Borden Stark Borden ★ Dawson ★ Garza ★ Howard ★ Lynn ★ Scurry June 22, 2011 Volumn XXXVII



Dare to Live Without Limits

By Bryan Golden

Age is a State of Mind

Do you remember, as a child, your parents or other adults remarking how fast time had gone by. There would be comments such as, "where has the time gone?" Hearing this, you probably thought they were crazy. When you were young, time crawled. The school year was interminable. Time was measured in minutes and hours.

The years passed as you made your way through school. Time seemed to flow at a consistent speed. In your teens and twenties, time seemed infinite. There was no rush because you had all the time in the world. As you moved through your thirties and into your forties, the concept of a finite life span became more of a reality.

As you grew older, you began measuring time in days and weeks. Each year started to go by faster than the previous one. At some point, you started tracking time in months and seasons. Before you knew it, you were older than most other people. It used to be everyone was older than you. Now you are being addressed as Mr., Ms., or Mrs., but it seemed like vesterday when you were re- smoothing life's bumps, pot-

ferring to everyone that way. What exactly is age? Why

do some young people drag themselves around as if they were on their last legs, while certain older people bound around with the spunk of a child? It is because each person influences their own functional age

Your biological age is determined by how long you've been traveling around the sun. Your functional age is a measure of how old you feel. There's no correlation between functional and biological age; each is independent of the

Functional age is comprised stood? of several factors. Your outlook on life is the single most significant one. How you view the world shapes your impression of it. Is each day a battle, problem ridden, and filled with

nothing but hassles?

If so, you will look and act in a manner far in excess of your biological age. But if life is a joy, and each day a gift filled with opportunity, you will radiate youth regardless of your biological age.

A sense of humor is vital for

holes, and obstacles. Laughing when things look grim lets you weather storms without looking haggard. Laughter induces your body to produce beneficial chemicals and hormones. With laughter, situations appear brighter and surmountable. Smiling and laughing generates a magnetic energy that counteracts the effects of biological aging.

Pattern yourself after children. They instinctively look at their world with a sense of wonder. Why should you lose this as you get older? Can anyone actually claim the mysteries of youth are ever under-

If anything, your sensation of astonishment should grow with age as you realize how incredible the universe is. For an example, you need look no farther than the incredible marvel of your own body. Conversely, acceptance of things as commonplace and boring has a dampening effect on your

Curiosity keeps your mind tuned and operating at peak performance. Curiosity moti-

(Continued to Page 3)

Farm Service Agency Announces Accepted CRP Contracts

Service Agency (FSA), announced that contracts for the Conservation Reserve Program (CRP) for fiscal year (FY) 2012 have been awarded.

During the 41st general CRP signup conducted in the spring, more than 38,000 CRP offers were received on approximately 3.8 million acres nationwide. USDA accepted enrollment of 2.8 million acres bringing the total program en-rollment to 29.9 million acres including 597,082 acres in

"These newly accepted CRP contracts perpetuate the past quarter century of program success by providing a low risk opportunity to implement a variety of conservation practices on environmentally sensitive land," said Ashley. "CRP practices improve water and air quality, increase wildlife habitat and prevent soil erosion," he said. How successful is CRP?

According to Ashley, since its inception 25 years ago, CRP acres have resulted in an eight billion ton reduction in soil erosion, restoration of two million acres of wetlands and ad-

POST, Texas - June 17, jacent buffers, vegetative pro-2011 — Victor Ashley, Executection of more than 200,000 tive Director for the Garza-Borden County USDA Farm nificant increases in upland wildlife numbers which translates to recreational dollars for many rural economies.

Landowners enrolled in CRP receive annual rental payments and cost-share assistance to establish long-term, resource conserving covers on eligible farmland. Accepted contracts are effective October

All CRP offers were evaluated and ranked using an Environmental Benefits Index (EBI) that indicates the environmental benefits of enrolling land in CRP. There are five environmental factors that make up the EBI: wildlife, water, soil, air, enduring benefits and

For more information about the Conservation Reserve Program, please contact the Garza-Borden County FSA Office at 806-495-2801 X 2 or visit http://www.fsa.

usda.gov/crp.



College Degree Proves ROAD-Worthy

high English, P.E., Spanish, can History, debate, journal-(I should have read the fine sponsor cheerleaders, junior classes, senior classes, Beta Club, and for good measure, coach softball and keep stats for athletic teams.

Still, maybe the most significant thing that little university diploma did for me was to make it possible for me to "travel." Not that post-card-type travel that I do entype of white-knuckle travel that is only for the chosen.

