

# THE BENJAMIN POST

A WEEKLY PUBLICATION PURPORTING TO PRESENT THE FACTS AS THEY OCCUR AND DEDICATED TO THE LIVESTOCK AND AGRICULTURAL INDUSTRIES OF KNOX COUNTY AND ALL WEST TEXAS

VOLUME 27

BENJAMIN, KNOX COUNTY, TEXAS, DECEMBER 8, 1933.

NUMBER 25

## SPLINTERS

A merry heart maketh a cheerful countenance.—Prov.

In 1908 Jesse Jones, head of the RFC, bought five newspapers from a newsboy and forgot to pay him. Recently the newsboy sent him a bill for five cents, the amount of the debt. Jones sent a check for a quarter in payment of the account, the additional twenty cents being compound interest. We merely mention this little news item because it illustrates one of the two ways in which a newspaper man may become rich, that is for his delinquent subscribers to pay up with compound interest. The other way is for a rich uncle with no other heirs to die leaving no will.

Because the first real cold snap of the season occurred this week many of the local people took advantage of the weather for killing hogs. While pork on the hoof does not command a very respectful price at present, country sausage or a generous helping of ham and on a cold morning gets its share of attention at the breakfast table.

Have you ever stopped to wonder where the money for the numerous unemployment projects comes from? Well, you and I and all the rest of us that buy anything raise, anything, sell anything, go anywhere, or do anything pay in that money to the federal government and they hire a few experts to help us spend it. They don't take it from the people that live way off somewhere that are more able to pay it than we are. They get it right here at home. Of course after the experts are paid there's not as much money comes back as was paid out but at that the process of collecting it is not so painful because like cutting off the dogs tail, they get it a little at a time. But when the people of the country are asked to work out a project to use this federal money they hesitate, or otherwise procrastinate until all the money has been allotted, then the people have paid for something that they will never receive. In other words we pay for it whether we get it or not and even if we think we are getting by with out doing the things that have been worked out for us by the experts, we are still going to pay them. We've bought a mule, now let's ride him.

Although you may still be drinking raw orn liquor, bathtub gin, or home brew, there are several states in these United States where the long arm of the law has reached out, stamped the contents of the bottle as genuine, exacted its tribute, added it paternal blessing, and removed that same thrill that the little boy gets from eating stolen green apples. Texas, however, is no among those present for the reason that when they do a thing they do it in a big way. Not content to merely have a Federal Constitution with a prohibition amendment in it, the statesmen of yesterday, when it was considered quite the thing to drink one way and vote another, said "Here's mud in your eye," and added likewise an amendment to the state constitution to make assurance doubly sure. We have still got the amendment in the state constitution and probably will have he nex time you go to look at it.

Mr. and Mrs. Walter Moorhouse of Stonewall county were visiting in Benjamin last week end.

Jack Whittaker of the West Texas Utilities Company who offices at Truscott was in Benjamin Friday on business for the company.

## CWA In Knox County Puts 20 On Payroll

The Civil Works Administration work so far as Knox County is concerned can be summed up as follows: 200 is the total allotment for this county not counting 20 places to be used in a sanitation survey and the construction of pit privies, nor the office force of the relief work which contains five positions. Counting the office force and these persons who have jobs on the highway construction job which is a Federal aid project, the entire number of persons receiving Federal money in the county will average about twenty one at this time or less than ten percent of the county's allotment. Projects over the county are being worked out as rapidly as possible and submitted to state headquarters for approval and it is the desire of those in charge of the relief work locally to put as many men as possible to work by the first of the year. At present there are 327 persons who have registered for work.

## SHELLED PECANS MAY CARRY MANY DISEASES

Austin, Dec. 7.—Pecans, the favorite nut of thousands of people may be a source for the spread of disease according to E. C. Koerth, Director, Bureau of Food and Drugs. The pecan itself is not to blame, but the manner in which it is shelled and later handled is the cause for this warning.

