



God Bless America!

Southwest Digest

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50¢
Worth More!

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Local News

Stenholm Supports Infant Crib Safety Act

Washington, D.C. - Congressman Charlie Stenholm (TX-17) recently renewed his support of H.R. 3371, the Infant Crib Safety Act, which would improve the safety of second-hand cribs.

There currently are strict federal guidelines on the manufacture and sale of new cribs, but there are no rules regarding the sale or commercial use of second-hand cribs. More than 12,000 children are hospitalized and 30 children die each year as a result of injuries from unsafe cribs.

"I have three young grandchildren, and Cindy and I raised three children," Stenholm said, "so I know first-hand how important it is for parents to feel confident about the safety of their little ones."

The Infant Crib Safety Act would require thrift stores and retail furniture stores to remove decorative knobs on the corner posts of cribs prior to sale. Additionally, the bill would prohibit day care facilities, hotels and motels from providing unsafe cribs to guests or risk being fined. Stenholm supported similar legislation in the 107th Congress.

"More children die in baby cribs than all other juvenile products combined. We know, based on the 11 states that already passed crib bills, that the Infant Crib Safety Act will help prevent the tragedy of babies dying in old unsafe cribs. I hope Congress will approve H.R. 3371, so that Texas children, and all children, will be safer, and parents can enjoy a better piece of mind," Stenholm said.

Community Meetings

• Lubbock Area Client Council. Second Saturday, 1:00 pm • Mae Simmons Community Center • Hub City Kiwanis. Every Tuesday Night, 7:00pm, 1708 Avenue O • Durbor Alumni Association. 2nd Saturday 4pm • Booker T. Washington American Legion Post #08 2nd Tuesday, 7:30 • 2000 Cotton West Riders, First & Third Monday, 7:00 pm, T. J. Patterson Library • East Lubbock Chapter AARP. Every 1st Thursday at 1 pm, Mae Simmons Community Center, Oak and 8th St. • Lubbock Chapter of Black Alumni 2nd Tuesday, 9:00 am, 1111 Main Center • Durbor Multicultural People's Neighborhood Association. Meets Every Third Thursday 6:00 pm, 1301 East 24th Street (outside community house) • West Texas Native American Association. No-Luck Suppers on alternating Tuesdays prior to meeting, meeting held on second Saturdays of each month at 7:00 pm. Educational presentations and demonstrations. • Texas American Cultural & Historical Commission Lubbock Affiliates Meets at 211 Pleasant Branch, Fridays, 7:00-9:00 pm • West Texas Native American Association meets 2nd Saturday, each month at Glen's Library, 5520 10th Street, 7:30 • West Texas Chapter of 100 Black Men meets 4th Saturday evening at 7:00 pm, at the Parkway Neighborhood Center • The Parkway Gospel & Cherry Point Neighborhood Association meets the 3rd Tuesday evening of each month 8:00-9:30 pm, at Parkway Neighborhood Center.

We would like to publish your monthly meetings. If you would like for an announcement to appear in this paper, please get it to us in writing by mailing it to:

Community Meetings C/O: Southwest Digest
P.O. Box 2553
Lubbock, Texas 79408
or bring it to the Southwest Digest office at
902 East 23rd Street

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Officials Confirm First Flu Case in Lubbock Area

City of Lubbock Health Department officials report that the Lubbock area's first case of flu was diagnosed this week by a local physician and confirmed by a laboratory test. Influenza, or flu, is an acute viral illness of the respiratory tract characterized by fever, headache, muscle aches, runny nose and eyes, sore throat and cough. Flu can be a serious illness in those over 65 years of age, or those with underlying health conditions.

Flu is frequently indistinguishable from the common cold or other viral illnesses, and can only be definitively diagnosed by laboratory testing.

Flu can be spread from person to person by coughing, sneezing, or talking. Less frequently, flu can be spread when a person touches something (such as a door knob), then touches his or her own nose or

mouth. Therapy is mainly supportive or symptomatic, but there currently exist antiviral medications for at least one form of the virus. Aspirin should not be given to children between the ages of 6 months to 18 years with colds of flu unless directed by a physician. Persons feeling ill with fever and respiratory symptoms are encouraged to see their medical provider.

Most people who get the flu will feel better in one to two weeks, but others will develop more serious complications such as pneumonia, bronchitis, and sinus and ear infections.

The City of Lubbock Health Department recommends influenza vaccination (flu shots) for the following:

- All persons aged 50 years and older
- Residents of nursing homes and

- other chronic-care facilities
- Adults and children with chronic disorders of the lungs or heart, including asthma
- Adults and children who have chronic conditions such as diabetes, blood disorders, kidney disease, or any immune system disorders
- Women who will be in their second or third trimester of pregnancy during flu season, and
- Persons who can transmit flu virus to those at high risk including: health care workers, employees of nursing homes and chronic care facilities, persons who provide home care to persons at high risk, and household contacts of persons at high risk

The Health Department provides flu vaccine clinics at a nominal fee. Persons desiring flu vaccination are encouraged to call 775-2933 for clinic hours.

Ysabel Luna Seeks Commissioner Post for the Fourth Time

Ysabel Luna, a graduate of Estacado High School, announced in a press conference on Saturday, October 25, 2003, he will seek the office of Lubbock County Commissioner, Precinct 3.

According to Luna, this is his fourth attempt to win this post.

At present time, this post is occupied by Gilbert Flores, who is expected to seek another term.

In a prepared statement presented to the Southwest Digest, it said: "As a candidate, I'm very concerned of how our tax dollars seem to be abused and not prioritize expenditures to work in the best interest of all citizens."

He elaborated, "A \$579,899.90 Sky-bridge, that our citizens seldom use, is a sign of Abused Tax Dollars," he said.

Luna said he is very upset over the recent raise given to elected officials. "The famous \$8,000.00 raise to themselves which was approved by our Commissioners Court in 2001, is another sign of Abused Tax Dollars."

"I'm concerned about the way our future looks without us address-

ing the juvenile problems we have today. For example, in the past 5 years, we had 10 and 11 year old juveniles commit 145 felonies and 281 Class A & B offenses for a total of 426 offenses."

"I have met with LISD Superintendent Wayne Havens, with Police Chief Claude Jones, and Director of the Lubbock County Juvenile Justice Center, Mr. Brown. We all agree that our focus in the early stages of our children's lives have been directed after they begin to fall through the cracks, and not before," he said.

"If elected as your Commissioner, I will focus on bringing LISD and Texas Tech as educators, and all other entities in our community working with Child Development that are available to help create preventive programs," he continued.

Speaking on the recent sales tax election, Luna said: "A sales tax that is to be directed for major tax relief for some and next to nothing for others is an injustice. Comments made that citizens outside our city coming to visit and to

shop in Lubbock never contribute in the services they use, is a way to lure voters to vote for this sales tax increase. Fact of the matter is, that if this tax passes, our neighboring brothers from new Deal, Abernathy and Idalou will pay their hard earned dollars to invest in Lubbock's home property with nothing in return for their investment. Yet, still not being able to contribute to the services they use and satisfying the comments made against them.

"Having addressed these issues, I'm sure some of you are puzzled by my addressing non-county issues. So I will explain myself. My belief is that an elected official becomes an employee by the people for the people. Not the other way around, as we see so much this today. If elected, it is not only my duty, but my obligation to represent all citizens in my County Precinct in any issue that affects them in an unfair or unjust manner. Regardless if it is a school, city or state issue, I will always be at your service," concluded Luna.

Annual Legislative Conference Awards Dinner Brings Out Presidential Candidates and an Iraq War Hero

WASHINGTON, D.C. - The Congressional Black Caucus Foundation, Inc. (CBCF) concluded its most successful Annual Legislative Conference (ALC) in its 33-year history with a gala Awards Dinner tonight at the new Washington Conference Center. The sold-out dinner with more than 3,000 people in attendance, including presidential candidates and Iraq war heroes, saluted groundbreaking African-American leaders. Legislators, social activists, a neurosurgeon and a media-mogul philanthropist were honored for the unique and tireless work each has done to advance the African-American community.

