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# Southwest Digest

July 5-11, 2001

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50¢

Worth More!

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An Independent Pictorial Newspaper for All People • Primarily Serving the Black Population of Lubbock County and the Surrounding Area • Black Press of America

## National Scene

### Al Sharpton To Explore A Run For President In 2004

Al Sharpton on Sunday said he wants to explore a run for the the presidency in 2004.

Sharpton said he will help organize a national effort to find a progressive candidate to run in the Democratic presidential primary, "and I'm available to be that candidate." In a telephone interview with The Associated Press, Sharpton said that "the Democratic Party failed to protect us in the last election. They did not deal with the disenfranchised voters that were never counted. In many ways they took us for granted.

We cannot afford to be marginalized."

Nothing the Rev. Jesse Jackson's runs for president in 1984 and 1988, Sharpton said. "Twenty years later, we need to do the same thing, and maybe we need another black activist preacher from New York to run, to galvanize people."

He said his purpose would be to promote issues that concern blacks and progressive "and to win as many of these primaries as possible. It would not be just symbolism."

Sharpton told Time magazine, which first reported the reverend's willingness to run, that the idea came to him while he sat under a tree in Sudan, which he visited in April on a fact-finding tour about slavery.

He denied that he was taking advantage of the Rev. Jesse Jackson's tarnished image. "I'm not one to think that Rev. Jackson's finished," he said. "I'm not trying to take advantage of his travail. My rise is not at Jesse's expense. If I'm rising it's because I've done the work on issues like police brutality that affect huge numbers of our people."

In January, Jackson acknowledged fathering an out-of-wedlock child with a woman on the staff of his Washington office.

Sharpton ran for U.S. Senate in New York in 1994 and came in third in a four-way contest in the Democratic primary with 25 percent of the vote. In 1997, he took 32 percent of the vote in a Democratic mayoral primary.

## Local Cadet Graduates from USMA June, 4, 2001



WEST POINT, N. Y. — Cadet Nadine Idelia Ross, daughter of Larry and Albertina Ross of Princeton, TX, granddaughter of Willie and Lula Mae Ross and niece of Rev. Monica Hall all of Lubbock, Texas, graduated from the United States Military Academy on June 2, 2001.

A native of Lubbock, Ross graduated from Princeton High School in 1997. While at West Point, she concentrated her studies in European history and environmental engineering. She has branched adjutant general and will attend the Officer Basic Course at Fort Jackson, S.C.

The mission of the U. S. Military Academy is to educate, train, and inspire the Corps of Cadets so that each graduate is a commissioned leader of character committed to the values of Duty, Honor, Country; professional growth throughout a career as an officer in the United States Army; and a lifetime of selfless service to the Nation.

## The Sisters' Reunion



The Lewis Sisters want to share something very special which has happened in their life.

It all began in 1990. The Lewis Sisters decided to have a Sisters' Reunion. Sisters only! No husbands, boyfriends, or kids. Only Sisters.

This was something their mom did before she died. She and her sisters traveled to Chicago, Illinois to visit their aunt for a week. No children and no husbands.

Their first reunion was held in Austin, Texas. Some came from Lubbock, Fort Worth and Corpus Christi, Texas. All were inspired by their mom and her sisters. Now it's a Tradition! Reunions are rotated from

Lubbock to Corpus Christi and Fort Worth. This occurs every July.

The Sisters want to give thanks to their dad, George Lewis, who they love so much. He's a proud father of his eight girls. They have a sweet step-mom - Rose. The sisters are: Pamela, Debbie, Madeleine, Winnie, Sherry and Ester, all of Lubbock, Beverly of Fort Worth, and Mary Ann of Corpus Christi.

Just to name a few things they do together include: give gifts (Christmas in July), register in a motel room, go shopping, visit a church in the city they are having their reunion, and get a lot of attention!

### A SISTERS PRAYER

God Bless My Sisters and I

Day by day as time goes on,  
Bless us Lord from the things  
unknown.

Help us as we strive to do our  
best,

At the end of the day bless us  
with a good nights rest.

Thank you for Mom and Dad,  
they led us in the right way.

Let us continue to be thankful  
each and everyday.

Thank you for my sisters and  
our glory and fame,

You made us so much alike,  
Neither one of us are the  
same.

We know we are not famous  
or playing in the pros.

The Love we have for each  
other grows and grows.

Lord, this is a prayer for my  
Sisters and I to pray,

Please keep us in your care  
Day by Day.

by Winnie

## Dr. C.T. Wright Named to succeed Dr. Leon Sullivan as Head of IFESH



Washington, DC—Dr. Andrew F. Brimmer, Chairman of the Board of Directors of the International Foundation for Education and Self-Help (IFESH), has announced the appointment of Dr. C.T. Wright to succeed the late Rev. Leon H. Sullivan as President and Chief Executive Officer of IFESH.

Dr. Brimmer stated that

following discussions with Rev. Sullivan's widow, Mrs. Grace Banks Sullivan, the IFESH Board of Directors unanimously selected Dr. Wright to continue the international work of Rev. Sullivan, who died on April 24, 2001. Rev. Sullivan created the Phoenix, Arizona-based organization two decades ago primarily to help African countries to become economically self-sufficient in the 21st Century.

In a prepared statement, Dr. Brimmer said, "The IFESH Board of Directors and Mrs. Sullivan are pleased that a person with Dr. Wright's credentials and experience has agreed to accept this awesome responsibility," said Dr. Brimmer. For the past 12 years, Dr. Wright has served as one of Rev. Sullivan's closest associates in his capacity as Executive Director of IFESH, as well as Chief of Staff and Coordinator of the African-American

Summits. Dr. Wright has accompanied Reverend Sullivan to over 70 countries where they met with heads of state, corporate leaders, officials of international organizations, as well as individuals who did not have the bare essentials for living.

In response to the appointment, Dr. Wright said, "I am honored, indeed, to have been selected to help insure the continuation of Rev. Sullivan's legacy in Africa and other parts of the world. I am fully committed to partnering with the public and private sectors to assist sub-Saharan African countries regain their prominence through self-help and voluntarism."

Dr. Wright identified several areas that IFESH is currently focusing on in Africa: helping to combat the spread of HIV/AIDS, advancing democracy, peace and trade opportunities, strengthening civil society through

sustainable development efforts, working to improve the quality of education, and emphasizing small business development, especially for women.

Before joining IFESH in 1989, Dr. Wright, a native of Social Circle, Georgia, held faculty and administrative positions at Morris Brown College, Atlanta University, Eastern Washington University, Talladega College, Florida Memorial College, including the Presidency at Cheyney University. He is a former member of the Board of the Washington State Public Broadcasting System, and currently serves on the Boards of IFESH, Peoples Investment Fund for Africa (PIFA) and JNCF's International Development Partnerships Activity (IDP). Dr. Wright was also named the Ambassador of Good Will for the State of Georgia in 1997. He earned his B.S. from Fort Valley

State University, M.A. from Atlanta University and Ph.D. from Boston University.