The shelled pecan industry has assumed large proportions in the last few years and the shellers in other states have attacked the Texas product on the ground that the shelled nuts are not handled in a sanitary manner. The large packing houses that have the nuts shelled in their own packing plants maintain a satisfactory standard of sanitation. The evil of the shelled pecan industry is where pecans are taken into individual homes where no supervision is possible.

Many Mexicans, Negroes, and a few whites do this work at home, with at times the neighbors coming in to help them out. It is possible for the communicable diseases to spread by shelled pecans, and for that reason it will be to the public's advantage to ask where the pecans were shelled and under what conditions. The food inspectors of the State Department of Health have investigated the home shelling of pecans for hire and report that many homes where this work is done are most unsanitary.

All persons engaged in shelling pecans should have a health certificate the same as any other food handler. The purchaser should demand that the pecans they buy shall have been shelled by such a person and handled in a sanitary manner and under supervision to lessen the chances for the spread of tuberculosis, colds, dysentery, typhoid and other diseases.

Mr. and Mrs. E. B. Sams, Mrs. B. W. Snody, and Mrs. Homer T. Melton are in San Antonio this week. Mr. Sams is attending a meeting of the Tax Assessors while there.

J. B. Jones attended the Masonic Convention at Waco this week. Mr. Jones is ex-county superintendent of Knox County, present Mayor of Benjamin and has always been active in Masonic work.

Chas. Hamilton returned Sunday from Fort Worth where he spent the Thanksgiving holidays with his mother, Mrs. Robt. Hamilton.

Andrew Hall is in South Texas on a deer hunt.

## Knox Primary Teachers Perfect Organization

The Primary teachers of Knox county organized a Primary Teachers association to meet at ten o'clock Saturday, once each month during the school term. Mrs. R. R. Davenport of Sunset Consolidated school was elected president; Miss Helen Collier of Vera school was elected secretary; and Miss Claydene Hoge of Knox City school, Miss Fay Lofland of Truscott school, Mrs. J. B. Madole, Antelope Flat school were appointed as program committee.

Next meeting is scheduled for 10 a.m. in the Benjamin school building Saturday, January 13, 1934.

## BRYAN DICKSON APPOINTED DEPUTY SUPERINTENDENT FOR DISTRICT NO. 3

Mrs. Ethie Lee P'Pool, County Superintendent has had an announcement of the appointment of Mr. Bryan Dickson as Deputy State Superintendent for District 3 which includes Knox County.

Mr. Dickson is calling a meeting of the school people for Monday, December 11 at Childress.

He has announced Saturdays as his office day, and on Saturdays will be glad to meet with anyone from his district who has a school problem.

## PRESIDENT ENDORSES SALE OF CHRISTMAS SEALS

Washington, Dec. 7.—President Roosevelt, endorsing the annual sale of Christmas seals to aid in the fight against tuberculosis, Tuesday declared public health work a part of the national recovery program.

The statement made public at the White House follows:

"Protection of public health long has been one of the fundamental responsibilities of the government and in the period of adjustment through which we are now passing that responsibility has increased. In the scheme of recovery, organizations which devote themselves to public health work are serving the government by supplementing the activities of its established health departments.

"The sale of Christmas seals will open on Thanksgiving day. They will be sold by 2000 affiliated tuberculosis associations throughout the country. With the proceeds derived from this sale, these associations finance their programs of clinics, nursing, education, rehabilitation and research.

"I heartily recommend that we continue our support of these activities through the purchase of Christmas seals."

## FARMERS GETTING SPIRIT OF OPTIMISM

Dallas, Dec. 4.—C. O. Moser, Vice president of the American Cotton Co-operative Association, told the Dallas Agricultural Club today that a spirit of courage and optimism gradually was replacing fear and distrust in the mind of the farmer.

"Cotton growers more than any other class," he said, "are favorably situated to benefit from President Roosevelt's monetary program.

"The cotton farmer's confidence in the President and his policy will not be shaken by those whose counsel guided by the previous administration's monetary policy. Most farmers and other producers, nearly ruined by the previous program of deflation are gratified at the progress of our recovery."

