



# God Bless America!

# Southwest Digest

July 24 - July 30, 2003

VOL. XXIX, No. 12

50¢  
Worth More!

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## Local News

### Upcoming events at the Lubbock Public Library

"Teddy Roosevelt and the Great White Fleet" at Godeke Branch Library. The Godeke Branch Library, 6601 Quaker, presents "Teddy Roosevelt and the Great White Fleet" on Tuesday, July 29, at 7:00 p.m. Dr. James Reckner of the Vietnam Center at Texas Tech will discuss the world cruise of the Great White Fleet and its impact on world affairs. For more information, call 792-6566.

Mobile Dairy Classroom Visits  
Lubbock Public Libraries

If you think milk comes from the store, you don't know the whole story! Come to the library, meet a live cow, and watch a milking demonstration. Kids of all ages are invited to this free program. For more information, call 775-2838.

Dates and Times:  
Mahon Library (1306 9th Street), Monday July 28, at 2:00 p.m.  
Godeke Branch Library (6501 Quaker), Tuesday, July 29, at 2:00 p.m.  
Patterson Branch Library (1836 Parkway Drive), Wednesday, July 30, at 2:00 p.m.  
Groves Branch Library (5520 19th Street), Thursday, July 31, at 2:00 p.m.

### Community Meetings

- Lubbock Area (Cliff Criswell) Second Saturday, 1:00 pm • Mt. Shiloh Community Center
- Hub City Kiwanis Every Tuesday Night, 7:00pm, 1708 Avenue G.
- Dunbar Alumni Association 2nd Saturday 4pm
- Booker T. Washington American Legion Post 808 2nd Tuesdays 7:30
- Forgotten West Riders, Past & Present, Monday, 7:00 pm, J. J. Patterson Library
- East Lubbock Chapter AARP Every 1st Thursday at 4 pm, Mac Ammons Community Center, Oak and 34th St.
- Lubbock Chapter of Black Alumni 3rd Tuesday, 5:30 pm, TTV Meeting room
- Dunbar Neighborhood Neighborhood Association Meeting Every Third Thursday 6:30 pm, 1303 East 24th Street (continued on next page)
- West Texas Native American Association
- For a complete list of upcoming meetings prior to meeting, meetings held on second Sunday of every month at 7:00 pm, Educational presentations and dinner included.
- Craft Night at Patterson Library TBA
- Memorial W.M. Lubbock Lake Landmark TBA and Touch Days, Rounding Heritage Center TBA, Annual Raceway, Fair Park Coliseum, TBA.
- Texas French Cultural & Historical Commission Lubbock Area Meeting at T. J. Patterson Branch Library 3rd Thursday 7 p.m.
- West Texas Native American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30

We would like to publish your monthly meetings. If you would like for an announcement to appear in this paper, please get it to us in writing by mailing it to:  
Community Meetings C/O: Southwest Digest  
P.O. Box 2553  
Lubbock, Texas 79408  
or bring it by the Southwest Digest office at 902 East 23rd Street

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## Dorothy Phea-Norville Scholarship Encourages Teenage Mothers to Attend College

Students in Texas Tech Upward Bound's Pay it Forward Service Learning Class are honoring the legacy of Dorothy Phea-Norville by helping to provide a new computer scholarship this year and a \$1,000 college scholarship next year in Ms. Phea-Norville's name. The purpose of the scholarship is to provide an incentive that will encourage deserving teenage mothers in their pursuit of a college degree.

Dorothy Phea-Norville was at the helm of New Directions for thirty years and with the Lubbock Independent School District thirty-seven years. She touched the lives of many students. Mae Phea, Dorothy's sister-in-law, said, "Dorothy has always been a determined person who sets her goals and makes sure she reaches them. Dorothy is

very family-oriented and deeply religious."

This year's scholarship recipient and the soon-to-be owner of a brand new computer, Monica Orocco, is a former New Directions student and a recent graduate of

stances to, "concentrate on their future goals and not to become side tracked."

The Upward Bound Program's Pay it Forward Class, lead by Ms. Shirley Green, adopts different agencies. This year, Ms. Green's students adopted the Texas Commission of the Blind's SWEEP Matthew Learning Center's New Directions Program. The students made Braille T-shirts and Braille greeting cards for the SWEEP students. They built a web site, produced resource brochures for teenage mothers and helped raised funds for the Dorothy Phea-Norville Determination and Perseverance Scholarship.

Ms. Green added, "By doing a favor that really helps someone and telling him or her not to pay it back, but to pay it forward to other people who, in turn, each pay it forward to three more, and on and on, like the movie said, evolve into a global outpouring of kindness and decency."

Coronado High School. Monica said, "A computer is just what I needed."

Monica hopes to some day become a forensic scientist. Monica described her experience of being pregnant while in school as "tough, but not too difficult. Monica encourages other young females from similar circum-



Dorothy Phea-Norville, honoree, (left); Monica Orocco, computer scholarship recipient.

## Councilman Welcomes Mireles Family to Lubbock

City Councilman T. J. Patterson, left, is shown welcoming Santiago "Jimmy" Mireles to Lubbock, as he and many other family members were attending the 1st Family Reunion of the Mireles Family on Saturday, July 5, 2003, in McKenzie Park.

The Mireles Family celebrated their 1st Family Reunion since arriving in the United States of America 86 years ago. Councilman Patterson presented a special recognition from the City of Lubbock to the Mireles Family. The Mireles Family presented him with a Sombrero.



Photo Courtesy of John P. Cervantez

## D.C. Mayor Looking Forward to Visiting in Lubbock This Year

The Honorable Anthony "Tony" Williams, Mayor of Washington, D. C., center, is looking forward to visiting the City of Lubbock and will be participating in an affair to raise scholarship funds for the Emancipation Proclamation Juneteenth Committee. The event will be held in October, 2003.

Mayor Williams was in New Haven, Connecticut, along with other mayors and city council members from around the country who was hosted by Mayor John DeStefano, Jr. of New Haven.

At left is City Councilman T. J. Patterson and right, Mayor Pro-Tem Billy D. Williams of Florence South Carolina.

"I am looking forward to visiting Lubbock and meeting people of Texas," said Mayor Williams.



## North Texas Students Collect \$222,248 for Olive Garden's Pasta For Pennies Fundraiser benefits The Leukemia & Lymphoma Society

DALLAS - Students throughout North Texas rallied around their local Leukemia & Lymphoma Society, raising more than \$222,000 for Olive Garden's ninth-annual Pasta For Pennies program.

During the three-week campaign, students brought spare change into their classrooms, which was then donated to The Leukemia & Lymphoma Society North Texas Chapter to aid research and provide patient services. The class collecting the most funds in each school received a pasta party from a local Olive Garden in their community.

"We are grateful for the support Olive Garden has given us over the years," said Stacey Macpherson, campaign coordinator of The Leukemia & Lymphoma Society North Texas Chapter. "Olive Garden's Pasta For Pennies means so much to the local community because all of the funds raised by area students remain here in North Texas to support leukemia and lymphoma patients and their families."

