

# THE BORDEN STAR

VOLUME XXVIII

June 16, 1999

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

## POW Alert ... Help Needed

If you are a former Prisoner of War (POW), or know one who lives in your town, or anywhere in West Texas, please contact the VA Medical Center in Big Spring. The VA has several programs that directly benefit former Prisoners of War. Also, there are programs that possibly benefit the widows, past and present, of former POWs.

Big Spring VA Medical Center maintains a master list of all known former POW's. There are 111 former POW's listed. Potentially there are 50 or 60 who may live in one of the 48 counties served by Big Spring who are not known to Big Spring VAMC.

John Webb is the POW Coordinator at Big Spring VAMC. Please call him or Beverly Averitt toll free at 1-800-472-1365. Ext. 7040.

There are in West Texas 3 Chapters of the American Ex-Prisoner of War Association. If you prefer, please contact any member of that organization.

If you are a former Prisoner of War (POW), or know one who lives in your town, or anywhere in West Texas, please contact the VA Medical Center in Big Spring. The VA has several programs that

directly benefit former Prisoners of War. Also, there are programs that possibly benefit the widows, past and present, of former POWs.

Big Spring VA Medical Center maintains a master list of all known former POW's. There are 111 former POW's listed. Potentially there are 50 or 60 who may live in one of the 48 counties served by Big Spring who are not known to Big Spring VAMC.

John Webb is the POW Coordinator at Big Spring VAMC. Please call him or

## Spring College Graduates complete degrees

Three students with Borden County connections graduated this spring from Texas universities.

Two 1994 BHS grads earned their degrees. **Mendy Hensley Briley**, daughter of Kenny and Carla Hensley of the Plains Community, finished her education at Texas Tech University with a BA degree in psychology.

**Richard Buchanan**, son of Bob and Terri Buchanan, will graduate from Angelo State University with a BS degree in kinesiology and

Beverly Averitt toll free at 1-800-472-1365. Ext. 7040.

There are in West Texas 3 Chapters of the American Ex-Prisoner of War Association. If you prefer, please contact any member of that organization.

## News Needed

The Borden Star needs your news. Please send us any travels, visitors, illnesses or any activity that might help make the paper a little more interesting for the summer. Just send the info, we will write the article.

He and his wife Carissa will be living in Winters where Richard has been hired to coach and teach in the Winters ISD.

**Cody Dye**, the son of Chet and Shirley Dye of Gail, was among 177 students participating in May commencement ceremonies at Texas Tech University Health Sciences Center.

If there are other graduates we have not listed, please contact the Borden Star so we can list them in the paper.

## Water, Water everywhere! Borden Co. gets hit hard with high winds and heavy flooding

Eight to twelve inches of rain fell Friday night and Saturday morning across Borden County and brought life into the otherwise dormant creeks and rivers throughout the county and neighboring Scurry County.

Heavy rains in the northwestern part of the county, including the watershed at Fluvanna, sent Bull Creek and Deep Creek in Snyder out of their banks.

Rising water throughout the northwestern part of the county brought out highway department, emergency, and civic defense workers after a water related fatality was recorded when a 48 year old Dallas woman, Dolores Johnson, drowned early Saturday morning as the vehicle she was passenger

in was swept into high water on U.S. 84, 8.1 miles north of Snyder near Dermott.

The hardest hit area was the northeastern part of Borden County, in the Plains Community where high winds, hail and heavy rains were reported. Numerous barns and out door buildings and trees were blowing away. The utility company reported over 330 utility poles were downed which put most of the community in the dark until late Saturday evening with some still being reported out as until later this week. Most of the crops were lost.

The highway department reported that they had over a mile of roadway also destroyed from the storm.

Cont. to pg. 6

### MEETING TO BE HELD

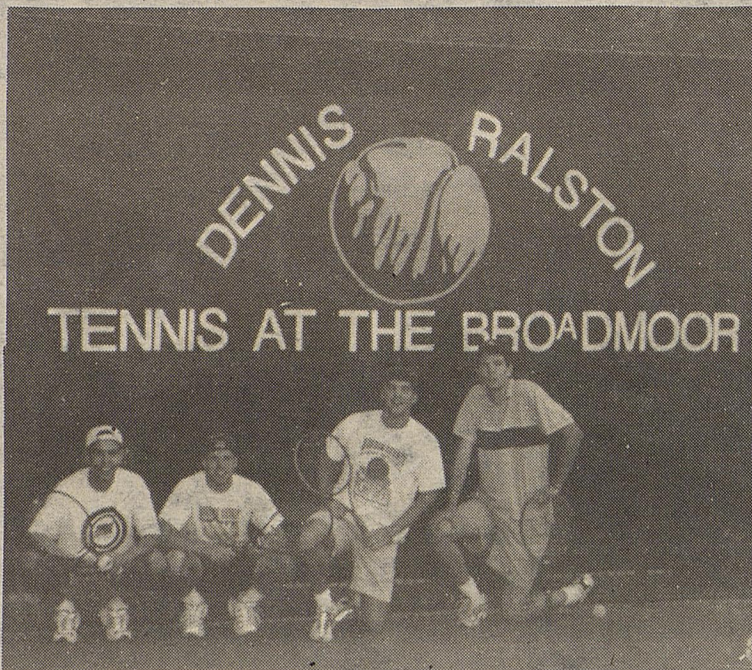
There will be a meeting Thursday, June 7 at 7 p.m. in the Community Building for anyone between the ages of 14 & 20 that is interested in law enforcement.