Mr. and Mrs. E. Duval and children of Abilene were Benjamin visitors Sunday. Mr. Duval is with the International Harvester Company and at this time of the year is kept very busy.

## Sanitary Survey Will Be Made Of County

H. R. Bergstrom of the State Sanitary Department was in Benjamin Thursday in the interest of a campaign of sanitation which will be inaugurated in the county immediately. The work is expected to be finished by the 15th of February. A sanitary survey of the county will be made and construction of pit privies installed where needed. In the work, which will be handled through the local relief organization of the county, about twenty persons will be given employment. Citizens are expected to furnish only the materials, the labor and special supervision of the construction expense will be borne by the relief association.

G. M. Bryan of Munday was a visitor in Benjamin Friday.

Owen Mayberry of Gilliland was in Benjamin Monday.

Chas. Haynie of Munday was in Benjamin this week on business. Mr. Haynie is proprietor of one of the leading barber and beauty shops at Munday and has many customers here to whom he gives permanents and other beauty work. He is a brother of Chester Haynie who owns the local shop.

Benjamin and vicinity was visited by a fine rain last Friday which fell in sheets for a few minutes. It is estimated that the precipitation was an inch or better.

Mr. and Mrs. W. A. Wyche of Anson were visiting friends here Sunday. The Wyches are former residents of this place and Munday. Mr. Wyche is farming near Anson now.

Mrs. Mattie Taylor and Miss Martha Florence Ward of Seymour were here last Thursday for Thanksgiving with Miss Ward's brother, W. T. Miss Martha Florence is planning to enter school at Baylor Belton the coming term.

## METHODIST CHURCH WORK REORGANIZED

Rev. Edgar Irvine, pastor of the Vera-Benjamin charge of the Methodist Church, held his regular services in Benjamin Sunday December 3. Mr. Irvine is one of the youthful pastors of the Northwest Texas Conference and was sent to this charge at the annual meeting of the Conference a short time ago. Under his enthusiastic guidance the local membership is taking a renewed interest in church affairs and attendance at Sunday School and the regular services has increased proportionally. Miss Helen Bisbee is superintendent of the Sunday School and organized a drive to increase the membership. Two groups have chosen leaders and the drive will continue for six weeks after which the losing side will entertain the winners. Jimmie Chamberlain is leader of the Reds and Leroy Bisbee is leader of the Whites. Mrs. Orel Patterson is teacher of the primary class. Other teachers are Miss Martha Mae Crenshaw, William F. Bisbee, T. W. Templeton, and M. T. Chamberlain. Choir practice is held every Tuesday evening. The Epworth League has been reorganized with the following officers, Jimmie Chamberlain, president, Martha Mae Crenshaw, vice president, Grace Bisbee, secretary treasurer, Juanita Cockrell chairman program committee, Janis Patterson chairman missionary committee, Leroy Bisbee chairman recreational and social committee and Helen Bisbee chairman of committee on community work.

## A. & M. Official Lauds Plow-Up Campaign

College Station—John Doe, cotton farmer, got or will get about \$727 for his cotton crop this year. Had there been no plow up campaign he would probably have sold for 5 cents per pound and received about \$424 for his crop. John Doe, average Southern cotton farmer, was helped to an extra \$303 by the plow up campaign.

This is the way George E. Adams who is actively in charge of the new cotton campaign at Extension Service headquarters at Texas A and M College expresses the facts on the cotton situation recently issued by C. A. Cobb, chief of the Cotton Section Agricultural Adjustment Administration.

"Had there been no summer campaign," says Mr. Cobb, "the crop would have been larger by 4,400,000 bales. We would have had about 17,500,000 bales to add to an already heavy cotton surplus. Cotton price recovery would have been impossible. As it is the price has almost doubled what it would have been.

"Total income from the expected 17 1-2 million bale crop at 5 cents per pound would have been \$437,500,000. The reduced crop, estimated at 13,100,000 bales after the plow up would bring a crop income of \$589,000 with cotton at 9 cents. And to this the \$112,000,000 of adjustment payments which growers received for cooperating in the emergency program, and the \$48,000,000 of estimated profits on cotton options taken in the campaign, and the total income from the 1933 crop runs to \$749,500,000.

