

Pactzold,
Watts named
to Super Team
--See Sports,
Page 4

The Hereford Brand

Hustlin' Hereford, home of Steve Cortez

Tuesday
Dec. 27, 1988

88th Year, No. 124, Deaf Smith County, Hereford, Tx.

10 Pages

25 Cents

Hi-Plains S&L becomes part of new bailout

Hi-Plains Savings and Loan began its second day of business today as part of Consolidated Federal Bank FSB after a \$1.85 billion "rescue" by the Federal Savings and Loan Insurance Corp. involving 15 Texas S&Ls.

Hi-Plains and the other institutions were acquired Thursday by CFSB Corp. Inc., a holding company headed by James M. Fail of Phoenix, Ariz. The company put up \$120 million to acquire the institutions.

Fail is chairman of Lifeshares Service Co., and several other insurance companies which operate in 47 states.

The pre-holiday transaction was part of the Southwest Plan launched last May to clean up the problems faced by 109 failed S&Ls in Texas. The latest package brings the total of failed institutions which have been closed or merged to 69 in Texas and to 175 around the country.

Hi Plains had been one of the institutions considered in a plan hatched in October that would consolidate several regional thrifts into one group. However, that original deal failed, and Hi-Plains was left out of what became "Olney Savings."

Security Federal Savings and Loan, which had a branch office in

Hereford, became part of the Olney Savings group.

Other institutions included in the Consolidated Federal Bank FSB group are located in Dallas, Mesquite, Mineral Wells, Slaton, Fort Worth, Hurst, Richardson, Lancaster, Colorado City, Big Spring, Houston, Odessa, Lufkin and Lamesa.

Consolidated Federal Bank FSB spokesmen said Friday that all 59 offices and branches of the new group will be operated. However, at least one office could close in the near future in Dimmitt.

Dimmitt has branches of Hi-Plains and Interwest Savings Association, and both institutions are part of the new group. However, there are no plans to close either office in the near future.

The rescue brings the total pledged by the Federal Home Loan Bank Board to \$24 billion the amount the agency has pledged to resolve the cases of 175 failed S&Ls this year. FSLIC head M. Danny Wall said the group wants to consolidate 200 of the failed institutions by Friday so the institutions can take advantage of tax breaks that will be reduced on Jan. 1.

More than 400 insolvent thrifts remain open and hundreds more are close to insolvency. Estimates of the cost of cleaning up the industry range from \$50 billion to \$112 billion.



Santa loads them up

Santa loads up a huge stuffed poodle to complete another pick-up load of toys for delivery to children last Friday as part of the Christmas Stocking Fund effort. The pickup was one of several loaned to the Deaf Smith County chapter of

the American Red Cross to use for almost 300 deliveries made to Hereford households last Friday. The Hereford Key Club and other volunteers also helped with CSF deliveries.

County rejects low printing bid

By ANDREA HOOTEN
Staff Writer

Three Deaf Smith County commissioners voted today to award a printing bid to a local company even though its bid was \$900 more than a Lubbock company's bid.

Commissioners Bill Bradley, Austin Rose Jr. and Johnny Latham voted to award the bid to Lithographics for \$5,635.15 when PIP Printing in Lubbock (partially owned by Hereford businessman Ike Stevens) bid \$4,714.50 and First Printing & Office Supply (located in Hereford but prints in Dimmitt) bid \$5,476.15.

Commissioner Troy Don Moore, who voted against awarding the bid to Lithographics, said, "Where do we draw the line (in the process for awarding bids)? We used First Printing last year and they print outside Hereford, but the business is located here. The bids were significantly different, too."

Rose said he voted for Lithographic's bid because "everybody that works at the office lives in Deaf Smith County, pays taxes in Deaf Smith County and we get our tax money off the buildings here in Deaf Smith County. Two of those businesses aren't even located here."

The commissioners voted to table awarding the printing bids at their last meeting because Bradley and Moore voted to give the bid to PIP Printing and Latham and Rose voted against it.

The commissioners also voted to award a bid for two Sheriff's Office vehicles to Whitface Ford, who bid \$21,759.84 for two Crown Victorias figured with two trade-ins.

Stevens Chevrolet-Oldsmobile bid \$23,224.40 for two Chevrolet Caprices with two trade-ins.

In other action, the commission elected to continue its Cafeteria Plan for county employees which allows the employees to pass through money for certain items so they become tax deductible.

By using the Cafeteria Plan, the county does not have to pay the matching income tax money, saving about \$118 each month.

The commissioners also appointed commissioner Latham, Doug Josseland (recommended by the city) and Shirley Wilson (recommended by the school district) to the Deaf Smith County Juvenile Board for two years.

Appointed Margaret Perez to fill an unexpired term as county tax assessor-collector to begin Jan. 1.

