

**WEATHER**

September 24	85	56	.85
September 25	78	44	.00
September 26	79	47	.00
September 27	81	44	.00

# BAILEY COUNTY JOURNAL



*'The Community Of Opportunity-Where Water Makes the Difference'*

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**20°**

Sunday, September 28, 1986

**AROUND MULESHOE**

Bailey County Commissioners Court will meet in Special Session in the Bailey County Courthouse at 10 a.m. on Tuesday, September 30.

According to Bailey County Judge Gordon H. Green, items on the agenda include payment of routine county bills; review of departmental reports and miscellaneous items.

The Sandhills Arts and Crafts Show, which is sponsored by the Olton Chapter of Young Homemakers, will be held on Saturday, November 29, at the Olton School cafeteria.

Any interested exhibitors may request an application by contacting Dona Kelley, Box 759, Olton, TX 79064. Phone (806) 285-3305 or Pam Roberson, (806) 258-7728. Limited 8x10 spaces are available for \$30.

Capt. L.A. Rinehart, District Supervisor of the Lubbock Highway Patrol District comprising 21 counties said, "For the month of August, our troopers investigated two fatal accidents, 58 personal injury accidents and 68 property damage accidents in the district.

Sgt. Charlie Simmons of Plainview said none of the fatal accidents was in Bailey County for the month, in fact, DPS troopers investigated no accidents in the county for August.

**School Sets Parenting Workshop**

In conjunction with the school district's discipline management plan, Muleshoe ISD will be sponsoring a parenting workshop on Tuesday, October 7 from 8-9 p.m. in the Muleshoe High School auditorium. From 6-8 p.m., Lee Canter's Assertive Discipline Program will be presented. One of the teachers from Muleshoe Gayle Fuller, will coordinate a program presenting several aspects of the assertiveness plan for use at home and at school. Mrs. Fuller received her training this last summer while attending a training workshop in Chicago.

The Assertive Discipline program has received national recognition on the Today Show, Hour Magazine, The Merv Griffin Show, and in articles in U.S. News and World Report, News Week and Better Homes and Gardens, said Muleshoe ISD officials. Over 300,000 parents and educators have attended Assertive Discipline Workshops Nationwide.

At the Assertive Discipline Workshop all parents, married or single, will learn a proven step-by-step approach to handle

Con't Page 10, Col. 1



**LEADING THE WAY**--Todd Bessire, No. 33, who made two touchdowns in Friday night's action against the Springlake-Earth Wolverines, also proved to be quite adept on the defensive end of the game, too. Here, he is leading the way for Armando Del Toro, No. 42, who is carrying the ball in the right of the picture.

**Muleshoe's Mules Continue To Roll**

It was a near perfect night for football, and the Muleshoe Mules made is a 4-0 season when they traveled to neighboring school, Springlake-Earth Friday night.

Taking advantage of S-E miscues and interceptions, the Mules waltzed away from the game with a 40-16 victory over the Wolverines.

Although the Wolverines took the initial kickoff, they failed to move the ball and the Mules took over. With :41 seconds left in the first quarter, a Mule scoring threat ended with a fumble on the Wolverines one yard line, and the first quarter ended scoreless for both teams.

Taking advantage of a Wolverine fumble at 11:05 of the second, following some three plays, Armando Del Toro slammed over from the two for the Mules first TD with 8:09 left to play. Greg Young, who was injured while attempting the PAT failed to make good, leaving the score at 6-0.

The Wolverines' QB Kyle Jones attempted a pass at 6:43 of the second, which was intercepted by Michael Angeley.

Todd Bessire broke through and added the second TD for the Mules on a 40-yard scramble downfield. Mule quarterback Johnny Garcia attempted to run the extra points and failed in his effort, leaving the score at 12-0.

Lance King intercepted a Jones pass at 4:12 of the second.

At 2:17 of the second, Garcia

found Edward Olivarez in the end zone, and a five yard pass added another six for the Mules. An attempted two point conversion from Garcia to Jerry Mendoza failed.

With just :54 seconds left to play in the first half, S-E QB Kyle Jones lobbed a 21-yard TD pass to Springlake-Earth speedster, Jerry Spencer. Then Jones connected with Jerry Spencer for a two point conversion.

The Mules added two more touchdowns following halftime activities.

In the first one, Bessire again broke free with 10:13 left to play and raced for 35 yards. A two point conversion from Garcia to Michael Angeley boosted the score by another two points.

The S-E Wolverines answered back with 6:06 left in the third when Jerry Spencer powered through for an eight yard run, and also ran the two point conversion that ended Springlake-Earth's scoring for the game.

But, the Mules were not through. Again in the third quarter, Michael Dunham added six when he plunged over from the four. He then ran a two point conversion.

Going into the fourth and final quarter, the Mules were leading the Wolverines by a 34-16 score.

The Wolverines dug in the fourth and brought up a sound defense to keep the Mules out of the end zone.

Both teams were scoreless in

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**WATSON JUNIOR HIGH CHEERLEADERS**--This group of young ladies were chosen to lead the spirit for 1986-87 at Watson Junior High School. They are from left, seated to the tip of the pyramid, Tiffany Angeley, daughter of Mr. and Mrs. R.D. Angeley; Latavia Copley, daughter of Mr. and Mrs. Randall Copley; (top) Erin Kelley, daughter of Mr. and Mrs. Danny Kelley; Jamie Kelton, daughter of D.J. Koenig and Carroll Kelton; Monica Pacheco, daughter of Mr. and Mrs. Louie Pacheco. In the center, Mule Mascot is Monica Swint, daughter of Kay Swint. Cheerleader sponsor is Barbara Meuschler.

**Westworld CEO Says Hospital Not Closing**

**Dunn Remaining Positive About Future Of Facility**

**Girl Scouts Registering For New Year**

Registration for Girl Scouts will be at 7 p.m., tomorrow, Monday, at the Mary DeShazo School cafeteria. Girls, ages five through 17, may join the Scouting Program, and volunteers will be signed up at the same time. Women who live on farms are encouraged to sign up as volunteers. For farm women, meetings may be held in your home or the Girl Scout Little House.

Sign-up will begin at 7 p.m. Monday, followed by a short program at 7:30 p.m. Martha Couch, Field Service Director, of Plainview, will be in Muleshoe to present the program assisted by present and former Girl Scout Leaders.

Leaders are especially needed for the Daiseys, who are kindergarten age Scouts; also for Brownies and for Junior Girl Scouts.

Presently there are two Brownie troops and One Junior Girl Scout Troop, however, a new Junior Girl Scout Troop will begin next week.

"Working with these girls is an interesting and rewarding experience," said Nelda Merriott. "Just come out Monday and listen to some former Girl Scout leaders tell about how it was 15 or 20 years ago in Muleshoe - back when so many women and girls were involved and Girl Scout Jamborees were held here."

"Maybe you could give one or two hours a week to leading a Girl Scout Troop. We need you. Maybe your family is raised you'd like to help the Girl Scout now. We need you. Maybe you have no former experience in Girl Scouts, We need you. Maybe you do not have daughters. We need you."

