Friona * Star

VOL. 92, NO. 46



From Dr. Gary Cash: Happy Thanksgiving!

Adopt a Grandparent for Christmas

It is a wonderful time of year when we all have the opportunity to bring joy at Christmas to the local elderly residents at Prairie Acres. If you would like to Adopt a Grandparent please contact the Activity Department at (806) 250-3922

Leadership Committee meeting

Independent Friona School District invites interested community members to attend the next District Leadership Committee on Wednesday, December 7, 2016 at 4 p.m. in the Friona High School cafeteria. They will be discussing revisions to the District Vision, Mission, and Belief Statements.

"We know the community is invested in our schools, we would love to have your input, stated FISD Superintendent Dr. Pam Ray.

City reassures water is safe

City of Friona City Manager Patricia Phipps issued the fol-lowing statement:

The City of Friona is required by the Texas Commission on Environmental Quality (TCEQ) to publish a notice to its cus-tomers related to the testing of the drinking water for lead and copper content. These tests are conducted every three years as required by TCEQ. The agency requires 40 samples be taken and 20 of the samples be tested. The 20 samples that are not taken are used for backup in case more samples need to be tested.

The city did the sampling and DRINKING THE **TCEQ's** WATER STANDARDS. The city however took 12 samples at different locations than were previously tested.

The Texas Commission on Environmental Quality has determined that this is a violation and has disallowed the results and is requiring a public notice. This notice is published in the presiding pages of the Friona Star to comply with TCEQ's regula-

The City of Friona and the Friona City Council assure you that there is nothing wrong with the city's water.

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AgriLife names new family, consumer sciences agent for Parmer County

The Texas A&M AgriLife and our agency. I predict she Extension Service has named Wendy Case the new agent for family and consumer sciences in Parmer County.

The joint announcement as made by Parmer County Judge Trey Ellis and Michael Clawson, AgriLife Extension administrator in Lubbock "We are happy to have Wen-

dy join us here in the South Plains district," Clawson said. "She is very energetic and passionate about helping others and is excited to begin her new career, which are all positive signs not only for her ersonally, but for the county

will soon be an important asset to her clientele in Parmer County. Clawson said Case, who was

hired November 15, will com-Extension's AgriLife plete First Step orientation process in several of the district's 20 counties as she assumes her position in Parmer County. Case earned a bachelor's de-

gree with dual majors in sociology and environmental studies from Baylor University.

Before joining AgriLife Extension, Case garnered more than 18 years experience in case management and mental

health services. Her previous work background includes eight years as a utilization management case manager for the El Paso Psychiatric Center and four years as a case manager/state liaison/homeless unit staffer for the El Paso Emergency Health Network. She also worked as a Child Protective Services/Adult Protective Service investigator for the Commonwealth of Kentucky and as a case man-ager for the Bluegrass Regional MHMR Board Inc.

For more information, contact Clawson at 806-746-6101, m-clawson@tamu.edu.

\$1.00

Wendy Case



Mr. and Mrs. Claus visited Ivy Cottage last Thursday for their Christmas open house. Misty says Ivy Cottage will get their shipment of poinsettias around December 1 and they are really pretty this year.

hristmas spirit coming to Friona

the testing. ALL TESTS WERE There are plenty of chances to share IN COMPLIANCE WITH the Christmas spirit coming up in Friona. The season has already begun with the Friona Chamber of Commerce announcing the start of Ho! Ho! Home for the Holidays. All you have to do is shop locally and sign up to win \$25 in Friona Bucks at local businesses. The drawing will be held on Monday, De-19 for winners at each participating business and a grand prize \$100 in Friona Bucks.

Participating businesses are A-1 Service Center, Bi-Wize Pharmacy, Blackburn Hardware, Carniceria Hernandez, Creative Chaos, 5 Star Bistro, Fast Stop Convenience Store, Headquarter's Restaurant, Hunan's Restaurant, Interior Expressions, Ivy Cottage, Kendrick Oil Farm Store, Lowe's Supermarket,

There are plenty of chances to share Malouf's Fabrics, Milk House Market, December 5 with Christmas i Subway of Friona, Tasty Cream, Veterinary Industries.

Project Christmas Card sponsored by the Hospital Auxiliary has started collecting donations to benefit Parmer Medical Center. Canisters can be found in local businesses. The donations will go to purchase much needed hospital equipment. Donations can be made at Friona InterBank.

The Empty Stocking Fund provides clothes and a toy to local needy children as determined by school officials. Donations can be take by Friona Inter-Bank. Jyl Grimsley and Holly Campbell are co-chairpersons of the Empty Stocking Fund.

The Chamber will bring the spirit of Christmas to the City Park on Monday,

Park when Santa will arrive at the Depot at 5 p.m. He will be taking wish list requests from children until 7:30 p.m. There will be booths with vendors on hand during the event.

The city park will be decorated for the season by local churches, business, organizations and youth groups. Trees can be adopted and decorated from now until the day of the Christmas in the Park. For booth and tree adoption information, contact the Chamber at (806) 250-3491.

New this year is the Christmas Parade of Lights, which is being incor-porated into the Christmas in the Park event on Monday, December 5. The event is co-sponsored by the Chamber and the Parmer County Sheriff's Office.

Staging for the parade will begin at 5:30 p.m. at the Friona United Methodist Church and will begin winding its way past the city park at sundown.

Entries can be commercial, organizational, antique auto, antique tractor, horse & pony, walking unit, truck/ trailer or other. Deadline for entries is Friday, December 2.

Please return forms to the Parmer County Sheriff's Office at 300 4th Street in Farwell, ross.paiz@parmercounty. net, (806) 481-3303 or fax (806) 481-3305. Forms may also be sent to the Chamber office at 621 Main Street in Friona, fedc@wtrt.net, (806) 250-3491, or fax (806) 250-2348.

Come on out and enjoy every opportunity to celebrate the spirit of Christmas in Friona.

Community Calendar

Send Calendar information to: frionastar@wtrt.net, call (806) 250-2211 or fax (806) 250-5127

November 24 THANKSGIVING

November 29

JVB/JVG/VG/VB Basketball vs. Boys Ranch at Home 5/5/6:30/8 p.m.

December 1-3

Invitational

VG Basketball at Melrose Invitational 9G/JVG/JVB/9B Basketball at Friona JV Invitational

December 5

Christmas in the Park 5 to 7:30 p.m. Christmas Parade of Lights at sundown

December 6

Carol Around Friona

December 7

Pearl Harbor Remembrance Day

December 8-10

JVG/JVB/VG/VB Basketball at Farwell Tournament

December 10

Area Choir Clinic at Wayland **Baptist University**

December 12

FHS Choir Christmas Concert at First United Methodist Church

December 13

Prairie Acres Resident Christmas party at 6:30 p.m. JVG/VG Basketball at Idalou 5/6:30 p.m.

Happy Thanksgiving!

What are you truly thankful with. for in your life?

Your family? Your spouse? Your home? Your children? Your VB Basketball at Nazareth job/career? Your health? These usual things come to mind.

> What are you thankful for way down deep inside?

> above but there is so much more. I am thankful for waking up this morning.

I am thankful for the sun that shines down and illuminates all. I am thankful for clean and safe water to drink and wash

1 cup shredded cooked turkey

1/2 cup cubed cooked ham

1 hard-cooked egg, diced

1/4 cup light mayonnaise

salt and ground black pepper to taste

Prep: 20 minutes

Ingredients:

and pepper.

Prep: 5 minutes

Ingredients:

Cook: 10 minutes

2 eggs, lightly beaten

2 cups cold mashed potatoes

1 tablespoon all-purpose flour

1/8 teaspoon garlic powder

What to do with those pesky Thanksgiving leftovers:

I am thankful for the air I breathe.

nourishes my body.

I am thankful for the smiles of little children and old people. The smiles that reach the eyes I am thankful for all of the and shine forth for the entire day is a gift. world to see.

that I am afforded.

Leftover Thanksgiving Salad

Directions: Combine the turkey, ham, cranberries, egg, and basil

in a mixing bowl. Stir in the mayonnaise. Season to taste with salt

My Crispy Mashed Potato Pancake

I am thankful for the safety provided by our military and our police. Without these entities, there would not be much to be

free speech. Without it, I would column.

snowy, windy, hot, cold and clear days we are given. Every-

I am thankful for all of my thing you pray for. 55 years. The good, the bad and the ugly years we should be

When I became a Catholic, I was taught to pray by using the fingers of my hand. Starting with your thumb, that is your for my community family. There church family. The index finger is your community family. The next finger is for your work family. The ring finger is for your family, both here and in heaven. The pinkie is reserved for yourself. It is the smallest finger and should be the last

Therefore, here it goes: (Thumb) I am thankful for my church family and the graciousness they have shown by welcoming me into their family.

