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Southwest Digest

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1302 Avenue Q
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February 3 - February 7, 2005

VOL. XXVII, No. 21



An Independent Historical Newspaper for All People's Primary, Serving the Black Population of Lubbock County and the Surrounding Area's Black Press of America



Community Meetings

This is a list of what is happening in Lubbock, to help complete the unfinished community-building work of Dr. Martin Luther King, Jr.

- Lubbock Area Client Council meets on the 2nd Saturday, 1:00pm at the Patterson Branch Library
- Hub City Kiwanis meets every Tuesday, 7:00pm, 1708 Avenue G
- Dunbar Alumni Association meets 2nd Saturdays, 4:00 pm
- Booker T. Washington American Legion Post 808 meets every 3rd Thursday at 7:30pm, American Legion Building in Yellowhouse Canyon
- Forgotten West Riders meets on the 1st & 3rd Mondays, 7:00 pm, Patterson Library
- East Lubbock Chapter AARP meets every 1st Thursday at 1:00 pm, Mae Simmons Community Center
- Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, T.U. Market Alumni Center
- Dunbar/Manhattan Heights Neighborhood Association meets every 3rd Thursday at 6:00 pm 1303 East 24th St. (outreach center/party house)
- West Texas Native American Association Pot Luck Supper meets on alternating months prior to meeting, meetings held on 2nd Saturday of each month at 7:00 pm, Educational presentations and demonstrations.
- Texas Juneteenth Cultural & Historical Commission - Lubbock Affiliate meets at Patterson Branch Library every 3rd Thursday 7:00 pm
- West Texas Native American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30 p.m.
- West Texas Chapter of 100 Black Men meets the 3rd Monday evening at 7:00 pm at the Parkway Neighborhood Center.
- The Parkway Guadalupe & Cherry-Point Neighborhood Association meets the 3rd Tuesday evening of each month at 7:30 pm at Parkway Neighborhood Center.

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Bura "Yogi" Russell, Jr. honored for years of service

More than 200 Lubbock citizens and well wishers attended a special reception for Bura Anthony "Yogi" Russell, Jr. for his 40 years of dedicated service to the Lubbock Club on Tuesday evening, December 28, 2004.

He was hired December 28, 1964 by the late Gordon

Thompson, who was president of the Lubbock Club at that time. He was also a former general manager of KFYO Radio. "You know, Gordon and I had something in common. You see, we were both born on August 28th," said Russell.

"You know, I am proud to have been an employee of the

Lubbock Club for 40 years. For six of those years, I worked a split-shift," he said. "I just love the people and my job. I just look forward to coming to work," he continued with a smile.

He made it known how dependable he has been at the Lubbock Club. For example, if he had to report to duty by 10:00 a. m., he is often seen at his post of duty at 8:00 a. m.

When asked about some of the people he has met over the 40 year span, he'll tell you he has met two Presidents, George H. Bush, 41st President; and his son, George W. Bush, 43rd President. Also, Barry Coleman, Andy Devine, Rod Cameron, Lorene Green, and Dale Robertson.

He told of a high light in his life while a student at Dunbar High School. "I ran track and the late Coach Damon Hill had me running the 880. I did so well that Coach Hill awarded me with a sweater with the Dunbar "D." Now, to me, that was something I will never forget," said Russell.



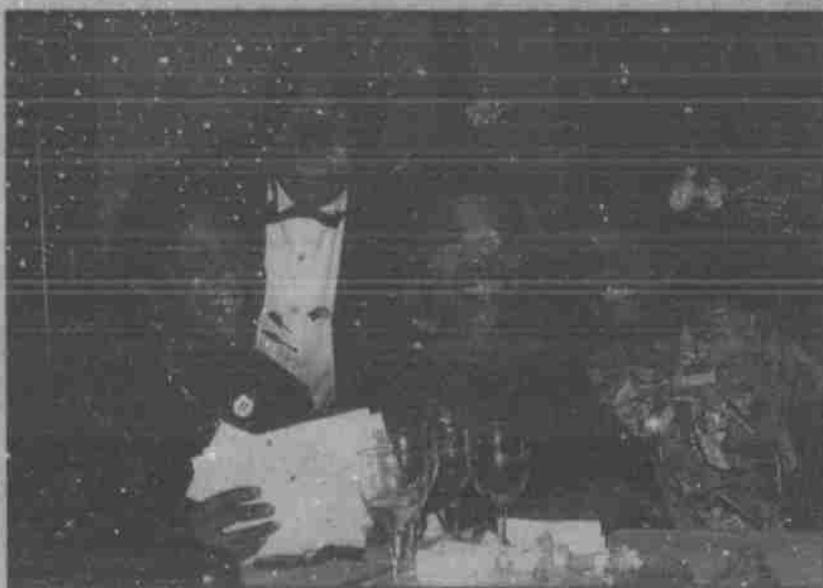
Gary Lawrence, at left, is shown with Bura Anthony "Yogi" Russell, Jr., at right, after being presented with the plaque which bears his name.

Known to many as "Yogi," he has been married to Carrie Russell for more than 40 years.

When asked what kind of advice he would give young people, he said: "Dress nice. Be presentable. Be on time, and do

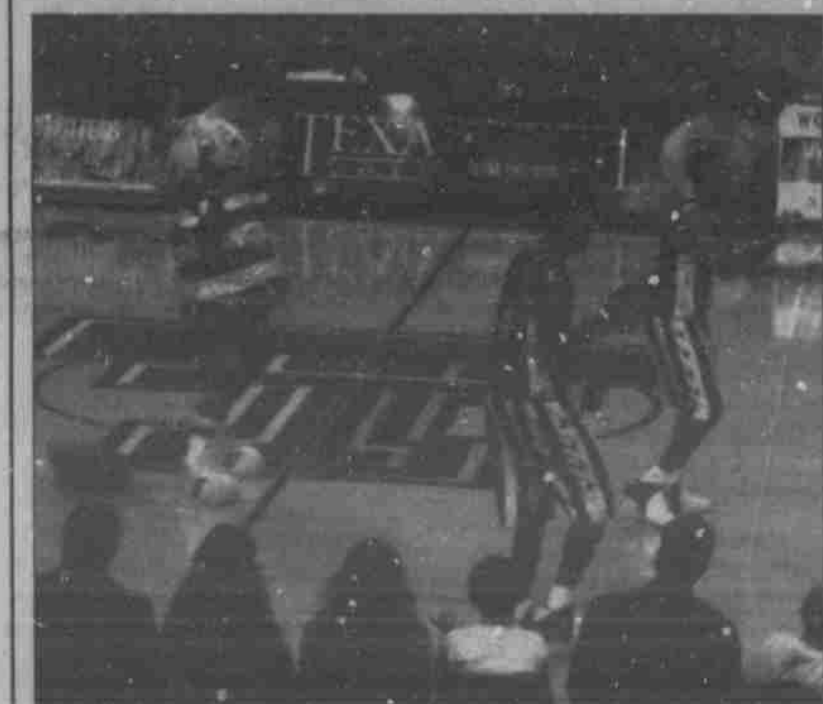
a good day's work and you will last a long time."

