

## Muenster High receives congratulations from U.S. News & World Report

Earlier this summer, the Muenster School Board and Administration were excited to learn that Muenster High School had achieved "America's Best High Schools for 2015" status from the prestigious news magazine *U.S. News and World Reports (USNWR)*.

The editors of the magazine used four major indicators to compare over 21,000 high schools nationally. Such indicators as Mathematics and English Proficiency, College Readiness, and student/teacher ratios were examined. Muenster High ranked in the top 10% of high schools nationally.

"This is a great accomplishment for our District," stated Steven Self, Muenster ISD superintendent. "...but the High School could

not do it without the support of the elementary staff and administration and the parents and community.

"I have found this community giving great support to the school and children. In a way, this does not surprise me. On the state testing, our students scored 20 to 35 points above the state averages and on the College Algebra ACT Test, Muenster students scored at the 93rd percentile compared to the state at the 47th percentile.

"Our students and teachers work hard and this represents some of the fruit of their labors."

According to *USNWR*, "Muenster High School is ranked 189th within Texas. Students have the opportunity to take Advanced Placement® course work and

exams. The AP® participation rate at Muenster High School is 30%. The student body makeup is 49% male and 51% female, and the total minority enrollment is 4%. Muenster High School is the only high school in the Muenster Independent School District."

The *USNWR* also showed these facts -

Texas by the Numbers	
Districts	1,085
High Schools	1,869
Full-Time Teachers	97,000
Students Enrolled	1,436,177

Data are based on the 2012-13 school year.

For those who are interested, more information can be found on *U.S. News & World Report's* website under Education.

## FEMA comes to town to aid residents



Janie Hartman photo

Robert Dunn, DSAT of FEMA, answers questions from local resident Bob Bauer. FEMA was in Muenster Monday, Tuesday, and Wednesday to assist people in the area by answering their questions and helping them to register for FEMA help due to losses from the severe weather which occurred between May 4 and June 22. After leaving Muenster, FEMA planned to have a mobile unit set up in Callisburg from 8 a.m. to 4:30 p.m. at the Callisburg VFD, 116 McDaniel Street, on Thursday, Friday, and Saturday. They will answer any questions that people may have and help them register for FEMA aid. The deadline to register was extended from July 28 to Aug. 27.

## Muenster Chamber welcomes Allen



Courtesy photo

Muenster Chamber of Commerce's new Executive Director Kari Allen visits with Kirk Klement during a Meet & Greet held last Thursday to welcome Allen.

## TDSHS given thumbs up for use of MISD building

**Janet Felderhoff**  
News Editor

Muenster ISD's Board of Trustees met on Wednesday, July 15 for its regular monthly meeting. The trustees gave unanimous approval to a request by the Texas Department of State Health Services (TDSHS) to use the District's Junior High building. The request was tabled at previous meetings due to a lack of information as to the TDSHS's intended use of the facility.

Matt Honza of TDSHS was present to answer any questions the Board had about the proposed use of the facility by TDSHS.

MISD Superintendent Steve Self explained, "The Texas Department of Health Services coordinates these

Memorandums of Understanding among state and local agencies so that there can be a plan in case of a terrible health-related emergency. This type of emergency might be something like the bird flu or it could be some kind of health-related terrorist (foreign or domestic) attack. The JH building would be used as a staging center for county health officials to distribute medications to the portions of Cooke County. This is a way for government agencies to work together to provide cost-effective solutions in various emergency planning activities."

Self said that there will be a meeting of community leaders at some point regarding possible future funding/finance possibilities. Details are not worked out yet.

A letter from the Leukemia & Lymphoma Society was read. It thanked the School's teachers, students, and community for participating in the School & Youth Programs benefiting the Society. Muenster High donated \$1,267.68 which will be used by the Society to fund cancer research, information and outreach services, and financial assistance for patients and their families.

MISD's program coordinator Afton Vieth was recognized in the letter for dedicating her time and effort to the program.

The Board reviewed and unanimously approved TASSB initiated policy update 102 affecting local policies CDA, other revenue estimates; DBB, employment require-

See MISD, pg. 2

## West Nile virus found in County

The West Nile Virus has been detected in a mosquito test sample from the City of Gainesville. The City will be spraying for mosquitoes on July 29 beginning at 9:30 p.m. Further information regarding the City's prevention program can be found on their website [www.gainesville.tx.us/](http://www.gainesville.tx.us/).

Cooke County and the City of Gainesville have been working together testing for West Nile Virus since 2012. This is the first positive sample since testing began.

Cooke County Emergency Management Coordinator Ray Fletcher is managing the County's collection and sending the samples to the state lab in Austin. City of Gainesville, Lake Kiowa, and Cooke County are the locations sampling. Fletcher noted, "Ours gets put out at different places in the unincorporated area. We put out the traps on Tuesday evening and collect the pools/samples on Wednesday morning and UPS them to the state lab."

Please take the following precautions when you and your family are outdoors. Use the Four D's to defend yourself against West Nile Virus:

- Dusk/Dawn are times of the day you should try to stay indoors. This is the time when mosquitoes are most active.
- Dress in long sleeves and long pants when you're outside. For extra protection, you may want to spray thin clothing with repellent.
- DEET is an ingredient to look for in your insect repellent when outdoors.
- Drain standing water in your back yard and neighborhood - old tires, flower pots, and clogged rain gutters. These are mosquito breeding sites.

More information regarding West Nile Virus can be found at [www.cdc.gov/westnile](http://www.cdc.gov/westnile) or by calling toll free 1-888-963-7111.

## Muenster VFD has plans for the future



Janie Hartman photo

Muenster VFD has a dream. They have outgrown their Fire Department building attached to City Hall and have purchased property on the west side of Main Street for the purpose of erecting a new building there to house their trucks and equipment, and to meet or hold drills. The firefighters are hosting their annual BBQ dinner and auction fundraiser on Aug. 8 and hope to make enough money to put some towards their dream home.



**JOHN CORNYN**  
UNITED STATES SENATOR, TEXAS  
**TEXAS ★ TIMES**

**DAYS GONE BY.....**

**65 YEARS AGO**  
**July 21, 1950**

Henry Weinzapfel, 16, escaped serious injury when the motorcycle he was riding was struck by a car on Hwy. 82 west of Gainesville; his cycle was badly damaged. Obituary: Rev. Mother Mary Walburga, O.S.B., 77. Two wayward youths who identified themselves as Sheppard Air Force Base soldiers met their Waterloo here because they failed to reckon with J.P. Flusche's prowess in dealing with pilfering punks; single-handed, Flusche nabbed them in the act of removing bumpers from old cars in his scrap iron lot and turned them over to the highway patrol. Relax Theatre advertises Walt Disney's *Cinderella* - 6 years in the making!

Wedding: Louise Bierschenk and Herbert Neu. New Arrivals: Jerry to Dolphy Joe and Della Hellman; Karl to Donnie and Betty Trubebach; Lisa to Wilfred and Virginia Hess; a son to J.E. Don Christians; a son to J.E. and Marcy Marr. New Parish Catholic Youth Council officers are Debbie Schilling, president; Sammy Endres, Vice president; Paulette Endres, secretary-treasurer; Linda Hoedebeck, reporter. State Theatre advertises *The Sons of Katie Elder* starring John Wayne and Dean Martin.

**25 YEARS AGO**  
**July 20, 1990**

The rural home of Francis and Cathie Fuhrmann is damaged by smoke and fire. Grady Roller is hired as Hornet coach. Obituaries: Lynn Dangelmayr, 37. Wedding: Martha Fuhrmann and Allen Sicking. New Arrival: Krystal to Ludwig "Lucho" and Dea Kieninger. Al "Shorty" Walter honored on 85th.

**50 YEARS AGO**  
**July 23, 1965**

Leaving Wednesday for Washington to work in the harvest fields were Jimmy Eckart, Wayne Cler, Dickie Hesse, and Larry Wimmer.

**What it means to be a Texan officially**

As Texans, we have a style of our own - from our hospitality to our headwear. But you may be surprised to hear the iconic symbol of Western culture, the cowboy hat, only became an official state symbol a few weeks ago courtesy of the 84th Texas Legislature. This makes Texas the first state to designate an officially sanctioned hat. The cowboy hat is just one of dozens of items ranging from food to flower to fossil that are Texan enough to be deemed official state symbols. You've heard our unofficial motto, "Everything's bigger in Texas" - well, that includes our number of official state symbols. According to the Texas State Library

and Archives, 76 items, things, or activities have now earned official status. Many are obvious: the official state jig is the square dance. The official flower is the bluebonnet. You've seen the state flag, and of course you've heard our official state song, 'Texas, Our Texas.' Our state bird is the mockingbird, so named for the way it mimics the sound of its neighbors. It's only fitting the mockingbird represents our state, as they are known for their pride and their fierce protection of their nest. Texans are a loyal bunch, which is why our state motto is "friendship." Texas hospitality is alive and well in the Lone Star State - which is,

of course, our state's nickname. The more than 268,000 square miles that comprise our state are home to three official state mammals: the longhorn, the armadillo, and our official flying mammal, the Mexican free-tailed bat. Any one who has stood on the Congress Avenue Bridge in Austin knows that one well. And those three mammals don't even account for the official state horse (American quarter horse) or our state breed of dog (Blue Lacey). Just a few months ago the Texas Legislature gave Texas our newest official state symbols. Lawmakers in Austin passed a bill declaring #txlege one of three official

hashtags to help Texans follow their representatives on social media. They designated the official hashtag of Texas as, you guessed it, #Texas. And while we couldn't possibly capture the essence of the Lone Star State in even one hundred items, our 76 official symbols bring pride to our almost 27 million residents and give an idea of what it really means to be a Texan to our millions of annual visitors. Now that's something to hang our state-sanctioned cowboy hat on. Senator John Cornyn, a Republican from Texas, is a member of the Senate Judiciary and Finance Committees.

**Plans are made for the Forestburg Watermelon Festival**

Members of the Forestburg community have made plans for the annual Forestburg Watermelon Festival. You are invited to participate in the 35th annual Forestburg Watermelon Festival Parade on Saturday, Aug. 8. This year's theme is "Honoring our Community Centers Founders." Participants are asked to gather at the school house on Hwy. 455 no later than 9:30 a.m. so everyone can be placed in order and receive their identification numbers. The parade will begin at 10:30 a.m. Entry forms can be picked up at the Forestburg Store, the Post Office, or call or text Buck at 940-841-0204. All entries that want to be judged should be returned no later than Aug. 4.

