# Cowboy Country News 

Published each Wednesday in the county seat of Yoakum County, Plains, Texas Volume XIII, Issue 8, October 25, 2006

## Emergency farm loan applications being accepted now

Applications for emergency farm loans for losses caused by drought and heat on January 1, 2006 and continuing are available at the Farm Service Agency (FSA) office located in Seminole," Wayne Cornelius said today.
On October 10, 2006, the Secretary of Agriculture designated One Texas County as primary disaster area. This action is based on damages and losses caused by drough and heat occuring January 1, 2006 and continuing. Also in accordance with Section 321(a) of the Consolidated Farm and Rural Development Act, five additional counties are named as contigous disaster coun-

- ties. Yoakum County was named as one of the the five contiguous counties in Texas recently named by Secretary of Agriculture Mike Johanns as eligible for loans to cover part of actual production losses from drought and heat.
Wayne Cornelius, Farm Loan Manager said farmers may be eligible for loans up to $100 \%$ of their actual losses or loan needed to continue the agriculture business, whichever is less. For farmers unable to obtain credit from private commercial lenders, the interest rate is 3.75 percent.
" As a general rule, a farmer must have suffered at least 30
- percent loss of production to be eligible for an FSA emergency loan," Cornelius said. Farmers participating in the Federal Crop Insurance program will have to consider proceeds from those programs in determining losses.
" Applications for loans under this emergency designation will be accepted until June 11, 2007, but farmers should apply as soon as possible. Delays in applying could create backlogs in processing, with possible delays into the new farming season," Cornelius said.
FSA is an credit agency of the US Department of Agriculture.
- It is authorized to provide disaster emergency loans to reco nize farmers who work at and rely on farming for a substantial part of their living. Eligibility is extended to individual farmers who meet US citizenship requirements and to farmer partnerships, corporations or cooperatives in which US citizenship requirements are met by individuals holding a majority interest. The FSA office in Seminole is open from 8 am to $4: 30$ om Monday through Friday


## Cowboys fall to Sundown 33-6

## The 2006 Cowboys meeting

 with Sundown's Roughnecks October 20 produced one positive result; The loss leaves only three more games to go on the tough schedule. They again proved guts and valor were abundant on the field, but could not stop the Roughnecks from wrapping up 360 yards total ffense in the 33-6 win.Early in the first period the Cowbys showed life, Chris Addison tossing to Chris Gonzales for 7 yards, and three plays later connected with Mario Ruvalcaba for a first down, but the drive sputtered and the Cowboys were forced to punt. The ball was caught but then fumbled, and the Cowboys got the ball back at the 28 . Runs by Cody Mayes,John Tyson and Ruvalcaba advanced the ball to to the Sundown 16, but a fumble dashed Plains hope for a score. The Roughnecks stayed on the ground in their posses-


John Tyson, 44, and Mario Ruvalcaba, 22, about to put the mash on a Roughneck runner on the ground in their posses- the second quarter to end the yards on the ground. Chris sion, grinding out yardage for first half with a 33-0 lead. Addison completed 14 passes Late in the final period the for 79 yards, Guetersloh 2 for minute of the first period on the Cowboys would attain their high 2. Leading Cowboy tacklers clock. They would manage a 23 water mark of the long night. were Tyson, Ruvalcaba, yard field goal for a 10 point With some 3 minutes on the Antonio Martinez, Justin lead to start the second period. clock and the Roughnecks Vasquez, Rudy Gonzales, The Cowboy linemenn pro- threatening, a third down pass Mayes, Guetersloh, Zach vided up front blocking for to a Roughneck was snared by Ramos, Sergio Olivas, Derek Addison to throw completions Rudy Gonzales at the 40 yard Garza and Braden Loya in that to Rudy and Chris Gonzales and line, and he sped 60 yards for and brother Scott Addison for the Cowboys only score of the consecutive completions to the evening.
Roughneck 25, but there an er- Cowboy runners Tyson, rant throw gave the ball back to Mayes, Guetersloh, Ruvalcaba Sundown, and they dominated could collectively gain only 27

Remaining on the Cowboys schedule are foes O'Donnell, Morton and Smyer. They haven't thrown the towel in, and we hope you haven't either!

> C'mon Cowboys! Pluck The O'Donnell Eagles !!

