

# **Coyotes and Ladies** Win Borden County Relays Track Meet

The 2013 Borden County ten girl athletes named were track season continues to be a successful one. The Borden County Relays were held here last week with the high school teams competing against 12 other schools and the junior high tracksters competing against 11 teams. The Borden County high school boys and girls teams had much success being named champions of the

In the high school boys division, the top seven teams were Borden County (1st) with 208 points, Klondike (2nd) with 208 points, Klondike (2<sup>nd</sup>) with 79 points, Midland Trinity (3<sup>rd</sup>) with 60.5 points, Kingdom Prep JV (4<sup>th</sup>) 59 points, Borden County JV (5<sup>th</sup>) 48 points, Hermleigh (6<sup>th</sup>) with 37-points and Sands (7<sup>th</sup>) with 27 points. Tanner Richey (3<sup>rd</sup>), Korbin Martinez (4<sup>th</sup>), T.J. Basquez (4<sup>th</sup>), Jordan Martinez (6<sup>th</sup>), Matt Roberson (6<sup>th</sup>) and Roberson (6<sup>th</sup>) and Roberson (6<sup>th</sup>) and Roberson (6<sup>th</sup>). Matt Roberson (6<sup>th</sup>), and Robert Jordan (6<sup>th</sup>) were all named among the top ten athletes in

In the high school girls division, the top six teams were Borden County (1<sup>st</sup>) with 183 points, Klondike (2<sup>nd</sup>) with 91.5 points, Kingdom Prep JV (3<sup>rd</sup>) with 45 points, Midland Trinity (4<sup>th</sup>) with 41 points, Lubbock Christian (5<sup>th</sup>) with 37.5 points and Sands (6<sup>th</sup>) with 31 points. Among the top

Tatum Richey (1st), Kalyn Massingill (2nd), Teryn Soto (4<sup>th</sup>), Tye Basquez (4<sup>th</sup>), Cheyenne Tucker (8<sup>th</sup>), Taylor Gass (8<sup>th</sup>) and Hanna Forbes (10<sup>th</sup>).

The results for the high school boys division are as fol-

lows:
400 Meter Dash: Matt
Proulx-1st place-53.16.
800 Meter Run: Korbin
Martinez-1st place-2:11.13
1600 Meter Run: Jordan
Martinez-1st place-5:07.00 and
Robert Jordan-4th place-6:12.00

3200 Meter Run: Jordan Martinez-11:49.23 and Robert Jordan-2<sup>nd</sup> place-12:47.02.

110 Meter Hurdles: Tanner Richey-1<sup>st</sup> place-15.69 and Kurt Shafer-4<sup>th</sup> place-18.09.

Rurt Shafer-4<sup>th</sup> place-18.09.
300 Meter Hurdles: Tanner
Richey-1<sup>st</sup> place-41.62, Korbin
Martinez-4<sup>th</sup> place-46.31 and
Kurt Shafer-6<sup>th</sup> place-47.23.
400 Meter Relay: Borden
County-1<sup>st</sup> place-Steven

Howard, Matt Ham, Jared Smith and T.J. Basquez-46.48.800 Meter Relay: Borden County JV-3rd place-Ricky Torres, Colby Pennell, Thomas Harrison and Tristen Benavidez.

1600 Meter Relay: Borden County Varsity-1st place-Matt

(Continued to Page 2)



# Dare to Live Without Limits

By Bryan Golden

### Trying Too Hard

"Work like you don't need the money. Love like you've never been hurt. Dance like nobody's watching.'

It sounds ridiculous, but it is possible to try too hard. If you are constantly stressed, you may be trying too hard. If the slightest setback, obstacle, or challenge creates a major disappointment, you are trying to hard.

Life is a journey, not a destination. Those who focus on a destination, shortchange themselves. Often, we spend too much energy focusing on our destination instead of enjoying the journey that gets us there. When you savor your journey, you will reach your destination more expediently. If you try too hard, you are more apt to give up out of frustration should you encounter adverse circumstances.

Richard loves to play tennis. When he was first learning, he was so fixated on hit-ting the ball that he tensed every muscle in his arm as the ball was flying toward him. Since he was so rigid, he couldn't swing the racket freely enough to hit the ball.