Trophies will be presented in the following categories: Riding Clubs, Floats, Antique Automobiles, Antique Farm Equipment, and Commercial Entries. Back by popular demand is the Salsa Contest. Bring your favorite salsa, a jar or bowl, to the Atkin's building (beside the Forestburg Store) between 9 and 10 a.m., Saturday, Aug. 8. Judging will start after the parade and will end at 3 p.m. Popular

vote will decide the winner. Bragging rights as well as First, Second, and Third place will be awarded. Another fun activity will be the Old Fashion Bed Turning. Way back in the day, women didn't have much social outlet. So when they got together, they would bring their quilts. With little space and all those women in a house, there wasn't a lot of room to display their quilts. So they would lay them on

the bed. Each woman would take turns telling about their quilt. On Aug. 8, Bed Turning will take place during the festival. Come and listen to quilters tell about their quilts and enjoy looking at art in fabric. This will take place at 11:30 a.m., 1 p.m., and 2:30 p.m. This is a fun event that will make you inspired. For more information, text 940-736-4912 or call 940-964-2483.

**Junior GAVA gears up to make waves**

Junior GAVA is the youth division of the local GAVA (Gainesville Area Visual Arts) group. The first annual Junior GAVA Create Camp was held this past June and July for the young artists of Cooke County. Campers, from ages 3-17, experimented with different art projects each day that allowed them to explore various mediums of art and self expression through guided projects and free time. The camp was led by local artist Cassie Barbosa of Barbosa Studios, Joe Conner of Joe Conner Designs, and artist Karen Tidwell. Junior GAVA is now prepping for monthly meet-ups to cultivate the talents of the young artist community

through various meetings and workshops, which will be scheduled throughout the school year. Many artists are lined up to be mentor instructors on different techniques and mediums to allow the young artists to explore more of the magical world of art and their unique talents. For more information on Junior GAVA or if you are interested in becoming a Junior GAVA mentor instructor, check out Junior GAVA (Gainesville Area Visual Arts) on FACEBOOK or contact Cassie Barbosa at 972-620-1443.

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**Weather Why - Lightning myths**

Some people claim they are human "lightning rods" because they have been hit several times, although no one has ever produced proof of this. Brent McRoberts of Texas A&M University adds. "Another myth is that it's good to seek shelter under a tree during a storm. Again, they are tall objects and more likely to be hit. Some people believe that others struck by lightning shouldn't be touched because they will get shocked. This is totally untrue - people who have been hit need immediate help. Another myth - being inside a house means you won't get hit by lightning. Although your chances are greatly reduced by being inside, there are hundreds of cases of people being hit by lightning inside their homes, often while talking on the telephone. It's always a good idea to stay off the phone during a thunderstorm. It's also true that carrying an umbrella increases your chances of being hit."

*Weather Whys - service of the Department of Atmospheric Sciences at Texas A&M University*

**Texas sales tax holiday is Aug. 7 to 9**

Texas Comptroller Glenn Hegar reminds shoppers they can save money on certain items priced under \$100 during the state's annual sales tax holiday. This year, the sales tax holiday is scheduled for Friday, Saturday, and Sunday, Aug. 7 - 9. The law exempts most clothing, footwear, school supplies, and backpacks priced under \$100 from sales tax, which could save shoppers about \$8 on every \$100 they spend during the weekend. "As the father of three young children, I know back-to-school expenses can really put a strain on family budgets this time of year," Hegar said. "This is an opportunity for families to save some money and prepare for the start of the school year." Lists of apparel and school supplies that may be purchased tax-free can be found on the Comptroller's website at TexasTaxHoliday.org. This year, shoppers will save an estimated \$87 million in state and local sales taxes during the sales tax holiday. The tax holiday weekend has been an annual event since 1999.

**MISD .....continued from pg. 1**

ments and restrictions; DEA, compensation and benefits; DEAA, compensation plan; DEAB, compensation plan wage and hours; DEE, compensation and benefits; DFFA, reduction in force; DHE, employee standards of conduct; FNC, student rights and responsibilities; FO, student discipline. **Reports** Elementary Principal Lou Heers gave a total enrollment of 269 students for 2015-16 compared to 278 at this time last year. On June 8, teachers could take a CPI (restraint training) class. Librarian Vicki Eldridge attended the Texas Association of School Library Administrators Conference in Austin last month. In-service for faculty and staff begins on Wednesday, Aug. 19. That evening at 6 p.m., there will be Howdy Night for all grades PK-6 in the MISD cafeteria. Teachers will go over their classroom expectations. Students in grades 1-6 will receive their locker assignments and may get them ready for school, and cover their books. The first day of school is Monday, Aug. 24. Junior High/High School Principal John York told of FCCLA going to Washington DC for the National Star Competition from July 3-9. He and Principal Heers attended Texas Principals Evaluation & Support System in Lewisville and they plan to attend the Texas Teacher Support System training July 28-30 in Gainesville. Technology Director Jeff Presnell reported on MISD Flipped Learning workshop held last month with 37 educators from MISD, Saint Jo, and Walnut Bend. Teachers explored this 21st century teaching method to further promote an active student learning environment in their classrooms. Plans are to begin migrating all staff and student data files from the Hornet server to Goggle Drive this next year. Teachers will be trained during the August in-service and they will then train their students. In other business, the Board: • Approved the Interlocal Cooperative Purchasing Program for goods and services. • Tabled Superintendent Evaluation Instrument/Procedures until August.

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**2-WEEK EVENTS CALENDAR To list your event, call 759-4311 BEFORE NOON WEDNESDAY!**

Sunday, July 26, 2015	Monday, July 27, 2015	Tuesday, July 28, 2015	Wednesday, July 29, 2015	Thursday, July 30, 2015	Friday, July 31, 2015	Saturday, August 1, 2015
Muenster Museum open 1-4 pm		Library open 10 am - 6:30 pm	Library open 10-6:30	Museum open 1-4 pm Library open 10-6:30	Muenster Museum open 1-4 pm	Library open 10-2:30
		..... Mini	Hornet	Cheerleading	Camp	
Sunday, August 2, 2015	Monday, August 3, 2015	Tuesday, August 4, 2015	Wednesday, August 5, 2015	Thursday, August 6, 2015	Friday, August 7, 2015	Saturday, August 8, 2015
Muenster Museum Open 1-4 pm	1st day of football practice - SH Tigers City Council mtg. 6:30 pm	Library open 10 am - 6:30 pm	Library open 10 am - 6:30 pm	Museum open 1 - 4 pm Library open 10- 6:30 SHCS Teacher In-service begins	Muenster Museum OPEN 1-4 AARP board mtg. 10 am	Library open 10-2:30 Forestburg Watermelon Festival C.C. 4-H Achievement Banquet
	..... First	Baptist	Church	Vacation	Bible School	..... Sacred
					Heart Mini Camp	..... Muenster VFD BBQ & Auction

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# Obituaries

## Rafael Gonzalez 1924 - 2015

Mass of Christian Burial for Rafael Gonzalez, age 90 of Muenster, was held at 10 a.m., Friday, July 17 at Sacred Heart Catholic Church in Muenster with Fr. Ken Robinson officiating. Burial followed in Sacred Heart Cemetery under the direction of Scott Funeral Home of Muenster. Rosary and vigil were held at 6 p.m., Thursday, July 16 at the funeral home.

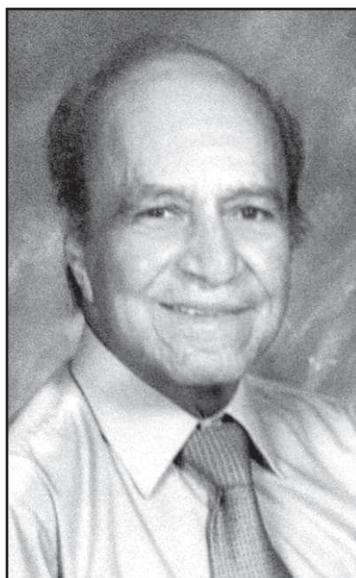
Rafael was born on Oct. 24, 1924 in Mexico City, Mexico to Ezequiel and Domidila Gonzalez. He married Enriqueta Espinosa Miramontes and they were the proud parents of seven children.

Rafael is survived by

daughters Maria McCoy Gonzalez of Muenster, and Martha Gonzalez Espinosa and Luisa Magdalena Gonzalez Espinosa, both of Mexico City; sons Rafael Gonzalez Espinosa, Enrique Gonzalez Espinosa, Jose Ignacio Gonzalez Espinosa, and Alberto Gonzalez Espinosa all of Mexico City; 16 grandchildren and eight great-grandchildren.

He was preceded in death by his parents; wife Enriqueta; brothers Jose Ignacio Gonzalez Gonzalez, Eduardo Gonzalez Gonzalez, and Ernesto Gonzalez Gonzalez; and his sister, Lidia Gonzalez Gonzalez.

Pallbearers were Alberto



Rafael Gonzalez

Gonzalez, Martin McCoy, Joseph McCoy, Anthony McCoy, Bennigan McCoy, and Michael McCoy.

## Robert Richey 1929 - 2015

Funeral for Robert Allan Richey, 85, was held Monday, July 20 at Meador Funeral Home Chapel in Gainesville with Rev. David Whittington officiating. Interment was in Fairview Cemetery in Gainesville.

Robert died July 17, 2015 at Denton Regional Medical Center.

Born Nov. 10, 1929 in Marysville to Fred Robert Richey and Dorothy Beatrice Wyatt Richey, Robert married Betty Frances Lemons on June 17, 1950 in Gainesville. He was a farmer and rancher. Robert helped establish the Moss Lake/Sivells Bend Volunteer Fire Department, was a member of the Sivells Bend School Board, and a member of Bear Head Baptist Church.

Survivors include sons

Bobby Richey and wife Karen of Fayetteville, Billy "Bubba" Richey and companion Gayle of Muenster, and Johnny Richey and wife Shelley of Gainesville; daughter Judy Hunter and husband Don of Gainesville; sister Margaret Reed of Wichita Falls; brother Larry Richey of Gainesville; 10 grandchildren and 11 great-grandchildren; and special friends Gene and Sandra Harrell.