Gary Lawrence, president of the Lubbock Club, gave brief remarks about "Yogi", and presented him with a plaque. He also received gifts from those in attendance.



Some of the Russell family in attendance on December 28, 2004. From left, seated, Ann Cleveland and Shena Russell, daughters; and a great-grandson, Keshan Oshea McKnight. "Yogi" is shown standing behind.

Globetrotters entertain with dancing, jokes and of course, basketball



The Globetrotters took a moment out to entertain the crowd with a rump-shakin' dance. Pictured here are "Globe", the mascot, Antwan Scott, and Mike "The Saint" St. Julien.



Curley "Boo" Johnson hops into the lap of a fan after running into the stands to escape. He was nicknamed "Boo" by his father, who one day dreamed of his son becoming a Harlem Globetrotter. In 1990, he received the keys to the City of Peoria as the Mayor proclaimed it Curley "Boo" Johnson Day on Feb. 10. He has been with the Globetrotters for over 16 years.

During Tuesday's Harlem Globetrotter game in Lubbock, the team was without legendary player Matthew Jackson, better known as "Showbiz". Jackson was replaced by Kevin "Special K" Daley. Jackson underwent successful knee surgery the previous day. The veteran guard has visited 80 countries and played in over 2,000 games during his 18-year Globetrotters' career.

"Showbiz's knee had been bothering him for some time and everyone felt it was best to have the problem addressed sooner rather than later," said Globetrotters' Owner & Chairman, Mannie Jackson. "As one of the Globetrotters' 'Showmen', and one of the team's more visible players, we hope to have him back on the court doing what he does best before the end of the North American Tour."

Go Red For Women mobilizes women to join cause, fight heart disease

LUBBOCK - Thousands of Americans will help women fight heart disease when they participate in the second year of the American Heart Association's Go Red For Women initiative, as it gears up again in February.

Go Red For Women began in February 2004 to raise awareness that heart disease is women's No. 1 killer. The grassroots campaign has since grown into a vibrant national movement as more women, men, celebrities, healthcare providers and politicians embrace and elevate the cause of women and heart disease.

The campaign provides women tips and information on healthy eating, exercise, and risk factor reduction, such as smoking cessation, weight maintenance, blood pressure control and blood cholesterol management.

"Last year, we discovered an alarming fact - that women still don't know heart disease is their No. 1 killer," said Donna Bacchi, M.D., president of the American Heart Association Texas Affiliate. "In fact, more women still believe that cancer is the greatest health problem facing them today. Go Red For Women is beginning to change that."

Sponsored proudly by national sponsors Macy's and Pfizer, with additional support from the PacificCare Foundation and Bayer Aspirin, and locally sponsored by Covenant Heart Institute Services for Women, the American Heart Association's activities in February include:

- National Wear Red Day.** A national observance created by the American Heart Association, on Feb. 4, thousands of people, including employees at more than 3,000 companies, national and local news anchors and talk-show hosts will wear red to support the cause. The red dress and the color red are symbols for women and heart disease and the American Heart Association's Go Red For Women movement.
- Lubbock landmarks.** Lubbock landmarks - including Covenant Health System, Texas Tech University, Texas Tech University Health Science Center, PlainsCapital Bank, Southwest Diagnostic Clinic, National Ranching Heritage Center and Lubbock Heart Hospital will shine a red light or have a red symbol on or in their building during February in support of American Heart Month and Lubbock Goes Red For Women.
- National landmarks and monuments.** National and local landmarks - including the Seattle Space Needle, Niagara Falls, the Empire State Building, Graceland and more - will be illuminated in red during February, American Heart Month to further raise awareness of women and heart disease.
- The Red Dress Pin - Go Red, Give One.** Thousands have already added the red dress pin to their fashion accessory collection to support the women and heart disease movement. This year, women are urged to get two free red dress pins - one to wear and one to share with someone they care

- about. You can get the pins by calling 1-888-MY-HEART.
- held at 2 p.m. at the Knipling Education Conference Center.
- National Celebrity Spokesperson.** Grammy award-winning R&B vocalist Toni Braxton, among several celebrities involved in Go Red For Women is the national spokeswoman in 2005. "I am so pleased to be joining Go Red For Women, not only because heart disease has touched me personally, but also because I can assist in taking the message to the thousands of women who don't know that heart disease is their No. 1 health risk," she said.
- Red Dress Statue Collection.** More than 20 celebrities in fashion, music, food, television, film and sports have inspired a unique collection of custom-designed statues depicting the Go Red For Women red dress icon. The statues were unveiled on Feb. 3, at Radio City Music Hall.
- Shop With Heart at ShopGoRed.com.** This February, with the launch of the Go Red For Women Online Store, consumers can get important health information as well as shop for fun products that benefit the American Heart Association. The site offers a brand new thinspiration red dress pin as well as hats, bags, scarves and even a men's tie. The site is the only source of official Go Red For Women merchandise from the American Heart Association.
- Anyone can join Go Red For Women by calling 1-888-MY-HEART (1-888-694-3278) or visiting americanheart.org.



The Shallowwater Mustangs and Tahoka Bulldogs faced off on Friday, January 29 in Shallowwater. Both sides had a large number of fans in attendance, to create a loud and enthusiastic crowd. Shallowwater eventually beat Tahoka 51-39. Shallowwater's girl's team also won their game in the minutes before the boy's game started, bouncing back from a deficit to win in overtime, 53-47.

If you find mistakes in this publication, please remind yourself that we are all human. We publish something for everyone and we don't always get it right. Some people are always looking for mistakes instead of looking at their own lives.

Chatman Hills Corner

By Deris Reynolds

Since this is Black History Month, this column has asked the question: "What does Black History mean to you?" Some of the statements this writer has received will be printed in the next issue of the Southwest Digest. It is very interesting to hear what people have to say about their own heritage. So stay tuned for next week. Oh, by the way, if you have some comments, send them to me. We'd love to hear from you.

This column is still looking for announcements about your family, your church or organization. It will be an exciting pleasure to announce your special effort in this column. Just send your announcement to: Southwest Digest, c/o Chatman Hill Corner, P. O. Box 2553, Lubbock, Texas 79408. Let us hear from you today!