"This increase of \$312,000,000 in actual income from cotton, as compared with what the full crop would have brought without the adjustment campaign, constitutes final and indisputable evidence of the success of the emergency program," declares Mr. Cobb.

"Economic recovery made possible by the cotton income is important, continues Mr. Cobb, "but even more vital is the social significance of the changed situation. Standards of living are being maintained, and institutions which build the citizenship of the future are functioning.

"If the farmers continue their fine cooperation during the new campaign which is being launched, the whole Cotton Belt can well look to the future with optimism and confidence," Mr. Cobb concludes.

## FORMER SHERIFF'S TRIAL POSTPONED

Quanah, Dec. 4.—Trial of the case against Que R. Miller, former Foard County sheriff and tax collector charged in four cases of misappropriation of public funds, was continued Monday by agreement until the February term of Forty sixth District Court here upon Miller's agreement to accept a seven year sentence given him in one of the cases in October. Miller will withdraw his appeal in the case tried in October.

Miller is indicted in four cases alleging misappropriation of approximately \$35,000. District Attorney Ed L. Gossett of Vernon made the agreement with defense council.

W. F. Snody, Leroy Melton, Joe Gray, Bill Blackburn, Lyndol Snody and Dr. J. C. Coffey left Tuesday for Mason on a deer hunt.

Misses Elizabeth and Margaret Wylie of Santa Anna spent last week with Mr. and Mrs. W. T. Ward.

Mrs. W. B. Pope and Mrs. Bascom ammer of Knox City were here Sunday for a short visit with old friends.

**THE BENJAMIN POST**  
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 WILLIAM F. BISBEE, ASSOCIATE EDITOR

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*Editorial*  
**ECONOMIC HIGHLIGHTS**

Happenings That Affect the Dinner Pails, Dividend Checks and Tax Bills of Every Individual. National and International Problems Inseparable from Local Welfare.

Not since the days when Bryan and McKinley fought it out along the line of 16 to 1 has the money question so swept the country. And it's a good deal more important now than it was then—Bryan, who wanted to try a new monetary experiment was only a candidate. Franklin Roosevelt is a President, with unprecedented powers.

Recently, inflation and deflation, gold buying, dollar depreciation, and all the other phases of the problem, have dwarfed every thing else. They have almost taken the NRA out of the headlines. They have submerged the farm problem and the foreign problem. Definite battle lines have formed. Each side is plentifully supplied with experts. Each side has its corps of big business men and little business men. And the public which reads the dispatches is in a state of bewilderment.

The way the wind blows was first shown with the resignation of Undersecretary of the Treasury Acheson a conservative and an unrelenting hard money man. He was immediately followed into retirement by Dr. Oliver Sprague once a financial advisor to the Bank of England to whom "soft" money is even more distasteful. Secretary Wood who has been torn of late between his great devotion to his chief and his instinctive belief in conservative financial policies went away on an indefinite leave of absence. Into his place stepped Henry Morgenthau Junior, scion of a famous financial family who sees eye to eye with the president on practically everything.

Behind all this is a quiet scholarly figure and a name which rarely comes before the public. It is that of George Frederick Warren an agricultural economist of Cornell. Last year he wrote a book called Prices which became the bible of the Committee of the Nation an organization of business men seeking a way to recovery. He holds that the price of a commodity is determined not only by supply and demand for it but that the supply and demand for gold is of equal importance in establishing the commodity's cost. To raise prices means to lower the value of the dollar and long ago Dr. Warren scoffed at the idea of trying to reduce the dollar's value and still maintain its gold content unimpaired. He prophesied many years more of depression unless the gold standard was thrown overboard the dollar revalued. It's no secret that Mr. Roosevelt has been disappointed by the slowness with which his legislative acts have stimulated business improvement and he lent a ready ear to Dr. Warren and to Professor Rogers of Yale whose ideas are similar. A little later commodity prices began to sag precisely as Dr. Warren said they would. Uphsot was the Presidential order that sent the United States into the world market for gold lowered dollar value in foreign exchange and began the long process of revaluing it.

