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December 5 - December 12, 2002

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### An Independent Dieforial Newspaper for All People • Primartly Serving the Black Regulation of Lubbock County and the Surrounding Area • Black Press of America . • National

### News Why We Spend the Way We Do

Christmas LUBBOCK - Christmas is a time of giving, but many people give too much and begin the new

year with bills they can't pay.

Americans spend more during the Ciristmas season than at any other time of the year so it's important for people to know not only what they're buying, but why according to Bill Gustafson, Ph.D., executive director of the Texas Tech University Center for financial Responsibility "Retailers and manufact ers spend a lot of money to find out why you do what you do. They use everything from anthropology and cultural appeals to psychology and social pressure to get you to open your wallet" he said

Texas Tech University's Center for Financial Responsibility was established in 1995 with a focus on Jebt management and rearement planning. Gustafson says five main categories are used by manufeters to get people to spend money. One tache used is a pure sociological model or peer pressure. Peer group acceptance is very important to us, but it shouldn't be the basis for a major material acquisition, particularly one you aren't able to afford" he

Another technique is anthropological. "People with a strong cultural identity tend to purchase goods that identify them as a member of that culture," Le says.

The third model is a social/paychological model. "This model targets the feeling of relative deprivation or the belief that luxuries are necessities because everyone in your peer group has them, ' said

The fourth model is purely psychological. "This relies on the consumer believing that if they don't have this item they won't feet good about themselves," said Gustafson. 'Often, buying the item is really more important to the consumer than using the item."

The final model is economic. "Here the idea is that the quality. of goods is reflected in the cost, he said. "We see people with highcost goods and thai demonstrates some form of economic superiority. We believe that we must have the same goods in order to keep up with them," Gustafson said.

And don't think children are immune to these sales pitches. Even those children too young w read are susceptible to peer prassure and the marketing pitches they see and hear. "We are socialized from childhood into an attitude of consumption. If you want to see the impact, just observe little kids who can't read or write yet, but know all the commercial jingles and recognize all the corporte logos from the toy compa-

But Gustafson says a child's request can turn into a chance to teach. "When kids come up with something that is totally unrealistic, that's a good time to teach them about money," he says. "You can talk about how long it takes you to earn money, how many hours the requested item would cost in terms of work and that this

is a major expenditure." Americans have not always overspent on the holidays. Gustafson says it's a concept that developed after World War II. But that's long enough for the trend to become a norm. "We're only two or three generations into this practice, but that's long enough for us to say this is tite way we've always done the holidays," he says.

### continued on pg 2

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### Rylander Challenges TV Crime Victim's Photo

Texas Tech Univer it Cun West Collect

(AUSTIN)-Texas Comptroller Carole Keeton Rylander announced she will challenge an Austin TV station's attempt to obtain and publish state photos of a Comptroller's Office employee who was the victim of a brutal stabbing incident.

"I have always been a staunch supporter of conducting government in the sunshine," Rylander said at a press conference outside the Comptroller's Office. "But this request goes beyond the bounds of open government and dives straight into a murky pool of further victinization, invasion of privacy and tampering with state security systems."

Last June, Gloria Amaya, an employee of the Comptroller's Office, was critically wounded when her estranged husband stabbed her repeatedly in a nearby parking garage as she was leaving work, Following the stabbing, he fled the scene and was later found in another garage, after having taken his own life and the life of his and Ms. Amam's 12-year-old son.

The next day, KEYE-TV, an Austin television station, requested copies of Ms. Amaya's state security badge photo under the state's open records laws. Rylander sent the request to the Attorney General for an opinion, since she believed the photos should be con-In August, the Attorney General's Office ruled in favor of KEYE, and the station reiterated its request earlier this mouth.

"If this request was a call for documentation of Ms. Amaya's

work, I would have no problem with the request," Rylander said in a letter to the station. "But broadcasting or reprinting a copy of her state identification security photo, in concert with a domestic crime story, does not fall within the public's

right to know." Rylander was joined at the press conference by victims' rights advocates, state employees and members of the Austin Police Officers Association, In addition, famed Texas trial attorney Rov Minton attended the event, noting he had agreed to defend the agency because of the significant assault on privacy rights that the case repre-

"I've been in the public arena most of my adult life, and I understand and appreciate the vital role the press plays in keeping the public informed of how its government. conducts its business," Rylander said. "But I also understand that individuals have rights that must not only be protected from government ir trusion, but at times from private institutions up to and including the

"As an elected public official, I fully understand and accept the broad obligations and responsibilities I have to the taxpayers. As a result, I do not expect the same privacy rights to apply to me," Rylander said. "However, this request is an unnecessary and intrusive look into the life of a public employee that has nothing to de with her service to the state or her obligations to the taxpayer."

### **EEOC** Settles Race Discrimination Station's Attempt to Publish Suit with The Mirage for \$1.14

LAS VEGAS - The US, Equal **Employment Opportunity** Commission (EEOC) today announced it has settled a major race discrimination lawsuit against The Mirage Hotel and Casino on the Las Vegas Strip for over \$1 million. The EEOC's suit (Case No. CV S-02.1554 RLH - LRL), in US. District Court for the District of Nevada, charged the Mirage with discriminating against African-American and

Hispanic applicants from January 1, 1996, until May 31,1997 - a time period prior to the acquisition of The Mirage by MGM Grand, Inc. (Now MGM Mirage)

The Settlement Agreement, filed concurrently with the EEOC's lawsuit provides for \$840,000. in financial compensation for a class of African-American and Hispanic applicants, along with implementation of appropriate complaint procedures, anti-discrimination training, and recordkeeping obligations to be monitored by the EEOC over the diration of the three-year term of the Agreement. The remaining money will be used to implement training

"We commend the MGM Mirage for working cooperatively with us to reach this agreement," said EEOC Chair Cari M. Dominguez, "Unfortunately, almost 40 years after the passage of the landmark Civil Rights Act of 1964, discrimination against people of color is still all too common in our nation's workplaces. This settlement is another step toward making the promise

of equal employment opportunity

a reality."

Olophius Perry, Director of the EEOC's Los Angeles District Office, which has jurisdiction for Nevada, said: "In addition to providing a substantial amount of monetary relief to the victims, the settlement puts in place extensive mechanisms to help prevent discrimination in the future. By monitoring the employer for me next three years, the Commission will be in a position to act quickly should discrimination or retaliation occur again."

Debbie Thomas, Vice President of Human Resources for The Mirage, said: "Under this agreement. The Mirage will supplement its already extensive diversity training program, which is one of me principal elements of the commitment to diversity within our company."

Ms. Thomas continued: "In 2000, our parent company established the industry's first formal diversity program; we greatly value diversity in our workforce. More than 50% of our employees are of minority backgrounds. Additionally, we believe our parent-company is the only company in the industry to have established a comprehensive vendor/supplier diversity program as well as a requirement that any contract of construction services include a minority component. We are proud of our record on diversity and look forward to supplementing our existing training efforts with those agreed to as part of this settlement"

Remarking on the cooperation between the FEOC and MGM

Mirage in resolving the suit, Anna Y. Park, Regional Attorney of EEOC's Los Angeles District Office, said, "The Commission congratulates all concerned in reaching this settlement. We believe that The Mirage and its parent company are committed to a policy of non-discrimination. During the next three years, we will work with The Mirage to ensure that the procedures put in place by this Settlement Agreement will be administered

In addition to enforcing Title VII of the Civil Rights Act of 1964, as amended, which prohibits employment discrimination based on race, color, religion, sex (including sexual harassment or pregnancy) or national origin and protects employees who complain about such offenses from retaliation, the EEOC enforces the Age Discrimination in Employment Act of 1967, which protects workers age 40 and older from discrimination based on age; the Equal Fay Act of 1963, which prohibits gender-based wage discrimination; me Rehabilitation Act of 1973, which prohibits employment discrimination against people with disabilities in the federal sector; Title I of the Americans with Disabilities Act which prohibits employment discrimination against people with disabilities in the private sector and state and local governments; and sections of the Civil Rights Act of 1991. Further information about me Commission is available

on its web site at www.eeoc.gov.

