Plains Library Box 419 Plains, TX 79355

VOLUME 3, NUMBER 10

Plains, Yoakum County, Texas TUESDAY, JUNE 9, 1987

**The Plains Pride** 



PLAINS POOL OPENS, next to Stanford Park. Hours are Tuesday through Saturday, 1:00 to 6:00 p.m.; Sunday afternoon, 2:00 til 5:00 p.m.; and closed Mondays.

# **Two Yoakum 4-H Members To Compete In State Meet**

Two 4-H'ers from Yoakum County will be taking part in the 1987 State 4-H Roundup, June 9-10 at Texas A&M University. Keith Earnest, son of Mr. and Mrs. Eddie Earnest and Blake McWhirter, son of Mr. and Mrs. Macky McWhirter will be competing in the Entomology method demonstration contest.

The county's 4-H members will be among some 1,600 from across Texas taking part in a host of activities, says Mary Dale Williams, County Extension Agent, Home Economics.

An opening assembly that evening will feature special entertainment by

a country western group from Nashville, Tenn., "The Shoppe". In addition more than 100 outstanding 4-H members will receive scholarships through the Texas 4-H Foundation that total almost \$650,000. Special awards will be presented longtime supporters of the 4-H program.

Contests in 39 different categories will kick off the second day of Roundup. Competitive events will continue throughout the day. Winners will be recognized at a special awards program that evening.

# **Honor Roll Announced For Plains High School**

Robert Parks, principal of Plains High School, announces the honor roll for the fifth six weeks period.

All A honor roll students were Bryan Baldwin, Martin Barrientes, Daniel Canada, Phillip Cowart, Anthony Day, Ruth Ann Diaz, Vonda Fitzgerald, Eve Flores, Jesse Flores, Nieves Garcia, Chad Guetersloh, John Harris, Nikki McGinty, Shane McMinn, Martha Morales, Lance Morrow, Lebert Powell, Sandra Ramos, Roger Rivas, Joe Rivera, Billy Spears, Cristi Stephens, Kyle

Wall.

# June Clean-Up Day Set, 'Yard Of The Week' Begun

Residents of Plains are urged to join in clean up efforts Saturday, June 13 as a continuing pledge in the Adopt A Highway project sponsored by Plains Chamber of Commerce.

Chamber directors met in regular session Tuesday morning in Johnnie's Restaurant. The Chamber will sponsor a "Yard of the Week" during June, July and August.

Plans were begun for the annual Rodeo and Old Settlers Reunion July 30-Aug. 1. Theme of the parade will be "80 Years, Then and Now" in observance of the 80th anniversary of the founding of Yoakum County.

Dundie Alexander, Karen Cobb,

Adelia Devitt, Joe Harris, Brian

Livengood, Tonya Lowrey, Valen-

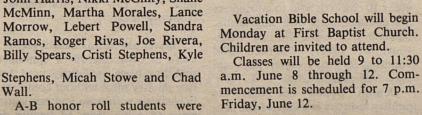
tin Luna, Heather McGill and Brad

**Bible School Set** 

**At First Baptist** 

McWhirter.

Next meeting of the Chamber will be June 30 at 7 a.m. in Johnnie's Restaurant.





# **Plains High School Students Bring Home State Awards**

students participated at Austin Saturday, May 30 in State UIL Solo and Ensemble competition.

Several Plains High School Cobb received a II rating for a voice solo; Melissa Welch was awarded a III rating for her twirling solo.

A clarinet quartet composed of Lisa Flores, Jo Ann Martinez, Veronica Gonzales and Lynda Jimenez earned a III rating; Karen

Also attending the event were Bill Shipp and Bill Strickler, band directors for the Plains School bands and Kim Andrews.



LITTLE READER WINS RABBIT - Chad Clayton, second from left, proudly shows off the baby rabbit he won last week at the summer reading signup for Yoakum County Library. His name was drawn by Jennifer Phillips, left. Looking on are Colby and Jayce Clayton.

