

VOLUME 74 NUMBER 41

**14 PAGES** 

**SEPTEMBER 3, 2010** 

# MMH District Board proposes 2010 tax rate of \$0.175

#### **By Janet Felderhoff**

Increasing the tax rate is not a popular choice for members of the Muenster Hospital District's Board of Directors. With reluctance, the Board proposed a tax rate of \$0.175 per \$100 valuation. That rate is slightly higher than the 2009 rate of \$0.1678. This rate was settled on due to a substantial reduction in the total property valuations for 2010 compared to 2009, which reduces the tax revenues raised by the previous year's tax rate.

In 2009, the property val-uation in the MMH District was \$614,884,670. For 2010, it is \$573,450,935. Last year's tax raised \$1,031,776 and this year that same rate would raise \$962,251.

The effective tax rate for 2010 is \$0.17969 and the roll back rate is \$0.19465200. To collect as much tax revenue as last year, the MMH District would have to adopt the effective rate. The highest tax that could be levied is the roll back rate. Any amount over that would subject the District to a possible roll back by taxpayers. MMH Administrator Lynn

Heller noted, "Out of 4,500 different properties, there are 1,169 whose value went up. That includes new properties."

Board President Kenny Klement said, "I think it would be better to stay at the \$0.167 because if things go down next year you would

to step off of." the middle r Heller reminded them low or high. that the tax rate is an accuthe system for next year. He people have asked him why dollars. Heller said, "If you the taxes under conditions

mulative thing which is not didn't think it was worth You're going to lose my argu- a motion to set the proposed only that much this year, but raising the rate and getting ment," he said. can be that much built into people upset. He added that

the middle rather than going lar addition to the Hospital. you are going to raise taxes w or high. Paul Becker remarked he without raising your taxes. Danny Walterscheid made

have a little higher number recommended something in they built a half million dol- leave the taxes the same, that we've got today here.

tax rate at \$0.175. John Ay-He was told they are tax tes remarked, "I hate to raise



MMH Administrator Lynn Heller, center, gave a tour of the nearly completed FIT Center after the Aug. 24 meeting of the Board of Directors. The FIT Center is part of the Hospital's therapy and swing bed programs. Exercise equipment is expected this week. Also pictured are Board members Paul Becker, left, and T.J. Walterscheid, right. Janet Felderhoff photo

But, we've committed ourselves to a program out there that we don't know is going to raise our revenues perhaps - should. But, is it going to raise our net revenues after the adjustments? When we do an optimum study, we may find that our optimum level is less than what we are doing right now. Going to a higher level or census, revenues, and everything else is not necessarily going to be a payable to us. I'd love to stay with the current rate, but I'm afraid we're going to need more money." Aytes then made a second on the proposed tax rate.

The vote for the proposed rate was not unanimous. Six members voted for it and two abstained. Aaron Hess was absent. Danny Walter-scheid, John Aytes, Klement, Robert Weinzapfel, Mary Dangelmayr, and James Walterscheid cast yes votes. Paul Becker and T.J. Walterscheid abstained.

The actual tax rate will be adopted at the Sept. 21 meeting. A hearing is not required, but the public is always able to attend the monthly meetings and their input is invited.

The Board was pleased to learn that the District's five-month operation of St. Richard's Villa resulted in a "nearly break-even situation."

A change was adopted for the MMH Bereavement Leave Policy expanding it See MMH, pg. 2

# Aspen Photography opens part-time office in Muenster

#### **By Janet Felderhoff** Aspen Photography owners Amy Myers and Jonna Akin love taking pictures.

What started out for each of

for some time that they'd the same story, people would call (940) 366-3310. like to bring their business ask me to take pictures of to Muenster, but the right their children." She didn't opportunity did not present itself until recently. They like the community. Both are excited about opening their local office here. Jonna first started taking pictures after she graduated from college. She traveled and fell in love with photography on a trip to Tanzania. "When I came back, I was asked over and over to take pictures for friends. I then decided to turn it into a business," said Jonna. She had her own business for seven years. Later, it became overwhelming as she tried to operate her business and care for her son who has some health issues. She closed that photography business. "It wasn't until Amy and I met that I started thinking about doing it again and bridal, newborns, family, to work, visit the website asdoing it with a partner so it children, maternity, senior, penphotography.net.

wasn't overwhelming," Jon- and special events. na explained.

Their office hours will be Amy taught school until split between Muenster and she and her husband Greg Bowie. The Muenster ofhad their first child. She de- fice is located at 504 North them as a hobby grew into a business, and a telephone call inviting them to rent an image in the interval and the interval an office space in Muenster pre-sented an open door. The business partners felt she recalled. "Then, kind of call (817) 733-6626 or Amy Jonna has three children. She has two daughters own her own business, but Emma, age eight, and Lily, age six, and a son Josh who is four. Amy and husband Greg they found that they had a have two sons. Ethan is sev-lot in common. They decided en and Kaden is five years to combine their talents, and old. Greg is known to some people in the area as Dr. Myers. He is a veterinarian with Cross Timbers Vet Clinic in During the month of September, Aspen Photography offers a 10% discount on any portrait session in celebration of opening the Muenster office. The Muenster Chamber ribbon cutting for 9:30 a.m. Thursday, Sept. 9. The business opens its door on Tues-



did free-lance photography when given the opportunity.

When Jonna and Amy met, so Aspen Photography came to be.

Amy describes their photography style as being more photo journalistic. They travel to locations to do their tember, Aspen Pho photography. Their studio serves more like an office and gallery than a studio. "We try to capture the essence of a person, their personality, not just posing," commented of Commerce scheduled a Amy. "We try to capture the fun, candid moments."

Some of the services offered are photo sessions for day, Sept. 7. weddings, engagements,

To view some of their pho-



Aspen Photography owners, Jonna Akin, left, and Amy Myers, right, enjoy their work and try to capture the personality of the people they photograph. Janie Hartman photo



The Myra Volunteer Fire Department will host their annual fundraiser Bar-B-Que Cookout on Saturday, Sept. 11, in the Myra City Park. Proceeds from the meal, raffle, and auction will be used to keep the Department equipped and ready for any and all emergency calls they receive, as pictured here. The firefighters risk their lives to protect area citizens' lives and property. The Myra VFD assists other area fire departments when needed, including the Muenster Volunteer Fire Department. They depend on the support of County residents to keep the Department modern and operable.

Janie Hartman photo

# Myra VFD plans 32nd Annual **Bar-B-Que Cookout/Auction**

drawing with top prizes be-

Doug Martin & the Rus-

tlers will provide live entertainment for the evening.

working to fund a new fire station. They now use both

Members of the Depart-

chief; Daniel Proffer, assis-tant chief; Robert Proffer,

secretary/treasurer; Scot Vogel, computer reporter and ECA (Emergency Care

Attendant); Randy Proffer,

fire trainer/director; Denise

Jones, medical trainer and

the new and old stations.

**By Janet Felderhoff** 

There will also be a raffle With its new fire station built and in use, the Myra ing a Remington Over/Un-Volunteer Fire Department der 12 gauge shotgun, a gas BBQ grill, and \$400 cash. looks to future needs with its annual fundraiser. This will be the 32nd year that the group of volunteer firefight-ers has hosted a Bar-B-Que Cookout to raise funds for its Department's fire fighting necessities such as funding and upkeep for the coming year.

This year's event takes place on Saturday, Sept. ment are Billy Felderhoff, 11 in the Myra City Park. chief; Daniel Proffer, assis-Serving time is from 5 to 9 p.m. Barbecued beef, susie Qs, beans, trimmings, pies, cakes, tea, and Kool-Aid are on the menu. Cost is \$6 for adults and children 12 years and under \$3.

ECA; Leon Fuhrmann, di-At 7 p.m., a live auction of- rector; Bobby Sicking, direc- the new fire station.

fers a wide variety of items. tor; Ronnie Bayer, director; Kenneth Sicking; James Whitt; Daniel Sauceda; Je-rome Fuhrmann; Katie Felderhoff; Jenna Felderhoff, ECA; Robert Powell, and Chris Sherbert.

ers will provide live enter-ainment for the evening. Kelderhoff requests area Last year, Myra VFD was residents to check weather forecasts before burning anything. Also to call the Sheriff's office prior to starting a controlled burn. This would avoid the firefighters making unnecessary fire runs when a control burn is mistaken for an actual fire.

Felderhoff added, "We appreciate everyone's support in the past and look forward to seeing you at the Bar-B-Que.'

Should it happen to rain, the event will be moved into

# Labor Day choices shouldn't be hard work

DPS expensive—choices as they "We want the end of sum-

mer to be a memorable weekend, not your last one," said Assistant Director David Baker, who oversees the Texas Highway Patrol. "You can start by not drinking and driving, which is a sure invitation to tragedy and expensive legal bills."

During the Labor Day weekend holiday last year, DPS troopers arrested 715 people for driving while intoxicated, and issued more than 13,000 speeding cita-tions and more than 2,000 seat belt and child restraint violations. In all, troopers wrote 24,618 citations and thousands of warnings to promote safe driving during the Labor Day holiday last year.

A DWI conviction stays Effort-a nationwide effort on an offender's criminal and driving record forever. For the first offense, the law highways during holiday allows a maximum of six weekends.

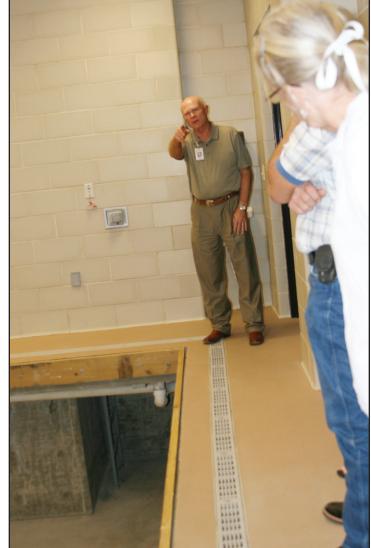
wants drivers to months in jail, a \$2,000 fine, make the best-and least and a one-year driver license suspension. A DWI convictravel during the long Labor tion also carries a \$1,000 surcharge for three years, in addition to any other fines or costs associated with the arrest.

According to the Texas Department of Transportation, alcohol-related traffic crashes killed 955 people and injured nearly 18,000 more in 2009. Mixing a holiday weekend with increased traffic should be a sobering thought.

"Increased enforcement by DPS and other police agencies means the chance of getting a DWI or a ticket goes up significantly on holiday weekends," said Baker. "Maybe that will make the choice even easier."

DPS supports the "Drink. Drive. Go to Jail." campaign and is also a participant in Operation CARE—Combined Accident Reduction by police agencies to reduce fatalities on major interstate

Have a happy and safe Labor Day MMH Administrator Lynn Heller explains how the new therweekend. The Muenster Enterprise will be closed Monday, Sept. 6.



apy pool will work. It is expected to be completed sometime next month. Board members toured the facility after their regular meeting. Shown at right are Mary Dangelmayr and T.J. Janet Felderhoff photo Walterscheid.



## On 90th anniversary, honoring the trailblazers for women's suffrage

#### By U.S. Senator **Kay Bailey Hutchison**

When Texans visit Washington, DC, and come to my Senate office, they often take a guided tour of the U.S. Capitol. Of all the historic treasures visitors see on the tour, one of my favorites is a statute that sits in the majestic Rotunda, beneath the vaulted Capitol Dome. Carved into a massive block of marble are the portrait busts of three great American heroines: Susan B. Anthony, Lucretia Mott, and Elizabeth Cady Stanton. The monument honors their tireless efforts – along with the work of so many other Americans – to extend to all women the right to vote.

It is hard for us to imagine it now, but less than 100 women enjoy today was t

#### of struggle.

movement, Lucretia Mott fight for women's rights. and Elizabeth Cady Stanton, first met at an international anti-slavery conference in 1840. They forged a friend-ship when the women were and prolifically, producing forced to sit behind a curtain many of the philosophical in the balcony while the men conducted convention busi-movement. Anthony's perness down below. Mott and sistence was largely respon-Stanton shared a desire for economic and political equality for women. Together, they conceived of the 1848 Seneca Falls Convention, which essentially jumpstarted the til it finally passed 41 years fight for women's rights.

Susan B. Anthony, who was already active in the temperance movement, eventually became a suffragette because she realyears ago, American women ized that until women were nally, on May 21, 1919, the could not legally vote. As able to own property and U.S. House of Representa-I documented in my book, vote, they would not be able tives passed the amendment, 90 years after women voted Leading Ladies, the suffrage to wield real political influ- and the Senate followed suit legally for the first time ence. Anthony met Stanton

Some of the earliest pio-neers of the women's suffrage and powerful leaders in the

In many ways, Stanton was the voice for all women's sible for the introduction of a women's suffrage amendment in Congress for the first time in 1878, and then again every other year unlater.

On Jan. 9, 1918, President Woodrow Wilson announced his support for a constitutional amendment to grant women the right to vote. Fi-June 4. On Aug. 26, 1920, on result of more than 70 years shortly after the Seneca U.S. Secretary of State Bain-

Falls Convention, and the bridge Colby certified the adoption of the Nineteenth Amendment to the United States Constitution, and women in America finally won the right to vote.