More than 120,000 students from 152 in Collin, Dallas, Denton, Gregg, Harrison, Jones, Lubbock, McLennan, Potter, Randall, Smith, Tarrant, Taylor and Wichita counties participated in Olive Garden's Pasta For Pennies. The top fundraising schools were:  
\* James Martin High School in Tarrant with \$11,180  
\* Jackson Elementary School in Collin with \$5,100

- Spring Garden Elementary School in Tarrant with \$5,048
- Ford Middle School in Collin with \$4,833
- Amarillo High School in Randall with \$4,742

"Olive Garden is pleased to partner with The Leukemia &

Lymphoma Society and dedicated communities throughout North Texas in the fight against leukemia and other blood-related disorders," said Drew Madsen, president of Olive Garden. "Local students, teachers and parents work diligently to make

Pasta For Pennies a success, contributing their spare change, their time and a caring heart. Their efforts truly make a difference in the lives of leukemia and lymphoma patients and their families."

Since 1994, Olive Garden's

Pasta For Pennies has raised more than \$17 million to fight leukemia and lymphoma and to provide a wide range of services to patients and their families. In addition to pasta parties for the top fundraising class in every participating school, Olive Garden hosts kick-off luncheons for representatives of participating schools in each city and provides marketing materials and support for the program.

The Leukemia & Lymphoma Society, founded in 1949, has provided more than \$320 million for research specifically targeting blood cancers. Based in White Plains, N.Y., the Society is the world's largest voluntary health organization dedicated to funding blood cancer research, education and patient services. The Society's mission is to cure leukemia, lymphoma, Hodgkin's disease and myeloma, and to improve the quality of life of patients and their families. For additional information, contact The Leukemia & Lymphoma Society in North Texas at (800) 800-6702 or visit [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org).

Olive Garden is the leading restaurant in the Italian dining segment with 524 restaurants, more than 60,000 employees and \$2 billion in annual sales. Olive Garden is a division of Darden Restaurants Inc. (NYSE:DRI), the world's largest casual dining company. For more information, visit Olive Garden's Web site at [www.olivegarden.com](http://www.olivegarden.com).



### RAISING \$2.2 MILLION ONE PENNY AT A TIME

Before traveling to Europe for the filming of her next movie, Mandy Moore. National Honorary Chairperson of The Leukemia & Lymphoma Society's School & Youth Programs, took time out to present a \$2.2 million check to The Leukemia & Lymphoma Society raised through Olive Garden's Pasta For Pennies program. More than 120,000 students throughout North Texas contributed pennies and spare change to help support the Society's mission of finding cures for leukemia.

Hodgkin and non-Hodgkin lymphoma and myeloma and providing education and support for patients and their families.  
Moore just completed filming Saved and How To Deal. How To Deal will be in theaters on July 18. She also just wrapped up her new album, Coverage, which will be out in September.  
From L to R: Tamira Lineberger of The Leukemia & Lymphoma Society, Richard DeMarzo of the Olive Garden, 14-year old Leukemia Ambassador Adam Lopez and Mandy Moore.



## Fashion Fun

by Shirley Roberson

### Dooney & Bourke

If you are considering purchasing a new designer hand bag, look no further. The DOONEY & BOURKE MINI SAC HAND BAG IS HERE. Plush, flexible, durable, and quite, quite noticeable.

Ladies its beautiful, its plain and its simple... HOW GREAT IS THAT? The mini sac hand bag is 12" in length and 9" in height, with the convenience of two inside pockets and one center zipper. Colors... yellow,



orange, sky blue, brown and black, each hand bag comes with a light contrast leather trim.

An added plus is the comfortable adjustable shoulder strap.

Its magnificent, its stylish, its new..... it's DOONEY & BOURKE.

AT YOU FINER DEPT. STORES

Tip... Always wear a smile Fashion... Just for the fun of it.



## CHATMAN HILLS CORNER

by Clarissa Jay

You know that summer is here, but it is almost gone once again. It will not be long before our young people will be going back to school. We would like to know of some of the people who have visited you during this summer. Also, any event you have had in your family, we'd like to report that as well. In other words, we want our many readers to know what is going on in Chatman Hill as well as other parts of the city.

Let's hear from you today!

The Annual Women's Prayer Retreat will be held August 15 and 16, 2003. This year's event will be held at the Gethsemane Baptist Church, San Angelo, Texas, where Rev. Theaha McClendon is pastor.

Registration fee is \$35.00, which will include

lodging, transportation, and food on Saturday. The Ark will hold a capacity of 64. "First come, First served!" Make your checks payable to: New Hope Baptist Church. Deadline to register is July 31, 2003.

This year's theme is: "Christian Women Armed and Dangerous." Ephesians 6:10-19. Everyone is excited about this event. For more information, call Sister Joan Y. Ervin, president, at (806) 763-0853. Do it today!

Members of the New Hope Baptist Church had a powerful day last Sunday. It all begun with mediation and prayer. The Praise Team had a spirit filled devotional period.

During the morning services, Rev. Mercelle McCutcheon read the morning scripture. Rev. Charles Wilson offered the morning prayer. The New Hope Baptist Choir sung several selections.

Pastor Billy R. Moton delivered another dynamic

sermon. His subject was "Neighbor, You Got The Right One Now!" His scripture text was Job 4:25-42. What a sermon for all of us to hear.

After the invitation to discipleship, Sister LaVerne Williams gave the morning announcements. Brother Virgil Johnson welcomed all visitors.

There will be a Mass Choir Rehearsal on Thursday evening, July 31, 2003, beginning at 7:00 p. m. at New Hope.

The Oklahoma Bus Trip to the church home of New Hope's former church members, Brother and Sister James and Willie Mae Sterling will be held on July 26 and 27, 2003. All persons interested in making this trip should turn their names into either Sisters Cynthia Hatcher, Branetta Cooper or Margaret Morton immediately.

Let us continue to

pray for those who are sick and shut-in in our community. Among those who are ill this week include Sister Rosie Reddic, Brother Clarence Ervin, and Sister Magie Rannels. Of course, there are many others. Let's remember them as well.

Let us pay for those who have lost loved ones. There are several families who are mourning the lost of a loved one. Among them are the family of Brother Henry Jackson, the family of Brother Oscar "Bossie" Jones, and the family of Sister LaTraia Gibson-White. God is able.

If you have church news, please advise so we can publish what you are doing in your church. We publish New Hope Baptist Church, because of the input from the New Hope Baptist Church. Let us here from you.

To advertise your business in the Southwest Digest, call 762-3612!

## Stokley Grandson to Preach at Reunion

Mr. and Mrs. Harry Stokley, Jr. are hosting this year's Stokley Family Reunion in Lubbock. The Stokley family comes together annually on the fourth weekend in July for food, fellowship and worship. The family, whose roots are in Texas, has traveled to Terrell, Austin, Arlington and San Antonio, Texas as well as Albuquerque, New Mexico, San Francisco, California and St. Louis, Missouri. This year's fellowship is being held in Lubbock at the New Hope Baptist Church where the Rev. Billy R. Moton is pastor.

Planned activities include a reception Friday evening, July 25, Saturday evening, July 26, a bar-b-que, and Sunday services, July 27.

Missing from this year's gathering will be the Stokley's youngest daughter, Rosie (Pierre Laster) and family. They will be in Detroit, Michigan where their youngest daughter, Brittany, will be participating in two events -

triple jump and long jump - at the 2003 AAU Junior Olympic Games.