This meeting will determine if there is enough interest to organize and Explorers' post in Borden County.

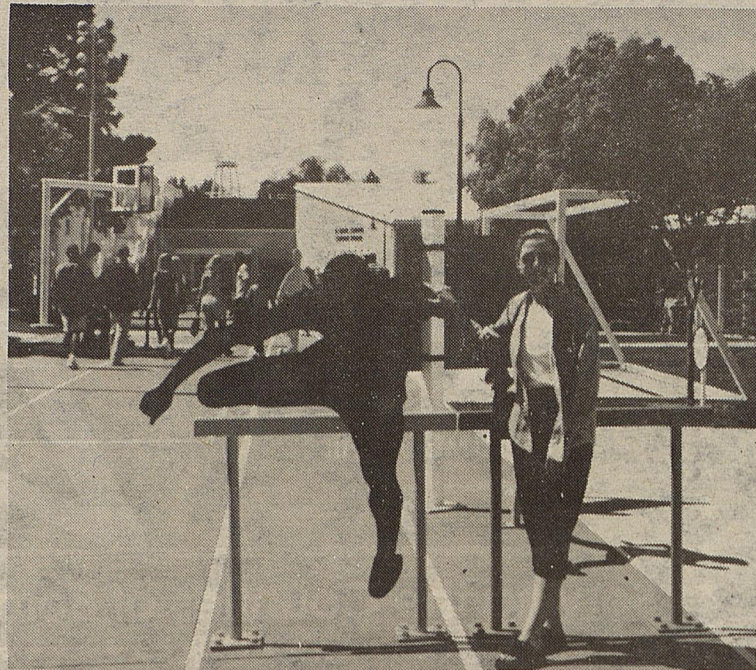
For more information contact the Borden County Sheriff's Office at (806) 756-4311.

## Pictures of the Senior Trip to Colorado.

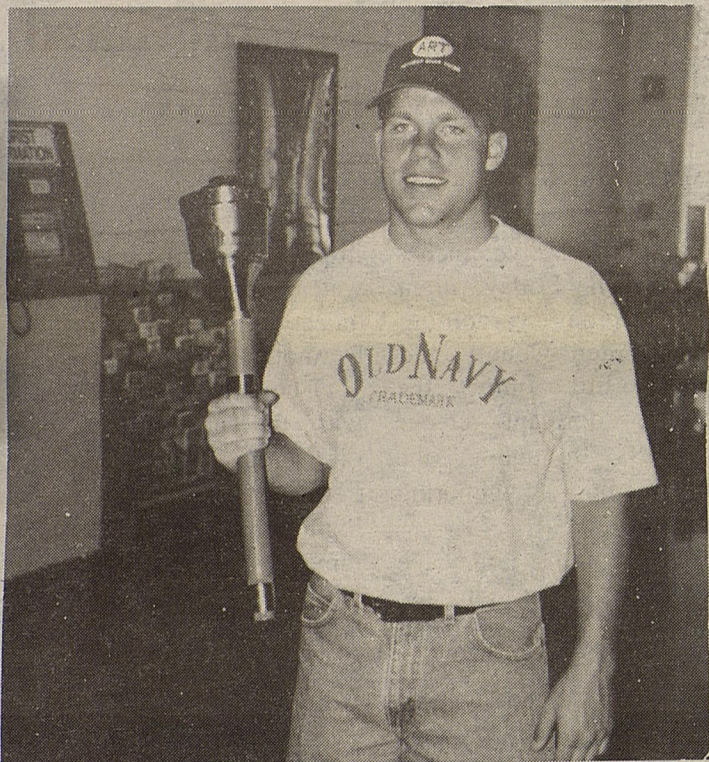
The seniors' brought home a lot of photo from their trip to Colorado. Here a few of their pictures that shows a little of what fun they had and some of the excitement. Also going along with the 16 seniors were their sponsors LaNita and Bobby Avery, Sue Jane Mayes and school administrators, Chet and Shirley Dye and Jimmy and Kim Thomas.



Andre, Boris, Bjorn, and Rod....BHS tennis legends gathered at the Broadmoor courts for a championship match. They tied.



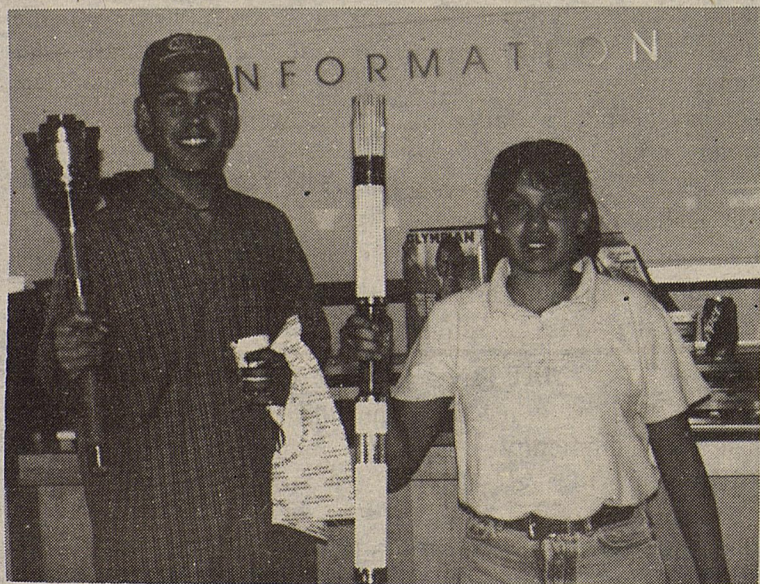
Remember Her 1968 Olympic Performance in Mexico City.....where she ate 145 sopapillas and won the Gold Medal in that event, Mrs. Mayes at the Olympic Training Center.