Maybe you could be the Cookie Chairman - maybe you could assist with transportation or phoning - maybe you'd like to help with a camping excursion or other field trip - maybe you could share a craft or hobby. We need each of you," she concluded.

**Heart Treasure**

**Chest Balloon**

**Launch Held**

Kindergartners from Dillman Elementary School in Muleshoe were among hundreds of school students who have hands above their heads, eyes skyward and faces smiling, as they released thousands of brightly colored balloons into the Texas sky on Tuesday, September 23.

Releasing balloons was the high point of a 15-minute heart-health lesson which was taught simultaneously (9:45-10 a.m.) in schools across the state. The lesson included basic concepts about the heart and blood vessel system, heart songs and releasing of the balloons, with students pledging to care for their hearts.

These activities celebrated the kick off of the American Heart Association's statewide distribution of the Heart Treasure Chest Day in Texas.

Heart Association volunteers will deliver 3,300 Heart Treasure Chests this fall to every accredited public and private elementary school with a kindergarten program. The Heart Treasure Chest is a tested and award-winning, hands-on teaching tool by volunteers of the American Heart Association in Texas.

According to the American Heart Association, heart and blood vessel diseases are progressive in nature, originating in childhood. The Heart Treasure Chest fights heart disease before it starts.

Wednesday morning, during a more than one hour meeting with Mike Dunn, chairman of the board of Westworld Community Healthcare, Inc., of Lake Forest, CA, the chairman emphasized over and over, "West Plains Medical Center will not close. There are absolutely no plans to close the hospital, or any part of the operation."

Dunn very candidly spoke of financial problems which have plagued Westworld Community Healthcare, Inc. for the past several months, but made an announcement in the Thursday, Muleshoe Journal, that Westworld had just received a \$50 million line of credit from three California banks to ease the financial problems.

While discussing the many 'lay-offs' of employees, including the nursing staff, Dunn said the hospital could not continue to operate with as many employees in the past due to less revenues. However, he did say that for the first time in the nearly two years Westworld has operated West Plains Medical Center, the month of August saw the collections for the hospital equalling the expenditures, or expenses.

Dunn also said Westworld is currently recruiting doctors, including a surgeon, for West Plains Medical Center. Due to pending litigation with three local doctors whose contracts and guarantees were cancelled with Westworld, he did not discuss the pending cases which were moved to federal court in Lubbock. Dunn did say that on future doctors moving to Muleshoe, any guarantee will be on a very limited, or temporary basis until the doctor is moved and settled in the community.

He said he was very pleased that the Muleshoe Nursing Home had been inspected and re-certified to accept Medicaid patients, and said several patients who have been moved to area nursing homes two years ago, have returned to the diets nursing home in Muleshoe.

The chairman also discussed problems with nurse staffing for the acute care, or inpatient hospital. Although he said Medicare had conducted an inspection, the only problems they cited were in the nursing for the hospital. "We have that problem worked out, and are asking for a re-inspection," added Dunn. "We were cited

by Medicare only for a shortage in nurse staffing, and our quality assurance people have that problem all worked out."

After making an inspection of the entire facility, Dunn concurred with the decision to turn the ambulance service back to the county, and subsidize the county by providing the ambulances, building and office space, and utilities for the ambulance service.

Also, there are no plans to

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**State Bank Will Host Health Meets**

"Muleshoe State Bank is pleased to announce a joint venture with the local medical community of Muleshoe to host a series of health and well-being seminars," announced Bob Finney, MSB president.

"We will have some outstanding people in the medical field to speak on a range of subjects from Heart Diseases to Farm Chemicals," he added.

Finney said the first seminar will be held at the Muleshoe Bailey County Civic Center at 7 p.m. on October 6. The topic will be 'Alzheimer's Disease,' with Dr. Tom Hutton of the Department of Neurology from Texas Tech University.

He stressed that the seminars are open to the public at no charge, but did ask that you pre-register as the seminars are limited to 60 people. Call Jackie Scoggin or Charlotte Welch no later than Friday, October 3 to register.

"This is another new idea from Muleshoe State Bank and the local medical community," added Finney. "These professionals are being sought by our medical staff to bring you some of the finest experiences in their fields. We believe everyone in the community has the ability to benefit from this project, and believe the community will be interested in attending many of the free seminars."

Upcoming seminars will deal with Osteoporosis, Arthritis, Heart Disease, Diabetes, Stress, Hypertension, Mental Health, Allergies, Farm Chemicals and Cancer.



**THEY'RE AIRBORNE**--Tuesday morning, several hundred brightly colored balloons were launched from the playground area of Dillman Elementary School to boost the Heart Treasure Chest Day in Texas. The launch followed a session on learning basic concepts about the heart and blood vessel system.





MR. AND MRS. WILLIAM TODD ALLISON  
(nee Jacqueline Ann Schwertner)

## Afternoon Ceremony Unites Miss Schwertner, Allison

Miss Jacqueline Ann Schwertner became the bride of William Todd Allison at 2 p.m. Saturday, Sept. 6 in the Holy Trinity Catholic Church. The Rev. Gideon Stram read the double ring vows.

Parents of the couple are Mr. and Mrs. F.B. Schwertner, Jr. of Jarrell, Rosemary Allison Kubian of Round Rock and John Allison of Muleshoe.

Jean Buchhorn sang "You Light Up My Life" and Johnny Simek, organist, accompanied her.

Given in marriage by her father, the bride chose a white sleeveless gown of crystal organza featuring a sweetheart neckline and shoulder ruffles of wire-hemmed organza. The fitted bodice was heavily embroidered with pearls in the shape of a butterfly atop a basque waist. The shirt was embroidered floral and butterfly design with bands of wire hemmed baby ruffles. The floral and butterfly design was carried out on the back of the skirt and cathedral train.

The bride wore a coach hat which had a butterfly motif on the side and a floor length veil. Her bouquet was made of

white roses with a touch of baby blue azalea's and baby blue and white lace streamers.

Elizabeth Schwertner of Jarrell served as her sisters maid of honor. Bridesmaids were Mrs. Susan Dotson, Helyne Schwertner and Elaine Crane all sisters of the bride of Jarrell, and Mavreen Allen and Phyllis Laubach, both of Austin. Laura Blackmore of Georgetown, niece served as flower girl. Justin Schwertner of Jarrell nephew, was ring bearer.

David Allison, brother of the groom, of Austin served as best man. Groomsmen were Lane Cox of Amarillo, and Greg Solis, David Klipple, Joe Schwertner and Rick Dearing, all of Austin.

Ushers were John Schwertner, brother of the bride, and Richard Schwertner, both of Jarrell.

Following the ceremony, a reception was held at Moravain Club. Members of the house party included: Nancy Maxwell, Cynthia Kellerman, Janette Kellerman and Monica Simek.

Following a wedding trip to Orlando, Florida, the couple are making their home in Round Rock.



ALPHA ZETA PI PLEDGES--(L-R) Kay Lepard, Vicki May, Colleen Griffiths, Pam Gamble, Shelly Carver, and Misty Johnson are the new 1986-87 Alpha Zeta Pi pledges. They performed their pledge rituals during the Tuesday, Sept. 23 meeting.

## Household Inventory Helps With Insurance Claims

Having an inventory of household items can save the stressful and frustrating job of having to piece together what was stolen or destroyed in a natural disaster.

