## Mules kick Perryton 50-9 to advance

Happy birthday - 106 times Unsure of what to get her grandmother for her
106th birthday, Christina Rude decided to send her 106 cards.
Rude originally wanted them to be postmarked from different towns with "Mary" in their names for her grandma, Mary Akers.
But there didn't seem to beenough towns to get the job done, so she decided to get postmarks from towns with unusual names like Novelty, Mo., Miracle, Ky., Purchase, N.Y., and Best, Texas.

She enlisted the help of family members to get the cards out in time so they would have the unusual or even odd - including Odd, W.Va. -

## postmarks.

Most of the cards arrived in time for Akers' Illinois breeds hog-calling ace Jeff Smith's penchant for calling hogs has made him something of a celebrity: The
Princeville, Ill., man already is the two-time dePrinceville, Ill., man already is the two-time de-
fending champion as Illinois' best hog-caller. But he also fit the bill when the Hardee's restaurant chain was looking for ways to market its new pork sandwich.
His "Hooo-ey! Whoop! Whoop!" proved to be perfect for a commercial set on a farm, where a befuddled farmer's pig call goes unanswered. The pigs are presumably hiding - or have already met their fate as sandwiches. Smith, who runs a $1,50 \mathrm{v}$-acre corn and soybean farm, hasn't become rich from the spots but will receive royalties from the ads.
Postman caught in time
Mail was disappearing from the main post
office in Stuart, Fla., and officials suspected an inside job.
To catch the culprit, a U.S. postal inspector mailed a Cartier watch to a bogus address. But the watch also included an electronic transmitter so watch also included an electro
the package could be tracked.
the package could be tracked.
After the regular mail carrier returned it to the office, postal worker John Bruce Cooper allegedly took the parcel. Authorities said they later tracked the watch beacon to Cooper in his car. Authorities say they found the watch and two credit cardsthat were not his. Cooper was charged with embezzlement of a first-class parcel.

4

Drawing date: Wednesday, Nov. 10 Winning numbers: 03-15-18-30-31-40 Estimated jackpot: $\$ 18$ million Winners:
Estimatving: Saturday, Nov. 13
Estimated jackpot: $\$ 4$ million

On this date in history Nov. $15-$ Zebulon Pike sights the mountain
that is later to be named Pike's Peak (1806). that is later to be named Pike's Peak (1806).
Nov. 16 - Three cars in Brooklyn speed over Nov. 16 - Three cars in Brooklyn speed over
the Ocean Parkway at 60 mph - the first drivers the Ocean Parkway at 60 mph - the first drivers
to achieve such a record (1901). o achieve such a record (190)
Nov. 17 - The Suez Canal in Egypt is opened
$(1869)$.

Mostly sunny and mild conditions can be expected through Tuesday, but turning somewhat colder Sunday night. Highs about 70 Sunday, 74 Monday and 78 Tuesday. Low temperatures should be around 43 Sunday morning, 34 Monday morning and 38 Tuesday morning.

Editor Ronn Smith can be reached at Editor Ronn Smith can be reached at
272-4536 or ctyankee@fivearea.com

## By KEVIN WILSON

Journal Sports Writer
The Mules had wanted a playoff game at Dick Bivins Stadium in Amarillo ever since they scrimmaged there last year.
Friday, they showed just how much they loved to play there by beating the Perryton Rangers 509 in a bi-district.
The Mules capitaliz
fumbles by Perryton. -ere two said.
"Normally, we're the ones who fumble. We took advantage and never looked back," he said Primarily, the advantage was taken by Danny Ramírez. Ramírez scored on touchdown runs of four, two and eight yards to give the Mules a 21 0 lead. All three touchdowns came off of Ranger fumbles.
After a Perryton punt, Ramírez struck again James Barrett hit him with a 41-yard touchdown pass and the Mules were up 27-0 with 3:33 left in
"I can't believe this happened," said Ramírez who had 54 yards on the ground, 41 by the pass and four touchdowns after the first half. Ramírez said it felt like deja vu crossing the end zone so many times so quickly
"Our line did an awesome job," Ramírez said. "Our defense also did great causing those fumbles.'
The Mules started the second quarter with the ball and knew exactly what to do with it again. This time, however, it was Barrett. He scored on an 8 -yard run to finish off a 5 -play, 62 -yard anc


A sea of Mule maniacs reacts as one during Friday's sendoff to the bi-district battle.
nally got a drive going. Matt Appelhans, Perryton's primary back scored on a 4 -yard run to cap a 13-
play drive that took up 5:06. Despite the touchdown, play drive that took up 5:06. Despite the touchdown,
they were still behind 27 and only 30 minutes away
from the end of their season.
The Mule defense was on task all game, allowing only 134 total yards of offense, slightly more than the 108 yards put up by Ramírez alone.
Muleshoe opened up the second half with the ball and took $3: 27$ to start the half off right. Darrell scored on a 14-yard run to give the Mules a 41-0 lead.

The fourth quarter started with the end of Mules possession. Ryan Hodge who went for 7 on extra points, kicked a 39-yard field oal to make the score 41 The next possession for the Rangers was less successful than Hodge s kick. Quarter back Jamie Juárez threw two incomplete passes and Appelhans was stuffed on a fourth

## Sheriff seeking help to identify partial skeleton

By RONN SMITH
Editor

Bailey County Sheriff Coy Plott needs help identifyng a "mystery man."
Clues include that he walked with a limp (because of a bad right leg), that he died 25 to 50 years ago and was 40 to 60 years of age at the time, and was a good-sized black man of 5 feet, 10 inches to 6 feet, 1 inch tall. Several of the man's leg and foot bones were found last spring in a shallow grave in a part of Bailey County Cemetery that was supposed to be unoccupied. The discovery was made at a depth of about 18 inches at the start of digging a new grave. The backhoe operator uncov ered the man's left leg and immediately called Plott's office.
They slowly began digging
have been, but after scraping of considerable soil, they had found nothing.
Eventually they tried digging on the opposite side of the left leg and found part of the right leg. That's when things got bizarre.
The right leg had been amputated below the knee, but not in a conventional surgical manner. A diagram prepared later by a forensics expert shows that the two main leg bones were cut in two at different heights. Notonly that, but Plott said there are saw marks on the bone that indicate an attempt was made to cut the leg, but then the cutter moved to a different place and amputated the leg there.
Plott said he immediately recognized this as something out
"The first thing I did was call the Texas Rangers and say, 'Hold my hand and guide me through this,'" he said.
He said he is expecting the final details any day from Dr Harrell Gill-King of the Labo ratory of Forensic Anthropology at the University of North Texas in Denton.
"The thing about this is, any theory you can come up with, I can shoot holes in it. And any theory I can come up with, you can shoot holes in it," he said. Plott said Friday one theory that seems plausible is that transient or someone passing through was killed here and the body disposed of in the cemetery. Beyond that, the possibilities range all the way to diabetes or some other chronic
problem causin the point where someone was amputating it but the man died as a result, and the person performing the crude surgery just panicked and disposed of the remains.
The leg that seemed to be in the wrong place could have been moved by animals, but that would not explain why no bones from above the legs were found. "If he was not local, I'm sure "e 'l never find out who he was," Plott said. On the other hand, he added, if the man was from the area and walked with a pronounced limp, someone is ing to remember him.
"I'm hoping to get some wide spread publicity about this," Plott said. Later, he mused "Somebody knows something, and I need to hear from them."