He was preceded in death by his parents, wife Betty, and sister Joyce Price.

Pallbearers were grandsons Jason Hunter, Brad Richey, Shon Richey, Jarrod Richey, Adam Richey, and Corey Richey.

Honorary pallbearers were Robert's card and domino buddies.

## Knabe services set

Mass of Christian Burial for Flora Mae (Mrs. Charles) Knabe, age 68 of Muenster, is set for Friday, July 24 at 10 a.m. in Sacred Heart Catholic Church. Rosary and vigil were held at 6 p.m., Thursday, July 23 at Scott Funeral Home of Muenster. Flora Mae died Monday, July 20, 2015 at her home.

**On the question of relating to our fellowman - our neighbor's spiritual need transcends every commandment. Everything else we do is a means to an end. But love is an end already, since God is love.**

- St. Teresa Benedicta

# The Railroad Commission of Texas: environmentally responsible regulation benefits all Texans

By **Christi Craddick, Texas Railroad Commissioner**

What's in a name? When it comes to the Railroad Commission of Texas, the name says little about what this important state agency does on a day-to-day basis. With 125 years of history, the Commission was established to oversee the regulation of railroads. Today, it is recognized as a worldwide leader in the regulation of oil and gas.

The transition was sparked when oil and gas production grew to include the transporting of oil to market by rail. The Commission was delegated oversight of not only the transportation of oil and gas products, but eventually its safe production. In this age of renewed Texas oil and gas development, it is important that all Texans are familiar with the job the Commission is doing in their community.

As your Railroad Commissioner, I have the privilege of overseeing some of Texas' most exciting and dynamic industries. Since 1891, the Commission has been charged with ensuring a fair and responsible regulatory structure for oil and gas production and promoting policies that guarantee the robust development of our state's huge energy potential. With extended jurisdiction over related industries including intrastate pipelines, natural gas utilities, and surface mining operations, the Commission ensures that Texans continue to enjoy the economic benefits of our state's many, plentiful mineral resources and that

our communities and environment remain safe. Now a global leader in energy regulation, foreign governments from across the world regularly visit the agency to learn more about how to successfully manage energy exploration and production in their own countries.

The agency's Oil and Gas Division inspectors work every day to ensure that companies comply with our rules established to protect the public and our state's natural resources. Operations found in non-compliance are met with fines, and if necessary, the shutting down of production and the revocation of a company's license to drill in Texas. This division also manages any necessary cleanup involving oil and gas spills or discharges. Last year, the agency plugged over 560 abandoned wells and oversaw the cleanup of more than 200 oilfield sites. This type of work, which provides community and environmental protection, is funded by fees collected from industry, not by Texas taxpayers.

The Oversight and Safety Division supervises pipeline safety, and natural gas utilities. This division holds jurisdiction over pipelines that begin and end within Texas. The Commission has some of the nation's most stringent pipeline safety rules, requiring all natural gas distribution companies to assess their pipeline systems for the greatest potential threats and each year replace a minimum five percent of those pipelines.

Overseeing natural gas rates, this division ensures fair and reasonable rates for

consumers. Last year, audits discovered rate overcharges resulting in more than \$1.3 million in refunds to natural gas utility customers across the state, keeping more hard earned dollars in the pockets of Texans.

Coal used in power plants generating electricity helps to keep the lights on for our citizens, not only in Texas, but across the nation. The Texas economy enjoys the benefits of being the sixth largest producer of coal in the U.S., and our Surface Mining and Reclamation Division oversees mining operations and reclamation once mining ceases. Commission policies require that Texas land is returned to a condition that is as good as, or better than, it was before mining activities occurred.

Texans should be proud that our state has long been recognized as a regulatory leader. New technology, which allows companies to reach energy resources previously inaccessible, has ignited an energy revolution in the U.S. led by Texas. Fortunately, because of our more than 100-year old history overseeing energy development, the Commission is deeply experienced in developing rules and taking actions grounded in science even as this dynamic industry quickly evolves.

As you can see, the Railroad Commission has a strong record of balancing environmental protection with economic growth and energy development. We are proving it every day across the state. But please, just don't ask me about railroads.

## Talk - Danger lurks in chocolates

"Chocolate and caffeine belong to a group of plant molecules called methylated xanthine alkaloids, which are commonly found in a variety of foods, drinks, and medications," said Dr. Medora Pashmakova, clinical assistant professor in Emergency/Critical Care Medicine at the Texas A&M College of Veterinary Medicine & Biomedical Sciences.

"As stimulants, they cause excitation of the central nervous system, heart rate, and respiratory centers of the brain and can also stimulate the body's own secretion of adrenaline. And, when in the form of candy and chocolate bars, they taste delicious, which is why dogs love to eat them in such large quantities!"

As a rule of thumb, the higher the cocoa concentration, the more theobromine, which is the active ingredient that is toxic in high doses. Baker's chocolate, for example, can be particularly concerning, while white chocolate contains no cocoa and is not actually toxic to dogs.

"The vast majority of candy bars contain very little

actual theobromine, as they are comprised of milk chocolate covering a large amount of nuts, caramel, wafers, etc., so the actual chocolate ingestion is usually benign," said Dr. Pashmakova. "We become much more concerned with small dogs and the ingestion of dark chocolate."

If possible, it is always a good idea to find out how much and what kind of chocolate your pet ingested in order to decide what actions should be taken. Chocolate is absorbed within about an hour, so you must act quickly if the ingestion was toxic.

"Once you have identified the amount and type of chocolate ingested, you can do some simple math and find out the 'milligram per kilogram' theobromine ingestion for your pet," said Dr. Pashmakova. "As little as 30 mg/kg of theobromine can cause cardiac stimulation, such as fast heart rate or other arrhythmias."

"Central nervous system (CNS) excitation, erratic behavior, and pacing are also common, due to the stimulant effects. The higher the dose, the more concerning

these are."

If you're unable to determine the ingested dose, the best thing to do is contact the ASPCA pet poison control hotline and talk to a toxicologist directly who can help you determine if your pet needs urgent medical care. Though there are no particular tests that your veterinarian can perform for chocolate toxicity, if they do suspect a toxic dose has been ingested recently and the dog is not showing neurological signs, they may induce vomiting at the hospital.

"This usually is very successful in decontaminating the gastrointestinal tract and preventing further absorption. However, if dogs have clinical manifestations of CNS excitation, we typically will recommend supportive care and time," said Dr. Pashmakova. "This includes a dose of activated charcoal, close monitoring of vital signs, and lots of IV fluids to rid the body of the toxicity."

Although chocolate is the most prevalent concern during the Halloween season, it is also important to keep in mind the dangers of caffeine

tablet toxicity for dogs. As always, don't assume that human medications are safe for companion animals, and when in doubt, consult a veterinarian first.

"A small dog getting into one or two tablets can be fatal if not caught early and not decontaminated and treated appropriately," said Dr. Pashmakova. "Keep all stimulant drugs out of the reach of dogs and cats; their smaller body sizes and different propensities to metabolize drugs make things that are safe for people really toxic for them."

No amount of chocolate or caffeine is healthy for your dog to consume, even if it doesn't result in toxicity, so keep the trick-or-treating baskets out of reach this Halloween.

*Pet Talk is a service of the College of Veterinary Medicine & Biomedical Sciences, Texas A&M University*

**In America today you can murder land for private profit. You can leave the corpse for all to see, and nobody calls the cops.**

~ Paul Brooks, *The Pursuit of Wilderness*, 1971

## Identify trees with book from Arbor Day Foundation

The Arbor Day Foundation has a book that helps people identify trees in a simple, step-by-step process. The book, *What Tree Is That?*, is available for a \$5 donation to the nonprofit tree-planting organization.

*What Tree Is That?* is a fun, easy-to-use tree identification guide that features hand-drawn botanical illustrations highlighting the distinctive characteristics of many tree species.

Nature lovers and professional arborists alike have called this pocket field guide a must-have, user-friendly resource. Its beautiful, full-color illustrations are in precise detail and depict natural colors, shapes, and textures so users can make a positive species identification in just a few easy steps.

The Arbor Day Foundation offers this book to help people identify trees in Texas and throughout the Eastern and Central regions of the United States. *What Tree Is That?* uses a unique step-by-step approach for identifying the species of each tree, explaining what to look for in the shape of the leaves, differences in the leaf stems and twig structures, and specific characteristics of fruits, flowers, buds, and bark.

"Our *What Tree Is That?* pocket guide is an ideal resource for developing a greater appreciation for trees," said Matt Harris, chief executive of Arbor Day Foundation. "The Arbor Day Foundation strives to help people enjoy and appreciate trees, and we feel our pocket field guide will do just that."

*What Tree Is That?* is also available as an online interactive version at [arborday.org](http://arborday.org).

To obtain a tree identification guide in full color, send your name, address, and \$5 for each guide to *What Tree Is That?*, Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410. You can also order the book online at [arborday.org](http://arborday.org).

**I put a dollar in one of those change machines. Nothing changed.**

~ George Carlin

### Nortex TV Customers: Time To Plug In Your DTA

Channel encryption will occur soon, and you will have no programming without a digital television adaptor (DTA) or set-top box attached to your TV.

#### Pick-Up DTA

DTAs are user-friendly and are included in a box with all necessary items and a manual for an easy self installation. Visit Nortex during operating hours to pick-up your DTA:

Nortex Communications

205 N. Walnut St. in Muenster  
Monday-Friday 8:30AM- 5:00PM

Nortex Technologies

406 E. California St. in Gainesville  
Monday-Friday 9:00AM- 6:00PM

#### Get DTA Help

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## Rehab makes life better after cardiac incidents

Our heart is our center. Our heart is life.

When illness interrupts the steady beat of the heart, emotion can wash over you like a wave. Fear, anger, confusion, sadness. Heart patients experience it all.

For example, when your cardiologist tells you to start walking for exercise, your response might be one of fear. Walk alone? With no one to watch me? What if something happens? With your diet, it might be confusion you feel. What should I include in my diet? What should I exclude? How do I even begin?