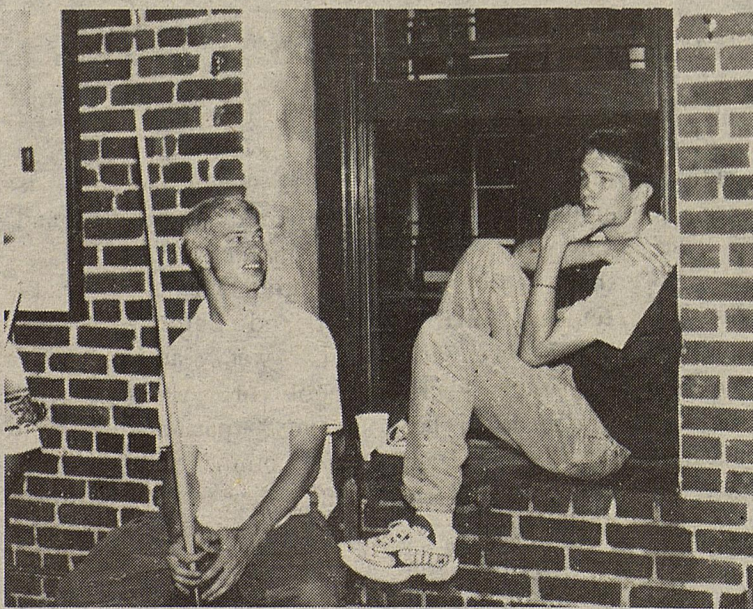
Marine in Training.....Ryan holding the 1996 Olympic torch.



Mujica/Miller Salon and Spa....for only \$12.95 you, too, can have blonde hair like these guys. Two weeks later, though, you may have no hair at all.



Carrying a Torch for Each Other....Fernando and Brenda hold in their hands the genuine torches that Muhammad Ali carried to begin the Olympics in Atlanta in 1996.



Two Cool Dudes in a Pool Hall in Denver....relaxing before their live concert for the Denver patrons. Miller and Dennis, aka Tall Boy and Blonde Boy With Attitude, played before a sold-out crowd at the Brewery.

## Cooley Makes Dean's List

Tammy Cooley, a Child Development major at SPC has been listed on the Dean's List for the Spring Semester at South Plains College in Lubbock. Tammy maintained a 4.0 GPA for the Fall Semester and a 3.25 GPA for the Spring Semester, which gives her an overall GPA of 3.7.

Tammy is the daughter of Joe and Pam Cooley of Gail.

## THC Accepting Application for two new Texas Travel Trail Regions

The Texas Historical Commission (THC) is beginning the selection process to add two new trails to the agency's already successful Texas Travel Trails Program. The THC will hold a required interested in the program. A selection committee will choose the new regions by Sept. 1, 1999. To register for an application workshop, contact Vince Martinez at 512/463-5861.

The Texas Travel Trails

Program, a regional heritage tourism initiative, provides training, education, and technical and financial assistance to targeted regions along existing trails originally designated by the Texas Department of Transportation. In 1998, the THC introduced the Texas Forts Trail in West Central Texas as the pilot project for the new program. Already, the region has established a board of directors and a regional coordinator, and the THC has produced and distributed a brochure highlighting regional attractions.

The Texas Travel Trails Program introduces selected regions to travelers as tourism destinations for those seeking history, culture, heritage and art as a fundamental part of their vacation. For more information, contact: Marion Schez, Community Heritage Development Division, Texas Historical Commission, 512/463-5754.

## Students with injuries find school a challenge

It's not easy for children with serious injuries to return to the school environment.

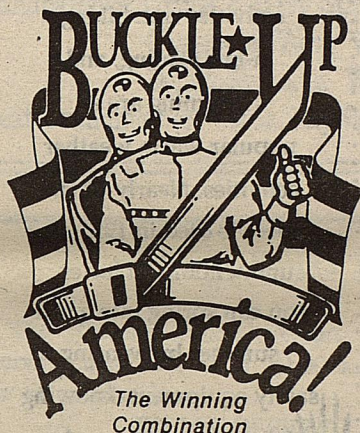
Simple things like going to the bathroom, carrying books, or participating in sports can be a challenge for children with injuries.

Due to missed school days, mental or emotional trauma, or discomfort from the physical injury, their

performance may drop. Students that normally may earn A's suddenly are getting D's.

Parents and their family physicians work with school nurses to ensure their children do not "fall between the cracks" when they return to school.

School nurses can help provide a smoother transition back into the classroom.



### PUBLIC NOTIFICATION OF SPEECH SERVICES

The Borden County Independent School District provides speech services to eligible children who are three years of age or older and that live in the Borden County School District. Please call (806) 756-4313 if you are concerned that your child is in need of this type of service.

### PUBLIC NOTIFICATION OF NONDISCRIMINATION IN CAREER AND TECHNOLOGY EDUCATION PROGRAMS

Borden County Independent School District offers career and technology education programs in Agricultural Science, Home Economics and Micro-Computer Applications. Admission to these programs is based on the needs of the students in the Borden County Independent School District.

