

## SPORTS

Levelland takes two from Herd. Coverage of all HJH, HHS games, Page 4

## WEATHER

Ready for some MOISTURE? Maybe later in the week. Forecast in Roundup, Page 2

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# The Hereford Brand

Hustlin' Hereford, home of Gerald Teel

Tuesday  
Jan. 16, 1990

89th Year, No. 138, Deaf Smith County, Hereford, Tx.

10 Pages

25 Cents

### Neighbors concerned



Neighbors look on as emergency attendants tend to a couple at Blue Water Gardens in Hereford on Monday afternoon. Investigators believe a woman, 48, shot herself with a handgun in an apartment at the complex, and a man in the apartment may have taken an overdose of pills. He was taken to Deaf Smith General Hospital for treatment. The woman died of a gunshot wound to the right side of her head. Police said today the incident was "still under investigation due to some surrounding circumstances."

## City considers sales tax plan

The Hereford City Commission Legislature in a recent special session, cancelled a janitorial cleaning contract for City Hall during the commission's regular meeting Monday night. Commissioners also discussed possibly imposing a new one-half-cent sales tax to fund economic development. The commission also nominated member Tom LeGate to the tax appraisal district board, approved renewal of the Energas franchise ordinance, and approved a zoning change at 509 Brevard from two-family residence to mobile home district. The council voted to cancel the cleaning contract with B&S Cleaning Service of Hereford. City Manager Darwin McGill said the company was told of its unsatisfactory performance in a Dec. 1 letter. McGill said the service had not improved since Dec. 1, and the commission voted to cancel the contract, which began in October. The cleaning will be done by the best qualified, next-lowest bidder for the remainder of the year. Commissioners may put a new sales tax proposal on the May municipal election ballot that could provide up to \$300,000 a year for economic development in Hereford. Cities were given the option to impose the sales tax by the Texas



## AT&T has one of those Mondays

NEW YORK (AP) - A computer software failure blocked millions of AT&T's long-distance calls for nine hours, causing trouble for airline and hotel reservation centers and other phone-dependent businesses nationwide. American Telephone & Telegraph Co. said Monday's outage was its most widespread ever, but the impact was muted by the holiday honoring the Rev. Martin Luther King Jr. The company said it discovered the problem in mid-afternoon and corrected it shortly before midnight. That was well before the start of the regular business schedule today. Before the problem was fixed, about half the long-distance callers on the AT&T network got a busy signal or a recording saying all circuits were busy, the company says.

## S&Ls say feds breaking pledge

WASHINGTON (AP) - Investors who bought failed savings institutions in 1988 are protesting a new regulation that revokes some of the financial breaks they received from the government as part of the deal. The Office of Thrift Supervision says savings and loans must meet new and tougher capital requirements, regardless of whether they earlier received an exemption, known as a "forbearance," from meeting capital standards. Institutions that fail the requirement must come up with an acceptable plan to raise the money or face restrictions on their ability to make new loans and investments. Attorneys representing buyers in the 1988 deals regard the new rule as a double-cross and predict the legal battle over the issue will reach the Supreme Court. "If this is upheld, nobody will ever feel secure doing business with the government," Washington attorney and S&L lobbyist Douglas P. Faucette said Monday. Industry analysts predict some of the 86 rescue deals in 1988 covering 205 institutions could unravel as a result of the ruling, forcing either a second bailout or a payoff of depositors. "Some would basically be targets for" government takeover, said James Barth of Auburn University, formerly chief economist of the thrift office. He added the second rescues could be even more expensive than the first round because of changes in the law making it less attractive to own thrifts. Thrift institution owners, under President Bush's bailout plan enacted in August, must put up at least \$1.50 in tangible capital for every \$100 in loans or other investment the institution makes. Owners of some S&Ls acquired from the government in 1988 had thought the forbearances they negotiated would exempt them from fully meeting the standard. They now learn they will have to risk just as much of their own money as the owners of any other institution. The thrift office, in a statement announcing the new rules after business hours on Friday, said the changes were required by last year's bailout bill. But attorneys representing the 1988 buyers dispute that and complain the government, by renegeing on the deals, is in effect illegally seizing private property. Faucette predicted the owners of S&Ls purchased in the 1988 deals will sue the government, joining other S&L buyers from the early 1980s who lost a different kind of accounting break, known as regulatory goodwill. "To me these cases ... have a profound impact on anyone who does business with the government," he said. "I fear because of the dimensions of this (S&L) scandal, Congress and the public believe the ends justify the means." However, Barth said the regulators' decision on forbearances will probably be upheld because it is in the public interest. Requiring S&L owners to risk more of their own capital provides a buffer between losses and government deposit insurance. It also gives S&L owners an incentive to operate their institutions more safely. "One has to question any sort of capital forbearance," Barth said. "Still, once they were granted, I can understand why the acquirers are extremely unhappy with the rules being changed in the middle of the game."

## Army to test weapon destruction

ABERDEEN, Md. (AP) - The Army plans to start burning about 30,000 tons of chemical weapons in a project - designed to make the world safer - that is arousing concern in some of the eight states where the destruction will occur. "We feel it is a risky scenario," said Linda Kaplovitz, an environmentalist who lives near the Aberdeen Proving Ground, where tons of mustard blistering agent are stored and will be burned. "We don't want another Bhopal or Chernobyl, God forbid," she said. Such fears are overdrawn, said Col. Walter L. Busbee, commander of the Army's "chemical demilitarization" program.

## Study: heart trouble, smoking, cholesterol linked in young men

### 'What surprised me...was the effect of smoking'

SAN ANTONIO (AP) - Young men who smoke or have high cholesterol levels are more likely than others to show signs of heart disease before they reach age 35, a study shows. The study is the first to link blood cholesterol levels and smoking directly to hardening of the arteries, a precursor or heart attacks and strokes, one of the study's directors said. Dr. Henry McGill said Monday that smoking in young men was a stronger risk for artery damage than he had anticipated. "In this age group, smoking and cholesterol are about equally bad," said McGill. "What surprised me ... was the effect of smoking." The findings, which McGill presented at the American Heart Association's annual science writers' forum, are based on autopsies of about 300 15- to 34-year-old white men who died violent deaths or in accidents. The results support the contention of many cardiologists, including McGill, who favor early steps to prevent heart disease. "I really believe that the future of prevention of heart disease in middle-age people has got to start

in childhood," he said. By age 34, one-fourth of the subjects already had what doctors call "raised lesions" in their arteries, representing the beginning of hardening of the arteries. Hardening of the arteries can lead to blockage of those blood vessels, which in turn can cause a heart attack or a stroke. Some doctors disagree with the suggestion that prevention of heart disease should begin in childhood. The heart association recommends that healthy children should consume less than 300 milligrams of cholesterol per day and moderate their intake of fats. But some doctors believe the evidence is not yet strong enough to make such recommendations, McGill said. Only one previous study had looked at hardening of the arteries in young people, McGill said. That was a study described last year by Dr. Gerald Berenson of New Orleans, who found that artery damage in 40 children and young adults was worse in those who had high levels of the so-called bad cholesterol, known scientifically as low-density lipoprotein, or LDL. McGill's study, led by Dr. Robert Wissler of the University of