"People tend to remember conspicuous items, such as a chair, television or videotape recorder," says family economics specialist Dr. Marjorie Marman. "But most homes also have dozens of small items whose value adds up to a considerable loss."

After a fire or theft, it may also be difficult to think clearly enough to remember everything that was lost or stolen, adds the Texas Agricultural Extension Service home economist.

According to the Insurance Information Institute, policyholders typically end up telephoning their insurance agents or company days and even weeks after a loss to add items which they had forgotten onto the insurance report.

The specialist advises taking the following steps to establish a household inventory before an accident or theft occurs:

○ Walk through each room of the house and list every item. Be as descriptive as possible about the items.

○ Take pictures to supplement the descriptions.

○ Keep original receipts on all purchases and get appraisals on jewelry and silverware.

○ Update your inventory regularly to include new purchases.

○ Store the inventory, pictures and receipts in a safe-deposit box or some other location away from your home. If you keep your inventory on a home computer, make a copy of the disk to store in a separate location.

Having a household inventory will not bring your goods back, but will make it easier to file an insurance claim and receive commission.

### BIBLE VERSE

Now the brother shall betray the brother to death, and the father the son; and children shall rise up against parents, and shall cause them to be put to death.

1. Who made this statement?  
2. Where does it appear in the Bible?  
3. What other gospels express the same idea?

Answers to Bible Verse

1. Jesus.
2. Mark 13:12.
3. Luke 21:16, Matthew 10:21.

## Across The Fence

By Deana Finck

County Extension Agent

What size is best? Know the size of your bed before you shop. Flat sheets are not pre-shrunk and may shrink another 5-8 inches when laundered. The label indicates length before hemming. This means the finished sheet is 5-7 inches shorter than the label may indicate. Fitted sheets by necessity are pre-shrunk and should carry a guarantee of less than 2% shrinkage. Pillowcase sizes are listed by length before hemming. Measure the width of the pillow, double this figure and add 2 inches for an accurate fit. The purchased length should be 6 inches longer than the pillow.

What fabric is best? Cotton and cotton blends are by far the most popular. Muslin is heavier than percale and feels coarser because it is woven with fewer threads, or has a lower thread count.

Thread count is the number of threads per square inch—muslin 128-140, percal 180-200, and cotton blends 186-200.

How to check for sheeting quality: There are some simple tests for judging the quality of sheeting fabrics. Request to see a sample of sheets or pillowcases have been prepackaged.

1. Hold the material up to the light to see if the weave appears even and firm. 2. A good sheet has strong tape-like selvages with no loose threads and hems sewn in with small stitches. 3. Corner seams of fitted sheets should be reinforced to withstand tugging and pulling. 4. Rub the fabric between your fingers to see if it has been heavily sized (starch or some other finish used to give a smooth appearance) or rub parts of the new sheet over a dark surface. No white powder should rub off. Heavily sized sheeting will be sleazy after laundering.

Labels: Whichever brand you buy, compare prices and read labels. A good label will help you know the type of merchandise you are buying. Read labels for such information as the following: size, fiber content, construction (length, width, and thread count), special finishes, expected ser-

vice (shrinkage and yarn strength) and care required. August and January are generally savings months in bedding. It's a good practice to replace a pair of sheets and pillowcases for each bed every year. Two sets in the closet and one on the bed are sufficient if they are in good condition.

## Counting Calories With Frozen Fruit Bars

Frozen fruit bars have become the latest dieter's delight. But are they actually a "low-calorie" alternative to regular frozen fruit-flavored bars?

According to a Texas A&M University Agricultural Extension Service nutritionist, the answer is "No."

Dr. Alice Hunt points out the national brand frozen fruit bars contain from 50-80 calories per 2 1/2 ounce bar. The regular frozen fruit confections contain about 60 calories per 2 1/2 ounce bar.

"Frozen fruit bars contain up to 30 percent fruit juice, which improves their nutritional content over frozen confections," she says. "But they are also no lower in calories than real fruit."

For example, a 1/2 cup serving of canned sliced peaches in extra light syrup, or frozen sliced peaches without sugar has only 50 calories and adds fiber to the diet that is removed when fruit is made into juice.

The frozen fruit bars, like frozen confections, also contain added sugars or corn-sweeteners.

If calorie-conscious people use frozen fruit bars to replace higher calorie snacks, such as ice cream bars, they could be cutting back on their total calories, Hunt notes.

"For someone on a serious weight-loss diet, however, fresh fruit will still provide more nutrients and fiber for fewer calories than frozen fruit bars," says the nutritionist.



NEW OFFICERS--1986-87 officers for Alpha Zeta Pi Sorority are (L-R) Barbara Young, president; Roxie Johnson, vice-president; Cindy Barrett, recording secretary; Rayniel Bambert, corresponding secretary; Lori Davidson, extension officer; and Rhonda Myers, treasurer.

## Barbara Young Hosts Sorority Meeting Tuesday

The meeting of the Alpha Zeta Pi chapter of Beta Sigma Phi was held at Barbara Young's home on Tuesday, Sept. 23 at 7 p.m.

New pledges performed their pledge rituals at the first of the meeting. The pledges are Shelly Carver, Pam Gamble, Colleen Griffiths, Misty Johnson, Kay Lepard and Vicki May.

A meal was served by the membership committee, which consisted of crunchy chicken casserole, tossed salad, and hot bread. For dessert a cheese cake with cherries was offered with iced tea and coke to drink.

Alpha Zeta Pi will be giving away a trip to Las Vegas for three days and two nights and anyone donating five dollars to the sorority will be given a ticket on the drawing. You may make your donation to any

God sells us all things at the price of labor.  
-Leonardo da Vinci.

## EOM Fall Fashion Savings

Ladies  
**Dress Pumps**  
(Viviana, Westies & Kasual Kix)  
(Pumps Only)  
**25% Off** Reg. Price

Seville  
**Bedspreads**  
Solid Colors  
(Blue, Rose & Peach)  
**25% Off** Reg. Price

Ladies  
**Coats**  
**25% Off** Reg. Price

**Mini Blinds**  
All Sizes  
**\$9.97**

## Coupons Good Through September 30, 1986

Coupon  
**25% Off**  
Any Single Item at  
Regular Price \$20.00  
or More Limit one Coupon  
Per Item  
Good til Sept. 30, 1986

Coupon  
**20% Off**  
Any Single Item at  
Regular Price \$20.00  
or More Limit One Coupon  
Per Item  
Good til Sept. 30, 1986

**ANTHONY'S**  
321 Main Mon. - Sat. 8 a.m. - 6 p.m. Sun 1 p.m. - 5 p.m.  
272-3478

## Dr. Jack McCarty

ANNOUNCES THAT HE IS NOW IN PRIVATE MEDICAL PRACTICE OF FAMILY MEDICINE, OBSTETRICS, ALLERGIES, FLIGHT PHYSICALS AND PEDIATRICS. HIS OFFICE IS STILL LOCATED AT

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# Mrs Johnson Honored With Baby Shower

The home of Donna Locker was the scene of a baby shower honoring Jackie Johnson and Nicolas Monday, Sept. 22 from 4:30 to 6 p.m. Hollye Hooten greeted the guests.

