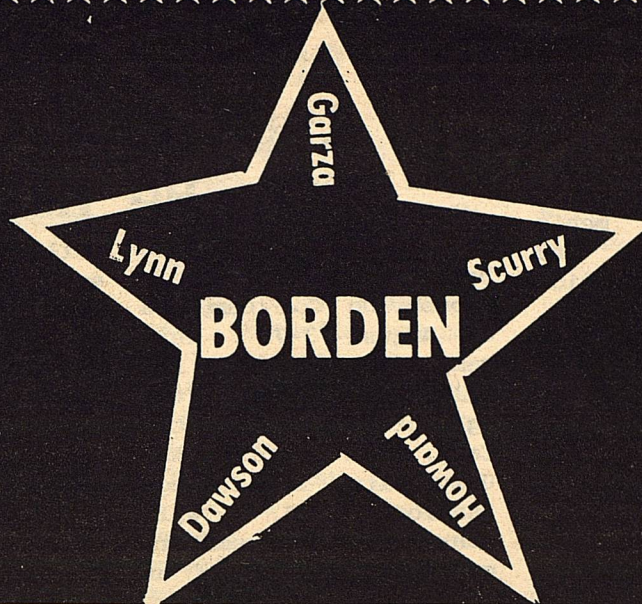


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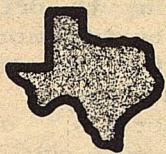
VOLUME XIV



STAR

JULY 6, 1988

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry



T for TEXAS

by T. Lindsay Baker

John Duval Finds Himself a Dog

Scout was John C. Duval's dog, but at first Duval didn't want him. In fact, he tried to kill him. But I am getting ahead of myself in telling the story.

John Duval was one of the many young Americans who came to Texas in 1836 to fight in its revolution against Mexico. He was a common soldier in Fannin's command, which after the Battle of Coletto surrendered to Mexican General Joe Urrea.

Young Duval was one of only a handful of the rebels to escape the Mexican firing squads that executed almost all of Fannin's men and Palm Sunday 1836. Fleeing when the executioners began firing, he got away partly due to luck and partly from his ability to run fast and long.

For weeks Duval wandered in an easterly direction along the Gulf Coastal Plain, never relly knowing where he was but hoping to reach safety. What he did now, however, was that he was behind the Mexican lines and always in danger of capture.

During his wandering Duval came upon several

homes abandoned by American settlers who had fled eastward when the Mexican army had approached. When he came to one of these houses, Duval remembered "a half dozen dogs came rushing out of it, seemingly with the intention of tearing me to pieces." He said he picked up a stick for protection, "but when the dogs got near enough to see that I was an American, instead of attacking me they began to leap and jump around me as dogs do when they see their masters after a long absence."

Entering the abandoned house, Duval found it filled with food and clothing all intact. Obviously it had not been discovered by the invading Mexican army.

"In the smoke house... there was a large quantity of bacon, and the first thing I did was to take a 'midling' and cut it up for the dogs."

Then he proceeded to cook himself a first-rate dinner with a cup of coffee, the first of the latter he had tasted since his escape from Goliad firing
cont. to pg. 2



BORDEN COUNTY RESIDENTS ATTEND ELECTRICITY CAMP

Nine youths and a county agent, all from Borden County, last week participated in an electricity camp sponsored by Southwestern Public Service Company (SPS) for 4-H members. About 115 4-H'ers from throughout the South Plains attended the camp June 27 to July 1 in the Sacramento Mountains south of Cloudcroft, N.M. Back row, L. to R. Cody Stone and Jason Sharp. Front row, L. to R. Tammy Voss, Shayne Hess, M'Lys Lloyd, A'Lise Lloyd, Kristi Adcock, Kandy Belew, Shawna Stipe and county agent Debbie Pollard.

BROWNE ATTENDS CONFERENCE

Dorothy Browne, County and District Clerk of Borden County has recently returned from the 93rd Annual Conference of County and District Clerks Association of Texas, held this year in Corpus Christi, Texas.

While there she attended the two day Education Program of The National Center for State Courts, Williams-

burg, Va. in cooperation with The Institute for Court Management, Denver, Co. She was one of three Clerks on the Plenary Panel Discussion "Concerns of Texas Clerks" that closed the two day session. Other panel members were a Texas Judge and members of the education program faculty.

She also participated in discussion groups

and the board meeting of the Clerk's Association while in Corpus Christi.

Dorothy stated, "I enjoyed the meeting and found it very educational, but it is always good to get home to Borden County."

ANY DISHES LEFT AT THE CANON RANCH CAN BE PICKED UP IN THE CLERK'S OFFICE.

WTC Bulletin

SNYDER--The Tony Mauldin is men's basketball coach and physical education instructor at WTC.

Hours for the camp will be 9 a.m.-4 p.m. each day. Participants will be taught fundamentals and full-court drills. Fees are \$65 per camper, with the second camper from the same family paying \$55.