Today, IFESH is recognized in the international community for its effectiveness in designing and implementing projects that have benefitted over one million individuals and scores of organizations, particularly in Africa. Reverend Sullivan selected IFESH to coordinate the African-American Summits, Global Sullivan Principles, PiFA and Self Help Investment-Program (SHIP). Additionally, during the past decade this organization has placed over 600 teacher-trainers in Africa; constructed 200 primary schools, upgraded the skills of 350 mid-level African bankers, disseminated over one million books, dug 20,000 water wells, developed small businesses, created adult literacy programs and distributed medication to prevent river blindness.

## National Council of Negro Women Choose Nation's Finest Teachers Excellence in Teaching Award Celebrates 12th Year!



Washington, D.C. (June 12, 2001) - With the debate still raging over school vouchers and private education versus a public education, there remains one ideal that all can agree upon: excellent teachers equal above average education. It's a teacher, after all that has the most profound influence in a child's life. They recognize untapped potential and help children fulfill their dreams. Their duties go beyond the classroom, and often

serve as parents, role models, mentors and community leaders. For twelve years, the National Council of Negro Women, Inc. (NCNW) has paid tribute to these guiding lights by presenting its prestigious Excellence in Teaching Award to five outstanding teachers. Sponsored by Shell Oil Company, this award was created in honor of NCNW founder, Mary McLeod Bethune, to recognize and reward public and private school

teachers who continue her legacy by instilling a thirst for knowledge in African-American children.

"NCNW was founded by one of the nation's finest educators, Mary McLeod Bethune. In her honor, this award represents all educators whose will and dedication inspire our children to achieve and make their dreams a reality," said Dr. Dorothy I. Height, NCNW chair and president emerita. A panel of judges, comprised of respected educators, parents, elected officials and members of the NCNW Commission on Education, met recently to review applications and select one national and four regional EITA winners. NCNW sections and members, parents, students, administrators and community members nominate candidates. In the next few weeks NCNW will announce this year's winners.

When choosing the

winners, Dr. Gloria Gilmer, chair of NCNW's Commission on Education, says the judges will look at the contributions teachers have made in developing children. "It's the legacy we're interested in. Our judges will select teachers that have had a significant impact in their student's lives." Special guest judge Jeff Davis, field director of Clemson University's award winning "Call Me MISTER" teacher recruitment program anchored this collection of all-star educators. Davis partnered with his wife Joannie Davis to help select this year's recipients.

Candidates must be a grades K-12 teacher for at least five years in an urban or rural school that has at least a 30 percent enrollment of African-American students; inspire a high level of achievement among those students; represent excellence in the teaching profession through outstanding

contributions to their field; and distinguish themselves among their colleagues and peers.

In addition to special regional ceremonies and a national celebration in Washington, D.C., awardees receive a specially designed sculpture from Tiffany and Co., a certificate and a cash prize. Each winner also receives a commemorative plaque for display in their school.

NCNW is a nonprofit, voluntary service organization with 38 affiliated national organizations, 252 community based sections chartered in 38 states and 60,000 individual members. It is dedicated to improving the quality of life of African American women, their families and communities. For more information about the EITA program, contact Robin Breedlove, National EITA coordinator at (202) 383-9150.

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# CHURCH DIRECTORY



## The Outreach Prayer Breakfast

This writer is thinking about St. Mark 16:9-20. Wonder why did Jesus appear first to a woman? He had casted seven devils out of her instead of his disciples. Those who have been with Him all the time. It seems to me, they should have been early like these women to roll that heavy stone away.

Why do you think He told a woman to go tell His disciples and Peter that He goeth before them into Galilee. There they shall see Him as He said unto them. You know what, they were full of disbelief. He had to scold them for their stubbornness and refuse to believe. Those women had seen Him alive from the dead. And then He told them — the disciples — you are to go into all the world and preach the good news to everyone and everywhere. Those who believe and are baptized will be saved. But those who refuse to believe will be condemned. Do you any of you think these are those carrying the good news, and still don't quite believe? God can use anybody if they can believe that God raised Jesus from the dead, you will be saved.

While the disciples were wet-eyed that woman a woman was carrying the good news that He is alive. It is so important you believe what you're preaching, because you will be condemned.

If you don't believe, and He said unto them those who believe shall use my authority to cast out demons, and they shall speak new languages. You will be able even to handle snakes with safety. And if you drink anything poisonous, it won't hurt you, and they will be able to place their hands on the sick and heal them.

When the Lord Jesus had finished talking with them, He was taken up into heaven and sat down at God's right hand. And the disciples went everywhere preaching and the Lord was with them and confirming what they said by theme miracles that followed their messages.

Are you hurting today? If so, go to the scriptures, because there's healing. Read St. Mark 11:22-26 and II Chronicles 7:14. God bless you for reading.

Keep praying up and down these city streets for our people. Dear Hearts, it might look like the enemies winning, but, Oh, no he's not!! WE WIN!

We will meet Saturday morning, July 7, 2001, at 9:00 a.m. in the home of Sister Christene Burleson, 2407 East 9th Street. See you there! Okay?

Thought of the Week: "If you hold out deliverance will come no matter what you're going through. Don't give out, don't give in. Your deliverance is at hand."

Sister Dorothy Hood, president; Sister Christene Burleson, vice president; and Sister Elnora Jones, acting secretary.



## from the Desk of Parson D.A. Smith "Give Me Liberty?"

"And God heard their groaning, and God remembered his covenant with Abraham, with Isaac, and with Jacob. And God looked upon I the children of Israel, and God had respect unto I them"—Exodus 2:23-25

The relentless cry of the minority community of Lubbock and particularly East Lubbock for freedom and equity is not an isolated one. Patrick Henry, orator, political leader, born in Hanover County, Virginia, proposed revolutionary motions to the Virginia assembly, including one for the arming and training of militiamen.

The following taken from the "US Historical Documents Archive" are excerpts from His famous speech "Give Me Liberty or Give Me Death" on March 23, 1775.

