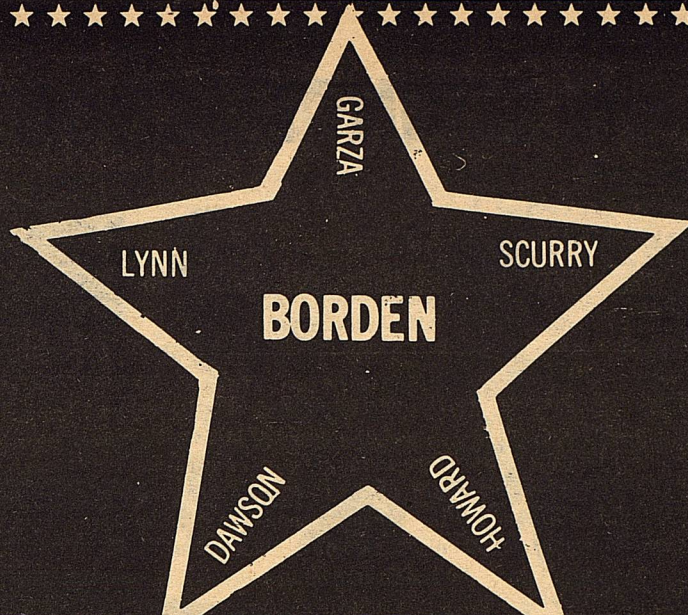


THE

STAR



Volume XI No. 23

January 19, 1983

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

## Plan not working for farmers

The system isn't working for Texas farmers, and something has to be done.

About 6,000 delegates at the American Farm Bureau Federation convention in Dallas heard President Reagan thank farmers for their past patience and ask for more, adding:

'Let's face it: let's not fool anybody. Until farm prices go up, you will be hurting.'

It wasn't news to the Texans at the meeting, some of whom said that for years, agricultural producers have been able to make a profit only off of other's disasters.

Take the truck farmers and citrus growers in the winter garden,' said Uvalde rancher J.R. Day. 'It's terrible, just terrible. They can't all make a profit at the same time. It takes somebody else, in Florida or California, going under with a freeze or something. Prices have to be high enough so we can all make a living.

'Right now we're just living off each other,' he said.

The system is not working,' said Texas Farm Bureau President S.M. True, a Plainview farmer who grows cotton, feed grain, wheat and soybeans. 'What are we going to do? Something. We have to do something.'

True said he thought the only offer farmers now have is Reagan's payment-in-kind plan, which he announced would begin January 24. The PIK plan would pay farmers not to plant by giving them commodities to replace what they would have grown.

'Farmers operate on faith-there's not anything else out there,' True said.

This gives us a little hope.' Texas Agriculture Commissioner Jim Hightower said the plan probably would do little to solve farmers' problems.

'What we've got to have, and what the Reagan administration has refused to offer, is a long-term farm program that restricts production and raises commodity prices so farmers can make a little profit,' Hightower said.

Even in the short run, the PIK plan would have little effect on prices in 1983, said U.S. agriculture Secretary John R. Block, adding that he did not know what impact the program would have on farmers' income.

The success of the PIK plan largely depends on widespread participation in the voluntary production cut-back, and Texas farmers are not united. The Texas Farm Bureau, the nation's largest, has about 306,359 member families. The Texas Farmers' Union represents about 10,000 families, and some farmers support the activist American Agriculture Movement.

If they can come out with a program that will work, farmers are ready and willing to support it,' said Leonard Schaffner of Henrietta, a rancher and grain farmer. 'The way it's been, if one farmer cuts back, another will want to plant fence-to-fence. We are in a situation now where we have to bring everyone in.'

While Farm Bureau members expressed tentative enthusiasm for Reagan's plan, about 30

Central Texas farmers showed up at the convention with the AAM newspaper and placards reading, 'We Want Parity, Not Charity.'

Texas' Farmers' Union President Mike Moeller said he expected his membership to take a close look at the program, but he saw many drawbacks to it and said he doubted he would participate.

Moeller said he was most worried because Reagan's plan did not set a price floor on the commodities the farmer would get from the program.

'That means the farmer can't plan financially,' he said. 'It's risky, and I think the bankers aren't going to like it.'

'Without some major modifications by Congress, I think there'll be a very low rate of compliance, and that means we're still going to have an oversupply of farm products,' he said.

We will participate in West Texas because we're sitting on our third bad year, and we wouldn't be losing much anyway by taking the land out of production.'

Block said he hoped the PIK program would take 23 million acres out of production nationally.

'We don't really know what the impact will be, but it's the only game in town,' said Warren Newberry, executive director of the Texas Farm Bureau. 'Nobody's offered any alternative.'

Farmers also said they were worried about flooding the already glutted market.



Dixie McNeil and Billie Henderson, Consultants for the Service Center are shown during the puppet show-Kids on the Block presented by the Special Education Service Center in Lubbock.

## 'The Kids On The Block'

Students of schools in the Bi-County Coop (Dawson, Klondike and Borden County), watched a performance of the Kids on the Block recently. Arrangement for puppet show was by Miss Nancy Castleberry, Director of the Bi-County Coop.

The Kids on the Block are a group of handicapped puppets. The objective of the puppet show are 1. to help people learn more about handicaps; and 2. to help people understand that handicapped persons are people just like they are. The show, which lasted approximately 45 minutes,

was presented as a free public awareness service by members of the Special Education staff of the Education Service Center-Region XVII. On hand from the Education Service Center in Lubbock to help with the puppet show were Rex Shipp-Coordinator of Special Education; Gary Cobb-Coordinator of Staff Development; Consultants-Bill Daugherty, Madeline Douglas, Barbara Drake, Dixie McNeil; Secretaries-Carla Boothe and Janis Hatch and Adapted Materials Specialist, Billie Henderson.