### Myths About Welfare Reform **Hurt Hispanic Families**

By Raul Yzaguirre This week marks the sixth anniversary of welfare reform. Unfortunately, many politicians have complacently subscribed to three big myths about it success. These same elected officials must fix the new law, which expires on Sept. 30, if they want to earn the support of Latino voters in

Myth 1: Welfare reform was a success because it reduced caseloads One reason caseloads

dropped was simply because of a change in who was eligible for aid. The 1996 law cut off taxpaying, working poor, legal immigrants, many of whom are Hispanic. This left their children poor, hungry and without health care even though many of these children are U.S. citizens. Another reason the rolls fell is

Nevember.

some of those who were eligible were not getting the help they needed because they were put off or confused by the new regulations. A third of the decline in the welfare caseload is due to the lower participation of eligible families, according to the Urban Institute. As a result, many Hispanic families are still poor but are simply not getting the help they need.

Caseload declines during the 1990s also had more to do with the economy than with the new law. During the years between welfare reform and the current recession, the economy boomed, creating opportunities for families to move from welfare to work. Since the recession began, the unemployment rate for Hispanics has grown, and so has the need for aid. The Center for Law and Social Policy found that caseloads increased this past year in most states. Myth 2: Welfare reform reduced

The fact is, extreme poverty among single-parent families has actually increased. About 300,000 more people in single-parent families lived below 50 percent of the federal poverty level in 1998 than in 1996, according to the Urban Institute. And these extremely poor parents find it difficult to provide basic food and shelter for their families. The Hispanic poverty rate is still dispreportionately high. One in five Latino families is poor, while the national average is one in eight,

according to :ecent census figures. Myth 3: Welfare reform got people into decent jobs,

In reality, a large number of those who left welfare are unemployed, and those who have found work remain poor, according to a recent sludy by the National Campaign for Jobs and Income Support. For Hispanies, especially, work is not always enough to lift them out of poverty. While Latinos are the most likely to be working or

looking for work, they also have the highest poverty rate for full-time workers, 6.2 percent compared to 4.3 percent for African Americans and 2.1 percent for non-Hispanic whites. Many are poor because they have jobs with out benefits, such as health insurance, and are paid little more than the minimum

A bipartisan group of senators has a proposal to help fix the problems of welfare reform. They would let states make immigrant families eligible for aid. They would increase funding for childcare and encourage education to move parents into jobs that would support their families. And they would reduce the gaps in funding between eligible recipients in Puerto Rico and the States.

Supporters of the harsh bill that narrowly passed the House of Representatives have criticized the Senate proposal. These critics instead support a bill that limits access to educational programs and maintains the ban on serving poor legal immigrants.

These politicians are opposing provisions that are key issues for Latino voters. Three-fourths of Latinos support ensuring access to benefits for legal immigrants, according to a recent poll. And yet, while these elected officials court Latino voters, they perpetuate the myths of welfare reform and oppose policies that would improve the lives of many Latino families.

But Latinos know the real legacy of welfare reform. They have not bought into the myths and they will remember who did on Election Day.

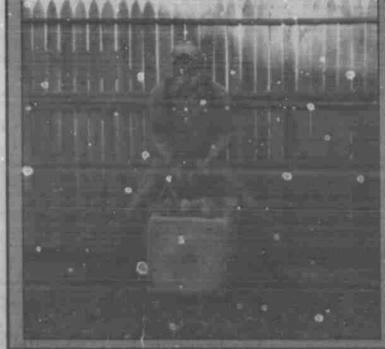
Raul Yzaguirre is the president and CEO of the Washington, D.C.based National Council of La Raza (www.nelr.org), an umbrella organization for more than 280 community-based organizations nationwide, dedicated to improving life opportunities for Hispanics.

### "Thank God For Giving"

EVANGELIST BILLY MORRISON, SAID, HE THANKS GOD FOR THEIR GARDEN. IN IT WAS GREENS, OKRA, TOMATOES, TURNIPS AND SWEET POTATOES.

BROTHER MCRRISON SAID, HE THANK THE LORD FOR A CHANCE TO SHARE WITH FAMILY FRIENDS AND NEIGHBORS. WITH THE BLESSINGS FROM MY HANDS.

HE SAID, HE DIDN'T PLANT ANY-GRASS THIS YEAR; BECAUSE IT WOULD BE CUT AND PUT IN THE DUMPSTER, BUT HIS YARD WAS GREEN IN THE FRONT WITH FRUIT, THE POTATOES CAME OUT TO ABOUT 200 LBS.





### Flood Insurance Seminar Set for

The City of Lubbock will host a two-part Flood Insurance Seminar on December 12 in Room 103 of the Civic Center, 1501 6th Street

The morning session, which runs from 8:30 a m. to 12 noon, is for insurance professionals, engneers, urchitects, surveyors, title companies and community officials. The afternoon session,

which is from 1 to 4 p.m., is for lenders, realtors and appraisers. Insurance Professionals are

eligible for 3.5 hours a continuing education. The cost is \$30 for each session and is waived only for community officials

There will be a separate aftermoon session of fered to community officials by the Texas Floodplain Management

Association (TFMA), for specific instruction in managing a floodplain and complying with the National Flood Insurance Program.

For registration forms and information, contact Skipper Wood, City of Lubbock, (806) 775-2331.

## Fashion

by Shirley Roberson

Novelty Handbags, Delightfully Fruitful

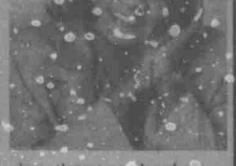
Sometime a lady just want to have fun, and novelty bags that you go b and go. handbags offers just that.

Ine simplicity of these fruitful designs reflects tremendous amount of fashionable knowledge.

Apples, oranges and grapes, beautiful coloriul. fruitfai handbags.

Strawberries and che ries are the most popular. Designs of every delicious fruit you can imagine.

The great thing about novelty handbags, is the fact that you don't have to match it, with what you are wearing, it's one of those hand-



It's a fun item, loads and loads of fun, designed for contal wear.

Its definitely in the know, right now. Remember that some fruit each day, will help keep the Dr. away.

WHAT'S YOUR FAVORITE FRUIT ? HAVE Fun!

NEXT ISSUE ... PLUS FASHIONS, IS A PLUS Tip,... Always wear a smile FASHION ... Just for the fun

QUEEN FOR A DAY LUNCHEON

ASHMORE INN SOUTH LCOP 289

GUEST SPEAKER, NATIONALLY RENOWNED EVANGELIST YOULANDA GAMBLE, FREDRICK M.D. SPONSOR SHIRLEY ROBERSON, HUMBLY STEPPING OUT ON FAITH ALL OF GOD CHILDREN, UNITING IN LOVE, RESPECT AND HARMONY

HONORING GOD'S FIRST LADIES

# Army & Air Force Hometown News

Air Force Airman Jason A. How ard has graduated from basic military training at Luckland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air nalitary customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and spe-cial training in human relations. In addition, airmen who com-

plete basic training earn creats oward an associate degree through the Community College

of the Air Force.

He is the son of Kelly
Howard of Pleasant Valley Drive,
Burleson, Tews, and grandson of
Fred and Chantotte Rathjen of
38th St., Lubbock, Texas.

Howard is a 2000 graduate of

Catherine L. Morelle-Oliveira has been promoted to the rank of major in the U.S. Army.

Morelle-Oliveira received the promotion while deployed to a fo ward operating location in support of the mission Operation

cial name given to the biggest U.S. military mobilization since

And Gustafson says con-

sumption isn't bad. Gustafson says it is critical for consumers

to be aware that merchandisers

find triggers to motivate them

to make purchases, particularly

"All consumption isn't

bad," he says. "But move does

and it doesn't necessarily make

that consumers are in charge of

you happier. The key point is

how and why they spend, not

whether they're getting a good

deal, but also in terms of being

aware that there are psycholog-

How can you protect your-

ical factors at work that are

influencing their impulses to

self from going overboard on

holiday spending? Gustafson

says develop a budget and stick

with it. "Leave the credit cards

at home, and take only the

amount of cash you plan to

spend," he said. "You won't be

so likely to make an impulse

buy that you can't afford."

spend."

Just the dollar amount and

not necessarily mean better,

and marketers are trying to

Enduring Freedom is the offi-

En luring Freedom.

continued from pg 1

at this time of year.

Burleson High School.

the Gulf Wa in 1991. Members of all branches of the U.S. Armed Forces have been deployed and reserve components activated to support the war against global tenorism combating the international terrorist network or regime forces cutside of the United

States.
The major is regularly assigned at Fort Richardson, Anchorage, Alaska.