It is the policy of The Borden County School District not to discriminate on the basis of race, color, national origin, sex, or handicap in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

The Borden County Independent School District will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.

### HOW TO KEEP YOUR KIDS FREE OF DRUGS.

## Rule #1. Understand Why.

Almost always it's rebellion, alienation, despair, peer pressure or some combination. As a parent you can have a powerful effect on how your kids deal with these things. And whether they see drugs as an answer. One of the biggest deterrents is talking with your kids about drugs. To learn more, call for a free parent's handbook.

Partnership for a Drug-Free Texas and America

TOLL FREE  
1-877-9-NO DRUG

### J. Pat Porter

### Memorial Scholarship

Applications are now being accepted

Applications are currently being accepted for the *J. Pat Porter Memorial Scholarship*. Applicants wishing to be considered must submit a formal letter of application prior to June 18, 1999. Letters of application must be sent to the following address:

*J. Pat Porter Memorial Scholarship Committee*  
P.O. Box 95 - Gail, Texas 79738

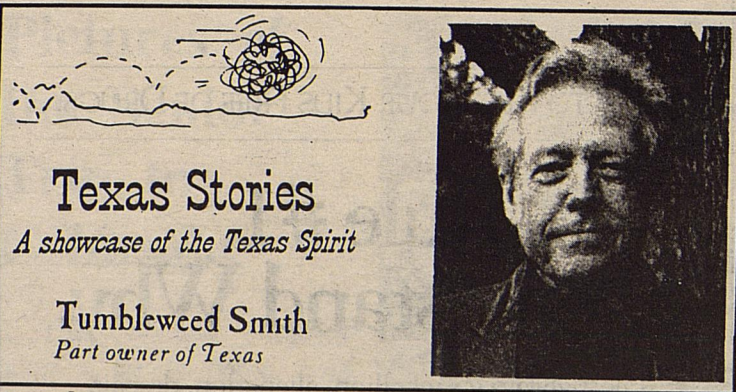
The primary criteria used to determine the recipient of this scholarship is that the individual selected will be an outstanding young person that is a positive representative of the Borden County School community as evidenced by his/her high moral character, service-minded attitude, dedication, and determination to succeed along with maintaining passing grades.

Potential recipients must be a member in good standing of the current Borden County High School graduating class or must be a previous graduate of Borden County High School.

Candidates must attend a state-accredited/Southern Association accredited college, university or post-secondary institution to be eligible for consideration. The Selection Committee will have sole authority to determine the candidate's eligibility status related to the post-secondary institution to be attended.

Financial need will not necessarily be a criterion for consideration; however, financial need may be considered by the Selection Committee.

Members of the Porter family will have no input into the selection process. Complete selection authority has been delegated to the Selection Committee, and the Committee has the authority to waive all rules, regulations, and formalities in order to select the candidates that the Committee feels is most appropriate. The selection process is a subjective task that will be left to the discretion of the J. Pat Porter Scholarship Selection Committee in order to select a person that the Committee feels is a dignification of the positive attributes that were exhibited by the late J. Pat Porter.



**Texas Stories**

*A showcase of the Texas Spirit*

**Tumbleweed Smith**  
Part owner of Texas

**The Human Lighting Rod**

Geral Cox of Brady has been struck by lightning quarters of my tongue off. It was hanging on by just three times. He has had several near misses, like the time he and his dad were riding horseback and a storm came up. They decided to put some distance between them, so his dad rode on ahead a bit. He had no sooner got about 10 feet in front of Geral when a lightning bolt struck the ground between them.

Geral was a small boy the first time he was struck by lightning. It occurred on a ranch near Valentine, where he grew up. "Granddad and I were spraying cattle. A storm rolled in and it was the first time I had ever seen that blue light come across the cattle horns. It came on through the sprayer and hit me and knocked me over about ten or fifteen feet. I ended up flat on my back."

That same lightning storm threw a bolt of lightning through a window of the house and burned the kitchen stove. "It ruined a batch of biscuits my grandmother was cooking."

Geral's second lightning occurred while he was moving some farm equipment on a highway near Waco. "All I can remember is just jumping up and down and shaking. I could hear the sound of bacon frying and I could smell rubber and hair burning. The metal clips on my shirt melted and cauterized in my arm and went clear to the bone. I was burned badly across my chest and bit three

quarters of my tongue off. It was hanging on by just a little piece of it."

Geral was conscious, but couldn't move for a few minutes after he was struck. His son was also hurt in the incident. "I told him just to lie still for a while until our bodies settled down. After about thirty minutes we stopped shaking."

Some fellow workers took Geral to a hospital where he underwent several different tests, but they could find nothing wrong.

"A few days later, back at home, a thunderstorm came up. My wife woke up and screamed. I asked her what was the matter. She told me to go look in the mirror. I did and I was glowing like a fluorescent light. And there for a long time when those thunderstorms would come up, I could spread my fingers apart and see the electricity go between my fingers."

The last time he was struck by lightning happened about five years ago. "I was working on a water trough. Storm came up and dang if it didn't hit right there while I had in the water working on a float. Lightning hit the fence and come down to the water. It burned my arms, singed all my hair and melted the crystal on my watch."

Geral figures his body has some sort of magnetism that makes lightning seek him out. He is outside a lot doing ranch work and people who spend a lot of time outdoors are more

susceptible to lightning strikes than people who work indoors.

Several people around Brady know about Geral's ability to attract lightning. When he goes to a football game in Brady's metal stadium and a storm comes up, people move away from him.