The Women Missionary Society of the New Hope Baptist Church will sponsor its Women in Red Banquet on Friday evening, February 11, 2005, beginning at the 7:00 p.m. at the McInturf Center. For ticket information, call

either Sister Colquitt at 747-8055 or Sister Dyer at 765-7372.

Let us continue to pray for our sick and shut-in citizens. Among them who on the sick list is Sister Bobbie Patterson, who is doing nicely at this report. She is doing much better, and is most appreciative for all of you who have been praying for recovery.

Also, Sister Clara Colquitt who is a patient in University Medical Center, Room 458.

There are those who have lost loved ones. Among them is the infant son of Janiska Vines on January 20, 2005. God is able.

Thought of Week? "A faith and knowledge resting on the hope of eternal life, which God, who does not lie, promised before the beginning of time." Titus 1:2. Taken from bulletin on Sunday morning, January 30, 2005, at New Hope Baptist Church.

The morning services at the New Hope Baptist Church were well attended last Sunday morning, January 30, 2005, despite the little rain in the area. The New

Hope Church is located at 2002 Birch Avenue, and P.O. B. R. Moton is pastor. It is the "Church Where The People Kneel Care." If you are looking for a church home, then come and visit, and you will be glad you did so.

Services begun with Meditation and Prayer. The Praise Team, inspired those worshippers present. The morning scripture was read by Minister McCutcheon and Minister Martin offered the morning prayer. The New Hope Choir was responsible for the singing of several selections.

Pastor Moton's sermon was entitled "Are You Sending Mixed Signals?" His Scripture text was Matthew 15:7-9 and John 3:16. Pastor Moton said: "One should talk the talk and walk the walk!" In other words, when the going gets tough, weather the storm.

The morning announcements were made by Sister Glenda Mooney. Brother M. C. Brock, Sr. welcomed all visitors.

If you missed attending your church services last week, be sure to be in church come this Sunday morning. Remember, God is able!

FASHION FUN

By Shirley Robinson

The look at any age

Because it's always in right time to look terrific, it's easy to be a fashionable lady and carry colors that terrify... look's when used in moderation. A few fashion tips...

IN YOUR TWENTIES... Make the most of what pretty colors can do to brighten your skin. Olive or darker complexions are flattered by pinks and creamy lemons; pale skin tones should stick to blues and mossy greens.

IN YOUR FORTIES... Sizes close to whitened pastels, smoky blue tummy blue, a dusty rose, head pink every time.

FIFTY AND OVER... Frankly, you can have it all... baby pink looks as elegant as rose. Wear soft shades with tan, slate gray or denim; avoid frills and bows.

FASHION Tip... Always wear a smile! FASHION... Just for the fun of it!

In Remembrance

ROBERT AVERY, SR.
Funeral services for Robert Avery, Sr. were held last Friday morning, January 28, 2005, at the New Hope Baptist Church with the Rev. E. L. Harris officiating. Rev. B. R. Moton is pastor.



Avery passed away Friday, January 21, 2005.

Charles Avery; five daughters: Mary Jo Wilson of Banning, California, Bonnie Ruth Anderson of Harvest, Alabama, Ruby Joyce Travenia, Linda Gambles and Peggy Jean Stokes, all of Lubbock, Texas; two brothers. Rev. Homer Lee Avery, Sr. of Lubbock, Texas and Willie Claude Winston of Pittsburg, Texas, 28 grandchildren, and 27 great-grandchildren.



Avery passed away Thursday morning, January 27, 2005.

Mortuary of Lubbock.
Mrs. Smith passed away Saturday, January 22, 2005, at the University Medical Center.

She served the Lubbock community for more than 65 years, and was always willing to do what she could to help somebody.

ALICE MAE DOTSON

The family of Alice Mae Dotson celebrated her going home with services at the Vernon Charles Chapel of Brock's South Plains Funeral Directors of Lubbock, last



Dotson passed away Friday, January 21, 2005.

ROSIE LEE ELLIS WILLIS

Funeral services for Rosie Lee "Shorty" Ellis Willis were held last Tuesday morning, February 1, 2005, at Christ Temple Church of God in Christ with Supt. W. David



Willis passed away Wednesday, January 26, 2005.

VERDA KING SMITH

Funeral services for a longtime citizen, Verda King Smith, were held at the New Jerusalem Baptist Church, last Friday morning, January 28, 2005.



Smith passed away Thursday morning, January 27, 2005.

Haynes officiating. Burial was held in Peaceful Gardens Memorial Park in Woodrow, Texas under the direction of Brock's South Plains Funeral Directors.

She passed away Wednesday, January 26, 2005.

Ms. Willis was a nurse at Highland Hospital for more than 30 years.

She leaves to mourn her passing: her children: Jeannette Darthard of Oklahoma City, Oklahoma, Larry Darthard, Gerald Darthard and Pamela Darthard, all of Lubbock, Texas; six brothers: Donnie Ellis of Lubbock, Texas; Floyd Ellis of Temple, Texas; Willie James (Billy) Ellis of San Antonio, Texas, and Opha George (Jack) Ellis of Killeen, Texas; three sisters: Mildred Harper of Temple, Texas, Clara Gary, and Beatrice Scott, both of Dallas, Texas; 10 grandchildren; 10 great-grandchildren; and a host of nieces, nephews, relatives and friends.

A Macedonia Call set for this weekend

A Macedonia Call for Superintendent Ruben L. Caro will be sponsored by the members of Tree of Life Sanctuary Church of God in Christ and sponsors on Saturday evening, February 5, 2005, beginning at 7:30 p. m. with a musical. Also, there will be more celebrations on Sunday, February 6, 2005, beginning at 3:00 p.m.

support one of our Pioneers, "Man of God", of Texas Northwest.

The Sponsors are Bishop W. H. Watson, Prelate of Texas Northwest; Bishop Bishop J.E. Judie and Bishop C. Slay.

For more information call Missionary Maurine Robinson at (806) 765-9288. Tree of Life Sanctuary Church of God in Christ is located at 4117 East 2nd Street.



Children's Dental Health Fair kicks off National Children's Dental Health Month

The South Plains District Dental Society will join the American Dental Association along with Covenant Health System's Community Outreach Dental Program to increase awareness of the importance of dental health for children during February's National Children's Dental Health Month.

role of South Plains District Dental Society and its members is to educate both parents and children on the importance of oral health and its effect on children's overall health.

"We want children and their parents to be knowledgeable and proactive in taking care of their oral health, including regular dental checkups, preventative dental procedures and good diet choices."

Oral health educational exhibits, games and hands-on activities for children will teach both children and adults the importance of early and continuing preventative dental care. Participants will receive toothbrushes and floss, along with face painting and balloons. Door prizes and a drawing for a \$100 savings bond will highlight the event.

The National Center for Education in Maternal and Child Health and the U.S. Department of Health and Human Services indicate tooth decay remains the single-most common chronic disease of childhood and often goes untreated.