"The awards we are bestowing tonight are more than recognition for work well done; they are symbols of deep appreciation that we hope will further encourage the recipients to continue running the race and fighting the good fight to save our people from poverty, inadequate healthcare and inferior public education," said Congressman William J. Jefferson, Chairman of the CBCF.

"This awards dinner is a celebration of battles won and a sort of pep rally to motivate us all to face the challenges ahead with confidence and determination," added

CBCF President Weldon J. Rougeau. "The statuette given to each honoree tonight is in the image of the great phoenix - the bird that rose from the ashes. The people we honor embody the spirit of the phoenix, as each one has risen through adversity to achieve excellence for themselves and the African-American people." Joining Forces - Working Together The awards dinner, which culminates four days of intense substantive Issue Forums and Braintrusts on public-policy issues that matter most to African Americans, exemplified the theme of the 2003 ALC: Collective Leadership: Challenging A Bold New World.

"The eight people we honor tonight represent government, private enterprise and the nonprofit world," said Congresswoman Juanita Millender-McDonald, Chairwoman of the 2003 ALC. "Leveraging this collective brainpower, talent, can-do passion and commitment will give us the strength we need to develop and implement effective solutions to the critical challenges facing African Americans today."

Founding Congressional Black Caucus Members Honorable Charles Rangel (D-N.Y.) and Honorable John Conyers, Jr. (D-

Mich.) both received the Lifetime Distinguished Service Award. The other honorees and their awards are as follows: Former National Urban League President and CEO Hugh Price, the William Dawson Award; Honorable James Clyburn (D-S.C.), CBC Chair's Award; Founder and President of the Children's Defense Fund Marian Wright Edelman, the Annual Legislative Conference Chair's Award; Honorable Eddie Bernice Johnson (D-Tex.), the Barbara Jordan Award; Benjamin Carson, M.D., Director of the Division of Pediatric Neurosurgery at Johns Hopkins Hospital, the Ralph Metcalf Award; and Founder, Chairman and CEO of Black Entertainment Television (BET) Robert Johnson, the CBCF Chair's Award.



"Vote For Me"

D'Mitri Deshawn Bibbs (Byrd) needs your help. Oh, isn't he a gorgeous, beautiful, handsome and cute. He is the son of Ashley and DeAndre Byrd, and the grandson of James and Eloise F. Bibbs.

He is asking for your votes. If you would like to vote for him, contact Ashley at (806) 744-2117, or contact her at 4310 East 64th Street. Please vote for D'Mitri Deshawn Bibbs (Byrd).

This annual event begins Sunday afternoon, November 23, 2003, at 1:00 p.m. at the Ramada Inn.

This event is sponsored by Teen Publications.



Iles Elementary Receives Statewide Recognition

The Southwest Digest, along with the Chatman Hill Neighborhood Association, wants to congratulate Iles Elementary School for receiving its first statewide recognition as one of the top magnet schools in Texas. Iles Elementary was established as a creative arts magnet school in 1978. It was the first elementary school to become magnet in Lubbock. Iles received the Glenn Hendricks MSTx Merit Award at the Magnet Schools of Texas Conference held in Dallas, Texas on October 29-31, 2003.

Dr. Brian Yearwood, principal, and several teachers attended the conference. Dr. Yearwood told the Southwest Digest: "We are proud that Iles received this prestigious award, and we are very honored to be a part of a dedicated staff."



Water for West Texas to Dominate Menu for BioScience Breakfast

Lubbock leaders will look to the future this month-by considering how to meet an ancient and fundamental need.

They'll attend a breakfast meeting of the Lubbock Regional BioScience Initiative to hear a nationally-known expert discuss "Technologies of the Future and How They Will Affect Water Conservation". The speaker will be Dr. Ronald Laceywell, assistant vice chancellor for agriculture and life sciences at Texas A&M University.

Dr. Laceywell is a graduate of Texas Tech University who has a up-close and personal understanding of the problems of this part of the state-because he still has irrigated farming interests in Haile and Floyd Counties. His talk will deal with "the ongoing efforts to develop cutting-edge technologies to provide West Texas with a consistent source of water for generations to come"-but he adds: "Technology alone can't save us." He says there must also be policies and incentives to help water users make the right decisions.

Dr. Laceywell will keynote the meeting from 7:30 a.m. Thursday, November 20, in the McInturf Conference Center of University Medical Center. From 9:15 a.m. to 10:00 a.m., a breakout session will feature a presentation and discussion by another Texas Tech graduate, James C. Conkwright, general manager of the High Plains Underground Water Conservation District 1. His topic will be "The Importance of Regional Collaboration for Water Conservation, Augmentation, and Management".

Tickets at \$12.50 each: cover breakfast, the keynote speaker, and the optional breakout session. Reservations may be made by calling Latrice Godfrey at Market Lubbock, Inc., 723-8241.

The BioScience Initiative is a program of Market Lubbock, Inc., designed to promote regional economic development, support established companies, and foster entrepreneurship within the bioscience industries.

Fashion Fun

by Shirley Roberson

Flat Out Stylish Footwear

They're chic, they are sexy. They look great with bare legs. If you are into good looks and comfort, flat footwear is for you. It's a way to mix fashion and fun with function.

Pretty delicate flats are more popular than ever right now.

Stitched or buckled,

jeweled or tooled, toes round or pointy, these little shoes are big on details.

Here's the low down ... flat wear are almost like going barefoot ... yet they give feet a festive, dressier look. They're feminine, practical and sexy ... THAT'S A

GOOD THING



Fashion Tip ... Always wear a smile Fashion ... Just for the fun of it

Council Poised to Implement Steps to Manage Lake Meredith' Water Shortage

One of the primary objectives of the City Council has been to focus on Lubbock's immediate and future water needs.

More than 9 months ago, the Mayor and City Council hired Water Texas, a water specialty firm, and formed the Water Commission to expressly look at Lubbock's water needs and available options. Water Texas' initial report to the Water Commission indicated that Lubbock's immediate water resources were adequate for the City provided Lake Meredith recovered from

recent drought conditions.

In light of continuing drought conditions at Lake Meredith and the recovery time for the Lake to replenish, the City Council is poised to implement steps that will ensure a continued adequate water supply for Lubbock residents and business development; including the City's drought contingency plan.

The City of Lubbock is reviewing a variety of immediate, intermediate, and long range steps to implement measures and develop options such as the development of a

program utilizing well water to irrigate City parks, revisiting programs that emphasize the importance of water conservation, and possibly increasing our use of well fields in Bailey County, Shallowater, and Lubbock.

Mayor Marc McDougal stated, "Exercising these options at this time is a prudent move in light of current conditions. Fortunately, because of the Council's proactive posture to study this issue over nine months ago, these options are available to implement."

Army & Air Force Hometown News

Air Force Airman 1st Class Brandy J. Poston has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Poston is the son of Joy and stepson of Bobby Zas of 72rd St., Lubbock, Texas.

His father and stepmother, Joe and Sylvia Poston, reside on Duke St., Lubbock.

He is a 2000 graduate of Coronado High School, Lubbock.

Air Force Airman Billy G. Speigel has graduated from basic military training at Lackland Air Force Base, San

Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Speigel is the son of Kimberly Winson of 38th St., Lubbock, Texas.

He is a 1998 graduate of Lubbock High School.

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CHATMAN HILLS CORNER

by Clarissa Jay

Thanksgiving praise from several choirs of community churches and great preaching will be held during the Thanksgiving Praise Service to be held at New Hope Baptist Church, 2002 Birch Avenue, beginning at 6:00 p.m. on Sunday evening, November 23, 2003. The

guest speaker will be the Rev. Leon Robinson, Founder and Pastor of the "Unto Him Encouragement Ministries" of Abilene, Texas.

This special effort is sponsored by Churches United For Kingdom Building, including Community Baptist Church, Lyons Chapel Baptist Church, New Hope Baptist Church, Pilgrim Baptist Church, and St. John Baptist Church. This organization has been organizing combined worship opportunities over the past few years.

The Patterson Branch Library, 1836 Parkway Drive, will host a discussion of the book "Men Cry In The Dark," by Michael Baisden at 2:00 p.m. on Saturday, November 15, 2003.