That is where cardiac rehabilitation comes in, and it just so happens that Muenster Memorial Hospital offers Phase II, or outpatient, cardiac rehabilitation through its rehabilitation center; and has since the summer of 2011.

Specially trained cardiac rehab specialists work with patients three times a week, for 12-15 weeks, as prescribed by a physician. Patients exercise on treadmills, bicycles, and other aerobic equipment to gain strength and improve endurance and breathing. Heart rate and rhythm are closely monitored throughout the workout. Sessions last approximately one hour and are typically scheduled in the early afternoon Mondays, Wednesdays, and Fridays.

Sometimes rehabilitation means more than working with the body – it means regaining confidence too. “Our patients know we are

there for them,” noted Karime Graves, MMH’s Director of Cardiac Rehab. “It gives them the confidence and security they need to push themselves to wellness.”

Another important component of life after cardiac event is education. Patients are provided with information needed to make lifestyle changes and decrease the chance of future cardiac incidents. Information provided can include nutrition, stress reduction, and information on medications.

Conditions that qualify a patient for cardiac rehab include: heart attack, bypass surgery, heart valve replacement or repair, coronary stenting, transplant, stable angina, and PCTA. Patients should check with their cardiologist to see if they might benefit from cardiac rehab.

After patients graduate from the rehab program, they can move into a maintenance phase, where they continue to exercise in the center without a heart monitor; or the rehab team can design a program for use in the home.

“Cardiac rehabilitation is another top-notch service offered by Muenster Memorial Hospital to keep residents close to home for the care they need,” Karime added. “We work closely with physicians from all around the area. There is no reason to have to drive to Denton, Dallas, or Sherman/Denison for this service.”

Call 940-759-6198 for information or to initiate a physician contact.



MMH photo

**Bill Luke of Muenster has his vitals checked by Cardiac Rehab Director Karime Graves as he exercises as part of Muenster Memorial Hospital’s Cardiac Rehabilitation Program. Luke is feeling good after heart valve replacement, admitting that he had been working on his tractor before coming in for his afternoon rehab session.**

## Luke proclaims benefits of MMH Cardiac Rehab

Slowing down is not an option for Muenster native Wilmer J. “Bill” Luke.

So when he had his heart attack three years ago and had stents placed, he was thrilled that he could get back to his routine quickly, without a lot of downtime.

In the spring of this year, during a visit with cardiologist Richard Ammar, M.D., Luke discovered that another cardiac event had occurred – his heart valve was not working properly and he needed to have it replaced.

Luke underwent surgery in early May. His heart surgeon was able to go in through the arteries of his legs and replace his defective valve. Recovery time for this procedure was not as quick as it had been with the stent placement but still went rapidly – a few days in ICU, a few in the coronary care unit, and then he was able to come back to Muenster Memorial Hospital where he was admitted to the swing bed unit to regain his strength.

“I was satisfied, but wanted it to go faster,” Luke stated. In June, he started outpatient cardiac rehab at MMH. Eighteen sessions later, the improvement is remarkable.

“I am so glad we have this program,” Luke said. “The staff is great – very attentive. They watch you every minute.”

Luke told his story as he worked on a recumbent bike, a seated stepper, and an arm ergometer or arm “trike.” While on each piece of equipment, cardiac rehab tech Karime Graves checked his pulse, the oxygen level of his blood, his blood pressure, and level of exertion. Meanwhile, registered nurse Tiffany Lutkenhaus carefully watched a screen receiving signals from the heart monitor Luke was wearing. He warmed up with four trips around the center, walking so fast he almost left his technician behind.

Only slightly out of breath, the 94-year-old entertained with stories about his childhood on his father’s farm, which ran east of Muenster hospital, and of his own life, which included a brief stint away in college and then the Air Force during World War II. Upon his return to Muenster in 1960, he worked as a CPA and accountant.

## New Arrival

### Miller

Eric and Deanna Miller of Argyle are proud to announce the birth of their son Isaac John Miller. Isaac was born Sunday, June 28, 2015 at 6 a.m. He weighed 8 lbs. 1 oz. and measured 19 ¼ inches in length. He was greeted by his proud siblings Sydney, Dalton, and Emery. Grandparents are Alan and Darlene Miller of Muenster, Charles and Sandie Meurer of Argyle, and the late Tommi Sue Meurer. Great-grandparents are Adam and Alma Wolf of Muenster, Barbara Meurer of Windthorst, the late Larry Meurer, the



Isaac Miller

late Bill and Terese Miller, and the late Brownie Holt.

## Ladies Auxiliary meets

The Ladies Auxiliary VFW Post #6205 held their regular meeting Monday, July 20 in the Post Home with President Frances Bayer presiding. The opening ritual was given by Conductress Linda Knabe, Chaplain Rosemary Dankesreiter pro tem, and Patriotic Instructor Hilda Sicking pro tem. Roll call and minutes of the previous meeting were read by Secretary Ida May Bindel. Lucille Hesse’s treasurer’s report was read by Agnes Hesse and was accepted to audit.

Bayer reported on the two-day State Seminar she attended in Austin. She reported that there will be lots of changes coming up.

An upcoming event is a school of instructions to be

held during August. There will also be a District I called meeting on Aug. 9 hosted by Roanoke Memorial Post #5074 and their Auxiliary in Roanoke. The District I Commander is Guy Northrup and the Ladies Auxiliary president is Rosemary Wells.

A get well card was signed for Charlie and Flora Mae Knabe by members.

Agnes Hesse, trustee, reported that the books were audited and found in good order.

Rosemary Dankesreiter served refreshments to 11 members. Next month’s hostess will be Lynn Hacker.

The next meeting is scheduled for Aug. 17 at 7 p.m. at the Post Home.

## Tornado safety tips

If a Warning is issued or if threatening weather approaches:

- In a home or building, move to a pre-designated shelter, such as a basement.
- If an underground shelter is not available, move to an interior room or hallway on the lowest floor and get under a sturdy piece of furniture.
- Stay away from windows.
- Get out of automobiles.
- Do not try to outrun a tornado in your car; instead, leave it immediately.

Mobile homes, even if tied down, offer little protection from tornadoes and should be abandoned.

Occasionally, tornadoes develop so rapidly that advance warning is not possible. Remain alert for signs of an approaching tornado. Flying debris from tornadoes causes most deaths and injuries.

## Rainbows apologize for angry skies.

~Sylvia Voirol

## Weather Whys - Raindrops

Q: Are larger raindrops shaped the same?

A: Large raindrops often split in two because of their size, Brent McRoberts of Texas A&M University adds. “When a raindrop gets to be large, it assumes a shape that is similar to a small parachute, with a larger area around its base,” he explains. “When this happens, the raindrop is so large that it splits into several smaller drops. A larger raindrop naturally falls to earth faster than a smaller one, but it still takes a while. For example, a large raindrop that fell from a cloud at 5,000 feet would take about three minutes to reach you on the ground. Some raindrops can actually be different colors because of sand or other materials that collect in them.”

*Weather Whys, a service of the Department of Atmospheric Sciences, Texas A&M University*

# The care you need... **MMH** from hospital to home.

**re-ha-bil-i-tate (rh-bl-tt) tr.v. re-ha-bil-i-tat-ed, re-ha-bil-i-tat-ing, e-ha-bil-i-tates**  
**To restore to good health or useful life, as through therapy and education.**

**At Muenster Memorial Hospital, we have the services needed to return you to health and home following surgery, incapacitating illness or injury.**

### RESTORE HEALTH with Extended Care

When additional care is needed following a hospital stay or surgery. This could include therapy services to regain function and build strength, or administration of IV medications. A location close to home provides peace of mind and convenience for loved ones, making the whole family feel better!

### RESTORE CONFIDENCE with Cardiac Rehab

For patients following cardiac events, including heart attack, heart surgery or certain types of heart disease. Exercise your heart back to health while being closely monitored by highly trained staff. State-of-the-art facilities and equipment. Education to help you maintain your health through lifestyle change.

### RESTORE FUNCTION with Therapy Services

Offering the most extensive therapy services in Cooke and Montague counties.

- PHYSICAL THERAPY**
- OCCUPATIONAL THERAPY**
- SPEECH THERAPY**
- AQUATIC THERAPY**
- HAND THERAPY**

# THE THERAPIES

OCCUPATIONAL

AQUATIC



PHYSICAL

SPEECH

HAND

MMH rehabilitation services are provided in an easily accessible rehabilitation center, with state-of-the-art equipment and a warm, friendly staff. Inpatient or outpatient therapy is available. **Come see for yourself! We would be happy to provide a tour of our facilities any time.**

# MMH

*Your Get Well...Get Healthy Home*

## Muenster Memorial Hospital

605 N. Maple Street, Muenster, Texas 76252 (940) 759-6100

# SCHOOL

## Walterscheid recounts Washington, D.C. trip with Government In Action Tour

Kimber Walterscheid, 2015 winner of the Cooke County Electric Cooperative's Government in Action Youth Tour trip to our nation's capital in Washington, D.C., recounts her special memories and the friendships she made that will last her lifetime. Kimber is a student at Muenster High School and the daughter of Darren and Jennifer Walterscheid.

### Kimber's account of the trip

Earlier this summer, I was given the amazing opportunity to be one of 1,737 students chosen for the 2015 Government In-Action Youth Tour. They say the trip is the experience of a lifetime, and it certainly was.

The trip was truly something I will never forget. I created friendships with amazing people that I know will last a lifetime.

This year, the program promised some special events in celebration of the Texas Youth Tour's 50th Anniversary with a kick-off dinner in Austin where this year's delegation was joined by alumni as guest speakers as well as Co-op leaders.

Our first day in D.C. began with a full day to explore the Smithsonian museums. Because there was an additional day planned for the museums later on in the week, we really had the chance to take our time and see everything we wanted to see. The day concluded with dinner at the Pentagon City Mall, and surprise birthday cake at the hotel for my roommate's 18th birthday.

Friday, we began our day with a trip to the National Zoo, and following that we toured the beautiful National Cathedral.

Saturday morning, we woke up early to tour the Arlington National Cemetery. Four of our students were chosen to represent all Texas Electric Cooperatives in a wreath laying ceremony at the Tomb of the Unknown Soldier. We had the humbling opportunity to watch the ceremony, listen to the playing of "Taps," and watch the changing of the guard. The entire experience brought tears to my eyes.