Extensive tooth decay, pain or infection can result in emergency room visits, compromised nutrition and growth, and learning and speech problems for children.

Texas Health and Human Services data reveals that in Texas, dental health problems are one of the top three leading causes of school absenteeism.

Admission for the Children's Dental Health Fair is free for children under the age of 12 if accompanied by an adult. Adult admission is \$5.50. The three-hour fair will allow approximately 200 children to receive a dental health screening that will identify the child's overall dental health status. There is no charge for the screenings and they will be provided on a first-come, first-serve basis.

For more information on the Children's Dental Health Fair screenings, contact Dr. Dale Drennan at Covenant Health System Community Outreach Dental Programs, (806) 725-6579.

Upcoming Library Events

"Pied Piper" Storytime at Public Libraries

You won't want to miss this musical storytime adventure. Geoffrey Piper, accomplished flute player will entertain us with his wonderful music to make the story of the Pied Piper come alive. At 3:30 p.m. Thursday, February 10, at the Groves Branch Library (5520 19th Street) and again at 2:00 p.m. on Thursday, February 17, at the Godeke Branch Library (6601 Quaker). For more information, call the Groves Library at 767-3733 or the Godeke Library at 792-6566.

Muggle Monday at the Godeke Branch Library

Harry Potter fans in middle school and up are invited to The Odeke Branch Library 6601 Quaker for "Muggle Monday" on Monday, February 7, at 7:00 p.m. This is an opportunity to discuss the Harry Potter books, movies and websites with other fans. Refreshment will be served. For more information, call 792-6566.

Kids' Jeopardy Tournament at Patterson Branch Library

Come to the Pattern Branch Library, 1836 Parkway Drive, and play Jeopardy. Grades 2 and 3 will play on Tuesday February

8, at 4:15 p.m. Grades 4 through

6 will play on Tuesday, February 22 at 4 15 p m For more information, contact the Patterson Branch Library at 767-3300.

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Alexander Chapel Church of God in Christ

4510 Ave. P, Lubbock, TX 79412 - Phone 747-0465 - Pastor William H. Watson, III

Pastor William H. Watson, III, Sister Stacy Watson and the A.F. Family would like to extend a heartfelt welcome to come and worship with us.

Weekly order of Services:

- Sunday School - 9:45 am
- Sunday Morning Worship - 11:00 am
- Sunday Evening YPW - 6:00 pm
- Tuesday Young Adult Study - 7:00 pm
- Wednesday Night Bible Study - 7:00 pm
- Thursday Praise Team & Choir Rehearsal - 7:00 pm

Bus ministry available. For college students, a meal will be provided.

May the God of hope fill you with a joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit - Romans 15:13

Estacado makes great strides toward academic excellence

A small glance at the great success of our students at Estacado High School continues to instill in their students the concepts of the "Matador Way... Excellence, Hard Work, Success." Estacado is proud to present the success of their students in the area of academics as they continue to prepare for life beyond high school.

Estacado has retained a long-standing tradition of success for our Academic Decathlon Team, which has qualified for the statewide competition for eight consecutive years. These students compete in a plethora of subject areas, such as Astronomy, Mythology, Public Speaking, Math and Economics. As a result, they have earned the respect of their competitors as a top contender in all UIL competitions. This year's qualifying state meet will be in Odessa, TX, on January 29, 2005. This past school year presented

new challenges for our junior level students in that they all had to pass the state standardized test, TAKS, to earn a high school diploma. As a result of this mandate and the hard work of our juniors, Estacado experienced the following vast increase in each respective subject content area which are comparable to all exit level test scores throughout the district:

- ELA (English Language Arts) + 48% increase to 85% passing
- MATH + 34% increase to 71% passing
- SOCIAL STUDIES + 32% increase to 97% passing
- SCIENCE + 34% increase to 70% passing

As we continue to build upon the aforementioned success, this year Estacado had the privilege of producing the school's second commended national scholar in Destiny McAuley. This honor is designated for the national academic elite.

Furthermore, this year two of our Estacado students, Kendra Williams and Zahkiya Green, received \$25,000 academic scholarships funded by Michael and Susan Dell. These students were selected based on academic excellence, individual determination to succeed and their resilience to overcome obstacles. In addition, the local chapter of the Hundred Black Men, in conjunction with Estacado's P.T.A. have awarded three scholarship awards in the amount of \$2,000 received by recent graduates and college freshman Lacey Bowser, Marcus Ward and the late Brandon Johnson.

In closing, Estacado High School has been awarded the Gold Performance Acknowledgement or GPA award from the Texas Education Agency. This award and recognition is based upon the high number of recent graduates that have graduated on the more rigor-

ous recommended high school diploma plan.

1989 Dunbar-Struggs High School reunion planned

Looking For All 1989 Dunbar-Struggs High School Graduates. Plans are in the making for a "Sweet Sixteen" Class Reunion and current contact information is needed to inform you of the details. Mark your calendar for the weekend of July 1-3, 2005. If you graduated from Dunbar-Struggs High School in 1989 or know how to contact someone who did, please call Kovelyn Childers-Cummings 817-845-1921, Dwanya Pierce 806-763-3171, Louie Scott 281-895-0709 or email your current mailing information to: dsphanter89@yahoo.com. Please respond as soon as possible. The information letters will be mailed by the end of January. Hope to see all of you Panthers there.

Reading is a gift that keeps on giving

LUBBOCK - The Texas Tech University Health Sciences Center Red Raider Readers program is offering the opportunity to give the gift of knowledge this Valentine's Day. The early pediatric literacy program is asking for donations to buy books for West Texas children. For each \$10 donation, a card will be mailed before Valentine's Day, informing the recipient that a donation was made in his or her name.

Red Raider Readers is a program for children between the ages of 6 months and 5 years who visit

the Health Sciences Center regularly for a well-child exam.

"The children are given a new book that is age and culturally appropriate and their pediatrician provides parents with information on what they can do to help their children improve their reading skills," said Donna Bacchi, M.D., M.P.H., pediatrician at the Health Sciences Center. Volunteers also read to children while they wait for their appointment and provide instruction to parents on how to read with a child.

Bacchi said reading is one of the most important things parents can do for their children. "We now know that the critical time of brain development is the first three years of life. Children who are read to early often develop language and writing skills at a faster pace," said Bacchi.

Donation cards will be mailed beginning Jan. 28. Deadline for donations is Feb.

For more information or to purchase cards, contact Libby Camp, Red Raider Reader Coordinator, at (806) 743-4481.

When Life Gets So Hard

Editor's Note: This poem was written by a sister-in-law of Bobbie Patterson, Deborah Hutchinson, who is married to Hillary Hutchinson. Mrs. Patterson has been ill for several months, but is recovering at this time.