In order to celebrate the first anniversary of

the book discussion group, there will be a guest reader, door prizes, and a special drawing. Participants are encouraged to bring snacks to share. Punch and coffee will be provided by Friends of the Library. For more information, contact the Fatterson Library at 767-3300.

The Estacado High School Football Booster Club is selling Turkey and Brisket. If you are interested, contact either Coach David Moody, 766-1366, Nathan Cage, 763-8144 or Hillary Hutchinson, 745-5271. A special sale is being held through November 21, 2003.

Miss Pam Moton and members of the Praise Team of New Hope Baptist Church did a splendid job last Sunday afternoon, November 9, 2003, at the Bethel African Methodist Episcopal Church. This event was sponsored by the Male Chorus of Bethel. Rev. Danny Poe is pastor.

Time is approaching for the upcoming "Women In Crimson and Silver Banquet" which will be held on Friday evening, December 5, 2003, at the University Medical Center McInturff Center. Speaker will be Sister Margaret Moton. This event is being sponsored by the Women

Missionary Society of New Hope Baptist Church.

Let us continue to pray for our sick and shut in citizens. Among them who are hospitalized at this report are: Brother Harry Stokley, a patient in Covenant Hospital, Room 870-S; and Brother Virgil Johnson, Covenant Hospital, Room 963.

Also, Brother Cedric Johnson is shut-in.

Let us not forget those who have lost loved ones in our community. Among them is the brother of the Lewis family who passed last week.

Funeral services were held for Sister Ella Levine last Monday morning, November 10, 2003, at Bethel African Methodist Episcopal Church with Rev. Danny Poe, pastor, officiating.

Services were well attended last Sunday morning at New Hope Baptist Church. Rev. Billy R. Moton is pastor.

Rev. Moton's sermon was entitled "Neighbor, Let Jesus Minister To Those Bent Out of Shape." His scripture was St. Luke 13:10-17.



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WELLS FARGO

The Next Stage

Nothing helps a community like teamwork.



Charles "HOP" Hobby
Sales Consultant for Gene Messer Ford
Lubbock, Texas
"You Don't Have to Walk!"

Charles "HOP" Hobby graduated from the former Dunbar Senior High School in 1970. After graduating from high school, he attended the United States Air Force and served his country for three years. He attended college studying Family Studies. He became a counselor for ten years for the State of Texas. Charles is currently employed with Gene Messer Ford as a certified sales consultant, allowing him to sell thirteen different models of cars located in Amarillo, Dallas and Lubbock. Charles says, "Regardless of your financial status, I will get you in a car." "You don't have to walk." Drop by Gene Messer Ford and give Charles the challenge to get you in a car of your choice.



CHURCH DIRECTORY



WE THANK GOD FOR JESUS
"YOU'VE BEEN CHOSEN"

JOEL 2:28, THE LORD SAID, IT SHALL COME TO PASS AFTERWARD, THAT I WILL POUR OUT MY SPIRIT UPON ALL FLESH; AND YOUR SONS AND YOUR DAUGHTERS SHALL PROPHECY, AND YOUR OLD MEN SHALL DREAM DREAMS, YOUR YOUNG MEN SHALL SEE VISIONS.

ON A FRIDAY NIGHT NOVEMBER 21, 1979, MY FATHER, BILLY II, CALLED ME IN GARLAND, TEXAS, WHERE I WAS LIVING. HE SAID, HE HAD STOCKED THE FISHING TANKS, AND WHEN HE THREW GRAIN IN TO FEED THEM YOU COULD SEE THEIR BACKS 10 TO 12 INCHES LONGS. I TOLD HIM HE DIDN'T HAVE TO TELL ME THAT TO GET ME TO COME DOWN, BUT I SAID I WOULD. (I BEGAN TO THINK WITH A FISHING NET, WHAT A CATCH THAT WOULD BE.)

MATTHEW 4:19, JESUS SAID, FOLLOW ME, AND I WILL MAKE YOU FISHERS OF MEN.

I WAS RAISING AND TRAINING DOBERMAN DOGS. I HAD ONE THAT COULD CLIMB A LADDER, SHE WAS TOPS IN HER CLASS. I TOOK HER WITH ME. WE GOT INTO BRYAN, THAT MORNING IT WAS RAINING SO WE DIDN'T FISH. MY FATHER WAS A TRUCKER SO HE WENT TO WORK. MY MOTHER HAD A SISTER ABOUT 3 MILES FROM THERE, AND SHE'S BEEN IN THE MINISTRY FOR ABOUT 35 YEARS. WE WOULD HARDLY GO SEE AUNT ELLEN ALLEN, BECAUSE SHE WOULD ALWAYS TAKE ABOUT THE BIBLE, AND WE DIDN'T WANT TO HEAR ABOUT OUR LIVING IN SIN. WE DIDN'T WANT TO HEAR THE TRUTH, BUT I HAD TIME TO KILL AND I HEARD SHE WAS SICK, AND GAVE ME THE WORD OF GOD.

2 TIMOTHY 4:2, PREACH THE WORD; BE INSTANT IN SEASON, OUT OF SEASON; REPROVE, REBUKE, EXHORT WITH ALL LONG-SUFFERING AND DOCTRINE.

I WENT BACK TO THE HOME PLACE, AND MY FATHER HADN'T GOT OFF WORK, SO I WENT UP THE HILL TO HIS SISTER, AUNT DORENE MANLEY, WHILE WE WERE TALKING, SHE SAID, YOUR FATHER AND HIS WIFE WAS HAVING PROBLEMS, AND I SHOULD TALK TO THEM, SHE SAID I BELIEVE HE WOULD LISTEN TO ME. BUT I TOLD HER I DIDN'T WANT TO GET INTO THEIR BUSINESS. (DAD AND I WERE VERY GOOD FRIENDS, WE FISHED, HUNT, PLAYED POOL, AND DOMINOES, AND I DIDN'T WANT TO HEAR HIM SAY, MIND YOUR OWN BUSINESS.) WE WERE FRIENDS!!

JOHN 15:13, JESUS SAID, GREATER LOVE HATH NO MAN THAN THIS, THAT A MAN LAY DOWN HIS LIFE FOR HIS FRIENDS.

I WENT BACK TO MY FATHER'S HOUSE, HE HAD MADE IT BACK FROM WORK. AFTER EATING SUPPER, WE WENT TO HEARNE, TEXAS, FOR A SATURDAY NIGHT OUT. I DIDN'T TALK TO HIM ON THE WAY UP THERE, NOR ON THE WAY BACK (ABOUT THE FAMILY PROBLEMS)

PROVERB 9:8, REPROVE A SCORNER, LEFT HE HATE THEE; REBUKE A WISE MAN, AND HE WILL LOVE YOU.

SUNDAY MORNING AFTER I FINISHED EATING BREAKFAST WITH DAD, I CALLED BACK TO THE BACK BEDROOM TO HIS WIFE MISS OPHELIA MY STEPMOTHER, TELLING HER GOODBYE, AND I WOULD SEE HER THE NEXT TRIP. DAD WAS GOING TO BRYAN, TX, TO HAVE SOME DEER SAUSAGES MADE. SO I LOADED MY DOG, AND STARTED OUT TO GARLAND, TX. AFTER GOING ABOUT A MILE TO THE MAIN HIGHWAY, I WENT ABOUT 1/4 MILE AND HEARD A RUBBING SOUND, I PULLED OVER AND THERE WAS THREE OF THE FIVE BOLTS BROKEN OFF, I LOOK UP IN TIME TO SEE MY DAD TURN LEFT GOING TO BRYAN, AND I BEGIN SPEAKING AND THE LORD STARTED WORKING ON ME!!

REVELATION 3:20, JESUS SAID, BEHOLD, I STAND AT THE DOOR, AND KNOCK; IF ANY MAN HEAR MY VOICE, AND OPEN THE DOOR I WILL COME IN TO HIM, AND WILL SUP WITH HIM, AND HE WITH ME.

WRITTEN BY EVANGELIST BILLY B.J. MORRISON, III, YOUR BROTHER IN CHRIST JESUS.

from the Desk of Parson D.A. Smith Legislation Affecting TANF, food stamps, Medicaid, etc.