Lightning kills more people than tornadoes.



As the weather warms, activities rise. biking, in-line skating, and swimming are all popular warm weather activities. Nearly 90,000 people died in 1993 of unintentional injuries. You can spring into a safe summer by wearing safety equipment, knowing the rules of the road, and never swimming alone.

Message from the **Borden Co. EMS**  
806/759-5111

**HOUSE FOR SALE in Gail.**  
Call 756-4493

The Borden Star (USPS or PUBLICATION NO. 895-520) is published weekly except Christmas and New Year's week for \$12.00 per year by the Borden Star, P.O. Box 137, Gail, Borden County, Texas 79738. Second-class Postage paid at Gail, Texas.  
POSTMASTER: Send Change of Address to the Borden Star, P.O. Box 137, Gail, Texas 79738.

**THANK YOU**

A big "Thank You" to everyone, adults and kids alike that helped us out in the kitchen area during VBS last week! Especially to the Sr. class parents for the cookies and punch donated. Pam Gooley and every body who sent or brought food. The youth were all great to help however and wherever we needed them.

Thanks again,  
Sarah Sharp



Have a **GREAT Day** Dad!



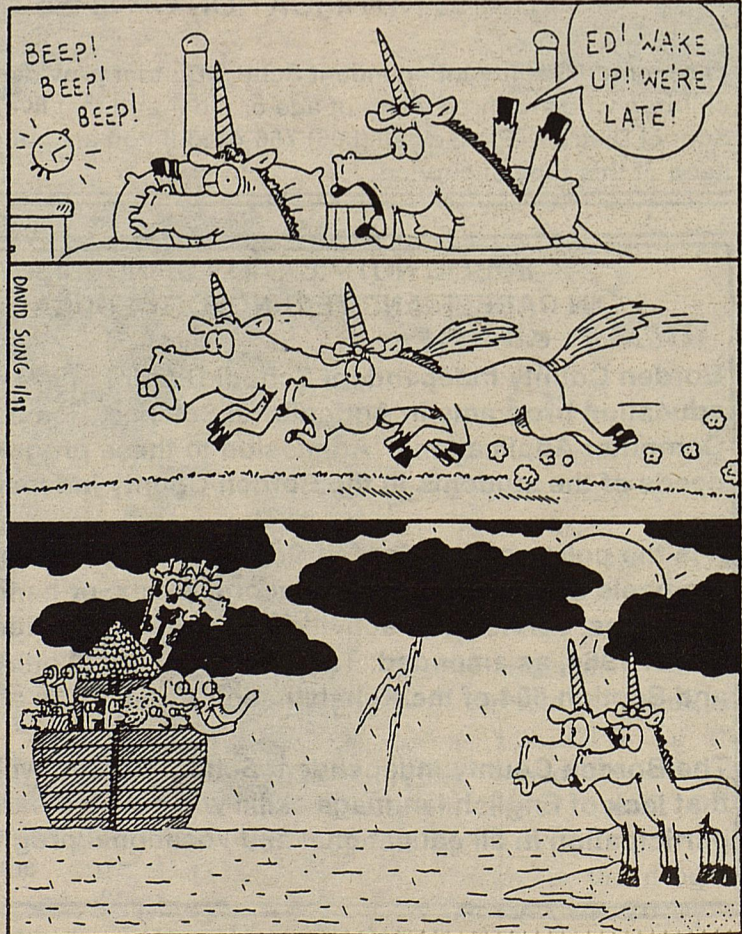
Remember!

**Moore-Rains Insurance**  
Frances Rains Stephens  
O'Donnell - 806/428-3335

*For All Your Insurance Needs*

**Aminals**

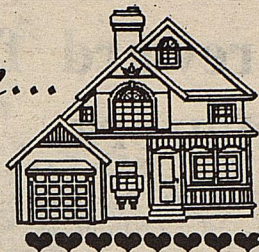
By David Sung



By  
Bo  
Fa  
Ex  
ra  
Un  
Co  
F  
he  
ne  
in  
ho  
it.  
is  
in  
is  
th  
m  
ni  
ru  
is  
de  
m  
an  
C  
in  
te  
si  
ch  
al  
th  
by  
w  
no  
ab  
w  
av  
w  
do  
be  
ar  
m  
W  
C  
T  
E  
C  
B  
W

# Heart and home...

By Julie D. Mumme  
Borden County, Extension Agent -  
Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. the Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

## Beef can be a healthy diet

Maintaining a heart-healthy diet does not necessarily mean eliminating beef from the menu.

The key is knowing how to select and prepare it. We have found that it is okay to incorporate beef into your diet as long as it is lean.

To be considered lean, three ounces of cooked meat should have less than nine grams of fat. As a rule of thumb, three ounces is about the same size as a deck of playing cards.

Choosing cuts that have most of the fat trimmed and very little marbling. Cuts with the word "loin" in their names, like tenderloin, top loin and sirloin, are usually leaner choices.

The grade of meat is also important. "Select" is the leanest grade, followed by "choice" and "prime", which is the highest in fat.

"The myth about beef not being healthy started about 10 to 15 years ago when most of the beef available in supermarkets was very fatty. Now, we don't see as much prime beef in the supermarkets, and an effort is being made to give us a wider

selection.

While all beef contains saturated fat, the amount is often unnecessarily increased during preparation.