I know that God has been with

you when some of us have not and he has not brought you this far to leave you. You are forever in my prayers, thoughts, and heart. I love you dearly, always remember God can and God will continue to see you through.

Love/Smiles, Deborah

When Life Gets So Hard

I wanted to find some words on a card.
That would help to get thru when life gets so hard.
It seems you can't bear it, perhaps can't go on
When deep in the heart there's no trace of a song.
Some words that would comfort when late in the night
The trials return and you're too tired to fight.
Or the tears flow so often it seems you'll run dry.
And life gets so tough that you just want to die.
Or at least go and hide where you're safe from all pain.
Someplace you can rest 'til you find joy again.
What are the words you so need to hear
That will help and will heal and remove all the fear?
That builds up inside 'til you think you'll explode
What are the words that will lighten the load?
If only I knew the right words to say.
To encourage and bless you or comfort some way.
I know not the words but this I can do.
I shall offer up prayers to the Father for you.

West Texas Hoops
is organizing an AAU
basketball team for girls
ages 12 and under!



Call Trey at
740-8267
for more
information!

UPCOMING COTTON KINGS GAMES

- Friday, Feb 4 • 1340AM
7:00 @ Odessa
- *Saturday, Feb 5 • 790AM
7:05 vs. Amarillo
- Wednesday, Feb 9 • 790AM
8:05 @ Colorado
- *Friday, Feb 11 • 1340AM
7:05 vs. Odessa
- *Tuesday, Feb 15 • 1340AM
7:05 vs. San Angelo

Tickets are available at the Cotton Kings' office, Albertson's, Select-A-Sort locations and at the coliseum. Games are broadcast live on the internet and on Lubbock radio. Call 747-PUCK or visit www.cottonkings.com for more information.

*denotes home game

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Crafts Etc. Jewelry Workshops

Lubbock-The Buddy Holly Center invites you to participate in the annual Crafts Etc. exhibition by being part of a few workshops that will be offered in conjunction to the exhibition. Don't miss the opportunity to make ornamental hemp jewelry with art educator Kristi Holman on Saturday February 5th, 2005 from 1:00-3:00 pm. This "Natural Bling" Hemp Jewelry Making Class is for ages 8 and older and the cost is \$10 per person.

Join us on Saturday February 19th, 2005 from 1:00-3:00 pm for a Sterling Silver Ring Stamping Workshop. This is a great opportunity to learn the art of jewelry making from nationally recognized artist Robly Glover. Participants will create their own sterling silver ring using a stamping technique. No prior jewelry making experience necessary. For ages 12 and older, cost is \$12 per person.

Pre-registration is required for all classes. For more information or to register, please contact the Buddy Holly Center at (806) 767-2686. The Buddy Holly Center is located at 1801 Avenue G in the Depot District of Lubbock, Texas.

Manage Your Diabetes
Through our "Let's Do Diabetes Care Together" Program

Our experienced, certified educators will give you the tools you need to manage your diabetes in partnership with your physician.

- Based on the National Standards for Diabetes Self-Management Education Programs
- Individual plans covering meals, self-monitoring and medication
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- Offered in Lubbock and Plainview

In addition to our Program, we also have a **Monthly Support Group**.

"Healthy Relationships"
Presented by: Jim Schneider, M. Ed., LPC, Covenant Counseling Center

When: Monday, February 14, 2005
beginning at 6:00 p.m.

Where: **Knifling Education Center**
Located atop Covenant Medical Center's West Parking Garage (6th Floor)
21st Street & Louisville,
Lubbock, Texas

No reservation required. FREE to the public.

For program enrollment, call:
(806) 725-5460
In Plainview, call (806) 296-4256

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TTU Libraries bring Black Art exhibit to West Texas

Lubbock, TX - The Texas Tech University Libraries are proud to announce the arrival of "Black Art: Ancestral Legacy: The African Impulse in African-American Art." Based on a ground-breaking major exhibition created by the Dallas Museum of Art, this interpretive display was developed by the Texas Humanities Resource Center in Austin, with support from Philip Morris Companies, Inc and other national philanthropic organizations. Consisting of 19 panels highlighting over 40 works, organized into four distinct sections, this display examines the collective creativity of some of the most dynamic African-American artists of the 20th century. The exhibit features works created by both self-taught and professionally

trained artists and includes items such as paintings, figurines, and pictures by renowned artists such as Eddie Dickenson, James Watkins, Tony Gleaton, and Vivian Cook. Along with the Ancestral Legacy exhibit, the libraries will be showcasing some of their holdings concerning African-American history. A written bibliography listing some of the libraries' resources on African-Americans will be available to visitors interested in research. An exhibit prepared by the TTU Southwest Collection/Special Collections Library entitled "African Americans in Lubbock" will also be on display. This display includes several panels of photographs and highlights contributions that local African

American individuals have made to Lubbock and the South Plains area. Also on display will be various African-American artifacts loaned to the libraries by Texas Tech University faculty members, and artwork on loan from local African-American artists. Contributors to the TTU portion of the exhibit include Eddie Dixon, Betty Jenkins, Eric Strong, James Watkins and Vivian Cooke. The exhibit will be opened for viewing on February 7, 2005, after an opening reception for the media. The opening reception will include remarks from TTU President Jon Whitmore, Lubbock City Councilman Floyd Price and Dean of Libraries Dr. Don Dyal. After opening remarks, Texas Tech University's Gospel

Choir "Visions of Light" will perform. The exhibit will run through Feb. 25, 2005. Admission to the exhibit is free. Visitor parking is available near the University Library from 7:00am to 8:00pm at the rate of \$1/hour. Free parking is available after 8:00pm.

For more information contact the Chair of the TTU Libraries Exhibits Committee, Curtis Peoples at 742-3749.

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Covenant Heart Institute

Adult softball league registrations begin February 7

Parks and Recreation will be registering teams for Session I of softball league play the week of February 7-11, 2005. The ten-game season lasts approximately 8-10 weeks, and the cost is \$315 per team. All qualifying league teams that participate in any of the three sessions are eligible for the free City Championship Tournament to be held in Fall 2005. League play is available for men's, women's, co-rec and church softball teams. Late registration will occur February 14-18 (\$25 late fee will apply), and Session 1 play begins on March 7. To register, come by the Parks and Recreation Office at 1010 9th Street between the hours of 8:00 a.m. - 5:00 p.m. Monday through Friday. For more information, call 775-2672. Information for Session II and III is listed below:

Session III:
Registration July 1-8

Late Registration July 11-15
League Play begins August 8

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Editorials • Comments • Opinions



THIS N THAT

A CLAP IN THE FACE FOR WEST TEXAS! THIS N THAT saw some numbers last week in the amount of \$21 1/2 MILLION DOLLARS, which amount economic development funds for deserving businesses in Texas. Of that number - according to our information, only - \$1 MILLION DOLLARS were awarded to West Texas, or shall we say ... West of I-35 and none of the funds going to a deserving business on the South Plains of Texas. There is a deserving business in Littlefield, Texas, in that of a denim plant ... out here where cotton is still king. Hopefully, GOVERNOR PERRY will hear what our 28th Senatorial District person is saying. SENATOR ROBERT DUNCAN is very unhappy with the distribution of those funds, and there should be some kind of an EQUITABLE FORMULA so no deserving Texas business will not be left out.