Sadly, none of the women who began the struggle for women's suffrage lived long enough to applaud the ratification of the Nineteenth Amendment. They never realized their own dreams to vote. But on Nov. 2, 1920, many other women did, and they cast their very first ballots in that year's presiden-tial election. And because of the efforts of Susan B. Anthony, Lucretia Mott, Eliza-beth Cady Stanton, and all the suffragettes, generations of women have been emboldened and empowered to set even loftier goals-and to achieve them.

On Nov. 2, 2010 – exactly from across our na women

## MMH ......Continued from pg. 1

with three levels. First level contractor must come in for allows three consecutive days off with pay for the death of a spouse, son, daughter, father, mother, step-son, step-daughter; Second level allows two consecutive days off with pay for the death of daughter-in-law or son-inlaw; Third level is one day off with pay for the death of a grandparent, grandchild, brother-in-law, or sister-inlaw. The previous policy allowed up to three consecu- slope compliance require-tive paid days off upon the ment study. This will addeath of a spouse, child, par-ent, or sibling.

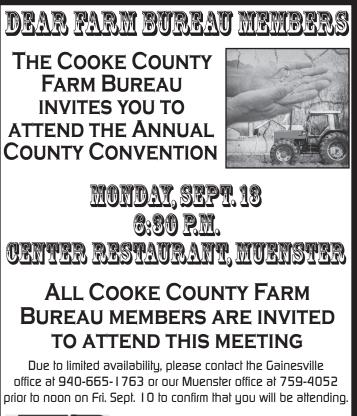
Phase III Construction were approved as recom-Project received approval mended by the medical staff. for a change order due to the Courtesy privileges were therapy pool not being received in time for the scheduled completion of the proj- ard DeBenedetto, M.D., and ect. A daily rate of \$450 to be affiliated privileges were paid by the Hospital was ap- given for Tommy Duncan, proved for any days that the CRNA.

the pool's installation. The purchase of therapy

pool patient lift equipment from Vonco Medical in the amount of \$8,816 got the Board's approval. Also approved was the technical upgrade to the therapy pool at a cost of \$26,500.

The Board accepted Professional Engineering Services proposal for drainage improvements and grade slope compliance requiredress a drainage problem in front of the Hospital.

Medical staff privileges granted for Eric Guy, M.D., Shrill Hornbat, M.D., Rich-



Cooke County Farm Bureau board of directors

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If you can hear thunder, you are close enough to the storm to be struck by lightning. Go to safe shelter immediately! Move to a sturdy building and stay away from windows. Do not take shelter in small sheds. under isolated trees, or in convertible automobiles. If a sturdy shelter is

not available, get inside a hard top automobile and keep windows up. Beware, though, since vehicles offer

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If you feel your skin tingle or your hair stand on end, squat low to the ground on the balls of your feet. Make yourself the smallest target possible, and minimize your contact with the ground.

If you are boating or swimming, get to land and find shelter immediately!

tion will cast their ballots in this year's elections. And there are scores of women candidates who are running for Congress, the Senate, and governor. Many of them will be elected to join ranks with the 17 women currently serving in the U.S. Senate or the 74 women in the U.S. House of Representatives. As the first woman elected to the U.S. Senate from Texas, I am proud to see other women following the trail and achieving goals that seemed impossibly out of reach less than a century ago.

Today, American women are working to shape our government and society in new and significant ways. As we celebrate the 90th anniversary of the ratification of the Nineteenth Amendment, I am grateful to the American heroines who fought for suffrage and helped expand women's rights and opportunities.

Kay Bailey Hutchison is the senior U.S. Senator from Texas and is the Ranking Member of the Senate Committee on Commerce, Science, and Transportation

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Refreshments and light snacks will be served.

Date: Monday, September 13, 2010 Time: 7:00 - 8:30 PM Location: Cooke County Electric Cooperative RSVP: Kathy Bauer



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#### **EVENTS** EEK END R To list your event, call 759-4311 BEFORE NOON WEDNESDAY!

Sunday, September 5, 2010	Monday, September 6, 2010	Tuesday, September 7, 2010	Wednesday, September 8, 2010	Thursday, September 9, 2010	Friday, September 10, 2010	Saturday, September 11, 2010
Muenster Museum open- 1-4 pm Cooke County Antique Farm Equipment Show - Lindsay	Labor Day - Fly Flags <b>MISD/SH</b> <b>no school</b> No bank or postal service		Kiwanis mtg. noon, Center	Rohmer's	Stanford House	Library open 10:30 am-2:30 pm Myra VFD BBQ Cookout fundraiser 5 pm Community Garage Sale
Sunday, September 12, 2010	Monday, September 13, 2010	Tuesday, September 14, 2010	Wednesday, September 15, 2010	Thursday, September 16, 2010	Friday, September 17, 2010	Saturday, September 18 2010
Muenster Museum open- 1-4 pm	KMB Open Haus & member- ship mtg, 6:15 Hot Dog meal City Council mtg 7:30 pm MMH Aux mtg. 5:30 VFW mtg. 8 pm M. 4-H mtg. 5pm JC building Tax Free Seminar-CCEC 7pm	5	Library open 1:30 -5:30 pm Kiwanis mtg. noon, Center Religious Ed class 7 pm MISD Board mtg. 7:30	Library open 10 am-6:30 pm Muenster Museum Open 1-4 p.m		Library open 10:30 am-2:30 pm CC Fair Asso. Tractor Raffle event





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**RRC** production statistics and

allowables for September

representing about 45% of all active land rigs in the United

States. In the last 12 months, total Texas reported produc-

tion was 347 million barrels of oil and 7.3 trillion cubic feet

Texas natural gas production represents approximately

The Commission's estimated final production for June

The Commission derives final production numbers by

Texas natural gas storage reported to the Commission for

July 2010 was 375,677,968 Mcf compared to 419,455,991

Mcf in July 2009. The August 2010 gas storage estimate is

set initial September 2010 natural gas production allow-

ables for prorated fields in the state to meet market demand

The Texas Railroad Commission's Oil and Gas Division

In setting the initial September 2010 allowables, the

Commission used historical production figures from pre-

vious months, producers' demand forecasts for the coming

month, and adjusted the figures based on well capability.

These initial allowables will be adjusted after actual pro-

2010 is 29,309,835 barrels of crude oil and 539,100,214 Mcf

multiplying the preliminary June 2010 production totals

of 27,407,738 barrels of crude oil and 498,428,452 Mcf of gas well gas by a production adjustment factor of 1.0694 for crude oil and 1.0816 for gas well gas. (These production

totals do not include casinghead gas or condensate.)

The Texas average rig count as of Aug. 13 was 717

29% of total U.S. natural gas demand.

(thousand cubic feet) of gas well gas.

of 15,843,647 Mcf (thousand cubic feet).

duction for September 2010 is reported.

## **Obituaries**

## Theresa Mae Kuta 1927 - 2010

resa Mae "T. Mae" Kuta of Edmond, Oklahoma were held Friday, Aug. 27 at 2 p.m. at Baggerlev Funeral Home of Edmond. Burial was in Gracelawn Cemetery. Family visitation was Thursday evening at the funeral Flavia Kuta of Denver, Colhome.

T. Mae died at the age of 82 in Oklahoma City, Ŏkla-

homa on Aug. 20, 2010. Born Aug. 25, 1927, to George and Elizabeth Spaeth of Lindsay, Texas, she became a registered nurse after high school. She lived in Arizona, New York, Kansas, Massachusetts, Minnesota, Iowa, and Texas before moving to Oklahoma in 2007. She is remembered as a wonderful

Funeral services for The- nurse, a perfect wife, and an excellent mother.

Survivors include her husband Manuel Edward Kuta. whom she married on Nov. 5, 1955; daughter Kathy and husband Rick Ault of Edmond; son Mark and wife orado; son Dane and wife Tomoko Kuta of San Diego, California; six grandchildren and one great-grandchild; siblings Evelyn Felderhoff of Muenster and Georgia Barry; and numerous nieces and nephews.

She is preceded in death by seven siblings. In lieu of flowers, contri-

butions may be made to the Alzheimer's Association.

## Monica Fuhrmann 1914 - 2010

for Monica Fuhrmann of New Braunfels was held at Sts. Peter and Paul Catholic Church in New Braunfels on Tuesday, Aug. 17. Entombment was in Sts. Peter and Paul Mausoleum under the direction of Doeppenschmidt Funeral Home of New Braunfels.

Monica died at the age of 96 on Wednesday, Aug. 11, 2010.

Born May 7, 1914 in Comal County to William and Ottilia Moos Kneuper, Monica married John Mike Fuhrmann on Feb. 19, 1941. She was a member of the Sts. Peter and Paul Catholic fels. Church where she sang in

ARMERS

Mass of Christian Burial the choir and was a member of the Christian Mothers So-

ciety. Survivors include daughters and son-in-law Anna Marie Roberts of South Lebanon, Ohio, and Annette and Darin Cook of Mechanicsville, Maryland; son and daughter-in-law Philip John and Jane Fuhrmann of New Braunfels; six grandchildren and two great-grand-children; several nieces and nephews.

was her husband. Contributions can be made

to Sts. Peter and Paul School Trust Fund in New Braun-



of natural gas.

345,763,583 Mcf.

#### July permits to drill

The Commission issued a total of 1,477 original drilling permits in July 2010 compared to 1,016 in July 2009. The July total included 1,227 permits to drill new oil and gas wells, 59 to re-enter existing well bores, and 191 for re-completions. Permits issued in July 2010 included 379 oil, 227 gas, 789 oil and gas, 68 injection, zero service and 14 other permits.

#### June crude oil production

Texas preliminary June 2010 crude oil production averaged 913,591 barrels daily, up from the 893,024 barrels daily average of June 2009.

The preliminary Texas crude oil production figure for June 2010 is 27,407,738 barrels, up from 26,790,714 barrels reported during June 2009.

#### July oil and gas completions

In July 2010, operators reported 591 oil, 329 gas, 60 injection and one other completion compared to 368 oil, 471 gas, 39 injection and two other completions during July 2009.

Total well completions for 2010 year to date are 6,292 down from 10,561 recorded during the same period in 2009.

Operators reported 631 holes plugged and two dry holes in July 2010 compared to 1,170 holes plugged and zero dry holes in July 2009.

#### June natural gas production

Texas oil and gas wells produced 560,499,162 Mcf (thousand cubic feet) of gas based upon preliminary production figures for June 2010, up from the June 2009 preliminary gas production total of 554,397,320 Mcf.

Texas production in June 2010 came from 140,360 oil and 93,457 gas wells.

# **DPS** gives results for Roadcheck 2010

which ran from June 8 through June 10, DPS troopers inspected 6.906 commercial vehicles. During the til repairs could be made. three-day campaign, 25% Preceding her in death Texas (1,738) were placed for violations ranging from for seat belt violations.

enough safety violations to be removed from service un-

Troopers placed 160 of the of the vehicles inspected in drivers (2.3%) out of service

were found to have serious hours of service to suspended, expired, or cancelled driver licenses. Four drivers were placed out of service for drug or alcohol use. drug or alcohol violations. Troopers issued five tickets

Vehicleout-of-serviceviolations included 900 for brakes out of adjustment, 702 for brake system problems, 283 for tire or wheel issues, and 322 with light malfunctions. Overall, 27,143 violations were documented as a result of the 6,906 inspections conducted.

DPS Commercial Vehicle Enforcement troopers, along with Highway Patrol troopers and other inspectors who have received specialized training in commercial vehicle inspection, stopped com- issued 2,516 decals during mercial vehicles to inspect Roadcheck 2010.

During Roadcheck 2010, out of service because they not properly tracking their safety equipment and check driver licenses, endorsements, and log books. Troopers also looked for possible

The annual Roadcheck program, which stretches from Mexico to Canada, is designed to reduce commercial vehicle highway fatalities through increased vehicle safety. The Commercial Ve-hicle Safety Alliance, which sponsors Roadcheck, reports a significant decrease in the commercial vehicle crash rate in North America since the program's start in 1988.

Vehicles passing inspection received a CVSA decal exempting the vehicle from inspection for a 90-day period, unless they have an obvious safety defect. Troopers

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## Aug. 31, 1945

Streng.

#### **<u>50 YEARS AGO</u>** Sept. 2, 1960

Local Boy Scouts resume directing traffic at Sacred Heart School. Jerry Klement is appointed assistant county agent for Denton County. Wayne Trubenbach, 14, is recovering from a motor scooter/car collision; he has a compound fracture of the right leg and multiple cuts and bruises. College Graduate: Wilbert Vogel, University of Houston. New Arrivals: Kevin to Joe and Diann Caplinger and Gary

the Dickie Cains; Cheryl to Dan and Dolores Luke. Carolyn Swirczynski begins airline hostess classes in Kansas City, Missouri. Wed-dings: Edith Jackson and Gene Luke; Bernice Hermes and David Strittmatter. Ray Wilde is new Sacred Heart Home School president. 25 YEARS AGO

Aug. 30, 1985

Yard of the Month is awarded to new mini-park on lot north of the Charm Shop. New seat belt law starts Sept. 1: anyone four years and older riding in the front seat must wear a seat belt. Laura Flusche wins 1st in State essay contest sponsored by the Catholic State League and Catholic Life Insurance Union. Obituary: Henry "Hank" Reinart, 73. Weddings; Veronica Edwards and Chris Greanead; Beatrice Hess; Tammy to Zimmerer; Donna Arendt and Ronald Reed. Clifford

DAYS GONE **BY**.....

