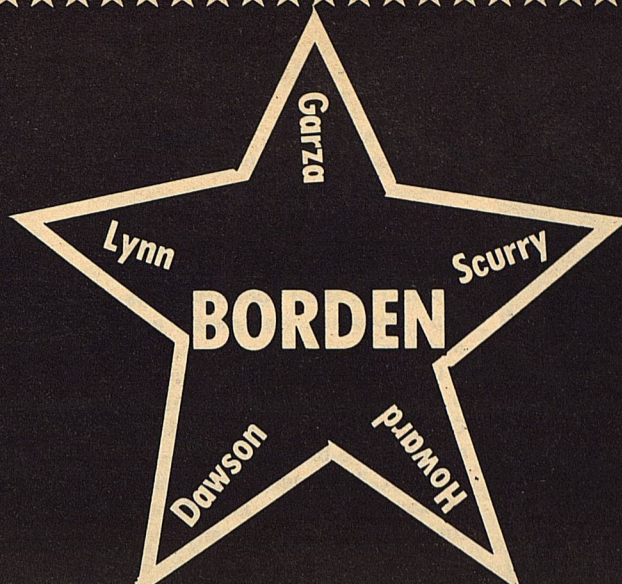


# THE

Volume XLII



# STAR

August 20, 1986

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

## Local 4-H'ers Win Honors in State 4-H Trap & Skeet Tournament

Over 400 4-H members participated in the 1986 State 4-H Trap and Skeet Shoot conducted at the Greater Houston Gun Club, August 6th through 9th. Fifteen competitive events in American and International Trap and Skeet were sponsored by the State 4-H Office in cooperation with the Texas Agricultural Extension Service.

The 1986 State Shoot represents nine years of state level competition in the Texas 4-H Shooting Sports Program. In cooperation with the Texas 4-H Youth Development Foundation, twelve state and national organizations, including the Texas skeet Shooters Association, The Texas Trap Shooters Association, Texas State Rifle Association and numerous sport shooting manufacturers, contributed to the sponsorship of this 4-H Youth Shooting Sports Event.

The shooters that participated were: Sub Jr. division, Cole



Borden County 4-H shooters traveling to the state shoot in Houston are: back-Dennis Poole county agent, Cole Vestal, Lance Telchik, Patrick Herridge, Michael Murphy, and Bryan Barnes. Front-Clint Bray, Jason Mize, Cody Cox, Clay Miller, and Jeremy Mize.

Vestal, Clint Bray, Jason and Jeremy Mize, Cody Cox, and Clay Miller. Jr. division: Lance Telchik, Patrick Herridge, and Bryan Barnes. Sr. division: Michael Murphy.

In International Trap there were 9 shooters who participated: Michael, Cole, Clint, Jason, Clay, Cody, Patrick, Lance, and Bryan. Cole placed 1st in the Sub. Jr. division. Some of the shooters had never shot this before.

In International Skeet, Cole and Michael shot it for the first time. They didn't place but they enjoyed the shooting experience.

In American Trap the Sub Jr. did very well. On the 2 man team, Cole and Clint placed 4th, shooting 79 birds out of 100. On the 3 man team, Jason, Cody and Clay won 5th place, shooting 97 birds out of 150. Cole won high individual in trap, scoring 48 out of 50.

In the Jr. division the 3 man team consisted of Lance. Con't on Pg. 2

## Ogden and Key Named Champions

Borden County claimed three of the world championship saddles during the AJRA National Finals Rodeo last week in Snyder

