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The Black Press of America
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to Freedom

Southwest Digest

A newspaper for the 21st century representing the Black community's ideas and ideals since 1972

August 25-31, 2005

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50¢

Worth More!

1302 Avenue Q
Lubbock, Texas 79401
Phone (806) 762-3612



An Independent Pictorial Newspaper for All People • Primarily Serving the Black Population of Lubbock County and the Surrounding Area • Black Press of America



Community Meetings

This is a list of what is happening in Lubbock, to help complete the unfinished community-building work of Dr. Martin Luther King, Jr.

- African American Chamber of Commerce, Lubbock meets on the 3rd Monday of each month, from 5:30-6:30pm at the Parkway Community Center, 405 MLK Blvd., 806-771-1815
- Lubbock Area Client Council meets on the 2nd Saturday, 1:00pm at the Patterson Branch Library
- Hub City Kiwanis meets every Tuesday, 7:00pm, 1708 Avenue G
- Dunbar Alumni Association meets 2nd Saturdays, 4:00 pm
- Booker T. Washington American Legion Post 808 meets every 2nd Tuesday at 7:30pm, American Legion Building in Yellowhouse Canyon
- Forgotten West Riders meets on the 1st & 3rd Mondays, 7:00 pm, Patterson Library
- East Lubbock Chapter AARP meet every 1st Thursday at 1:00 pm, Mae Simmons Community Center
- Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, TTU Merks: Alumni Center
- Dunbar/Manhattan Heights Neighborhood Association meets every 3rd Thursday at 6:00 pm 1303 East 24th St. (outreach center/party house)
- West Texas Native American Association Pot Luck Supper meets on alternating months prior to meeting, meetings held on 2nd Saturday of each month at 7:00 pm, Educational presentations and demonstrations.
- Texas Juneteenth Cultural & Historical Commission - Lubbock Affiliate meets at Patterson Branch Library every 3rd Thursday 7:00 pm
- West Texas Native American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30 p.m.
- West Texas Chapter of 100 Black Men meets the 3rd Monday evening at 7:00 pm at the Parkway Neighborhood Center.
- The Parkway Guadalupe & Cherry-Point Neighborhood Association meets the 3rd Tuesday evening of each month at 7:30 pm at Parkway Neighborhood Center.

If you have an announcement you want to appear in this paper, please get it to us in writing. You can send it to:

Community Meetings
C/O Southwest Digest
P.O. Box 2553
Lubbock, Texas 79408
or
bring it by our offices:
Southwest Digest
1302 Avenue Q
Lubbock, TX 79401
or email us at:
swdigest@bci.net

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New children's dental clinic opens in Lubbock

Tuesday, August 23rd Congressman Randy Neugebauer was on hand to celebrate the official ribbon-cutting and grand opening tours of the Presbyterian Community Dental Clinic.

This new dental clinic is located off of Parkway Drive and Martin Luther King Boulevard. They provide dental services to those lacking access to primary and preventive dental care. The clinic's major emphasis is on prevention and early intervention of dental problems.

Dr. Xochitl Anderton and the team of dental professionals at the clinic offer affordable dental care for Lubbock's medically underserved population, primarily children.

"We have made a commitment and are excited to be providing quality dental care in the much needed area of pediatrics," said Dr. Anderton.

Janic Gerow, the center's Executive Director said, "many small children do not receive proper dental care or, indeed, any dental care. The focus of our clinic is prevention." Gerow said the clinic takes a preventative approach by giving tooth-brushing and dietary instruction, as well as keeping an eye on developing teeth to allow for early intervention of problems that could eventually lead to tooth loss if not treated.

Dental Director, Dr. Heenan

Johnson, III, said they do more than just clean teeth and fill cavities.

"At Presbyterian Community Dental Clinic we realize that our patients depend on us for providing answers, suggestions, or solutions for their concerns," Johnson stated.

The clinic charges fees based on a sliding scale. Patients are evaluated to determine their ability to pay. The clinic receives partial funding through United Way, University Medical Center, and various government grants.

The clinic is open from 8 a.m. to 5 p.m. each weekday. To make an appointment, or for more information, call 687-6259.



Congressman Randy Neugebauer is shown here with the dentists from Presbyterian Community Dental Clinic at the recent opening. Dr. Xochitl Anderton and Dr. Heenan Johnson, III will be part of the staff.

Gov. Perry appoints Sowder as Judge of 99th District Court



Sowder

AUSTIN - Gov. Rick Perry announced the appointment of William Charles Sowder of Shallowater as judge of the 99th district court in Lubbock County. Sowder will serve for a term until the next general election when he can opt to run for a full term.

Sowder is the Criminal District Attorney for Lubbock County, where he has served since 1995. He is a member of the State Bar of Texas, the Texas District and County Attorneys

Association, and the National District Attorneys Association. Sowder serves as a trustee of Wayland Baptist University, vice president of Youth Corps, board member of Family Coaching and deacon of the First Baptist Church of Shallowater. He also is a member of the U.S. Army Reserves serving as a Judge Advocate General (JAG) reserve officer at the rank of lieutenant colonel.

A graduate of Texas A&M University in College Station,

he received a law degree from Baylor University School of Law.

Sowder replaces Mackey Hancock who has been moved to the Seventh Court of Appeals in Amarillo. Hancock was appointed by Perry in June.

Many people see this as a natural progression for Sowder, a Republican, who has been highly respected in the Lubbock area for many years.

Sowder has only high praise for his successor, Matt Powell,

who has been named as the interim District Attorney. He will serve in that position until Perry appoints someone for the permanent position. Sowder, who was able to vie for Powell's appointment in the past, is no longer able to say anything on the matter, because of his new appointment to the judicial seat.

Sowder will be sworn in to office on September 9 at 1:30pm in the Lubbock Central Jury Pool room at the Lubbock County Courthouse.

Cervantez to be recognized for efforts



Cervantez

The City of Lubbock Parks and Recreation Department will host a recognition ceremony honoring John Cervantez on Friday, August 26, 2005 at 5:30 p.m. in Berry Park located at East 36th Street and Cedar Avenue. Mr. Cervantez has worked tirelessly over the past fourteen years in securing improvements to Berry Park after receiving a letter from then fourteen-year old Sonny Garcia in 1991 asking for his help.

Improvements over the years have included a basketball court, trees and landscaping, and most recently irrigation and a walking track, which was completed in 2003. Members of the Lubbock City Council will present a special recognition, and a plaque will be unveiled at the ceremony recognizing Mr. Cervantez and those in the community that supported his efforts. After the ceremony, residents are encouraged to stay and enjoy this beautiful city park with family and friends.

Alderson Middle School starts the year off right



Mr. Love speaks to the Alderson faculty during the summer workshops.

The administrators, faculty and staff at Alderson Middle School are prepared to start the new school year. Faculty members have been in training throughout the summer and the excitement and enthusiasm can be felt all over the building. The faculty has been training in new technology methods that will enhance learning so that it becomes meaningful, exciting, and fun to the students. This year the faculty will utilize the 'Team' concept of teaching. Teachers will work together in teams to teach such methods as 'Thinking Maps', new lap top computer technology, using the new lap top computers provided by LISD to give hands-on experience to students in each class. New expectations for teachers and students are in place and will be monitored by the new administrative team.

The new Mission and Vision statements for Alderson include the involvement of par-

Alderson Faculty at Summer Workshops



ents, students, teachers and the entire community. At a recent Cherry Point Neighborhood Association 'Night out' festivities held at Butler Park, Alderson was well represented. Faculty members Robbi Newton (organizer), Karen Carroll, Abelia Hardin, Heidi Henry, Gail Randell and Mary Jo Wilson were present along with Mr. G. Love, Jr.

A table was set up to provide information about Alderson. A cake walk was held and prizes included school T-shirts along with other give-

aways provided by Alderson sponsors. Everyone had a great time and Mr. Love met many neighborhood residents. A special thanks goes to Mrs. Tina Betts, president of the association, for the opportunity to participate in the festivities. Alderson welcomes parents and neighborhood residents to come by to visit and support our students in their new learning experiences. Mr. G. Love is principal, Mrs. S. Bratcher, Mr. D. Smith, and Mrs. C. Sanders are assistant principals.

New Juneteenth officers named

The Lubbock Emancipation Juneteenth Committee has announced the election of their new officers which were chosen Thursday, August 18, 2005, at the Patterson Branch Library.

The new officers are: Tonya Johnson, president; Erica Hicks, vice-president; Valorie Jackson, secretary; Alfred Caviel, treasurer; and Mary Williams, parliamentarian.

After the election, all newly elected officers were congratulated on their new position. All pledged to their very best.

A special "Thank You" was given to Eddie P. Richardson, who dedicated many years working with the Juneteenth Committee. Mr. Richardson recently resigned from participating on the committee, but the Juneteenth Committee is sure he will be available to offer his advice when needed for various projects. He will remain as the State Commissioner. All admitted they will miss him, but will always value his expertise he chose to share over the years. Thanks, Mr. Richardson!

Scholarships awarded at 2005 Gospel Fest

Scholarships were awarded to local students at the Second Annual Multi-Cultural Gospel Fest 2005 at the Holiday Inn last Saturday afternoon, August 20, 2005.