Chicago, is the first to link the artery damage in young people to smoking and "good cholesterol" - high-density lipoprotein, or HDL. To illustrate how important the effects were, McGill said that a 25-year-old man who smoked and had high levels of good cholesterol would have twice the artery damage of a 25-year-old non-smoker who had low levels of LDL. The findings were the first report from the study, which is continuing and eventually will include 1,800 subjects. The study will explore how atherosclerosis is linked to high blood pressure, diabetes, inherited factors and many other processes inside arteries, McGill said.

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# Page Two

## Local Roundup

### Police kept busy with reports

Nine persons were arrested over the weekend by Hereford police including a man, 42, for domestic violence; and two men, 38 and 45, for public intoxication. Two men, ages 19 and 27, were arrested for driving while license suspended; a female, 18, for driving while intoxicated; a male, 17, for no drivers license and no liability insurance; and two males, 28 and 31, for speeding and failures to appear.

In addition, nine persons were arrested by deputy sheriffs, including a male, 17, for terroristic threat. A male, 25, was arrested for possession of a controlled substance; a female, 23, for theft by check; a male, 36, for driving while intoxicated; and a male, 43, for driving while intoxicated commitment. Four males, ages 39, 24, 20, and 29, were arrested on traffic warrants.

Reports included an assault in the 300 block of N. 25 Mile Ave.; an assault in the 700 block of Thunderbird; an assault in the 1300 block of E. 60; an assault in the 300 block of N. 25 Mile Ave.; an assault in the 300 block of Lake; domestic disturbances in the 100 block of Ave. G and the 100 block of Star; a domestic dispute and an assault in the 200 block of Ave. A; a domestic dispute in the 400 block of Sycamore; criminal mischief in the 500 block of Union with some windows shot out; criminal mischief in the 600 block of W. 2nd with a window broken out; a suspicious person reported in the 1300 block of 1st; thefts of under \$20 in the 100 block of S. 25 Mile Avenue and in the 400 block of N. 25 Mile Ave.; a theft of \$91.35 in the 500 block of Union; theft of a 160-piece set of silverware; theft of \$74 by juveniles in the 1100 block of Park; a prowler in the 100 block of Rio Vista; three harassing telephone calls; and unauthorized use of a motor vehicle in the 100 block of Apache, with no charges filed as the incident was a practical joke. A child fell out of a car in the 300 block of Wulf.

The fire department responded to three grass fires on Monday and to one controlled burn. On Saturday, fire fighters responded to a gasoline truck which was burning at the intersection of US highways 60 and 385. The fire was put out without incident. Another grass fire was put out on Sunday, believed to sparked by a passing train. Fire officials urge caution, as the risk of fires is very high.

The police department issued 45 citations and investigated one minor accident over the weekend.

### HAEDC meets tonight

The Hereford Area Economic Development Council will meet at 7:30 p.m. today at the Hereford City Hall.

The agenda includes a report from volunteer director Bud Eades and updates on current economic development projects.

## News Digest

**MOSCOW** - The Kremlin sends army and KGB units to the Caucasus in a bid to end fierce pitched battles between Azerbaijanis and Armenians that have claimed dozens of lives. Soviet media likens the combat to World War II's brutality.

**EAST BERLIN** - The Communists are on shakier ground than ever as hundreds of thousands of East Germans take to the streets across the country to demand their ouster. In East Berlin, protesters storm the headquarters of the despised secret police and physically dismantle it.

**SOFIA, Bulgaria** - The Communist Party, its monopoly on power formally scrapped but its grip still largely intact, opens talks with fledgling opposition groups pushing for more democracy in the Soviet bloc's slowest changing nation.

**VIENNA, Austria** - Gen. Colin Powell, the top U.S. military leader, joins the brass of the Soviet Union and some 30 other nations for an unusual exchange of views on the military policies pursued by their governments.

**NEW YORK** - Half of AT&T's long-distance phone calls nationwide didn't go through after computerized call-switching equipment developed trouble, causing problems at airline reservation centers, mutual fund operators and other phone-dependent businesses.

**WASHINGTON** - Debate over Social Security is heating up even before Congress gets back to business, with the trillions of dollars in baby boomers' future retirement benefits casting a huge shadow over the political argument.

**ABERDEEN, Md.** - The Army plans to start burning about 30,000 tons of chemical weapons in a project - designed to make the world safer - that is arousing concern in some of the eight states where the destruction will occur.

**WASHINGTON** - The U.S. government gives three-quarters of the contraceptives donated to Third World countries, including nearly 7 billion condoms over the last two decades, according to the Agency for International Development.

**CINCINNATI** - The operators of such retailers as Bloomingdale's, Rich's and Lazarus moved quickly to assure customers and employees they will remain open and well-stocked despite bankruptcy protection sought by their parent, Campeau Corp.

## Today in History

By The Associated Press

Today is Tuesday, Jan. 16, the 16th day of 1990. There are 349 days left in the year.

**Today's Highlight in History:**  
On Jan. 16, 1920, America went "dry" as the 18th Amendment took effect, and Prohibition became the law of the land.

On this date:  
In 1547, Ivan the Terrible was crowned Czar of Russia.  
In 1883, the U.S. Civil Service Commission was established.  
In 1942, actress Carole Lombard, her mother and about twenty other people were killed when their plane crashed near Las Vegas during a tour to promote war bonds.  
In 1944, Gen. Dwight D. Eisenhower took command of the Allied Invasion Force in London.  
In 1964, the musical "Hello, Dolly!" starring Carol Channing, opened on Broadway.  
In 1969, two manned Soviet Soyuz spaceships became the first vehicles to dock in space and transfer personnel.  
In 1978, NASA named 35 candidates to fly on the space shuttle, including Sally K. Ride, America's first woman in space, and Guion S. Bluford Jr., America's first black astronaut.  
In 1979, Shah Mohammad Reza Pahlavi left Iran for Egypt, leaving a civilian government in control; he would never return.  
In 1981, in Northern Ireland, Protestant gunmen shot and wounded Irish nationalist leader Bernadette Devlin McAlisley and her husband.  
In 1988, Jimmy "The Greek" Snyder was fired as a CBS Sports commentator, one day after making controversial remarks about black athletes to a Washington D.C. TV station.