ANOTHER POINT TO PONDER! THIS N THAT learned that two of the South Plains of Texas State Representatives, DELWIN JONES & PETE LANEY, were not REAPPOINTED TO THE AGRICULTURE COMMITTEE by Speaker of the House Craddick. In our opinion, this is a bad mistake, as this committee needs people who are aware of problems in the Agriculture area of Texas. Hopefully, these dedi-

cated State Representatives will be called upon, as in West Texas, Agriculture is very important.

THANKS, CHARLEY TRIMBLE FOR A JOB WELL DONE! THIS N THAT wants to say THANKS to a man who came to Texas from New Mexico, and gave 37 YEARS OF DEDICATED SERVICE in the health industry, and will retire February 28, 2005. He is CHARLEY TRIMBLE, who has been serving as the CHIEF EXECUTIVE OFFICER of the Covenant Health System. Thanks CHARLEY TRIMBLE, for a job well done. THIS N THAT has observed your efforts for years, and was very impressed with what you have done. Of course, it has not always been easy, but just think CHARLEY, you hung in there. For that, Covenant Health System is better.

WE'RE BEHIND OUR MATADORS! THIS N THAT wants our ESTACADO MHIGH SCHOOL MATADORS BOYS & GIRLS BASKETBALL TEAMS to know we're still behind both of you. As of last Friday, January 28, 2005, in District 4-4A, the GIRLS had a record of 22 WINS & 6 LOSSES with a 6 WIN and 0 LOSSES and are in FIRST PLACE. On the other hand, the BOYS have 12 WINS and ELEVEN LOSSES, and are 2 WINS & 2 LOSSES IN DISTRICT. Both of you are winners, and we want you to continue to

know that. GO ESTACADO MATADORS!

PENNY HASTINGS THE BARBER SAYS: "THE CHARACTER of your precious CHILDREN tomorrow depends on what you put into their HEARTS TODAY!"

JOIN THE AMERICAN LEGION! THIS N THAT is asking anyone, MAN OR WOMAN who have served at LEAST ONE DAY OF ACTIVE MILITARY DUTY during the eligibility dates and was honorably discharged or is still serving honorably, to join the American Legion today. Your help is needed, as men and women have done great things for the United States of America. If you have any questions, why not call ALFRED CAHILL, Commander of the Booker T. Washington, Post 808 of the American Legion at (806) 765-5311? Why not join today?

STILL HAVE TIME TO VISIT PUBLIC SCHOOLS! THIS N THAT is still pushing the idea of VISITING OUR PUBLIC SCHOOLS before school will be dismissed for the summer vacation. Just give up a few minutes of your precious time, and stop by the principal's office and let him or her know of what you are wanting to do. In other words, let them know you want to just visit the school. And if you have time, why not try to have lunch on campus.



Think About It!

We can't sit back, we must move on!

by Eddie P. Richardson

Sometimes it looks like we as a people have given up. Hope becoming over runned by negative thoughts, a loss in faith, courage, and the loss of a positive mental attitude.

We are giants standing in deep holes. We're like the elephant with his leg strapped. If he only knew he did not have to stay. If he would only raise his foot, he would easily become free. As Black folk, many of us are the same way by not believing in ourselves and feeling inferior. If one would only look around and see where we have made an inroad. For example, like sports, entertainment, and in some cases, like politics. Our only problem is a level playing field. In most cases, we are not even on the same field of play, less know an even field. For those of us who made it, to a certain degree, we had not only to be as good as our opponent, but we had to be better to even get in the game.

This Willie Lynch theory is still strong today. If you do not know who Willie Lynch was, just look him up and read about him. Perhaps, then you will understand.

You know, if only given a chance, we can exceed in every field open to us. In order for us to become competitive in the market place, that is, with our goods and services, we need the system or establishment's blessings, such as resources, advice, support, endorsements, and even money and support to assist us from aid to trade, from relief to becoming taxpayers, from only consumers to producers.

We are not midgets, we are giants standing in deep holes. Blacks in the United States of America spend in excess of one hundred and seventy billion

dollars a year. Now if Black people was a nation, we would rank between fourth and seventh place in the world economically. As a nation, Black people spend in excess of seventy million dollars annually in Lubbock County.

The problem Black people have in Lubbock County is we are illiterate when it comes to spending our hard earned money. We need to teach our money to go where it is appreciated such as trading with those who advertise in your media, support your community activities and organizations. Just don't be guilty of taking your hard earned money across town for the sake of it.

Blacks who do not support their community, its churches, schools, businesses, and other endeavors need to be exposed. There should be a means of educating our many and it should be color blind. Blacks must first learn to love, trust, and respect each other. Use Black businesses, professions and other areas of endeavors, but first of all, be competitive. One should not support one

only because one is Black, but not because of Blackness. Failing to support many Blacks do not support other Blacks. On the other hand, some become offended when they fail to get Black support. We have to give as well as take our hard earned money where it has been educated.

Many times, this writer has heard Blacks say they will not do business with other Blacks, because they are inferior. Why not first give them a chance before making a decision of not doing business. Now, these same Blacks who are being condemned have done the same job for the same. Blacks, when they worked for someone else before working for themselves.

We have to first do for ourselves what we expect others to do for us. You can't beg and bargain at the same time. Somewhere along the way, you have to give up something. You can't get something for nothing. You pay for what you get. Make your investment good and positive. We can't sit back, we must move on!

Nuff Sed! Why Not?

In Cinque

by Renetta Howard



For some time, I have had the idea that building more prisons instead of more funding for education is one of the worse ideas that Americans can envision and follow through with. Each year, there is more money appropriated for prisons and prison upkeep than is put into education.

Further, it is rare when the money spent on prisons and prison upkeep profits the public. Prisoners get three meals per day, a bed to sleep in and many material things which they might not have outside the prison walls. They have an opportunity to work and play with close supervision. They have the opportunity to learn how to be a good citizen and to get an education if they desire. The only problem is

that few take advantage of the positive aspects for rehabilitation, and as a result, government funds are spent for naught; the best result being that of keeping the wrongdoer off the streets and not among upright citizens for a while.