Officials will inspect suitcase

LOCKERBIE, Scotland (AP)--The first of the dead have been identified from Pan Am Flight 103, and investigators were examining a single suitcase for clues as to whether a bomb or structural failure caused Britain's worst air disaster.

Police hoped to release perhaps six bodies to next of kin today once the last formality of registering the death in Lockerbie is completed. Names and nationalities were not issued.

One more victim was found Monday, bringing the total in two temporary morgues in the city hall and an ice rink to 240. That's 29 short of the apparent total--258 on the Boeing 747 and 11 listed as missing on the ground.

A team of civilian and Royal Air Force pathologists and a group of

orthodontists were examining the bodies and expect to take another 10 days to complete identification.

A 28-year-old man who lives in the area was due in court on Wednesday in connection with allegations of looting following the crash.

"I am disgusted with certain things I have seen--at the very thought that something like this could happen in the midst of all this, when everyone else is trying to help," said Paul Newall, the area's deputy chief constable.

More than 600 rescue workers are still searching for bodies and wreckage over 100 square miles of rugged landscape with dense woodland, lochs, bogs and reservoirs.

Plane makes forced landing

CHARLESTON, W. Va. (AP)--Two recent federal inspections found fuselage cracks and corrosion in an aging Boeing 727 that tore open at 31,000 feet on Monday and caused some of the 110 people aboard to fear a bomb had exploded.

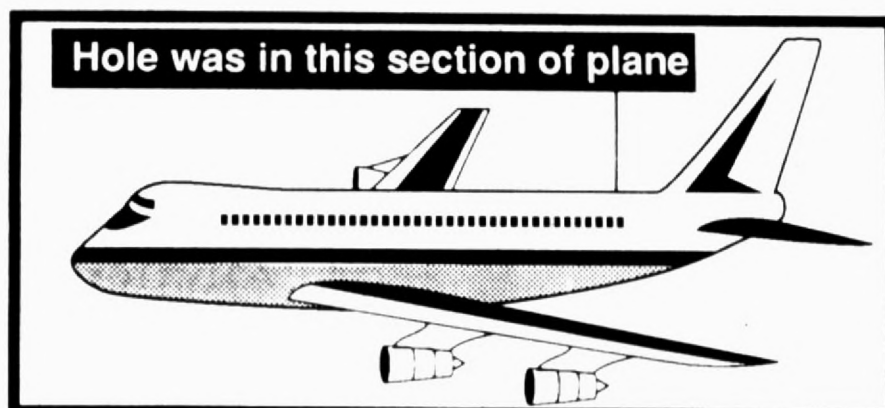
Eastern Airlines Flight 251 from Rochester, N.Y., to Atlanta landed safely at Yeager Airport here after the 14-inch hole in the fuselage caused the plane to lose cabin pressure, authorities said.

Two passengers were treated at Charleston Area Medical Center for nosebleeds and headaches as a result of the decompression, said hospital spokesman Gary Chernenko.

Passenger Sam Piazza, 55, a former pilot, from Boca Raton, Fla., said he and his wife at first thought a bomb had exploded, a possible cause of last week's crash of Pan Am Flight 103 with 258 aboard in Scotland.

"We were cruising along and you could hear the rush of the wind and the pitch of the wind and all of a sudden you could hear a big pop," he said.

"I looked up, and I could see sunlight shining through" the roof, said another passenger, David



Moore of Phoenix.

The opening in the crown of the fuselage was "about a 14-inch square hole," said Federal Aviation Administration spokesman Jack Barker in Atlanta. "Those things start with a crack and end up as a hole."

Cracks had been found on the fuselage of the same plane in an inspection in July 1986 and corrosion was found in April 1987, said Bobbie Mardis of the FAA's safety data branch in Oklahoma City.

Federal officials investigating Monday's incident also said mechanical problems, including a failure to maintain cabin pressure, had forced the jet to land at least five times during the past five years.

can Airlines Boeing 727 was forced to make an unscheduled landing in Detroit because of a 15-inch crack in the wheel well that was attributed to metal fatigue.

The Aloha accident prompted a federal investigation into the aging fleet of jets, and the FAA ordered airlines to replace rivets believed to have caused cracks. Boeing also has undertaken studies of its older airplanes to determine the effect of aging on airworthiness.

Federal officials today continued their background check of the Eastern plane, which remained here after the forced landing, and were looking at other planes of the same type, authorities said.

Boeing spokesman T. Craig Martin said Monday he doesn't know anything about the aircraft's previous problems.

"This plane was designed so that if there is some kind of puncture in the skin, the pressure will be let off safely. That's what happened. The plane landed safely," said Martin in Seattle.

The incident occurred at 31,000 feet about 50 miles, or several minutes flying time, north of Charleston, said Garland Jones, the flight's first officer.

Local Roundup

County arrests one

The Deaf Smith County sheriff's office arrested a driver over the holiday weekend on a charge of no liability insurance.

