THEPOSTDISPATE ONLINE COM No Order

FRIDAY, JULY 11, 2014

First West Nile case discovered in Austin

No problem in Post, yet

AUSTIN - The Texas Department of State Health Services confirmed the state's first case of West Nile illness of the season. DSHS is urging people to take precautions to reduce the risk of contracting West Nile virus, a mosquitoborne illness. West Nile fever was confirmed in a patient from Travis County. Additional details about the patient are not being released to protect the patient's identity. With the recent rainfall that we have received across Garza County, the West Texas area and all across Texas, the threat of WNV is growing. If you have been outside around

I am sure that you have son was an unprecedented noticed the number of mosquitoes has increased record numbers of cases in the past week dramati- and deaths reported in According to City of West Nile activity in of Post City Manager Texas fluctuates from year

Deana Watson, the city does aerial spraying via a the neighborhoods at an "as needed" basis, but is effective in keeping the mosquitoes at bay. The best way to protect yourself is by using insect repellent every time you go outside. West Nile virus can make people very sick, with symptoms that can repellent every time you last for weeks or months. go outside and follow the The West Nile season instructions on the label. through October. Last repellents are those that year, there were 183 human cases of West Nile illness in Texas, including

daylight or dusk lately, 14 deaths. The 2012 seayear for West Nile with the state. The intensity to year and is difficult to predict. It depends on a truck that passes through variety of factors including the weather, the numdusk. This is done on bers of birds and mosquitoes that maintain and spread the virus and human behavior. The season can last up until the first hard freeze of the year. To reduce exposure to West Nile virus:

Use an approved insect typically runs from June Amongthe EPA-approved contain DEET, picaridin,

See WEST NILE, Page 6



Post Notes

Events are listed free of charge as a service by this newspaper for nonprofit groups, civic organizations, churches, schools and select community events. Listings should be submitted at least two weeks in advance and will run as often as possible through the date of the event. News staff does not guarantee placement of events. Emailed submissions are preferred to thepostcitydispatch@gmail.

Welding Class

Adult beginning to intermediate welding class offered July 22 and 23 6-9 pm. Post High School Ag Department, Call Perry Smith for more information, 806-241-8061.

Fishing Derby

Fishing Derby will be held July 17th from 8a.m. till 11a.m. 12-and under welcome. Sponsored by the Post Masonic Lodge and the Texas Parks and Wildlife.

Dip & Chip

The annual Post Rotary Rabies, Dip & Chip Clinic will be held Saturday, July 12 from 9 a.m. to noon at the Post Fire Department, 202 South Ave. H. Proceeds go to the Rotary Club.

See **NOTES**, Page 2

Corrections

If you spot an error of fact, contact Editor Kent Mahoney at thepostcitydispatch@ gmail.com.

News on the go



Use your smartphone to scan the quick response, or QR, code to visit us online.

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USPS 439-620



False alarm



Post ISD police officer, Bobby Dean and his police dog Zara, aid Garza County Sheriff's Department on a traffic stop of an 18-wheeler. The vehicle was stopped at the rise of the Caprock on westbound US 84 Highway. GCSO Deputy David Reyes is inside the trailer and Dean and Zara performed a search for any contraband and illegal substances. Upon finding nothing, the vehicle was released to the driver, who was headed to Lubbock carrying crates of plastic sealer used on streets and road.

Crashes claims one life, second victim injured

By Kent Mahoney

Post Dispatch

POST - A Big Springs man died of injuries he sustained in a one vehicle accident on FM 669, three miles

south of Post, last week. Henry Rojo Valverde, 55, was pronounced dead at University Medical Center in Lubbock shortly before 4

p.m. July 2, 2014. According to DPS reports, Valverde was southbound on the Gail Highway when he came upon a left curve. He left the road and over corrected, crossing both lanes of traffic, went into a ditch. The impact was severe enough to eject him from the vehicle despite wearing his

There were no signs of impairment or distraction; however, officials believe that speed was a factor in the accident.

seat belt. He was driving a late model Chevy Silverado

This is the second fatality for Garza County this year. In a separate incident, a 28-year-old Lubbock woman was transported to an undisclosed Lubbock hospital for injuries she sustained in an accident early Monday morning on US. 84 West, about one mile south of Post.

Charity Travis, 28, was returning from Fort Hood where she had just dropped off her husband. She was traveling westbound on US 84, at approximately 4:48

Her 2003 Chevy pick up left the road to the right, she over-corrected and drove through the curve.

According to DPS reports, she was pregnant, but only suffered minor injuries. She was transported by Garza County EMS.



Streets in the city have been getting a new covering this week as 14 blocks were sealed with a new cover of tar and rock, otherwise known as chip seal. The neighborhood east of the railroad tracks of Henry, Jasper and Oak streets along with 6th, 7th, 10th, 11th, 12th, and 13th were coated and sealed to the tune of just under \$100,000, which was the budget limit for the project. According to the city, similar projects will be explored each year for the same amount of money until all the streets are re-sealed. After that, the streets will be put on a rotation project as per need and available funds for future projects.

Photo by Kent Mahoney

City council talks property changes

By Kent Mahoney Post Dispatch

POST - The Post City Council met in regular session Tuesday night and discussed a handful of topics.

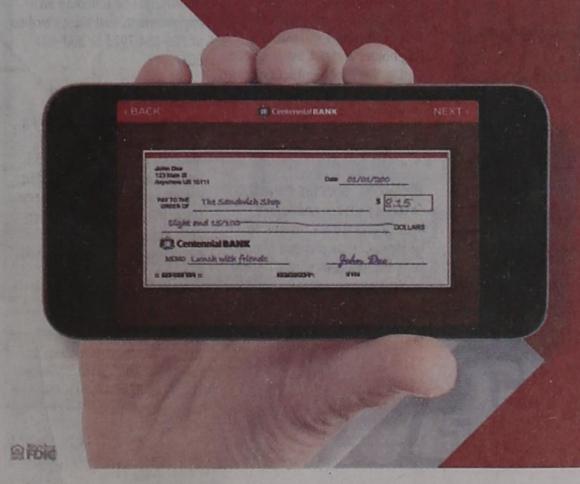
Council passed a sale of property request for a parcel located at 627 E. Pine St. The fees of \$962.84 were satisfied with an additional \$500 for the price of the lot.