Those receiving scholarships were: LaJoya Robinson, Antoniette Murphy, Zedrick Applin, Benita Dix and Sheri Brown.

Scholarships were given in honor of the late Danny Johnson, a member of Community Baptist Church and an employee of Southwestern Bell Telephone Company. Also, the late Rev. A. L. Davis, pastor of the Greater St. Luke Baptist Church and community activist in developing the Opportunity Industrialization Center (OIC).

According to Ms. Faye Brown, Each One, Reach One, "We will give more next year as our young people need our help in as many ways as possible."

Ms. Joyce Wright, who was a part of the Gospel Fest, says, "It doesn't take many to make any good thing happen. Just by working together, things will happen."

"Remember, it takes a lot of hard work and God on your side for anything to happen," concluded Ms. Brown.

Notice to home delivery customers

If you fail to receive your paper, please call the Digest at 762-3612 and give us your address. Due to the death of our delivery person, W.H. Pitts, we have had some difficulty getting papers delivered. We are aware of the problem and regret it. Please contact us and we will correct the situation as soon as possible. We apologize for the inconvenience.

The Southwest Digest

If you find mistakes in this publication, please consider that they are there for a reason. We publish something for everyone, and some people are always looking for mistakes.



Chatman Hills Corner

By Doris Reynolds

Volunteers are needed for the upcoming Weapons of Mass Destruction Emergency Preparedness Exercise which will be held Wednesday, September 14, 2005, for approximately six hours. If you are willing to participate, you will play the role of a mock victim of a terrorism incident event with exposure to a biological agent. You will pose as an exposed victim in a clinic exercise for the dispensing of pharmaceuticals. Before the event, you will be given an orientation on what to expect. Your role will be very valuable, and your help is needed. For more information, call Sandy Fortenberry with the City of Lubbock Office of Emergency Management at (806) 775-3051. Are there any takers?

The 40th Church Anniversary of the New Light Baptist Church, 3013 Idalou Road, will be held Sunday, August 28, beginning at 3:30 p. m. with Rev. T. E. Askew, pastor of Mt. Zion Baptist Church of New Home, Texas, as speaker. Friday night, September 2, Rev. Ray E. McCoy, pastor of Bethlehem Missionary Baptist Church, will be speaker, beginning at 7:40 p. m. The anniversary hour will be held Sunday afternoon, September 4th, with Rev. H.K. Thomas, Sr. pastor of New Live Baptist Church of Littlefield, Texas, as speaker, beginning at 3:30 p. m. The

theme is: "If It Had Not Been For The Lord On My Side," Psalm 124.

Rev. James Cavanaugh is senior pastor.

It has finally arrived when a bus load of praying Saints will travel to The Ark in Amherst, Texas for the Annual Women's Prayer Retreat Friday, August 26, and Saturday, August 27. The theme is "When The Holy Spirit Comes!" Acts 2:1-4. Guest clinician will be Rev. Theolia McClendon of the Gethsemane Baptist Church in San Angelo, Texas. For more information, you may contact either Sister Joan Y. Ervin at 763-0852 or Sister Mattie Peaty at 762-1028.

The Annual Men and Women's Day is set for Sunday afternoon, September 18, 2005, beginning at 3:30 p. m. at the new Hope Baptist Church.

The public is invited to attend. If you are looking for a church home, then come and visit the New Hope Baptist Church, the "Church Where The People Really Care," Rev. B. R. Moton is pastor. The church is located at 2002 Birch Avenue.

Services got underway last Sunday morning, August 21, 2005, with Meditation and Prayer. The Praise Team filled the congregation with God's praises. After the reading of the morning scripture and the prayer being offered, the New Hope Choir sang several selections.

Pastor Moton brought a dynamic word. His subject was "God Has Already Worked It Out For You." His scripture text was Genesis 22:1-14. He reminded those present we should hear the voice of God, obey and worship Him. What a message!

After the invitation to discipleship, the morning announcements were read by Sister Anna Chatman. Brother Johnnie Martin welcomed all visitors.

Let us continue to pray for those who are sick and shut in. At times, when those who are older, it appears as though we forget them, no matter what contributions they have made in their younger lives. A person, this writer is thinking about is a former educator and business lady who owned and operated a beauty culture school for Black ladies. She is no other than Sister Odessa Long. She is a resident in a local nursing home. You see, sometimes, we forget. Yes, there are many others.

There are families who have lost loved ones over the past week. Among one family is the Pillow family who lost a brother, Barry Glenn Pillow, who passed away at age 41 in Denver, Colorado. All the Pillow kids were in attendance of a Memorial Service last Saturday afternoon, August 20, 2005. His brother, Robert A. Pillow, IV, gave an outstanding testimony as well as others.

In Remembrance

Barry Glenn Pillow

Family members and friends were in attendance of the Memorial services for a former resident of Lubbock, Barry Glenn Pillow, at the New Hope Baptist Church last Saturday afternoon, August 20, 2005.

Mr. Pillow passed away in Denver, Colorado on Saturday, August 13, 2005.

The son of the late Dr. Robert A. Pillow, III and Rosella M. Pillow, he was born May 8, 1964 at Goodnight Hospital in Lubbock. He grew up in Lubbock, and attended Wheatley Elementary school and Dunbar Junior and Senior High School. In 1986, he graduated from Prairieview A&M University with a degree in Business

Administration.

He is survived by his wife, Valarette; three sons: Barry Glenn, Jr. "Little B", Jacoby "Coby-88", and Dominick; a daughter, Aureana Pillow; three brothers: Robert A., Clifton A. "Tony" and Bruce A.; two sisters, Rose M. Davidson and Cheryl A. Pillow Dade; nephews: Robert Pillow, V, Monte Davidson, Bryan Pillow, Lyonell Davidson, and Adam Pillow; nieces, Channon Dade and Monica Pillow; several cousins, aunts, and uncles.

In his youth, Barry quickly developed as an athlete before his time, excelling in track & field, basketball, and football. Breaking and making both city and statewide records and receiving multitudes of awards and recognition, he established himself as

an athletic force to be reckoned on and off the playing field. Upon his graduation from Dunbar, he received scholarship offers from various prestigious universities across the United States of America.

Elnora "Sweet" Smith

Funeral services for Elnora "Sweet" Smith were held Saturday afternoon, August 20, 2005, at Christ Temple Church of God in Christ.

Ossie Curry, Funeral Home of Lubbock was in charge of arrangements.

She passed away Tuesday, August 16, 2005, at Covenant Medical Center.

Putting The "Care" In Caregivers

(NAPSM)—Every day, thousands of Americans help in the care and rehabilitation of loved ones who are elderly, sick or paralyzed. Of the many causes of paralysis, spinal cord injury is one of the most common.

In the African-American community, the number of people who suffer spinal cord injuries has been slowly rising: Between 1973 and 1979, 14.1 percent of those injured were African American. Since 2000, that figure has risen to 19 percent.

To better understand paralysis and how you can help loved ones without maxing out your energy, here are a few tips from the Christopher & Dana Reeve Paralysis Resource Center (PRC) to follow:

Increase your awareness.

It is important to understand your role as a caregiver. In playing this vital role in your loved one's life, you should be equipped with the proper home care products, services and techniques. The PRC Web site, www.paralysis.org, can help guide you in the proper direction and with the proper tools you can save a lot of time and energy.

Locate a support group.

Caregiving is not a role people usually choose. In fact, it usually chooses us, emerging from situations beyond our control. Whether you're seeking advice or are interested in hearing other caregivers' stories, the PRC can help you locate one of many support groups or Internet communities around the country, such as Caregiving. By getting in contact with a support group, you will learn how to better care for not only your loved ones, but also for yourself.

Ask questions.

Don't be afraid to ask for help. The PRC offers information and guidance on medical and health care issues related to paralysis, equipping people with the right resources and knowledge to make appropriate health care decisions. The PRC also offers valuable information on peer support ser-



Nine-year-old Mark Cook, who suffered a spinal cord injury during surgery.

VICES, rehabilitation facilities, employment opportunities, as well as public and private health and disability insurance. With the support of translation services, the PRC is equipped to respond to queries in more than 60 different languages.

"Being a caregiver is rewarding, but also difficult. Having informative resources and a strong support system makes the role much easier," says Dana Reeve, who cared for her late husband, Christopher Reeve, for nine years after his debilitating accident. "That's why it's so important that caregivers get help—for themselves and their loved ones."

The above tips can be found online at www.paralysis.org, as well as in the PRC's "Paralysis Resource Guide." To order your free copy, visit their Web site or call the Center's toll-free number, 1-800-530-7309.

The PRC opened its doors in Short Hills, N. J., in May 2002, and is a first-of-its-kind resource facility, providing a single, focused national resource on paralysis. A project of the Christopher Reeve Paralysis Foundation (CRPF), the PRC was formed through a cooperative agreement with the Centers for Disease Control and Prevention.