"Mr. President, it is natural to man to indulge in the illusions of hope. We are apt to shut our eyes against a painful truth, and listen to the song of that siren till she transforms us into beasts. Is this the part of wise men, engaged in a great and arduous struggle for liberty? Are we disposed to be of the numbers of those who, having eyes, see not, and, having ears, hear not, the things, which so nearly concern their temporal salvation? ... I have but one lamp by which my feet are guided, and that is the lamp of experience. I know of no way of judging the future but by the past. ... Trust it not, sir, it will prove a snare to your feet. Suffer not yourselves to be betrayed with a kiss. Ask yourselves how this gracious reception of our petition comports with those warlike preparations, which cover our waters and darken our land. Are fleets and armies necessary to a work of love and reconciliation? Have we shown ourselves so unwilling to be reconciled that force must be called in to win back our love? Let us not deceive ourselves, sir. These are the implements of war and subjugation, the last arguments to which kings resort. ... There is no longer any room for hope? If we wish to be we have been so long contending—if we mean not basely to abandon the struggle in which we have been so long contending—if we mean not base-

ly to abandon the noble struggle in which we have been so long engaged, and which we have pledged ourselves never to abandon until the glorious contest shall be obtained—we must fight! ... What is it that gentlemen wish? What would they have? Is life so dear, or peace so sweet, as to be purchased at the price of chains and slavery? Forbid it, Almighty God! I know not what course others may take, but as for me, 'give me liberty or give me death!'"

History reveals Patrick Henry's challenge became a rallying cry for the American Revolution. However, when we look at the life of the downtrodden children of Israel, we find no such champion as Patrick, Martin Luther King, Jr., Jesse Jackson, or a T. J. Patterson to provide leadership.

The Israelites were caught up in a much more dreadful bondage in Egypt. For one thing, it was easier for Henry to make his statement in the relative safety of the Virginia House of Burgesses than it would have been for an Israelite toiling beneath lash and club of an Egyptian taskmaster. Henry's act may have been courageous, but the Hebrew slave's act would have been foolhardy or even fatal.

With the Hebrews more was involved. God in His infinite wisdom was using this bondage as a training ground to prepare for himself a people who would be called upon to undergo even more severe challenges and sufferings in the centuries to come.

Whatever else may be said, the Israelites' long and painful bondage in Egypt bonded them together as a people with a common cause. Their suffering prepared them to receive Moses when God sent him back to lead them out of that bondage.

Israel, under the pressure of bondage in Egypt, cried out to God for help. God heard their cry. This same God hears even our faintest cry today.

Through His Son, God has made known His desire to rescue all from the bondage of sin. Don't delay coming to Him. Remember the Lord's promise, "If the Son therefore shall make you free, ye shall be free indeed" (John 8:36)



## IN JESUS NAME "A THE DAYS OF NOAH!!"

ISAIAH 1:2, HERE, O HEAVENS, AND GIVE EAR, O EARTH: FOR THE LORD HATH SPOKEN, I HAVE NOURISHED AND BROUGHT UP CHILDREN, AND THEY HAVE REBELLED AGAINST ME.

LORD, THERE IS A LIE GOING AROUND: SAYING, ALL MEN ARE EQUAL AND FREE; THAT LIE IS THE THING THAT CAUSED AMERICA: TO BE IN MISERIES!!

ISAIAH 30:1, WOE (CURSED) TO THE REBELLIOUS CHILDREN, SAITH THE LORD, THAT TAKE COUNSEL, BUT NOT OF ME; AND THAT COVER WITH A COVERING, BUT NOT OF MY SPIRIT, THAT THEY MAY ADD SIN TO SIN.

LIKE THE DEVIL TOLD ADAM AND EVE, DON'T DO AS GOD; SAY; BUT EAT OF THE TREE; BECAUSE GOD DON'T WANT YOU TO BE EQUAL; THEN YOU WOULD BE FREE.

PROVERB 10:29, THE WAY OF THE LORD IS STRENGTH TO THE UPRIGHT; BUT DESTRUCTION SHALL BE TO THE WORKERS OF INIQUITY.

GOD IS NOT CONCERNED: ABOUT MAN'S SO CALLED EQUAL RIGHTS; THEN JESUS WOULD HAVE LIBERALIZED; WHEN HE WAS HERE!!! RIGHT?

JOHN 3:17, JESUS SAID, FOR GOD SENT NOT HIS SON INTO THE WORLD TO CONDEMN THE WORLD; BUT THAT THE WORLD THROUGH HIM MIGHT BE SAVED.

LORD, BUT THE CHURCH LOVED THE WORLD; AND THE THING THERE WITHIN; THE CHURCH PREACHED EQUAL RIGHTS; NOW BEHOLD, THE SIN.

JEREMIAH 23:25,28, THE LORD SAID, I HAVE HEARD WHAT THE PROPHETS SAID, THAT PROPHECY LIES ON MY NAME, SAYING, I HAVE DREAMED, I HAVE DREAMED. HOW LONG SHALL THIS BE IN THE HEART OF THE PROPHETS THAT PROPHECY LIES? YEA, THEY PROPHECY OF THE DECEIT (FRAUD) OF THEIR OWN HEART; THE PROPHET THAT HATH A DREAM, LET HIM TELL A DREAM; AND HE THAT HATH MY WORD, LET HIM SPEAK MY WORD FAITHFULLY, WHAT IS THE CHAFF TO THE WHEAT? SAITH THE LORD.

WITH EQUAL LIGHTS MAN CAN BOAST OF WHAT HE

HAS; AND PLACES HE CAN GO; IN THESE LAST AND EVIL DAYS; ITS JESUS CHRIST; HE SHOULD GET TO KNOW!!!

JEREMIAH 9:23,24, THUS SAITH THE LORD, LET NOT THE WISE MAN GLORY IN WISDOM, NEITHER LET THE MIGHTY MAN GLORY IN HIS MIGHT, LET NOT THE RICH MAN GLORY IN HIS RICHES; BUT LET THAT GLORIETH GLORY IN THIS, THAT HE UNDERSTANDETH AND KNOWETH ME, THAT I AM THE LORD WHICH EXERCISE LOVING KINDNESS, JUDGMENT, AND RIGHTEOUSNESS, IN THE EARTH: FOR IN THOSE THINGS I DELIGHT, SAITH THE LORD.

\*\*\*\*\* DID CIVIL RIGHTS ROB GOD? \*\*\*\*\*

LORD, WHEN THE PRESIDENT COMMITTED ADULTERY; JESSIE JACKSON TOLD HIM HIS NEE THEN JESSIE DID THE SAME THING; ONLY HE BROUGHT FORTH A SEED!!!

MATTHEW 15:13,14, JESUS SAID, EVERY PLANT, WHICH MY HEAVENLY FATHER HATH NOT PLANTED, SHALL BE ROOTED UP. LET THEM ALONG: THEY BE BLIND LEADERS OF THE BLIND. AND IF THE BLIND LEAD THE BLIND, BOTH SHALL FALL INTO THE DITCH.

LORD, EVEN SOME CHRISTIANS ARE EATING, DRINKING, GAMBLING; HAVING A TIME; THEY'RE NOT READING AND STUDYING YOUR WORD; AND DON'T KNOW YOUR SIGN'S.

AMOS 5:20,21, THE LORD SAID, SHALL NOT THE DAY OF THE LORD BE DARKNESS, AND NOT LIGHT? EVEN VERY DARK, AND NO BRIGHTNESS IN IT? I HATE, I DESPISE YOUR FEAST DAYS, I WILL NOT SMELL (BE THERE) IN YOUR SOLEMN ASSEMBLIES.