Ten years ago: The federal government issued its first comprehensive set of rules for protecting workers from hundreds of suspected cancer-causing chemicals found in workplaces.

Five years ago: Reuben V. Anderson was sworn in as Mississippi's first black justice on the Supreme Court.

One year ago: Three days of rioting erupted in Miami when a police officer shot a black motorcyclist, resulting in the death of the cyclist and a passerby.

**Today's Birthdays:** Author-editor Norman Podhoretz is 60. Opera singer Marilyn Horne is 56. Auto racer A.J. Foyt is 55. Country singer Ronnie Milsap is 46. Movie director John Carpenter is 42. Actress-dancer Debbie Allen is 40.

**Thought for Today:** "At 19 I was a stranger to myself. At 40 I asked: Who am I? At 50 I concluded I would never know." - Edward Dahlberg, American author and critic (1900-1977).

### Hospital board to meet

The Deaf Smith County Hospital District board of directors will meet at 7:30 p.m. today at Deaf Smith General Hospital.

The agenda includes medical staff, operations and administrative reports; bids on a new ambulance; medical staff by-laws; ophthalmology equipment; review of the facility plan report; and an executive session to discuss pending litigation and to review the annual evaluation of Administrator Gary Moore.

### School board meets today

The Hereford school board will meet at 6 p.m. today at the school administration building.

The agenda includes professional, staff and other reports; recognition of employees of the month; items from Energas and KPAN; taxation of tangible personal property; reviews of the annual audit and the recent accreditation visit by the Texas Education Agency; second reading of the new student attendance policy; policy updates and board goals; 1990-91 school calendar; and discussion of possible expansion of the football stadium.

### Cooler weather Wednesday

Tonight will be partly cloudy with a low near 30. Southwest winds will be 10-15 mph, becoming northwest by morning.

Wednesday will be partly sunny with a high of 55. North-northeast winds will be 10-15 mph.

This morning's low at KPAN was 40 after a high Monday of 69.



### Pedaling homemade ice cream

Stephanie Houston pedals as Trent Burns and teacher Don Nall hold the ice cream bucket still as Nall's third-period industrial arts class at Hereford Junior High School gets ready to enjoy some homemade strawberry ice cream Monday. Burns, Raymond Garza and Juan Aranda used pedal power to turn the bucket in the ice cream freezer, with the pedal-driven chain gear serving the same purpose as a hand crank. After 25 minutes of pedaling by Houston and other students, the class enjoyed five quarts of ice cream. The project will be entered in upcoming competitions.

## Senate debates Social Security

WASHINGTON (AP) - Debate over Social Security is heating up even before Congress gets back to business, with the trillions of dollars in baby boomers' future retirement benefits casting a huge shadow over the political argument.

Customary political rhetoric has been turned upside down, with a leading Democrat calling for a payroll tax cut and the White House responding, "No way."

The outcome may determine whether the massive Social Security trust fund, bolstered by long-range payroll tax increases enacted in 1983, will continue to be used to mask the size of the federal budget deficit. In an era of perennial budget shortfalls, the Social Security trust fund helps pay the government's day-to-day operations instead of building up a nest egg.

Lawmakers are faced with whether to take painful action now - such as tax increases and spending slashes - or do nothing until the next century.

Sen. Daniel Patrick Moynihan, D-N.Y., added urgency to the debate with his proposal to immediately cut the Social Security payroll tax. The White House said Thursday it opposes the idea.

But in today's anti-tax climate, which President Bush has played to in calling for a cut in the capital gains tax, Moynihan's plan "could suddenly sprout wings and fly very high," said Senate Budget Committee Chairman James Sasser, D-Tenn.

The 1983 increase in the payroll tax was enacted partly to help brace the government for the retirement of the 75 million members of the baby boom generation, which will begin around the year 2010.

The latest increase, to 7.65 percent on Jan. 1 from 7.51 percent, will bring in nearly \$280 billion this year. The total reserves should peak at \$12 trillion in the year 2030, but dwindle rapidly thereafter.

By law, the money is not stashed away, but invested in treasury securities, where it collects interest. The Treasury Department uses the money the same way it uses other funds it pockets from securities sales - to pay the government's bills.

The money pouring into the Social Security trust fund also helps make the overall federal deficit appear smaller - \$52 billion smaller last year.

That will turn ground in the next century: people who are working now will be drawing retirement funds and the government will have to redeem all the maturing securities the Social Security system will cash in to pay retirement benefits. The shapes up as a major problem with no end to the government's red ink in sight.

Moynihan's cut would cost \$62 billion over the next two years, and critics say it would shift the burden of financing baby boomers' retirements to later generations.

### Hospital Notes

Mr. and Mrs. Mark Soto are the parents of a boy, Mark Anthony, Jr., born January 14, 1990.

Mr. and Mrs. Vincent Marasco are the parents of a boy, Vincent Louis, born January 13, 1990.

Mr. and Mrs. Randal Vinther are the parents of a boy, David Matthew, born January 13, 1990.

**PATIENTS IN HOSPITAL**  
Audrey Allen, Clay Angelo, Dora Barnett, Leann Benjamin, Elzora Brown, Marian Davis, Fern C. Ford, Roy J. Herrera.  
Gene Ann Marasco, Infant boy Marasco, Colby Marsh, Clarice M. McCaslin, Andrea Mendoza.  
Lucile P. Naylor, Minnie E. Prowell, Gladys E. Rogers, Sandy Rudd, Carlos N. Ruiz, Jr., Nicolasa Sanchez.  
Johnnie L. Sanders, Infant Boy Soto, Joelda Soto, Billy Ray Thomas, Charles Anthony Torres, Fannie Ora Wells.

## Obituaries

### WALTER S. FULLWOOD

Jan. 13, 1990

Former Hereford resident, Walter S. "Pop" Fullwood, 97, of Kerrville died Saturday, Jan. 13, 1990, in a Kerrville hospital.

Services were held at 10 a.m. today in Kerrville Funeral Home Chapel with the Rev. Mike Henderson officiating. Burial was held in the Garden of Memory Cemetery in Kerrville under the direction of the Kerrville Masonic Lodge Chapter 697.

Mr. Fullwood was born Jan. 25, 1892, to pioneer residents, the late Mr. and Mrs. E.H. Fullwood, who settled in Deaf Smith County in 1891 when the county had been organized for only a year.