Being knowledgeable about your surrounding is very important. To ignore or take for granted issues that could affect your total being is not in one's best interest. It is therefore important to seek knowledge from credible sources that can guide one along life's way. However, the poor does are not always privilege to legal knowledge and therefore many times find themselves behind the "eight ball," so to speak, for the lack of information.

Case in point: The 78th Legislature a weapon through House Bill 2292 (HB2292) to expand the war against perceived fraud in health and human services programs (TANF, food stamps, Medicaid, CHIP, and unemployment compensation.)

Bruce P. Bower, Director of Advocacy and Client Services at the Texas Legal

Services Center, Austin, Texas wrote an article in Legal Front - Fall 2003 - Volume 4 No. 4, that is published by Texas Lawyers Care, the Pro Bono/Legal Services Support Project of the State Bar of Texas, defining House Bill 2292 and its impact on recipients of public funds.

Allow me to share with you a portion of his analysis of House Bill 2292 (HB2292).

A. Under section 2.19 of HB 2292, amending Government Code 531.102, abuse is added to the target for the inspector general of the Health and Human Services Commission (HHSC), joining fraud. HHSC is explicitly authorized to obtain any information or technology to ferret out abuse and fraud. The office of inspector general is entitled to access any information maintained by a health and human services agency.

B. Under section 2.21 of HB 2292, amending

Government Code 531.103, the HHSC inspector general and the Attorney General are to enter into a memorandum of understanding to develop and implement joint procedures for processing cases of suspected fraud, waste, or abuse as defined by state or federal law, or other violations of state or federal law, under the Medicaid, TANF, food stamp, and Children's Health Insurance Program (CHIP).

C. Under section 2.85 of HB 2292, amending Human Resources Code 22.040, the Medicaid, food stamps, and TANF programs are permitted to use "third-party information" to verify the assets and resources of applicants for and recipients of the listed programs. Third-party information includes information obtained from consumer reporting agencies, appraisal districts, and the Texas Department of Transportation's vehicle registration record database. For

several years Texas has used "data brokers" to verify income and resources in TANF and food stamp cases; section 2.85 of HB 2292 will now give impetus for the use of data broker information in the Medicaid program.

D. Under sections 2.136 through 2.139 of HB 2292, amending Penal Code 31.03, 32.45, 32.46, and 37.10, the Attorney General is given concurrent jurisdiction with local prosecutors to prosecute Medicaid fraud.

Other information will follow concerning this sweeping change by the 78th Legislature. If you are guilty of misuse of any these programs, you had better hire yourself a good private attorney or face the draconian consequences of Mr. Gilmore's Hotel.

The Outreach Prayer Breakfast

The members of the Outreach Prayer Breakfast wants all to know their thoughts are on the salvation of the Lost!

Let's Pray

Father, it is written in your word, first of all, I admonish and urge that petition, prayer, intercession and thanksgiving be offered on behalf of all men.

Therefore, Father, we bring the lost of the world this day. Every man, woman, and child from here to the farthest of the earth before you. As we intercede, we use our faith believing that thousands this

day have the opportunity to make you, Jesus, their Lord.

For everyone who has that opportunity, Satan, we bind your blinding spirit of anti-Christ and loose you from your assignment against those who have that opportunity to make Jesus Lord.

We ask the Lord of the harvest to thrust the perfect laborers across these lives this day to share the good news of the Gospel in a special way so that they will listen and understand it. We believe that they will not be able to resist the wooing of the Holy Spirit. For you, Father, bring them to repentance by your goodness and

love. We confess that they shall see who have never been told of Jesus. They shall understand who has never heard of you, Lord, and they shall come out of the snares of the devil who has held them captive. They shall open their eyes and turn from darkness to light. From the power of Satan to you, God. In the precious name of Jesus, we pray. Amen."

Here are some scripture references: I Timothy 2:1-2; Romans 2:4; Matthew 18:18; Romans 15:21; Matthew 9:38; and II Timothy 2:26.

Read II Chronicles 7:14 and Mark 11:22-26. Who do you have an ought against??

Thoughts For The Week: "Some are shouting about a God that's not manifested in their bodies." Think about it! "The Church was born in power, and it will go out of here in power." America take notice!

Thanks for reading, Precious People. Remember for all of you who are hurting people, our God is the answer. Sister Dorothy Hood, president; Sister Christene Burleson, vice president; and Sister Elnora Jones, teacher.

St. Matthew Baptist Church News

Last Sunday morning, November 9, 2003, services were great at the St. Matthew Baptist Church. The day began with Sunday School at 10:00 a.m.

The morning worship hour began at 11:15 a.m. with the morning devotional period.

Rev. Sister Nina Davis delivered the morning sermon. Her subject was "I Know Who Holds My Future! What About You?" Her scripture text was St. Matthew 6:25-31.

The Ushers of St. Matthew Baptist Church will sponsor a bake sale on Saturday, November 15, 2003, beginning at 10:00 a.m. in the Fellowship Hall.

Thought For The Week: "Never fear criticism when you know you are right. Never ignore it when you are wrong."



Bethel African Methodist Episcopal Church

2202 Southeast Drive

806-744-7552

Pastor's study 806-741-0208

dpoebethel@aol.com

Intercessory Prayer 8:30am

Church School 9:30am

Morning Worship 10:50am

Evening Worship 6:00pm

Wednesday Bible Study

12:00 Noon and 6:00pm



"God Our Father, Christ Our Redeemer, Man Our Brother"

Pastor: Danny R. Poe

AFFORDABLE FUNERALS

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* Headstones

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Thanksgiving Service

New Hope Baptist Church

2002 Birch Avenue

Lubbock, Texas

Rev. Billy R. Moton, pastor

"Thankful For Life Giving Faith"

Guest Speaker

Reverend Leon Robinson

Founder and Pastor of the

"Unto Him Encouragement Ministries"

of Abilene, Texas

November 23, 2003 6:00 P.M.

Sponsored By

CHURCHES UNITED FOR KINGDOM BUILDING

Community Baptist Church
Rev. Larry D. Brooks, pastor

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Rev. Wendell D. Davis, pastor

New Hope Baptist Church
Rev. B. R. Moton, pastor

Pilgrim Baptist Church
Rev. Wilburn G. Tanner, pastor

Saint John Baptist Church
Rev. Solomon Fields, pastor

In Remembrance...



Edna Canady-Matthews

LOCAL PASTOR'S SISTER SUCCUMBS IN CALDWELL

Caldwell, Texas—The sister of Rev. Edward Canady, pastor of the St. Matthew Baptist Church, Edna Canady-Matthews succumbed recently. Funeral services were held Saturday afternoon, November 8, 2003, at the

Galilee Baptist Church in Caldwell with Pastor Canady giving the eulogy.

Interment was held in the Mt. Zion Community Cemetery.

She was born August 22, 1937 in Caldwell, Texas, Burleson County. She was born to Bill Canady and Lillie Carroll-Canady. Both parents are deceased.

She attended Freeman High School in Caldwell, and married R.L. Matthews on October, 1954.

She has had membership in the following churches: Mt. Zion AME Church, Galilee Baptist Church, Holy Temple COGIC, First COGIC, Forest Hill COGIC, and Greater Victory Church.

She passed away on

Sunday, November 2, 2003.

She is survived by her children: Willie Darnell Mathews, Anthony L. Caldwell, Edna Louise Mathews-Smith (Keaneth), Lucy Mae Mathews, Dr. Myrthie JA. Hazel (Darrol), Michael Caldwell, Ray Mathews, Carey Boston, Sharanda Sneed, Aretha N. Mathews, Esther Mathews and Cecelia Mathews; siblings: Edward Canady (Shirley), Joe L. Canady (Cora), Walter Canady, Willie Canady, Dennis L. Canady (Lovie), and Chester L. Canady (Sarah); thirty plus grandchildren; fifteen great-grandchildren; and a host of loving nephews, nieces, cousins and friends.

She attended public school in San Angelo, Texas.

Mrs. Levine's father preceded her in death.

