



Community Meetings

This is a list of what is happening in Lubbock, to help complete the unified, community-building work of Dr. Martin Luther King, Jr.

- African American Chamber of Commerce, Lubbock meets on the 3rd Monday of each month, from 5:30-6:30pm at the Parkway Community Center, 405 MLK Blvd., 806-771-1815
- Lubbock Area Client Council meet on the 2nd Saturday, 1:00pm at the Patterson Branch Library
- Hub City Kiwanis meets every Tuesday, 7:00pm, 1708 Avenue G
- Dunbar Alumni Association meets 2nd Saturdays, 4:00 pm
- Booker T. Washington American Legion Post 808 meets every 2nd Tuesday at 7:30pm, American Legion Building in Yellow-bouse Canyon
- Forgotten West Riders meets on the 1st & 3rd Mondays, 7:00 pm, Patterson Library
- East Lubbock Chapter AARP meets every 1st Thursday at 7:00 pm, Mae Simmons Community Center
- Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, TTU Merkes Alumni Center
- Dunbar/Manhattan Heights Neighborhood Association meets every 3rd Thursday at 6:00 pm, 1303 East 24th St. (outreach center/party house)
- West Texas Native American Association Pot Luck Supper meets on alternating months prior to meeting, meetings held on 2nd Saturday of each month at 7:00 pm, Educational presentations and demonstrations.
- Texas Juneteenth Cultural & Historical Commission - Lubbock Affiliate meets at Patterson Branch Library every 3rd Thursday at 7:00 pm
- West Texas Native American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30 p.m.
- West Texas Chapter of 100 Black Men meets the 3rd Monday evening at 7:00 pm at the Parkway Neighborhood Center.
- The Parkway Guadalupe & Cherry-Point Neighborhood Association meets the 3rd Tuesday evening of each month at 7:30 pm at Hunt Elementary.

Former homeless woman has plan to help the homeless in Atlanta

In 2004, LaTasha Williams left her husband with her six children. They lived in motels and, when they ran out of money, had to sleep in their car.

A few years ago, LaTasha Williams, 33, found herself at a dire crossroads. She could stay in an abusive relationship with her husband or leave for a better life with her six kids.

A tough call to make, Williams, who was married for just five years, tried to make a go of it on her own with help from public assistance. She faced a major challenge - the local shelters were packed, leaving her back where she started. But she returned home with a vision. Williams pledged to open up a place for the homeless. With no structure in place, she called it the Omega House, founded it in 2003 and gave it non-profit status in 2004.

Then, the unthinkable occurred. In September 2004, after years of emotional scarring, Williams left her husband for good and temporarily had no place to call home.

"I gave up on my life," says Williams, born and bred in Atlanta. "Before I knew it, I was living with relatives." But that didn't last long. Unstable relationships with her family

forced her to move out and seek refuge in motels. When the money for motels ran out, she and the kids, who now range in age from 3 to 16, slept in her car.

"A lot of people think the homeless are on drugs or are alcoholics," says Williams, owner of Lady Contractors, a contracting company that handles landscaping, cleaning, painting and other services. "But a lot of things can happen - divorce, job loss, abusive relationships."

Williams with her kids struggled through the hardest eight months of their lives. Her older kids felt angry and humiliated by the situation. Their grades suffered in school. But through her spiritual faith, Williams refused to give up. After brief time away from the contracting business she started three years ago, Williams jumped back in the saddle. "I made a vow and I built my clientele back up," she says. "I started to empower myself. Slowly, God put people in my life to help me with a house."

Now, Williams and her clan are off to an encouraging start. She's been renting a house since the spring. With a roof over their heads this winter, a now-divorced Williams can focus on her earlier vision to aid the homeless. Her Omega House is slated to be a



LaTasha Williams

transitional home for women and children for 6 - 12 months. Clients will attend an eight-step Virtuous Women program to restore their self-esteem, and workshops to help them with job-

readiness skills, employment assistance, GED prep. and counseling.

According to a local shelter in Atlanta, the Omega House is needed now.

"Shelters [in Atlanta] stay pretty full," says David Jones, spokesperson for Atlanta Union Mission, a transitional shelter, which houses 136 women and children. "The majority are focused on men because historically, homelessness was seen as a men's issue." A 2003 Homeless Census and Survey conducted by the United Way of Metropolitan Atlanta states that nearly 1,000 homeless were found on the streets, in shelters or transitional or permanent housing situations. Williams can empathize with them all, and hopes to save lives and families with the Omega House. Since November, she and her supporters have been fundraising to help finance a property. In February, she'll hold a Valentine's Day event for homeless women, widows and elderly women to help raise money. She's interested in rehabbing a house and have doors open for clients in the spring of 2006.

"As long as I can wake up everyday, I'm fighting for that vision," Williams says. "I'm excited that God hasn't forgotten about me when everybody else did."

For more information about the Omega House, contact LaTasha Williams at 678-598-6943.

Earl 'Butch' Graves Jr. named CEO of BLACK ENTERPRISE Magazine

NEW YORK /PRNewswire/ - Earl G. Graves Sr., founder of BLACK ENTERPRISE (BE), today named Earl "Butch" Graves Jr. as the company's new Chief Executive Officer and President. Butch Graves' appointment to the rank of CEO marks a milestone for the family-owned media company, whose flagship publication provides more than 3.7 million readers with information on African American business markets, financial management, entrepreneurship, and careers. Graves' promotion to CEO represents the transition of Earl G. Graves Ltd., parent company of BLACK ENTERPRISE magazine, to the next generation of leadership. Earl Graves Sr., who will remain Chairman and Publisher, founded the company in 1970 - establishing its mission to become the premier business news source for African Americans.

"Those who advance at Earl G. Graves Ltd. - whether family or not - must earn their positions," said Earl G. Graves Sr. "Over the past 17 years Butch has excelled despite the challenges of an ultra-competitive and rapidly changing publishing industry. In 1988 BE had revenues of approximately 20 million. In 2006 we project that those revenues will exceed 60 million. As we have expanded our company, Butch's business acumen and instincts have helped triple our revenue."

Under the next generation of executive management, Butch Graves will continue to lead the strategic positioning of the corporation, guide its overall profitability, and act as the top editorial decision maker. "I am excited about the opportunity to succeed my father as CEO of BLACK ENTERPRISE," said Butch Graves. "My mission is to build upon the success of what he established, while finding new media outlets that will grow our business and demonstrate all things possible to our core audience."

Since joining BE in 1988, Butch Graves has helped transform the company from a six-



Earl G. Graves Sr., Founder & Publisher of BLACK ENTERPRISE, today named Earl "Butch" Graves Jr. as the company's new chief executive officer and president. Butch Graves' appointment to the rank of CEO marks a milestone for the family-owned media company, whose flagship publication provides more than 3.7 million readers with information on African American business markets, financial management, entrepreneurship, and careers. Pictured: Earl "Butch" Graves Jr. (seated), Earl G. Graves Sr. (standing). Photo by Dwight Carter. (PRNewFoto/BLACK ENTERPRISE)

magazine publisher to a thriving multimedia conglomerate. Under his guidance, the circulation of BLACK ENTERPRISE magazine grew from 200,000 to more than 300,000, due in part to an intense editorial focus on wealth building and homeownership. He led the company into broadcast media with the launch of The Black Enterprise Report, a nationally syndicated television show, and Black Enterprise Magazine's Keys to a Better Life report for radio, a joint venture with Clear Channel Communications.

Additionally Graves initiated the development of blackenterprise.com, a Website that enables users to access information and make financial and business transactions. He created the concept of the company's private equity firm, Black Enterprise/Greenwich Street Corporate Growth Partners, which primarily invests in established, minority-owned businesses, and he championed the development of BE's signature business and lifestyle events.