Mr. Fullwood was an executive pilot and instructor who built and opened the first airport in McAllen, Miller International. He flew with many pioneer pilots including Charles Lindbergh, Wiley Post and Slat Rodgers. Fullwood moved to Kerrville during World War II. He helped operate Kerrville Flying Service. He flew as an executive pilot and instructor until the age of 85 and logged over 50,000 hours of flying time. He was a member of the First United Methodist Church of Hereford.

Survivors include his wife, Buna, of Kerrville; a daughter, Rosa Lee "Meek" Dickerson of Kerrville; a son, George Walter Fullwood of

Tempe, Ariz.; a sister, Frances Keith of Kerrville; six grandchildren; and 13 great-grandchildren. He is also survived by two nieces, Dorothy Noland of Hereford and Mildred Walsor of Amarillo, a former Hereford resident; and a great-niece, Betty Jean Gallagher of Hereford.

### KATHYRN BURNS

Jan. 12, 1990

Kathyrn Burns, 66, of Lubbock died Friday, Jan. 12, 1990, in University Manor Nursing Home after a lengthy illness. She is survived by a sister, Lile Peak of Hereford.

Graveside services were held Monday in Peaceful Gardens Memorial Park with the Rev. Clyde Blakeley officiating.

Burial was under direction of Rix Funeral Directors.

She was born in English and moved from Paris, Texas to Lubbock in 1953. Her husband, Robert, died in 1978. She had worked for Hunt School and Highland Hospital.

Survivors include three sons, Ricky, Ross and Bob, all of Lubbock; two daughters, Ann Lamb of Panhandle and Alice Burlson of Amarillo; two sisters, Joyce Glover of Big Springs and Lile Peak of Hereford; 15 grandchildren; and two great-grandchildren.

The family suggests memorials to Hospice of Lubbock, 3212 34th St., Lubbock 79410.

### IRENE K. MAWER

Jan. 13, 1990

Former Hereford resident, Irene K. Mawer, 70, of Longview died Saturday, Jan. 13, 1990, at a Longview hospital.

Rosary was said Sunday night at the Rader Funeral Home Chapel in Longview with Father William Barrow officiating. Mass was held Monday afternoon at St. Anthony's Catholic Church and entombment followed in Lakeview Mausoleum.

Mrs. Mawer graduated from Hereford High School and attended St. Anthony's School of Nursing in Amarillo. She was a retired nurse for Dr. Ralph Crawford.

Survivors include her husband, John E. Mawer of Longview; her mother, Ruth Knox of Longview; a daughter, Pat Modisett of Longview; three sons, James R. Mawer of Corpus Christi, David Mawer of Gladewater and Mark Mawer of Denver, Colo.; and eight grandchildren.

### J.C. CLEARMAN

Jan. 15, 1990

Former resident of Summerfield, J.C. Clearman, 75, of Kokomo, died Monday, Jan. 15, 1990, in Hendrick Medical Hospital in Abilene after a long illness.

Services will be held Jan. 17 at the Higginbotham Funeral Home in Gorman.

Mr. Clearman was born in Kokomo on March 9, 1914. He was a farmer. He was a member of the Kokomo Baptist Church and a deacon for 10 years.

Survivors include his wife, Anna Laura of Kokomo; two sons, Jamie Clearman of Ovalo, and Ken Clearman of Houston; three daughters, Diane Morgan of Friona, Nanette Thompson of Plainview, and Mary Jo Lenoard of Canadian; two brothers, Hugh Clearman of Lawn, and Blanton Clearman of Lamesa; three sisters, Othella Creager of Coffman, Frankie Freeman and Wardine Moore, both of Seminole; nine grandchildren; and 2 great-grandchildren.

### THE HEREFORD BRAND

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Maui Montgomery  
Charles Brownlow

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Managing Editor  
Advertising Mgr.  
Circulation Mgr.

# Lifestyles

## Ann Landers

**DEAR READERS:** The dream of every person over 30 is a magic pill taken before each meal that will remove all the calories.

In the absence of that magic pill we continue to try dozens of diets, spend a fortune on exercise equipment and health club memberships, and even hire trainers who will come to our homes and work out with us.

"This" is supposed to be beautiful, even though some of the top models look emaciated and consumptive. Butter is out; margarine is in. Eggs are no longer considered the All-American breakfast because of what we have learned about cholesterol. Cereals are supposed to be wonderful for you, and millions of health nuts have become addicted to oat bran.

We read so much about what is good for us and what is bad that the picture has become muddled. Advertising is so slick we don't know what to believe. So here are some hard facts from the September issue of *Fortune* magazine that could help put things in the proper perspective. The author, Brian O'Reilly makes it clear that avoiding the common killers is largely up to you.

Did you know that: Cardiovascular disease causes nearly half of the deaths in the United States.

This year 1.5 million Americans will suffer a heart attack and 500,000 will die, 300,000 before reaching the hospital.

About 45 percent of the coronaries will hit people under 65.

Strokes will kill another 150,000. Most strokes are preventable.

Your chances of getting cancer are half the risk of heart disease and stroke, but cancer is still the second biggest killer.

More people die of lung cancer than any other kind. Cigarette

smoking accounts for nearly 85 percent of all lung cancer.

Vegetables such as broccoli, Brussels sprouts and carrots seem to improve the odds against digestive tract cancers.

Men in their 50s who exercise regularly have more energy, a better sex life and can work longer hours than those who don't.

The role of diet is unclear but it seems to be a factor in about one-third of all cancers. The villain seems to be dietary fat, according to the surgeon general's report on nutrition.

The person least likely to get cancer doesn't smoke or drink (or drinks in moderation) and eats lots of vegetables.

If you don't smoke, cholesterol is the greatest threat to your health because it clogs the arteries and causes heart attacks.

Stress has long been fingered as a killer, but the facts are that most stress, including constant worry, is not fatal in itself. The real villain is chronic anger. The person who finds himself constantly screaming at the morons and chiselers who try to get ahead of him in line is the one who is at risk for heart trouble. Dr. Redford Williams, a Duke University internist specializing in stress, said, "The rushing-around workaholic is not at risk as long as stress is not a stimulus for anger." He noted that more than 15 percent of the 25-year-old doctors and lawyers who scored high in hostility tests were dead by 50.

The message to all you volatile, hot-tempered types is simply this: If you want to live to a ripe old age -- cool it.

Is life passing you by? Want to improve your social skills? Write for Ann Landers' new booklet, "How to Make Friends and Stop Being Lonely." Send a self-address-

sed, long, business-size envelope and a check or money order for \$4.15 (this includes postage and handling) to: Friends, c/o Ann Landers, P.O. box 11562, Chicago, Ill. 60611-0562. (In Canada send \$5.05.)