Lubbock Senior Games going on this weekend

Approximately 200 Senior athletes from across the region will be converging in Lubbock on August 24-27, 2005, for the annual Lubbock Senior Games. Games hosted by the City of Lubbock Parks and Recreation Department. This year's events include Basketball (Free Throws and Around the World), Bowling, Cycling, Track and Field, Golf, Horseshoes, Swimming, Tennis, Dominoes Doubles and Washers. Individuals competing must be 50 years of age or older and categories are divided into five-year interval age groups. Medals are awarded for first, second and third place finishers at the completion of each event. The top five places in each age group for each event will qualify for the 2005 Texas Senior Games Championships being held in Austin, Texas, on September 24-October 2, 2005.

Partnering with Parks and Recreation in offering the Lubbock Senior Games are Meadowbrook Golf Course, Texas Tech University's Rec Center and the R. P. Fuller Track, Burgess-Rushing Tennis Center, Lubbock Independent School District's Pete

Ryan Athletic Center, South Plains Area Track, Officials, Whitewood Links, Lubbock Multi Sport, and the many clubs and organizations that help provide volunteers for the games.

A 50's Sock Hop Dance Social is planned for all participants and the public on Thursday August 25, 2005, from 6:30 - 9:30 p.m. at the Lubbock Senior Center, 7001 19th Street. The Five Star Band will be playing 50's style music. Cost is \$3 per person and light refreshments will be available.

After the completion of the games, the Lubbock Senior Sports Banquet and Dance will be held on Saturday, August 27, 2005, with dinner at 6:00 p.m. and dancing from 7:00-10:00 p.m. Seniors will enjoy chicken-fried steak and all the fixings, and the Five Star Band will play western and rock and roll music. Cost to attend is \$12 per person, and tickets should be purchased by August 24.

The Lubbock Senior Games is an open event and is sanctioned by the National Senior Games Association and the Texas Senior Games Association. For more infor-

mation call the Lubbock Senior Center at 767-2319.

FASHION FUN

Shirley Robinson
The New Gold Standard

THE HOTTEST - Now gold goes with everything! From dress-up to downtime, from downtown glam to uptown cool, gold is making such a powerful fashion statement, and fun only in jewelry. Take a second and third look at fall's sweaters, jackets, pants and skirts. They, too will be sporting gold, gold trim and heavily bright bold gold embellishments. A delightful twist!



FASHION TIP: Always wear a smile! FASHION - Just for the fun of it!

To advertise in the Southwest Digest, call (806) 762-3612.

CAN YOU BE THERE FOR YOUR OLDER PARENT WITHOUT ACTUALLY HAVING TO BE THERE?



One out of five adults finds themselves as the designated "caregiver" for a loved one who can no longer manage alone. This role can often snowball, weighing heavily on you as you cope with the demands of caregiving. There may be services and organizations right in your parent's neighborhood that can help when you're not around. The outcome is better care for your parent, and less anxiety for you. Visit www.familycaregiving101.org and discover a world of support, answers and advice - for both of you.



From the National Family Caregivers Association and the National Alliance for Caregiving with the generous support of Blue Cross



Church News



We Thank God for Jesus Who do you say that I am?

Written by Evangelist Billy "BJ" Morrison, III - Your brother in Christ Jesus always.

Luke 9:18 - And it came to pass as he sat along with his disciples, he said unto them, saying, Who do ye say that I am?

I was born in a stable in a manger over two thousand years ago. I was conceived in my mother's womb by none other than the Holy Ghost.

John 1:29A - John, seeing Him coming unto him and said, behold, the Lamb of God which takes away the sins of the world.

I was born in poverty, and my Father is the most rich. He lives in the sky. I was born with poor parents, and I'm called the Lamb of Life.

Who Do You Say That I Am?

As a child, I puzzled the doctors, and they wondered where I learned it from. I received it from my Heavenly Father, and there is none other to learn from!!!

Luke 2:47 - And all that heard His words were astonished at His understanding and answers.

I received not one of the world's degrees to further my education, but all my learning came from God, and I have wisdom of all nations!!!

James 1:5 - If any of you

lack wisdom, let him ask of God who gives to all men liberally and upgrades not, and it shall be given of him.

Who Do You Say That I Am?

I never have written a book, no never. But there are more books written of me than any other person in the whole world, because I can set mankind free!!!

I never traveled far from the city of the boundary of where I did live. I made all things including the water, gold, moon, sun, oil and even the heights of the hills.

Genesis 1:26 - And God said, let us make man in our image, after our likeness, and let them have dominion over the fish of the sea.

Who Do You Say That I Am?

I have the power to rule nature. I walk on water, and turn water to wine. All power is given unto me, even to open the eyes of the blind.

John 2:9 - When the ruler of the feast had tasted the water that made wine, and knew not when it was, but the servants which drew the water knew.

I can curse a tree, and it will never again bring forth its fruit. I can open the ears to hear, even the

ears of a deaf mute.

Matthew 21:20 - And when the disciples saw it, they marvelled, saying, how soon is the fig tree withered away!

I have fed many of thousands, and I didn't even charge for a dime. I have opened the eyes of many men. Many of them were totally blind!

Luke 9:14-17a - For there were about five thousand men, and he said to his disciples, make them sit down by fifties in a company, and they did eat and were filled.

Have Your Eyes And Mind Been Opened Yet?

I came not to do my will, but the will of the Father who sent me. I came to give my life to a dying world so that all mankind could be set free!

Luke 4:18-19 - Jesus said, the spirit of the Lord is upon me, because He (God) hath anointed me to preach the Gospel to the poor. He (God) hath sent me to heal the brokenhearted; to preach deliverance to the captives, and recovering of sight to the blind; to set a liberty them that are bruised, and preach the acceptable year of the Lord.



From the Desk of Parson D.A. Smith Instituting Illegality

The Ole Parson congratulate the citizenry of Lubbock and especially those people who live in East and Central Lubbock that stood like giants in the face of danger and reported the use and sale of illegal drugs in their neighborhood.

I am sure that the majority of the neighborhood citizens really appreciate the Drug Task Force; the Lubbock Police Department and other law enforcement that helped make their environs a safer and better place to live.

It is now up to the District Attorney's Office, the grand jury, courts and judges to put the people who have no regard for the life and livelihood of others away for a long time. I am sure the community will be watching during this transition period in law enforcement from the DA's office to Judgeship to see if the safety of the community will be neglected for political gain. I am sure those who are deemed to be silent and nonchalant voices will be heard at the voting booth for one who will enforce the law equitable without regard to race, creed or color. I believe without a doubt that the whole of Lubbock is not for institutionalizing illegality of any form.

Speaking of "institutionalizing illegality," the banking industry has allegedly opened it doors to illegal immigrants. CNNMoney reports the following: "Despite heated political debate in Washington over ille-

gal immigration in the United States, an increasing number of banks are seeing an untapped resource for growing their own revenue stream and contend that providing undocumented residents with mortgages will help revitalize local communities.

It's a win-win situation, they say. But skeptic's worry about the message these home loans send to illegal immigrants: break our laws and we'll reward you with a home. A shocker, huh! Are these banks committing a "white collar" crime and does the government have the (you know) to prosecute or stop such actions?

If this is not enough to swallow, on Friday, August 5, 2005, News and Commentary reported that the FDIC encourages mortgages for illegal aliens. N & C reported the "FDIC along with the Mortgage Guaranty Insurance Corp. have given their endorsement for banks across the U.S. to offer home loans and other financial services such as car loans to illegal aliens regardless of their immigration status. In doing so, bank are accepting the Individual Tax Identification Number (ITIN) from the Internal Revenue Service in lieu of a Social Security card for which those illegally in the U.S. do not qualify." The report states some banks have been accepting the matricula consular card or consul registration number for nearly two years, which can be sought at the Mexican

Consulate in the U.S. instead of an ITIN.

The report also points out "since illegal aliens do not have a credit history, they need only supply the ITIN or a matricula consular card along with proof of income for a period of two years and taxes paid on those wages. Some banks only require history of rent and utility payments. After that however, illegals get the same terms with no penalties as any U. S. citizen or legal resident does. In addition they may later seek a home equity loan like anyone else."

Are the alleged actions by banks a flagrant disregard and appreciation of law-abiding citizens? Remember it was just a few years ago if you were black Americans the banks of America would red flag you. These same banks are allegedly bypassing the laws of the U.S. and kissing up to illegal Mexicans who claim they want a better life in the United States. These banks are saying, "Break our laws and we'll reward you with a home." -Yes, its "institutionalizing illegality."

Black Americans, please do not break laws of any kind. Remember when the "chickens come home to roost", right will always win. These peoples of ill will and who are money hungry will save not only the last "dance" but also the last "laugh" for us! Racism does exist through "institutionalizing illegality."

Outreach Prayer Breakfast

God In The Classroom (Continued From Last Week)

Now we're asking ourselves why children have no conscience, why they don't know right from wrong, and why it doesn't bother them to kill strangers, their classmates, and themselves.

Probably, if we think about it long and hard enough, we can figure it out. I think it has a great deal to do with "WE REAP WHAT WE SOW."

"Dear God, Why didn't you save the little girl killed in her classroom?" Sincerely, Concerned Student...

AND THE REPLY: "dear Concerned Student, I am not allowed in schools." Sincerely, God.