Campers will bring a sack lunch or may go with a parent for the noon meal.

Registration is due by July 18 and students are to register by writing Mauldin at 3203 Irving in Snyder, TX 79549. A \$20 deposit is to accompany the registration and checks should be made payable to WTC Girls Camp. The remaining fee will be paid as the camp begins.

Fees include a camp T-shirt, a basketball and insurance on the camper at camp.

Several awards will be given, including one for the MVP.

SNYDER--Students wishing to enroll in the Western Texas College cosmetology class starting Sept. 1 are asked to contact Judy Border, instructor, in July.

Prospective students are to go first to the admissions office in the WTC Administration Building. There they receive a packet containing all the forms to be completed. They will then schedule an interview with Mrs. Border.

Cosmetology students receive 1,500 hours of training in all phases of cosmetology in 12 months and are eligible to take state Board of Cosmetology examinations to receive licenses.

Persons wishing more information may contact Mrs. Border at 915 573-8511 Monday through Thursday.

SNYDER--Western Texas College will hold the second of three 1988 summer Success Seminars starting at 8:30 a.m. on July 14.

All students entering WTC as full-time freshmen for the first time in the fall semester must attend a seminar, Dr. Duane Hood, Dean of Student Services, said.

Students planning to attend a seminar are to inform the Admissions Office in advance by calling 915 573-8511. Parents are encouraged to attend the seminar along with the student.

The Success Seminars offer students the opportunity to pre-register for the fall semester. Students who pre-register will be billed in August for tuition, fees and housing charges.

There is no charge for attending the seminar. Students who do not have an ACT or SAT score on file at WTC will take the ASSET test and there is a \$5 fee for that test.

1988 Cow Camp To Be Held

The International Zebu Breeders Association is sponsoring Cow Camp 88 on August 3-7. This camp is designed for all youth between the ages of 12 and 19. Cow Camp, held at Texas A&M University in College Station, TX, will consist of seminars covering all phases of the cattle industry. These seminars will give participants a chance to learn and receive "hands on" experience on subjects such as showmanship, halter breaking, dehorning, hoof trimming, cattle judging, reproduction, meat science, marketing and beef promotion. A tour of Granada Sire Service will highlight the camp's events. At Granada campers will be able to see the bull stud and learn about

collection procedures, artificial insemination and embryo transfer. Of course, there will be plenty of time for fun and meeting new friends with such activities as swimming, volleyball, softball and dances.

The cost of Cow Camp 88 is \$150 and includes housing in dorms located on the University, all meals and all activities. Linen, towels, and soap will be provided. Counselors at Cow Camp will consist of adult members of the I.Z.B.A., 4-H leaders, FFA teacher and Texas A&M students.

For more information and an application, please contact Amy Clark at the I.Z.B.A. office, 783 Loop 337, New Braunfels, TX 78130, or call (512) 620-1774. Deadline is July 22, 1988.

Six-Man All-Stars Meet

The Texas Six-Man Coaches Association will be meeting next week, July 12-16 at Stephenville. The highlight of the weeks activities will be the two All-Star games. The best athletes from the six-man association has one more chance to show their abilities to all the fans at the Tarleton State University.

These players are chosen by the coaches of the district and it's an honor to be chosen to play in the games. Borden County's Shannon Bond will be playing on the West All-Stars basketball team. Joining Shannon from out football

district will be Paul Martin from Sands and Tony Timmons from Wellman.

The West All-Star team will have several of our districts players Loop's David Davis, Wellman's J. Rowden and Shane Hamm, and Klondike's Kirk Tidwell will be leading the West in the football game.

Players report in on Sunday July 10, and they have a full week of workouts and other activities. The basketball game will be played at 3:00 p.m. Sat., July 16, and the football game will be played at 8:00 p.m. Both games will be played at Tarleton State University at Stephenville.

The last of this summer's Success Seminars is planned on August 2 and reservations for it are now being accepted. Persons who would like additional information about the seminars are invited to call the Admissions Office.

John Duval Finds Himself a Dog

cont. from pg. 1

squads. "After dinner I turned into one of the beds in the house and had a comfortable snooze."

After having spend several days at the house, Duval set out to continue eastward.

"To my great dismay, when I had got a few hundred yards from the house, I found I had not consulted the wishes of the dogs about leaving them, and that whole pack was following at my heels." After failing to drive them back, he determined to return for the day, cooking and eating at short intervals, and then to sneak out at night, leaving the hounds behind.

Duval quietly left the house that evening, thinking that he had evaded the dogs. Then half a mile from the place he heard the pattering of feet behind him. Finding one of the dogs, "I beat him severely with a stick, but he only whined and crouched down at my feet."

Not knowing what else to do. Duval drew his knife to slit the dog's throat. "As I grasped him by the neck, and drew my cargin knife, he looked up at me so piteously that I hadn't the heart to use it." The dog became Duval's and he named him Scout.