## Hints from Heloise

### BALLOON FUN

Dear Heloise: On the past weekend my children were complaining that they were bored and couldn't find anything fun to do. I remembered one year when I was a child what my mother did for me and I decided to share this experience with my kids.

Off to the store we went. We bought a package of rubber balloons and rented a small helium tank. After arriving home, we blew the balloons up with the helium and attached a postpaid card to each one and set them free outside. Up, up and away they went.

Several weeks later we got post-cards back from all over the surrounding county! Some had flown quite a distance. The kids loved it. They couldn't wait to get home from school to see if we had received another postcard. — Barbara J., Topeka, Kan.

### DEAR HELOISE:

It gets harder and harder each year to find the perfect birthday gift for my wife. I decided this year would be different. I came up with the following idea and thought it was too good to keep to myself.

My wife's birthday is on the 17th of April. I took her out to dinner at her favorite restaurant and presented her with a small booklet of eight tickets. These entitled her to a dinner out for the remaining eight months of the year. Her gift is spread throughout the year and she has something to look forward to each month.

She also says she knows that we will spend at least one night a month out together. This may become a traditional birthday gift in our family. — Tad G., San Diego, Calif.

You are very inventive. For friends or relatives who are hard to buy for, this is perfect.

Thanks so much for taking the time to drop us a line. — Heloise

### SEND A GREAT HINT TO:

Heloise  
P.O. Box 795000  
San Antonio, TX 78279  
or fax it to 512-HELOISE



## "Roses For Life"

The Community Church and St. Anthony's Catholic Church will have a fresh red rose sale Jan. 20-21 to benefit the Problem Pregnancy Center. Steven and Stephanie Reinart are shown giving roses to their grandmother, Clara Reinart. Marlene Hendershot, counselor-staffer at Problem Pregnancy Center, looks on. The local agency, which is a non-profit organization and operates with donations only, has assisted almost 800 clients since it opened in 1984.

## Youths honored at banquet

A banquet was held recently at the V.F.W. Post 4818 honoring Renee Sublett and Jeriann Parker as winners of the Voice of Democracy contest.

The theme of the contest was "Why I Am Proud to be An American". Sublett of Hereford took first place honors and Parker of Dawn placed second. The judges were Ruth and Justin McBride. Following the introductions, the girls read their essays to those present.

Officer Roy Rector of the Hereford Police Department gave a talk on "Drugs and Alcohol", D.A.R.E. Safety chairman, Betty Boggs, presented the officer with a plaque in appreciation for all the help and support he given the auxiliary during the past year.

Other guests present at the banquet were Renee's parents, Mr. and Mrs. John Sublett; Jeriann's brother, Jim Bob Parker; Tom Goheen, Bob Morris, Bill Craig, Jim Loving, David Clyde, and Robin Williams.

The regular meeting of the auxiliary was called to order by President Marta Williams. It was conducted according to the ritual with 15 members present. The minutes and treasurer's report of the

previous meeting were read and approved. Other official communications and business matters were discussed.

President Williams announced that the 13th District Convention will be at the V.F.W. Post Home in Hereford. President Barbara Gulhick will be present.

The next meeting will be Feb. 4 at 7 p.m.

Members present were Williams, Terrye Rhyne, Marie Goheen, Essie Martin, Ruth Morris, Greta Short, Maisy Heath, Erma Loving, Boggs, Sadie Shaw, Anna Conklin, Erma Murphey, Dora Lee Howell, Winnie Tyler and Leone Buckley.

Mark David Chapman pleaded guilty in 1981 to killing John Lennon outside the rock star's New York City apartment building.

Joe Louis began his reign as world heavyweight boxing champion in 1937 by knocking out Jim Braddock in Chicago.

### Party Cookies

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## Butler presents program

Lynette Butler presented a program on country crafts and demonstrated ideas when the Nouvelle Ami Study Club met recently.

President Missy Wilcox opened the meeting with a suggestion that new officers and committees be appointed. The new appointees would not begin their duties until April.

Laurie Paetzold, secretary, read the minutes from the November meeting and discussed the events of the club's first Christmas party.

Katie Nelson served as hostess and Missy Wilcox was club's co-hostess.

Shawna Sparkman was voted as a new member.

The next meeting will be held in the home of Karon Pettiet on Feb.

8.

Members present were Nelson, Paetzold, Missy Wilcox, Kim Wilcox, Susan DeLoe, Jodi Meyer, Lauri Paetzold, Micki Baulch, Emily Knight, Charlotte Collier, Pettiet, and Butler.

## Initiation tonight

All members of the Order of the Eastern Star are encouraged to attend the initiation meeting today at the Masonic Temple at 7:30 p.m.

Presiding will be Doris Wilson, worthy matron, and L. J. Clark, worthy patron.

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### To appear Thursday

The Hereford Community Concert Association will be presenting the "Dallas Brass" at 8 p.m. Thursday in the Hereford High School auditorium. The six-member ensemble brings a new dimension to the traditional brass quintet with the addition of the sounds and effects produced by a full range of percussion instruments, including xylophone, vibraphone and keyboards.



The Russian Tsar and the German Kaiser took their titles from the Roman Julius Caesar.

## Comics

### BLONDIE by Dean Young and Stan Drake



### BETLE BAILEY By Mort Walker



### Marvin By Tom Armstrong



### Barney Google and Snuffy Smith By Fred Lasswell



### The Wizard of Id By Brant Parker and Johnny Hart



## Computers help quilters

By BARBARA MAYER  
AP Newsfeatures

Computer bulletin boards are a well-established way to exchange high tech gossip and information. Now, a group of quilters is turning a computer bulletin board into a back-fence quilting bee.

Thirty-one subscribers to a general interest information and shopping service known as the Prodigy Service became acquainted when they tuned into the service's crafts bulletin board last summer to exchange quilting tips.

Their first group activity was a scrap fabric swap by mail, which they planned on the computer bulletin board. Jan Weber, a retired social worker in Stockton, Calif., who quilts as a hobby, came up with the idea.

"I suggested that everyone interested in making a charm quilt exchange material," she recalled.

There can be little or no duplication of patches in the traditional charm quilt pattern, she says, and to make even a small charm quilt takes hundreds of different fabrics. During the swap, she received some 180 six-inch squares.

Diane Rode Schneck, of New York, put her swatches together in a traditional design called "attic windows." She retitled her quilt "computer windows," since she says the repeat looks to her like a computer screen. Schneck, whose husband works for Prodigy, added a company logo she cut from a hat she got at a company picnic.