Following the Cemetery, we

went to what ended up being my favorite part of the trip: the Newseum. It is a museum of news history that traces all the way back to the first newspaper printed in 1679. It also held a piece of the Berlin wall, and an amazing tribute to 911.

Sunday morning began with a student-led devotional at the hotel, and afterwards we loaded up to head to Mt. Vernon. Despite the agonizing heat, we explored the entire property and toured George Washington's mansion, seeing it just as it was in the 1700s.

That night, we took a boat cruise on the Potomac River with a couple of other states. We definitely had a lot of fun dancing and meeting people from other places.

Monday was the official start of the Youth Tour, and we began the day with an orientation along with all of the other states. We also had the amazing privilege to listen to motivational speaker Mike Schlappi, who made us laugh, cry, and really take a step back and appreciate everything that we have.

A visit to the White House followed, and after taking

tons of pictures, we ended the night at the West Potomac Park to see a couple of memorials.

The next day, we visited Capitol Hill and had the opportunity to meet with our area representatives. I was able to meet Mac Thornberry, ask him questions, and even get a picture with him. Afterwards, I managed to score a library card to the Library of Congress and was able to tour it. The library card is my favorite souvenir that I brought back from the trip.

That night, we all got dressed up to attend a showing of *Shear Madness* at the Kennedy Center. We laughed until our stomachs hurt while watching the play.

Our final day in D.C. ended with visits to the Lincoln Memorial, Washington Monument, and the Vietnam Memorial. Every memorial and monument we visited was beautiful and eye-opening, and they all definitely left a mark on each of us.

This trip truly was the trip of a lifetime. Looking back, I realize how lucky I am to have experienced all that I did, especially with all of the amazing friends that I made.



Courtesy photo

Kimber Walterscheid in Washington D.C.

## Prevent Blindness provides information on children's eye health

Kids and parents are gearing up to head back to school. Because healthy eyesight can help improve a child's chance at success in the classroom, Prevent Blindness is asking parents to make an appointment for an eye exam to make sure their child is seeing clearly.

Prevent Blindness has declared August as Children's Eye Health and Safety Awareness month to inspire parents to make their child's vision health a priority. The non-profit group has a variety of resources to help put children on the path to a lifetime of healthy vision:

- PreventBlindness.org includes free information on a variety of children's eye health topics including amblyopia (lazy eye), strabismus (crossed eyes), UV-protection, and sports safety.
- Because vision require-

ments for school enrollment vary by state, Prevent Blindness, through its National Center for Children's Vision and Eye Health (NCCVEH), offers the online School Requirements for Children's Vision map that provides information about state legislation for vision screening and/or mandated eye exams.

- The Affordable Care Act (Obamacare) mandates that all health insurance include a pediatric vision benefit. In most states, that includes one comprehensive eye exam and one pair of eyeglasses. For more information, Prevent Blindness offers the fact sheet in English or Spanish, "The Affordable Care Act and Your Child's Eyes."
- Prevent Blindness partners with programs such as VSP's "Sight for Students," "OneSight" from Luxottica, and "Let's Go See" from Vi-

sionworks and Davis Vision, that may provide free eye exams and glasses to children who qualify.

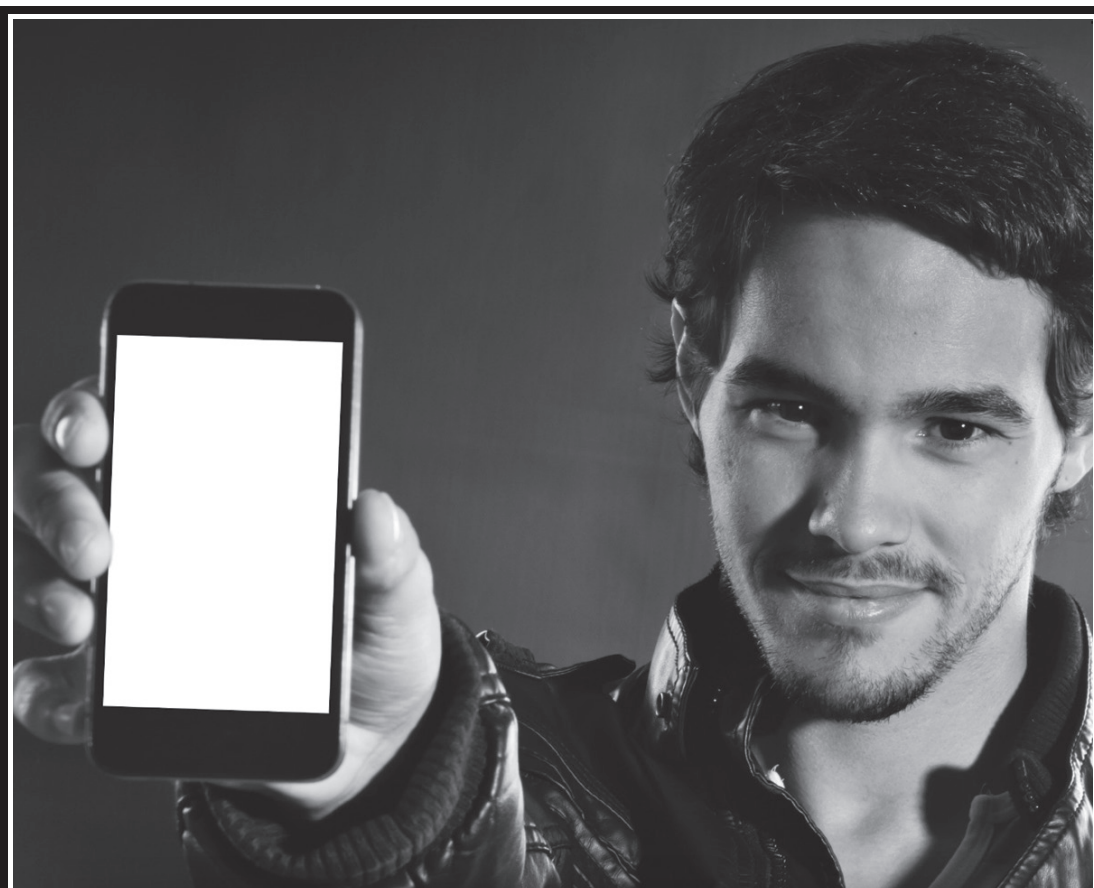
- For educators, Prevent Blindness offers the Star Pupils Eye Health and Safety Curriculum for grades K-2, 3-5, and 6-8. The program, which is available free for download upon request, provides teachers with interactive materials that help students learn the importance of sight, components of the eye and how we see, and how

to identify objects and situations that can be dangerous to eyes. The program meets National Health, National Science, and National Physical Education standards and includes lesson plans with presentation PowerPoints and teacher guides, in-class activities, and take-home worksheets.

"This time of year, preparing to send our kids back to school can be hectic and sometimes stressful," said Hugh R. Parry, president

and CEO of Prevent Blindness. "We hope to help make the process easier and arm parents with the vision information they need to get the school year kicked off right."

For more information on children's eye health and safety, the NCCVEH, eye care assistance programs, or the Star Pupils Eye Health and Safety Curriculum, please call Prevent Blindness at (800) 331-2020 or visit preventblindness.org.



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# Texas farmers turn to winemaking

The *Wall Street Journal* (WSJ) recently questioned if Texas could become a world-class wine region, according to *The Houston Chronicle*.

Texas is now the fifth largest wine producer, according to Wine Vines Analytics. The industry generated \$1.88 billion for the state in economic activity in 2013, a Texas Wine and Grape Growers

Association Report said. And winemakers have increased production by a third since 2010—turning out 1.8 million cases last year, WSJ reports.

Texas Hill Country, located near Austin, has been receiving attention in recent years from wine connoisseurs. But the WSJ notes that the future of wine might be in West

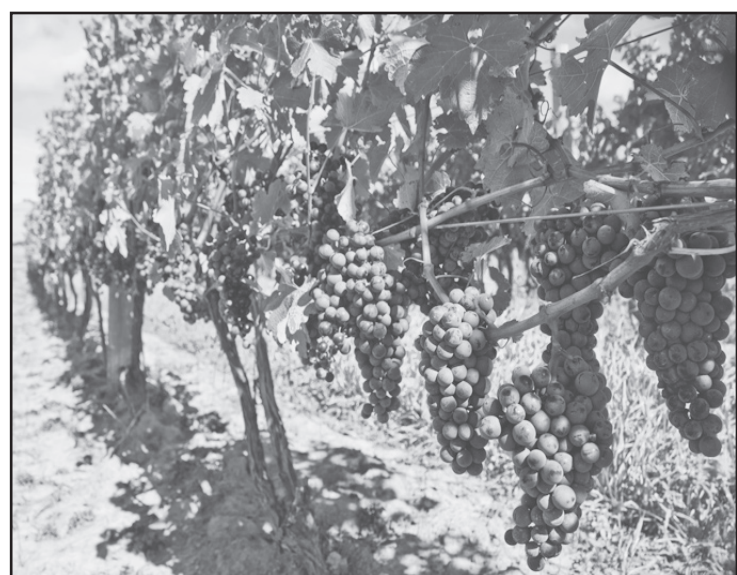
Texas or the Texas Panhandle in Terry County.

“A long-standing drought and falling cotton prices are also enticing more of them to plant grapes. A vineyard costs more than \$10,000 an acre to put in, but can generate as much revenue as 40 acres of cotton with a fraction of the water use,” according to Andy Timmons, a longtime grape

grower.

Brent Hogue is one farmer who is optimistic that wine has a bountiful future in the Lone Star State.

“I’m a West Texas boy who drinks beer,” said Hogue, whose family is now growing Merlot and Albarnio grapes alongside cotton. “With grapes, we can hopefully survive in the farm.”