\*\*\*\*\* DO CHRISTIANS ROB GOD? \*\*\*\*\*

LUKE 12:54-56, JESUS SAID, WHEN YE SEE A CLOUD RISE OUT OF THE WEST, STRAIGHTWAY YE SAY, THERE COMETH A SHOWER; AND SO IT IS. AND WHEN YE SEE THE SOUTH WIND BLOW, YE SAY, THERE WILL BE HEAT; AND IT COMETH TO PASS. YE HYPOCRITES, YE CAN DISCERN THE FACE OF THE SKY AND OF THE EARTH; BUT HOW IS IT THAT YE DO NOT DISCERN THIS TIME.

WRITTEN BY EVANGELIST BILLY B.J. MORRISON, III, YOUR BROTHER IN CHRIST JESUS

Come! join us as we sing for joy to the Lord; help us shout aloud to the rock of our salvation.

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## BETHEL YOUTH ATTEND CONVENTION IN STRATTON

Twenty delegates to the Northwest Texas Conference of the Tenth Episcopal District of the African Methodist Church in Stratton, Texas. The youth are members of Bethel African Methodist Episcopal Church of Lubbock.

Accompanying them also were members of the Bethel Youth Choir who participated on Sunday afternoon, July 1, 2001. The number totaled more than sixty young people from the church. They were accompanied by adult members of the church. Sister Denise Jordan and Sister Shelia Harris are youth directors. Rev. Elliott C. Lambert, who accompanied them, is pastor.

The Youth Choir came back Sunday evening while the delegates participated in the convention through Tuesday afternoon, July 2, 2001.

## PASTOR E. L. HARRIS AND FAMILY HONORED

The members of the Greater St. James Baptist Church are honoring their pastor and family, E. L. Harris and family, in their Third Appreciation held Sunday, July 1, through Sunday, July 8, 2001. The theme is: "Our Pastor: Serving God With Integrity, Gravity and Sincerity." Titus 2:7.

The anniversary services will be held Sunday afternoon with Rev. E. J. Tyson, pastor of the New Hope Baptist Church of Vernon, Texas, as speaker. He will be joined by the New Hope Baptist Church Choir.

Guest churches invited to participate are Lyons Chapel Baptist Church, Rev. W. D. Davis; Triumph Baptist Church, Rev. H. L. Brawley; Community Baptist Church, Rev. Larry Brooks; Mt. Gilead Baptist Church, Rev. J. J. Johnson; New Direction Community Fellowship, Rev. Marshall Harris; St. Matthew Baptist Church, Rev. Edward Canady; and St. Luke Baptist Church, Rev. J. H. Ford.

# Diabetes Among African Americans

## What is Diabetes?

Diabetes is a disease that affects the body's ability to produce or respond to insulin, a hormone that allows blood glucose (blood sugar) to enter the cells of the body and be used for energy. Diabetes falls into main categories: type 1, which usually begins during childhood or adolescence, and type 2, the most common form of the disease, usually occurring after age 45.

## How Does it Affect African Americans?

Approximately 2.3 million or 10% of all African Americans have diabetes, however, one-third of them do not know it. With its complications — blindness, kidney disease, amputation, heart attack and stroke — diabetes is the seventh leading cause of death (sixth-leading cause of death by disease) in the United States.

Diabetes is a chronic disease that has no cure.

## Prevalence

African Americans are 1.7 times more likely to have diabetes, than Non-Hispanic Whites.

Twenty-five percent of African Americans between the ages of 65 and 74 have diabetes.

One in four African American women over 55 years of ages has diabetes.

## African Americans and

## Diabetic Complications

African Americans experience higher rates of at least three of the serious complications of diabetes: blindness, amputation, and end stage renal disease (kidney failure).

Diabetic retinopathy is a term used for all abnormalities of the small blood vessels of the retina caused by diabetes, such as weakening of blood vessel walls or leakage from blood vessels. African Americans are twice as likely to suffer from diabetes-related blindness.

Diabetes is the most frequent cause of non-traumatic lower limb amputation. The risk of a leg amputation is 15 to 40 times greater for a person with diabetes. Each year 56,000 people lose their foot or leg to diabetes. Among people with diabetes, African Americans are 1.5 to 2.5 times more likely to suffer from kidney disease with more than 4,000 new cases of end renal disease each year.

Ten to twenty-one percent of all people with diabetes develop kidney disease. In 1995, 27,900 people initiated treatment for end stage renal disease (kidney failure) because of diabetes. African Americans with diabetes are 2.6 to 5.6 times more likely to suffer from kidney disease with more than 4,000 new cases of end renal disease each year.

## What is Needed?

In ideal circumstances, African Americans with diabetes will have their disease under control and be monitored frequently by a health care team knowledgeable in the care of diabetes.

Patient education is critical. People with diabetes can reduce their risk of complications if they are educated about their disease, learn and practice the skills necessary to better control their blood glucose levels, and receive regular checkups from their health care team.

People with diabetes, with the help of their health care providers, should set goals for better control of blood glucose levels, as close to the normal range as is possible for them.

Health care team education is vital. Because people with diabetes have a multi-system chronic disease, they are best monitored and managed by highly skilled healthy care professionals trained with the latest information on diabetes to help ensure early detection and appropriate treatment of the serious complications of the disease. A team approach to treating and monitoring this disease serves the best interests of the patient.

For more information, call the American Diabetes Association at 1-800-DIABETES, or visit our website at [www.diabetes.org](http://www.diabetes.org).

# Fixin' Facades: Plainview Downtown Building Get Grants

Letters are in the mail. Working with a \$3,000 donation from Energas and a \$1,000 donation from Southwestern Public Service, the City of Plainview's Main Street Office on Friday awarded eight \$500 grants to revitalize building facades in the National Register District boundaries of Plainview's historic downtown. The area from 4 to 9 Streets on Broadway and 4- to 8th Streets on Ash have been listed on the U.S. Department of the Interior's National Register since 1982 and it was a scattering of buildings in this area that will be receiving facade improvements.

The restoration of the Fair Theatre a couple years ago was a major turning point for Plainview's National Register District which had been experiencing blight conditions since the late 70's early 80's exodus of businesses wanting to be closer to Interstate I-27. The Fair restoration spurred the recent Millennium Square Park across the street and multiple public-private partnerships. The facade grants are seen as keeping the momentum going. Grants will provide reimbursements for projects from fixing bricks and mortar to providing improved paint jobs and fixing awnings and windows.