City Council and Garza County commissioners have attempted recently to collect a fair amount for the lots that cover the legal fees. By doing so, the property is then returned to the tax roles and once again become productive.

Also on the subject of property, council discussed closing the undeveloped street and alley adjacent to lots 55 through 64 on Pecan Drive in the Fred Robinson Addition. This is in the vicinity of Ave. O on the north side of town.

The discussion was prompted by a need to face any future property in a different direction. The matter is being turned over the city attorney for a proposed ordinance that is needed to make changes to approved plats inside the city.

The council adjourned into a workshop session in order to prepare for the annual budget season, which is just around the corner.



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BMG BLACKBURY MEIRA GROUP

The Post Dispatch, 123 E. Main St., Post Texas, 79356, Is open from 9 a.m. to 2 p.m. on Monday, Wednesday and Friday; from 9 a.m. to 5 p.m. on Tuesday and is closed on Thursdays. Phone (888) 400-1083 Email thepostcitydispatch@gmail.com

PUBLISHER William C. Blackburn

EDITOR/GENERAL MANAGER Kent Mahoney

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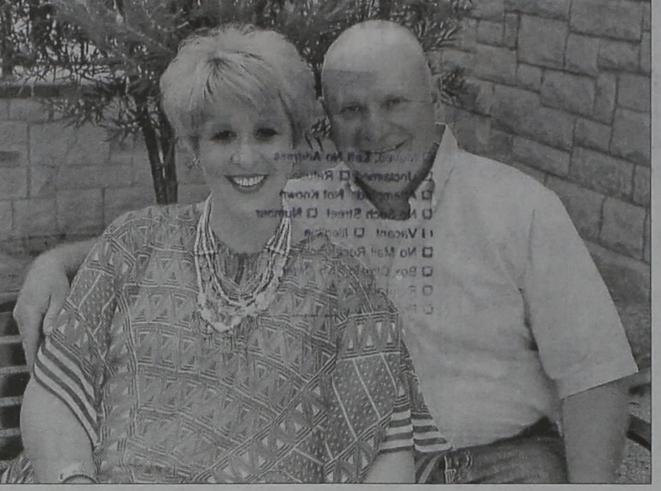
It is the mission of this newspaper to promote the rights of individualism in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone of freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

DEADLINES Advertising: 5 p.m. Mondays Editorial: Noon Tuesdays

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Darrell and Ruby C. Jones are proud to announce the upcoming marriage of their daughter Janell Lynn Jones formally of Post; now resides in Snyder; to Jeffrey Don Martin. Jeffrey is the son of Jeff and the late Sally Martin. The Wedding is set for September 20, 2014 at The Calvary Baptist Church in Snyder, Tx. Ceremony to begin at 5:30pm. Reception is to follow at London Bleu.

Letter to the Editor

Dear Sheriff Morgan,

We are writing this letter to express our thanks and great appreciation to officer Daniel Patterson.

We left Salt Lake City on June 25th heading for Houston to help my sister with her cancer treatment who will arrive there on 26th of June in the evening from China. After 1 am on June 26th we passed Lubbock city, then we suddenly had a flat tire. We didn't know where we were felt like in the middle of nowhere. We felt totally helpless. We took out the spare tire but couldn't find where the jack is. Then officer Patterson stopped behind us. He helped us find the Jack (which is under the driver's seat), and helped us installed the spare tire. He told us to go back to Lubbock to get help, also he guided us to find next place we can make a Uturn. As an officer, he does not really need to help us like that, he could just offer help of calling some road helper or whatever and went his way. But what he did really touched us. We are very grateful for his help, even though he said this is his job.

We do not know how to express our thanks, from the business card we asked from him we found you and hope you can help us to give him a reward or whatever that can help us to thank him.

> Best Regards, **Guangde Wang and Julie Wang**

Yesteryears

10 yrs ago

The Garza County Health 20 yrs ago Care District Clinic, while still operating in the red,

\$1,000.

Post City Council met continues to see improve- to discuss a number of ment in its financial fig- topics including the Muures, according to a report nicipal Judge Report for delivered to district offi- June. During the month a part of the Texas land- came after it heard reports cials July 15. At the board's of June there were 52 tick- scape and not just Ameri- on plans for the building regular monthly meeting, ets given out and 58 col- can folklore. Tough skilled from David Newby, Mrs. an overview of the clinic's lected bringing to the city June operations was pro- a total of \$3,038.00, the vided, reflecting a deficit of highest amount ever. The cows and horses, unwill- members of the commit-\$9,922 for the month. That City of Post in their masfigure was down \$1,020 sive beautifications projfrom the deficit recorded a ect has sent out 51 letters state to TV's J.R.s or any Committee to 'save' the hismonth earlier, according to to residents to cut weeds/ district administrator Tanya grass and to clean their again, these descendants of the corner of Main Street Boucher. The PNS-operat- property. The city also sent the Wild West will gather and Avenue I. ed clinic reported a total of over a dozen more letters 571 visits for the month, up for reasons covering items from 541 in May, and 948 such as, junk vehicles, junk al Texas Ranch Round-up, procedures, up from 797 in on property or incomplete the previous month. Charg- building projects. The sidees were up approximately walk between Broadway \$5,300, Boucher said, and and Ave I on E. Main St. is collections were up about to be repaired and the City plans on moving ahead on their tree trimming projects originally planned for

necessary.

30 yrs ago

great cattle ranches are still cil's decision Monday night men continue to ride in Gwendolyn Boren and Mrs. the legendary kingdoms of Maxine Marks, who are ing to surrender their place tee appointed by the Garza of honor in the Lone Star County Historical Survey urban counterpart. Once toric two-story structure at to complete in traditional contests in the fourth annuscheduled for August 17-18, at the Wichita County within hours yesterday af-Mounted Patrol Arena in ternoon to the appeal of Wichita Falls.

40 yrs ago

October. The Old Mill voted at its regular July Post's critical water shortroad will be marked with meeting Monday night to age. Uniformed Boy Scouts road signs that will include give a five-member com- of Troop 316 under the di-

it into the city area, though mittee 90 days time in which no address changes will be to 'do something' with the old Algerita Hotel property, which the council, at its May meeting, had decided should be demolished and The working cowboy and the site cleared. The coun-

50 yrs ago

Post citizens responded Mayor Harold Lucas to voluntarily halt all lawn watering and the watering of trees, flowers and shrubs The Post City Council in an all out effort to solve rection of Scoutmaster Jack Kennedy, yesterday afternoon delivered 2,000 copies of a Post Dispatch 'extra' on the water crisis door to door throughout the community. The dispatch volunteered to print the extra yesterday morning at an emergency meeting of the City Council on the water crisis.