Oldest grandson, Minister Andre' Toines, will be preaching the Sunday morning message, July 27. Minister Toines, who recently celebrated twelve years in the ministry, was baptized at New Hope Baptist Church. He is look-

ing forward to sharing a word from the Lord with family and friends.

Minister Toines is the son of Delbert Toines of Amarillo, Texas, and Romona Wilson of Austin, Texas. He is the grandson of the late Reverend Eddie Don Toines.

The public is invited to come out and share in this praise and worship service.



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## Big Garage Sale!!!

(TWO DAYS)  
THURSDAY & FRIDAY  
July 24 & 25, 2003

902 East 28th Street  
(Old Mary & Mac Private School Building)

8:00 A.M. until 5:00 P.M.

### HOUSEHOLD ITEMS

Lamp Shades  
Sheets  
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### FURNITURE

Mirrors  
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Wall Paper  
Pictures

### HOME DECORATIONS

Lamps  
Silk Flowers  
Pillows  
Dishes (Sets)  
Glasses (Sets)  
Pots/Pans  
Purses  
Men Hats  
Women Hats

### TOYS

PlaySkool  
Barbie Dolls  
Dolls  
Wagon  
Shoes  
Dishes

### BARGAIN ITEMS!

NEW & USED ITEMS FOR EVERYONE! FREE ITEMS!

### YARDS & YARDS OF MATERIAL!!!

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And Other Free Items!  
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## Jones & Barnes Will Exchange Wedding Vows

Shelia Jones and Rodney Barnes will be exchanging wedding vows on Saturday evening, July 26, 2003, at 6:30 p.m. at the Friendship Baptist Church in Mesquite, Texas.

Shelia was born and reared in Lubbock, Texas, and is the second child in her family. She is the proud daughter of Roberta Hightower of Lubbock.





# CHURCH DIRECTORY



**WE THANK GOD FOR JESUS**  
 "2 MUCH IS 2 WRONG AMERICA"

ISAIAH 1:4. AH SINFUL NATION; A PEOPLE LADEN WITH INIQUITY; A SEED OF EVILDOERS; CHILDREN THAT ARE CORRUPTERS; THEY HAVE FORSAKEN THE LORD;

OUR FOREFATHERS PRAYED AND WORSHIPED GOD; THEIR LOVE WAS TRUE; GOD DID BLESS THIS LAND; AND ITS SEEDS; AND HE SAW THEM THROUGH.

EXODUS 20:4,5, THE LORD SAID: THOU SHALT NOT MAKE UNTO THEE ANY GRAVEN IMAGE, OR ANY LIKENESS OF ANY THING. THOU SHALT NOT BOW DOWN THYSELF TO THEM. NOR SERVE THEM: FOR I THE LORD THY GOD AM A JEALOUS GOD, VISITING THE INIQUITY OF THE FATHER UPON THE CHILDREN UNTO THE THIRD AND FORTH GENERATION OF THEM THAT HATE ME

\*\* AMERICA'S BLESSINGS BECAME HER CURSINGS \*\*\*\*

THEN CAME THE 60'S. A DEVIL GAVE EVERYONE RIGHTS; THAT WAS WRONG. EVERYONE WANTS TO DO HIS OWN THING; DON'T CARE IF IT'S RIGHT OR WRONG.

(THE RIGHTS OF THE DEVIL; GAY RIGHT; WOMAN RIGHTS; BLACK RIGHTS; RUN AWAY CHILDREN RIGHTS; NO PRAYER IN SCHOOL RIGHTS; DRUGS IN SCHOOL RIGHTS; NO SPANKING RIGHTS; ABORTION RIGHTS; DRIVE BY SHOOTING RIGHTS; KKK RIGHTS; BOMB THE FEDERAL BUILDING RIGHTS; SHACKING RIGHTS; CONDOMS IN KINDERGARTEN RIGHTS; KILL THE IN LAWS RIGHTS; BLACKS SUICIDE RIGHTS; KILL THE ABORTION DOCTORS RIGHTS; CLONING RIGHTS; KILL THE TEACHERS AND STUDENTS RIGHTS; KILL THE FAMILY RIGHTS; AND MORE.

PROVERB 12:15; THERE IS A WAY WHICH SEEMETH RIGHT UNTO MAN; BUT THE END THEREOF ARE THE WAYS OF DEATH.

ALL THIS TROUBLE IN AMERICA; AND WE WANT TO TEACH THE FOREIGN MAN; WE ARE NOTHING BUT HYPOCRITES; BECAUSE WE ARE THE WORSE IN THE LAND.

MATTHEW 7:3; JESUS SAID; WHY BEHOLDEST THOU THE MOTH(SPEAK) IN THY BROTHER'S EYE; BUT CONSIDEREST NOT THE BEAM THAT IS IN THINE OWN EYE?

THE RIGHTS OF A MAN TO KILL ANOTHER DRIVER; AND CALL IT ROAD RAGE; BECAUSE HE WAS CUT OFF IN HIS LANE; WE LIVING IN THE LAST AND EVIL DAYS.

DEUTERONOMY 20:21a; THE LORD SAID; THEY SHALL SAY UNTO THE ELDERS OF HIS CITY; THIS OUR SON IS STUBBORN AND REBELLIOUS; HE WILL NOT OBEY OUR VOICE; HE IS A GLUTTON; AND A DRUNKARD. AND ALL THE MEN OF HIS CITY SHALL STONE HIM WITH STONES; THAT HE DIE; SO SHALL THOU PUT EVIL AWAY FROM AMONG YOU. (THAT IS THE DEATH PENALTY FOLKS!)

DEUTERONOMY 28:15a-29, THE LORD SAID; IT SHALL COME TO PASS, IF THOU WILT NOT LISTEN UNTO THE VOICE OF THE LORD THY GOD; TO OBSERVE TO DO ALL HIS COMMANDMENTS AND HIS STATUTES. CURSED SHALL YOU BE IN THE CITY; AND CURSED SHALL YOU BE IN THE FIELD. CURSED SHALL BE YOUR BASKET IN THE STORE. CURSED SHALL BE THE FRUIT OF YOUR BODY. AND THE FRUIT OF YOUR HAND; THE INCREASE OF YOUR CATTLE, AND THE FLOCKS OF YOUR SHEEP. CURSED SHALL YOU BE WHEN YOU COME IN, AND CURSED SHALL YOU BE WHEN YOU GO OUT. THE LORD SHALL SEND UPON THEE CURSING; VEXATION, AND REBUKE, IN ALL THAT YOU SET YOUR HANDS TO DO; UNTIL YOU BE DESTROYED. AND UNTIL YOU PERISH QUICKLY; BECAUSE OF THE WICKEDNESS OF YOUR DOINGS, WHEREBY YOU HAVE FORSAKEN ME.

WRITTEN BY EVANGELIST BILLY B.J. MORRISON, III, YOUR BROTHER IN CHRIST.

JESUS ALWAYS!!!

THE SPIRIT SHALL OF THE SPIRIT REAP LIFE EVERLASTING.



## from the Desk of Parson D.A. Smith Resist the Devil

"Be self controlled and alerts Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that your brothers throughout the world are undergoing, the same kind of sufferings. And the God of all grace, who called you to his eternal glory in Christy after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. To him be the power for ever and ever. Amen 11 —1 Peter 5: 8-11, NIV.