Duval decided that he could probably keep one dog under control, and Scout stayed with him loyally until he finally reached safe country. Not long thereafter Duval returned to the United States, leaving Scout with a friend.

A number of years later Duval met his friend in Austin and asked him what had happened to his dog. "He told me that Scout lived to a good old age, and died the respected progenitor of a breed of dogs that were highly prized for their valuable qualities."

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Editor
Barbara Anderson

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Farmers Markets - Better Than Homegrown?



FARMERS MARKETS offer the freshest produce available and a friendly atmosphere in which to shop.

Grocery shopping at a farmers market is the next best thing to growing your own fruits and vegetables. In fact, some of us think it's even better, because we can get the variety and freshness of locally grown produce without all the hard work.

Each year in Texas full-time and part-time farmers, and even some industrious backyard gardeners and beekeepers join forces at more than 70 organized farmers markets. These folks gather regularly during the state's long growing season to sell their harvests directly to consumers.

Part of the attraction of farmers markets is their individuality. Farmers markets are a far cry from standardized grocery-store chains. They're loosely knit, grassroots operations that respond quickly to local conditions and interests. Even the markets' locations--right in the middle of their communities in town squares, county fairgrounds, coliseums, parks or mall parking lots -- reflect a person-to-person, town-meeting quality.

Individuality extends to the markets' seasons and hours. In East and Central Texas, some markets open as early as the first week in

May. Others don't crank up until late June or July, especially in the northern and western parts of the state. Still others are open year-round. Some do business every day; others operate one or two days a week.

The most important kind of individuality at a farmers market, customers deal directly with the man or woman -- sometimes with the whole family-- who grew the crop. There is no middleman. If you've ever wanted to ask questions about where and how the produce you buy was grown, you'll never have a better opportunity than at a farmers market.

Customer participation is what makes or breaks a farmers market. There is direct and delicate balance between how many customers show up one week and how many vendors show up the next. If no one shows up to shop, growers have to look elsewhere. Most of them don't have a support system to cover losses from low-traffic days, and their fresh produce has a short shelf life.

But buyers and sellers don't find each other overnight, and a good farmers market may take several seasons to get established. When an operation develops slowly, both buyers and sellers have to give it room to grow by not expecting too much at the outset.

Whatever your local farmers market's stage of development, you'll get the best selection if you shop early. Experienced shoppers know that late comers often miss out on the best values and quality.

The reward for early shopping is good value and fresh taste. Farmers market prices are often lower than those in supermarkets, and vine-ripened produce is the rule, not the exception. The produce is usually fresher than that sold at most retail outlets, too. Typically, only a day

or two passes between harvest and final sale.

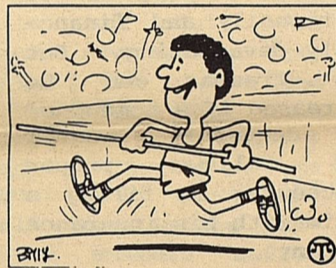
These benefits multiply if you buy in bulk. A farmers market is the perfect place to buy a bushel or a case of your favorite fruits and vegetables to can or freeze for enjoyment later, during the off-season.

This August promises to be a better-than-average month for Texas farmers markets. The reason is the unusually heavy rains that fell statewide this past June. All that rain forced many growers to plant late, so their harvest has been pushed back to August.

SPORTS SHORTS



Many Americans can't wait for the 1988 Summer Olympics.



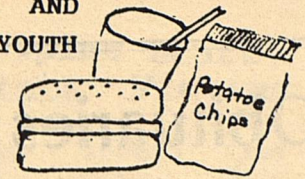
Excitement over the 1988 Summer Olympics is reaching a peak.

Excited, too, are the dedicated American athletes who have been magnificently supported by both corporate sponsors and individuals throughout the nation.

While in other countries governments fund their athletes, here in the United States the money needed to send athletes to the Olympics comes in large part from corporations. One such sponsoring corporation is Visa, which with its member banks has launched a nationwide fund-raising effort to help support U.S. Olympians. And thousands of Americans are pitching in with their own donations.



HAVE A HAMBURGER, AND HELP SEND A GAIL YOUTH TO CAMP!



The Youth Dept. of the Gail Baptist Church, will be having a Hamburger fund raising on Saturday July 9, to raise money for a upcoming Youth Camp at the Circle Six Camp in July.

We will accept phone orders from 11:00 a.m. to 1:00 p.m. We will also be serving in the fellowship hall AND we

will deliver to Gail customers.

We will start serving at 11:00 a.m. til ???
Phone orders call 856-4363

HAMBURGER W/CHIPS AND DRINK \$2.50
CHEESEBURGER W/CHIPS AND DRINK \$2.75

Straight Talk About Food Poisoning Risks

The bacteria that cause food-borne illnesses can present problems at any time of year, whenever food is improperly handled or stored. And since many food-poisoning bacteria are odorless and tasteless, you can't always rely on your nose or tastebuds to warn you of danger.