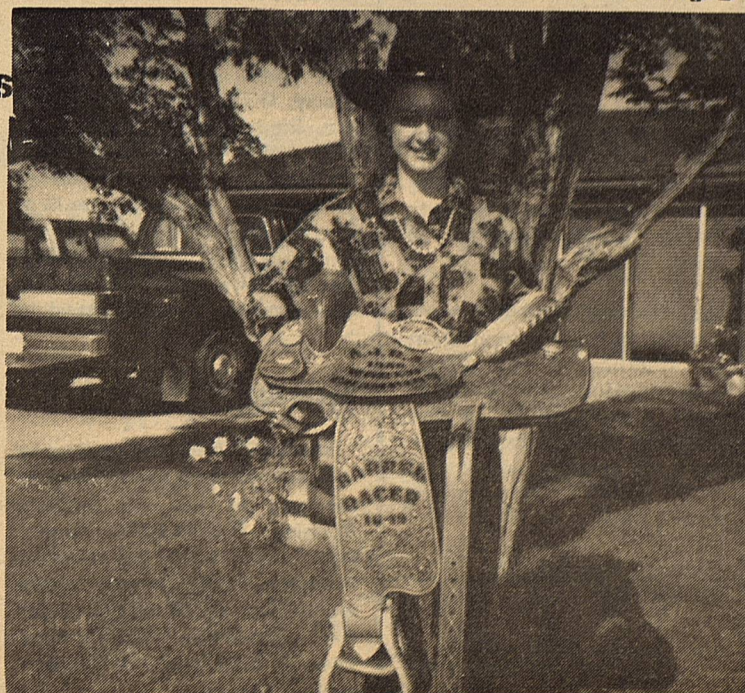
Kelly Jo Ogden won the girls 12 and under all around and also the world champion barrel racer for girls 12 and under.

Ralynn Key won the girls 16-19 world champion barrel racer title. Each girl received a beautiful trophy saddle and buckle for their achievements.

Among the other local world champions were Leddy Lewis from Snyder, Carter Edmondson from Roby, Brandon Luce from Coahoma, Jeff Hilton (nephew of Kandy McWhorter) from Olney, Lea Whithead (niece of Mary Jon Phinzy) from Sonora,



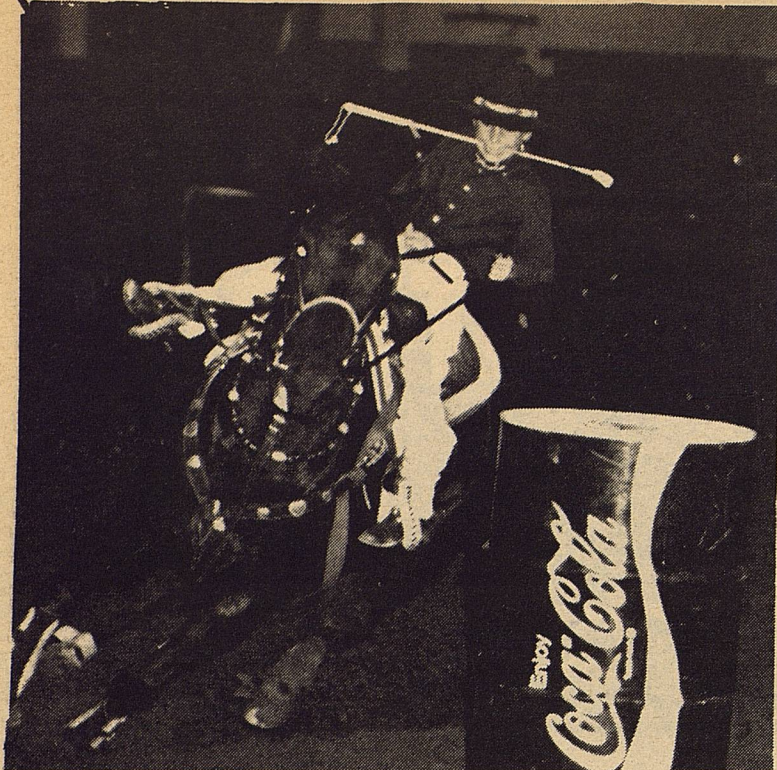
KELLY JO OGDEN - All Around Champion and World Champion Barrel Racer



RALYNN KEY - World Champion Barrel Racer

Con't on Pg. 4





JILL VOSS of Gail will be participating in the High Plains Junior Rodeo Association National Finals Rodeo this weekend in Portales, New Mexico. She is currently in the lead for the year in girls and boys 8 and under all-around, barrel racing and flag racing and placing third for the year in goat tying. Jill participated in the AJRA Finals last weekend in Snyder where she finished in 5th place for the year in girls 12 and under pole bending.