65 YEARS AGO

Future use of Camp Howze said to be indefinite. Eddie Schmitt and Clyde Fisher returned from Washtucna, Washington where they helped with the harvest. Gerald Metzler is promoted to the rank of corporal. Wedding: Sophie Schad and John



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940-665-7900 **FDIC** 

Endres, PhD. granted Turkish scholarship. New Arrivals: Zack to Janell and Jimmy Kupper; Renee to Jill and Gary Balthrop; Kristin to Bob and Carol Zimmerer.





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Enterprise





#### Debra Sicking, Muenster ISD

Debra Sicking teaches 5th Grade Reading and English/Language Arts at Muenster ISD. With 7 years of experience, she is also the District Webmaster, serves as the Technology Specialist, UIL coach, and is responsible for the annual Spelling Bee. Debra was recognized as Teacher of the Year for Muenster Elementary School for the 2009/2010 school year.

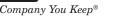
> Wallace Inglish, CFP **Denise Bayer, LUTCF**

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Douglas and Lynda Yosten of Muenster joyfully announce the engagement and approaching marriage of their daughter Gina Louise Cecilia to Grant Ryan Kolar, son of Dr. William Stanley and Sarah Kolar of Prague, Oklahoma. Grandparents of the bride-elect are Claire Klement of Muenster and the late Eugene Klement, and Henry Yosten of Muenster and the late Mildred Yosten. Grandparents of the future-groom are the late Margurite Curl, the late Oliver Curl, and the late Charlie and Elizabeth Kolar. The bride-elect is a graduate of Sacred Heart High School in Muenster, and graduated with a Bachelor of Science degree in Zoology/Biomedical Sciences from the University of Oklahoma in 2004. Gina received a Ph.D. in Pharmacological and Physiological Science with a subspecialty in neuroendocrinology from Saint Louis University in 2010. Gina is currently conducting research at Saint Louis University School of Medicine that focuses on neural control of cardiovascular function. The future-groom graduated from Liberty Academy in Shawnee, Oklahoma, and earned a Bachelor of Science degree in Biology from Oklahoma Baptist University in 1998. Grant earned an M.D. and a Ph.D. in Microbiology and Immunology from the University of Oklahoma School of Medicine in 2006. He completed residency training in Pathology and a fellowship in Ocular Pathology at Washington University and Barnes-Jewish Hospital in Saint Louis, Missouri. Grant is currently conducting research at Washington University that focuses on the role of the innate immune system in the pathogenesis of eye diseases, particularly age-related macular degeneration. The couple plans to exchange vows on Saturday, Nov. 13, 2010. Following the ceremony, they will reside in Saint Louis.

## Heavy packs could pain the back

A backpack bulging with books and school supplies may be a sign of a good student, but doctors at UT Southwestern Medical Center say it can also cause back strain and even nerve dam-

A condition called Rucksack Paralysis is caused by the strain on shoulders and arms. Symptoms include pain and tingling in the hands and arms. The problem could become perma- band and carry it with both

pack's too heavy," said UT Southwestern orthopaedic surgeon Dr. Kevin Gill, codirector of the Spine Center at the medical center. "You can often lighten the load by ensuring that kids don't cary anything in their packs

that isn't necessary. In addition, Dr. Gill recommends avoiding slinging a backpack over just one shoulder.

"Use a pack with a waistnent if kids continue to sport straps to distribute the load."

# Trubenbach proves he knows about beef

Recently, Levi Trubenbach view by a panel of judges. of Muenster took part in the 2010 TCFA Junior Fed Beef Challenge at West Texas A&M University in Canyon and came away with some top honors. The event, sponsored by the Texas Cattle Feeders Association (TFCA), allows 4-H and FFA students to gain industry knowledge and practical experience in commercial cattle feeding.

Students feed a pen of cattle, plus the students' ability in record keeping, a written exam, and an inter-

LIFESTYLE

Trubenbach was named Overall Reserve Champion in the Senior Division. This earned him a \$1,500 college scholarship. He was also named Top Rookie in the Senior Division.

Schumacher Dana Gainesville took Overall Championship honors and a \$2,000 college scholarship in the Senior Division.

Trubenbach captured first place in Top Carcass Pen, a three steers, then compete first place tie in the Top In-on the carcass merit of the dividual Carcass, a second first place tie in the Top Inplace tie in Top Individual Carcass, and third place in Written Exam.

Levi Trubenbach, left, accepts one of several awards from TCFA Junior Fed Beef Challenge Committee member Tim Winter in the Senior Division of the TCFA Junior Fed Beef Challenge.

**Courtesy photo** 

## CASA invites entries to its 3rd Annual Children's Art Contest

Children's Art Contest for all Cooke County children run from Sept. 1 through Sept. 29. Winners will be announced around Oct. 10. Winning artwork will be featured in CASA's annual campaign. Winners will be recognized publicly and will receive prizes.

CASA of North Texas is non-profit organization with the mission of providing volunteer advocates to speak out for the best interests of Cooke County's most vulnerable children – those who have been abused and/ or neglected children and come into the child welfare system. CASA volunteers give their time to get to know the children and their families. They monitor how the children are doing while in foster care just as they monitor the efforts of parents as they work to make the have their families reunited. the school or the CASA office CASA volunteers then report no later than Sept. 29.



Hagerman NWR

of Hagerman are sponsor-ing their Second Saturday Nature Program. Dr. Steve Goldsmith will present "Insects" on Saturday, Sept. 11 at 10 a.m. The program will take place at Hagerman National Wildlife Refuge, 6465 register in advance by call-

CASA of North Texas an- their findings back to the nounces its third annual District Judge, who has the tremendous responsibility of making decisions that affect ages 5 to 18. The contest will the lives of these vulnerable children. In a sense, a CASA volunteers act as "the eyes and the ears of the Court" for the children.

CASA is supported locally by the United Way, Cooke County Commissioner's Court, and the City of Gainesville as well as local individuals, businesses, and churches.

Entry forms for the contest are being distributed to area schools as they are accepted. If your child would like to participate in this contest, and has not received an entry form from their school, forms may be accessed at www.casant.org, contacting the CASA office at (940) 665-2244, or emailing the CASA office at either vrobertson@ casant.org or clloyd@casant.

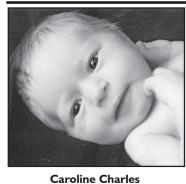
org. To be considered for prizes, changes necessary to entries must be turned in to



#### **Kid Fish**

Nature ProgramKid Fish, the Second Sat-Hagerman NWR & Friendsurday for Youth program sponsored by Hagerman National Wildlife Kefuge, will be held Saturday, Sept. 11 from 10 to 11:30 a.m. The program is for children ages six to 12. Fishing gear and bait will be provided. Please

# **New Arrivals**



Charles and Kimberly Cory Charles of Muenster proudly announce the birth of their daughter Caroline Grace. She was born Tuesday, Aug. 24, 2010 at 10:47 a.m. at Texas Health Presbyterian Hospital of Denton. She weighed 6 lb. 1 oz. and measured 19 inches in length. Also welcoming Caroline is big brother Brody Stephen, 20 months. Grandparents are Roy and Carol Klement and Deuce and Donna Charles. Great-grandparents are Trudy Felderhoff and the late Vince Felderhoff, Judy Grewing and the late Steve Grewing, and Tony and Sis Klement. Caroline is the 70th great-grandchild for Tony and Sis.

#### Knabe

Rodney and Brandie Knabe of Muenster announce with



joy the birth of their son Skyler Matthew Knabe. Skyler was born Thursday, Aug. 26, 2010 at 8:35 p.m. in North Texas Medical Center. He weighed 6 lb. 8 oz. and measured 20 inches in length. Welcoming him to the family is sister Katlain Hogue, age 12. Grandparents are Pat and Shirley Knabe of Muenster. Great-grandparents are Dick and Celine Dittfurth of Muenster and Dorthy Swindle of Junction.



Skyler Knabe

## **Ooops!**

The Keep Muenster Beautiful Open Haus and membership meeting was incorrectly listed as being on Sept. 11. It is actually on Monday, Sept. 13 at 6:15 p.m. Hot dogs will be served.



940/726-5008

packs that are too heavy. "If the child is straining or

said Dr. Gill. "Or you may want to consider a rolling slouching, that is a sign the backpack or luggage cart."

is free and open to the public. will be held at the Refuge, The talk will be followed by a 6465 Refuge Road in Sherbug hunt. For more informa- man. tion, call 903-786-2826.

Refuge Road in Sherman. It ing 903-786-2826. Kid Fish





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#### THE MUENSTER ENTERPRISE - SEPTEMBER 3, 2010 - PAGE 5

Don't be scarred by a minor injury

Activities from sports, run- the cut. If necessary, cleanse ning, hiking, and biking can the surrounding area with

surgery at UT Southwestern daily to help keep it clean,

reduce inflammation, speed dirty or will rub against your

pressure to the wound with important to leave them

says. Then use cold water to wound becomes red or warm

Rain! whose soft architectural hands have

power to cut stones, and chisel to shapes

clean dirt and debris from or secretes discharge.

of grandeur the very mountains.

clothing.

# Organ and tissue donation registry hits I million donor mark

One million Texans have now registered with the State's organ and tissue registry as potential donors.

Glenda P. Dawson Donate Life—Texas Registry is the state database of individuals who have officially indicated their decisions to donate organs, eyes, and tissue, to benefit thousands of people of all ages currently awaiting transplants. Three state agencies—the DPS, the Department of State Health Services, and the Depart-ment of Motor Vehicles and three organ and tissue recovery agencies—LifeGift, Southwest Transplant Alliance, and Texas Organ Sharing Alliance—participate in the registry.

In Texas, residents can register at their local DPS office when applying for or renewing a driver's license or identification card. or they can enroll in the Registry online at www.donatelifetexas. org. Once they've registered, www.donatelifetexas.org.

they will receive a letter and donor card to officially confirm their decision to become a registered donor.

"The Department of Public Safety is glad to participate in this important program, and we are proud that more than 773,000 people have become part of the database through the driver licensing system," said Rebecca Davio, DPS assistant director for Driver License.

More than 10,000 Texans are currently waiting for an organ or tissue transplant that could save their lives. According to Donate Life America, the educational counterpart for the United Network of Organ Sharing, only 5% of Texas residents over the age of 18 are registered as organ and tissue donors.

If you used to have a "donor" sticker on your driver license, you probably are not actually part of this new registry program. You can verify org or www.donevidatexas. your registration by visiting

# **College Honor**

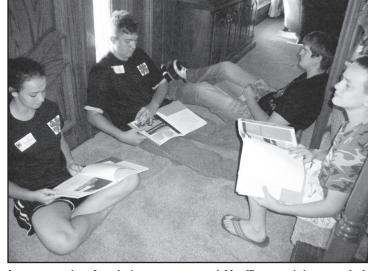
#### Angelo State University

Angelo State University in San Angelo has announced he Dean's List for the 2010 Spring Semester. Megan Grewing of Muenster was named to the list. To be eligible for the Dean's List, students must be enrolled full-time and maintain a 3.25 grade point average on a 4.0 scale.

There's always a period of curious fear between the first sweet-smelling breeze and the time when the rain comes cracking down.



**Services** 



In preparation for their new year, a 4-H officer training was held Monday, Aug. 9. From presidents down to parliamentarians, officers learned to do their jobs with efficiency. Pictured, from left, Paige Dill and Benjamin Zimmerer teaching Logan Smithson and Jacob Sprouse the duties of a good third vice-president.

**Courtesy photo** 

## Moderate approach limits risks of holiday drinking

Drink the first glass. Sip the second slowly. Skip the third. —Attributed to Knute Rockne, former Notre Dame football coach

Even people who generally are light drinkers sometimes overdo it at holiday parties, according to Mimi Martinez-McKay of the Texas Department of State Health Services.

"The problem isn't so much what we think of as binge drinking," Martinez-McKay said. "It's more a matter of people consuming more alcohol than they're accustomed to in a concentrated time period."

The risks of this spike in excessive drinking are obvious: Increases in traffic accidents, domestic violence and sexual assaults, as well as adverse health effects ranging from simple hangovers to hospital admissions for alcohol toxicity reactions.

If you expect to be present at parties or other settings where alcohol will be served, health experts urge an advance planning approach based on limiting consumption and protecting your safety and that of others if you do over-indulge.

Keeping holiday drink-ing under control is largely a matter of being aware that seasonal parties make it easy for a two-drink-pernight person to over-imbibe without really trying.

One key, McKay said, is to limit the number of holiday parties you attend. This approach has the dual benefit of reducing the total number of drinks consumed and lowering the risk of driving while intoxicated. Even if you have only one or two "just to be polite" drinks per party, the cumulative effect can be similar to binge drinking at one party.