Since the first swap, the quilters have made other swaps of fabrics with Christmas motifs, pastels-only and Victorian styles.

Subscribers communicate openly on the bulletin board but exchange addresses privately through the use of an electronic mailbox.

Most people on the quilting network do not consider themselves computer-oriented. Schneck, who once thought of the computer in their home as strictly her husband's province, now checks her "mailbox" every day and "speaks" via computer every few days to people she used to see only once a month at quilt guild meetings.

"None of us women are computer whizzes," says Weber, whose usual activities are sewing and gardening and who, up to now, used a computer only for word processing.

"We've all had so much fun with this," she says. "The best part is the new friends. Several quilters who are subscribers came to my studio recently to spend the day, sewing and talking. People have also gotten together in Washington and back East."

The group exchanged vital statistics and learned that they range in age and circumstances from early 30s to grandmother.

Louise Townsend, managing editor of Quilter's Newsletter, says the on-line group fits the quilting tradition. Starting with quilting bees in 19th-century America, quilting has been a medium that encourages communication and cooperation.

"Many women have rudimentary sewing skills," Townsend says. "They find that it's much more fun to make a quilt and share it with other people than just to sew for themselves. There is a large network of women working together on quilts who come together annually at symposia held all over the country."

The network, she says, is an expansion of the use of the computer for quilting. "We hear a fair amount about people designing quilts on a computer, and there are a few programs that help you block out a design."

WESTPORT, Conn. (AP) - The food company founded by actor Paul Newman enjoyed another profitable year.

Newman's Own Inc. announced Monday it had made \$7 million in profits in 1989, and all of it will be donated to charities around the country.

Newman's Own, which sells salad dressing, popcorn, lemonade and spaghetti sauce, has donated its profits each year since it was founded in 1982.

## Ask Dr. Lamb

DEAR DR. LAMB: Two years ago I delivered a beautiful healthy daughter, but since then I've had two miscarriages. One occurred at seven weeks, the other at six weeks. My doctor ran a thyroid test, three-hour glucose-tolerance test and a chromosome count. All were normal.

Are there any other tests I should have done? Have you ever heard of frequent miscarriages after a normal pregnancy, and do these women have a chance of carrying another pregnancy to term?

DEAR READER: Miscarriages (abortions) are much more common than most people realize. Often a woman doesn't even know she was pregnant because she may have only a slightly delayed menstrual period which may be heavier than usual.

Many miscarriages are because of some abnormality in the conceptus. In other cases, the problem is related to maternal factors. One is a failure to produce enough female hormones caused by a delay in developing the placenta.

Of course you have a good chance of completing a full-term pregnancy, particularly having had a successful one. But if you should have another miscarriage, I would suggest a more complete study for hormone problems or immunological studies to see if there is a reason your body is rejecting the developing conceptus.

Dr. Lamb welcomes letters from readers with health questions. You can write to him at P.O. Box 18622, Irvine, CA 92713. Although Dr. Lamb cannot reply to all letters personally, he will respond to selected questions in future columns.

An Eastern Airlines Boeing 727 crashed in 1975 while attempting to land during a thunderstorm at New York's Kennedy International Airport, killing 113 people.









# CLASSIFIEDS

## 364-2030

**Notice!** Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under \$1.00. 890

**11-Business Service**  
 Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

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**12-Livestock**

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2 yr. old registered Palomino stud colt, 364-2933 after 5:00. 12116

### 13-Lost and Found

**Found:** One male short-haired puppy & one female long-haired brown, with black & white face. Call 364-0012. 12072

**Buff color Morris type kitten lost.** Has brown color with Ruidoso, N.M. tag. Likes to ride in car. 364-8185 days; 364-4585 after 5 p.m. 12077

### LEGAL NOTICES

#### REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION

Sealed proposals for 5.700 miles of landscape establishment on IH 40 from Grand Street to 0.1 mile W. of Bell Street, covered by CL 275-1-110 in Potter County, will be received at the State Department of Highways and Public Transportation, Austin, until 1:00 P.M., February 7, 1990, and then publicly opened and read. Plans and specifications including minimum wage rates as provided by Law are available for inspection at the office of Donald J. Shipman, Resident Engineer, Amarillo, Texas, and at the State Department of Highways and Public Transportation, Austin, Texas. Bidding proposals are to be requested from the Construction Division, D. C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder. Usual rights reserved.

**The Commissioners Court of Deaf Smith County will open proposals for insurance coverage for the county on February 12, 1990 at 9AM in the Courthouse. Specifications for required coverages may be obtained from Alex Schroeder at 242 E 3rd Street, Hereford, Texas. The coverage will be for a period of one year beginning at the expiration of the present coverage which is around February 21, 1990. The Commissioners reserve the right to reject any and all proposals.**

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### Fresh from the table

Homemade onion relish adds zesty taste to hot dogs.

## Make your own onion relish

By **NANCY BYAL**  
 Better Homes and Gardens Magazine  
 Food Editor

Franks take on top-dog taste with this one-of-a-kind relish. The onion flavor is pleasingly mild, tamed by the tomato and herbs. We like it with burgers and chicken, too.

If you have lots of onions to use up and would like to make a double batch, our test kitchen says you can freeze the relish in moistureproof vaporproof containers for up to 1 year.

- ONION RELISH**  
 3 large onions, finely chopped (3 cups)  
 2 tablespoons water  
 1/2 cup tomato sauce  
 3 tablespoons ketchup

- 1 1/2 teaspoons sugar  
 1/2 teaspoon dried oregano, crushed  
 1/4 teaspoon salt  
 1/4 teaspoon garlic salt  
 1/4 teaspoon crushed dried red pepper

In a 2-quart saucepan combine onions and water. Bring to boiling; reduce heat. Add tomato sauce, ketchup, sugar, oregano, salt, garlic salt and red pepper. Simmer, covered, about 20 minutes or until onions are just tender. Serve hot or chilled with meats. Store remaining sauce in refrigerator for up to 2 weeks. Makes 2 1/2 cups, twenty 2-tablespoon servings.

Nutrition information per serving: 14 cal., 0 g pro., 3 g carb., 0 g fat, 0 mg chol., 104 mg sodium.

## Social Security

**Question:** I need cataract surgery, and my doctor says I can have it as an outpatient. Will Medicare pay for it if I have it done this way rather than as a hospital inpatient?

**Answer:** Yes. Since cataract surgery can often be performed safely on an outpatient basis, Medicare can pay 80 percent of the approved charge for that surgery once the \$75 annual deductible has been met. The center can be affiliated with a hospital or it can be independent, but it must be Medicare-certified to perform outpatient surgery. Contact your Medicare carrier for additional details.