(Index finger) I am thankful are wonderful people everywhere if one will just open their eyes to see them.

(Next finger) I am thankful for my work family. They are such a blessing and a wonderful extension to my family.

(Ring finger) I am thankful for my family. Without them life would be such a lonely place. I am thankful for the family that now resides in heaven. They are my angels and keep me safe.

(Pinkie) I am thankful for every day I am given on this earth.

This Thanksgiving take some time during the hubbub of the holiday and consider all that you have. I hope that the list of good is much longer than the bad in your life.

Happy Thanksgiving!

School Menu Nov. 28-Dec. 2

Monday

Breakfast-Cereal, cinnamon

1 cup finely chopped cooked ham 1/2 cup sweetened dried cranberries, chopped 1 1/2 cups cold mashed potatoes 3 green onions, finely chopped 2 tablespoons chopped fresh basil leaves 1 egg 1 tablespoon Dijon mustard

Ingredients:

Prep: 15 minutes

Cook: 15 minutes

1/2 teaspoon dried dill weed

1/2 teaspoon salt

1/2 teaspoon ground black pepper

1 1/2 cups panko bread crumbs, divided

1/2 cup vegetable oil for frying, or as needed Directions: Mix ham, mashed potatoes, green onions, egg, Dijon mustard, dill weed, salt, black pepper, and 1/4 cup panko bread crumbs together in a bowl until thoroughly combined. If mixture is too moist to hold together, mix in an additional 1/4 cup of crumbs.

Ham Cake-ettes

Place remaining panko crumbs into a shallow bowl.

Scoop about 1/3 cup of the mixture and form into a ball; slightly | roll, apple juice, pears, milk. flatten into a patty. Press both sides of patty into the panko crumbs; Lunch-Roasted chicken, roll,

dana jameson

Country Thoughts

Thursday, November 24, 2016

Here Thanksgi Christmas week. He thankful "

Thursda

About morning Cargill p Geries sa on the tr struck by injuries r

The an mas Ca Stocking donation iliary sp mas Car our hosp cial equ available to donat direct at The E benefits with clot Children the Emp selected

Donation

As w our bles ing, one for is th

understa

thankful for. I am thankful for the right of

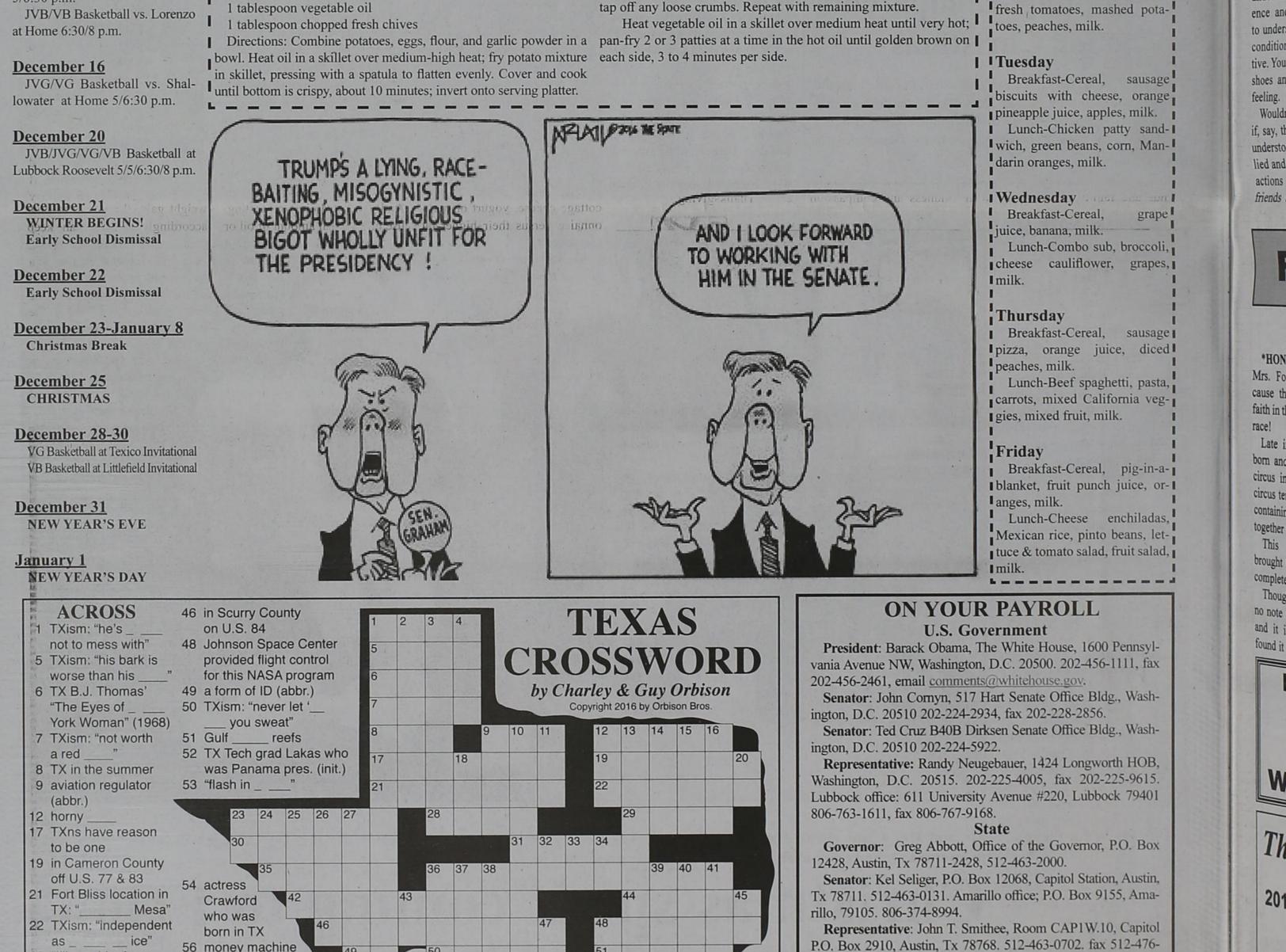
I am thankful for the rainy,

I am thankful for the laughter I am thankful for the freedom of children and, yes, the million cat and dog videos on Facebook. of religion. We get to choose

ship and that is pretty cool.

I am thankful for the food that not be writing this or any other thankful for as lessons learned.

I am thankful for the freedom where, when and how we wor-



56 money machine 51 49 50 23 "I'll tear him from (abbr.) limb" 53 57 corporation ramrod 52 28 once a stock ex-(abbr.) 11 TX Tanya's "One change for some TX 54 55 58 this Robinson Love Time" companies (abbr.) wrote the Mars 12 TXism: "worn _ 37 "per 29 what you rarely see 56 trilogy (init.) in south Texas frazzle" DOWN 57 13 TXism: "dull as week-39 "____ 30 "year __, ___ out" 1 film of TX-born Ann 31 Texas" was 58 the first in-house 14 this Carter started Harding "Biography 41 Gussie the Fort Worth drawing game " (1935) 35 this Biggio was Star-Telegram maybe the best 2 in Wood County 15 Yo Lo ____ Creek 26 So. Padre Island Astro ever on U.S. 69 & 80 16 pack neatly attraction 27 TXism: "ring 36 a person who sup-3 TXism: "hard as 18 coach Landry 20 TX Buddy Holly ports the Cowboys putting up_ tooter" 32 TX Roy Orbison's even when they're windstorm" song: "Rave __ " "__, Pretty Woman" 4 salamander bad (4 wds.) 23 Chinese surname 42 TXism: "does a cat 33 __-dah! 24 Texas Instruments, 9 blaze 34 TX historian: _ _ 10 TXism: "faster than have _ Fehrenbach gear?" (yes) 25 TX Belle Starr's 44 Mc_ 36 capable of _, TX _rabbit" first name

P-1299 solution on page 4 38 nuclear info. org. and fauna" 40 this Shivers was the 33rd Lt. Gov. of TX Davis founded the Rangererettes dance team 43 TX Larry Hagman's mother Mary (init.) 45 TXism: "__ dice" 47 in Bexar County on highway 16 STAFF: 48 TXism: "fits like sardines in _ 55 TX Vikki Carr album: "Cosas del

7016. Amarillo office; 320 So. Polk, 1st Floor, Lobby box 28, Amarillo 79101. 806-372-3327, fax 806-342-0327.

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Ron Carr · editor & publisher Dana Jameson • managing editor Nathan Parson • production manager Evelyn Romero · accounting



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Town Talk II

By Ron Carr • Phone: 250-2211 • Fax: 250-5127 • Email: frionastar@wtrt.net

Thanksgiving table. Then the Christmas frenzy starts next week. Hope you all have a thankful Thanksgiving holiday.

