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The Post Dispatch

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Prisoner riot explodes at Dalby Correctional Facility

by Sheri Lewis

A weekend incident at the Giles W. Dalby Correctional Facility resulted in a unit-wide lock down, thousands of dollars worth of damage and an injury to at least one corrections officer.

According to reports from County Judge Giles Dalby, the "disturbance" erupted early Sunday morning. Before it was over, property damage estimated at between \$50,000 to \$100,000 was done and a corrections officer, assigned to a response team attempting to curb the uprising, was struck in his helmeted head with a 2 x 4 piece of lumber.

"They tore up a lot of stuff in that 9 1/2 minutes," Dalby said.

The incident started early Saturday evening when a group of about 500 inmates refused to go to their "pods" at lockup time, the judge said. Four or five inmates, apparently angry over a prisoner's placement in segregation, fueled the larger group's refusal to cooperate.

"It appears to me, from what I know, there were about four or five of them that incited this thing," Dalby said.

Corrections officers began talking with the inmates Saturday evening and by about 1 a.m., some 250-300 had gone to their bunks, the judge said. Meanwhile, the standoff with the remainder of the group continued to escalate.

Some of the group spilled over into what is called the "Main Street"

area between two of the facility's buildings and began to tear up several wooden picnic tables that filled the area. Soon, the vandalism turned into arson when inmates set fire to the wood and began burning trash cans on the sidewalk outside of the facility, Dalby said.

Correctional officers were able to quickly get the blaze under control.

Soon, the unit's correction officers were extracted from the building and a pair of 15-member response teams, both armed with video cameras, were sent inside.

The Garza County Sheriff's Department received a call at approximately 2 a.m., asking that its officers be dispatched to secure the perimeter of the correctional facility. According to reports from the sheriff's department, all of its officers were dispatched, as were all of the county's constables, a local Department of Public Safety trooper, a Texas Ranger and a 20-man DPS riot squad. The local EMS was also called out and placed on standby, as were members of the volunteer fire department.

Nasty scene at prison prompts local concerns

by Wesley W. Burnett

Approximately 700 inmates at the Giles W. Dalby Correctional Facility were involved in what has been described as an uncontrolled riot at the prison last Saturday evening and early Sunday morning.

Prison officials quelled the disturbance at between 1 and 2 a.m. Sunday, using 37 mm gas grenades and percussion grenades loaded with rubber pellets. One prison guard is reported to have been injured when he was hit by a two-by-four by inmates who had ripped apart picnic tables in the area between buildings known as "Main Street."

According to confidential sources reporting to The Post Dispatch, the incident began at about 8:30 p.m. when an inmate became belligerent and violent in the prison clinic. He had been brought to the clinic from the "Special Housing Unit" (SHU), where he had been isolated from other prisoners in response to prior behavior problems.

Before the nurse practitioner could perform the necessary examination, the prisoner, yelling in Spanish, told the staff, "Don't touch me!" He then threw himself to the floor and began banging his head. The two officers at the scene used a "take-down" procedure to keep the inmate from harming himself, and placed him on a "belly board" stretcher.

In anticipation of adverse response from other inmates, the Main Street area was cleared of prisoners as the officers carried the restrained inmate back to the SHU. As they were moving along, the angry inmate began hollering out loud that the officers had beaten him.

Prisoners, who had been in the Main Street area for free recreation time, responded with questions and demanding to know what happened. Within a few minutes a crowd of 600-700 inmates filled the area between the buildings, with the tempo of demands from the prisoners increased in intensity.

There were six correctional officers in the area. They were met with angry language and more demands for answers about the condition of the inmate who had claimed he was beaten. Recognizing the dangerous conditions they faced, the six officers stood quietly aside.

The deputy warden came out and talked to the prisoners until about 10 p.m. The recreation area was closed after the deputy warden went back inside. The normal closing time is 10 p.m. About 50 inmates in the recreation area then joined in with the others on "Main Street" between the buildings.

The correctional officers were instructed through private communication to quietly leave the area and seek protection in the control pods inside the various buildings, which they did.

In about 30 or 40 minutes, prisoners realized there were no officers in the area, and many of the inmates left "Main Street" and locked themselves in their cells or went into the buildings. They suspected that "something was coming down" with the absence of the officers.

Approximately 350 to 400 inmates remained in the area and began destroying picnic tables, setting them on fire and using the lumber and materials to crash windows and rip at the fencing.

Then the two response teams of 40 specially trained guards, were called to action. The teams had been on site for two hours. They used 37 mm gas grenades, pepper spray and percussion grenades to bring back order. Inmates had wrapped their faces in towels and shirts to protect themselves against the gas, but eventually were overcome and subdued.

The perimeter of the prison had been secured by Garza County Sheriff's Deputies, Constable and deputies and personnel from the Texas DPS.

Volunteer firemen and EMS crews were called for standby, but were not needed as prison staff extinguished the fire started by inmates and there were no injuries requiring medical attention.

This was the second disturbance at the correctional facility, the first one happening in January over complaints by prisoners about food quality.

Tear gas and "stingers" — hand grenade-like devices filled with small hard rubber balls — were used by response team members, but according to Dalby, there were never any guns used in the incident.

"There's a rumor that shots were fired, but all that was those tear gas bombs and the stingers," he said. "There were no shots fired.... There wasn't even a gun inside the perimeter."

Sheriff's department reports indicate the outside perimeter was maintained by law enforcement officials "without incident" until about 4 a.m. Once the situation was brought under control, the DPS riot squad entered the facility to help secure the unit.

Inmates remained in lock down Monday and Tuesday while investigators representing the facility's management firm, MTC, came in to begin doing interviews and reviewing videotapes of what occurred. Dalby said the lock down might "start lightening up" Wednesday.

Video cameras are located throughout the facility and during the Sunday morning episode, reports indicate seven of the exterior cameras were knocked down; however, other cameras captured video of what happened, as did the cameras brought in with the two response teams.

During the riot, several of the inmates used towels to try and hide their faces from the cameras. It is the videos, the judge said, that will be used to determine who is responsible for the damages incurred. Those found responsible will be punished and assessed for the damages.

"Everything that happened is on film," Dalby said. "We can document everything."

The only reported injury was to the correctional officer who was struck in the head, the judge said. The officer reportedly suffered a concussion, but no one involved required transport by the local EMS service.

No structural damage resulted from the event, but a significant amount of property damage was done.

Late Tuesday, Dalby said he has been in contact with federal officials concerning the ordeal. The bulk of the facility's inmate population is made up of federal prisoners. Representatives of the Bureau of Prisons are scheduled to be in Post this week to review the findings of the MTC investigation.

The weekend's disturbance marks the second such incident logged at the medium-security 1,094-bed correctional facility since its October opening.

"I want people to know there was never any danger of any of them getting out of this place," the judge said. "They never even tried. There was never any danger to anyone in the city."

Dalby said the unit's correctional officers handled the situation appropriately and did an "outstanding job."

Post Stampede Rodeo features top cowboys

For 60 years, the Post Stampede Rodeo has rolled into town to entertain and excite. That tradition will continue Aug. 10-12 when the 60th annual event comes to Post.

The TCRA and CPRA-approved shows will begin nightly at 8 p.m., prefaced by the grand entry at 7:45 p.m.

Following the Friday and Saturday night performances, dances featuring Jody Nix will be held at the slab. Cost will be \$6 per person.

Sidelineing the rodeo will be a ranch horse competition on Saturday, Aug. 12, at 9 a.m.; nightly wild cow milking contests with \$100 prizes; and a 3 p.m. rodeo parade on Aug. 12.

Terry Walls of Stephenville is producer of this year's rodeo. Admission will be \$6 for adults. Children ages six and under will be admitted free of charge.

Events will include bareback bronc (one go-round), \$65; calf roping (one head), \$65; saddle bronc (one go-round), \$65; barrel race, \$65; team roping (open), \$120; bull riding (one go-round), \$65; mutton bustin', \$10; girls breakaway roping, \$65; and junior flag, 12 and under, \$10. (Flag entries will be limited to the first 10. The top five each night advance to the finals.) Another \$500 will be added to the prize total.

Event sponsors include Brady's Package Store; Caprock Cellular; Cavender's; McDonald's; Lubbock Beverage Co.; Wells Fargo; Cellular One; Town & Country; Monsanto; South Plains Truck & Equip-



There was quite a bit of local interest last Friday afternoon when the new McDonald's sign fell into place. Located at the corner of Broadway and Main, the new store is scheduled to open its doors today (Thursday) with a grand opening on Friday. The restaurant will open under the direction of franchisee Bill Cohen of Levelland, who has owned and operated the McDonald's in that community since 1995. Its opening will create a number of new jobs in Post. (Photo by Thomas Zachary)

Post Notes

VFW sponsors dance Saturday

"Texas Mesquite" will provide the music for a dance at the Post VFW Saturday, August 5 from 9 p.m. to 1 a.m.

Southland school reunion Aug. 5

The Southland School Reunion will be held Saturday, August 5 at the Southland school. Registration begins at 3 p.m. with a "pot-luck" supper beginning at 6 p.m. Anyone who has lived in Southland or attended Southland school, or supported Southland community is cordially invited to the reunion.

Emergency Management conference

A public officials' conference on emergency management will be presented Thursday, August 3 at the Post Community Center. The conference will be lead by Steve Reddish, Regional Liaison for the Texas Department of Public Safety Division of Emergency Management. There will be two sessions, the first beginning at 1 p.m. and the second at 6 p.m. Local officials may choose to attend either session. The public is also invited to attend.

Lady Lope basketball camp

The Lady Lope basketball camp will be held August 7-9 at the Post High School gymnasium. Girls entering the third through eighth grades are eligible to participate. Cost is \$20 per camper. Those interested in attending the camp should send in registration forms to Coach Daily by July 15 so t-shirts may be ordered. Form ore information contact coach Christi Daily at 495-4178.

Church offers brisket plate special

A brisket plate special is being offered Saturday, August 12 by the Holy Cross Catholic Church, beginning at 11 a.m. For tickets call 495-2791 or 495-2142. Delivery is available.

Post Antelope Football Live

The Post Dispatch and Post City Radio are now taking reservations for advertising during the football season. The special promotion will include a full page advertisement in The Post Dispatch and live Friday night football play-by-play action on Post City Radio. The games will be broadcast on the Internet at www.postcityradio.com and on Classic Cable Channel 17 in Post. Interested advertisers should call Judy Bush at 495-2816 to reserve space in this special promotion.

Garza County Team Roping August 5

The Garza County Team Roping will be held Saturday, August 5 beginning at 6 p.m. at the Post Stampede Rodeo grounds. The event includes steer roping and Roud Robin. Enter by calling Jerry at 996-5559 and leave message or Steve at 996-5368. Header or heeler, books open now until Thursday, August 3.

WTC hosting seminars

Western Texas College will host two Success Seminars Aug. 16-17 for all new students and their parents.