## Montford appointed to standing committees

Austin--State Senator John T. Montford was appointed Tuesday, January 11, 1983, to three standing committees of the Texas State Senate. Lieutenant Governor Bill Hobby named Senator Montford to the

Senate Education, Jurisprudence and Natural Resources Committees.

In addition, Senator Montford was named as vice chairman of the Subcommittee on Water in con't on pg 7

# BORDEN COUNTY SCHOOL NEWS

## RANGERS THUMP COYOTES

The Greenwood Rangers lived up to their high state ranking Friday as they defeated the Borden Coyotes 63-35 in Greenwood. However, the Coyotes flexed some muscle of their own before falling to the talented Rangers. After falling behind 16-6 at the end of the first quarter, the Coyotes battled the Rangers on almost even terms until the last quarter. The Coyotes trailed 26-42 going into the final stanza. The fourth quarter saw the Rangers utilize an effective spread offense to pull away from the game Coyotes.

Keith Martin led all Coyote scorers with 12 points, Kevin Telchik had 11 and Mark Rice 10. Keith Williams added 2 points and along with Doug Love combined to play excellent defense against the taller Ranger inside men.

The Coyotes are now 9-7 on the season and 0-2 in district. The Coyotes next host Sands on Tuesday the 18th.

### DAWN HOLMES IN FIRST CONCERT

Dawn Ann Holmes will be performing in her first All-Region Concert on Friday, 21st. The Concert will take place at Monterrey High School at 7:00 P. M.

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Winning the Consolation in the New Home Tournament were Front-John Stephens, Michael Murphy, Brice Key. Matthew Massingill and Mickey Burkett.

## JUNIOR COYOTES WIN CONSOLATION AT NEW HOME

The Borden Junior High boys, all five of them, played probably their best games of the season at New Home this past weekend. After losing to Meadow in overtime 24-22 on Thursday, the Coyotes beat an undermanned Smyer team 45-6 on Friday. In the consolation game, the Coyotes played the best half of basketball that they could to lead Anton 21-7. The

second half saw the Coyotes hold on to win 29-23. Mickey Burkett led the Coyotes against Anton with 12 points, Brice Key had 8, Michael Murphy 7, and Matthew Massingill 2.

Against Meadow, Mickey Burkett paced the Coyotes with 8 points. Michael Murphy and Matthew Massingill scored 5 each, while Brice Key added 4. The game against Smyer

was almost embarrassing as the Junior Bobcats were simply without talent. Matthew Massingill scored 16 points and Mickey Burkett 12 to lead the Coyotes scoring. John Stephens and Michael Murphy contributed 7 each and Brice Key 4.

The Junior Coyote boys are 6-5 with three games remaining. They are 3-2 in district play.

## JUNIOR COYOTES SLIP BY COUGARS

The Borden Junior Coyote boys got off to a slow start at Klondike Monday night before defeating the Cougars 26-21. The Coyotes trailed 15-14 at half, but a big third quarter gave them a 23-17 lead going into the last quarter. The final stanza saw the Coyotes play a slow down game and use their patience to hold on to win their 5th game of the year.

Matthew Massingill had a good night leading the Coyotes with 8 points and numerous rebounds. Michael Murphy scored 7 points in addition to doing an excellent job of ball handling. John Stephens and Mickey Burkett added 5 and 4 respectively.

The Junior Coyotes play in the New Home Tournament this weekend and then host Greenwood next Monday.

## COUGARS POUNCE ON COYOTES

Klondike's Cougars jumped on the Borden Coyote boys Tuesday night and raced away with a 53-34 win in the district opener for both teams. The Cougars led 10-8 after one quarter and never looked back. The Coyotes were never able to get back in the game as they could only manage 23 percent of the shots from the field.

Kevin Telchik paced the Coyotes with 11 points, and Doug Love connected for 10. Keith Martin was held to 4, Sammy Williams had 3 and Keith Williams, Mark Rice and Charles LaRue 2 each.

The Coyotes are now 9-6 on the season, 0-1 in district. They play in Greenwood Friday against the number 3 team in the state.

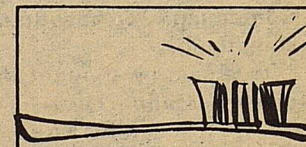


Competing in The Klondike B Team Tournament were Front- Richie Anderson, Will Phinizy, and Monty Floyd. Back Gerry Smith and Randall Hollis.

## JUNIOR COYOTES AT KLONDIKE



When writing, Ernest Hemingway often subsisted for days at a time on a "moveable feast" of crackers, raw green vegetables, and peanut butter sandwiches.



An old toothbrush can loosen sticky dirt on the kitchen can opener.



Paprika is one of the most concentrated sources of Vitamin C.

# BORDEN COUNTY SCHOOL NEWS

## "B" TEAM WINS KLONDIKE TOURNAMENT

The Borden County Junior High "B" team girls won the Klondike pee wee tournament this past weekend defeating Grady, Dawson, and Klondike in the process. Their victories came by point spreads of 6, 17, and 10, running their record to 5-0 for the year.

In the first game against Grady, Borden used a strong defense first and third quarter to outscore their opponents 10-1 in that stretch in a 18-12 win. After holding the wildcats scoreless the first quarter, while scoring four of their own, the Coyotes then held Grady to four points in the second and one in the third.

Elvira Balaque was the leading scorer for the Coyotes with 8 points followed by Kate Phinizy with 4, Susan Gwinn with 4, and Felicia Romero with 2.

The second game saw a more offensive game for the little Coyotes as they poured in 28 points to Dawson's 11. A strong, first half saw Borden jump out to a 20-8 half time lead and then the defense held the Dragons scoreless the third quarter and to 3 points the last quarter in the win. Once again it was Elvira Balaque who led in scoring with 12 points. Also scoring were Kate Phinizy and Susan Gwinn with 6 each, and

Kate Porter and Barbara Massingill with 2 each.

