

WILDCAT TALES

Sponsor	Mrs. Ray Nunnally
Editor	Shirley Smith
Senior Class Reporter	Rita Jones
Junior Class Reporter	Linda Hubbard
Sophomore Class Reporter	Betty Medford
Freshman Class Reporter	Carol Stroebel
FHA Reporter	Barbara Hollis
FFA Reporter	Cody White
Girls' Sports	Bess Lee
Boys' Sports	Tony Geyer
Band	Barbara Richter
Cheerleader Reporter	Peggy Burns
Student Council Reporter	Beverly White
Annual Staff	Belinda Hickman

EDITORIAL

Three basic steps should be followed if one expects to pass an exam. Last minute cramming is not the answer!

One step is to listen closely in class and take notes. Summarize on paper what the teacher says. Listen with your mind as well as your ears.

Another very important step is to complete all homework you are given and make sure you have done it correctly. This will give you an excellent background to begin with when studying for a final exam.

Lastly, you should review your work regularly. It is a known fact that short reviews are more rewarding educationally than one long review period.

When the test finally comes, you should be fairly well prepared; however, there are several things in particular you will want to do for the last review before the test. First, find out what the exam will cover. Next, study notes and textbooks. Ask yourself questions which you think are important and see how well you answer them. If you are uncertain about them, you will need more study.

If you follow these simplified instructions, you will make a test grade to be proud of.

Shirley R. Smith

"NOT FINISHED, JUST BEGUN"

Well, we had tryouts last Friday for the Senior play. I would like to congratulate all of the people who received a part.

We sent off for our invitations last week, so most of us are going to have to scrap up some money in a hurry.

The basketball players go to Early tomorrow night. Support your team by going to see them play.

Do not forget to read the Senior lives that started this week.

P. B., when you finish that

meal in HE III, may we all come? Until next week,

Rita

TO MAKE THE BEST BETTER

Hi! Now that the final semester is in full swing, we Juniors are realizing the importance of getting a good education. We are also looking forward to ordering our class rings, which we should be doing pretty soon.

The basketball teams are doing real well this year. All you basketball fans come out and help back them.

P. M., she should have warned you!

B. L., what in the world did you find in your locker?

Did M. C. and I really do plenty under that table? You bet!

C. W., guess you learned not to wave unless you want something?

R. H. likes pretty girls setting in front of him.

T. G., remember the day your pants were ripped? We sure do!

T. P., how far did yall push your car?

Till next week,

L. H.

WITH THE SOPHS

Hi! There has not been much happening at R. S. H. S. Things are settling into a routine as we count the days till spring and May.

The second semester is gradually proving to be harder as we go along.

The girls who have just started P. E. have learned something new, soreness! It seems they have learned this well.

We are really behind the Cats as they move along towards district championship.

Till next time - -

Betty Medford

Adding Machine Tape at
The Rising Star

TOWARD NEW HORIZONS

After all the mid-term tests, we have settled down to studying. We have all decided to study more next semester.

The Homemaking I girls are studying the philosophy of lives, in which they are learning all about themselves. R. S., did you ever find out if you had one or not?

The Homemaking II girls are studying to be good cooks. Our first project is to cook a good cake.

The Homemaking III girls are also going to start cooking and continue to cook for the next two or three months.

The Who's Who has been figured out. In Homemaking I the honors of representing her Homemaking Class went to Debbie White. In Homemaking Class II the honors went to Katie Howard. In Homemaking III Belinda Hickman was the one with the highest grade. Congratulations, girls!

Hope I can have more news for you next time.

Until next week,

Barbara Hollis

THERE'S ROOM AT THE TOP

The Freshmen have just about dried out by now. We are looking forward to the talent show sponsored by the student council. It will be in February.

Congratulations to all those who received the honor of "Who's Who."

Cross-pollination is the main topic in General Science. Since mid-term, we have lost two students who stayed over from last year.

Related Math is getting more difficult every day. We have learned how to find the square root of a number without looking at the table in the back of the book.

We are studying grammar in English I, and some of us surely need to. We have also learned to write themes.

The HE I girls have developed their individual philosophies of life, and believe me some of them are really whoppers. I do not know what will happen while we are sewing. Something is bound to unfold with those girls.

We have five new members in P.E. Glad to have you, Sophomores!

This week I would like to recognize the girls who grow their own hair. Besides the ones I mentioned last week they are: J. B., R. S., V. S., B. K., and C. S. I know their hair does not look real, but it is! Or is it, J. B.?

The band is progressing more every day. We are going to have a super-duper band one of these days.