"Downtown's on the rebound," says Matthew Tsakanikas, Main Street Manager for the City. "Our economy experienced a shift, but it's balancing back to an equilibrium." Tsakanikas believes recent moves like the new Sonic three blocks from the downtown demonstrate that investors know where the traffic is. "As early as 1998 TxDOT was showing an 11,900 daily traffic count one block from downtown. I-27 was only showing about 13,000. I think businesses are catching-on."

The Texas Main Street program promotes economic development citywide by focusing on downtowns, a major component industry uses to gauge the health of a city and quality of life. Main Street promotes economic development through historic preservation, tapping into the \$30 billion Texas tourism industry. Plainview is one of three official Texas Main Street cities on the South Plains. Post and Levelland are the other two.


# Aspiring Filmmaker Joy Phillips Wins 2001 HBO Short Film Award at Acapulco Black Film Festival

New York, June 20, 2001 - Home Box Office awarded a \$20,000 grand prize for the 2001 HBO Short Film Award to aspiring filmmaker Joy Phillips, writer and director of "Kickin' Chicken," a satire about a woman's struggle with her "addiction" to fried chicken. The prize was given out during the Acapulco Black Film Festival's Film Life Movie Awards on June 9 in Acapulco, Mexico.

Four runners-up also received \$5,000 each in recognition of their achievements. They are: Mad Matthew, writer/director of "Big Bank Take Little Bank," Ezekiel Dickson III, writer/director of "Capers' Fish," Desha Dauchan, writer/director of "Episodes" and Jon Chang, co-writer/director of "Shorty." The HBO Short Film Award

was created in 1998 to showcase the works of up-and coming film makers and has been a staple in the Acapulco Black Film Festival's competitive film showcase since its inception.

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# PUBLIC NOTICE

CITY COUNCIL APPROVED PROJECTS FOR FY 2001-2002 For Community Development Block Grant (CDBG), Home Investment Partnerships Program (HOME), Emergency Shelter Grant (ESG).

On June 26, 2001 the Lubbock City Council held a Public Hearing and voted to recommend to Housing and Urban Development (HUD) the following projects for FY 2001-2002. Comments on the plan, and proposals will be accepted through August 1, 2001. Comments may be sent in writing to:

City of Lubbock  
Community Development Department  
Attn: Todd Steelman  
P.O. Box 2000 Lubbock, TX 79457

## 2001-2002 Proposed Use Of Community Development Resources By Grant

Agency	Project	Amount
<b>Recommended Community Development Block Grant</b>		
Broadway Festivals	Expanded 4th Corps	\$4,180
Black Chamber	Entrepreneur Intervention	\$9,845
Boys & Girls Club	Job Ready Program	\$19,500
Buckner's Childrens	Project ROCK	\$15,000
Buddy Holly Center	SMART	\$20,000
Catholic Family Services	Employment Training	\$45,000
Children's Advocacy Center	Healing For Abused Children	\$20,000
Christian Women's Job Corps	Job Training	\$26,900
City Of Lubbock Health Dept.	Step Up To Health	\$2,500
City Of Lubbock Parks	Computer Learning Labs	\$38,000
City Of Lubbock Parks	Summer Satellite Program	\$40,000
Communities in Schools	Empowerment & Employment	\$45,000
Early Learning Centers	Child Care	\$40,000
Guadalupe Parkway	Summer Blast	\$16,159
Lubbock Area Coalition for Literacy	Literacy Outreach	\$6,000
March of Dimes	Stork's Nest	\$17,000
100 Black Men of West Texas	Rites of Passage Boxing	\$35,431
Prevent Blindness	Glaucoma Screening	\$10,250
SPARC	Dental & Vision Care	\$10,000
YWCA	Child Care	\$40,000
YWCA	Health Initiative	\$6,670
YWCA	Challenger	\$11,665
YWCA	Volunteer Caregiver	\$9,900
City Of Lubbock CD	Barrier Free Program	\$150,000
City Of Lubbock CD	Economic Development	\$181,199
City Of Lubbock CD	Emergency Repair	\$150,000
City Of Lubbock CD	Exterior, Home Improvement	\$100,000
City Of Lubbock CD	Micro-Enterprise Loans	\$50,000
City Of Lubbock CD	Residential Rehab	\$400,000
City Of Lubbock CD	Sidewalk	\$125,000
City Of Lubbock CD	WASAP	\$50,000
City Of Lubbock EIS	Salary Reimbursement	\$165,000
City Of Lubbock Parks	Trees	\$7,500
Guadalupe/Parkway Neigh. Centers	Renovation	\$25,000
Lubbock Housing Finance Corporation	Down Payment & Closing Costs	\$75,000
SORCA	16th & X	\$7,800
South Plains Food Bank	Renovation	\$7,750
YWCA	Renovation	\$110,000
City Of Lubbock CD	Housing Delivery	\$554,997
City Of Lubbock CD	Indirect Costs	\$95,000
City Of Lubbock CD	CDBG Administration	\$516,754
<b>Total CDBG</b>		<b>\$3,260,000</b>
<b>HOME Investment Partnership Program</b>		
City Of Lubbock CD	Reconstruction	\$500,500
City Of Lubbock CD	New Construction	\$300,000
Community Housing Resource Board	Elderly Housing	\$32,475
Community Housing Resource Board	Lease Purchase (CHDO Project)	\$174,750
Community Housing Resource Board	Operations	\$44,875
West Texas Community Impact Corp	Affordable New Homes	\$93,025
West Texas Community Impact Corp	Operation	\$19,875
City Of Lubbock CD	HOME Administration	\$129,500
<b>Total HOME</b>		<b>\$1,295,000</b>
<b>Emergency Shelter Grant</b>		
Alcohol Recovery Center	Operations	\$1,554
ASK House	Operations	\$2,886
Interfaith Hospitality	Operations	\$888
Salvation Army	Operation	\$5,772
Salvation Army	Homeless Prevention	\$33,300
ASK House	Essential Services	\$1,050
Salvation Army	Essential Services	\$24,750
Women's Protective Services	Essential Services	\$7,500
Alcohol Recovery Center	Rehab	\$4,500
Interfaith Hospitality	Rehab	\$6,750
MHMR	Rehab	\$7,000
WPS	Rehab	\$9,500
City of Lubbock ESG	Administration	\$5,550
<b>Total ESG</b>		<b>\$111,000</b>

On or About August 3, 2001 the City of Lubbock will forward the 2001-2002 Action Plan including these projects to the Housing & Urban Development (HUD) for review.