I read a story that told of a doctor and his wife who went deep into the jungles of Africa. The couple flew from America and after a day of bird watching and photography, they went to bed in their tent with a campfire outside. They had been warned to keep logs on the fire all night or the lions would come in. The fire was blazing hot when they fell into such a deep sleep that the

fire became smoldering embers. When darkness settled in, a lioness stuck her head into the tent and tore the head of the doctor in front of his wife.

In Africa, lions will lay out watching herds. Lions know their own strength, but they also know the strength of numbers. When the lioness looks at a herd of zebras, she knows if she attacks one and the herd stampedes, they would trample her. When she sees one rebelliously, remove himself and independently feed away from the herd and when that zebra gets far enough away from the pack, the lion pounces, pulls it into the tall grass, goes for the jugular, and has begun eating the meat, before the herd even knows what has happened.

It is said that when buffalo become aware of a marauding lion, they make a circle and lock their horns. When they sense a lion is lurking, they instinctively lock their horns and put their hind quarters in and make a big circle. The babies are inside the circle of protec-

tion of the buffalos. Whenever there is a male and female buffalo with a disagreement and are being stubborn, there is a gap in the circle. The lion will keep circling until he finds a gap and the lion will rush in and the buffalos will rush off and stampeded and leave their young vulnerable.

Peter made it clear to his readers that while believers should trust in the Lord, they should nevertheless always be on their guard against that most dangerous adversary, the devil. Like a lion on the prowl for prey, the devil looks for an opportunity to pounce and devour the spiritual life of believers. This is perhaps a spiritual reflection of the physical reality Christians were beginning to experience in the Roman coliseums where they were torn to pieces and devoured by lions for the pleasure of the Roman emperor Nero. The reading seems to indicate that some of Peter's audiences might have seen friends or had relatives killed by the hungry lions in the Roman arenas.

To Christians the ole parson would warn you "in times like these" to be alert and practice self-control. Do not forget to watch for danger for fear that you will become a vulnerable candidate to Satan's attacks. Like a lion, Satan is powerful, cunning, vicious, and ferocious when going for the kill. He is ready to devour any Christians who do not "stand firm in the faith."

To young black males, the ole parson warns that you never should let your Christian fire burn out. Always continue to put logs on the fire for fear of the political, social, and legal lions in our world. You are also reminded to stay in the strength of the fellowship. Don't be a straggler and remove yourself from the family of God. The lion is watching. Remember when and where there are division, stubbornness, dissension, contention, constant bickering and disorder in the group, the devil moves in to feed.

## The Outreach Prayer Breakfast

### "Prayer For Our Pastors & Leaders."

Lord by your Holy Spirit, anoint your leaders to preach the word that brings apostolic results. Let people be cut to the heart and accept Jesus Christ as Lord. As our leaders speak the word, let signs and wonders follow confirming it. Let the sick be healed. Let the oppressed be set free.

Anoint our leaders with truth. With you, all things are possible. Lord, as you have promised, grant our beloved shepherds lasting fruits. Let their converts become disciples who in term disciple, bless them with men and women who grow in

Grace and Knowledge of Jesus

Christ. Oh, Lord, please take our precious leaders' hands o they will not falter, nor fear. Lead them through difficult times. Let them know you're near and you're their God. Oh, God, allow our Pastors and Leaders to enter your peace and race. Put your yoke on them when they are heavenly laden and burdened. May they find comfort and peace in you. Refreshed and removed by your power in every aspect of life.

Lord, thank you, for allowing and blessing our Leaders to be strong and filled with courage for every task. May they lead us to inherit our communities and cities for you.

For we are well able to do so through you. We can possess it. In the name of Jesus, we pray. AMEN!

Thought for the Week: "We are to blow the trumpet in Zion, to all who will hear it. Repent! REPENT! REPENT!"

Think about it! Please, don't forget your drive by prayers,

Saints. They are working. So let's keep them going. God is able!

Sister Dorothy Hood, president; Sister Christene Burleson, vice president; and Sister Elnora Jones, secretary.

## GARAGE SALE!

Friday & Saturday - 4012 East Colgate Avenue

Dealers Welcome!

Fishing Tackle • Tent • Boat  
Motor 9 1/2 • Horses

-Too Much To Mention!-

9:00 a. m. until

"No Early Birds!"

## AFFORDABLE FUNERALS



\* Cremation

\* Headstones

\* Pre-Need

Call: (806) 765-6711

## Bethel African Methodist Episcopal Church

2202 Southeast Drive

806-744-7552

Pastor's study 806-741-0208

dpoebethel@aol.com

Intercessory Prayer 8:30am

Church School 9:30am

Morning Worship 10:50am

Evening Worship 6:00pm

Wednesday Bible Study

12:00 Noon and 6:00pm



"God Our Father, Christ Our Redeemer,  
Man Our Brother"  
Pastor: Danny R. Poe

# In Remembrance...



**Mattie Linzsey**

**Longtime Resident Succumbs**

Funeral services for Mattie Linzsey will be

held Saturday afternoon, July 26, 2003, at First Progressive Baptist Church with Rev. Homer Avery, pastor, officiating. Burial will be held in Peaceful Gardens Memorial Park in Woodrow, Texas under the direction Jamison Funeral Home in Lubbock.

She passed away Saturday, July 19, 2003, in Covenant Hospital.

Ms. Linzsey was born August 25, 1920, in Warsaw, Texas. She married Willie D. Linzsey on November 29, 1944, in Barry, Texas. She moved to Lubbock in 1948.

Ms. Linzsey was a

member of First Progressive Baptist Church.

She leaves to mourn her passing: four sons: Fermie Linghtner of Lubbock, Texas, Odré Williams of Memphis, Texas, Michael Williams of Dallas, Texas, and Luther Williams of North Carolina; six daughters: Goldie Griggs, Cynthia Linzsey, and Charlotte Whitfield, all of Lubbock, Texas, Janie Slaughter of Waco, Texas, Tammie Washington of Dallas, Texas, and Bettie Mack of Broken Bow, Oklahoma.



**La Trala Gibson-White, M.D.**

Funeral services for La Trala Gibson-White, M. D. were held last Saturday afternoon, July 19, 2003, at the Greater St. Luke Baptist Church with Rev. Homer Avery, pastor of First Progressive Baptist Church, officiating. Rev. J. H. Ford is host pastor.

Burial was held in the City of Lubbock Cemetery under the direction of Ossie Curry Funeral Home of Lubbock.

She was born April 21, 1956, in Lubbock. She married Patrick A. White on August 11, 1979.

She is preceded in death by her brother, Dr. Dwight Delano Gibson, 1967; mother, Martha Brown Gibson, 1989; brother, Robert Lee Gibson, Jr., 2000; brother Vernon Clayton

Gibson, 2001; and father, Robert Lee Gibson, Sr., 2003.

She is survived by her husband, Patrick A. White of Tulsa, Oklahoma; two sisters, Pamela Gibson Akpotaire of Sugar Land, Texas and Jerane Kay Gibson of Lubbock, Texas; two brothers, Elvin Branit Gibson of Lubbock, Texas and F. Dwayne Gibson of Arlington, Texas; a host of nieces, nephew, in-laws, cousins, and friends.