Another smart approach to managing your alcohol intake is to drink water and other non-alcoholic beverages — especially if you already have consumed two or more alcoholic beverages.

Smart holiday hosts increasingly are offering guests refreshing alcoholfree drinks, including non-alcoholic wines, champagnes, and beers.

Hosts also should be aware that pushing drinks on guests is not only unwise but inconsiderate to guests who total body alcohol concentra- decisions you'll be ple are trying to take a smarter tion rises faster for a person with the morning after.

approach.

#### 'How Fast' and 'How **Much' Both Matter**

result in skinned elbows and

Dr. James Thornton, as-

sociate professor of plastic

Medical Center, says prop-

erly caring for wounds can

healing, and minimize scar-

After an injury, apply

gauze or tissue paper to con-

trol bleeding, Dr. Thornton

cut knees.

ring

If you're blessed with exceptional will power, a simpler option exists: decide upon an absolute limit in advance and "cut yourself off" when you reach it. Recognize, too, that your rate of consumption matters just as much as the total amount you drink. Blood alcohol concentration is the key factor in intoxication level, so downing three drinks in 20 minutes will have far greater impact than if you consume them at one-hour intervals.

How do you know what your blood alcohol level is? Hand-held breath analysis devices are available at many pharmacies, but they aren't always practical to carry and tend to be less accurate than those used by law officers.

An easier approach is to be aware of the rate at which alcohol is metabolized. In general alcohol is burned off at the average rate of about one standard drink (for example, one flute of champagne) per hour. Be aware, though, that

with a small body mass than for a larger individual.

mild soap, but avoid direct

contact with the wound be-

cause it can cause irritation.

Apply an antibiotic cream

and bandage the wound if

it's on an area that will get

of bandaging itself, so it is

alone," Dr. Thornton says.

"Seek medical attention if the

~Henry Ward Beecher

'Scabs are the body's way

Other key factors in how quickly alcohol builds up in your blood include fat content and gender. Leaner folks feel intoxicated more quickly because fat slows alcohol absorption, and women metabolize alcohol differently than men, resulting in partially metabolized alcohol staying longer in the bloodstream.

The result: a man may take five drinks to reach a blood alcohol concentration of .08 while a small woman may reach that same level with only two or three drinks.

It's smart, then, to limit total consumption, drink slowly, adjust consumption to your body type, and consume food as well as drink to further slow alcohol absorption.

If you do feel you've celebrated a bit too vigorously, be safe and considerate by taking a cab home, asking another person to drive, or even spending the night.

Regardless of how well you've been able to stick to vour party-smart strategy, it's never too late to make decisions you'll be pleased

## Avoiding the 'rakes and pains' of Autumn yard work

As the leaves turn different colors and the weather becomes cooler, many Americans begin to engage in outdoor cleanup. Consider the number of Americans injured in yard work accidents every autumn and you may begin to suspect that "fall" is actually short for "pitfall."

"Approximately 42 million people seek emergency room treatment for injuries each year, according to the Centers for Disease Control and Prevention," said Brett Tayleaves are one of the charms of autumn, but raking them and lawn clippings. You may also sends thousands of peolove your lawn mower, but ple to emergency rooms each keep in mind it is a powerful year. Raking is vigorous extool - one that can cause sigercise, and you should pay close attention to your arms and back to avoid injury.

To prevent injury from raking, be sure to:

Warm up for at least 10 minutes with some stretching and light exercise.

Use a rake that is com-

nificant injury. In 2007, more than 225,000 people were injured by power, manual, and riding lawn mowers, according to the Consumer Product Safety Commission. To avoid lawn mower-related injuries be sure to:

\* Make sure the engine is

for, MD, spokesperson for the fortable for your height and off and cool before you begin American Academy of Or- strength. Wear gloves or use any maintenance work or re-Never use your hands Keep your vision free or feet to clear debris from under a lawn mower. Use der for the job. A step stool a stick or broom handle instead. Likewise, never touch the blades with your hands or feet, even if the engine is off. The blade can still move and cause serious injury. \* Never remove safety devices, shields, or guards on ters. switches. \* Wear protective gear like ance. Be careful when movgoggles and gloves, boots and long pants when mowing. Never mow barefoot or in sandals. \* Do not consume alcoholic beverages and mow.

It will soon be time to store ladders in 2007, according to the Consumer Product Safethe mower until spring. You ty Commission. may use it to collect leaves or

To stay safe on a ladder: \* Inspect the ladder for loose screws, hinges, or rungs. Clean off accumulated mud, dirt, or liquids.

Make sure all four legs rest on a firm, level surface. Avoid uneven ground or soft, muddy spots. <sup>\*</sup> Before you climb, be sure

all ladder locks and safety braces are engaged. \* Never sit or stand on the

top of the ladder or on its pail shelf. These areas were not designed to carry your weight. Choose the right lador utility ladder is good for working at low or medium heights, for jobs such as washing windows. Exten-sion ladders are appropriate for outdoors to reach high places, when you clean gut-Be aware of your baling items off a shelf while you're standing on a ladder. If you have to stretch or lean to reach your work area, it would be safer to climb down and reposition the ladder closer to your work. For more lawn mower or ladder safety tips, visit the American Academy of Or-More than 532,000 people thopedic Surgeon's Web site

**Rakes and Pains** Brightly colored fallen



#### thopaedic Surgeons (AAOS). "Many of these injuries can happen while performing seemingly routine tasks, like

autumn yard work." The AAOS offers a few simple tips to avoid common autumn injuries while in the vard:

**SAVE 50%** 

Your choice

rakes with padded handles fuel your lawn mower. to prevent blisters.

of impediment, like hats or scarves, and beware of large rocks, low branches, tree stumps, or uneven surfaces.

<sup>\*</sup> Vary your movement, alternating your leg and arm positions often. When picking up leaves, bend at the knees, not the waist.

\* Wet leaves can be slippery; wear shoes or boots with slip-resistant soles.

\* Do not overfill leaf bags, especially if the leaves are wet. To avoid back injury, you should be able to carry bags comfortably.

Never throw leaves over your shoulder or to the side. The twisting motion required to do so places undue stress on your back.

Clean up that lawn

#### **Ladder Safety**

Autumn is a great time to clear out gutters, check roof integrity, and wash windows. were injured in falls from at www.orthoinfo.org.

Courtesy of ARA content

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# SCHOOL

# **Prepaid plan helps families save for college**

Beginning Sept. 1, families can lock in the cost of required tuition and fees at Texas' public colleges and universities when they enroll in the Texas Tuition Promise Fund, the state's prepaid tuition plan.

"The Texas Tuition Promise Fund gives families an affordable, flexible, and easy plan to save for their children's college education." said Texas Comptroller Susan Combs. "With purchase options ranging from tuition and required fees at the state's most expensive public four-year colleges to those at Texas' two-year community colleges, saving for the future fits any budget."

With the Texas Tuition

prepay for a four-year de- cost \$107.44 per unit. gree, or prepay for just a few classes or semesters at Texas public colleges and universities. Parents of a newborn can pay as little as \$16.09 per month in monthly installments until high school graduation for a year of tuition and required fees at a community college. For parents of a second grader who want to prepay the average cost of one year at a Texas public university, the monthly installments are \$90.96 per month over 10 years.

Prices based on 2010–11 academic year costs for the state's public colleges:

Type I units, priced for tuition and required fees for up to the most expensive public Promise Fund, families can four-year school in Texas, tion, which includes an 8%

Type II units, priced at the weighted average of tuition and required fees across all Texas public fouryear schools, cost \$75.47 per unit.

Type III units, priced at the weighted average cost of tuition and required fees across all Texas public twoyear schools, cost \$18.51 per unit.

Under the plan, 100 units equal one academic year of tuition and required fees. Families can buy up to six years (600 units) worth of undergraduate education. The plan offers several payment options, including lump sum payments, pay-as-you go, or the installment payment opannual interest rate.

While benefits are geared toward Texas public colleges and universities, the transfer value of tuition units can also be used toward the cost of career, private, or out-ofstate schools. Unused units can be transferred to another qualified beneficiary.

Regular enrollment ends Feb. 28, 2011. Children younger than one year of age can be enrolled through July 31, 2011.

For important disclosures and other information about the prepaid tuition program, including a college cost calculator, go to www.TexasTuitionPromiseFund.com or call (800) 445-GRAD (4723), Option 5.

# **Lunch Menus**

WEEK OF SEPT. 6 - 10 MUENSTER ISD Mon. - No School.

Tues. - Soft beef tacos, Spanish rice, pinto beans, peaches, banana nut muffins.

Wed. - Ham and cheese sub sandwich, lettuce, tomatoes, chips, carrots, oranges, cookies.

Thurs. - Baked chicken, creamed potatoes w/gravy, green beans, pineapple, hot rolls.

Fri. - Chicken patty sandwich, lettuce, tomatoes, oven baked French fries, pork and beans, applesauce, ice cream.

#### SACRED HEART

Mon. - No School.

ritos, Spanish rice, green

salad, apricots. Wed. - Chicken nuggets, potatoes, gravy, sliced car-

rots, pears, bread. Thurs. - Sausage, pota-

toes, corn, cinnamon rolls.

Fri. - Hamburgers w/trimmings, oven fries, fruit salad.

#### LINDSAY ISD Mon. - No School.

Tues. - Fiesta salad w/corn chips, ranch style beans, strawberries, chocolate cake.

Wed. - Steak fingers, mashed potatoes, gravy, peas, pineapple, bread.

Thurs. - Fish nuggets, macaroni and cheese, oven fried okra, cole slaw, peach-

Fri. - Chicken on a bun w/trimmings, tator tots, ice cream.

#### **ERA ISD**

Mon. - No School. Tues. - Chicken patty, Tues. - Beef and bean bur- mashed potatoes, gravy, hot

> roll, apples. Wed. - Crispitos, cheese sauce, broccoli, pears, jello.

> Thurs. - Taco pie, corn, pinto beans, pineapple.

> Fri. - Turkey pot pie, green beans, peaches, ice cream.

- Vita Sackville-West, 1892 - 1962

Dining

Guide

Contemporary

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"Come on in...Eat Real!

Miqueli

By Rose Rennekamp

You are unique, with unique talents, passions, and skills. As you grow up, you'll begin thinking about independence. the future. and meaningful careers.

The path to a career will be different for everyone. But the early route is the same. You'll need to work hard in school up until the day you graduate. Rigorous classes will prepare you for college, career, and life.

After high school, there are limitless possibilities. Fouryear universities are perfect for some students (www.actstudent.org/college/index). Community colleges are ideprograms nicely fit the bill

School districts can now

instantly check the driving

records of their school bus

drivers online, using the

can offer a convenient, se-

cure, and fast way for school

districts to review the driv-

ing records of their school

bus drivers," said Rebecca Davio, DPS assistant di-

rector for Driver Licenses.

**Filling the lunch** 

box with food for

thought

rates rising, what you put in your child's lunch box is

With childhood obesity

"We are pleased that we

www.Texas.gov website.

for some careers. Apprenticeships are another way to explore the world of work and get paid for learning. Internships are great - whether you're in high school or college — if you want to get a taste for an occupation. Some high schools even offer career academies that provide courses for specific occupations.

up an excellent example of a wide and diverse occupational spectrum. You might start in one position and love it. Or you may want to continue moving along the continuum.

For example, certified al for others. Certification nursing assistants, or CNAs, work with nurses to provide

"Being able to get instant

feedback will help school

districts ensure the safety of

of children who ride Texas

Before the new service,

school districts had to order

the driving records of their

employees by mail, and the

process could take weeks

before they knew whether

a particular driver had tick-

ets that would be a cause for

Now, school districts can

access and instantly print

out copies of their drivers'

concern.

districts.

school buses every day.

School districts can now check

their bus driver records online

complete training for a lifelong career or use the training as a springboard for further medical study.

Several years ago, mv daughter was in the hospital. I learned that her nursing aide was also a premed The medical field offers student. He said being a nursing aide was a great way to make sure he really wanted to be doctor. In addition, because he worked weekends and was paid well, he was able to pay his own way through college.

Anyone interested in a medical career can study and train to become a paramedic, registered nurse, physician's assistant, or medical doctor, among other options. Whether you become a radiological technician (two years of education) or a radiologist (eight plus years of education and training) is a matter of time and your individual skills the hundreds of thousands and preferences.

It's never too early to bein thinking about life after high school. You may have chosen a career at age five and never wavered from that goal. Or, perhaps more likely, you'll change your mind many times. Fortunately, you can find many resources that explore and examine careers.

Beginning in 8th grade, you can take ACT's EX-PLORE® exam. This test records. The service is pro- contains a total of 128 quesvided free of charge to the tions that assess your readiness in English, math, sci-

ence, and reading. Because you'll complete an interest inventory, score reports also provide valuable informa-

upon the same topics as tions, visit www.actstudent. org/plan/pdf/sample.pdf.

grade, you can take the ACT®

cupations and majors. Even if you don't attend college, this site helps narrow down the occupational focus.

block of a successful career. Stay on course in school. Take challenging classes. And accept help along the journey. Your reward will be preparation for all that life has to offer.