Then the criticism began gathering. The Chamber of Commerce of the State of New York passed a resolution calling for sound money. It was at once rebuked by an economist for the Committee of the Nation who defended the President saying the Chamber "is not even representative of the commercial point of view of the city of New York." Then Alfred E. Smith took a crack at what he termed the "baloney" dollar in a New Outlook editorial and intimated that the country needs another Cleveland. To the President's defense came Republican B'rah as brilliant and erratic a Senator as the country ever saw, who said that the question was not one of sound or honest money that the gold dollar is the most dishonest dollar ever created. That indicates how party lines have broken—an ex-Democratic presidential candidate sides against the head of his party and the best known Republican Senator joins his allies. Finally the President himself spoke at Savannah in defense of his policies scored what he called "Tory critics" and found mounting applause from his audience. The Roosevelt personality is as potent as ever—and personal popularity means much to Presidents.

That's where matters stand. It's easily the most important problem of the time—it can make or break the recovery program and make or break the administration while it's doing it. The climax is still to be reached.

—o—

Dramatic and unprecedented with vast potential achievements—that describes the new Civil Works Administration. It is in the words of the President a blow at the dole at mentally debilitating charity which often as psychologically destructive to the individual as it is socially destructive to the country at large. The purpose is to give 4000000 men work this winter on projects where at least 80 cents of each dollar spent will go for wages.

All able bodied persons now receiving relief are to be given regular, useful jobs at real wages. Two million people fall in this classification. Two million more not on relief rolls are to be provided with jobs. Great stress is laid on the influence this will have in increasing the public income and sending more of the blood of money through the veins of trade.—Industrial News Review.

**State Fire Insurance Commissioner  
 Mauk Urges People of Texas to  
 be Careful with Fire During  
 Christmas Holidays**

Raymond S. Mauk, State Fire Insurance Commissioner, has sounded a warning of the danger of fires during the Christmas Holidays. His statement released today reads as follows:

"It is not intended to suggest that the Christmas celebration be transformed into a safety campaign. However, the suggestions that are made here for preventing fires are simple and sensible and there is no good reason why they should not be adopted. The pleasure of the holiday season would not be marred by easily avoidable fires.

"When setting up Christmas tree it should be placed at a safe distance from any stove, fireplace, or other heating device.

"Candles have long been associated with Christmas celebrations, but they are altogether too dangerous to be used as tree decorations, or for window displays on Christmas Eve, no matter what precautions may be taken. For tree lights we recommend strings of miniature electric lamps.

"The artificial decorations used on the tree and about the rooms should be on non inflammable material—such decorations can be obtained almost as easily as can those made of paper, cotton, pyroxylin plastic (celluloid) or other highly combustible substances, and the difference in cost is quite small.

"Toy electric trains, motors and other appliances should not be attached to light sockets until all fuses and connections are in perfect order.

"Pennies or wire should never be used in replacing blown out electric fuses. The fuse is the safety valve on your wiring system to protect you against fire.

"Chimney fires are often started by burning papers and other light material in fireplaces and stoves. Sparks and burning embers discharged from the chimneys may fall on wooden shingle roofs and set fire to houses. This danger may be avoided by gathering up waste paper and other combustible refuse and storing them in covered metal containers to await the trash collector.

"Small children should never be permitted to handle fireworks.

"Entirely too many fires during the Christmas season result in a fatality."

**HEREFORD WINNERS  
 FROM TEXAS RANCH**

Chicago, Dec. 4—The champion load of Hereford fat cattle at the International Livestock Show were from the SMS ranch at Stamford, Texas and were fed and exhibited by J. W. Frazier of Charleston, Ill. Frazier won some years ago with the champion load from the same ranch. The champion load of Shorthorns was fed by J. C. Moeller of Scheleswerch, Iowa.

The fat cattle exhibited here consisted of 95 loads of yearlings and 41 loads of 2 year old steers.