# Strength for Today hope for Tomorrow

by Gerald Jackson

**Question:** How do you choose a good mate to marry? (continued)

**Answer:** Let's consider a second influence on marriages - role expectations. What does a husband expect of his wife? What does a wife expect of her husband? If these roles are not clearly defined, explained and agreed upon by both parties then chaos will result. Recall the teaching from Peter.

*God never made a man that completely understood a woman without her telling that man what her desires were.*

Who cares for to yard? Who does the cooking? Although the issues may not have been discussed before marriage, both parties already had expectation of their mate's responsibilities in the home. They learned these role expectations from the homes they grew up in. Allow me to demonstrate the point.

When I was stationed in England in 1977 a couple of friends of mine got married. He was from New York City she was from Biloxi, Mississippi. One day she suggested

to her new husband that he needed to mow the lawn. Not fully understanding what she meant he disregarded her suggestion. After three weeks of gentle but ever-persistent suggestion (I won't call it nagging) she exploded. The husband being quite confused finally asked, "What are you asking me to do?" It was only then that the couple came to understand what the problem was. He was raised in a place where he was surrounded by concrete and asphalt. He never had to mow the lawn because there was no lawn to mow. The only grass he ever saw was in Central Park. She watched her father or brother mow the lawn weekly and she expected her husband to do the yard work because she had

always seen the men in her family mow the lawn. There were also other cultural issues that came up with this couple because of their vastly different cultures, but that is another story. Every couple must deal with the issue of role expectation. If they do not recognize the need to work in this area of their relationship before marriage it will surely surface after the marriage.

Next issue I will address the issue of different religious backgrounds.

May God grant you strength for today and hope for tomorrow.

Grace and peace,  
Gerald P. Jackson



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## The Law Offices of

**KEVIN GLASHEEN**

are pleased to announce that attorney **ROBERT HOGAN\*** has joined the firm.

Mr. Hogan is licensed in Texas and New Mexico and has been practicing law for over 6 years.

He can be contacted at: 1007 13<sup>th</sup> Street  
Lubbock, Texas 79401  
806-741-0284  
806-763-2146 (fax)  
rhogan@glasheenlaw.com

Kevin Glasheen is licensed in Texas, New Mexico and Colorado. He is Board Certified in Personal Injury Trial Law and Civil Trial Law.

Office Staff: John Serna, Legal Assistant; Jessica Price, Legal Assistant; Mary Ellen Perez, Legal Assistant; Gracie Gomez, Legal Assistant; Chad Inderman, Law Clerk; Katy Pendergrass, Accountant; J.R. Castilleja, Investigator; Joshua Arguello, Clerk.

The focus of the firm's practice is Personal Injury Trial Law.

\*Mr. Hogan has not sought certification by the Texas Board of Legal Specialization.

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# Army & Air Force Hometown News

**Air National Guard Maj. Bryan D. Langeberg** has been decorated with the Joint Service Achievement Medal.

The medal is awarded by the Secretary of Defense to members of the U.S. armed forces for meritorious service, achievement or accomplishment with distinction while assigned to a joint activity.

Langeberg earned the medal while serving as the assistant operations officer for Headquarters European Command (EUCOM) - Forward in Turkey. The major was instrumental in developing plans and coordinating actions with the Turkish General Staff in support of Operation Iraqi Freedom. His direct actions ensured the proper coordination and integra-

tion of Turkish liaison officers in U.S. forces in Iraq.

In addition, he served as the primary advisor to the EUCOM commander for all air mobility issues in Turkey and the northern Iraq area of responsibility.

Maj. Langeberg is regularly assigned to the 136th Airlift Wing at the Naval Air Station Fort Worth Joint Reserve Base, Texas. He has 21 years of military service.

He is the son of Duane W. and Gayle E. Langeberg of 18th Ave. Circle N., Moorhead, Minn.

His wife, Julie, is the daughter of Madeline Ellison of 88th St., Lubbock, Texas.

The major received a bachelor's degree in 1984 from North Dakota State

University, Fargo. In 1993, he earned a master's degree from Webster's University through the military extension program in Little Rock, Ark.

**James R. Nye** has joined the United States Air Force under the Delayed Entry Program. The program gives young men and women the opportunity to enlist and delay going into basic military training for up to one year.

Qualified men and women are eligible to receive skill training, experience and up to \$20,000 in education benefits.

After completing basic military training at Lackland Air Force Base, San Antonio, Texas, airmen receive specialized technical training in one

of more than 125 job career fields.

Nye is the son of IJim and Pam Nye of 96th St., Lubbock, Texas.

He is a student at Coronado High School, Lubbock.

**Air Force Airman 1st Class Keneth J. Forkner** has arrived for duty at Pope Air Force Base, Fayetteville, N.C.

Forkner is a crew chief assigned to the 23rd Maintenance Squadron.

He is the son of Sheila J. and Samuel T. Forkner of Gerald Ave., Lubbock, Texas.

His wife, Lana, is the daughter of Jim B. and Anne K. Sain of 37th St., Lubbock.

The airman is a 2002 graduate of Estacado High School, Lubbock.

## Can't Afford Your Medicines? Help May Be Just A Click Away

by Larry Lucas

With all the new discoveries being made in medicine, prescription drugs are more important than ever before to maintaining a healthy, active life. Like anything rare and hard to discover, new medicines can sometimes be costly.

Pharmaceutical research companies want to make sure better treatments are available to all who need them, and they are doing something to help people without insurance who have a hard time affording their prescription medicines.

The companies discovering new medicines are providing millions of prescriptions free of charge to people who might not otherwise be able to afford them. Last year alone, more than five million American received free prescriptions through these patient assistance programs. A new online database will help companies help even more people. Patients without prescription drug coverage can use this database to learn about more than 1,400 medicines offered free through patient assistance programs sponsored by the pharmaceutical industry and others. People who need help in obtaining medicines can log on to [www.helpingpatients.org](http://www.helpingpatients.org), fill out an online application and receive a list of programs they may qualify for.

If you don't have a computer at home, try your public library, church or senior center. They will

not only have computers, but also people to help you use them. The interactive website is designed to help you find patient assistance programs you may qualify for. The online service is free and completely confidential. You will be asked to type in your age, state of residence, estimated gross household income, name of the prescription medicine or medicines you need and the type of health insurance you have, if any. After an initial determination of

eligibility, you will be told how to get an application for the medicine or medicines you need. The final determination of eligibility will be made by the company that makes the medicine. The database also has information about more than 185 government and private programs to help people get medicines.

If you're 65 or older, there are also special discount programs sponsored by pharmaceutical companies. For information about the "Orange Card," which covers all outpatient medicines made by GlaxoSmithKline, call 888-ORANGE6. For information about the "CareCard," which covers all outpatient prescription medicines made by Novartis, call 866-974-CARE. For information about the "Share Card," which covers all outpatient prescription medicines made by Pfizer, call 800-717-6005. For information about the "Lilly Answers Card," which covers all outpatient medicines made by Lilly, call 877-RX-LILLY. For

information about "Together RX," which covers more than 150 medicines made by seven companies, call 800-865-7211.

While these programs help millions of people, they're not the whole answer to the national problem of access to medical care, including prescription drugs. This problem is especially grave for seniors, who need medicines more than younger people. That's why the pharmaceutical industry is working with Congress and the Administration to enact drug coverage for Medicare beneficiaries.