About 1:30 a.m. Sunday morning another wreck at the Cargill plant entrance. Sheriff Geries said a pickup stalled on the train track and it was struck by a passing train. No injuries reported.

The annual Project Christmas Card and the Empty Stocking Fund are accepting donations. The hospital auxiliary sponsors Project Christmas Card and proceeds go to our hospital to purchase special equipment. Canisters are available at local businesses to donate or you can deposit direct at Interbank.

The Empty Stocking Fund benefits local needy children with clothes, shoes, and a toy. Children that benefit from the Empty Stocking Fund are selected by school officials. Donations to the fund can

Here we sit at another also be made at Interbank. Jyl Grimsley and Holly Campbell are co-chairmen of the Empty Stocking Fund. I believe volunteers go to J.C. Penney in Amarillo to purchase items for the children. For donations or more info see Jyl or Holly. ****

> I went to Bovina last Thursday evening for the Parmer County Cancer Coalition (PCCC) cancer survivor dinner. Greg and Jamie Lewellen, co-chairpersons of the PCCC welcomed guests. A Mexican pile-on dinner was served and those attending enjoyed the meal and visiting with each other. The PCCC provides monetary assistance to cancer patients for expenses such as transportation to Amarillo or medications, etc. Donations are always accepted.

Varla Wilcox says they are still accepting items or donations for the bags they are putting together for our soldiers in Kuwait, including local graduate Gavin Douglas. They

are also looking for BIGS Same employees too at this volunteers. Call Varla for any information, 250-6820. ****

Friona on Parade is a hardback book about the size of a school yearbook that was researched and written by Adopt a Grandparent this year the late Bill Ellis, longtime instead of Adopt a Resident. Friona Star owner/publisher Many of the elderly residents after his retirement. The book chronicles the academic and Adopt program assures they athletic history of Friona ISD from 1908-2005. Bill's widow Carol recently found many this Christmas contact the copies of Friona on Parade in Prairie Acres activity departher basement. She is making them available for a donation or for \$1.00. We have a few copies here at the Star office and will have more later on. If interested come by or call. ****

Effective November Cargill Cattle Feeders in Bovina were officially acquired by Friona Industries L.P. The name if the feedyard is now Bovina Cattle Company, a division of Friona Industries L.P. Same mailing address and phone number but different email addresses.

time. They are running a couple of help wanted ads with us the next couple of weeks.

Prairie Acres' is calling their annual Christmas event have no family nearby and the will receive gifts for Christmas. To Adopt a Grandparent ment at 806-250-3922.

There is a lighted Christmas Parade this year on December 5 during the Christmas in the Park evening. String lights on

your vehicles or parade floats. Staging will be on the east side of the Methodist Church and begin at 5:30 p.m. The parade will begin at sundown. No fee to enter. Deadline for entry is Friday, December 2. For more info contact Ross Paiz at 806-481-3303 or the Chamber office at 250-3491.

pick your tree to decorate in the park. When you come to Christmas in the Park bring a canned good to vote for your favorite tree. Proceeds will go to Senior Meals in Friona. ****

Lynn Gowens reports that Michael Winchester, the man killed at the Oklahoma City

cousin. She said 1,400 people attended the funeral. He had a wife, two little girls, and four grown children. His son kicks for the Kansas City Chiefs.

If I might make a suggestion to the Red Stone Pizza truck. The next time you come over to sell your pizzas bring enough pizza dough, or whatever it is you sell out of. I went over Saturday about 1:00 p.m. to get a pizza to take home and they said "sold out." The same thing happened the last time they were here. Hope everyone has a great Thanksgiving feast and happy Thanksgiving weekend. Until then!

Airport last week, was her

Recipe alterations, portion control key to healthful holiday eating

By Paul Schattenberg

Overeating is as much a holiday tradition as watching football, so a Texas A&M AgriLife Extension Service expert has some tips on how to alter holiday recipes and make better food choices for healthier eating.

"Many times, the sugar, fat or sodium content of holiday recipes can be reduced without a noticeable difference in taste," said Dr. Jenna Anding, AgriLife Extension associate department head, nutrition and food sciences, Texas A&M University, Col-

you're making holiday food choices."

Anding said modifying recipes may not always produce the desired texture or taste, so it's a good idea to try the recipe in advance before serving it to others.

"Remember processed foods typically have a higher sodium content, so people should be vigilant about checking food labels for sodium," she said. "If there's a choice between regular and reduced-sodium ingredients, choose the item with reduced sodium."

good source of fiber, are high in vitamins A and C and are a good source of manganese. They are also low in calories."

Anding said a medium-size baked sweet potato only has about 100 calories, so a baked sweet potato with a little bit of brown sugar and cinnamon is a healthier option to one slathered in butter or cooked with a marshmallow topping.

"Cranberries are loaded with phytonutrients and are known for their anti-inflammatory properties," she said, "Adding them to salads and baked items such as muffins, cookies and pies can be a way to sneak in some added nutrition and flavor."



The gift of empathy

As we are contemplating greater understanding of sorrow understanding of the experience and emotions of others, to understand another person's condition from their perspective. You place yourself in their shoes and feel what they are feeling. if, say, the bullies of the world understood how it felt to be bullied and how their behavior and actions made others feel. As

our blessings this Thanksgiv- and loss if we have experienced ing, one thing I am thankful it ourselves. If we have never for is the gift of empathy-the known hunger, can we understand how it feels to be hungry-or poor-or disabled-or dyslexic-or disfigured-or blind-or deaf-or even all alone?

for others. All of us would like to be able to serve in a greater capacity rather than just pleasing ourselves. Not to the exclusion or abandonment of our values and beliefs, but for us to have a little more kindness and compassion, i.e. empathy... would be good.

The Chamber can help you

Jesus experienced sorrow, loss, anger, physical abuse and Wouldn't it be a better world even death and He is the great comforter. He knows how we feel-even before we do.

It is a gift that helps make us bigger and better human beings friends and family, we have a with kindness and compassion

New on the bookshelf: Nest by Terry Goodkind, Chaos by Patricia Cornwell, and Turbo by Janet Evanovich.

Don't forget to come by the library for holiday reading ... we will be closed November 24 and 25 for Thanksgiving.

lege Station. "In addition, there are several traditional holiday foods you can prepare in ways that don't have a lot of extra fat or calories."

If a recipe calls for a cup of sugar, try using two-thirds of a cup instead, she said.

"And if reducing the fat content of a recipe is the goal, try using reduced-fat or nonfat cheese, milk, cream cheese, cottage cheese, yogurt or mayonnaise versus their higher-fat counterparts."

She said another recipe alteration is to substitute evaporated milk for cream.

"For mashed potatoes, try using defatted broth instead of butter," she said. "This can reduce both fat and calories. Just remember though, low-fat doesn't always mean fewer calories, so be aware of this when

Anding said many traditional holiday foods can be healthy and nutritious, so long as they are thoughtfully prepared and not embellished in ways that detract from their nutritional value.

"If you're cooking a turkey, leave the skin on to contain the flavor, but then remove it afterward to reduce the fat content. Baste your turkey in its own juice or use a defatted broth. And when steaming or roasting, use just a small amount of oil or cooking spray for the healthiest way to cook your vegetables."

She said adding herbs and spices to a recipe can add unique flavors without adding extra sodium, fat or calories.

"For example, sweet potatoes contain beneficial phytonutrients and antioxidant properties, as well as essential vitamins and minerals," she said. "They're a

Even with healthier preparation, Anding said, portion control is still key when it comes to holiday eating.

"The holidays provide more opportunities to eat at family and social gatherings," she said. "If you're trying to avoid holiday weight gain, the key is to plan accordingly so you can keep your calorie intake in check. And don't forget to engage in a reasonable amount of physical activity to help burn off those extra calories and relieve the stress that often accompanies the holiday season."

More food and nutrition information and resources from AgriLife Extension can be found at http://fcs.tamu.edu.



Friona Flashbacks

turn was made.

last week.

News from the week of November 22, 1951

*Analyzing big game hunting

costs, a Game and fish Commis-

sion wildlife biologist this week

He said the minimum expen-

diture per hunter that year was

\$2—the price of the old resident

hunting license-and that the

maximum individual expendi-

\$271.97 for the 1947 season.

*HONEST, BUT SLOW... Mrs. Forrest Osborn had just cause this week to renew her faith in the honesty of the human race!

Late in September Mrs. Osborn and children attended the circus in Clovis. While in the circus tent she lost a coin purse containing some \$9 in currency, together with papers.

brought Mrs. Osborn her purse, complete with all the currency.

Though postmarked Clovis, no note accompanied the purse, and it is still a mystery who found it or why the delay in re-

> Past issues of the Friona Star are archived at **Texas Tech University** www.swco.ttu.edu

The Stevens 5 Star Deal of the Week!