Funny how simple it is for people to trust God and then wonder why the world's going to hell. Funny how we believe what the newspapers say, but question what the Bible says.

Funny how everyone wants to go to heaven provided they do not

have to believe, think, say, or do anything the Bible says.

Funny how someone can say "I believe in God", but still follow Satan who, by the way, also "believes in God. Funny how we are quick to judge, but not to be judged. Funny how you can send a thousand 'jokes' through e-mail, and then spread like wildfire, but when you start sending messages regarding the Lord, people think twice about sharing.

Funny how the lewd, crude, vulgar and obscene pass freely through cyberspace, but the public discussion of God is suppressed in school and workplace. Funny how someone can be so fired up for worship once a week, but invisible to the religion the rest of the week. Hope you received something from this piece, "God In The Classroom." If you agree with it or have some comments, let us hear from you, by writing and sending them to: Southwest Digest, c/o Outreach Prayer Breakfast, P. O. Box 253, Lubbock, Texas 79408. We'd love to hear from

you, and willing to print your comments in future articles. God is so good to all of us. Let us hear from you.

Again, thanks for reading, Precious People! Keep praying for each of us. We can make a difference! For all of you who are hurting and are bereaved people, remember Christ Is The Answer!

Let us keep those drive by prayers going when we are driving or riding the bus in our neighborhoods and schools. We all have an important job to do. By the way, school has begun, so let's visit our schools this school year. You'd be surprised the difference it will make when praying Saints visit those school campuses.

Let us keep praying for those citizens who are sick and shut-ins of our community. Today, it is them, and who knows it could be one of us tomorrow. God is able!

Sister Dorothy Hood, president; Sister Christine Burleson, vice president; Sister Elnora Jones, teacher, and Sister Rosiana Henderson, secretary.

St. Matthew's Baptist Church News

Sunday morning, August 21, 2005, was another great day at the St. Matthew Baptist Church, 2020 East 14th street, where Rev. Edward Canady is the proud pastor.

The morning services began at 10:10 a.m. with Sunday School with Superintendent Harris in charge.

The morning lesson was taught and reviewed by Pastor Canady. It was another dynamic lesson, and again well received by all in attendance. Praise God for the Word!

The morning worship hour began at 11:15 a.m. The devotional services were led by Deacon Edward Williams, Brother Albert Wilson and Brother Gerald Jackson.

The St. Matthew Baptist Church Senior Choir was at its post of duty, singing out of their hearts. We thank God for our dedicated Choir members.

The morning message was delivered by Rev. Monty Smith. His subject was "Let Us Go Down

to The Potter's House." His scripture text was Jeremiah 18:1-4. The message was well received by all in attendance.

Thought For The Week: "If you want to be Rich, count all the things you have that money can't buy!"

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Upcoming Events at the Public Library

Movie Night at the Godeke Branch Library
The Godeke Branch Library, 6601 Quaker, will host a movie night beginning at 7:00 p.m. on Tuesday, August 30. The featured film is a romantic comedy about a woman who hires a male escort to accompany her to her sister's wedding (rated PG-13). Refreshments will be served. For

more information, call 792-6566.

Learn to Dance at the Groves Branch Library
The Groves Branch Library, 5520 19th Street, will host an evening of salsa and waltz lessons, taught by professional instructors, from 7 to 8 p.m. on Tuesday, August 30. Call 767-3733 for more information.

Book Discussion at Patterson Branch Library
The Patterson Branch Library, 1836 Parkway Drive, will host a discussion of the book "My Ram Was in the Thicket" by local author Nichelle D. Conner on Saturday, August 27, at 2 p.m. For more information, please call the library at 767-3300.

Golf Scramble in Littlefield on Labor Day

Littlefield Noon Lions Club will be hosting the 10th Annual Littlefield Country Club Golf Scramble. On Monday, September 5, (Labor Day), you are invited to join us for a day of fun and prizes.

The event will be a four person scramble with two flights. The first flight is at 8:00 am and the second will be at 1:00 pm. The cost for each team is \$100, and includes cart, noon lunch, soft drinks and bottled water.

385-3055, Jay Lee, (996) 385-4441, or Littlefield Country Club, (806) 385-3309.

There will be a hole-in-one contest, "Closest to the Pin" contest, and other cash and prizes. Be there at noon when a drawing will be held for other prizes.

For registration information, contact LaPearl Embry, (806)

Coalition for Literacy program set for Saturday

The Lubbock Area Literacy Coalition is happy to host an adult dyslexia program by Dallas Scottish Rite educator Lois McCook at the Mahon Library on August 27 from 9 am - 12 pm. Her program will offer help with many of the areas inherent in teaching an adult to read, including some background on the characteristics of dyslexia, the prerequisite skills required for learning to read and the challenge of teaching adults to read.

Afterwards, from 1-3 pm, Ms McCook will educate those who are interested in becoming tutors or small classroom facilitators in the Literacy Coalition Dyslexia Program.

Regular tutor training for the Literacy Coalition will be held two weeks later, September 10, at the Mahon Library. Please call 775-3636 for more information.

Manhattan Heights Church of Christ
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1702 E. 26th St. (corner of E. 26th St. and Martin Luther King, Jr Blvd.)

Sunday:
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Worship - 10:15am
Evening Worship - 8:00pm

Wednesday:
Bible Class & Devotional - 7:00pm

God's Plan for Saving Man
All have sinned - Romans 3:23
Jesus Christ died for our sins - 1 Cor. 15:3
We must do good works and obey God to enter heaven - Mt. 7:21, Rom 6:16
How do we obey God?
- in His Word - Titus 2:12-14
Believe in Jesus Christ as the Son of God - Mark 16:7
Repent of your sins - Luke 13:3
Confess - Romans 10:9
Be baptized in the name of the Father - of the Son - of the Holy Spirit - Acts 2:38
The Holy Spirit dwells - Rom 8:9

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New research shows African Americans lose more weight and body fat with dairy on their menu

Rosemont, IL, PRNewswire - Most people don't realize when a person loses weight, they lose fat and muscle, but new research indicates dairy may actually help dieters keep the muscle and lose even more fat. Two clinical trials of obese African-American adults published today in Obesity Research(1) reveal that including 3 servings of dairy daily results in greater fat loss and in either keeping or increasing lean mass. When following a reduced-calorie diet, participants lost twice as much weight and fat when consuming more dairy.

Weight Maintenance Study

In the first study, 34 African-American adults were placed on a diet to maintain their current weight and assigned to one of two groups - low dairy or high dairy

intake. After 24 weeks, participants eating 3 daily servings of dairy had noticeable body fat loss and lean mass gain, versus the group eating 0-1 servings of dairy, which saw virtually no change.

In addition, the subjects in this trial who consumed more dairy had significant decreases in blood pressure and circulating levels of insulin, suggesting an association between dairy intake and reduced risk for hypertension and symptoms of type 2 diabetes, respectively.

Weight Loss Study

In the second study, 29 African-American adults were placed on reduced-calorie diets, and randomly assigned to either a low dairy (0-1 servings/day) or high dairy (3 servings/day) diet. The average weight loss for the group

eating 3 servings of dairy was nearly twice that of the group eating less dairy (total weight loss for dairy was 24.2 pounds vs. 13.1 pounds). Average body fat loss in the high dairy group was more than twice that of the low dairy group (total fat loss for high dairy was 20.0 pounds vs. 8.7 pounds).

"After 24 weeks we found that participants eating 3 daily servings of dairy preserved lean mass, which includes muscle, while losing about twice as much weight and fat compared to those eating 1 daily serving," said lead researcher Michael Zemel, Ph.D., professor of nutrition, director of the Nutrition Institute, University of Tennessee.

Snapshot for African Americans

- Nearly half of all African

Americans consume less than one dairy serving daily, which may lead to inadequate intake of important nutrients.

- More than 60 percent of African-Americans are overweight

- Twenty-seven percent of men and nearly 50 percent of women are obese

- One in three African-Americans suffer from high blood pressure

- 2.7 million or 11.4 percent of all African-Americans age 20 years or older have type 1 or 2 diabetes

Additional Quotes

- "This research by Dr. Zemel indicates adults consuming three servings of dairy daily as part of a healthy diet may help reduce risk for some obesity-related chronic diseases that disproportionately affect the African-American pop-

ulation, such as type 2 diabetes and high blood pressure," said National Medical Association past president Winston Price, M.D.

"There are many benefits to eating three servings of dairy a day and those African Americans with lactose intolerance should not shy away from milk, cheese and yogurt," said Terri Verason, registered dietitian, National Dairy Council. "Yogurt and aged cheeses like Cheddar are naturally low in lactose and by consistently introducing more and more milk into the diet slowly, dairy can easily be enjoyed while bringing benefits of lower blood pressure, improved bone health and healthier weight."

For more information on the nutritional benefits of dairy foods,

visit the Dairy Council's website: www.nationaldairycouncil.org. In addition, delicious recipes and tips on how to get 3-A-Day of Dairy are available at www.3aday.org

The American Dairy Association/National Dairy Council (ADA/NDC) is managed by Dairy Management Inc., the nonprofit domestic and international planning and management organization responsible for increasing demand for U.S.-produced dairy products on behalf of America's dairy farmers.