# MUENSTER Volunteer Fire Dept.

## All you can eat BAR-B-QUE

### SATURDAY, AUGUST 8, 2015

### MUENSTER HERITAGE PARK

ADULTS – \$10.00 CHILDREN – \$5.00 (UNDER 12) - MEAL BEGINS AT 6:00 PM

ENTERTAINMENT BY THE ENTERTAINER

AUCTION BEGINS AT 7:30 PM - RAFFLE DRAWING AT 10:00 PM

For the kids -- bounce houses, face painting & Mini train ride

*Donate!*

## MVFD AUCTION LIST

Flusche Enterprises - Heavy duty 16 ft cattleguard  
 Klement Ford - 12 gauge Mossberg shotgun with 3 chokes  
 Rohmer's Restaurant - Basket of baked goodies  
 Ryan & Tina Hess - 3 fertilized coastal round bales, you pick up within 6 months - 1 dozen eggs a week for 52 weeks  
 Jerry Hess Operating - 5 fertilized coastal round bales  
 Community Lumber - 36" flat top griddle, 4 burner propane  
 Tommy & Dyan Huchton - Fajita dinner for 20 people  
 Universal Machining - 2 bred Angus heifers  
 Wolff Den - 3 dinners for 2  
 Cody Klement - Planter boxes  
 Gerald & Betty Rose Walterscheid - Homemade baked goody basket  
 Gainesville Door - Residential garage door operator 7 or 8 foot  
 Deano Bayer & Coy Fisher - famous hot wings for 50 people (cowboy game or superbowl)  
 JH Bayer and Sons - 2000 lbs. deer corn  
 Ryan & Mike Bayer Roofing - glider swing  
 Muenster Auto - \$200 cash  
 Permanent Solutions - hair products  
 Mitch & Kami Creed - picnic table  
 Zimmerer Kubota - echo chainsaw  
 Muenster Drilling - 10 joints 4 1/2" pipe  
 Associated Travel - 1 weekend night Embassy Suites - Outdoor World  
 Girlfriends Boutique - \$100 shopping spree with wine and cheese; rugs and home décor  
 Terri Flusche - "Mary Kay" \$300 skin care basket, \$150 men's cologne basket, \$150 women's perfumes basket  
 Girlfriends - 1 month power bed tanning & lotion  
 Structures Inc. - 18 volt, 2 piece cordless combo kit (1/2" hammerdrill, 1/4 hex impact)  
 Bob Baker - 2 oil changes for gas motors  
 Neil's Subway - 10 large pizzas  
 82 Liquor - 1.75 liters Crown  
 Lou Voth - baby quilt  
 Fischer's Meat Market - 7- \$100 gift certificates  
 P&P Construction/ Ranch - 1/2 beef (Hess Meat donates processing)  
 Lost Wood Knives/ Eland Green - 7 1/2" responder knife, sheathe, t-shirt  
 John Anderle - 4 hours welding, 4 hours post hole drilling  
 Joe Pagel - 148 pc crescent tool set  
 Ginny Schneider - 1 case of pickles  
 Hogan's Jiffy Lube - \$40 gift certificate  
 Hunter's Oil Depot - \$10 off oil change, certificate for "The Works car wash"  
 Jan Cain - \$50 gift certificate good for 1 hour facial  
 A "Friend" - 70 qt. Yukon cooler  
 CBJ Tire - front end alignment  
 Drew Springer - Texas flag that flew over the Capital  
 Wayne and Tudor Klement - Fried chicken dinner and sides for 10 people delivered to your place in Muenster area  
 Bayer's Bakery - 3 gift baskets  
 Zack and Jami Fuhrmann - wine basket  
 Rudy Koesler - custom toy chest  
 Dieter Brothers BBQ - \$50 gift card  
 Ace Hardware - 1 Stanley ventilator fan  
 Ace Hardware - 1 Stanley toolbox  
 Terry Luke - 1 dessert a month for 6 months  
 Walterscheid Construction - 8 yards of concrete  
 Turtle Hill Golf Course - 1 players card  
 Ben E. Keith Dist. - Michelob Ultra golf bag, Landshark wooden cooler, BBQ apron and turner, 3 cases of beer from around the world, Bud bag cooler,

Sisters - 2 rolling luggage items, blanket, and purse  
 Sisters - Ultra Power hand mixer/food chopper  
 Darren Klement - 1 rick of pecan firewood  
 DWD Knotty Wood - Hand made cedar bench  
 Ron Dangelmayr, Justin Wolf, Trevor Hess - cedar corn hole set  
 Cole-McNatt and Ben Bindel - large golf basket  
 Landmark Bank - wine & food basket  
 Ida Mae Bindel - queen size, hand quilted quilt  
 Nascoga Credit Union - air compressor  
 Glenn Polk Ford/Dodge - Rino liner spray in bed liner  
 Muenster Milling - 2 1,000 lb. gift certificates for creep feed  
 G&H Backhoe - 2 loads of crushed rock, delivered within 15 miles of Muenster. Must take delivery in 3 months  
 Ray and Marcy Wilde - 2 collectible Budweiser beer steins  
 Gehrig Hardware - trail camera  
 Texoma Exploration/Gehrig Inc - Yukon cooler  
 Superior Machining - Stick Mule portable come along  
 Superior Machining - 52 piece crescent brand socket set  
 Kountry Korner - 10 larger pizzas  
 Alex Schroeder - 2 hours of rock drilling  
 John Knabe & Deano Bayer - fish fry for 50 people  
 Circle N Dairy - \$25 certificate  
 Pond King Inc. - 2 Yeti ramblers, Yeti hat  
 M&W Oilfield Supply - deer feeder  
 M&W Oilfield Supply - crescent tool set  
 Cooke County Electric Coop - outdoor propane deep fryer  
 Doc's Bar and Grill - 1 cake per month for 12 months  
 Walterscheid Appliance - Toshiba DVD player  
 Charles & Jane Barfknecht - 4 handcrafted leather koozies  
 Charles & Jane Barfknecht - 1 custom handcrafted leather pistol holster to fit your hand gun  
 Norton Metals - (vender of Flusche Enterprises) 4 ranger tickets, front row, 3rd base commissioners box w/parking pass Wed. August 26  
 Stick Lamar's Tree Care - Echo blower  
 H&H Gutter - 1 bottle of Crown  
 Jake Hess & Ronnie Walterscheid - fried chicken dinner for 50 people at your place  
 Hess Meat Co. - two \$150 gift certificates  
 Steve Fette - 100 rounds of ammo  
 Miller Service Station - man's rosary & woman's rosary  
 Schilling Tire & Auto - Marlin model 60 - 22 long rifle with scope  
 Joe Becker - 1 rick of oak firewood  
 Wichita Beer Dist.- 42 qt. Otter cooler w/ 1 case of Miller Lite beer  
 Wayne Wimmer Cabinets - 1 cool coat rack /shelf  
 Pettit Machinery - Stihl chain saw  
 McCoy's Building Supply - Rockwall circular saw  
 Donny Knabe & Darren Klement - fish fry for 30 people at Donny's shop  
 Peggy Walterscheid - handmade queen size quilt  
 JJ Biffle - two 4 x 8 bales of alfalfa hay  
 Jason Snuggs/G-Town Auto Sales Inc - 1 1/2 hour plane ride  
 Vieth Construction - Crown Royal 750XR and koozies  
 Superior Machining - 4 1/2" Bosch side grinder  
 Lora's Flowers and Gifts - 2 signs and handbag  
 Tommy & Dyan Huchton - Cabela's meat slicer  
 Anonymous - Henry Big Boy .4570 rifle, octagon barrel & brass receiver

**CASH DONATIONS**

- Jerry Hess Operating - \$200
- Catholic Life Insurance - \$100
- Dynamite Daycare - \$100
- JMW Architecture - \$100
- Smiles by German Design (Elaine Schilling) \$100
- Ray of Sunshine (Danny & Dana Knight) - \$250
- D&B Construction - \$100
- Hess Waste/Hess Towing - \$500
- Hennigan Auto Parts - \$250
- Nortex Communications - \$500
- Muenster Auto - \$200
- Muenster Family Medical Clinic - \$150
- Douglas and Vickie Fleitman - \$250
- John Dave and Patsy Fleitman - \$250
- Ladies VFW Aux. - \$10
- First United Methodist Church - \$15
- Muenster State Bank - \$1000
- WFW - \$1000
- Schilling Oil - \$250
- Wallace English Insurance - \$1000
- First State Bank - \$500
- Anonymous - \$10,000 for purchase of air packs
- Dustin Office Supply cash donation
- Sonny & Doris Grewing - \$200
- Atmos Energy - \$500
- Triple G Well Service - \$500
- Walterscheid Oil - \$200
- Bob & Elaine Bruns - \$300
- R&R Energy - \$200
- Paul & Brenda Becker - \$250
- Danny Voth - \$250 cash
- Bell Supply - \$500 cash
- Dale Klement - \$100
- Prosperity Bank - \$200
- Trubenbach Cattle Co. - \$500
- Hesse/Schniederjan - \$200
- In memory of L.B. Bruns - \$20
- V&H Oil Co. - \$1000
- Doug & Susan Hermes - \$500
- Norman Koelzer - \$100
- Carolyn Bayer - \$500

YOU CAN HELP

Have something to contribute?  
 Contact any Muenster Fireman or call  
 Neal Flusche 736-3407 Justin Walterscheid 736-5850  
 Shawn Flusche 736-0624 John Forshee 736-7471

TAX-DEDUCTIBLE DONATIONS

# SPORTS

## Game Warden Reports

### Rains boost lakes, fish stocking

Widespread rains in May and June did more than end the drought and raise lakes to levels not seen in years. Many lakes that had been scheduled for stocking contingent on significant spring rains were able to be stocked to take advantage of improved habitat.

Fortunately, TPWD freshwater fish hatcheries had a better-than-expected production year for such popular species as Florida largemouth bass, blue catfish, striped bass, and palmetto bass (hybrid striped bass), making more fish available.

TPWD has five inland fish hatcheries. One is currently closed because of water supply problems caused by drought. In 2015, TPWD hatcheries produced and stocked almost 500,000 channel catfish fingerlings; 800,000 blue catfish fingerlings; 4.8 million striped bass and hybrid striped bass fingerlings and 4.7 million fry; 157,000 Guadalupe bass fingerlings; 55,000 smallmouth bass fingerlings; 129,000 bluegill fingerlings; and 7.5 million largemouth bass fingerlings.

The good news doesn't stop there. Spring rains brought many reservoirs to levels not

seen in several years, so the hatchery fish were stocked into great habitat. When reservoir levels go down for several years, vegetation grows up in the dry lake bottom. When levels rise, the flooded vegetation gives little fish a place to hide from predators and, as it decays, releases nutrients into the water that jumpstart the food chain.