She is the daughter of Fredric
T. Morelle of Huntsville, Ala.
and Barbara F. Morelle of Vinton
Ave., Lubbock, Texas.

Air Force Tech. Sgt. Roger F. Valdez has graduated from the Noncommissioned Officer (NCO) Academy at McGuire Air Force Base, Wrightstown, N.J.

The graduate received instruc-

services.

Mail resume to:

Do You

1628 19th Street

Lubbock, Texas 79401

ion in advanced military leader-ship, management theories and ship, management theories and responsibilities, oral and written communications skills, are physical fitness fundamentals. The noncommissioned officer performed as a supervisor to learn behavior concepts, problem solving, and counseling techniques relative to the Air Force mission and organization. The sergeant learned to orientate new servicelearned to orientate new service-members in the principles, prac-

tices and tools necessary to func-tion in the Air Force.

Valdez is an avionics commu-nications craftsman assigned to the 621st Air Mobility Operations Group.

He is the son of Mary A. Valdez of E. 48th St., Lubbock,

The technical sergeant is a 1985 graduate of Dunbar-Struggs High School, Lubbock.

Communities In Schools

On the South Plains, Inc.

Halping kids to help themselves

-EMPLOYMENT OPPORTUNITY-

YOUTH COORDINATOR

Work, Psychology, Sociology. Education, or related

field. Three (3) years experience in direct student

Duties: Case Management, plan and implement

Communities In Schools on the South Plains, Inc.

STATE OF THE PARKS TANKS

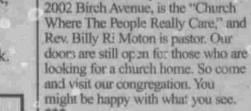
LUBBOCK AVALANCHE-JOURNAL

Way To Go Carli Jordan!

IDAM CHE JOUN

program design and other duties as assigned.

Position requires a Bachelors degree in Social



Services began last Sunday morning with Sunday School, beginning at 9.30 a.m. with all teachers present. For thirty minutes, students received hirty minutes or instruction. At 10:15 a.m., all teachers and students marched to the main auditorian where the highlights of the norning lesson were discussed. What a time for all in Sunday School.

The New Hope Baptist Church,

The morning devotion was led by Brother Robert Cork and Brother J. C. Quiglev. They were assisted by the Praise feam. What a time is the

The New Hope Male Chorus marched in the morning devotion last Sunday morning singing out of their hearts and souls. Rev. Cheryl Saunders offered the altar prayer. After the singing of a selection by the Male Chorus, the morning scripture was read by Brother Jessie Thompson. The morning prayer was given by Brother Hardin Barrow. The Male Cherus sung another selection. The responsive reading was done with the congregation standing and led by Brother Joinnie

The morning hymn was "The Nail Scarred Hand." Pastor Moton gave his pastoral observation. After the singing of another selection by the Male Chorus, Pastor Moton delivered a powerful message. His subject was "It Was Nothing But the Blood." His scripture was Hebrews 9:13-14. Praise God for the morning sermon.

After the invitation to discipleship, announcements were read by Brother Napoleon Cooper, Brother Billy Dailey welcomed visitors to the morning worship hour.

The New Hope Baptist Church Annual Church Meeting will be held Monday evening, December 7, 2002, beginning at 7:00 p.m,

The New Hope Baptist Church F mily Christmas will be held on Tuesday, December 15, 2002. The theme for the Christmas celebration will be "Christmas Around The World." For more information, contact either Sister Margaret Moton or Sister Florinza Stokley.

Here are the names of people who visited the Hub City over the Thanksgiving Holiday Season Do come back again.

Tyrone Ervin and Clarence Ervin, Jr. and family of Austin, Texas visited their mom and dad, Mr. and Mrs. Clarence Ervin, Sr.

Leon and Christian Roberts visited their parents, Mr. and Mrs. Matthew

Ms. Carolyn Rollison of Houston, Texas and Larry Rollison and his family of Murfeesboro, Tennessee visited their parents, Mr. and Mrs, Richard Rollison, Sr.

Linda Holmes of Arlington, Texas visited her mom, Mrs. Dora Johnson.

Minrue Mitchell of Santa Fe, N. M., Glory Mitchell of Port Arthur, Texas. Alma Scott of Richardson, Texas, Mr. and Mrs. Olden Webester of Richardson, Texas, Shree and Shaum Claggion of Richardson, Texas visited their aunt and sister, Mary Mitchell, for Thanksgiving Holiday.

Mr. and Mrs. Robert Goff of Tampa, Florida stopped by to say hello on their way back home.

It is so good to see those who lived in Lubbock once in their lives, come back for a little while. Do come back. You see, we still miss each of

#### FIRST LIDY CITY WIDE

SATURDAY JANUARY 18th, 2003, 1:30 P.M.



YOU can be a Hero and belp prevent bome fires with an hour of simple training and a

little of your free time

The Lubbock Fire Department has FREE Smoke Detectors and Carbon Monoxide Detectors ready to install in the homes of many of Lubbock's citizens, but they need the manpower (or womanpower) to get the job done. Volunteers will go in teams of three to install these valuable safety devices and deliver fire safety brochures and information. This would be a great job for a couple in their retirement years. The Retired and Senior Volunteer Program (RSVP) will provide car mileage reimbursement at 35¢ per nile for this service. For more information just call

742-2423

Homeland Security begins at Home!

A program of the Lubbock Fire Department and the Retired and Senior Volunteer Program.





# TONIGHT... OH YEAH!!



LUBBOCK'S GREATEST

### CHICKEN FRIED STEAK

MADE FROM GARDSKI'S OWN SECRET RECIPE

HAND-BREADED CHOICE CUTLET COVERED IN GARDSKI'S HOMEMADE CREAM GRAVY. SERVED WITH TEXAS TOAST AND YOUR CHOIC! OF TWO SIDE DISHES

**Know A** Child Who Deserves To Be

Recognized?

I . 2002, The Avalanche-Journal And Its Make Kids Count Sponsors Will Keep The

### SPOTLIGHT ON KIDS

Each Dey The A-J Will Introduce You To A Local Child Who Is Going Above And Beyond To Do Good Things, The Right Things!

If You Know Of Such A Child, We Want To Know, Too. Be It Neighbor, Pupil, Friend Or Relation, Help Us Tell The World About These Special Kids!

NOMINEE INFORMATION -**PARENTS** SIGNATURE: Daytime phone (parent): On a separate sheet of paper briefly tell us about your naminee and
 list the accomplishments of your naminee. NOMINATOR INFORMATION -

Relationship to nominee:

Daytime phone: Do you want your nomination to be an anymous ?: Did you include a good quality photo of the child?:

Photos will be externed only if a sulf - Sdressel stamped serv-tope is included.) SPOTLIGHT ON AIDS RULES 1) No purchase necessary. Non-notion forms will peer periodically throughout the year in the alcoche-Juureel and or Molin Kids Count spossor

The A-J Information Course, 710 Avenue J. 2) Continuing forms can be realled to: Spellight On Kiels, RO, Box 491, Inhiback, TX 79408, or can be dropped off at The A-J teleprescrion Country, 710 Avenue J.

3) All information, including a reproducible photo-graph of the child, must be included. INFORMATION: AND PICTURE VIRLINGS APPEAR TO THE A-J WITH-OUT VERRICATION AND SIGNATURE FROM A PAR-ENT OR LEGAL GUARDIAN. Plates will be returned ONLY if a self-addressed storaged anythings in

4) Only one Spallight On Kids naminos will appear

5) Selection will be made by Art personnal based on the completeness of information, personal approval and the marks of the comisses, including family contesses oround town. Forms also are available at sidurations, citizenship, volumentum, cleanus activities and accomplishment, good behavior, church implement, coding for affairs, etc.

6) All nominess agree to allow their earnes, and photographs to be published in The Archanche-Journal without further compensation.

7) The Archiveler-Inspend is not responsible for sub-mitted astrius that are forwarded, leth, feat, mini-rected, demograf, illegible, incomplete or prestupe 8) By antering, each contestant or fluir representa-tive ochrovefulges occupance of the rules and agrees to be fewerd to fluor.