Butch Graves received his B.A. in economics from Yale

University in 1984, where he distinguished himself both academically and athletically. As a four-year starter and captain of the Yale Basketball team, he became the school's all-time leading scorer, and finished his college career as the second-leading scorer in Ivy League history. He was drafted in the third round by the National Basketball Association's Philadelphia 76ers in 1984 and enjoyed a brief professional basketball career. After earning his M.B.A. from Harvard University, he joined BE as vice president of advertising and marketing. In 1991 he was promoted to senior vice president of advertising and marketing, and in 1995, he was named executive vice president and chief operating officer. He was promoted to president of the company in 1998.

Inducted into the American Advertising Federation (AAF) Hall of

Achievement in November 2002, Butch Graves was also awarded the AAF Jack Ayerett Volunteer Spirit Award. He currently serves on the board of directors of AutoZone, Inc. Additionally he sits on a number of not-for-profit boards, including Channel Thirteen/WNET New York, the Magazine Publishers of America, the Thurgood Marshall Scholarship Fund, and the Michael J. Berkeley Foundation - a charity

established to memorialize the life of Berkeley, who died Sept. 21, 2001.

Throughout its 35-year history, BLACK ENTERPRISE has never deviated from its mission to highlight African American business accomplishments while encouraging the establishment and success of minority-owned enterprises. Under the next generation of leadership, which includes brothers John C. Graves and Michael A. Graves serving in executive leadership positions, BE will continue to provide essential information to assist African Americans in the pursuit of their economic, professional, and personal goals.

BLACK ENTERPRISE, your ultimate guide to financial empowerment, is the premier business and investment resource for African Americans. Since 1970, he has provided essential business information and advice to professionals, corporate executives, entrepreneurs, and decision makers. The publication provides 3.7 million readers with monthly information on entrepreneurship, careers, and financial management. As the definitive source of information for and about African American business markets and leaders, he is the authority for business news and trends. The magazine is published by Earl G. Graves Publishing Co., New York.

Notice to home delivery customers

If you fail to receive your paper, please call the Digest at 762-3612 and give us your address. Due to the death of our delivery person, WH Pitts, we have had some difficulty getting papers delivered. We are aware of the problem and regret it. Please contact us and we will correct this situation as soon as possible. We apologize for the inconvenience.

The Southwest Digest

If you find mistakes in this publication,



please consider that they are there for a reason. We publish something for everyone, and some people are always looking for mistakes.

If you have an announcement you want to appear in this paper, there are three ways to get information to us:

Southwest Digest Community Meetings
1302 Avenue Q
Lubbock, TX 79401

Fax: (806) 771-0000

EMAIL US AT: swdigest@shehoba.net

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Chatman Hills Corner

By Doris Reynolds

It is good to note that the Martin Early Childhood School is inviting members of the African American community to come and read a book to the children during the National African American Read-In set for Monday, February 6th. Those invited are ask to come and tell a story or read a book by an African American author to a group of students.

This day is part of the seventeenth National African American Read-In Chain, an event sponsored by the Black Caucus of the National Council of English Teachers to make the celebration of African American literacy a traditional part of Black History Month activities. This is the second year Martin Early Childhood has joined the celebration. Martin Early Childhood is located at 3315 East Broadway Avenue. For more information, call Beth Burkhalter, principal, at (806) 766-1788.

This is a very positive program, and we hope many will go by and read to our children.

The Lubbock Juneteenth Emancipation Committee will be hosting their Annual Juneteenth Banquet and Dance Saturday, February 18th, at the Koko Palace, 5101 Avenue Q, from 7:00 p.m.

until 1:00 a.m.

For more information, contact either Ms. Tonya Johnson, president, at (806) 744-4999 or Eric Hicks at (806) 744-4999.

The monthly meeting of the Federation of Choirs will be held Sunday afternoon, January 22, 2006 at the Mt. Gilend Baptist Church, host church of the month, beginning at 2:30 p. m. Rev. J. Jerome Johnson is the host pastor.

Special congratulations to those recipients of the Black Pearl Awards at this year's Dr. Martin Luther King, Jr. Celebration during the annual banquet last Friday evening, January 13th. Those receiving the award were Ron Givens, the Shepherd Family for the late Bishop McKinley Shepherd and Joan Y. Ervin.

All of this took place during the 35th Annual Celebration.

A "Friendship Wedding" will be held at the Bethel African Methodist Episcopal Church, 2202 Southeast Drive, on Sunday afternoon, February 19, 2006. It will begin at 3:00 p.m. The participants are ages three through eight. For more information, contact Sister Ruby Donaldson at the church.

(806) 744-7552.

Rev. Eddie Everline, Jr. is pastor at (806) 744-4999.

Prayer for our sick and shut-in citizens of our community as well as those who are in other parts of the country. Also, don't forget those who have lost loved ones. Prayer is always sufficient at this time for all of us.

Services at the New Hope Baptist Church, 2002 Birch Avenue, were inspiring last Sunday morning, January 15th, beginning at 10:50 a.m. with Meditation and Prayer. The Praise Tarry was at its post of duty singing God's praises. The spirit was very high. Minister Wilson read the morning scripture, and Minister Walker offered the morning prayer.

The New Hope Choir sang several selections for the morning. Rev. B. R. Moton, pastor, preached on the subject "The Word of God", with his scripture text being Psalm 119:11. What a wonderful sermon for all of us in attendance.

After an invitation to discipleship was extended, Brother Darrell Phillips read the morning announcements. Sister Tamara Quigley welcomed all visitors.

In Remembrance

Thomas Earl Ashley, Sr.
Los Angeles, Ca. - The brother of Littlefield's Mayor Pro Tem, Van Ashley, passed away on Monday, January 2, 2006.



Ashley

He was Thomas Earl Ashley, Sr. Funeral services for Thomas Earl Ashley, Sr. were held at Crenshaw Christian Center with Pastor Michael Reid officiating. Burial was held in Inglewood Park Cemetery, Inglewood, Ca.

Palbearers were: Thomas Ashley, Jr., Clinton Ashley, Van Ashley, Eddie Stoyal, Elanton Jones, and Ruben Alvia. Honorary palbearers were Windell Ashby, Al Ashley, Earl Allen, Jr. and Vincent Bell.

He was born to the parents of Alforce and Juanita Ashley in Littlefield, Texas. A fun loving and compassionate friend to all who knew him, he was talented in restoring old classic automobiles, especially his Corvette.

After returning from Northrop Grumman, he worked for ABC School district as a school bus driver. He was a member of Crenshaw Christian Center where he served as a driver for the ministry shuttle bus.

He was a devoted son, loving, attentive husband to Rose, supportive father to Thomas, Jr., Yolonda, Felicia and Earl; brothers: Van, Windell, Larry, Clinton and sister, Doris.

His mother, Mrs. Juanita Ashley, and brother, Van, were in attendance of the funeral.

She passed away Wednesday, January 11, 2006, at University Medical Center.

Lula Mae Gentry

Funeral services were held for Lula Mae Ross last Saturday afternoon, January 14, 2006, at the Mt. Gilend Baptist Church.



Ashley

Arrangements were under the direction of McCarty Funeral Home in Littlefield under the direction of M. C. Brock, Sr.

Mrs. Ross passed away Monday, January 9, 2006, at a hospital in Temple.

She was a longtime resident of Lubbock, and was born Lula Mae Releford to Willie and Irene (Jackson) Releford on April 4, 1929 in Honeygrove. She married Willie Ross August 31, 1948 in Mart. The couple moved to Lubbock in 1952. She retired from Texas Instruments.

She is survived by her husband of 57 years, Willie; four children: Katharyn, Larry, Kenneth and Donald; eight grandchildren: Nefeverius, Nadine, Tonara, Donald Morris, Jonathan, Julia, Donald, Jr., and Doriene; a brother, Willie Releford.

Rosie Lee Vanhook

Funeral services for Rosie Lee Vanhook were held Tuesday afternoon, January 17, 2006, at Guajardo Funeral Chapels with Elder Vernon Thompson officiating.