# College and Career Corner - Life beyond high school

patient care. Community colleges offer 6-12-week CNA certificate programs. In less than four months, you could

al and career plans.

#### The most noteworthy thing about gardeners is that they are tion to guide your educationalways optimistic, always enterprising, and never satisfied. In 10th grade, you may They always look forward to doing something better than they have ever done before. take the PLAN® test, a 145question exam that builds

EXPLORE; the material is slightly more difficult. PLAN results show academic areas where you're strongest and also where you need to improve. For sample test ques-

> Finally, in 11th or 12th test. ACT scores, along with your grades, show your readiness for college and career. To learn more about the ACT test, visit www.actstudent.

org/index.html. The ACT Map of College Majors (www.actstudent.org/ majorsmap) is another valuable tool. You can easily navigate the site to determine which college majors best fit your career goals. With 80 primary majors and links to more than 280 other majors, this site provides an in-depth look at topics of study, available degrees, and related oc-

Located on the square in historic downtown Gainesville @ 115 West California Education is the building

more important than ever say nutrition experts at UT Southwestern Medical Center

Lona Sandon, a registered dietitian at UT Southwestern, said to look for protein from lean lunch meats, lowfat cheese, or peanut butter on whole-grain bread. Other good lunch box items include fresh fruits and vegetables, fruit cups, yogurt in a tube, single serving containers of cottage cheese, and pudding

cups made from skim milk. "A healthy lunch not only keeps the body going but also the brain," said Ms. Sandon, "Kids who eat regular healthy meals often do better in school."

If your kids insist on chips and candy, use baked chips and offer fun-sized candy bars instead of full-sized bars.



# **Invest in Catholic Education**

Support the Sacred Heart School Trust Fund

A memorial gift will earn income for Catholic education in memory of the donor. An annuity gift will earn interest for the donor or

designate for the rest of their life after which the gift will be used for Catholic education.

A donation to the Sacred Heart School Trust Fund is an investment in Catholic education.

**Sacred Heart Parish** 714 North Main

Muenster, Texas 76252

# **Muenster Memorial Hospital Rehabilitation Program**



Timothy J. Pembroke, PT, DPT Timothy Pembroke earned his Bachelor's degree in Health Science from Nazareth College of Rochester in Rochester, New York. He holds a Doctorate in Physical Therapy from Daemen College in Buffalo, New York. His experience is primarily in sports physical therapy and orthopedic physical therapy. He's lectured physical therapy to PTs and physicians in Aga Kahn Hospital in Dar Es Salaam, Tanzania and volunteered to provide physical therapy services to orphans in Tanzania.

Our Swing Bed Program provides Skilled Nursing Care and Rehabilitation Therapy that may benefit patients in the following areas:

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- Post Surgery Therapy for patients with an orthopedic surgical procedure requiring physical or occupational therapy
- Post Stroke Therapy
- Pneumonia Recuperation
- Heart Problems

Therapists provide Occupational Therapy, Physical Therapy, and Speech Therapy Contact Adelia Wilson (940) 759-6162



# SPORTS

# **Tigers top Pirates 40-6**

left victorious with Petrolia in four runs to the Pirate 12, walking the plank after a 40-6 season opening sinking of the Pirates Friday in Petrolia. By the time Petrolia found the end zone, the Tigers were already up 27 points.

"We played hard for four quarters, but did make some early season mental mis-takes," Coach Dale Schilling commented, adding "We executed our game plan very well."

Petrolia took the opening kick, but on 3rd down, Chad Walterscheid covered a fumbled ball on the Pirate 27. The Tigers turned around and threw the ball back to the Pirates. Three plays later, Matt Hesse intercepted the ball back.

The first score of the game came with 8:08 remaining in the 1st period when Hesse went upstairs to find Bob Bartush for a 23 yard touchdown pass play. Hesse booted the extra point for a 7-0 score.

The Tiger defense held Petrolia to 5 yards, forcing a punt. Somehow, the re-turned ball came loose and the Pirates were awarded possession on the Tiger 16 yard line. Sacred Heart's defense, led by Quinn Sicking and Josh Biffle, allowed only a 1 yard gain and the Tigers took over.

The teams exchanged plays going into the 2nd quarter. A 56 yard Tiger drive then set the tone as the Red team never looked back. The Tigers put up 7 points on a 6 yard touchdown run by Hesse, who also added the PAT for a 14-0 lead with 6:27 on the clock. Two plays later, Phillip Vogel corralled off a pass. A personal flag

then fumbled the ball back to Petrolia.

A drive by the home team was halted when Chad Walterscheid blocked and caught a Pirate pass and rambled 35 yards for a Tiger touchdown. With 1:45 remaining in the 1st half of play, Sacred Heart led 21-0.

Sacred Heart covered the 3rd quarter opening kick, but lost the ball a few plays later with a fumble. Petrolia P lost yards and punted.

A Hesse to B. Bartush pass and a Hesse quarterback keeper quickly took the 37/240 Tigers to the Pirate 6 yard line. Two plays later, Hesse went around the left side for a 5 yard TD strike. The PAT failed for a 27-0 score with 7:26 on the clock.

The Tiger defense did not back down as Sicking and Alex Turner's quarterback sack stopped Petrolia's next attempted drive. An interception by the Pirates gave Petrolia new life. The Pirates lit up their side of the scoreboard with 3:39 remaining in the 3rd quarter for a 27-6 score

Petrolia covered their kick, but the Tigers came roaring back minutes later when an intercepted pass by Josh Biffle stopped a Pirate scoring threat at the Tiger 14.

Sacred Heart quarterback Keith Metzler. Hesse guided the Tigers on a seven play drive, moving to the Pirate 42. With 7:41 remaining in the game, Hesse tucked the ball in his arm and ran 52 yards for paydirt. The PAT kick gave the Tigers a 34-6 lead.

The teams exchanged punts before Bartush picked

The Sacred Heart Tigers a loose ball. The Tigers got gave Sacred Heart possession 11 yards from the end zone. Another flag moved the ball to the 2 yard line. Austin Miller topped off the drive to give the Tigers a 40-6 lead with 2:47 on the clock.

A 54 yard pass play quickly shipped Petrolia to the Tiger 16. A sack by Keith Metzler was followed by Metzler covering a loose ball to end any Pirate threat to add points to the scoreboard.

7 1413**40** SH 0 0 0 6 **Team Stats** SH Ρ 1st downs Rushes/yds 22/54Passing yds 75116 Comp/att/int 7/13/3 7/17/2

Punts/avg 6/34 2/35Fumbles/lost 8/3 7/37/65Penalties/yds 9/87 Individual Stats

RUSHING: Matt Hesse 15/152; Josh Biffle, 14/60; Bob Bartush, 3/9; Keith Metzler, 4/11; Michael Davis, 1/6; Austin Miller, 1/2. RECEIVING: Bob Bartush, 2/53; Chad Walterscheid, 3/26; Josh Biffle, 1/19; John Paul Hesse, 1/18. TACKLES: Matt Hesse 12, Michael Davis 6, Chad Walterscheid 4, Alex Turner 4. TURN-OVERS: Interceptions - Matt Hesse, Chad Walterscheid (return for TD), Josh Biffle; Fumble recovered - Chad Walterscheid, Phillip Vogel,

#### Next Action

The Tigers travel to Lindsay this Friday night.

"Lindsay has a very good team, good linemen that are athletic. They have lots of speed and good size," Coach Schilling said. "Big and fast. What more can I say?"

Action begins at 7:30 p.m.





Muenster Hornets Chase Hammer (25), Paul Mouring (55), and Luke Crabtree (52) move in on a Ponder Lion ball carrier.

# **Hornets fly over Ponder Lions**

air attack to bring home a 34-13 season opening victory last Friday from Ponder. The Hornets completed 10 of 17 passes for 213 yards, then added 127 more on the ground to out-play the Lions from District 5AA.

"The team played well overall. They hustled and played hard," noted Coach Brady Carney. "We had a few first game mistakes that set us back a little bit. But I'm pleased at how hard they work.'

Coach added that defensively the Hornets struggled a bit the 1st quarter, but did a good job adjusting and played better the next three quarters.

Action began when the opening kick by Josiah Flaming set the Lions on their 26 yard line. Muenster's defense held Ponder to a minus 2 yards, forcing an early punt.

Garrett Walterscheid got a yard, then the next play Tyler Anderle hooked on a 67 yard pass play to Andrew Flusche for 6 points. Flamthe clock.

The Lions took nine plays and 4 minutes to cover 45 vards and tie the game 7-7.

Jason Luke returned the

Muenster used a strong derle to Luke pass for a 34 yard touchdown play. Dal-ton Koelzer added the extra point to extend Muenster's lead to 21-7 with 4:32 left on M the 2nd quarter clock. The P Ponder offense played out the remaining time to the halftime break.

the 3rd quarter, with four 10/17/1 Comp/att/int 10/30/2 occurring.

The 2nd half started in Muenster's favor. A Walterscheid to Luke completion gained 25 yards and an Anderle to Luke pass play an-other 31, assisted by short runs by Koelzer and Hammer, moving Muenster to the 11 yard line. With 9:09 on the clock, Hammer powered in from 11 yards out. Flam-ing added the point after for a 28-7 score.

Then the turnovers began. A 4th down pass attempt by Ponder was picked off by Blake Voth. Three plays later, Muenster put a fumble on the ground that Ponder Blake Voth. recovered. The Lions got in Nex two runs before Jason Luke intercepted a pass. The Hornets threw the ball into the ing added the extra point for hands of a Lion after three a 7-0 score with 10:15 still on plays, setting up Ponder's

plays as the Hornet defense kick 14 yards, then gained held the Lions on 4th and 19 home, they will be fired up 10 more. Chase Hammer early in the final period. helped Muenster waste little Starting on their Starting on their own 48, Muenster gained 8 on a Luke to Scott Porter pass play, followed by an Anderle to Luke completion for 37 yards. Hammer and Walterscheid got the ball to the 9. With 7:14 remaining in the game, Anderle connected with Koelzer for 6 points. The PAT failed for a 34-13

our four sophomore guys. ther along than he expected. 1477 6 0 0 13 Team Stats Μ 1st downs 14 12It was turnover time in 24/127 Rushes/yds 41/156 Passing yds 105 213Punts/avg Fumbles/lost 3/353/371/11/0

Penalties/yds 5/40 6/45**Individual Stats** 

RUSHING: Chase Ham-mer, 7/118; Dalton Koelzer, 2/17; Garrett Walterscheid, 5/11; Jason Luke, 3/4; Blake Voth 2/1; Trevor Hess, 3/-3; Tyler Anderle, 2/-21. RE-CEIVING: Jason Luke, 6/123; Andrew Flusche, 1/67; Dalton Koelzer, 1/9; Scott Porter, 1/8; Garrett Walter-scheid, 1/6. TACKLES: No defensive stats available this week. TURNOVERS: Interceptions - Jason Luke,

#### **Next Action**

This Friday night, the Hornets travel to Nocona in the Hwy. 82 rivalry with the

cona is coming off a bad loss to Whitewright. Playing at against Muenster."



Michael Davis (30) gains a few more yards against the Petrolia defense, thanks to Tiger blockers, including Austin Springer (74). Ianie Hartman photo

## Dove season ushers in fall hunting with a bang

pate good numbers of dove as ample rainfall across most of the state set the stage for the Sept. 1 season opener, according to the Texas Parks and Wildlife Department.

Timely rainfall usually equates to above average dove production, and by all field accounts from TPWD wildlife biologists, this year is shaping up to produce a boom crop of birds.

Texas boasts fall dove populations in excess of 40 million birds and its 300,000 dove hunters harvest about six million birds annually or roughly 30% of all doves taken in the United States. Dove hunting also has a ma-

**AUTOMOTIVE GLASS, TOO** 

ally contributing more than game laws, which include \$300 million to the state economy.

be out in force for the sea- tification requirements, and son opener checking hunters adherence to bag limits.

Texas hunters can antici- jor economic impact, annu- to ensure compliance with possession of a valid hunting license and applicable per-State Game Wardens will mits, hunter education cer-

time in lighting up the scoreboard again as he flew downfield on a 65 yard touchdown run. Flaming's PAT returned the lead to the Hornets 14-7 with 5:39 remaining in the 1st period.

After exchanging the ball a few times, Muenster got a good return from Luke, who hauled the leather to the Hornet 43. Runs by Walterscheid and Hammer, and a Muenster six, with the Horflag took the Hornets to the Lion 25 before running out of downs.

run were followed by an An- are doing a great job leading

score. Ponder ran 11 plays and nets holding onto the football to run out the clock.

"We played good football Ponder punted after eight plays. A 17 yard return by Luke and a 23 yard Hammer Coach Carney. "The seniors Kick off is at 7:30 p.m.

## HORNET SPIRIT SHIRTS

The Life Skills class at Muenster ISD is selling spirit shirts. The shirts will be red in color. Ordering deadline is Friday, Sept. 3, with delivery before the first home football game on Sept. 10. If you are interested in purchasing a shirt, call 759-2282, ext. 628.