#### PAGE 2, JUNE 9, 1987; THE PLAINS PRIDE

#### THE PLAINS PRIDE

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Any erroneous reflection upon the character or stan-ding of any person or firm appearing in this paper will gladly and promptly be corrected, upon being called to the attention of the management.

-YEARLY SUBSCRIPTION RATES-Yoakum County & Surrounding Counties, tax included .....\$15 Elsewhere, tax included .....\$16

# **Randy Kennedy To Attend Journalism Institute**

Randy Kennedy, son of Mr. and Mrs. Joe F. Kennedy, has been selected to participate in the 1987 Institute On Political Journalism in Washington D.C. June 5 through July 19.

The six-week program will be conducted at Georgetown University with approximately 55 college journalism majors from around the nation participating.

As part of the program, these students will be enrolled in two summer courses at Georgetown University relating to politics and media ethics. They will also work as interns at either a newspaper, a public relations office or the office of an elected official in Washington.

Kennedy has just completed his freshman year as a student at Angelo State University and plans to return to San Angelo in the fall to continue his studies.

# Sanitation, Cooking Keys To Avoid Salmonella

Proper handling and cooking are at 140°F or greater. Keep the the keys to avoiding salmonella poisoning from poultry, says a Texas Agricultural Extension Service Official.

Dr. James Denton, a poultry marketing specialist, says a recent U.S. Department of Agriculture report, "pointing the finger" at salmonella bacteria in chickens states a situation that is not unusual. The report noted that almost four of every 10 chickens sold to consumers are contaminated with salmonella, bacteria that cause flu-like symptoms of fever, diarrhea and vomiting for two to seven days and may even cause death.

Denton points out that the poultry industry is aware of the problem and that proper processing eliminates 95 percent of the bacteria on a live bird. "Further decontamination would be prohibitively expensive or require certain techniques, like chemical dips or irradiation, that the public might not accept," he says.

"Salmonella can be killed by heat during proper cooking," explains Denton, "and thorough washing of hands after handling uncooked meat can help prevent contamination."

Denton recommends that consumers follow the "four Cs" to avoid potential salmonella problems with chickens: Maintain "clean" working areas for handling poultry, "cook" poultry thoroughly to kill bacteria, "chill" meat as quickly as possible following cooking and serving.

All animal food products contain bacteria of one form or another, the specialist points out, and most of these are removed by proper cleaning and sanitation. "To grow and multiply, bacteria must have proper nutrients, adequate moisture, proper temperature and adequate time," says Denton. "Removing any of these ingredients will keep bacteria counts in check.

holding time of poultry between 40°F and 140°F to an absolute minimum."

The specialist emphasizes that the work area for handling both raw and cooked poultry should be kept as clean as possible. Also, every effort should be made to prevent cross-contamination or recontamination of fully cooked poultry meat with raw meat or bacteria from raw meat.

"Never use cutting board, platter, knife or other utensil or container that has been previously used for raw poultry meat without completely cleaning with soap and hot water prior to using them to handle or store cooked poultry meat," advises Denton.

Bulletins on Food Safety are available from the County Extension Office, according to Mary Dale Williams, Yoakum County Extension Agent.

> **Commissioners**' Court

Yoakum County Commissioners Court met in special session Monday. All members were present.

The session opened with invocation, Pledge of Allegiance and salute to the Texas Flag.

A salary raise of \$50 after six months was approved for Nancy Baize. Effective June 1, her salary is \$1,509.47.

Also approved was General Telephone Company's proposed installation of a communication line 2.8 miles east of the intersection of Highway 214 and County Road P15 for a distance of 418 feet on the backslope. Additional requirements nd specifications are to place cable 42 inches below the lowest part of ditch and Yoakum County will not be responsible for cutting or breaking lines while in the process of rebuilding or maintaining roads. Extra hire and bills were approved for payment.



**RANDY KENNEDY** 

### **Free Hearing Tests** To Be Held June 18 In Plains Library

Electronic hearing tests will be given at the Yoakum County Library in Plains on Thursday, June 18 from 10 a.m. until 12:00 noon.