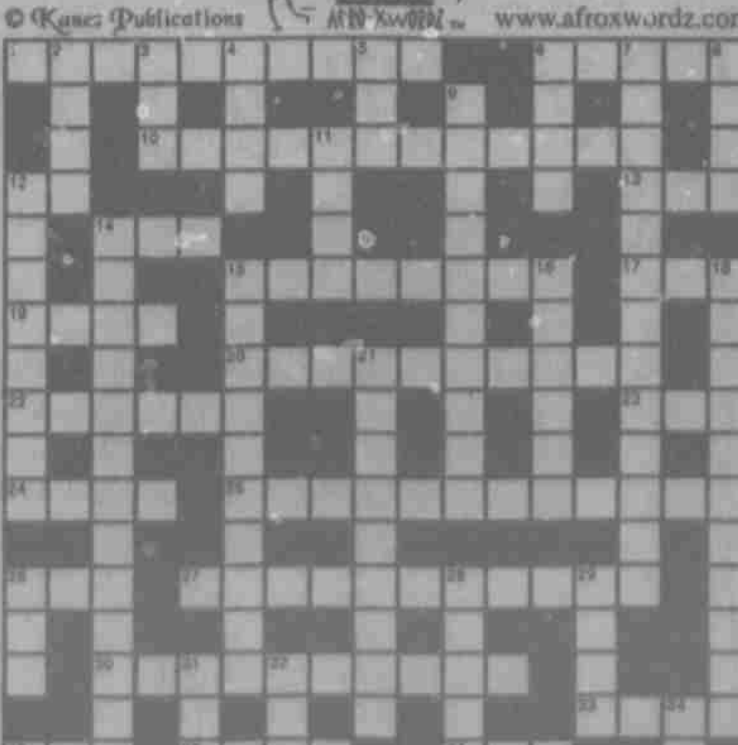
# NEWSPAPERS

## FREEDOM IN OUR HANDS

## AFRICANA TRIVIA

- Across**
- The slum in Jamaica where Bob Marley was raised
  - Dirty \_\_\_\_ (hit song from Michael Jackson's *Bad* album)
  - Portland \_\_\_\_ (NBA team)
  - Egyptian sun god
  - Denzel Washington had a minor role in this 1953 film, *Much \_\_\_\_ About Nothing*
  - \_\_\_\_ Calloway, (famed jazz band leader in the 1930s and 40s)
  - White Southern supporter of the government during Reconstruction after the Civil War
  - Style of Jamaican music
  - \_\_\_\_ Banks, (famous model)
  - Adam Clayton Powell founded this church located in Harlem, New York
  - Will \_\_\_\_ (Sammy Davis Jr's uncle that performed with him and Sammy Sr. on stage)
  - Heavyweight champion that took a stand and refused to go to fight in Vietnam
  - The Little Rock \_\_\_\_ (the first Black students to integrate Central High School in 1957)
  - Doctrine that calls for the end of slavery
  - U.K. funk band, that featured N'Dea Davenport as lead vocals; they cut the album *Brother Sister* in 1994. (int)
  - College founded in 1881 and is part of the Black college consortium in Atlanta
  - Legendary jazz drummer Art Blakey formed this group in 1954; Jazz \_\_\_\_
  - The \_\_\_\_ (group led by Morris Day that had the 1982 hit song "The Bird")
  - Jimmy \_\_\_\_ (one of the producers of Janet Jackson's album titled *Control*)
  - Celestial body
  - \_\_\_\_ Cooke, (recorded the 1957 number one hit, *You Send Me*)
- Down**
- Bob Marley's wife
  - \_\_\_\_ Turner, (led a famous slavery rebellion)
  - \_\_\_\_ Wine, (movie that featured Blair Underwood as a reporter during the Watts Riots)
  - \_\_\_\_ Dubois, (one of the founders of the NAACP)
  - \_\_\_\_ Scott decision, (U.S. Supreme Court ruling that gave slave owners the right to reclaim runaway slaves)
  - MLK Jr., Evers, and Malcolm X's fate
  - One of Coltrane's saxophones
  - Samuel \_\_\_\_ (southern doctor that believed Blacks were suffering from a sickness that made them want to flee from slavery and travel North. He called the "disease", drapetomania)
  - \_\_\_\_ Bonet, (she starred in *Angel Heart*)
  - Member of a religious sect that originated in Jamaica
  - "Big name" flower
  - Injurious to a reputation
  - Latin American term for foreigners
  - \_\_\_\_ Action, (a program which requires businesses to set-aside jobs for minorities)
  - George Augustus \_\_\_\_ (in 1990 he established the African-American Catholic Church)
  - Card game that uses terms such as: "no", "uptown", "downtown", and "special"
  - Bert \_\_\_\_ (he co-wrote the Isley Brothers 1962 hit *Twist and Shout*)
  - Melvin \_\_\_\_ (one of the first Black Rep. from North Carolina in the 20th Century)
  - \_\_\_\_ Band, (they had the 1980 hit song *Take Your Time Do It Right*)
  - Possible arrival time
  - King of Pop (int)

Answers on page 8 AFRO-XWORDZ No. 009



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# Combest Brings Home \$2 Million for Citibus and Texas Tech

Washington, D.C. - At the request of U.S. Rep. Larry Combest (R-TX), \$2 million has been approved by the House Appropriations Committee for a partnership project between Citibus and Texas Tech University. The funding, included in the FY 2002 Transportation Appropriations

Bill, will help build a new Park and Ride lot close to the United Spirit Arena.

Rep. Combest said, "This funding will provide a

much-needed Park and Ride lot for the United Spirit Arena and Texas Tech. Parking space around the campus is already limited, and this funding will help ensure that students and visitors will have access to a parking area that is accessible and safe."

As a partner with Texas Tech University, which has a student enrollment of 25,000, Citibus provides students and faculty with shuttle service around campus. Their services are important to the University, as there are limited parking spots available on campus. With

the newly constructed multipurpose arena, the current parking the University is not sufficient to accommodate the number of patrons who attend events at the arena.

The Transportation funding bill will now be sent to the full House for consideration.

## LOOKING For A place to call home?

**Boardwalk** 5540 19th Street 793-2214

Boardwalk is a 25-unit community located west of Texas Tech University on 19th Street, a major east-west thoroughfare that bisects Lubbock, east and west. The community is directly across from Lubbock Christian University and just west of the medical district and Texas Tech University. It offers a popular full-service retail environment with large one and two bedroom units. The property is fully enclosed, centrally located and landscaped with brand new and mature trees.

Bay Tree is a 20-unit community located west of Texas Tech University on 24th Street, a major east-west thoroughfare. The community is located in proximity to elementary, junior and senior high schools and is within walking distance of community retail services. These apartment homes are appointed in carpet, tile, stone and four bedrooms units meeting or exceeding the needs of almost any prospective resident.

3333 Toledo 795-5605 Bay Tree

Gatewood is located south of Texas Tech University in south central Lubbock. The location of the community is within walking distance of community retail services. Gatewood apartment homes are appointed in efficiency, one, two and three bedroom units meeting or exceeding the most demanding living requirements. The property includes guest recreational areas for the enjoyment of children and adults.