To find out more about patient assistance programs, go to [www.helpingpatients.org](http://www.helpingpatients.org).

Larry Lucas is Associate Vice President of the Pharmaceutical Research and Manufacturers of America (PhRMA).

## Forgetting To Take Medications on Time May Lead to Serious and Expensive Healthcare Consequences

WINSTON-SALEM, N.C. (June 27, 2003) - Medical "noncompliance" - more readily understood as "not taking your medicine on-time as prescribed" - causes 10 percent of all hospitalizations and more than 125,000 deaths annually in the cardiovascular area alone, according to the Office of the U.S. Inspector General.

It also has been estimated that noncompliance accounts for more than \$100 billion in excess healthcare costs each year. It's a major health care problem - but most people do not realize it exists or even what it is - and a large portion of it could be easily prevented.

There is a simple answer said Stan Cruitt, President of ALRT Technologies, which is based on North Carolina's rapidly emerging Piedmont Triad Research Park.

Cruitt is passionate about the subject of noncompliance. "Every day nearly 100 million people in the United States take medications, yet approximately 50 percent of them do not take medications as prescribed," Cruitt said.

His company is embarking on a nationwide education effort this summer about non-compliance to support its product line of medication compliance reminders called ALRT Med Reminders™. Cruitt calls the ALRT Med Reminders "a simple solution" to the widespread and often-complicated non-compliance problem.

Small enough to fit in the palm of your hand, ALRT Technologies' Med Reminders are easy to use and affordably priced. They remind people to take their medications on time with both an audio and visual cue.

"There's a reason that doc-

tors prescribe medicine to be taken at the intended times," said Dr. Tony Kummer, an Internal Medicine physician. "If patients don't take their medicine as directed, they often do not get well, which can lead to more health problems. I always provide education and counseling to patients on the importance of taking medications as directed, but even so, many people do not adhere to medication regimens."

Failure to take medications on time isn't a problem just for seniors, as many people might first think. The problem affects every segment of the population, even children.

Many pediatricians point to the fact that parents and child care providers frequently fail to give important medications to children on time as a cause for return visits to the doctor or emergency room.

Dr. William Lorentz, Pediatric Nephrologist and Associate Chief of Staff at Wake Forest University Baptist Medical Center, said, "Children with diabetes or various kidney problems sometimes return for treatment, and, unfortunately, it's often due to their parents forgetting to administer the child's medication."

Whether too busy or just plain forgetful, especially when taking multiple medications, people of all ages fail to take a variety of medications: antibiotics, hypertension drugs, diabetes medications, asthma medications, cholesterol lowering drugs, birth control pills, time-critical HIV/AIDS regimens, depression treatments, glaucoma treatments, blood sugar level testing for diabetics, and many more.

Cruitt said noncompliance

is a growing concern for insurers as well as healthcare professionals as the costs of healthcare continue to skyrocket.

In addition to 10 percent of all hospitalizations, the Office of U.S. Inspector General reports that up to 23 percent of nursing home admissions could be prevented if people took medications on time, as prescribed. Excess hospital and nursing home admissions leading to additional courses of treatment constitute a large part of the additional healthcare costs in excess of \$100 billion per year.

Getting patients to take medications as prescribed is a continuing struggle for just about every medical practitioner. Improving medication compliance and eliminating tremendous waste could be a great first step both in containing healthcare costs and improving the health and quality of life for many people, Cruitt added.

Cruitt said ALRT Technologies' manually programmable ALRT Med Reminder™, which can be set for one to six reminders daily, and its ALRT Med Reminder PC100, a computer-programmable model that the medical clinics can quickly set and send home with patients, both can help millions of people remember to take their medications in a timely manner.

"Our Med Reminders also are being sought out by people who recognize the need for medication reminders for a family member or friend," Cruitt said. "In fact, many children and grandchildren bought them as Mother's or Father's Day gifts this year."

Cynthia Rechenmacher, a physical therapist from

Naperville, IL, purchased an ALRT Med Reminder for her father and said, "He has not missed his heart medications since he started using his Med Reminder."

Brent Kirby of Winston-Salem, NC, is another fan of the Med Reminders. "I have not missed a medication since I started using it," Kirby said. "My wife is supposed to take her medications at the same time as I do, so my Med Reminder is prompting her, as well."

ALRT Med Reminders already are being used and recommended by healthcare professionals at several major medical centers who recognize the reminders increase the chances that medications will be taken as prescribed. Clinical trials already have shown significant increases in compliance.

For example, in the treatment of HIV/AIDS patients, clinical trials have shown significant improvement in the percent of patients taking medications on time.

A North Carolina clinic specializing in treatments for diabetic patients is providing ALRT Med Reminders to its patients and some patients are reporting consistent normal blood sugar levels for the first time in years.

ALRT Technologies Inc. (OTC: ALRT), produces and markets ALRT Med Reminders, which are available at Eckerd stores system-wide and at other select retailers. The products are also available for purchase at [www.takemedsonline.com](http://www.takemedsonline.com) or by calling toll-free at 877-257-6337. For more information on ALRT Med Reminders and medication noncompliance, go to the company Web site at [www.alrt.com](http://www.alrt.com).

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# Editorials • Comments • Opinions



## “If I”

by Eddie P. Richardson

across the city. The eastern shores of Lubbock has the prettiest natural terrain and natural beauty. What a shame to go to waste. But life is like that. These are the changes we must go through, and if you do not understand, my friends, I am sorry for you. It is really a shame when the total city cannot participate equitably on a tax paying basis and not be able to compete at the marketplace with its goods and services. For Lubbock to totally be Lubbock for all of its citizens, it has to be Lubbock for all of its citizens across the board with access to all of its resources for all of its citizens. We cannot play racial games for Lubbock to truly move ahead. It will have to move into the future collectively working together for the good of all of us.

The city as a whole is a body and when one part of the body is not well, that total body is not well. The depressed areas need help form the non-depressed. Help, not leadership; help such as any necessary resource, guidance, advice, support, in general. Hands not handouts. That's the problem

if I could wave a magic wand and make all parts of Lubbock equal to south and southwest Lubbock, I would. If I could make all parts of Lubbock-I competitive self-sustaining market places, I would, but I can't. Wish I could. If I could utilize land in the eastern one-third of the city, the under-utilized land, I would also develop the undeveloped areas of the eastern one-third of the city. I would also do the same for downtown Lubbock and the Overton area as well as north and northeast Lubbock, and see the differences in the appearance, development at different points of Lubbock and try to figure out why the differences. One area where land is running out and other areas with vast amounts of vacant land. It makes one wonder why the potential is not being fulfilled equitably

now. We need to stop addressing the symptoms and get to the causes and start rectifying them together. We can make it happen. Rich, poor, Black, Brown, White and others working together for the betterment of the total city, not part or parts, but the total city.

If I could wave a magic wand, I would wave it over Lubbock and create a perfect total city but I can't so I have to do the best I can. With the help of God and concerned citizens of Lubbock, it can be accomplished. Bust most of all, if I would wave a magic wand I would wipe out all drugs, and want-to-be, think-I-am, would like-to-be gang bangers.

I would put them on the superhighway and internet and take them off the corner trying to claim turf that they never paid taxes on. Wouldn't it be grand to refocus their minds in the right direction and rechannel their actions in a positive direction.