Randy King, professionally trained Hearing Aid Specialist will be at the library in Plains to perform the tests.

Anyone who has trouble hearing is welcome to have a test, using modern electronic equipment to determine if the loss is one which may be helped. Some of the causes of hearing loss will be explained, and diagrams of how the ear works will be shown.

Everyone should have a hearing test at least once a year--even people now wearing a hearing aid or those who have been told nothing could be done for them. Only a hearing test can determine if you are one of the many, a hearing aid can help.

The FREE HEARING TESTS will be given at the library from 10 a.m. until 12:00 noon. If you are not able to come in, call 456-8725 for in-home service.

#### Beltone\*

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**Beltone of Lubbock** 2821 74th Street Lubbock, Texas 79423 Phone: 745-7878

#### **Announcing New Office Hours** for Dr. W.B. Boyd, Chiropractor

**Denver City**, Texas

Effective June 1, 1987 Monday, Tuesday, Thursday & Friday 8:00 a.m. to 5 p.m. CLOSED: Wednesday & Saturday

### **Yoakum County Hospital**

Providing the people of Yoakum County a well-rounded, modern health care program for 33 years

> **Quality Care For Neighbors**, Not For Numbers

"If poultry is to be stored under refrigeration, keep it at 40°F or less," advises Denton. "When keeping poultry warm for serving, hold it

#### **Annual Contest Cancelled For '87**

Because the lack of sponsor participation, there will be no Father of the Year contest held for 1987.

A proposal by Dennis Mc-Cullough of Gibson Plumbing to service the courthouse and jail building air conditioning systems was tabled for further study.

Physical Inerapy

• Surgery, Recovery & Critical Care

• 24 Hr Emergency Department

Obstetrics

• Respiratory Therapy

Radiology, to include

Diagnostic

Ultrasound

C.T. Scanning (by arrangement)

Laboratory Service

YOAKUM COUNTY HOSPITAL is licensed by: The State of Texas; is a member of: American Hospital Assoc. & Texas Hospital Assoc.



PICNIC WRAPS UP FILMTIME FOR THE YEAR -- Little pre-schoolers were treated to a picnic in the park May 27 as the end of school brought a "vacation" for the weekly filmtime at Yoakum County Library. Fortyeight youngsters attended.

# Darla Duncan Complimented With Pre-Nuptial Courtesy

Miss Darla Duncan, bride-elect of Dolores Davis, Barbara Thrash and Tracy Welch, was honored with a gift coffee Saturday, May 30 in the home of Mrs. Jim Barron.

Special guests were Laverne Duncan, Peggy Welch, Margaret Hart-man and Ira and Jean Seaton. Guests were registered by Sheila Stephens.

Appointed in crystal and gold, the party table was graced with a spring bouquet in a brass vase. Fruit plates, sausage balls and donut centers were served by Jean Craft.

A corsage of peach and blue silk flowers, a comforter and pillow shams were presented the honoree by hostesses.

Also assisting with hostess duties were Mmes. Jim Barnett, Leland Ellison, Gayle Craft, Bobby Bowlin, Arlon Alexander, Dennis Crutcher, Eddie Earnest, Jackie McDonnell, Tommy McElmore, Mike McClure, Garland Swann, Rhonal Teaff, Mary Dale Williams,

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Miss Leann Ellison.

#### **Turner** EH Club **Plans** Projects

Jerri Lollar was hostess May 26 for Turner Extension Homemakers Club. Roll call was answered by 11 members with "Why I Go To Club?".

A council report was given by Mrs. Lollar. Sherry Burris was elected delegate to the State Convention. Emily Bolling was elected alternate. Fund raising projects were discussed. It was decided to sponsor a bake sale and sell ice cream and drinks the day of the Rodeo Parade.

Mrs. Lollar conducted a program on "Membership".

Members plan also to make changes in the club's by-laws.

