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The Post Dispatch

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USPS 439-620

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Friday, July 31, 2009

69th Annual Post Stampede Rodeo begins Thursday

A cowboy tradition in West Texas for 69 years, the annual Post Stampede Rodeo will kick off Thursday, August 6 and continues nightly through August 8. The colorful grand entry for this award-winning rodeo begins at 7:45 each night. Admission is \$5 and children aged 6 and under are admitted free.

Members of the Post Stampede Rodeo Association for 2009

who have been working all year to put this 69th event together are: Robbie Williams, President; Rodney Oden, Vice President; Casey Zachary, Manager; Lane Jones, Secretary; Weldon Smith, Arena Director; Roger Daugherty, Dance Manager; Bruce Sanderson, Mike Babb, Jon Wheeler, Shawn Pennell, Buddy Thompson, Bobby Blair, Jimmy Valdez and Justin Koontz.

Rodeo Events

Cowboys and cowgirls of all ages like this rodeo because of its great tradition and prize money. This year the rodeo will pay \$8500 added prize money. Books open Sunday, August 1 from 12:00 noon until 8 p.m. - 806-276-5672.

Favorite events at the Stampede Rodeo each year are the Flag

race (12 & under) and Mutton Bustin' (8 & under). The books for these events open Monday, August 3 at 8 a.m.; call 806-495-2501.

Parade

The annual Rodeo Parade makes its way down Main Street in Post Saturday afternoon, August 8 at 3 p.m. with riding clubs, cowboys and cowgirls, and floats.

Dance

Jody Nix and the Texas Cowboys play for the Rodeo Dance Friday night immediately following the rodeo performance.

Saturday night's band is the Wes Nixon Band. The dance is under the pavilion on the rodeo grounds. Admission is \$10 per person.

For more information, call the Post Area Chamber of Commerce, 806-495-3461.



Members of the Post Stampede Rodeo Board of Directors are shown with an award from the Texas Cowboy Rodeo Association. The plaque recognizes the 2008 Post Stampede Rodeo event as the "Most Improved Rodeo" event in Texas. Board members shown from left: Roger Daugherty, Shawn Pennell and Weldon Smith (back row) and Jimmy Valdez, Lane Jones, and Robbie Williams (front row). The 69th annual Post Stampede Rodeo begins next week and runs August 6 through August 8.

UPCOMING EVENTS

COMMUNITY/GOVERNMENT MEETINGS

All of these meetings are open to the public.

Garza County Commissioners Court
Tuesday - August 10
9 a.m.
Garza County Courthouse
300 W. Main

Post ISD
School Board Meeting
August 11
7:30 p.m.
Administrative Board Room
501 S. Avenue K
NOTE: Video of last month's Meeting at post.k12.tx.us or Suddenlink Channel 12

City of Post
City Council Meeting
August 20
5:30 p.m.
Council Chambers
City Hall
105 E. Main Street

OTHER COMMUNITY EVENTS

Event info available at press time.

"The Baptist"
Ragtown Gospel Theater
July 31 - 7:30 p.m.
August 1 - 3 p.m.
877-RAGTOWN for reservations

Old Mill Trade Day Downtown
Downtown Post
August 1
9 a.m. - 5 p.m.

Trailblazers Senior Citizens Center
Game Night
August 4 and August 6
5:30 p.m.
205 E. 10th

69th Annual Post Stampede Rodeo
August 6 - 8
Grand Entry - 7:45 p.m.
Stampede Arena on Hwy. 84

Post Stampede Rodeo Dance
August 7 - Jody Nix
August 8 - Wes Nixon Band
\$10 admission per person

Trailblazer's "Howdy Y'all Day"
Hamburgers and all the trimmings
August 8
11 a.m. til 2 p.m.
\$5/each

Post Stampede Rodeo Parade
Saturday
August 8
3 p.m.
Call 495-3461 to enter the parade

Bold Gold Expected to Improve

By Jim Plummer
Sports Writer

The future is unknown, but it sure looks bright for the Post Antelopes.

Dave Campbell's 2009 Texas Football, the state's gridiron bible, predicts the Lopes to finish second in District 3-2A behind last year's district champ, Littlefield.

The Bold Gold brings back seventeen lettermen. Of those, there are seven returning starters on both sides of the ball. That's the best well-rounded ratio in district. Also, it's fair to say that this year's senior class may be one of the most talented groups of athletes to come along in some time. With those facts, it's no wonder Campbell's magazine believes that the Antelopes should be the most improved team in the area.

Head Coach/Athletic Director Chris Jones had a respectable first season in 2008 with three district wins and finished 5 and 5 overall but no playoff action. Not too bad in a district with three teams, Littlefield, Idalou and Roosevelt, competing well in the playoffs. With a tough rebuilding year behind him, Coach Jones explains that "if we can stay healthy, we feel we can challenge any team in District 3-2A."

(continued on Page 4)

Help with school supplies available

South Plains Community Action Association will be assisting low income households in Post obtain school supplies for their children. Backpacks filled with the basic school supplies will be provided to children whose family has completed an application with the agency.

If you are a recipient of Child Care Services, CHIP/Medicaid, Food Stamps, TANF, SS/SSI, or CEAP client you will probably qualify for this assistance. You must present proof of active school enrollment for each child; provide verification of your income and complete a one page application. If you are not receiving any of the services listed, you may still qualify by presenting your household income for the past 30 days.

(continued on Page 4)

Lions Charter New Club In Post

A new Lions club came to Post on July 25th when 40 men and women celebrated the charter night of the Post Lions Club with a banquet.

During the ceremonies, Jene Steakley, Lions Immediate Past District Governor, presented the members of the new club with their official charter. Also presenting gifts and greetings to the new club were Fredda Buckner, the first woman District Governor for Texas; members of the Lubbock Lions Club, who sponsored the formation of the Post Lions Club; Guiding Lions, Bernie Gradel and Peg White of Lubbock Lions Club; Dan Pope of Snyder Lions Club, along with members of the Shallowater, Snyder and various other clubs.

"I am proud to welcome these men and women into Lions. Post will be proud to have such a fine group serving their community," said Jimmy Ross of Quitaque, Past

International President of Lions Club who also attended the charter event.

The Post Lions Club will meet every Thursday, 12 Noon at the VFW building on E. Hwy. 380. Lions Club is a group of men and women who identify needs within the community and work together to fulfill those needs.

Lions Club International is the world's largest service club organization with nearly 1.3 million members in approximately 45,000 clubs in 200 countries and geographical areas around the world.

Since 1917, Lions clubs have aided the blind and visually impaired and made a strong commitment to community service and serving youth throughout the world.

For more information about the Post Lions Club, please contact any Lions Club member or Ruth Davis at 806/990-2211.



Go Bold Gold!

Good luck Post Antelopes. Hope summer practice goes well and leads us to the 2009 playoffs! GO BOLD GOLD!

Old Mill Trade Day Downtown

Get out and support Old Mill Trade Day in Downtown Post. Our chamber has worked so hard getting this together. Our Post citizens need to go out this weekend and have a good time.

Thank you NFL!

Thank you to the NFL for showing our kids that you can be an animal killer, go to jail for two years and be welcomed back with open arms. Disgusting! Michael Vick should be banned from playing football for life.

Kudos to Sonic

I am so proud that our Sonic does so much to support our children. Thank you Jose for doing so much for our kids.

Freedom of Speech

I'm thrilled about Speak Up. I plan on using it when I have a thought about a community issue, good or bad. Until now, many

citizens were hesitant about expressing an opinion fearing retribution from those with power, might and influence. The anonymity of Speak Up should calm those fears and open up dialogue in the spirit of free speech. Whether it's an issue dealing with a person, private business, non-profit or government entity, I hope we use Speak Up to suggest solutions and not as an avenue to tear down individuals and organizations. Dispatch, thanks for the opportunity.

"Speak Up" is a way for readers to send their opinions to the Post Dispatch and have them published each week. No signature is required by the writer; writer identities will be kept anonymous and you can address any topic you want. "Speak Up" comments should not exceed 100 words and the Dispatch staff has the right to edit or refuse to print materials it deems to be inappropriate. Drop your Speak Up comments in the box in the front office of the newspaper or in the mail slot in the front door after hours. You can also email your comments to postcitydispatch@yahoo.com.



Jimmy Ross (center), Past International President of Lions Club, is shown with Charles Ratliff (left), First Vice President of Post Lions and John Berry, President of Post Lions.

Post Notes

Dog Dip Scheduled

The Post Rotary annual dog dip will be Saturday, August 15, 1-3 p.m. at the Post Fire Station, 8th Street & Avenue H. Dogs will be dipped to eliminate fleas and ticks for a cost of \$5 for each dog. A veterinarian will be available for rabies shots for an additional cost.

Fund-raiser scheduled for August 14

M'Keison Guerrero has made it to Nationals for Rabbits in San Diego, California. There will be a fund-raiser on August 14, 2009 @ 5 pm at the Movie Gallery located at 508 North Broadway. Train rides for the young ones will be \$1.00 a ride, bake sale by donations and Salt water Taffy for sale

Post High School Mini Cheer Camp

Post High School Mini Cheer Camp will be August 5-7, 2009 from 9 am - 12 noon. The signup deadline is July 24. Registration packets can be picked up at the High School Office. For more information contact Juanetta Bocko @ 990-2053 or 778-0616.

Second Annual Back to School Street Health Fair

The Back to School Health Fair is planned to take place on August 21, 2009 beginning at 1 pm - 5 pm. If your organization would like to participate please contact: Jamie Edwards 327-5312, Barbara Palmer 470-1295 or Community Organizer Reyes Pequeno 778-2628 for more information.

Summer Gospel Singing

The Graham Chapel Church of Christ at 15th and Ave S will be having singing on Wednesday nights at 7 on the Pavilion behind the Church building. Everyone is welcome. For more information call 495-3261 or 495-3057.

Close City-Garlynn Reunion

The Close City-Garlynn Reunion is scheduled on Saturday August 15, 2009 from 10 am to 3 pm. The location is in the Garden

(continued on Page 4)

Opinions

A Weekly Newsletter from Congressman Randy Neugebauer Health Care Bill: Prescription for Disaster

The people of West Texas and the Big Country understand that government-run health care is not the best solution for our country. Unfortunately, Democrat leaders and the President continue to insist Congress quickly pass this massive, complicated piece of legislation, that will lead to a government takeover of health care and force millions of Americans to give up the coverage they have, increase health care costs, and impose a crippling tax on small business job creators to pay for it, all in very short period of time. Health care reform is far too complex an issue to rush through Congress. We must have time to thoroughly examine the final bill, which is why I am a cosponsor of H.Res. 554. This bipartisan legislation requires that all bills be made available to Members of Congress and the general public for 72 hours online before they can be brought to the House floor for a vote. As negotiations continue behind closed doors and with many changes still expected to this legislation, it's hard to say what the final product will look like. Before we vote on

any bill, everyone needs time to review it. PAYGO Farce Last week, Speaker Pelosi and the Democrat Majority pushed through a deceptive "pay-as-you-go" bill full of loopholes that will make controlling the federal budget impossible. The Democrats' plan for 'fiscal responsibility' excludes almost 40 percent of the federal budget - a budget that continues to expand at unprecedented levels. During debate on this PAYGO scam, I proudly supported a Republican alternative that would do more to restore spending discipline in Washington by putting caps on federal deficits and spending and requiring across-the-board spending cuts when the federal budget grows faster than our economy. Commitments to national security, veterans, and national emergencies could still be met under this plan for better budget control. I understand that the path to economic recovery begins with fiscal discipline in Washington. If Congress can't be fiscally responsible on our own, we need to change the rules to force more responsibility. Unfortunately, Democrats

once again voted against a Republican plan to do just that. The people of the 19th Congressional District deserve better. I will continue to join my Republican colleagues in support of common-sense solutions that stop the out of control borrowing and spending. Comprehensive Regulatory Reform As Deputy Ranking Member of the Financial Services Committee, I joined with my colleagues to introduce comprehensive legislation that will aid in modernizing the regulatory structure of the financial services industry. The Republican plan confronts the 'too big to fail' mentality head on by putting a stop to taxpayer-funded bailouts. Taxpayers will no longer be asked to pick up the tab for bad bets on Wall Street. Our plan modernizes financial regulation to hold regulators accountable to consumers and allows for market discipline to work, rather than relying on the government to pick winners and losers. While the Obama Administration has proposed more regulation and an agency with the authority to limit consumer choices in financial prod-

ucts, our plan supports the idea that you should be allowed to choose the products and services that best fit your needs. It's time we begin laying the groundwork for reform that will tighten up the regulatory structure and protect the taxpayer. I believe the Republican plan is a step in the right direction and will offer taxpayer protection through smarter regulation, not simply more regulation and more bailouts.