Incoming students with all testing and records complete are eligible to attend the Aug. 16 session. For students without TASP scores, the Aug. 17 event will include ASSET testing (TASP equivalent).

Students will preregister for the fall semester, with academic advisors available to help in the selection of courses.

Other information concerning campus life will be shared by returning students, faculty/staff and administrators. Campus tours will be available from 1:15-4 p.m.

Lunch will be \$6 per person. Students requiring the ASSET test will be charged an additional \$29. A photo ID or yearbook with photo is required to be eligible for testing.

Students who have not completed admission paperwork or paid registration or housing fees should do so at the seminar. Students who plan to receive financial aid for the upcoming school year must have financial aid files complete prior to preregistration. Contact the financial aid office at 915-573-8511, ext. 309, for individual status.

Seminar processing will begin at 8:30 a.m. Aug. 16 and at 8 a.m. Aug. 17. Students who wish to attend must inform the Admissions Office by mail with payment by Aug. 11.

Registration for returning students and those not planning to attend a Success Seminar will be Monday, Aug. 21.

For more information, call 573-8511 or toll-free 1-888-GO-TO-WTC.



Maxine Earl (center, seated) is joined by MAD DADS, Inc. board members Melvin Lee (back row, left to right) youth board member Mark McCallister, board member Rodney Tidwell, JoAnn Mock, (front) youth board members Jerica Tyler, Kyzandre Harper and Nicole Gray. Mrs. Earl donated professional video equipment to MAD DADS, Inc.

Puzzle Solution

5-448

Births

Madison Ann Morrow

Mr. James Mathis is thrilled to announce that he is a granddad. Dylan Wayne Mathis was born July 2, 2000.

He weighed nine pounds, seven ounces and was 21 inches long.

His proud mom is Letha Mathis and Dine Mathis is the proud grandmother.

Great grandparents are Doris Bennett and Stanley and Pauline Mathis. Dylan has one proud aunt, ... Mathis.



Dylan Wayne Mathis

Tax 'n Facts

by Terri Cash

Getting At Your Retirement Dollars

The major advantage of retirement accounts is the way money grows tax-deferred over the years. Tax law encourages you to keep it there as long as possible. But if you must, here's how to get it.

Taking money from an IRA before 59 1/2 will cost you a 10 percent penalty, plus income taxes - unless the money is being used to pay medical expenses in excess of 7.5 percent of adjusted gross income, or is in the form of an annuity based on life expectancy. A death or disability distribution carries no penalty, either.

Contributions to a Roth IRA can be taken out any time; getting at earnings is tougher. Before 59 1/2, you can avoid a penalty if the money's for disability, large medical or higher education costs or a first-home purchase. There's no tax on earnings if you've held the Roth account for five years or more.

One gimmick: taking money out of a retirement plan, and having 20 percent tax withheld, can cover underpayments in estimated tax.

Questions about your retirement money? Get the answers you can count on from the experts at

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Judy's Jabberin'

By Judy B. Bush



I had a great surprise Monday morning. In walks my friend Allane, home from New Mexico. It was so nice to see her. She is very much missed when she is away (Corkey too) and I was really glad to see her!!

Ricky and I enjoyed a trip to Lubbock Monday night to spend time with our kids. We celebrated Megan's birthday but got to see them all. Rick's mom, Lucille, went with us and we met Megan and Stan and Amanda, Stephen and Alison. We sure miss that little stink since she moved to Lubbock. Not once in several days have I heard "what ya doin Ma Ma?"

FYI

I just found out today that Yvonne Hill, Linda Waldrip's sister, had surgery in Beaumont last Wednesday.

Linda tells me the surgery went well and that Yvonne is back home in Sour Lake recuperating.

Yvonne is a "fellow" classmate of '65". I know all will be glad to hear she is o.k. Yvonne, you get well soon and know that you are in my thoughts and prayers.

Great Truths About Life That Little Children Have Learned:

1. No matter how hard you try, you can't baptize cats.
2. When you Mom is mad at your Dad, don't let her brush your hair.
3. If your sister hits you, don't hit her back. They always catch the second person.
4. Never ask your 3-year old brother to hold a tomato.
5. You can't trust dogs to watch your food.
6. Reading what people write on desks can teach you a lot.
7. Don't sneeze when someone is cutting your hair.
8. Puppies still have bad breath, even after eating a tic-tac.
9. Never hold a Dust-buster and a cat at the same time.
10. School lunches stick to the wall.
11. You can't hide a piece of broccoli in a glass of milk.
12. Don't wear polka-dot underwear under white shorts.
13. The best place to be when you are sad is in Grandpa's lap.

Birthdays this Week

Friday, August 4; Jim Fumagalli, Jaden Binford, Sis. Alicia Rivera, Madison Mason, Robin Nelson and Roger Hair; anniversary, Phil and Meta Tyler; Saturday, August 5; Keatha Palmer, Shane Smith, Donna Roberson, Geraldine King Wilks, Sherrie Bennett, Ronnie Martinez, James Easterling and Angel Blevins; anniversary, Jay and Susan Strawn; Sunday, August 6, Ashlee Davis, D'Roy Bishop, Chris Wishkaemper and Grace Paiz; Monday, August 7, Ricky Reyna, Javen Abraham, Audra Sanchez, Davin Agee, Edith Crispin and Brooke Morris; Tuesday, August 8, Jacob Smith, J.C. Chazez and Roy Gonzales; anniversary, Ron and Debbie Jenkins; Wednesday, August 9, Myra Morales, Ashley Wilson, Justin Harris, Ramona Castaneda, Bryan Looney and Kathy Nelson; anniversaries, Aaron and Deborah Davis and Bruce and Judy Sanderson; Thursday, August 10, Patrick Gonzales, Antonia Rivera, Analisa Moreno, Tom Solis and Joey Cowley.

The Last Word

A couple drove several miles down a country road, not saying a word. An earlier discussion had led to an argument, and neither wanted to concede their position.

As they passed a barnyard of mules and pigs, the wife sarcastically asked, "Relatives of yours?"

"Yep", the husband replied, "in-laws".

See Ya Next Week

Hope you all have a great weekend. Remember this is Old Mill Trade Day weekend. I know you can buy the clothing out there tax free this weekend for upcoming school year, so come on out and shop!! See ya next week and God bless each of you!

Call Judy's Jabberin'
with your "jabberin"
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Heidi Wiechmann, Bride Elect of Tray Payne

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August 4th and 5th
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The Texas A&M University System

Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Rodeo Concession Stand

All 4-H'ers and parents need to call the Extension Office to sign up to work at least one shift in the concession stand during the rodeo August 10-11. Remember, this is our major fund raiser to pay for all project expenses, awards, etc. during the year. Please call 495-4400 to sign up. First call, first choice of work times.

4-H Achievement Banquet

Mark your calendars! August 19, 6:30 p.m. is the date and time set for the 4-H Achievement Banquet to honor all 4-H'ers who have participated in activities during the year. Please call 495-4400 with the number in your family who will be attending.

County Fashion Show

The Garza County Junior 4-H Fashion Show has been scheduled for Tuesday, August 22, 2000, beginning at 7:00 p.m. at the Hotel Garza Garden. All participants need to arrive at the Hotel Garza at 6:00 p.m. for preparation and judging. All entries are due to the Extension office by 5:00 p.m. on August 17. If you need some assistance in buying or construction please contact the Extension office at 495-4400.

Resource Fair

The Texas Agricultural Extension Service-Family and Consumer Sciences Committee has scheduled the Resource Fair 2000 for September 19. If you or your organization is interested in being a part of the Resource Fair, or you know of someone who would add a lot to the fair please call the Extension office at (806) 495-4400 and let us know. Mark your calendars for the Resource Fair 2000 on Tuesday, September 19!

4-H Animal Projects

If you need assistance in finding or selecting goats, sheep or hogs, please call Greg Jones at 495-4400.

Educational programs of the Texas Agricultural Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin.

Neighbor to Neighbor

by Sara Wagner, CEA-FCS

Back To School Shopping Tips

A mother walks into a department store with her 13-year-old daughter. The daughters face lights up as they get closer to the "teen" section, while the mothers' lip curls. The daughter can hardly hold in her excitement at the thought of wearing snake skin pleather pants and a tube top on the first day of school. The mother thinks about how mature her daughter will look sporting a knee length, pleated, plaid skirt and a white long sleeved button up shirt on the first day of school. As they turn to one another to show the outfit they have picked out, wide eyed they both gasp. The mother can't imagine her daughter wearing that out in public, while the daughter is tired of being treated like a little girl. This starts a day of shopping which is sure to end in fights and tears.



Shopping for back to school clothes can be challenging at best. The child wants to be "in style," while the parents want clothing that makes sense not only, style-wise, but also in terms of durability, price, and appropriateness. Unfortunately, it is not always easy to meet everyone's needs. Parents should be aware that it is very important for kids to be self-confident on their first day of school, especially if they are transitioning from one level to another, for example from middle school to high school. A lot of a child's self-confidence comes from the clothes they are wearing. They need to feel good about the way they look, which usually means they want to be wearing something trendy yet comfortable. However, parents feel it is best to buy school clothes based on what is needed, not what is popular. How is a happy medium reached? The following are a few tips to guide you and your child in preparing for the dreaded back to school shopping.

1. Check with the school dress code before shopping to be sure that the clothes you buy can be worn to school.
2. Make an appointment with your child to review all the clothing currently in their wardrobes. Give clothes that are out grown to a younger sibling or donate them to charity. Discuss with your child what could be added to the clothing they have to make them more "in style." For instance, old pants that are too short could be cut off and made into capris (adding ribbon to the bottom could also be a nice touch). Three-quarter length shirts could be added to spruce up outfits and make them more trendy. Compose a specific list of clothing items that will be needed and stick to it when shopping.

3. Browse through a few back to school catalogs together. Talk to your child about the issue of "what one wants" and "what one can afford." Also talk to them about where the line will be drawn. If there are certain clothing items you refuse to let your child wear, let them know right then, so when you get to the store there won't be an argument. Parents, remember how important it was for you to fit in when you were younger?

Allow your children to get a few trendy things no matter how tacky you might think it is. Don't get stuck on the idea that they will wear a shirt for the next three or four years, they won't, so why not let them get some trendy shirts or pants?

4. Take your children shopping for a few hours, not the entire day. Long, shop-til-you-drop sprees usually lead to impulse buying, arguments, and exhaustion.

5. It is not necessary to buy everything before school starts. Once your child sees what everyone else is wearing they might have different ideas about what they like and dislike. Moreover, the clothes may be on sale by the time you are ready to buy.

6. Don't buy your child something they don't like just because you think it's cute. They will not feel comfortable in it and chances are, unless you make them, they won't wear it.