FOR MEN & WOMEN

\$6.50 REG. \$8

including OIL TREATMENT

## THE PLAINS PRIDE, JUNE 9, 1987, PAGE 3 **Bridal Courtesy Honors** Carol Altman Tuesday

Miss Carol Altman, bride-elect of Alton Lea Lawson of Levelland, was complimented Tuesday afternoon with a bridal courtesy in the home of Mrs. Jim Barron.

Honored guests were Margaret Altman and Mona Lawson of Levelland, mothers of the betrothed couple and Mary Forbus of Brownfield, grandmother of the honoree. Other special guests were Leslie Lawson and Dana Altman, sisters of the couple; Pam Lawson of Levelland, sister-in-law of the prospective groom; Roberta Altman of Lovington and Rebecca Forbus, aunts of the honoree; and Mary Brown of Hobbs, N.M., cousin of the honoree.

An arrangement of pink, blue and white silk flowers in a brass vase adorned the white lace laid table. Appointments were brass and crystal. Napkins of pink, dusty rose and gray were engraved in silver with the couple's names.

Sandra Ellison served cookies, nuts, mints and punch.

Hostesses presented the honoree with a corsage of pink silk flowers and dinnerware.

Assisting with hostess duties were Shirley Barnes, Sharon Willis,

Carolyn Culwell, Jan Parrish, Dolores Davis, Neoma Taylor, Sandra Ellison, Jimmie Blount, Myrna White, Linda Kennedy, Sue Randall and Rhuey Edwards.

### ABWA Chapter Meets June 15

Texas Plains Charter Chapter of ABWA will have its regular monthly meeting on Monday, June 15, at 7 p.m. in the home of Cindy Davis, 1303 Second Street.

The chapter welcomes any visitors.

#### Mrs. Nick Olenik To Be Honored

Mrs. Nick Olenik of Lubbock, the former Vennette Fitzgerald, will be complimented with a pink and blue courtesy Sunday, June 14 from 2 to 4 p.m. in the Heritage Room of Yoakum County Library.

Selections are displayed at Plains businesses.

Friends and relatives are invited.

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## **Yoakum County** Federal Credit Union 456-2929 or 7493







# Plains Independent School District

# From The Superintendent's Desk

Our maintenance people are busy trying to spruce up classrooms and generally improve the appearance of our facilities. We will not only clean and shampoo carpets, strip and seal floors, but will also make many small repairs to door closers, water foundations, tears, dents and scratches.

We will be doing some major repairs in the homemaking department and in the cafeteria kitchen. We will install a new floor in the kitchen and repair drains that have been in need of repair for some time. In the homemaking department we will remodel the clothing area to better meet the needs of the department.

We also have a problem with the filtering system in our swimming pool and that will require some attention. In short, we paint, clean, sweep and wash, to restore facilities to a sparkling state of cleanliness prior to beginning classes in September.

The outside of the building and grounds require attention too. We spend many days each year cutting grass. For those who work year round, summer is a busy time at Plains Schools.

# Junior High Honor Students Announced By Principal

Powell.

Flores.

and Dan Rushing.

Seventh Grade A - Dave Alex-

Eighth Grade A - Wendie Alex-

Fifth Grade A-1B - Heather

Bowlin, Jennifer Day and Gabriel

Sixth Grade A-1B - none listed.

Cobb, Wade Redman, Jason Smith,

Vee Ann Fitzgerald and Clint Parks.

**Perfect Attendance** 

**Recognition Given** 

Perfect attendance recognition

went to Heather Bowlin and Jen-

nifer Day, fifth grade; Manuel Chavez, Jose Ramirez, Ogla

Ramirez, Andrea Salas and Sterling

Spencer, sixth grade; Ernest

Chavez, Jason Lewis, Jimmy

McGinty, Leticia Vasquez and Chris

Villareal, seventh grade and Chris

Chavez, Layne Morrow, Clint

Parks, Dwane Talley, eighth grade.

**PJHS Students** 

Justin Stowe and Ashlee Winn.