## Brief And Routine Commissioners Court

The October 23 session of Commissioners Court took all of 30 minutes to take care of a brief agenda of county business Judge Brewer presented a resolution affirming the 2007 Indigent Defense Grant Program, a special state grant fund to assist indigents in county legal matters.
A petition from Duke Energy Field Services was approved, allowing the firm to lay, construct and maintain a steel pipeline to transport natural gas and other hydrocarbons under County Road 390.
Freda Johnson, Human Resources Director, reviewed proposed changes to county retirees benefits through the County Choic Silver prescription and medical expense program. Judge Brewer reported he, Mrs.Johnson, Secretary Toni Jones, Audi tor Darinda McWhirter and future County Judge Jim Barron had reviewed the proposal, and were convinced the proposal ould benefit county retirees. The proposal was approved

Early voting is underway, and will continue until November 3. Polling places are the County Clerk's office in the Plains courthouse, and the branch tax office in Denver City. This year the general election is vitally impartant to ALL Americans, and we urge you to exercise your hard earned right to VOTE !

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Attention Area

## Cotton Producers <br> Western High Plains producers who recently sold coton

given a check with the Texas Department of Agriculture named as joint payee must obtain an endorsement from TDA before cashing or depositing the check,
Endorsements may be obtained at the TDA Foundation locations listed below. For other office locations that may be nearer to you. call the Abilene Headquarters at 866-672-2800.
In general, assessments must be paid before an endorsement will be given, but if other parties are named on the check, producers be given, but if other parties are named on the check, producers
should call one of the offices listed below to find out what proceshould call one
TDA and the Foundation will make every attempt to be as accessible as possible, but producers are highly encouragedd to call before going to any office. This will help ensure someone is available to assist them and that their visit can be handled effectively. Texas Boll Weevil Eradication Offices, Abilene, 866-672-2800 Western High Plains Zone Office, Plains, 806-456-4113 Western High Plains Dist. Office Brownfield, 806-755-2617 Western High Plains Dist. Office Seminole, 432-758-1261.


Elect Tim Addison<br>Commissioner Pct. 4<br>Early Voting Begins October 23

Political advertisement paid for by Tim Addison
Hicks Air $\mathbb{E}^{2}$ Appliances Heating/Air Conditiouting Appliances/Carpecting

District Crime Cases Heard

Two cases were heard in 121st District Court October 19 with Judge Kelly G. Moore presiding. Criminal District Attorney Rich ard Clark represented the state. Jesus Lozano Mantanez motion to revoke was denied from a prior third or more DWI prior third or more DWI convicition, third degree felony. He was sentenced to state prison for five years with credit for 321
days jail time served. His attordays jail time served. His attorney was David Martinez Claranaldo Matthew Davila also failed in motion to revoke from a prior financial instrument forgery, state jail felony. He received a 7 year prison sentence with credit for 461 days jail time. served. He must pay $\$ 125$ additional court costs and pay $\$ 38$ delinquent court costs. His attorney was Richarḍ Waldroup.

## Scanning out cancer

Detecting cancer just got easier. Instead of invasive poking and prodding, doctors can conduct an optical scan to find diseased cells, thanks to doctors and researchers at the Uni-
versity of Texas, MD Anderson versity of Texas, MD Anderson Cancer Center and Bristish Columbia Cancer Agency. Optical detection can be used by health care providers for quick, painless testing, through use of optical florescence and reflection. Doctors can read and compare physiologis differences in diseased and healthy tissues. 19 patents have
been issued for the equipment system, with five more patents pending

- trane

$\downarrow$
RE-ELECT JACK COBB County Commissioner Precinct No. 4 Yoakum

Election time is almost here and I encourage you to exercise your right to vote. Early voting from Oct. $23^{\text {rd }}$. to Nov. $3^{\text {rd }}$, and regular voting day is Tuesday, Nov. $7^{\text {th }}$. I am the current Commissioner of Precinct 4
Yoakum County has been my home for most of my life. I am a graduate of Plains School and hold a Bachelors Degree from Howard Payne University along with a Masters Degree from Texas Tech University. I taught school for fifteen years, twelve of those serving as a High School Principal. I have farmed and operated my own aerial spraying business.
My wife Janelle and I have three daughters, Kristi, Karen, and Kemi. I have served on the Plains School Board, am in my twentieth year of serving on the Yoakum County Hospital Board, and am a Deacon for First Baptist Church of Plains.
ORGANIZATIONS
Texas Integrated Pest Management Board of Directors
Texas and National Sorghum Producers Associations Board of Directors
U.S. Grain Council Executive Board

South Plains Association of Governments Executive Board
Baptist General Convention of Texas Executive Board
Texas and National Association of Counties
Texas Baptist Disaster Relief
Municipal Solid Waste Advisory Council for Texas Commission on Environmental Quality

In the last eight years, serving as Commissioner of Precinct 4 , I have had the Opportunity to become familiar with County Government and feel certain that I can continue to make decisions that will benefit the citizens of Yoakum County. I am very committed to Yoakum County Hospital and will do everything I can to keep it as a viable institution in our community

Your vote for me as Commissioner of Precinct 4 and the opportunity to continue
to serve the People of Yoakum County would be greatly to serve the People of Yoakum County would be greatly appreciated


Political Advertisement Paid For By Jack Cobb


The professionally trained and dedicated staff of Plains Familyt Health Clinic are available and ready to meet the medical needs of the community.
Pharmacy Prescription service is now available at the Clinic Monday thru Friday, 9 AM to 4 PM.