Richard's instructor told him he was trying too hard. He

way to swing with speed and power was to keep his body relaxed. He also suggested Richard should just have fun rather than becoming fixated on winning. Richard followed his coach's recommendation. His game improved along with his enjoyment.

A tennis player who takes pleasure from the game progresses much faster than someone who is concerned only with winning and is sullen any time he loses. When a person who loves tennis doesn't win a match, he is undeterred. He now has a great time and looks forward to ev-

Julie, a college professor, is often asked by her students what material will be on the next test. She tells them to concentrate on learning the subject matter rather than worrying about what will be on the exam. Julie informs her students that if they just study to pass a test they will quickly forget what they have learned. But if they come to class to learn, the new knowledge will be retained much longer.

Cheryl, a martial artist, used to always get hit during sparring. Although she had been advised Richard that the only training for a number of years,

Cheryl seemed unable to avoid many of her opponent's attacks. The harder she tried to evade her adversary, the more vulnerable Cheryl felt.

On the verge of giving up her martial art, Cheryl sought help from Dan, her instructor. Dan explained she was trying too hard. She was so consumed with evading an attack that her body locked up. Dan pointed out Cheryl's rigid muscles pre-vented her from moving effectively in order to protect her-

Dan told Chervl the best way to avoid being hit was to not care if she got hit. Then her body would stay relaxed, enabling her to move in a man-ner necessary to defend herself. Cheryl was amazed at the results when she implemented Dan's suggestion. She found her movement, speed, and enjoyment increased substantially. As a result, she was hit rarely, if at all. Dan's advice seemed contradictory but it was true. Cheryl got hit when she was worried about getting hit. When she didn't care about getting hit, she effectively evaded attacks.

Examine your situation. Are

(Continued to Page 4)

Ham, Matt Proulx, Tanner Klondike with 32 points and Richey and Korbin Martinez-3:41.33 and Borden County JV-2<sup>nd</sup> place-Colby Pennell, Tristen Torres, Benavidez and Robert Jordan-

Rosales-4th place-41'6".

Discus: Matt Roberson-1st place-134'4"; T.J. Basquez-2nd place-133'5" and Kurt Shafer-6th place-102'3".

Triple Jump: Kurt Shafer-1st place-38'8" and Colby Pennell-3rd place-34'1114".

High Jump: Korbin Martinez-5<sup>th</sup> place-5'4". Pole Vault: Riley Herridge-

1st place-10'0"; Robert Jordan-2nd place-9'6" and Thomas Harrison-3rd place-9'0'

The results for the high school girls division are as fol-

800 Meter Run: Tye Basquez-1st place-2:42.96. 1600 Meter Run: Taylor

Gass-1st place-5:47.03 and Zoie Key-2<sup>nd</sup> place-6:11.00. 3200 Meter Run: Taylor

Gass-2<sup>nd</sup> place-13:20.06 and Zoie Key-3<sup>rd</sup> place-14:33.80. 100 Meter Hurdles: Tatum

Richey-1st place-18.37.

300 Meter Hurdles: Hanna Forbes-1st place-47.83 and Tatum Richey-2<sup>nd</sup> place-53.98. 400 Meter Relay: Borden

County-1st place-Cheyenne Tucker, Teryn Soto, Kalyn Massingill and Karly Etheredge-54.04.

800 Meter Relay: BordenCounty-1st place-Kalyn Massingill, Teryn Soto, Tye Basquez and Karly Etheredge-1:54.08.

1600 Meter Relay: Borden County-1<sup>st</sup> place-Kalyn Massingill, Tye Basqez, Cheyenne Tucker and Hanna Forbes-4:34.07

Long Jump: Kalyn Massingill-1st place-15'134" and Tatum Richey-3rd place-

Shot Put: Kaylyn Dean-2nd

Discus: Bailey Robinson-6th place-59'1/2

Triple Jump: Tatum Richey-1st place-29'10½ and Chey-

enne Tucker-2<sup>nd</sup> place-28'11". High Jump: Teryn Soto-1<sup>st</sup> place-4'8"

In the junior high boys division, the top seven teams were Midland Christian 8th grade with 202 points, Borden County with 127 points, O'Donnell with 58.3 points, Sands with 42 points, Lubbock Christian with 34 points,

Midland Christian 7th grade with 30.3 points. Trace Richey (1st) and Diego Bernal (10th) were both named in the top ten athletes.