Barack Obama's Soylent Green Rationing Rooms

By Carter Clews

The latest figures from James Carville's Democracy Corps polling firm cannot be good news for Barack Obama and his head-strong, headlong push for government-run socialized medicine: A full 54 percent of senior citizens oppose the scheme. And 40 percent oppose it "strongly." Perhaps they have figured out what Obama is covering up and the mainstream media is refusing to reveal: "Obamacare" is the ultimate redistribution program. Only in this case, it's far worse than the mere "redistribution of wealth," candidate Obama proposed in his campaign. With "Obamacare," the president proposes "redistributing the health" - from the old who have worked hard all of their lives to provide for their "Golden Years" to the younger members of the welfare culture who have come to believe that everything they receive from the hand of government is an "entitlement,"

and that universal health care should now be loaded onto the Gravy Train. In short, the Obama government-run "health care" plan is actually a not-so-veiled attempt to take from those who have worked hard and - once again - give to those who have hardly worked. Need proof? Asked where he would get the funds to provide free universal health care coverage for all 43 million uninsured Americans - including the full 40 percent of whom simply did not bother to work last year -- he boasted that he would cut Medicare and Medicaid by more than \$500 billion, completely gutting those long-established programs. Now, keep in mind that today, more than one-third of senior citizens depend on those two programs for vital - often life-sustaining -- medical treatment. Within 30 years, as Baby Boomers continue to age, that number will double. And under the Obama program, the

services they rely upon most will no longer exist. At his recent press conference designed to push his welfare healthcare program, Obama was forced to admit that under "Obamacare," he would appoint a panel of government-ordained "experts" to ration out health care to those they think deserve it most. Conceded the president, "And part of what I think government can do effectively is to be an honest broker in assessing and evaluating treatment options." And who will Dr. Obama's "honest brokers" choose to let live - or die? In an interview with the New York Times, Obama pulled no punches in pronouncing that his rationing police would have to take a long, hard look at "the chronically ill and those toward the end of their lives [who are] accounting for potentially 80 percent of the total health care

Soylent...
Continued on Page 10

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The Paperboy

By Christopher Blackburn

Dear Reader,

Thank you so much for reading my column. I appreciate it. As you may or may not know, I have several newspapers covering these great communities: Benjamin, Childress, Estelline, Floydada, Gould, Okla., Hollis, Okla., Knox City, Lakeview, Lockney, Memphis, Munday, Post, Rochester and Wellington. I know you want your newspaper to reflect your community and there are several ways you may be able to help in that endeavor. With the amount of technology available to us today, it should be possible for nearly every event happening in your respective town to receive coverage. Not necessarily by us, but by you, the reader. I'm asking those of you with digital cameras to take them with you to different events, take photos, get identification for said photos, and email it to us. From Boy Scouts to family reunions - we want it all. We need it all in order to give you the product you deserve and show a true reflection of what is going on in your area. Timeliness is key. We want you to get home after the event and get your photo, information, club news minutes, etc.. to us while it's fresh on your mind. That will help us get it in the next issue and keep everybody happy. Listed throughout this edition are contact numbers and email addresses. Let's begin a dialogue between reader and newspaper which will serve everyone and help us give you a better product. As I've said many times, don't assume we know everything. We don't. It is important that the names are correct and the identification is in order. Also, be sure and tell us your name so that we can give you credit for your efforts. For those of you who are in the routine of submitting news items and photos for publication, I applaud you. Some of you have been doing this for years and it's people like you who are the backbone of so much. It takes a consistent effort to keep doing what you do and I appreciate it. The bottom line is this: The more information submitted to the local newspaper, the better that publication is going to be. You have several sources to receive national and state news, but just one to obtain the local news you deserve. Please help us get that news to the public.

Sincerely,
Chris Blackburn

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Christopher Blackburn is the president of Blackburn Media Group, owner of this publication. Feel free to comment on The Paperboy at <http://thenewbastion.blogspot.com/>.

Don't Forget our new deadline Monday at 5 p.m.

White River Water Report 07-27-2009

Gauge Reading - 2348.70
Feet below spillway - 23.9"
Rise - 0"
Rainfall Past Week - 0"
Rain to Date - 4.58"

Rainfall for 2004 43.58"
Rainfall for 2005 15.57"
Rainfall for 2006 28.85"
Rainfall for 2007 24.19"
Rainfall for 2008 33.16"

DID YOU KNOW

White River Lake has 2,124,874,371 billion gallons left available at the Intake or 21% capacity or 6,521 acre feet. Subtract 47,090,725 MG for evaporation this week in July that leaves 2,077,783,646 BG available as of today.

White River's daily average demand for 2008 was 1.23 million gallons per day for all White River Customers.

The Oil Company using water for mining has been stopped until the Lake level rises.

White River Municipal Water District is in Stage 1 of its Drought Contingency Plan.

Remember that the Water District is there for you if we can assist you in any way let us know.

The Texas Water Development Board has issued an invitation to White River Municipal Water District for the loan they requested. The District has 90 days to accept or lose their ranking.

The Post Reservoir Permit that the Water District Owns has been renewed by the State of Texas for another 4 years, and the trade for the permit to the City of Lubbock for Water Rights for the District's Member Cities continues.

Mickey Rogers GM, White River

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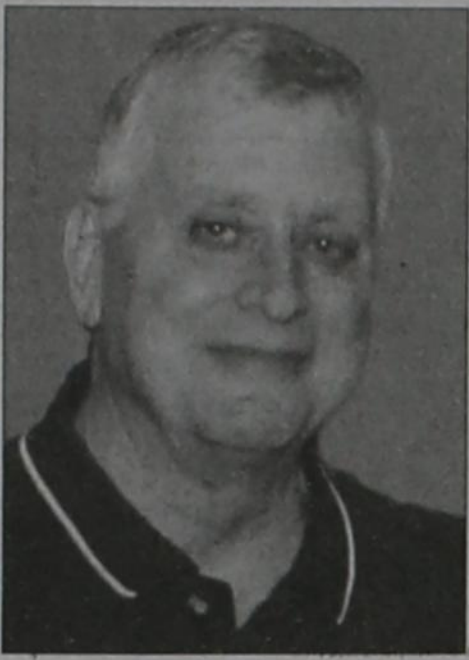
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Obituaries



Bobby Lee Beard

Bobby Lee Beard, 65, of Lubbock, passed away on Saturday, July 25, 2009, at his residence.

Funeral services were at 2pm on Tuesday, July 28, 2009, at South Plains Church of Christ with Jim Brewer officiating. The family received friends on Monday, July 27, 2009, from 6pm to 8pm at Resthaven Funeral Home. Please join us in celebrating Bob's life by visiting his memorial at www.mem.com.

Bob was born on September 14, 1943, in Littlefield, to the late Iry Lee and Bertie Ann (Phillips) Beard. He married Janene Haynie on January 6, 1964, in Post. He served in the Navy.

Those left to cherish his memories are his wife of 45 years, Janene Beard of Lubbock; a daughter, Shani Thomas of Artesia, NM; a son, Kennon Beard of Lubbock; two grandsons, that knew him as Graddy; Jerad Thomas of Lubbock and Jordan Thomas of Waco; a brother, Don Beard and wife, Nelda of Lubbock; two sisters: Dorothy Hill of Levelland and Winnie Cammack of Lubbock; a mother-in-law, Charlene Haynie of Lubbock; a sister-in-law, Lana Young of Los Angeles, California; and several nieces and nephews. Mr. Bob also leaves behind four special friends: John, Sarah, Makieley, and Marley Bigalow, all of Lubbock.

Memorials can be made to South Plains Church of Christ Missions or the American Cancer Society.

Barbara Ann Laughlin

Chapel services for Barbara Ann (Lucas) Laughlin, 57, of Wolfthorh were held at 10 a.m. Thursday, July 23, 2009 in the Hudman Funeral Home Chapel with Rev. Billie Smith of Lubbock officiating. Burial in Terrace Cemetery was under the direction of Hudman Funeral Home.

She died Tuesday, July 21,

2009 in Lubbock. She was born July 19, 1952 in Slaton to Harold and Doris (Kirkendoll) Lucas. She was a Certified Public Accountant. Barbara married Val Laughlin who preceded her in death. She was also preceded in death by her parents and by one sister, Dixie Gass in 1984.

Survivors include a step-mother Dorothy Lucas of Lubbock; two stepbrothers: Donald Garrett of Lubbock and Rusty Lamb of Colorado City; one aunt: Ruth Reno of Anchorage, Alaska; one niece, Andrea Bailey of Austin; one nephew, John David Gass of Albuquerque; one great niece, Chloe Gass of Albuquerque and 2 great nephews: Lucas and Evan Bailey of Austin.

George Richard "G.R." Lewis

G. R. Lewis of Post passed away Monday, July 20, 2009 at the age of 71. He was born to Nelly & Opal Lewis on December 23, 1937, at Hutchinson, KS. He was raised by his maternal grandparents George & Lula Thornton of Reece, KS after the death of his father when he was only 18 months old.

G. R. attended Reece Elementary School and was a graduate of Piedmont High School. At

age 23 he joined the United States Army where he was stationed at Fort Leonard Wood, MO, and Camp Wood, WI.

He married Nancy Kirk in Eureka, KS on June 7, 1964 and lived there until 2001 when they moved to a ranch in the West Camp area near Muleshoe. In 2000 they sold the family ranch in Kansas and in 2005 they sold the ranch in Muleshoe and purchased their current home in Post where he lived until his passing.

G. R. spent his entire life in the ranching business raising good cattle, working with good ranch horses and Border Collies & Catahula stock dogs. For 10 years he enjoyed owning and racing Quarter Horses and Thoroughbreds in 8 different states throughout the Midwest.