Water level rises came to many lakes in time for spawns from resident fish to enjoy good habitat conditions, adding to the bounty. Those water level rises benefit all species of fish, which means that fishing should see significant improvement in the next several years, and predator species like bass, striped bass, and hybrid striped bass will have plenty to eat and grow quickly.

Information on where and how many fish were stocked can be found at <http://tpwd.texas.gov/fishboat/fish/management/stocking/>.

If you have questions about a particular lake, contact information for biologists in charge of each public reservoir managed by TPWD can be found at <http://tpwd.texas.gov/fishboat/fish/management/biologist/>.



TPWD Photo © 2015, Tom Lang

**Texas Parks and Wildlife Department fisheries technicians Steven Hise and Wes Dutter transfer striped bass fingerlings from the hauling trailer to containers on board a boat in preparation for stocking them into Possum Kingdom reservoir. Possum Kingdom received 267,748 striped bass fingerlings and 213,209 Florida largemouth bass fingerlings in 2015.**

### TAKE HUNTER EDUCATION

Now, before the hunting seasons start, is the best time to fulfill your hunter education requirements to ensure a safe and legal hunting trip.

Butch Schmidlkofer will be offering a hunter's safety class on Aug. 21-22. The classes will be held in the Muenster Jaycee meeting room on East 9th Street for anyone 9 years and up. Call 736-6192 to pre-register.

Every hunter (including out-of-state hunters) born on or after Sept. 2, 1971, must successfully complete a Hunter Education course or be accompanied by a person who is at least 17, who is licensed to hunt in Texas, who has passed hunter education or is exempt (born before Sept. 2, 1971). Minimum age of certification is 9 years of age.

### The caged birds aren't singing

Acting on a tip, a Williamson County game warden found a backyard bird cage containing 10 doves, both mourning and white winged, and two blue jays. Next to the cage was a small trap with a mourning dove tied to it. The warden also found a small shed nearby with several cages inside and cracked corn on the floor. The door to the shed was tied to a nearby tree with string. The warden confirmed the homeowner was not a TPWD approved wildlife rehabilitator and then took evidence photos before liberating all the doves and blue jays, including the mourning dove that was tied to the trap. The warden came back to the house four hours later to make contact with the owner, who admitted doves would fly into the shed to eat the intentionally placed corn on the floor. When several doves had flown into the shed, the homeowner would pull the string attached to the doorknob, trapping the birds inside. He would then enter the shed with his young son to catch the doves by hand and put them in the cage in the yard. He admitted the dove tied to the cage was a live decoy to lure more doves. The man received numerous citations for illegal baiting and possession of migratory game birds and songbirds and no hunting license.

### The fish don't belong to us. No wait, yes they do

While patrolling Lake Granger for water safety compliance and recreational freshwater fishing enforcement, a Williamson County and a Milam County game warden found five fishermen on the water without a valid fishing license. The wardens asked if they had caught any fish, and the men said they had caught two little ones but released them. One warden

went to their campground and found seven white bass in an ice chest. One of the fish was 9 inches long. They men said the fish did not belong to them. After a short interview, one warden got a confession and several citations and civil restitution were filed.

### Boating while intoxicated

Two game wardens patrolling Falcon Lake for water safety violations saw a personal watercraft (PWC) violate the 50-foot rule, which prohibits operation within that distance of another craft. After the wardens turned on their emergency lights, the PWC continued toward the bank. After contacting the operator, who didn't have any identification, the wardens administered seated Standardized Field Sobriety Tests in their state boat since the operator said he'd had a "few" drinks that day. Following the seated test, the wardens conducted the standing SFST; both tests indicated the operator was intoxicated. He was placed under arrest for BWI and booked into Zapata regional jail.

### Triple Threat of Violations

A Comal County game warden concluded an investigation that started with a couple dumped animal carcasses in New Braunfels. In his investigation, the warden found that one individual killed a hen turkey, failed to keep any of the bird in edible condition, and did not tag the bird. The warden cited this hunter for hunting hen turkey in closed season and for failing to keep the bird in edible condition. The warden issued a warning for the tagging violation. The warden also cited a second hunter for illegal dumping: the hunter disposed the remains of an exotic animal in a city drainage channel.

### Just a thought

*It's better to make a mistake trying than to not try at all.*

*The expert in anything was once a beginner.*



Clay Corbett photos

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**Ant-Man in 3D & 2D ( PG13 )**  
11am, 1:45\*, 4:30, 7:15, 10:00  
**Trainwreck ( R )**  
Fri-Wed 11am, 1:50, 4:40, 7:30, 10:20  
Thurs 11am, 1:50, 4:40  
**Minions in 3D and 2D ( PG )**  
12:00 noon, 2:20\*, 4:40, 7:00, 9:20  
**Max ( PG )**  
Fri-Mon 11am, 1:40, 4:20, 7:00, 9:45  
Tues 11am, 1:40, 4:20  
**Vacation ( R )**  
Tues 7:30, 10:00  
Wed & Thurs 12pm noon 2:30, 5:00, 7:30, 10:00  
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 Notice is hereby given that original Letters of Administration for the Estate of Thomas H. Thompson were issued on July 17, 2015, in Cause no. PR17154, pending in the County Court of Cooke County, Texas, to April M. Thompson, Administrator.  
 Claims may be presented in care of the attorney for the Estate addressed as follows:  
 Estate of Thomas H. Thompson c/o; THOMAS L. CLAXTON Attorney at Law P.O. Box 329 Gainesville, Texas 76241  
 All persons having claims against this Estate, which is currently being administered, are required to present them within the time and manner prescribed by law.  
 July 17, 2015  
 April M. Thompson, Administrator  
 BY: /s/ Thomas L. Claxton  
 THOMAS L. CLAXTON Attorney for Applicant 7.24-1

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 Sale is located at 1328 FM 174 Bowie Texas 76230

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# FARM & RANCH

## Stallman to step down from AFBF presidency

American Farm Bureau Federation President Bob Stallman announced he will not seek reelection after 16 years at the nation's largest farm organization.

A cattle and rice producer from Texas, Stallman is the 11th president during AFBF's almost 97-year history.

Stallman's successor will be elected to a two-year term at AFBF's meeting of voting delegates on Jan. 12, 2016 during the group's annual convention and trade show in Orlando, FL.

"After 16 years as AFBF president, six as Texas Farm Bureau president, and several more in other Farm Bureau roles, it is time to hand over the reins of leadership—a decision that is made easier by knowing the great leadership and foundation that exist to continue moving Farm Bureau forward," Stallman said. "I am as optimistic as ever about the future of American agriculture and Farm Bureau."

Under Stallman's presidency, Farm Bureau membership nationwide has grown by more than 1 million member

families, programs now support more efforts to build rural communities and economies, and more leadership development programs to help farmers and ranchers have been developed.

According to a news release, Stallman has also served on the White House Advisory Committee for Trade Policy and Negotiations, the State Department's Advisory Committee on International Economic Policy, the Farm Foundation Board of Trustees, the board and founding leader-

ship of the U.S. Farmers and Ranchers Alliance, the board of the Council for Agricultural Science and Technology, and the House Agriculture Committee's Commission on 21st Century Production Agriculture.

"While the presidential gavel will change hands, what defines Farm Bureau will remain the same: our grassroots strength and our commitment to strengthening America's agricultural and rural communities," Stallman added.

## Four state FB presidents announce candidacy for AFBF president

After current American Farm Bureau President (AFBF) Bob Stallman announced he will not seek re-election, four state Farm Bureau presidents announced their interest to be considered as the next president of the organization.

Indiana Farm Bureau's Don Villwock, Georgia Farm Bureau's Zippy Duvall, Arizona Farm Bureau's Kevin Rogers, and current AFBF Vice President and Oregon Farm Bureau's President Barry Bushue all announced their intention to run for the influential post.

According to *Agri-Pulse*, Stallman's successor will be elected to a two-year term by voting delegates on Jan. 12 during AFBF's annual convention and trade show in Orlando, FL.

## BURNING MESQUITE SEEDLINGS MAY CONTROL RANGELAND MESQUITE

According to a Texas A&M AgriLife Research rangeland ecologist, in order to get the best control of mesquite seedlings, fire must be effectively managed.

In a recent study published in *Rangeland Ecology and Management* journal, Dr. Jim Ansley indicated the mitigation of mesquite seedlings by fire is affected by both season and intensity.

"We know adult mesquite trees are fire resistant because they resprout following a fire," Ansley said. "We have determined that range managers might have a greater success of mesquite control with fire if their efforts are aimed at the seedlings."

In the study, mesquite seeds were planted in mid-grass and tall-grass plots in the spring and then burned in the winter at 10 or 22 months seedling age or in late summer when they were 17 months old, according to *AgriLife Today*.

The results revealed summer fires were more effective and yielded a higher death rate than earlier winter fires.



## America's Farmers Grow Communities positively impacts Texas

Beginning Aug. 1, Texas farmers will have the opportunity to partner with America's Farmers Grow Communities to award more than \$3.3 million to community nonprofits across the country. In Texas, 81 organizations will receive donations in 2016.

The program, sponsored by the Monsanto Fund, serves to make a positive impact in rural communities by giving farmers a chance to direct \$2,500 donations to eligible nonprofit organizations of their choice, according to a recent news release.

Last year, Floyd County farmer James Hinton donated \$2,500 to the Rural Nurse Resource Inc. in Floydada through the program to support a scholarship to one registered nurse and one health advocate from Floyd County to attend a Foundation of Faith Community Nursing/Health Advocate course offered by Rural Nurse Resource.

Previous donations have also gone toward equipment and training for rural fire departments, sending FFA and 4-H groups to contests and conventions, supplying food pantries, and boosting agriculture curriculum in rural school districts.

Deborah Patterson, Monsanto Fund president, said more than 7,000 nonprofit organizations have received donations through Grow Communities in the past five years.

## Klements attend Texas Farm Bureau conference

Issues affecting the Lone Star State were highlighted at Texas Farm Bureau's (TFB) annual County Presidents' and Summer Commodity Conference. Water and property rights, ammonium nitrate regulations, and transportation were among the man topics covered.

Robert and Gloria Klement of Cooke County Farm Bureau attended the conference in San Marcos.