Some simple advice for making beef part of a heart-healthy diet:

- Trim any visible fat before cooking.
- Grill, broil or roast the meat.
- Do not use fat, like butter or shortening, when cooking.
- Sauté in a coated skillet instead of using fat.
- Serve low-fat side dishes with the meal.

Although it is easy to control preparations at home, do not use eating out as an excuse to settle for beef dishes that are high in fat.

While beef can be part of a healthy diet, diners need to remember to limit portions. The American Heart Association recommends eating no more than 6 ounces of cooked meat per day.



## Cowboys For Christ



Jill & Jason Freeman, Winnsboro, Louisiana announce their second go round winner

### TANNER CADE FREEMAN

Time: 12:29 a.m. - June 8<sup>th</sup>, 1999

Score - 7 lbs. 1 oz. - 20 inches long

Big brother, BLAISE is very proud of his new traveling partner.

Grandstand Cheering Crowd:

Grandparents: Connie & Gary Stipe, Snyder, TX  
Theresa & Terry Voss, Longview, TX  
Donna Freeman, Winnsboro, LA  
Great Grandmother: Verna Fay Ogden, Borden Co.

### NOTICE TO BIDDERS

The Commissioners' Court of Borden County will receive sealed bids until 10:00 a.m., June 28, 1999 for the sale of surplus items.

#### ITEMS OFFERED FOR SALE

- Lot 1. One Group of chairs
- Lot 2. ONE Large metal desk
- Lot 3. ONE Small metal desk
- Lot 4. ONE Used refrigerator
- Lot 5. ONE Group of used air conditioners
- Lot 6. One Group of small office equipment

Each lot must be bid on separately. Items can be inspected from 9:00 a.m. to 12:00 p.m. on June 25, 1999 at the County Showbarn.

For more information, contact the County Judges' office at 806/756-4391.

The Commissioners' Court reserves the right to reject any or all bids.

BY ORDER OF THE COMMISSIONERS' COURT OF BORDEN COUNTY, TEXAS

BILL JORDAN'S  
**REALTREE**  
**OUTDOORS**  
ELK TIPS



Chuck Adams

**CHUCK ADAMS**

### GETTING TO THE POINT

When you bowhunt for elk, you are magnifying your archery challenge. Obviously elk are bigger and tougher than deer. Unlike gun hunters, bowhunters can't simply step up to a more powerful magnum weapon. In order to maximize trajectory, range and penetration, most archers are already shooting as much bow as they can handle for deer.

That's fine. Arrows kill by hemorrhage, not by shock. If your bow can put a razor-sharp broadhead deep into an elk's heart/lung area, it will bag the bull.

The point is the point. Elk hunting broadheads should be strong, tough and top quality. The edges must be razor sharp. The point should be designed for maximum penetration. Two-blade broadheads penetrate efficiently but three-blade designs do almost as well and offer more total cutting surface. Wide heads offer even more width of cut but sacrifice considerable penetration.

With good, sharp, high-penetration broadheads, you will be able to shoot through a broadside elk with a reasonably powerful "deer-class" bow.

Realtree X-tra - The Official Camouflage of the Rocky Mountain Elk Foundation

## Walk across Texas Mileage Log

WEEK 8

TEAM NAME	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5	WEEK 6	WEEK 7	WEEK 8	TOTAL TEAM MILES
Wandering Women	65.5	67	56.75	42	43	45.5	15	41	375.75
Coyote Cuties	36	62	58	61	53	65	47.5	32.5	415
Toddling Teachers	58.85	82.5	95.1	112.8	101	101.85	99.5	92.4	744
EMS	71	72.5	53	81	73	69.5	69	59	548
Courthouse	46	51.5	43.25	39.25	59	40	26	Not Reported	305
Bodies of Steel	27.75	64.5	58.75	50.5	19	54.5	Not Reported	Not Reported	275
Wind Walkers	35	42	41	34	38	38	40	45.7	313.7
TOTAL MILES	340.1	442	405.85	420.55	386	414.35	297	270.6	2976.45

**Borden County EMS**  
806/759-5111  
Alt. No. 806/756-4311  
The numbers to know in Case of an Emergency!

# High winds and Flooding TV can be a reward for completing homework

Cont. from pg. 1

Bull Creek on Hwy 180 was still running as of noon Tuesday and was still over the road on FM 1610, where about a quarter of a mile of road way is damaged.

Lake Thomas reported a rise of about 16-foot with about 3 more inches expected. The lake was rising at about 800 cubic foot of water a second

over the weekend.

The weather service in Midland first put Borden County in a thunderstorm warning area at 8:09 p.m. Friday.

These storms prompted the service to issue flash flood warnings for both Borden and Scurry Counties around 9 a.m.

Borden County has reported approximately 16 inches of rain in the past two weeks

TV or not TV? That is the question.

The answer can influence whether your child starts the school year with appropriate study habits.

Parents can increase

their child's potential study time by limiting the amount of TV he or she watches. Make a rule that your child must finish homework before watching television. If a favorite

program is on before the work can be done, videotape the show for later viewing as a reward.

Limit TV time to one hour a night. More than this interferes with study, reading and thinking time. If your kids stay up too late watching TV, they won't be alert enough to learn well the next day.

## BIG SAVINGS FOR BIG DADDIES

This Fathers' Day, choose from any of our phone specials and our many price plans.

DCT's Home+Area rate plans start as low as \$14.95 per month for 30 minutes of free air time.