7. Buying shoes can be the most expensive purchase on your back to school list. Don't compromise comfort for a few dollars. It is best to spend a little more money and buy a comfortable shoe with lots of support. For those of you who must be thrifty, buy a half a size larger than needed to leave room to grow. Save some money by not purchasing the new trendy thick soled shoes,

Early Spring Boll Weevil Trapping
Garza County - 2000

Trap Location	7/24	7/31
RJ - 4 miles West of Post on Hwy. 380	5	15
RJ - 1 mile North of Mason's Farm Store	3	8
RJ - 1 mile North of Hwy. 380 on C.R. 212	0	0
RJ - 1 mile North of 380 on C.R. 212, 1/2 West	0	1
FM - 2 miles South of Southland, 1/2 East	1	4
FM - 2 miles South of Southland, 1 East	2	3
FM - 2 miles West of Close City	5	12
FM - 1 1/2 miles West Close City (near CRP)	2	5
RG1 - 5 miles NE on Hwy 651, 1 mile West	0	1
RG2 - 5 miles NE, 1 West, 1 1/2 North	0	6
RG3 - 5 miles NE, 1 West, 1 1/2 North, 1/2 East	3	4
RG4 - 5 miles NE, 1 West, 1 1/2 North, 1 East	16	57
TOTAL	37	116

especially for those little ones. They are too hard to get around in and cause a lot of accidents. If you have a child entering preschool, avoid sandals and open toed shoes. When a lot of children are together someone will get their toe stepped on, plus they spend all of their recess time trying to get sand off of their feet rather than playing. 8. If you have a child who can handle the responsibility, try giving your child a budget with a few "must buy" items, such as school supplies and appropriate school clothing, and let them do their own back to school shopping. If they save money on the purchase of supplies they have more to spend on clothes, if they want the expensive shoes, they will have to cut corners somewhere else. This will teach your child money management skills and take a little stress off of you, the only catch is, you will have to live with what they choose.

9. Make sure that your child's attire is appropriate for the school environment. As cute as your daughter looks in a frilly pink dress, school is not the place to wear it. Comfortable, easy to wash clothes are best for school. As a former Day Care worker it is my duty to tell you, if you insist on dressing your child up for school, don't complain to the staff when they get dirty, it was your choice to send them in those clothes and it is not right to place that responsibility on the worker. Children play and they will get dirty.

10. Don't forget to complete the wardrobe with a new haircut. However, to avoid a "barbershop fresh" look and long lines, since everyone is getting a back to school hair cut, go a few weeks early.

To sum it all up, when back to school shopping: recycle what you can, stock up when possible, and shop early and carefully. Allow your child, even if they are young, some say in what you buy them. They are, after all, the ones who have to wear it. Best of luck to all of you back to school shoppers.

NOTE: August 4, 5, and 6 Texans get a break on state and most local sales taxes for back to school shopping. The Texas Legislature exempted most clothing and footwear priced under \$100 from sales tax. What a great time to put the above shopping tips to the test!

The Post Dispatch

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PRICES EFFECTIVE JULY 30 - AUGUST 12, 2000 WHILE SUPPLIES LAST

Obituaries

Bertie Beard

Funeral services were held Friday, July 29, 2000 at Terrace Cemetery for Bertie Beard of Levelland under the direction of Hudman Funeral Home. Her grandson Rev. Sid Hill will officiate the service.

Mrs Beard died July 26 at Lynnwood Nursing Home in Levelland. She was born Dec. 9, 1909 in Montgomery, Alabama and married Lee Beard June 13, 1925 in Detroit, Texas. He preceded her in death on June 8, 1963.

Mrs Beard had worked at Burlington Industries in Post for many years, retiring in 1974. She kept the nursery at the First Baptist Church in Post for many years. She was a member of College Avenue Baptist Church in Levelland for the past 11 years.

Survivors include daughters Dorothy Hill of Levelland and Winnie Cammack of Lubbock, sons Don Beard of Hereford and Bobby Beard of Lubbock, nine grandchildren and 15 great grandchildren.

The family suggests memorials to First Baptist Church of Post or to the Gideons.



Elmer Gene Putman

Funeral services for Elmer Gene Putman will be held Friday, August 4, 2000 at the Hudman Funeral Home Chapel with Rev. James Davenport of Slaton officiating. Burial will be at Henryetta, Oklahoma.

Mr Putman died July 27, 2000 in Lubbock at Covenant Medical Center. He was born August 14, 1937 in Henryetta, Okla. He was a cement finisher and construction worker.

He is survived by his son Robert Putman of Van Buren, Ark.; daughters Diane Justen of Panama, Okla. and Peggy Fontana of Ann Arbor, Mich.; brothers Bill Putman of Henryetta, Okla.; H.S. Putman Sr of Nashville, Tenn.; Odell Putman, Glen Putman and Don Putman of Henryetta, Okla.; sisters Ethel Jean Low of Eufala, Okla., Linda Walder and Margaret Cole of Henryetta; and six grandchildren.

The family requests memorials to Caprock Golf Course in Post.

FAVORITE RECIPES NEEDED!

Chorus of Angels, the cancer patient assistance fund for Joe Arrington Cancer Center, is collecting recipes for a second cookbook. The first cookbook, *Angel Food*, was a great success and proceeds from it have helped many patients with prescriptions, travel and lodging.

Contributions are welcome from everyone and there is no limit on the number of recipes that may be submitted. Recipes may be submitted until August 15.

Please include your name and phone number so we may contact you if there is a question about a recipe.

Mail recipes to the following address:

Joe Arrington Cancer Center
Chorus of Angels
4101 22nd Place
Lubbock, TX 79410



DeAmor Garcia (left) and Brandon Crawford (right) were top readers in the Post Public Library summer reading program. Children in the program were treated to movies on a wide screen t.v. Prizes donated by Dairy Queen and Pizza Hut were awarded.

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Facts About The BIBLE BY JOHN LEHTI

"LET'S GO HUNTING!"

IN TODAY'S LANGUAGE THAT PHRASE BRINGS TO MIND A PLEASANT DAY IN THE FIELDS WITH A GOOD DOG, THE TAKING OF A PHEASANT OR TWO—FINE SPORT! NOT SO, IN BIBLICAL TIMES! TOO OFTEN IT WAS A CALL TO THE UNPLEASANT DUTY OF RIDDING THE COUNTRYSIDE OF SOME BEAST OF PREY—USUALLY THE FEROCIOUS LION! THE BOOKS OF THE BIBLE CONTAIN MANY REFERENCES TO THE LION AND, ALTHOUGH HARDLY A ONE CAN BE FOUND TODAY IN WHAT IS TERMED THE BIBLE LANDS, THE AREA ABOUNDED WITH THEM IN THOSE TIMES.



ANCIENT WRITINGS, PAINTINGS, AND SCULPTURE, HAVE REVEALED MANY RECORDS OF LION HUNTS. THE PLENTITUDE OF YOUNG KIDS, LAMBS, ELDERLY PEOPLE, AND SMALL CHILDREN, ALL EASY PREY, ATTRACTED THESE BEASTS AND, WHEN THEIR DEPREDATIONS BECAME TOO NUMEROUS, A LION HUNT WAS ORGANIZED TO WIPE THEM OUT, OR AT LEAST DRIVE THEM OUT OF THE AREA.

THIS DUTY USUALLY FELL TO ROYALTY AND THE UPPER CLASSES BECAUSE THEY HAD HORSES AND CHARIOTS AND PLENTY OF SOLDIERS OR SERVANTS WHO WERE EXPERT WITH BOW AND ARROW. ALTHOUGH HORSE RACING HAS BEEN CALLED "THE SPORT OF KINGS," YOU MAY BE SURE THAT LION HUNTING EARNED THIS TITLE LONG BEFORE—EXCEPT, UNFORTUNATELY AT TIMES, IT WAS FAR FROM WHAT WE TODAY WOULD CALL SPORT!



NEXT WEEK: "TO MARKET WE GO!"

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Opinions



And thereafter, declining standards

by Walter E. Williams



Listening to how English is spoken nowadays is one more indicator of our decline in values and standards. It's not just the foul language and loose talk; it's also the widespread corruption of the English language and ignorance of grammatical principles, even among the educated. How about a few examples?

"I'd like to invite your wife and yourself to dinner." The word "yourself" is a reflexive pronoun. Its proper use requires that it refer back to another word in the sentence.

For example, "Walter injured himself." Or the pronoun can be used intensively for emphasis, "Walter himself was injured." In both cases, himself refers back to Walter. Here's one that takes me back five decades.

"He is taller than me." Whenever I hear that error, I visualize Dr. Martin Rosenberg, my high school English teacher, with his hands on his waist, sarcastically asking, "Do you mean 'He is taller than me am.'?"

Am is the understood, elliptical or left out, verb at the end of the sentence. The subject of a verb must be in the nominative case. To be grammatically correct, the sentence must read, "He is taller than I."

How about this one? "Big banks don't loan money to poor people." Sorry folks. Loan is a noun. One needs a verb, perhaps lend. Then there's, "That's like you saying he deserved to lose." Verbs ending in "ing" are gerunds. The subject of a gerund must be in the possessive case.

The sentence should read: "That's like your saying he deserved to lose." You say, "Williams, what's the business with the grammar lesson?" There are a couple of points. I attended Philadelphia's Benjamin Franklin High School, graduating in 1954.

During those days, Benjamin Franklin was a predominantly black school attended by the city's poorest children. It definitely wasn't a

school of one's first choice. Also, in stark contrast to today, Philadelphia's mayor was white; its city council was just about all white; there never had been a black superintendent of schools; and there were no black high-school principals.

Despite this, we received an education far superior to that received by today's Benjamin Franklin High School students. In fact, if it was possible to bring the Benjamin Franklin of 1954 to year 2000, I'd wager it would be Philadelphia's public high school with just about the highest level of academic standards.

The Benjamin Franklin High School of the 1950s had none of those things education experts tell us is necessary for black academic achievement. We didn't have "role" models; most of the teachers were white. To my recollection, there were only two black teachers. There wasn't a lot of concern about "self-esteem."

I know that personally, for I was a bit of a miscreant and teachers minced no words in airing their displeasure with me. There was tracking, or ability grouping. We weren't allowed to express ourselves by using foul language to, and in the presence of, adults.

Finally, there wasn't the kind of money spent today on education. Because of racial discrimination, at the time, I'd wager that Benjamin Franklin didn't have a budget commensurate with Philadelphia's predominantly white high schools.

I'm old-fashioned, and that's what I tell my economics students when they complain about lost points on their essay examinations. They might complain, "This is not an English class!"

I respond, "But, English is the language we're using." In doing so, I don't mind telling you that I feel as though I'm the last of the Mohicans.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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Gun-grabbers: masters of the New Plantation

by Vin Suprynowicz

Last time we dug into Yale Law professor Akhil Reed Amar's impressive 1998 tome "The Bill of Rights" (due out in paperback this month), the good professor — neither a gun owner nor in any sense a "right-wing militia nut" — demonstrated through historical research that the gun-grabbers are wrong: The Second Amendment does not merely protect firearms ownership by active duty members of the National Guard. Rather, it conveys the right to own and carry weapons of military usefulness to all Americans.