## Holiday Madness breaking out

portunity to win a $\$ 1,000$ shopping spree during the Muleshoe Chamber of spmmerce and Agriculture's Holiday Commerce and Agriculture's Holiday Madness '99.

More than 15 Muleshoe merchants are already signed up to participate in the event, which will be held on three special dates during the Christmas shopping season.
Nov. 26 (a Friday), Dec. 4 (a Saturday) and Dec. 18 (also a Saturday) have been designated as Holiday Madness shopping days.
Each participating business will give away a $\$ 50$ gift certificate during the promotion and people who shop with those businesses will have the opportunity to win. Shoppers qualify for each $\$ 25$ they spend at a participating business.
ness.
Everyone who qualifies for the store drawings also will be registered for the

Christmas parade entries Date of event: Dec. 4 Entries due by: Dec. 3 Entry fee per float: \$10 Awards: $\$ 300$ for first, \$150 second, \$50 third More info: 272-4248
$\$ 1,000$ grand prize shopping spree. The $\$ 1,000$ prize will be awarded in the form of Mule Bucks that can be spent at participating businesses. Businesses desiring to participate in the promotion may sign up through Nov. 20.
"The Chamber is conducting this promotion in conjunction with its members to encourage everyone to shop locally during the holidays, as well as
see MADNESS on page 4


Jennyslipper special
Sandra Chancey samples the delicacies Friday during the Muleshoe Jennyslippers' spaghetti feed at the arts and crafts bazaar in Bailey County Coliseum.

## AROUND MULESHOE

'Muleshoe to Mayberry' set
A video trip called "From Muleshoe to Mayberry and Back," will begin at $1: 30$ p.m. Nov. 14 at the 16 th and Avenue Dhurch of Christ
The second and third lessons are scheduled for Nov. 14 and Dec. 5
The series will utilize highlights from "The Andy Griffith Show," one of the best-loved television shows ever produced, which was set in the picturesque town of Mayberry
Though the show has been out of production for many years, the time-tested and lasting values it projected will never go out of style. The classes, open to the public, will introduce Andy, Opie and Barney "and focus again not just on the lessons from Mayberry but lessons from a much more ancient and valuable work, God's written word, said the church's pastor, Curtis Shelburne.
"We're looking forward to a really rewarding and enjoy able 'From Muleshoe to Mayberry' series," he said. "This is a kind of unique thing that we think will not only be a great way to focus on some wonderful, important and biblical values, we think it will be really enjoyable.

School holiday to
Classes in the Muleshoe Independent School District will be dismissed an hour early Nov. 23 for the Thanksgiving holiday, which will run through
The regular schedule will be resumed Nov. 2
Reception to honor Jo Mayhugh
A reception for Jo Mayhugh, retiring Nov. 20 after 25 years with the Muleshoe Indpendent School District, is scheduled for 3:30 p.m. to 5 p.m. Nov. 19 in the district's administration building.

Reception to honor Allgood, Damron
A retirement reception honoring Dr. Homer Allgood and
Sam Damron has been scheduled for 6:30 p.m. Nov. 19 at the Muleshoe Country Club.
The event is open to the public, and a dance will follow. The honorees request no gifts
Lazbuddie seniors schedule meal

Fiesta Luncheon (Mexican pile-on) for 11:30 a.m. to 1:30 p.m. Nov. 14 in the Lazbuddie School Cafeteria.

Prices are $\$ 6$ and $\$ 4$ (for a "lite plate"). The meal includes ossed salad, beans, rice and a homemade dessert
Thanksgiving service scheduled
The annual Community Thanksgiving Service, sponsored by the Bailey County Ministerial Association, is scheduled for 7 p.m. Nov. 21 at Muleshoe's First Assembly of God, 521 S. First St.

Preaching this year will be Steve Clay brook, pastor of New Covenant Church. Ministers from most of the community" churches will be involved.
The public is invited
Mammograms set at hospital
The Women's Center of the Don and Sybil Harrington Cancer Center and Baptist St. Anthony's Health System will conduct a breast-cancer screening clinic Dec. 6 at Muleshoe
rea Medical Center.
Participants will receive alow-cost screening mammogram. Each woman screened will receive a breast health-risk appraisal and individual instruction by a registered nurse in breast self-examination.
Funding is available through the Texas Department Health for residents who qualify
Exams are done by appointment only. Appointments and more information are available by calling (800) 377-4673.

## Correction

A story that began on Page 1 of Thursday's Journal should
have identified Rhett Green as the Mules' player of the week, rather than Rhett Kirby.
nal regrets the error.
Public Calendar
Nov. $15-10$ a.m. Groundbreaking for new Muleshoe Chamber of Commerce and Agriculture office at the Mule Memorial.
7:30 p.m. Athletic Boosters Club, in the science room at the high school.
The deadline for items to appear in Around Muleshoe is 5 p.m. Monday for Thursday's edition and 5 p.m. Thursday fo Sunday's edition. Items may be brought to the office at 304 W Second, mailed to P.O. Box 449, called in to 272-4536 or


## It's still about exercise, healthy diet

SPECIAL TO THE JOURNAL COLLEGE STATION When fad diets make the cover of Time magazine, something is going on. Something big and we' re not just talking waist sizes here.
Diets like the Cabbage Soup Diet and the Grapefruit Diet along with low-carbohydrate diets are sweeping the nation and that has some nutrition experts concerned.
In a nutshell, "fad diets set people up for failure," explained Dr. Jenna Anding, a registered dietitian and nutrition specialist with the Texas Agricultural Extension Ser-

"Many fad diets are so restrictive or boring that people tend to stay on them for only a short period of time. Most fad diets are not healthy and run counter to what long-term research has shown about weight loss.
"For successful long-lasting weight loss to happen, people need to adopt a life-style that includes a healthy diet and regular physical activity," she said.