# Knights win opener over Tom Bean

The Lindsay Knights won their opening football game against Tom Bean 35-19 Friday, but Coach Cody Bounds said that to keep putting marks in the win column, the team would need to get past some first-game mistakes.

"It was a win, we'll take "Bounds said. "We played hard, but some seniors made mistakes and we can't afford that if we want to have success the rest of the season."

Tom Bean scored the first touchdown with 3:04 left in the 1st quarter, but the PAT was no good.

Lindsay quarterback Garrett Yancey relied on Robert Arend and Blake Walker for running yards throughout the game, with Arend racking up 151 yards and two touchdowns, and Walker gaining 144 yards.

Arend's first touchdown came with 9:27 left in the 2nd quarter. On 4th down Arend took the ball 24 yards into the end zone.

on the kickoff at the Tom concerned Bounds. Bean 40-yard line, setting up Arend's second touchdown with 5:09 left in the 2nd quarter.

The Knights' third touchdown of the 2nd quarter came after the Knights took over on downs at their own 40 with Walker taking the snaps from Yancey in the first three downs to put the ball on the 11-yard line. Hud Harrison ran into the end zone standing up for the score. Yancey's kick with less than two minutes left in the 1st half brought the score to 21-6

The Knights opened up the 3rd quarter with a drive down field, ending with Travis Skinner taking the ball into the end zone for the score with 7:36 left in the period.

The Tomcats' Cade Newell returned the Knights' kickoff 87 yards for a touchdown. The PAT was good, bringing to the end zone. the score to 28-13. Letting Lindsay's Travis Skinner Newell fly down the field recovered a Tomcat fumble was one of the mistakes that

# Lindsay Cross Country kicks off season

The Lindsay Varsity Cross Country teams participated in the Frisco Invitational Meet last weekend. The girls and boys both ran 5K races.

The Lady Knights finished in 6th place as a team behind Ursuline Academy, Frisco, Allen, McKinney, and Centennial

Individually, Kelsey Hermes finished 8th, clocking in at 20:35. Lauren Gibbs was 14 at 20:58, Megan Holt 51, Megan Caillier 56, Bethani Eberhart 64, Rebecca Metzler 82, Alie Fogle 83, and Brianne Sandmann 94.

The Knights placed 16th. The top five teams were Grapevine, Liberty, Plano West, Plano Senior, and Plano East.

Travis Block was Lindsay's first finisher, placing 97th with a time of 19:57. Chance O'Shel came in 101, Dakota Ellender 108, John Price 119, Josh Timmins 124, Conner Polk 146, and Max Beebe 151.

"It was a good workout to see where we are," commented Coach Robin Hess. "This was a great race for the freshman boys, some of which have never run in a meet before."

Next meet for Lindsay is the Valley View Invitational. Varsity girls race starts at 8 a.m.

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"We gave up way too many big plays and we know we have to correct that," Bounds said.

A 4th quarter drive downfield ended with Harrison taking the ball 18 yards and spinning across the goal line for the Knights' final score of the game, 35-13.

Tom Bean's drive for their final score was assisted by a personal foul penalty on Tyler Hundt. The Tomcats' try for 2 was no good, and the score was 35-19 with 6:22 left in the game. The Knights spoiled an onside kick attempt, with Austin Hermes holding onto the ball for a 5-vard return.

Greg Knauf led the defense with five solo tackles, four assists, and one sack. Hundt and Hermes each had three tackles.

Bounds said he was proud of the boys and that they all played hard.

The offense started a little slow, but the offensive line really took over the game," Bounds said. "I was proud of our backs and receivers too because they blocked and ran very well.

Madison Parkhill was the Knights' lone receiver, catching two passes for 14 vards. Bounds said that the lack of an air attack would not carry on through the season.

"We didn't have to throw the ball because of the defense Tom Bean was playing, but I know we will in upcoming weeks and we will be ready for that," Bounds said.

The Sacred Heart Tigers will travel to Lindsay Friday for the Knights' first home game. Kickoff is at 7:30 p.m.



Lindsay Coach Cody Bounds (right) talks to the Knights after their season opening victory last Friday Photo courtesy of Lindsay Annual Staff night over Tom Bean

# JV Tigers sink Petrolia Pirates

Eleven players are needed to field a team, and that's all it took for the Junior Varsity Tigers when Sacred Heart hosted the Petrolia Pirates last week Thursday.

Short Pirate punts, a couple of key turnovers, and a few long runs led the Tigers to a 44-0 season opener victory. Tackles by Justin Brown,

Austin Miller, Nick Zimmerer, Chris Bartush, John Paul Hesse, Garrett Wheeler, Keith Metzler, Omar Colmenaro, Kevin Flusche, and Michael Weinzapfel, and kicks by Tavi Saldana kept Petrolia far from the end zone and a team gain of minus yards.

The Tigers' first score came from a 58 yard run by Metzler. A Hesse to Metzler pass started the score at

Sacred Heart's next drive creased the lead to 38-0. went to the Pirate 5 yard

terception.

The 2nd quarter started when a short Pirate kick out of the end zone took a Tiger bounce and was covered by Miller for 6 points. Brown ran in the extra points for a 16-0 score.

Less than 3 minutes later, Hesse scored on a 65 yard quarterback keeper. The PAT failed for a 22-0 Tiger lead.

Zimmerer covered a Pirate fumble, but Sacred Heart was stopped inside the 10 before time ticked off the clock for the halftime break.

The Tigers took six plays to find the end zone with a 47 yard scoring run by Metzler for a 30-0 score. Petrolia fumbled their next snap, and Colmenaro covered the ball 37 yards from pay dirt. Two plays later, another Metzler run found the end zone. A Hesse to Saldana pass in-

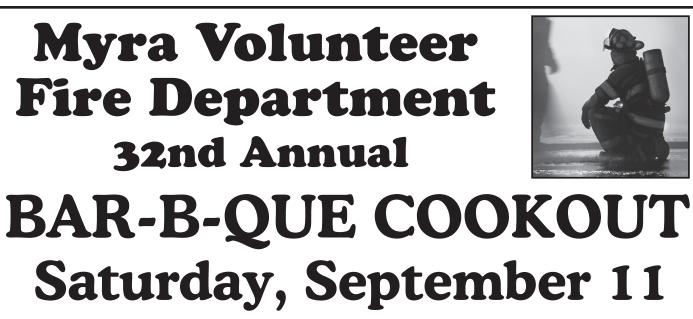
A 59 yard punt return by line, but ended with an in- Hesse four plays later in-

creased the Tiger lead to 44-0 near the end of the 3rd period.

Keeping the ball on the round, the final period clock ticked by quickly to give Sacred Heart JV their opening victory.

## Subiaco **Trojans to** play football in Waco

The Subiaco Academy Trojans football team will be playing football in Waco on Friday, Sept. 17 at 7:30 p.m. The game will be held at Reicher Catholic High School in the J.J. Kearnes Stadium located at 2102 N. 23rd Street in Waco. Local fans are asked to join the area alumni and support the Trojans!







If raining, in the New Fire Station





Menu includes: BBQ beef, Susie Q's, beans and trimmings, tea and Kool-Aid, pies and cake

## Live entertainment -- Doug Martin & The Rustlers **Myra Volunteer Fire Department Auction List**

Ronnie Walterscheid - 100 dollars cash Select Energy Services (Herkie Biffle) - Fish Fry for 30 people Drinks Included JAWS Construction - Fajita Cooker Muenster Meat Co - Hog and processing Metal Sales - 5/16 x 20' grd 70 chain M & W Oil Field Supply - 5 gal. water jug Barfknecht Saddle Shop - Cross Necklace, and Leather Bible Cover Mike's Auto Works - Oil and Filter Change (gas or diesel 15 guart max) Hesse/Schniederjan - Annual A/C tune up CBJ Tire & Alignment - 4 tire nitrogen service, front end alignment Felderhoff Ranch - 1 doe hunt (west of Muenster) Jerry and Betty Walterscheid - Homemade Basket of Goodies Lynn Huchton - 14 yds Creek Gravel delivered within 10 mile radius Waylon Hess - 4 ft metal kids picnic table Darell Walterscheid - 9 ft Aluminum picnic table Linda Hacker - Steak Dinner Heritage Landscape (Brad Felderhoff) - 15 gal Burr Oak (planted) Schilling Oil Co. - 9 gal Delo 400 Hennigan Auto Parts - Jumper Cables Deano Bayer - 2 gal Pickles Equipment Support Services (Case Dealership) - Toy Tractor & Toy Mixer Mill S & W Tractor Co. - 12 Volt Work Light Farm Coop. - Case of Oil, and Ivermectrin Fischer's Meat Market - 1 45lb of beef special (\$209 Value) Rudy Zimmerer - 10-4'x 52' bales of Kleingrass Hay loaded on your trailer John Endres - 20 - 4 x 5 1/2' bales of Prairie Hay delivered in 10 bale loads Schilling Tire and Auto - 1 Interstate MTP -78DT 85 month Battery -Top and Side Terminals Schilling Tire & Auto - 2-5 gallon buckets transmission & hydraulic fluid Mike Grewing Inc. - \$300 cash donation Nortex Communications - \$100 cash donation Tony's Seed & Feed - 1000 lbs Steer Feed and 500 lbs 16% deer pellets Flusche Enterprise - Telescoping Flag Pole Walterscheid Oil - 5 gal hydraulic fluid Muenster Milling Co. - 2 50lb bags dog food Jimmy Jack Biffle - 50 sq. bales coastal bermuda grass hay Neil's Valero - 5 large pizzas 82 Liquor - 750 ML Crown Royal gift pack Bonne Vieth - 12 yds of crushed rock (delivered within a 10 mile radius)

Stallion - 2 loads of crushed rock / 23-24 tons not delivered (to be sold separate) Monday Backhoe - 12 yds of crushed rock delivered within a 10 mile radius JR Thompson - 1 load of crushed rock 23-24 tons not delivered The Bird Nest - Bird Feeder with accessories and a garden statue (sold separate) R&R - \$50 dollars in trade Smith Feed & Garden - Ole Ruff dog food Cavander's - 2 Wrangler bags (sold separate) Klement Ford of Muenster - 1 Mossberg shotgun North Texas Communications - \$100 cash donation Independence Equine - Distemper Combo & Rabies Vaccine Plaza Pharmacy - Blood pressure monitor Fried Pie - Lunch and drink for 2 Steppin Out - Gift certificate for a T-shirt Edelweiss Teahaus - lunch for 2 Plaza Home Care - safe-er grip / bathtub or shower handle Rodney's Automotive Repair - 2 oil changes up to 6 quarts (sold separate) Knabe's Tire and Battery - 2 Rotate and Balance up to a 20" tire light truck or car (sold separate) Matt Sicking Custom Digging - one load of crushed rock (delivered w/in 15 mi radius) redeem by Jan 1st Chris & Candise Kubis, Matt & Michell Sicking, Tommy & Diane Huchton - fajita cookout for 20 people (drinks furnished) Troy Huchton and Waylon Hess - Authentic Mexican dinner for 20 (drinks furnished) John Weldon - 4 hrs of welding, and 4 hrs of post hole or T-post drilling Shawn Walter Automotive - 2 oil filter and lube (cars and light trucks) gas engine only Gus Ashley - 32' tow rope

#### **RAFFLE DONATIONS**

Remington Over/Under 12 gauge Shotgun from Myra Volunteer Fire Dept. Gas BBQ Grill from Myra Volunteer Fire Dept. & Community Lumber Co. \$400 Cash from Muenster **State Bank** \$250 Cash from First State Bank \$200 Savings Bond from **Prosperity Bank** 

\$200 In Trade from Proffer Auto \$100 Cash from Industrial Bearing \$100 Cash from Doc's Bar & Grill 5 - \$20 Gift Certificates from The Center Restaurant 2 Steak Dinners from **Rohmer's Restaurant** \$25 Gift Certificate from **Dieter Brothers Restaurant** 

# Lady Knights in Class A Showdown

The Lindsay Lady Knights Volleyball Team went 3-3 at the Class A Showdown in Bronte last weekend. Their final game in the Consolation Championship was a

loss to Cayuga. In pool play Friday, the Lady Knights opened with a 25-22, 14-25, 25-14 victory over Cayuga, then defeated Sterling City 25-23, 25-18. The last pool game saw Lindsay fall to Leakey by scores of 15-25, 17-25.

Playing the pool were Jalyn Anderle, Katie Arendt, Taylor Atkins, Erin Copeland, Jordan Fleitman, Lucinda Krahl, Kendall McLeod, Allison Metzler, Katie Nortman, and Taylor Pelzel.

In bracket play Saturday, Lindsay opened with Windthorst. The Lady Trojans handed the Lady Knights a 14-25, 10-25 loss.

Round two saw Lindsay 3 B, 5 D, 13 A; Atkins, 3 AC defeat Abilene Christian by scores of 25-23, 25-20. In the 11 K, 3 B, 5 D; Arendt, 2 AC, Consolation final, Cayuga 11 D; Anderle, 6 K, 3 B, 13 won 25-16, 24-26.