But now that this undead golem of those who despise our Bill of Rights is down, let's proceed to stake it through the heart.

For you see — while the Second Amendment is **sufficient** to guarantee the right of citizens to own machine guns (not to mention rifles, pistols, "assault weapons," and shoulder-launched missiles) — it's not even the best guarantee of this right. The whole debate over the Second Amendment, professor Amar points out, has largely distracted us from considering a pair of enactments even more directly on point: the 14th Amendment and the original, 1866, Civil Rights Act.

We rejoin professor Amar at page 258:

"At the Founding, the right of the people to keep and bear arms stood shoulder to shoulder with the right to vote; arms bearing in militias embodied a paradigmatic political right. ... But Reconstruction Republicans recast arms bearing as a core civil right, utterly divorced from the militia and other political rights and responsibilities. Arms were needed not as part of political and politicized militia service but to protect one's individual homestead. Everyone — even nonvoting, nonmilitia-serving women — had a right to a gun for self-protection. ...

"The Creation vision was public, with the militia muster on the town square. The Reconstruction vision was private, with individual freedmen keeping guns at home to ward off Klansmen and other ruffians. ...

"Alongside ... the Civil Rights Act of 1866 ... Congress passed the Freedman's Bureau Act, a sister statute introduced the same day by the same sponsor. ... The Freedman's Bureau Act affirmed that 'laws ... concerning personal liberty, personal property, personal security, and the acquisition, enjoyment and disposition of estate, real and personal, including the constitutional right to bear arms shall be secured to and enjoyed by all citizens. ...' Thus, the Reconstruction Congress expressly repudiated Dred Scott's claim that because free blacks could never be citizens, they lacked many of these basic rights."

Allow me to interrupt the good professor to point out that the opposite also holds true. Though modern-day black Americans tend to despise antebellum Supreme Court Chief Justice Roger Taney for ruling in Dred Scott that black Americans were neither citizens nor men, they might want to go back and re-read his logic. They will find the devil unintentionally gave them their due. Taney said blacks could not be considered men or citizens, because if they were so considered, there would be no option but to allow them to own and carry arms without restriction.

Quick, now: which side won the Civil War? Can a law-abiding black citizen today buy a 30-caliber machine gun and drive it home in the back of his pickup truck without seeking massa's "permission"?

Why was the 14th Amendment — darling of the left when it appears to justify the expansion of federal power — enacted? Professor Amar explains: "Southern states, ever fearful of slave insurrections, enacted sweeping antebellum laws prohibiting not just slaves but free blacks from owning guns. In response, antislavery theorists emphasized the personal right of all free citizens — white and black, male and female, northern and southern, visitor and resident — to own guns for self-protection."

Really? But what chance does a law-abiding citizen of any color have today, of carrying his self-defense pistol with him if he chooses to visit the collectivist metropolises of Los Angeles, Washington or New York City?

"In the 1846 case *Nunn vs. Georgia*," professor Amar continues, "the proslavery contrarian Chief Justice Joseph Henry Lumpkin proclaimed not only that the Second Amendment bound the states but also that 'The right [is guaranteed to] the whole people, old and young, men, women, and boys, and not militia only, to keep and bear arms of every description, and not merely as are used by the militia.' ...

"Roger Taney and [prominent abolitionist] Joel Tiffany hardly saw eye to eye in the 1850s, but they both agreed on this: if free blacks were citizens, it would necessarily follow that they had a right of private arms bearing. According to Dred Scott, the 'privileges and immunities' of 'citizens' included 'full liberty of speech in public and in private ... and to keep and carry arms wherever they went.' ...

"One of the core purposes of the Civil Rights Act of 1866 and of the Fourteenth Amendment was to ... outlaw the infamous Black Codes [by which the southern states sought to ban firearms for freed blacks], and affirm the full and equal right of every citizen to self-defense. ..."

Professor Amar quotes Sen. Samuel Pomeroy, declaring on the floor of the Senate in 1866, "Every man ... should have the right to bear arms for the defense of himself and his family and his homestead. And if the cabin door of the freedman is broken open and the intruder enters for purposes as vile as were known to slavery, then should a well-loaded musket be in the hand of the occupant." Even Rep. Henry Raymond, a founder and editor of the New York Times, declared that the black freedman "has a country and a home; a right to defend himself and his wife and children; a right to bear arms."

"Today's NRA," professor Amar concludes, "pays far too much attention to 1775-91 and far too little to 1830-68."

But is this curious forgetfulness about the original meaning of "Civil Rights" merely an accident? Where do the modern forces of "gun control" — including the nation's largest gun-control organization, the National Rifle Association, which endorsed the federal gun control acts of 1934 and 1968 and the "compromise" Brady Law with its national gun-buyer registry — now focus their energies?

What race predominates among the subsidized housing projects where HUD now claims it needs no search warrants to root out and seize "dangerous firearms" — while the cheerleader NRA urges the government to "rigorously enforce the gun laws already on the books"? Where are most of the "gun buy-back" stunts conducted? Among the racial minorities of the

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It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

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Cubans forceably refused freedom in America

by Jacob G. Hornberger, Future of Freedom Foundation

Several weeks ago, the U.S. government captured 25-year-old Cuban baseball star Andy Morales and 30 other Cuban refugees on the high seas and forcibly repatriated them to Cuba.

After his return, Cuban government gendarmes closely followed him, harassed him, and beat him up. So, what did Morales do? What any self-respecting, courageous person who hates the idea of living the rest of his life under severe communism and socialism would do.

He escaped again! But this time he, along with seven other men and one 16-year-old girl, made it to American land before U.S. government officials (or Cuban officials) could capture and repatriate them. Under U.S. law, reaching American shore entitles them to remain in the United States. (Makes a lot of sense, doesn't it?)

No word yet on whether America's "family-values couple," Bill Clinton and Janet Reno, are going to try to reunite the teenage girl with her Cuban parents.

Immigration laws suffocate people

Last Saturday, 40 Guatemalans were found in an abandoned trailer along a highway in southern Mexico. Thirty-nine were dehydrated and the other one was dead. Hidden behind sacks of corn, the Guatemalans had hoped to cross Mexico and ultimately enter the United States border undetected.

Why must immigrants risk their lives and fortunes in order to seize economic opportunities for themselves and their families? Why did an almost identical situation occur only one month ago involving Chinese immigrants seeking a better life in England? Simply, immigration laws. The more laws enacted against free entry into a nation, the greater the risks, and the worse the casualties these controls will produce. People looking to work should be able to fly into Miami, not die trapped in a truck in the sun. —Andy Falkof, program director, The Future of Freedom Foundation

Thoughtful insights

"The god who gave us life, gave us liberty at the same time: the hand of force may destroy, but cannot disjoin them." —Thomas Jefferson

inner cities, of course. What is the derivation of "Saturday Night Special" —describing the inexpensive self-defense handgun which the NRA says it's OK to go ahead and ban as long as we rich white folk are allowed to keep our engraved fowling pieces?

Cover your ears if you like, but the origin of this term for the inexpensive handguns most useful for self-defense to a black or Hispanic resident of the inner city is the old, derogatory police slang "Niggertown Saturday Night," referring to inner city weekend violence not meriting much attention, since it mainly occurred among the black folk.

When handgun "licenses and permits" require expensive safety courses and the OK of the local sheriff, and one-third of our young black men today have experienced some kind of run-in with the legal system and are thus blocked from even applying, what percentage of these "permits" end up issued to black folk?

And when gun-grabbers try to terrify the soccer moms with visions of "inner-city street gangs armed with fully-automatic AK-47s," what color skin do you imagine those soccer moms are picturing on Ernesto, Raoul, Dante and Ahmad?

You see, those who would ban the private ownership of weapons of military usefulness to individual American today are not just liars ... they're also racists.

Vin Suprynowicz is assistant editorial page editor of the Las Vegas Review-Journal. His book, "Send in the Waco Killers" is available by dialing 1-800-244-2224.

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Post Junior League All-Stars sweep tourney

The Post Junior League All-Stars swept tournament play in four games, pounding out 62 total runs.

Post defeated Tahoka 16-6 and Lubbock Dixie 13-2 when on July 11 the team went up against Lubbock Cooper, winning the game in the fifth inning on the 10-run rule by a score of 21-11.

Post started off by scoring four runs in the first inning. Mitchell Mills took the mound and Cooper went down three up and three down in the first bat. After three innings of play, Cooper had tied the game at six.

In the top of the fourth, Cooper added four more runs, taking a 10-6 lead going into the bottom of the fourth. With bases loaded for Post, Jett Lott came to the plate and went deep over the left field fence with a grand slam.

This was the spark that got the Post bats going and the locals added four more runs in the inning, never again to lose the lead. With the score 20-11 in the bottom of the fifth and bases loaded, Jay Cooper came up to bat.

With two strikes on the batter, the next pitch was in the dirt and Brody Conner stole home, ending the game. Mills finished the game with five strikeouts.

On July 13, Post played Cooper for the championship. Post finished the game in five innings by the score of 12-1. Bryan Looney pitched, striking out six batters. The game was the best Post played defensively throughout the tournament.

Post had good plays from Conner and David Rivera. Post had good fielding from the outfield from Kris Hernandez, Lott and Coby Jones. Mills had a great game behind the plate, catching for Looney. Mark Norman at third and Patrick Gonzales at first also played well and kept runners off the bases.

Other players on the championship team are Carlos Hernandez, Cooper, Mitch Holly and Joseph Espinoza. Lott lead the team at the plate with a grand slam. Post will move on to the next round July 19 at Borger.



Tommy Young was named "Golfer of the Month" at Caprock Golf Course in Post.



Enjoying the "PGA Championship" at Caprock Golf Course recently were (left to right) Bud Davis, Tommy Young and Steve Courson.

Post Junior All-Stars finish season

The Post Junior team ended its season after two games at Borger.

Post played San Angelo in the first game of the Borger Tournament on July 19. Bryan Looney was the pitcher for the first game, striking out 10 batters but losing the game 20-4 against a hard-hitting San Angelo squad.

The Post team came up with only four hits for the game. Mitchell Mills had two hits, Bryan Looney had one hit and Brody Conner had one hit. Mills scored three runs and David Rivera had one run.

Post played against Perryton in game two, losing 11-9. Mills pitched the 7-inning game, striking out nine batters. Post took an early 6-0 lead after two innings, but the lead slipped away when the Post squad started making errors and bad throws. After six innings, Perryton was up 10-9, adding one more in the seventh without Post scoring in the final inning.

Mills and Looney led hitting with three each. Mills had a homerun in the second inning. Others at the plate with hits were Rivera, two hits; Patrick Gonzales, two; Kris Hernandez, two; Jett Lott, two; Coby Jones, 2; and Brody Conner, one hit.