In the junior high girls divi-Shot Put: Matt Roberson-1st sion, the top five teams were place-51'8½"; T.J. Basquez-Midland Christian 8th grade 2nd place-50'10½" and Helio with 175.5 points, O'Donnell with 92 points, Lubbock Christian with 78 points, Sands with 73 points and Klondike with 49.5 points. The Borden County girls placed 10th with 6

> The results for the junior high boys are as follows:

100 Meter Dash: Ryan Wilborn-2<sup>nd</sup> place-12.24 and Kale Yarbro-4<sup>th</sup> place-13.26.
400 Meter Dash: Jayton

Lewis-2<sup>nd</sup> place-1:01.69. 2400 Meter Run: Morgan

Wilson-4th place-9:31.85 and Dylan Murphy-6th place-

110 M Hurdles: Hunter Jones-4<sup>th</sup> place-19.38. 300 M Hurdles: Trace

Richey-2<sup>nd</sup> place-46.22. 400 M Relay: Borden County-2<sup>nd</sup> place-Ryan Wilborn, Jayton Lewis, Corbin Sumners and Nick Proulx-

800 M Relay: Borden County-1<sup>st</sup> place-Hunter Jones, Corbin Sumners, Trace Richey and Kace Lott-1:42.83

1600 M Relay: Borden County-2<sup>nd</sup> place-3:57.50.

Long Jump: Corbin Sumners-4th place-17'5". Shot Put: Diego Bernal-1st

place-39'53/4

Discus: Diego Bernal-2nd place-110'3" and Kace Lott-6th place-93'10".

High Jump: Trace Richey-3rd place-5'4'

1200 M Run: Dylan Murphy-5<sup>th</sup> place-4:13.00 and Morgan Wilson-6<sup>th</sup> place-4:15.00.

The junior high girls results are as follows:

800 M Relay:Borden County-6<sup>th</sup> place-2:06.55. 1600 M Relay: Borden

County-5th place-4:59.26.

Congratulations on a very successful meet!



## **District Tennis Champion!**



Senior tennis player, Shae Burkett competed in the District tennis meet last week held in Slaton. In the first round Burkett competed against Olives of Wellman-Union winning straight sets (6-0) (6-0). In the second round she challenged Blocker of Grady defeating her again in straight sets (6-0) (6-0). She also won this round in less than twenty-five minutes. She won her third round defeating Etie of Petersburg with straight sets (6-0) (6-1) allowing her to win her fourth straight district meet.

Zoie Key also competed in the district meet losing to Petersburg (6-2) (6-3). The meet was single elimination. Both girls played extremely well.

## Long Jump



Borden County nineth grader, Colby Pennell competed in the Long Jump at this past weeks' Borden County Relays. Colby placed third in the meet jumping 34 feet 11 1/4 inches. Also competing in the long jump was Kurt Shafer who placed 1st jumping 38 feet 8 inches. Congratulations!

### School Lunch Menu

April 15-19, 2013 Menu Subject to Change

Monday -Breakfast: French Toast, Fruit Juice and Milk. Lunch: Corndog, Baked Beans, Tomato & Cucumber Cup, Apple and Milk.

Tuesday - Breakfast: Breakfast Burrito, Fruit Juice and Milk. Lunch: Nacho Grande, Refried, Beans, Garden Salad, Orange Smiles, Chocolate Chip Cookie (9-12 grade only) and

Wednesday - Breakfast: Cereal, Fruit Juice and Milk. Lunch: Chicken Sandwich, Oven Fries, Fresh Veggie Cup, Fruity Gelatin and Milk.

Thursday - Breakfast: Sausage & Biscuit, Fruit Juice and Milk. Lunch: Beefy Macaroni, Garden Salad, Baby Carrots, Fresh Grapes, Breadsticks and

Friday - Breakfast: Muffin, Fruit Juice and Milk. Lunch: Pizza, Crunchy Broccoli Salad, Seasoned Corn, Fresh Fruit and

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AGRILIFE Heart and Home ...



Julie Mumme Smith

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Blog: http://agrillifeextensionbordenfcs.wordpress.com

### April is Child Abuse Prevenition Month

vention Month, a time to focus on the protection and care of our most vulnerable and trusting resources – our children.

Child Abuse Prevention Month has been observed each April since its first presidential proclamation in 1983. Since that time, individuals and organizations have joined during April to raise the public's awareness of child abuse and its prevention.