In bracket play, Krahl had Metzler, 5 K; Nortman, 9 D. a total of 4 digs (D) and 29 assists (A). Atkins added 3 aces (AC), 13 kills (K), 14 D, and 2 blocks (B). Fleitman had 17 K, 2 D, 8 B; Arendt 19 D; Anderle 3 AC, 11 K, 10 D, 9 B; McLeod 2 D, 15 A; Metzler 8 K, 2 B; Copeland 6 D, and Pelzel 2 K, 4 B.

Taylor Atkins was named to the All-Tournament Team. The tournament brings Lindsay's record to 8-9.

#### **Tuesday's Game** With Gunter

The Lady Knights suffered a loss at the hands of the Gunter Lady Tigers on Tuesday evening. Scores were 25-21, 22-25, 8-25, 17-25. Stats were as follows: Krahl, 2 K,

4 K, 10 D; Fleitman, 3 AC, D; McLeod 2 AC, 4 D, 10 A;

## **Sub-varsity** action

#### **Junior Varsity**

The Lindsay Lady Knight JV squad was defeated by Gunter on Tuesday evening by scores of 25-14, 17-25, 9-25. Coach Robin Hess commented, "The girls played really well. We missed only one serve the entire match. We are very much improved since the last time we played Gunter."

Haley Skinner was 13 for 13 serving, and Kassidy Gum was 10 for 10 serving.



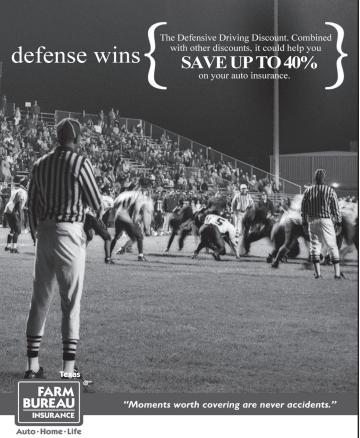
Lady Knights Taylor Pelzel (12) and Jordan Fleitman (15) attempt to block a Gunter return. Jay Anderle photo

#### Warden Reports Texas Game

#### The X-box Files

While patrolling the Neches River, Jasper County Game Wardens Morgan Inman and Chris Fried issued

dersized catfish, no fishing license, and possession of leaving the river, the two wardens noticed two vehiseveral citations for no per- cles parked on the side of the sonal flotation devices, un- road. After making contact



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with the occupants, it was determined that they were drug paraphernalia. When in possession of a stolen X-Box taken the night before in a home burglary in Tyler County. The X-Box and suspects were turned over to the Tyler County Sheriff's Office.

#### **Undersized oysters** returned to reefs

Calhoun County Wardens Robert Dominguez and Philip Bird filed on five oyster boat captains for undersize cargo in Lavaca Bay. Approximately 140 sacks of oysters were returned to the reefs. Two days earlier, Chambers County Game Warden Hector Gonzalez was patrolling Trinity Bay for fishing violations and after checking an oyster boat, filed on the captain for possessing undersize oysters

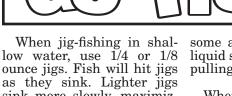
#### No license rap catches drug offender

Comal County Warden Mi-

chael McCall was checking fishing license compliance at a crappie dock on Canyon Lake when he encountered two young men who did not have a fishing license. A subsequent warrant check revealed one of the men was wanted in Kaufman County for felony possession of controlled substance. The man was arrested without incident and transported to the Comal County Jail. In addition, each man also received a citation for no fishing license. Cases pending.

#### Spring in East Texas

Titus County Game Warden Jerry Ash received several orphaned young animals, including an immature owl, two small squirrels, four young raccoons, and three newborn rabbits. Morris County Game Warden Michael Serbanic also received a family of orphaned baby possums.



sink more slowly, maximizing the time of the drop.

#### "If you want fish - fish." -German proverb

Spinning reels can be damaged if strung with line that is heavier than they are intended to hold. The heavier line overworks the drag mechanism and shortens the life of the reel.

A fishing line knot should be clinched tight slowly and completely to achieve optimum strength. To eliminate friction when cinching knots,

940-759-2244

some anglers put a drop of liquid soap on the line before pulling the knot tight.

When fishing water with high snag potential, use a "strip-shot-dropper." Tie a single, untwisted 10 inch strand on your line just above your hook, or off a three-way swivel. To this "drop" line, lightly attach a few split-shot sinkers. If you get snagged, just apply slow steady pressure; you'll lose the split shots, but not the hook.

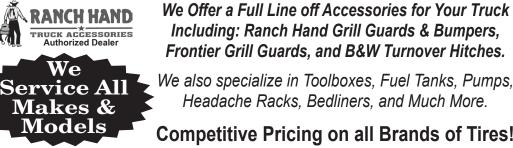
Add bubbles to your bait when fishing with plastic worms. Here's how - cut a slit in the side of the worm and place a small piece of seltzer tablet into the worm. The bubbles cause a commotion that attracts fish.

A lake can hold between 50 and 375 pounds of fish per acre, depending on the level of fertility. The majority of the fish are the smaller species. Only about 10% are fry pan ready.

About 80% of American fishermen use spin casting reels, about 15% use bait casting rigs, and 5% are fly fishers

Professional bass fishermen usually allow no more than 10 unsuccessful casts of a given lure before trying a new one.





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Any Room over 200 sq. ft. considered two rooms

645 5 Not valid with any other offer.

**Couch with** 



Living Room/Dining Room Combos, L-Shaped Rooms & Any Room over 200 sg. ft. considered two rooms. Residential customers only. Minimum charge \$65.00. Not valid with any other offer.

\$**59**95 **3 Cushions** Love Seat with \$195 **3 Cushions Recliner** - \$3495 Minimum charge \$35.00. Not valid with any other offer.

FURNITURE

Offers good through September 2010.

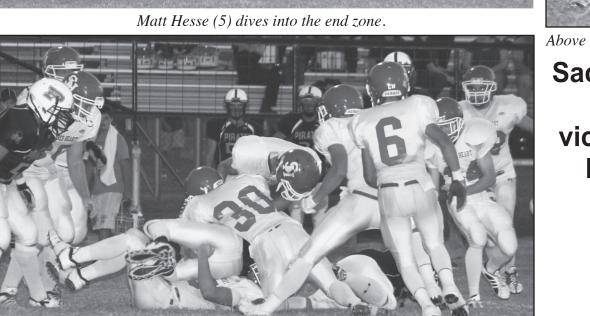
940-612-2977 **GAINESVILLE - WHITESBORD & SURROUNDING AREA** 

AIR DUCT CLEANING **Removes the source of: Dust - Allergy - Breathing Problems Commercial - Residential** 



PAGE 10-SEPTEMBER 3, 2010 - THE MUENSTER ENTERPRISE

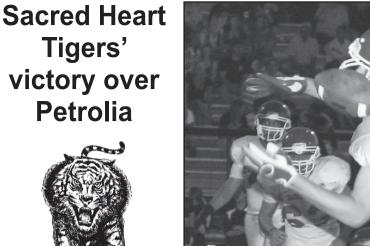




Matt Hesse (5), Michael Davis (30), and Quinn Sicking (73) make the tackle.



Above - Tiger defense strips the ball. Below - close, but not quite for Ryan Felderhoff





Go

B

G

R

E

D

Friday, Sept. 3 Sacred Heart at Lindsay





Above - Grayson Evans (52), Phillip Vogel (63), and Quinn Sicking (73) move in on the quarterback; At left - Chad Walterscheid covers a loose ball. Also pictured Grayson Evans (52) and Austin Springer (74); Below, left to right - Bob Bartush (16) after a big gain; Chad Walterscheid (6) heads to the end zone with an inter-canted ball: John Paul Hesse (14) gains more variage

Janie Hartman photos













**Muenster** Hornets' victory over Ponder



Photos by **Melvin Luke** 



Friday, Sept. 3 Muenster at Nocona













06 F150 XLT 107,728 MILES, \$13,700 @ Auto Topic, 940-665-2966 \_\_\_\_\_\_9.3-3P

04 TAHOE 64,572 MILES, \$15,000 @ Auto Topic, 940-665-2966 9.3-3P

04 MAZDA 3 \$8,800 @ Auto Topic, 940-665-2966

9.3-3P 05 1500 QUAD HEMI 107,017 MILES, \$12,000 @ Auto Topic, 940-665-2966

<u>9.3-3P</u> 04 MUSTANG 77,320 MILES, \$9,500 @ Auto Topic, 940-665-2966

9.3-3P 05 TRAILBLAZER 91,710 MILES, \$13,000 @ Auto Topic, 940-665-2966

<u>9.3-3P</u> 07 TAURUS 71,043 MILES, \$8,000 @ Auto Topic, 940-665-2966

<u>9.3-3P</u> **06 RIDGELINE** 86,083 MILES, \$16,000 **@Auto Topic, 940-665-2966** 

\_\_\_\_9.3-3P



# More a Great Week Office of the great week of the great week of the great week of the great of t

issued on August 30, 2010 in Cause No. PR16665, pending in the County Court at Law of Cooke County, Texas - Probate Division, to the following named Independent Executor whose mailing address is listed below:

Robert D. Wright, 56 Hogan Lane, Whitesboro, Texas 76273

All persons having claims against this estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

Dated this 31st day of August, 2010.

Respectfully submitted, ADAMS, BENNETT & DUNCAN By: /s/ Russell Duncan Attorney for the Estate State Bar No.: 06219000 100 East Broadway Gainesville, Texas 76240 Telephone: (940) 668-2600 Facsimile: (940) 668-6880 9.3-1L





When you've got merchandise to move - new or used - you can't top the response you'll get from placing an ad in the Classified Ads section of the *Muenster Enterprise*! That's because our readers know where to look when they're in the market to buy! For just \$5 you can turn a tidy profit on that garage sale, used couch, or that dusty collectible. Come by the *Enterprise* office. We

are ready to help you raise some easy cash!

# FARM & RANCH

# Food prices inch up, TFB grocery watch survey shows

is consumers during the second quarter of 010 compared to a year ago, according to the latest Texas Farm Bureau (TFB) Grocerv Price Watch.

This informal survey of grocery prices across the Lone Star State showed shoppers paid a total of \$51.64 for a shopping cart of staple food items in June of this year compared to \$51.23 for identical items a year ago. The informal survey evaluated 16 food items from supermarkets across the Lone Star State. Some 21 shoppers conducted their price checks the week of June 10-18.

'This is just a 1% increase in food prices in an entire year," said TFB President Ken-neth Dierschke. "Texas families continue to benefit from an abundant and affordable food supply.

Despite the overall increase, prices for everal staples actually declined in June from the first quarter of 2010. Tomatoes led the way at 50 cents a pound less, with supplies up as growers recovered from the devastating winter earlier this year. The price of corn flakes was down 16 cents at \$2.95 for an 18-ounce box. Poultry prices saw a decline with the price of both sliced turkey

The price of groceries inched up for Tex- and skinless chicken breasts down 16 cents per pound. Boneless pork chops dropped 23 cents at \$3.77 per pound, while the cost of a head of lettuce dropped 19 cents to \$1.05. Other items showing slight price decreas-es included rice, cheddar cheese, and cake

> An improving economy resulted in higher demand for the pricier cuts of meat as the average cost of a pound of Porterhouse steak rose 80 cents during the first quarter to \$9.06 per pound. Lean ground beef rose from \$2.63 a pound to \$2.92 in the second quarter. While the price of a gallon of milk held steady at \$4.17 per gallon, summer heat and kids screaming for ice cream drove the price of a half gallon up 52 cents in the second quarter to \$5.33 per half gallon. Dried pinto beans rose a whopping 32 cents (for a 64ounce package) to \$3.90.

Showing the smallest increase was the price of bread, up only 2 cents per loaf to \$2.07.

"Despite the small increase in the cost of food over the past year, Americans still spend less than 10% of their disposable income on food," Dierschke said.

## **County Agent's Report**

#### Good bug, bad bug?

Insects and other organisms that harm the landscape are considered pests. Those that promote the health of the landscape are called beneficial organisms. However, in the case of honeybees, beneficial can be a subjective term. Honeybees are widely considered beneficial insects because they pollinate flowers, but their stings can be deadly to humans and animals. For this reason, some people might consider honeybees as pests.

Besides pollinating flowers, beneficial organisms play other important roles in our ecology. They produce food or other useful products (honey), improve the landscape environment (ants and earthworms aerate the soil and reduce compaction), and control pest populations through biological control.

Biological control is the way living organisms protect the balance of nature. Organisms that control the pest populations in the landscape are called natural enemies. There are four types of natural enemies: competitors compete with pests for food sources, predators hunt and kill other organisms for food, parasites/parasitoids live on or within pests and eventually kill them, and pathogens cause disease in their hosts.

Some common examples of "good bugs' are: bigeyed bugs, lacewings, lady beetles, praying mantis, assassin bugs, parasitic wasps, and parasitic flies.