Frieda Locker and Johnnie Althof served cookies, mints, nuts and punch to those attending. The honoree's corsage consisted of blue carnations with pink, yellow and blue

ribbons.  
Special guests included: Julie and Kendra Johnson, sisters of Nicolas.  
The hostesses gifts were a baby book, corsage and portable high chair. Hostesses for the occasion included: Shelly Pickering, LaDonna Holmans, Faye Martin, Hollye Hooten, Frieda Locker, Johnnie Althof, Ruth Locker and Donna Locker.



JACKIE AND NICOLAS JOHNSON



LAURIE VANDIVER AND LINDSAY NICHOLE

# Baby Shower Fetes Mrs Vandiver, Lindsay

Mrs. Laurie Vandiver and Lindsay Nichole were honored with a baby shower Tuesday, Sept. 23 from 4:30 to 6 p.m. in the home of Betty Wagnon. Mrs. Wagnon greeted the guests.  
Dana Rasco served thumbprint cookies and punch from crystal appointments.  
The serving table was covered with a white linen table cloth edged in lace. An azalea plant adorned the serving table which was accented with Precious Moments dolls, Debbie and Mickey, and ribbon streamers. The honoree's corsage was made of white baby socks.  
Special guests included Doris Vandiver, grandmother of Lindsay Nichole.  
The hostesses gifts were a high chair and dress and booties. Hostesses for the occasion included: Bonnie Green, Dana Rasco, Lela Ann Smith, Kathy Hagins, Kerma

McGuire, Rhonda Hodges, Cladine Embry, Holly Hooten, Joella Flowers, Jo Harmon, Julie Broyles and Betty Wagnon.  
**WMU Weekly Meeting**  
WMU of the Trinity Baptist Church met Tuesday, Sept. 23 at 2:30 p.m. at the church for Bible study with six members attending. Those present included: Dora Barber, Wenona Spears, Clara Coffman, Rosie Martin, Pearl Dunlap and Ivy Wall Vinson.  
Ms. Coffman led the opening prayer. Bible reading for the day was Matthew 28: 1-10 and the Royal service was on "What Are We Leaving For Tomorrow".  
Ms. Vinson dismissed the group with a prayer.

## Enochs News by Mrs. J.D. Bayless

he is pastor of the Baptist Church there. \*\*\*

Mr. and Mrs. Earl Dunn from Nashville, Tenn. visited Mrs. Etta Layton and Mr. and Mrs. J.E. Layton for a week. She is relative of the Layton's. \*\*\*

Mrs. Wilma Petree of Lubbock spent last Monday night with Mr. and Mrs. Bill Key. Mrs. Ima Roberts visited them also. \*\*\*

Mr. and Mrs. Buford Peterson helped their daughter and family, Rev. and Mrs. Harold Abney from White Deer with their moving to Wolfforth where

Dale Nichols took his son Jerry Nichols of Muleshoe a brother, Harold Dean Nichols of Idalou and Ted Belez fishing the past week to Lake McKinzie. They caught lots of fish but they were small. \*\*\*

Rose Nichols, Elnita Key and Mary Graves, also Doris Huff, Leslie Robinson and Pam Cockrell of Three Way visited at the Roberts Memorial Nursing Home in Morton Thursday afternoon.

Tonya and David Graves spent the weekend with their grandparents, Rev. and Mrs. Edd Thomas at Smyer. \*\*\*

Mrs. Olive Cox of Hico, came Sunday afternoon to visit Mrs. Etta Layton and other friends. They drove to Muleshoe Monday, Mrs. Layton visited her sister, Mrs. Juanita Snow and Mrs. Cox also visited her granddaughter, Mrs. Jerry Nichols and family. \*\*\*

Mr. and Mrs. Pat Sanders and Murl Cantell from Calif. came to visit Pats brother Guy Sanders who is in the St. Mary's Hospital in Lubbock and also his wife Inez spent the night at home. \*\*\*

Mr. and Mrs. Goldman Stroud were in Lubbock Saturday they visited a daughter, Mrs. Jimmy Dickey and family. \*\*\*

## Stress Can Be Trouble

Most people deal with daily stresses like traffic jams and work deadlines without too much trouble. But even people who are on a fairly even keel most of the time face occasional periods of great stress.  
Bereavement, financial difficulties, ill-health, and worry are all a part of life. According to the Texas Medical Association, it is when several such events occur together that mental health can suffer.

Since you cannot always avoid stress, learning to deal with it effectively helps ease tension that can build up. There are many ways to relax. Often the problem seems to center around finding the time to "get away from it all." The following exercise routine does not take very much time and can be done on your own, without going anywhere.

Try to do exercises regularly, not just when you feel tense. A gradually acquired ability to relax may help you deal with occasional periods of great and unavoidable stress.

- Loosen or remove any tight clothing. Lie on the floor, face up, eyes closed, either in a warm room or covered with a light blanket.
- Tighten the muscles in your face, and then let them relax.
- Lift up your head and let it fall gently back. Keep your jaw and neck relaxed so that you can feel your throat opening.
- Press your shoulders down onto the floor. Then relax them.

- Stretch out your arms and fingers. Hold them taut for only a moment before easing the strain completely.
  - Lift your buttocks and let them fall again, feeling your spine stretch and relax as you do so.
  - Keeping your heels together, stretch your legs and toes. Then relax them completely.
- Continue these exercises, one after the other, for a few minutes until you feel totally limp and relaxed from head to toe. Rest with your eyes open or closed. Before standing up, turn and lean on your side for another two or three minutes. Repeat this routine every day.

### BIBLE VERSE

Now the brother shall betray the brother to death, and the father the son; and children shall rise up against parents, and shall cause them to be put to death.

- Who made this statement?
- Where does it appear in the Bible?
- What other gospels express the same idea?
- Where were these words spoken?

### Answers

- Jesus.
- Mark 13:12.
- Luke 21:16, Matthew 10:21.
- On the Mount of Olives.



Eighteen 4-H members from eight counties were recently named state winners at Texas 4-H recordbook judging in College Station.  
Zanna Huckaby from Muleshoe won in a special 4-H career scholarship area. Winners from Lubbock were Becca Turner in dog care and training, Kathy Huffman in sheep, and Sandi Dillingham in Heath.  
From Post, the area with the largest number of winners, was Derick Dunn in swine, Korren Payton in bread, and Ron and Angela Graves in shooting sports and home environment, respectively. Tahoka area winners were Kristin Belew in food preservation and Cody Smith in agriculture. Two winners were from Plainview, Brent Hamilton in wildlife and fisheries and Lisa Bye in dairy.  
Sharla Blay from Brownfield won in family life, Joel Mitchell from Lockney won in Santa Fe Achievement, and Lee Logan from Hale Center won in commodity marketing. There were 3 winners from Tulia. They were Bob Gales in bicycle, Linda Osburn in consumer education, and Jim Bob Been in energy.  
Fifteen of these 18 winners will receive expense paid trips to National 4-H Congress in Chicago December 6-12. Winners in energy and commodity marketing will receive a \$500 scholarship and a trip to the National 4-H Commodity Marketing Symposium in Chicago. The 4-H career scholarship winner, Zanna Huckaby, is eligible for further judging on the national level.  
Zanna is 18 and the daughter of Mr. and Mrs. Lyndon Huckaby. She has been a 4-H member for 9 years. She has completed 4-H projects in clothing, food and nutrition, sheep, swine, decision-making, exchange program, and leadership. She served on the district 4-H council, county 4-H council and held several offices in the local 4-H club.  
These 18 4-H members won the right to these awards by completing a 4-H recordbook that involves a report of all their activities in 4-H, a personal story, and a set of pictures about their major 4-H project.