### CHURCH DIRECTORY





SOUL, AND WITH ALL THY MIND, AND WITH ALL THE LORD, I HAVE BEEN SO MANY TIMES, ACCUSED OF LOVING YOU, I HAVE NOT ALL WAYS DONE THAT, AND

LORIO WAS RAISED UP IN A CHRISTIAN HOME, PUT WENT TO THE HOG PEN(WORID OF SEV), WHEN I GOT

ROVERB 22:6, TRAIN UP A CHILD IN THE WAY HE SHOULD GO: AND WHEN AE IS OLD, HE WILL NOT LORD, IN THE 60'S, THE WORLD SAID, ITS YOUR

LIFE DO YOUR TRING, MANY SINFUL THINGS I DID OUT THERE BROUGHT SHAME, SHAME, SHAME. WHILE IN THAT HOO PEN DANY TIMES + COULD HAVE DIFD; FUR MANY TIMES AND IN MANY WAYS:

CAPAN TIMED TO TAKE MY LIFE. ROMANS 6:23, FOR THE WAGES OF SIN IS DEATH BUT THE GIFT OF GOD IS ETFRNALL HE THROUGH DESUS CHRIST OUR LORD.

LORD, AS LLCOL BACK OVER MY LIFE; I CAN SEE YOUR GRACE AND MERCY, WHILE I WAS IN THE HOO PEN YOUR LOVING HAND WAS WATCHING OVER MO. 1961 A MAN PULLED A SHOTGUN ON ME-

2, 1963, PLAINS CO-OP OIL MILL BLOW-UP I WAS

2. 1966 TIRE BLOW OUR AT 110 M.EH. WHILE TRYING 1972 A MAN PULLED A SHOTOUN; ABOUT HIS

5. 1933 MOTHER AND I WAS COMING FROM SENVER CO. AT 80 M.P.H. THE STEERING WHEEL BEGIN TO SHAKE VIGOROUSLY: THINKING THE BOLTS WERE LOOSE, I JACKED THE CAR UP AND THE TIKE FELL ON

THE GROUND, SPENDLE V.AS BROKEN OFF. 6, 1979 I WAS GAMBLING, PROKE THE HOUSE; MAN PULLEDIA SHOTGUN-GURLTY. AFTER EACH EVENT I WOULD TELL SOMEONE

OFBREWS 12:7-9, IF TE ENDURE CHASTENING, GOD DEALETH WITH YOU AS WITH SONS; FOR WHAT SON IS THE WHOM THE PATHER CHASTENETH NOT? BUT IF YE

BE WITHOUT CHASTISEMENT, WHEREOF ALL ARE PAR TAKERS, THEN ARE YE BASTARDS, AND NOT SONS FURTHERMORE WE HAVE FATHERS OF OUR FLESH WHICH CORRECTED US, AND WE GAVE THEM REVER ENCE: SHALL WE NOT MUCH RATHER BE IN SUBJECT TION UNTO THE PATHER OF SPIRIT, AND CIVE?

LORD, I THOUGHT I WAS LUCKY; BUT YOU WAS PISO TECTING ME, I WAS BLIND WITH SIN, AND YOUR BLESS-

AND NOTHING FRIGHTENED ME, I THOUGHT WA BRAVE AND COOL I WAS WALKING IN THE SHADOW OF DEATH: I PLAYED THE FOOL

PSALM 23:49, YEA, THOUGH I WALK THROUGH THE VALLEY OF THE SHADOW OF DEATH, I FEAR NO EVIL LORD, I WOULD SPEAK FILTHY WORDS, THAT WOULD MAKE THE DEVIL FLINCH, I WAS FULL OF CURSINGS: ALL OF MY VOCABULARY WAS FULL OF

TIMOTHY LIS, THIS IS A FAITHFUL SAYING, AND WORTHY OF ALL ACCEPTATION, THAT CHRIST JESUS CAME INTO THE WORLD TO SAVE SINNERS; WHOM I AM HIEE \*\*\* YOU HAVE BEEN CHOSEN!!!

LORD, BUT THE DAY OF NOVEMBER 23,1979, WHEN YOU SHOWED ME MY DEATH, THIS WAS MY FIRST DAY OF FEAR, AND THE FIRST DAY OF PEACE AND REST. EORD, WHEN I CRIED OUT; PLEASE; DON'T LET ME DIE I M NOT RIGHTE YOUR SPIRIT BRI APHED ON ME.

AND FROM THAT DAY, I WAS GIVEN NEW LIFE JOHN 20:21,226, JESUS SAID, PEACE BE UNTO YOU: AS MY FATHER HATH SENT ME, EVEN SO SEND I YOU. RECEIVE YE THE HOLY GHOST.

WRITTEN BY EVANGELIST BILLY B.J. MORRI-SON,111, YOUR BROTHER IN CHRIST JESUS.

### Bethel African Methodist Episcopal Church

2202 Southeast Drive 806-744-7552 Pastor's study 806-741-0208 dpoebethel@aol.com

Intercessory Prayer 8:30am Church School 9:30am Morning Worship 10:50am Evening Worship 6:00pm Wednesday Bible Study 12:00 Noon and 6:00pm



"God Our Father, Christ Our Redeemer, Man Our Brother" Pastor: Danny R. Poe

### the Deskof Parson D.A. Si God's Forgiveness"

I was reading an article about a small town in the state of Alaska named "Nome." found it to be the commerce and transportation center for Northwest Alaska. The immediate area is rich in gold and mineral potential. The City of Nome is one of Alaska's oldest continuous dies, being incorporated in

The City of Nome has 12 churches, two libraries, one museum, one bank, one credit union, a convention center, indoor swimming pool, one vet1 erinarian hospital. The city also has medical facilities that include 19 bed-8 physician h- spital, 15 bed elders long-term care facility, one outpatient clinic. two dental clinics, one eye practor. There are other "com- lets, scrap wood, and piles of degrees of responsibility, how-

munity health services."

Among the unusual of this city is no "road system" connects Nome to any major city. There is no bus nor rail service. The principal provider of transportation is through air service and ships.

This city that set on the edge of the Bering Sea, is like many villages of the Arctic. The ground on which the communitundra. Burying the dead is a real challenge. Until recently, sanitation landfills are unheard of. The method of sewer treatment is primary with screening and anaerobic digestion in a lagoon which is being converted to aerobic digestion system. Garbage trucks do not haul off the kind of refuse we leave in the alley. A typical front yard displays troken washing clinic, one pharmacy, one chiro- machines, junked cars, old toi-

nondegradable refuse.

It is reported that some 20-23,000 visitors come to Nome each year, the majority during the summer season. These tourists are said to be amazed at the debris and shake their heads in disbelief at the living condition of these people. How could anyone live like in such conditions, they wonder? What those visitors do not realize is that for ty sits is frozen, sponge-like nine months of the year Nome sits under a blanket of snow that covers the garbage. During those months, the little town of some 2000-3,505 people is a quaint winter wonderland of pure white landscapes.

What happens in this little town and where it is located also could be likened to our lives. There are many pits and pitfalls during a lifetime. They Nome, our sin is covered forevvary in degrees of seriousness er. and consequences, even in

ever they have one thing in common. They are potential barriers of vision, to seeing the eternal light. They plunge us into darkness. They are also barriers to hearing. Submerged beneath the atmosphere where sound travels, we can be cut off from the sounds of the word of God. Without that spiritual sight and hearing we can become completely and irretrievably lost, were it not for the divine Sentinel who is always watching and alert for signs of distress.

The reality of grace is that the garbage of our lives has been covered by a blanket of forgiveness. The prophet Isaiah declares that the blight of our sin, once red as crimson, is now white as freshly fallen snow. And unlike the situation in



In memory and honor of Earnestine Davenport, her family would like to express our heart-felt gratitude and appreciation to all for your kindness and support.

> May God Bless You, The Alexander Family

### Explore the Village

Covenant Presbyterian church, located at 47th St. & Salem, invites the public to "EXPLORE THE VILLAGE" at a gift festival sale featuring handcrafted items from around the world.

On December 7, from 10 a.m. to 3 p.m., Covenant Presbyterian church welcomes shoppers in the Lubbock area to discover beautiful gifts and home decor handcrafted by skilled artisans in 30 Third World countries, Musical instruments, pottery, jewelry, baskets, toys, creches and hand loomed textiles are just a few of the items featured in

this sale. The purchase of these gifts provides artisans around the world with vital, fair income for their handicrafts. The sale showcases handcrafted items marketed by Ten Thousand Villages. Ten Thousand Villages is a nonprofit alternative trading or organization and a program of the Mennonite Central Committee. Covenant Presbyterian church has held the sale for the last 4 years and opened it to the public for the first time last year.