Vanhook

Burial was held in the City of Lubbock Cemetery under the direction of Guajardo Funeral Chapels.

She passed away in her home Thursday, January 12, 2006.

She was born June 28, 1921 to Henry and Ada Williams in Bryan, Texas. She attended public school in the Bryan Independent school District.

She moved to Lubbock in 1950. She was brought to believe in working and so she became a domestic worker.

She met and married Eugene Vanhook.

Preceding her in death were her husband; her parents; a son, Kenneth Watson; a daughter, Ella Marie Terrell; and several grandchildren: Michael McDade, Cleopatra McDade, Kenneth Ray Johnson, Rosie Marie Watson and Brenda Joyce Johnson.

Mrs. Vanhook is survived by her grandchildren: Mary (Jim) Wallace, Angie Terrell, Debra Terrell, LaTasha Terrell, Willie (Shelia) Watson, Sheri (Yolando) Davis, James (Regina) Clark, Clyde Terrill Jr., Marilyn Curry, Torice D. Terrell, Teresa (Stanley) Brown, Mary McDade, Arthur Lindsey, Gwendolyn Lindsey, Edna McDade, and Susie Pearl McDade; her daughter-in-law, Vera Watson; 45 great-grandchildren; 50 great-great-grandchildren; and a host of nieces, nephews, other relatives and many friends.

FASHION FUN

by Shirley Robinson

New Big Frames!

Yes! You can wear the new big frames. Find the right shape for your face, the frames should contrast with the shape of your face. For example, if your face is round, go for rectangular frames, if it's square, try an oval shape, if it's long, the large square and round is your better choice. Remember size matters too, you want big but not huge-like, so make sure the glasses don't extend past the sides of your face. Color is of great importance when selecting your frames, please don't be afraid of color, and any color works well.

FASHION TIP: Always wear a smile!
FASHION - Just for the fun of it!

Emmett Till's life, death coming to big screen

Two producers are developing a feature about Emmett Till, the black teenager from Chicago who was killed in Mississippi in 1955 for allegedly whistling at a white woman.

Frederick Zollo and Thomas Levine are teaming on the project with director Keith Beauchamp, whose documentary "The Untold Story of Emmett Louis Till" is in theaters.

Till's killing by a group of white Southerners is widely recognized as the impetus of the civil rights movement. The men were acquitted by an all-

white, all-male jury after less than an hour of deliberation. Four months later, they boasted about the crime in an interview with Look magazine but were never brought to justice because of laws against double jeopardy.

Zollo said the film will focus on Till's life and slaying as well as the crime's immediate aftermath and will include elements of Beauchamp's life that parallel Till's.

"I have always wanted to do a film about the Till case but was never sure how to tell the story," Zollo said. "When Tom

and I met Keith Beauchamp and saw his powerful film, it became much clearer."

Zollo has visited the theme of the "civil rights movement before. His producing credits include "Mississippi Burning," which told the story of three civil rights workers killed in Mississippi in 1964, and "Ghosts of Mississippi," which centered on the killing of Medgar Evers, a leading figure in the civil rights movement.

District Two Town Hall meeting scheduled for today

City Councilman Floyd Price will be sponsoring a Town Hall meeting on Thursday night, January 19, 2006, at the Smith Temple Church, 66th Street & Avenue P, beginning at 6:00 p.m.

The purpose of this meeting, according to Councilman Price, is to address issues of safety and

police patrol in District Two. Special guests will include Police Chief Claude Jones, City Manager Lee Ann Dumbauld, Assistant City Manager Quincy Whitc, District Attorney Matt Powell, Assistant Police Chief Thomas Esparza, and Manger of Codes Administration Stuart Walker.

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Church News



We Thank God for Jesus The Churches Weak Like Samson

Written by Angelita Lilly "Gai" Morrison, III / Your Brother in Christ Jesus, always

Revelation 2:2a-7a - Jesus said, I know your works, your labors, your patience and now you cannot use them which are evil. Nevertheless, I have some what have some what against thee, because you have left your first love. He that has an ear, let him hear what the spirit said unto the churches.

Genesis 2:16-17 - The Lord God commanded man saying of every tree of the Garden you may freely eat, but of the Tree of Knowledge of Good and Evil, you shall not eat of it. For in the day that you eat thereof, you shall surely die.

We know man is disobedience. Every since the beginning of mankind, Adam knew the will of God and Evil. You shall not eat of it. For in the day that you eat, thereof, you shall surely die.

We know man is disobedience every since the beginning of mankind. Adam knew the will of God, because God put his words into his mind.

Romans 1:18-19 - For the wrath of God is revealed from heaven against all unrighteousness of men who hold the truth in unrighteousness, because that which may be known of God is manifest in them, for God has showed it into them.

Will The Churches Rob God???

But like Samson wanting to do his own thing, and to do it his

own way, and it's happening in so many churches - even now in the 21st and 22nd days.

Isaiah 56:1a - The Lord said, cry aloud, spare not, lift up your voice like a trumpet, and show my people their transgression.

Even from the beginning, Samson knew who he was sent out to do. But he and some churches are not out about God's business like she suppose too.

Judges 13:5c & 14:2 - And he (Samson) shall begin to deliver Israel out of the hand of the Philistines. And he came up, and told his father and mother, and said, I have seen a woman in Timmath of the daughter of the Philistines. Now, therefore, get her for me to wife.

(Samson knew his job. It was to kill the enemy. Not go whoring around them. The churches suppose to be a place for prayer, praise and worship. Not a social club or a dating place. Nor is it a money fund raising place, nor is it suppose to be a place for the show offs. It is now become a hypocrite center!!)

Matthew 23:13 - Jesus said, it is written, my house shall be called the House of Prayer, but you have made it a den of thieves. *** Yes, The Churches Are robbing God!! ***

Like Samson, churches are not being on their mission, telling why Jesus was killed. Many

churches are weak like Samson. They're out to get their people a thrill!!!

John 12:31-32 - Jesus said, now is the judgment of this world. Now shall the Prince of this world be cast out, and I, if I be lifted up from the earth, I will draw all men unto me.

Many churches are lifting, but it's not lifting God's Holy and Precious Name. They're lifting the money from the people and need to be Shame, Shame, Shame!!!

Isaiah 56:10-11 - The Lord said, these watchmen are blind. They are all ignorant. They are all dumb dogs. They cannot bark, sleeping, lying down, loving to slumber. Yes, they are greedy dogs which can never have enough, and they are shepherds who cannot understand, and they all look to their own way. Everyone for his own gain, from his quarter, with four quarters equals to a year and then anniversary).

Then there are the Preachers who put people in \$20.00, \$50.00, and \$100.00 prayer lines. I can say: even if it is your rent money, give it to God. But he will be lying!!

"Do you not know God? God doesn't want you to be behind in your rent. So you and your family can come into hardship. That's of the Devil, and it comes from the pits of Hell!!)

Outreach Prayer Breakfast

The members and friends of the Outreach Prayer Breakfast are looking forward to an exciting new year. We are wishing each of you the very best in all that you do this year.

Here is a question which we would like for each of you to ponder this year. It's very interesting for each of us. The question is: "Why Should We Pray?"

Matthew 26:36-44 - "Then Jesus brought them to an olive grove called Gethsemane, and he said, "Sit here while I go on ahead to pray." "He took Peter and Zebedee's two sons, James and John, and he began to be filled with anguish and deep distress. "He told them, "My soul is crushed with grief to the point of death. Stay here and watch with me."

"He went on a little farther and fell face down on the ground, praying, "My Father! If it is possible, let this cup of suffering be taken away from me. Yet I want your will, not mine." "Then he returned to the disciples and found them asleep. He said to Peter, "Couldn't you stay awake and watch with me even one hour? "Keep alert and pray. Otherwise temptation will overpower you. For though the spirit is willing enough, the body is weak!"