Mayes, and I am a driver ed. teacher.

Borden County High School just graduated its 15th learning permit test on the first try. It brought tears to my eyes until I realized that ten is a big number of kids to have to drive behind-the-wheel. Then it really brought tears to my eyes. This is going to be a long, hot summer.
We're more than halfway

through our driving, and al-ready we've had some highlights. For one, I have noticed this is a spiritual group of kids. We've stopped twice—by request—at little churches to pray for safe travel. So far, their petitions have been heard. Amen to

Another thing that is different this year is the stifling heat that wreaks havoc on the roads. Blowouts are common, so we do a lot of dodg-ing those shredded pieces of tire that litter the highway. We also driver slower our-selves since I don't want to be one of those shredded pieces on the highway, especially Farm to Market road 1313. *Really*? All we need is a double unlucky number.

Thirty-three years ago, I One thing about a drought calls and near fender benders had no idea that a Bachelor's is that we are not facing any are all worth it. Taylor Gass, degree would enable me to low water crossing hazards teach World History, World Such as we had last summer during the flooding of 2010. We would like to commend the Texas Highway Department Reading, Social Studies, Eco-nomics, government, Ameri-saw several signs that said Watch for Water on Road."

Our pet cemetery—for those of print) also gave me license to you who have a morbid interest—is located just off Farm Road 1313, in Garza County. In the past fifteen years, our little shrine to the creatures that had bad timing in crossing asphalt has grown. The reason for that is Lesson 10.1, Mod-they screamed all the way ule 8—don't swerve, just hit down the hill and barfed on the

Interestingly enough, the students have noted that their joy from time to time, but that driver ed. instructor has been he object of some (unwanted)
'checking out." I am told this shotgun with teenage drivers the object of some (unwanted) My name is Sue Jane phrase means guys are looking has produced interesting situat me. My response has two parts: (1) flattered and (2) totally disgusted. Pretty sad when guys check out a slightly class under my instruction. overweight, baggy clothed, For the first time ever, all ten middle-aged woman. Talk the middle of the road, wind, students passed their written about low standards. Mr. Matt dust, jerky stops, curb checks, Proulx is my unofficial bodyguard this year. I don't go into a convenience store without All of this I have experienced because I have a college guard this year. I don't go into him by my side.

when I realize that all the close

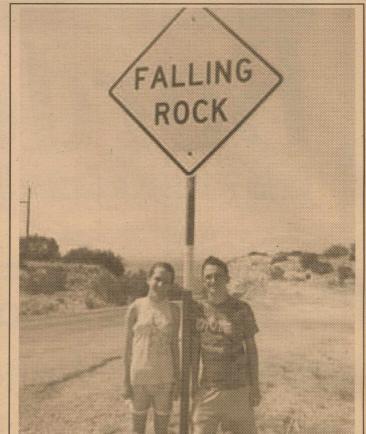
sophomore-to-be, spotted what she refers to as "the beach house I've always wanted" in the middle of some dry dusty field. That's just precious, isn't it, that she sees life through rose-colored glasses? (Actually, I think she was experiencism, current events, and ESL.

Just for fun, that degree from
Abilene Christian University

Abilene Christian University some left-over flooded field from last July isn't her dream home). Another moving moment came when Zach and Mollie McMeans proved to themselves that driving down and up treacherous Fluvanna Hill can be done. So what if way up. Or was that barfed on the way down and screamed on the way up? I can't remember because I had my eyes closed.

tin Beiber standing akimbo in and really wide turns.

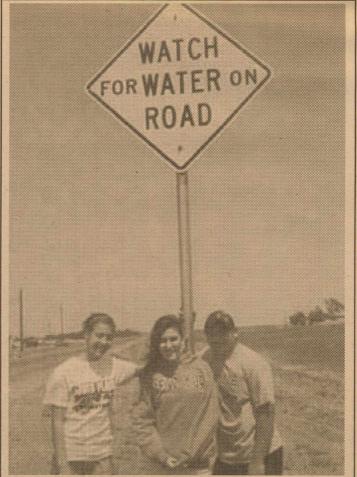
degree. Some of you recent Teaching driver ed. also has graduates may want to rethink those "AHHHHH" moments your plans.



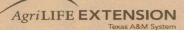
Molly (left) and Zach McMeans pose before driving down the Fluvanna



(Left to right) Zach McMeans, T.J. Basquez and Mallory McMeans take time to pray for safety!



(Left to right) Taylor Gass, Mallory McMeans and Tristen Benavidez look for any sign of water!



Heart and Home.



by Julie Smith Borden County Extension Agent-Family and Consumer Sciences

Should I Be Taking a Vitamin and Mineral Supplement?