Trailblazers Menu

For week of July 14th-18th

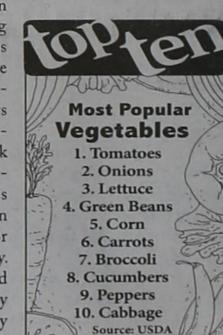
Chicken Monday: Tenders, Garlic Potatoes, Spinach, Pudding, Wheat Roll

Tuesday: Spaghetti/ Meat, Italian Veggies, Cottage Cheese/Peaches, Garlic Toast

Wednesday: Salmon Patties, Butter Beans, Potatoes, Fruit Salad, Roll

Thursday: Pot Roast, Creamy Potatoes, Broccoli/Cheese, Jello, Wheat Roll

Friday: Chicken Fajitas, Spanish Rice, Beans, Mexican Wedding Cake, Tortillas



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Clay Miller

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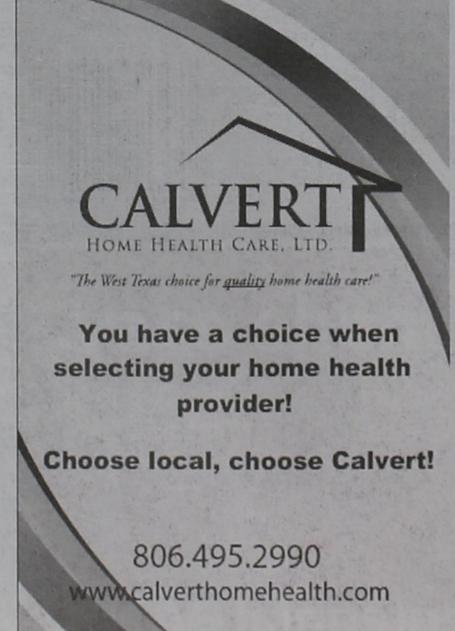
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Note: Please complete a BCEC employment application at www.bigcountry.coop (a resume may be attached to the completed application). Please forward to the Human Resources Department at Big Country Electric Cooperative/PO BOX 518/Roby, TX 79543-0518 or slomas@bigcountry.coop.

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810 West Main St.: 3 bdrms, 3.5 baths, 3-car garage, basement, PRICE REDUCED 1554 Cedar Hils Road: 3 bdrms, 2 bath, carport, on 5.77 Acres. PRICE REDUCED.

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Mobile Home Park, 514 Oak Street, space for 6 homes, income potential over \$33,000 annually

3 vacant lots: 422 N Ave F.

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NOTES From Page 1

New Art Exhibit

The OS Museum has opened a new exhibit titled "Magnificent Works of Art Gathered Around the World" featuring the wood artistry of John Christopher White. Viewing hours are 10 a.m. to noon and 1 to 5 p.m. Monday through Saturday at the museum located at 201 E. Main. The exhibit closes Sept. 27. For more information, call the office at 806-495-3570.

Flag Sales The Post Lions Club is renting American Flags during the seven major Flag days in 2014 for \$ 30 for their PHS Senior Scholarship fund. The Lions will put in a flag holder and put the flags out during the year. Contact any Lion or President Jason Porter, Vice-President Chuck Ratliff or Secretary/Treasurer Byron Garrison.

Pictures, stories needed Original pictures and family history and stories related to Graham Community are needed to prepare a community history book. Pictures will be scanned and sent back immediately to the return address provided. Please mail to Jane Mason, 109 Ridge Road, Post, Tx. 79356 or email to janemason301@yahoo.

GED classes Free instructional sessions for the GED test are 5 to 8 p.m. Tuesdays and Thursdays in Room 18 at Post High School. Call the school at 495-2770 for information. The Post Public Library website now offers lifelearning resources for GED test preparation, job search and workplace skills. Visit wtls.tsl. state.tx.us/pplib to register. For information, contact librarian Peggy Ashley at 990-2149.

Taxpayer clinic Students at the Texas Tech School of Law conduct free clinic for low-income taxpayers throughout the year to assist them with federal tax issues related to individual tax matters. Eligibility is determined by the federal poverty guidelines. For information or schedule an appointment, call Nancy Mojica at 806-834-7972 or 800-420-8037.

Veterans benefits Wartime veterans or surviving spouses may be entitled to monthly income from the U.S. Department of Veterans Affairs. For information, contact Marsha Mahurin at West Texas Senior Resources at 806-781-3901 or email marsha.mahurin@yahoo. com.

City Council The Post City Council meets at 6 p.m. the second Tuesday of the month in Council Chambers at City Hall, 105 E. Main St. For information, call 495-2811.

See NOTES, Page 8

Out and About in Close City

By Nancy Morris

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ES, Page 8

o register. For

Veggies,

would like to welcome the newest resident of Close City. Violet Jean Norman was born on July 1, 2014 to Steve and Mary Norman. She weighed 8 pounds and was 21 inches long. Congratulations Steve, Mary, and big brother Brock!

I hope everyone had a great Fourth of July weekend. Close City was a buzz with a lot of families getting together. Bunny Smith had all his brothers, sisters, nieces, and nephews here for the holiday. Some came as far as London, England and New York to be here.

Lois Childs and Jim and Nedra Ellis had a house full over the weekend. Lois' nephew Dennis Custer and his wife Dianne came all the way from Fort Collins, Colorado for a visit. Dennis and Dianne's daughter Amber and her fiancé Jason from Windsor, Colorado also came to visit. Their son Jordan and his wife Wyatt and son Kress, also from Windsor, Colorado came for a visit as well. Lois' grandson Tim Prather and wife Connie came from Lubbock to visit. Jim and Nedra's daughter in law Rhianna Ellis

and her kids TJ, Emilee, and Natalie also came from Lubbock. Their son Tad was away in Mississippi for his job. Their daughter Mandy Guerrero and husband Joe, along with their kids Raul, Abby, and Ally came in from Amarillo. They enjoyed food and a big fireworks display that you could see for miles.