Other reports included theft over \$20 and under \$200 in connection with a chain and jack taken from a shop building; a harassment report; and a City of Hereford bulldozer that was hit with several gunshots.

Police arrest five

The Hereford Police Department reported five arrests over the holiday weekend, including a man, 20, on charges of public intoxication in the 300 block of Avenue J; a man, 24, charged with violation of a protective order; a man, 35, in the 100 block of North Miles Street on probation revocation, violation of parole, no brake lamps and violation of promise to appear warrants; a man, 22, on a warrant for failure to appear and on a second offense of no liability insurance; and a man, 35, picked up at Fourth Street and Park Avenue for public intoxication.

Incidents included assaults in the 100 block of Avenue G, the 200 block of Avenue B and at Mable and Whittier; criminal mischief reports in the 200 block of Avenue F, the 200 block of Ranger, the 400 block of North 25 Mile Avenue, the 1500 block of East First, and the 1100 block of West Park Avenue;

Thefts including a purse containing \$170 in the 1100 block of West Park Avenue, ice worth \$3.51 at South Main and Austin Road, \$4.10

taken in the 100 block of South 25 Mile Avenue, a pit bull worth \$100 in the 900 block of 13th Street, \$20 worth of gasoline in the 100 block of South 25 Mile Avenue, two 12-packs of beer in the 500 block of Avenue H and a 12-pack of beer taken at South Main and Austin Road;

A child was not seriously injured when struck by a vehicle in the 600 block of Irving Street; a domestic disturbance in the 200 block of West Sixth; disorderly conduct in the 500 block of South 25 Mile Avenue; harassing phone calls in the 900 block of South Avenue K; a domestic disturbance in the 100 block of Fir.

A civil standby in the 100 block of Avenue H; a family disturbance in the 700 block of Avenue H; burglary of a residence in the 500 block of West Fourth; and burglary of a residence in the 500 block of Blevins.

The Hereford Volunteer Fire Department answered five calls over the holiday weekend.

Hereford police issued 51 citations and investigated six minor accidents.

Cold will continue

Tonight will be mostly clear and colder with a low near 12. North winds will be 5-15 mph.

Wednesday will be mostly sunny and cold with a high of 35. North-east wind will be 5-15 mph.

This morning's low at KPAN was 30 after a high Monday of 66.

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Lifestyles

Ann Landers



DEAR ANN LANDERS: Does anyone else out there feel as frustrated as I do? I have been married for 20 years and have never been unfaithful. My wife and I have three wonderful children. The youngest is now 10.

This was a first marriage for both of us. We are good friends. We share the same philosophy of life. We agree about politics, religion and how to raise children. We appreciate each other's sense of humor.

The problem is that we don't have much of a sexual relationship anymore. We kiss, but that's about it. The fault is mine. I have no physical desire for my wife. The thought of her body is not exciting or appealing. To be honest, it is repulsive. She has become morbidly obese. She says she has tried to lose weight but she can't do it. I really feel sorry for her because she loves to eat.

I don't want a divorce, Ann. I love my children too much to break up our home and be separated from them. I don't want to risk AIDS by going to a prostitute; besides, that is not my style. An affair is out of the question. That's not my style either.

I've been reading Ann Landers since I was in college and never dreamed I'd be writing to you. But here I am. Can you help me?--Madison, Wis.

DEAR MADISON: Show this column to your wife. Tell her this letter is from you. Let her know you will do everything under the sun to be supportive if she decides to do something about her weight. She probably needs counseling as well as professional help with a diet and exercise. Write again in six months and tell me what happened. I'm betting things will be better.

DEAR ANN LANDERS: In 1942, I was on the staff of a well-known military academy in the Midwest. One day the frustrated father of a cadet came to my office very agitated and upset. It seems

he had just sold his prefabricated housing business to the government for several millions dollars and he wanted to use some of the money to assure his son's future. At the same time he did not want to jeopardize his son's chances of being a hard-working, productive young man by taking away his incentive to work.

I understood what he meant because we both knew that the boy was an untalented wimp with nothing much going for him. Without batting an eye, I looked up very quietly said, "Tie up his money in a lifetime trust fund so that it will provide your son with an additional

dollar for every dollar earned after he graduates from college. Make the terms foolproof and tamper-proof. This means he will have to work to get the money but he still can live twice as well as he normally would have if he hadn't had you for a father."

That was excellent advise 46 years ago and it is still good today for any rich father in a similar situation. Pass it along, Ann.--G.B., Calif.

DEAR G.B.: Thanks for singing my song. Nothing destroys incentive like knowing you don't have to do anything because an inheritance

is right there, waiting.

DEAR ANN LANDERS: I was taught to turn out lights to keep the light bills down. My husband says it takes more electricity to turn lights off and on again and that I'm kidding myself. Who is right--Frugal in Chattanooga

DEAR NOOGA: You win. According to Phillip Rosenbach, coordinator of Conservative Programs for Commonwealth Edison, whenever lights burn they cost money. It doesn't cost anything to turn lights off and on.