In the finals, Borden jumped out to a 7-0 lead on Klondike in a 20-10 win for the championship trophy. An excellent defense by Borden held Klondike to 2 points in three quarters in the win, scoreless in the first and last stanza. Shelly Lewis led the Coyote victory with a game high 7 points followed by Elvira Balaque with 6, Kate Phinizy with 5, and Susan Gwinn and Kate Porter with 1 each.

Congratulations to the team members of the Borden County "B" team for their tournament victory. Team members consisted of Kate Phinizy, Susan Gwinn, Shelly Lewis, Elvira Balaque, Sandy Buchanan, Kate Porter, Felicia Romero, Barbara Massingill, and D'Lyn Lloyd.



Several Puppets and their voices during the Special Education Puppets show called 'Kids on the Block'.

## MISSY COYOTES WIN 3RD AT NEW HOME

This past weekend, the Junior High Girls suffered their first defeat of the season but still came away with a 3rd place finish in the New Home tournament. Against Meadow, Kelli Williams scored 22 points in a 44-28 first round victory. Borden led at the end of each quarter, 12-8, 28-15, 39-15, and the final 44-28. Also scoring for Borden were Sherry Vaughn with 8, Mindy Williams with 4, Lynn Sternadel, Julie Ridenour, and Ralyn Key all with 3 each, and Dana Douglass with 1. This raised their record to 9-0 for the year.

The Missy Coyotes then lost their first game against New Home Saturday morning. In the, slightly rougher than usual game, Borden was held to 3 points the first half as a taller and more aggressive Leopard team defeated the Coyotes 26-10. Scoring for Borden was Kelli Williams with 3,

Sherry Vaughn, Mindy Williams, and Ralynn Key with 2 each, and Lynn Sternadel with 1.

Later that afternoon, Borden played Wilson for the 3rd place trophy and it went down to the wire. With 2 seconds left in the game, Kelli Williams stood on the free throw line shooting two shots. As the first bounced off the rim, Borden knew if the second went in, they would win, if missed, there would be an overtime. There was no overtime. Kelli led the win with 20 points followed by Lynn Sternadel with 7, Sherry Vaughn and Julie Ridenour with 4 each, and Mindy Williams with 2. Congratulations to the Borden County Junior High girls for their finish in the New Home Tournament.



General George A. Custer ranked last in his West Point graduating class of 1861.

## THEN and NOW!

No one really knows exactly when people first began to appreciate that product from the cacao bean known as chocolate.

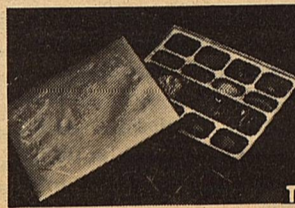


Christopher Columbus

THEN: Historians have found that the Maya Indians of Central America and the Aztecs of Mexico were cultivating cacao beans before Columbus discovered America. The Aztecs used the beans as money and also ground them to make a rich beverage.

Cortes took some cacao beans back to Spain in 1528 and by 1606 they had been introduced in Italy. From then on it was only a matter of time before chocolate became popular in Europe and

found its way back to America.



NOW: Chocolate is popular in most of the world today. More and more Americans are discovering the joys of gourmet chocolates. In this category, the number one seller is Godiva, the master chocolatier, which makes chocolates from recipes perfected in Brussels, Belgium more than a century ago. Godiva chocolates, sculptured in special, unique molds filled with gourmet confections and high-quality fruits and nuts are available in fine department and specialty shops throughout the United States.

## NOTICE TO PARENTS

NOTICE TO PARENTS To Parents and Students of the Borden County I. S. D.

It will be necessary from time to time to adjust the school schedule to various weather conditions. Anytime a change is necessary, all details will be called in to the following radio stations: Big Spring-KBY-1400 on the radio dial Lamesa-KPET-690 on the dial Snyder-KSNY-1450 on the dial Post-KPOS-1370 on the dial

## JANUARY 1983

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
		5:00 p.m. H.S. Basketball Boys & Girls Hermleigh-Here		GRADY JUNIOR HIGH TOURNAMENT	5:00 p.m. H.S. Basketball Boys & Girls Dawson-There	
9	10	11	12	13	14	15
	4-H Meeting 1:35-2:05	5:00 p.m. H.S. Basketball Boys & Girls Klondike-Here		NEW HOME JUNIOR HIGH TOURNAMENT	Teacher In-Service	
16	17	18	19	20	21	22
	6:00 p.m. J.H. Basketball Boys & Girls Greenwood-Here	5:00 p.m. H.S. Basketball Boys & Girls Sands-Here		First Semester Ends	5:00 p.m. H.S. Basketball Boys & Girls Greenwood-There	
23	24	25	26	27	28	29
	6:00 p.m. J.H. Basketball Boys & Girls Sands-There			5:00 p.m. H.S. Basketball Boys & Girls Grady-There	Beta Convention	
30	31					
	6:00 p.m. J.H. Basketball Boys & Girls Grady-Here	6:30 p.m. H.S. Basketball Boys & Girls Loop-There			5:00 p.m. H.S. Basketball Boys & Girls Klondike-There	

## SCHOOL MENU

January 24-28, 1983

	Lunch	Breakfast
Monday	Fish Sticks Pinto Beans Spinach Hush Puppies Fruit Milk	Toast Fruit Juice Milk
Tuesday	Tacos and Cheese Lettuce Tomatoes Fruit Milk	Biscuit and Sausage Applesauce Milk
Wednesday	Oven Fried Chicken English Peas Mashed Potatoes Hot Rolls & Honey Butter Milk	Toast Buttered Rice Fruit Juice Milk
Thursday	Hobo Stew Cheese Wedge Cole Slaw Hot Rolls Fruit Milk	Biscuits Bacon Fruit Milk
Friday	Hamburgers French Fries Lettuce, Tomatoes, Pickles Cookies Milk	Cereal Fruit Milk

## COMMISSIONERS COURT MEETING

The Borden County Commissioners Court met on January 10, 1983 at their regularly scheduled meeting. All members were present.