She leaves to cherish her memory: her husband of forty years, Lenton J. Levine of Lubbock, Texas; her mother, Mrs. Robbie Lee Dunn of San Angelo, Texas; two sons, Lenton J. Levine, Jr. and Lowell Scott Levine, both of Lubbock, Texas; a brother, Kenneth Dunn; two sisters, Alpearl Jones and Robbie Davis, all of San Angelo, Texas; four grandchildren, and a host of nieces, nephews, and friends.

member of Mt. Carmel Baptist Church where she remained a member until her death.

She passed away on Thursday, October 30, 2003, at Quality Care of Waco.

Those remaining to cherish her memory are her daughters, Mattie Daniels, Betty Wilkins and Bobbie Wallace; her sons, Ross Thompson and Shirley Thompson; 38 grandchildren, 42 great-grandchildren, 15 great-great-grandchildren, and several nieces, nephews, and friends.

Interment was held in Peaceful Gardens Memorial Park in Woodrow, Texas under the direction of Ossie Curry Funeral Home.

Casketbearers were Johnny Brown, Shelby Curry, E.J. Donaldson, Rodney Moore, Richard Rollison, Lester C. Brown, Cory Donley, Tyree Marshall, and T.J. Patterson.

Honorary pallbearers were members of the Trustee Department of Bethel, while flower bearers were members of the Missionary Society of Bethel.

Mrs. Levine was born to the parentage of Linton and Robbie Lee Dunn on July 20, 1943, in San Angelo, Texas.

at the Mt. Carmel Baptist Church with Rev. Jack Watson, pastor, officiating. He was assisted by Rev. Eugene Carter.

Interment was held in Dorris Miller Memorial Park under the direction of Littles & Sons Mortuaries of Waco, Texas.

Active pallbearers were grandsons.

She was born March 16, 1905 to Mr. John and Mrs. Malinda Blocker in Waco, Texas. She was the youngest of ten children.

She confessed in Christ at an early age in Bosqueville, Texas. Later, she became a



Ella Mae Levine

Funeral services for Ella Mae Levine were held Monday morning, November 10, 2003, at the Bethel African Methodist Episcopal Church with Rev. Danny Poe, pastor, officiating. The eulogy was delivered by Rev. Clarence Weatherspoon.



Lena Crain

LUBBOCK MAN'S AUNT SUCCUMBS IN WACO MRS. LENA CRAIN

Waco, Texas—Funeral services for Mrs. Lena Crain, an aunt of Willie Blocker of Lubbock, were held Tuesday morning, November 4, 2003,

Business Personal Property Rendition and Tax Amnesty

Texas business owners, unlike homeowners, pay property taxes not only on their real property but also on tangible personal property that is used in the operation of their businesses. Taxable business personal property items include but are not limited to: furniture, fixtures, equipment, signs, office machines, telecommunications equipment, heavy machinery, computers, vehicles, aircraft, tanks and fuel dispensing equipment.

Business owners are required to file an annual report of their business personal property, called a rendition, with the appraisal district where the property is located. However, since the law previously provided no penalty for not rendering, a substantial number of businesses have not filed a rendition as required by law.

A recent law passed by the Texas Legislature, Senate Bill 340 (SB340) imposes monetary penalties for not filing renditions. For 2004 and future years the penalty for failure to timely file a complete rendition is 10% of the total amount of taxes imposed on the property for that year. SB340 also imposes an additional 50% penalty if a court finally determines that a person filed a false statement with intent to commit fraud or evade the tax.

Because of this new law it is likely that previously unreported business assets will be discovered and back assessed for 2001, 2002, and 2003 as required by law. However, the Legislature included in SB340 a one time amnesty period from having omitted property added to the 2001 and 2002 tax rolls. To obtain amnesty for 2001 and 2002,

an owner must act before December 1, 2003 to ensure all of their business personal property is taxed for 2003.

This week those businesses that did not render this year, are being mailed a Special Amnesty Program Confidential Rendition for 2003 and a letter explaining the new law. Any business owner who believes that their personal property account(s) may have omitted property is eligible for amnesty from back assessments for 2001 and 2002, if they complete this special amnesty rendition form and return it to the appraisal district on or before December 1, 2003.

Copies of the form and more information are available from Lubbock Central Appraisal District, 1715 26th Street, telephone 806-762-5000 extension 340, web-site

Strength for Today hope for Tomorrow

by Gerald Jackson

Question: What is the difference between grace and mercy?

Answer: Before I answer the question, let me say a great big AMEN to God for both grace and mercy. Without these two wonderful blessings we all would be hell bound and hell deserving.

This question will be answered from the view-point of salvation. Obviously grace and mercy

Therefore having been justified by faith, we have peace with God through our Lord Jesus Christ...

do not send us to hell for sins we have committed against our Lord. Both grace and mercy only apply to those who are saved (see discussion about those who are saved in two previous issues). But, when one has been saved, that person has received grace and mercy. Paul tells us that faith introduces us to grace. "Therefore having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have obtained our introduction by faith into this grace in which we stand and we exult in hope of the glory of God." (Romans 5:1,2). To make sure that we understand the depth of His love for us God gives us his mercy "But God, being rich in mercy because of His great love with which He loved us, even when we were dead in our transgressions, made us alive together with Christ (by grace you have been saved), and raised us up with Him and seated us with Him in the heav-

enly places, in Christ Jesus, in order that in the ages to come He might show the surpassing riches of His grace in kindness toward us in Christ Jesus." (Ephesians 2:4-7).

God saved us by grace. It is the free gift of God (Romans 3:24). He withheld the punishment of eternal torment in hell for those who love Him and obey Him. He wants us to be with Him in glory forever. Thank God for grace and mercy. May His grace and mercy give you strength for today and hope for tomorrow.

Grace and peace,
Gerald P. Jackson



**PARKWAY
DRIVE
CHURCH OF
CHRIST**

Happiness: A Study

By Ruth Oron

For years I was unhappy. Like many other people, I was consumed with thoughts about how others didn't see me right and I felt hurt and angry most of the time. It never occurred to me that I was actually unhappy because I was so little interested in being fair to anything. I learned from Aesthetic Realism, the education founded by the great poet and critic Eli Siegel, that ethics and happiness are deeply related. We can't be selfish and careless about ethics and expect to be happy; in fact, it is impossible.

Recent issues of the international periodical The Right of Aesthetic Realism to Be Known serialized a 1949 lecture by Eli Siegel, "Aesthetic Realism and Happiness." In it he said:

"Happiness can be defined as the feeling that what one wants is going along with what the world is or does. That is what it deeply is: the utmost affirmation of oneself with the utmost acceptance of what is not oneself."

I had thought as many women do, that if I could just find the right man and build my life around him I would be happy. But this never worked. In her editorial commentary Ellen Reiss, Class Chairman of Aesthetic Realism explains:

"[T]he one way we will be happy is through feeling that we are related to everything, and through wanting to see meaning in what is not our-

selves. To be happy, we need to feel that things have to do with us—and not just some things, which we select from the universe while putting aside everything else: not just a "significant other" or nephew or son or car or rug or film or pastry or landscape. All these can be beginning points for feeling we have to do with everything. But people usually try to be happy by making a smaller world in some way, selecting some persons and things from reality, and saying everything else doesn't matter much."

I will never forget the joy I felt, when, after studying in Aesthetic Realism consultations and classes a very short time I was walking in my neighborhood in Queens and saw for the first time how I was related to things in the world. As I looked at the brilliant colors of the autumn leaves that had fallen on the earth—red, brown, ochre, dark burgundy, orange—I felt they were showing me how I wanted to be. They were a magnificent oneness of something flamingly exuberant and also fading. In their beauty, they made sense of the way I could swing painfully between being so lively one moment and then wanting to withdraw into myself and stay home in bed. "All beauty," Mr. Siegel explained, "is a making one of opposites, and the making one of opposites is what we are going after in ourselves." Seeing these leaves that fall I felt as never before that the

world could make sense and that I could like myself.