Upright citizens, firefighters and law-enforcement officers used the help of prisoners in La Conchita, California a few days ago to help to rescue victims in the mudslides that were occurring there. If prisoners can be trusted to help save lives in life-threatening disastrous situations, why is it that they are not sent to Iraq to help save lives?

Saving lives is saving lives, regardless to whose life it is. The argument against prisoners serving in the armed forces has been that they are a security risk. If they can risk their lives to save lives by helping to rescue victims in a mudslide, they can risk their lives in the same way that young bright men and women

are doing in Iraq today. Since the enlisted men and women do not always know who the enemy is, prisoners from the United States would at least not look like the enemy and may be lifesavers. Prisoners do not have to have duties where they use weapons to be useful in the military service. They do not have to be security risks.

If prisoners are enlisted to be sent to Iraq to risk their lives and help save lives over there, it will lighten the burden on taxpayers for prison funds and free up money for education. In that way, our country could solve three problems with one idea, or as the old saying goes, we could 'kill three birds with one stone.' It is time for us to get 'in cinque and re-evaluate our military resources and enlist able-bodied prisoners to serve in the armed services. Military time served could cut their sentences and help them to return to society with less stigma.

The Lubbock Area Coalition for Literacy is looking for volunteers to tutor adults who need to learn to read, to prepare for the GED test or to speak English. Tutor training will take place at 9:00 A.M. on Saturday, February 5 at Mahon Library, 1306 9th Street.

The Literacy Coalition is also looking for men and women willing to help dyslexic adults learn to read. Volunteers are needed either as one-on-one tutors or as classroom facilitators using The Scottish Rite videotapes of master teachers. Because the Literacy Coalition is the only facility offering help for dyslexic adults in our area, the need for tutors and facilitators is great. Please call 747-7323 for information on either session.

Volunteers needed for adult literacy tutoring

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Upcoming adult softball tournaments

USSSA FREEZE OUT!
The 8th Annual USSSA FREEZE OUT! Slow Pitch Softball Tournament will be held on February 12-13 and will be hosted by the City of Lubbock's Parks and Recreation Department at the Berl Huffman Athletic Complex. Entry deadline for teams is Wednesday, February 9, 2005, at 12:00 Noon in the Parks and Recreation Office at 1010 9th Street or by phone at 775-2672. Men's, women's and co-rec divisions will be offered, and there is a two-home run limit. The entry fee is \$100 per team. Game times will be available after 2:00 p.m. on Thursday, February 10, 2005. The Berl Huffman Athletic Complex is located at N. Loop 289 and Landmark Drive.

16, 2005, at 12:00 Noon in the Parks and Recreation Office at 1010 9th Street or by phone at 775-2672. Men's, women's and co-rec divisions will be offered, and the entry fee is \$100 per team. There is a two-

home run limit. Game times will be available after 2:00 p.m. on Thursday, February 17, 2005. The Berl Huffman Athletic Complex is located at N. Loop 289 and Landmark Drive.

USSSA Shut Up and Play!
The 12th Annual USSSA Shut Up and Play! Slow Pitch Tournament will be hosted by the City of Lubbock's Parks and Recreation Department on February 19-20, 2005, at the Berl Huffman Athletic Complex. Entry deadline for teams is Wednesday, February

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The Southwest Digest is an independent newspaper serving the Lubbock, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially supporting what it believes to be right without opposing what it believes to be wrong without regard to party politics.

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So, this is our resolution to you. "Feel free at any time to call this office for information concerning this newspaper or any other matter that is of concern to you." This is not a propaganda sheet made to chastise or vilify. This is a newspaper made to educate and not to agitate. The opinions expressed by guest columnists or editorials are not necessarily the opinions of the publishers/editors or those of the advertisers. Comments and pictures are welcome but the publishers are not responsible to return articles unless a self-addressed stamped envelope is submitted. All notices must be paid in advance. Story deadline is 5 p.m. on Friday. Advertising deadline is 12:00 pm on Monday, the week of publication.

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JOB OPPORTUNITY

South Plains Association of Governments is accepting applications for a manager of its Area Information Center project. The position is responsible for managing the day to day operations of a 211 area call center that will provide non emergency information and referral services to callers in a 15 county area. The call center is a part of the Texas Information and referral network and is required to meet prescribed standards of the network. The manager will be responsible for supervision of staff, maintenance of standards for certification of the center, and for development of information sources. The position will require a high level of public contact and will involve cooperation with local governments, local service and volunteer organizations, and state agencies. The position requires a baccalaureate degree, computer skills, proficiency with Word, Excel, Access, and Power Point software, effective oral and written communications skills. Interested persons may send a resume and letter of application to South Plains Association of Governments, P.O. Box 3730, Lubbock, TX 79452 or email the same to lbrown@spag.org. EOE

JOB OPPORTUNITY

South Plains Association of Governments is accepting applications for the position of program specialist. The position is in the area call center providing non emergency information and referral services to callers in the 15 county SPAG region. Duties will require the establishment and coordination of nineteen community information centers in senior citizen sites, networking with resource agencies, and marketing / public information for the 211 call center system. Position requires a baccalaureate degree, effective communications skills, ability to travel extensively throughout the South Plains, and effective computer skills. Interested persons may submit a resume and letter of application to South Plains Association of Governments, P.O. Box 3730, Lubbock, TX 79452, or email information to lbrown@spag.org. EOE

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Glaucoma may affect you without warning

LUBBOCK- Glaucoma is the second-leading cause of blindness in the United States, but many people do not know they have it because symptoms may not occur during the early stages of the disease. By the time the patient notices something is wrong, the disease has possibly already caused considerable damage.

According to the Glaucoma Research Foundation, glaucoma is a group of eye diseases that gradually steals sight without warning and causes damage to the optic nerve which can lead to vision loss. It was once thought that high intraocular pressure was the main cause of optic nerve damage, but it can occur with normal or even below-normal eye pressure.

"The bottom line is that 37 percent of people with it do not have elevated pressures," said

Kevin Allison, M.D., an ophthalmologist at Covenant Health System.

Dr. Allison also said although there are usually no symptoms of glaucoma in the early stages, there are things to be aware of. "Once it becomes fairly advanced, a person with glaucoma may be missing part of a page or missing objects on a page," he said. "When it is very advanced there is some discomfort and tunnel vision may occur in the last stage, but we try to catch it before then."

The GRF estimates that more than 3 million Americans have glaucoma, and of these as many as 120,000 are blind due to the disease.

The GRF also noted some important facts:

- Glaucoma is six to eight times more common in African-Americans than Caucasians;

- Loss of vision due to glaucoma is irreversible;

- Glaucoma accounts for more than 7 million visits to physicians each year; and

- Glaucoma is a chronic disease and there is currently no cure, but it may be treated with medication or surgery.