Beef's On-Pack Labels Sell Product

Consumers are finding it easier to select beef, thanks to the beef checkoff's on-pack cooking instruction campaign. The cooking instruction labels help consumers identify appropriate cooking methods for five cuts of beef. So far, HEB, Kroger and Albertsons all have instituted their own variations of this labeling concept. Nurses learned about beef's nutritional benefits compared to other dietary protein sources. The focus was on how to identify and prepare lean cuts of beef.

New Beef Nutrition Ads Reach Americans

The third burst of national beef nutrition cable TV commercials will end the last week of August as the beef checkoff program continues to target America's moms. The ads tout the benefits of beef in the diet as a way busy moms can receive all the nutrients they need to combat stress as well as provide their families with balanced diets. The TV ads are complemented by a burst of print ads in 28 consumer magazines.

The Post Dispatch 495-2816

Sheriff reports nine arrested

Nine arrests were recorded at the Garza County Jail during the past week.

On July 25, a 33-year-old male was arrested on a warrant.

On July 26, a 32-year-old male was arrested for assault/family violence Class A.

The only arrest made July 27 was that of a 50-year-old male for driving while license suspended.

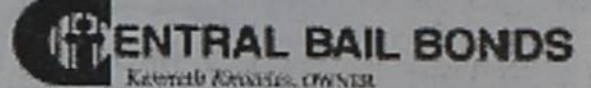
A 19-year-old male was arrested for possession, under two ounces, on July 28.

A 17-year-old female was arrested for DWI/first offense on July 29.

Two arrests were made July 31, including that of a 52-year-old man for misappropriation of fiduciary property and a 32-year-old man for driving while license suspended.

On Aug. 1, a 23-year-old man was picked up for driving while license suspended and a 32-year-old man was jailed for indecency with a child.

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Little object has great powers

There is an object that, if ever one could obtain enough of them, would allow an individual to find immense joy and satisfaction in ones leisure time without feelings of guilt or the worry of undone tasks hanging over ones head. How many long weekends, lazy Saturday afternoons and vacations have been tainted with guilt due to not having one or more of these objects and using it wisely?

This little item was first spotted in a curio shop at Clines Corners, New Mexico. (That is a little redundant because as everyone knows, Clines Corners IS a curio shop!) Truckers were the first known folks to be seen passing the highly charged and energetic little trinkets off. Instead of leaving a tip, the waitress would find a small wooden disk. Invariably they would chuckle and plot a way to get this thing into their husbands hands.

Here, as close as I can recall, (I haven't seen or had one in years) is what the inscription on the wooden coin said: "You now have got a Round Tuit—go to work!"

When handed to an unsuspecting husband or even better, that contractor that forced your whole family to use one bathroom for three months because he hasn't gotten around to it, an immediate sense of guilt is imparted so that whatever task that is undone will soon be completed.

Unfortunately these coins did not really catch on. My cousins from Ohio didn't understand the meaning of the things. Of course, they can't understand but about half of what most people around here are saying to them. Having a crick in your neck would mean to them that there is a small stream flowing down your back.

I suspect it was the language barrier the caused their demise. For whatever reason, they have gone the way of the horny toad. I miss them both.

But as I have one left, I will exchange it now and get around to the obligatory medical stuff. Prevention of disease has become a popular theme these days. What does that mean? It can mean many things, from eating healthy stuff (which is not easy since what is healthy this week is reported to be toxic next week), to immunizing children to getting screened for diseases that are curable if caught early. I will focus on the latter.

There are a handful of diseases for which effective screening is available. "Effective" means that it is not harmful, is inexpensive, and is accurate in detecting the presence of the disease or showing its absence. I know it seems cold-hearted to bring expense into the deal. However, imagine a test that would detect all malignant prostate cancers early enough to cure them, but that cost a million dollars a test. The economy of the country would go belly up merely testing a bunch of grumpy old men! That is a hypothetical example, but you get what I mean.

That is where our little Round Tuit comes in. I can't even get my own patients to submit to some of these tests. My office will schedule the exam but the patient will miss it. They tell me they got busy and just didn't get a Round Tuit. Boy, I wish I had one to give them!

Talk to your doctor about what screening tests are appropriate for you. I'll write about some of them in future columns. Whatever you do, though, get a Round Tuit!

Thank you for spending this time with me.
Winston Whitt MD

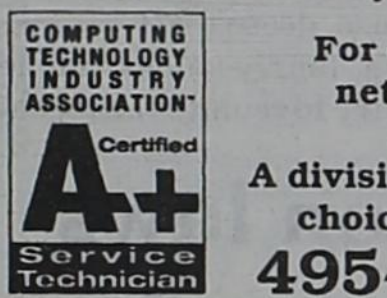
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Post City Radio

LIVE

• McDonald's Grand Opening
Friday, August 4 - 10:30-11:30 a.m. & 1:30-2:30 p.m.

• Post Stampede Rodeo
Saturday, August 12 - 7:30 p.m.

LIVE REPORTS ON THE HALF HOUR
Classic Cable Channel 17
www.postcityradio.com

LIVE LOCAL NEWS AT
7 A.M. AND NOON (MON-FRI)

- Lee Barron Ag Reports weekday mornings
 - Bud Harrell, Graham Livestock Commission, Sale Reports Tuesday, 7 a.m. and noon
- CLASSIC CABLE CHANNEL 17 AND WWW.POSTCITYRADIO.COM

Yesteryears

by Pat Burnett

August 1, 1990
10 Years Ago

Members of the Stone family rolled into San Angelo, Texas the weekend of July 20th through July 22nd to have their family reunion and to celebrate the 67th wedding anniversary of Virgil and Esker Stone.

Todd and Sabrina Wilson are proud to announce the arrival of their son, Tyler Garrett, born Wednesday, July 25, 1990 at 5:20 p.m.

Tyler weighed six pounds and five ounces and was 20 1/4 inches long at birth.

Mozelle Rogers and Tina Smith hosted an 85th birthday party for Ethel Edwards Sunday, July 22.

Pilar Gravitt, daughter of Anne and Bert Gravitt of Houston and granddaughter of Mr. and Mrs. C.L. Morris of Post, will be participating in the Junior Year Abroad program while studying at St Andrews University in St Andrews, Scotland for the academic year 1990 - 91.

Jeff Sharp, a student at Abilene Christian University, completed the spring semester with a 3.75 GPA, earning him a spot on the Dean's Honor List.

July 31, 1980
20 Years Ago

Mrs. W.W. Stephens had all her children together for a family reunion on July 20.

Mr. and Mrs. Ambers Parrish were honored with a house warming July 17. Approximately 60 friends and relatives called to wish the couple well in their new home.

Four Garza County students on Texas Tech honor roll. They are Donna Aten, Kimberly Mills, Charles Morrow and Jimmy Pierce.

Three new births recently were Frank Ted Shults born July 20, Briana Brent Taylor born July 16 and Briana Canelle Redman born July 11.

Margie Harper visited two weeks in Englewood, Florida with her son, Eddy Harper and his family.

July 30, 1970
30 Years Ago

Larry Bilberry of Post receives award from Santa Fe railway.

Mrs. Chet Warren, the former Becky Barto of Fort Worth, was honored with a miscellaneous shower Saturday afternoon.

Mrs. Martha Mathis was honored Sunday on her 98th birthday. She moved to Grassland in 1917.

Mrs. Willie Marable celebrated her 93rd birthday Friday, July 24. She has lived in Post since 1911.

Oscar Gray sold his two paint horses at a sale in Clovis, New Mexico. The horses had won numerous prizes in paint horse shows.

Kelly and John Chaffin went to Ceta Glen Camp new Canyon. Mr. and Mrs. John Boren were counselors at the camp.

T-Sgt Ronnie M. Blacklock named "Safety Man for June" at Cannon AFB, N.M.

Syd Conner attends annual meeting of the Texas County Agricultural Agents Association in Longview.

Talan Gribble's sow had 17 pigs.

July 28, 1960
40 Years Ago

Mr. and Mrs. Billy McKamie and family of Duncan, Oklahoma visited with friends and relatives here during the weekend. They are former Post residents.

Post swimmers win meet here Saturday. The Post relay team members are Butch Wilson, Charles Tubbs, Herbie Hays and Wayne Runkles.

Mr. and Mrs. Weldon McGehee and son Dennis, made a weekend business trip to El Paso.

William St John, member of the Post High School faculty is studying at New Mexico State University where he is attending a special summer institute.

Darrell Jones, former Southland High School athlete, will play on the West team in an eight man football

contest to be played Friday in Abilene.

Recent visitors in the M.S. Smith home were Mr. and Mrs. Dewey Thurman of Amarillo. Mrs. Thurman is the niece of Smith's.

August 3, 1950
50 Years Ago

Bill Elliott, hollywood star who will be a feature attraction at the Southwestern Junior Championship rodeo, will arrive in Post Monday.

Miss Alma Floyd married Glenn Mauer Wednesday.

John Malouf wed Eleanor E. Emmett.

Tommy Lou Scott was honored with a party on her 13th birthday.

Clint Herring has returned from a business trip to St. Louis. Mrs. Herring and Jan visited with Mrs. Herring's parents while he was away.

Be sure and catch "Cheaper by the Dozen" at the Garza Theater.

T.L. Jones named as new city officer.



There is no bread in shortbread. It's a cookie.



Deer lose their antlers each winter and grow new ones during spring and summer.

The Original TEXAS CROSSWORD

by Charley & Guy Orbison

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ACROSS

- TXism: "holler _____ rope" (surrender)
- Buckeye, TX is named for tree of this state
- country's McEntire
- this Catherine was Henry VIII's 6th wife
- spreads of barbed wire inventor Isaac Ellwood
- "two" in Mexico
- it can be passed in TX legislature
- this Errol starred in "San Antonio" (nit.)
- labored breath
- TXism: "as necessary _____ grease on a jackrabbit"
- Littlefield's county named after this San Jacinto victim
- TXism: "pick of the litter"
- TXism: "vaya con _____ Leon, TX
- burned Hill Co. courthouse had this architectural style
- TXism: "dry as popped _____"
- Ford sedan
- TX Ann biography: "_____ High Life"
- dinner and a show
- rattler position before striking
- '48 film about TX Bandit Queen: "_____ Daughter"

DOWN

- TX Dunham was a member of this ABT dance group
- TXism: "in _____ trouble"
- Texans born 'tween Sept. 23 & Oct. 22
- Crowell is seat of this county
- TXism: "wipe the slate clean"
- TXism: "a cut _____ above the _____"
- Cleo's biter
- TXism: "_____ flies on her"
- TX "Flying Tigers" general Chennault
- ex-Ranger infielder Jeff
- Greek letters
- TXism: "_____ of one, half dozen of the other"
- TXism for elderly man
- long _____ Eldarica pine
- TXism: "a squeaky wheel _____ grease"
- _____ Joe
- TXism: "chompin' _____ the bit"
- TXism: "got sheared like a spring _____"
- space creatures
- 1st female civilian scientist into space: _____ Fulford
- saloons
- picture show treat
- TXism: "I _____ that like a duck needs an umbrella"
- San Antonio street: _____ Grant
- TX game of chance
- garment rules at TX high schools (2 wds.)
- Houston mass murderer Dean
- TX hero Murphy
- TX Borden of condensed milk fame
- cow and a calf
- steamship furnace feeder
- A&M's "branded _____ way"

NEWS OF HEALTH

Importance Of Cord Blood Donation

(NAPS)—On his or her very first day in the world, a newborn baby may be able to help save someone's life.