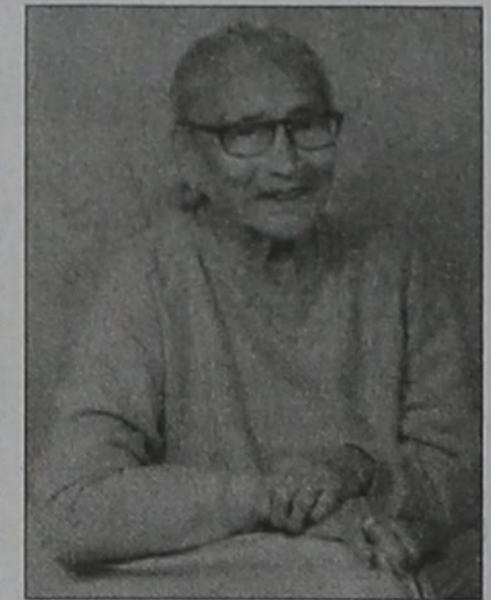
G. R. was known for his helpful, generous and giving nature. He thoroughly enjoyed providing food to his friends and neighbors but even more importantly to those less fortunate or who had fallen upon hard times as he had known what it was like to go hungry.

G. R. is survived by his wife, Nancy of 45 years; daughters: Julie Lewis-Bell & husband, Jim of Paola and grandchildren, Katelyn & Noah; and Stacy Jarrad & husband, Mahmoud of Kansas City, MO.

G. R. was preceded in death by his grandparents, parents, and 2 sisters: Margaret Rickabaugh and Eleanor Austin.

A memorial service was held on Thursday evening, July 23rd at the First United Methodist Church in Post and a second service will be held on Saturday, August 8th in his hometown of Eureka, KS.

Memorial donations can be made in memory of G. R. to the American Cancer Society, local food banks or the charity of your choice.



Concepcion Romero

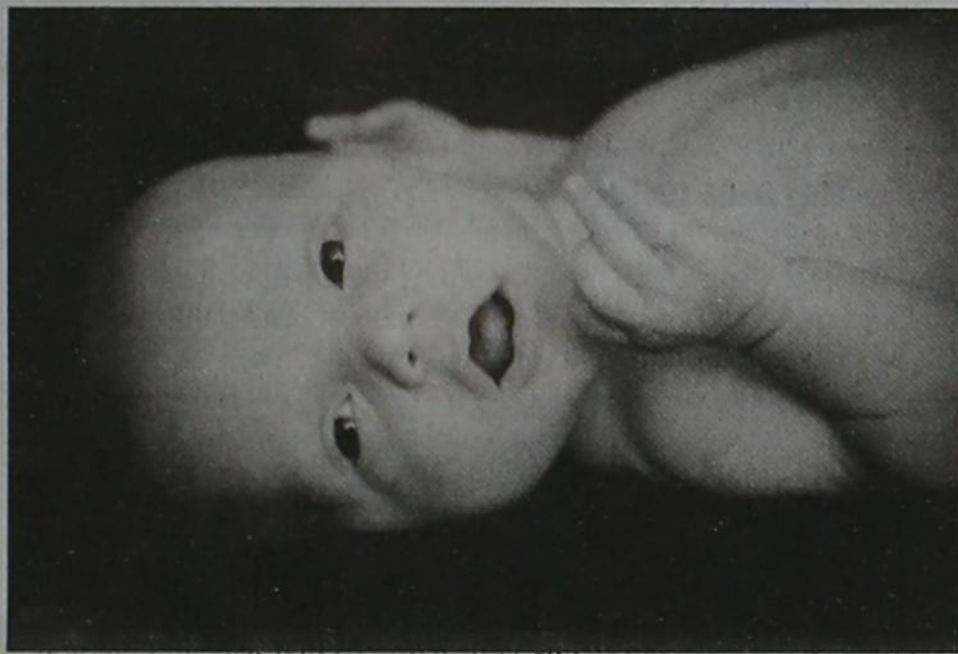
Mass for Concepcion Romero, 89, of Wilson was held at 10:30 a.m. Thursday at the Holy

Cross Catholic Church with Fr. Paul Karieakatt officiating. Burial in Terrace Cemetery was under the direction of Hudman Funeral Home. A rosary was held at 7 PM Wednesday at Hudman Funeral Home.

She died Monday, July 27, 2009 at the Slaton Care Center. She was born May 19, 1920 in Christine to Valentin and Maria (Delgado) DeLeon. She married Felix Romero Sr. on January 1, 1933 in Jourdanton. He preceded her in death on September 10, 1981. She was a Catholic and a homemaker. She was also preceded in death by a daughter, Patsy Romero and by 5 sons: Felix Romero Jr., Pascual Romero, Mack Romero, John Romero and David Romero.

Survivors include three sons: Carlos Romero of Oklahoma City, Gabriel Romero of Post and Sammy Zapata of Oklahoma City; four daughters: Maria Sertuche of Lubbock, Janie Zapata of San Antonio, Judy Guerrero of Wilson and Virginia Navarro of Midland; 38 grandchildren and a number of great-grandchildren.

Pallbearers were John Dela Rosa, Tony Dela Rosa, Adrian Guerrero, Gilbert Esparza, Oscar Esparza Jr., Jerry Romero, Sammy Zapata and Chris Guerrero.



Yates Green Dunn

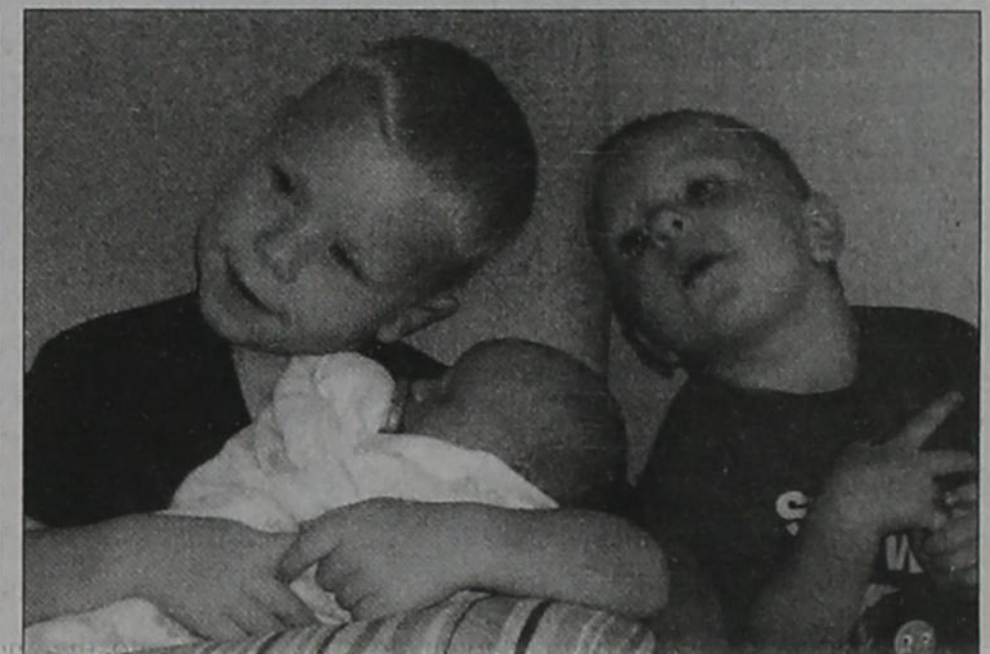
Jerad and Kelli Dunn of Lubbock are proud to announce the birth of their son, Yates Green Dunn. Yates, born June 25, 2009 at Covenant Women and Childrens Hospital, weighed 7 lbs 12 oz. and was 20 1/2 inches long.

Yates is welcomed by maternal grandparents Alexa Collier of Post and Bill Collier of Ransom Canyon and paternal grandparents Rickey and Karen Dunn of Brownfield. Great-grandparents are Franklin and Addy Lois Dunn of New Deal and Barbara Collier of Lubbock.



Jaydn and Paytn Perez

Along with his mom and dad, big brother Jaydn Perez announces the arrival of his baby sister Paytn Kylie Perez. She weighed 6 lbs 15 oz and was 19 1/2 inches long. And was born July 16, 2009 at 8:56 am. Her mother is Clarissa Gamez and her father is Mathew Perez; grandparents are Monique & Felix Bustoz of Post; Mary Raymundo of New Braunfels and Ricky Perez of Kansas.



Ryan, Rustin and Riley Halford

Ryan and Riley Halford are proud to announce the birth of their baby brother, Rustin Miles Halford. He was born at Midland Memorial Hospital on July 17, 2009. He weighed 6 lbs 12 oz and was 18 1/2 inches long. The proud parents are Richard and Devin Halford of Midland; grandparents are Dennis and Jane Odom of Post and Ronnie and LaDonna Halford of Snyder.



The 501

by Hanaba Munn Welch

A cow for the taking? Too good to be true.

It all started when I waded into the popular social networking morass Facebook. Cyber friends quickly appeared wanting me to confirm they were my friends or for me to say I wanted to be their friends. Something like that. Shades of Valentine's Day in the first grade when we put our cards in a fancy box, and most people got a Valentine from everybody, but some did not.

Anyway, messages appeared, including one from Sybil, who'd found a lost cow.

"This poor cow is a bit sad and needs a new home," she said, for all her Facebook friends to read. "Can you help the cow?"

Sybil mentioned her farm was in FarmVille, which sounded to me like it could very well be in Clay County, Texas, somewhere between Blue Grove and Petrolia.

Already in a herd-building mood myself and hoping the cow was real, I replied:

Sybil, are you kidding? I can believe the part about the cow, but where is FarmVille? Is it a place in some weird computer

game based on farming? Or is it your family farm? Since when did you take up farming? Are you the Sybil I know? Does the cow have a brand? An ear tag? Surely she must belong to a neighbor. If not, I'll take her. Just tell me when to come take her off your hands."

Disclaimer: If you find a lost cow, you don't really get to keep her or give her away. You take her to the sheriff, and he sells her from the courthouse steps. Something like that. Ask the sheriff.

As for Sybil's cow, a caricature accompanied the lost cow message. The cow really did look sad. It was all too clever.

Sybil wrote me back immediately to keep me from showing up at her place with a stock trailer.

"Farmville is a game on Facebook," she explained. "You plant crops, harvest crops to make money, buy houses, barns, etc."

Sybil admitted she was addicted and said she never would have thought she could get so involved in farming, digital or not.

The next thing I knew I too

was clicking on Facebook's fantasy FarmVille, signing up to farm.

My first chore was to personalize the standard overalls-clad farmer image. You get to choose your gender, hairstyle, nose shape, stuff like that. Gray hair wasn't a choice; I chose maroon.

Next I harvested strawberries I hadn't planted. They made money. Nice. Click. I planted more strawberries in the same plot. Strawberries mature in four hours in FarmVille. And it doesn't hail there.

Then I decided to be more ambitious and sow wheat. Click. Suddenly FarmVille was giving me an opportunity to plow more than strawberry profits into my wheat venture. Either PayPal or a credit card would do.

Pay money to plant a fictitious crop with no hope of making a real profit? That's worse than real farming.

I think I'll see if Sybil still has that cow.

EXTENSION EXTRAS

Rabbits

If you are interested in a rabbit project this year, Robbie and Barbara Palmer have rabbits available for a small fee and they will come with a cage. Please call the Extension Office for details.

Garza County Shoot

The shoot will be held Saturday, August 1, 2009 at Monk Palmers

shooting range. Please go out and support our youth.