For information \& service call 456-5636. Plains Clinic 806-456-6365

## Current Specials!

Rescue disposable Fly Traps $\$ 3.95$ ea. or 3 for $\$ 10$ * Pro Plus chrome brass lavatory faucet \$15* Premier chrome or polished brass lavatory faucets $\$ 38$ * Pro Plus chrome brass kitchen faucet \$25 * Brown jersey gloves 2 pair \$1 * Art supplies closeout $75 \%$ off.
Your Hometown Source Bayer Lumber 806-456-4800


| - Experience rewarded but not <br> required <br> - Company-provided CDL training <br> - S33 5050-S60 550 O <br> - $538,500-560.500$ (ddpending <br> - Immediane ben <br> - Immeniaite beneivis to |
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Apply Online at schncitierjohs.com Or call 1-800-44-PRIDE [1-800-447-7488]

SCHVEIDAR


A Gold Mine in Bedroom Drawers Newswie: Poople are selling theie old broken and outdated items like
scrap gold that is gathering dust for chains, charms, rings and more. its cash value because gold prices "Eneryone has bis of gold just lying areso high. With the price of gold ata around which can be tuned into cash" 25 year high (over 5.50 .00 per ounce), says Richard Zakroff, VP it makes sense. ScrapGold.com, a markeing. "Fven old dental gold has
gold recycler, offers free insured
value." Scraga, gold reeycler, offers free insured value." ScrapGold.com processes
recycle kits so peoplem may cash in their



PETIT JURY SELECTION FOR THE 121ST DISTRICT COURT ON OCTOBER 27, 2006 AT 9:00 AM
A Petit Jury Selection will be held for the 121st District Court on October 27, 2006 at $9: 00$ A.M. in the courtroom of the Yoakum County Courthouse in Plains, Texas. The following citizens are asked to appear:

DENVER CTTY RESDDENT YOLANDA GONZALEZ ROSALINDA M URAS oluvia chavez sandoval CHELLEY ANNE BEARDEN JUSTIN GABRIEL GONZALEZ JUSTIN GABRIEL JoSH LAAEY MARE ANTHONY MARLA SOCORRO SANCEEZ MRANLIN GERALD HUMMEL $\underset{\text { TAMARA PROSPERO }}{ }$ TAMARA PROSFER SANRA AMAA JOSE MARY PEREZ Jose mary ierez JASON BRADLEY LYZNCK TNYY DAEMCCRAY MOLLY FLORES PERE  RUTH ALVAREZ MERINO HL WALSER JUAN JSSE MRRNANDEZ KRISTIE DEANNE HIX KRISTIE DEANNE HIX CASANDRANCOLE CARRLLO LESLIE EFRRD LESLIE EFFRD ESMERALDA JOHN WLLLAM BLALE RODRIGOLAMRILEND ROTO MARA GAREZA SEREZ ANGELA MARAA FLOURNOY BARBARTA SOVERON BARBO BARBARTTA SOVERON BARB LEE TURNER PEELER<br>PLAINS \& TOKIO RESDENTS:<br>DANIEL P HAYES ELVIRA JIIENEZ<br>KRYSTAL SHARI MORENO<br>AMY LeE GARZA<br>CECLIAL MORENO JUN VILLARREAL<br>OSCAR LAZOS NEAL WAYNE BEARDEN<br>NEAL WAYNE BEARDEN JUAN ANTONIO LAZOS



PETIT JURY SELECTION FOR THE 121ST DISTRICT COURT ON OCTOBER 27, AT 1:00 PM
A Petit Jury selection will be held for the 121st District Court on October 17, 2006 at 1:00 PM in the courtroom of the Yoakum County Courthouse in Plains, Texas. The following citizends are asked to appear:

## denver city residents

John Mark enclisi
LORETTA HOUCK
LORETTA BOUCK
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GLORIA MIIYNDA MANN JLIV ELDON MALTBY
ROBERTO MARTINEZ ILLEGAS
MICHELLE RIVERA PACHECO MICHELLE RIVERA PACHECO
RAERL MRNADEZ GONZALES
TERR SUMMERES IERRR
VANETEMMECHR
CYNTTIA
CNN DURAN
CYNTTHA ANNDRAR
RANDY L CASEY
NORA MERCEDES AVLA
FLETA THOMASON TAYLOR
fleta thomason taylor
MArGie slentz
MALA PORLILLO
ANGELA HALLE MAXWELL
YYONTE M DROOGMA
CAROLYN RUOGH JOHA
JUNE GOBRTHCKS NANE GOBRER HILKS
NERONLCA MART
VERONICA MARTINEZ
HEATHER AMER WRLLAMS

- | BARARARA J Borp |
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| PATRICIA JUNE HINSO |

PATRICIA JUNE HINSON
MARGARTO FAVEA REYE
GUADALUPE A AYU A GARL
GUADALUER DAVLLA REEES
JOQQUETTA KINMAN


PLAINS \& TOKIO RESIDENTS:

| GLENN M HAYS <br> alcadio sandoval <br> MICHEL LYN COBB <br> GLORIA YVETTE RAMOS <br> GLORIA YVETTE RAMOS <br> wILLIAM MICHAEL DAVIS <br> BRECK TAYLOR HAMM <br> leannelewis <br> LOMA R JONES JOSE HERRERA HERNANDEZ |
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| AUDREX ELIZABETH WHITFIELD |  |
| KAREN CARGLL |  |
| AMYK TEAFF |  |
| Y K TEARF |  |
| CHRISTOPER SCOTT DOLLOFF |  |
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LIST OF DECLARED WRITE-IN CANDIDATES
(Lista de declarada para candidatos por escrito)
U.S. Representative, District 19
U.S. Representative, District 19
(Representante de los Estados Unidos,

## Distrito Num.19) Governor <br> <br> Governor

 <br> <br> Governor}(Gobernador)
Chief Justice, Supreme Court Un-expired term

James "Patriot" Dillon
Charles E. Waterbury
(Juez Presidente, Corte Suprema, Duración Restante del Cargo)
*You may vote for a write-in candidate by writing in the name of the candidate on the line provided and darkening in the oval provide to the left of the line.
Usted podra votar por inserción escrita escribiendo el nombre del candidato en la linea provista y llenando completamente el espacio ovalado a la izquierda de la linea.)

## LEGEND OF PARTY AFFILIATION

(Leyenda del partido Afiliación)
Rep-Republican (Republicano)
Dem-Democratic (Demócratico)
Lib-Libertarian (Libertario)
Ind-Independent (Independiente)



## Plains ISD Happenings

Math/Science Team travels to Sweetwater; The PHS Math \& Science team competed in the Texas State Technical College UIL practice meet at Sweetwater October 21. Freshmen competitors were Emilia Gallegos. Seong Jae Kim and Nathan McCravey. Sophomores were Chris Addison. Zachary Guerra. Yesenia Loya, and Juniors were Kurt Alldredge. Lauren Davis. Edgar Munoz, and Hunter Liu. Plains competed with A-AAA schools.
Results included: Emilia Gallegos 7 th math. 6th sci. Seong Jae
Kim 1st math. 9th sci., Nathan Mcravey 3rd number sense. Kim 1st math, 9 th sci., Nathan McCravey 3rd number sense. 8th calculator, 4th math. 2nd sci.. Chris Addison 5th number sense, 3rd calculator, 3rd math, 3rd sci., Zach Guerra 9th math. 1 st sci,., Yesenia Loya 5th calculator, 4th math. 6th sci.. Kurt Alldredge 1 st number sense, 4th calculator. 1 st . math. Ist science. Lauren Davis 3rd calculator.8th math. 10th science. Edgar ence. Lauren Davis 3 rd calculator.8th math. 1Oth science. Edgar
Munoz 6th number sense. 9th math. Hunter Liu 7th number Munoz 6th number sense, 9th math. Hunter Liu 7th number
sense, 5 th math, 6th science. sense, 5 th math, 6 th science.
Zachary Guerra was recognized for the top biology score in Zachary Guerra was recognized for the top biology score in
the small school division. The number sense team placed third. calculator team 4th, math and science teams were second. PHS was third in Sweepstakes. The team travels to Lubbock October 28 to compete at Coronado.
Cowgirl Volleyball:
October 21 the JV volleyball team beat Buana Vista 25-15. 2522. Natalie Haynes had 7 digs, 4 kills, 4 aces. Courtni Asebedo had 3 digs. 5 kills, 7 assists. Jasmine Mares 7 digs, 2 kills, 6 assists, 1 ace, Lydia Whitzel 8 digs, 4 kills. Ashlee Torres. I dig. Brittany Thomas 4 digs, Teresa Anderson 3 digs. On October 17 the Varsity Cowgirls beat Grandfalls-Royalty 25-8. 25-9, 25-6. Joani Bell had 3 digs, 19 kills, 3 blocks. Katie Winn had 3 digs, 16 assists, 1 ace. Reyna Gallegos had 13 digs. 3 kills, 1 ace, Desiraye Broome 3 digs, 4 kills, Lauren Hise 5 digs, 5 kills, 1 assist, 1 block. Kimber Williams 4 digs, 3 kills, Liz Perez 3 digs, 16 assists, Heather Parrott 2 digs. 4 kills. Meghan Garcia 25 digs. 2 kills. M'Leah McKinzie 6 digs. October 21 the Cowgirls beat Imperial Buena Vista 25-21, 25 17, $22-25$ and $25-20$. Joani had 3 digs, 20 kills, 1 assist, 8 blocks. Katie had 8 digs. 16 assists, 1 ace. Reyna had 25 digs, 2 blocks, Katie had 8 digs. 16 assists. 1 ace. Reyna had 2 digs, 2 blocks,
1 ace, Desiraye 5 digs, 7 kills, 2 blocks. Lauren had 6 digs, 6 1 ace, Desiraye 5 digs, 7 kills, 2 blocks. Lauren had 6 digs, 6
kills, 3 assists, 1 block, Kimber had 4 digs, 2 kills, Liz 6 digs, 1 . kill, 14 assists, 1 ace, Regina 20 digs. The Cowgirls have an overall record of $18-12$, district record of $5-2$, and will be the Runner Up in District 3-1A.