Seventh Grade A-1B - Kemi

Eighth Grade A-1B - Tisha Crain.

ander, Layne Morrow, Matt Record

ander, Lacy McAdams and Jo Lena

Honor roll for the fifth six weeks at Plains Junior High School is announced this week by principal Jimmy Conner.

Fifth Grade A - Tracy Bearden, Jennifer Cowart, Rhonda Cowart, Kim McClure, Lenney Morrow, Jay Rushing and Ace Williams.

Sixth Grade A - Betsy Blair, April Horn, Sarah Knapp, Brandy Lester, Darce Pierce and Keri Powell.

#### Summer Reading Is Underway

Summer reading program began Monday at Yoakum County Library with a large number of children signing up to read. Gina Lewis is the first reader to complete 10 books and receive a certificate.

Monday afternoon, the Plains Rubies entertained the children. Each child received a balloon. Jennifer Phillips drew the name of Chad Clayton for the baby rabbit and cage.

Library personnel express appreciation to the Rubies for sharing their time and talents with the youngsters.



# Scholarship Presentation Held During Recent Assembly

Arlon Alexander, school counselor for Plains Independent School District made the presentation of scholarships to seniors during the awards assembly held the last week of school.

Martha Morales received Don and Sybil Harrington Scholarship from WTSU; Cunningham Scholarship from Western Texas College; Tuition Scholarship from Independent Colleges and Universities of Texas; Valedictorian Scholarship from South Plains College and Tuition Scholarship from Public Colleges and Universities of Texas.

Ruth Ann Diaz received Tuition Scholarship from Independent Colleges and Universities of Texas and Don and Sybil Harrington Scholarship from WTSU. Vonda Fitzgerald received the Patsy Lincoln Lewis Nursing Scholarship from WTSU, Nancy Caton Scholarship from Western Texas College and Don and Sybil Harrington Scholarship from WTSU.

Eve Flores and Tonya Lowrey received the Nancy Caton Scholarship from Western Texas College and Don and Sybil Harrington Scholarship from WTSU. Joe Harris received the Don and Sybil Harrington Scholarship from WTSU; Talent Day and Lone Star Zia Scholarships from ENMU and Cunningham Scholarship from Western Texas College.

Sandra Ramos received the Nancy Caton Scholarship from Western Texas College; Cristi Stephens received Cunningham Scholarship from Western Texas College and Don and Sybil Harrington Scholarship from WTSU.

Presidential Academic Fitness

## **Awards Banquet Held** For Plains Future Farmers

Awards were presented May 14 in the annual Plains Future Farmers of America banquet in the school cafeteria.

Invocation was spoken by Kenley Powell. Opening ceremonies were conducted by officers, Keith Earnest, president; Lebert Powell, vice president; Sally Burrus, secretary; Nikki McGinty, treasurer; Chad Wall, reporter; and Johnny Spears, sentinel. Awards were recognized for Martha Morales, Joseph H. Harris, Vonda Fitzgerald, Sandy Ramos, Cristi Stephens, Ruth Ann Diaz and Eve Flores.

Martha Morales and Ruth Ann Diaz were recognized as UIL Scholars.

"I Dare You" Awards were given Kenley Powell and Bertha Gonzales. Given in recognition of personal integrity, balanced living and motivation for leadership, the awards are made available by American Youth Foundation. The Awards were first offered in 1941 by William H. Danforth, founder of Ralston Purina Company in St. Louis.

Kris Andrews received the Spring Meet Award; Chad Guetersloh, Principal's Award for the Highest Average; and Billy Spears, Yoakum County Homemakers Council Scholarship.

Letters of Commendation from Superintendent Dean Andrews were given Chad Guetersloh, Joe Harris and Nancy Jimenez for State UIL participation and Letters of Commendation from the Board of Trustees and Superintendent Andrews given Micah Stowe and Shane McMinn for State UIL wins.

Students recognized for Perfect Attendance were Vonda Fitzgerald, Keith Earnest, Lisa Flores, Jesse Ramirez, Jeff Ashburn, Corie Spencer, Lusema Luna, Rosalie Garcia, Raquel Medina, Marsha Freeman, Martha Morales, Veronica Gonzales, Shane McMinn, Kris Andrews, Juan Morales and Lebert Powell.