## 4-H Tran and Skeet Club

con't from 1

Patrick, and Bryan. They placed 6th shooting 172 birds out of 225.

Cole was chosen for the Honorary All State team and was presented a plaque by White Flyer. The team consists of the top shooters in each age division.

In-American Skeet the Sub Jr. 3 man team consist of Jason, Cody and Clay. They placed 4th shooting 85 birds.

The Jr. 3 man team, consisting of Lance, Patrick, and Bryan, took 3rd place honors, shooting 180 birds.

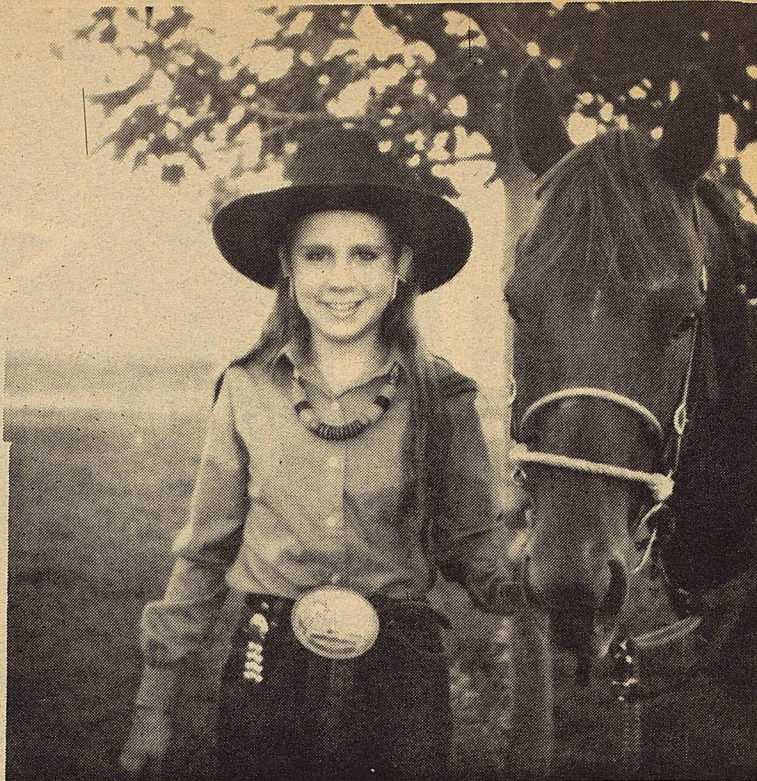
The referees, field supervisors, and personnel of Houston Gun Club picked the sportsmanship nominees based on their attituded and actions on and off the field. They chose one shooter from each age division. We are proud of Cole Vestal for winning the Sub Jr. division. Scott Farris of Howard County took the honor in the Sr. division.

District six presented three beautiful traveling trophies for the highest overall score of the two man team in each division. They were given in memory of four young men who had participated at the state level in past years. Armando Soto of Howard County, David Holmes of Borden County and Greg Hyatt and Todd Ratliff of Upton County. The Sub Junior division Traveling Trophy, presented in memory of Armando Soto was won by Amanda Anderson and Kyle Riddle of Howard County. The two man team of Scott Farris and Brandon Riddle from Howard Co. won the Junior Division Traveling Trophy, given in memory of David Holmes. The Senior Division Traveling Trophy, was son by Brazos County and presented in memory of Greg Hyatt and Todd Ratliff of Upton County.

Out thanks go to the adult leaders for going and helping with the kids. Paul and Sue Mize; Pat and Tammy Telchik; Tom Ed and Barbara Vestal; Jane Perryman; Paula Miller; C. W. Berryman; Fanhy Flint; Ken, Ollie and Dawn Holmes; and Dennis Poole.