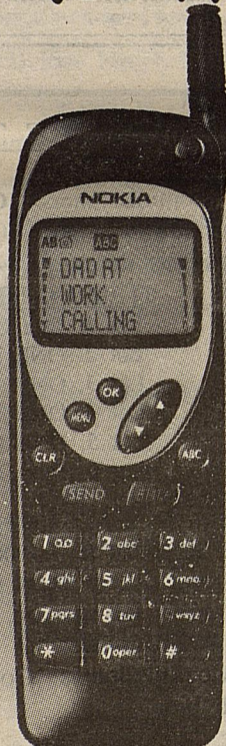


**Motorola Profile 300 Cellular Phone**

**\$995** plus tax

\$179 Value

Includes leather case and cigarette lighter adapter.



**Nokia 252 Cellular Phone**

**\$2995** plus tax

\$246 Value

Purchase Accessories For Only \$10!

**GIFT CERTIFICATES AVAILABLE**

Shop early, sale ends June 21, 1999.

Special requires activation and Digital Cellular service with a one year contract.

IN LAMESA: DCT Lamesa • 512 North 2nd • 806/872-6520  
DIGITAL CELLULAR MAIN OFFICE 11.5 miles north of Tahoka on US 87  
806-924-5432 or 1-800-662-8805

Hours: 8 a.m. until 5 p.m., Monday through Friday

**Digital Cellular**  
OF TEXAS

Box 53118 • Lubbock, Texas 79453 • 1-800-662-8805 • 806-924-5432



Barking dogs tend to draw unwanted attention from neighbors and police. Train your dog to not bark using a Smart Dog No-Bark Collar from Innotek.

## Using training collars helps curb barking dogs

If there was one behavior you could change in your dog, what would it be? If you answered *barking*, you're in good company. A recent American Pet Products Manufacturers Association survey indicated that nearly 25 percent of dog owners would like to curb their dog's annoying barking habit.

Understanding why a dog barks goes a long way toward solving the problem. A dog might bark at a cat or something else he wants to get but can't. Or maybe he wants attention.

For example, maybe your dog starts barking when you leave for work in the morning and keeps it up most of the day. When you return home in the evening, he figures he called you back. Like it or not, this simply reinforces his behavior.

Of course, as the weather warms and dogs spend more time outside, this problem tends to get the attention of your neighbors, and they are going to be a lot less tolerant of this aggravating noise than you are.

The experts at Innotek, the Indiana-based manufacturer of canine training products, offer several solutions to modifying your dog's barking behavior.

First, be sure your dog is getting plenty of exercise so he rests better. Consider making your dog part of your daily walk or jog. Many dogs only need a good 15 to 30 minutes of exercise to satisfy their craving for action.

Second, make sure he is comfortable. A dog that is too hot, cold, wet or otherwise uncomfortable is going to bark until someone gets him what he wants.

If you've done all you can to stop nuisance barking and it's still a problem, you'll need to find a better solution. If you don't, your neighbors might find one, and nobody needs a visit from the police.

Innotek offers an Ultra-Sonic Bark Stopper as one solution. When the Bark Stopper senses a vibration, it emits a piercing sound that dogs find irritating. This distraction is often enough to take the dog's mind off whatever caused him to bark.

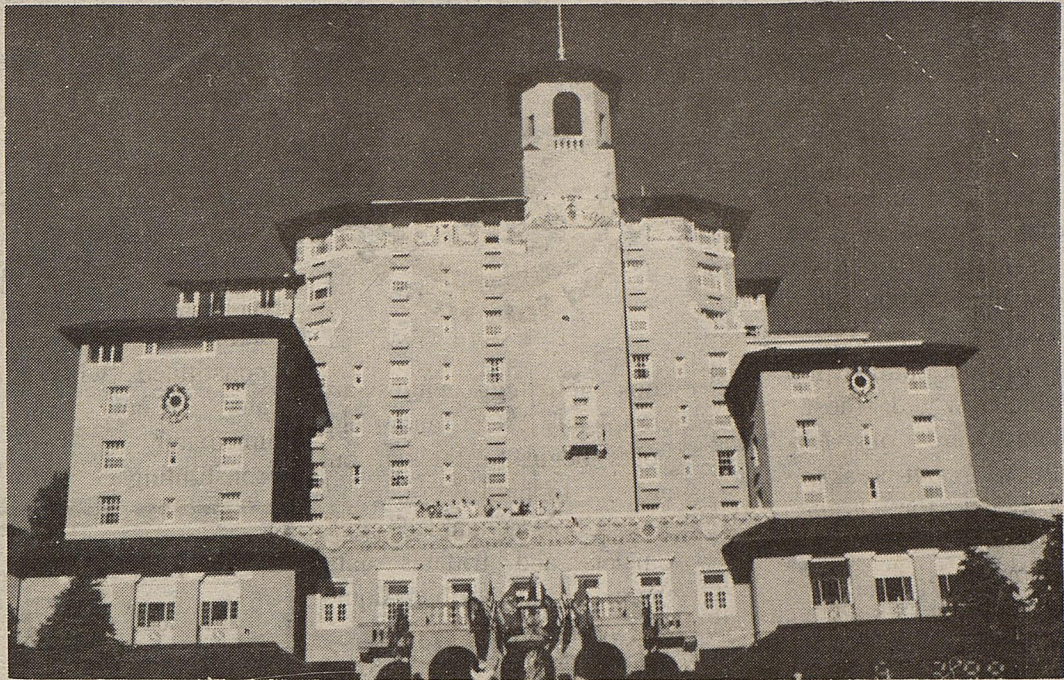
More stubborn dogs may require a stronger distraction. For these dogs, Innotek offers a variety of Smart Dog brand "no-bark" collars. A no-bark collar delivers an electrical stimulation — similar to static electricity — when it senses a vibration from the dog's vocal cords. The owner can choose from one of seven stimulation levels, which can be tailored to the dog's temperament. This prevents over-correcting a dog that needs only a light reminder to keep quiet.