For example, the high protein/low carbohydrate diets that are the hope of so many dieters can actually be very harmful. Some fad diets are based on the idea that by reducing carbohydrates (sugars), the body is forced to
for energy.
"The problem with this is that some parts of the human body, like the brain, need carbohydrates to function. When you run out of carbohydrate stores, the body initially starts to break down muscle but then switches to body fat for energy. On the surface, this seems like a good thing because it
"Unfortunately, withoutcar ohydrates, the body canno effectively use the fats that are being broken down. As a re sult, these fats are turned into ketone bodies.
As the body tries to use fat for fuel, the level of ketone bodies build up in the blood nd can cause ketosis.
"Ketosis is not a normal state and can lead to some unpleas ant and potentially serious side effects including nausea, diziness, bad breath, headache and dehydration," Anding said. nd dehydration," Anding said On the surface, fad diets may eem to work - but not for the easons many diet gurus claim "In the first week or so, many ad diets appear to work but the weight that is lost is usually water weight. And some people will lose weight, but usually t's because they're taking in

0BITUARY

ELSIE STRICKLAND
Services were held Friday at the Taylor Street Church of Christ in Morton for Elsie "Sally" Strickland, 99, of Morton. Bill Schlaback officited. Burial was in Morton Memorial Cemetery.
Ellis Funeral Homes handled arrangements.
Mrs. Strickland was born Dec. 10, 1899, in Hamilton, Texas. She died Tuesday at Cochran Memorial Hospital in Morton
She married R.C. Strickland on June 20, 1920, in Hamilton He died Aug. 14, 1974. She moved to the Bledsoe area in the fall of 1925. In 1931 she and her husband moved to Morton. She was a member of he Second and Taylor Street Church of Christ, where she taught Sunday school and a la
they're eating less of a certain food group.'
Interestingly enough, one mental health therapist thinks most people know deep down that fad diets don't work.
"I think there is sort of an underlying desire for a quick fix. Losing weight and keeping it off is so difficult - the statistics for keeping it off are not good. Most people say they'll try anything but exercising," said Lauri Baker Brown of the mental health department at Scott and White Clinic.
"Also I think there is an on going separate issue here that many people are overweight due to their emotions. Ninety five percent of women can give you almost a nutritionist's answer on how you can lose weight but aren't doing it."
dies' Bible class. She also wa a chartermember of the Morton 1936 Study Club
She and her husband owned Strickland Cleaners in Morton She is survived by a sister, Meda Smith of Pasadena, Texas; three grandchildren, Randy Strickland, Linda Wray and Vickie Sorrels; four greatgrandchildren, John David Tyson, Jodi McLaughlin, and Chip and Jena Wray; and two great-great-granddaughters, Haley and Lindsay Tyson.
She was preceded in death by a son, Raymond Strickland, in August 1994; a daughter, Pat Mullinax, on Feb. 28, 1999; and a granddaughter, Carrie Ann Tyson, in December 1971. The family suggests memo rials to the American Cancer Society, 3411 73rd St., Lubbock 79423.



The season for ribbon-cutting
Just in time for holiday shopping, this group gathers for the recent ribbon-cutting formally opening Carolyn's Christmas Creations in Muleshoe. The store features many kinds of Christmas decorations and gift ideas. From left are Joe Flores, Chamber President Adrian Meador, Susie Sowder, Sheree Hunt, business owners Buck and Carolyn Johnson, Renae Ratliff, Mayor Robert Montgomery and Sheila Stevenson.

## Moms website offers home network <br> 

Moms Network Exchange and share ideas for building suc
www.momsnetwork.com>, a re
source web site for work-at-home moms, has begun the formation of ocal groups to help women create balance between motherhood and home-based businesses
"We think we're the best resource site on the net for vork-at-home moms, but we al ways wanted to allow moms to influence each other not just onine but in 'real' life. So we're extending the supportive atmophere of our web community t ocal groups across the United States and Canada" said founder Cyndi Webb 38
The groups, called exchanges


HOUSTON - Baylor College f Medicine in Houston is one of 0 U S, laboratories selected by he National Human Gelected by search Institute to map out enetic blueprint to map out
The $\$ 130$ millionnational
hould lead to a better understud g of how human understand g or how human genes work aid Dr. Richard Gibbs, principal inestigator at Baylor, who re ceived a $\$ 22.3$ million, three-year grant for the project
Although the human genome has 46 chromosomes and the mouse has only 21 , both contain about 3 billion base pairs, or carry out various functions.
Determining the sequence in which those base pairs are arranged can help researchers better understand the genetics of how the body develops and how diseases occur.
The base pairs are arranged in a different order in the mouse, but through comparisons to correponding regions of the human genome, researchers can identify base pairs that regulate genes in humans.
Earlier this year, Gibbs received an $\$ 80$ million, five-year grant to sequence three chromosomes on the human genome. But unlike the human genome research, studies of the mouse genome will focus on portions of chromosomes rather than entire chromosomes.

Because a great deal is already known about the mouse from so many years of laboratory research, it would be potentially faster to concentrate on specific areas of the mouse genome, such as re gions where disease-related genes are found on similar areas of human chromosomes," said Gibbs professor of molecular and human genetics
"By comparing human sequences to related mouse sequences, we can identify spe cific base pairs that regulat

Baylor gets grant to study mouse genome
and share ideas for building suc
They'll also hold annual trade shows, family events and charity fund-raisers for the community "We also want to show women how to grow their business on-line and locally, so we'll offer very inexpensivetwo-tofour-page Web to venture on-line," Webb said. To find out if there's a local exchange in your area or to inquire about leading one, visit exchanges.shtml>
exchanges.shtm
The site, created 22 months ago to support mothers of all ages who want to connect with others for on-line members worldwide Among the resources are free Web sites, a barter and discount club, a business directory, e-mail discussion groups, more than 145 message boards, weekly and daily e-mail newsletters, a free on-line auction, a printed business directory, a banner ad exchange work-at-home resources, a bookstore, a webring, weekly columns, contests, free site submission to search engines and more.
"Our site offers literally every thing a woman needs to promote her business, connect with other women, learn about marketing, taxes, balancing home, family and business and more," Webb ex-

The goal is to compare a draft of the mouse genome by 2003 and fine-tuned version by 2005. Baylor will hire nearly 50 researchers and purchase more DNA-sequencing instruments for the mouse genome proje
Dr. Allan Bradley, Baylor professor of molecular and human genetics and a Howard Hughes Medical Institute investigator, will serve as co-principal investiga-

## $\mathrm{H}^{\text {OSprtan News }}$

Muleshoe Area Medical Cen-
ter reported the following patient list:
Nov. 5 - Lewis Foster, baby Nancy Friesen, Maria Friesen, Justin D. Helton, Blanche F. Lenderson, Monica C. Loera, Angelica Muñiz and Rosemary Rangel.
Nov. 6 - José M. Barrios, Annie Chávez, LewisFoster, baby Nancy Friesen, MariaFriesen, Justin D. Helton, Blanche F. Lenderson, Monica C. Loera, Don C. McDonald, Angelica Muñiz and Rosemary Rangel.
Nov. 7 - José M. Barrios Annie Chávez, Blanche F trie Chavez, Blanche Nov. 8 - Cornelius W. Bradshaw, AnnieChávez, Carolyn

Other institutions awarded mouse genome grants were Washington University School of Medicine, the Whitehead Insti tute for Biomedical Research, the researchinstitute, Genome Therapeutics Corp., Oklahoma University, Cold Spring Harbor Laboratory, Albert Einstein Col lege of Medicine, University of Utah and The Institute for Ge nomic Research.