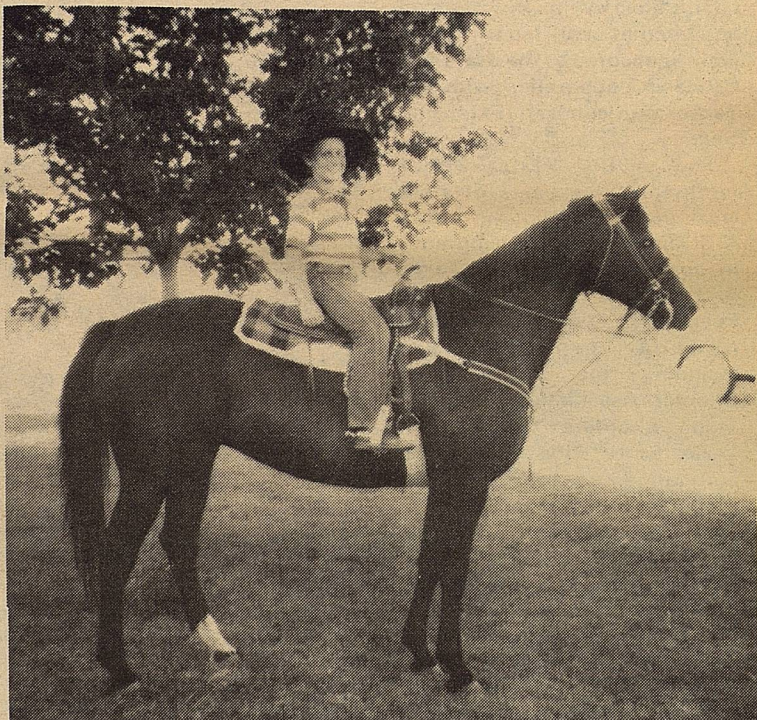
### Plains Community Center Memorials

Thanks to Mr. and Mrs. Oscar Telchik for the donations made to the Plains Community Center in memory of David Holmes and Bill Stephens.



SHANE HESS (pictured above) and KURT HESS (pictured below) will be participating in the High Plains Junior Rodeo Association National Finals in Portales, New Mexico this weekend. Shane has qualified in girls 9 to 12 barrel racing and goat tying and Kurt has qualified in boys and girls 8 and under barrel racing, goat tying and flag racing.

Borden County is very proud of Jill, Kurt, and Shane and wish them all the luck this weekend.



## COMMUNITY CALENDER

August 19-20.  
Basic EMT Class

August 25  
1986-87 school year begins for teachers at Borden County Schools

August 27  
4-H Fabric Sale- Exhibit Bldg.

September 1  
Labor Day

September 2  
1986-87 school year begins for students at Borden County Schools

### Thanks

The Borden Co. 4-H shooting sports club would like to express our appreciation for the support of the community, family and friends who made out trip possible. Those who contributed were: Mary Miller; Norman Ledbetter; B. B. Vestal; Key Bros. Implement; Upsy Daisy; O'Donnell Oil & Butane Co. Inc.; Wayland Taylor Inc.; Farmers Co-op Association; Pat Childress; First National Bank of O'Donnell; Production Credit of Snyder; Mr. and Mrs. Pat Porter; Mr. and Mrs. James McLeroy; Mr. and Mrs. Kent Holmes; and Mr. and Mrs. Tom Ed Vestal.

### THANK YOU

I would like to thank everyone in Borden County for the plaque I received at the old Settlers Reunion. It is so special to me, and the memories the Reunion brought back to me were wonderful. Thank all of you for the hard work and time that you invested to give us "Old Timers" such a nice day.

-s- Nell Smoot Gray

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Barbara Anderson

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# Extension Home Economics Report

By: Kandy K. McWhorter,

## AVOIDING TOO MUCH SODIUM

Four out of ten adults are trying to cut down on salt or sodium in their diets, and probably more would join them if they knew how.

Americans generally consume more than the recommended amount of 1,100 to 3,300 milligrams of sodium per day.