Extension Office: 215 W Main (806) 495-4400

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

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Supplies...
(continued from Page 1)

Applications will be accepted August 3 - 7 and, for those who qualify, the backpacks will be distributed on August 11. Contact Carla Perez at the South Plains Community Action Association office in Post, S. Highway 84 Post or call 806-495-2329 to apply or for more information.

Gold...
(continued from Page 1)

Last year's team generated 3048 yards: 1504 yards on the ground and 1544 through the air. Offensive back field producers for 2008 are seniors Giles Dalby, Clint Windham, Aaron James and Trent Babb. Providing pass protection and room to run are returning upper classmen Josh Rodriguez, Robert Contreras, Joe Menjares, Matthew Tanner and John Bocko.

Many of the starting offensive players will seldom leave the field as they will also defend the end zone. Also, look for Luis Duran, M.J. Wynne and Nick Rodriguez to supply experienced outstanding defensive play. By the way, Babb is Texas Football's pre-season choice for the district defensive Most Valuable Player.

To realize a successful season, the Bold Gold must have team play from all players including pre-seniors and returning lettermen Ernie Saldivar, Henry Apolinar, Jacob Perez, Ben Mason and Kaven Martinez.

Official preparations begin with 2-A-Day workouts on August 3. The boys put on pads and begin hitting on the 7. After two scrimmages, August 15 at Coahoma and at home on August 21 against Tahoka, the Bold Gold will kick off the regular season at Jimmy Redman Memorial Stadium August 28 against 1A powerhouse Sundown. The district season starts at home with Roosevelt September 25 and ends November 6 at Littlefield.

If Mr. Campbell's prediction pans out, Post will be playing in the Post season. Yes, pun intended. See you at the games.

Summer heat can take a toll on your food

HOUSTON - (July 22, 2009) - If this summer weather has you feeling wilted, imagine what it does to your food. An expert at Baylor College of Medicine www.bcm.edu, advises taking extra precautions with food during the summer heat. "Many people don't pay attention to food poisoning but it really is a major concern. Over 325,000 people per year are hospitalized from food poisoning, according to the Centers for Disease Control," said Roberta Anding <http://www.bcm.edu/pediatrics/index.cmf?Realm=9992421&ThisTemplate=anding>, a registered dietitian at BCM and Texas Children's Hospital.

Anding says that with food such as meat, mayonnaise, eggs and cheese, follow the "Golden Hour" rule. Most of the time, these foods can stay at room temperature for up to two hours before they are considered unsafe. However, the rules have to change in severe heat and humidity. These foods can only stay in an environment above 90 degrees for an hour before they need to be thrown out.

"Don't assume that you can leave something like a turkey sandwich in the car while you run to the mall for an hour. Don't run the risk of a food-borne illness," said Anding.

The "Golden Hour" rule also applies to baby formula, said Anding. She recommends putting a bottle of formula in a zipper bag with a freezer pack if travelling with pre-prepared formula. Once the ice pack melts though, there's only one hour left before the formula needs to be thrown out. Another

suggestion Anding makes is to combine the powder and water right before it's needed.

There are other food safety tips to keep in mind year-round, Anding said. It's a myth that you have to wait for cooked food to cool down before refrigerating it. In fact, the longer you leave it out, the more bacteria that is likely to grow. Be sure to have a refrigerator thermometer and a meat thermometer to ensure that food is always at the right temperature. When reheating food, make sure it's not just lukewarm. The center of a piece of meat should be hot, ensuring that any potential bacteria that has grown is killed.

Be sure to wash all fruits and vegetables before cutting or eating. Even if you do not intend to eat the rind, cutting through the rind with a knife exposes the inside to bacteria. Try to use separate cutting boards for meats and veggies, and do not use a sponge to clean up drippings after working with raw meat - it only spreads the germs around.

"Those with any type of health issue that compromises their immune system should be extra cautious since they are more susceptible to food illnesses," said Anding. "Make sure to check with your physician or a registered dietitian about what you should be cautious of."

Anding also warns that it's important to be cautious when going organic. Be sure that any milk products that are consumed are pasteurized to avoid food borne illnesses and bacteria. Ensuring that milk products are pasteurized is a life-saving strategy, said Anding.

Post Notes

(Continued from Page 1)

Room at Chapa's Family Restaurant, just north of Post on highway 84. Come for coffee, donuts and visiting at 10 am, for lunch just order from the menu and go Dutch. For more information contact: Miniam O'Neal at 806-495-2002 or Oneita Gunn at 806-495-2009.

Trailblazers Howdy ya'll day fundraiser

Garza County Trailblazer will be hosting a Howdy Ya'll Day Fundraiser on Saturday August 8, 2009 from 11 am to 2 pm at Garza County Trailblazers located at 205 East 10th St. Hamburger plates will be \$5 per plate which consist of hamburger, chips, drink, dessert and all the trimmings. 36" Grandma & Grandpa dolls will be raffled off. The cost is \$5 per ticket. All proceeds will go to the Garza County Trailblazers.

Garza County Team Roping

The Garza County Team Roping for 2009 will be held on August 1st, 2009. The roping will be dedicated to Jimmie Redman with twenty-five percent of all donations going to the Redman Scholarship Fund. The Steer Stopping will start at 7 and the Team Roping will follow. You must pre-enter. For more information, to enter or donate, call Randy Lewis 777-8295, Steve Miller 241-4017, or Danny Vernon 495-2415.

Men of Abiding Faith

The Church of Christ, located at 10th Street and Avenue M, will be holding its annual summer series of speakers beginning July 22, thru August 26, July 22 - Nate Bundy, July 29- Larry Marshall- August 5 Dale Huff- August 12. Terry Ellison- August 19, Ryan Simpson- August 26, Rontrager. Please come and join us as we hear inspiring lessons on "Men of Abiding Faith". All meetings will begin at 7 p.m.

Need School Supplies?

South Plains Community Action Association will be assisting low income households in your community. Backpacks filled with the basic school supplies will be provided for children for the upcoming school year.

A one-page application will be completed and verification of income will be required to complete the process. If you are a recipient of Child Care Services, CHIP/Medicaid, Food Stamps, TANF, SS/SSI, or CEAP client: you must present proof of active enrollment. If you are not receiving any of the services above, you may also qualify by presenting the household income for the past 30 days. Applications will be completed August 3 - 7 and distributed on August 11. Contact your Neighborhood Center for application, or donations Carla Perez S. Highway 84 Post, TX 806-495-2329

Rodeo Parade entries

Post Area Chamber of Commerce is now accepting entries for the Post Stampede Rodeo Parade scheduled for Saturday, August 8 at 3 p.m. If you would like to participate with a float, 4 wheeler, golf cart, tractor, vehicle or your unique entry, please go by the Chamber office at 131 E. Main or call 495-3461. Please call and enter today!

Marching Band Crank up

2009/2010 is an advancing year. On Thursday August 13, from 7 - 9 p.m. there will be a meeting for Drum Major & Squad leaders only, and then on Monday August 17 and 18, the full band will meet from 7 - 9 pm, Wednesday August 19, will be uniform checkout and catch-up from 4-6. Then on Thursday August 20, there will be another full band practice from 7-9 pm.

Post Antelope Booster Meeting

The Post Antelope Booster Club will have it's first meeting for the 2009-2010 school year on August 3 at 6 pm at the Post High School Library. All Bold Gold supporters are welcome especially those with girls and boys who are HS athletes. Please plan to attend.

New student registration at Middle School

If you child is new to our district please come by the middle school starting August 10-21 to register your child. Please bring a copy of your child's birth certificate and social security card for enrollment.

Middle school orientation schedule August 20th

Post Middle School will have an orientation and open house on Thursday, August 20 at 6 pm in the Elementary Auditorium. Schedules will be handed out and students will have an opportunity to meet their teachers and tour the Middle school.

Vacation Bible school schedule for August 8th


Graham Chapel Church of Christ is having vacation bible school for all children 3 years old to 5th grade on Saturday, August 8th beginning at 9 am and ending with an all church cook-out at 12 noon. There will be singing, crafts, skits games, and puppets! Everyone is welcome! Graham Chapel is located on the corner of 15th street and Ave. S.

Garza County Town Hall Meeting

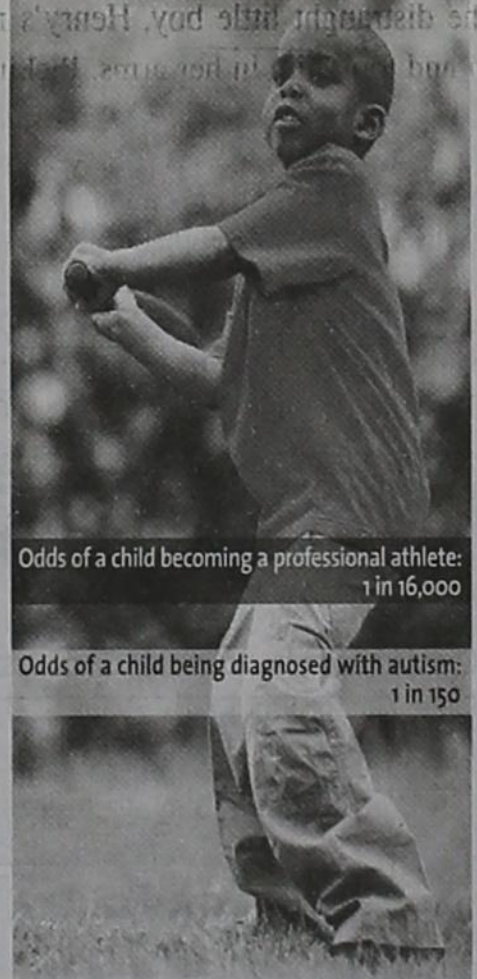
State Representative Joe Heflin will hold a Town Hall Meeting on August 11, 2009 at 10 a.m. at the Community room, Wells Fargo Bank 216 Main. Representative Heflin will be in Post to give you an update and answer your questions about recently completed regular and specials sessions of the 81st Texas Legislature. Make plans now to attend the Town Hall meeting so you can hear directly from your elected state representative about the issues and dynamics of the just-completed sessions, if you have any questions call 512-463-0604.

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For more information, call the Chamber office- 495-3461



In and Around Close City

by Traci Freeman

Well, we got some rain. Monday night here at the gin we got a little over an inch, Tuesday night we received another 2 inches. It will be good for the cotton we have left and for the feed that has been planted.

I need to send out a big "I'm Sorry" to Jean Tipton. Last week I congratulated Steve and Mary Norman on their marriage and when I listed Steve's family, I left out Jean has his grandmother, guess I must have been in a hurry, anyway sorry about that Jean.

We had a great turnout for our ice cream social Sunday night, I counted 86 people. We had ice cream, cakes, cookies, brownies and even 3 flavors of home made yogurt, I was told the chocolate was the

best. Everyone enjoyed the goodies and visiting with everyone. There are some people I want to thank.....Trevor and Jody Thuett and Ray-Don and Jana Underwood for the use of their canopies; Charles and Sharron and G.B. and Robbie for letting us use their tables and chairs; Robbie Freeman for making the new seats for the swings and Steve and Beverly Miller for the use of their barrel train, the kids loved it! Oh and thanks Daddy for your four wheeler to pull it with. Also to everyone who made and brought ice cream or a desert and to Nancy and Kristi for helping to set up and clean up. If all goes well we will do something "fallish" in late September or early October. I have posted pictures from Sunday night on the blog for those of you who were unable to

attend and would like to see how much fun we had.