Coffman, Dezrae Contreras, Joline Franklin, Blanche F Lenderson and Ottilie Wisian.
Nov. 9 - Barbara Beall Cornelius W. Bradshaw, Annie Chávez, Carolyn Coffman, Dezrae Contreras, Joline Franklin, Blanche F. Lenderson and Ottilie Wisian.
Nov. 10 - Melissa Aguirre, Barbara Beall, Cornelius W. Bradshaw, Annie Chávez Carolyn Coffman, Dezra Contreras, Tajenai M. Dunn Nancy Kidd and Ottilie Wisian. Nov. 11 - Meslissa Aguirre, Barbara Beall, Cornelius W Bradshaw, Carolyn Coffman, Tajenai M. Dunn, Nancy Kidd Beul) Mi Des Kid Beulah Mimms, Larry Rasco and Ottilie Wisian


Art students exhibit work on campus

Bruce DeFoor's advanced painting class at Clovis Community College has an exhibit on display in the school's Windows Gallery through Dec. 10 . The show,titled "Reflections of the Masters," consists of student reproductions of paintings by famous artists.
According to DeFoor, each student copied a painting by their favonte artist or by an artist whohas influenced them. Students in the show include Mary Kay Todd (who copied Edgar Degas), Linda McAllen (Jennifer Markes), Guillermo Gonzales (Zoltan Szabo), Sandra Chancey (Henriette Wyeth) and Leona Hughes (Winslow Homer)
Also Pearl Tivis (Mitchel Tolle), Karen Holland (with an original), Betty Ward (Penni Anne Cross), Shirley de Maio (J.E.H. McDonald), Joyce Hurst (James Wyeth) and Vicky Kendall (Henriette Wyeth). Also Pat Weekley (Helen Van Wyk), Sondra Forrest (Mary Cassatt), Merrily Cage (Kevin Macpherson), Phyllis Hardesty (Georgia O'Keeffe) and Joy Pattison (Henriette
Wyeth).
The object of the reproductions was to allow each student to assimilate techniques and stylistic approaches that contributed to their mentor's success.

## L <br> ETTER TO EDITOR

Dog attack
A week ago Saurday moming fying things in my life.
As I was walking my little dog, Pepper, a little girl and a huge great Dane startedtoward us. When he dog saw Pepper, he ran toward Pepper, picked her up like a rag doll and slung her in the air, biting her several times.
As soon as Pepper could ge loose, she ran home. The doctor did all he could do, but I lost Pepper on Tuesday morning.
Please, if you own this dog, do not let him on the streets - the next time, this could be someone child.

NANCY BARNHILL

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Muleshoe


## MADNESS

from page 1
to bring others to Muleshoe to shop," chamber manager Pam McCaul said.
Businesses signedupte par ticipate include Williams Ath letics, Joe's Boot Shop and Country Junction, Fry and Cox True Value Hardware, Beall's, McDonald's, Carolyn's Creations, Antiques and Fine Things, Muleshoe Feed Barn, Leal's, James Crane Tire Sheree's Attic, ArtLoft, United Supermarkets, Lowe's Super markets, Dairy Queen ar Harvey Bass Appliance.
Watch the Muleshoe Jour nal for more about the promoion, participating mem and times for drawings For more information, conact McCaul at 272-4248 Lavon Hunt at 272-7504; Sheree Hunt at 272-3459; or Susie Sowder at 272-5589.

MULES
from page 1
Jesús Tobar led the way for the Mules on their drive. His ran four times for 20 yards, but the biggest runs were made by Jesse Reyes.
After a holding penalty put the Mules back on their own 40 , Reyes took the ball to the Ranger 3. Two plays later, he finished the job.
Huwever, special teams could not finish the job. Hodge's extra point attempt was blocked by Jimmy Harper. Harper ran the ball back the length of the field for a safety, which made the score 50-9. wo more drives proved meaningless for the Rangers, and the clock finally ran out on their season.
"We got a good old country butt-whuppin'," Rangers head coach Gary Newcomb said. Newcomb said he was im-


Selected as player of the week against Cooper was Shett Green (left), while Jesse Reyes won the Slobberknocker Award and Lucio Soto was cited for his sportsmanship.
pressed with the Mules defense and thinks the team has achance o go very far in the playoffs. "The way they play defense, you always have a chance," Newcomb said.

## Mike Hanna

Service Manager


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Follow the Fortunes of the Muleshoe Mules in the Bailey County Journal - 272-4536

## AROUND THE AREA

Rowton's ex-cellmate sues county
A former cellmate of Eddie Rowton, 'he accused killer of 5-year-old Shawnlee Perry of Ear:h, is suing Lamb County for nearly $\$ 1$ million.
The lawsuit alleges negligence on the part of the county in allowing Rowton to rape the plaintiff while they were both in jail in Littlefield. A jury has acquitted Rowton of aggravated sexual assault in the case; Rowton said the sex was consensual.
Rowton is being heid in the Ector County Detention Center in Odessa awaiting trial in Shawnlee's death. Jury selection began last week.
Nail technician program set
Clovis Community College has scheduled a nail technician course for $5: 30$ p.m. to $9: 15$ p.m. (Mountain time) Mondays through Thursdays during the spring semester
Students in the planned program would take classes in mani
cure/pedicure, sterilization, salon management and clinic
Anyone interested who has not atended the college needs to fill out an application for admission and an application for the night nail program. The class must have 14 students sign up in order to become a reality.
More information is available by calling (505) 769-4936. Breeder school scheduled
American Breeders Service will offer a four-day artificial insemination and pregnancy determination school Dec. 7-10 in Big Spring.
Participants will receive daily hands-on training with live cattle. Each morning will be devoted to classroom instruction and discussion. Topics will include cow and heifer management, nutrition, sire selection, and heat detection and synchronization.

Preregistration and a $\$ 150$ depesit are required by Dec. 1 .
The total cost will be $\$ 250$ for artificial insemination only or $\$ 550$
tion.
Anyone who has previously taken artificial insemination may register for pregnancy determination for $\$ 300$.
Pre-registration or more information may be obtained by contacting Max Payneat (806) $744-0613$ or Route 7, Box 909 Lubbock 79401 or by e-mail at mpayne@odsy.net.