Food-poisoning bacteria grow easily in foods that are high in protein and moisture. Fish, poultry, meat, shellfish, seafood salads, potato salad, milk and milk products, eggs, cream pies, cake and pastry fillings, custards and gravies are especially vulnerable. Even cooked pasta is a good host for bacterial growth and should be served promptly after cooking or refrigerated immediately.

Time and Temperature.

Growth rates of food-poisoning bacteria are directly related to temperature. Prime growing conditions occur between 40 and 140°F. To help you avoid contracting a food-borne illness here are two easy rules to remember:

°Don't eat food that has been kept in the 40 to 140° danger zone for more than two hours.

°When in doubt, throw it out.

A cooking thermometer is the best food-safety utensil you can use. You can protect yourself and your family by using it regularly to

monitor internal temperatures while food is thawing, cooking or cooling down. You should also use your thermometer to check the temperatures in your refrigerator, freezer and picnic cooler.

If a power outage or mechanical breakdown puts your refrigerator out of commission, the food inside will probably remain at a safe temperature for four to six hours. Of course high indoor temperatures may shorten that "safe" time.

Baking, boiling, frying or roasting food at temperatures between 165 and 212°F. kills most types of bacteria. But proper cooking temperatures shouldn't be your only concern. Cleanliness is an essential part of food safety. Whenever you prepare food, whether in the kitchen or at a cookout, be extra careful not to spread bacteria from one food to another. Wash hands, countertops, cutting boards and utensils with warm, soapy water. This practice is especially important when you handle poultry and raw meats. Unless you wash it, the plate you use to carry uncooked hamburgers to the barbecue grill can spread salmonella bacteria to any other food placed on it. A knife used to cut raw chicken can easily transfer salmonella bacteria to a watermelon

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Obituaries

Garland Doyle

Services for Garland Doyle, 77, of O'Donnell, were held at 3 p.m. Wednesday, at North 14th Street Church of Christ in Lamesa with Leon Crouch of Lubbock officiating, assisted by Jarrell Edwards of Plains.

Burial was in Gail Cemetery under direction of Branon Funeral Home.

Doyle died Monday morning at his home in O'Donnell.

He was born in White County, Arkansas, on Oct. 14, 1910. He married Eva Light on Dec. 19, 1936, in Lamesa. He moved to Borden County in 1942, from New Moore. He was a farmer and attended Mesquite Church of Christ for 46 years.

Survivors include his wife; a daughter, Judy Kingston of Garden City; two sons, Lonnie of Lamesa and Larry of Roby; three sisters, Mabel Lamber of Ft. Worth, Irene Gray of Honey Grove, and Lucille Shoemaker of Bakersfield, Calif.; four brothers, William and John of Houston, Mark of Honey Grove, and Bynum of Farmersville; 10 grandchildren and four great grandchildren.

The family requests memorials to the Muscular Dystrophy Association, 8212 Ithaca St., Lubbock, Texas 79423.

Jettie Shepherd

Services for Jettie Shepherd, 94, of Vincent were held at 2 p.m. Wednesday, at Nalley-Pickle & Welch Rosewood Chapel with the Rev. Ben Neal, a Baptist minister, officiating. Burial followed at Trinity Memorial Park.

She died Monday at Cogdell Memorial Hospital in Snyder. She was born Oct 15, 1893.

in Cranfills Gap, Tex. She married J.C. Shepherd Nov. 15, 1910, in Fairy. He died April 28, 1964.

She was preceded in death by a son, J.C. on Jan. 13, 1933, and a daughter, Gertrude McGuffin on Feb. 10, 1972.

She is survived by seven daughters, Onez Howell and Gladys Costin of Colorado City; Jean Mattox of Big Spring, Ruth Wirsching of Corpus Christi, Louise Ingram, Frances Barr and Pat Bradford, all of Vincent; 14 grandchildren; 17 great-grandchildren; and 11 great-great-grandchildren.

The family requests memorials to the American Heart Association.

Wayne O. Pearce

Mr. Wayne O. Pearce of Fort Worth died May 16, 1988.

Mr. Pearce was born in Gaila on November 20th, 1909. His parents were Judge L.A. Pearce; and Elizabeth Pearce.

Mr Pearce had been a builder and real estate broker in Fort Worth since the late 1940's.

He had been ill for several years.

He was the brother of Delmo Pearce of Austin; Lorene Petty of Lubbock; JUANITY WILLIAMS of Abilene who passed away June 24, 1988 and Doris Bennet of Snyder.

Surviving are his wife Hazel of Fort Worth; and two children, Jean Campbell of Mansfield and Phil Pearce of Fort Worth.

Grandchildren surviving are Christy Furtick, Morgan Mill; Doug Campbell, Fort Worth;

Jill Isbell, Mansfield; Stacy Campbell of Arlington; and Kelli Rodgers of Mansfield.