## In Cinque

by Renetta W. Howard

There has been a great surge in family reunions ever since Alex Haley first penned Roots. This is especially true of African Americans. There is an ongoing search for family roots and very often we find ourselves with relatives that we never knew existed; especially if we accurately research our roots in the census and archives records of the United States. Unfortunately, so many records of Black Americans did not exist before the U. S. Census of 1850.

One often wonders if it is a blessing or a curse to have a surname like Washington, Jackson, Johnson, Lincoln, Carpenter and Jefferson. The Black Jeffersons have documented their relationship to President Thomas Jefferson, but are having a difficult time gaining acceptance with

his White family. The Washingtons, Johnsons and Jacksons apparently have not been too concerned with being a part of the presidential mainstream, but have accepted their Black families as their only blood relatives and are satisfied and happy with their Black family ties. There are some who know of their bi-racial history but choose not to seek it out.

Too often, there are not enough relatives living now who knew and talked about family histories prior to 1850. Those Blacks who owned land prior to 1850 may very well be able to trace the ownership of the land back to their relatives before 1850. Believe it or not, there are some families who never anticipated owning the 40 acres or the mule because they already had more than 40 acres and number of mules.

I attended a family reunion this past weekend with a family which still owns the land passed down from their ancestors prior to

1850. Some of these family members lost their personal parcels of land, but members of the family know how they lost it and to whom they lost it and have worked diligently not to allow further losses to take place.

Black families have endured more adversities than any other ethnic group in the world, but are surviving and seeking out their roots as all vestiges of African culture was destroyed when the Africans were brought to the United States as slaves in the 17th Century. We have now entered the 21st Century and we still need to get 'in cinque' and know who we are. Oral history is great, but researching the census and the archives is very important. Take a lesson from "Days of Our Lives" and "The Young and The Restless" family mix-ups.

## THIS N THAT

SPEAKING POLITICS, YSABEL LUNA! THIS N THAT ... had an opportunity to have a visit ... from a very active ... HISPANIC ... in the East Lubbock community ... who says he looking to seek a political office next year... Regardless of what you may think of this... young man ... LUNA ... he... will speak his mind ... In asking him about the ... POLITICS IN THE CITY ... he... quickly says... WE HAVE THE SAME OLD GAME! THIS N THAT ... asked what he meant by this and he said ... -BECAUSE WE AS POLITICIANS ... have shifted their responsibilities and obligations" ... of the people who elected them to their... office... This is done ... according to Luna ... because of... POLITICALNESS, CORRECTNESS AND SELF GAIN... When asked will this cease to happen in the ... FUTURE... he said... IT WILL CEASE TO HAPPEN WHEN WE EDUCATE OUR CHILDREN ABOUT THE POLITICAL PROCESS ... and how this process can shape the future for everyone... He added ... that we ... ARE ALL IN THIS TOGETHER!... WE REFLECT TO OUR CHILDREN OF WHAT WE ARE DOING ... and we must get along with each other... WE MUST SET A BETTER EXAMPLE ABOUT POLITICS FOR OUR CHILDREN! GOOD TO KNOW MAYOR WILLIAMS WILL COME! THIS N THAT ... learned from ... the Mayor of Washington, D. C. ... THE HONORABLE ANTHONY -TONY WILLIAMS ... will visit Lubbock along about ... OCTOBER^ 2003 ... to participate in a ... SCHOLARSHIP BANQUET ... to raise funds for the... EMANCIPATION PROCLAMATION JUNE-TEENTH COMMITTEE... There will be more info on this upcoming H^ event... If you are interested in knowing more... at this time ... then give ... EDDIE P. RICHARDSON ... local president of the committee ... (806) 762-3612... JOCELYN MAMINATA STILL ON TV WITH CBS! THIS N THAT ... happen to watching a local television station newscast ... last week in New Haven, Conn^ Connecticut... and there she was ... JOCELYN MAMINATA ... doing the 5:00 p. m. newscast as an anchor over station ... CHANNEL 8^ CBS AFFILIATE... She was doing a very good job ... GOOD TO SEE THOSE ... who have come from where you are doing some food good things... Good to see you ... Jocelyn...

BACK TO SCHOOL DRUG MARCH- THIS N THAT ... is asking all that will come and participate in the ... BACK TO SCHOOL MARCH AGAINST DRUGS, GANGS & VIOLENCE... on "Friday ... AUGUST 8, 2003 ... School bells will be ringing on ... Monday ... AUGUST 18, 2003... Let's send a very positive message to those who dwell in these evils... that we will not tolerate these kinds of actions this school year... OUR KIDS ... are our future ... and we need to do what we can to see they will have a way to learning ... by attending school and learning... So stay tune ... and more will be coming about this march ... next week...

PENNY HASTINGS THE BARBER SAYS: "THE BEGINNING ... doesn't mean a thing ... it is the ... END WHICH REALLY COUNTS."

MARTIN LUTHER KING MEMORIAL AREA LOOKING GREAT! THIS N THAT ... wants to take this time and say ... CONGRATS ... to efforts of ... MS. JOAN Y. ERVIN ... in her efforts to develop the ... MARTIN LUTHER KING JR. MEMORIAL AREA ... a very positive one ... In driving by this area on ... MARTIN LUTHER KING, JR. BLVD... traveling north or south ... those two flags look great... Thanks for a job well done ...

A VERY TOUCHING SIGHT! THIS N THAT ... happen to be driving by the ... SNAPPY SHINE SHINE PARLOR ... shortly before 9:00 a. m. Monday morning ... July 21, 2003 ... a saw a very touching sight... There were two Lubbock citizens assisting one of our legends ... MR. J. B. MASON ... out of their automobile so he could go to his business ... SNAPPY SHINE SHINE PARLOR... HE IS HISTORY ... and he proved one could make it if they would only try... s and putting your trust in our ... GOD! THIS N THAT



Denny Milam  
Director of Security Department

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# "The Brooklyn Bridge: A Study in Greatness"

A Review by Ruth Oron and Barbara Buchler

An outstanding part of the "Brooklyn Bridge to the World" celebration on May 24th, marking the 120th anniversary of this famous structure—which included dancers, puppets, concerts, a laser and light show, and a gigantic birthday cake—was a thrilling talk on the bridge itself: "The Brooklyn Bridge: A Study in Greatness." The talk, by Carrie Wilson and John Stern, and illustrated by slides, showed why this structure has been loved by millions of people all over the world. The reason is in this landmark principle, stat-

ed by the great American poet and educator Eli Siegel, founder of the philosophy Aesthetic Realism: "All beauty is a making one of opposites, and the making one of opposites is what we are going after in ourselves."

Ms. Wilson and Mr. Stern are consultants on the faculty of the not-for-profit Aesthetic Realism Foundation. Ms. Wilson, art historian and a Terrain Gallery coordinator, and Mr. Stern, formally of the Tri-State Regional Planning Commission, presented their talk three times to enthusiastic, overflow audiences in the Park House at the Empire-Fulton Ferry State

Park. We were moved to learn about the history of the bridge: how it was conceived by John A. Roebling, whose son, Washington, carried out his father's plans after his father's untimely death; and when Washington became partially paralyzed, his wife, Emily, taught herself engineering and so ably executed her husband's instructions that she earned the deep respect of the men building the bridge. The complex, detailed work took 14 long years.