Over 264,000 Texas children are reported as abused or neglected and nearly 67,000 confirmed victims in 2010, according to Child Protective Services, a division of the Texas Department of Family and Protective Services. April is child abuse prevention month in Texas and in the na-

"It's a time to focus on ways not only to protect children but also to prevent abuse from ever occurring," said Wendell Teltow, Executive Director for Prevent Child Abuse Texas. "This is our opportunity to make a difference in young

Neglect is the most frequent form of child abuse, according to the state agency charged with protecting children.

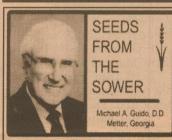
"Yes, children die simply because they're put in situations where they are not super-vised," said Teltow. "But parent's are not alone. We need to raise the public's awareness

April is Child Abuse Pre- of these distressing statistics," says Teltow, "and to encourage people to become involved in the prevention of child abuse. One small, but public way of showing your support, is wearing a blue ribbon during April. Remember, children are helpless, you are not." According to Prevent Child Abuse America forty-three percent of American parents report spanking or hit-ting their child, 37 percent report insulting or swearing at their child, and two percent re-port having kicked, bit or punched their child. More than 3 million children were reported to child protective service agencies as alleged victims of child abuse or neglect each year, and approximately 1 million of these reports are con-

> Prevent Child Abuse Texas is a statewide nonprofit organization dedicated to the prevention of child abuse and neglect in all its forms. Its network works in a collaborative manner with community, state, and national groups to turn information into action by developing sound child and family oriented community-based prevention programs, public awareness activities, educational initiatives, and training programs. For more information, please call 1-800-CHIL-DREN or visit www.preventchildabusetexas.org.

# Borden County Museum

The Borden County Museum will be open on Saturday, April 13th from 10 a.m. to 2 p.m.



When leaving me, a dear friend grasped my hand, looked me in the eye and said, "I'll be remembering you." How thoughtfull It made me feel important and significant. It brought happiness to my heart. It also reminded me of our Lord.

We are always on His mind and in His heart. The Psalmist reminds us, "The Lord is thinking about me right now. O my God, You are my

His mind is occupied with us because He knows our needs.

His eyes are focused on us because He watches over us very

His ears are open to us because He hears our every prayer.

His arms are underneath us because He does not want us to

His heart is open to us for He has promised us that He "has loved us with an everlasting love.

Visit us at: www.SowerMinistries.org



Borden County senior, Riley Smith is presented with a full scholarship from South Plains College Rodeo Coach, Kerry Doster (right).

# **Dreams Really** Do Come True

Mr. Kerry Doster, South each year. Plains College Rodeo Coach, presented Riley Smith, a BHS Senior, with a full scholarship. Riley will participate on the tie-down calf roping and team roping. Riley has participated in the THSRA for the past seven years.

He qualified for state competition during Junior High School, and made several trips to Gonzales for the State Finals

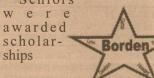
He has qualified for the State High School Finals Rodeo in Abilene all four years of his high school career. He is ful-SPC Rodeo team next year in filling his lifelong dream of being a member of a college rodeo team. He will take his horses, Prissy and Magic, to compete in tie-down calf rop-

> He is switching ends next year in team roping. His heading horse, Dunnie, passed away during the Fall Semester. He is now going to heel in college on his sorrell horse, Bacon a.k.a 'Teacher Retirement'

All of Riley's hard work has paid off, as he was also awarded the THŚRA Region II scholarship. Five of fifteen of the Region II graduating

Seniors

scholar-



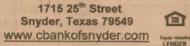
# Lot for Sale

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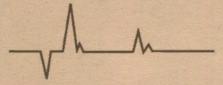
# Dare to Live...