## Olton show seeking vendors

Vendors are being sought for the Olton Young Homemakers* annual Sandhills Arts and Crafts Show, scheduled for Nov. 27. Booths rent for $\$ 25$ each for an $8 \times 10$ foot space.
More information is available by calling Paula Allcorn at (806) 285-306?

Miss Brownfield pageant seeks entries Area young women who are interested in competing for the
title of Miss Brownfield are being encouraged to enter the pageant.
Competition will be held Dec. 4 in the Brownfield Middle School Auditorium. The next Miss Brownfield will win a $\$ 250$ cash scholarship, $\$ 250$ wardrobe fund, an official Miss America local crown, and a paid trip to the Miss Texas pageant in July to represent Brownfield.
The Teen Miss Brownfield scholarship pageant (for girls ages 13 to 17) will be held in conjunction with the Miss Brownfield pageant. The Teen Miss winner will advance to the Teen Miss Texas competition in Fort Worth next July.

The Little Miss Brownfield pageant, for babies and youth fro across the South Plains, is held as a fund-raiser for the Miss Brownfield pageant.

Contestants do not have to be from Brownfield.
More information is available by calling (806) 637-8130 or (806) 784-0029.

The deadline for Around the Area is 5 p.m. Monday for Thursday's edition and 5 p.m. Thursday for Sunday's edition. Items may be brought to the office at 304 W . Sccond, mailed to P.O. Box 449, called in to 272-4536 or faxed to 272-3567.

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My special day
Adriana Guerra, a recent student of the week at Dillman kindergarten, performs like a professional model headbirthday" $T$-shirt. She is in Rosemary Lowe's class.

Pilot study to test therapy for bladder over activity

HOUSTON - A new time
incontinence, a sudden and invol lease method for delivering medication to control an overactive bladder is the subject of a pilot study beginning this month at Baylor College of Medicine in Houston. The new system, which administers medication directly in
the bladder, will eliminate many of the side affects of traditional oral medications, said Dr. Timothy Boone, associa
"Bladder over activity is a seri-
ous condition. It limits what you can do and, since it can contribute serious impact on quality of life," he said.
Individuals with overactive bladders have symptoms that inIn the new alternate delivery method, a balloon is inserted into the bladder and loaded with oxybutynin, one of the most common drugs for overactive bladder. The balloon releases the medication at specific intervals. It remains in the bladder for a month, then is removed.
It's a relatively minor proce-
in the office in less than 10 min utes," Boone said.
The pilot study, which will be onducted at the Urology Institute The Methodist Hospital, will be the first study of this delivery sys tem in the country
If this method works, we could use it for other things, like chemo therapy for bladder cancer and for

## Texas suing Publishers Clearing House

SPECIAL TO THE JOURNAL

AUSTIN - Texas Attorney
General John Cornyn filed a lawsuit Oct. 18 against Publishers Clearing House for violations of the Texas Deceptive Trade Prac-

The lawsuit alleges that the weepstakes company made a vahrough mail-order solicitations designed to deprive money prima-
ly from elderly recipients. rotection from those who would ry to take advantage of them,"
"By taking legal action,I hop o bring to an end the clearly illegal practices Publishers Clearing House has engaged in," Cornyn

According to the lawsuit
Publishers Clearing House developed a cycle of illegal acts designed to reinforce one another - Victims, who are dispropor-
tionately seniors, are lured into believing they will win if they re spondtothe solicitation in atimely manner.
Professor says plain walking is great exercise

COLLEGE STATION senior citizens often just talk the -but what they really need studies have cited the benefits of walking as one of the best forms exercise for aging adults. atically and be worth while for lifetime, said a Texas A\&M Unipractices what he preaches. Jack Wilmore, head of the health and kinesiology department and an avid runner/walker/workout enthusiast, said the benefits of "It is undisputed that walking ood for you It's scientifically and medically pren "Wilm and medically proven, Wilmore least 20 years. The benefits from walking are the same as for other types of exercise, in that you get aerobic and cardiovascular workour you improve your conditioning, muscle tone and circulation," he said.
stamina can increase your mera, which can carry over into other areas of your life," he added. Winore, who runs or walks 25 miles each week and is the author of Physiology of Sport and Exercise, a recently released book dealing with all phases of exercise and human performance, says the hidden benefits of walking may be the best benefits of all

$\qquad$
ing an order for advertised items may enhance the chances of winning.

- Those who place orders re claiming the victim is closer and closer to winning and that additional orders will help cement their multi-millionaire status. By concentrating on those cus to $\$ 20.000$ or more each year in hopes of winning, Publishers
Clearing House has taken millions of dollars from Texas consumers. the lawsuit alleges.
The lawsuit asks a state district
Faith Makes the Difference in a Time of Tragedy

manent injunction requiring the
company to discontinue certain marketing practices in Texas and for civil penalties to be paid to the state of up to $\$ 10,000$ per viola-
tions.
Under the terms of the injunction, Publishers Clearing House also would be required to provide restiution to consumers identified

Other states have filed similar lawsuits against Publishers Clear-

## ing House. Those include Missouri, Michigan, Wisconsin,

 Mlorida, Michigan, Wisconsin diana and Washington.Voter registration rises
Voter registration totals in-
creased slightly between January 1999 and this month, according to updated information from county election officials.
A count of registered voters taken in anticipation of the Nov. 2 onstitutional amendment elec registration count of $11,405,562$ That figure represents 80 percen of the voting age population in
Texas. ter registration in January
he voting age population in Texa Codeine scammers beware Officials at the Texas Commis sion on Alcohol and Drug Abuse recently have alerted doctors and pharmacists about scams to obtain odeine cough syrup to get high. Users with insurance or Medic aid have learned which symptom describe to get cough syrup.
More firms cleaning up The Texas Natural Resourc Conservation Commission rere members of 200 firms tha 2000 for progress in reducing po 000 for progress in reducing po Iution across the state
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## FOOTBALL CONTEST

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## - RULES.

而cle your choice as the winning team in each of the 18 games below.
The entry with the most correct selections will win. In the event of a tie, the entry which picks the closest to the actual tie breaker score will win.
Entries may be mailed to Muleshoe Journal, P.O. Box 449, Muleshoe, TX 79347 or dropped off at the office during business hours (8:30-5:00). Please mark the Entries for this week's contest must Mule NOV. 19, 1999. Muleshoe Journal e

Decision of the judges will be final.
$1^{\text {ST }}$ PLACE $\$ 25$ $2^{\text {ND }}$ PLACE $\$ 15$ $3^{\text {RD }}$ PLACE $\$ 10$

## TIE BREAKER

DALLAS AT ARIZONA
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Class makes doll blankets for charity
Members of Lazbuddie High School's personal and family development class recently completed doll blankets to send to the Eveline Rivers Christmas Toy Drive in Amarillo. A thousand doll blankets were needed, and each member of the class completed one. Blanket makers include (back row, from left) Britney Brakebill, Michelle Puckett, Eric Fabric for the project was donated by Gloria Herington.