2015 Chrysler 200

Stock #754m



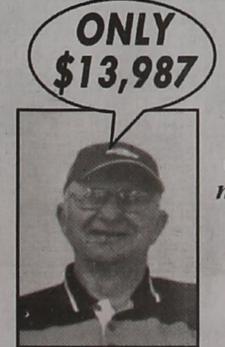
ture was \$3,618.50.

*Jim Shaffer and G.B. (Pete) *The North Plains Gin at Fri-Buske were re-elected mem- ona is now operating day and bers of the board of the Parmer night, manager Wright Williams County Community Hospital at has informed the Star, and over the annual meeting of the body 1,000 bales have been ginned to date.

*Allen Stewart guessed, and correctly so, that we might be publishing some Thanksgiving reported the average hunter recipes, so he submitted the fol-This week the mailman stalked deer and turkey spent lowing (please give Allen the credit-not us!):

> To make home brew chase wild bull frogs for three miles and gather the hops. To them add ten gallons of tan bark, onehalf pint of good shellac and one bar of homemade soap. Boil 36 hours, then strain through sock to keep it from working. Add one grasshopper to each pint to give it a kick. Pour a little into the kitchen sink: if it takes the enamel off it is ready for bottling. Recipe guaranteed to be legal (and lethal).

2.4L Engine 23 city / 36 hwy Velvet Red





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courtesy photo

Friona FFA Radio team placed first in area competition in Canyon recently. Members of the team are, 1-r, Seth Murhpree, Brandon Douglas and Erica Barerra. Next stop is State.

frionaonline.com

Thursday, November 24, 2016

to their operations and natural

resources. The implementation

of new methods and software

for evaluating applications will

help producers learn quickly

if they are or are not meeting

stewardship thresholds, in turn

allowing them to pick practices

and enhancements that better

fit their conservation goals and

objectives. The CSP application

software updates also provide

producers with potential pay-

ment scenarios for conservation

practices earlier in the applica-

NRCS offices will begin

processing CSP applications

on Nov. 14, 2016, with the

first priority funding ranking

period ending Feb. 3, 2017. Ap-

plications are available at local

CSP is for producers who are already established conservation

stewards, helping them to de-

liver multiple conservation ben-

efits on working lands, including

improved water and soil quality

and enhanced wildlife habitat.

People interested in the addi-

tional opportunities the updated

CSP offers can find information,

including national and state

ranking questions and enhance-

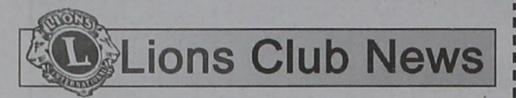
ment descriptions, on the new

CSP web portal at http://www.

nrcs.usda.gov/csp.

USDA Service Centers.

tion process.



The Friona Noon Lions met Thursday November 17 with 9 members, sweetheart Kendall Barnett, and guests Dave Barnett and District Governor Robert Bain present.

District Governor Bain spoke to the club about various Lions projects. Club members signed a banner that will be carried in the Lions International convention parade in Chicago next year.

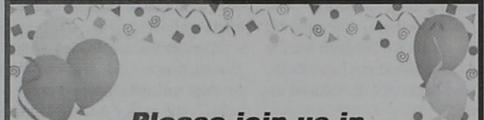
Tickets for the Noon Lions raffle of a rifle and a revolver are still available. They are \$10. See Andy Montana or Clint Mears for tickets. Dale Houlette also has tickets.

The Friona Noon Lions wishes everyone a happy, peaceful Thanksgiving and thank you all for your support throughout the year. The next meeting will be Thursday December 1 at Headquarters Restaurant.



ron carr photo

This banner, signed by Lions members in District 2-T1, will be carried in the Lions International convention parade next year in Chicago. From left are Fred Cook, Kendall Barnett, Clint Mears, Andy Montana, and District Governor Robert Bain.



Yummy Sweet Potato Casserole Prep: 30 minutes Cook: 30 minutes Ingredients: 4 cups sweet potato, cubed 1/2 cup white sugar 2 eggs, beaten 1/2 teaspoon salt 4 tablespoons butter, softened 1/2 cup milk Topping: 1/2 teaspoon vanilla extract 1/2 cup packed brown sugar 1/3 cup all-purpose flour 3 tablespoons butter, softened 1/2 cup chopped pecans Directions

Preheat oven to 325 degrees F (165 degrees C). Put sweet potatoes in a medium saucepan with water to cover. Cook over medium high heat until tender; drain and mash.

In a large bowl, mix together the sweet potatoes, white sugar, eggs, salt, butter, milk and vanilla extract. Mix until smooth. Transfer to a 9x13 inch baking dish.

In medium bowl, mix the brown sugar and flour. Cut in the butter until the mixture is coarse. Stir in the pecans. Sprinkle the mixture over the sweet potato mixture.

Bake in the preheated oven 30 minutes, or until the topping is lightly brown.



Thursday 11am-5pm Saturday 10am-3pm

USDA updates Conservation Stewardship Program

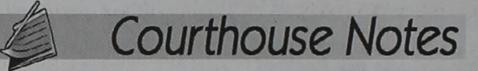
The U.S. Department of tions and the resultant benefits Agriculture's (USDA) Natural Resources Conservation Service (NRCS) is now accepting and processing applications for enrollment in the updated Conservation Stewardship Program (CSP).

Through CSP, agricultural producers and forest landowners earn payments for actively managing, maintaining, and expanding conservation activities like cover crops, cologicallybased pest management, buffer strips, and pollinator and beneficial insect habitat - all while maintaining active agriculture production on their land. CSP also encourages the adoption of cutting-edge technologies and new management techniques.

"This year, the Conservation Stewardship Program provides even more opportunities for conservation and greater flexibility at the local level to prioritize resource concerns and conservation approaches," says Texas NRCS State Conservationist Salvador Salinas.

"Customized CSP tools for Texas will improve the customer experience during application evaluations."

NRCS has made several updates to the program. Producers are now able to better evaluate their conservation op-



Warranty deeds are reported by the County Clerk's Office from the week of November 10 through November 17, 2016:

BRETT Be ble proclama "WHE dence of efits, and both Hou me "to re thanksgiv ful hearts affording ment for Now, t of Nover service of all the go in render. and prote a nation; sitions of for the g since enj been ena and happ for the ci means w general, i to confer Andal and supp Him to p whether tive dutie ment a bl wise, jus and obey such as h

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Please join us in celebrating our Mother's (Christine Putman) **90th Birthday** There will be a come and go event at the **Friona Senior Citizens Friendship House** From 4-6 p.m. on December 3

Please no gifts, just your attendance will be appreciated.

Turkey a la King

- Prep: 10 minutes Cook: 15 minutes
- Ingredients:
- 2 tablespoons butter
- 3 fresh mushrooms, sliced
- 1 tablespoon all-purpose flour
- 1 cup chicken broth
- 1/2 cup heavy cream 1 cup chopped cooked turkey
- 1/3 cup frozen peas, thawed salt and pepper to taste
- Directions:

In a large skillet over medium low heat, cook butter until golden brown. Saute mushrooms until tender. Stir in flour until smooth. Slowly whisk in chicken broth, and cook until slightly thickened. Stir in cream, turkey and peas. Reduce heat to low, and cook until thickened. Season with salt and pepper.

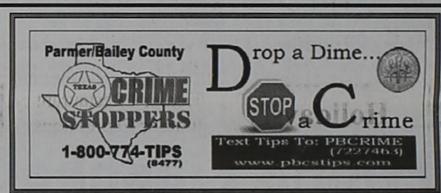
www.frionaonline.com

Iglesia Del Dios Vivo Al Llamado De La Gracia-Robert Reyes and Maria Reyes, L1-2 NE 15' L3 B79 OT Bovina.

Danny Campbell and Holly Campbell-Socorro Corral and Ana Maria Corral, L17-18 B63 OT Friona.

Thogal Stanberry Estate-Brenda May McNeely, L6-16 B6 OT Bovina.

Harold Denton Stanberry-Brenda May McNeely, L6-16 B6 OT Bovina.



Crime of the Week

The Parmer County Crime Stoppers need your help. On November 17, 2016, the Parmer County Sheriff's Office received a report of a Burglary of a Habitation on the 2200 Block of County Road 17, Friona TX. The unknown individual(s) forcibly entered into the residence and stole the following a Vizio 65" Flat screen TV and an Apple Ipad.

If you have any information at all about this crime, please call the Parmer County Crime Stoppers at (806) 481-9178. You will





Thursday, November 24, 2016

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A Thanksgiving **Proclamation**

BRETT HOYLE, Pastor, First Baptist Church

Be blessed as you read George Washington's 1789 Thanksgiving proclamation, and give thanks for this great country of ours.