Danny and Susan Gonzales also had a house full on the fourth. Their son Steve and his wife Flora, and son Stevie came in for the weekend. Tino and Linda Alaniz also were there and enjoyed food, visiting, and the fireworks.

The Wilke's also had a family together on the fourth. G.B. and Robbie's sister Lily and husband Jerry Wright came in from Lovington, New Mexico. Jerry and Lily's daughter Jenny and husband Efrain Gonzalez along with their kids Lexi and Jacob came in from Silverton. They enjoyed food and fireworks.

That is all the news I have! Remember, you can email me ncmorris@live.com or call me at (806) 239-0838 for any news you want to share. You can also look up Close City Community on Facebook and see everything that is happening out here.

The 501 Teaching is a Kick

uried somewhere inside me is a fifth-grade teacher, sometimes yearning to get out. World Cup soccer has invigorated that

> alternate personality. My husband doesn't know it, but lately he's been the make-believe student. Yes, that teacher in me has indeed been on the loose. It's why we had Belgian stew for supper last week -

shortly before the Belgians

made stew out of the USA.

Cuisine to physiognomy HANABA to national anthems, the teams playing in Brazil have MUNN presented opportunities WELCH to learn much about the soccer-playing world. That's

everywhere but the polar ice caps. If I really were a fifth-grade teacher rather than a wannabe, I'd use soccer to teach all sorts of geographical and cultural stuff.

For now, my dream is unrealistic. My soccerbased approach to teaching isn't keyed to the unyielding state-prescribed tests of knowledge and skills.

Besides, it's summer. No school.

Lastly, even kids who play soccer don't really want to watch the pros play long low-scoring matches.

All I can do is use my teaching techniques on my spouse. He likes watching long low-scoring soccer matches.

You've heard of soccer moms? He's a soccer husband.

But he doesn't know everything.

"Why do the French have roosters on their shirts?" he asked.

That question should have been an easy one for me, French major. I didn't have a clue.

Hint: Quote by Stevie Wonder

Cryptogram

The French word for "rooster" is "coq," I told him, stalling. Then I did the research and learned the rooster is a symbol for France and also for the French-speaking part of Belgium, also known as Wallonia. Who knew? I didn't.

Soon my student-spouse was hearing all about the French rooster connection from me, newly informed by Wikipedia that "gallus" was once the word of choice for a resident of Gaul (the old name for France) and also the word for "rooster."

I didn't push my luck. Beyond the explanation of the sports logo, I didn't tell him French roosters say "cocorico" - something I actually did already know. If only I'd had some fifth-graders on hand, we soon would all have been saving "cocorico," and we would have asked ourselves what roosters say in the Flemish-speaking part of Belgium. INTERNET PAUSE

It's "kukeleku" in Dutch and likely also in Flemish, since the two languages are essentially the same. That's a lot of learning from our original encounter with a soccer rooster, n'est-ce pas? Verdad? Is it not?

We digress. But so what? Years ago the American Red Cross taught me to teach swimming skills "from the known to the related unknown." Example: The student learns the prone glide first and then adds the kick. Digressing is a similar process. You just don't know where you're going next.

Various private schools promote offbeat learning methods. Why not one for digressive learning? Easily distracted students would excel. Teachers who don't like lesson plans could see what it's like to teach without one. Staying on task would be discouraged. Everyone would chase

Maybe there's a good reason I'm not really a teacher.



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Attention - Students and Parents: Call EARLY and schedule School Sports Physicals NOW ... don't wait until August!

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The Paperboy Complex thoughts; simple answers

T've thought of myself as an Independent for a couple of decades now. While I'm conservative on issues such as the Second Amendment and the economy, I'm more moderate on a variety of social

Politics is local, as they say. What I see around me has helped form

the way I view the country. I'm sure it's the same

way with most of you. At our core, I have this crazy notion that we

all want many of the same things. We want good schools, we want to feel safe, we want to help those less fortunate, we want what's best for our

When you boil it down to the basics, I think you'll find that party affiliation means less and less the more local you become.

At the same time, even in small towns we have BLACKBURN disagreements on the choices our elected officials make. But at least in a small town, you have the luxury of making an impact about how you feel. We're lucky enough to have access to local elected officials.

Billy David Ballew made a comment the other day during an interview in Memphis. I said something about apathy in small towns and he said it wasn't necessarily apathy, but a matter of time. He pointed out how busy we've become as a society. All the running around we do during the youth of our children consumes a huge amount of time.

Billy happens to be at a point in his life where he is able to volunteer time. And that he does. He busts his butt to make Memphis a better

We find people like Billy all over our communities don't we? Maybe they're involved civically or maybe they keep score at the ball field, but they do contribute to the community.

The point is, I have no clue on how Billy votes. And at the local level, our level, it doesn't really matter. What matters are the results.

If someone is willing to move into town and take a chance - make an investment - in our community, then party affiliation begins to mean very little to me. You know why? Because that person believes in small towns. They are sticking their neck out and providing a job or even jobs.

Every day I see incredible people and what I realize is these people - Democrats, Republicans, Independents - all want a better place to live. And more times than not, an agreement can be reached on how to arrive at a suitable outcome.

In Washington, Republicans try and make Democrats out to be America-hating fools trying to destroy the country. Democrats try and make Republicans out to be a bunch of old rich white guys that hate minorities and poor people. It's sad. But when you keep it local, you'll see that Democrat as a pretty good arned?

coach who happens to be awesome in church choir.

You'll see that Republican as someone delivering meals on wheels who volunteers to pick up trash on the highway.

The ridiculous labels thrown around are becoming tired. I know what some of you are thinking. Just a couple of weeks ago,

this guy was throwing Obama under the bus.

Well, you're right. I accused the president of lying to the country. Then I came home, loved on my black nieces and fixed dinner for r family

Life is complex. How someone arrives at an opinion is complex. But when you keep it local, you can find much more that binds us than tears us apart.