See you next week,

C. S.

GIRLS' SPORTS

Hello, sports fans — Excuse my originality! We are about through with the first round of district play and we are doing pretty well. We defeated Goldthwaite last Tuesday night and met Santa Anna here last Friday. We play May here Friday night and we would feel no pain if we beat them! We would like to see all you people out there Friday night and meanwhile all you P.E. girls, remember when you wake up Friday morning, have a victory on your mind!

Bess

BOYS' SPORTS

Hi! The basketball season is coming to a climax, and the Cats are still in the race. Last week we played Goldthwaite and Santa Anna. The Goldthwaite game was a real close one going into the last quarter, and then the Eagles pulled it out of the fire. Dalton Hughes was high point man with twenty-four points. The Santa Anna game was another good game too. This week we will play Cross Plains and Early; so if we expect to stay in the race, we have to win these two. Come and see the Cats play!

Until next week,

Tony Geyer

WHO'S WHO

Jackie Edward Bibby was born on December 20, 1950, in Grand Prairie, Texas. He is the son of Mr. and Mrs. Arley Bibby and has one younger sister, Velda.

Jackie's favorite color is blue. He thinks "El Dorado" was the best movie, and his favorite TV program is "The Beverly Hillbillies." John Wayne and Doris Day are Jackie's choice in actors and actresses. "Lonesome Fugitive" and "Louie, Louie" are his two favorite songs. His choice of food is enchiladas and chili. Going to dances is Jackie's pastime.

Jackie has participated in football for four years, basketball two years, track four years, and FFA two years.

His pet peeve is unfriendly people, and his philosophy is live life to the fullest. He has not decided on his plans for the future yet.

WHO'S WHO

Who is Brenda Jan Bailey? She was born August 20, 1950, the daughter of Dean and Jeanine Bailey in Kermit, Texas.

Brenda has many favorites such as the colors green and orange. Her movie is "Water Hole No. 3," which starred her favorite actor, James Coburn. Jane Fonda is her favorite actress; and if you catch Brenda singing, she will probably be singing "Exodus."

Friday night she usually watches "Star Trek" and eats Italian food,

of which she considers the best. Her pastime is reading. Brenda has been Freshman class secretary, twirler two years, band reporter two years, band president one year, cheerleader and her philosophy is to have one year, and Band Sweetheart friend, you must be a friend. Brenda plans to attend Junior College and major in people's lives is her pet peeves, ology.

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Sunday School 10:30 a.m.
Morning Services ... 11:30 a.m.
Training Union 6:30 p.m.
Evening Services 7:30 p.m.

CHURCH OF CHRIST

PIONEER, TEXAS
G. A. Dunn, Jr., Minister
Bible Study 10:00 A.M.
Bible Study 7 p.m.
Wednesday Evening

First Baptist Church

May, Texas
Joe Miller, Pastor
Preaching Service 11 a.m.
Evening Service 7:30 p.m.
Prayer service Wednesday 7 p.m.
Family night, Wednesday following fourth Sunday.
Sunday School 10 a.m.
Worship Hour 11:00 A.M.
Evening Service 7 p.m.

METHODIST CHURCH

May, Texas
Prayer Services Wednesday evening following second Sunday.
Sunday School 10 a.m.
Preaching Services 11 a.m.
MYF 7 p.m.
W. S. C. S. Monday 2 p.m.
(Mrs. Frank Madison, Pres.)

Long Branch Baptist Church

Rev. C. O. Clement, Pastor
Sunday School 10:00 a.m.
Sunday Services 11:00 a.m.
Training Union 6 p.m.
Preaching Service 7 p.m.

Assembly of God Church

Rev. V. E. McGinn, Pastor
Sunday School 9:45 a.m.
Morning Worship 11:00 a.m.
Evening Services 7:30 p.m.
Thursday Night Prayer and Bible Study 7:30 p.m.

First Methodist Church

Rising Star, Texas
Jay Beavers, Pastor
A Friendly Church with a warm heart Welcomes You to
Sunday School 9:45 a.m.
Morning Worship 10:50 a.m.
Youth Fellowship 6:45 p.m.
Evening Worship 7 p.m.
Mid-Week Service, Wednesday at 7 p.m.
Choir Practice, Wednesday at 7:30 p.m.
Mrs. Tommy Lewis, Organist



“... whether you are citizens of America or citizens of the world, ask of us here the same high standards of strength and sacrifice which we ask of you. With a good conscience our only sure reward, with history the final judge of our deeds, let us go forth to lead the land we love, asking His blessing and His help, but knowing that here on earth

God's work, must truly be our own”

-President John F. Kennedy Inaugural Address

Baptist Church

Carbon, Texas
Sunday School 10 a.m.
Preaching 11 a.m.
Training Union 6:30 p.m.
Preaching 7:30 p.m.
Mrs. Bob Hastings, training director;; Mr. and Mrs. Henry Reed.