Sodium has been associated with high blood pressure and an increased risk of heart attack, stroke and kidney disease. For that reason, the newly revised Dietary Guidelines for Americans recommend avoiding too much sodium in the diet.

Since sodium comes in a number of forms and is used as an ingredient in many foods, simply putting the salt shaker away is often not enough.

Follow these guidelines for selecting low sodium foods:

-Unprocessed grains are naturally low in sodium.

Ready-to-eat cereals vary widely in sodium content, so read the labels.

-Fresh, frozen and canned fruit juices are low in sodium. Most canned vegetables, vegetable juices and frozen vegetables in sauce are higher in sodium than fresh or frozen ones cooked without added salt.

-Milk or yogurt is lower in sodium than most natural cheeses, which vary widely in their sodium content. Process cheese, cheese foods and cheese spreads contain more sodium than natural cheeses. The sodium content in cottage cheese falls somewhere between natural and process cheeses.

-Most fresh meats, poultry and fish are low in sodium. Canned poultry and fish are

higher. Most cured and processed meats such as hot dogs, sausage and luncheon meats are even higher in sodium because if is used to preserve them.

-Most convenience foods are high in sodium. Frozen dinners and entrees, canned soups, dehydrated soup, sauce and salad dressing mixes contain a lot of sodium. Condiments including soy sauce, catsup, mustard, tartar sauce, chili sauces, pickles and olives are also high in sodium.

Many low or reduced sodium products are now in the supermarkets as alternatives to foods processed with salt and other sodium containing ingredients.

But you may find some of these low salt products unpalatable unless you season them with herbs, spices, lemon juice or other flavorings.

Be careful to avoid seasonings, such as garlic salt or flavor enhancers, which are high in sodium content. Instead, make your own no salt herb or spice mixtures, or buy a commercially prepared no salt seasoning.

Cutting back on sodium does not require eliminating certain foods from the diet.

Most people can moderate their sodium intake by choosing lower sodium foods more often and by balancing high sodium foods with low sodium ones.

For example, if you serve ham for dinner, serve it with fresh or plain frozen vegetables cooked without added salt and a salad with a low sodium dressing. Likewise, if you eat a high sodium fast food lunch, balance it with fresh and low sodium foods at dinner.

The daughters and son-in-laws of M. D. and Bonnie Cross are honoring their parents with a reception for their Golden Wedding Anniversary on Sunday August 24, 1986 in the C. C. Thompson room at the City National Bank of Colorado City, Texas from 3 to 5 p.m. All friends and relatives of the couple are invited to attend.

Mitchell Dalton Cross and Bonnie Alron Ayers were united in marriage August 27, 1936 at Big Spring, Texas in the First Methodist Church Parsonage, then located next to the First

## COUNTY AG-AGENT REPORT

### HARVESTING PRECAUTIONS FOR REDUCING BARK IN COTTON

Proper cotton harvesting practices can top off a good season by reducing bark in the crop--a problem that annually penalizes farmers.

Close attention to the following harvesting practices to help reduce barkly cotton and thus reap higher prices:

--Don't harvest too early or too late in the day; moisture is the top enemy of cotton quality and trash is the main source of moisture in the harvested crop.

--Check the moisture content of both seed and lint cotton before harvesting. The combined moisture content should be less than 12 percent, preferably under 10 percent, for safe storage in trailers or modules.

--Adjust the stripper to the crop, especially when you move from one field to another, when changing varieties or when stalks are more deteriorated in some fields due to different age cotton.

\*Modify stripper paddles and brushes to reduce the amount of foreign material in seed cotton.

--Root-rot areas that kill the old stalks completely tend to produce barkly bales, so harvest them separately to prevent contaminating otherwise clean bales.

--Build modules on clean, high ground to reduce the risk of picking up grass, weed residue or old cotton stalks when the module is loaded.

United Methodist Church on Scurry Street. The Rev. C. A. Bickley performed the ceremony.

Parents of the couple are the late W. B. and Dessie Ayers and the late J. M. and Nona Cross all of Big Spring.

The couple began their married life in the Center Point community north of Big Spring where Mr. Cross was engaged in farming with his father.

