the boys and girls teams fell just short with both finishing in fourth place.

The Lady Hornets, led by team Captain Mara Erickson, found themselves in second place after day one with a 12 shot lead on the District Champion Bland Lady Tigers. But, as fate would have it, all kinds of bad things happened on day two and the girls shot 21 strokes higher to allow Bland and James Bowie to overtake them. Erickson's two day total was 218, followed by teammates Brandy Dangelmayr 239, Hannah Weger 240, Jenni Luke 246, and Erin Endres 266.

In the boy's division, the

Hornets never got it going on day one, finished in third place, 20 shots behind Lindsay, the team they had beaten to win the District championship. After day one's season high 369, things only got more dismal and saw a bad case of the nerves kick in to record a 382, which allowed last year's State champ La Poyner to pass them as well.

Garrett Hennigan's opening round of 87 was solid on the tough Piney Woods Country Club course, and paired him on day two with the best players in Region III-A. He played well, but fell short with a 94 due to two disaster holes in the second round. His two day total of 181 edged Tanner Herr's 94-89 to lead the team. Taylor McGrew recorded a two day score of 190, followed by Lee Walterscheid 204, and Corey Sicking at 216.

Both teams will graduate two members who will be

missed greatly. Caitlyn Barrett, an '07 regional qualifier, along with Mara Erickson, a four-year starter and team captain will turn the reins over to the remaining five lettermen on the girls team. Garrett Hennigan, the team's "go-to" man all year and team captain Lee Walterscheid will also leave a void for the 2009 squad next spring.

This was the weirdest weather since I started coaching golf! The entire pre-playoff schedule was hampered by wind, cold, rain, sleet, and snow, causing two of the five tournaments to be completely canceled. As it turned out, our worst rounds of the year were played in ideal conditions. Stay tuned for chapter 2009!

Submitted by Dan Hamrie

Reminder of the day: Students need time out!

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Sacred Heart still holds State records

With another Track and Field season completed, the Sacred Heart track runners from the past still hold five TAPPS State records.

The longest running record was set in 1988 when Tigerettes Amy Walterscheid, Molly Koelzer, Dana Hamric, and LaBecca Hess won the 1A 4x400 yard relay with a time of 4:16.00.

In 1994, Aaron Berres ran a 4:33.12 for a gold medal in the 1A 1600m run, setting a

TAPPS State record.

Kelly Rigler had a great year in 1996, setting two State records, which she still holds today. Rigler won the girls 1A 200 meter and the 100 meter dashes with times of 26.10 and 12.30.

Sacred Heart's latest State record was set in 1997 by John D. Bartush. He won the championship in the 2A boys 3200 meter run, clocking in at 10:03.20.



Montague County 4-H Shotgun Club winners. Courtesy photo

4-H Club hosts first shoot

Montague 4-H Shotgun Club held their first shooting competition April 5 at their home range, Willawilla Creek Shooting Center in Saint Jo. They had 30 shooters from eight different counties participating. The shoot was a great success and they are planning for it to be an annual competition.

Area merchants within the county and surrounding counties helped with monetary donations as well with items for the raffle table and are still receiving donations. They had more than 80 sponsors for the competition.

All 4-H members and their parents put on this shoot. They ran the raffle table, concession stand, kept scores in all three events and kept all the target machines full.

Joyce Fenoglio, president and Trayton Waldrip, vice president presented the medals and trophies to all the winners of the event.

Results from the Montague 4-H Shotgun Club Spring Fling include: Senior 1 Division: Cole Erickson, 1st in skeet, 1st in 5 stand, 2nd in trap, and high overall Senior.

Intermediate Division: Eli Shaw 1st in trap, Joyce Fenoglio 3rd in skeet and high overall female; Tyler Coates 3rd in 5 stand.

Junior Division: Hunter Allison 3rd in trap and 2nd in 5 - Stand.

Miller, Rebekah Hesse, Kristin LeBrasseur, and Kalyssa Pollard.

4x100m Relay: 1. Zach Zanchetta, Tyler Rohmer, Colt Spruill, Shane Hennigan, 45.98.

800m: 6. Matt Hesse, 2:20.90; 7. Gene Yosten, 2:23.72.

100m Hurdles: 4. Taylor Reiter, 19.38; 7. Hayley Hess, 20.58.

100m Dash: 2. Zach Zanchetta, 11.41.

Girls 4x200m Relay - 3. Lisa Miller, Rebekah Hesse, Raynee Hogan, Kalyssa Pollard, 1:56.07.

Boys 4x200m Relay - 1. Zach Zanchetta, Tyler Rohmer, Shane Hennigan, John Krawietz, 1:34.00.

400m Dash: 1. John Krawietz, 54.52.

300m Hurdles: 6. Taylor Reiter, 55.88; 7. Hayley Hess, 57.84.

Girls 1600m Run: 3. Ginger Bartush, 5:56.22; 7. Alexandra Popovich, 6:34.06.

Boys 1600m Run: 6. Joe Hesse, 5:15.67.

Girls 4x440 Yard Relay: Lisa Miller, Kalyssa Pollard, Ginger Bartush, Rebekah Hesse, 4:31.20.