Rebekah news
Noble Grand June Green called Muleshoe Rebekah Lodge No. 114 to order at 7:30 Chaplain Ruby Green gave the opening prayer, escorted by Past Noble Grand Berni Mats. Secretary Patsy Cherni Mart Secretary Patsy Chance called swering. The minutes of an swering. The minutes of the previousm
Treasurer Joyeline Coster gave the financial report and it It was reported McGonagill. Ged that Linda Ayers and Teri Kopt were not feeling well, and Marts will need exercise program.
Marts also has a new grandson, Bradley Aarron, born Nov, 5 in Wyoming.
He weighed 7 Dounds. 2
ounces and was $211 / 2$ inches

## Our veterans deserve a day of respect

(EDITOR'S NOTE: This is a column on Veterans Day by

column on Veterans Day by
Texas LL. Gov. Rick Perry. It was not received in time for Thursday's Veterans Day ediworthwhile to run even though
it is late.) Each year on Nov 11
America celebrates Veterans' Day, remembering millions of heroes who served this nation often in faraway lan
der extreme duress.
In the current era of relativ peace and prosperity, it is easy to forget that the 20th century has witnessed more devastation and loss of life due to tyranny than any century that prece led

America has been centerstage in combating tyrants this century. We have sent ouryoung into battle and hostile situations in foreign lands by the thousands, hundreds of thousands, and even millions, time after time. Too many of those brave heroes never came home, leaving loved ones and friends with feelings of irreplaceable loss.
My father, Ray Perry, was
fortunate to survive. He was a tail-gunner, flying missions over Germany as Allied force fought their way
man heartland.
He, like many of his fellow soldiers, viewed his involve mentas a service to his country not as a heroic act. Yet like many soldiers, sailors and airmen in battle, he approache each mission not knowing whether it would be his last. He
was only 19 .
The millions of ordinary he roes who fought for our nation
kept America free and strong. kept America free and strong.
They helped export freedom and democracy to a world hungering for it during this century
As historian Stephen
Ambrose wrote inhis acclaimed book, Citizen Soldiers ""A the core, the American citizen sol diers knew the difference between right and wrong, and they didn't want to live in a
world in which wrong prevailed. So they fought, and won, and
we all of us. living and yet to be we all of us, living and yet to be born, must be profoundly grate
profound debt of gratitude and
that's what Veterans Day is all that's what Veterans Day is all
about. It's a time to remember that freedom is only truly pre cious to those willing to sacrifice all to preserve it; to remember died to preserve our freedom died to preserve our freedon
and remember that war and ty anny can rear their ugly heads when we take peace and freedom for granted.
tranced by present-day peace tranced by present-day peace
we forgetevil stillexists around we forget evil still exists around
the globe. In I899, when the world approached a new ce tury, few could have foretold world wars, a holocaust that claimed millions of lives, and spreading across the globe
Today, at the dawn of the new millennium, we are rightto The wortimistic about the future. The world is a better and safer place thanks to the sacrifices of
America and our allied nations. The song of freedom written in the hearts and minds of hundreds of miltions of Americans is now being sung in corners of
the world where it had been

## TENNYSLIPPER NEWS

The Jennyslippers met Nov. 9 at the Carrousel restaurant. President Ruby Green called the meeting to order and lead the opening prayer
The minutes and treasurer's proved.
Many business items wer discussed. Billie Downing gave a report on the Crane Fest and Gail Hargrove gave a financial report on it. Donna Kirk asked how much charge for the badges she had made for Crane Fest workers. It was decided to donate the badges.
A discussion on when to turn off the electricity at the Mule-Putt course resulted in a decision to leave it on for the time being
Alene Bryant gave a repor on where the sign for the gar den spot was and that it was ready to be stored at the min iature golf course.
Downing, who was in charge of the spaghetti dinner at the bazaar Nov. 12-13 passed out a duty sheet.
Green appointed Vivian White, Doris Wedel and Thursie Reid to a committec to nominate officers for 2000 After a discussion, the Jennyslippers decided to make a float to enter in the Christ mas parade

Members present were Bruton, Joyeline Costen, Bryant, Downing, Green, Bobbie Harrison, Sylvia Lira, Hargrove, Kirk, Reid, Wedel, Susie Pierce and Joy WillWhite, Diana Bermea Pegoie

stifled for centuries. We must
never forget that song was writ-
ten in the blood of out herous.
They were our sons daughters, fathers and mothers. Their dreams went unfulfilled so that ours could one day be
realized. This Veterans Day, the last
one of the 20 th century ber the young Americans who fought, died and cared for the zenfoxholes in swampy iungles and on the high seas for you and me. the battles of the past are bound
and determined to prevent them and determin
in the future

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Employee of the month
Gathered to honor Bailey County Coliseum Manager Kevin Smith as the Muleshoe Chamber of Commerce's employee of the month are Sheila Stevenson, Joe Flores, Kevin Smith and Chuck Smith.

BI
PATEL
Jay and Julie Patel of Friona are the parents of a son, Trushar JitendraPatel, born at 4:22 a.m.

He weighed 8 pounds.
He has one sibling, Sajal. Grandparents are Nagin and Dhani Patel of Muleshoe and Thakor and Shanta Patel of Richmond, Va
Great-grandparents are $C$ and Ganga Patel of India.

## SENA

Joe and Francisca Sena of Muleshoe are the parents of a daughter, Shayla Marie Sena, born at 8:05 a.m. Nov. 2 at Lamb Healthcare Center in Littlefield.

She weighed 6 pounds, 15

## Diabetes can be linked to high blood pressure

Eating foods with less fat keeps ketchup, crackers, biscuits, TV your heart and blood vessels healthier and helps you lose weight.
Some foods are very low in fat. Among them are chicken turkey, fish, skim milk, veg etables, pasta and dried beans Before you cook andeat your meat, trim off all the fat. Eating foods with less salt and sodium also can help you keep yourblood pressure down. Fresh foods are goodchoices - fresh vegetables like corn, beans or peas; fresh meat like chicken, turkey and fish. Canned foods labeled "n salt" or "low sodium" are also good. Examplesthat are readily available are vegetables ketchup and tomatoes. Eating food with a lot of salt can make your blood pressure go up - and remember that salt does come from just you shaker. It is in many prepared foods that you may eat every day, such as potato chips, pret-
zeis, lunch meats (such
$\qquad$

2
milk.
Lanch - Ham and cheese sandwich, pork and beans, green salad, muxed fruit and

## milk.

Breakfast-Cutie pie, fruit r juice and milk.
Lunch - Frito pie, lettuce and tomatoes, ranch-style beans, sliced peaches and milk. Nov. 18
Breakfast - French toast sticks, fruit or juice and milk. Lunch-Turkey and dresson mashed potatoes with gravy, green beans, fruit salad, hot roll and milk. Nov. 19
Breakfast - Scrambled eggs with toast, fruit or juice, and milk.
Lunch
Lanch - Hamburger, let uce and tomatoes, french fries, applesauce and milk. THREE WAY
Nov. 15
Breakfast - Waffles, sau sage, assorted cereal, graham cracker, juice and milk. Lunch - Chicken tacocasserole, corn, green salad, crackers, chocolate cake and milk.