### The Outreach Prayer Breakfast

-Prayer For The Body of

Father, we pray and confess your word over the body of Christ. We pray your people will be filled with full, deep, and clear knowledge of your will in all spiritual things. We pray they live and conduct themselves in a manner worthy of you, Lord, fully pleasing to you and desiring to please you in all things, bearing fruit in every good work, and steadily growing and increasing in and by the knowledge of you, with fuller, deeper and clearer insight.

We pray the body of Christ will be invigorated and

will be invigorated and strengthened with all power, according to the might of your glory, to exercise every kind of endurance and patience with joy, giving thanks to you. Father, who has qualified and made them fit to share the portion which is the inheritance of the saints, God,

Holy People, in the light. You, Father, have delivered and frawn them to yourself out of the control and the dominion of darkness, and have transferred them into the kingdom of the son of your love, in whom they have their redemption through his blood, which means the remission of their sins. Father, you delight at the sight of the body of Christ, standing shoulder to shoulder in such orderly array and the firmness and the solid front and stedfastness of their faith in Christ,

Christ, leaning on him in absolute trust and confidence in his power, wisdom, and goodness as they walk-regulate their lives and may they conduct themselves in union with and conformity to him, having the roots of their being firmly and deeply planted in him, being continually build up in him, becoming increasingly more confirmed and established in faith. Your people. Father, clothe themselves as your own picked representative, your chosen ones who purified and holy and well beloved by you, by putting on

behavior marked by tender hearted pity and mercy, kind feeling, gentle ways and patience. They have a grievance or complaint against another. Readily they pardon each other As you Lord, have freely forgiven them, so do they also forgive.

Your people put on love and enfold themselves with the bond of perfectness, which binds everything together completely in ideal harmony. They let the peace from Jesus act as umpire continually in their hearts, deciding and setting with all finality all the questions that arise in the body. In that perfect state to which they are called. May the body be thankful, appreciative, giving praise to you always, and whatever the body does in words or deeds, they do everything in the name of the Lord Jesus, and depend upon him, our Lord and Saviour Jesus Christ. We pray! Hallelujah!

Thank you for your precious Holy Spirit that's going to abide in our places of worship, and in the nearts of our Sisters and Brothers. AMEN.

Scripture References Romans 10:9-10 S 13: Hebrews 4:14-16; Matthew 18:18-19; I John 4:4; I Corinthians 6:12; Romans 8:4-9; II Corinthians 10:4-5; Romans 12:21; Ephesians 3:16; Romans 13:14 and Ephesians 6:10-17

The members of the Outreach Prayer Breakfast will meet Saturday morning, December 7, 2002, beginning at 9:00 a.m. in the home of Brother and Sister James Jones, 2416 East 30th

This is all the irvitation you need. Come!

If you were not pleased with your life in 2002, our Lord will hand you a clean sheet in a few days. What are your plans? God bless you!

Sister Dorthy Hood, president; Sister Christine Burleson, vice president and Sister Joyce Ross, secretary.



#### In Remembrance...



Mary Douglas

Funeral services for Mrs. Mary L. Douglas were held Wednesday, November 27, 2002, at the Hope Deliverance Temple Church in Lubbock with A. R. McNeal officiating.

Burial was held in Terrace Cemetery in Fost, Texas under the direction of Ossie Curry Funeral Home of Lubboc.

She died Thursday, November 21, 2002.

She was born March 31, 1943, in Timpson, Texas. She married Andrew C. Douglas in 1963 in Post, Texas. She attended Timpson public schools and lived in Post before moving to Lubbock. She was a mother of Faith Deliverance Church.

She is survived by her husband, Andrew C. Douglas; three daughters: Mary Douglas,

Ardella Woodberry and Teresa Douglas, all of Lubbook, Texas; three brothers: Edward L. Osby and Jim H. Osby, both of Lubbock, Texas; and Edgar E. Osby of Post, Texas; a sister, Nettie Osby of Rochester, N. Y.; and seven grandchildren.



N.F. Gani

Funeral services for N. E. Gant were held last Saturday afternoon, November 30, 2002, at the A. W. Wilson Chapel of Jamison Funeral Home with Elder Ous Cook and ReVi Johnny Barnes officiating.

Burial was held in the City of Lubbock Cometery under the direction of Jamison Funeral Home of Lubbock

Mr. Gant passed away Saturday, November 23, 2002,

He was born January 3, 1917, in Grimes County, Texas. He married Birda Welch on May 15, 1964, in Lubbock. He moved to Lubbock from O'Donnel, Texas 35 years ago. He was a Baptist and worked as a farmer and mechanic.

He was preceded in death by a daughter, Helen.

He is survived by his wife, Birda Gant; two sons, Henry Welch and Ishmeal Welch, both of Lubbook, Texas; two daughters, Mary Ollie of Las Vegas, Nevada and Arnita Lloyd of Lubbock, Texas; a sister, Ella Ree Gipson of Las Vegas, Nevada; and several grandchildren and great-grandchildren.



Johnny Johnson, Jr.

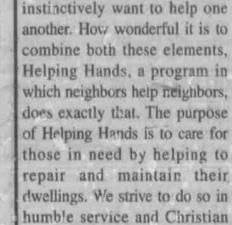
Funeral services we, sheld for Johnny Johnson, Jr. 1st Saturday morning, November 30, 2002, at the Greater St. Luke Baptist Church with Rev. J. H. Fordy pastor, officiating.

Burial was held imPeaceful Gardens Memorial Park under the direction of Brock's South Plains Funeral Directors of Lubbock.

He died Monday, November 25, 2002.

He was born August 20, 1949, in San Angelo, Texas, where he attended elementary school. He attended Dunbar High School in Lubbock. After moving to Lubbock, he worked for Rainbow Bakery, Texas Instruments, and Industrial Molding.

He is survived by his longtime companion, Joyce Freeman; nine sons: Bruce Freeman, Danny McKenzie, Michael McKeuzie, Kenneth Johnson, Kevin McKenzie, Jeffery Whitfield, Johnny Taylor and Rod Coleman; two daughters, Carla Johnson and Syreeta Taylor; his mother, Ida Mae Knox; and eight sisters: Cleeta Johnson, Blenda E. Hatcher, Genevieve A. Brown, Frances L. Allsbrooks, Gloria J. Inman-Giddens, Uyvonne J. Scott, Donna K. Inman and Rita Judie.



Helping Hands:

A Housing Ministry Open

to All

Human beings need many

things, on a physical level, shel-

ter is a basic human

necessity. We all need

some place to live,

hopefully in a place

which is comfortable.

Spiritually, helping

others is a basic

human value, as

human beings, we

Helping Hands provides volunteer labor and materials to help people keep their shelters safe and comfortable. The goal is to assist our neighbors who could not otherwise afford to keep their home "warm and dry." The program is based at Parkway

Drive Church of Christ, it is

open to all, everyone is welcome

love, we are guided by scripture:

"Bear one another's burdens,

and thereby fulfill the law of

Christ" (Galatians 6:2).

to be a part of the program. Nobody should have to live in a home where the walls let in the cold and the rain. Other problems with nouses can cause problems and need fixing. People who need help with

Strengthfor Today
hope for Tomorrow

Bear one another's burions, and thereby fulfill the law of Christ

repairs to their homes and are not able to Ford the work are encouraged-to apply for help from Helping Hands. A confidential private application can be obtained from the church or by calling

762-3546. Applicants must be owners of the home, and the repair work should be done for the purpose of making the home more safe and comfortable. Any centribution of labor, material or money from the homeowner is welcome, but there is no fee and no payment is required. The services of Helping Hand are free to those in need.

Everybody can help, one person could be good with a hammer, another can let his neighbor borrow his electric saw, yet another can cook. Special training in plumbing or electrical work can be a blessing. It is said that "You are a tool in God's hand." Helping Hands can use your gifts and talent, every donation or skill or ability is helpful. Some can do the labor, others can denate There are many ways to help: volunteer labor, loan tools, purchase goods and materials, provide expen service, give financial support, supply drinks and snacks, keep records, and pray with and for homeowners and workers.