Innotek makes an entire line of products to help pet owners reinforce commands and stop unwanted behavior safely, humanely and effectively. To find out more, visit Innotek's Web site at [www.pet-products.com](http://www.pet-products.com) or call them at (800) 826-5527.

# More Pictures . . .



The spiral staircase at the Broadmoor was one of many elegant fixtures. Almost as elegant as the way we were dressed.



The Broadmoor Hotel...in Colorado Springs, Colorado, home base for the Sr. Class of 1999 (and also the location for the filming of "The Shining." True story...just ask Carey, Katie, and Meranda.



Pool Anyone?.....Brenda, Becky, and Brande—cued in on some fun and frolic at the Wynkoop Brewery in Denver.



Finally, a purchased souvenir....when Colt McCook finally parted with some money, he really jumped out there and bought a classic doo-rag at the Colorado Rockies baseball game.

## Direct Deposit Banking made easy . . .

Sent directly to our bank, your check is credited immediately to your account and there is no chance of it being lost, stolen or misplaced.

Come by and we'll help you fill out the direct deposit form, it's quick, easy and convenient.



O'Donnell

FDIC

## Fight BAC!

*Fight BAC!* is the slogan of the Partnership for Food Safety Education (PFSE), a unique industry and government coalition. Its aim is to inform consumers about safe food-handling practices. After PFSE determined the steps which would most likely help ward off foodborne illness out-breaks, they designed the *Fight BAC!* campaign around the nasty enemy- BAC- and four basic concepts which, it followed, could help prevent BAC from causing foodborne illness.

Though always important, these food safety points should be followed especially carefully as the weather warms. Why? Because bacteria grow best at temperatures from 40 to 140 F. Warm temperatures are ideal for bacteria to multiply to big enough numbers to cause illness. And, because many spring and summer eating occasions are outdoors where bacteria are plentiful.

When cooking with eggs, keep these points in mind:

**Clean** (Wash hands and surfaces often.)

\* With hot, soapy water, wash hands, utensils, equipment and work surfaces before and after coming into contact with eggs or any other food.

\* Discard any eggs with unclean or cracked shells. Do not wash eggshells.

**Separate** (Don't cross-contaminate.)

\* Store raw shell eggs in their cartons on a refrigerator shelf not on the door, apart from any meats that might drip juices or any produce that might come into contact with eggshells.

\* Cover or wrap well any egg mixtures or leftover cooked egg dishes.

**Cook** (Cook to proper temperatures.)

\* For basic egg dishes,



cook until egg whites are completely set and egg yolks begin to thicken but are not to hard.

\* Cook scrambled eggs, omelets and frittatas until there is no visible liquid egg remaining.

\* French toast, Mote Cristo sandwiches, crab cakes, quiches, stratas, casseroles and similar dishes are done when a thermometer inserted at the center reaches 16 F or a knife inserted at the center comes out clean.

\* Cook the eggs or use a pasteurized egg product when making eggnog, ice cream, Hollandaise sauce or other recipes calling for raw eggs.

**Chill** (Refrigerate promptly.)

\* Keep eggs refrigerated at 40 F or below as much as possible when not being cooked or eaten.

\* Refrigerate hard-cooked eggs in the shell and use them within 1 week.

\* Allow no more than 2 hours at room temperature for preparation and serving, 1 hour when the temperature is 85 F or hotter.

\* Divide any leftovers into several small containers and refrigerate right after a meal so they'll cool quickly.

\* When toting eggs to an outing, leave them in their shells. Pack shell eggs or egg-containing cold dishes with ice or commercial coolant in an insulated bag or cooler. Keep the cooler in the shade and open it only when necessary. The eggs or egg dishes will remain refrigerator-cold as long as the ice lasts or the coolant remains almost at freezing.

\* When toting hot egg-containing dishes on outings, use thermal containers to keep the temperature 140 F or higher.

\* For occasions when outdoor refrigeration or cooler facilities aren't available - such a hiking, backpacking, camping and boating, use dried eggs reconstituted with purified water. Cook and eat immediately after reconstituting.

## 4-H NEWS

### PRACTICE & POINT NIGHT SCHEDULE FOR BORDEN COUNTY 4-H HORSE PROJECT

June 22 POINT  
June 29 POINT  
July 6 POINT &  
COUNTY HORSE SHOW

Starting time will be at 7:00 p.m. each Tuesday night through the completion of the project. If you would like to know more about the horse project, please call the Extension office at 806/756-4336



# Great Gifts For Dad!

Shorts

Wrangler  
RUGGED WEAR.



Ties & Knit  
Shirts



550's - 560's  
501's



Brighton  
Men's Belts  
& Billfolds

Sports  
Shirts



JOCKEY.

Underwear

RIATA.

Pleated  
Jeans  
\$5 Rebate

# HACKFELD'S

Quality Clothing  
...with a Personal Touch

Formerly Bar-H-Bar Family Outfitters  
3219 College Ave. Snyder, Texas Phone 573-6763

Free Gift Wrap Gift Certificates

Store Hours: M-F 9-6; Sat. 9-5:30