Great-grandchildren are Dylan and Mackenzie Furtick; Cooper and Jody Rodgers and London Isel.

Mr. Pearce was an uncle of Kenny Bennett of Gail.

Volunteer.



American Heart Association



Thank You

Friends and neighbors of The Family of Garland Doyle, wish to express that all of your words of kindness, friendship, love and most of all your prayers, during the loss of our "Loved One" was very much appreciated.

Peace and Love to All

Eva Doyle

Lonnie Doyle & Family

Judy Kingston & Family

Larry Doyle & Family

How To File an Insurance Claim After a Fire, Storm or Robbery

Losses from a fire, storm or robbery can be emotionally and financially devastating. But the trauma can be decreased if a homeowner is adequately insured and follows proper procedures in filing a claim with his insurance company.

"Instead of waiting until you or your family suffers a loss," says Harold Duble, chairman of the Texas Insurance Advisory Association (TIAA), "You can save time, money and anxiety by knowing what to do before you have a claim and what to do when you have a claim."

The latest figures for Texas show that approximately \$900 million was paid in property claims in 1987. Approximately one-third of these claims were for fires, while nearly 17 percent were for wind and hail damage. Theft was

responsible for 25 percent of the claims; water damage for nearly 15 percent.

"If your household was not included in these statistics, consider yourself fortunate," says Duble. "However, don't take chances. Make time to review your coverages and consult with your insurance agent or company representative should questions arise."

Before you have a claim. Look through your policies to see what is -- and isn't -- covered. The coverages and exclusions in your homeowners insurance policy can differ from those of your friends.

If you have any questions about the coverage, exclusions or the limits (the maximum amounts the insurance company will pay on a claim) contained in your policy, now is the time to ask your insurance agent or company representative for answers.

Be sure you know the answers to these questions before you have to file a claim:

--Is your home insured for at least 80 percent of its replacement value? (If you have

less coverage, you may not be fully reimbursed for any partial damage.)

--Are your belongings insured for actual cash value (replacement cost of an item minus depreciation) or replacement cost (the amount it would take to replace the item at current prices)? Texas homeowners policies provide compensation on an actual cash value basis unless a replacement cost endorsement is attached. Talk with your agent to determine whether purchasing replacement cost coverage is worth the extra premium.

--What liability coverages are provided in your homeowners policy and what are the limits? Parts "D" and "F" of the Texas homeowners policy explain the liability coverages of the policy. Ask your agent to go over these coverages with you if you have any questions.

--What amount of medical payments coverage is included in your policy? This coverage is explained in part "E" of your policy and pays for medical expenses of a guest injured in your home, regardless of fault. Texas poli-

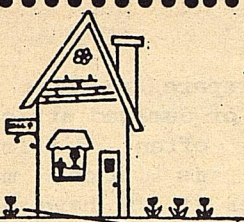
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WHITE FUNERAL HOMES

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<p style="text-align: center;">WHITE FUNERAL HOME 998-4433 1821 MAIN TAHOCA</p>	<p style="text-align: center;">DON & BILLIE (WHITE) EVERETT & GARY WHITE- OWNERS & DIRECTORS</p>
<p style="text-align: center;">WHITE FUNERAL HOME 428-3313 510 8TH ST O'DONNELL</p>	



**NOTES
FROM
HOME**
By Debra Pollard
Home Demonstration/CEA

Tubal Insertion for Tots' Ear Infections Have Pros and Cons

Ear infections and the ear-aches that go along with them are a common early childhood ailment. In the past few years, inserting tubes in a child's ears has become an increasingly common method for dealing with the problem. Now, however, some physicians are beginning to question this medical procedure. A tube is inserted in one or both ears to allow continuous draining of the blocked ear passage which means the child can hear normally. The tubes stay in for about 6-7 months before dropping out. During this time the ear must be kept out of water.

Reasons for the operation include, of course, ending the infection and relieving the child's ear-aches. But it's also thought that children with a history of ear infections may also develop problems in the area of speech and language. Physicians who question the need for the operation express concern about exposing young children to the hazards of anesthesia. They also point to the fact that abnormalities in the eardrum may occur as a result. These doctors argue that children can compensate for a temporary loss of hearing and it should not effect long-term learning.

How can parents tell, then, if the tubal insertion procedure is really necessary? As with all surgical procedures, it's probably wise to consult more than one physician for a second opinion. Be sure to ask about the pros and cons of the procedure in your child's case and what other medical options are also available.



Time to Treat for Cattle Grubs

Cattle grubs are internal parasites and their damage is largely unseen, yet they cause greater economic losses to the U.S. beef cattle industry than any other insect pest. While grubs are usually found on the backs of infested animals during the winter months, that's not the time for control measures since the pests have already done their damage. Feed efficiency and animal vigor are reduced in infested animals.