"WHEREAS it is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly to implore His protection and favor; and whereas both Houses of Congress have, by their joint committee, requested me "to recommend to the people of the United States a day of public thanksgiving and prayer, to be observed by acknowledging with grateful hearts the many and signal favors of Almighty God, especially by affording them an opportunity peaceably to establish a form of government for their safety and happiness."

Now, therefore, I do recommend and assign Thursday, the 26th day of November next, to be devoted by the people of these States to the service of that great and glorious Being who is the beneficent author of all the good that was, that is, or that will be; that we may then all unite me and them. in rendering unto Him our sincere and humble thanks for His kind care and protection of the people of this country previous to their becoming a nation; for the signal and manifold mercies and the favorable interpositions of His providence in the course and conclusion of the late war; Him, but the fact that He fights for me humbles me for some reason. for the great degree of tranquility, union, and plenty which we have since enjoyed; for the peaceable and rational manner in which we have been enabled to establish constitutions of government for our safety and happiness, and particularly the national one now lately instituted; for the civil and religious liberty with which we are blessed, and the means we have of acquiring and diffusing useful knowledge; and, in general, for all the great and various favors which He has been pleased to confer upon us.

and supplications to the great Lord and Ruler of Nations, and beseech Him to pardon our national and other transgressions; to enable us all, whether in public or private stations, to perform our several and relative duties properly and punctually; to render our National Government a blessing to all the people by constantly being a Government of wise, just, and constitutional laws, discreetly and faithfully executed and obeyed; to protect and guide all sovereigns and nations (especially such as have shown kindness to us), and to bless them with good governments, peace, and concord; to promote the knowledge and practice of true religion and virtue, and the increase of science among them and us; and, generally, to grant unto all mankind such a degree of temporal prosperity as He alone knows to be best.

Given under my hand, at the city of New York, the third day of October, in the year of our Lord one thousand seven hundred and eighty-nine. G. Washington."



frionastar@wtrt.net

God Fights for Us

By TEENA HUGHS

Tis the season of thanksgiving. Just about everywhere you look on TV, people are saying what they are thankful for. Children's programs at schools and church center around thankfulness. Before eating Thanksgiving dinner, people often go around the table expressing what they are most thankful for, trying to come up with something no one else has already said.

Like everyone else, I am thankful for so many things, but Community Bible Study has taught me to be thankful for something new this year, and that is having a God who fights for me, and you.

When I look back over the tough spots in my life, I quickly realize things could have been much worse. In some instances there is no reason why things didn't get worse; why friends and family didn't continue down wrong paths; why tragedy didn't happen when it so easily could have. The only explanation is that God was fighting for

Until we studied Exodus, and how God fought for the Israelites and their survival, I didn't even realize God fights for me. I know He loves me and He is continually trying to draw me closer and closer to

It is so difficult for independent people to turn life and its situations over to God. I have a cousin who has a very liberal daughter. The election results have this girl totally distraught. My cousin's wife texted me saying her daughter informed her she doesn't know anything about anything. I told her that just about the only thing she can do is pray for her. Hopefully knowing God is fighting for her daughter will help her turn her over to Him and let Him handle her.

The good thing about God fighting for us is He knows what is And also that we may then unite in most humbly offering our prayers best for us, and He fights the way that leads to victory for everyone. That is something we can all be thankful for!!! Take care and happy Thanksgiving!

LETTER TO THE EDITOR

As a new superintendent filling HUGE shoes and learning as fast as I can, I haven't taken the time to put any personal thoughts in the newspaper - at least up until now.

At church on Sunday, Jeff Procter had an amazing lesson on being thankful. He referenced Colossians 3:15... And be thankful. 17. And, whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, GIVING THANKS to God the Father through Him.

Jeff's sermon convicted me to thank the many that have made my transition smooth. I am truly blessed to have this job. The people of Friona are amazing. This Thanksgiving, I would like to take a minute

Panhandle Parables November

Challenge Final Phase By JEFF PROCTER, Minister, 6th Street Church of Christ

I want to begin by saying thanks. I would like to thank the Friona Star for allowing me the space to share my little articles. Thank you as a community for welcoming my family home six years ago, it has gone by quickly and I treasure the friends I have here and am truly thankful for the kind encouragement to keep writing. I am thankful for those of you who choose to read, not just my articles but Brett and Teena's as well. We have much to

be thankful for in our community. Friona is a special place. Now to the final phase of the November Challenge. If you have gone with me this far, I ask you go just a bit further. Take a good look around you there is much for which one can be thankful. Finish out the month writing about anything you are thankful for, then live it out every day. You don't have to wait for November to roll around to stop and be thankful. Live with thanksgiving in your heart. Tell your waiter thank you, tell your spouse thank you, tell your children you are thankful for them, but most of all tell God thanks for all the blessings you have daily. Focus 2017 on being grateful. Choose your words carefully, encourage and build up don't tear down. Live in humble service to the King of Kings and Lord of Lords. Live thankful for a risen Savior that gives us hope beyond or days on this earth. Let your life sing of His praises.

We are given too short of time on this earth to live it selfishly or ungratefully. Let your life be one that when it ends those who know you, know you were thankful for them. Be thankful for life itself and thankful for the journey we share together as members of this community. Have a very blessed day and Happy Thanksgiving.

Save us, O God of our salvation, and gather and deliver us from among the nations, that we may give thanks to your holy name and glory in your praise. 1 Chronicles 16:35

$\infty 0000$		to let the community and staff know what I am grateful for:	
Ho! Ho! Home for the Holidays! participating merchants:	A-1 Service Center Bi-Wize Pharmacy Blackburn Hardware Carniceria Hernandez Creative Chaos Fast Stop 5 Star Bistro Headquarter's Restaurant Hunan's Restaurant Interior Expressions Vy Cottage Kendrick Oil Farm Store Lowe's Supermarket Malouf's Fabrics Milk House Market Subway of Friona Tasty Cream Veterinary Industries	 Our students are the best in the Texas, possibly the country. Our teachers and support staff give their all to meet the needs of our students. Our administrators go above and beyond to provide our teachers and students with the best opportunities. Our School Board cares deeply about the education our students are provided and have been so patient with me as I learn. The Friona Police Department and Fire Department have come to our rescue on a couple of occasions this year and are always willing to help in any way possible. The Friona Star is amazing to support our students with numerous pictures and the schools with such positive press. Our community is so willing to support our kids and provide that neighborly care that is missing in so many places. Thank you all and may the Lord bless you this Thanksgiving and remember to "Give Thanks"! Dr. Pam Ray Superintendent Friona Staria Staria (Staria) Friona Independent School District And your church news to the Friona Staria (Staria) Area Church Directory	Southwestern Tur Prep: 15 minutes Cook: 30 minutes Ingredients: 1 1/2 cups shredded cooked turkey 4 cups vegetable broth 1 (28 ounce) can whole peeled tomator 1 (4 ounce) can chopped green chile p 2 roma (plum) tomatoes, chopped 1 onion, chopped 2 cloves garlic, crushed 1 tablespoon lime juice 1/2 teaspoon cayenne pepper 1/2 teaspoon ground cumin salt and pepper to taste 1 avocado - peeled, pitted and diced 1/2 teaspoon dried cilantro 1 cup shredded Monterey Jack cheese Directions: In a large pot over medium heat, combin tomatoes, green chiles, fresh tomatoes, o juice. Season with cayenne, cumin, salt, a boil, then reduce heat, and simmer 15 to 20 Stir in avocado and cilantro, and simmer slightly thickened. Spoon into serving bow ded cheese.

Friona

CALVARY BAPTIST CHURCH 15th & Cleveland • 806-250-3000 **Pastor Bobby Broughton** CHILDREN'S CHURCH • 3 yrs-6th grade www.calvaryfriona.org

> FIRST BAPTIST CHURCH 6th & Summitt • 806-250-3933 Pastor Brett Hoyle Email-firstbc@wtrt.net Website-www.fbcfriona.com

FRIONA UNITED METHODIST CHURCH 8th & Pierce • 806-250-3045 **Rev. Skip Hodges** Email-frionoaum@wtrt.net Website-www.frionaumc.com

GRACE BAPTIST CHURCH North end of Congregational Church 1601 Euclid • 575-693-6381

IGLESIA EVANGELICA NUEVA JERUSALEN 1517 Main St. • 806-346-9725 Pastor Benito Mejia benitomejia@live.com

QUALITY OF LIFE BIBLE STUDY CHURCH 301 Grand Ave. • 806-240-0826 Pastors Mark & Mary Goff

SIXTH ST. CHURCH OF CHRIST 502 W. 6th • 806-250-2769 Jeff Procter, Minister

ST. TERESA'S CATHOLIC CHURCH 16th & Cleveland • 806-250-2871 Father Anthony Swamy Aakula

TEMPLO BAUTISTA 403 Woodland • 575-693-6381 Pastor Ruben Rivera

TEMPLO DE ADORACION 620 Washington • 806-250-5929 Pastor Roy Dominguez

TENTH ST. CHURCH OF CHRIST 10th & Euclid • 806-250-5236 Gerall Wyly

UNITED CHURCH OF CHRIST Union Congregational Church 1601 Euclid • 806-250-3635

VICTORY FAMILY WORSHIP CENTER 9th & Washington 806-250-2207 Pastor Robert Kerby Website-www.thevictory.tv

key Soup

eppers

e turkey, broth, canned nion, garlic, and lime and pepper. Bring to a) minutes.