Williams/Fullbright Family Reunion

Crosbyton, Texas - The Fullbright & Williams Family Reunion will be held Saturday, August 27, 2005, at the Crosbyton Senior Citizens Center, 119 N. Berkshire - near the Citizens National Bank at the flashing light.

Activities will get underway at 10:00 a.m. "Each opportunity we get to spend time with our loved ones and friends, we should count it as a blessing," said Deborah Hutchinson, spokesperson for the event.

Upcoming music festivals center around Buddy Holly's 69th birthday

The Buddy Holly Center is excited to invite the public to attend Buddy Holly's 69th Birthday Celebration on September 3, 2005 from 11:00am to 8:30pm. Because of the enormous success of the Buddy Holly Symposium & Festival in the past, the Buddy Holly Center will be hosting a smaller scale party to continue honoring the birthday of Buddy Holly, the West Texas legend. The celebration will maintain the same quality and energy that has made the Symposium famous by providing all day activities for the family, and filling the Meadows Courtyard with unique Texas made music. Attractions include FREE admission to the Buddy Holly Gallery all day, and 15% off all Buddy Holly T-Shirts!

Activities are as follows:

- 11:30 - FREE Guided tour with Buddy Holly historian Bill Griggs
- 12:30-2:30 - FREE "Guitar Then

- & Now" Workshop with Susan Grisanti and Friends
- 2:30-4:00 - Children's Songwriting Workshop & Tour with Dave Tobin, cost \$5
- 3:30-8:30 - Live Music, Food, Refreshments & Birthday Cake
- All Day Art and Music Activities for Youth
- The Real Buddy Holly Story produced by Paul McCartney shown continually in the theater

Live Music in the Meadows Courtyard:

- 3:30-5:00 - Waiting to Derrail, Alternative Country
- 5:13-6:45 - Spiffire Tumbleweeds, Texas Country Rock
- 7:00-8:30 - Thriftstore Cowboys, Alternative Country

Join the Lubbock community at the Buddy Holly Center on September 3, 2005, and help commemorate the birthday of one of Lubbock's most well known stars from 11:00am - 8:30pm. The Buddy Holly Center

will provide all day activities and refreshments in honor of the 69th of West Texas music. The Buddy Holly Center is located at 1801 Avenue G. For more information, please contact us at (806) 767-2686 or visit us online at www.buddy-hollycenter.org

Clovis Music Festival

Just days after the Buddy Holly Center's Birthday Celebration on September 3, 2005, patrons are encouraged to head over to Clovis, NM, for a festival that is sure to interest Buddy Holly fans of all ages. Clovis has announced the resurrection of a festival devoted to 1950's music, with their Clovis Music Festival scheduled for September 8 - 10, 2005.

The Festival begins just one day after Buddy Holly's birthday, September 7th. The event is a "tribute to the artists that recorded with Norman Petty," the Clovis-based producer who recorded several of Buddy Holly's hit songs. The

Clovis Chamber of Commerce originally began these plans with an effort to book a return performance from John Mueller, a Buddy Holly tribute artist from California. Mueller visited Clovis last year, where he performed a 'Buddy Holly Tribute Show' before an enthusiastic crowd. Listening to the requests of interested citizens, the Clovis Chamber expanded their plans to recreate a festival that has been out of existence since the 1980's.

The weekend will include performances from The Crickets, Sonny West, The Fireballs, and John Mueller's Winter Dance Party Tour. There will also be a classic car show, tours of Norman Petty Studios, and a variety of activities for music lovers of all ages.

On September 3, 2005, just before the Clovis Music Festival, the Buddy Holly Center will be hosting Buddy Holly's 69th Birthday Celebration. The celebration will have live music, food, drinks and activities for the whole

family all day. Patrons of the Buddy Holly Center should plan to attend the Clovis Music Festival the following weekend to experience a celebration of 1950's music that spans across state lines.

For more information on the Clovis Music Festival, please call Liz Eisenbraun at (505) 763-3435, or visit www.clovisnm.org.

Fresh Vegetables

Black-eyed peas, squash, onions, cucumbers, cantaloupes, fresh garlic, cream peas, okra & peppers.

Jimmy Harden 745-9261

3/4 miles south of Hwy 1585 on Hwy 87 (House With The Red Roof)

Garden and Arts Center 35th Annual Fall Festival scheduled for September 10

LUBBOCK, TEXAS — The Lubbock Municipal Garden and Arts Center, located at 4215 University Avenue, is proud to announce its 35th annual FALL ARTS & CRAFTS FESTIVAL, a one-day arts and crafts fair to be held Saturday, September 10, 2005. Booth rentals for vendors selling handmade items have been ongoing since April and will continue to be available on a first-come, first-serve basis throughout August. The arts & crafts festival will be held on the front lawn of the Garden and Arts

Center from 9:00 a.m. to 6:00 p.m. The Fall Festival is a family-oriented event that includes over 100 vendors selling handmade craft items and fine art. The event, which features live entertainment, art demonstrations, concession booths, and children's activities, has traditionally attracted over 8,000 visitors annually.

The cost for a basic 5'x7' outdoor booth, constructed of scaffolding and covered with tarps, is \$60. End Booths are also available, which extend 3' to the side, and are \$80.

Tent spaces (10 X 10) are available for \$85; however, vendors must provide their own tents. Booth rental agreements may be picked up at the Garden and Arts Center, Monday -

Friday, 9 a.m. to 5 p.m. For more information on the Fall Arts & Crafts Festival or other programs, please call the Garden & Arts Center at (806) 767-3724.

Tech Autograph/Fan Day August 26

LUBBOCK, Texas - Texas Tech football fans will have the opportunity to meet and greet their favorite Red Raider players and coaches the evening of Fri., Aug. 26, at Jones SBC Stadium. Members of the 2005 Red Raider football team and staff will be available at the free event at 7:15 p.m. to sign autographs and pose for photographs with Red Raider fans of all ages.

A limited number of posters and markers will be available, but Tech fans are encouraged to bring their own items to be autographed by members of the team.

"This is something we are really looking forward to," head coach Mike Leach said. "I have always maintained that Texas Tech has the best fans in the Big 12. The players, coaches and I are looking forward to visiting with them Friday night."

In addition to the on-field activities, Plains Capital Bank is sponsoring Chow Down for Charity in the east stadium parking lot, beginning at 5 p.m. The event will feature 20 cooking teams from various local businesses and community groups vying for the title of "Best Barbecue," with Leach serving as the official judge of the event. Many other activities are scheduled as well, including a pie-eating contest, featuring members of the Tech football team.

Fans are encouraged to park on

the west side of Jones SBC Stadium and enter the stadium through the Southeast ramp.

There will be no admission charge for the event. For additional information, fans should contact the Texas Tech Athletic External Operations Office at (806) 742-1195 or the Athletic Media Relations Office at (806) 742-2770.

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Black women show a 'no-nonsense' approach to the internet & shopping

CHICAGO, AP/WideWorld - Black women internet users are more heavily influenced by online information about the products they buy than white women internet users, suggests a new research report based on an online survey of over 1,700 women by NiaOnline.com.

Nearly 65% of African-American respondents to the survey said they frequently or almost always visit the web site of a product when deciding to purchase it, compared with 58% of white respondents. Furthermore, 16% of African-American respondents said their favorite web sites have a major influence on purchase decisions, versus 12% of white respondents.

"This makes the internet an especially effective medium for marketers hoping to reach black families," says Cheryl Mayberry McKissack, who is founder, president and CEO of Nia Enterprises, LLC, which owns the black women's interest web community NiaOnline.com. The Chicago-based research and marketing services company administered the survey during Winter 2004-2005 to its opt-in, permission-based online Consumer Advisory Panel (CAP), which reaches over 125,000 African-American household members, as well as members of other ethnic groups.

Its results are included in the 2005 NiaOnline Research Monitor: The African-American Household Online, which examines how black women are adopting and using the Internet, as well as how they are influenced by it in their buying decisions. The report also compares black women internet users to their white counterparts, as well as to average black female demographic characteristics contained in U.S. Census data. It is the first major, independent research report to put a spotlight

on the black female consumer online. The report also includes research conducted by NiaOnline during June 2005 on the impact of culturally-relevant messages to black women's purchase decisions.

"We decided to focus on black women online because more black women are the primary decision-makers in their households than women of other U.S. ethnic groups," says McKissack. "If you want to reach the black family, you really need to connect with women."

Adds McKissack: "What the NiaOnline Research Monitor reveals is a consumer whose approach to the Internet is utilitarian. She is comfortable with using the Internet, and is more likely than her white counterparts to treat it as a no-nonsense tool for gathering information and transacting business - as opposed to a means of recreation and social interaction."

For instance, black respondents to the NiaOnline Research Monitor skewed much more heavily toward using E-mail for work-related purposes than white respondents - not surprising, since more than three times as many said they most often access the Internet from work (32% of black respondents versus 9% of white). Black women were half as likely as white women to say that their reasons for sending E-mail were "usually personal" (39% versus 78%, respectively). Correspondingly, fewer black respondents than white respondents said they were likely to use E-mail to "share news about children, other family members or people" they know; while more black respondents said they were likely to "communicate about work-related issues and activities."