Grubs are the larvae or worm stage of heel flies, and adult heel flies are active over most of the state from March through May. The time to control grubs is from now through August when grubs are small and before infested animals suffer stress, weight loss and decreased feed efficiency. Considerable hide damage will occur if infested animals are slaughtered. Hide value has increased rapidly during the past year. Heel flies cannot sting, have no functional mouth parts and cause no pain to cattle. Yet, they frighten animals, making them difficult to manage.

Heel flies lay their eggs on an animal's hairs in the lower leg region, glued in position. Tiny larvae hatch in a few days, crawl down to the base of the hair and burrow into the animal's skin. Then they begin a migratory course through the animal's body, congregating in the throat after a few months, and after eight to nine months, appear in the mature grub state on the animal's back.

If a producer has a history of grubs in his

cattle herd, it's best to treat each animal over three months of age with one application of an approved systemic insecticide or injectable treatment during the May through August period.

Systemic insecticides are absorbed directly through the animal's skin, circulate throughout the body, and kill grubs while they are small. Injectable treatments are circulated in the animal's body fluids to kill the invading pests.

These insecticides come in various forms--dips, sprays, pour-ons, injections and spot-on treatments. A listing of approved insecticides and methods for controlling cattle grubs is available at the county Extension office. Ask for Extension publication B-1306, which contains information on livestock pests.

Helping Heart Attack Victims

Heart attacks can happen without much warning, and they happen anywhere, any time. Do you know how to help someone who is having a heart attack? The Texas Medical Association says that you can help save a life if you recognize the signs of an attack and take action immediately.

Severe chest pain usually is the first sign. The pain often is described as pressure beneath the breast bone. It can become severe, and can move into the neck and jaw area and the left shoulder or arm. Any kind of exertion makes it worse. The pain will be continuous, but may subside.

Other early warning signals of a heart attack that accompany the pain include nausea, sweating, difficulty in breathing, and dizziness.

The first step to helping a victim is to call an ambulance immediately. Then, make the person as comfortable as possible, which is usually sitting, with the legs up and bent at the knees. Loosen ties, collars and any tight clothing around his or her upper body.

Another way you can help is simply be being prepared for all types of emergencies. Know what the emergency number is in your area.

Know where the closest hospital is. Learn CPR.

Knowing all of these things also will help you remain calm and reassure the victim.

The Texas Medical Association is a professional organization with more than 28,000 physician and medical student members. It is located in Austin, and has 116 component county medical societies around the state.



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ASCS NEWS

By Jerry Stone

CROP CERTIFICATION

July 15 is the last day to certify spring seeded crops of cotton, grain sorghum, ACR and CRP. Time is running short to get everyone certified by this date, also, we are certifying on the computer this year which takes a little more time. Your patience is appreciated.

If you are unsure of your acreages or you just want the guarantee, we still offer measurement service. July 15 is also the final day to request measurement service. Once again, we will work measurement services from aerial slides. The dates are the same - \$20.00 for the first 25 acres and \$.02 an acre after that. Once you are notified of the measured acre, you have 5 days to make any adjustment and certify. Your plow lines between similar crops such as peas and cotton or grain sorghum and sudan saves us a field trip and allows you to certify sooner.

CRP SIGNUP

The 7th signup for the 10 year Conservation Reserve Program will be held from July 18 through August 5. Land which is eligible to be bid into CRP is land which was owned prior to January 1, 1985, and which was planted to an agricultural commodity at least 2 of the years 1981-1985. If the farm now has an operator, a

statement from his that he agrees to release the farm voluntarily will be required before the committee will accept a bid of 100% from the landowner. If you are seriously contemplating a bid, please call the office as soon as possible. So we can Begin the bid process.

GENERIC CERTIFICATES

Please note that dates printed on the generic certificates you receive Block D on the certificate is the earliest date you can return the certificate in the issuing ASCS office for cash redemption. You have until the date shown in block F to tell or cash your certificate. If the certificate expiration date passes, the original certificate holder may receive 85% of the face value by filing a written request for cash with the issuing ASCS office during the first six month period after the expiration date passes. Beginning the seventh month after the certificate expiration date passes, the value of the certificate is only 50% of the face value. When the certificate is 18 months past the expiration date in block F. It becomes void.

ACR

Field visits for ACR maintenance have begun and will continue

throughout the year. As a program participant it is your responsibility to ensure that the ACR has adequate cover and protection from wind and water erosion through December 31. The penalties for not maintaining your ACR properly are severe. Please keep an eye on your ACR.

Cont. from pg. 3

Food Poisoning Risks

if you don't clean it first.

Uneven cooling or warming encourages bacterial growth, too. Defrost frozen foods in the refrigerator, not on the kitchen counter at room temperature. Use shallow dishes to cool hot foods quickly and more evenly in the refrigerator. At pot-lucks and buffets, don't leave prepared dishes sitting at room temperatures. When using food warmers, keep the temperatures above 140°F., and don't keep food out for more than two hours.