15 to 20 minutes, until ls, and top with shred-

Bovina

FIRST BAPTIST CHURCH 308 3rd Street 806-251-1632 Pastor Brian Mullins

CHURCH OF CHRIST

500 Ave. E 806-251-1334 Mike Prather, Minister

FIRST UNITED **METHODIST** CHURCH 205 4th Street 806-251-1124 Pastor Larry Mitchell

ST. ANN'S CATHOLIC **CHURCH** 401 3rd Street 806-251-1511 Father Anthony Swamy Aakula

LA IGLESIA DE DIOS **DEL PRIMOGENITO** The Church of God of the Firstborn 102 2nd Street

IGLESIA BAUTISTA HISPANA 103 1st Street 806-251-5232 Pastor Rafael Marin

THIS DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES WHO ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES.

Cargill Cattle Feeders 806-225-4400 A Cargill Company PO BOX 150 Bovina, Texas	251-1324 800 Hwy. 86 Bovina, Texas	Paco Feed Yard, Ltd.	WT Services Inc. 1010 Columbia at Hwy 60, Friona Hours: 8:00 am-5:00 pm Monday-Friday 250-5555	We are here to serve you with Old Values and New Visions. Come by and see us and let us help you with your banking needs
FRIONA Description Description Phone 250-5000 "Where People Come First" 1105 N. Cleveland www.interbankus.com	Phone 806-364-3331 Hereford, Texas 79045	P.O. Box 956 Friona, Texas 79035 (806) 265-3433 (806) 265-3281	250-3913 1205 Hwy. 60 West Friona Texas	Member FDIC- Equal Housing Lender 301 W. 3rd 710 W. 11th Hereford TX Friona TX 806-363-2265 806-250-2900
	DEAF BMITH COUNTY HOSPITAL DISTRICT Stephanie Alvarado, RN Phone: (806) 364-2344	First Bank Bovina Member, FDIC Equal Housing Lender 101 North Third 251-1442	Prairie Acres/Heritage Estates Quality Care • Assisted Living Ron Clark Administrator 806-250-3922	East Highway 60 Box 519 Phone: 250-2791 Friona TX 79035

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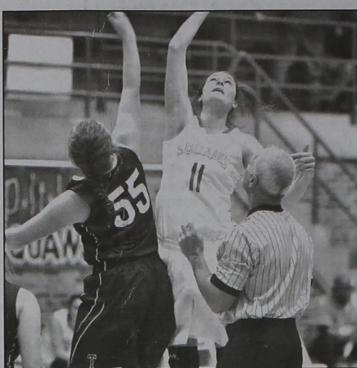
RION

dana jameson photo

Ivan Gallardo (15) goes high on defense vs. Texline. Teammates are Daniel Pena (13), Erick Prieto (23), and Seth Murphree (11). Final score was Texline 55 Chiefs 35. The Chiefs played Bovina Tuesday and host Boys Ranch here November 29.



dana jameson photo Johnny Ojeda (22) scrambles for a loose ball Friday night vs. Texline. Texline won the game 55-35.



dana jameson photo Kim DeWit (11) gets the opening tipoff vs. Texline last There are too many hands as Mariah Trevino (23) Friday. She led scoring with 13 points as the Squaws beat Texline 52-40. They are 3-0 and host Bovina Tuesday November 22.



Thursday, November 24, 2016

dana jameson photo

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tries a shot vs. Texline. Teammates in the photo are Megan Stone (3), Emma Rector (13), and Bailey Pope (30). The Squaws won 52-40.



dana jameson photo JV Chief Samuel Frye goes for the rebound against the Texline Tornadoes.

5, Damar Sermeno 2, Chris Rodrigue 2.

Chiefs 29 Tulia 45 Nov 15

Chiefs 35 Texline 55 Nov 18 Scoring: Damar Sermeno 11, Johnny Ojeda 7, Ivan Gallardo 5, Erick Prieto 4, Daniel Pena 3, Seth Murphree 3, Junior Reyes 2.

Scoring: Johnny Ojeda 14, Daniel Pena 6, Ivan Gallardo

Squaws 52 Tulia 47 Nov 15

Scoring: Kim DeWit 23, Paige Upton 16, Kendall Barnett 10, Taylor Stallings 5, Erica Barrera 2, Bailey Pope 2, Megan Stone 1.

Squaws 52 Texline 40 Nov 18

Scoring: Kim DeWit 13, Taylor Stallings 8, Paige Upton 6, Kendall Barnett 6, Mariah Trevino 6, Erica Barrera 5, Megan Stone 5, Sydney Frye 2, Sandra Gonzalez 1.

All District Volleyball

Coach Bryan Masse has released the 2-3A all-district volleyball team for 2016.

Kim DeWit was one of three girls selected as District MVP. Kendall Barnett was one of two girls selected as Outstanding Set-

Selected to first team all-district were Paige Upton, Taylor Stallings, and Bailey Pope.

Earning honorable mention all-district were Erica Barrera, Mariah Trevino, Sabrina Barraza, and Gabbi Douglas.

Proud to be your Hometown Pharmacy



Everyone loves holiday guests, but sometimes they bring new germs. Ask me how to boost your immune system with Vitamin C, zinc, and probiotics.

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We've added a huge new selection of gift items. Come and see!

We will be closed Thanksgiving Day and Saturday, Nov. 26th. Open on Black Friday!

STORE HOURS: MON-FRI: 9AM-6PM SAT: 9AM-1PM **CLOSED SUNDAY**

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Get a free TV with a qualifying Purchase! Ask for details. See our bargain zone. Save 50%

Thank



Blue Sky FARMS

dba **High Plains Dairy**

Harry & Margret DeWit, owners 265-3310



Follow our Friona Star Fan Page on Facebook

HOUSE FOR SALE

2 bedroom, 1 bath PLUS 1,000 sq. foot finished basement with bath & 3 large rooms 905 W. 5th Call (806) 336-3090 Or (806) 223-6647

tfnc

L.P. has a position available for Mill Maintenance.

Responsibilities will include repair and maintenance of mill equipment and machinery, housekeeping, loader/ truck operation, and other duties as assigned. Mechanical/ Welding skills preferred. Applicants must be willing to perform or learn all of these duties mentioned, possess a strong work ethic and work well in a team environment.

Work Schedule will include 1 & ½ days off on most weeks and hours will average 50-60 straight wage, no overtime. Position offers full benefit package including Health Insurance and 401K.

Interested applicants should apply in person at Bovina Cattle Co., 600 US HWY 60, Bovina, Tx. 806/225-4400 2tc:11.24-12.1



frionaonline.com

2tpd 11.24-12.1

Risinger Plumbing Serving Friona 272-6772 Cell: 523-2222 Master License #16066

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Residential/Commercial overhead garage door or opener repair or replacement. 35 years in business. Also for concealed handgun classes call Toby Turpen @364-6362 pd:6.30-6.29.17

ELECTRONICS RECYCLING EVENT City offers electronic recycling event for residents and small businesses

This year marks the 7th annual e-Recycling Event facilitated by the Panhandle Environmental Partnership. The City of Friona will participate by allowing residents and small businesses to drop-off electronics. Last year the event recycled 41,098 pounds of every kind of electronicsfrom computers to televisions and everything in-between.

The Panhandle Environmental Partnership and the City of Friona are hoping to beat last year's numbers. The 2016 e-Recycling Event officially begins on November 28th and will run through Thursday, December 15th. Items will be transported to the ECS Refining facility in Mesquite, Texas before the end of the year and will be grinded into tiny pieces so each component material can be separated and recycled.

The City of Friona will have a drop-off point. Please contact City Hall at 806-250-2761 for location.

Items accepted: computers, monitors, keyboards, mice, wiring, printers, televisions of any age and type, radios, stereos, speakers, gaming systems, cell phones, home/office phones, copiers, fax machines, anything you can find in the electronics department will be accepted and recycled.



FARMS/RANCHES FOR SALE

NEW LISTING! Harding Co., NM – 1,280 ac. +/-, scenic, excellent grass land, no cattle in 13 yrs. Call for details.