(Continued from Page 1)

there areas in which you are trying too hard? Is arriving at your destination of paramount importance or are you appreciating the journey? Relaxing more, mentally and physically, will improve all aspects of

Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com. Ó 2006 Bryan Golden

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## Legal Notices

STATE OF TEXAS COUNTY OF BORDEN

#### LEGAL NOTICE

Sale of Surplus Equipment

Borden County will except bids for the following surplus items. Bids will be opened May 14, 2013 at 9:00 a.m. at the Borden County Court-

Equipment may be inspected in Gail, Texas or in the Precinct yard as noted. The equipment being offered is as

1-1986 F-800 Ford Dump truck (Precinct 1)

1-lot (7) used motor grader and loader tires (Precinct 1)

1-12 foot drag-type box scraper (Precinct 1 1-Gledhill 13 foot snow

blade (Precinct 1) 1-Good Roads 10 foot

snow blade (Precinct 1) 2-10 foot snow blades, shop-made, attach to dump

truck bed (Precinct 1)
1-500 gallon fuel trailer, single axle, with duals (Pre-

cinct 1) 1-5000 gallon water semitrailer, 32 foot tandem axle,

with duals (Precinct 1)
1-1983 Eager Beaver
equipment trailer, 8 foot x 24 foot, tilt bed (Precinct 1)

1-Tampo 9-wheel, dragtype roller packer (Precinct 1)

1-9-wheel packer, motor grader mount, hydraulic (Precinct 1)

1-heavy duty ripper (Pre-

1-cement mixer, for parts (Precinct 1)

2-hose reels with heavy duty 1 inch hose (Precinct 1)

-spreader box (Precinct 1) 1-lot cedar posts and staves (Precinct 1)

1-drag-type steel brush broom, 6 foot-8 inch x 10 foot (Precinct 1)

1-250 gallon fuel trailer, military issue (Precinct 3)

1-John Deere 4040 tractor, 6094 hours (Precinct 3)

1-pickup bed trailer and all contents (Precinct 4)

(Precinct 4)

1-single axle dry-box semitrailer (used for storage) (Precinct 4)

1-lot of coated gravel (Precinct 4)

1-lot pea gravel (Precinct

1-Bros drag-type rock crusher (Road & Bridge)

1-1986 Mack truck, R686ST, 860,233 miles, 80% rubber (Road & Bridge)

1-1981 Holden lowboy trailer, 25 ton, 40 foot (Road

1-1991 F-800 Ford Asphalt distributor truck, 2000 gallon tank (Road & Bridge)

1-Koehring Chip Spreader, M/N: SPK-H, 13 foot-6 inch hopper (Road & Bridge)

For additional information contact Monte Smith, Commissioner Precinct #1, phone 806-439-6379; Adcock, Commissioner Precinct #2, 806-756-4378; Ernest Reyes, Commissioner Precinct #3, phone 432-213-6992; Joe Belew, Commissioner Precinct #4, phone 325-573-7718; or Ross Sharp, County Judge, phone 806-756-4391 or fax 806-756-

Mail bids to: B o r d e n County

Deliver bids to: B o r d e n County

PO Box 156 117 E. Wasson Gail, TX 79738

All bids should be marked "BID" on the outside of the envelope.

Borden County reserves the right to reject any or all

BY ORDER OF THE BORDEN COUNTY COM-MISSIONERS COURT.

Ross D. Sharp County Judge Borden County

STATE OF TEXAS COUNTY OF BORDEN

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### **LEGAL NOTICE**

The Borden County Commissioners' Court will receive bids until 9:00 am, April 23, 2013 for the purchase of a used truck for use by the Borden County Road and Bridge Department. Bids will be opened and considered in the Borden County Commissioners' Courtroom in the County Courthouse. Specifications may be obtained at the office of the County Judge by calling 806/756-4391, by fax at 806-756-4405 or by email at bordencj@poka.com.

The Borden County Commissioners' Court reserves the right to reject any and all bids and to waiver all formalities.

BY ORDER OF THE BORDEN COUNTY COM-MISSIONERS' COURT.

Ross D. Sharp County Judge Borden County

## Help Wanted

#### TEXAS DEPT OF **TRANSPORTATION**

JOB TITLE: General Transp Tech II SALARY: \$2,094.33 -

\$3,246.25 per Month LOCATION: Borden

County Maintenance 400 E. Wasson Avenue Gail, Texas 79738

Job Requisition Number: 019706

Closing Date: April 16,

Applications and a copy of 1-drag-type rotary broom the Job Requisition can be picked up at the TxDOT Office at the above address or any other TxDot Office as well as the TxDOT website: www.txdot.gov . Completed applications may be mailed to TxDOT, 4250 North Clack Abilene, Texas 79601 or returned to any TxDOT office or submitted online through the above website.

"An applicant needing an accommodation in order to apply for this job may call the phone number of the Human Resources Office (325) 676-

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