Chris Blackburn serves as CEO at Blackburn Media Group, proud owner of Red River Sun, The Floyd County Hesperian-Beacon, The Knox County News-Courier, The Post Dispatch and The Stonewall Courier. He can be reached by email at chris@blackburnmediagroup.com and you can follow him on Twitter @

4-H shooters win at District



Joby Fogerson and Kelson Lee take a moment to relax during the District 2 4-H Shoot, which covers 10 counties in the Texas Panhandle area. These two were the youngest representing Garza County. Fogerson took high overall average in the junior division. Photo by Cristi Lee

POST - For the first time ever, Garza County 4-H

shooters brought home all four award buckles for High Overall Average in the District 2 competition held re-"We are proud of all of our shooters," said Cristi Lee

"They have put in a lot of practice and hard work." The following participants placed in the top three of

their age group:



Representing Garza County at the District 2 4-H Shoot held recently were (front row from left to right) Hunter Branam, Noah Branam, John Micheal Record, Kelson Lee, Joby Fogerson; (back row from left to right) Grant Garvin, Zeb Graves, Landon Greer, Lucus Record, Dalton Stokes, Hunter Graves, Tucker Lee, Dallyn Fogerson.



In a "first time ever" accomplishment, four Garza County 4-H members swept the High Overall Average at the recent competition shoot. Pictured are (from left to right) Joby Fogerson, Dalton Stokes, Grant Garvin, Zeb Graves.

Photo by Cristi Lee

Junior - Joby Fogerson - Trap second place, Skeet second place, 5 Stand first place, High Overall

Intermediate- Dalton Stokes- Trap first place, Skeet third place, 5 Stand first place, High Overall

Senior 1- Grant Garvin- Trap second place, Skeet first place, High Overall

Senior 2- Zeb Graves- Trap third place, Skeet first place, High Overall

Rotary News



Alejo Rodriguez spoke at a recent Post Rotary Club meeting about his experience at Camp Ryla, held in Capitan, NM. Each year, the **Rotary Club sends** two Post High School students. Rodriguez told club members about his appreciation of how the camp molds oung adults. He said he plans on taking what he learned and apply it to his everyday

Photo by Kent Mahoney

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Church Directory

Assembly of God

Bethel Assembly of God (Bi-Lingual)- 407 May street Lifeline Church- 108 N. Broadway

Baptist

Calvary Baptist Church- 210 E. 6th Street, 990-2342 First Baptist Church, Post- 402 W. Main Street, 495-3554 First Baptist Church, Wilson- 806--628-6333 Grace Baptist Church- 820 N. Avenue S- 990-3497 Justiceburg Baptist Church- Justiceburg Pleasant Home Baptist Church- E. 14th & N Ave F Southland Baptist Church- Southland Temple Bautista- 315 W. Main

Trinity Baptist Church- 915 N. Ave O, 990-3038

Holy Cross Catholic Church- Ave K and Main Street- 495-2791

Graham Chapel Church of Christ-15th & Ave S

Catholic **Church of Christ** Church of Christ- 108 N. Ave M 495-2326 Church of God

Church of God of Prophecy- 602 W. 14th, 495-3644 Power House Church of God and Christ, Pine Avenue

Disciples of Christ First Christian Church- 812 W. 13th, 495-3716

Evangelical Methodist

Faith Chapel- 1105 Green Street, Wilson (806) 628-0018 Methodist

First United Methodist Church- 216 W. 10th, 990-2942 Graham Chapel United Methodist Church (Pastor: John Hedrick) - 611 FM #1313 806-549-1400

Nazarene

Post Church of Nazarene- (Pastor: Charles Gibson) 202 W. 10th, 495-3044 Grassland Church of Nazarene- 327-5656

Presbyterian

First Presbyterian Church- 910 W. 10th, 495-2135 Nondenominational Family Harvest Church- (806) 495-1400

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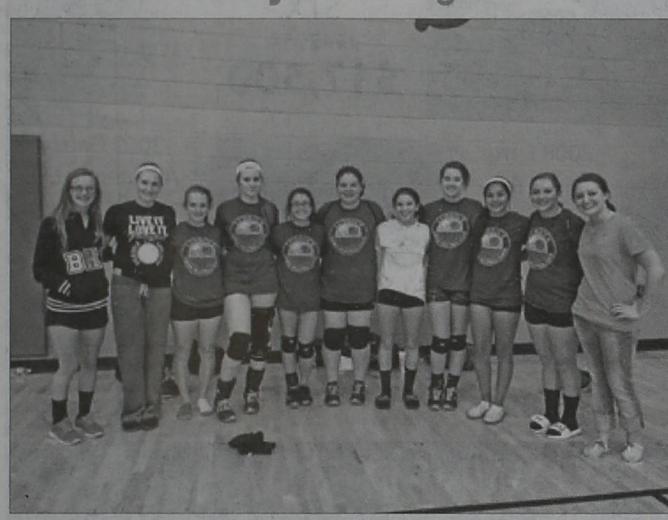
to by Kent Mahoney

Summer Softball League



Post High School students participated in a summer softball league in Abernaty. Pictured are (left to right) coach Kari Dunn, Kelby Tidwell, Kally Comeaux, Callie Odom, Rebecca Taylor, Lauren Lynch, Kelbie Oden, Morgan Lynch, Quincey Quintana, Chelby Morris and coach Kayla Comeaux.

Summer Volleyball League



Post High School athletes participated in the Lubbock Cooper Summer Volleyball League. Pictured are (from left to right) Kelby Tidwell, Kelbie Oden, Baylea Pittman, Kortnee McKee, Anahica Duran, Rebecca Taylor, Maggie Shelton, Lauren Record, Yvette Armendariz, Kally Comeaux and coach Kayla Comeaux.

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Fishing Report

Alan Henry

Water stained; 75-83 degrees; 16.33' low. Black bass are fair to good on topwaters, shallow running crankbaits and Texas rigs. Crappie are good on live minnows and jigs over brush piles. Catfish are good on nightcrawlers and cut bait.

Arrowhead

Water off color; 75-83 degrees; 18.72' low, one ramp open and few anglers have been on the lake.

Brownwood

Water clear upper end, stained lower end; 81-85 degrees; 11.15' low. Black bass are good on craw and shad colored crankbaits around docks in 3-10 feet, and on green pumpkin and redbug soft plastic worms in 8-15 feet. White bass are good on small spinnerbaits, crankbaits, and tube jigs off lighted docks at night in 8-15 feet. Crappie are good on minnows and white or shad Li'l Fishies in 10-18 feet. Channel catfish are good on cheesebait and cut shad over baited holes. Blue catfish are good on prepared bait in 5-10 feet. Yellow catfish are good on trotlines baited with perch, shrimp, and goldfish in 3-10 feet.