"The meetings are a great way for us to learn how

farmers and ranchers in other parts of the state are tackling certain problems, like the recent floods," Klement said.

During the three-day conference, breakout sessions focused on membership and promoting agriculture in local communities.

"We share our insights and learn from one another, while also receiving important agricultural updates," Klement said.

The meetings were held June 22-25.

## PEDv may be linked to feed ingredients

Research on Porcine Epidemic Diarrhea virus (PEDv) shows it can be transmitted through feed, and the survivability of the virus may depend on ingredients, *Brownfield Ag News* reported.

Dr. Scott Dee, director of research at Pipestone, says PEDv hit several bio-secure

farms after the animals ate feed from an emergency feed delivery.

Because of this incident, Pipestone Applied Research examined how different feed ingredients promote or inhibit PEDv. Results showed 50% of the ingredients could harbor the virus.

Pipestone experimented treating the feed with an antimicrobial product called SalCURB, which works effectively with PEDv. Dee said it is up to feed producers whether to use SalCURB.



## Five differences between field and sweet corn

By Jessica Domel

From the moment you wake up in the morning to the time you lie down at night, corn is in your life. It could be in your bedding, carpet, fuel, soda, beef, Crayons, plastic and more.

But not all corn is made the same. In fact, the majority of corn you see growing in the Lone Star State is what we call field or feed corn. It's similar, but different than the corn you find in a can, the frozen food section and on your plate. That's sweet corn.

Here are five major differences between field corn and sweet corn:

- 1) Field corn is often used to feed livestock, in ethanol production and manufactured goods. It's also used to create high fructose corn syrup, corn starch and other products. Sweet corn is consumed largely by humans.
- 2) Field corn is harvested when its kernels are hard and dry. Sweet corn is picked when it's tender so it's easier to eat. It's also much sweeter than field corn.
- 3) Field corn kernels are hard on the outside and starchy on the inside. When cooked, sweet corn kernels are tender on the outside and juicy on the inside. YUM!
- 4) In the field, feed corn grows much taller than sweet corn and has fuller leaves. Most of the corn you see growing on the side of the road in Texas is field or feed corn.
- 5) They're harvested differently as well. When combined, field corn is stripped from the cob. Kernels are taken from the field and stored until they're needed. When sweet corn is harvested, it's picked on the cob to maintain flavor and juiciness.

So whether you're biting into a juicy ear of sweet corn or simply filling up your car, know that part of your day was brought to you by American corn farmers.

*As a farmer's daughter and granddaughter, I believe life is best experienced on the farm. I believe Texas agriculture is the backbone of our economy, and we should be proud to show our Texas roots.*

Jessica Domel  
Field Editor

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OLD EL PASO TOSTADA OR SELECT VARIETIES  
**Taco Shells** ..... 10-12 CT. **2 for \$3**  
SELECT VARIETIES LAUNDRY DETERGENT  
**Sun 2X Liquid** ..... 45.4 OZ. **\$1.99**  
ASSORTED VARIETIES  
**Jiffy Mixes** ..... 6.5-9 OZ. **69¢**  
KRAFT SQUEEZE BOTTLE, REGULAR  
**Mayo or Miracle Whip** 12 OZ. **\$2.79**  
OLD FASHIONED OR QUICK  
**Quaker Oats** ..... 18 OZ. **\$2.99**  
SUPER BUY!  
SELECT FLAVORS JUICE COCKTAILS  
**Old Orchard** ..... 64 OZ. **\$1.89**  
MARUCHAN ASSORTED FLAVORS  
**Instant Lunch** ... 2.25 OZ. **2 for 79¢**  
CHICKEN OF THE SEA ASSTD. VARIETIES  
**Sardines** ..... 3.75 OZ. **89¢**  
SOFT BREEZE SOFT FRESH OR SOFT TROPICAL  
**Fabric Softener** ..... 64 OZ. **\$1.99**  
SPORTS DRINK ASSORTED FLAVORS  
**Powerade** ..... 32 OZ. **79¢**

**RISE AND SHINE  
BREAKFAST  
SPECIALS**

**COUNTRY CROCK**  
Shedd's Spread  
Country Crock  
15 oz. Tub **\$2.99**

**Folgers**  
Coffee  
Classic Roast, 33.9 oz. **\$8.99**

Shurfine or Shur Saving Milk  
Select Varieties, Gallon **2 for \$5**  
Kellogg's Cereal  
Assort., 12.2-15 oz. **4 for \$10**

24-PACK CANS  
**Shurfine Waffles**  
Select Varieties, 10 ct. Pkg. **3 for \$5**

30-PACK CANS  
**Aunt Jemima Syrup**  
Select Varieties, 24 oz. Btl. **\$3.78**

**Milwaukees Best Light**  
**\$14**

**Natural Light**  
**\$20**

## Fischer's Quality Meats



SOLD IN 10 LB. BAGS  
FROZEN  
**Fryer Leg Quarters**  
**37¢ LB.**

PREFERRED TRIM BONELESS BEEF  
**Top Sirloin**

**\$4.99 LB.**



SMALL PACK, PREF. TRIM BNL. SIRLOIN CUT  
**Pork Chops**

**\$1.99 LB.**

PREFERRED TRIM BONELESS BEEF  
**Chuck Roast** ..... LB. **\$4.99**  
ALL VARIETIES  
**Owens Sausage** ..... 1 LB. **\$2.79**  
COOK'S BONE IN  
**Shank Portion Ham** ..... LB. **\$1.39**  
COOK'S BONE IN  
**Butt Portion Ham** ..... LB. **\$1.49**  
COOK'S ASSORTED VARIETIES  
**Ham Steaks** ..... LB. **\$3.29**  
FARMLAND 95% FAT FREE - BONELESS  
**Half Ham** And Water Product... 2.5 LB. **\$6.99**  
SHURFINE  
**Meat Franks** ..... 12 OZ. **88¢**  
ECKRICH RED RIND SLICED  
**Meat Bologna** ..... 12-14 OZ. **4 for \$5**  
LAND-O-FROST ALL VARIETIES DELI SHAVED  
**Lunch Meats** ..... 9 OZ. **\$2.19**  
WISCONSIN MARKET CUT LONGHORN  
**Cheddar Cheese** ..... LB. **\$3.49**  
SEÑOR RICO  
**Rice Pudding** ..... 8 OZ. **\$1.19**

GLACIER GOLD HASH BROWN  
**Potato Patties** ..... 10 CT. **\$2.19**  
MARKET SLICED, PRESSED, CHOPPED OR BOILED  
**Ham** ..... LB. **\$3.29**  
FISCHER'S SMOKED CURED  
**Brautwurst** ..... LB. **\$3.99**  
MARKET SLICED BUTTERBALL  
**Smoked Turkey** ..... LB. **\$4.79**  
SHURFINE THIN SLICED  
**Chicken, Ham or Turkey** 2 OZ. **59¢**  
BEST BUY  
**Bacon** ..... LB. **2 for \$4**  
SHURFINE  
**Jumbo Franks** ..... LB. **2 for \$3**  
SHURFINE  
**Beef Franks** ..... 12 OZ. **2 for \$5**  
SHURFINE  
**Bacon** ..... LB. **2 for \$6**  
SHURFINE  
**Pimento Cheese Spread** ... 7.5oz. **2 for \$4**  
SHURFINE  
**Breakfast Sausage** ..... 2 for \$4

## Fresh Produce



U.S. NO. 1  
**Russet Potatoes**  
10 LB. BAG **\$1.99**

FARM FRESH  
**Cantaloupe** ..... 4 for \$5  
OFFSHORE  
**Navel Oranges** ..... LB. **99¢**  
RED RIPE  
**Strawberries** ..... 1 LB. **2 for \$5**  
BLUEBERRIES OR BLACKBERRIES  
**Fresh Berries** ..... 6 OZ. **2 for \$5**  
COLORADO  
**Sweet Corn** ..... 2 for \$1  
HARVEST CLASSIC  
**Tomatoes** ..... 4 CT. **2 for \$3**  
HONEYDEW  
**Fresh Melons** ..... LB. **99¢**

EXTRA LARGE RED OR GREEN  
**Seedless Grapes** ..... LB. **\$1.49**  
WASHINGTON GOURMET  
**Apricots** ..... 1 LB. **\$2.99**  
HOTHOUSE RED, ORANGE, OR YELLOW  
**Bell Peppers** ..... EACH **99¢**  
CALIFORNIA  
**Grapefruit** ..... EACH **99¢**  
RED DELICIOUS  
**Premium Apples** ..... LB. **69¢**  
YELLOW OR ZUCCHINI  
**Fancy Squash** ..... 2 LBS. **\$3**

## Health & Beauty Care

WESTERN FAMILY  
36 CT. CHEWABLE CHILDREN'S ASPIRIN, ORANGE,  
24 CT. IBUPROFEN, TABLETS OR CAPLETS  
**Pain Relievers**  
YOUR CHOICE  
**\$1.49**

WESTERN FAMILY 91% MEDICINAL, OR GREEN **\$1.49**  
**Isopryl Alcohol** ..... 16 OZ.  
WESTERN FAMILY ASSTD. ANTISEPTIC **\$1.99**  
**Mouth Rinse** ..... 33.8 OZ.  
WESTERN FAMILY ASSORTED **99¢**  
**Nail Polish Remover** ... 6 OZ.  
WESTERN FAMILY ASSTD. OPEN END **\$3.99**  
**Tampons** ..... 40 CT.

WESTERN FAMILY ASSORTED **\$3.49**  
**Antacid Liquid** ..... 12 OZ.  
WESTERN FAMILY ASSORTED VARIETIES **\$1.49**  
**Eye Care Drops** ..... 5 OZ.

## Dairy & Frozen Foods



BLUE BUNNY ASSORTED VARIETIES  
**Ice Cream Sandwiches**  
8 CT. PKG.  
**\$3.99**

JOSÉ OLÉ ASSTD. BREAKFAST BURRITOS,  
CHIMICHANGAS OR  
**Burritos** ..... 4-5 OZ. **5 for \$5**

CUT GREEN BEANS, MIXED VEGETABLES,  
SWEET PEAS, OR WHOLE KERNEL CORN **\$2.49**  
**Shurfine Vegetables** 32 OZ.