OCHILTREE CO., TX. - JUST LISTED choice section 3 ½ mi. S. of Perryton - Please call for details!

CASTRO CO., TX - NAZARETH, TX. - 102 +/- acre dairy w/home, east of Nazareth on Hwy. 86.

SANCHEZ CANYON RANCH – Union CO., NM – 677 ac. +/- of very rugged, scenic country w/excellent hunting/recreation & good home for livestock, White Tail & Mule Deer, Elk, Turkey & many other varmints.

SOUTHERN NM (Chaves/Otero Co.) – 25,665 +/- ac., 1,320 +/- deeded, 4,024 +/- State, 15,000 +/- BLM, 5,321 +/- Forest, permitted for 580 au's year-round, well watered, good headquarters, very nice updated home, excellent pens & out buildings.

HART, TX. – 709 ac. +/- in strong water area of Castro County, fully developed w/wells & sprinklers, on pvmt.

SAN ANGELO AREA – 743.4 ac. +/- of good ranch country w/yearround creek & excellent hunting, located on all weather road.

KING CO., TX. – 330 acres +/- with excellent quail & whitetail hunting. Hunting cabin. CRP until 2019. PRICE REDUCED!

DONLEY CO., TX. – 160 ac. +/- CRP. Good hunting. Irrigation potential. **MINERALS/STRONG WATER/PERRYTON, TX.** – 830 ac. +/- just outof-town & adjacent to a city owned property, on all-weather road, beautiful home, tremendous potential for irrigation or residential development.

FOR SALE OR LEASE - 30,000 HD. FEED YARD – Southeast Texas Panhandle, close to Texas & Kansas packers. <u>Call or email for details</u>!!!! NM STATE LEASE – Union Co. – buy the improvements & irr. equip. on the property & lease a NM State Leased section, 640 ac. +/-, w/ nice home, landscaped yard w/matured trees, nice shop, cattle pens & pivot sprinklers.

SELLER VERY MOTIVATED to buy or trade for ranch or farmland properties between Dallas & Houston, TX. For sale Pontotoc/Coal Co., OK – three good, solid ranches just out of Ada in close proximity, one to the other (one owner -779 ac. +/-, 1,370 ac. +/-, 974 ac. +/-), good, useable improvements, on pvmt. or good all-weather roads.

Please view our websites for details on these properties, choice TX, NM & CO ranches (large & small), choice ranches_in the high rainfall areas of OK, irr./dryland/CRP & commercial properties. We need your listings on any types of ag properties in TX., NM, OK & CO.

> www.scottlandcompany.com www.texascrp.com Ben G. Scott – Broker Krystal M. Nelson – NM Qualifying Broker 800-933-9698

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bags can b

On a day when America gives thanks for its food, let's also thank those who grow it.

Before the turkey was stuffed, the potatoes mashed and cranberries became relish, there were people growing them – farmers and ranchers, individuals and families – who planted, fed, nurtured, worked, worried and proudly harvested them.

Nobody beats the American farmer when it comes to producing food, and for that we can be truly grateful.

> BIGS stude Elsa speal Ment

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FARM CREDIT SERVICES

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Regions: Lubbock | Amarillo | Fort Worth

www.agtexas.com

This message is brought to you by **AgTexas** Farm Credit Services on behalf of its customer-owners, who work every day to produce the safest, most abundant food supply in the world.

Friona Star, Page 9"



courtesy photos

The children of Friona and Parmer County have been very busy assembling bags and writing letters to soldiers in Kuwait for the Thanksgiving season. Students filled bags with goodies for the soldiers while 4-H members wrote letters to soldiers. If anyone still wants to contribute money or items, the bags are still open. Donations can be made at Hi-Pro Feeds.



courtesy photos

BIGS in Schools, a division of Big Brothers Big Sisters, have been very busy lately. BIGS is a one-on-one program in which a adult volunteer mentors and tutors one student during his/her lunch period one day a week during the school year. Connie Slagle, site monitor, works with executive director Sara Pesina and match specialist Elsa Barrientez to match mentors with children. The BIGS, above left, gathered recently for a picture before getting to work mentoring. Varla Wilcox, above right, speaks with students about the students and mentors. If you would like to be a volunteer, contact Sara Pesina at Hereford Big Brothers Big Sisters or Connie Slagle. Mentors are need.



Public Notice: IMPORTANT INFORMATION ABOUT YOUR DRINKING WATER

Friona Municipal Water customer:

The Friona Municipal Water System has violated the monitoring and reporting requirements set by Texas Commission on Environmental Quality (TCEQ) in Chapter 30, Section 290, Subchapter F. Even though these were not emergencies, as our customers you have the right to know what happened and what we are doing to correct these situations.

We are required to monitor your drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During the three year compliance period we did not complete all monitoring for lead and copper and therefore cannot be sure of the quality of your drinking water during that time.

The table below lists the contaminant(s) we did not properly test for during the last year, how often we are supposed to sample for lead and copper, how many samples we are supposed to take, how many samples we took, when samples should have been taken, and the date on which the follow-up samples will be taken.

Number of

Contaminant Required

When samples

When samples

quency ta	iken		
ears 20)	6-9-2016	6-9-2017

What is being done?

Lead a

The City of Friona Municipal Water System took the 20 required sample and ALL samples tested within the required perimeters established by the TCEQ. The TCEQ disallowed 12 of the samples taken by the City of Friona Municipal water system because the 12 sites were not on their approved list. To correct this problem the City of Friona Municipal water system has chosen an additional 20 sites to be approved by the TCEQ. The Friona Municipal Water System will have a total of 40 sites to pick from and will retest again next June of 2017.

For more information, please contact Patricia Phipps, City Manager at 806-250-2761.

This notice is being sent to you by the City of Friona Municipal Water System. Public Water system Number PWS ID 1850003.

Date distributed November 24, 2016, Friona Star Newspaper Friona, Texas 79035

Thurs



The Parmer County Cancer Coalition held its annual Cancer Survivor dinner at the XIT Recreation Center in Bovina Thursday November 17. Guests were welcomed by PCCC co-chairman Greg Lewellen and treated to a Mexican pile-on meal.



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Grandma Carlson's **Turkey Pot Pie**

Prep: 45 minutes Cook: 40 minutes Ingredients 2 cups all-purpose flour 1 teaspoon salt 7 tablespoons cold vegetable shortening 6 tablespoons cold butter 6 tablespoons cold water, or as needed 3 tablespoons butter 2 carrots, diced 1 onion, diced 2 stalks celery, diced 1/8 teaspoon ground black pepper 2 tablespoons all-purpose flour 2 cups cubed cooked turkey 2 tablespoons butter 2 cups chicken broth 1 (15 ounce) can cut green beans, drained 1 (10.75 ounce) can condensed cream of mushroom soup 1/2 (15 ounce) can cream-style corn 1 tablespoon chopped fresh flat-leaf parsley 1 tablespoon chopped fresh thyme Directions: In a bowl, whisk together 2 cups of flour with salt. Using a

pastry cutter, cut the vegetable shortening and 6 tablespoons of cold butter into the flour mixture until the butter and shortening are the size of small peas. Sprinkle on cold water, 1 tablespoon at a time, and gently gather the moistened dough together with a fork until it just begins to clean flour from the side of the bowl. Separate the dough into 2 equal-size pieces, form into rounds, and refrigerate until needed.

Preheat oven to 425 degrees F (220 degrees C).

Melt 3 tablespoons of butter in a large skillet over medium heat, and cook the carrots, onion, and celery with black pepper until the onions are translucent, about 8 minutes. Transfer the mixture into a bowl; set aside. Place 2 tablespoons of flour into a resealable plastic zipper bag, and toss the cooked turkey meat into the flour; shake the bag to coat. Melt 2 more tablespoons of butter in the same skillet over medium heat, and cook the turkey meat in the butter until the flour coating turns golden brown, about 10 minutes. Pour the chicken broth into the skillet about 1/2 cup at a time, and stir until the broth begins to simmer and thicken, about 5 minutes. Remove the skillet from the heat. Stir in the cooked vegetables, green beans, cream of mushroom soup, cream-style corn, parsley, and thyme until the filling is thoroughly combined.

frionastar@wtrt.net

Friona Star, Page 11

Cranberry Upside-Down Sour Cream Cake

Prep: 20 minutes · Cook: 1 hour Ingredients: 1/2 cup butter 2 cups white sugar 2 tablespoons water 1 teaspoon ground cinnamon 1 (12 ounce) bag fresh or frozen cranberries 1 1/2 cups cake flour 1/2 teaspoon baking soda 1/2 teaspoon salt 6 tablespoons butter, softened 1/2 cup white sugar 1/2 cup brown sugar 2 eggs 1 teaspoon vanilla extract 3/4 cup sour cream Directions:

Preheat the oven to 350 degrees F (175 degrees C). Generously grease a 9 inch springform pan. Wrap aluminum foil around 1 the outside of the bottom to prevent leaking.