Boys 4x440 Yard Relay: Shane Hennigan, John Krawietz, Tyler Rohmer, Ryan Bartush, 3:39.51.

Tiger baseball ends

The Sacred Heart Tigers concluded their 2008 season April 25 in the first round of the playoffs.

The second half of the season included a 16-6 win over Notre Dame, and loses to Denton Calvary, Desoto Canterbury, and Sherman Texoma Christian.

The Tigers finished the district in fourth place with a 2-8 season record. The Tigers made the playoffs playing Frisco Legacy Christian Academy in the first round.

The Tigers lost 10-0.

The Tiger baseball team will be losing three starters to graduation, Steve Davis, Colt Spruill, and Josh Yosten.

TRACK cont. from pg. 10

Reeves, 44' 07"; 3. Dylan Flusche, 43' 05"; 7. Josh Yosten, 43' 02.50".

Triple Jump: 3. John Krawietz, 40' 04.25".

4x100m Relay: Lisa

Felderhoff to fly with the Eagles

With the resignation of Valley View head football coach and athletic director Scott Smiley, the Eagles search for a qualified replacement ended on April 28 when Valley View ISD Board of Trustees named Terry Felderhoff to the job.

"I'm looking forward to being back in Cooke County," commented Felderhoff. "Gruver is a great community and treated us well, but it was just too far from family."

Felderhoff, son of Eleanor and the late Frank Felderhoff and a 1991 Muenster High School graduate, was a member of the Hornet playoff teams of 1989 and 1990. In 1990, the Hornets had big district wins over Collinsville, Lindsay, Saint Jo, and Era for total score of 185-26, and playoff victories over Wortham and Gunter before falling to Burkeville in the Regional round. His junior year, Muenster's 10-2 season stopped at the Region Semi-Final game.

Felderhoff and his wife Kristi (Biershenk) have a

daughter, Taylor age 14, and two sons Aaron 10 and Matthew 6. He earned his coaching degree at UNT.

His first coaching job was at Whitesboro, followed by Jacksboro, Paradise, and Blue Ridge, before taking the director and head coaching job in Gruver, a small class A Texas Panhandle town.

In the past four seasons, the Greyhounds, under Felderhoff's leadership, worked up a 27-15 record, 7-4 last season.

Valley View is Felderhoff's latest challenge as the Class A Eagles, with a 10-2 season under their belts, climb up to 2A, the smallest school in a district with Pilot Point, Aubrey, Pottsboro, S&S, and Callisburg.

"I have my system and way of doing things," said Felderhoff. "After finding the teams strengths and weaknesses we will adjust the game plan to the kind of players we have."

Oddly enough, the Eagles schedule for the upcoming season does not include any 1A Cooke County teams.

Lindsay sends 7 to State Track Meet

Seven Lindsay High School track team members are in Austin this weekend, May 9 and 10, at the UIL State Track and Field Meet.

On Friday morning, Kelsey Hermes and Katelyn Brewer ran in the 3200 meter. That night, Ross Jones, the lone Lindsay Knight competing at State, will compete in the high jump.

Saturday's events have Chelsea Hermes and Rose Hermes in an early afternoon 800 meter run. Later, Stephanie Neu runs the 200 meter dash, followed by the 1600 meter run with Brewer and K. Hermes on the track.

The final 1-A event is the 1600 meter relay. Neu, C. Hermes, R. Hermes, and Bethany Eberhart will pass the stick in hopes of winning a State championship.

Texas Game Warden Report

Warrant uncovers more than 100 stolen items

A Young County game warden received a call from a hog hunter who reported seeing two suspicious looking all-terrain vehicles on the road. When the warden and several Young County deputies arrived on the scene, the suspects fled the scene in their vehicles. A high-speed chase ensued.

After an extensive search, the suspects were not located, but the evidence was seized. The investigation determined that both ATVs were stolen. The warden remained in the area until 11 p.m., when he observed a vehicle leaving a nearby pasture. Upon receiving backup, a felony vehicle stop was made. Four subjects were arrested without incident.

After searching the property with warrants, the officers recovered more than 100 stolen items, including: stolen hunting equipment, commercial tools, TVs, and guns.

The ongoing investigation has resolved numerous cases in several counties. Felony charges up to \$20,000 were filed for possession of drug items, evading arrest, deadly conduct, and stolen property.

Lady Knights finish '08 softball season

The Lindsay Lady Knights were knocked out of the softball playoffs in the Area round by Archer City last Friday in Alvord. The Lady Knights only struck out four times, putting the ball into play, but couldn't get any base runners on the bags in their 14-0 loss. Rose Hermes allotted for the only hit for Lindsay.

Alyx Ethington took the loss for the Lady Knights, facing 34 batters, striking out seven, allowing 11 hits and walked eight.

"I am proud of these ladies," said Coach Robin Hess. "They went one further than they did last year in the playoffs. Next year our goal is the District Championship and making it further in the playoffs."

Lindsay will lose one senior, second baseman Jordan Heilmann. "We have a strong group of younger ladies coming into the program next year," continued Coach Hess. "When we add these ladies to the ones we have, there is no telling what they can achieve."

The Lady Knights finished the season with a 12-12 record.

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