Will Yarbro celebrated his 8th birthday with a swimming party. Everyone enjoyed pizza, cake and swimming. After his party he went home with Aunt Salli and her family to Bowie; while there they traveled to Fort Worth to see the Texas Rangers Minor League team, the Rough Riders, play baseball.

Gene and Velta (Carpenter) King traveled to South Lake to watch one of their grandsons, Dillon play in a Little League ballgame that determined who would go to the world series, Dillon's team came out a little short but Velta says they played a really good game. Gene, Dillon and Nic all came out to visit with us a while on Wednesday morning.

We send a BIG get well out to Joe Neal Clary.

Hurry home, Joe!

Don't forget our "Ragtown" folks in the nursing homes; Doug and Claudine Tipton and Carmen Abraham in Post; Jewel White in Lubbock; Jean Tipton and Odie Kemp in Tahoka. If I need to add anyone to this list, please let me know.

Everyone have a great weekend and remember.....Keep our troops and rain in your daily prayers. Don't forget to check out our blog at <http://closecitycoopin.blogspot.com>

Birthdays

August 2 - Robbie Wilke

Anniversaries

August 1 - Robbie and Traci Freeman

Weekly Inspirations

SCRAMBLED EGGS AND PANCAKES

By: Michael F. Taylor

Mary and Bill had been married for eight years and had a wonderfully active and typically rambunctious seven year old son, Henry. Henry woke up that Saturday morning, knowing that it was mommy and daddy's anniversary and decided to do something special for them both. "I'll make them scrambled eggs and pancakes", happily he thought to himself. Jumping out of his bed, he bounded to the kitchen in his spider man pajamas singing a happy tune under his breath. He then found the biggest bowl in the kitchen and a wooden spoon. Next he opened the cupboard and located the flour jar. It was very heavy and as Henry unscrewed the lid, he accidentally dropped the jar and flour billowed up into the air as it struck the tiled floor. Scooping up some of the flour into the bowl with his hands, Henry then reached inside the refrigerator and pulled out a gallon of milk. He poured the milk straight from the carton and it sloshed over the side of the bowl, creating even a bigger mess in the kitchen floor. Henry then set the milk jug down and pulled out a carton of eggs. And yes, you guessed it; he slipped on the flour and milk on the floor and dropped the carton of eggs. Shells, and egg goo went everywhere! The kitchen floor was covered by this time, along with Henry's spider man pajamas. Okay, this was beginning to get a little frustrating to little Henry. All he had wanted to do was to make his mother and father something special for their special day, and all he had accomplished was making a terrible mess. Henry surveyed the kitchen and knew that if either mom or dad came in and saw the mess, he was going to be in a lot of trouble. So, frantically, he began trying to clean up the disaster he had created in the kitchen. And as luck would have it, a few moments later Mom opened the door to reveal the total disarray of her once clean and sparkling kitchen. "OH, NO!, I'm gonna get it now!", flashed through Henry's mind. Big tears began to run down his face. But, instead of yelling and chastising the distraught little boy, Henry's mother gently walked to her now breathless little man and took him in her arms. Picking him up, and in the process coating her gown with the mess all over Henry, she gave him a big hug. "Having a little trouble this morning?" she gently asked as she gave him a big kiss on the cheek.

Did you know that this is the way that God deals with us? Many times we attempt to do something good in life only to muddle it up to the point of no repair. We create a shambles of whatever we are trying to accomplish in spite of our good intentions. Our relationships become all jumbled up, our job goes sour, or the decisions we make lead to a catastrophe. And ultimately, we stand there before God, our Heavenly Father, with those big crocodile tears on our face thinking that the boom is about to be lowered. But so wonderfully and graciously, our God reaches down and picks us up into his arms, wipes the tears from our eyes, and shows us His true love and mercy. We are told in Romans Chapter Five, verses 15-17, 15But the gift is not like the trespass. For if the many died by the trespass of the one man, how much more did God's grace and the gift that came by the grace of the one man, Jesus Christ, overflow to the many! 16Again, the gift of God is not like the result of the one man's sin: The judgment followed one sin and brought condemnation, but the gift followed many trespasses and brought justification. 17For if, by the trespass of the one man, death reigned through that one man, how much more will those who receive God's abundant provision of grace and of the gift of righteousness reign in life through the one man, Jesus Christ." NIV

And always remember that even though we may get messy once in a while, don't give up on making those scrambled eggs and pancakes. As we learn and grow in Him and allow His guidance in our endeavors, eventually, we will have a breakfast fit for a King! God bless and have a fantastic week.

Please send comments to:

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Bethel Assembly of God (Bi-Lingual)	407 May St.		15th & Ave. S
Lifeline Church	108 N. Broadway	Church of God	
		Church of God of Prophecy	602 W. 14th, 495-3644
		Power House Church of God and Christ	Pine Ave.
Baptist		Disciples of Christ	
Calvary Baptist Church	210 E. 6th, 990-2342	First Christian Church	812 W. 13th, 495-3716
First Baptist Church, Post	402 W. Main St. 495-3554	Evangelical Methodist	
First Baptist Church, Wilson	806-628-6333	Faith Chapel	1105 Green St., Wilson (806) 628-0018
Grace Baptist Church	820 N. Ave. S 990-3497	Methodist	
		First United Methodist Church	216 W. 10th, 495-2942
		Graham Chapel United Methodist Church	495-3492
		Nazarene	
Justiceburg Baptist Church	Justiceburg	Post Church of the Nazarene	202 W. 10th, 495-3044
Pleasant Home Baptist Church	E. 14th & N. Ave F	Grassland Church of the Nazarene	327-5656
Pleasant Valley Baptist	Hwy 84 & N. 399 (806) 828-4174	Non-Denominational	
Southland Baptist Church	Southland	Family Harvest Church	111 N. Avenue I, 495-1400
Templo Bautista	315 W. Main	Caprock Springs Fellowship	12th & Ave. I 495-2171
Trinity Baptist Church	915 N Ave O, 990-3038	Presbyterian	
		First Presbyterian Church	910 W. 10th, 495-2135
Catholic			
Holy Cross Catholic Church	Ave. K and Main St., 495-2791		
Church of Christ			
Church of Christ	108 N. Ave. M, 495-2326		

Yesteryears

Compiled by Donna Jones From The Post Dispatch

10 Years Ago July 29, 1999

Post Stampede Rodeo directors working toward this year's 59th annual event are Barry Morris, Mike Babb, Brady Sanders, Rooster Swartz, Lane Jones, Robbie Williams and Danny Vernon.

Post basketball players participating in the Petersberg basketball tournament were Emily Smith, Camie Payne, Meagan Mills, Kelly Moore, Vondi Gradine, Yvonne Lopez and Manuela Hernandez.

For the third consecutive year, Jamie L. Collazo, son of Linda Collazo and the late Johnny Collazo Sr., has been selected for recognition in Who's Who Among American High School Students. Who's Who recognizes students for their achievements in academics, athletics and extracurricular activities.

Grand Opening specials were offered at Derek's Barber Shop, 508 North Broadway.

Lisa Bartley, daughter of Bobby and Jennie Cowdrey of Post, is an artist, and a sweet one at that. Bartley is a professional cake decorator who operates a fully certified bakery studio next to her Alto, N.M., ranch home.

20 Years Ago August 2, 1989

Coach Dewayne Osborne announced that boys participating in athletics for the 1989-90 school year would leave August 7 for Lubbock for physicals.

Caprock Golf Course hosted the Post Lions Club Golf Tournament and raised over \$500 to benefit the Lions Club's eye-glasses program. Fifty-nine men and women participated in the two-day event.

John W. Bilberry of Snyder, son of Edna Bilberry and the late L.D. Bilberry of Post is a recent graduate of Bible Way Academy and the recipient of a \$400 academic scholarship.

The grandchildren of the late W.O. and Claudie Fluit took their turn entertaining their parents and the great-grandchildren with a reunion in the home of Pete and Juanelle Hays.

Participating from Garza County in the South Plains Dis-

trict 4-H Fashion Show were Mandy Little, Arimya Gradine, Shyla Johnson, Lorry Ledbetter and Marci Hill.

30 Years Ago August 2, 1979

Work has begun here by subcontractors for Vibra Whirl and Co. of Panhandle to build Post High School's new \$61,434 all-weather 400-meter track. Meanwhile, Bob Macy, Jimmy Redman and other Antelope Booster Club members were at work erecting a new fence around the track and practice field.

Post's Sheriff Posse extended their parade-winning streak to six in a row at Brownfield.

Jay Young, Lance Dunn and Katrina Chaffin were first place winners in the district 4-H record book judging for the 20-county district in Lubbock.

Tim Terrell of Post tied for high point in Bil Hedrick's first annual Youth Day in the Hedrick's arena.

Lane Tannehill, Post Antelope track coach, was elected to a two-year term as Region I representative on the eight-member state track advisory board at the Texas High School Coaches Association meeting in Fort Worth.

40 Years Ago July 31, 1969

The Post public schools bands won the Governor's Trophy for having the most musicians - 42 enrolled from outside Lubbock in the Texas Tech Youth Music Camp.

M.J. Malouf and his sister, Mrs. Karmey S. Malouf, were reunited for the first time in 58 years - since 1911, the year when Mr. Malouf left his native Lebanon.

Mrs. E. B. Mathis celebrated her 97th birthday and was honored with a luncheon in the home of her son and daughter-in-law Mr. and Mrs. Preston Mathis.

Scott-Pool Ford, Inc. is advertising new Ford Mavericks for \$1,995.

Sp5 Gary Hays returned to Post after a year's tour of duty in the Army with the 11th Armored Cavalry Regiment in Vietnam.

The Post Jaycees' fireworks

project was named the outstanding area project at the Jaycees' Area I summer convention in Levelland.

50 Years Ago July 30, 1959

The school tax rate for the Post Independent School District was set at \$1.48 per \$100 property valuation at a trustees' luncheon meeting.

Crewmen of General Telephone Company of the Southwest this week are completing installation of 80 additional lines at the telephone office here.

Wayne Thomas, assisted by Gene Kennedy and Eddie Blanton, will be scoutmaster for a new scout troop to be formed at the First Methodist Church.

The Post Little League All Stars, champions of the Area II play-offs in Lamesa, advance to the district play-offs against Northeast Lubbock. Coaches for the team are Punk Peel and Smiley Welch.

Over 200 were present for the old fashioned outdoor services held at the First Baptist Church.

T.L. Jones announced the sale of his grain business to Caprock Grain Company. Jones will continue to operate his ice business and feed and seed business.

60 Years Ago August 4, 1949

A housing situation in Post is acute again, the result of increased oil activities in Garza County and neighboring towns. Post is housing families of a number of workers in the Scurry County oil field, because of a housing shortage in Snyder.

The Southwestern Public Service Company, which serves the Panhandle-Plains-Pecos Valley area of Texas is observing its Silver Anniversary (25th) this month.

The Santa Fe Railroad has a tempting offer for travelers in this week's Dispatch - two people can travel round-trip on the scenic route to Los Angeles in a Santa Fe chair car for \$119.80. And after arriving in Los Angeles, you can travel to San Diego via Santa Fe Railroad on your round-trip at no extra cost.