The greatest interference to happiness, which we select from all injustice, Aesthetic Realism explains is contempt, the "false importance or glory from the lessening of things not [one]self." I am so grateful I learned that the drive I once had to be disgusted with things and people was contempt, and although I got a triumphing feeling I was superior to nearly everything and everyone, this was the reason I felt miserable. I came to see I had been missing out on the real pleasure and wonder of seeing what people and things are and how they could add to me, have me know myself.

A large reason why I feel impelled to have what Aesthetic Realism says on this subject known is that I am sure if people are happier our dear world will be a kinder and safer place. In order to really feel good, I learned, we need to ask and answer these ethical questions: "Am I just to other people and things?" and "Do I see other people's feelings as real as my own?" Through the education of Aesthetic Realism, people feel that their happiness is solidly based—that is the real thing at last!

To know more about Aesthetic Realism visit www.AestheticRealism.org. And you can call (212) 777-4490.

November is Adoption Awareness Month



Adopt-a-Thon
Thursday, November 13
4 p.m. to 7 p.m.

Learn about children who are available for adoption and visit with Child Protective Services staff about the adoption process.

Texas Department of Protective & Regulatory Services
 Child Protective Services Division
 #7 Briercroft Office Park (57th and Ave. P)
 Lubbock

For More Information on Fostering and Adopting,
 Call 806-762-2680

COOKING CORNER

Brisket & Biscuits - Perfect for Tailgating

It's that time again — when many schedules are planned around the next college football game. Which ever team you support, the weekend game with its tailgate party is an event to look forward to. For many, the food served at the tailgate party is almost as important as the game itself.

Tailgate meals can be cooked at the party or prepared at home and carried along; many new products for transporting foods make it easy. One carrier includes a microwavable heating pad that is heated and placed under the hot food; these carriers help to keep foods hot for hours. For food safety reasons, it's important to keep hot foods hot and cold foods cold.

You can't lose when you kick off the new football season with Kick-Off Brisket. Brisket is a cut of beef that tastes best when cooked in a sauce. The culinary professionals at Pioneer Brand recommend their new recipe that uses Bloody Mary mix, carbonated soda and gravy mix to give brisket a tasty "kick." "This recipe is great because it can be made a day ahead and then reheated just before you leave for the tailgate party," says Marrgi Walstrom, culinary professional for Pioneer Brand.

Serve the brisket with herb-seasoned "Game Thyme" Biscuit Squares. For the best flavor, the biscuits should be baked the day of the game—



but the preparation won't take long. "These biscuits are easy to 'tackle' because there is no rolling and cutting out. Simply pat the dough into a baking

dish, cut it into squares and bake for about 15 minutes," explains Mrs. Walstrom.

BRISKET AND BISCUITS - PERFECT FOR TAILGATING

To round out your menu, serve the Kick-Off Brisket and "Game Thyme" Biscuit Squares with carrot and celery sticks or a tossed green salad and your favorite beverage. Be sure to make plenty to feed all of your favorite football fans.

Kick-Off Brisket

1 large onion, sliced
 1 extra-lean beef brisket (4 1/2 to 5 lb.), all visible fat removed
 1 cup Bloody Mary mix (mild or hot)
 1 cup lemon-lime soda (8 oz.)
 Juice of 1 lemon (about 1/3 cup)

2 teaspoons Worcestershire sauce
 1 package (1.61 oz.) Pioneer Brown Gravy Mix (No-Fat or Regular)

Layer onions and beef in large roaster or 13x9x2-inch baking pan or dish. In 4-cup glass measure, stir together Bloody Mary mix, lemon-lime soda, lemon juice and Worcestershire sauce; whisk in gravy mix. Pour over beef; cover tightly with foil. Bake at 325° for 3 hours or until beef is tender when pierced with a fork. Cool for 15 to 20 minutes. Cut across the grain into thin slices. Arrange beef in 13x9x2-inch baking dish or toteable carrier. Pour sauce over beef. Cover; keep warm until serving time or refrigerate and reheat as needed; Serve with "Game Thyme" Biscuit Squares. Makes 8 to 10 servings;

"Game Thyme" Biscuit Squares

3 cups Pioneer Buttermilk Biscuit & Baking Mix
 1 tablespoon finely chopped fresh parsley
 1/2 teaspoon dried thyme leaves
 1 cup sour cream
 1/2 cup milk
 2 tablespoons butter or margarine, melted

In mixing bowl, stir together biscuit and baking mix, parsley and thyme. In 2-cup glass measure, combine sour cream and milk; stir into biscuit and baking mix mixture until dough forms a ball. Turn out onto surface dusted with additional biscuit and baking mix. Knead 10 times. Place in 8x8x2-inch pan or 8x6x3-inch toteable dish. Using a knife, cut dough into squares. Drizzle with butter. Bake at 400° for 18 to 20 minutes or until golden brown. Cover loosely; keep warm until serving time or reheat as needed. Serve with Kick-Off Brisket. Makes 8 to 10 biscuits.

Helpful Tip: When measuring biscuit and baking mix, gently spoon mix into nested (dry) measuring cup/s. Using a metal spatula or straight-edged knife, level off the top.

For more information, visit the Pioneer Brand Web site: www.pioneerbrands.com



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Territory Sales Person Trainee

U.S. Foodservice is one of the largest foodservice distributors in the United States distributing food and related products to restaurants and institutional foodservice establishments across the entire country. U.S. Foodservice markets and distributes more than 43,000 national, private label and signature brand items to over 300,000 foodservice customers and employees more than 28,500 foodservice professionals.

The Lubbock Division of U.S. Foodservice is looking for a Territory Sales Person Trainee to work Eastern New Mexico area.

You should possess:

- A college degree and/or 5 years foodservice management experience.
- Foodservice sales experience is preferred.
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- Must have excellent time management skills, ability to meet deadlines, work without supervision, good communications skills and dependable transportation.
- Relocation is required.

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Greg.George@usfood.com
 Reference posting 03-00020

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Dunbar-Manhattan Heights Neighborhood Association Is Sponsoring

Autumn Bazaar



"Crafts 'N Things"



Date: Saturday, November 22, 2003

Time: 10 a.m. until 6 p.m.

**Location: 1301 East 24th Street
 (East of East 24th Street Overpass)**

Concession will be available



Spaces for rent are available.
 For additional information, contact 747-8732 or
 Emma Jackson at 762-3350



Editorials • Comments • Opinions



What Are You Contributing to the Cause?

by Eddie R. Richardson

For our long denied communities to become self sustaining market places, we must do our part to make it happen. Anyone can sit around moaning, groaning, complaining, and criticizing those who are trying to make things happen. We must reverse that trend and become pro-active instead of always being negative. The ones who complain the most does the least.

The time has long passed when we sit around blaming others. Say they, you, need to, what about you are sick, handicapped that you can't help make things better? We must also educate our dollars. Support those who support our causes, community and needs. Train our dollars to not go to the leeches, but to those who support our communities.

But for our communities to become viable forces in

the general community, the leadership and initiative must come from us. You long we have sit around waiting for someone else to do for us what we must do for ourselves to be successful. We must work with others by using their resources, money, knowledge, influence and guidance to help us to get to the level playing field. But, we do not need them to take us by the hand and lead us to the promise land. No one, but us can get us there, because of past ills. We need help to help us, but remember no one can save us from us, but us!

When we learn to stop being our own worst enemy, and start to love, respect, support, and trust each other, we will forever be in this hole.

But, we are not midgets, we are giants standing in deep holes, and the sky is the limit. Then, and only then, we can and we will become competitive at the market place with our goods and

services. Then we will realize that the other persons ice is not colder nor is their sugar sweeter.

This is a two way street. We have to be competitive. We should not deal or trade with each other, because of who we are, but, on the other hand, we have to produce and be competitive. We should not run each other down before we have given them a chance. It has to be done both ways, because a dollar is a dollar.

Once we put our minds, resources, brains and dollars together for the good of all of us, we can flourish if we have love, trust, and respect for each other.

Remember, the longest journey begins with the first step. The greatest accomplishments in the world begins with an idea, dream, and then action. Nothing is impossible for those who follow the dream with action. Yes, I can! Yes, I will! Nuf Sed! WHY Not?