Recognition concluded with announcement of A and A-B honor roll students.

Other awards included Randall Huff, Farm Power and Machinery; Keith Earnest, Sheep Production; Kyle Stephens, Swine Production; and Johnny Spears, Beef Production.

Nikki McGinty, Scott Lowrey and Kevin Lowrey were recognized as the first place entomology team in Mesa District at Texas Tech. They received a banner.

The Plains FFA Talent Team of

#### ANOTHER LOOK AT SUMMERTIME

Welcome was spoken by Keith Earnest. Chapter Sweetheart Nikki McGinty and Greenhand Sweetheart Sally Burrus were introduced by Chad Wall.

Presentation of awards were by Joe Pierce, advisor, and included Chapter Farmer, Vo Ag IV, Johnny Spears; Chapter Farmer, Vo Ag III, Kenley Powell; Chapter Farmer, Vo Ag II, Chad Wall; and Star Greenhand, Vo Ag I, Rodney Garland. Brad McWhirter, Keith Earnest, Kenley Powell, Chad Wall and Lebert Powell were Area II winners in May in the Area II Convention in San Angelo. They will compete July 15-17 in the State FFA Convention in Fort Worth. They finished second in state competition last year.

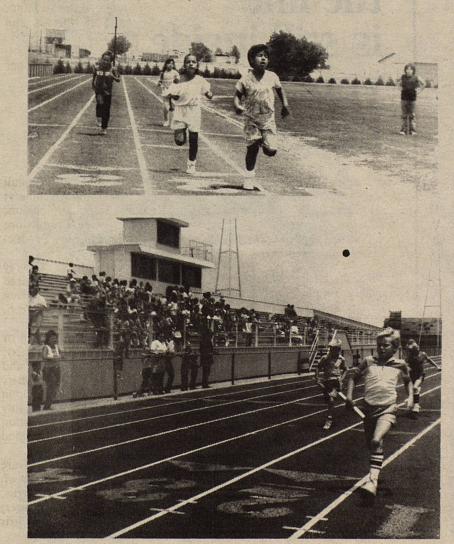
Greenhand Chapter officers are Steve Lowrey, president; Shawn Booth, vice president; Sally Burrus, secretary; Chris Gayle, treasurer; Steve Crutcher, reporter; and Chris Gayle, sentinel.







# ELEMENTARY TRACK MEET



# Time To Treat Johnsongrass Says County Extension Agent

Abundant rains on the High Plains have contributed to the growth of Johnsongrass, always a serious problem for cotton growers. But the rains also have primed the grass for herbicide treatments, said David Kight, county agent for Yoakum County.

"A combination of mechanical tillage, soil and foliar applied herbicide and hand hoeing are required to effectively eliminate the weed."

"The recent rains have johnsongrass in prime condition for treatments with herbicides, especially the Poast or Fusilade type materials that can be applied over the top of cotton.

Breaking up the rhizomes and pulling them to the soil surface during chiseling and other fall-winter tillage operations helps to set the stage for an effective herbicide control program. Desiccation and weathering will weaken or even kill exposed rhizomes.

Breaking the rhizomes up into fragments limits the amount of food reserves available for the development of new shoots. Kight said the amount of herbicide needed to kill a short root segment is less than that needed to eliminate a large, intact rhizome.

Kight warns that over-the-top applications of DSMA and MSMA on johnsongrass may cause "burn down" and suppression of the grass.

"Such treatments can cause damage to the crop and slow its growth and development."

Roundup applied as a spot spray, with wipe-on applicators or with recirculating sprayers provides an effective and economical means for controlling johnsongrass once the height of the weeds exceeds that of the crop late in the growing season.

"Permanent control is more likely if the grass is in the boot or early flowering stages of development." Kight warned that grass in the boot or early flowering stages is often delayed in growth because of weed competition.