With the recent acquisition

of 500 feet of new hose, The Post Volunteer Fire Department now has 2,100 feet of good two and one-half inch hose. New members testing the hose, and

bringing the membership to its full quota of 20 men, were De- Hodges, Marvin Williams, Red Mathis and Luther Bilberry. Among the Southland farmers

who were hailed out with last week's storms were Earl Lancaster, Ray Dick, Mr. Bloxom and Roy Williams.

Russell Graves Outdoors WHEN THE EARTH OPENS - Part 1

By Russell A. Graves

Standing at the precipice of the depression, I strain to peek over the edge while maintaining my balance.

"How deep is it?" I ask my longtime friend Dana Wright. She leans over next to me and in an easygoing West Texas fashion opines, "At least two lariat ropes."

"Sixty feet..." I ponder while simultaneously imagining what it was like the instant the earth cleaved and swallowed the hunk of red dirt and cactus. I can't quite grasp whether the hole formed all at once or over time. Either way, it is spectacular.

Dana is a biologist for the Texas Parks and Wildlife Department, and our friendship goes back to the early 1990s, when we both moved to Childress. Like me she loves natural oddities and is a great scout whenever she finds something new. Here in Cottle County, we stand at the edge of a vast vertical sinkhole she discovered on a patch of ranchland.

Sinkholes are enigmatic. They aren't that common but they aren't rare either. Part geologic anomaly and part mysterious apparition, sinkholes may be a lot more common than people think. Unlike a smoking caldera or voluminous mountain, sinkholes don't strike any romanticized chords in the popular press. And unless one of the chasms opens up and swallows homes or modern infrastructure, their appearance mostly goes unheralded.

Sinkholes occur over much of the United States. In states like Florida, sinkholes often make news because of the damage they impart when they form in populated areas. In Texas, however, most sinkholes go unnoticed. In areas where they are likely to form, people may pass by them all of the time and never know they exist.

A perfect mix of geography and geology

A sinkhole is a natural depression that's formed when subsurface limestone, salt or gypsum is slowly eroded away by groundwater. As surface water infiltrates the soil, it percolates downward and moves deeper into the soil. Over time, the water eats away at the rock layer until voids, or caves, form in the rock. As these voids grow, ultimately the spaces between the rocks become too big and the weight of the earth on top of the rock causes the chamber to collapse.

Natural sinkholes most commonly form in the karst regions of Texas. Karst is an area of irregular limestone in which erosion has produced fissures, sinkholes, underground streams and caverns. In Texas, high concentrations of karst rock occur in the soluble limestone areas of the Hill Country and the gypsum-rich Rolling Plains of northwest Texas.

It is possible, however, for unnatural sinkholes to form. In urban areas, water main breaks can erode the subsoil and cause the earth above to cleave.

Sinkholes are also formed when groundwater or oil is removed from the subsurface, leaving a void in the

ground. Because of excessive water extraction and unstable soil in Mexico City, a sinkhole opened up in the summer of 2007 and killed one man.

Perhaps the most heralded human-caused Texas sinkhole occurred in 1980 near the West Texas town of Wink. On June 3, residents woke to find a 370-foot-wide, 110-foot-deep hole had formed 2 1/2 miles north of town. Geologists suspect the sinkhole, also known as the Wink Sink, formed as a result of historic oil production practices in the Permian Basin that pumped saltwater from below the surface, leaving a void beneath. In May 2002, a second sinkhole opened up nearby. The new sinkhole dwarfed the first one, at 900 feet wide and more than 300 feet deep.

While the huge sinkholes that seem to instantaneously swallow the earth around them get most of the media attention, most of the depressions form more slowly. Geary Schindel, chief technical officer for the Edwards Aquifer Authority, says that scientists classify natural sinkholes based on their means of formation.

"The most common that occur in Texas are formed from a couple of processes," says Schindel. "They form when the overlying soil collapses or is washed into a cave - this is usually a gradual process or more rarely a catastrophic event. They also form through the dissolving of bedrock with water entering a closed depression." Schindel explains that they can form when the roof of a cave collapses, although that type of formation is relatively rare. Schindel is a man who knows his sinkholes. As part of his job with the water authority, he's studied caves and sinkholes for the past 30 years and has traveled to 35 states and five countries.

Any questions or comments? Contact Russell at russell@russellgraves.com or visit his website at www.russellgraves.com

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FIGHTING FIRE

FIRE is a chemical process where fuel and oxygen combine to produce heat, light and flame.

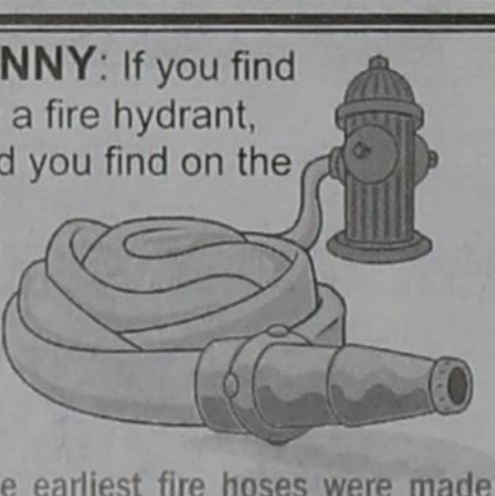
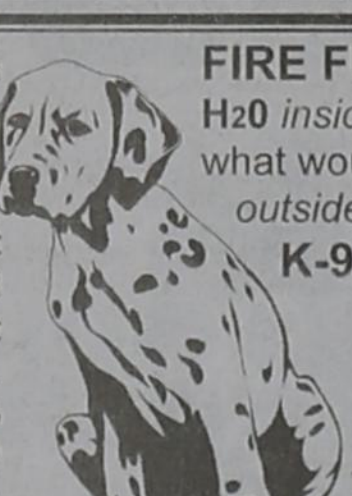
To put out a fire one of three things must be done: take away the fuel, take away the oxygen or take away the heat. The fastest way to cool something is with water.

FLASHPOINT is the temperature an item has to reach before flame occurs (heating to the point where gases escape and ignite with oxygen):

Gasoline - 475° F	Plastic - 356° F
Matches - 392° F	Paper - 451° F
Wood - 572° F	Socks - 600° F

http://www.brain-iacs.com

WHY THE DALMATIANS? Sparky has long been a firehouse icon. Dalmatians were bred to work well with horses—the original "horsepower" of early fire engines. Although not the fastest breed of dogs, Dalmatians run well for long distances—perfect for following the fire wagon. The faithful dogs calmed the horses, kept away horse thieves and barked to alert the horses when it was time to report to duty. Dalmatians' distinct coloring made them easy to identify among the strays that always chased the bell ringing wagons.

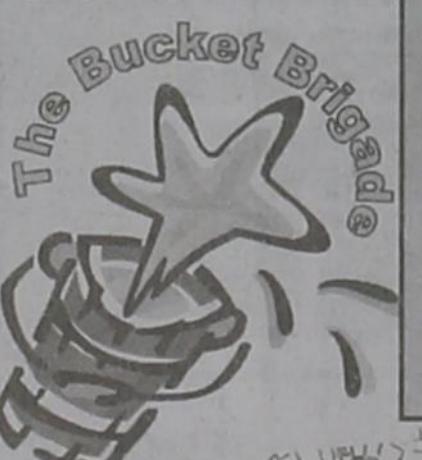


FIRE FUNNY: If you find H₂O inside a fire hydrant, what would you find on the outside?
K-9P

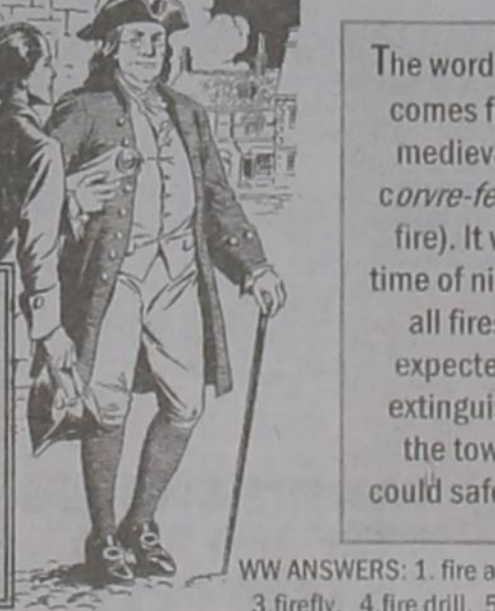
The earliest fire hoses were made from the intestines of oxen. Later hand sewn leather was used. Today fire hoses are made from woven fabric with an inner layer of rubber.

FIRE POWER WORD WONDERS

1. FIRE_R_ - a weapon
2. FIRE_R_C_E_ - celebration pyrotechnic
3. FIRE_L_ - winged insect
4. FIRE_R_L_ - escape practice
5. FIRE_L_C_ - the hearth
6. FIRE_R_O_ - will not burn
7. FIRE_N_ - Texas biting bug
8. FIRE_A_L_ - round explosion
9. FIRE_T_T_O_ - truck garage
10. FIRE_X_I_G_I_H_R_ - used to put out flames



FIREMAN FRANKLIN
In 1736 patriot and inventor Ben Franklin began the first volunteer fire department in Philadelphia: the 25 member Union Fire Company.



The word **curfew** comes from the medieval word *couvre-feu* (cover fire). It was the time of night when all fires were expected to be extinguished so the townsfolk could safely sleep.

WW ANSWERS: 1. fire arm, 2. fire cracker, 3. firefly, 4. fire drill, 5. fireplace, 6. fireproof, 7. fire ant, 8. fireball, 9. fire station, 10. fire extinguisher



To sponsor your Fun-n-Facts for Brain-iacs call 495-2816

Troop 316 makes 50 mile Brazos River canoe trip

The summer camp adventure attended by members of Troop 316 from Post was a 50-mile canoe trip down the Brazos River. The Boy Scout Troop members participating in the canoe trip were Zach Hinkle, Fermin Rivera, Michael Taylor, Caelan Thuet, and Dalton Thuet. The Troop leadership attending the trip were Scoutmaster Trevor Thuet and Troop Committee Chairman Richard Hudman. Troop 316 left Post for the canoe trip on Sunday, July 5 and arrived back home on Friday, July 10.

The trip began with loading the Scout Trailer with personal and troop gear on Sunday morning and traveling to Worth Ranch, a Boy Scout Camp operated by the Fort Worth area Longhorn Council, which is located four miles north of Palo Pinto, TX. While at Worth Ranch, the troop made final preparations for packing our personal gear and helped the guides prepare the food and water supplies needed for the trip. The boys also took advantage of the camp swimming pool to relax during down times.

After a night sleeping in an adobe open-air shelter, gear was loaded into dry bags and the canoes, Scouts and leaders were caravanned to the put-in point, just a short distance downstream of the Possum Kingdom Lake dam. There were a total of 18 canoeists for this adventure; two guides, seven members of Troop 316 from Post, and nine members of Troop 1074 from College Station, TX. With canoes loaded down with gear, food in waterproof containers, and a large number of water coolers for drinking, the group began a fifty-mile trek down the Brazos River.

On average, the group traveled about twelve miles a day, with the longest day being fifteen miles. Each day consisted of waking up around 6:30 a.m., preparing breakfast, tearing down tents, stowing away all the gear back onto the canoes, and heading

out onto the river by 8:30 or 9:00 a.m. The trek would stop to eat lunch around 12:30 p.m. and head back out onto the river by 2:00 p.m. During this lunchtime, the Scouts would have a chance to cool off in the river. The evening campsite would usually be reached around 6:00 p.m., with the Scouts setting up tents, removing all gear from the canoes, and preparing the evening meal. All meals were prepared and cooked by the Boy Scouts.