**Health & Well - Being Seminar**

On **Alzheimers Disease**


By **Dr. Tom Hutton**  
Dept. Of Neurology, Texas Tech

**Bailey County Civic Center**

Oct. 6 7 p.m. No Charge

Contact Jackie Scoggie or Charlotte Welch  
By Friday, Oct. 3 To Register 272-4561

Sponsored By:  
**Muleshoe State Bank**  
Muleshoe, Texas



## FACTS & FIGURES

Office buildings are today's factories. Over 43% of the entire U.S. workforce now works in office buildings and the number is expected to rise to over half by 1990. These workers added \$800 billion to the 1985 Gross National Product.



The typical worker occupies 258 square feet of office space, and spends 10% of total household income near their workplace on food, clothing, tobacco, jewelry and accessories.  
There's over 8.5 billion square feet of office space in the United States. According to a new economic report by the Building Owners and Managers Association (BOMA) International, it cost \$60 billion to operate that space in 1985. Thirty percent of that \$18 billion - went for cleaning, repairs, and maintenance. The real estate taxes paid by the industry rose ten percent from 1984 to 1985, to \$16 billion.

## Journal Policy

A processing charge of \$3 is made when a photo accompanies any wedding, engagement, or anniversary with the exception of anniversaries of 50 years or more.  
Five dollars will be charged for any shower picture taken by the Journal and \$3 charged for any shower picture accompanying a story. Pictures may be picked up after the article appears in the paper.  
Wedding, engagement, and anniversary stories must be in the Journal office by Monday noon for the Thursday paper, and by Thursday noon for the Sunday paper.  
After that time, stories will be run on a space available basis. Any wedding more than two weeks old, when received, will be edited and only the basic information will be included.  
Shower pictures will not be taken without a 24 hour notice and copy must be in the office by 5 p.m. Monday for the Thursday paper and 5 p.m. Thursday, for the Sunday paper.

## PUBLIC NOTICE

### BRIEF EXPLANATORY STATEMENTS OF PROPOSED CONSTITUTIONAL AMENDMENTS

### GENERAL ELECTION

### NOVEMBER 4, 1986

**PROPOSITION NO. 1 ON THE BALLOT**  
Senate Joint Resolution 15 proposes a constitutional amendment that would permit the legislature to provide by general law for the apportionment of the value of railroad rolling stock among the counties in which the property of the railroad is located for purposes of property taxation, and would delete the requirement that the Comptroller participate in making the allocation. To comply with both statutory and constitutional law, the apportionment currently is being made by the State Property Tax Board in conjunction with the Comptroller.  
The proposed amendment will appear on the ballot as follows:  
"The constitutional amendment to allow the legislature to provide by general law for the apportionment of the value of railroad rolling stock among counties for purposes of property taxation."  
**PROPOSITION NO. 2 ON THE BALLOT**  
Senate Joint Resolution 33 proposes a constitutional amendment that would replace the constitutional requirement that the subject of a bill be expressed in its title with a mandate that each house of the legislature adopt rules of procedure that would require the subject of each bill to be expressed in its title in a manner that gives the legislature and the public reasonable notice of that subject. Determining compliance with the rule would be the responsibility of the legislature. Cur-

rently, a law is invalidated if a court finds its caption is defective. The amendment would provide that past and future enactments may not be held void on the basis of an insufficient title.  
The amendment also would eliminate the suggestion that the state's laws be revised every ten years, and instead would provide for continuing revision of state laws.  
The proposed amendment will appear on the ballot as follows:  
"The constitutional amendment requiring each house to include in its rules of procedure a rule that each bill contain a title expressing the bill's subject, and providing for the continuing revision of state laws."  
**PROPOSITION NO. 3 ON THE BALLOT**  
House Joint Resolution 73 proposes a constitutional amendment that would permit the Legislature to authorize any county, city, town, or other political subdivision to use public funds or credit to pay insurance premiums on nonassessable life, health, or accident policies. Due to the prohibition in the constitution against the lending of credit and granting of public money, political subdivisions currently are prohibited from becoming shareholders in associations such as mutual insurance companies, in which policyholders are shareholders. A nonassessable mutual insurance policy does not allow a company to raise capital by assessing the policyholder an extra amount on a pre-

mium. This amendment will allow mutual insurance companies and stock companies to bid for life and health group policies of political subdivisions. Public liability will be limited to the payment of premiums specified in the contract.  
The proposed amendment will appear on the ballot as follows:  
"The constitutional amendment allowing political subdivisions the opportunity to engage in and transact business with authorized mutual insurance companies in the same manner as with other insurance companies."  
**PROPOSITION NO. 4 ON THE BALLOT**  
Senate Joint Resolution 4 proposes a constitutional amendment that would repeal the prohibition against branch banking by state banks and would allow state banks and national banks domiciled in this state to establish and operate banking facilities at locations within the county or city where they are domiciled. The amendment would also authorize the Legislature to permit a state bank or a national bank domiciled in this state to engage in business at more than one place if it acquires a failed state bank or national bank domiciled in this state.  
The proposed amendment will appear on the ballot as follows:  
"The constitutional amendment to provide that a bank may offer full service banking at more than one location within the city or county where its principal facility is located, subject to limitations and restrictions provided by law."  
*Estos son los informes explanatorios sobre las enmiendas propuestas a la constitucion que apareceran en la boleta el dia 4 de noviembre de 1986. Si usted no ha recibido una copia de los informes en español, podra obtener una gratis por llamar al 1/800/252/8683 o por escribir al Secretario de Estado, P.O. Box 12887, Austin, Texas 78711.*



**DILLMAN WINNERS**--Pam Thomason presented a check to Virginia Bowers, center, and Charlotte Donaldson, right, Wednesday morning. Miss Bower's kindergarten class received a \$15 check for second place in the PTA membership drive held recently. Ms. Donaldson's second grade class received a \$25 check for first place at Dillman Elementary School.



**P.T.A. MEMBERSHIP DRIVE**--Pam Thomason, left, presented checks from the P.T.A. to Letha Patterson center, and Barbara Neal, right. Mrs. Patterson's fourth grade class received a check for \$25 for having the largest number of parents join the P.T.A. during their membership drive. Ms. Neal's class received a check for \$15 as second place winners.

### No-Bake Chewy Granola Bars Make Speedy Afternoon Treat



If coming up with quick snack ideas for busy back-to-school days has you stumped, try this super-simple bar made with just three ingredients.

Chewy Granola Bars are sure to satisfy afternoon snackers because they are made with your favorite granola, raisins and one can of ready-to-spread coconut pecan or almond frosting. No baking is required—just heat the frosting, mix the ingredients together, spread in a pan and chill.