In Cinque

by Renetta W. Howard

At a time when Congress, our senators and representatives have sent our President eighty-seven billion dollars (\$87,000,000,000.00), in addition to the seventy-nine billion (\$79,000,000,000.00), that it appropriated in April, 2003, poor working Americans are struggling to survive on a modest income of five hundred dollars if they receive SSI (Supplemental Security Income) from the Social Security Administration. This is given to people whom have not met the requirements of forty quarters of work covered deductions for Social Security benefits.

One must work ten (10) years and have forty (40) quarters of covered employment to receive benefits at age 62 or earlier if one is disabled. Disabled, by the Social Security

Administration means that you are not able to do anything! If you complain and appeal long enough, they may award you the SSI.

There are some jobs on which workers received such low covered employment until when they do retire, the benefits are so low that these persons may be eligible for SSI along with their Social Security award, thus making them eligible for Medicaid coverage as well as Medicare. The help given to American citizens is good, but not good enough to really call this kind of living adequate in a society which can literally spend billions of hard-earned American tax dollars on any country which has the kind of resources that are found in Iraq, Iran and Afghanistan, and when brought to this country, is too expensive for citizens to purchase. We can give \$87 billion to Iraq who owns the oil that we are not able to purchase without missing a meal here and there. Americans who do not receive SSI are unable to purchase oil and oil

products because of the elevated prices whose revenues lines the pockets of the rich and infamous corporate leaders and politicians in America and abroad.

Working Americans who pay into Social Security and secure 40 quarters of coverage still have a shocking awakening if they worked as a government employee in a state which does not deduct social security taxes from their paychecks and as a result receive a government pension each month. At retirement, they will find that they will be penalized with the GPO (Government Pension Offset) and/or the WEP (Windfall Elimination Provisions). A worker's social security benefits from that worker's account, and such a worker cannot receive their spouse's benefits either. It is time that we get 'in cinque' and let our congressmen know that Senate Bill 349 and House of Representatives Bill 594 need to be passed to eliminate the GPO and WEP.

THIS N THAT

STUBBS SKATE PARK WELL RECEIVED! THIS N THAT... had an opportunity to witness the... GRAND OPENING... of the ... STUBBS SKATE PARK ... which has been a goal for several years ... Last Saturday morning ... SKATE BOARD SKATERS ... were in attendance for this effort ... This is the first skate park in Lubbock ... and plans are on the drawing board for a ... REGIONAL PARK ... at McAlister Park in the future ... THIS N THAT ... learned that in the United States of America ... there are at least ... 10,000,000 PARTICIPANTS ... who take advantage of this new recreational activity ... This skate park is located at ... 36th Street and Avenue N ... No doubt about it ... with the opening of this park ... which was funded by the Community Development Block Grant ... LUBBOCK SKATERS AND BIKERS ... finally have a place to practice their sport ... The ... PROBLEM IS ... there are still far more skaters than the park can accommodate...

HOPE UNCF TELETHON WILL BECOME A REALITY! THIS N THAT ... has visited with an official from the Dallas Office of the ... UNITED NEGRO COLLEGE FUND (UNCF) ... and several members of the Lubbock grad chapter of ... ALPHA KAPPA ALPHA SORORITY, INC.... several weeks ago ... Hopefully ... since this local chapter sponsored the local telethon years ago ... hopefully ... it will become a reality in the near future ... It is another option for our young people ... This a good opportunity ... and let's hope something comes of this effort ...

PENNY HASTINGS THE BARBER SAYS: "KNOWLEDGE ... is worthless to anyone ... if he has to ... KEEP RUNNING ... to other people for advice ... on how ... TO USE IT" CHRISTMAS EXHIBIT SLATED! THIS N THAT ... has learned that a new exhibit ... is slated to open ... NOVEMBER 17... in the Pioneer Gallery ... housed in the University Library on the Lubbock Christian University campus ... The exhibit is named ... "GOOD TIDINGS OF GREAT JOY" ... with block prints by ... SAM AYERS ... The hours are regular library hours ... and for further info ... call ... (806) 720-7326 ... for hours ...

MAE SIMMONS PARK USED MORE THESE DAYS! THIS N THAT ... has noticed the many the large number of ... ATHLETES ... who use the ... MAE SIMMONS PARK ... during weekend ... as it was last Saturday morning ... This park is ideal for ... LONG DISTANCE RUNNING ... and boys and girls from all over West Texas ... are seen participating frequently ... This is great! Another good omen that ... EAST LUBBOCK ... is still moving up a little higher ...

HAVE YOU VISITED A SCHOOL THIS SEMESTER? THIS N THAT ... is still asking those who will and have the time ... to ... VISIT A SCHOOL ... during the semester ... In the past ... emphasis has been given on the Lubbock schools ... but any school is important to see you visiting it ... and if you have time ... why not try lunch ... One of our citizens ... SISTER ANNIE DAY ... takes time to visit our schools regularly ... why not join her ... she'll be glad to have you go with her.

GOOD TO HAVE JUNETEENTH LADIES AT CITY COUNCIL MEETING! THIS N THAT ... was glad to see the young ladies ... who participated in the ... MISS LUBBOCK JUNETEENTH SCHOLARSHIP EVENT ... this summer ... Each young lady received a ... SPECIAL RECOGNITION ... from Mayor Marc McDougal ... After leaving City Hall ... the young ladies had lunch at the Lubbock Club ... All were very good ambassadors for the ... LUBBOCK EMANCIPATION JUNETEENTH COMMITTEE ... THIS N THAT ... calls all of them ... WINNERS! These young ladies are ... students at ... ESTACADO HIGH SCHOOL AND MONTEREY HIGH SCHOOL.

GET INVOLVED WITH FEASIBILITY STUDY! THIS N THAT ... is asking all ... CITIZENS ... of North and East Lubbock ... to get involved with upcoming Feasibility study ... This study ... is being paid for by the ... CITY OF LUBBOCK AND LUBBOCK INDEPENDENT SCHOOL DISTRICT ... It should be completed in at least sixteen months ... So when there is a meeting in your ... NEIGHBORHOOD ... please attend ... The ... RESULTS ... of this study ... will determine what we will have in ... NORTH AND EAST LUBBOCK ... in years to come ...

SERVICE IS OUR PASSION

Nevan Baldwin, M.D.

and his team at UMC Health System provide the most comprehensive level of neurosurgical services available in the region. Along with Dr. Baldwin, UMC is home to some of the nation's best doctors, many of whom are top professionals in their specializations. Dr. Baldwin's tireless commitment to healing is evident in his association with numerous professional groups. Dr. Baldwin is Board Certified in Neurological Surgery. He is also a member of the American Association of Neurological Surgeons (AANS) and the Congress of Neurological Surgeons (CNS). Dr. Baldwin is currently the chairman of the AANS/CNS Joint Section on Disorders of the Spine Society and the American Paraplegia Society.

Dr. Baldwin and his wife, Kathleen have three children: Kaitlin, Nick and Robert.

Nevan G. Baldwin, M.D.
Neurosurgeon



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If you find mistakes in this publication, please consider that they are there for a reason. We publish something for everyone, and some people are always looking for mistakes.



Photography by Gerald

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Mobile 806/438-5091
2412 Cedar Ave
Lubbock, Texas 79404

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"Real Change Takes Place From The Inside Out!"
Look for Our Ad on page 12 In Your Southwestern Bell Yellow Pages

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Premium Crop \$1.00 per pound -- You Pick
Call ahead for custom pick
Jimmy Harden 745-9261
Hwy 87 & FM 1585 -- Go South 3/4 mile
East Access Road. House with Red roof.

THIS WEEK IN HISTORY

Compiled and Edited by Dr. Michael Ward
November 16 - November 22

It Happened ...

