

News From HEALD

Mrs. Mildred Ross of Mission, Mr. and Mrs. Val Morris and Valerie of McAllen, Mr. and Mrs. John C. Lane, Jan and John of Beaumont, Mr. and Mrs. Curtis R. Scurlock of Phoenix, Ariz., Mrs. E. T. Morris of McLean, Shaun Crawford of Spearman, were Wednesday evening dinner guests of Mr. and Mrs. Pete Brown and Mr. and Mrs. A. W. Lankford.

Mrs. Ott Davis and Jana spent Thursday in Pampa visiting their sister and aunt, Mrs. Guy Clements.

Debbie Kohls visited the Jack Hulls in Shamrock several days last week.

Mrs. Foy Reagor of Lubbock visited Mr. and Mrs. Arlie Griggs by last week.

Mrs. A. E. Carpenter arrived home Friday after a visit with her sister in Arkansas.

Jana Davis visited in Amarillo several days last week.

Mr. and Mrs. D. L. Holder of Amarillo visited Mrs. Nida Green in the hospital last Sunday. They also visited the K. S. Rippys and the A. W. Lankfords.

Mr. and Mrs. Frankie Howard and family of Amarillo visited the Ott Davises last Sunday.

Mr. and Mrs. A. E. Carpenter visited with the Bob Andersons in Canadian last Sunday.

Mr. and Mrs. John Rosenberg of Pampa were visitors at Heald Methodist Church last Sunday where he held the morning worship service.

Kevin Lankford of Dallas is visiting his grandparents, Mr. and Mrs. A. W. Lankford.

Mr. and Mrs. O. O. Tate visited in Oklahoma over the weekend with their mother who is ill.

Mr. and Mrs. Jim Kohls, Kay, Shirley and Kathleen of Galliano, La. arrived Tuesday for an extended visit with her parents, Mr. and Mrs. K. S. Rippey.

Mrs. T. H. Pickett of Amarillo, formerly of Heald, has been visiting friends and relatives at Heald, Kellerville and Wheeler.



CATFISH ARE GLUTTONS

Channel catfish are probably the hungriest fresh water fish in the United States. They'll eat almost anything, and stay up all night to do so.

Studies show the kinds of food eaten by catfish number into the thousands and include mammals, birds, amphibians, insects, reptiles, fruit, seeds, leaves and oddities too numerous to mention.

Yet, with such a versatile appetite, catfish are selective about what they'll eat — and when they'll feed. Successful catfish anglers, say the fishing authorities at Mercury outboards, are just as selective in their choice of catfish baits.

"Stink" baits are the most common catfish lure. They're particularly effective in spring and fall. Cheese is usually the base ingredient. Additives such as flour or corn meal provide substance, and such things as oil of anise, tannage, or asafetida join the mess to provide the correct odor. Stink bait is generally fished on the bottom.

Chicken blood is probably the best catfish bait of all. The main problem is to keep it on the hook. Blood bait is made by letting fresh blood coagulate under refrigeration, and cutting coagulum into strips. To fish blood bait, anchor your boat, place the bait in the water as easy as possible and don't move it after it has reached bottom.

Live baits — minnows, crayfish, frogs — are also effective catfish getters. They can be floated or still fished — although floating will usually produce the most catches. The secret, say the Mercury experts, is to have a lively bait.

Whatever the choice of bait, you're in for some gourmet dining when you've caught a mess of catfish. Cut into one-inch-thick steaks, dipped in milk and rolled in corn meal, then deep-fried . . . there's nothing on the table that can beat them for eating.

DR. MARION N. ROBERTS
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Accent On Health

When the month of August rolls around, thousands of Texas mothers suddenly realize that only a few more weeks remain until school begins.

Parents with youngsters beginning school for the first time this September look forward to this September with a little more excitement, and many mothers whose first-born are going off to school may be a bit bewildered by it all.

In addition to the million-and-one chores that must be performed in getting the youngster ready for school—new shoes, clothes,

health examination—most school districts require proof of age for beginning students. A certified copy of birth certificate is usually requested, reports the Texas State Department of Health.

This fall there will be 256,000 new first graders in the schools throughout Texas, with the total public school enrollment expected for the next two to three years, according to the Texas Education Agency.

Anticipating the rush of birth certificate requests, the Records and Statistics Section of the Texas State Department of Health has been prepared for it. Re-

quests already are pouring in. It takes a sizeable staff just to open the thousands of letters received daily, let alone search out a requested certificate, remove it from the thick volume, make a certified copy, mail it out and then return the original certificate to its proper place.

Years of experience have eliminated nearly every bottleneck. The operation is smooth and fast. Usually the copy is mailed within a day or two after the request is received.

One bottleneck still remaining, however, is the individual who makes the last-minute request. Parents are requested to stop

now and write for a certified copy of the birth certificate, or contact either the city registrar where the child was born on the county clerk in the county of birth.