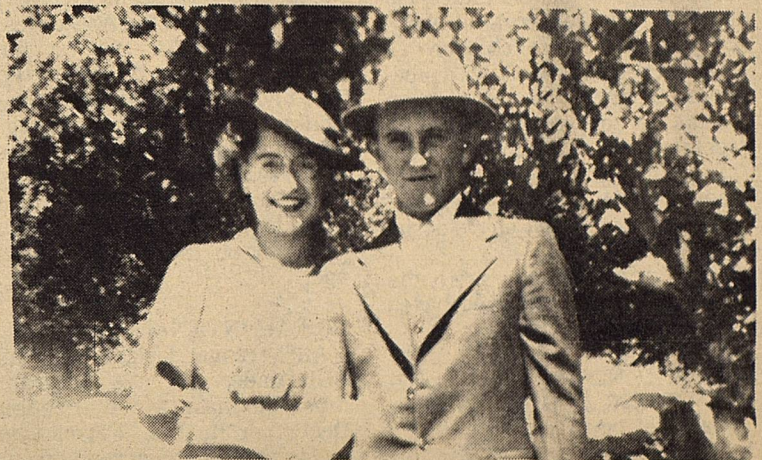
Mr. Cross served in the infantry during WW 2 and after the war they settled in Big Spring where they were both employed at Webb AFB and the Howard County Sheriff's Dept. until retirement in July 1977 when they moved to Lake

Colorado City, Texas where they are now residing.

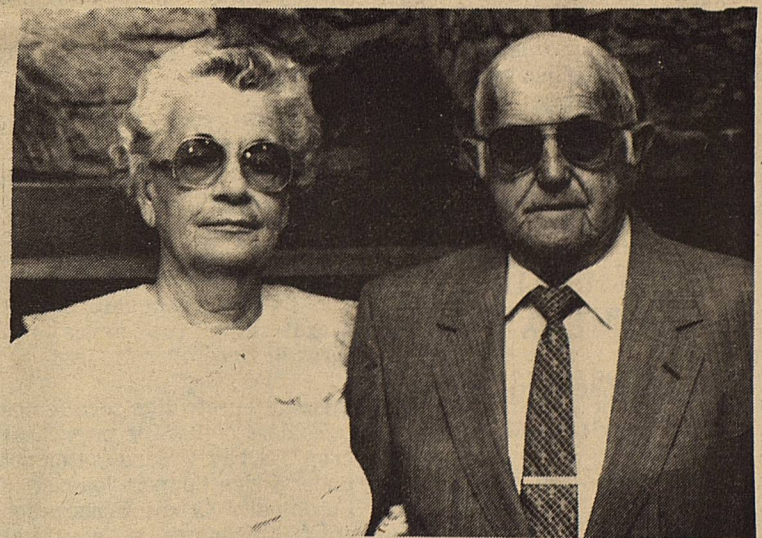
The couple lived in Borden County at Lake J. B. Thomas for three years during their tenure at Webb AFB from 1958 until 1961.

They have three daughters, Mrs. Steve (Carolyn) Stephens of the Plains Community in Borden County and Mrs. Bill (Shirely) Bodin and Mrs. Fern (Sandra) Cox both of Big Spring. They also have 13 grandchildren and 16 great-grand children.

Since retirement the couple are enjoying traveling and sight seeing in their motor home, fishing, boating, and entertaining their grand children.



Mr. and Mrs. M. D. Cross 1936



Mr. and Mrs. M. D. Cross 1986



Visit Our Deli

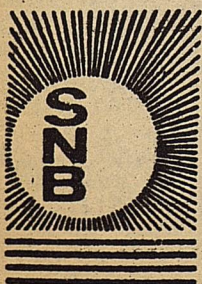
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## SCHOOL BOARD MEETING

The Board of Trustees of the Borden County Independent School District met in regular session on August 18, 1986 at 6:00 p.m.

Board members present were Jack McPhaul, Kent Holmes, Joel Dennis, Steve Hess, Tom Ed Vestal, Bill Phinizy, and Jon Monger.