Poast or Fusilade 2000 were introduced as post-emergence herbicides that can be applied over-thetop of cotton to control annual and perennial grasses. These herbicides are applied as broadcast or spot spray treatments to control johnsongrass in its early developmental stages.

"A crop oil concentrate or surfactant must be used at designated rates to insure herbicide penetration into grass tissue.

#### **Band Calendar**

In some instances a second applicator will be needed to control escapes and late emerging plants.

The condition of the grass at the time of treatment with all these herbicides is extremely important in determining the level of control that will be obtained, said Kight. In all cases, the grass needs to be actively growing and not be under stress due to drouth or other factors.

Dr. Allen Wiese, weed scientist with the Texas Agricultural Experiment Station at Amarillo, has shown that with Poast and Fusilade 2000, the level of johnsongrass control can vary from 0 to nearly 100 percent, depending on the condition of the grass at the time of treatment.

The control was poorest when treatments were applied to moisture-stressed grass during periods of high temperatures and low humidities. Similar results have been obtained in on-farm tests conducted with these herbicides by county Extension agents and Extension specialists, he said.

"The recent rains are sure to enhance grass growth and development for the next week or two. This will provide an excellent opportunity for applying herbicides to obtain timely, effective control of grassy weeds."

#### Tornado Victims Aided By Plains

Plains residents have responded as "good neighbors" of tornado victims of Saragosa. Clothing, food and cash gifts of \$150 were sent to aid persons in the devastated community.

City of Plains furnished an ambulance with drivers Debbie Taylor and Nellie Wauson. Margie Garza, Lupe and Katie Coronado also helped transport the donated articles.

Thanks go to these volunteers and those who helped with this worthwhile project.



#### **Deadline June 17**

Deadline for purchasing a band calendar is Wednesday, June 17. Persons interested in purchasing a calendar may contact any member of Band Boosters or obtain a form from Yoakum County Library.

The calendar, from September 1987 through August 1988, sells for \$4 and includes listings for all members of the family in one household plus a calendar.



HOME ON LEAVE for several weeks beginning June 12, LCPL Brian Lee Lemley will celebrate his twenty-first birthday June 26. Son of Nelton and Julia Lemley, he is currently stationed in San Diego, Cal. and will be working at the Marine Recruiting Office in Lubbock during his leave.

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### Eastern Star Installs Officers

Officers for Plains Order of the Eastern Star were installed Monday evening. Conducting the installation service were Mrs. Esther Holland, installing officer; Mrs. Virginia Holland, installing marshal; Mrs. Blanche Dulin, installing chaplain; Mrs. Marjorie Freeman, installing secretary and past matrons of Denver City Order of the Eastern Star.

Installed were Mrs. June Anderson, Worthy Matron; Glenn Morehouse, Worthy Patron; Mrs. Louise Goehry, associate matron; Dick McGinty, associate patron and other appointed officers.

Red roses from Mrs. Anderson's garden decorated the hall. The yearbook outlined the programs; her theme is "Love One Another" and the emblem, the Holy Bible.

Special project for the coming year will be the continuation of a project for new heating and cooling system.

Outgoing officers Cyndy Koncaba and Glenn Morehouse were presented monetary gifts for their dedication and accomplishments of the year.

Guests from Denver City and Dimmitt and members enjoyed the social time. Refreshments were served by Mrs. Anderson and Louise Tuggle.

#### Workshop Held For Homemakers

A Window Treatment Workshop was held Tuesday afternoon in Heritage Room of Yoakum County Library.

Pat Curtis and Bitsy Martin, members of Turner Extension Homemakers Club, and Mary Dale Williams, County Extension Agent, Home Economics, directed the program. Mrs. Curtis demonstrated how to make balloon curtains.

Mrs. Martin showed steps in making thermal Roman shades and Mrs. Williams discussed and displayed thermal shutters and cloud curtains. Other window treatments were discussed.