Melt the butter in a saucepan over medium heat. Stir in $1 \frac{1}{2}$ cups of white sugar, water and cinnamon until sugar has dissolved. Bring to a boil and then add the cranberries. Stir to coat with the sauce, then pour into the prepared pan.

Sift together the flour, baking soda and salt; set aside. In a medium bowl, beat the remaining 6 tablespoons of butter with 1/2 cup white sugar and brown sugar until light and fluffy. Mix in the eggs one at a time, beating well after each addition. Stir in vanilla and sour cream. Mix in the dry ingredients. Pour the batter over the cranberries in the pan.

Bake for about 50 minutes in the preheated oven, or until a knife inserted into the center comes out clean. Cool on a rack for 10 minutes, then run a knife around the outer edge. Invert onto a serving plate and remove the springform pan.

Green Bean Casserole Remix

Prep: 15 minutes

Cook: 30 minutes

Ingredients:

2 (9 ounce) packages frozen cut green beans, thawed 10 slices bacon

10 small fresh mushrooms, chopped

1/2 teaspoon garlic powder

1/2 teaspoon onion powder

Southwest Beef Symposium set for Jan. 11-12 in Roswell **By Steve Byrns**

The Southwest Beef Symposium, a two-state educational program jointly hosted by the Texas A&M AgriLife Extension Service and the New Mexico State University Cooperative Extension Service, is set for Jan. 11-12 at the Roswell Convention Center, 912 N. Main St. in Roswell, New Mexico.

This year's theme will be "What's to Follow Historic Times?" said Dr. Bruce Carpenter, AgriLife Extension livestock specialist in Ft. Stockton.

"After several years of very favorable cattle prices for cow-calf and stocker producers, the drastic drop we're seeing in the cattle market now has various segments of the industry wondering what to do for income, production and profit. The goal of this symposium is to provide answers to those questions."

Individual early registration is \$75 by Jan. 2 and \$95 thereafter. The fees include a steak dinner on Jan. 11, lunch on Jan. 12, refreshments and symposium proceedings. To register, and for more information, visit the symposium website, http://swbs.nmsu.edu, or contact Carpenter at 432-336-8585, BCarpent@ag.tamu.edu.

The opening session from 1-5 p.m. on Jan. 11 will address emerging big-picture issues in the global beef industry, he said. Issues and speakers will be:

-Global Factors Affecting U.S. Beef Demand and What Are Others Expecting from the U.S., Leann Saunders, IMI Global president.

-Sustainability, What Is It? What Does It Really Mean?," Dr. Ted McCollum, AgriLife Extension beef specialist, Amarillo.

-What Happened to the Calf Market?" Dr. Derrell Peel, Oklahoma State University professor of agricultural economics and agricultural business, Stillwater, Oklahoma.

-Key Performance Indicators for Cow-Calf Producers, Bill Thompson, AgriLife Extension economist, San Angelo.

The second day will focus on cow-calf and stocker ranching and production operations. Speakers and topics will include:

-EPDs Tool for Progress, Dr. Marcy Ward, NMSU Cooperative Extension livestock specialist, Las Cruces, New Mexico.

-Beef Genomics: Present and Future, Dr. Kent Anderson, Zoetis Animal Health strategic account manager, Lincoln, Nebraska.

-Residual Feed Intake: What Is It and How Can It Be Used to Improve the Bottom Line? Dr. Gordon Carstens, Texas A&M University professor of animal nutrition, College Station.

-Residual Feed Intake: What Is It? How Should It Influence Management? Dr. Eric Scholljegerdes, NMSU associate professor of ruminant nutrition, Las Cruces.

-Developing Immunity in Calves. Dr. John Wenzel, NMSU Cooperative Extension veterinarian, Las Cruces.

-Prescribed Burning in the Southwest, Dr. Morgan Russell, AgriL-

Roll out one of the dough pieces on a floured work surface to a circle about 11 inches in diameter, then fit the crust into a 10-inch pie dish. Pour the filling into the bottom crust. Roll out the second crust into an 11-inch circle, lay it on top of the filling, then pinch and fold the two crusts together at the edges to seal. Cut 5 slits into the top crust to vent steam.

Bake the pie in the preheated oven for 15 minutes; lower the oven temperature to 350 degrees F (175 degrees C) and bake until the filling is bubbling and the crust is golden brown, about 25 more minutes.

- 1 cup half-and-half cream
- 1/4 cup grated Parmesan cheese

- salt and pepper to taste
- Directions:

Preheat the oven to 350 degrees F (175 degrees C). Place green beans into a 1 quart or similar sized casserole dish.

Fry bacon in a large deep skillet over medium-high heat until browned and crispy. Remove to drain on paper towels. Drain off some of the grease, leaving enough to coat the bottom of the pan. Add mushrooms to the grease in the pan and season with garlic powder and onion powder. Cook and stir until tender, about 4 minutes.

Pour the half-and-half into the pan with the mushrooms and stir to scrape the bacon flavor from the bottom of the pan. Sim- I mer until thickened slightly, about 5 minutes. Pour this mixture over the green beans. Crumble bacon over the top and sprinkle with Parmesan cheese. Season with salt and pepper.

Bake for 20 minutes in the preheated oven, or until the sauce is bubbling and the top is toasted.

ife Extension range specialist, San Angelo.

Sweet Carrot Casserole

2 cups carrots (about 14 or 15) salted, cooked and mashed. 1 stick butter 2 eggs well beaten 3 TBSP. flour 1 tsp. baking powder

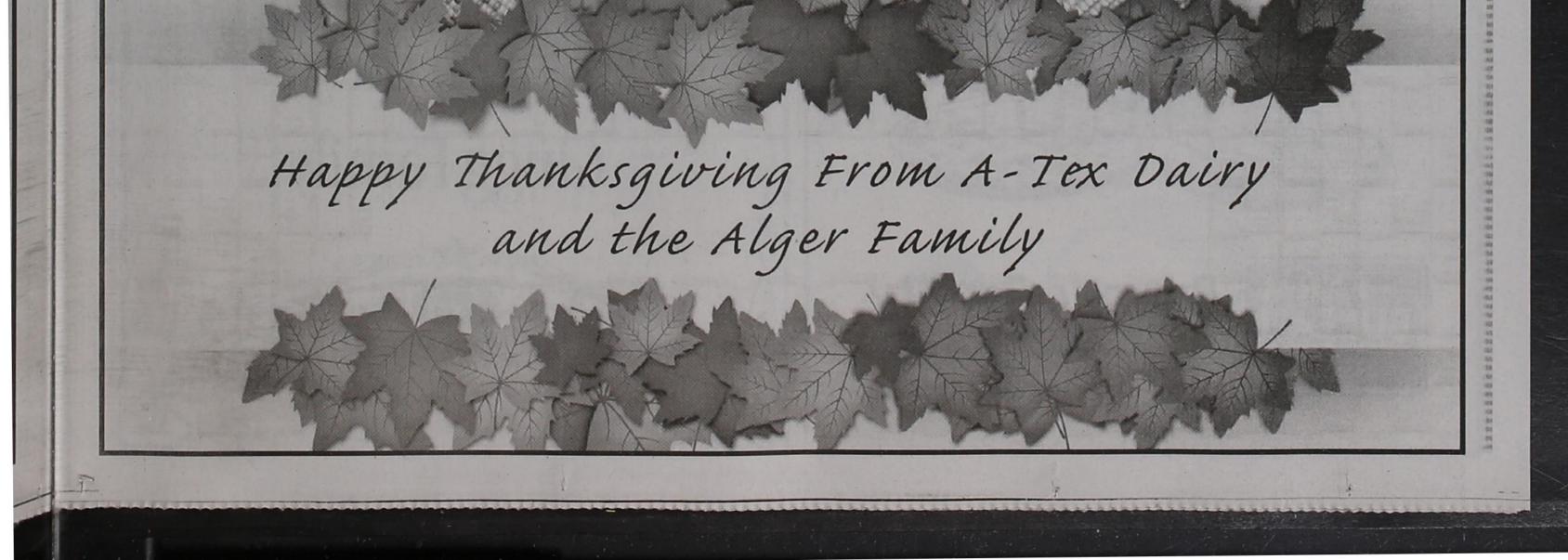
- 1 cup sugar
- Pinch of cinnamon

Blend all ingredients together and pour in greased casserole dish (8x8).

Bake at 400 degrees for 15 minutes, then reduce to 350 degrees and bake for another 45 minutes.

Serve immediately sprinkled with powdered sugar/cinnamon.

Happy Thanksgiving from Ron, Dana, and Nathan Sil



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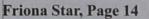
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frionastar@wtrt.net

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