**Question:** My handicapped son is getting supplemental security income benefits. I just found out that he needs eyeglasses. Will Medicaid pay for his eye examination and his eyeglasses?

**Answer:** Some State Medicaid plans include eye examinations and eyeglasses in their list of covered

items and services. To find out if your State's plan covers them, call your local public health or social service office.

**Question:** I have an illness that sometimes requires more than one hospitalization during the year. Will I have to pay a deductible each time I need to go into the hospital?

**Answer:** No. There is only one deductible per year for Medicare-approved inpatient hospital care. Once you pay the calendar year deductible (\$560 for 1989), Medicare will pay for unlimited medical-necessary inpatient hospital care during the year. Even if you are admitted more than once during that year, you will only pay one deductible.

## Learn what food processor can do

Used properly, a food processor can make food preparation a pleasure. It banishes such tedious jobs as mixing, slicing, chopping, pureeing and grating a wide variety of vegetables, meats, nuts, cheeses, pastries and more.

To make the most of your food processor, learn what it can and what it can't do, then adapt your recipes and your work habits to fit the appliance into your kitchen routines. The more familiar you become with it, the more indispensable it will become. Here are some tips:

#### Using the Processor

- When preparing dishes that have many chopped or sliced ingredients, start with the hard, solid foods, then process the softer ones.

- Meats and cheeses should be very cold or semi-frozen (but not hard frozen) when you're chopping, slicing or shredding them. Don't attempt to process any hard cheese that can't be pierced easily with a knife.

- To make purees for soup, baby food and thickening sauces, first, drain the liquid from the cooked food, reserving 1/2 cup.

- Fill the processor bowl about half-full with the soft or cooked food and process in 15- to 20-second spurts, adding liquid as needed. Scrape down the sides of the bowl occasionally with a plastic scraper.

- To mix pastry or biscuit dough, first process the dry ingredients a few seconds. Then add the chilled fat in pieces and process just until mealy. With the motor running, add liquid through the small feed tube. Process until the dough forms a ball.

- When making cakes or cookies, add the dry ingredients last. If the recipe calls for chopped nuts or dried fruits, do them first and set them aside. Chill other fruits before chopping, and process them with some of the flour from the recipe.

- To make cookie or bread crumbs, break the dry ingredients into pieces. Run the motor in 15-second spurts until the crumbs are as fine as you want them.

**Safeguards**  
 - Processor blades are extremely sharp. Handle them carefully. The large holes in some food processor discs let you pick them up without touching the sharp edges.

- Be sure to read and understand the instructions that come with the appliance.

- Always push food down the feed tube with the plastic pusher, never with your fingers.

- Never open the work bowl until the blades have completely stopped.

- When emptying the bowl, hold the metal blade in place with a spatula or spoon, or remove it just before tilting the bowl.

- Take the processor to an authorized service store if the cord or plug is damaged or if the appliance has been dropped or damaged in any way.

- To avoid electric shock, always keep the processor base on a dry surface.

- Keep children away from the processor when it is in use.

**Troubleshooting**

If the processor stops suddenly, an overload may have tripped its built-in circuit breaker. Turn the machine off and correct the problem. Wait five minutes before starting it again.

If your processor is noisy, put it on a thick pad of rubbery plastic of the sort sold in stationary stores for keeping office machines quiet.

(Need help on a home repair or improvement project? Write Reader's Digest, P.O. Box 700, Pleasantville, N.J. 10570-7000. Suggestions and tips will be offered in future columns.)

## Cooley's anemia can be prevented

Couples planning a family today are taking more precautions, including seeking genetic counseling and undergoing a number of tests to determine the likelihood of passing on genetic disorders to their future children.

Some diseases, including the fatal blood disorder known as Cooley's Anemia, are predominantly passed along by people of certain ethnic backgrounds. So couples who are both in high-risk groups have the most reason to seek specific blood tests.

"When two healthy parents both carry the Thalassemia trait in their blood, there is a 25 percent chance, with each pregnancy, of the child having Cooley's Anemia. Yet, it can be detected with a blood test known as MCV/hemoglobin A2," according to Teresa G. Pipropato, National Executive Director of the Cooley's Anemia Foundation.

People whose background is Italian, Greek, other Mediterranean heritage, Pakistani West Indian, Asian, Indian, Vietnamese, Cambodian or Korean, are most likely to carry the Thalassemia trait.

Children with Cooley's Anemia cannot produce enough hemoglobin. To remain alive they must undergo blood transfusions twice a month, and a 12-hour drug injection every night.

"While researchers believe a cure is possible by the year 2,000, it's important for couples to know the risks, and request the specific blood test for Thalassemia, which is not part of routine blood tests.

"A gynecologist, family physician, hematologist or blood testing facility can order the test, but we recommend the results be evaluated by a hematologist," Mrs. Pipropato explains.

For more information, contact the Cooley's Anemia Foundation, Depart. S., 105 E. 22nd St., New York, N.Y. 10010; 1-800-221-3571 or 212-598-0911.

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Jan	52.70	52.75	52.80	Mar	244 1/4	244 1/2	244 3/4	Jan	411.50	411.50	411.50
Feb	52.75	52.80	52.85	Apr	244 1/2	244 3/4	245 1/4	Feb	411.50	411.50	411.50
Mar	52.80	52.85	52.90	May	244 3/4	245 1/4	245 3/4	Mar	411.50	411.50	411.50
Apr	52.85	52.90	52.95	Jun	245 1/4	245 3/4	246 1/4	Apr	411.50	411.50	411.50
May	52.90	52.95	53.00	Jul	245 3/4	246 1/4	246 3/4	May	411.50	411.50	411.50
Jun	52.95	53.00	53.05	Aug	246 1/4	246 3/4	247 1/4	Jun	411.50	411.50	411.50
Jul	53.00	53.05	53.10	Sep	246 3/4	247 1/4	247 3/4	Jul	411.50	411.50	411.50
Aug	53.05	53.10	53.15	Oct	247 1/4	247 3/4	248 1/4	Aug	411.50	411.50	411.50
Sep	53.10	53.15	53.20	Nov	247 3/4	248 1/4	248 3/4	Sep	411.50	411.50	411.50
Oct	53.15	53.20	53.25	Dec	248 1/4	248 3/4	249 1/4	Oct	411.50	411.50	411.50
Nov	53.20	53.25	53.30	Est. vol. 1,150, vol. Fri 1,200, open Int 1,200.	Nov	411.50	411.50	411.50			
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# Classifieds

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### Examining ledger

Members of the Deaf Smith County Genealogical Society met recently in the Deaf Smith County Library's Heritage Room to hear guest speaker, Miles Caudle. Caudle displayed his great-grandfather's justice of the peace ledger to the group. Examining the ledger with Caudle is Wilma Clark, the society's historian. The local organization welcomes new members. For additional information, contact Nell Norvell at 364-4475.