Coleman

Water clear; 77-81 degrees; 17.57' low. Black bass are good on watermelon Rat-L-Traps and spinnerbaits. Hybrid striper are fair on live shad near the park. Crappie are fair on minnows and white tube jigs at night. Channel catfish are good on trotlines baited with live bait. Yellow catfish are slow.

Colorado City

20.98' low. No report available.

Ft. Phantom Hill

Water clear; 74–82 degrees; 14.51 low. Black bass are fair on Zara Spooks, Rat-L-Traps and Texas rigs. Crappie are fair to good on live minnows. Catfish are fair on nightcrawlers.

Greenbelt

43.76 low. No report available Hubbard Creek

Water off color; 75-84 degrees; 26.68 low. Black bass are good on shakyheads, jigs, Texas rigs and spinnerbaits. Crappie are good on minnows and jigs over deep cover. Catfish are good on nightcrawlers and cut bait.

MacKenzie

89.13' low. No report available. Meredith

83.60' low. No report available.

Nasworthy No report available.

O.H. Ivie

Water stained; 76-84 degrees; 37.96 low. Black bass are good on Yellow Magics, Texas rigs, jigs and medium swimbaits. Crappie are fair to good on minnows and jigs shallow. Oak Creek

Water stained; 75-83 degrees; 22.70' low. Black bass are fair to good on Carolina rigs, Texas rigs, jigs and chatterbaits. Crappie are fair to good on live minnows. Catfish are fair to good on chartreuse (use Worn-Glo) nightcrawlers.

Palo Duro

52.98' low. No report available.

Possum Kingdom

Water fairly clear; 74-81 degrees; 15.15' low. Black bass are fair to good on drop shot rigs, Carolina rigs, Texas rigs and D22s. Crappie are good on minnows and jigs. White bass are fair to good on Humdingers. Striped bass are fair on live shad. Catfish are fair to good on nightcrawlers.

Spence

73.09' low. No report available. Stampford

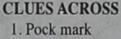
16.36' low. No report available. Sweetwater

Water murky; 75–82 degrees; 25.69 low. Black bass are fair to good on flukes and Texas rigs. Crappie are fair on live minnows. Catfish are fair to good on prepared bait.

White River

Water stained; 74-82 degrees; 31.78 low. No report available.

Puzzle of the Week



- 5. Yes, yes (span.) 9. Cas___: winter melons
- 13. Inter__: intervening period 14. Moses' elder brother
- 15. ___date: confirm 16. Assist in wrongdoing
- 17. Pilfer (slang)
- 18. Ardor
- 19. __, vidi, vici
- 20. ___ian ___: Window coverings
- 22. Zilch
- 23. _ Dhabi, Arabian capital
- 24. A marching procession 27. Winters, opposite 31. Academy of Recording
- Arts and Sciences
- 32. Cause to lose courage
- 34. Paper bag 36. Insecticide
- 37. Relative biological ef-
- fectiveness (abbr.) 38. Volume equal to 2 butts
- 39. Sew up a hawk's eyelids
- 41. Elastance unit 43. Stalk of a moss capsule
- 44. Inanely foolish
- 46. About vision
- 48. Petersen film "____ Boot"
- 49. Saddle horse
- 50. New Haven school
- 57. Tempo
- 58. Skin lesions 59. Thought
- 60. Minerals 61. Electronic intelligence
- 62. A beloved person
- 63. Totals
- 64. Cheap lodging (Br.
- slang) 65. Sidhartha author H_

CLUES DOWN 1. One of an eastern Euro-

- pean people 2. Solid with 6 equal
- square faces 3. Arabian Gulf
- 4. To sprout (Spanish) 5. Yemen capital
- 6. Former Shah's country 7. ___et: fruit juice ice
- 8. Ignite

© Feature Exchange

- 9. Streets
- 10. Without hair 11. Unfortunately
- 12. Violate a law of God
- 14. Digressions 21. Big Blue
- 24. Launching platforms

25. Heron genus 26. Charges per unit

CROSSWORD PUZZLE

POST DISPATCH

- 27. A type of fencing sword
- 28. Epic___n: gourmet
- 29. Honey badger
- 30. Roman shields
- 33. Vaccinium or __
- 35. Burl in wood
- 40. Without hat 41. No longer in use
- 42. A dense growth of trees
- 43. Lessen
- 45. No (Scottish)

PUZZLE SOLUTION

47. Automobile

49. Genus geum

51. Breezed through

53. Fleur-de-lis flower

56. Agile, lively

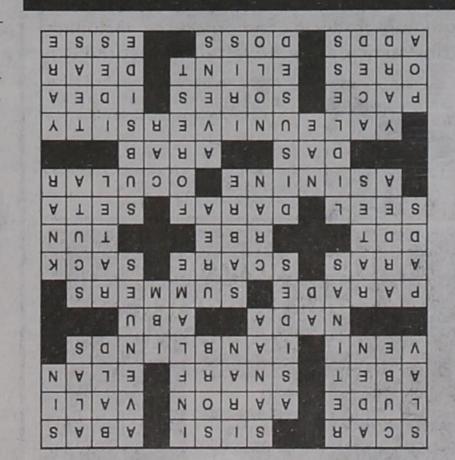
57. Blue grass genus

54. Famous March date

55. Orange pekoe or green

52. __ contendere, plead no

50. 36 inches



Crop insurance to provide better protection

Astheprocessofimplementing the new farm bill moves ahead, Agriculture Secretary Tom Vilsack has announced changes to crop insurance programs to provide better protection from weather disaster, market volatility and other risk factors to ensure farmers aren't wiped out by events beyond their control.

Vilsack also announced new support for beginning farmers that will make crop insurance more affordable and provide greater support when new farmers experience substantial losses. The announcements build on other recent USDA efforts to support beginning farmers.

to the ongoing success of provisions, "provide better today's farmers and ranchers options for beginning farmers, and our agriculture economy. allow producers to have These improvements provide enterprise units for irrigated additional flexibility to ensure and non-irrigated crops, give families do not lose everything farmers and ranchers the ability due to events beyond their to purchase different levels of control," said Vilsack.

"We're also providing more support to beginning farmers and ranchers so that they can manage their risk effectively. We need to not only encourage new farmers to get into agriculture; we must ensure they're not wiped out in their riskiest initial seasons so they can remain in agriculture for years to come.