Attending were Gail Gladden of Morton; Reta Mae Snodgrass and Gay Wilmeth, Becky and April of Tokio; Marjorie Freeman, Celia Kirkland and Myrle Duncan, all of Denver City; and Louise, Goehry, Toni Dunn, Sidney Murphey, June Reid, Pam Redman and Jo Ann Barron.



"The Home Invaders" by Donald E. Wildmon - Let's help stem the mind-polluting tide seeking to submerge us all! This book is a must for parents to read who do not realize how pornography is raging in America;

"How To Bring Your Children To Christ" by Andrew Murray; "It Might As Well Be Spring" a Musical Autobiography by Margaret Whiting and Will Holt; "Winterhawk" by Craig Thomas; "Gone To Soldiers" by Mark Piercy; "Home Designs, 450 House Plans" by Home Planners, Inc.; and "The Crocheter's Quilt Book" by Elyse Sommer.

### GED Testing Dates Announced At SPC

The General Educational Development (GED) exam, for persons who do not have a high school diploma, will be given during June and July at South Plains College.

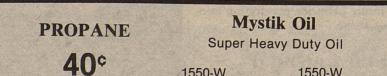
GED testing dates are June 6, June 19, July 10 and July 18. Exam time is 8 a.m. in the SPC Student Assistance Center, located on the third floor of the library. Fee is \$15, and examinees must call in advance to make an appointment, according to Karen Turner, SPC counselor.

For more information, contact the SPC counseling office at (806) 894-9611.

#### Party Honors Senior Girls

Senior girls of Plains High School were honored with a banana split party Thursday evening, May 28 in the home of Mrs. Jim Warren. Hosting the event were teachers, Brenda Canada, Ann Graham, Regina Meeks, Joyce Moore, Mary Pettigrew and Lela Warren.

Banana splits with all the trimmings were enjoyed by Ruth Ann Diaz, Dana Altman, Vonda Fitzgerald, Eve Flores, Tonya Lowrey, Martha Morales, Christy Stephens and Sandy Ramos.



# Extensionist Williams Cites Laughter's Benefits

Researchers in family relationships identify a sense of humor or laughter as an indicator of strong families. When family relations become strained or the family experiences difficult financial times, laughter is harder to generate, or may cease to exist, according to Mary Dale Williams, Yoakum County Extension Agent, Home Economics.

Holding on to our sense of humor is serious business. Sometimes the only way to bear our burdens is to laugh and bear them anyway. Life is tough, but without laughter it is intolerable.

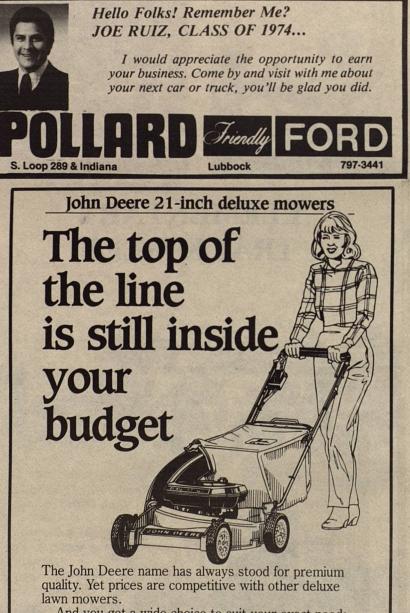
Recent medical studies indicate a connection between immunity and the mind. For instance, deep laughter releases substances into the body that seem to block pain. Some physiologists have found that stressful events often precede illness. Then, control over stressful events is important.

Humor is evidence of our freedom - the freedom to transform our pain, fears and anxieties into absurdities. With humor, we choose to accept the world the way it is and laugh at it instead of getting hung up on the way we know it "should" be.

Laughter is also the body's way of realizing that despite everything that has happened to us, we are not doomed. Laughter allows hope.

There are great moments of mirth in every family that conjure up scenarios of dealing with very serious problems in unconventional ways. Humor often defuses anger and heals pain.

When families come together in shared laughter, they enjoy a deep feeling of common humanity and unity. Laughing at our troubles presents us with an offer we can't refuse.



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