Administrators present were James McLeroy, Superintendent Mickey McMeans, High School Principal and Ben

Jarrett, Elementary Principal.

The meeting was called to order by Jack McPhaul, President.

After routine business of minutes and bills, the board heard the financial report and amended the 1985-1986 budget. Superintendent McLeroy recommended the employment of Mrs. Joann Vaughan as special education resource teacher and Mrs. Julie Johnson as counselor.

The proposed budget was reviewed and approved.

## ASCS NEWS BY Jerry Stone

AGRICULTURAL CONSERVATION PROGRAM (ACP)

We have received an additional allocation of funds to be used for approved 1986 ACP practices. If you are interested in doing any conservation work on your farm or ranch such as livestock water facilities (pipelines, concrete storage, earthen tanks), control of brush by rootplowing or grubbing, constructing terrace systems etc., then now is the time to file your application for cost share assistance.

All applications will be considered and approved based on conservation needs.

### REFERENDUM ON ADVERTISING AND SALES PROMOTION OF LAMB AND WOOL

Ballots have been mailed to known lamb producers in the county. Remember the ballots have to be back in the office or post marked by August 29, 1986.

If producers indicate approval in the referendum, deductions will be made from shorn wool and unshorn lamb payments for the 1986 thru 1990 years to finance advertising, promotion, and educational programs of the

## POLITICAL CALENDAR

U. S. CONGRESS 17th District  
Charles Stenholm (D)

STATE LEGISLATURE  
(69th Dist)  
Rich Anderson (R)

COUNTY JUDGE  
Van York (D)

COUNTY CLERK  
Dorothy Browne (D)

COUNTY TREASURER  
Lisa Ludecke (D)

COUNTY COMMISSIONER  
Precinct 2  
Larry Smith (D)

Precinct 4  
Buck Lemons (D)

JUSTICE OF THE PEACE  
Carolyn Stone (D)

### FAILED ACRES

Please remember if you have cotton or grain sorghum acreages which have failed because of a natural disaster, you must come to the ASC office, file an ASCS-574, request for disaster credit, and certify to the failed acres, before you destroy evidence of the crop by plowing.

Failure to complete the above will result in loss of history credit, and if you are a program participant, loss of deficiency payment on the effected acreage.

### ACR MAINTENANCE

All acreage designated as ACR under the 1986 program must be maintained through December 31, 1986. Farms who fail to protect the acreage from wind and water erosion, or control weeds on the acreage will be out of compliance and ineligible for any program benefits.

### NON-GRAZING AND HAYING PERIOD

Acreage designated as ACR under the cotton program may be grazed or hayed beginning September 1, 1986. However remember this does not relieve you of the responsibility of maintaining the acreage through December 31, 1986.

### inventory protection certificates

Holders of 1985 or prior year crop U.S. raw Upland Cotton not under Price Support loan or in Commodity Credit Corporation (CCC) inventory as of 12:01 August 1, 1986, are eligible for payment in the form of a Cotton Inventory Protection Certificate.

Individual producers may file claims for payment by bringing in your warehouse receipts or other documents showing proof of ownership. Claims will be forwarded to Kansas City Commodity field office for processing.

Claims for payment must be delivered or post marked no later than August 31, 1986.

In a separate meeting in the cafeteria, the board heard the budget review in a public hearing. The tax rate was set at \$.37 in the Maintenance and Operating Fund and \$.03 in the Interest and Sinking Fund for a total of \$.40 per \$1000. value for the 1986-1987 year.



The first president to accept his party's nomination with a speech at the party convention was Franklin D. Roosevelt, who flew from Albany to Chicago in 1932.

## CHAMPIONS Con't from Pg. 1

Adam Brewster from Snyder, and John Bland (grandson of Barbara and Rich Anderson) of Lovington, New Mexico.

Brice Key was the recipient of the AJRA Alvin Davis Founder Award. This is a sportsmanship award, in which he received a trophy buckle.



BRICE KEY - Founders Award

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