Nov. 16
Breakfast - Cinnamon rolls, Canadian bacon, assorted cereal, graham crackers, juice and milk.
Lunch-Mega-pizza, green beans, tossed salad, peanut buttercookies, icecreamandmilk.

Nov. 17
Breakfast - Breakfast burrito, salsa, assorted cereal.

## baking soda.

There are other foods that may have salt "hidden" in them in the form of sodium. Sodium is the part of salt that can make your blood pressure go up. It is found in many canned foods such as canned or frozen dinners; sauerkraut; chili; olives and pickles; bouillon cubes; salad dressing: celery, onion and garlic salts; chili sauce barbecue sauce; muffins; soup starters; and canned and packaged soups.
Sodiumalsoisin many medicines and home remedies such as bicarbonate of soda (baking soda). The important thing is for you to thing for you to choose foods and medicines that are low in salt and sodium. Read the labels! Another thing you can do to keep yourblood pressure down is relax: Stress can cause blood
grahamcracker, juice and milk. Lunch-Chili dogs, potato
wedges, vegetable wedges, vegetable sticks, whipped topping and milk. Nov. 18 Breakfast - Biscuit with gravy, sausage, assortedcereal, grahamcracker, juice and milk. Lunch - Chicken patty sandwich french fries, lettuce and tomatoes, pickles and onions, fruit cocktail and milk. Nov. 19

## Breakfast - ,Breakfast

 pockets, salsa, assorted cereal, graham crackers, juice and milk.Lumeh - Turkey and dressing, giblet gravy, choice of potato, green peas, Waldorf salad, holiday pie and milk. LAZBUDDIE Nov. 15 Lunch - Pizza, sub sandwiches, Swiss steak (PK-1), green beans, rice, squash, fruit salad, Jell-O and milk.

Nov. 16
Lunch - Burritos, tuna sandwiches, burritos (PK-1), beef tamale pie, Spanish rice, beans, hominy,fruit, salad, JellO and milk.
unch-Pizza, egg rolls, chickennuggets(PK-1),augratin potatoes, carrots, spinach, fruit salad, Jell-O and milk.

Nov. 18
Lanch-Hamburgers (PK1), Tater Tots, baked beans, fruit salad, Jell-O and milk. Nov. 19
Lunch - Thanksgiving dinner. milk.
doing; find ways to relax.

Other thingsthat affect blood

## pressure include

Smoking, which narrows your blood vessels and makes your heart work harder. As a diabetic with high blood pressure, smoking may cause you to develop more problems;

- Alcohol, which not only
causes your blood pressure to
goupbut alsocauses your blood sugar torise. Drink liquids with no alcohol:
- Caffeine, which makes you
tense and, in turn, cause your blood pressure to rise. Caffeine is in regular coffee, tea, cola drinks, chocolate and some medications. Ingest fewer foods containing caffeine-read labels and look for decaffeinated coffee, tea and soft drinks.
More information on co
trolling stress, eating habits or
smoking is available by con-
tacting the Extension office at



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| OOK TODAY! APPROX. 4,800 shop plus | of commercial bldg. w/loading dock, $3,400^{\circ}$ warehouse! $2,800^{\circ}$ runway!! |
|  |  |
|  | -LONGViEW - GOOD Dryland L abor, fully alloted, Pli |
|  |  |
| - NICE 26 UNIT MOTELL, Priced to Sell! Call for deails! | grasses \& 35 acres wheat. $\$ 475.00$ per acre. EA RTH (Hie Park Add) 3 bdrm 2hath" Call (or Detilist |
|  |  |



PRICES EFFECTIVE NOVEMBER 10-16, 1999

X-TRA SAVINGS PA
PACKER TRIM
BEEF BRISKET .................................... LB $87^{\circ}$
$X$-TRA SAVINGS PAK
BONE-IN
SPLIT FRYER BREAST ................ LB 87
X-TRA SAVINGS P
EEEF BONELESS $\qquad$ s149
SMALL PACK BEEF BONELESS
CHUCK ROAST ................................... $\$ \mathbf{1 6 9}$
CHUCK ROAST
BEEF BONELESS
CHUCK STEAK $\qquad$
CHUCK EYE STEAK $\qquad$ s179 s2 $\mathbf{2}^{99}$
CHEF BONELESS CHER ROAST .......... LB ${ }^{\text {S }} 179$
GROUND CHUCK $\qquad$ s159
GROUND CHUCK
BEEF CHILI MEAT $\qquad$ s179

BEEF STEW MEAT $\qquad$ \$199

MARKET TRIMMED
WHOLE BEEF BRISKET $\qquad$ s139

SLICED BEEF BRISKET $\qquad$ \$199

TURKEY DRUMSTICKS OR TURKEY TAILS $49{ }^{\text {c }}$CHICKEN BREASTS
$\qquad$ s2 ${ }^{29}$
CHICKEN BREASTS
WHOLE SMOKED TURKE S149 BUFFALO WINGS $\qquad$ LB $\mathbf{S}^{59}$

ASADO OR CARNE ADOVAD
BONELESS PORK s $\$ 169$

ONE IN ASSORTED
PORK CHOPS $\qquad$ LB $\$ 119$

PORK SPARE RIBS

## PORK SPARE RIBS <br> $\qquad$

 MARKET MADE CHORIZOFARM RAISED$\qquad$CATFISH NUGGETSOR BREADED FISHSTICKS OR PORTIONS ${ }^{-8} 1^{49}$
DECKER BACON

$\qquad$ ..... 2/53
PITT HAM
$\qquad$ .................... LB $\mathbf{2}^{59}$ SPIRAL SLICED HICKORY SMOKED WITH HONEY HAM GLAZE DECKER HALF HAM $\qquad$ s199
PEPPERONI© $89^{\text {¢ }}$
COOKED HAMSMOKED WHITE TURKEY
OR OVEN ROASTED
WHITE TURKEYEF
CACloue pork or beeK OR BE 16 oz. $\mathbf{s}^{39}$
Horizo
Horizo69