If there's a family history of glaucoma, you need to be checked in early childhood years and anyone over the age of 40 should be checked every two years," Dr. Allison said.

According to the GRF, the best way to protect yourself against glaucoma is with thorough eye exams.

"There are advancements in visual field testing and instrumentation that measures the thickness of the retina to see if it's been damaged," Dr. Allison said. "There are methods for earlier detection."

Shallowater High School advances to finals in national teen safe driving campaign

Shallowater, Texas, January 19, 2005 - Shallowater High School is one of 10 schools across the United States selected as a finalist in Project Ignition, a national service-learning project established to help save teen lives. Shallowater received a \$2000 grant from State Farm in September, which was used by students to create a public awareness campaign targeted at their peers and communities about teen driver safety.

Shallowater's project, called "Safety Starts with Step 1," created and promoted safety programs in the elementary and intermediate schools by using high school students as mentors. In high school, the project addressed speeding, distracted driving, impaired driving, seatbelt use and aggressive driving.

Shallowater's project will be highlighted at the National Service-Learning Conference in Long Beach, Calif., March

17-19, along with nine other schools, where one of these 10 student campaigns will be selected for a \$10,000.

Project Ignition, sponsored by State Farm and the National Youth Leadership Council, provides students an opportunity to learn about the various aspects of driver safety and positively influences the safe driving habits of others.

For more about Project Ignition, go to www.sfprojectignition.com.



U.S. Foodservice is one of the largest foodservice distributors in the United States distributing food and related products to restaurants and institutional foodservice establishments across the entire country. U.S. Foodservice markets and distributes more than 43,000 national, private label and signature brand items to over 300,000 foodservice customers and employees more than 28,500 foodservice professionals.

The Lubbock Division of U.S. Foodservice is looking for a territory Sales Person Trainee to work the Lubbock, Midland and Odessa region.

You should possess:

- A college degree and/or 3 years foodservice management experience.
- Foodservice sales experience is preferred.
- Ability to understand windows based programs and operate a laptop computer.
- Must have excellent time management skills, ability to meet deadlines, work without supervision, good communications skills and dependable transportation.
- Relocation possible.

We Offer:

- A competitive compensation package.
- An established territory.
- Pension plan, stock purchase plan and 401 K
- Two weeks vacation and additional time off.
- Medical, dental, vision and life insurance.

Qualified applicants can respond
U.S. Foodservice
915 East 50th Street, Lubbock Texas 79404
Fax: 806-747-7576
Greg.George@usfood.com
Reference posting 05-0002
EOE-M/F/D/V

FREE INCOME TAX PREPARATION

PRESENTED BY THE COALITION OF COMMUNITY ASSISTANCE VOLUNTEERS (CCAV), a non-profit organization

TAX RETURNS PREPARED AND E-FILED ONLY FOR PEOPLE WHOSE INCOME IS LESS THAN:

Family Size	Annual Income
1	\$13,300
2	\$21,330
3	\$35,650
4	\$37,350
5 or more	\$48,350

Volunteers trained by CCAV and the IRS will prepare tax returns for low income residents of the South Plains on a first-come, first-served basis at the following sites:

MANON LIBRARY

1306 9th Street
Saturdays beginning January 22nd thru April 9th
9:30 a.m. to 2:00 p.m.
Site closed Saturday, March 26

PATTERSON LIBRARY

1836 Parkway Drive
Mondays, Wednesdays and Fridays
Beginning January 19th thru April 15th
Mondays - 3:00 p.m. to 5:00 p.m.
Wednesdays and Fridays - 10:00 a.m. to 3:00 p.m.
Site closed Monday, February 21 and Friday, March 25

BYRON MARTIN ADVANCED TECHNOLOGY CENTER, 3201 Avenue G

Tuesdays and Thursdays beginning January 18th thru April 14th
5:30 p.m. to 8:30 p.m.
(A FULL PARKING LOT DOESN'T MEAN A LONG WAIT)
Site closed Tuesday and Thursday, March 15 and 17

LUBBOCK SENIOR CENTER

3004 18th Street
Most Wednesdays and Thursdays
Beginning February 2nd thru April 14th
9:00 a.m. to 1:00 p.m.
CALL 806-767-2716 TO CONFIRM THIS SITE IS OPEN

SPECIAL THANKS TO OUR SPONSORS

PLATINUM SPONSOR

Lubbock Area Foundation

SILVER SPONSORS

American State Bank

State National Bank

CIVIC PARTNER

Metropolitan Lubbock Rotary

BRONZE SPONSORS

American Bank of Commerce

City Bank

First Bank & Trust

Lubbock National Bank

You must bring the following items to have your tax return prepared FREE:

- Forms W-2 and 1099 (from every place you worked during the previous year)
- Social Security cards for yourself and all dependents
- Any other information that would help us prepare your return (such as a copy of your last tax return)
- Voided check for checking account and/or deposit slip for savings account (if you want your refund to be deposited directly into your account)

Income Tax Refunds - Refunds deposited automatically into a bank account and will typically be received within 10 days of the return being prepared. Those who would rather receive a refund by check should typically receive it within 14 days. Don't spend your hard-earned money on a rapid refund loan! You've waited 365 days to get your refund, so...

GET ALL THE REFUND YOU'RE ENTITLED TO!

To check on a refund, call the IRS at 1-800-829-1054

For more information about FREE tax preparation
Call 806-667-CCAV (806-667-2238) or go to www.lubbockhousing.com



GET A HOME EQUITY LOAN

Skip Your Next House Payment!

**** Proof of Income NOT Required ****

Self Employed Ok. Even If You Have Bad Credit.

- Charge Offs and Collections are Disregarded!
- Mortgage Late Pays Ok!
- Pay Off Property Taxes and Christmas Debt!
- What Would You Do With The Extra Money?

Complete and Fax Back To:

1-800-850-2487

Name _____ Wk# _____ Hm # _____

Mtg Balance \$ _____ Current Rate _____ % Home Value \$ _____

If you wish to be removed from our distribution list, please call our toll free number 1-866-419-1654.

When a challenging situation requires compassionate care, cancer patients rely on UMC.

UMC's Southwest Cancer Treatment and Research Center offers the best available care from a team of dedicated cancer specialists. Our team approach means patients, both adults and children, benefit from the combined expertise of our specially trained physicians, nurses and staff.

The Cancer Center is designed to be a place where patients find comfort for mind, body and soul, all close to home. That's important, because when you're facing one of life's toughest battles, UMC gives you one of your most important weapons... hope.

UMC HEALTH SYSTEM

Serene • Teamwork • Leadership

www.teamumc.com