To learn about the NiaOnline Research Monitor's other revealing findings, visit www.niaenterprises.com.

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FRIDAY, SEPTEMBER 2, 2005 at 7:30 PM
Speaker: **The Spoken Word**
*Rev. Ray E. McCoy, Senior Pastor
Berkshire Assembly Baptist Church
Lubbock, TX*

SUNDAY, SEPTEMBER 4, 2005 at 3:30 PM
Speaker: **The Spoken Word**
*Rev. H. S. Thomas, Jr., Senior Pastor
New Mt. Zion Baptist Church
Lubbock, TX*

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It's a long way from the Apollo Theatre in the Apollo program. And while his playing may have been "as lofty as a moon flight," as Time magazine once suggested, that would be as close as Louis Daniel Armstrong would ever get to taking "our small step for man."



the trumpeter was at a guest in a correctional home for wayward boys. If only today's schools were as enlightened and informed as that reformatory was.

After, the arts are dismissed as extravagant in today's schools. This, despite all the studies that show parents believe music and dance and art and drama make



Armed with his trumpet on the jazz world, Armstrong was a pioneer.

the 20th century, giant leaps were simply a matter of course for Satchmo. For no one has ever embodied the art form the way he did. It was he who helped make virtuoso solos a part of the vocabulary. It was he who was honored with the title "American goodwill ambassador" by the State Department. It was he who was the last jazz musician to hit #1 on the Billboard pop chart.

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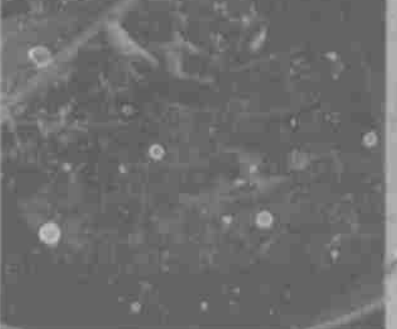
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See Back Page for 3 DAY PRODUCE 10¢ Sale



Editorials • Comments • Opinions



THIS N THAT

MATADORS NEED OUR SUPPORT! THIS N THAT is asking all that will to start the year off right by supporting our **ESTACADO MATADORS** as they begin their **2005 FOOTBALL SEASON** by traveling to **LEFORS, TEXAS** to play the Herd on Friday night August 26th! Surely if as many of us who can, would travel that distance and show them we're behind them in their first encounter for the year would certainly have a lot to do with the outcome of the game. **THIS N THAT** has received information that the **MATADOR BAND** has grown tremendously over the past few years. Apparently this is the year for the **MATADORS**, and with your **SUPPORT**, much can be accomplished this year. Are you willing to stand up for our **MATADORS? HOPE SO! MATADORS**, let's do our very best when we take the field, as well as off the field. You are our team. And don't you forget that! **GO MATADORS!**

IT WAS A VERY PROFESSIONAL CONCERT! **THIS N THAT** as well as those in attendance last Saturday afternoon, August 20, 2005 at the Holiday Inn Towers will agree that it was a VERY PROFESSIONAL CONCERT. Featured artists included **GOSPEL FOUR & THE JACKSON SOUTHERNARIES**. Even the local talent, **ISABELL LUNA, BUTCH AVERY** and **REV. J. J. JOHNSON** with their group did well.

There is so much talent in Lubbock from all parts of this city. Perhaps the highlight of the **SECOND ANNUAL MULTI-CULTURAL GOSPEL FEST 2005** had to be the awarding scholarships to local students. This was great! Hopefully this will continue, and according to **MS. FAYE BROWN** of **Each One Reach One Ministries**, "This will continue." Even **MS. JOYCE WRIGHT** agrees with special effort. It was good to see the scholarships were named in honor of two local citizens who are deceased, but made positive contributions to our community. Those persons were **DANNY JOHNSON & REV. A. L. DAVIS**.

ARE THEY WASTING THEIR MINDS? THIS N THAT has been hearing of young people attending public schools in the United States of America and the stats are staggering about how much learning kids are receiving. With 4.3 MILLION KIDS in school, approximately 1.3 MILLION WILL NOT COMPLETE THEIR HIGH SCHOOL PROGRAM. This is coupled with the following information: 75% of White students will graduate from high school, and only 50% of **BLACK & HISPANIC STUDENTS** will graduate from high school. And 1/5 **BLACKS & HISPANICS** will fall short in **MATH, READING & SCIENCE**. This is why **THIS N THAT** is still encour-

aging as many who can, to **VISIT OUR SCHOOLS** so these young people will see us and maybe. More will remain in school and not be a part of the **WASTED MINDS POSTURE**.

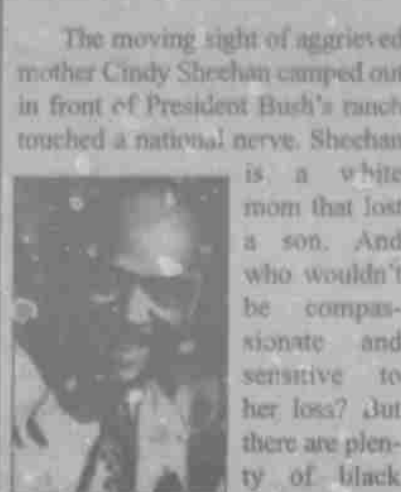
PENNY HASTINGS THE BARBER SAYS: "When you have been married 50 YEARS OR MORE, you TURN OUT THE LIGHTS for economic reasons rather than ROMANTIC REASONS".

THANKS, CITY OF LUBBOCK! THIS N THAT wants to say THANKS to the City of Lubbock for the **CUTTING OF WEEDS** at the right-of-way at the corner of **EAST 23RD** and **SOUTHEAST DRIVE**. Now it is easier to drive in this area. Now one more problem area... If the same is done at this corner, it would be great. The corner is **EAST 24TH STREET & GLOBE AVENUE**. Thanks for what you have done. And what you will continue to do to make our neighborhood a safer place for all of us.

CONGRATS TO SHELIA HARRIS FOR BEING CHOSEN! THIS N THAT wants to say CONGRATS to one of our readers, **SHELIA HARRIS**, for reading a story in last week's issue "LUBBOCK CHORALE ANNOUNCES AUDITIONS AND SCHEDULE." She auditioned and has been accepted. Good to know our people pay close attention to what is in this weekly newspaper. Good luck, **SHELIA HARRIS!**

Where are the "Black Cindy Sheehans"?

By Earl Ofari Hutchinson
BlackNews.com Columnist



The moving sight of aggrieved mother **Cindy Sheehan** camped out in front of President Bush's ranch touched a national nerve. Sheehan is a white mom that lost a son. And who wouldn't be compassionate and sensitive to her loss? But there are plenty of black moms that have lost sons in Iraq, and few have followed Sheehan's example and publicly and dramatically raised their voices in protest.

Though polls show that more blacks than whites oppose the war, and black Congressman Maxine Waters has hammered Bush on Iraq, there has been no mass move by blacks to publicly join the antiwar chorus. Few blacks showed up at the peace vigils that Sheehan's one-woman protest stirred nationally in August. With the arguable exception of an antiwar march in Harlem on the second anniversary of the Iraq invasion, the faces of the antiwar protesters have looked like Sheehan's.

That's been the case in the countless protests mounted against America's wars, and that includes the Vietnam War protests. The widely held, but false notion, was that blacks died in much bigger numbers than whites in Vietnam. Though many blacks openly denounced the war as a racist war, in which blacks were used as cannon fodder to kill other colored people, many blacks still flocked to the military in droves. They reviled the antiwar movement as a white movement that had little to do with

their fight against job discrimination, failing public schools, and police abuse.

The reasons for that aren't hard to find. In the case of Iraq, blacks have not died disproportionately in the war. They are more likely to be in administrative and support positions than in front line elite combat units such as the Special Forces and the Green Berets.

The much publicized and controversial capture of **Shoshana Johnson**, an African-American woman who served in a supply unit, in the early days of Iraq combat gave a public face to the dangers that black women in the military. The army, however, stood their peril on its head. It recaptured Johnson's capture and confinement as a heroic act under fire, gave her a heroes welcome on return home, and trotted her around on a well-publicized national tour to tell her tale of courage. That did not stir a rush by blacks to military recruitment centers, in fact, the number of black enlistments have since plunged. But that has less to do with a spike up in black opposition to the military than the legitimate fear blacks have of being killed in battle. Also, more college bound blacks have greater job and career choices than in decades past.

Despite the risks of being killed on the battlefield, the staggering high levels of unemployment for young black males, poor education, and continued fringe job discrimination make the army's relentless "be all you can be" pitch irresistible to many poor, young blacks. They see the army as their one, maybe only, chance to learn skills, get a quality education, receive top medical care, earn a pension, and other benefits. ROTC programs have been dumped from or chipped off numerous major university campuses. Yet they have expanded at black colleges. A sig-

nificant number of army ROTC commissions received by blacks are awarded at nearly two dozen black colleges. Blacks hold more management and executive positions in the army that give them command and decision-making power over whites than in any other government agency, let alone the corporate world. Former Secretary of State **Colin Powell** and the vast array of black generals, and thousands of commissioned and NCOs are walking advertisements for the glories of military life.