If you have a microwave oven, this recipe is even speedier. Instead of heating the frosting on the stovetop, melt it in the microwave—it takes less than two minutes.

#### CHEWY GRANOLA BARS

- 1 can Pillsbury Ready To Spread Coconut Pecan or Coconut Almond Frosting Supreme
- 3 cups granola
- 1 cup raisins

In medium saucepan, heat frosting over medium heat until melted. Remove from heat; stir in granola and raisins. Press in ungreased 9 or 8-inch square pan. Cover and refrigerate until set; cut into bars. Store in refrigerator; serve cold. 18 bars.

**Microwave Directions:** Spoon frosting into large microwave-safe bowl. Microwave on HIGH for 1 1/2 to 2 minutes or until frosting is melted. Continue as directed above.

## November General Election

Elect

**James Warren**  
Bailey County

Judge

Conservative & Dependable

Pd. Pol. Adv. By JAMES WARREN

## Sudan News by Evelyn Ritchie

Among college students home for the weekend were Michelle Gaston, Laurie Ann Damron, Randall Damron, Brad Byerley, Joe Martin, Gordon Martin, Brad Smith, Anna Ramos, Tammy Gore, Lee Bartley, Dean Richards, Wade Donnell, Kim Rylant and Mike May.

Mr. and Mrs. Gus Ed Bellamy of Eules visited last weekend with his mother, Mrs. Edna Bellamy.

Susan Donnell has returned home from the Plainview Hospital where she underwent surgery last week.

The FTA held a hamburger supper Friday night prior to the Sudan-Wilson football game and next morning, the group cleaned up the stadium.

Mr. and Mrs. Billy Hanna were recently in Monahan to visit their son, Mr. and Mrs. Larry Hanna and family and help Larry and Robin observe their birthdays.

Over two inches of rain fell in Sudan and area during the weekend.

Adrian and Kyle Martin have returned home from a fishing trip to Brownwood.

The Young Baptist Women met Monday night in the fellowship hall of the church for their Sept. meeting when they elected new officers following their salad supper.

President for 1986-87 will be Doyleene Seymore and Sec. will be Mary Blair. Other attending were Jean Dodson, Dana Martin, Kelli Flowers, Deanna Humphreys, and Shelly Chester.

Army Reserve Pvt. 1st Class Dora J. Black, daughter of Houston M. Black of Sudan, has completed basic training at Fort Dix, N.J.

During the training, students received instructions in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions.

Mr. and Mrs. Joe Don Parrott of Amarillo visited recently with her mother, Mrs. Jean Muller and were here to attend the funeral for Dail Burnett.

Mr. and Mrs. D.W. Muller and Austin of Amarillo visited during the weekend with their parents, Mr. and Ms. Pal Legg and Mrs. Jean Muller.

Visiting with Mrs. Dail Burnett and Mrs. Loretta Reid and girls were Mr. and Mrs. Frank Odell of Stratford, Mrs. Delia Taylor and Pauline of Canyon and Mrs. Alfred Campbell of Dimmitt. They were all also here to attend funeral services for Dail Burnett.

Mickey Stephens is now at home following several days in the Amherst Hospital.

Tommy Moss has returned home following a series of tests in the Hospital the past several days.

Lenora Sharp has been dismissed from the hospital and is recuperating at home.

Mr. and Mrs. Mike McDonald have returned from Arkansas recently where they went to visit family members and attend to family business matters.

Church of Christ Wednesday evening services will begin at 7:30 beginning this week.

Helen Churchman was honored Monday morning with an appreciation coffee held in the community room of the First National Bank, for her retirement, upon closing of her beauty shop due to health reasons. Several of her former customers and many friends gathered for the coffee and presented her a money tree. Breads, cookies and nuts were served along with coffee. Hostesses for the event were Ramona Engram, Veda Terrell and Modena Bellar.

Mr. and Mrs. Ruben Bradshaw and Mickey of Ardmore, Okla. left for their home Monday following a visit here with her sister, Mrs. Lula Burnett and they were also here to attend funeral services for Dail Burnett last week. Their son Dail Ray Cook and Bobby Bradshaw of Ardmore left earlier in the week. They also visited with Mrs. Loretta Reid, Suzanne and Jill and other family members including Burnett's other daughter, Nell Blankenship of Littlefield.

Visiting recently with Mrs. Lula Burnett and Loretta Reid and girls were Joe Campbell and Mr. and Mrs. Leon Gunn of Dimmitt and Mr. and Mrs. Travis Thomas and Mrs. Inez Grantham all of Post and Mrs. Delia Taylor and Pauline all of Canyon. They were also here to attend funeral services for Dail Burnett.

Son Qualls has sold 65 Booster Club membership cards as of noon Monday.

Ouida Parrish, local Green Thumb Employee, has returned from Houston where she attended a seminar "Business and Industry focusing on Maturity".

Mr. and Mrs. Pete Edwards and Johnathan have returned home from vacationing the past several days in Galveston.

Weekend visitors with Mr. and Mrs. G.C. Ritchie were their granddaughter, Kim Rylan of Texas Tech, Mr. and Mrs. Vernon Corley of Belen, N.M. and Mr. and Mrs. John Corley of Littlefield. Also Mr. and Mrs. Dewayne Phillips and children of Farwell.

Mr. and Mrs. Glen Cardwell were in Greenville during the weekend to visit his parents, Mr. and Mrs. Hal Cardwell. It was reported that his dad is not doing well.

The Sudan Booster Club meet Monday night at the school cafeteria with President Gene Bartley presiding. A good group of 18 members watched the film of the Sudan-Wilson game. Coach McAdams commented on the performance of the boys, and what to expect from Naz. The support to these boys is very important and Gene asked that all boosters make an attempt to attend the games and join in the victory line before the games. Coach Henley won the football scores game.

Refreshments were served by Lou Boyles and next week Carolyn Crowson.

To date Son Qualls has sold 73 Booster cards. He will be selling these during each game, so look for Son. The Booster Club will also be selling terrible towels, shakers and caps during the Pep Rallies and at the games. The support shown by the boys, coaches, cheerleaders and the Booster Club.

If anyone has any scrap wood to donate to the bonfire please contact members of the Senior class or one of the cheerleaders and they will pick it up.

Visiting Tuesday with Mrs. Esther Meeks were her granddaughter, Mr. and Mrs. Richard Ferrell of Littlefield.

Tammy Gore, a student at

Angelo State University was home during the weekend with her parents, Mr. and Mrs. James Gore. Her sister, Shelly is a senior student at Texas A&M where she will be among the fall graduates in December and has been working with Dupont Chemical Co. She was home earlier in August prior to classes at A&M.

The Sudan school Supt. Willie McAlpin stated Wednesday there are now 406 students enrolled in the Sudan schools. This is up from the ending of last semester and also a little over mid-semester last year. He also stated that following the TECAT tests, that all Sudan

teachers did pass the tests and are equal or above most of the Texas teachers. He stated further, that all teachers in the Sudan schools are "the best" and all have positive attitudes pertaining to teaching.