$\qquad$
MEAT FRANKS
99 ${ }^{\text { }}$
MEAT BOLOGNA

$\qquad$
${ }^{5} 1^{39}$
SMOKED SAUSAGE.
s499
SIICED HAM
FRANKS OR BOLOGNA ..... 2/53
chorizo ..... s199
CORN DOGS ..... ${ }^{8} 99^{\text { }}$
MAMA ROSA'S PIZZA

$\qquad$ ..... ${ }^{\mathbf{s}} \mathbf{2}^{59}$
PORK SAUSAGE ..... ${ }^{5} 1^{99}$
PORK SAUSAGE .....  2 LB. ROLL $\$ \mathbf{2}^{89}$
Made-for-Meat Products

| elhorno | ramirez |
| :---: | :---: |
| FLOUR TORTILLAS ........... 10 ct . $\mathbf{8 9}^{\text {¢ }}$ | MASA DOUGH ............... 5 LB. BAG $\mathbf{5 1}^{99}$ |
| HOT ORMLD RED CHILI PODS |  |
| FORTAMALES |  |
| CORN HUSKS .................... $602.99^{\text {¢ }}$ | HOMINY .................... 111 OZ CAN |

PRODUGE
NEW CROP CALIFORNIANAVEL ORANGESㄴ $3 /{ }^{\text {s }} 4$
RED DELICIOUS APPLES ..... 3/54
RED GRAPEFRUIT ..... 3/54
JEWEL GREE ..... 8/51
tangy Juicy
6/s1
LEMONS
8/51
ROMA TOMATOESSNO-WHITE$98^{8}$MUSHROOMS
$3 /{ }^{1} 1$
CELLO CARROTS

$\qquad$
2/88 ${ }^{\text {c }}$
BELI PEPPERS
$\qquad$
oz. $2 /^{\text {s }} 3$
SPECIAL BLENDS SALADCOCA-COLA, SPRITEOR DR. PEPPER

## BEAN DI

## OZ. CAN 2/\$4

FRITOS® OR CHEE-TOS $®$.... SALE 2/\$3 24 CT. MEDIUM, 18 CT. LARGE OR 16 CT. EXTRA LARGE
"CUDDLES" DIAPERS $\qquad$ GRAPE, RED PLUM OR APPLE BLACKBURN'S JELLY ..... 18 Oz. JAR 99 ${ }^{\text {¢ }}$ ASSORTED FLAVORS
LOWE'S SOFT DRINKS ... 3 LITER BTL $\mathbf{8 8}^{\boldsymbol{\phi}}$ NON-FOOD SAVINGS WINDSHIELD WIPER FLUID NON-FOOD SAVINGS

## QUAKER STAT

ANTIFREEZE
AND COOLANT $\qquad$ REFRESHING
FRUITOPIA DRINKS
.......4PK.-20 Oz. $\mathbf{2}^{99}$

COCA-COLA SPRITE OR SPRIEPPER DR. PEPPER

3 LITER BTL.
$4 . \$ 5$


## FROZEN \& DAIRY

ASSORTED BANQUET
POT PIES
$3 / 99^{\text {c }}$

## ASSORTED BLUE BUNNY

ICE CREAM
OR HI LITE ..................... 1/2 GAL. SQ. 2/\$5
CURLEY QQa's, TATER BABIES OR FAITA FRIES
INLAND VALLEY FRIES ....... 32 oz. $2 / \$ 3$
INLAND VALLEY FRIES...... 32 oz
WHIPPED TOPPING ................ 8 oz. 99
BAKE AND SERVE PIES ....... 37 OZ . ${ }^{\mathbf{A}} \mathbf{2}^{99}$
STRAWBERRY/CHOCOLATE
SUNDAE OR ORIGINAL CRUNCH
BLUE BUNNY
CRUNCH BARS
\$199
FRESCHETTA PIZZA ..... 26.8-30.7 OZ. $\mathbf{S}^{\mathbf{4 9 9}}$
IMPERIAL QUARTERS ......... $16 \mathrm{oz} .2 / \$$
IMPERIAL SPREAD........... 48 oz. TUB $\$ 11$
KRAFT ORIGINAL OR $1 / 3$ LESS FAT
PHILADELPHIA
CREAM CHEESE
\%z. $99^{\text {c }}$
GRANDS! BISCUITS ...... 16.3-17.3 oz. 99 ${ }^{\text {¢ }}$

## HEALTH \& BEAUTY

SHAMPOO OR
CONDITIONER
$79^{\circ}$
SHAMPOO OR
CONDITIONER
FRESH OR ACTIVE RIGHT GUARD GEL
ANTIPERSPIRANT.......... 40Z. TUBE $\$ \mathbf{2 6 9}$

BORDEN'S SALTED OR
ROASTED PEANUTS ............... 1 LB 2/\$3
REGULARHOT NO BEANS OR REGULAR WIBEANS
HORMEL CHILI............... 19 OZ. CAN $99^{\star}$
HORMEL CHILI .................190Z. CAN 99
ASSORTEDNHITE SOFTN GENTLE
BATH TISSUE ................ 4 ROLL PKG $5 \mathbf{5 9}^{\boldsymbol{}}$
ASSORTED NABISCO PREMIUM
SALTINE CRACKERS ....... $15-16 \mathrm{oz} .3 / \$ 4$
ASSORTED SMACK
RAMEN NOODLES ......... $30 Z$. PKG $10 / \$ 1$
FAT FREE CEREAL
POST TOASTIES ............... 18 Oz. BOX $99^{\text {¢ }}$
ASSORTED SUPER MOIST
BETTY CROCKER
CAKE MIXES .............. 18-18.25 OZ. Box $77^{〔}$
ASSORTED READY TO SERVV BETTY CROCKER
FROSTING
FROSTING ......................... $12-16$ OZ. $\mathbf{1}^{39}$
CHOCOLATE CHIPS .............. 12 Oz. 99 $^{\text {B }}$
BAKER'S ANGEL $\quad$ FLAKED COCONUT ................ 14 oz . $\$ 149$
ASSORTED REGULAR OR SUGAR FREE
ASSORTED REGULAR OR SUGAR FREE
ASSORTED • REGULAR/SUGAR FREE

- REGULAR/SUGAR FREE INSTANT

JELL-O PUDDING ...........
CORN, MULTI-BRAN, RICE OR WHEAT
GENERAL MILLS .............. 12-16 oz. 2/\$5
ORIGINAL, CORNBREAD OR HERB
MRS. CUBBISON'S
DRESSING .......................... 10-12 OZ. 2/\$3
LUNCHEONLOAF
ARMOUR TREET .............. 12 OZ. CAN $99^{6}$

## SUNNY

VANILLA CREMES COOKIES .. $32 \mathrm{oz} .2 / \$ 3$
SHURFINE DELUXE
SHELLS \& CHEDDAR DINNER .. $120 z$. $99^{\text {¢ }}$