Addison goes to the air behind linemen


Defense gets ready


Tyson, 44, blocks for Guetersloh


Addison goes to the air


Cowboys Salute Thieir Faithful Supporters

Lost Dog - Size \& Color Of Golden Retriever - Red Collar With Vets Tag - White Flea Collar. If Found Please Call 806-592-1527

Austin - Former Governor James E. Ferguson stated today that the legislature which impeached and removed him from office constituted little more than a"Kangaroo Court." Most observers here see little justification wor such a contention. . Many forces worked for the impeachment of the governor, but the most powerful of the lot was a record which supplied an apparently limited number of misTHE TEXAS NEWS, November I, 1917

# Lifelines © Styles 

## County ladies find the ' Punkin Patch'

nual Ladies Farm Tour to learn about gourds and pumpkins growing in the county. More than two dozen women were on the tour sponsored by Yoakum Soil \& Water Conservation District. Rhonda Bowlin of J\&A Farms gave a power point presentation and and tour of the gourd and pumpkin processing facility. The ladies also enjoyed the colorful display of decorated gourds

- TsaMoGa hears history


## of neighboring Allred

Published poet and literary award winner Ruth Alldredge Trice of Hobbs offered a glimpse back to the history of Allred, Texas at the club's October 9 meeting.
As part of the club's focus on history and the county and its cen tennial, Mrs. Trice, a 1941 graduate of Plains High, gave members a look at the thriving community and its schools. She moved to - Allred with her family in 1939 when her father assumed the job of school superintendent "for $\$, 1800$ a year."
Trice's life in the oil patch and living-conditions of a small west Texas town have been the inspiration for her many poems and book Exploring the Land of the Moo Cow. Trice was introduced by Debbie Spears who read the poet's Saddle Up For Awhile, and Mrs. Trice also read "Mother's Garden From Hades," a humorous look at her mother's attempt to groww plants and make a garden produce in the dry climate.
It was a thrilling little oasis, raw and rough and was named for
gun shack and Allred," she said. The family lived in a little shot to a little town in the middle of the oil field. Besides, the community boasted a post office, grocery store, ca fes, as stations, an electric generating plant, a church and Goldsmith's domino parlor.
" The oil camps in the area all had baseball teams and lighted fields," Trice said. "The competition was fierce.
In 1957 the Allred school consolidated with Denver City after 18 years. Some of the buildings were moved to Denver City, and one is part of the Catholic Church there.Also attending the meeting publisher and editor of the Lea County Tribune which prints new from the entire Lea County area. Hostesses for the evening were Martha Palmer and Betty Rushing. By Rennetta $O^{\prime} Q_{\text {tuinn }}$