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**WHAT WILL CONGRESS DO?**

Extraordinary powers were placed in the hands of President Roosevelt before Congress adjourned in the summer of 1933. The next regular session promises unusual measures, whether of help or hindrance remains to be seen. The News has the facilities of Associated Press United Press and North American Newspaper Alliance. These would be sufficient for most newspapers, but not for the News which maintains its own staff of correspondents. The News is the only paper in the Southwest with its own Washington bureau, being represented by Mark Goodwin, outstanding correspondent on national affairs.

Bargain Offer for mail subscriptions to the Dallas News at this time is only \$6.60 daily and Sunday one year. Your local Dallas News Agent is authorized to quote you this rate. Without Sunday, the cost is \$6.25. The large Sunday edition sells for 10c a copy. Order both daily and Sunday.

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SPUDS, NO. 1, 10 LBS.	.19
COFFEE, SUN UP, 1 LB.	.19
ORANGES, NICE SIZE, DOZEN	.20
LETTUCE, FIRM AND CRISP, HEAD	.05
APPLES, FANCY STAYMAN, LARGE, DOZEN	.29
BANANAS, GOLDEN FRUIT, POUND	.06
APPLES, JONOTHAN, School Lunch Size, 2 DOZ.	.25
GRAPEFRUIT MARSH SEEDLESS EACH	.05
CORN FLAKES, POST TOASTIES, R. & W. PKG.	.10
SYRUP, SINGLETONS PURE CANE, GALLON	.59
BLACKBERRIES R. & W. GALLON CAN	.49
APRICOTS, GALLON CAN	.49
CATSUP, Fraiers, 14 oz. Bottles, 2 FOR	.25
MUSTARD, QUART JAR	.15
TOMATOES, B. & W. NO. 2, 3 CANS	.29
MORTONS SAUSAGE SEASONING, FOR 30 LBS.	.25
DATES, LARGE SIZE	.30
MINCE MEAT, 2 FOR	.15
CRANBERRIES, PER QUART	.13
POST BRAN, PER PKG.	.10
FRESH EGGS, PER DOZEN	.30
FRESH OYSTERS, DOZEN	.15
OUR CANDIES ARE FRESH.	
DOUBLE BLANKETS, SIZE 70x80,	1.95 to 2.95
JERSEY GLOVES PER PAIR	.15
BUSBY GLOVES FOR MEN,	.98. to 2.50
CORDUROY TROUSERS,	2.75 to 4.50
JUMPERS, FLANNEL LINED	1.95
LEATHER JACKETS,	5.95 to 8.48

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The **RED & WHITE** Store

#### ALEXANDER LEGGE, HARVESTER FIRM'S PRESIDENT, DEAD

Chicago, Dec. 3—Alexander Legge 67, first chairman of the Federal Farm Board and president of the mammoth International Harvester Company, died suddenly at his home in suburban Hinsdale Sunday.

Heart disease ended a career that embraced outstanding achievements in the fields of farming, big business and governmental affairs.

Thought to have been in perfect health, Legge had been busy doing chores about his estate a hobby with the industrialist, until about 10 a.m. when he complained of feeling ill and servants summoned a physician. Death came within an hour, before the arrival of the doctor.

No collateral relatives survive. Mrs. Legge, in whose honor he had erected a woman's memorial in Hinsdale, died about ten years ago.

Dr. J. E. Stover of Truscott was in Benjamin Monday on business.

#### HOME AND FARM BEST SCHOOL FOR CHILDREN

College Station—"A country home be it ever so plain, with a father and mother of sense and gentleness, is nature's university, and is more richly endowed for the training of youth than Yale or Harvard", declared Dr. Seaman A. Knapp, founder of the Extension Service, 26 years ago.

"Dr. Knapp knew that the home is the anchor of civilization and a point at which many of the revolutionary changes for re-adjusting agriculture must start when he began his farm demonstrations in Texas 30 years ago," says O. B. Martin, director of the Texas A. and M. College Extension Service. "In commemorating the hundredth anniversary of his birth December 16th it should not be overlooked that this great leader foresaw the important place home demonstration work must have in the re-making of country life.