"Again he left them and prayed, "My Father! If this cup cannot be taken away until I drink it, your will be done." "He returned to them again and found them sleeping, for they just couldn't keep their eyes open.

"So he went back to pray a third time, saying the same things again."

There is doubt about it; the disciples observed the profound effect prayer had in Jesus' life and ministry. They witnessed how Jesus would often go off by himself to spend time in prayer with his heavenly Father. They saw the power, peace, and tranquility that emanated from his life, giving him the ability to stay calm in troubled circumstances. Jesus' prayer life so impressed these men that they asked him to teach them to pray.

which he taught them the Lord's Prayer. If the perfect Son of God often took time to pray during his life here on earth, how much more do we, mere men and women, need to pray?

Only you can answer that for yourself. Shall we pray?

Let us continue to remember those who are sick and shut-in in our community and other parts of our world. Prayer is always the proper medicine in times like these. When those who are so often forgotten by many of us. Why not offer them prayer as well.

There, too, are those who have lost loved ones. In this time of need, why not offer them prayer as well. Today it is them, and only God knows, but it could be one of us tomorrow.

Saints, please don't forget your drive by prayers as you drive to and from your home as you pass our churches, schools and businesses.

Even as you drive by and see our little one walking to and from their school, please include them in your drive by prayer.

As we enter into this New Year, remember you are always invited to attend our meetings the first Saturday of each month in one of our member's homes. For more information about our monthly meetings, give a call to Sister Dorothy Hood, our president, at (806) 762-3347. You are welcome!

The members of the Outreach Prayer Breakfast want to congratulate the success of this year's Dr. Martin Luther King's Celebration. We were able to attend the banquet on Friday evening, and really did enjoy it. Let's keep this going each year.

Sister Dorothy Hood, president; Sister Christene Burselson, vice president; Sister Elmore Jones, teacher; and Sister Rosiana Henderson, secretary.

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From the Desk of Parson D.A. Smith Framing the Constitution for Political Purposes

Political power is a type of power held by a person or group in a society. In many ways, this power comes to bear. Officially, the political leader of a state, such as president, prime minister, or monarch, holds political power. Political scientists have defined such power as "the ability to influence the behavior of others" with or without resistance.

Political academicians note that there are various levels of power that add depth into the understanding of the notion of power and its political implications. Some political scientist have move political power from simple decision making and termed it as a 2nd dimension of power, agenda-setting by elites who worked in the backrooms and away from the public scrutiny in order to exert their power upon society. In this vein, I believe those around President Bush are framing the Constitution of the United States for their ideology and political purposes.

Sunday, January 15, 2006, Senator Arlen Specter, Republican-Pennsylvania and the chairman of the Senate Judiciary Committee expressed skepticism over President Bush's domestic eavesdropping program. Senator Specter is not alone. A chorus of Republicans and Democrats who are questioning its legal justification joins him.

Members of the Judiciary Committee have expressed doubt about the administration's legal basis and it leader in general terms noted that impeachment and criminal prosecution are

possibilities in the event a president acted unconstitutionally.

I think most Americans who are familiar in somewhat with the Constitution does not doubt President Bush is making a good-faith effort in doing what he think is right. However, many wonder about the true agenda of those around him who have proven by their action of the war in Iraq and the treatment and attitude toward other nations, they are blood and power thirsty.

Jonathan Alter (Newsweek) wrote "we are in danger of scrapping our checks and balances—not just for a few years (as was done during the Civil War), but for good."

He wrote of Bush's judicial appointee for the Associate Justice of the Supreme Court, "It's so much easier to talk about Joe Biden's big mouth or a right-wing Princeton alumni group or Mrs. Alito's tears than to figure out how the country should prevent a president of the United States from castrating the United States Congress."

Alter continued writing "I wasn't expecting Alito to say whether he thought that President Bush broke the law when he admitted authorizing warrantless wiretaps on American citizens, which is a clear violation of the 1978 Foreign Intelligence Surveillance Act ... I can even understand why he failed to offer an opinion on why Bush didn't simply seek to amend FISA if he believed his tool for catching terrorists were insufficient."

Even so, the nominee's "no person is above the law" platitudes did not suffice ...

Remember, this is not about whether it's right or wrong to wiretap bad guys, though the White House hopes to frame it that way for political purposes ... The issue is whether this president, or any other has the right to tell Congress to shove it. And even if one concedes that wartime offer the president extra powers to limit liberty, what happens if the terrorists threat look permanent? We may be scrapping our check and balances not just for a few years (as during the Civil War), but for good."

Many Americans agree that if you are an American, regardless of your status, you must follow the "rule of law." If we allow Bush or any other to become a dictator, we might pray the end to come to our world. As an American and especially a Black American, I bear the wounds of social, political, educational and economic dictatorship. Many of my brothers of my generation carry the wounds of the injustice of the Criminal Justice System. We will carry these scars to our grave. However, we must no longer bow down to Baal or kiss his Jackass. Neither should any Americans. We must fight to annihilate those who would destroy our constitution. "Weeping may endure for a night, but joy will come in the morning."

I smell the blood of a Nazi in our city toward minorities if a certain candidate is elected mayor. Is he not framing the political process for his political Gestapo-ship?

St. Matthew's Baptist Church News

Church services at the St. Matthew Baptist Church, 2020 East 14th Street, got underway last Sunday morning, January 15, 2006, with everyone praising God for all He has done for us during the past week. Rev. Edward Canady is the proud pastor.

The morning services begun with Sunday School beginning at 9:30 a. m. with Superintendent Sister Luella Harris in charge. The morning lesson was taught and reviewed by Pastor Canady.

The morning subject was "Leading God's People." The scripture was 1 Timothy 3:2-15. It was another wonderful lesson. Guidelines discussed in the lesson apply to all of us who love the Lord.

The morning worship hour began at 11:15 a.m. The devotional services were led by Deacon Edward Williams and Brother Vincent Bailey. The Senior Choir sung out of their hearts and souls for the Lord. It's just good to hear God's songs and hymns.

Pastor Canady delivered the morning message. His subject was "God Will Take Care of His Own." His scripture text was 1 Kings 19:5-18. Let us praise God for the message and the messenger.

Thought For The Week: "You are only cooking up troubles when you stew about tomorrow!" Let us not forget those who are sick and shut-in in our community. Remember God is able. No matter the situation, just call on Him.

DUNBAR ALL-CLASS REUNION VII
DON'T MISS IT!!
July 13-16, 2006

- Plenty of Fun, Activities, and Memories! This year's reunion promises to top last year's!
- Remember: Fees must be paid by May 31st! NO MONIES will be accepted after that date or during the Reunion!

Send your fees to:
Dunbar All-Class Reunion VII,
P. O. Box 3362
Lubbock, Texas 79452

Do you want FREE Cotton Kings tickets?

Southwest Digest has joined forces with the Lubbock Cotton Kings to give our readers the chance to see the most exciting game in town. Each week we will award tickets to an upcoming Cotton Kings game to people who are able to correctly answer our weekly trivia question.

This week, your chances to win are for:

Sunday, January 22 vs. Amarillo @ 5:00pm
Friday, January 27 vs. Oklahoma City @ 7:00pm

One additional chance will receive two ticket vouchers to any one of those Cotton Kings game against the Amarillo Golden or the Oklahoma Jackalopes.

THIS WEEK'S QUESTION:
Name the current Cotton Kings players who are not from Canada.

Simply email your answer to swdigest@lubbock.com. Please include a phone number where you can be reached. The first to answer correctly will receive FREE tickets to an upcoming Cotton Kings game. Entries should be posted up at the Southwest Digest Office by 5:00pm on Friday afternoon.