Why help? There are at least two good reasons, which are made clear by the following statements: First of all, "a little work can make a big difference in someone's life." Secondly, any thoughtful person has to agree with the idea that "because God has given to me, let me give to someone else." Helping Hands tries to fill a need in our community. The program aids homeowners who need help keeping their homes safe and comfortable. It brings helpers together to repair and maintain dwellings of neighbors in need. Helping Hands encourages each of us to give to others. Every person has much to offer, and is able to give in one or another way. We are blessed to be able to share our skills and our material goods. Please join us, it is wonderful to fill human

### PARKWAY CHURCH OF materials, some can give money, and others can offer support. CHRISTS

### **Texas Tech University Appoints New Director for International Affairs and Center**

LUBBOCK - A new executive director for the Texas Tech University Office of International Alfairs and the International Cultural Center has be appointed and will assume post in June 2003. Ambassador Tibor P. Nagy, Jr., the United States ambassador to Ethiopia, will succeed Idris Traylor, current executive director of the Otfice of International Affairs and the International Cultural Center. Traylor has been at Texas Tech for 37 years and will retire in June.

"Tibor Nagy will be an excellent asset to Texas Tech because of his understanding of Texas Tech's place in the world and the world's place at Texas Tech," said Jim Brink, Ph.D., vice provost at Texas Tech. "His ability to promote the university around the world will bring new opportunities to students, faculty and staff."

Nagy was born in Budapest, Hungary and arrived in the

United States as a political refugee. He received his bachelor's degree from Texas Tech and his masters degree from George Washington University.

Nagy joined the Foreign Service in 1978 as a management analyst in the Bureau of Personnel. His first overseas assignment was as a general service officer in Lusaka, Zambia from 1979 to 1981. After that, Nagy was assigned to Victoria, Seychelles, for two years as administrative officer.

Nagy served as systems administrator for the African Bureau in Washington from 1983 to 1984 and then returned overseas as administrative officer in Addis, Ababa, Ethiopia from 1984 to 1986. For the next eight years, Nagy was Deputy Chief of Mission at Lomo, Togo; Yaounde, Cameroon; and Lagos, Nigeria. Before Nagy was ambassador to Ethiopia, he was the ambassador to Guinea from 1996 to 1999.



Homer Pitts, Sr.

Funeral services for Homer Pitts, Sr. were held last Saturday morning, November 30, 2002, at the New Hope Baptist Church with Alford James Washington officiating. Rev. Billy R. Moton is pastor.

Burial was held in the City of Lubbock Cemetery under the direction of Ossie Curry Funeral Home in Lubbock.

Mr. Pitts died Sunday,

November 24, 2002. Mr. Pitts was born November 26, 1934, in Matador, Texas. He married Clara Lee Phillips on February 19, 1955, in Matador. She died October 12, 1999. He attended public schools in Matador and moved to Lubbock about 47 years ago. He was a truck driver for many years.

He is survived by a son, Homer, Jr, of Lubbock, Texas; three daughters: Darlene Pitts and Antionette Wilson, both of I ubbock, Texas and Thelma McBrewer of Dallas, Texas; a brother, Robert of Lubbock, Texas; eight grandchildren, and four great grandchildren.

To advertise your business in the Southwest Digest, call 762-3612!

The state of the s

### Working to make America



### beautiful for all.

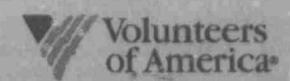
With your support, Volunteers of America gives hope to people in need-and a second chance to pursue their American dream.

Volunteers of America is one of the nation's largest nonprofit providers of affordable housing for low-income families, the elderly, and people with disabilities. Knowing that housing means more than just shelter, our communities offer many services that suit almost any need, including:

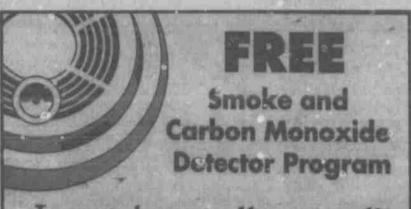
- Tutoring and mentoring;
- Safe secure housing;
- Child care; and
- Youth activities.

Since 1896, Volunteers of America has helped millions of Americans achieve their dreams, rebuild their lives, and restore dignity. Find out how you can help make America beautiful by giving people in need an opportunity for a better life.

Call (800) 899-0089 or visit www.VolunteersofAmerica.org.



There are no limits to caring."



### Is your home well protected?

Even if you have detectors, do you have enough for the size of your house and are they well-functioning?

The Lubbock Fire Department has FREE smoke and carbon monoxide detectors available to Lubbock homeowners. Currently, detectors are being provided to homes in specified areas of town, but your area may be next. To see if you qualify, call Captain Marlin Hamilton at

775-2642

We want to keep you safe!

### Soup in a Jar-Tasty Christmas Gifts to Make in Your Kitchen

Here's an ide a for a great gift that's quick to make for all your hard-to-buy-for friends and neighbors—and it won't break your budget. You can buy the ingredients you'll need during your regular grocery-shopping trip. The culinary professionals at Pioneer Brand, producers of a variety of gravy mixes, have developed two new soup recipes that are perfect for gift giving. Plus, your friends and neighbors will truly appreciate these thoughtful and tasty gifts from your kitchen. Simply fill quart jars with a pretty layered "arrangement" of ingredients to make Soup in a Jar. Each soup mix starts with gravy mix as its base. Additional seasonings and pasta complete the mixes, which

Since filling a dozen jars is just about as easy as filling one or two, why not purchase a case of the quantize wide-mouth jars (found in grocery or hardware stores) and make a dozen of these soup mixes. Better yet, get your children to help you make your gift jars. In one evening, you can have all your Christmas preparations for your friends and co-workers completed.

cost about \$3.25 each.

In the Lustle and bustle of the holiday season, taking a moment to deliver creative gifts from your kitchen brightens the season for everyone. 'i houghtfulness takes on a special meaning. So when you give gifts from your kitchen, you'll want them to look as nice as they taste. Shop craft stores for small tie-on kitchen utensils and decorations. Generate recipe cards on the computer using colored paper stock and design Add a colorful cloth, a ribbon and a card with the simple instructions for simmering the soup, and you've got a great gift. If you like, prepare the jars up to a month before Christmas.

"Dreaming of a White Christmas" Soup in a Jar 1 package (2.75 oz.) regular or no-fat country gravy mix (Pioneer Brand recommended) 2 tablespoons chicken bouillon granules

2 tablespoons dried minced onion 2 tablespoons dried celery flakes 2 teaspoons dried parsley flakes 2 1/2 to 3 cups uncooked wide egg noodles or other pasta

Pour gravy mix into widemouth quart jar. In small bowl, stir together bouillon granules, onion, celery and parsley. Pour into jar to make second layer. Add noodles. Close with lia. Attach gift tag (below) and decorate jar as desired.

Gift Tag: Empty contents of jar into a 4-quart saucepan or Dutch oven. Add 8 cups water; heat to boiling on high. Reduce heat to medium; add 1 (10-oz.) or 2 (6-oz.) cans cooked and chopped chicken. Cover and simmer for 5 to 6 minutes or until noodles are tender, stirring occasionally. Makes 8

"Christmas Is Love" Soup in a

1 package (1.61 oz.) regular or no-fat brown gravy mix (Pioneer Trand recommended) 2 tablespoons beef bouillon gran-

1/4 cup dried mineed onion 1/4 cup dried celery flake 1 tablespoon dried parsley flakes cups rotini pasta (or tree shapes, farfalle, gemelli, or heartshaped pasta)

Pour gravy mix into wide-mouth quart jar. In small bowl, stir together bouillon granules, onion, celery and parsley. Pour into jar to make second layer. Add rotini. Close with lid. Attach gift tag (below) and decorate jar

Gift Tag: Brown 1 lb. ground beef in a 4-quart saucepan or Dutch even. Add contents of jar, 7 cups water and 1 can (16 oz.) chopped tomatoes, undrained, heat to boiling on high. Reducc heat; cover and simmer for 5 to 7 minutes or until pasta is tender, stirring occasionally. Garnish with shredded Cheddar cheese. Makes 8 servings. \*Stir in 1 cup frozen peas or green beans, if

desired. Tip for filling jars: Use a fun nel to pour the dry ingredients into the bottom

> of the jar. Decorating Tip: Cut an 8inch circle or square out of Christmas or other festive fabric to decorate the tops of the jars. For extra padding, cut a 4- inch round of polyester batting and place on top of lid, then cover with fabric and

ie with ribbon.