If you write the Texas State Department of Health, Bureau of Vital Statistics, 410 East Fifth St., Austin, Texas, be sure to: (including the mother's maiden name.) The State Health Department fee for a certified copy of the birth certificate is \$1.50.

During the next 30 years, if adequate water is available, the population of Texas will triple to more than 30 million people.

My Neighbors



BIRTHDAYS

August 4—Fred Johnston, Mrs. Charles Patton, Gerald Tate, Arthur Vineyard.
Aug. 9—Debbie Blackshear, Lindsey Gilbrath.
Aug. 10—Jim Back.
Aug. 12—Vernon King, R. D. Patterson, Billy Orrick, Rebecca Orrick, Joni Pat Myers.
Aug. 13—Jack Hall.
Aug. 14—Thomas Bailey, Winnie Mae Patterson, Ray Hill, Gene Nicholas, Sandra McLaughlin, Laurie Ann Sparlin, Charles Henry Skipper, Troy Blane Cole, J. Boyd Smith, Tess Ann Connell.

The McLean News is interested in this community in any other publication.

REVIVAL ASSEMBLY OF GOD CHURCH
4th and Main Streets
Beginning August 10
With Evangelist
ART SORG
of Worth, Kansas
7:30 Every Night
— PUBLIC INVITED —

Buy **MORE** for **LESS** and GET the **BEST!**

Want to put More fine foods on your table and More Savings in your purse? Then shop Here where Super Savers and Low Prices make Savings add up Fast! Come See how you get the Best — and More for Less — at **PUCKETT'S FOOD STORE**.

WAGNERS
ORANGE OR GRAPE DRINK
4 FOR \$1.00
PEARS
HUNTS 2 FOR 89¢
2 1/2 SIZE

EAT MORE BEEF FREE

T-BONE LB. 99¢
SIRLOIN LB. 99¢
ROUND LB. 99¢

FRESH GROUND BEEF POUND 65¢

SHORTENING 3 LB. CAN 59¢
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100 TOP SAVINGS STAMPS
WITH PURCHASE OF
1 - 3 OZ. JAR **Nestea**

BORDENS Cottage Cheese
2 LB. CARTON 49¢

KIMBELL ONLY
Biscuits 6 FOR 49¢
Coca Cola REGULAR OR KING SIZE CARTON 39¢
Plus Deposit

RUSSET THOMPSON SEEDLESS Potatoes 10 LB. SACK 29¢

GRAPES POUND 19¢

GAIN GIANT SIZE 75¢

JOY GIANT SIZE 49¢

IVORY LIQUID 75¢

BAMA STRAWBERRY Perserves 18 OZ. JAR 49¢

IMPERIAL PURE CANE SUGAR \$1.15 | **Mellorine** 29¢

MARYLAND CLUB COFFEE 1 LB. CAN 69¢ | 2 LB. CAN \$1.38 | 3 LB. CAN \$2.07

WE ARE YOUR TOP STAMP REDEMPTION CENTER

NONE MORE VALUABLE

MORTONS Salad Dressing QUART 35¢

Peaches OSAGE 3 FOR 89¢
2 1/2 SIZE

KUNNERS Sweet Peas 303 SIZE 5 FOR \$1

PUCKETT'S FOOD STORE

SPECIALS GOOD FRIDAY AND SATURDAY, AUGUST 8, 9, 1969

—AND DOUBLE CHECK!



DOWN MEMORY LANE

50 Years Ago

The demand for lumber in Europe and the consequent heavy export trade in building materials has played havoc with prices in this country.

On Thursday evening of last week Mrs. D. B. Veatch entertained in honor of Mrs. S. O. Cooke of Dallas. Music, both piano and victrola was enjoyed by all present, throughout the evening.

Several weeks ago the News announced the purchase of quite a lot of new type and other material for the improvement of the plant. Just as we were beginning to think the supply house had lost our order and were about to apologize to the people for lying, the stuff finally arrived and is now in cases, some of it appearing in the paper this week.

40 Years Ago

Loyse Caldwell, proprietor of the Caldwell Bakery, has installed a modern oven in his shop, with a capacity of 5,000 loaves of bread daily.

Harris King has opened a garage at the location formerly occupied by Rogers Service Station.

Born, July 31, to Mr. and Mrs.

Dr. W. Ken McCarty

OPTOMETRIST
Will provide eye examinations and other visual services in the **McLean Hospital** each Thursday.
9:00 A.M. to 5:00 P.M.
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**REGISTRATION
SEPT. 11th, & 12th**

TWO BEAUTIFUL NEW DORMITORIES

ROOMS CAN BE RESERVED NOW

Frank Phillips College

BORGER, TEXAS

**News From
County HD Agent**

JIMMIE LOU WAINSCOTT

Buying meat for meals this summer will require careful planning and shopping if you are looking for the most economical choice.