After a baby is born, the blood in the umbilical cord can be a lifeline for someone else—a child or adult with leukemia or another life-threatening illness—and by donating this blood, both baby and mother can become heroes.

When people are treated for Hodgkin's disease, anemia and other blood-borne diseases, their stem cells—the building blocks of healthy blood—are often wiped out. Cord blood, like bone marrow, contains stem cells. However, cord blood is easier to obtain than bone marrow, with more than 10,000 potential donors born every day.

Who benefits?

Every year, about 9,000 people are diagnosed with diseases that can be treated by cord blood transplantation. Most of these patients are unable to find a donor through any of the donor registries. It is particularly difficult for African Americans, Hispanics, Native Americans and other ethnic minorities to find donors.

How does it work?

The donation process generally begins near the start of the third

trimester of pregnancy, when the expectant parents make the decision to donate their baby's cord blood. The mother's blood is then tested and her health history is obtained.



Reach out and save a child's life™

The blood shared by mother and newborn could help save another person's life.

Immediately after the baby is born, the umbilical cord is clamped and the baby is separated from the cord. The attending physician sticks a needle into the cord vein and draws the placental blood. After that, the blood is sent to a cord blood bank, where it is typed, frozen and stored until it is needed. When a match is identified, the stored cord blood can be shipped anywhere in the world.

There is no cost to the donating family, and cord blood transplants

boast a very optimistic success rate. Families interested in donating their child's cord blood are encouraged to contact the American Cord Blood Program at (508) 756-3076 as early as possible in the pregnancy—preferably between 28 and 30 weeks.

The National Children's Cancer Society encourages you to speak with your doctor or visit www.AmericanCordBlood.org.

Aim at the sun, and you may not reach it; but your arrow will fly higher than if aimed at an object on a level with yourself.

—Joel Hawes



NATIONAL GEOGRAPHIC freelance photographer Joel Sartore was in Post last weekend, documenting and photographing "life in the heartland," for a new book to be published by the National Geographic Society. Sartore is director of photography at The Wichita Eagle in Wichita, Ks. The photographer spent time at the Garza Theatre and at the Post Community Center. Sartore took photos of the "Quinceñera" held in honor of LouAnn Ammons Saturday at the Community Center.

From The Post Dispatch, July 25, 1990



IN TRAINING

Weldon O. Horton Jr., formerly of Post, has volunteered for four years of service with U. S. Army Security Forces. His present training address is Pvt. Weldon O. Horton Jr., 464-84-7067, Co. B, 2nd Bn., 2nd BCT Bde., Ft. Leonard Wood, Mo. 65473. He is the son of Mr. and Mrs. Weldon Horton of Odessa and the nephew of S. A. Horton of Post.

From The Post Dispatch, July 16, 1970



MDA drive workers in Post last week were (left to right) Shelley Henry, project coordinator, Gayla Leary and Linda Puckett. (Photo by Becky Warren)

From The Post Dispatch, August 1, 1990



LYNX KILLED IN PASTURE

This 21-pound lynx was killed by M. E. Edmunds last Thursday morning in the Stanley Sims pasture northwest of town. Edmunds and Ed Cummings killed the big cat while hunting in a canyon southeast of Black Tank. It is the second lynx killed by Edmunds this year in that vicinity.—(Staff Photo.)

From The Post Dispatch July 21, 1960



ONE OF THESE FOUR WILL BE RODEO QUEEN

One of these four young ladies will reign as queen of the 13th annual Southwestern Championship Junior Rodeo, which starts next Wednesday night at Post Stampede Arena, with the queen winner to be named just before the rodeo gets under way. Shown holding rolls of rodeo tickets they are selling to determine the winner, are, from left to right: Charlotte Bland, 17, daughter of Mr. and Mrs. Woodrow Bland; Susie Jo Schmidt, 13, daughter of Mr. and Mrs. H. W. Schmidt; Sue Little, 10, daughter of Mr. and Mrs. Nathan Little, and Nita Wilson, 13, daughter of Mr. and Mrs. C. R. Wilson.—(Staff Photo.)

From The Post Dispatch, July 28, 1960

Emergency vehicle operations class at SPC

An Emergency Vehicles Operations Class is scheduled Aug. 29-31 at South Plains College in Levelland.

Classes will meet at the SPC Petroleum Technology-Law Enforcement Building and at the driving

range located at the SPC Reese Center campus.

"The police emergency driving course is designed to train police officers to properly handle a vehicle during emergency driving situations," said Jimmy Richey, assistant professor of law enforcement technology. "The course is a realistic, medium-stress, competency-based driving school that gives the student about 18 hours of actual driving time," he explained.

Students will be required to furnish their own vehicles and any safety equipment they wish to have on hand. Participants should expect moderate to heavy wear on tires and brakes.

Cost is \$50. Classes will meet 8 a.m. 5 p.m. Aug. 29-30 and 8 a.m. noon and 9 p.m.-1 a.m. Aug. 31.

The curriculum was developed by the Texas Municipal League.

Registration deadline is one week prior to class.

For more information, contact the SPC Law Enforcement Office at 894-9611, ext. 2291.

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Country music fans enjoyed a full evening of top notch music last Saturday while Blaine Gray and band performed at the Dairy Queen. The free event was sponsored by Dairy Queen to promote its "We're Post Proud" campaign. (Photo by Lannie Lee)

Graham Livestock sale report

Receipts 1777, including 396 packer cows, bulls, bred cows and pairs, 280 yearlings and 1101 calves. All packer cows and bulls were \$1 to \$1.50 higher, bred cows were steady, cows and calves were steady, will bulk of best cows going to Oklahoma buyers. 200 to 400# heifers were steady, 400 to 600# heifers were steady, 600 to 800# heifers were \$1 lower, 200 to 400# steers were steady, 400 to 600# steers were steady. Fleishy bull calves and calves with 1/2 Brahama influence \$2 to \$3 lower, 600 to 800# steers were steady. Plain kinds and fleshy bulls were \$1 to \$2 lower. This is quoted from last week's super good sale. Buyer attendance was good, bidding active, with a strong steady market all the way. Six loads of cattle leaving direct for Oklahoma and the Texas Panhandle. No rain reported from any of our customers.

Representative sales:
Carl Ingram, Clyde, 435# blk hfr, \$93; 330# blkwf str, \$105.
Smith Ranch, Mineral Wells, 505# blk hfr, \$99; 1225# bred blk cow, \$650.
Don Mathews, Olney, 750# blk bull, \$75; 605# blk bull, \$85.
Max Roberts, Graham, 730# blkwf str, \$87; 630# blkwf str, \$98.
Triple S. Cattle Co., Jermyn, 1325# yng blk pr, \$840; 545# yng blk pr, \$820.
Jim Owen, Albany, 555# Char hfr, \$86; 595# redwf bull, \$85.
Marvin Livengood, Paradise, 625# red str, \$87; 555# blkwf hfr, \$89.
Lonnie Rayburn, Holliday, 550# Char bull, \$87; 545# blk hfr, \$86.
Spade Ranch, Throckmorton, 1360# ctr cow, \$41.50; 1180#ctr cow, \$41.
James Logan, Bowie, eight blk hfrs, 708#, \$81; three red hfrs, 737#, \$80.
Hogan King Partners, Graham, 560# sptd hft, \$84; 550# brfrd hft, \$87.
Henry Birdwell, J/boro, 645# blk hfr, \$82; 660# blk str, \$97.
Barnett Farm & Ranch, Lubbock, 1135# ctr cow, \$43.50.
Wayne Peacock, Red Springs, 325# red str, \$120.
R.B. Pridaux, Loving, three Char str, 740#, \$84.50.
Joe Mehaffey, Hurst, 10 red brngs, 4-year-old prs, 1425#, \$950.
David Yoder, Jermyn, 1905# prk bull, \$54.50; three red str, 5605#, \$83.50.
Hubert Koester, Olney, three Char str, 421#, \$96; 285# Char hfr, \$109.
Barry Bengel, Mineral Wells, 555# redwf bull, \$89; 820# brnd bull, \$69.
L.J. Fambro, Strawn, 395# Char hfr, \$94; 1025# hfrette, \$46.
Leatherman & Sons, Millsap, nine blk str, 579#, \$95.50; four blk str, 640#, \$89.50.
Brad Bevel, Rochester, seven ctr cows, 1298#, \$40; 1310 fat cow, \$41.50.
Sage Cattle Co., Olney, four blk hfrs, 388#, \$96; two red bra str, 302#, \$105.
DTMC Ltd., Mineral Wells, four blk hfrs, 532#, \$83; three blk bulls, 618#, \$81.50.
Sale every Monday starting at noon.
For more information or to consign cattle, call Jackie Bishop, Graham, 940/549-9016; Stewart Heighen, Graham, 940-549-4871; or Greg Sublet, Mineral Wells, 940-328-0625; or Bud Harrell, Abilene, 915-673-5456.

Pointers For Parents

Tips For Successful Snack And Lunch Packing

(NAPS)—Tasty, nutritious and tempting. These are three qualities kids' lunches and snacks need to have. Nutritious is a quality that makes parents happy, but tasty and tempting are qualities that mean lunches are more likely to get eaten.

Fortunately, packing nutritious lunches and snacks that tempt taste-buds can be easier with a few tips from the experts:

- Get creative with colors. Include foods with varied colors, textures and flavors. Try red, green, orange, yellow and purple foods for contrast. For example, bag a veggie and bologna sandwich on pita bread, blue-corn baked chips, and a flavorful, colorful fruit salad.
- Keep it cool. To prevent spoilage, use an insulated lunch bag. Or choose snacks that require no can opener or refrigeration, such as granola, trail mix, raw chopped vegetables, pretzels or DOLE Fruit Bowls. Another alternative is to place fruit salads in the bag frozen. They'll keep lunch cool until they melt at lunchtime.
- Creative does it. Add sliced bananas instead of jelly to a peanut butter sandwich; fill celery sticks with flavored cream cheese; include a fruit smoothie; add popcorn instead of chips. DOLE Fruit Bowls contain bite-sized fruit in convenient bowls. Varieties include diced peaches, mixed fruit (peaches, pears and pineapple), pineapple, and tropical (pineapple and papaya).
- Kabob it up. Fruit kabobs are a delicious, refreshing treat and easy to pack for summer adventures. Assemble using skewers and a variety of healthful treats, including strawberries, pineapple, melon, and marshmallows. After lunch, the DOLE Fruit Bowls containers can be used to collect sea shells and create sand castles.
- Give kids the vote. Take your child with you to the grocery store. Let your child help pick out and prepare healthful meals and snacks. Children have a greater chance of eating the lunch if they picked it out themselves.