## Storytime at the Library

Twenty boys and girls attended Storyume October 8 . A special protheir fire fighting gear. They explained how serious a fire can be, what to do should a fire start in their home, and what to do if their clothing caught afire. They learned the 'Stop; Drop and Roll' method to extinguish the fire. The boys and girls' enjoyed practicing this with Mr. Dominguez. The highlight of the program wasexplaoring the fire truck. sitting in the cab-and turning on the siren. The firemen presented each child with a fire hat and goody bag of information on fires. colorbook and other gifts items. Fire Prevention Week is observed each October Attending were Grace, Joanna and Jadon McAdams. Ellie and Cason Russell, Kiersen Harris, Bret'llei Dominguez, Kaitlyn Ward, Lance Taylor, Tyler Hunphrey, Mallory Bunch, Abigail and Elijah McAdams. Taryn, Delese and Brie Willis, Ivey Davis, Raven and Ranger Harve

## Tridelwheris

EXPERIENCE
COUNTS

Trucker negligence is the majo
contributing factor in many fata ties nationwide. Maybe they were les nationwide. May didust for road
distracted or didn' adus
conditions. Maybe they were late, Richard A. Dodd, LC. Richard A. Dodd, L.C.
Timoty R Capolino, PC. 0 , -800-460-0606 or other automobile collision.
us for professional insight.

## Are Artificial Sweetners Safe?

## Seniors Corner

By Claudia Sue Ferguson

approved for use in the U.S.." said Dr, Carol Rice, Extension Health specialist. " Extensive scientific research has demonstrated the safety of these five sugar substitutes." The only U.S. approved sugar substitute requiring a label for safety is aspartame. Products containing aspartame must be labeled with a statement indicating they contain the amino acid phenylalaine This statement is to protect individuals with a rare heredity metabolic condition called phenylketonuria, or PKU. Individuals with this condition cannot metabolize phenylalanine and must completely restrict this amino acid from their diets. Unless the disorder is detected in early infancy and treated with a phenylalanine retricted diet, it results in mental retardation and other severe, permanent effects. Thus, apparently normal individuals cannot have the disease without knowing it
Newborns have been screened for phenylketonurioa in the U.S and other industrialized countries for the last 50 years. Therefore, there is no need for undue concern in regards to the safety labeling on aspartame containing products. If you or a loved one has phenylketonuria, you would know it
"Claims of adverse behavioral, neurological, carcinogenic allergic and other adverse effects have been made against sugar substitutes, particularly aspartame," said Dr. Mary Bielamowicz. Extension Nutrition Specialist. "These claims are often highly circulated through e-mail and internet sites, but they have not been suported by scientific research. In fact, numerous studies have been conducted finding aspartame to be safe, and these claims to be unfounded
A controversial animal cancer study of aspartame conducted using unusual methodology is currently being reviewed by regulatory authorities in several countries. To date, this is the only outstanding controversy. No other issues about the safety of
acesulfamate, aspartame, neotame, saccharin, or sucralose reacesulfamate, aspartame, neotame, saccharin, or sucralose remain unsolved at this time
Eating sweetners is safe as long as you do not eat too much of them. The Acceptable Daily. Intake (ADI) is the amount of a food additive that can be safely consumed on a daily basis ove a person's lifetime without adverse effects. The ADI is usually set at $1 / 100$ of the maximum level at wgich no adverse effect was observed in animal experiments. These levels are set to en sure actual daily intakes do not exceed the ADI. Recent worldwide evaluation indicates intakes of low-calorie sweetners are below the ADIs'for these substances.
For more information about sugar substitutes, contact Debbie Pollard, CEA-FCS at the Yoakum County Extension Office, 456

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Welcome form the center. This last week has been difficult for . Ted and I have lost two good friends, Billy Ray Moore and Benny Bridges. We go back a long way. Delores Moore's father, Harold Rumage, and my father, Claude Beattie both worked for Honolulu Oil Company and we lived in the Honolulu camp northeast of town. Benny Bridges also worked for Honolulu, later sold to Pan American then Amoco, so our lives were entwined.
Delores and I were laughing about the time when I was a freshman in high school and they were seniors. I had just gotten my drivers license and ended up chauffering them around town on a date. Neither of us could remember why that came about. Later they went on to get married.
Benny and JoAnn Bridges live just across the alley from us. We both had two boys close in age. We vacationed together in Colorado and one time actually piled into a car, not a station wagon, and the eight of us, four kids, four adults, went to Six Flags. I can't believe we made it in one piece and with our sanity. The Bridges, Jack and Mavis Sessions and Frank and Mary Frankfather and our families celebrated New Years Eve together for years. You can't believe the fun we had together. I have to tell another tale on Benny. One afternoon they came over and we were having trouble with our TV. You remember those old TVs, sometimes the picture would get off center and you had a line down one side. Benny said he could center our picture and he went to work. He centered the picture just fine, the problem was when he finished the picture was about the size of a postage stamp - but exactly in the center of the screen. Then JoAnn said, " Benny, I think we'd better go home". We laughed about the incident for years and the antics our boys pulled.
Delores have has been hard for lots of people. Billy Ray and Delores have livd here since their marriage, and Benny and Jo Ann lived here until 1994 when he took early retirement and they moved to Odessa to be near their kids. Our love and prayers go out to the families now.
We also want to extend our sympathy to the Elaine Hicks Schneider family. Elaline lived here many years and raised her familiy here. She will be missed. It was good to see Paul and Wanda Switzer. He has been ill and it was good to see them out again
We again tend our invitation to the seniors here and in Plains to come eat lunch with us. It's a great opportunity to get out and mingle with others. Too many seniors sit home day after day, especially after the death of a spouse. Here, you can find good food, laughter and friendship, so, get out and give us a try! And today, don't pray for rain!