You and your doctor should their vitamin D from suppletamin supplements. However, here are some factors you may want to consider before talking with your doctor.

Teen girls and women of meals a day? childbearing age may need to take an iron supplement if they do not consume enough dietary iron. Heme-iron from meats is the best source of iron. Plant foods such as beans and spinach contain nonheme-iron and should be consumed with a source of vitamin C

Pregnant women and women of childbearing age-should talk with their doctor about the need for folic acid. The best dietary source of folic acid is fortified foods such as breakfast cereals.

Adults over the age of 50 years may need to consume vitamin B12 in supplement form if they do not consume enough dietary B12. The best dietary source of B12 is fortified foods such as breakfast

Older adults and people with dark skin may need to get

decide if you need to take vi- ments or fortified foods such as milk.

Other questions to consider

Do you eat fewer than two

Do you take more than three prescription medicines a

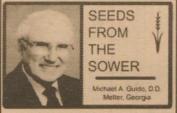
Do you have more than three alcoholic drinks a day?

Have you lost more than 10 pounds without wanting to?

To find science-based information about vitamin and mineral supplements go to: http:// www.nutrition.gov Texas AgriLife Extension Service offers free and low-cost nutrition and health programs. Please contact your local County Extension Agent for more information.

Source: Questions to ask before taking vitamin and mineral supplements. Nutrition gov. http://www.nutrition.gov/ n a l d i s p l a y / index.php?info center=11&tax_level

=2&tax subject=393&topic id =1939&&placement default=0



England's National Lifeboat Service, which rescues seamen in distress, advertised, "Hazardous work. No pay. On call all hours. Must be willing to go in all weather. Safe return never guaranteed. Sole purpose to save others." Many olunteered.

One year they logged 2,500 missions and saved more than 2.000 lives.

Our Lord calls for volunteers. He doesn't offer an easy life, but an exciting life; not high salaries, but hard sacrifices; not a pension, but persecution.

He says, "Follow Me, and I will make you fishers of men."

Dare you follow Him?

Visit us at: www.TheSower.com

Dare to

(Continued from Page1)

vates you to ask questions and seek answers. Curiosity is the basis for learning, which shouldn't end when you leave school. A mind that is always learning is a mind that stays

Taking care of and exercising your body as much as possible substantially contributes to reducing your functional age. When your body feels good, you feel good. The onset of many physical ailments typically associated with aging, can be delayed or eliminated through the proper care of your body. It's hard to feel young when your body feels

Being "young at heart" incorporates all of the above elements. Although your biological age increases yearly, there's no reason your functional age has to follow.

Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com. 2004 Bryan Golden



Kristen Odom and R.A. Brown

Odom, Brown Plan August Wedding

Mr. and Mrs. Neal Odom of Wellington announce the engagement of their daughter, Kristen Elyse Odom, to RA Brown, son of Mr. and Mrs. Rob A. Brown, of Stinnett.

The bride-elect is a 2011 graduate of Texas Tech University and is the communications director of Texas Cattle Feeders Association in Amarillo. She is the granddaughter of Mr. and Mrs. Pete Odom and Mr. and Mrs. Tom Wilhelm, all of Happy, and the late Delores Wilhelm.

The future bride-groom completed the farm and ranch management program at Frank Phillips College and is the manager of the Griffin Ranch near Channing. He is the grandson of Mr. and Mrs. R.A. Brown, Jr. of Throckmorton, Mrs. T.L. Griffin, II of Borden County and the late T.L. Griffin, II.

The couple is planning an August wedding in Wellington.



Thank You

Jym and I would like to say thank you so much to all of the Borden County EMS Volunteers and Borden County Firefighters who responded so fast to our house fire last Tuesday night.

Your support was overwhelming. We appreciate all of you and are so blessed to live in such a loving, caring

> community. Sincerely,

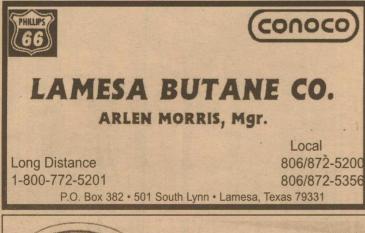
Jym and Amy Rinehart Family



Burn Ban

A Burn Ban remains in effect for Borden County until further notice.