As a city planner and a person who worked for the Board of Education in Brooklyn for many years we have loved this bridge and

waiked across it many times. It was exciting to understand more why it makes for such large emotion and what it can teach us about how we want to be. In this talk, which was technically exact and rich with history, we learned the reason why this bridge is beautiful and loved: it puts opposites together, the same opposites, Aesthetic Realism shows, every person—including leaders of nations—wants to and needs to do a good job with. This was new!

Ms. Wilson and Mr. Stern talked about the opposites of power and grace, heaviness and lightness, firmness and flexibility, and simplicity and complexity. They quoted this from the book *Bridges and Their Builders* by

David B. Steinman and Sara Ruth Watson:

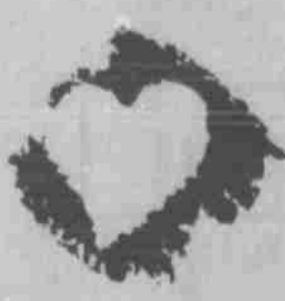
"The pierced granite towers, the graceful arc of the main cables, the gossamer network of lighter cables and the arched line of the roadway combine to produce a matchless composition, expressing the harmonious union of power and grace."

"This relation of power and grace has a lesson for us," the speakers commented: "Every person wants to be strong but not overbearing, graceful without being

weak." And audiences were audibly moved and delighted as they quoted Eli Siegel's essay "Husbands and Poems," in which he writes of the fact that a woman can be disappointed because:

"...when men are energetic, assertive, forceful... they lack sensibility, fine understanding, rich sympathy; and when they are gentle, sentimental, soft, they no longer seem to have strength, energy, momentum."

to be continued in the next week's Southwest Digest...



Join us for the  
**Heart Matters**  
Breakfast Club

Because our hearts matter, Covenant Heart Institute invites you to attend our "Heart Matters" Breakfast Club. Our goal is to bring people together who are affected by matters of the heart, either personally or through a family member or friend. We hope you will come and be encouraged to share your feelings, ideas and knowledge with others who understand the issues of coping with heart matters.


**Friday, July 25**  
9:00 - 10:00 a.m.

**"Just The Flax, Ma'am: Cooking With Flaxseed"**  
Presented by Shelly Filip, LifeStyle Centre

**Covenant Medical Center-Lakeside**  
4000 24th Street  
(Dining Rooms 1 & 2, Garden Level)

Refreshments will be provided. The Heart Matters Breakfast Club is open to the public and free of charge.

Please call (806) 725-1650  
for reservations or more information.



Covenant  
Heart Institute  
Lubbock, Texas

## Do You Know A Child Who Deserves To Be Recognized?

In 2003, The *Avalanche-Journal* And Its Make Kids Count Sponsors Will Keep The

### SPOTLIGHT ON KIDS

Each Day The A-J Will Introduce You To A Local Child Who is Going Above And Beyond To Do Good Things, The Right Things!

If You Know Of Such A Child, We Want To Know, Too. Be It Neighbor, Pupil, Friend Or Relation, Help Us Tell The World About These Special Kids.

**NOMINEE INFORMATION**

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Parents name: \_\_\_\_\_

PARENTS SIGNATURE: \_\_\_\_\_

Daytime phone (parent): \_\_\_\_\_

On a separate sheet of paper 1) briefly tell us about your nominee and 2) list the accomplishments of your nominee.

**NOMINATOR INFORMATION**

Name: \_\_\_\_\_

Relationship to nominee: \_\_\_\_\_

Daytime phone: \_\_\_\_\_

Do you want your nomination to be anonymous? \_\_\_\_\_

Did you include a good quality photo of the child? \_\_\_\_\_

(Photos will be returned only if a self-addressed envelope is included.)

**SPOTLIGHT ON KIDS RULES**

1) No purchase necessary. Nomination forms will appear periodically throughout the year in the *Avalanche-Journal* and at Make Kids Count sponsor businesses around town. Forms also are available at the A-J Information Center, 710 Avenue 2.

2) Nomination forms can be mailed to Spotlight On Kids, P.O. Box 491, Lubbock, TX 79408, or can be dropped off at the A-J Information Center, 710 Avenue 2.

3) All information, including a reproducible photograph of the child, must be included. INFORMATION AND PICTURE WILL NOT APPEAR IN THE A-J WITHOUT VERIFICATION AND SIGNATURE FROM A PARENT OR LEGAL GUARDIAN. Photos will be returned ONLY if a self-addressed envelope is included.


4) Only one Spotlight On Kids nominee will appear in the A-J each day.

5) Selection will be made by A-J personnel based on the completeness of information, parental approval and the merits of the nominee, including family contribution, citizenship, volunteerism, character, talents and accomplishments, good behavior, church involvement, caring for others, etc.

6) All nominees agree to allow their names, and photographs to be published in the *Avalanche-Journal* without further compensation.

7) The *Avalanche-Journal* is not responsible for unsolicited articles that are forwarded, lost, late, misdirected, damaged, illegible, incomplete or postage due.

8) By entering, each contestant or their representative acknowledges acceptance of the rules and agrees to be bound by them.



MAKE  
KIDS  
COUNT  
2003

An Announcement From  
*Lubbock Avalanche-Journal*  
& Southwest Digest

KFMX-FM has an opening for a part time board operator. This position requires producing live remote broadcasts afternoons and weekends, approx 0-15 hours per week. Typing and/or computer skills a plus. Please apply in person at 4413 82nd Street, Suite 300, Lubbock 79424. Clear Channel Comm. is an Equal Opportunity Employer.

### Night Shift Loaders

Summary: Load trailers with selected items for each customer.

Requirements:

- High School Diploma or equivalent.
- Ability to read and perform basic math skills.
- Ability to understand label coding, color charts and numeric sequence.
- Ability to lift 70 pounds often and stand for extended periods.
- Two years warehouse experience preferred.

Duties:

- Report to work at 7:00pm Sunday thru Thursday.
- Load trucks in proper routing sequence.
- Assist other loaders as needed.

Interested applicants should apply in person at:

U.S. Foodservice  
915 East 50<sup>th</sup> Street  
Lubbock, TX 79404

Reference: 03-0013  
EOE M/F/D/V

## BOOK SIGNING

### "WIT, WILL & WALLS" by Betty Kilby Fisher

— Meet this incredible African American Author

**Date:** August 2, 2003  
**Time:** 12:00 PM to 2:00 PM  
**Location:** Heavenly Treasures (789-0008)  
3225 50th Street, Suite A6  
(In the Albertson shopping center off Indiana)


Wit, Will & Walls appeals to many audiences. From a share cropper's daughter to a corporate executive. This book provides a first hand account of the desegregation of the schools based on implementing the Landmark Supreme Court decision, Brown v. Board of Education.

Inspirational – This book illustrates how the determination to succeed is passed from one generation to the next. As it becomes the daughter's journey to lead the battle for education sacrificing her youth and innocence she goes on to battle corporate America to become the highest ranking African American female in a fortune 500 company in the 80's.

Cultural Innovations, Inc, P. O. Box 1204  
Eufless, TX 76039 PH 817-798-2111

Web: [www.cultural-innovations.com](http://www.cultural-innovations.com)  
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African American Chamber of Commerce, Lubbock

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