* Monday, November 16, 1676: The first prison in the American colonies was established at Nantucket, MA.
* Thursday, November 19, 1863: President Abraham Lincoln, asked to speak "a few appropriate remarks" at the consecration of the Gettysburg, Pennsylvania Civil War battlefield, delivered his famous and much-quoted "Gettysburg Address." It was four paragraphs long and lasted about two minutes.
* Saturday, November 20, 1866: Howard University was initially founded as Howard Theological Seminary in Washington, DC when ten missionaries resolved to establish a school for the education of African American clergymen. By early 1867 the mission had broadened to a liberal arts institution for the training of black teachers and preachers for the purpose of educating the nearly 4 million newly-freed slaves. Named for Major General

Oliver O. Howard, a Civil War hero and Commissioner of the Freedmen's Bureau, the University was incorporated in March 1867 and accepted its first students in May 1868. It's many, many distinguished alumni include sociologist E. Franklin Frazier, statesman Ralph Bunche, and Supreme Court Justice Thurgood Marshall. Today Howard University boasts an international enrollment of over 8000 students in 42 schools and colleges.
* Saturday, November 16, 1907: Indian Territory and Oklahoma Territory were unified to make Oklahoma, the 46th US state. Black settlers had founded more than 30 towns before statehood.
* Tuesday, November 20, 1945: The Nuremberg Trials began, with 24 top-level Nazis being held accountable for atrocities committed against millions of Jews and others during World War II. Twelve were executed, Gestapo founder Hermann Goering committed suicide, and the remainder, including Hitler's deputy Rudolph

Hess, spent their lives in prison.
* Friday, November 22, 1963: John F. Kennedy, 35th president of the United States, was shot to death in Dallas, TX, at age 46.

In Sports History:

* On Friday, November 16, 1962: Wilt Chamberlain, great black basketball center scored 73 points for the San Francisco Warriors against the NY Knicks.
* On Sunday, November 19, 1969: brilliant soccer player and World Cup champion Pele the Great from Brazil kicked his 1000th goal.

Born ...

* Wednesday, November 18, 1787: Sojourner Truth (born Isabella), black abolitionist, orator and former slave, in upstate New York. She remained a feminist and an advocate for the betterment of freed slaves until her death in 1883.
* Sunday, November 22, 1868: John Nance Garner, 32nd US vice-president (1943-1941 under FDR), near Detroit, TX. John

Kennedy called to wish him a happy birthday on the day that Kennedy was assassinated. Garner died in 1967.

Died ...

* Friday, November 18, 1994: Cab Calloway, black bandleader and the first jazz singer to sell a million records, at age 86.
* Thursday, November 20, 1969: Harold E. Ward, black labor leader, in Chicago, IL, at age 48.

Sign of the Zodiac:

SCORPIO, the eighth sign of the zodiac, symbolized by a scorpion. People whose birthdays fall between October 23 and November 21 are said to be born under the sun sign of Scorpio. The planet Pluto rules Scorpio, which is a water sign.

Astrologers consider Scorpios to be energetic, passionate, deep, intuitive, and secretive, with a great deal of self-control. They also believe that Scorpios can be willful, stubborn, and easily made

jealous. Astrologers consider Scorpio perhaps the most extreme of all signs. The intensity and focus of Scorpios gives them great ability to see a project through despite all obstacles. Their strong leadership qualities, incisive analytic abilities, energy, and desire for financial security can make them motivated career people. Many Scorpios also like to flirt with danger and push themselves and those close to them to their limits. Professions traditionally associated with Scorpio include forensics, law enforcement or detective work, the military, medicine, psychology, big business, and recycling.

It's A Fact!

Seated next to his wife Jacqueline, who rarely accompanied him on political visits, on a pre-campaign trip which many of his advisors felt was an unnecessary excursion into "hostile Texas," President John F. Kennedy sustained multiple gunshot wounds while riding in a motorcade in an open limou-

sine in Dallas at 12:30 pm on Friday, November 22, 1963. He died about one-half hour later at Parkland Memorial Hospital. He was 46 years old, and had been in office two years, 10 months, and two days. At 2:28 pm that same day Vice-President Lyndon B. Johnson was sworn in as the 36th president of the United States. The nation watched in stunned silence as television provided nonstop coverage of the assassination and the funeral. President Kennedy's accused assassin, Lee Harvey Oswald, was killed on Sunday, November 24, 1963 while being transported to a county jail facility. At 11:21 am Jack Ruby opened fire with a .38 Colt revolver in the basement of the Dallas city jail, in front of rolling TV cameras. Oswald never confessed, Ruby died of cancer in January 1967, and various theories about a possible conspiracy in the assassination of JFK still abound.

Keeping Our Promises to Veterans

Congressman Charlie Stenholm's Monthly Column

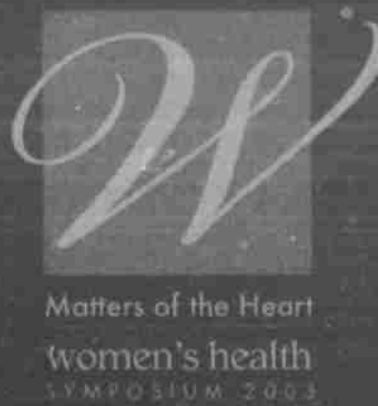
We must neither forget nor ignore the debt we owe to those who have served the United States so nobly. In wartime, the very best of our young people are asked to risk and possibly lose their lives in order to advance our national interests. In peacetime, answering the call to military service also requires a great deal of hard work and sacrifice. Whether in war or in peace, the sacrifices made to serve our country cannot be ignored, and on Veterans Day, we should be very grateful to those who answered the call to duty.

Veterans Day brings to mind images of war and loss, of victory and triumph, and of the welcome return home. After the conflict is over, service personnel return as veterans to live out their lives. Their honorable service earned a debt of gratitude to be paid not only in the form of national holidays and parades, but also in the form of access to healthcare and health benefits for themselves and their spouses, and in the form of full pay, both retirement and disability. Veterans are indeed remembered on their special days, but during the rest of the year they are increasingly forgotten. Too many officials have paid lip service to veterans, have made promises to honor old vows, but soon after Election Day these officials cast aside their own commitments.

Can we in good conscience ask today's troops, who are risking their lives overseas, to return home to broken promises and half-hearted funding of hard-earned benefits? Unfortunately, this monstrous request has been made several times this year by those who had waved the flag in front of veterans and told them they will be remembered, only to ignore those same promises when it came time to make tough choices in Washington.

This disturbing cycle of forgetfulness towards our veterans must end. I am proud to have joined the fight to honor the promises made to our veterans. Our nation has been in a state of war for most of 2003, and for me this very fact has brought into sharp relief how we have treated our veterans when their honorable service is done. When we think about our combat troops in Iraq and Afghanistan - who bravely face danger - we are thinking about tomorrow's veterans.

I am fighting to help veterans benefit from the promises that were made to them. I am fighting to help them gain their full retirement and disability pay, to have full access to healthcare at fully funded facilities, to realize the promises made to old cold warriors for dependent care, and to help the surviving spouses of deceased veterans. The fight I am in is not only for today's veterans, but for the young folks who are in a dangerous fight today, who will become veterans tomorrow.



A free health and educational fair, especially for women!
Enjoy FREE screenings and services, and hear nationally recognized speakers!

8:00AM
Booths open, screenings begin,
FREE continental breakfast served

9:15AM
Opening remarks and welcome

"The Woman's Heart Initiative at Covenant"

9:30AM
"Stress and Heart Disease"

10:30AM
"The Unique Qualities of Heart Disease in Women"

12 NOON - 1:00PM
FREE lunch served (reservations required)
and keynote speaker
"Women and Heart Disease," Colatta Barrett,
National Chair, American Heart Association

1:00PM - 2:00PM
Booths and screenings resume

Saturday, November 15
8:00 a.m. - 2:00 p.m.

Lubbock Civic Center
1501 6th Street

Though lunch is FREE, reservations are required.
Call 725-0476 for reservations or for more information.

- FREE Screenings and Demonstrations:**
(available 8:00AM to noon and again from 1:00PM to 2:00PM)
- Cholesterol/Lipids Profile and Glucose
 - Blood Pressure
 - Oxygen Saturation
 - Peripheral Vascular Disease
 - Varicose Veins
 - Exercise and Fitness
 - Heart Healthy Cooking
 - Bone Density
 - Yoga
 - Massage
 - AAA (Abdominal Aortic Aneurysm)



Covenant
Heart Institute

Services for Women