## BENZENE ALDRT

If you or a loved one has been diagnosed with Acute
Myelogenous Leukemia (AML) or Myelodysplastic Myelogenous Leukemia (AML) or Myelodysplastic
Syndrome (MDS), please call us today toll free at 1-86 369-3476 to discuss your legal rights.

## (-)

## THE FOX LAW FIRM, P.C. $\quad \mathbf{1 - 8 6 6 - F O X - F I R M ~}$

Page 6. Cowbey Country News, October 25, 2006

## From The Hack

## Pondering subjects like th

 following keeps me awake at night - like, maybe four minutes:I used to eat lots of natural foods until I learned most people die natural deaths.
There are two kinds of pedestrians: The quick and the dead. Life is sexually transmitted. Health is merely the slowest possible rate at which one can die.
The only difference between a rut and a grave is the depth. Some people are like Slinkies Not really good for anything, but you gotta smile when you see one tumble down the stairs. Health freaks are going to feel stupid some day, lying in hospitals dying of nothing. All of us could take a lesson from the weather. It pays no attention to criticism.
In the 60's people took acid to make the world weird. Now the world is weird and people

## FOR SALE

Yoakum County alfalfa farms.
For more info, call 806-456-6202
home, 806-456-
7549, cell
Grand Entry

take Prozac to make it normal. being at my side as we toured Why is there a light in the the famous snake display at fridge and not the freezer? the zoo. I had to lead her by Why does your OB-GYN hand, for her eyes were leave the room when you get clamped shut the entire tour undressed if they are going to We finally made it outside. and look up there anyway? If electricity comes from electrons, does morality come from

Do illiterate people get any useful effect from Alphabet Soup?
Why doesn't glue stick to the inside of the bottle or tube?

Have you ever, ever experi enced a national and state General Election as odorous as the one coming up Novembe 7? Not me. Of course. I only turned the legal 21 years of age to become eligible to cast ballots 53 years ago. You can do the math.
I honestly can't recall an election in which the Demos and Repubs hissed and struck at one another more venomously than they have the past few months. Watching TV often recall a trip the Bride and I took to San Antonio, and I begged and bribed her into

## Employment Opportunity

Utility Operator - Job Description; The City of Plains is seeking qualified applicants for full time position of Utility Operator. Must possess a High School diploma or

GED - must obtain a D- water and wastewater certification within 6 months of employment, backhoe and utility experience preferred. Valid Texas driver
license, with a clean driving record required, CDL beneficial. Salary DOQ - position open until filled. Applications may be picked up at Plains City Hall, or call 806-456-2288.
Plains is an equal opportunity employer.

| ROJO Agricultural |
| :---: |
| Services |
| Authorized |
| Square D |
| $\square$ |
| Dealer |
| $456-7540$ |

## Land For Sale

About $21 / 2$ miles north of Plains, on north of Plains, on
CR 301. Approximate 125 acres. For more 125 acres. For more
information, call Hunt Realty 806-592-3556

TERRY COUNTY TRACTOR
Massey Ferguson Kubota Bush Hog Shredders, Lilliston Rolling Cultivators, Lorenz \& Buffalo Cultivators Baker Disc \& Switch Plows, Spray Coupe, Wilmar Sprayer Brownfield, Tx. 806-637-4569

## Public Notice for Plains Independent School District

Plains Independent School District has earned a rating of: Superior Achievement on the Financial Integrity Rating System of Texas for the 20052006 school year. The rating system is administered by the Texas Education Agency.