Ladies Discipleship Group at the FBC will meet Tuesday morning at 10:00 a.m. to 11:15 a.m. at the parsonage. Jean Dodson invites every lady of the church to come and join the group—Bring your Bibles.

Among the ill are Elsie Seymore, Hal Cardwell, Mrs. Roy Day, Edna Humphreys, Hoyt Robertson, Julie Arnold, Irene Groves, Lenora Sharp, Ola Baccus and Roy Graves.



**HAPPY BIRTHDAY**--Claudia Cannon and Ernest Kerr were honored with a birthday party Thursday afternoon in the day room of the Muleshoe Nursing Home. Hosting the party were members of the Needmore Community Club. Muleshoe Floral provided the flowers. Mrs. Cannon was born on Sept. 6, 1900, and Kerr was born on Sept. 18, 1914.

**SAVE \$20 ON 10K GOLD**  
**SAVE \$40 ON 14K GOLD**

**BIG BOLD GOLD SALE! NOW THRU SEPT. 30th ArtCarved H.S. Class Rings—All with Custom Options FREE!**

Prices like these don't last long. So make your big bold move before September 30 and wear the best gold class ring—ArtCarved.

This offer expires Sept. 30, 1986 and is to be used only for the purchase of 14K and 10K gold ArtCarved H.S. class rings.

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**ANNOUNCING THE LAST WORD IN FACTORY FINANCING.**

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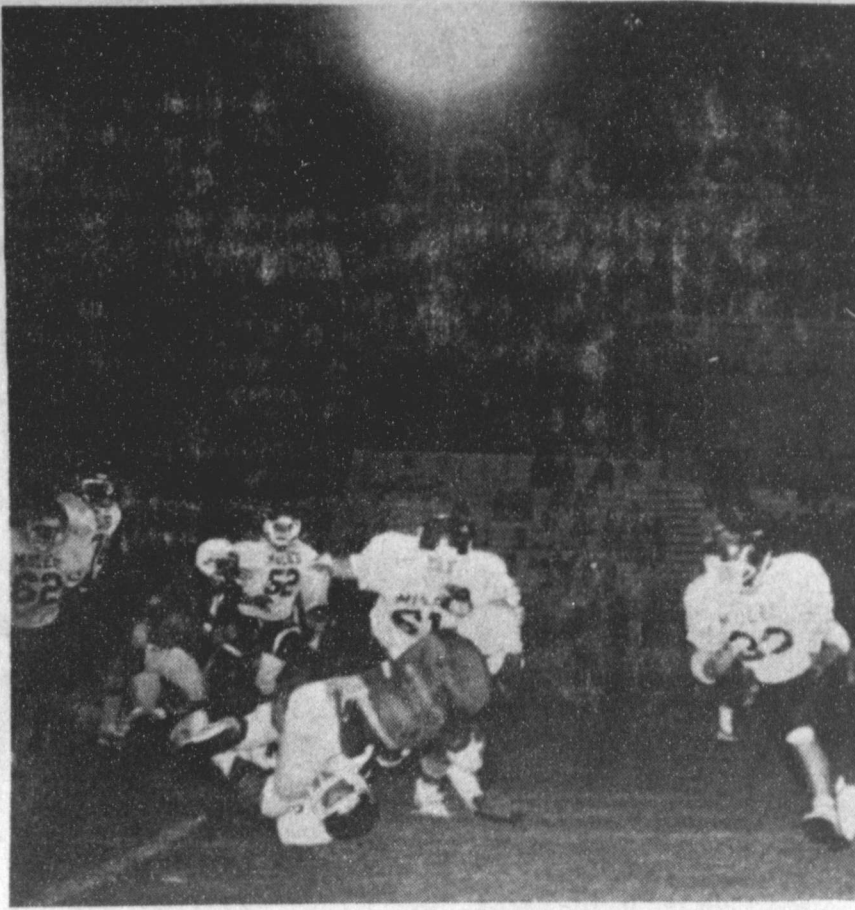
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**DEFENSE, DEFENSE, DEFENSE**--A 'war cry' at the game at Springlake-Earth Friday night against the Wolverines. Being tackled was Jerry Spencer, a power runner for the Wolverines. The Mules came away with their fourth straight win for the season, and have one more non-district game, next Friday, before district action gets underway.

## Parent Workshop

Cont. From Page 1

the misbehavior of their children, both at home and at school. Topics covered are: How to take charge with your children;

### Mules...

Cont. From Page 1

the fourth until Shannon Simnacher intercepted the Wolverines on the 20 yard line and returned the ball to the end zone for six more yards.

With the conversion attempt failing, the scoring ended at 40-16 for the Mules.

The Mules had more than 200 yards on the ground and 63 aerial yards. Each team had 16 first downs and each team lost a fumble. For the Mules, Johnny Garcia completed five of 10 passes while Kyle Jones completed seven of 21 passes and was intercepted three times.

Penalties for the teams were 75 yards for Muleshoe and 50 yards for the Wolverines.

The game Friday night took the Mules to their 4-0 season record, while Springlake-Earth dropped to 2-2 for the year.

Next Friday night, the Mules will travel to Lockney for the final non-district game. Last Friday night, Lockney was in a 7-7 tie with Happy.

How to respond when your children misbehave; How to support your children when they do behave; How you and your spouse can work as a team when you deal with your children's misbehavior; How a single parent can deal effectively with child behavior problems and How you can get your children to behave at school.

"Don't miss this special opportunity to join your friends, neighbors, and other concerned parents for the most stimulating and rewarding parenting program you have ever attended," said the school superintendent, H. John Fuller.

Following the two hour presentation on assertive discipline, parents and patrons will be given an opportunity to visit directly with the principals, counselors, and other administrators dealing with such issues as: Assertive Discipline at school; How to help with Homework; and your role as a parent in fighting drug abuse.

"All patrons of the district and concerned citizens are encouraged to attend this important meeting," stressed the superintendent.

## Former Muleshoe Duo Enter Pleas Of Guilty

By Pat Graves  
Avalanche-Journal Staff  
All three defendants in a 1981 federal embezzling case involving more than \$500,000 taken from the defunct Plainview Savings & Loan Association pleaded guilty Wednesday to related misdemeanors.

Donald W. Harmon, PSLA's former president and board chairman, and Stephen S. "Bud" McGinnis, a former director, each pleaded guilty to two counts of concealing previous false statements made orally and in writing in connection with a \$520,000 escrow deposit.

Harmon's wife, Wanda, former vice president and board secretary, pleaded guilty to one count.

Harmon, a Ruidoso, N.M., real estate agent, and McGinnis, a Plano developer, each face a maximum of two years in prison and fines of \$5,000. Mrs. Harmon could receive up to a year in prison and a maximum \$2,500 fine.

U.S. District Judge Halbert O. Woodward accepted the pleas and will sentence the trio in a few weeks. They previously made restitution and could receive probation.

The three were tried here in April for embezzlement and making a false escrow agreement, but the trial ended in a hung jury when jurors deadlocked at 11-1 for conviction on

misapplying funds and 9-3 on the false agreement. At that time they each faced up to seven years if found guilty on all counts and five years on the misapplication counts.