Hints from Heloise

DEAR HELOISE:

Mine is not a hint but a request to the clothing industry.

I am five feet 2 inches tall, therefore I have to shop in the petite department. Misses sizes are several inches to big and some juniors are a little shorter, but they just don't fit right.

I walk into a major discount store and there aren't any dresses or skirts in petite. I must admit this past year the jean and slack makers are becoming much better. Most are getting petite sizes in their collections, so hopefully dresses aren't far behind.

I don't know the statistics of petite women, but one day at a mall I took my own little survey of the women I passed and at least one in three were my height or shorter.

I hope everyone who reads this and falls into this category clips it out and sends it to the owner or manager of their favorite store. I'm sure I can't be the only one who is disappointed. —Paulette, Indianapolis, Ind.

I hope some clothing manufacturers will see this and begin to make more petite-size dresses and skirts. In addition to sending a copy of the article to a store, why not send one to your favorite manufacturer. —Heloise

SEND A GREAT HINT TO:
Heloise

P.O. Box 795000

San Antonio, TX 78279

LETTER WRITING

Dear Heloise: Whenever I have to mail letters and it's raining, I put them in a small plastic sandwich bag. I do this when I'm putting my mail in my own mailbox. If it rains, the letters won't get wet and the ink won't run. —Loretta Natale, Madison, N.J.

PERSPIRATION STAIN

Dear Heloise: I have a problem removing perspiration stains from my washable clothing. Can you help me? Thanks! —A Reader, Satsuma, Fla.

The Soap and Detergent Association shared the following methods for removing perspiration stains on washable items.

Use a prewash stain remover or rub the stains with a bar of soap. If

perspiration has changed the color of the fabric, apply ammonia to fresh stains, or white vinegar to old ones and rinse.

Then launder using the hottest water safe for the fabric. Stubborn stains may respond to washing in a product containing enzymes or oxygen bleach in the hottest water safe for the fabric. —Heloise

Some ancient people believed that their spirits would be reborn as flowers.

The One to See:

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State Farm Insurance Companies
Home Offices: Bloomington, Illinois

Robert E. Clark, M.D.
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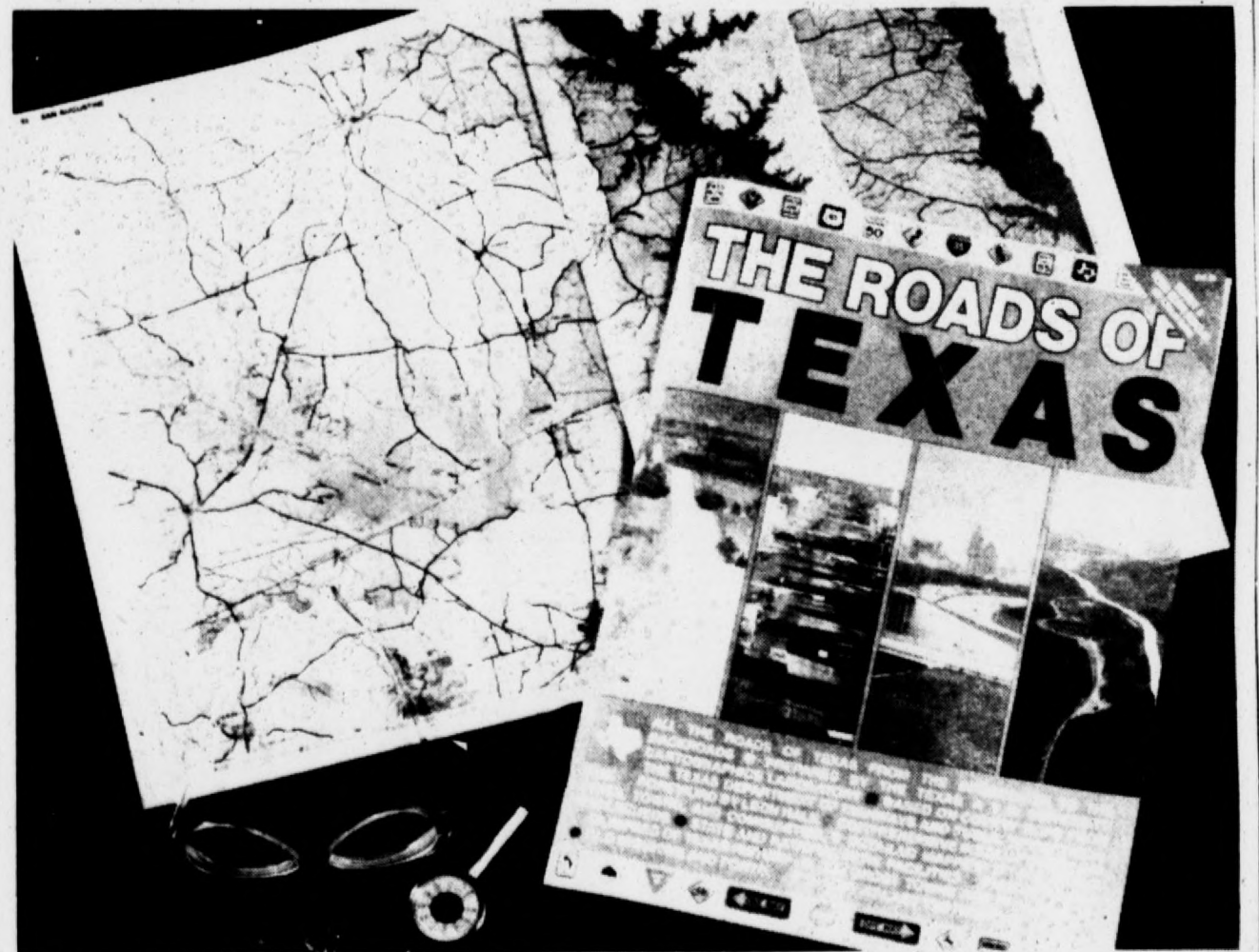
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BUCKLE UP...AND PLEASE DRIVE SAFELY. **770**