### A Tasty Way to Enjoy the Flavors of Fall

Despite our busy schedules, most of us still want to enjoy the tastes and aromas that only come from turning on the oven and baking something wonderful. When the seasons change, it's no longer too hot to turn on the oven, but rather a welcomed

"event" to take the chill off. You'll enjoy the tantalizing tastes and aromas of fall when you bake pretty Harvest Shortbread Cookies, Ginger, cinnamon and cloves enhance the flavor of these buttery cookies. They are crisp and light-perfect served alone or with coffee, with fresh fruit or with bowl of vanilla ice cream.

"These shortbread cookies combine a minimum of ingredients-biscuit and baking mix, spices, butter and brown sugarso they're quick to mix together," says Marrgi Walstrom, culinary professional for Pioneer Brand. Shape spoonfuls of dough into balls, roll the balls in granulated sugar and place them on a baking sheet. Now, the fun begins! Use a

decorative cookie press to press your favorite seasonal design onto each cookie. Or, simply press each ball of dough with the bottom of a drinking glass. The more decorative the bottom of the glass, the fancier your cookies

will be.

Harvest Shortbread Cookies 3/4 cnp (1 1/2 sticks) butter or margarine, softened 2/3 cup packed dark brown sugar 2 cups Pioneer Buttermilk Biscuit & Baking Mix l teaspoon ground ginger 1/2 teaspoon ground cinnamon 1/8 teaspoon ground cloves Granulated sugar (about 1/4 cup)

In large mixer bowl, beat butter and brown sugar until light and fluffy, about 2 minutes. Add biscuit and baking mix, ginger, cinnamon and cloves, beat on low speed until mixture forms a ball. Roll dough into 1/2-inch balls (about 1 tablespoon each). Roll in granulated sugar. Place on baking sheet that has been coated with cooking spray. Using a decorative cookie press, press firmly to create design\*. Bake at 325° for 12 to 15 minutes or until set and just beginning to brown Cool completely on wi a rack. Makes 4 dozen cookies.

\*Or press each ball of dough with the bottom of a drinking







### Editorials • Comments • Opinions





Your personality is you.

What you think, what you

do, what you eat. This is

you. How you tree, people,

and how you do things from

day to day. Today is you, so

try to be positive in every-

thing you do, and the end

results will only be positive.

Sometimes, things come

at you from every direction.

It could either be financial,

social, personal, and every

### "You Make the Results: Fither Negative or Positive"

By Eddic P. Richardson

other source available, but you have to grin and bear it, because that's life. Just count to ten and turn around, and turn around again and count to ten at least for a while. Sometimes people can push you so far, you have to move, then count to ten. You have to walk away and pace yourself. You have to shake it off and just clear your mind and forget it. Okay?

Let's look at our surrounding scheme of things. Our city manager, known as Bob Cass, with the blessing of the City

Council, hired a new police chief who is Claude Jones. He had been interim chief, and took on a turbulent situation and did a very good job of holding the fort together. The job was very stressful for ....................... this writer Lolieves but he handled it in a very professional manner.

This writer believes he, Claude Jones, is a team player. We will work with him as our new chief. He should do well!

Nuff Sed! Why Not?



### In Cinque' by Renetta W. Howard

Once again, we have survived to witness another national holiday, Thanksgiving. As a child, I used to think of it as the 'little Christmas.' As an adult, I have learned that it is the official beginning of the Yuletide season. The day after Thanksgiving marks the enslaught of the hustle and bustle of shopping for Christmas. It is the time of year that merchants make the most profit. In times like these, we

be thankful for. With the constant indications that some of the major corporations in the United States have been cooking their books and throwing the employees 'to the wolves', we can be thankful that they were discovered before

should be really appreciative that

year and the 'war' has not taken a

this has been a fairly peaceful

toll on our annual and regular

celebration, giving us much to

all of the affected personnel ended up in the poor house. The only deaths as a result of such actions have been self-inflicted by the corrupt administrators, though a few corporate heads are headed to the 'slammer.' Fortunately, there is unemployment compensation to help those who are without employment and

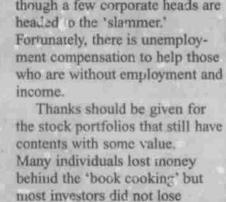
Thanks should be given for contents with some value. Many individuals lost money behind the 'book cooking' but most investors did not lose everything. It could have been like the great depression of the twenties when some people committed suicide because they could not adjust to such great loss. The stock market plunge caused many people to be depressed, but not suicidal. That deserves some thanks.

We can still be thankful duty in following the attacks in Afghanistan. Fortunately, the

causalities which have been reported were nothing like the reports in previous wars. That is something to be thankful for as

Even though the unemployment rates are up in many sectors of the country, we can be thankful that many of the people who are counted as unemployed have really retired and are no longer a part of the working community. Most have prepared for their retirement years and manage to 'get by,' because that is exactly what one does when one rctires. Very few people who worked on regular jobs and lowpaying professions, got rich. therefore they make some sacrifices when they retire. Yet, to be able to 'get by' is something to be thankful for

This is the time of year to continue to pray for peace and goodwill on earth. We need to get 'in cinque' and be thankful. that 'we are yet alive' and have the strength to go forward to help to make this world a better place in which to live, for us and our



because we have been on the brink of war with Iraq for quite some time now and have not completely ended the tours of

### THIS N THAT

BRING THE MAIL BOX BACK TO EAST 19TH STREET! THIS N THAT ..... has received calls from various citizens about the .... U.S. POSTAL SERVICE .... moving the .... mail box ..... at East 19th Street and Martin Luther King Blvd... With the increased traffic at this location in the city ... THIS N THAT ..... who has made several attempts to visit with someone in the U. S. Postal system about this moving .... can't understand why it was done.... No doubt about it .... Lubbock is an area which is spread out ..., and something should be don't to bring the mail box back to where it was... Of course .... THIS N THAT .... will agree there was a reason as to why it was moved .... but what was that reason.... Let us hear from you ..... to that is .... someone in the U.S. Postal System..... EAST LUBBOCK ..... needs to be added to .... and not taken away....

NEW BUSINESS, MLK BURGER! THIS N THAT ..... has noticed the positive work being done on a new business .... MLK BURGERS ..... located at 104 Beech Avenue .... is looking good... It appears as though it won't be long before it will be open.i. This new development .... adds something positive to the East Lubbock area,... More on this development in the near future....... This is good to

see ..... and we're still looking for more ...

MORE CITIZENS FROM EAST LUBBOCK SHOULD APPLY! THIS N THAT ..... would hope more .... CITIZENS ..... from East Lubbock would apply for one of the spots for the upcoming .... CIT-IZEN UNIVERSITY ..... which is a ten session program i . . . . . which is designed to promote an understanding and awareness of the ..., C'TY OF LUBBOCK STRUCTURE AND SERVICES AND THE ROLES OF CITIZENS .... play in maintaining an effective municipal government.... Class members will announced by January 6, 2003 ..... with the deadline being .... DECEMBER 18, 2002 .. to sign up for the class .... There will be only ..... 25 PARTICIPANTS .... THIS N THAT .... is hoping more from the .... EAST LUBBOCK AREA .... will sign up for this opportunity .... Classes will be held from ..... 6 p.m.... until 9:00 p.m. ..... Thursdays ..... with ... luncheon and city tour after the competition of the entire course...

DON'T FORGET TO CHECK OUT CHRISTMAS LIGHTS IN MCKENZIF PARK! THIS N THAT .... is hoping you will take an opportunity to .... CHECK OUT THE LIGHTS IN MCKENZIE PARK .... which is a first for our city.... This kind of an activity .... really te helps our city .... and especially .... EAST LUBBOCK.... So check it out this week.... Take some young people with you.... as you

will be glad you did so ...

DIGEST AND AJ WILL BE WORKING ON A SPECIAL PROJECT! THIS N THAT ..... is happy to see there will be a .... SPECIAL PROJECT ,,,. which will be sponsored by the .... SOUTHWEST DIGEST AND THE LUBBOCK AVALANCHE-JOURNAL .... this week. . . Special emphasis will be given to the .... '79403 ZIP CCDE... Should be a very positive program... . More on this later....

PENNY HASTINGS THE BARBER SAYS: "For many of .... US .... the way we spend our ....

DAYS ..... is how we spend our lives."