"The organization he brought into existence in Texas in 1904, and which has since spread to every State and

territory, not only made possible the present emergency adjustment campaigns, but laid the foundation for wide spread agricultural re-adjustment," Mr. Martin continues. "The work of country farm demonstration agents in readjusting individual farm systems these 30 years has been greatly helped along by the parallel work of home demonstration agents. They have helped to make good Dr. Knapp's assertion that the greatest schools for the human race are our homes and the common schools."

It was home demonstration agents he had in mind when he said of farm girls: "Teach them to mend and sew and cook; how to doctor; how to dress a wound or make a ligature; how to adorn the simple home and make it appear like a palace; how by simple arrangement the environment can be transformed into a place of beauty. In the United States the art of cooking is mainly a lost art. There are communities where not to be dyspeptic is to be out of fashion. If we could have some lessons on how to live royally on a little; how to nourish the body without poisoning the stomach; and how to balance a ration for economic and healthful results, there would be a hopeful gain in lessening the number of bankrupts by the kitchen route."

#### SUNDAY DINNER SUGGESTIONS BY ANN PAGE

Simple substantial foods are in order in early December, foods that leave the housewife time for Christmas preparation, foods that are appropriate for the children, that will help build sturdy bodies, good habits and digestions. Milk bread an butter fruits, vegetables, meats, fish and the more simply they are cooked and served the better.

This is the season for citrus fruits. Excellent oranges and grapefruit are arriving from Florida. Florida also is sending us quantities of crisp green beans. Texas spinach is plentiful and of fine quality. Carrots, cauliflower, broccoli and Brussel Sprouts are also attractive in quality and price.

When the children come from school they often need an afternoon snack. Give them an apple or bread and syrup or some cookies. You will find that a cup of tea for yourself at the same time will prove restful and stimulating.

<b>Low Cost Dinner</b>	
Smoked shoulder or pork	
Creamed Spinach	
Fried Cornmeal Mush with syrup	
Bread and Butter	
Apple salad	
Tea or Coffee	Milk
<b>Medium Cost Dinner</b>	
Roast Loin of Pork	
Scalloped Potatoes	
Green Beans	Apple Sauce
Bread and Butter	
Cheese Crackers	Preserves
Coffee	Milk
<b>Very Special Dinner</b>	
Cheese Stuffed Celery	
Roast Lamb Pan Browned Potatoes	
Asparagus Tip Salad	
Salad Dressing	
Rolls and Butter	
Jellied Fruits	
Coffee	Milk

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#### CHILDREN ASK FOR MEAT

WHEN THE HEALTHY CHILD SITS DOWN TO EAT,  
HE ALWAYS ASKS FOR A GOOD HELPING OF MEAT,  
AND EVERY WISE MOTHER WILL UNDERSTAND  
THAT A HEALTHY APPETITE IS NATURE'S DEMAND.

#### THE CASH MARKET

## SPECIALS FRIDAY & SATURDAY

DRY SALT BACON, PER LB.	.09
PURE APPLE BUTTER QUART	.25
DELICIOUS APPLES, LARGE SIZE, DOZEN	.25
LETTUCE, PER HEAD,	.05
K. C. BAKING POWDER, 25 OZ. CAN	.20
MILLERS CORN FLAKES, PKG.	.10
MARSHMALLOWS, ANGELUS, PKG.	.10
COCOA, GOLD PLUME, 1-2 LB. PKG.	.10
PINTO BEANS, 5 LBS.	.25
GRAPE JUICE, ROYAL PURPLE, PINT	.20
SYRUP, PURE RIBBON CANE, GALLON,	.75
BLACKBERRIES, NO. 2, 2 FOR	.25
SALAD DRESSING MIRICLE WHIP, PINT	.17
PALM OLIVE SOAP, 2 BARS	.15
JEWELL SHORTENING, 8 LB. CARTON,	.60

**GENERAL FOODS STORE**