The Bible Baptist Church

Rising Star
H. S. Hinson, Pastor
Sunday School 9:45 a.m.
Preaching Service 10:45 a.m.
Training Union 6:30 P. M.
Evening Service 7:30 P. M.
Prayer meeting 7 p. m. Wed.

Church of Christ

May, Texas
Preaching Services Every Sunday at 10:45 A.M.

Calvary Baptist Church

May, Texas
Mike Shaw, Pastor
Sunday Bible Study 10 a.m.
Morn. Worship Service 10:55 a.m.
Evening Worship 6:30 p.m.
Ladies Bible Class, Wednesday at 9:30 a.m.
Wednesday Evening Bible Class 6:30 p.m.

CHURCH OF CHRIST

Rising Star, Texas
H. McDonald, Minister
Sunday Bible Study 10 a.m.
Sunday Worship 11 a. m. and 6 p. m.
Wednesday, Ladies Cass 9:30 a. m.
Bible Class 7:30 p. m.

Mountain Top Pentecostal Church

Sunday School 10:00 A.M.
Sunday Services 11:00 A.M.
Midweek Services Each Thursday at 7:30 p.m.

Pentecostal Church

West Highway 36
Mrs. A.J. Martin, pastor
10 A.M. Sunday Sunday School
11 A.M. Sunday Preaching
7:30 P.M. Sunday Preaching
Childrens Church and Bible

First Baptist Church

Rising Star, Texas
Don Timberlake, Pastor
Sunday School 10:00
Morning Services 11:00
Evening Service 6 p.m.
Prayer Meeting Wed. at 7:30
A hearty welcome to all!

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CREATIVE CAREERS

by Ruth Wade Ray

Ruth Wade Ray, Director of Ray-Vogue Schools, the oldest professional arts school in the U. S., now beginning its 53rd year, answers high school seniors' questions about continuing their education in the creative arts.

Q. How can I tell whether I have creative talent?
A. You can test yourself or ask your high school counselor to give you a creativity test. Ask yourself: "Do I like to do things in an unusual way, bringing my own personality to bear on the project at hand? And: "Do I like to think up new ideas?" If the answer to both is "yes," you will probably do well in this field. In other words, if you feel creative you probably are creative.
Q. Where can a creative person make the most of his talents?
A. After a careful study of career opportunities for the creative person, our school concentrated on six areas that offer the best opportunities for immediate and long range financial rewards for graduates. They are shown on the chart below.



Q. If I decide on a creative career, how much schooling will I need after high school?
A. For most careers, two years of full time study. This is true in the fields of Interior Design, Dress Design, Commercial Art, or Fashion Illustration. Photography and Fashion Merchandising require only one year of full time schooling.
Q. If I want more information on a professional arts career, where is the best place to find it?
A. Your high school counselor will be able to help you. And, you can get help by writing to Student Counselor, Ray-Vogue Schools, 750 North Michigan Avenue, Chicago, Illinois 60611. Specify which area interests you—otherwise you'll receive general information.



WASHINGTON

"As it looks from here"

OMAR BURLESON

Congressman
17th District

WASHINGTON, D. C. — THE SECOND SESSION OF ANY CONGRESS is usually opened with less fanfare than the beginning of the First Session. This is due to the fact that the tempo is usually set in the First Session and simply continues at about the same stride.

THERE IS, HOWEVER, IN THE SECOND SESSION OF THE 90th Congress a volatile potential resembling a sleeping volcano. It is bound to erupt, but no one is sure just when and where.

FISCAL AFFAIRS WILL HOLD THE CENTER OF THE STAGE. Normally, it would not be a dramatic performance, but we are not in normal times.

AT LEAST, THERE IS SOME ENCOURAGEMENT to be taken from the appearance of deep concern on the part of many Members of Congress for our economic well-being. The feeling is too late in coming but the very fact that many recognize that we must put our financial house in order is an improvement in attitude. As to how it is to be done and the measures used to accomplish it is something else. At the center is the President's call for a partial restoration of the tax decrease voted in 1964.

PRESENT ESTIMATES CALL FOR A \$20 billion deficit in this fiscal year, ending June 30. Another \$20 billion deficit is expected at the same time in 1969 unless an increase in the surtax is voted to produce approximately \$12 billion. This assumes that spending costs of Vietnam will hold at about the present level.

TO MEET THE THREAT TO THE INTEGRITY of the dollar in world-wide exchange, the Administration proposes to remove the requirement for 25% backing in gold.