The following business was transacted. The minutes of the previous meeting were read and approved. Current accounts were reviewed and approved for payment. The bonds for the elected officials were approved.

The Commissioners appointed a grievance committee for the year of 1983.

The court authorized advertising for new bids from area banking

institutions seeking to be the county's depository for 1983-1984.

Mr. John Anderson met with the court concerning the county dump ground. After considerable discussion it was agreed to draw up a contract with the Escondido Ranch for a county dump ground.

The 1983 salary schedule was approved as budgeted and advertised in the 1983 budget for Borden County.

There was a general discussion of the Borden County Appraisal District with no action taken.

There being no further business the court adjourned at 3:00 p.m.

## FINDING AND USING PERSONAL TIME

Many working women with families find the responsibilities of job and family leave them very little time to relax. These women risk physical and emotional well-being and problems at home and work.

Studies show that women working outside the home sacrifice about 14 hours of leisure time each week. So how does a working mother balance responsibilities and still have free time?

Here are some suggestions which should allow for free time and help one to maintain an equilibrium between responsibilities and leisure.

Develop time management skills to increase free time. Analyze routines and better organize days by setting reasonable goals, jotting down appointment times and making lists to help remember details.

Use a 'family calendar' and post notices to help remind others of responsibilities and decisions related to household tasks.

Plan for shopping needs in advance, buy in quantity when possible, utilize mail orders when financially advantageous and concentrate on shopping in areas convenient to home and/or work.

Schedule family, personal and health care services in advance, then place them on

the family calendar. This allows for cancellation and rescheduling if necessary.

Plan time for exercise and recreation and do each consistently. Such activity can also involve family and friends.

Use resources and experiences to help develop management skills. Concentrate on topics such as time and money management, food preparation, interpersonal communication and record-keeping.

Encourage other family members to plan their extracurricular activities together to avoid 'family overload' and more obligations than family members can successfully handle.

Learn to recognize personal signs of stress and use stress reducers to relieve tension.

Find a brief period each day to 'get away from it all' as a technique for reducing daily stress. Whether it's reading, listening to music, meditating, enjoying nature or just being alone, each person's physical, emotional, intellectual and spiritual energies can be recharged.

With many demands for both work and family, finding 'personal time' isn't always easy, but in the long run being happy and relaxed will benefit everyone.

## ELECTRICAL DEVICE OFFERS PAIN RELIEF

Electrical stimulation has joined the more traditional treatments of surgery and drugs as a means of relieving chronic pain.

This relatively new treatment is called transcutaneous electrical nerve stimulation, or TENS, says the Texas Medical Association. Nerves are stimulated transcutaneously, meaning through the skin.

The device used consists of a small battery-powered generator about the size of a deck of playing cards, small enough to be carried by hand or worn on a belt clip. Wires run from the generator to a pair of electrodes about the size of half dollars. The electrodes are coated with a conductive gel and are placed either directly on or next to the area of pain.

When the generator is turned on, pulsating, low current passes through this area and alleviates certain kinds of pain. The patient may feel nothing or only slight tingling at the point of contact. Relief can last hours or days but is generally temporary with chronic (lingering) pain. So the device must continue to be used.

The U.S. Food and Drug Administration says about 40 brands of TENS devices are on the market with claims of providing some pain relief. The gadgets sell for \$500 to \$600 and are available only with a doctor's prescription.

Studies show they are most effective on low back pain and osteoarthritis, and less effective on pain caused by cancer or nervous-system abnormalities.

TENS does not work for all people, and the reason why is not known. Still, the FDA has called TENS "an effective method for the treatment of certain types of pain disorders." The agency noted an "acceptable" degree of effectiveness, "particularly in view of the very low potential risk to the patient."

The most common risk is the possibility of skin burns if the current is too high or the electrodes are too small. Some people may also experience skin reactions to the electrodes or the electrode gel.



Cold tea is a good cleaning agent for varnished floors or woodwork of any kind.

## CAPITOL UPDATE

John Tower

U.S. SENATOR for TEXAS  
142 RUSSELL OFFICE BUILDING  
WASHINGTON, D.C. 20510



With the beginning of the 98th Congress and the New Year it would be useful for our national leaders to consider resolutions to tackle the hard decisions facing our nation.

We should resolve to gain control of federal spending. This will require us to deal with so-called "uncontrollable" spending which calls for dispensing money to anyone who meets eligibility requirements without regard for total budgetary consideration. It is growth in this type of spending which has brought us to a fiscal crisis, and only action to control its growth will solve our problems.

We also should resolve to face the Social Security issue, to ensure the system remains sound and will continue to provide retirement income for those who have contributed during their working careers. This is the purpose for which Social Security was designed, and is its first responsibility.

As we begin our work for this Congress, we must resolve to maintain our program to rebuild our national defense capability, and not to be stampeded by short-term political considerations into failing to fulfill this obligation.

We must address our nation's economic problems. This will entail stimulating real economic growth in ways which will encourage the creation of new, long-term jobs in the private sector. At the same time, we must resolve to avoid yielding to the temptation to accept quick-fix temporary solutions which in the long run will only make our problems worse.

Finally, we must resolve to discipline ourselves to act in timely fashion on the legislation which faces us. Last month, we were forced to pass a continuing resolution to pay for most of the government's activities during the rest of the year because we failed to pass appropriations legislation by the end of the Congress.