The water conditions were fair. The trek was able to stay in the canoes most of the way, except for two or three low water locations each day which required the canoeists to get out and walk along side the canoe for about 50 feet or so, until reaching deeper water.

Highlights of the trek included the Scouts enjoying time floating down shallow rapids using their personal floatation devices; jumping off a 15 foot rock into deep water; roasting hot dogs over the campfire, and finally reaching the take out point near Mineral Wells with vehicles in sight. Getting into the air-conditioned vehicle was not too bad either, since the temperature on the Thursday the group took out of the Brazos was registering near 108 degrees. However, getting into the Scoutmaster's vehicle proved a bit difficult because the keys were accidentally locked inside, but the group did manage to finally get the car door open. (By the way, the Scoutmaster was not responsible for locking the key in because he was also canoeing down the river the whole time.)

The Brazos River Canoe Trip will be a very memorable event for these Boy Scouts as they look back on their Scouting career. Each member who completed this trek has now earned the Boy Scout 50 Miler Award, which will be presented to each participant at the next Troop Court of Honor.

Garza County youth make good showing in competition

The Top of Texas Rabbit Club had a competition held Saturday, August 25, 2009 in Hereford, Texas. The following are the results for our local youth that participated in the show:

Jackie Milton won 1st Reserve Breed in show A -Havana; 2nd Reserve Breed in show B -Havana, and won with her Jersey Wooley Specialty. M'Keison Guerrero won Best of Breed-Dwarf Hotot and Best of Breed-Thrianta. Ashley Graves took Best of Opposite Sex-Dwarf Hotot and Best of Group-Neatheland Dwarf.

This was Michael Saulas first time to show an animal and he placed 2nd place - Dutch; Kara Grace Egan took 5th place-Holland Lop in a group of over 100 rabbits; and Jessie Isbell won Best Opposite of Group-Jersey Wooley

The next project in line for the Rabbit project is the Garza County Rabbit Circus on September 12, 2009. Now is the time to purchase your rabbit for County Shows and Fairs. If you need more information on this, please contact the Extension Office.

Increase in Minimum Wage Effective July 24

The Texas Workforce Commission (TWC) reminds Texas employers and workers of the increase in the federal minimum wage effective Friday, July 24, 2009. The minimum wage rate rises to \$7.25, up 70 cents from the 2008 rate of \$6.55.

"Although most Texas workers receive wages greater than the minimum wage from their employers, this increase is an opportunity for those at the lowest wage levels to receive additional income," said TWC Chairman Tom Pauken.

The Fair Minimum Wage Act of 2007 was signed into law to increase the minimum wage rate by \$2.10 over a three year schedule. According to the U.S. Bureau of Labor Statistics, 262,000 Texans earned the federal minimum wage or less in 2008. The Texas Civilian Labor Force totals more than 12 million workers.

"It is important for Texas workers to be fairly compensated for the work they do," said TWC

Commissioner Representing Labor Ronny Congleton. "This increase in wages is a well-deserved step up for many hard-working Texans."

TWC administers the Texas Payday Law, which requires private employers to provide workers with earned compensation in a complete and timely manner. TWC Labor Law investigators annually conduct more than 15,000 wage claim investigations statewide.

"It is important that everyone understand and comply with the new federal minimum wage laws, so that workers receive all the wages they've earned in a timely manner," said TWC Commissioner Representing the Public Andres Alcantar.

Workers who feel their rights have been violated under the Texas Payday Law should fill out

a wage claim form and submit it to TWC's Labor Law Section or to the nearest workforce center. Labor Law staff also educates the general public about the Texas Payday Law, the Texas Child Labor Law and the Texas Minimum Wage Act through presentations to employer organizations, educational service centers, workforce boards and more.

TWC recovered more than \$9.9 million in unpaid wages for Texas workers in Calendar Years 2007 and 2008. Wage claim forms are available on TWC's web site at www.twc.state.tx.us/ui/lablaw/lablaw.html Employers seeking required workplace signs may also access this web site. Both employers and the general public may call (800) 832-9243 with any questions from within Texas or from outside Texas, call (512) 475-2670.

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Pesticide Applicator; Worker Protection Standard Handler Training Available

Area residents who are in need of a private pesticide applicator's license from Texas Department of Agriculture can attend a training session Wednesday, August 5 at the Dawson County Community Building, So. 8th Street and Houston Avenue, in Lamesa.

The private applicator's license allows an individual to apply restricted use pesticides to their own property for the production of an agricultural commodity. This license does not allow one to apply pesticides to the property of any other individual for a fee; that requires a Commercial Applicator License. This training is required by TDA before an individual can take the test for a license.

The training will begin at 8 a.m. and the Pesticide Applicator test (no fee for test) will be administered after the training. Persons planning to attend should call the Texas AgriLife Extension Service, Dawson County Office (806-872-3444) to make a reservation and order study materials. There will be a \$25.00 fee collected for study materials. Please register by Tuesday, August 4 to allow time to order training materials.

Worker Protection Standard Handler training will also be conducted for Agriculture producers and workers at the same time as the Private Applicator

training. Debbie Slocum, Inspector for the Texas Department of Agriculture along with Jeff Wyatt, County Extension agent will conduct the trainings.

The WPS Handler (green card) training will be conducted in both English and Spanish. The English version will begin at 10 a.m. and the Spanish version of the training will start at 11 a.m. The Workers Protection Standard requires that any worker who handles or works around pesticides and is not a Private Applicator must receive training on pesticide handling and chemical safety. These farm workers and handlers must be re-trained every five year in WPS.

Individuals with disabilities who require an auxiliary aid, service or accommodations in order to participate in an Extension sponsored activity are encouraged to contact the Extension office at 806-872-3444.

Educational programs of the Texas AgriLife Extension service are open to all citizens without regard to race, color, sex, disability, religion, age or national origin. The Texas A&M University System, U. S. Department of Agriculture, and the County commissioners Courts of Texas Cooperating.

Free Web Service Connects Hunters with Places to Hunt

Research surveys show that finding a place to hunt is a barrier for many people in today's Texas, which is why Texas Parks and Wildlife Department created the Hunt Texas Online Connection, a free Web service that allows anyone to view hunting opportunities posted by private landowners across the state.

In early 2008, the department invited landowners to list hunting lease opportunities in Texas for free, including last-minute openings. Currently, hunters can search more than 450 hunting opportunities by lease type, county, game animal, cost per hunter and other parameters. The service is free to both hunters and landowners.

"Anyone looking for a hunting lease in Texas can use this free service to find listings from landowners throughout the state," said Linda Campbell, TPWD program director for private lands and public hunting. "This is one way we're

trying to better serve our license-buying public. It's important to keep the Texas hunting tradition strong, since hunting supports wholesome family recreation, pumps more than a billion dollars per year into Texas local economies, and provides an economic incentive for private land stewards to protect wildlife habitat."

To register, landowners can visit the main Hunt Texas Online Connection Web area on the TPWD Web site. Click "Get Started," select a username and password, log in, and start looking at hunting opportunities. Leases can be seen without registering and logging in, but users must register in order to contact landowners.

After users fill out the online registration form, they'll get an email with a long URL ending in the word "activate" — users must click this link to complete registration. If users don't receive the activation email, it might be

because a security system is blocking it. In that case, users could try placing hunt.texas@tpwd.state.tx.us in their address book or allowed e-mail rules.

Hunters and landowners will determine if they are the right fit for each other, and all transactions will be between landowners and hunters. The new service also provides links to privately operated hunting lease Web sites as a convenience for the public. TPWD does not independently verify, endorse or warrant any of the information posted on Hunt Texas Online Connection, or any information contained on the privately operated hunting lease Web sites that are linked from the service.

Anyone can e-mail questions, comments and suggestions about Hunt Texas Online Connection to hunt.texas@tpwd.state.tx.us. The TPWD Wildlife Information staff at (512) 389-4505 can also provide basic assistance with the service.

Hercules and Ophiuchus: Head-to-Head in the Night Sky



Paul Derrick Stargazer

It's the time of year when two giants, Hercules the Strong Man and Ophiuchus the Serpent Bearer, butt heads in the night sky. As with many constellations, their stories come from ancient Greek religion.

Hercules (aka Heracles) was one of many offspring of Zeus (Jupiter), king of the gods. Zeus was married to his sister Hera, yet

he had many mistresses, some immortal goddesses, some mortal women. Hercules' mother, Alcmena, was a mortal making Hercules a part god, part human demigod.

Not only did he feel haunted by his half-god status, the powerful goddess Hera hated him and made his life miserable. Known for his strength and courage, Hercules is famous for accomplishing the Twelve Labors of Heracles—incredibly hard tasks no mere mortal could perform. His reward was immortality.

While the origins of the lesser-known constellation Ophiuchus are uncertain, he seems to represent Asclepius, a healer. By observing a serpent using a herb to heal another serpent, he discovered that the powerful herb, when administered to humans, enabled them to avoid death or even come back to life.

When Zeus saw that Asclepius had the power to make humans immortal—and thus like gods—he couldn't allow that, so he killed Asclepius with a bolt of lightning. But to ease his guilt, Zeus placed Asclepius in the night sky. Now bearing the name Ophiuchus, the serpent bearer carries across his shoulders the serpent from whom he learned of the healing herb.

Asclepius' daughters include Hygieia, Meditrina, and Panacea, goddesses of cleanliness, medicine, and healing.

The Rod of Asclepius, a snake-entwined staff, is a symbol used in the medical world to this day. It is often mistakenly used interchangeably with

the caduceus, a staff with two serpents, although Asclepius' Rod and the caduceus come from different Greek stories and gods.

Hercules and Ophiuchus are large constellations, neither of which contains notably bright stars, thus they are a challenge to make out. But here's how you can at least find where they are.

Facing south at 10 p.m. Scorpius the Scorpion, looking like a giant fishhook, is a little above the southern horizon. Directly above the scorpion, Ophiuchus is mid way up. Above him, Hercules is high overhead, between the two brightest overhead stars, reddish Arcturus to the right (west), and white Vega to the left (east). Sky Calendar.

* July 28 Tue. morning: Delta Aquarid meteor shower peaks with besting viewing after the Moon sets from midnight to dawn.

* 28 Tue. evening: Moon at 1st quarter.

* Aug. 1 Sat.: Lammis, a cross-quarter day celebrating the middle of summer.

* 5 Wed. evening: Full Moon, called Grain Moon and Green Corn Moon, is to the upper right of Jupiter, and then to the planet's lower right the next morning.

* 12 Tue. evening: Perseid meteor shower peaks.

* 13 Thu.: Moon at 3rd quarter.

* 14 Fri. morning: The Moon is just to the upper right of the Pleiades as they rise after midnight; by morning the Moon is passing through the cluster; with the glare of the Moon, binoculars will help.

* Naked-eye Planets. Evening: Saturn, low in the west, sets by 11 p.m. as Jupiter is rising in the east. Morning: Jupiter is the brightest object in the southwest with brilliant "morning star" Venus in the east and much fainter Mars above it.

Stargazer appears every other week. Paul Derrick is an amateur astronomer who lives in Waco. Contact him at 918 N. 30th, Waco, 76707, (254) 753-6920 or paulderrickwaco@aol.com. See the Stargazer Web site at stargazerpaul.com.