Keep it cool. Placing a frozen fruit salad in your child's lunch will keep the other ingredients cool.

Stay safe in the summer heat

Here are a few tips from the National Weather Service for staying safe during the summer heat:

- Slow down—Strenuous activities should be reduced, eliminated or rescheduled to the coolest part of the day. Individuals at high risk should stay in the coolest available place, not necessarily indoors.
- Dress for summer — Wear lightweight, light-colored clothing to reflect heat and sunlight and help your body maintain normal temperatures.
- Put less fuel on your inner fires — Foods, like proteins, that increase metabolic heat production also increase water loss.
- Drink plenty of water or other non-alcoholic fluids — Your body needs water to keep cool. Drink plenty of fluids, even if you don't feel thirsty.

Health Care For Uninsured Americans

(NAPS)—Ability to pay does not have to be a factor in the ability to get the services needed to stay healthy. Thanks to a unique community health center program, millions of Americans who cannot afford health insurance now have access to primary and preventive care.

There are more than 700 health centers across the country with some 3,000 sites supported by the Health Resources and Services Administration's (HRSA) Bureau of Primary Health Care.

In addition, there are approximately 1,800 more health care clinics staffed by providers participating in the National Health Service Corps (NHSC). These health care professionals receive scholarships or have their educational loans repaid in exchange for serving in areas where providers are in short supply.

All who come through the doors of these health centers, regardless of their ability to pay or their insurance status, can access primary care and preventive services, including dental care, mental health care, case management, laboratory and pharmacy services.

Health care services are offered on a sliding fee scale that is based on a patient's income and family size. Everyone is welcome at these health centers.

"This fiscal year, HRSA will honor the nation's commitment to the uninsured and underserved by sending more than \$1 billion to



Health care is available at health centers, regardless of the patient's ability to pay.

communities throughout the country to keep the door to health care services wide open for all Americans," said Mayilyn H. Gaston, M.D., Associate Administrator of the Bureau of Primary Health Care.

The centers serve more than 10 million people yearly, of whom some 66 percent live below the poverty level.

Studies show that women patients who use health centers have more up-to-date mammograms and Pap tests than the general population. Health centers provide the primary and preventive care that enables physicians and other providers to identify and treat a patient's health problems early before they become more serious.

To find the nearest health center, call 1-800-400-2742 and ask for a directory, or visit the Bureau of Primary Health Care's Web site, www.bphc.hrsa.gov.

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Card of Thanks

Words can not express the gratitude and appreciation we feel to those who brought food, sent cards, and flowers and were there for our family during the loss of our loved one, Lewis Holly. The great outpouring of love and compassion from the community, our families and friends has been such a blessing to us and truly showed how much Lewis was loved and how many lives he touched.

We will never forget the wonderful service that was such a tribute to Lewis. He would have loved it! Thank you to Post ISD and Mr. Giddens for the use of the auditorium and school facilities. Thank you to Pastor Eric Earhart, Rev. Mike Holly and Rev. Bill Pollard for the wonderful service that truly honored God and Lewis in the way that he would have loved. Thanks to Joe and Steve Shedd, Ashley Holly and Samantha for the beautiful music.

We know that God will never forsake us or leave us. That was evident in the way His people comforted us and cared for us throughout this trying time. We thank God for His goodness and mercy and we know that His hand is upon us for good. In His love, Mary Nell and Keri Holly, Mike, Dana, Mitch and Dalton Holly, Marta, Robbie, Whitney and Morgan (Tina) Williams

Matt and Amy Holly
Floyd Slay

The family of Ramon Raymundo would like to express our sincere appreciation and gratitude to family, friends and neighbors for all of your support, prayers and love during the illness and loss of our beautiful husband, dad and brother. The love that everyone has shared with us has eased our pain tremendously.

A very special thanks to Delores Vega for always being there and for helping with the errands.

Also a very special thanks to Mr. and Mrs. Giles McCrary for loving our dad and for everything that you did for him. And last but certainly not least a very, very special thanks to Father Malcolm for all the visits at all hours of the day.

We have lost a wonderful man who will be greatly missed by his family and friends, but there's comfort in knowing that we will someday see him again.

Many people have said that the people of Post are the best and we can certainly attest to that.

May God bless each and everyone of you.

Consuelo Raymundo
Angela Raymundo
Julie Franklin and family
Irma Huston and family
Raymond Raymundo Jr. and family
Mary Raymundo and family

Saturday, 513 West 4th, 9 am till 7. Couch, old ice box, clothes.

Three families, Saturday, 107 E. 7th, 8 am to 2.

Saturday, August 5th, 313 N. Ave. S, 8:00 - 7. Reasonable prices, lots of stuff. Absolutely no early callers. Cynthia Colvin.

Saturday, August 5th, 8:00 am till 7. 809 West 15th, lots of stuff.

Thursday, 6-8 pm, Friday, 8-12 noon. West 380, 1/2 mile west of Post.

Three families, Saturday, 8-12, 4H barn

Lubbock Hwy.

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Location: Lubbock, Texas From Intersection of Interstate 27 & North Loop 289, North 5 miles on Interstate 27 (Take Exit 11 to west side Interstate 27 Service Road And FM Hwy 1294). Same Being 3 miles North of Lubbock International Airport on Interstate 27.
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ANDRUS TRANSPORT IS currently seeking experienced OTR drivers. \$1,000 sign-on bonus! Become a part of a winning 25 year tradition. Home weekly * Paid weekly * Competitive pay * Paid vacations * Driver paid medical, vision and life * 401 (k) plan * Dedicated runs * Assigned equipment and dispatcher * Rider program * Driving school graduates welcome * Tuition reimbursement program. Join the Andrus team. Where families are just as important as our drivers. Immediate openings. Call toll free, 1-800-888-5838 or 1-888-200-7887 for further information. Equal Opportunity Employer.

ATTN. DRIVERS: FLEETWOOD Transportation hiring long-haul flatbed drivers. Peterbilt equipment. Guaranteed home time and complete package of benefits. Also need long-haul Owner/Operators. 1-800-458-4279.

COMPANY PAID CDL training & first year income \$35K - Stevens Transport - OTR drivers wanted! Non-experienced or experienced. 1-800-333-8595. EOE.

DRIVER - COVENANT TRANSPORT * Coast to coast runs * Teams start up to 46¢pm * \$1,000 sign-on bonus for experienced company drivers. For experienced drivers, 1-800-441-4394; owner/operators 1-877-848-6615. For graduate students 1-800-338-6428.

DRIVERS - NEW PAY package. Applications processed in 2 hours or less. Long haul and regional drivers. Class-A CDL required. Continental Express, 1-800-727-4374.

DRIVERS: NORTH AMERICAN Van Lines has openings in their special general commodities fleet. Minimum of 3 months OTR experience required. Call 1-800-348-2147, Dept. TXS.

DRIVERS - O/Os FLATBED - Dry Box/say no to low pay and low miles. Say yes to Smithway Motor Xpress. Great pay/miles, and home time. 1-800-952-8019.

IF YOU ARE the spouse of an over the road truck driver, we will teach you to drive a "Big Rig" w/ automatic transmission in just 2 weeks! Interested, please call 1-800-234-3748.

OTR DRIVERS - O/O'S 82(+)/cpm, company teams - 16(+)/cpm and solo - 28(+)/cpm or 30(+)/cpm. Good miles, excellent equipment and benefits. Experience required. Gulf Coast Transport, 1-888-988-8666.

DRIVERS - OWNER/OPERATORS Small Texas based company hiring 10 Owner/Operators. Excellent pay package. Paid plates and permits. Weekly settlements. Non-forced dispatch. Fleet owners welcome. Call JJ for information at 1-888-569-9237 or visit our website at www.lisamtc.com.

DRIVER - DREAM JOB come true. Beautiful west coast lanes. Late-model Peterbilts, Freightliners and Kenworths. Experienced OTR drivers enjoy top pay/benefits, high weekly miles, and more. Call John Christner Trucking today. 1-800-528-3675. EOE.

DRIVER - START AT 40¢pm. Full benefits, 401(k), earn \$42-\$52K first year. Family rider program, assigned late model equipment. Need 2 yrs. OTR. Experience the best drive for OTRX. 1-800-423-6939, www.OTRX.com.

DRIVERS: ALLIED VAN Lines has openings in their special products fleet. Class A CDL with 2 yrs. OTR experience required. Average 125/cpm. 1-800-634-2200, Dept. ATXS.

DRIVERS - WHEN IT comes to benefits, we've got all the bells and whistles. *Paid weekly. *Great pay. *\$1,000 sign-on bonus. *Student graduates welcome. SRT toll free: 1-877-BIG-PAYDAY (1-877-244-7293).

DRIVERS - CFI HIRING OTR company/student/owner operators. Company with one year experience start at 32 cpm. Students earn \$50 per day. Owner/operator start at \$ 80 all miles. For more information call 1-800-CFI-DRIVE.

DRIVERS-OWNER/OPS: Run regional. Home weekly! Paid: Base plate, permits, fuel surcharge. 1-800-454-2887. Amold Transportation.

DRIVERS - DEDICATED, REGIONAL, and OTR available. We offer CDL training and tuition reimbursement. Swift Transportation, 1-800-284-8785, www.SwiftTrns.com. (eoe-m/f).

DRIVERS - LIMITED OPENINGS for drivers to run in regional fleet out of Texas. Top earnings, great home time. 1-888-858-9098.

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HELP WANTED
CHECK THIS OUT. We are hiring 18-23 sharp individual to assist in nationwide travel tour. Training, transportation and lodging furnished. Return guaranteed. Call Pacific Coast Clearing Services at 1-800-490-9559.

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RANCHES
SO. COLORADO MOUNTAIN ranch, 40 acres - \$36,900. 30 miles from Colorado/New Mexico border. Picturesque acreage with piñon trees and Rocky Mountain views. Year round access and utilities. Excellent financing. Ideal horse property. Call Red Creek Ranch, toll-free, 1-877-676-6367, ext. 79.

REAL ESTATE
FORECLOSED HOMES. LOW or \$0 down. Government and bank repos being sold now. Fantastic savings. Financing available. Call for listings! 1-800-501-1777, ext. 2099.

Personals
Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous
Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m. cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

Services and Repairs
Personalized child care, 2 openings, 18 months-5 years. Call Linda, 495-3913.

Help Wanted
Position open for well servicing rig operator, derrick man, floor hand, truck drivers. Apply in person at BOF Services, 1 mile west on Hwy. 84.