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This 172 page atlas contains maps that show the complete Texas road system (all 284,000 miles) plus just about every city and community! Texas A&M University Cartographics

Laboratory staff members produced the maps, based on county maps from the State Department of Highways and Public Transportation. The details shown are amazing—county and local roads, lakes, reservoirs, streams, dams, historic sites, pumping stations, golf courses, cemeteries, mines and many other features, too numerous to list.

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Abundant Life

AVOID STAGNATION
By Bob Wear

Stagnation just seems to be waiting to take over. It may be a life, a community, a business establishment, or some of the other important areas of living. It is a constant threat, but it can be avoided, and must be.

When a life, or a business, or a community becomes inactive, or dull, or stale, it has become stagnant and about as useless as a stagnant body of water. This never happens overnight, but is a deadening process which can be detected in its early stages and this is the time to stop it.

Sloth is the forerunner of stagnation. If we become indolent or lazy, or unconcerned, we are heading for trouble because we are moving toward the dreariness and the misery of stagnation. "Excess is not the only thing that breaks up health and enjoyment, many are brought into a very ill and languishing habit of body by mere sloth, which is both a great sin, and the cause of many more." South.

Indifference may be the greatest

ally of stagnation. When we slip back, or deliberately move back from life to the point of not caring, we are moving into the bog of stagnation. When we know what should be done, know how to do it, and have the wherewith to do it, but we do not care enough to do it, we and everything with which we are associated are in a bad, sad way.

Enthusiasm will prevent stagnation. "When enthusiasm is inspired by reason, controlled by caution, sound in theory, practical in application, reflects confidence, spreads good cheer, raises morale, inspires associates, arouses loyalty, and laughs at adversity, it is beyond price." -Coleman Cox.

We must be energetic, must be up and doing. This is not activity just to be active, but it is the working of well-thought-out plans. It is doing what we see to be done, and being alert to the developing needs and opportunities.

We must stay alive, while we are living and this will be a life of continuing progress and improvements and will forever frustrate the inroads of deadening stagnation.



Cowbirds make no nest. They lay their eggs in the nests of other birds.

Records critical for proper tax filing

With another tax filing season approaching, it's time to start collecting cancelled checks, receipts and numerous forms and miscellaneous items. But rather than taking a helter-skelter approach, a little advance planning regarding recordkeeping could pay dividends.

"Generally, collect all records that will help you prepare an accurate tax return," said Dr. Wayne Hayenga, an economist with the Texas Agricultural Extension Service. "You want to do the best job you can in filing your return so that you pay only the proper tax. And you also need to have good records in case your return is audited by the IRS."

"Without proper tax records, you may lose some sleep as well as be subjected to additional taxes, interest and penalties if you can't back up claims on your tax return," Hayenga said.

Information on the following is critical for every tax return:

-Income: Keep copies of Form W-2 (Wage and Tax Statement), Form W-2-P (Statement of Recipients of Annuities, Pensions, Retired Pay or IRA Payments), any of the Form 1099 Series for interest, dividends and other distributions plus other documents proving amounts of income.

-Deductions: Keep all sales slips, invoices, receipts, cancelled checks and other documents that support deductions claimed. It's even a smart move to keep receipts and cancelled checks for nondeductible items because sometimes new

laws give certain retroactive tax breaks.

For instance, the new Technical and Miscellaneous Revenue Act of 1988 allows taxpayers to claim charitable deductions for 80 percent of payments to colleges and universities. The IRS had ruled these payments nondeductible because they entitled the payer to buy seating at athletic events. With proper records, these deductions can be claimed as far back as 1984.