Most people experience a case of food poisoning as an unpleasant, but short-lived nuisance. They weather the abdominal pain, fever, diarrhea and vomiting for a few days and recover quickly. For others, especially the very young, the very old and the chronically ill, a food-borne illness can be life-threatening. According to the Food and Drug Administration, there is evidence linking food-borne diseases to long-term health problems such as arthritis.

Cont. from pg. 4

Insurance Claim

es provide a minimum limit of \$500. A medical payment claim begins, as do others, with a call to your insurance representative

Filing your claim. Here's what to do when you have a home insurance claim:

--Report any burglary or theft to police.

--Phone your agent or company immediately. Then follow that up by sending your agent or company a written explanation of what happened. Insurance

policies place a time limit on filing claims. Ask your agent questions. Am I covered?

Does my claim exceed my deductible? (Your deductible is the amount of loss you agree to pay yourself when you buy a policy.)

How long will it take to process my claim? Will I need to obtain estimates for repairs to structural damage?

--Make temporary repairs and take other steps to protect your property from further damage. Save receipts for what you spend and submit them to your insurance company for reimbursement.

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--Prepare a list of lost or damaged articles. This often difficult task is made much easier if you have made a written or photographic inventory of your possessions prior to the loss. Also, always keep inventories, insurance papers and other important documents away from home in a safe place (such as a safety deposit box).

--Save receipts from any additional living expenses you incur if your home is so severely damaged that you have to find other accommodations while repairs are being made.

--Provide needed information to the insurance representative assigned to handle your claim.

--Talk things over with your agent and adjuster if you are dissatisfied with the settlement offer. Check your policy to see what settlement steps it outlines.

In addition to serving as TIAA chairman, Harold Duble is president and chief executive officer, Highlands Insurance Group, Huston. TIAA is an advisory organization with membership consisting of 300 insurance companies writing property insurance policies in the Texas regulated market. It is licensed to advise the State Board of Insurance on matters involving property forms, rules and rates.



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Heat Stress Warnings Can Save Lives

Listening to the "heat stress" or "heat index" readings meteorologists often give in their summer weathercasts could help prevent situations leading to dehydration and sun stroke.

In recent years, meteorologists have begun using the terms, "heat stress" or "heat index" to describe the relationship between temperatures and humidity, according to Dr. Clift Price, Associate Commissioner for Personal Health Services at the Texas Department of Health.

"The television and radio reports are helpful in planning outside activities," he said. "Humid heat can especially be deadly for the very young, the elderly, persons with heart or respiratory problems, and those taking medications."

Dr. Price explained that the heat stress index is a numerical table by which the National Weather Service rates the degree of discomfort a person may feel at a given temperature and humidity. Although the table does not allow for the variables of wind and shade, which Dr. Price said, can greatly influence an individual's tolerance of heat and humidity, the index reading is useful in helping persons take needed precautions against dehydration and sun stroke.

A heat stress index reading of 105 is considered very dangerous, Dr. Price warned. High temperature alone is physically tolerable to most people, but in combination with humidity, it can cause an individual's cooling mechanism, perspiration, to work overtime. "If one fails to replace the fluids and salts lost through perspiration, dehydration can occur," he said.

Symptoms of dehydration are muscle cramps, nausea, dizziness,

headache, and low blood pressure. If fluids are not replaced, heat stroke can ensue, causing sudden weakness, severe headache, loss of consciousness, brain damage, even death, if the victim is not quickly treated.

"To avoid danger of overheating, people should dress in light-colored, loose-fitting clothing. They should drink more than their normal intake of water, and be sure to have water available if they need it. They should seek good ventilation. And as important as anything else, they should remain aware of their own physical conditions and the weather conditions," Dr. Price explained.

He said some 200 people in the U.S. die as the result of hot weather during an average year. "Since severe drought conditions already have developed nationwide this year, it is possible that heat waves will take a heavier-than-normal toll of lives--if people fail to be cautious," Dr. Price said.

To determine the current heat stress rating, using the National Weather Service index (Below), find the index number in the column below the current humidity (horizontal line on top) that is directly to the right of the current temperature (vertical line at left).

Sheep and Goat Association

SAN ANGELO--Producers will meet earlier Thursday, beginning at 10:30 a.m. Scheduled speakers include Dr. Howard Whitford of the Texas Veterinary Medical Diagnostic Laboratory, who will discuss ram epididymitis. This disease can severely reduce lamb crops and yet exist unrecognized in a given herd if enough uninfected rams are present to mask its effects. It has long been a topic of concern in other areas but is seldom given much attention in Texas.