According to USDA, the "Crop insurance is critical changes in crop insurance

practices, provide guidance on conservation compliance, implement protections for native sod and provide adjustments to historical yields following significant disasters."

The changes also exempt

catastrophic policies. New farmers' premium support rates will also increase ten percentage points during their first five years of farming.

More information is available coverage for a variety of irrigation new farmers from paying the on the RMA website at www.usda.gov/farmbill.

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\$300 administrative fee for www.rma.usda.gov. Written comments on the rule can be submitted to www.regulations. gov by Sept. 2, 2014. All comments will be considered when the rule is made final.

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Local Talent



Kathy Whitten and David Mitchell sang a duet or two at the Post Annual 4th of July Celebration last weekend. Whitten is a local talent from Post and performs all around the Lubbock and Panhandle region with the Cadillac Jack Band.

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46K Miles, #14521A.....

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4x4, Diesel, 46K, #14520A

2011 GMC 1500 Crew 4x4 Leather, All Terrain, #14337B

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2009 Chevy

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\$32,850

WEST NILE From Page 1

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Regularly drain standing water, including water collecting in empty cans, tires, buckets, clogged rain gutters and saucers under potted plants. Mosquitoes that spread West Nile virus breed in stagnant water.

Wear long sleeves and pants at dawn and dusk when mosquitoes are most

Use air conditioning or make sure there are screens on all doors and windows to keep mosquitoes from entering the home.

Symptoms of the milder form of illness, West Nile fever, can include headache, fever, muscle and joint aches, nausea and fatigue. People with West Nile fever typically recover on their own, although symptoms may last for several weeks. Symptoms of the more serious form of illness, West Nile neuroinvasive disease, can include those of West Nile fever plus neck stiffness, stupor, disorientation, coma, tremors, convulsions, muscle weakness and paralysis. Up to 80 percent of people infected with the virus will have no symptoms. There are no medications to treat or vaccines to prevent West Nile virus infection. People over 50 years old and those with other health issues are at a higher risk of becoming seriously ill or dying when they become infected with the virus. If people have symptoms and suspect West Nile virus infection, they should contact their healthcare provider.

For current case counts, visit: www.dshs.state.tx.us/ news/updates.shtm. disease background and more information, go to: www.dshs.state.tx.us/idcu/ disease/arboviral/west-Nile/.

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Post Dispatch Weather Summary

Post's Seven Day Forecast

Monday

Mostly Sunny

99 / 71



Friday

Sunny

94/70



Saturday

Sunny

94/68



Sunday

Sunny

96/69







Tuesday Wednesday Mostly Sunny Partly Cloudy 94/68 98 / 68

Thursday Mostly Cloudy

91/69

Local UV Index

0-2: Low, 3-5: Moderate, 6-7: High, 8-10: Very High, 11+ Extreme Exposure

Weather Trivia

What location in the United States is the hottest, driest and lowest in elevation?

Answer: Death Valley, California.

Weather History

July 11, 1987 - Early morning thunderstorms produced wind gusts to 90 mph at Parkston, S.D. and wind gusts to 87 mph at Buffalo, Minn. Later in the day, strong thunderstorm winds at Howard, Wis. collapsed a circus tent, injuring 44 people,

July 12, 1951 - Flooding in the Midwest claimed 41 lives, left 200 thousand persons homeless, and caused a billion dollars property damage. Kansas City was hardest hit. The central industrial district sustained 870 million dollars in property damage.

Detailed Local Forecast

Today we will see sunny skies with a high temperature of 94°, humidity of 33%. South wind 10 to 20 mph. The record high temperature for today is 105° set in 1970. Expect mostly clear skies tonight with an overnight low of 70°. South southwest wind 10 to 15 mph. The record low for tonight is 62° set in 1999. Saturday, skies will be sunny with a high temperature of 94°, humidity of 31%. South wind 10 to 15 mph. Skies will be mostly clear Saturday night with an overnight low of 68°. South wind 10 to 15 mph.

Peak Fishing/Hunting Times This Week



		Peak	Times	Peak Times			
	Day	AM	PM	Day	. AM	PM	
	Fri	11:30-1:30	11:00-1:00	Tue	2:26-4:26	2:56-4:56	
	Sat		11:31-1:31	Wed	3:20-5:20	3:50-5:50	
,	Sun	12:31-2:31	1:01-3:01	Thu	4:12-6:12	4:42-6:42	
3	Mon	1:30-3:30	2:00-4:00	www.WhatsOurWeather.com			

			Sun/M	oon Chart	This Weel	k		
		Day	Sunrise	Sunset	Moonrise	Moonset		
Full	313	Fri	6:45 a.m.	8:56 p.m.	8:12 p.m.	5:57 a.m.		New
7/12	3/3	Sat	6:46 a.m.	8:56 p.m.	9:06 p.m.	7:03 a.m.		7/26
an de	5	Sun	6:46 a.m.	8:56 p.m.	9:54 p.m.	8:12 a.m.		
	-	Mon	6:47 a.m.	8:55 p.m.	10:39 p.m.	9:22 a.m.	-	
Last	(a)	Tue	6:47 a.m.	8:55 p.m.	11:20 p.m.	10:31 a.m.	A	First
Last 7/18	1 7	Wed	6:48 a.m.	8:54 p.m.	12:00 a.m.	11:37 a.m.	3	8/3

3	Thu	6:49 a.m.	8:54 p.m.		Rise 12:4	42 p.m.	2	8/3	
	Last	Week's Al	manac & (Growi	ng Degre	e Days			
gh	Low	Normals	Precip	Farmer's Growing Degree Days					
8	66	91/67	0.15"	Date Degree Days		Date	Date Degree Days		
9	63	92/67	1.93"	7/1	27	7/5	29		
0	65	92/67	0.08"	7/2	- 21	7/6	29		
9	66	92/67	0.00"	7/3	22	7/7	30		

28

Growing degree days are calculated by taking the average temperature

is Good!

for the day and subtracting the base temperature (50 degrees) from the 7/7 92 92/67 0.00" 67 average to assess how many growing days are attained. Hudman Furniture Syour Credit

92/67

92/67

0.00"

0.00"

67

Public Announcement

Date

7/1

7/2

7/3

7/4

7/5

7/6

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Hig

91

90

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF WIL-LIAM G. POOL, Jr., Cause #2003 Notice to all persons is hereby given that the original letters of Testamentary upon the estate of WILLIAM G. POOL, Jr. deceased, were issued to the undersigned 2nd day of July, 2014, in the proceeding indicated below my signature hereto, which is still pending, and that I now hold such letter. All persons having claims against said estate, which is being administered, in Garza County, are hereby required to present the same at the address below given, before suit upon same are barred by the general statutes of limitation, before such estate is closed and within the time required by law to my attorney Preston L. Poole, Jr., at P.O. Box 296, Post, Texas 79356 or myself, Alice Joy Scott Pool, 1009Camden Circle, Post, Texas 79356.