But delaying passage of important spending bills until the 11th hour as did the last Congress is not a responsible way to govern. Certainly, it does not allow for the full consideration and deliberation we owe our constituents. In recent years, Congress more and more often has delayed, missed its self-imposed deadlines, and failed to pass the most basic of legislation until the last moment.

There is no reason for this delay. For example, last year, the Senate Armed Services Committee, which I chair, sent the full Senate the defense authorization bill April 13. The Senate took up the legislation May 13 and passed it within a few days. However, it was August 17 before the House had acted and House and Senate conferees worked out differences in the two versions of the bill so that it could be passed in final form.

This delay inevitably put off the defense appropriations bill, which also had to be passed before money could be spent. Indeed, this legislation was finally thrown into the continuing resolution, which was enacted in the closing moments of the 97th Congress and signed by the President on December 23.

I hope my colleagues will resolve that this year such delay will not be tolerated. Only if we do will we be able to meet our responsibilities to you, the people whom we represent.



A rib of celery kept in the bag with bread will keep the bread fresh a longer time.

### CUSTOM UPHOLSTERY

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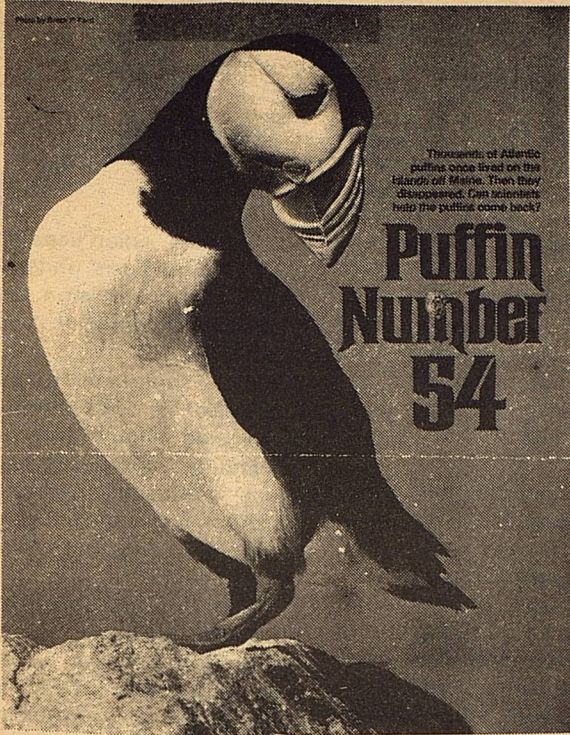
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## PUFFINS RETURN AFTER A CENTURY

More important than the return of the swallows to Capistrano was the return of Puffin number 54 to Eastern Egg Rock Island—the first puffin to nest and raise her young there in over 100 years, according to Ranger Rick's Nature Magazine.

Years ago, Eastern Egg Rock Island in Maine was the spring and summer home of hundreds of puffins busy raising families. The island was soon discovered by humans, who killed the puffins, stole their eggs, plucked puffin feathers for pillows and mattresses, and took their wings to decorate hats. Some people ate puffin meat and used parts of their bodies as fishing bait.

By 1902, only one pair of puffins was left.

Thanks to the efforts of Dr. Stephen Kress and the National Audubon's 'puffin project', puffins are returning to nest and raise their young on this Maine island after nearly a century of absence. Kress hopes to spread the puffin population around so that if they become endangered in one place, there will be plentiful prffins elsewhere, according to the monthly children's publication of the

National Wildlife Federation.

In order to repopulate Easter Egg Rock, Kress collected ten day-old puffin chicks from Newfoundland and brought them to Maine. Now a surrogate father, he dug little underground furrows for the chicks and fed them raw fish twice a day, just like parent puffins do. He didn't handle the chicks any more than necessary or talk too much around them, wanting them to grow up like 'wild' puffins.

Wild puffins spend most of their lives on the open ocean. When they are ready to raise families, they return to their birth place. Kress had to 'trick' his transported chicks into thinking that Eastern Egg Rock was their real home so they would return there to nest.

Ranger Rick says that one particular bird, Puffin number 54, adapted very well to her new home. She stretched her wings, dug in her little house and came out at night to exercise while her enemies were asleep. When she was 50 days old, she left her burrow for good, swimming into the night to begin four years of growing up. While she was away,

Kress moved more puffin chicks to the island in hopes that they would return to nest, as he hoped Puffin 54 would.

On July 4, 1981, his wish came true. Puffin 54 flew into sight with a beak full of fish and slipped into a crack in the rocks. She came out without the fish—a sure sign that she had a chick to feed. After almost 100 years, the first baby puffin had been born on the island. During the summer of 1982, eleven pairs of puffins were nesting on the island, according to Ranger Rick, giving Eastern Egg Rock a permanent population of puffins.

## VOCATIONAL NURSING

Applications are now being accepted for a Vocational Nursing class scheduled to begin March 1 at Western Texas College.

Applicants must be between 18 and 52 years of age and in good mental and physical health. They must have a high school diploma or a GED, and are required to take a pre-entrance examination which can be scheduled by calling the Counseling Office on campus. A personal interview with the nursing instructors, Winnie Poyner and Diane Beard, will be arranged after the pre-entrance examination.

Vocational Nursing is a 52week course which prepares students to take state examinations to become Licensed Vocational Nurses.

Enrollment in the March class will be limited to 15 students.

Persons wishing additional information about Vocational Nursing at WTC are invited to contact Ms. Poyner or Mrs. Beard in their office.

## STUDENTS ON DEAN'S LIST

Two students from Snyder and one from Ira have been named to the dean's list for the 1982 fall semester at Sul Ross State University.

Named to the list were Ty W. Springer, 3.3 and Lesa Gay Sterling, 3.0. Russell Kesner of Ira earned a 3.2 grade point average.