**Gatewood** 2701 44th Street 795-5514

5817 22nd Street 792-2738 Twin Oaks

Twin Oaks is west of Texas Tech University in west Lubbock - specifically at Franklin Avenue and 22nd Street. This property is located a block off of 19th Street, a major east-west thoroughfare. The community is located in proximity to elementary and junior high schools and within walking distance of community retail services. These apartment homes are appointed in one, two and three bedroom units - meeting the requirements of even the most demanding residents.

...we have a home for you.



Contact the McDougal Connection 797.6785



## Combest Secures \$2 Million for Ports to Plains

Washington, D.C. - Acting on the request of U.S. Rep. Larry Combest (R-TX), the House Appropriations Committee approved \$2 million for a Corridor Management and Development Plan for the Ports-to-Plains Corridor today.

Rep. Combest said, "Improving and expanding the transportation infrastructure in West Texas for future economic expansion in rural West Texas is one of my top priorities. This funding will help establish a master plan for the corridor and will identify and coordinate

needed improvements along the corridor. Completion of the master plan will allow for construction of the corridor to go forward."

It is important to note that the Texas Department of Transportation (TXDOT) supports this funding request for a Corridor Management and Development Plan (CMDP), as required by TEA-21. The CMDP will allow TXDOT to conduct the environmental and routing studies necessary to make this Corridor a reality. These studies are required by the Federal Highway Administration before construction can go forward.

In 1998, Rep. Combest led the effort to have the Ports-to-Plains corridor recognized in federal law. Last year, Combest inserted language into the year-end budget bill to define the Ports-to-Plains corridor within the state of Texas. The Commission is expected to approve the designation supported by the Ports-to-Plains Coalition at the next Commissioner's meeting, June 28, 2001.

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# Editorials • Comments • Opinions



## African Americans and Social Security Reform

**Expect It to Affect Young and Old**  
No matter whether you are thirty-something, or fifty-something, the decisions being made by the Bush-appointed 16-member commission to reform Social Security affects you. The commission, co-chaired by AOL Time Warner's African-American co-chief operating officer Richard Parsons, plans to partially privatize the 65-year-old program by letting America's workers invest some of their payroll taxes in their own stock and bond portfolios.

The commission's challenges are huge. They have to face the Old Age Survivors and Disability Insurance program's long-term problem - an unfunded liability of \$20 trillion, which represents the amount by which promised benefits over the next 75 years exceed payroll taxes. They say the only way to address this problem is to increase the abysmal rate of return of today's pay-as-you-go system offers. People like Parsons say the best way to do this is to introduce voluntary personal investment accounts as part of a workers' Social Security retirement package.

This comes as polls show that a broad majority of Americans - 100 million of whom invest in the stock market - like the idea of reaping a much richer return on their investments in

the financial markets than the 1 or 2 percent return that most workers can expect from Social Security.

Although African-American Democrats in Congress are critical of the plan, something has to be done because the black community is especially reliant on Social Security programs. For 40 percent of African Americans age 65 percent or older, it's the only source of retirement income. In 1999, African Americans were 12 percent of the U.S. population, but made up 18 percent of those receiving disability benefits and 23 percent of all children who receive survivor benefits. African-American children are almost four times more likely to be lifted out of poverty by Social Security than are white children.

Blacks may not have a history of investing in the market, but maintaining the solvency of Social Security is an issue whose time is now. Bush has to figure out how to guarantee income security for retired and disabled workers when there is more money going out of the U.S. Treasury than there will be coming in. Historically, Social Security worked because of the high ratio of workers to beneficiaries. However, as the population has aged - 35 million Americans are at least 65 and another 24 million are 55 to 64 -

the ratio of workers to beneficiaries has fallen. Fifty years ago, there were 16 workers for every one retiree. Today, there are only three workers per retiree, and in 30 years there will only be two for each retiree.

Social Security will start running short of money in the next few decades. By 2016, payroll taxes will no longer cover benefits, forcing Social Security to begin redeeming government bonds it holds. By 2038, the bonds will be gone leaving the system able to pay less than three quarters of benefits.

Parson's plan is for a radical change in the structure of Social Security contributions. His commission will propose allowing taxpayers, particularly young workers, to divert two percentage points of their FICA obligations to personal retirement accounts (PRAs). These contributions would be voluntary, but 71 percent of the nation's young workers say they favor private individual retirement accounts.

Black politicians need to support the commission's search for a solution. And, the African American community should prepare to become more involved with the investment processes that fund and run our nation's capitalistic economy.



## This Way for Black Empowerment—By Dr. Lenora Fulani Reform Goes Rotten in the Big Apple

As soon as the battle over Florida broke out, Democrats and Republicans alike were plugging their undying support for reforming the electoral system. "Make every vote count!" cried the Democrats to the media. "Equal protection for all voters," claimed the Republicans to the Supreme Court. For a long time independent electoral reformer like me, it seemed as if the two parties might have finally come around. Our democracy is in a serious state of corruption and disrepair. It needs a radical restructuring. Perhaps they had seen the light.

Unfortunately, two party political memory is failing, too. No sooner had the Florida debacle been resolved than the Democrats and Republicans forgot how inflamed they were over electoral reform. And, where but the Big Apple itself would hand-wringing over political corruption turn overnight into a pro-corruption campaign?

Part one of this story begins with the New York City Council. The citizens of New York City voted - not once, but twice - in public referenda in 1993 and 1996 to impose term limits on our City Council. The conse-

quence of this one-two punch against the incumbency protection racket is that 36 out of 51 members of the City Council, along with 4 out of 5 borough presidents, the mayor, the public advocate and the comptroller, will be term limited out this year. This opens the door to a much-needed housecleaning in city government.

But guess what? With the municipal elections looming just months away, incumbent Democrats on the City Council have launched an effort to repeal this critical and hard-fought reform. Word is that the Council Speaker, a Democrat and a candidate for mayor, plans to remain neutral, but hopes term limits are, if not abolished, at least delayed. So much for the Democrats' poignant refrain: Make every vote count. What they really mean is make every vote count except when the voters choose something that we decide isn't in our own self-interest in which case, we'll search out a way to overturn that vote.

As you might expect, the Democrats are not alone in their anti-reform derelict. Republican Mayor Rudy Giuliani went to court last week in an effort to overturn a critical component of the city's highly regarded public campaign finance pro-The New York

program provides a 4 to 1 match for public office candidates, meaning for every dollar a certified candidate raises, the city provides \$4 to their campaign. Certification requires raising a threshold amount (ranging from \$5,000 for city council to \$250,000 for mayors) from a minimum number of donors inside the jurisdiction and getting on the ballot. Participation in the program requires complying with spending limits designed to level the playing field among candidates, and taking part in at least one televised debate that includes all other candidates - major or minor.

Though the program has some serious flaws namely that compliance is so technical and difficult that grassroots candidates without professional consultants stand no chance of getting into it - it is unique in that it so aggressively projects the public funding solution to the problem of special interest control of elections. It is this aspect of the program that Republican Giuliani is hoping to upend.