Southwest Digest
Lubbock, Texas • 806.744.7552

Former Lubbock citizen pastoring the historical Wesley Chapel AME Church



McCormick

Georgetown, Texas – It was in 1869 a man named Richard Haywood came to Georgetown, where he founded the Wesley Chapel African Methodist Episcopal Church.

This congregation with approximately 140 members has a new pastor. He is Rev. John McCormick, a former resident of Lubbock and graduate of Dunbar High School. He, too, is excited about the future of this 136-year-old church.

"The challenge now is to make the ministry relevant to the 21st century," said Pastor McCormick. "At the same time, we need to hold onto the traditions... The one main thread is God."

Rev. McCormick became pastor in November, 2004, after serving in the ministerial ranks at Grant Chapel African Methodist Episcopal Church in Austin. Aside from being pastor, he serves as an attorney for Travis County, where he directs the criminal intake division.

In speaking about his two roles in life, he says, "I guess you could say I have a bi-vocation, who entered the ministry in 2002.



McCormick

now, and they think on their own," said Pastor McCormick. "Their concerns are different so we must adapt to stay relevant."

The membership consists primarily of Georgetown residents. Wesley Chapel is working to reach out to the smaller communities in Williamson County to spread the message, according to Pastor McCormick.

Reverend Cyril Semple, who retired as pastor of Wesley Chapel in October, 2004, after 12 years of service, left the church in fantastic

condition, Rev. McCormick made known.

"He left an awesome gift," he said. "And we have to adapt to make it even better. Over the 136 year history, this church has had the ability to adapt and change, thanks to members who were visionaries."

Pastor McCormick is the son of Ms. Maxine McCormick and grandson of Ms. Catherine McCormick. His brother, Rev. Ralph McCormick, is a pastor in Charlotte, N.C.

WPS holding training for its volunteers

Women's Protective Services of Lubbock will be holding Free Volunteer training beginning Jan. 24, 26 and 28.

Training will be held at First Christian Church Family Life Center (2306 13th Street, Lubbock) on Jan. 24 from 6:00 p.m. to 9:00 p.m., Jan. 26 from 6:00 p.m. to 9:00 p.m. and Jan. 28 from 9:00 a.m. to 4:00 p.m. Food will be provided.

Volunteers are able to assist in areas such as crisis intervention, children's programs, social referral, development and fundraising, community education or assisting clients with their basic needs.

This is a great opportunity for individuals ages 14 and up to help victims of domestic violence and their dependent children. Prospective volunteers can contact Hattie Heiner or Rachel Griffin at 806.748.5292 for more information.

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SPONSORED BY: Senior Mission & Senior Choir

Saturday, Jan 21, 2006
11:00 AM - until...

\$6 per dinner

Served with:

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- Dessert

Call-in orders welcome!
Come by and pick it up, or delivery service is available.

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LUBBOCK COTTON KINGS

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SUN. JAN. 22
VS. AMARILLO GOPILLAS

THE I-27 SERIES CONTINUES
WITH A SPECIAL 5:05 START

PRESENTED BY

DODGE IN-STATE BATTERIES Kid's Safe LUBBOCK

GAME BEGINS AT 5:05 PM INSIDE LUBBOCK MUNICIPAL COLISEUM
CALL 747-PUCK (7825) FOR MORE INFO
OR VISIT WWW.COTTONKINGS.COM

TICKETS AVAILABLE AT ALL SELECT-A-SEAT LOCATIONS OR AT THE COTTON KINGS BOX OFFICE

Lubbock Choral adds new members from Southwest Digest readers

The Lubbock Choral proudly presents a festive evening of music and beautifully presented desserts on Saturday, February 11th at 8:00 P.M. at The Helen DeVitt Sculpture Court in the Texas Tech Museum of Art. The choral will be performing a concert version of Gilbert and Sullivan's "HMS Pinafore". Be prepared for laughter and a great performance! There will also be a silent auction of incredible items and services offered by members of the community and the choral.

Tickets may be purchased at all Select-A-Seat locations (770-2000) and are \$40.00 apiece. All proceeds go towards music scholarships for Tech students.

Covenant's Family Care Symposium is fun, is free, and is easy access to great medical expertise for women and children. So join us for good food and great health tips at the Lubbock Civic Center on Saturday, January 21, from 8 a.m. to 12:30 p.m. Call 866.6WOMENS (866.696.6367) to pre-register. Or, better yet, register online at www.CovenantWomensHeart.org and double your chances of winning one of our many prize drawings.

- Focusing on your HEART'S HEALTH—also offering FREE:**
- Women's health screenings* (\$250 value) • Children's health screenings* (\$75 value)
 - Immunizations (prior records required) • Medical identity registration for children
 - Eye examinations • Healthy snacks • Lunch buffet • Expert advice on diet and fitness
 - Fun activities for kids • Great prizes

*Be sure to fast for 12 hours prior to your free health screening. Screenings will end at 11 a.m.



There's no sense making excuses about your health.

Register today for our FREE Family Care Symposium on January 21.

Do you need your GED?

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GED Preparation Classes at Goodwill Industries of Lubbock, Inc. 715 28th St

Classes offered Tuesday & Thursday 5:30pm - 8:30pm

For more information, call 744-8419.

Covenant Heart Institute
Services for Women

Ten free flowering trees from Arbor Day Foundation

Ten free flowering trees will be given to each person who joins The National Arbor Day Foundation during January 2006.

The free trees are part of the nonprofit Foundation's Trees for America campaign.

The ten trees are two White Flowering Dogwoods, two Flowering Crabapples, two Washington Hawthorns, two American Redbuds, and two Kousa Dogwoods.

"These compact trees were selected for planting in large or small spaces," John Rosenow, the Foundation's president, said. "They will give your home the beauty of lovely pink, white, and yellow flowers - and also provide winter berries and nesting sites for songbirds."

The trees will be shipped postpaid at the right time for planting between February 1 and May 31 with enclosed planting

instructions. The six to twelve inch trees are guaranteed to grow or they will be replaced free of charge.

Members also receive a subscription to the Foundation's bimonthly publication, *Arbor Day and The Tree Book* with information about tree planting and care.

To become a member of the Foundation and to receive the free trees, send a \$10 contribution to

TEN FREE FLOWERING TREES, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by January 31, 2006. Or go online to www.arborday.org

To advertise in the Southwest Dallas, call 762-3612 TODAY!

Are you registered to vote??

Manhattan Heights Church of Christ

763-0582 • Tyrone N. DuBose, Minister

1702 E. 26th St. (corner of E. 26th St. and Larkin/Luther King Jr. Blvd.)

Sunday:
Bible Class - 9:00am
Worship - 10:15am
Evening Worship - 5:00pm
Wednesday:
Bible Class & Devotional - 7:00pm

God's Plan for Saving Man
All lives saved - 9:00am-10:00am
Jesus Christ died for you - 10:00am-10:30am
We must do God's will - 10:30am-11:00am
What is God's will? - 11:00am-11:30am
How do we obey him? - 11:30am-12:00pm
How to pray - 12:00pm-12:15pm
Believe Jesus Christ is the son of God - 12:15pm-12:30pm
Repent of your sins - 12:30pm-12:45pm
Confess - 12:45pm-1:00pm
Be baptized for the forgiveness of your sins - 1:00pm-1:15pm
Be baptized with the Holy Spirit - 1:15pm-1:30pm

Buddy Holly Center offers special classes

The Buddy Holly Center invites you to participate in many exciting educational programs offered throughout the spring. We are proud to offer instrumental and craft workshops for various age groups. All class sizes are limited and pre-registration is required four days prior to the start of the class. For more information or to register, please call 806.767.2686 or go to our website at www.buddyhollycenter.org. The Buddy Holly Center is located at 1801 Ave. G in the Depot District of Lubbock, TX.