This is the highest rating that a school district can earn and reflects the administration and use of sound accounting practices by the district and adherence to specific accounting guidelines as well as correct staffing and budgeting for the district.

The FIRST rating will be discussed at the next regularly scheduled board meeting which will take place on моvember 20,2006 at 7:30 p.m. at the board room in the superintendent's office.


Leading the way, in capitals and capitols
 known as the Osage Orange or Bois 'Arc Apple.
Commerce sits in the middle of the tree's prime growing area.
Native Indians and early Texas settlers used durable Native Indians and early Texas settlers used durable
Bois $d$ Arc wood for bows and arrows, fence posts, rail ties, wagon wheels and tools. Later, during the Dust
Bowl, Texas Bois d'Arc seedlings, were shipped all cross the Great Plains to create thousands of miles of "living fences." The tree 's roots slow soil erosion and
its branches provide badly needed shade. The tree's centerpiy needed shade.
The The trees senterpiece in Commerce is "Max,"
a 300 -year-old giant Bois d'Arc listed as a "Famous
and Historic Tree" by the A and Historic Tree" by the American Forests organization. Each year, Commerce holds a festive "Bois A Arc
Bash" on the weekend closest to the date in September
1885 when the city was incorporated 1885 when the city was incorporated.
The Bois d'Arc Bash weekend is all about fun and The Bois d Arc Bash weekend is all about fun and
civic pride. But it now appears the tree may provide
yet another serious benefit. Researchers at Texas A\&M civic pride. But it now appears the tree may provide
yet another serious benefit. Researchers at Texas A\&M
University-Commerce recently published an article University-Commerce recently published an article
suggesting Bois d'Arc fruit may help combat several suggesting Bois d'Arc fruit may help combat several
serious diseases. The fruit contains high levels of isoflavones, a natu-
ral chemical that helps lower risk for heart disease and cancer. Unique Bois d'Arc isoflavones have been studied by other laboratories, and may also protect brain cells from a naturally occurring compound connected
to the onset of Alzheimer's disease. As our Texas researchers continue their pursuit of
knowledge on how Bois d'Arc isoflavones can proknowledge on how Bois d'Arc isoflavones can pro-
tect human life, the rest of us will be backing them. tect human life, the rest of us will be backing them. enthusiasm.
That's part of the Texas tradition. The greatness of That' spart of the Texas tradition. The greatness of
Texans continues to unfold throughout our state - in Texans continues to unfold throughout our state-in
the spotlight and outside it every day. I believe the
pride we have in our neighbor's achievementspride we have in our neighbor's achievements-not
our own-is truly what defines the expression "proud our
Texa

Sen. Cornyn is a member of the following Senate Sen. Cornyn is a member of the following Senate
Committes: Armed Services, Judiciary, Budget, Small
Business and Entrepreneurship, and Joint Economic. Business and Entrepreneurrship, and Joint Economic.
He is the chairman of the subcommittees on ImmigraHe is, Border Security and Citizenship and Emerging
tion
Threats and Capabitities Cornyn served previously as Threats and Capabilities. Cornyn served previousty as
Texas Attorney General, Texas Supreme Court Justice Texas Axtorney General, Cexas Sur
and Bexar County District Judge.
For Sen. Cornyn's previous Texas Times columns:
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## General Election Information

YOAKUM COUNTY, TEXAS
CONSOLIDATED POLLING PLACES
SEPTEMBER, 2005

## Early Voting for all Elections

Will be conducted at the County Clerk's office, in the Courthouse at Plains, Avenue G. and Cowboy Way, and the Denver City Branch Tax Office, 122 West $4^{\text {th }}$ Street, Denver City.
Voting hours will be 8AM - 5PM, Monday thru Friday, October 23 thru November
3. Last day to register to receive application for ballot to be voted by mail is

Tuesday, October 31.

Polling Precincts-in Denver City (All Elections including Democratic and Republican Primaries and Run-offs).
Precincts 101, 202, 305 and 406
Owner of Building
Name of Building Street Address

Yoakum County
Denver City Community
501 W. $5^{\text {th }} \mathrm{St}$ Denver City, Tx.

Polling Precincts-in Plains (All Elections including Democratic and Republican Primaries and Run-offs).

Precincts 303 and 404
Owner of Building Name of Building Street Address

1006 Avenue G Plains, Tx.

General Election Day Tuesday, November 7


[^0]:    Notexcatly. The photo on the left shows work in progress raising the long awaited new city water tower. As picture indicates, construction workers have a ways to go before water flows from the tower. The other photo shows another construction crane in action, removing an air conditioner to enable a new, non-leaking roof to be installed on the Sandy Land Water District office building.