The Borden Star, Wednesday, January 19, 1983...5

## W-2 FORMS SHOULD BE RECEIVED BY Feb. 1

Employees who have not received a W-2, Wage and Tax Statement, by February 1 should contact their employer to be sure they have the correct address, the Internal Revenue Service says.

Even if an employee is unable to get a W-2 before the tax filing deadline, the return must be filed by April 15. The IRS reminds taxpayers that they must have a W-2 form from every employer they worked for

during the year. If it is impossible to obtain a W-2 from an employer, the employee should either request a Form 4852, Substitute Wage and Withholding Statement, from the IRS or attach a signed and dated statement explaining the tax computations for the missing wage and tax information to replace the W-2 and file it with the tax return, according to the IRS.

## TAX PREPARER AN IMPORTANT DECISION

If you choose to have someone do your federal tax return for you, the Internal Revenue Service advises that you take the same pains in making a wise choice as you would in choosing a doctor, lawyer, or any other professional, since the only person who is ultimately responsible for your tax return is you.

The IRS offers these suggestions on how to select and what to expect from a preparer. 1. Taxpayers should not sign a

blank return, nor one which is partially completed, nor one prepared in pencil. 2. Preparers should be asked to sign the return in the taxpayer's presence and to give his or her identification number, as required by law. 3. The taxpayer must be given a copy of the completed return. 4. Preparers who promise a refund, claim a special relationship with the IRS, or boast of ways to beat the tax system should be avoided.

## AUDITIONS

Auditions for the play TEXAS will be held in Lubbock on February 13 from 1 to 4 p.m. They will be held at the Music Building Number 1 at Texas Tech University.

Auditions will be held February 20 from 1 to 5 p.m. in Canyon. These will be at the Recital Hall, Mary

Moody Northern Fine Arts Building at West Texas State University.

Other auditions will be held in Dallas, Austin, and Albuquerque. For more information write; TEXAS, Box 268, Canyon, Texas 79015, or call; 806-655-2181.

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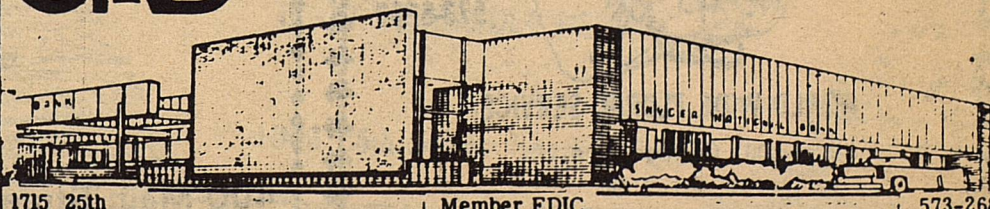
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## HOME FOOD PRODUCTION UP

More and more Americans are growing their own groceries.

Home food production continues to increase—the growth is really phenomenal.

More than half the households in America—and in Texas—grew food for their tables last year. Citing figures from a recent survey by the Gallup Poll and Gardens for All, the national association for gardening, some 53 percent of American households grew some or all of their own produce in 1982—a record number for the second consecutive year.

People are growing vegetables and fruit wherever they can find space. They are using backyards, flowerbeds, patios and rooftop containers. Community gardens are popular in many locations across the country but really haven't caught on yet in Texas.

Interest in home and community gardens has risen sharply the past few years, triggered by rising food prices and the desire to return to nature. Although food prices have declined recently, home vegetable production has remained steady because folks have found it to be an enjoyable and healthful as well as profitable activity. Also, gardening can be a family affair.

The recent Gallup-Gardens for All survey found that vegetable gardening has become the nation's number one outdoor leisure-time activity.

More people would likely take to gardening if they had adequate space. Many, especially those in urban areas, would like to have permanent sites set aside for community vegetable gardens. No doubt community gardens will soon become popular in Texas.

## FORMER SNYDER RESIDENT NOW AUTHOR

A former Snyder resident writing under the pen name of Constance O'Banyon now has her second historical romance available in paperback.

The book, published under the title 'Savage Desire' and published in December by Zebra Books, is on sale.

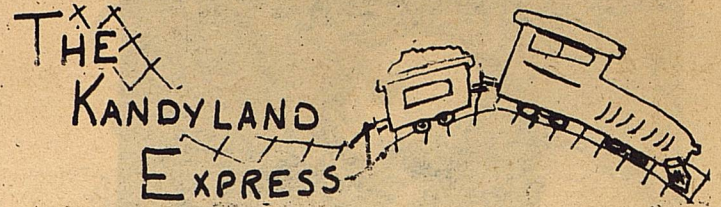
Constance O'Banyon is the pen name of Evelyn Hoyle Gee, who now makes her home in San Antonio. Her husband, James Gee, is also a former Snyder resident.

Mrs. Gee is the daughter of Johnny Hoyle and the sister-in-law of Mrs. Billy McCormick, both of Snyder.

Her second novel is billed as a historical romance and concerns Tajarez, the future king of the Lagonda Indians, and his quest for the 'golden haired girl' who will fulfill the prophecy of his tribe. The story is told against the background of the fabled Seven Cities of Gold.

O'Banyon's first novel, 'Ecstasy's Promise', a historical romance set during the Civil War, is in its third printing. A sequel is planned.

The author has also written a children's book under her own name and is currently working on her fifth book.



### Good Sleeping Patterns

Getting enough restful sleep is important if a person is to feel good and function properly. Sleep patterns can be interrupted, however, by factors such as age, food or alcohol intake, and sleep aids.

Many sleep disorders have been associated with poor lifestyle habits.

These poor lifestyle habits include lack of exercise, inadequate meals and ineffective handling of stress. Positive changes in these habits will improve sleep, and may even completely alleviate the problems associated with sleep.

Heavy meals before bedtime can interfere with sleep, since digestion is such a demanding physiological process. Food allergies can cause insomnia and caffeine can disturb sleep, because it acts as a stimulant.