Drum Lessons

Learn the art of drumming with this informal class, led by local percussionist Matt Tucey. Matt is a local musician and drummer with the Lubbock band: Faces for Radio. This beginning drum class will teach students ten years old and up the basics of drumming in a relaxed and fun environment. Drum kit

will be provided for student use during class, but students are asked to bring their own sticks. The Buddy Holly Center Gift Shop sells drum sticks for \$4.59 per set.

Dates: Tuesdays

Time: 6:30 pm - 7:30 pm

Cost: \$30.00 for the month; or

\$7.50 per lesson

Ages: 10 and up

"6 - Strings Attached" Beginning Guitar Lessons

Music fans ten years old and up are invited to try out acoustic guitar with instructor Zak Sloan, local guitarist from T. Skoob & the Acoustic Groove. Bring your own guitar, or use one of ours while in class. This is also an opportunity to play an original hand crafted guitar by Buddy Holly's brother, Travis Holley. Class size is limited and pre-registration is required. Dates: Wednesdays Time: 6:30 pm-7:30pm Cost: \$20.00 for the month Ages: 10 and up

"Living Rhythms" Beginning

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There's nothing quite like it!

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Bring them to a Lubbock Cotton Kings game!

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Get discounted tickets as low as \$8 if you have a group of 15 or more.

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www.cottonkings.com

Join us for the HEART MATTERS BREAKFAST CLUB

Because our hearts matter, Covenant Heart Institute invites you to attend our "Heart Matters" Breakfast Club. Our goal is to bring people together who are affected by matters of the heart, either personally or through a family member or friend. We hope you will come and be encouraged to share your feelings, ideas and knowledge with others who understand the issues of coping with heart matters.

Friday, January 27, 2006
9:00 - 10:00 a.m.

"Stem Cell Research: Hope or Homicide"

Presented by:
Leslie Lewis, Chaplain
Spiritual Care Department
Covenant Health System

This presentation contains ethical information about stem cell research (not scientific).

Covenant Medical Center-Lakeside
4000 24th Street, Annex Room, 6th floor

Refreshments will be provided. The Heart Matters Breakfast Club is open to the public and free of charge.

Please call (806) 725-1690 for more information.
www.covenantheartinstitute.org
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<p>6\$10 for 10 Hot, Lean or Croissant Pockets 8-10.8 oz. Select Varieties</p>	<p>2\$11 for 11 Quilted Northern Bath Tissue 8 Giant, 12 Double or 24 Single Rolls or Bravely Towels 8 Rolls</p>	<p>3\$10 for 10 Albertsons Shredded or Block Cheese 16 oz. Select Varieties</p>	<p>2\$4 for 4 Hershey's Valentine Kisses, Nuggets or Miniatures 11-14.5 oz. or 6-pack, Family Favorites, Buster Hearts, Select Varieties</p>

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Coke, Sprite or Dr Pepper
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Nabisco Oreo Cookies
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7 DAYS OF SAVINGS

FRI	SAT	SUN	MON	TUE	WED	THUR
20	21	22	23	24	25	26

See Back Page FOR OUR 10 Values!



Editorials • Comments • Opinions



THIS 'N' THAT

by T.J. Patterson

VERY GOOD 35th ANNUAL KING CELEBRATION! THIS N THAT is happy over the outcome of the 35th ANNUAL CELEBRATION of the birthday of the late DR. MARTIN LUTHER KING, JR. as it was well done and the committee did an outstanding job. The banquet speaker, DR. DAMON HILL, JR. who is a Lubbock native, brought some very positive facts in his speech. He made it known that things were rough and tuff in early Lubbock, but there were those who prevailed and contributed much to this city. The awarding of the "Black Pearls Awards" was well received. This year's recipients were RON GIVENS, who was the first Black elected State Representative, BISHOP MCKINLEY SHEPHERD, who served as the first Justice of the Peace, and JOAN V. ERVIN, who was the first Black to serve on the Board of Trustees of Lubbock Public Schools. The Gospel Extravaganza was very exciting as the believers sang God's praises. The CITYWIDE CELEBRATION, which has been held in the Lubbock Civic Center, was held this year at the Lakeridge United Methodist Church on Sunday evening, January 15th. It was well attended with citizens attending from throughout Lubbock. Guest speaker was the pastor of Full Armor Ministries, BISHOP LEONARD CHATHAM, who

delivered an outstanding message which appeared to be well received by those in attendance. He reminded us of how important it is for us to become business owners and give something back to our community. Bishop Chatham asked the question, "DO YOU THINK DR. KING WOULD BE HAPPY WITH WHAT WE ARE DOING TODAY?" In looking into the audience, Bishop Chatham said loudly, "NO!"

THIS N THAT was glad to see the Monday evening program at the Estacado High School, where a program was designed and was called "YOUTH NIGHT". This was a very good program, and hopefully, this will become a very popular program in years to come where our young people will continue to participate. Again, CONGRATS to the MARTIN LUTHER KING MEMORIAL COUNCIL OF LUBBOCK, INC.

PENNY HASTINGS THE BARBER SAID: "For every MINUTE you are ANGRY, you lose 60 SECONDS of HAPPINESS!"

NATIONAL AFRICAN AMERICAN READ-IN! THIS N THAT is glad to know that the MARTIN EARLY CHILDHOOD SCHOOL will again this year host the annual NATIONAL AFRICAN AMERICAN READ-IN, which will be held Monday

morning, FEBRUARY 6, 2006. This should be a very good effort again this year. This is the second year Martin Early Childhood has been involved in this program, which has been around for seventeen years. This is sponsored nationally by the BLACK CAUCUS OF THE NATIONAL COUNCIL OF ENGLISH TEACHERS.

GOOD TIME TO VISIT PUBLIC SCHOOLS! THIS N THAT is still asking as many as will to visit a PUBLIC SCHOOL this week or when you will be able to do so, as our young people need to see us on their campuses supporting what they are doing. Just go by and let the principal know what you are doing on campus. If you get an opportunity, stop by the cafeteria and have lunch with them.

DUNBAR ALUMNI ASSOCIATION NEEDS YOU! THIS N THAT reminds you that if you are an alumni or have attended DUNBAR HIGH SCHOOL, you are asked to attend the monthly meetings which are held the SECOND SATURDAY of each month at the DUNBAR ALUMNI ASSOCIATION BUILDING, located at East 27th Street & MLK Blvd. Plans are being made for the upcoming DUNBAR ALL-CLASS REUNION VII, which is set for July 13 thru 16, 2006. According to a spokesperson, your presence is needed.



Think About It!

Let's put our trust in the future!

2005 started out with a bang, especially with the North & East Lubbock Development Corporation, but political, racial, economic and politics apparently got in the way with it. But, through it all, right did prevail even with the loss of ten homes, but we did prevail and that's good for the entire city of Lubbock. Why should we build a completely new Lubbock around the Frankford and Milwaukee Avenues when the older Lubbock appears to be going to hell in a handbasket. We need to back all parts of Lubbock as we are still Lubbock, and Lubbock is not Lubbock for anyone until Lubbock is for everyone. Now, that's a fact and not fiction, and it is not hard to understand.

One positive fact is former State Senator, U. S. Congressman and former Railroad Commissioner, Kent Hance, who is not running for a public office or seeking any votes, has invested in East Lubbock and is

still investing in another housing project across from the North & East Lubbock Development of the new homes. He recently completed one in the old Green-Fair Manor area. A total of more than 520 million dollars. Just think if the North & East Lubbock Development project had failed as some attempted for it to do, it would have made Lubbock look mighty, mighty bad, but think, a man not living in Lubbock, not running for a political office, has put his money down while a city councilman said the North & East Lubbock project was spending good money for bad.

One thing this writer cannot let go by this time. It is the upcoming Juneteenth Banquet and Dance. The publicity advising that John Thompson, Founder and CEO of the National Juneteenth Convention and Expo, along with Ms. Leslie Fountain, Vice President and Director of Publications, will be

here. The Juneteenth Convention and Expo is held annually in Ontario, California. It has only been in existence for eight years.