Then there's the deep and unshakeable rally round the flag patriotism that always stirs many blacks in times of war and crisis. Combat was seen by them as a chance to prove their patriotism and loyalty, and strike a big blow against racism. If they proved their mettle in battle things would get better for them at home.

That sentiment spilled out at a recent panel discussion on the military in Los Angeles featuring current and former black army vets. The panelists fervently hoped that the war would end as quickly as possible. Yet they strongly expressed the belief that when duty called, and in this case that meant the call of the military, they had to answer it. As one panelist said, "I may not agree with Bush, but he's still my commander-in-chief." Americans watched Sheehan brave taunts, insults, and a fierce scramble by Bush and Vice-President **Dick Cheney** to counter the widespread notion that the Iraq war is a no-win folly. That included many black moms who, like her, do not believe in the war or Bush. Yet, few have joined Sheehan in her impassioned protest or are likely to at least yet.

Earl Ofari Hutchinson is a columnist for BlackNews.com, an author and political analyst.

In Cinque

by Renetta Howard



The price of gasoline has more than doubled in the past couple of years, but it has not deterred the family reunions or the vacations of Americans. It has caused them to grumble, complain and attempt to find ways to cope with the increases. In addition to the high cost of gasoline, the local natural gas companies have asked the federal government to permit them to raise the price of natural gas and the electric companies are attempting to purchase more electrical supply stations and also petitioning the government for a hike in the cost of electricity to offset their expenses. Why do we think this is necessary now when a couple of years ago, the cost of natural gas sent some of us to the poor house?

Who will offset the increased budget costs for the average, underpaid, poor working and retired people? Medicaid, the health benefit part of SSI (Supplemental Security Income) is trying to go out of business, while SSA, (Social Security Administration) takes back each raise in benefits by raising the cost of Medicare. Therefore no actual increase in funds available to spend is present. Pension plans are not giving a raise to the retired because of many poor investments which made them victims of the oil scandals. Most investmentstook a lost following the Enron and World Corn scandals.

Many gainfully employed people lost employment as a result of the oil scandals as well as their pension benefits. Many productive companies have downsized, moved to another country to secure cheap labor or to escape corporate taxes in America. A few companies have closed because there is no longer a need for their product. Other

businesses have closed because workers formed unions. So, they close the shops and some even give severance pay to the workers, hoping to evade union pressure and then they often re-open under a new name and new management with new workers whom they do not pay union wages.

Workers who earn union wages are still having a problem paying \$2.30 to \$2.50 for a gallon for gasoline. Driving is prohibitive. Think what these prices are doing to public transportation and the economy. Any growth which depends on any movement, is threatened. Naturally, this increases the cost of Homeland Security. There are alternative sources for heating a home, but not an abundance of sources for running a motor vehicle. Aside from standing a little heat in the summer and a little cold in the winter, there is not very much we can do as individuals, but as a people, we can get 'in cinque' and impress upon our Congressmen to do something positive about the cost of fuel.

Hometown News

Air Force Cadet **Stewart C. Smith** participated in Operation Air Force at a forward deployed overseas location in support of Operation Iraqi Freedom. The cadet is currently attending the U.S. Air Force Academy, Colorado Springs, Colo.

The three-week program educates cadets on the workings of operational units and acquaints them with the everyday tasks, activities, aspects, and perceptions of Air Force members and mission. The training occurs during the summer before the cadet's senior year.

Training is conducted at various locations in the U.S. and overseas bases, where cadets are matched up to a junior officer in their chosen career field to observe and work together, called "shadowing." The cadets and officers engage in real quality time together in their specific career choices and interests, and learn what it means to be an officer.

Operation Iraqi Freedom is the official name given to military operations involving members of the U.S. armed forces and coalition forces participating in efforts to free and secure Iraq. Mission objectives focus on force protec-

tion, peacekeeping, stabilization, security and counter-insurgency operations as the Iraqi transitional governing bodies assume full sovereign powers to govern the peoples of Iraq.

Members from all branches of the U.S. military and multinational forces are also assisting in rebuilding Iraq's economic and governmental infrastructure, and training and preparing Iraqi military and security forces to assume full authority and responsibility in defending and preserving Iraq's

sovereignty and independence as a democracy.

He is the son of **Charles C. Smith** of 92nd St., and **Catherine Smith** of 88th St., both of Lubbock, Texas.

Smith is a 2002 graduate of Lubbock High School



Southwest Digest

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The Southwest Digest is an independent newspaper serving the Lubbock, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially supporting what it believes to be right without opposing what it believes to be wrong without regard to party politics.

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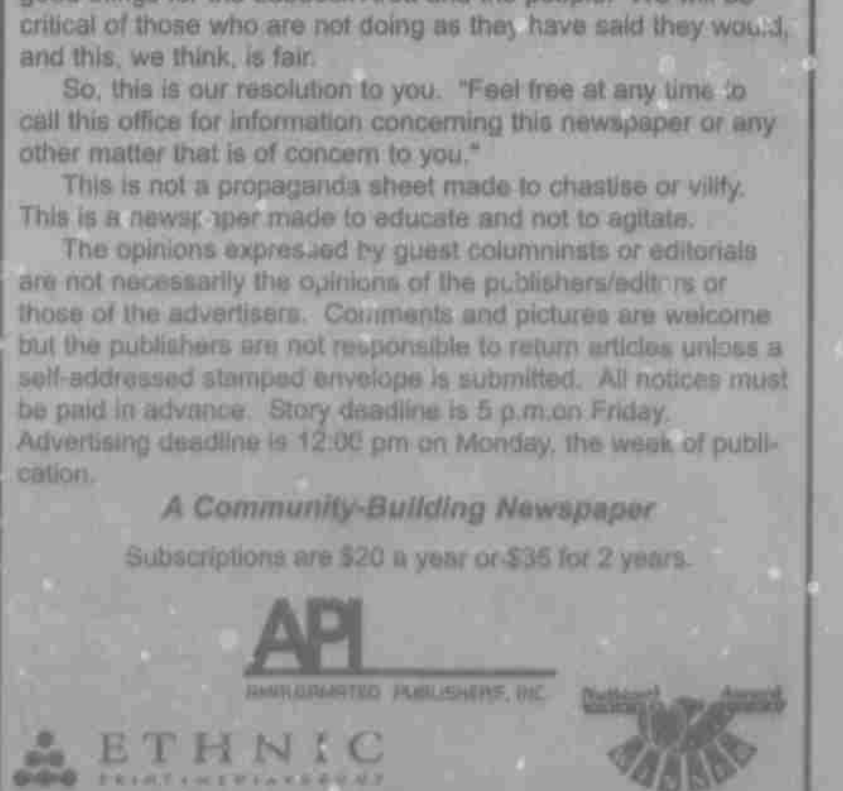
People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would, and this, we think, is fair.

So, this is our resolution to you. "Feel free at any time to call this office for information concerning this newspaper or any other matter that is of concern to you."

This is not a propaganda sheet made to chastise or vilify. This is a newspaper made to educate and not to agitate.

The opinions expressed by guest columnists or editorials are not necessarily the opinions of the publishers/editors or those of the advertisers. Comments and pictures are welcome but the publishers are not responsible to return articles unless a self-addressed stamped envelope is submitted. All notices must be paid in advance. Story deadline is 5 p.m. on Friday. Advertising deadline is 12:00 pm on Monday, the week of publication.

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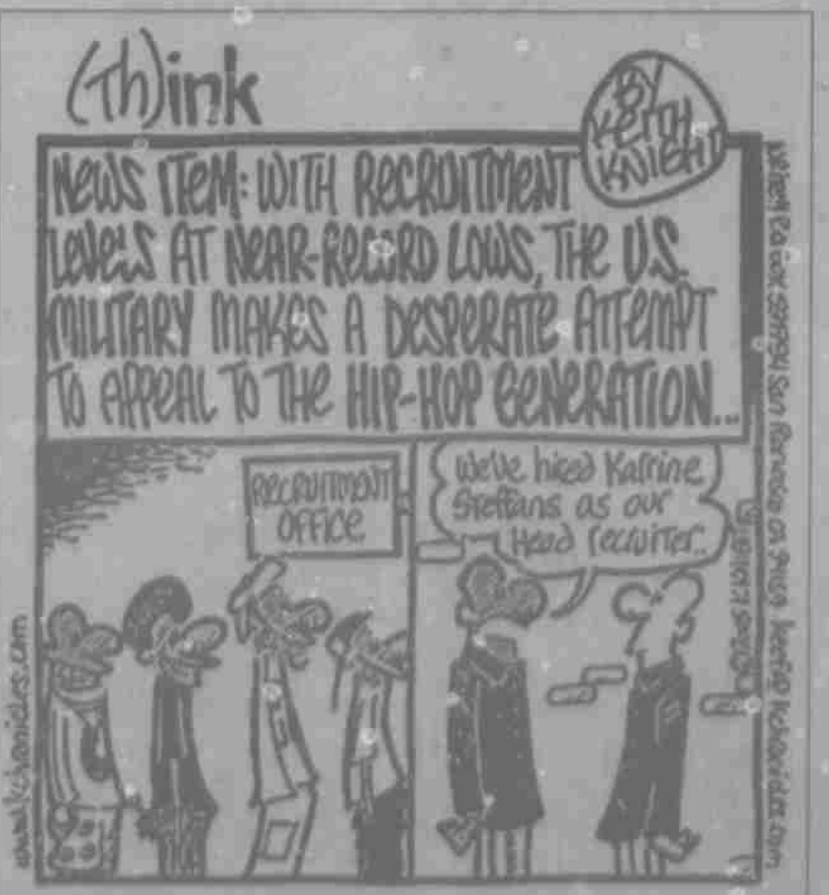
Letter Policy

The editors and publishers of Southwest Digest welcome your letters and encourage you to write to us. Share with us your concerns, praise, gripes and celebrations. It's what we want - to keep our Black community in Lubbock informed and in touch with one another. Your letter doesn't have to address something that's been in our paper, just what's been on your mind. Had an interesting discussion lately? Share it with us!