NEEDED: Golden Plain's Care Center needs LVN's and CNA's. Benefits include vacation, holidays and insurance. Nursing home experience preferred but not required. Contact Director of Nursing at Golden Plains Care Center, 605 W. 7th, Post, Texas or call 495-2848 for appointment.

Homeworkers Needed: \$635 weekly processing mail. Easy! No experience needed. Call 1-800-440-1570 EXT 5070, 24hrs.

Full time and part time positions available. Applications may be picked up at Post Beverage Barn.

Nurses Unlimited, Inc. needs attendants to assist with personal care, meal preparations and light house keeping. Part time basis. Please call 1-888-892-8512 Monday - Friday 8 a.m. to 5 p.m. E.O.E.

Free three bedroom home in return for part time house keeping. Would suit single woman or older couple. Call 495-2458.

Homes for Rent
Clean one bedroom house for rent, \$180 per month, \$100 deposit. 110 West 6th street. Call 495-0298, ask for Linnie Jefferson.

Modern 3 bedroom home for rent. Call 495-2458.

Apartments for Rent
You must see these beautiful apartments at Windmill and Century Heights Apartments in Slaton. We are now leasing one and two bedroom newly remodeled units, \$325 and up. Call and visit for our specials, you'll be glad you did!! 1-806-828-3866.

Homes for Sale
Large, 2 BR, 2 bath home, sunroom, formal dining room with large yard and beautiful trees. See at 716 W. 14th or call 495-3133.

Acreage for Sale
Cedar Hills, 2.5 acres, \$1500 per acre. Call 806-892-2136.

Miscellaneous for Sale
Financing available on new central refrigerated air conditioning/heating equipment. As low as \$59 a month. Bad credit? Bankruptcy? No problem! WE WILL FINANCE YOU! Air America 791-1093.

Bunk bed and dresser, four poster super single water bed with 2 dressers. Call 495-2355 after 5 pm.

Used dryer for sale. Call 495-3477.

Garage Sales
Yard sale, little bit of everything, Saturday, August 5th, 312 W. Fourth, 9 am to 2? No early callers please.

Saturday, Aug. 5th, 9 am till 7. 124 South Ave. P.

HOME WITH HISTORY! 2 BR, 1 BA downstairs, 1BR, 1 BA upstairs. 111 E. 11th.

REDUCED! SPACIOUS BRICK 2 BR, 2 BA, C-H/A, den, fireplace, other extra features, 915 W. Main.

WELL KEPT! 3 BR, 1.5 BA, C-H/A, garage, CP, fenced. 807 W. 4th.

TAKE A LOOK! Freshly painted, inside and out, new carpet, 6 rooms, 1B, fireplace, carport, fencing, 2 1/2 lots, 109 E. 14th.

AFFORDABLE! 2 BR, 1 BR/OFC, 2B, C-H/A, possible owner financing. 116 S. Avenue Q.

COME SEE THE RENOVAT UNDER CONTRACT! Formal dining, new ceramic kitchen tile, 2 living areas, 102 W. 10th.

AVAILABLE! Nice neighborhood! 2 lots at 601 W. 11th.

ACREAGE AVAILABLE! 42 (+) acres, U.S. 84 frontage.

COMMERCIAL BUILDING on one lot (office, specialty shop, drive-thru) 601 S. Broadway.

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- NEW LISTING - 3 BR, brick, C-H/A, attached garage, RV storage, great yard w/storage house.
- Hwy 84 Frontage, 1.2 acres.
- WALK TO SCHOOL: 3 BR/2BA, new carpet, storage house & central H/A.
- NEEDS TLC: 2 BR & studio, 2 BR, 1 BA, garage, central H/A, storm cellar, priced to sell "as is."
- PRICED TO SELL! Sold! Great First Home!!
- COMMERCIAL BLDG: 2 Story with basement on Historic Main Street.

We have buyers - We Need Listings!

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Mike and Wanda Mitchell - 495-3104 or 495-5515 or 495-5146

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Call this Newspaper to Advertise Statewide and Regionally or Call 512-477-6755.



Fred Myers spent one week of his vacation competing in senior roping events at Ogallala, Nebraska and at the 104th Cheyenne Frontier Days in Cynene, Wyo. Myers placed second and third at the two-day Nebraska event, but failed to qualify at Cheyenne. "I saw Cliff Kirkpatrick at Cheyenne," Myers reports, "but I don't know how he did."

James Buchanan was the only United States president never to marry.

Speech is civilization itself. The word, even the most contradictory word, preserves contact-it is silence which isolates.

—Thomas Mann

Every player, in his secret heart, wants to manage someday. Every fan, in the privacy of his mind, already does.

Leonard Koppett



The bright yellow wildflower called a buttercup is also called a crowfoot.

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Thanks to all who helped All Stars

On behalf of Post's Junior League All Star team, we would like to acknowledge and thank our community for all its support during our just completed season.

Our regular season team, the Angels, went undefeated, winning all games by the ten run rule (the game is automatically over when leading by 10, or more runs after five innings). Our Angels team became the Junior League All Star team and won the District Tournament in Lubbock, going undefeated and also winning all games by the ten run rule.

We then played in the Sub-Sectional Tournament in Borger, where our season came to an end as we lost to San Angelo and Perryton. We were able to house and feed our team during our stay in Borger due to the generosity of the following individuals and/or businesses: John and Sue Lott, Giles and Nelda Dalby, Mike and Wanda Mitchell, Citizens Bank, Wells Fargo, H&M Construction, Dairy Queen, Strawn Transport, Mike and Eva Gonzales, Redman's Redi-Mix, Jeri Lott, Carolyn Garrett, Laveta Norman, Jeff and Gena Lott, Wes-T-Go, Rynn Norman and the Post Volunteer Fire Department.

Even though we did not advance past Borger, your generous support allowed us to participate in a tournament we will remember forever. Hopefully, the experience will better prepare us for next year.

Again, we thank you for your tremendous support, both monetarily and by your presence at the games.

Bryan Looney Patrick Gonzales Mitchell Mills, Jett Lott, Jay Cooper, Coby Jones, Kris Hernandez, Carlos Hernandez, Mitch Holly, David Lee Rivera, Brody Conner, Mark Norman, Joseph Espinoza, Coaches Jeff Lott and Larry Mills, Manager Les Looney

Thanks for support to Tech camp

In July I had the privilege of attending the Texas Tech Band/Orchestra Camp. There were over 1400 students there from all over the world. Staying in the Tech dorm rooms was a memorable experience that brought me closer to my fellow campers.

I just wanted to acknowledge the band boosters generosity in paying the \$160 tuition to attend the camp. They often go unnoticed and unrecognized for all the volunteer work they put in to make us the Pride of Post Band what we are today.

I hope to bring that knowledge I gained at the camp to the classroom and football field this school year. My thanks goes out to them.

More to the story about volunteers

Concerning the article in last weeks newspaper on the lack of volunteers for the ambulance service, I thought I should tell the story from the other side of the issue since I have been there.

Yes, there is a lack of EMS volunteers, but it is due to improper management of our EMS service rather than a lack of trained personnel. A number of people have taken the EMS training, but then were not called for service, and I believe it is because it only matters whether or not you are in the good graces of our EMS management.

This preferential attitude also applies to the financial assistance which was described in the article last week. The qualifications for the financial assistance change depending on the person applying. If you are a friend of our EMS management or clinic staff, you have no problem getting financial assistance. For others it is more difficult.

Many times, it is easier to obtain financial assistance and/or the

opportunity to make the required training runs with EMS groups in other surrounding towns. Of course, then one feels more welcome or needed in other places. If we really want to improve our EMS service in Post, we must have management who welcome all trained personnel, rather than playing favorites.

Bertha Fuentes

Questions location of prison

Early on the morning of Sunday, July 30th, I was awakened by calls on the scanner for additional DPS officers to come to Dalby's prison. Then I heard our fire department volunteers called out to assist in policing the perimeter of the prison. EMS was called out and law officers were having to turn around traffic of spectators around the prison.

I'm not sure just what was happening at the prison that night, but I do know as one who lives close by, I did not feel at all comfortable. Rather than building this prison out away from town, our officials chose to build it right next to the predominantly minority and poor section of town.

Of course, other folks have enough "clout" to prevent having a prison as their next door neighbor. I guess those of us who live in this section of town are expendable.

But the prison brings needed jobs to Garza County...

Oh, our officials claim that security will be sufficient and we won't have any trouble with escapees. If that were true, why did others not want it in their neighborhood? Now that we've had to call in everyone available to control the bad situation, what happens next time?

What happens when they finally fill this prison to capacity? Even with more guards, can they control the violent prisoners? Sooner or later, we're going to have someone get hurt.

Name withheld by request

Doctors Learn Kids

Need Beef

Thanks to the beef checkoff, more than 2,000 Texas physicians learned that body development of adolescents could be adversely impacted by vegetarian diets. Dr. Michelle Warren, a nationally recognized educator and physician, told members of the Texas Medical Association that beef in the diets of young people, particularly young women, was important. She recommended that physicians screen adolescents for unhealthy effects of eating disorders or vegetarian diets.

Post City Radio broadcasts live at McDonald's

Post City Radio, operating on Classic Cable Channel 17 and on the Internet at www.postcityradio.com, will broadcast live during McDonald's grand opening celebration Friday from 10:30 to 11:30 a.m. and from 1:30 to 2:30 p.m.

Post City Radio will also broadcast live from the Post Stampede Rodeo Grounds Saturday, August 12 during this year's Post Stampede Rodeo.

Post City Radio manager Thomas Zachary produces live local news at 7 a.m. and noon Monday through Friday, featuring Lee Barron with ag reports on weekday mornings. A report from Bud Harrell of the Graham Livestock Commission, is featured on Tuesdays on the morning and noon shows.

Post City Radio broadcasts on the Internet at www.postcityradio.com in association with Audiorealm and Spatial Audio Solutions of Lubbock, and on Classic Cable Channel 17 in Post.

Pointers For Parents

Newborn Hearing Program

(NAPS)—Did you know that a safe, non-invasive and inexpensive procedure that tests the hearing of newborns can save children years of developmental problems.

Twenty-two states now insist on hearing screening for newborns. Others may soon follow.

According to the National Campaign For Hearing Health, less than 35 percent of all newborns in the U.S. are currently being screened for hearing problems at birth. Yet, 12,000 infants are born with some degree of hearing loss each year and nearly 4,000 of these babies are profoundly deaf. That makes hearing impairment the most common birth defect in the U.S.

Most children with hearing impairment are not diagnosed until 30 months of age. This can result in serious delays in speech and language development. Currently only 22 states mandate this hearing screening.

If you are an expectant parent, ask your doctor about having your newborn's hearing screened before leaving the hospital/birthing center. If your hospital/birthing center does not conduct infant hearing screening, you can check www.hearinghealth.net for information about access to an infant hearing screening location near you.

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August 14th - 18th

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99¢ McDonald's Homestyle Sandwich

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