Alice Joy Scott Pool, Independent Executrix. Dated 2 July 2014

DPS Trooper Seizes 13 Pounds of Meth

AMARILLO-The Texas Department of Public Safety (DPS) conducted a traffic stop Friday on IH-40, yielding over 13 pounds of methamphetamine valued at over \$470,000.

At approximately 5:06 p.m., a DPS trooper conducted a traffic stop on a 2008 Ford Escape traveling eastbound on IH-40, for a traffic violation, near Conway in Carson County.

The occupants of the Escape were identified as Juan Carrillo, 50, of Chandler, Ariz., and Daisey Carrillo, 53, of Nogales, Ariz. During the traffic stop, the trooper discovered 10 bundles of methamphetamine in the vehicle.

The Carrillo's were placed under arrest for possession of a controlled substance, a first-degree felony, and booked into the Carson County Jail. The illegal drugs were allegedly being transported from Phoenix to Oklahoma City.

Nancy's Notions Sleep -- too little? too much?

ave you are wondered why children often seem sleepy? Recently released research L sheds light on emerging and evolving changes in our culture.

Sleep seems to be a perennial concern for parents as sleep plays a complicated role in development. According to Child Trends, the benefits of adequate sleep are evident in both physical and mental health. Many communities have debated the merits of

moving to later school start-times to better accommodate the typical sleep patterns of adolescents in particular. The recent release of new data from an ongoing federallysponsored survey prompts a closer. look at what we know about this topic.

Most children are getting adequate sleep. For infants, around 13 hours per day is average; a typical school-age child sleeps around 10 hours per night, and teens about MCDONALD nine. There is no consistent evidence that children or adolescents

are getting less sleep now than in the past, in fact, adolescents and young adults report somewhat more hours of sleep now than they did a decade ago. Remarkably, there is no scientific consensus on the specific amount of sleep children (or adults) need.

Sleepiness can be a warning sign. Both the duration and quality of sleep are associated with children's health and behavior, including their school achievement, risk for injury, emotional well-being, and overall health. There is good evidence that sleepiness puts children and youth at risk for unintentional injuries and, for adolescents who are drivers, increases likelihood of motor vehicle crashes. Young people, ages 16 to 29, are most likely to be in crashes where the driver falls asleep.

The relationship between short sleep duration and overweight is controversial. Children who are overweight tend to sleep less, and vice versa. Multiple studies report a significant association, especially for boys, and for children younger than five. There is sufficient evidence for a number of researchers to recommend that we look seriously at improving sleep as a strategy for preventing obesity.

Use of electronic media, particularly in the bedroom, can lead to poor-quality sleep. Children's use of cell phones, tablets, computers, and TV close to bedtime, and especially having such media in their bedroom, is associated with poor-quality sleep. There may be multiple factors underlying this relationship: the stimulating nature of some media, the displacement by electronic media of time for physical activity, and others.

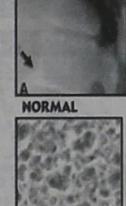
Adolescents may benefit from later school starttimes. In adolescence, normal shifts in their biological clock result in a later-to-bed, later-to-rise pattern. Early school start-times, job responsibilities, or extracurricular activities can conflict with this natural pattern, leading to sleep deficits and poor academic performance. Teens often use weekends to catch up on sleep. For example, the average high school student gets 8.6 hours a night on school days, but 10.9 hours a night on weekends. Twenty to sixty percent of adolescents report daytime sleepiness. Setting later school start-times for adolescents is a promising strategy that has gained the endorsement of a number of scientists. Preliminary evidence shows that later starting times are associated with students' improved attendance, discipline, alertness, mood, and health.

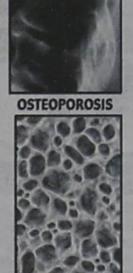
Source: childtrends.org

What is your bone density?

Some risk factors:

- Menopause before age 48
- · Not getting enough calcium Not getting enough exercise
- Osteoporosis in your family
- Alcohol abuse
- Hyperthyroidism Surgery to remove ovaries
- before menopause Smoking
- Thin body or small bone
- Fair skin (Caucasian or Asian decent)
- Long-term use of oral steroids





Osteoporosis is a disease that causes bones to become more fragile and more likely to break.

A Bone Density Test

is performed to determine if you have osteoporosis or if you are at risk for developing the disease.

Talk to your doctor about scheduling your bone scan today at Lynn County Hospital District.

LCHD radiology can also send reports to your requested referring physician.

For more information please call:



LCHD Radiology 806-998-4533 x291

Lynn County Hospital District • 2600 Lockwood, Tahoka

NOTES From Page 2

County Commission

The Garza County Commission meets at 9 a.m. the second and fourth Mondays of the month in Commission Chambers at the Garza County Courthouse, 300 W. Main St. For information, call 495-

4430.

School board The Post ISD Board of

Trustees meets at 6:30 p.m. the second Tuesdays of the month in the conference room at the Administrative Offices, 501 S. Ave. K. For information, call 495-3343.

School board The Southland ISD Board of Trustees meets at 7

p.m. on the second Monday of the month in the board office at the school campus. For more information, call 806-996-5339.

School board

The Borden County ISD Board of Trustees meets at 7 p.m. on the third Monday of the month in the board office at the school campus. For more information, call 806-756-4313.

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Service Times

Sunday 10:00 a.m. Wednesday Prayer 7:00 p.m. (806) 495-1400

Pastor Joey & Kathy Hamlin



Cardinal Babies I saw my first female cardinal

baby of the season. While baby females look similar to adults, it is easy to tell who the parent is and who the baby is. One difference is babies have a black beak. Also, they are so new and fresh and bright-eyed. I love watching birds!

> E-mail: birdingbits@cfl.rr.com © 2014 King Features Syndicate, Inc.

Family Harvest Church