-Past returns: Keep copies of all tax returns in case it's necessary to file an amended return. Also, a copy serves as a backup if the original never reaches the IRS.

Hayenga also outlined a number of other steps to make tax filing a less taxing time.

-Special handling: Taking the extra step to send your tax return by registered or certified mail can bring peace of mind by providing evidence of delivery.

-Interest deductions: Along with statements, notes and cancelled checks to prove interest payments on loans, mortgages and credit cards, keep records to support the type of interest deduction being claimed (investment interest, personal interest or home mortgage interest).

-Charitable contributions: For a cash contribution, keep a cancelled check or receipt showing the charity's name, amount of contribution and date. For property, a similar receipt is needed which also shows the location and description of the property.

A receipt may not be needed for property donation if it's unreasonable to get one, such as depositing used clothing in a drop box. However, every property donation must be supported by detailed written records that include the property's fair market value and the

method used to establish it.

Taxpayers performing volunteer services for a charitable organization must keep records of expenses incurred while carrying out charitable work.

-Assets: It's good to keep detailed records of all property for at least as long as you own it. In the case of a home, this should include the purchase price, purchase

expenses, cost of improvements and other adjustments. Keeping sales receipts or appraisals on big-ticket items will pay off in case of a theft or casualty.

If a document that you need has ever been filed with the IRS, you can get a copy by completing Form 4506 and sending it to the IRS Service Center where you filed your return.

Names in the News

NEW YORK (AP) — John F. Kennedy Jr. will join the office of Manhattan District Attorney Robert M. Morgenthau in August, working for a man who once worked as a prosecutor for his father.

Kennedy, a 29-year-old third-year student at New York University Law School, will start as a prosecutor at just under \$30,000 a year if he graduates next summer and passes the state bar examination, according to prosecution sources who spoke on condition of anonymity.

Kennedy, interviewed earlier this month by Morgenthau, will be one of 20 just-graduated new hires next summer. Until he passes the bar exam he will not litigate cases. Instead he will help in research and trial preparation.

LOS ANGELES (AP) — Max von Sydow, whose roles have ranged from Jesus Christ to intergalactic space villain Ming the Merciless, dredged memories from his childhood in Sweden to play a downtrodden field hand in his latest movie.

In "Pelle the Conqueror," which won top honors at this year's Cannes Film Festival, Sydow portrays Lasse Karlsson, father of the title character.

The 59-year-old, 6-foot-4 actor tells the audience about the itinerant farm worker's life of labor and oppression with a jerky, shuffling walk — hands flapping, elbows and knees protruding — marked by habitual head bobbing of a servile peasant.

The son of a university professor, von Sydow left the city after the spring thaw to visit maternal relatives in Swedish farm country.

"I felt I knew this man," von Sydow said. "I met people like this, spent every summer with them."

Von Sydow has appeared on stage, and in numerous films including, "The Greatest Story Ever Told," in which he played Jesus; "The Exorcist," and "Flash Gordon," in which he portrayed the science-fiction villain Ming.

LOS ANGELES (AP) — Thirteen-year-old actress Drew Barrymore has been released from a rehabilitation center after treatment for alcohol abuse, her publicist said.

She was released "a couple of days ago," publicist George Freeman said Thursday. "She is in good health and great spirits."

No other details would be provided, Freeman said.

Comics

BLONDIE by Dean Young and Stan Drake



Marvin By Tom Armstrong



The Wizard of Id By Brant Parker and Johnny Hart



Barney Google and Snuffy Smith By Fred Lasswell



BETLE BAILEY By Mort Walker



It's All in the WANT ADS

NOTICE OF SHERIFFS SALE

THE STATE OF TEXAS
COUNTY OF DEAF SMITH
By virtue of an Order of Sale issued out of the Honorable 222ND Judicial District Court of Deaf Smith County, on the 12 day of Dec., 1988 by the Clerk thereof, in the case of DEAF SMITH COUNTY VS. TIJERINA, ERNEST G. JR. & TIJERINA, JOHNNY C. Cause # 9463 and to me, as Sheriff, directed and delivered, I will proceed to sell, at 10:00 O'CLOCK A.M. on the 3RD DAY OF JANUARY, 1989 which is the first Tuesday of said month, at the OFFCL door of the Courthouse of said Deaf Smith County, in the City of HEREFORD Texas, the following described property, to wit:
A tract of land being 21.8 acres, more or less, being all that part of Section 24, Block K-3 in Deaf Smith County, Texas, Lying South of the South right of way line of the P&SF Railway Company Right of way.
Levied on the 12 day of Dec., 1988 as the property of ERNEST TIJERINA BY VIRTUE OF A WARRANTY DEED RECORDED IN VOLUME 289 PAGE 26, OF THE OFFICIAL RECORDS OF DEAF SMITH COUNTY, TEXAS
to satisfy a judgement amounting to \$5,960.96 with interest from the 25TH DAY OF AUGUST, 1988 at 10 percent, per annum, and all costs of suit in favor of DEAF SMITH COUNTY, HEREFORD INDEPENDENT SCHOOL DISTRICT