Remember that the cost per serving is the important consideration amount of bone and fat, while others are practically all edible meat.

In a recent summary of the meat situation, the U.S. Department of Agriculture predicts that livestock prices this summer will continue above last year's prices, even though red meat and poultry supplies will be larger. Rising consumer incomes, unusually low unemployment rates, and the increase in population were sighted as the main reasons for this outlook.

Meat and poultry that require a short cooking time are in greatest demand during warm weather. Here are a few suggestions:

Pork: Chops—rib or loin, or shoulder steaks, cut 3/4 to 1 inch thick; sausage patties or links; Canadian bacon; ham slices—1/2 to 1 inch thick; or spare ribs.

Beef: Chuck steaks, cuts near the rib are good if properly tenderized. Of course, the more tender T-bone, porterhouse, sirloin, club, rib, rib eye or Delmonico, or filet mignon and ground beef patties work well, too.

Poultry: Chicken pieces or split halves; turkey parts (small size birds).

Prepared Meats: Frankfurters.

For the rotisserie: Boneless roasts (leg of lamb, lamb shoulder, pork loin, pork shoulder, fresh ham, cured ham, beef rib, beef rump); chicken; turkey; chunk bologna.

For Kabobs: Cubes of meat, vegetable, fruit strung on skewer. For meat use: Cubed lamb shoulder, ham, bologna or beef chuck or cut frankfurters, or others. Use your imagination.

Produce counters can help ease the pinch on the food budget with a greater variety of offerings mostly at moderate price levels. Corn, squash, tomatoes, head lettuce, red potatoes, cabbage, purple hull peas, carrots and cooking greens are among the most economical. Bell pepper, cucumbers and green beans are available at varying price levels.

Peaches are more plentiful and prices down a bit. New crop green apples are now appearing on local markets. Bananas, apricots, nectarines, avocados, figs, strawberries, Bing cherries, grapes, plums, pineapples, cantaloupes, honeydews and watermelons are worthy of your consideration.

day night with an appreciation dinner for Ed Landers, who has served the City of McLean for 31 years.

Construction of seven new units for the West Wind Motel in McLean has begun. It was announced this week.

Mr. and Mrs. James Lee of Borger announced the arrival of their son, James Paul, July 24. Grandparents are Mrs. O. K. Lee of McLean and Mr. and Mrs. Paul Schull of Clarendon.

Mr. and Mrs. George Reneau honored their daughter, Clara Reneau of Goleta, Calif., with a birthday party Saturday night.

CARD OF THANKS

You'll find out that you have more friends than you know with all the cards you'll get saying "Missing You" and you'll certainly find there's no greater wealth than knowing folks love you and having good health. Thanks for everything.

Lorena Bailey

**Lasso these Food Treats
for your family!**

SHURFINE SLICED OR HALVES

Peaches

NO. 2 1/2 CAN

3 FOR 89¢

**TOP QUALITY MEAT
at BUDGET PRICES**

PRESSED HAM

Luncheon Meat
POUND **59¢**

Cheese
10 OZ. PKG. **59¢**

KRAFT LONGHORN STYLE

SHURFINE - 303 CAN

Tomatoes

2 FOR 45¢

SHURFINE CUT BLUE LAKE - 303 CAN

Green Beans

2 FOR 49¢

SHURFINE CANNED - 12 OZ.

Luncheon Meat

49¢

SHURFINE - 12 OZ.

PEANUT BUTTER

39¢

SHURFINE - 24 OZ.

SALAD OIL

45¢

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- SHEETS
- BASKETBALLS
- SOCKS & HOSIERY
- BOWLS
- FOOTBALLS
- LADIES' SHOES

WHEN YOU SAVE SHURFRESH COUPONS

GELATIN

JELL-O

BOX

10¢

REALEMON - 8 OZ. BOTTLE

LEMON JUICE

25¢

GLADIOLA

Flour

5 LB. BAG

49¢

Save TenderCrust Coupons FOR VALUABLE FREE PRIZES Ask Your Grocer For Prize List

SHURFINE FROZEN

Orange Juice

6 OZ. CAN

5 FOR \$1

ROYAL BELL ASSORTED FLAVORS

Cookies

10 OZ. PKG.

4 FOR \$1

HOME GROWN

Watermelons

BLEACH

Clorox

1/2 GALLON

33¢

IDEAL - TALL CANS

Dog Food

6 FOR

\$1.00

PERSONAL SIZE

Ivory Soap

4 BAR BUNDLE

27¢

CLEANSER - REGULAR SIZE CAN

Comet

2 FOR

29¢

SHURFINE CANNED - 10 OZ.

Soft Drinks

12 FOR

\$1.00

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DOUBLE GUNN BROS. STAMPS EVERY WEDNESDAY
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