AMONG THE MANY ISSUES FACING THE Second Session of the 90th Congress are:

IN THE FIELD OF AGRICULTURE the emphasis will be on proposals to establish machinery

for farmer's collective bargaining and extending the Poverty Program to rural areas.

LABOR LEGISLATION IS NOT LIKELY TO BE of high interest unless crippling strikes occur in key industries such as steel. Should big strikes occur it is possible that anti-strike legislation may be enacted. Proposals to overhaul the National Labor Relations Board and substitute in its stead a Labor Court will have hearings.

IN MATTERS OF EDUCATION, top priority will be focused on vocational and higher education measures. Attempts will be made to expand health care, particularly for children in families with working mothers. Intense attention is being given to the rising cost of medical and hospital care.

NUMEROUS PROPOSALS ON FOREIGN TRADE were introduced in the last Session which will carry over to the present one. Efforts will be made to expand our exports and more than 100 industries want greater protection from imports.

FOR THE PAST THREE YEARS CONSUMER INTEREST has been under continuous study. In this Session issues such as Truth-in-Lending, Pipeline Safety, Fire Safety and other measures may reach the debate stage.

CRIME IN THE STREETS AND JUVENILE DELINQUENCY are high in the Nation's concern. Various proposals to meet this challenge will be considered.

ON THE SIDE OF NATIONAL SECURITY IS, of course, the handling of the conflict in Vietnam. Related to it are measures of National Security which cover a vast area.

MATTERS RELATING TO NATURAL RESOURCES AND PUBLIC WORKS, TRANSPORTATION and Urban Affairs are many and varied.

ALL IN ALL, IT IS A BIG ORDER to be accomplished before the National Political Conventions.

HEALTH and SAFETY TIPS

from the AMERICAN MEDICAL ASSOCIATION
535 N. DEARBORN STREET
CHICAGO, ILLINOIS 60610

Cut Calory Intake To Trim Waistline

Counting calories is a favorite pastime among those of us who want to lose weight.

The term "calory" is used as a unit in expressing the energy-producing value of food. When we say that a tablespoon of honey contains about 100 calories, it means that the honey, when utilized by the tissues of the body, will release that amount of energy to be expended in bodily activity.

The usual weight-reduction goal of one or two pounds' loss per week is achieved by a daily intake of 500 to 1,000 calories less than the intake needed to maintain the weight at which reducing was begun.

The American Medical Association's home health book, Today's Health Guide points out that 1,000 calories represent the smallest practical intake that can provide the recommended daily allowances of essential minerals and vitamins through usual food sources. For children, the minimum figure on which to lose weight is close to 1,600 calories, with 1,800 often recommended to ensure a margin of safety.

But all of us are different, and caloric needs are an individual affair. They should be worked out in consultation with your physician. He can help you arrive at a reasonable figure, permitting you to lose weight steadily and gradually, and at the same time maintain good health and not go hungry.

Liquid formula diets unquestionably have helped many persons to lose weight. Although some of these preparations combine the merits of economy, acceptability and nutritional balance, they lend themselves to short-term, intensive



weight loss. This only postpones the day of reckoning when the dieter must return to usual food-stuffs.

Calory charts will help guide you in determining what you can eat, and in what quantity, to maintain your desired daily intake. Some diet specialists now recommend five or six small meals a day, rather than two or three large ones. Others favor periods of complete fasting at the onset of the diet for an excessively overweight person.

Whatever program your physician prescribes for you, there is one important thing to remember—calories do count. To lose weight, we must expend more energy than we take in.

Household Hints

By Janet Myers
County Home Dem. Agent

The District 8 Texas Home Demonstration Association will hold its spring convention on March 8 in Hamilton. Home Demonstration ladies from some 20 Central Texas counties are making plans to attend.

Mrs. Ray Judia, Eastland HD Council Chairman, and Mrs. R. W. Gordon, Eastland County THDA Chairman, will be traveling to Hamilton this month on January 29 to make plans and preparations for the spring meeting.

This makes it difficult for parents to detect eye problems in children at a time when it is most important to catch and correct them.

Parents should remember the ABC's for children's vision: A - appearance, B - behavior, and C - complaints.

Appearance: watch for drooping eye lids, crossed eyes, inflamed or watery eyes; recurring styes and red-rimmed, enlarged or swollen eyelids.

Behavior: Note if your child rubs his eyes excessively, tilts his head, develops poor eye-hand coordination, blinks more than usual, stumbles over things, or seeks the chair closest to the TV.

Complaints: Listen for comments about eye itching, burning or feeling scratchy, dizziness, headaches and nausea following close eye work.