## Targeting fats likely to help weight loss

NEW YORK (AP) - By now, the resolutions of even the most resolute New Year's dieters may be wearing thin - especially if the dieter is not.

Americans seem forever to be dieting and falling for the latest "miracle" way to a thinner body. But experts insist it is only through a permanent change in behavior that any weight loss plan can be effective.

Specialists lately are focusing on two factors: exercise and dietary fat. "Overall if there's anything people agree with among nutritionists, it's that you should cut back on dietary fats," said Dr. Helene Swenerton of the cooperative extension nutrition office at the University of California, Davis.

Ron and Nancy Goor and Katherine Boyd, authors of "The Choose to Lose Diet" (Houghton Mifflin, \$17.95), advise, "Don't focus on total calories ... or sugar ... or starch. Focus on fat."

Eat pasta and potatoes, they say. "Carbohydrates are the good guys."

Because fat is often a big component of food that's not real nutritious anyway, and because it's more calorie-dense, it's a good target for dieters.

"Fats are twice as concentrated as carbohydrates or proteins," said Jayne Newmark, a dietician at the Arizona Heart Institute and a spokeswoman for the American Dietetic Association. One gram of protein or carbohydrate has four calories; one gram of fat has at least nine.

"The Choose to Lose Diet" works on the principle of a fat "budget." The dieter determines, based on height, desired weight and frame size, how many fat calories can be consumed daily. Then, as long as the dieter stays within the budget, all foods are OK. "You need to eat some fat," Newmark said. "But it is easy to get too much, because it tastes good." In children, especially, fats should not be drastically reduced, because they are needed for proper growth and development.

"The way to make it easier is to do small simple changes, one at a time," she said. For example, switch from a high-fat to a low-fat cheese or limit the amount of cheese eaten. "I'd rather someone follow 50 percent of what I say forever, than 100 percent for a while."

Still, dieting is dieting and means cutting down, though very-low-calorie, unsupervised diets are considered dangerous by many physicians.

"Choose to Lose," which includes calorie and fat tables and recipes, recommends no fewer than 1,000 calories a day, and no more than 20 percent of the calories as fat. A typical American diet is 35 percent to 40 percent fat.

The authors list foods with high fat concentrations and those without, lists that could surprise some people. They include fast foods and frozen "diet" dinners that get as many as half their calories from fats. Microwave popcorn, for example, has 99 to 214 fat calories per ounce; popcorn popped at home in oil has 138; air-popped popcorn has no fat calories.

The Goors say the impetus for their new book came from an earlier book on lowering cholesterol; people who cut back on saturated fats to reduce cholesterol found they also lost weight.

Although all fats have the same caloric content, experts say saturated fats, such as butter, contribute to other health problems as well. They recommend olive and other vegetable oils.

But while people can take some action, "with respect to weight control, we don't have the answers," Swenerton said, noting that 98 of 100 people regain weight they lose and that many people are misled by diet promises.

"One kind of misinformation is that obesity is just from eating too much," she said. "That's only part of the whole picture," which also includes exercise, psychology and genetics.

## Frank to be honored Wednesday

A retirement party will honor Geraldine Frank from 2-4 p.m. Wednesday at the Deaf Smith County Appraisal District Office, 402 W. Fourth St.

Frank is retiring after 26 years of service with the Hereford Independent School District Tax Office and the Deaf Smith County Appraisal District.

The public is invited to attend.

## Higgins selected as nominee

Edith Higgins was chosen as nominee for "Woman of the Year" when the North Hereford Extension Homemakers Club met recently in the home of Peg Hoff.

President Higgins gave the opening exercise by reading the call. Policies and bylaws were given by secretary Martha Lueb.

Namoi Brisendine was chosen as nominee for delegate to District meeting.

The members filled out the year book and refreshments were served to Evelyn Crofford, Lueb, Higgins and Brisendine.

### Abundant Life

#### Ignore Bad-Mouthing

BY BOB WEAR  
It is necessary, at times, to talk about our problems, our difficulties, our failures, etc., but these discussions must take place in a climate of hopefulness, with a spirit of looking for solutions, a willingness to make corrections. With all of this, we must be prepared to ignore the bad-mouthing that will, sooner or later, become part of the scene. "Bad-mouthing" will cause a big part of the discouragement and non-productiveness which plague individuals, organizations and communities.

The story is told of a community in which a number of very worthwhile improvements had been made. One day, during one of the periods of discussion about the accomplishments, one of the men spoke up admitting that much had been done, but he said, "I was opposed to all of it." There are such people, people who 'bad-mouth' every proposal for improvement. They often talk against the work, and usually criticize the workers.

The purveyors of gloom predict the failure of almost everything, and tell us that the plans and the proposals being made are useless and hopeless. They talk freely about all of the things that are going wrong, but they never do anything to help the people who are trying to make the corrections and the improvements. They may even tell the people who are trying to turn things around how foolish they are.

It is true that some plans for betterment do not work out, but some do and others will. If the people who engage in bad-mouthing had their way, there would never be any plans for even trying to do what needs to be done.

We must think, talk and act hopefully, constructively, and progressively, because failure to do so produces deterioration and decadence. 'Bad-mouthing' is a negative force which must be ignored.

Grover Cleveland, the 22nd and 24th president of the United States, died in 1908 in Princeton, N.J., at the age of 71.

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### New arrivals

Mr. and Mrs. George Hampton of Plano are the parents of a son, Thomas James, born Jan. 9, 1990, at Trinity Medical Center. He weighed 7 lbs. 1 oz.

Mrs. Hampton is the former Brenda Brown of Hereford, daughter of Mr. and Mrs. Charles Brown of 127 Northwest Drive.

Ann Hampton of Bay Shore, N.Y. is also a grandparent. Great-grandparents are Mr. and Mrs. H.L. Ward of Route 2, Hereford, and Mr. and Mrs. Bert Brown of 209 Ave. J.

The couple also has a daughter, Crystal, and two other sons, Kevin and Mark.

## Meeting scheduled tonight

A P.T.O. meeting is set for 7 p.m. today at Shirley Intermediate School. Parents are asked to meet in the school library.

"Status of Youth" will be the topic of a program given by Beverly Harder, Deaf Smith County extension agent.

A door prize will be presented.

Germany invaded the Soviet Union during World War II in 1941.

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