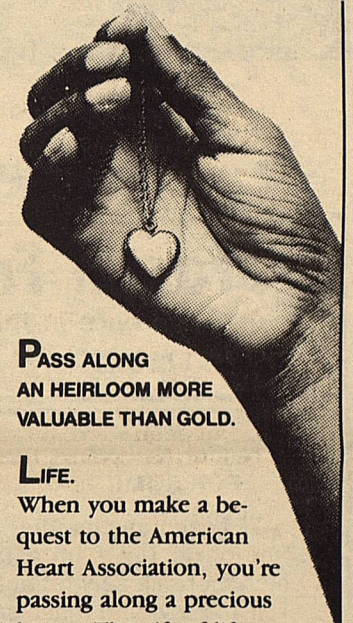
The Texas Department of Agriculture is expected to provide a speaker for the Health & Product Development Committee to discuss the controversial issue of animal patents. TDA has taken a position against patents on living organisms, contending that livestock producers may someday be forced to pay royalties to patent-holders for natural-born livestock descended from genetically-altered seedstock.

Thursday's third committee hears from Texas Parks & Wildlife spokesman Wilson Dolman. Dolman will discuss recent land acquisitions by TP&W as well as changes in the hunting seasons. Both of these topics have their supporters and opponents. Yet another controversial issue is the U.S. Environmental Protection Agency's proposed plan to limit pesticide use under "endangered species" labeling. TDA spokeswoman Ellen

will meet earlier Thursday, beginning at 10:30 a.m. Scheduled speakers include Dr. Howard Whitford of the Texas Veterinary Medical Diagnostic Laboratory, who will discuss ram epididymitis. This disease can severely reduce lamb crops and yet exist unrecognized in a given herd if enough uninfected rams are present to mask its effects. It has long been a topic of concern in other areas but is seldom given much attention in Texas.

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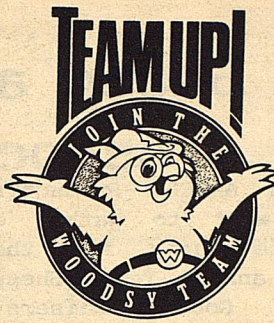
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*** * * THE COMMUNITY CORNER * * ***

Chad Williams has Gene Cooley is still returned home from the in the Methodist Hospital in Dallas and tal in Lubbock after is feeling better. his accident.

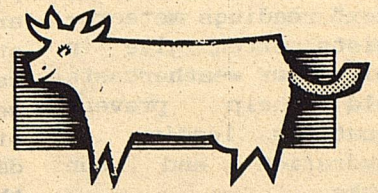
Please send me your news each week. Send to Verna Adcock, P.O. Box 137 Gail, Texas or call me at 856-4402.



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AT&T ANNOUNCES UPCOMING PRICE CHANGES FOR SOME TEXAS INTRASTATE SERVICES

AT&T announces the following price changes for some of its Texas intrastate services. These changes, which more closely reflect the actual costs incurred by AT&T in providing these services, will become effective on August 1, 1988.

- SDN (Software Defined Network) Schedule A prices will be reduced 1.5% during the initial 30-second period. Schedule B prices will be reduced 16.4% overall. Schedule C prices will be reduced 4.2% overall.

- WATS 80 service prices for both the initial 80-hour usage period and the additional usage period will increase 5%.

- The monthly prices for some of AT&T's Analog Channel Services will increase between \$7.05 and \$25 per channel termination for Analog services.

- The monthly prices for some Dataphone Digital Service (DDS) will decrease up to \$9.65. Other DDS monthly prices will increase up to \$18.35. Overall, AT&T's DDS monthly prices will increase less than 1%.

The combined effect of these price changes is expected to produce approximately \$3.4 million in annual revenue, which is approximately 0.3% of AT&T's annual revenue for all Texas intrastate services.

If you have questions regarding these price changes, please call your AT&T Account Executive, or our business consultants toll-free at 1-800-222-0400. AT&T's tariffs reflecting these changes will be filed with the Public Utility Commission of Texas on July 1, 1988, with an effective date of August 1, 1988.

Persons who have questions regarding this tariff filing may also contact the Public Utility Commission of Texas in writing, at 7800 Shoal Creek Blvd., Suite 400N, Austin, Texas 78757, or by calling the Public Information Office at (512) 458-0223 or (512) 458-0227 or (512) 458-0221 for teletypewriter for the deaf.



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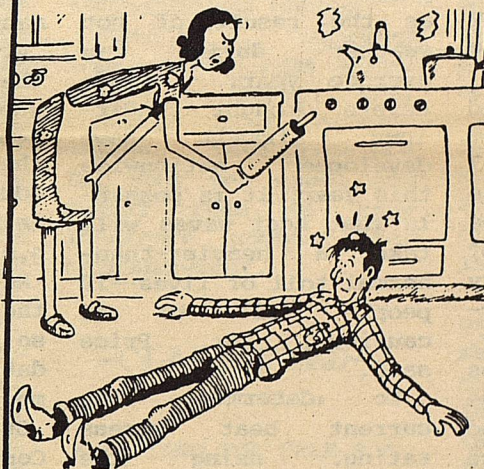
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