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Commissioners Meeting

24th day of May 2011, the Commissioners' Court of Borden County, Texas, convened in Special Session in the Commissioners Court room in the courthouse of Gail, Texas, the following members of the court being present, to-wit:

ROSS D. SHARP, County Judge, Residing; MONTÉ SMITH, Commissioner, Precinct N. 1; RANDY ADCOCK, Commissioner, Precinct No. 2; ERNEST REYES, Commissioner, Precinct No. 3; JOE BELEW Commissioner, Precinct No. 4; JOYCE HERRIDGE County Clerk and Ex-Officio of the Commissioners Court, constituting a quorum, when the following proceedings were had, in accordance with the posted agenda.

Present were Sharlot Stone, Treasurer, and Ben Smith, County Attorney

CALL TO ORDER

Judge Sharp opened the May 24th, 2011 Special Session of Borden County Commissioner Court.

MINUTES APPROVED Minutes of the Commissioners Court Meeting of May 10, 2011 were read. Commissioner Reyes made a motion to approve said minutes. Com- day of June 2011.

WHEREAS, On this the missioner Belew seconded the motion. Motion carried.

BURN BAN

Commissioner Smith made a motion to extend the Burn Ban for Borden County. Commissioner Reyes seconded the motion. Motion carried.

COUNTY BUSINESS Various items of County Business were discussed. No action taken.

ROAD CONSTRUCTION/ MAINTENANCE SOIL CONSERVATION CONSTRUCTION

No applications received. ACCOUNTS ALLOWED

The current accounts were examined and Commissioner Belew made a motion to approve said accounts. Commissioner Reyes seconded the motion. Motion carried.

DISCUSSION FOR FUTURE AGENDA

New water connection re-

ADJOURN

Commissioner Adcock made a motion to adjourn. Commissioner Smith seconded the motion and was approved unanimously

THE FÖREGOING MIN-UTES READ AND APPROVED THIS THE 14th

Fuzzy Ninny's

Open Friday, July 1" At 11:00 a.m. At the Rock Station on Hwy. 180

Call to pre-order for July 4th 806/759-3460

Brisket, pulled pork, Sausage & ribs w/sides.

Legal Notice

NOTICE OF APPLICATION FOR OIL AND GAS WASTE DISPOSAL WELL PERMIT

Primexx Operating Corporation, 4849 Greenville Ave., Ste. 1600, Dallas, Texas 75206 is applying to the Railroad Commission of Texas for a permit to dispose of produced salt water or other oil and gas waste by well injection into a porous formation not productive of oil or gas. The applicant proposes to dispose of oil and gas waste into the San Andres Formation, Spraberry Field Unit Lease, Well Number 23. The proposed disposal well is located 10.5 Miles Northwest of Gail, Texas in the Clayton Ranch, N. (Spraberry) Field, in Borden County, Texas. The waste water will be injected into strata in the subsurface depth interval from 3000 to 4050 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792).

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STATE OF TEXAS COUNTY OF BORDEN)(

> ORDER PROHIBITING CERTAIN FIREWORKS IN UNINCORPORATED AREAS OF BORDEN COUNTY, TEXAS

WHEREAS, the Texas Forest Service has determined that drought conditions exist in Borden County: and

WHEREAS, on the 14th of June, 2011, the Commissioners Court of Borden County has determined that the normal danger of fire in the unincorporated areas of Borden County is greatly enhanced by the extremely dry conditions now existing;

NOW, THEREFORE, the Commissioners Court of Borden County adopte this Order prohibiting the sale or use of restricted fireworks in the unincorporated areas of Borden County.

- No person may self, detenate, ignite, or in anyway use fireworks classified under 49 C.F.R. part. 173.100(r)(2) (10-1-86 edition), as "skyrockets with sticks" and "missiles with fins" in any portion of the unincorporated area of Borden County.
- This Order does not prohibit:
 - common fireworks, small in size classified as Class C explosives
 - large fireworks devices designed primarily to produce visible or audible effects by combustion, deflagration, or detonation and classified as Class B explosive by the U.S. Dept. of Trans (TEX. OCC. CODE, Chapter 2154).
- A person commits an offense if the person knowingly or intentionally violates a prohibition established by this Order. An offense under this order is a Class C

APPROVED THIS THE 14th DAY OF JUNE, 2011, BY THE BORDEN COUNTY COMMISSIONERS COURT.

Local Athletes Win Plainview Tournament Championship



The AAU NikElite team recently won the Plainview basketball tournament championship. The team consists of (left to right) Allison Ciscneros (Floydada), Kylee Dean (Borden County), Tatum Richey (Borden County), Clair Shafer (Borden County), Dakota Whalen (Floydada), McKenna Campbell (Borden County) and Tye Basquez (Borden County). The team is coached by Mike Mosely of Dallas, Texas.

> Drive Safely. Watch for our playing children.