Many people have an interest in knowing how to identify the good and the bad. If that is you, I suggest you check out a very interesting web site called landscape IPM at: http://landscapeipm.tamu.edu/. This site is intended to familiarize you with integrated pest management (IPM) and provide guidelines and instructions for creating

#### Cattle marketing program

Many producers are making an effort to maximize profits by participating in source and age verification programs and implementing best management practice, especially involving castration and vaccinations. Other programs like "Certified Angus Beef" have caught the attention of the consumer. These programs coupled with the fact that Angus cattle are associated with several beef quality characteristics and Angus breeders are doing a great job marketing their breed, have led to an increase in Angus producing cattlemen.

If you have angus/angus influenced cattle with good genetic potential, you may be interested in an upcoming program. This pro-gram is a collaborative effort between Texas AgriLife Extension Service in Cooke County and the Red River Angus Association. The program will occur at the regular meeting of the Red River Angus Association on Tuesday, Sept. 14, 6:30 p.m. at the Smokehouse in Lindsay.

Representatives from Pacesetter Beef Alliance LLC will come to discuss a marketing program they have implemented in Hamilton Texas. The program utilizes commingled cattle with similar genetic potential to gain premiums for weaned calves. All cattle producers are invited and encourage attend. The meal is dutch treat and there is no cost for the meeting.

#### **Dates to remember**

Sept. 14 - Agricultural Waste Pesticide Collection; Bowie Rodeo Grounds

Sept. 14 - Angus Calf Value Added Program at the Red River Angus' Association Regular Monthly Meeting; Smokehouse in Lindsay 6:30 (Dinner is Dutch Treat)

Sept. 22 - Grazing System Tour and Semiand maintaining a healthy environment for nar; Turtle Hill Conference Center/Bartush your landscape. You will learn about IPM Ranch 9:30 A.M. (3 CEUs/lunch - Please for turf, ornamentals, and pest control plus RSVP 940-668-5412) much more.

# Back to the good old days



Travel back in time this weekend to the farm and see wheat threshing, steam tractors, old time plowing, horse drawn equipment, and more at the 25th Annual Antique Tractor and Farm Machinery Show. Gates open at 9 a.m., with the show starting at 11:00 at the Lindsay Tractor Pull Arena Park, N. FM 1199. Janie Hartman photo

# Farmers and ranchers do the "impossible" every day

have to make a living too.

I think those involved

in agriculture are in it for

much more than econom-

ics, else they would sell the

farm and invest the proceeds

where the potential return is

Part of it is the challenge,

I think. A farmer or rancher

can't outwit Mother Nature,

but he can prepare for her

worst. Every crop year, each

calf cycle presents a unique

set of circumstances. React-

ing—or better yet preparing

for these circumstances—is

a challenge in a high-stakes

Nurturing is another

part of the equation. Plant-

much higher.

poker game

impossible." Í just read that on Twit-

ter. It's a quote attributed to Walt Disney. It reminds me a lot of what's happening in agriculture today.

The demand for high quality, nutritious food has never been higher. Government regulation has never been as extreme. Public scrutiny has never been as lavish. Internal challenges divide the industry. Profitability remains elusive.

Yet day after day, year after year, America's farmers go out to the fields, working the soil to produce an abundance of food and fiber that most take for granted. They do it for financial reward, ing a seed, nursing the crop

## Why illegal immigrants are here to stay

The U.S. Strategic Perspective Institutes' results of a year-long study, as part of its How To Save Jobs project, shows that America's 13 million+ illegal immigrants are probably here to stay.

According to the study, conducted by David Gewirtz, it would simply cost far too much and be logistically impractical to round up all 13 million people and send them home.

David makes it clear. Illegal immigrants are here illegally. In a perfect world, they would all be rounded up and shipped out. After all, they're violating the law.

What his analysis shows, however, is that it would cost America billions of dollars simply to transport illegal immigrants back home -- and that's after they were located, apprehended, and processed through the legal system.

In exploring the nature of the problem, David's analysis puts the illegal immigration problem into perspective: \*13 million people is a lot of people. That's almost 5%

of the population of the United States.

\* Assuming you could gather all the illegal immigrants up, it would take 166,666 buses, more than 13 billion gal-

"It's kind of fun to do the yes. Farmers and ranchers through the growing season, and reaping the harvest provides a sense of accomplishment. A rancher never tires watching a baby calf rise unsteadily on its legs, take those initial wobbly steps, and suckle its mother for the first time.

> A third part of the riddle, and what I think brings farmers and ranchers the most gratification, is the result of their labors. Ten years ago, one farmer raised enough food to feed 139 people. Today, each farmer feeds 155 people. They're doing it with less land and fewer inputs while conserving our precious resources.

> That's the modern miracle of agriculture.

> Doing the impossible is not easy. Divisions within agriculture and challenges from beyond make farming and ranching extremely difficult

> But there's great satisfaction in providing nourishment for the 7 billion people in the world. And that makes the impossible fun.

## TDA market recap

For the week ending Aug. 28, feeder cattle prices at Texas auctions were mostly steady to \$3 higher, with a few as much as \$8 higher. However, some sales later in the week were \$1 to \$4 lower. Tight supplies and good demand continue to support markets, though the hot, dry weather and somewhat volatile grain prices have limited gains. Fed cattle were near unchanged and wholesale beef prices ended the week modestly lower. Wheat prices declined as ample global supplies are expected to make up for reduced production in Russia. Corn and grain sorghum ended the week unchanged with expectations for a large U.S. crop offsetting indications that yields may come in lower than current USDA forecasts. As for futures markets, feeder cattle and cotton were higher, while fed cattle, wheat, corn, and lumber were lower. Corn harvest was 37% complete and 57% of the crop was mature. Grain sor-ghum was 42% harvested and rice harvest was 78% complete. Preparations for winter wheat seedings are underway with some of the crop planted on the North-ern High Plains.

#### In the winter, if it's bright and sunny after two cold and rainy days, it's probably Monday.

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lons of fuel, and about 48 million pounds of food (around 195 million meals) simply to transport them to the nearest border.

There is no doubt that illegal immigration is a big problem in America. However, as David's analysis shows, "We have to be aware of the practical limitations the problem. With fully 5% of all the people in the country here illegally. perhaps its time we considered an illegal immigration policy that takes into account the realities, and not just the anger.'

David makes the following recommendations:

Certainly we need better border security to stem the tide of the half million new illegals coming in each year. We also need better border security to prevent terrorism, so this is an investment that can help on multiple levels.

\* Racial profiling of the type just enacted in Arizona isn't the answer. That'll simply clog up the courts and law enforcement resources. It'll make the problem worse for ev-

\* It's probably time to consider how to integrate this 13 million person population into mainstream America. Since we really can't gather them up and ship them out, perhaps it's time to turn them into real Americans.

\* One benefit to turning illegal immigrants into tax-paying Americans is how profitable it can be for America's revenue bottom-line. 13 million new taxpayers could net America more than \$50 billion a year in annual tax revenues.

#### THE NEW GAINESVILLE LIVESTOCK AUCTION, LLC www.gainesvillelivestock.info Light Weight Steers & Heifers - \$1 to \$3 LOWER. Feeder Steers - \$1 to \$3 LOWER. Feeder Heifers - STEADY. Packer Cows & Bulls - STEADY to \$1 LOWER. Pairs & Bred Cows - STEADY. Sold at Friday's sale AUGUST 27 were **3,394**, compared to **2,245** the previous week. Sold at Tuesday's sale AUGUST 31 were 323 Goats, 168 Sheep, and 84 Hogs. The numbers from last week were 269 Goats, 167 Sheep, and 20 Hogs. Results follow: **Ewes (per lb.)** <u>Stocker</u>: .40-.48; <u>Thin</u>: NT; <u>Fat</u>: NT. Feeder Steers (per lb.) Stocker Cows (per head) Feeder Steers (per lb.) 200-300 lbs.: No. 1, 1.40-1.62; Nos. 2 & 3, 1.20-1.40; 300-400 lbs.: No. 1, 1.22-1.49; Nos. 2 & 3, 1.00-1.22; 4.49; Nos. 2 & 3, 1.00-1.22; 400-500 lbs.: No. 1, 1.19 -1.30; Nos. 2 & 3, 30-1.19; 500-600 lbs.: No. 1, 1.10 1.25; Nos. 2 & 3, 80-1.10; 600-700 lbs.: No. 1, 1.05-1.14; Nos. 2 & 3, 75-1.05; 700-800 lbs.: No. 1, 99-1.11; Nos. 2 & 3, 70-99. Feeder Heifers (per lb.) 200-300 lbs.: No. 1, 1.19 Pregnancy-tested, 3 to 9-year-olds - Large Frame: \$800-\$1050; Medium Frame: \$550, \$800 Bucks (per lb) <u>Thin:</u> NT; <u>Fat</u>: NT. **Barbardo (per head)** <u>Lambs</u>: \$20-\$50; <u>Ewes</u>: \$30-\$65; <u>Bucks</u>: \$60-\$120. Frame: \$550-\$800. Cow/Calf Pairs w/calves under 250 lbs. - Large Frame: \$1000-\$1230; Me- Kids: 20-35 lbs., \$20-\$50; <u>Biss</u> \$50-\$10s., \$20-\$50; \$5-55 lbs., \$20-\$50; \$5-75; Biss, \$45-\$90. \$45-\$90. \$45-\$90. \$45-\$90. \$45-\$90. dium Frame: \$800-\$1000. Baby Calves: Holstein: NT Cross Breds: \$75-\$295. IDS., \$40-\$90. Yearlings (per head) 75-120 lbs., \$80 \$130. Nannies (per head) Stocker: \$75-\$170; Milk Type: \$40-\$70; Slaughter, \$75-\$100; Thin, \$35-\$65. Billies (per head) Barrows & Gilts (per lb.) <u>US #1, 230-270</u>: .61-.68; <u>US #2, 220-280</u>: .58-.61. <u>200-300 lbs.</u>: No. 1, 1.19-1.40; Nos. 2 & 3, .90-1.19; **Feeders (per head):** <u>100-175 lbs.</u>: .55-.70; <u>25-90 lbs.</u>: .25-.55. <u>300-400 lbs.</u> No. 1, 1.12-1.26; Nos. 2 & 3, .80-1.12; <u>400-500 lbs.</u>: No. 1, 1.09-1.23; Nos. 2 & 3, .75-1.09; Billies (per head) 120 lbs-up Breeders: \$110-\$125. Slaughter: \$80-\$100. Sows (per lb.) Feeder, 400 or less: .52-.56; Light wt., 400-500: .54-.58; Med. wt., 500-600: .54-.58; <u>500-600 lbs.</u>: No. 1, 1.05-1.14; Nos. 2 & 3, .75-1.05; <u>600-700 lbs.</u> No. 1, 1.01-1.11; Nos. 2 & 3, .70-1.01; <u>700-800 lbs.</u>: No. 1, 93-1.00; Nos. 2 & 3, 70-.93. Meaty wt., 500-500 .34-363 Heavy wt., 600+: .55-.58. Boars: (per lb.) 300 lb. up: .05-.06; 200-300 lbs.: .30-.35; Light wt.: 45-56 Boer Goats (per head) 1/2 Nanny: NT; 3/4 Nanny: NT: Full Nanny: NT. 1/2 Billy: NT; 3/4 Billy: NT; Full Billy: NT. Nos. 2 & 3, 10-53. **Slaughter Cattle (per lb.)** <u>Slaughter Bulls:</u> Yield Grade #1-2, 1,200-2,050 lbs., .68-.7850; <u>Slaughter</u> <u>Cows</u>: #1&3, .55-.66; <u>Cut</u>-ter: 37. 54 Sheep (per lb.) Feeder lambs: 40-60 lbs., .85-1.25; Light lambs: 60-90 lbs., 90-1.20; Fat lambs: 90-120 lbs., .90-1.05. (940) 665-4367 1920 Refinery Road

ter: .37-.54.



Gainesville, TX

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ORIGINAL OR REDUCED FAT \$799
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PETER PAN ASSORTED VARIETIES \$ 79 Peanut Butter 13,163,07
Peter Pan assorted varieties \$ 79 Peanut Butter 13-16.3 oz.
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Grape Jelly
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Del Monte Tomatoes 14.5 oz. 4 For 5

12 PACK, 12 OZ. CANS

Pepper

9	Shurfine Vegetables 15.5 oz. 2 For
5	SHURFINE Cheese7.5 oz. 3 FOR SHURFINE
9	Foam Plates
9	FAMILY SIZE \$ 69 Lipton Tea Bags
5	SHURFINE ASSORTED Chewy Granola Bars 10 PK. 2 FOR 5
5	Kingsford Charcoal
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**24 PACK Milwaukee's Best or** Milwaukee's **Best Light** 12 OZ. CANS

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Meat Wieners ..... 12 oz. 89¢

SWEETIE SWEET	QQ¢
Yellow Onions	LB. 77
FRESH Sweet Potatoes	99¢
washington Peaches	2_\$ <mark>3</mark>
tropical Kiwifruit	
AMERICAN, ITALIAN, OR ROMAINE Dole Salad Blends	10-12 OZ. 2 FOR 5
LARGE GREEN Bell Peppers	3 FOR
Valencia Oranges	4 LB. 2 FOR 5

Sliced Bacon .....ILB.

\$799

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