FIRST SEMESTER IS ALMOST OVER FOR PUBLIC SCHOOLS! THIS N THAT .... is realizing that the .... FIRST SEMESTER .... is almost over for the public schools .... and are hoping we have had an opportunity to visit one of our ... PUBLIC SCHOOLS..., Our young people need to see us on their campuses .... from time to time .... So why not take time to visit ....that is .... if you haven't visited a school campus this year.... If you have xm time .... why no have lunch with them.... Let us hear

SOUTH PLAINS FOOD BANK DOES WONDERFUL JOB! THIS N THAT .... is happy over the job the .... good people of the .... SOUTH PLAINS FOOD BANK .... does each day ... and not just on holiday seasons,... They are always there .... and they help so many people .... who are in dire need of something to eat .....



### What Does Biotechnology Means to You?

by Larry Lucas

Biotechnology, which uses or mimics the body's own weapons to fight disease, is already helping some 250 million people to live longer, healthier lives. There are 96 biotechnology medicines already approved and available by a doctor's prescription. And the 371 biotechnology medicines in development may mean better treatments or cures in the future. Some 145 pharmaceutical and biotechnology companies and the National Institutes of Health are involved in cutting-edge research that may bring better medicines to you and your family.

The medicines already approved by the Food and Drug, Administration include new treatments for heart attacks, stroke, multiple sclerosis, leukemia, hepatitis, rheumatoid arthritis, breast cancer, diabetes, congestive heart failure, lymphoma, kidney cancer, cystic fibrosis and other diseases. The medicines in the pipeline target AIDS/HIV, cancer, diabetes, eye conditions, heart disease, infectious diseases, asthma. Croha's disease, lupus, and

other diseases. Several of these diseases, including heart disease, cancer, HIV/AIDS, asthma and stroke disproportionately affect African Americans.

The medicines in development make use of cuttingedge technologies to fight disease. For example, a medicine in the pipeline for lung cancer is an "epidermal growth factor inhibitor," which targets and blocks signating pathways that are implicated in the growth and survival of cancer cells. Another type of biotechnology medicine, the monoclonal antibody, is a laboratorymade version of the naturally occurring protein that binds to and neutralizes foreign invaders. Medicines based on this technology are being tested for asthma, Crohn's disease, rheumatoid arthritis, lipus, various types of cancer, and other diseases. Therapeutic vaccines, designed to jump start the immune system to fight disease, are in development for AIDS, diabetes, and several types of cancer. Antisense drugs are medicines that interfere with the communications process that tells a cell to produce an unwanted protein. Medicines based on this technology are potential treatments for AIDS, several types of cancer, Crohn's disease, heart disease, and psoriasis. Gene therapies, which augment normal gene functions or replace or inactivate disease-causing genes, are being tested for hemophilia, several cancers, cystic fibrosis, heart disease, and other diseases.

These are only a few examples of new ways pharmaceutical scientists are attacking—and gaining on disease. The 371 biotechnology medicines in development promise to push the frontiers of science and bring more and better treatments to patients.

For more information about biotechnology medicines in development, go to www.phrma.org.

Larry Lucas is Associate Vice President of the Pharmaceutical Research and Manufacturers of America (PhRMA),



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### KENNY LATTIMORE: "READY FOR THE WEEKEND"!

By David Nathan

LOS ANGELES: Its a typically sunny morning in Los Angeles and Kenny Lattimore arrives for the interview. Untypical for many of the young, successful artists of his generation, he's on time, he's driving his own car - and there's no entourage of flunkies and hangers-on. That speaks volumes about the Washington D.C. native whose recording career started in 1996 with his much-acclaimed eponymous debut for Columbia Reporus, which yielded the Grammy-nominated single, "For You."

Dressed casue!ly, Lattimore is a down-to-earth, approachable man whose soulful, gospel-rooted style has earned him a solid audience - particularly among female music-buyers who appreciate his silky smooth sound and handsome good looks. He's easy going and articulate and his lifelong passion for music becomes obvious as the conversation centers around the contents of his third album and label debut for

Arista Records,

But before we delve into his comments on "Weckend," his impressive new record - which includes "Lately," a song co-written by neo-soul star Jill Scott and "Can You Feel Me," a duet with Arista labelmate Shanice Wilson - Lattimore addresses the tougher questions about the behind-the-scenes move from Columbia Records, who released his "From The Soul Of Man" album in

1998. In between bites of a healthy breakfast prescribed by his personal trainer to maintain. I attimore's slum physique, he shares: "In the fall of 1999, I started speaking with the folks at Columbia about what would have been my third record for them. At the time, I was on tour with Rachelle Ferrell and George Duke and I got a call from my management saying that the company had decided to let me go..."

Lactimore pauses to reflect for

a moment, gathering his thoughts on the often-rough politics of the music business before continuing: "I was actually happy." he states. "I was grateful for what they had done but I didn't think the people at Columbia understood me as an artist and what it would take to propel me to the next level. Our parting was extremely gracious although it was extremely emotional - kinda like a divorce. But before I knew it, we were having meetings with (then-Arista head) Clive Davis Clive generated a lot of excitement about me at the label immediately. Our goal was to make an album that could satisfy my existing fans but also appeal to a younger audience without compromising my

Lattimore was all set and
Davis was beginning to find
songs for the project when word
came that the veteran executive
was leaving Arista. "He called me

one day and told me that the rumors a had been hearing were true and that if I had any ouestions, he'd be happy to answer them. I aidn't really want to choose whether to stay at Arista with the new President, (hitmaking producer) L.A. Reid or go with Clive to his new company...I really wanted to be chesen by whoever. I felt that whatever would happen, it would be an incredible opportunity. When L.A. came to Arista, he told nie he was excited about me staying with the company and it soon became obvious that I had fans at Arista and they were genuinely happy to have me there as an

There was gap between Reid's settling in at Arista and Lattimore's recording of his Arista debut but once the pair were in sync. the record was finished within a couple of months. "I had already done some work on it before LA. got there,"
Lattimore recalls, "doing sessions with (producer) Shep Crawford who has worked with artists like Deborah Cox and Whitney Houston. I also had been down to Jamaica to record with (Philiybased production team) A Touch of Jazz and most of the same musicians who had done sessions with Lauryn Hill, Erykah Badu and others.

And I had done work with

Toni and Lucy Pearl fame)."

Raphael Saddiq (of Tony Tone

10000

To finish off the a bum,
Lattimore worked with (New York-based producers) The
Characters (known for hits with
Toni Braxton and Aaliyah) and
George Duke: "We got that
younger vibe on songs like "Baby
You're The One," "Can You Feel
Me" and the title track of the
album, "Weekerld" while tracks
like "Aho," "Things I'll Do" and
"Don't Deserve" will please the
folks who have been with me
since the first album..."

Lattimore is particularly happy that Iill Scott was able to contribute her song writing skills to the album: "We were in the studio in Philadelphia preparing to go to Jamaica." he recalls. "Jill stopped by just before she started

her promo tour for her owe album and she heard this one track. She came up with the melody and lyrics for the song "Lately" right there on the spot. was flabbergasted!" No doubt, Lattimore's

brief stay in

Jamaica was

helpful in creating the vite for the entire album and he enjoyed "working there without any distractions or pressure. It was a really good place to work creatively and I think the whole direction of the album shifted after we went there."

Lattimore - who collaborated as a songwriter on over half the songs on "Weekend" - size back and smiles when asked how he would describe his latest project. "Its my fun a!bum! It's funky, it has more energy and more uptempo music and more of a balance than my two previous albums. "From The Soul Of Man," my last record, made a statement about the things we don't say as men. It

Following breakfast,

was about being vulnerable, being real. This new album expresses another side of me..."

Speaking of the different aspects of his life, Lattimore is candid as he reveals that "the last few years have been an emotional rolles coaster for me. I was in and out of a serious relationship and although we're still friends, I went brough different emotions

and changes. There are a couple of songs on the album that reflect that situation - "Come To Me" and "Latery." Then, the last song, "Healing" (produced by George Duke) really is my personal statement about all that I'v been through since the last record. I always include a gospel-flavored song on each of my albums -I wrote this with George and I hope that when others hear it, they will be encouraged..."

LA.-based Lattimore, who says he's "single again!" and describes the imagery for his latest album as "more casual and carefree" is upbeat about the initial response to the first single from the album which happens to be the breezy title track. "I almost feel like a new artist again! I haven't been on the read since the tour I did with Rachelle and George so I've got to get my vocal chops back up I'm going to be doing some shows in the major cities to promote the album and I can't wait!"

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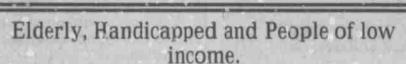
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