The thing about this effort is this writer can't let this get by as this official State holiday for Juneteenth was signed into law as a State of Texas holiday by the then Governor Bill Clements in 1969, and signed into law as an Official Commission in the early 1950's by then Governor George W. Bush. This writer has been with Juneteenth since its inception as an Official State holiday and lobbied for same to make it a state holiday.

We now have promoters in California, Michigan, Mississippi and other states who are riding on the back of Texas. This writer couldn't just sit back and let this go on since becoming a Commissioner and an officer of the State of Texas.

Thought of the Week: "Worry about nothing, pray about everything!"

Lubbock receives funding to fight colon cancer

Texas Cancer Council has awarded a grant to the Lubbock Colon Cancer Prevention Task Force to help fight colorectal cancer in Lubbock County.

Colon cancer is one of most common cancers among men and women. Over the next 10 years an estimated 100,000 men and women in Texas will be diagnosed with colon cancer and approximately 40,000 will die if something is not done. This disease affects every race, sex and age, but risk increases with age. African Americans develop colon cancer more frequently than any other racial or ethnic group in Texas. The fact is that over 90% of these cancers can be prevented from occurring, and most deaths can be avoided with tools that we already have, but everyone needs to be pro-active and get involved.

In West Texas the burden of this cancer is as serious here as

in the large urban areas of Texas, but unique challenges exist in the delivery of preventative measures and healthcare services to the population due to a variety of factors, all leading to severe health disparities.

Lubbock responded to these challenges and formed the Colon Cancer Prevention Task Force, operating under the auspices of the American Cancer Society, with a goal to work toward the elimination of colon cancer as a major cause of illness and death in our community. Special efforts will be made to recruit the African American community to participate in this project.

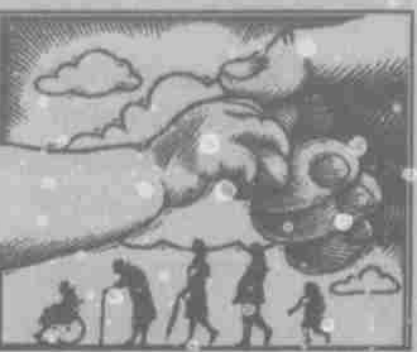
Dr. Vugrin, Chairman of the Task Force said "that the Texas Cancer Council awarded this grant to Lubbock in part in recognition of the numerous individuals and organizations that took part in and contributed to this year's prevention aware-

ness campaign in Lubbock. The 2005 Lubbock Colon Cancer Prevention Awareness Campaign was extremely successful and resulted in several state and local level awards. Many around the State are looking at Lubbock community as being an example to others." However, Dr. Vugrin states that much more work needs to be done to achieve the year 2008 and 2011 objectives. "Every person and every organization in our community is essential to the solution of this problem, and working together we can make colon cancer history."

For more information and interview contact: Davor Vugrin, MD Task Force Chairman, (806) 793-9988 or davor.vugrin@ttuhsc.edu Robin Gardner, ACS Lubbock Metro Unit, Health Initiatives Director, (806) 792-7128 robin.gardner@caner.org

In Cinque

by Renetta Howard



By now, everyone has heard on the various newscasts that cough syrup does nothing for a cough and cold. It has been common knowledge that there is not a lot which can be done for a cold except try to be as comfortable as possible until it runs its course, in about seven to ten days. During this time, most of us cough and try to keep our nasal passages clear in order to breathe. We also like to have something to stop the coughing. Many of us turn to cough syrup, over the counter brands or the kind that our doctor prescribes.

Prescription cough syrups may contain ingredients to combat germs as well as put our coughs under control and help us to sleep or rest better at night. One famous concoction even has "night" in its name and can be purchased over the counter. Some cough syrups contain ingredients to help our allergies, such as antihistamines, and others help to decongest us. Cough syrups with antihistamines help us to sleep. They make us drowsy. Decongestants keep the

average person with allergies awake. It is hard to get rest if you cannot get to sleep. If you have sinusitis along with the cold, a doctor may prescribe an antibiotic to help you, and if your mucus do not sound normal upon examination. Antibiotic injections are also given to help you fight germs which cause you discomfort. There is no help for viruses, except something to help to relieve the discomfort while it runs its course.

Some doctors are candid about treatment of colds and may tell you to take aspirin and go to bed, keep warm and get some rest. Others believe that Grandma's home remedies are on time. I have been treated by several doctors who tell me to do what my Great-grandmother prescribed. I wash my sinuses each morning with a salt

and water solution and gargle with the remainder. I irrigate my ears with a vinegar and water solution prescribed by the ear, nose and throat specialist. Grandma had some other remedies, which are probably as good as some of the medicines that we purchase.

I date myself when I say that we were given castor oil followed by a teaspoon of baking soda and lemon juice or a half orange for colds in the winter and 666 (Three Sixes) in the summer. (You cannot purchase 666 anymore because of the quinine content). For a chest cold, in addition to the castor oil, Grandma kept a supply of (beef fat), which she rubbed on your chest before bedtime and placed a heated piece of flannel over it. Just before you go to bed, she gave you a hot toddy made of lemons, red onions, honey and moonshine whiskey. By the time you were covered up, you were asleep and slept the whole night without waking. It is time for us to get 'in cinque' and re-visit grandma's recipes for good health.



Howard

Annual Juneteenth Banquet & Dance scheduled

The Lubbock Juneteenth Emancipation Committee will be hosting their Annual Juneteenth Banquet and Dance Saturday evening, February 18, 2006, at the KoKo Palace, 5101 Avenue Q, from 7:00 p. m. until 1:00 a. m.

Guest speaker will be Mr. John Thompson, Founder and CEO of the National Juneteenth Convention and Expo. He will be

joined by Ms. Leslie Fountain, Vice President and Director of Public Relations. The Juneteenth Convention and Expo is held annually in Ontario, California, and has been in existence for the last eight years.

For additional information about tickets and tables, contact either Tonya Johnson, president, at (806) 744-2495 or Erica Hicks at

(806) 767-9199. Tables are \$250 for six and \$300 for eight and ten. Tickets are \$20.00 each.

Letter Policy

The editors and publishers of Southwest Digest welcome your letters and encourage you to write to us. Share with us your concerns, praise, gripes and celebrations. It's what we want - to keep our Black community in Lubbock informed and in touch with one another. Your letter doesn't have to address something that's been in our paper, just what's been on your mind. Had an interesting discussion lately? Share it with us!

When you write to us, please provide your name and city so that we may know where you are from and so that our readers may see how far our publication reaches.

You can bring your letter to our office or send it through the mail, to Southwest Digest, Letter to the Editor, 1302 Avenue Q, Lubbock, TX 79401. You can also email us at svdigest@stglobal.net or fax your letter to (806) 741-0000.

(th)ink

NEWS ITEM: THE GREENSBORO N.C. POLICE DEPARTMENT IS BEING INVESTIGATED ON CHARGES OF RACIAL PROFILING... THEIR OWN BLACK POLICE OFFICERS!!

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By Keith Kivett

Southwest Digest

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The Southwest Digest is an independent newspaper serving the Lubbock, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially supporting what it believes to be right without opposing what it believes to be wrong without regard to party politics.

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Alternative candidates for Texas governor could make for a colorful campaign season

Most people know that politics can be a boring, tedious subject. Texans have faced hardships in the past years under the leadership of Rick Perry and have seen questionable behavior from other Bush colleagues and republicans, most notably, Tom DeLay.

In the coming months, potential candidates for Texas governor are kicking their campaigns into gear. Carole Keeton Strayhorn and Franky Friedman are two possible candidates who are appealing to Texans for their assistance. In order to appear on the ballot next November, the candidates must gather signatures from over 45,000 registered Texas voters.