Extension Service offers computer training

Texas AgriLife Extension Service will offer QuickBooks Pro computer short courses Aug. 19-20 in Amarillo and Aug. 25-26 in Lubbock.

"Each day of training will run from 9 a.m. to 4 p.m.," said DeDe Jones, AgriLife Extension risk management specialist in Amarillo.

Jay Yates, AgriLife Extension economist in Lubbock, will coordinate the course in that region. Both courses will be at the Texas AgriLife Research and Extension Center in the respective cities.

"QuickBooks Pro is a double-entry business accounting program often used by agricultural lenders and producers," Jones said. In the two-day course participants will learn how to enter transactions into the program and analyze costs and profits.

"Registration is \$75, which will cover computer-lease payments and teaching materials," Jones said. Couples are encouraged to attend and will be

charged only one registration fee if they share a computer. Payment is due upon arrival on the first day of the course.

Class size for each course is limited to 15 to provide a "hands-on" experience for all participants. "The classes filled up last year in both Amarillo and Lubbock, so registering as soon as possible is important," Yates said. "Program tips will be discussed throughout the course, and no prior computer experience is necessary."

For more information, contact DeDe Jones at 806-677-5667 or Jay Yates at 806-746-6101. To register for the course in Amarillo, send name, address and phone number to DeDe Jones, Texas AgriLife Extension Service, 6500 W. Amarillo Blvd., Amarillo, Texas 79106. For Lubbock registration contact Jay Yates, Texas AgriLife Extension Service, 1102 E. FM 1294, Lubbock, Texas 79403.

A SHORT STORY ABOUT GROWING UP WITH AN UNFAIR ADVANTAGE.

POLO.

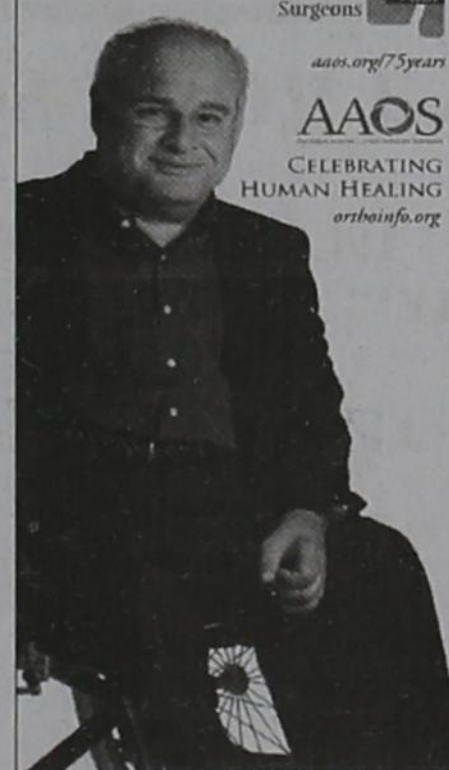
As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease.

But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS.

Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.

American Academy of Orthopaedic Surgeons

AAOS CELEBRATING HUMAN HEALING



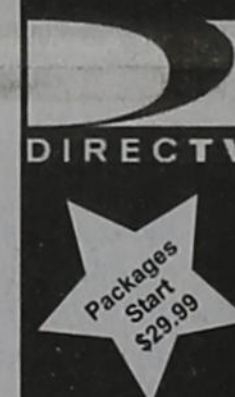
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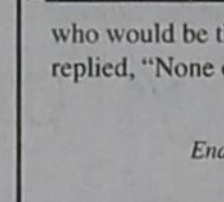
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Post Antelope Football Games to broadcast via the Internet

In the upcoming 2009-2010 school year, fans who can't make it to the games can listen to Bold Gold football via the internet, thanks in part to a partnership with Lone Star Sports Radio.

Jim Plummer and Allen Grisham, both of Post, will cover play-by-play and color commentary for the PHS games, both home and away. Plummer brings more than 20 years of broadcast and audio production experience to the endeavor. For the past two years, he served as the public address

announcer at the PHS football and basketball venues. Plummer came out of the Texas Tech University's Mass Communications Department.

Grisham's knowledge and enthusiasm for high school sports will add greatly to the quality of the web casts. Two of his sons are products of Post High School athletics. One of them went on to complete a four-year college football career at Hardin-Simmons University. Also, Allen served as the Antelope Booster Club presi-

dent for four years.

Lone Star Sports Radio, based in Midland, will carry the Antelope football games through a streaming online radio feed available at HYPERLINK "http://www.lonestarsportsradio.com/" & "blank" www.lonestarsportsradio.com.

"It's not only great opportunity for the people that live in the community, but also for alumni and family members that may have moved away and might not be able to make it to every game," said Rob Matthews with Lone Star Sports Radio.

Lone Star Sports Radio, which is in its second year of operation, assists schools that might not otherwise have a regular on-air following, with play-by-play coverage of sporting events. In addition to Post, the group currently hosts radio broadcasts for 17 schools throughout West Texas: Iraan, Greenwood, Crane, McCamey, Merkel, Seagraves, Friona, New Deal, Albany, Morton, Ingelside, Plains, Baird, Azle, Whitesboro, Reagan County, and Van Horn.

"We are not limited geographically like a regular radio station is," said Matthews. "Last year, we had listeners from 32 different states and four countries tune in and listen to their respective schools' contests."

Advertising opportunities are available on the web casts of the Post High School football games. Interested advertisers should contact Jim Plummer at (806) 781-1911. According to the Post ISD Administration Office Lone Star Sports Radio is the only company authorized to broadcast the PHS football games this season. The attempt by any other broadcast entity or individual other than Jim Plummer, Allen Grisham or Rob Matthews, who is affiliated with Lone Star Sports Radio, to sell advertising should not be considered a valid agreement.

Soylent...

Continued from Page 2

bill out here." And that, he added, "certainly [is] true when it comes to Medicare and Medicaid, where the taxpayers are footing the bill and we have an obligation to get those costs under control."

Now, lest anyone think that the Obama plan would never, ever consign senior citizens to Solyent Green-type "dying rooms," consider what has occurred in the countries he most often cites as models for his health care rationing regime.

Dr. Karol Sikora, the former head of the World Health Organization Cancer Program and author of *The Economics of Cancer Care*, recently revealed that under the British national "health care" program there are 25,000 "unnecessary deaths" every year. "As a practicing oncologist," he disclosed, "I am forced to give patients older, cheaper medicines. The real cost of this penny-pinching is premature death for thousands of patients."

In Canada, according to Dr. David Gratzler, a Canadian physician, author, and senior fellow at the Manhattan Institute, "More than 1.5 million Ontarians (or 12 percent of that province's population) can't find family physicians. Health officials in one Nova Scotia community actually resorted to a lottery to determine who'd get a doctor's appointment."

None of which bodes well for senior citizens already consigned by Mr. Obama to the tender mercies of the rationing police. But, actually, despite the horrors of Britain and Canada, the real model for "Obamacare" might be even worse.

In the nation of Zimbabwe several decades back, another highly popular, charismatic leader proposed government-mandated socialized medicine for what, at the time, was known as "The Breadbasket of Africa." After all, he reasoned, if they

could provide food for an entire continent, they could certainly provide health care for their own people. A noble mission, indeed. Or, so it may have seemed.

Soon, according to the Oxford Journal's "Health Policy and Planning" monograph, "health care was free for people earning less than 150 Zimbabwe dollars (Zim\$) per month (US\$8.6). Fees were only charged at the level of the district hospital."

Sound like Utopia? Well, not quite. Here, according to Frank Donaghue, CEO of Physicians for Human Rights (PHR), is the situation in Zimbabwe today:

"How can he [the formerly charismatic Robert Mugabe] be proud of a country where we looked at a doctor's paycheck for the month - we held the pay stub in our hands - for 32 cents for a month's compensation?"

According to PHR, in Zimbabwe today, "Since November (2008) all of Zimbabwe's public hospitals have closed. Mission hospitals are scarce, overcrowded, and lack basic resources like running water."

It's clear: socialized medicine - whether called "the public option," "national health care," or "Obamacare" - simply doesn't work.

And one is left to wonder: When - not if, when - the "redistribution of the health" in America descends to the level of Britain, Canada, or, yes, Zimbabwe, and the rationing police are called in to divvy up the scarcity, who will be the first to be sent to the "Soylent Green Rationing Rooms" in order to, in Obama's words, "get these costs under control"?

Perhaps the 54 percent of seniors who now oppose Mr. Obama's health care scheme have already figured out the answer to that chilling question.



A large crowd enjoys the ice cream social at the Close City Gin last week.



"Engineer" Raegan Belongia drives a trainload of kids at the Close City Gin Ice Cream social last week. Passengers are (from left): T.J. Ellis, Jake Morris, Rylan Morris, Gray Beasley, Addi Gradine, Simon Stach, Will Yarbro, Jolie Page, Dylan Morris and right behind the Engineer, Journey Page. Abby Guerreo (seated) waits for her turn to ride.



Lana Kitten shown here with Regional Director Mike Macy, won two saddles, a belt buckle and a halter at the High Plains Junior rodeo finals held in Clovis, NM, July 13-18, 2009. This is Lana's first year in the High Plains Junior rodeo. Lana, a Junior at Post High School, was awarded a saddle for winning Champion in barrels in the 16-19 age group; a saddle for "All Around Champion Cowgirl" in her age group and a belt buckle for "Rookie of the Year 2009" in her age group. She was also awarded a beautiful halter for taking third in the Poles event. Lana is the daughter of Clyde and Janet Kitten of Post. She will begin competing with the National High School Rodeo in the Fall.



A Post resident had a surprise visitor last at his home recently. This badger was photographed by Don Ammons in his back yard Friday, July 10.

Thanks
For
Reading!

We're ready for a great season!



POST ANTELOPES 2009 FOOTBALL



VARSITY

Date	Opponent	Site	Time
Aug. 15	Coahoma (scrimmage)	Away	10:00
Aug. 21	Tahoka (scrimmage)	Home	6:00
Aug. 28	Sundown	Home	7:30
Sept. 4	Lamesa	Away	7:30
Sept. 11	Open		
Sept. 18	Floydada	Away	7:30
Sept. 25	Lubbock Roosevelt **	Home	7:30
Oct. 2	Abernathy *	Away	7:30
Oct. 9	Idalou *	Home	7:30
Oct. 16	Shallowater *	Away	7:30
Oct. 23	Denver City *	Home	7:30
Oct. 30	Slaton *	Home	7:30
Nov. 6	Littlefield*	Away	7:30

*3-2A District Games #Homecoming



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Drive In Hours 9-6 M-F
9-12 Sat



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Trent McDonald and Cheyenne White recently won All Around Finals saddles in the 20 - 39 age group at the West Texas Rodeo Association in Sweetwater. The pair began competing at 4-H play days in the 5 and under age group held at Noel White's Arena 18 or so years ago. Both participated in National High School Rodeo Association where they were team roping partners as well as the National Intercollegiate Rodeo Association. Cheyenne will be teaching science at Post High School this year and is the granddaughter of Noel and Orabeth White. Trent also won the All Around Cowboy saddle for the year and is the grandson of Virgil and Patsy Bilbo and Bert and Mary Kay McDonald. Trent has moved back to Post and is training horses. Also faring very well in the competition were Cheyenne's sister, Schelli, and brother, Hadley and Trent's brother, Dakota.

Thanks For Reading!
The Post Dispatch