GIVEN UNDER MY HAND THIS 12 day of Dec., 1988
Joe E. Brown, Jr.
Sheriff, Deaf Smith County, Texas
By Derrill Carroll
Tu-115-3C



NOTICE OF SHERIFFS SALE

THE STATE OF TEXAS
COUNTY OF DEAF SMITH
By virtue of an Order of sale issued out of the Honorable 222ND Judicial District Court of Deaf Smith county, on the 12 day of Dec. 1988 by the Clerk thereof, in the case of DEAF SMITH COUNTY VS. PESINA, DOMINGO Cause # CJ-85E-061 and to me, as Sheriff, directed and delivered, I will proceed to sell, at 10:00 O'CLOCK A.M. on the 3rd DAY OF JANUARY, 1989 which is the first Tuesday of said month, at the OFFCL door of the Courthouse of said Deaf Smith County, in the City of HEREFORD Texas, the following described property, to wit:

TRACT 1: The South 60 feet of Lot 3, Block 4, of the Hereford Housing Project SubDivision of a part of Section 111, Block M-7, Deaf Smith County, Texas

TRACT 2:
Sur. 111, Blk. M-7, Tr. 2 M/H, Deaf Smith county
Levied on the 12 day of Dec. 1988 as the property of DOMINGO PESINA BY VIRTUE OF A WARRANTY DEED RECORDED IN VOLUME 311, PAGE 439, OF THE OFFICIAL RECORDS OF DEAF SMITH COUNTY, TEXAS
to satisfy a judgment amounting to \$305.15 with interest from the 25TH DAY OF AUGUST, 1988 at 10 per cent, per annum, and all costs of suit in favor of DEAF SMITH COUNTY, HEREFORD INDEPENDENT SCHOOL DISTRICT
GIVEN UNDER MY HAND THIS 12 day of Dec., 1988
Joe E. Brown, Jr.
SHERIFF
Deaf Smith County, Texas
By Derrill Carroll
Tu-115-3c

NOTICE OF SHERIFFS SALE

THE STATE OF TEXAS
COUNTY OF DEAF SMITH
By virtue of an Order of Sale issued out of the honorable 222ND Judicial District Court of DEAF SMITH COUNTY, on the 12 day of Dec. 1988 by the Clerk thereof, in the case of DEAF SMITH COUNTY VS. PEREZ, DORA Cause # CI-888-025 and to me, as Sheriff, directed and delivered, I will proceed to sell, at 10:00 O'CLOCK A.M. on the 3rd DAY OF JANUARY, 1989 which is the first Tuesday of said month, at the OFFCL door of the Courthouse of said Deaf Smith County, in the City of HEREFORD Texas, the following described property, to wit:
TRACT 1: Lots 9 and 10, Block 3 of the Hereford Housing Subdivision of a part of Section 111, Block M-7, Deaf Smith County, Texas

TRACT 2: Lot 5, block 4 of the Hereford Housing Subdivision of a part of Section 111, Block M-7, Deaf Smith County, Texas

TRACT 3: Lot 4, block 4 of the Hereford Housing Subdivision of a part of Section 111, Block M-7, Deaf Smith County, Texas
Levied on the 12 day of Dec. 1988 as the property of DORA PEREZ BY VIRTUE OF A WARRANTY DEED RECORDED IN VOLUME 322, PAGE 451, OF THE OFFICIAL RECORDS OF DEAF SMITH COUNTY, TEXAS
to satisfy a judgment amounting to \$1,443.66 with interest from the 25TH DAY OF AUGUST, 1988 at 10 per cent, per annum, and all costs of suit in favor of DEAF SMITH COUNTY, HEREFORD INDEPENDENT SCHOOL DISTRICT

GIVEN UNDER MY HAND THIS 12 day of Dec. 1988
Joe E. Brown Jr
SHERIFF
Deaf Smith County, Tex
By Derrill Carroll
Deputy
Tu-115-3c

THE HEREFORD BRAND 
WANT ADS DO IT ALL!