A second trial was expected after prosecutors obtained a new indictment last month adding another false statement count against the Harmones and a prejury count against McGinnis. Prosecutors opted to plea bargain instead, agreeing to drop the new indictment in exchange for guilty pleas.

Assistant U.S. Attorney Clint Averitte of Amarillo would not disclose which side initiated the negotiations. Factors in the plea bargain decision, he said, included retrial costs, full restitution having been made and the fact that misdemeanor convictions for making false statements carry the same penalties as felonies.

The Harmones and McGinnis admitted lying under oath about their dealings during questioning in November 1981 by investigators with the Federal Home Loan Bank Board. They acknowledged concealing a false escrow agreement and Harmon and McGinnis admitted concealing false statements about the agreement made to the PSLA board, of which the trio comprised three-fifths.

The trio initially were accused of actually making the false agreement and the false statements as well as embezzling. According to trial testimony, the board approved transferring \$520,000 to McGinnis as an escrow deposit to close a land deal on Sept. 1, 1981. The money never was deposited with a title company, testimony showed.

Instead according to the evidence, McGinnis loaned about \$467,700 of the sum back to the Harmones to pay off debts.

### WHO KNOWS

1. Hernando Cortes is known for discovering or exploring what area?
2. What is the area (sq. mi.) in Africa?
3. Name the capital of Illinois.

### Answers to Who Knows

1. Mexico.
2. 11,688,000.
3. Springfield.

## Adult Basic Classes Planned

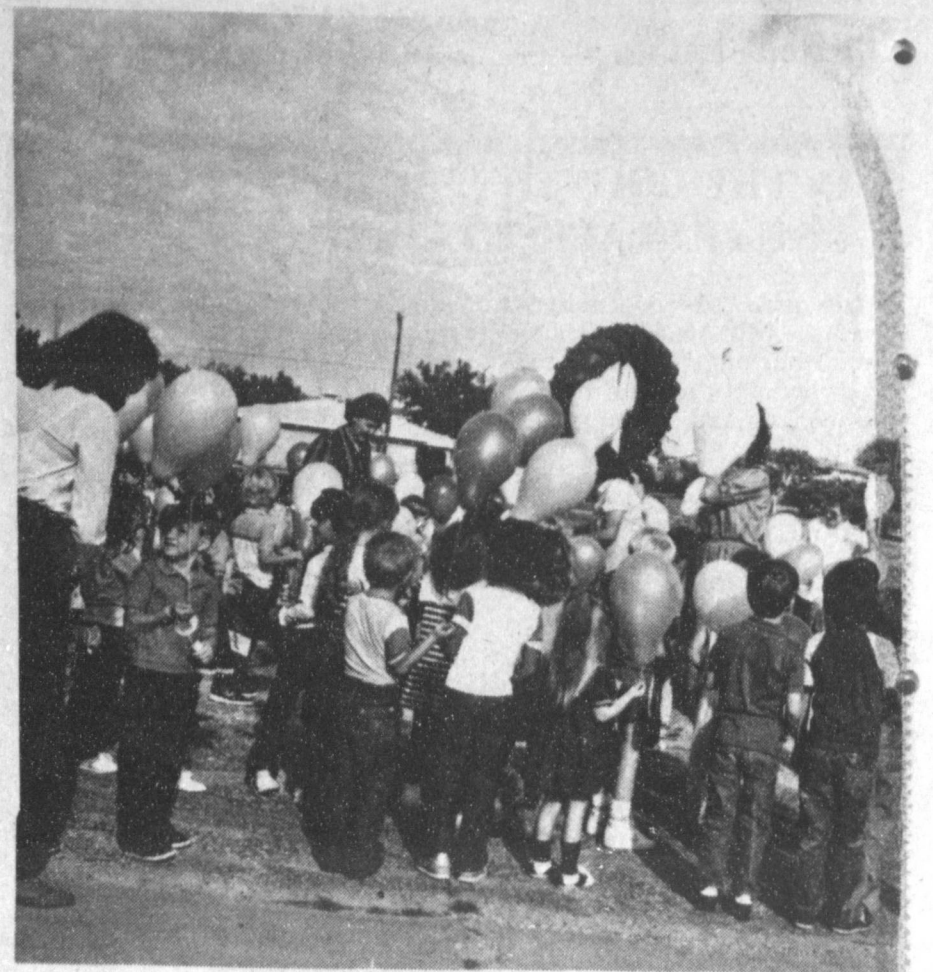
### At Junior High

H. John Fuller, superintendent, announces that the Muleshoe Independent School District is offering Adult Basic Education classes for adults 17 years of age or older who have not finished high school or adults who want to improve their skills.

Classes will begin Thursday evening, September 30 and continue through April, 1987. The classes will meet on Tuesday and Thursdays, 7-9:30 p.m. in the Watson Junior High School building.

Adults may enroll at 7 p.m. on any night that classes are in session, said Fuller.

If you need further information, please contact Elizabeth Watson at 272-3325.



**GETTING READY TO LET GO**--It was an excited group of kindergartners who took bright and colorful balloons outside Dillman Elementary School Tuesday morning and launched them into the cloud-filled sky to boost Heart Treasure Chest Day.

## Westworld

Cont. From Page 1

end the Intercept program (alcohol abuse) although Westworld is currently revamping the program, added Dunn. "It is still a viable program," he said, "and we do plan to continue the program."

With rumors abounding that a local restaurant may be contracted to provide food for the nursing home, Dunn confirmed the rumor. He said there are several reasons for contracting the food service, including: For one thing, Dunn said a business such as a restaurant could purchase large amounts of food at a great savings; they can provide attractive food to serve to the nursing home patients and a local business would be benefitting from extra funds.

However, Dunn said that in the event such service is contracted, pending costs proposed for a restaurant to serve the food, a dietician will be provided by Westworld. "We are legally required to provide a dietician to see that the patients get the special diet that may be required," he commented, adding that such a dietician would work with the restaurant food handlers to see that the proper diets are provided.

With medical costs continuing

to rise, Dunn did not see much lowering of hospital charges, but compared the charges with other hospitals in the surrounding area. Nor did he expect the hospital census (patients) to ever be much more than 10 per day average. He cited the Westworld policy of not keeping patients once they are determined to be able to leave as the main basis for a low census. He said Westworld could be content with an 8-10 patient average per day in acute care.

He also predicted that in the near future, more surgeries, such as C-sections, gall bladder surgery and other surgeries would again be done in the Muleshoe hospital rather than be sent to larger area hospitals such as Lubbock or Amarillo.

The Westworld official told The Journal they are still optimistic about West Plains Medical Center for the future.

A truly American sentiment recognizes the dignity of labor and the fact that honor lies in honest toil.  
-Grover Cleveland.



## WANT TO SELL YOUR HOUSE? PUT AN AD IN THE CLASSIFIEDS!

COBWEBS WON'T HAVE A GHOST OF A CHANCE TO GATHER IN THE ATTIC WHEN YOU PUT THE WORD OUT IN THE REAL ESTATE SECTION OF THE CLASSIFIEDS! BE IT PALACE OR PET HOUSE, THAT HOME WILL SELL FAST IN THIS HIGH-EXPOSURE MARKETPLACE! GET YOUR SUITCASES PACKED NOW!

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