When you write to us, please provide your name and city so that we may know where you are from and so that our readers may see how far our publication reaches.

You can bring your letter to our office or send it through the mail to: Southwest Digest, Letter to the Editor, T302 Avenue Q, Lubbock, TX 79401

You can also email us at: swdigest@sbcglobal.net or fax your letter to (806) 741-0000.



"Darkness cannot drive out darkness; only light can do that.
Hate cannot drive out hate; only love can do that." - Martin Luther King, Jr.

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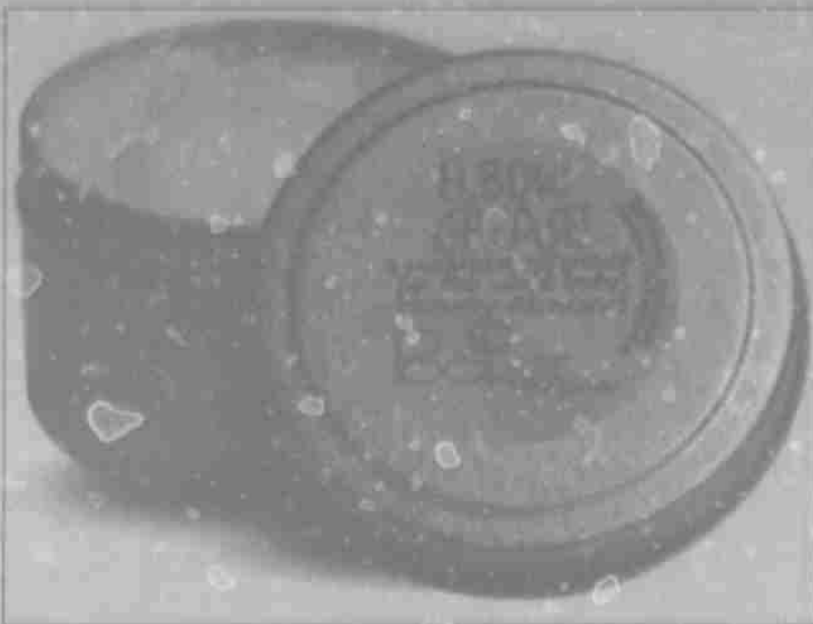
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The Board of Commissioners of the Housing Authority of the City of Lubbock has approved the re-opening of the Section 8 Housing Assistance Program waiting list. You may come by to pick-up an application at 1708 Ave. G between the hours of 8:00 a.m. - 12:00 p.m. and 1:00 p.m. - 4:30 p.m. on Tuesday and Thursday, starting on July 26, 2005. Applications must be completed and mailed to: P.O. Box 2568, Lubbock, Texas 79408. **WALK-INS WILL NOT BE ACCEPTED**

EQUAL HOUSING OPPORTUNITY

African-American body products being introduced via company website



Elbow Grease is a natural alternative to petroleum jelly.

New York, NY (BlackNews.com) - African-American owned bath and body products company to be featured in Whole Body at Whole Foods Market in New York and New Jersey.

Pooka, a African-American female owned handmade bath and body company will be one of the featured vendors at Whole Foods Market first ever "Spa and Wellness" Media day.

This event will introduce New York City and the surrounding area press to Whole Body the largest, most influential natural/organic beauty and wellness

boutique anywhere! The event will take place on Wednesday August 24th, 2005 from 9am to 5pm inside the majestic Whole Foods Market Columbus Circle Store located in the prestigious Time Warner Center in New York City.

Pooka, started four years ago by Dawn Fitch and three of her friends, has become a successful minority vendor for Whole Body. Wonderful handmade products that are beautifully packaged and reasonably priced. Pooka offers a variety of products from shea hair butters, shea pucker butters for your lips right

down to milk foot soaks for the toes!

Pooka's signature product is Elbow Grease a wonderful natural alternative to petroleum jelly. Elbow Grease comes in a variety of wonderful scents for all over body moisturizing.

Pooka ships all over the United States and is sold via their website. It is sold in various Whole body stores and has many independent consultants.

For information about becoming an independent consultant, see the and more information about the products, check out the complete Pooka line at www.pookapureandsimple.com or for more information call at 973-951-2471 or 866-245-1403.

About Pooka

The name Pooka actually came from Dawn Fitch's mom. She always called her children her "Pookalits." (The children never have figured out why or what it meant, but it was definitely a term of endearment!)

When thinking of a name for the company, that was the first thing that came to mind. Pookalits was a little too long for the labels, so they just shortened it a bit and came up with...POOKA!

With Dawn Fitch, founder and creator—POOKA became a lifelong pursuit 4 years ago

when she became mysteriously ill. After numerous visits to doctors and specialists and no sound diagnosis she began to explore alternative therapies. It was here her interest in aromatherapy and its healing and relaxing attributes was born.

Dawn was eventually found to be hyperglycemic. Once doctors realized that it was the sugar that was making her sick she was told to completely remove sugar from her diet. She began reading the ingredients of EVERY-

THING and became painfully aware of just how much of what we consume is saturated with unhealthy, unnatural ingredients. In an effort to combat illness and stress and the realization that so much of what goes into the body is not good for you, she changed her entire health regime.

Combining her love for aromatherapy and the need to take better care of herself inside and out she began creating her own bath and body products. Just for fun, she took a few of her hand-

made products to sell at a local festival and sold out! The response was tremendous. That's when the realization hit that she had an incredible business idea and Pooka was born!

She knew she couldn't achieve her Pooka dream alone so she enlisted the help of those closest and dearest to her. Together she and her girlfriends formed Pooka, Inc. and today the 4 Pookalits manage every aspect of Pooka from sales and marketing to finance.

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Fort Worth Arts Festival accepting applications

Digital images of work can be submitted online only through October 31

FORT WORTH, Texas (August 15, 2005) - MAIN ST. Fort Worth Arts Festival, which is rated #8 among the nation's art-and-craft fairs in two separate and widely consulted sets of rankings, announced today that it has begun officially accepting applications from artists who want to exhibit at its 2006 show, scheduled for April 20 - 23.

Categories of media to be considered for the 21st annual MAIN ST. include 2-D Mixed Media, 3-D Mixed Media, Ceramics, Digital, Drawing/Paste's, Fiber, Glass, Jewelry, Leather, Metalwork, Painting, Photography, Printmaking, Sculpture and Wood.

The application deadline is October 31. A panel of jurors will convene Nov. 11-12 to review all of the applications, and to select from among them the artists who will be invited to show their work at MAIN ST. The jury sessions will take place at the Blackstone Hotel/Courtyard by Marriott, at 601 Main St. in downtown Fort Worth, and will be open to the public. Sessions will begin at 9:00 a.m. each day.

For the 2006 festival, all

applications for exhibit space must be submitted online, using the ZAPPLICATION™ process developed by MAIN ST. and eight other major art-and-craft shows across the nation. Artists must establish an account at www.zapplication.org prior to submitting work for consideration.

Each artist applying to MAIN ST. is required to submit four digital images showing representative examples of his or her work. Also required is a digital image of the artist's exhibit booth that shows how works of art would be displayed to festival-goers.

Supporting documentation should include an information sheet identifying and describing the images, as well as a completed ZAPPLICATION entry form and a \$30 entry fee. Complete rules and instructions for applying to exhibit at MAIN ST. can be found on the festival's Web site at www.MainStreetArtsFest.org.

About MAIN ST. Fort Worth Arts Festival

MAIN ST. Fort Worth Arts Festival, the biggest and best attended arts-and-entertainment festival in the Southwest, is produced by Downtown Fort Worth Initiatives, the special-events

unit of Downtown Fort Worth, Inc., and presented by Coors Light, Art Fair SourceBook and The Harris List, the two authoritative reference works on the nation's art-festival scene, both rank MAIN ST. #8 among the hundreds of events they review each year. The Harris List also rates MAIN ST. as the best festival in Texas. The annual four-day celebration includes a juried fine art-and-craft fair, live concerts, performance artists and street performers, all arrayed along a nearly mile-long stretch of historic Main Street.



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