Oh well. Gone are the days - and I mean days, I think there were a total of two of them - when the Republicans and Democrats stood up for structural electoral reform. I guess the independents are going to have to be the ones to do it after all.

## THIS N THAT

**COMMUNITY RELATIONS COMMISSION STILL ON THEIR JOB!** THIS N THAT can say one thing about the THE COMMUNITY RELATIONS COMMISSION is: the members are still on their job. This City of Lubbock commission has had several community forums this being the fifth will take place TUESDAY NIGHT July 10th from 6:30 p. m. until 9:30 p. m. in the City Council Chambers 1625 13th Street. This forum will feature panelists from various law enforcement agencies and will focus on several issues relating to LAW ENFORCEMENT and the JUDICIAL SYSTEM in Lubbock. THIS N THAT would advise you to attend if you are interested. For more information about the forum call Ronda Burrows at 775-3350.

**BEAT YOUR WIFE YOU'LL GET BUSTED!** THIS N THAT advises that if you are a WIFE BEATER in Lubbock County you will have a problem. For example a Lubbock County man received THIRTY YEARS for alleging beating his wife here. This is a very STRONG SIGNAL for those who are doing so or even thinking about beating his wife THIRTY YEARS is a mighty long time to spend in a jail for WIFE BEATING. On the other hand there may be husbands who are beaten by their wife wives. Wonder if this kind of sentencing is the same THIRTY YEARS. Yes there is HUSBAND ABUSE TALENTED WASTED! THIS N THAT would have hoped that a former outstanding running back at Texas Tech University BAM MORRIS would have been wiser in life but he has not been able to stay to stay from DRUGS. It appears This former Red Raider who was drafted in the National Football League (NFL) had an annual income of over One Million Dollars but when it was all over he had a \$30,000.00 overdraft in a Kansas City, Mo. bank. What a shame for this to happen to this young man who is imprisoned at this writing. THIS N THAT hopes Bam Morris will get his act together. He is still a young man and hopefully he will get it together.

**CHECKS ARE IN THE MAIL!** THIS N THAT received a fax from U. S. REP LARRY COMBEST that advises of the upcoming TAX REFUND CHECKS from the Internal Revenue Service that is if you are a taxpayer. According to the fax the checks are on their way and will begin the week of July 23rd thru September 24th. TAXPAYERS will receive a refund check up to a maximum of \$300 for single filer up to \$500 for heads of households and up to \$600 for married couples. Anyway THE CHECKS ARE IN THE MAIL!!

**WILL PREACH FIRST SERMON!** THIS N THAT and wife BOBBIE are proud to announce of some good news from their son T. J. PATTERSON, J.R. in Austin, Texas who will PREACH his first sermon at the Mt. Santa Baptist Church in Austin, Texas come Sunday night July 29, 2001. He is an attorney for the Attorney General's Office in Austin while his wife URSULA is an attorney for Travis County in Austin.

**LOOKING GOOD AND PLAYING PIANO!** THIS N THAT as well as members of the Bethel African Methodist Episcopal Church were elated to see one of their own BROTHER SAMUEL CURTIS back in church last Sunday morning and at the piano. He has been ill for several months now he's back and LOOKING GOOD! He is well known for his many talents in the music field in our city. THIS N THAT says KEEP ON DOING WHAT YOU DO BEST, BROTHER SAMUEL CURTIS.

**PENNY HASTINGS THE BARBERS SAYS:** "THE BEGINNING doesn't mean anything it's the END, which really counts."

**MAKE PLANS TO HELP IN OUR SCHOOLS!** THIS N THAT is advising we have plenty of time to get ready for the UPCOMING SCHOOL YEAR and we all can get involved as we have never done so in the past. Let's get geared up to do what we can to help our LUBBOCK PUBLIC SCHOOLS. Our kids are depending upon us. So let's come up with excuses because there is much work to be done.

## CHILD SERVICES HEAD START PROGRAM ACCEPTING APPLICATION FOR FALL 2001

LUBBOCK Child Services, Inc. Head Start will accept applications for its 2001-2002 school year beginning Wednesday, July 18th and continuing through Friday, July 27th. Child Services, Inc. provides a full day Head Start program designed to aid pre-school children from low income families in developing their educational, physical, and social potential in preparation for public school. Enrollment is based on need.

Parents wishing to complete an application for their child will need the following documentation: Proof of all household income for the past 12 months, the child's birth certificate, and the child's Social Security card. Children must be 3 or 4 years old by September 1 - to be eligible for enrollment.

Child Services, Inc. will accept applications between 9:00 am and 4:00 pm at the following locations: in Lubbock and Slaton:

- Broadway Head Start Center, 2323 Broadway, (In the 13th Street entrance to First Christian Church)
- Estacado Village Head Start Center, 512 N. MLK, (In the main building of the Windcrest Estacado Apartments)
- Evans Head Start Center, 1200 E. Geneva, (In Slaton)
- Green Fair Head Start Center, 2902 A Weber Drive, (In the Green Fair Apartments off MLK)
- Windcrest Village Head Start Center, 1001 N. Indiana, (In the main building of Windcrest Village Apartments)

Child Services, Inc. does not discriminate based upon race, color, sex, national origin, disability, or religion. For more information contact Child Services, Inc. at 806-763-5261.

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For program enrollment, call: (806) 725-5460  
In Plainview, call (806) 296-4250

Covenant Center for Outpatient Diabetes Education

www.covenanthealth.org



www.american-diabetes-association.org

In addition to our program, we also have a Monthly Support Group in July:

"Getting into the Spirit of Diabetes"

Speaker: Jim Powell,

Chaplain for Covenant Health System

Monday, July 9th, 6:00 p.m.

Knipping Education/Conference Center

(atop Covenant Medical Center's West Parking Garage, 21st Street & Louisville Ave.)

No reservation required. Free to the public.



## FREE CANCER SCREENINGS

South Plains Cancer Education & Prevention Project

Early detection is important in most types of cancer. Community Health Center of Lubbock is offering free cancer screenings on Wednesday, July 11, and Thursday, July 12.

JULY 11th & 12th, 5:30 p.m. - 8:00 p.m.  
Community Health Center of Lubbock  
1378 Broadway

- Oral cancer
- Skin Cancer (Thursday only)
- Colorectal cancer (age 50 and older)
- Breast cancer (women only)
- Cervical cancer (women only)
- Prostate Cancer (men ages 50-65)
- Testicular cancer (men ages 18-35)

For registration or more information, call 765-2600 ext. 250. Medical service provided by Covenant Health System.

All exams are free, and financial assistance is available for women who are referred for mammograms.



Covenant Joe Arrington Cancer Center

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24th & Ave P



### NNPA: Credo of the Black Press

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