Spring will be coming soon and maybe you're in the mood to do some gardening or landscaping. The Home Demonstration Office, in the basement of the County Courthouse, has any number of good bulletins with information that will be helpful to you. These Extension publications are available to the public.

Health of our children is of primary concern to everyone. The care of children's eye sight is of great concern to every mother for she realizes that her child doesn't know how well he should see. For example, if things begin to appear blurred or "double", he may think they are supposed to look that way.

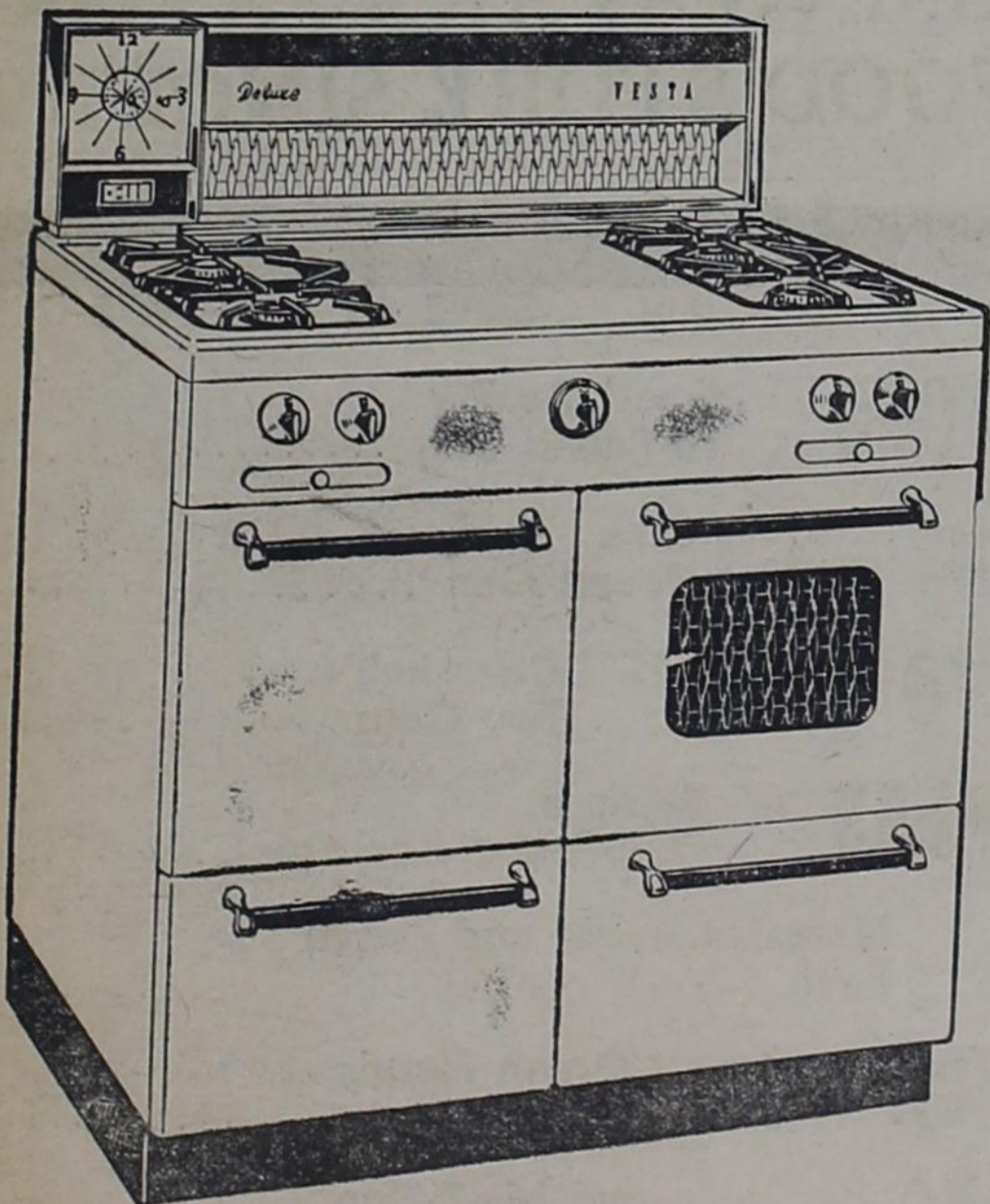
Unfortunately, in some cases none of these are obvious, making eye defects harder to detect. What can be done about it? Eye tests at school catch many eye problems. Parents should have their children examined for visual acuity sometime before his fifth birthday. Remember: Half of all blindness is preventable.

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