NOTICE OF SHERIFFS SALE

THE STATE OF TEXAS
COUNTY OF DEAF SMITH
By virtue of an Order of Sale issued out of the Honorable 222ND Judicial District Court of DEAF SMITH County, on the 12 day of Dec., 1988, by the Clerk thereof, in the case of DEAF SMITH COUNTY, ET AL VS. GARCIA, RAUL Cause # CI-87L-150 and to me, as Sheriff, directed and delivered, I will proceed to sell at 10:00 O'CLOCK A.M. on the 3rd DAY OF JANUARY, 1989 which is the first Tuesday of said month, at the OFFCL door of the Courthouse of said Deaf Smith County, in the city of HEREFORD Texas, the following described property, to wit:

ALL OF LOT 3, BLOCK 2, SOUTH HEIGHTS ADDITION TO THE CITY OF HEREFORD, DEAF SMITH COUNTY, TEXAS
Levied on the 12 day of Dec., 1988 as the property of RAUL AND ELOISA GARCIA BY VIRTUE OF A WARRANTY DEED RECORDED IN VOLUME 330, PAGE 615, OF THE OFFICIAL RECORDS IN DEAF SMITH COUNTY, TX
to satisfy a judgment amounting to \$1,426.15 with interest from the 25TH DAY OF AUGUST, 1988 at 10 per cent, per annum, and all costs of suit in favor of DEAF SMITH COUNTY, HEREFORD INDEPENDENT SCHOOL DISTRICT, CITY OF HEREFORD
GIVEN UNDER MY HAND THIS 12 day of Dec., 1988
Joe E. Brown, Jr.
Sheriff
Deaf Smith County
Texas
By Derrill Carroll
Tu-115-3c

Ask Dr. Lamb

WHAT IS A HEART MURMUR?

BY LAWRENCE E. LAMB, M.D.

DEAR DR. LAMB: I was recently told by a doctor that I have a heart murmur. I am a 35-year-old female. Why was I never told this before? What exactly is a heart murmur and what could have caused it? Can I expect to live a long and healthy life? Does it require an operation?

DEAR READER: A heart murmur is a sound, usually of blood circulating in a way to cause turbulence. It is much like the sound of water running out of a garden hose under pressure. Remember the phrase, "the murmuring brook?"

The sound of blood turbulence can be simply because the heart is very active. That is common in children and has no important medical significance. We hear such sounds in top-notch athletes who have an enlarged and dilated heart because of their excellent physical condition.

Then a heart valve may not be functioning properly, allowing blood to leak backward, when it should go forward. Or a valve may be narrowed — "stenosis" — causing a sound as the blood flows forcefully through the narrowed opening.

You may never have been told you had a murmur because it might not have been present when you were examined before. Normal murmurs often come and go, depending on how active your circulation is that day. Or if your doctor felt it had no medical significance, he may have thought he should not worry you about it.

Its significance really depends on what is causing it. And you should find that out. With valve abnormalities, it is often important to take antibiotics when having your teeth cleaned or other dental procedures or during any operation or infectious illness. A normal murmur will not affect your life span. A valve defect might. But you will not be a candidate for surgery unless you have a valve that is damaged enough to significantly affect the mechanical function of your heart.

You will appreciate the question of murmurs better after reading Special Issue 31-04, Understanding Your Heart, which I'm sending you. Others who want this issue can send \$1 with a long, stamped, self-addressed envelope for it to THE HEALTH LETTER/31-04, P.O. Box 19622, Irvine, CA 92713.

DEAR DR. LAMB: I have read several different times that we should eat complex carbohydrates, but I

don't know which ones are complex carbohydrates and which ones are "empty" carbohydrates. What is the difference and where can I get a list of the ones I should eat?

DEAR READER: Simple carbohydrates are single or double sugars. Table sugar is a double sugar (disaccharide) and when it is digested it leaves no residue in the bloodstream and is used for energy. Honey contains two single sugars — the same two used to make table sugar — and is a simple carbohydrate.

Complex carbohydrates contain more than two single sugars and usually contain undigestible carbohydrates such as cellulose. A good example is wheat bran or oat bran. Any of the carbohydrates that contain undigestible bulk qualify. That includes leafy vegetables and those that contain fiber such as carrots, it includes most whole-grain cereals, fresh vegetables and fruits. The idea really is to provide bulk and fiber in our diet that cannot be digested and aids the function of the digestive system, particularly the colon. There really is no such thing as "empty carbohydrates," although the term "empty calories" is sometimes used for sweets such as sugar because they contain no vitamins or minerals.

DEAR DR. LAMB: As a faithful reader of your column, I feel you need to give more warnings on the dangers of estrogen replacement therapy. I was on Premarin and progesterone for three years. I felt great until the menstruation started — pain and heavy flow were typical. My doctor continued to tell me how great estrogen was, and after all, it was "only menses."

Three months ago I sought a second opinion. I'm now awaiting a decision on a hysterectomy — uterine fibroids. After much pain, and two D and C's, I feel used and misled. Do warn of heavy menses and pain.

DEAR READER: Your problem was caused by fibroids, not estrogen. Fibroids tend to decrease in size or even disappear after the menopause. And they grow rapidly during pregnancy or when estrogen is given. The estrogen did not cause your fibroid, but it may have made it grow. The bleeding was caused by the fibroid, not the estrogen. Such fibroids occur in 4 percent to 11 percent of women. You can have the hysterectomy and continue to take estrogen. Or you can do without estrogen and have the problems associated with an estrogen deficiency.

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