Evidence indicates that heavy alcohol intake causes less total sleep time, less deep sleep, and less dreaming sleep.

Sleep medications can be bought over-the-counter or with a prescription. These

medications, when used on a short-term basis under a physician's supervision, are frequently beneficial and worthwhile.

The recommended dosages of over-the-counter sleep aids should not be exceeded. Overdoses can cause confusion, memory disturbances, worsening of glaucoma, and, in rare cases, death.

Sleep aids prescribed by physicians are usually either barbiturates or benzodiazepines. Both of these drugs are physically addictive.

Barbiturates, when consumed in large doses, can cause kidney failure, breathing difficulty, coma, and death. Large doses of benzodiazepines by themselves are not harmful, but combined with alcohol they can lead to impaired functioning and even death.

Adequate sleep is necessary for an individual's health and well-being. If sleeping troubles occur, improvements in lifestyle habits may help. For more severe problems, a physician should be consulted.

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If you're separating eggs, do it when they are cold for better results.

# Your County Agent Says by Alan Day

## SPD Program Offers Farmers Help on Decisions

Information to help crop and livestock producers in Borden county reduce costs and plan for profit in 1983 will be presented during the annual meeting of the South Plains Development Program, January 25 in Lubbock.

It's more vital than ever that you have the latest information on economic conditions affecting agriculture. This day-long program will bring you up to date on the economic outlook, national farm policies and programs, PIK program and export prospects, as well as give you specific information to help make production decisions for cotton, grains, oilseeds and livestock.

The program will begin at 9:15 a.m. at the KoKo Palace, Avenue Q at 50th Street in Lubbock. A registration fee of \$7.50 will include lunch.

Leading agricultural economists and commodity specialists with the Texas Agricultural Extension Service will present the program.

Dr. Carl G. Anderson, economist and cotton marketing specialist from College Station, will analyze the current economic situation and its implications for South Plains producers. National policies and farm program decisions will be examined by Dr. Ronald D. Knutson, economist and specialist in marketing and policy, from College Station.

Suggestions to help local producers plan for profits this season will be offered by Dr. Gary Condra, Extension economist and farm management specialist at Lubbock. Texas' prospects for agricultural exports will be presented by Dr. Mechel S. Paggi, economist and marketing specialist, College Station.

In two concurrent sessions during the afternoon, commodity specialists will focus on specific questions facing producers.

Anderson and Johnny R. Feagan, economist and organization specialist from College Station, will discuss cotton and oilseed crops. Grain crops and livestock production will be discussed by Dr. Edward G. Smith, economist and grain marketing specialist, and Dr. Ernest E. Davis, economist and livestock marketing specialist, both from College Station.

This program will provide timely information needed not only by farmers, but by agribusiness firms and anyone involved in agriculture.

Anyone interested in attending should contact my office this week so meal arrangements can be made. Call 856-4336.

The SPD program is a coordinated regional effort of individuals, associations, businesses and agencies to promote economic development in agriculture and improved family life in 21 counties. It is sponsored by the Extension Service, working through county

Extension program building committees and special SPD task forces which identify educational needs and coordinate educational activities.

## New Long-Range Program Completed

A long-range program about Borden County has been developed and published according to Jim Burkett, chairman of the County Program Building Committee.

The document, developed by committee members, contains detailed description and analysis of county situations, points out problems and program areas of concern, and provides long-range objectives for continued growth and development in economic and social areas important to county citizens, Burkett said.

Burkett urges all interested individuals and groups to become familiar with the Long-Range Extension Program and to support the Borden County Program Building Committee in helping achieve the long-range objectives. The document will serve as the blueprint for the program building committee in developing annual educational programs through the local office of the Texas Agricultural Extension Service.

The Program Building Committee is composed of 42 county citizens who work closely with the County Extension Agent to develop and carry out educational programs needed. Besides the chairman, Committee officers include: Brent Murphy, Vice-Chairman; Dorothy Browne, Secretary.

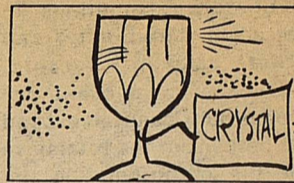
The contributions of county citizens through the program building committee are vital to an

effective Extension program. All members of the county committee are listed in the new Long-Range Extension Program.

In developing the Long-Range Extension Program, 5 program area committees of the County Program Building Committee helped in studying the county situations. These committees are Range and Livestock, Family Living, Field Crops, 4-H and Youth and the Executive Committee. The committees gathered and analyzed background information and noted changes and trends in order to identify major problems and opportunities. From these they established long-range objectives.

Additionally, the Program Building Committee appointed special study groups that collected information which related to other aspects of county program needs.

The booklet contains information and data on such things as county history, population trends, family living, youth, agriculture, natural resources, community services and facilities and major income sources. There is probably no other single reference that contains such a broad description of our county and its people.



The word "crystal" came from a Greek word meaning both ice and rock crystal since the ancients believed that rock crystal was a modified and permanent form of ice.

## MONTFORD

con't from pg 1

Natural Resources and as a member of the Subcommittee on Criminal Matters in Jurisprudence.

"I am very pleased with my committee assignments. I got exactly what I asked for," Senator Montford said.

"Three of my top legislative priorities will be considered by these committees. My crime package will be handled through Jurisprudence. The Capitol Higher Education Fund (CHEF) and teacher pay increases will be considered by the Education Committee. The water plan legislation will be assigned to the Natural Resources Committee," Montford said.

"The problems that are facing Texas Tech University, South Plains College, University of Texas at the Permian Basin (U.T.P.B.), Howard College, Odessa College and other public and private educational institutions in the 28th Senate District and the State will be handled by the Education Committee. I feel that I can have a more direct say about these great institutions by being on the Education Committee," Montford said.