Friedman's website praises the possibility of a four-candidate election that gives Texans a variety of choices not normally available to voters.

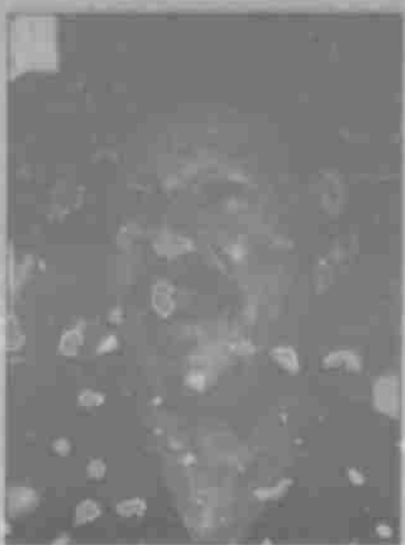
Interestingly enough, Strayhorn and Friedman have similar views about Texas and the limitations it has seen in the past. The front page of Strayhorn's website states: "Texas belongs to no special interest group, no special political credo, no special individual. It belongs to all Texans."

On Monday January 2nd 2006 Strayhorn announced she was leaving the GOP to run for governor of Texas as an independent against incumbent Republican Rick Perry. Her comments have hinted that she hopes to get much of that petition support from educators.

About Kinky:

Friedman is a colorful character who was born in Chicago to Jewish parents and raised in Texas. He has been a part of music, writing, philanthropy and animal rescue. Friedman graduated from the University of Texas at Austin in 1966 with a Bachelor of Arts, double-majoring in Psychology, and Plan II Honors. He then served two years with the Peace Corps in Borneo and other areas of the southwest Pacific Ocean.

Friedman currently lives at Echo Hill Ranch, his family's summer camp near Kerrville, Texas, just outside of Medina. He also founded Utopia Animal Rescue Ranch, whose mission is to care for stray, abused and aging animals; more than 1,000 dogs have been saved from



Friedman

euthanasia.

Friedman formed his band, The Texas Jewboys, in the early 1970s. Friedman's father objected to the name of the band, calling it a "negative, hostile, peculiar thing."

Arriving on the wave of country rock following on from Gram Parsons, The Band and Eagles, Friedman originally found cult fame as a country and western singer. His repertoire mixed social commentary ("We Reserve The Right To Refuse Service To You") and maudlin ballads ("Western Union Wire") with raucous humor (such as "Get Your Biscuits In The Oven and Your Buns In Bed"). His "Ride'em Jewboy" was an extended tribute to the victims of the Holocaust. Friedman was a musical guest on Saturday Night Live in October 1976.

After his music career stalled in the 1980s, Friedman found a new lease on life as a detective novelist. His books have similarities to his music, featuring a fictionalized version of himself solving crimes in New York City and dispensing jokes, wisdom, Texan charm and Jameson's whiskey in equal measure. They are written in a straightforward style which owes a debt to Raymond Chandler.

In the early 1980s, Friedman ran a semi-serious campaign for Justice of the Peace in Kerrville, Texas, but lost the election.

In 2004, Friedman began a serious campaign to become the Governor of Texas in 2006. One of his stated goals is the "dewussification" of Texas. Among his campaign slogans are "How Hard Could It

Be?" and "Why The Hell Not?" Another bumper sticker retorts: "He ain't Kinky, he's my Governor". He's hoping to follow in the footsteps of other entertainers-turned-governors, including Jesse Ventura, Arnold Schwarzenegger, and Ronald Reagan. When the campaign finance reports came out after the second quarter had ended, Friedman surprisingly outsnared former Democratic Congressman Chris Bell.

Friedman is friends with both Bill Clinton and George W. Bush, both of whom have invited him to visit the White House. He wrote about his friendships with them in his November 2001 column ("Hail to the Kinkster") for Texas Monthly.

About Carole: Carole Keeton Strayhorn (formerly McClellan, formerly Rylander) is the Texas Comptroller of Public Accounts since 1998. She was the first woman in history elected to that office. She was re-elected 2002 with the highest vote total of any winning statewide elected official in Texas and more votes than any woman candidate nationwide. Strayhorn switched affiliation to the Republican Party in 1985. She is currently running to be Governor of Texas as an independent.

Strayhorn is the daughter of the late Page Keeton, former Dean of the University of Texas Law School. She is the mother of White House Press Secretary Scott McClellan (who was Strayhorn's campaign manager three times) and Mark McClellan, who is currently director of Medicare for the Bush Administration and who previously served as Food and Drug Administration Commissioner. Her son Brad McClellan is a former Assistant Attorney General for Texas, where he headed the state's workers' compensation section and is now the manager for his mother's gubernatorial campaign.

As Carole Keeton McClellan, she was the first female mayor (1977-1983) and school board president of Austin, Texas. As Carole Keeton Rylander, she was the first woman elected to the Railroad Commission of Texas. A popular description of Strayhorn calls her "One Tough Grandma - warring

out for Texas."

In 2004, she drew some national notoriety by using her position as Comptroller to revoke the tax free status of the Unitarian Universalist Church in Texas, on the grounds that "the religion "does not have one system of belief." This ruling was later overturned.

She has publicly feuded with current Texas governor Rick Perry over issues such as school finance reform and is running for Governor of Texas during the next election against Rick Perry. She has called Perry "a weak leasin', ethics ignorin', pointin' the finger at every-one blarin', special session callin', public school slashin', slash fund spendin', toll road buildin', special interest panderin', rainy day fund



Strayhorn

rainin', fee increasin', no property tax cuttin', promise breakin', do nothin' phony conservative."

She is currently married to jewelry designer and construction businessman Ed Strayhorn. The spunky, colorful Strayhorn sometimes draws comparisons to the equally spunky and colorful Ann Richards (although the two are on opposite ends of the political spectrum).

Texas can play their part to ensure that the governor of their choice is elected to office. Whatever the outcome, this campaign season looks to be one of the most interesting one in recent times.

For more information about Kinky Friedman, visit his website at www.kinkyfriedman.com.

Information about Carole Keeton Strayhorn can be accessed at her website at www.carolestrayhorn.com.

BOYS & GIRLS CLUBS OF LUBBOCK

10TH ANNUAL OUTBACK STEAK DINNER

Dates:
Thursday
February 2, 2006

Time:
6:30 pm

MISSION STATEMENT

To inspire and enable all young people, especially those at-risk, to realize their full potential as productive, responsible and caring citizens.

The Lubbock Boys & Girls Club is holding its 10th Annual Outback Steakhouse Dinner on February 2nd at the Lubbock Memorial Civic Center. This dinner is a little different because we have two of our members at each table to talk about their favorite things to do at the Club. We will give out some prestigious awards and have some great entertainment. So come join us for a fun night of good food and fellowship. Individual tickets are \$35.00 or you can purchase a \$500.00 corporate table to assist in the future of the Boys & Girls Clubs. You receive 6 adult tickets and two of our members at your table. At this year's dinner there will be live and silent auction items for you to bid on. For more information about this event please call the Administrative Office at 722-2880 or come by at 3221 59th Street.

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For FEMA to continue to pay for your hotel room beyond February 7, 2006, you must contact FEMA no later than January 30 to receive an authorization code to provide to your hotel. Any evacuee changing hotels or checking into a hotel between now and January 30 must also have a FEMA authorization code.

If you haven't done so already, register for help from FEMA today. You can also get help locating housing through FEMA.

To register or request authorization for FEMA to continue to pay for your room beyond February 7, call 1-800-621-FEMA (3362) or for TTY callers, 1-800-462-7585 as soon as possible, but no later than January 30, and provide this authorization code to your hotel.

If you were displaced from a low income housing unit funded by the government, or you were homeless before the storm, the Department of Housing and Urban Development can help you find housing options. Call 1-866-375-2609 (TTY 1-800-877-8339). Lines are open 24 hours a day.

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