Senator Montford was sworn-in at noon on Tuesday, January 11, 1983.

He represents the 28th District of Texas which includes 14 counties on the South Plains and Permian Basin.



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# ASCS News

by Jerry Stone

## PIK PROGRAM PROVISIONS Signup

Signup will begin on January 24 and end on March 11, 1983.

### Producer's Alternatives

To participate in the PIK program, farm operators must enroll in the previously announced acreage reduction and required land diversion program.

Operators may enroll the farm in the 10-30 percent of the base PIK.

Operators may bid on the whole base for the farm.

Producers who are projected to receive deficiency and diversion payments in excess of the \$50,000 limit may request a reduction in the required conservation use acreage, or may request PIK at 50 percent of the farm's effective yield for the applicable commodity on the conservation use acreage that would have been reduced.

### Enrollment

PIK contract must be signed by March 11.

All producers who share in the PIK must sign the contract.

### Compensation

Compensation for the 10-30 percent PIK will be the announced percentage (95 percent for wheat and 80 percent for corn, grain sorghum, rice, and upland cotton), times the farm program yield, times the PIK acreage.

Compensation for accepted whole base PIK contracts will be the bid

percentage times the farm program yield, times the PIK acreage.

Compensation for the reduced conservation use acreage feature for producers subject to the \$50,000 limitation will be 50 percent of the farm's program yield times the conservation use acreage that would have been reduced.

Compensation will be in standard amounts for grain (No. 1 wheat, No. 2 yellow corn, No. 2 sorghum) or the historical area average quality for rice and cotton.

### Conservation Use Acreage Eligibility

Producers who have planted wheat before PIK program announcement will be permitted to graze or hay the conservation use acreage before the disposal deadline.

In summer fallow areas, summer fallow acreage designated for PIK must be land that was or would have been planted in 1983.

Other eligibility requirements will be the same as for the previously announced program.

### Whole Base Bids

The amount of base accepted will depend on signup, the supplydemand situation for each commodity, conditions in the local community, and other relevant factors. However, in no event will the amount diverted exceed 50 percent of the total base for the commodity in the

county.

Bids will be made as a percent of the farm's program effective yield.

CCC reserves the right to reject any or all bids.

County ASC committees will open bids on March 18 and arrange them in order from the lowest percentage of the yield bid to the highest.

No bids will be accepted that exceed the percent of the yield offered for the 10-30 percent PIK.

If bids are to be accepted in the county, they will be approved in order until the county limitation is reached but not exceeded.



## PORK AND RICE HERALD YEAR OF THE PIG

The Chinese New Year Festival on February 13 will mark The Year of the Pig.

What better way to herald the occasion than by serving a dish of economical yet delicious Pork Chops Cantonese with fluffy, hot rice? Pork and rice are among the better market buys and both combine beautifully with the flavors of this sweet-sour sauce.

### PORK CHOPS CANTONESE

- 4 to 6 pork chops (about 1-1/2 pounds)
- Salt and ground black pepper
- 1/4 cup vegetable oil
- 1 cup chopped onions
- 1 can (20 ounces) pineapple chunks (drain; reserve syrup)
- 1/4 cup dry sherry
- 1 tablespoon cornstarch
- 1/2 teaspoon ground ginger
- 3 tablespoons soy sauce
- 1 cup sliced celery
- 1 cup thinly sliced carrots
- 2 to 3 cups hot cooked rice

Season pork chops with salt and pepper. Heat oil in large skillet. Add chops and brown on each side. Remove all but 2 teaspoons fat. Add onions and saute lightly. Stir in pineapple syrup and water to make 1-1/4 cups. Add sherry. Cover and simmer 30 minutes or until chops are tender. Blend cornstarch, ginger, and soy sauce. Stir into meat mixture. Cook about 1 minute or until slightly thickened. Add celery, carrots, and pineapple chunks. Cover and cook until vegetables are tender crisp, about 10 minutes. Serve with beds of fluffy rice. Makes 4 to 5 servings.



## The Consumer Alert

by Jim Mattox  
Attorney General

AUSTIN—You've seen the almost always a central office advertisements in the news- where you can contact the papers: Once in a lifetime seller with an inquiry or com- sale! Museum quality! Fine plaint.

turquoise and silver jewelry! Our Consumer Protection This weekend only, 10:00 to Division lawyers say you may be able to avoid potential dissatisfaction with purchase made at all types of "itiner- ant" sales or auctions if you buy with the realization that the sale is likely to be final, and that you will have little recourse later. With such knowledge, you should be sure to examine an item very care- fully before buying or bidding.

Sometimes it's an art auc- tion, or an Indian jewelry auc- tion, or maybe Oriental rugs. Or perhaps it's an estate sale rather than an auction. The key similarities, though are that the auction or sale is usually for only a few days duration, is most often held in a hotel or motel suite, and is frequently advertised as the "chance of a lifetime," or something similar.

Our Consumer Protection Division attorneys caution that such events carry the elements necessary for poten- tial consumer problems. That is, the sponsors often are itinerants, have no local busi- ness address, and may or may not be operating under their correct names or the correct names of their business. After the sale or auction, the sellers pack up, move on to another spot, and may open up under an entirely different name.

The fact that they move on immediately after a sale, usually leave no forwarding address, and seldom have a local agent could spell disas- ter for consumers who make a purchase or bid successfully on an item, then find later that the goods have been misrep- resented. Our attorneys have obtained court judgments in several such cases.

Of course, many businesses or individuals sponsor legit- imate occasional sales or auc- tions. Many of them travel a- round the State and even the nation on a schedule that brings them back to a city or town at the same time each year. In such cases there is

you.

For help with a consumer complaint, call the Attorney General's Consumer Protec- tion Division office nearest you.

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