Friona & Star

VOL. 89, NO. 41

FRIONA, TEXAS

THURSDAY, OCTOBER 3, 2013

TEN PAGES

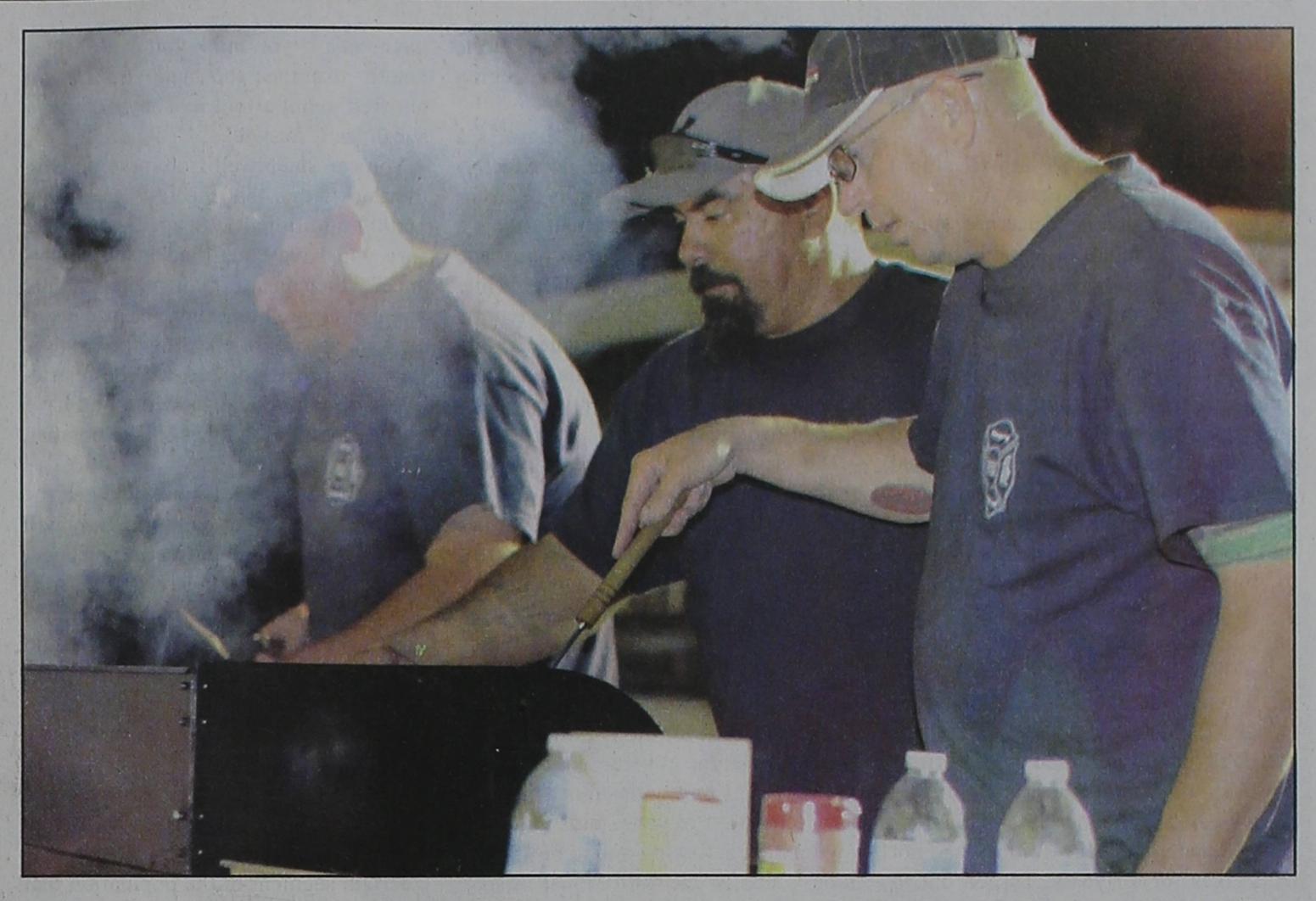
Band boosters meeting

The Friona High School Chieftain band boosters will meet Monday, October 7 at 6:30 p.m. in the high school band hall. All parents and band supporters are encouraged to attend.

Bonfire next Thursday

Don't forget to bring limbs, pallets, or old wood to the bonfire pile at Reeve Lake behind Blackburn Hardware/Sonic. The FHS bonfire will be at dusk on Thursday October 3 to support the Chieftains as they open district play Friday October 4 at Muleshoe.

Shattered Dreams wrap-up Meeting, public is invited



On Monday, October 7 at 6:30 p.m. in the high school cafeteria, Shana Fleming, Parmer County Family and Consumer Science Agent, will hold a wrap up meeting for the Shattered Dreams program that was held last May. The meeting will be to view the video that was created from the two day event and to talk about the results from the survey that the participants took after the program.

The public is invited to the meeting. Students who participated in the program will be given a copy of the video. If you have any questions please contact Shana Fleming at 481-3619.

Friday night pink out

The Parmer County Cancer Coalition sold around 800 pink tshirts and designated Friday night, October 4, as Pink Out Night at the Chieftain vs. Dalhart football game. Kickoff is at 7:30 p.m. but there are plenty of activities before the game so come out early.

The Friona Noon Lions will be selling hamburgers and fries for \$6. The concession stand will be open with drinks and other snacks. The Girl Scouts will be there handing out pink stuff (not sure what). The Chieftain/Squaw Boosters will have a table with lots of Chieftain t-shirts, sweatshirts, caps, and opportunities to win an autographed football or some White's beef jerky. The FHS t-shirt quilt will be on display and tickets to win it are \$5.

Come support the Chieftains, the band, the cheerleaders, and the flag corps as the team plays its final non-district game vs. the Dalhart Golden Wolves. Next week the Chiefs will open district play at Muleshoe. That game will be pink out night in Muleshoe so if you are going to Muleshoe you can wear your pink t-shirt there too.

ron carr photo

Where there is smoke there is fire and sometimes hamburgers too. Friona firefighters, l-r, Jason Brawley, Albert Trevino, and Heath McAlreath worked the grill for the free hamburgers at Tuesday evening's National Night Out at the community center.

Council agenda includes annexing the golf course

The Friona city council will meet in regular session Monday October 7 at 6:30 p.m. in council chambers, 619 Main St. All council meetings are open to the public.

This will be the first council meeting of the new fiscal year, October 1, 2013 to September 30, 2014. City offices were closed Monday, September 30 to attend to the business of closing out the recent fiscal year.

On the council agenda will be approving the minutes of the regular September meeting and district board of directors will be selected. A report from Police Chief Frank Mooney about department activities, personnel, and expenses will be heard. Accounts payable and financial statements for September and the 4th quarter will be discussed for approval.

A request for variance for a carport to be built at 510 W. 5th by Jeanette Gonzalez and Francisco Sanchez will be considered. Manuel and Elvira Arellano are requesting their property at 2449 County Road 19 (Cemetery Road) be annexed to the city to

receive water service.

Another interesting request from Jerry Marquez and Ricky Cantu will be heard. They are requesting to annex the 80 acre golf course into the city limits of Friona and help develop modular homes on the golf course and have utility services such as water, sewer, and trash.



a couple of special meetings and designating the Friona Star as the city's official newspaper. The designation is an annual requirement.

Two candidates to serve on the Parmer County Appraisal The agenda items above make up the tentative agenda for the October 7 meeting and are subject to change. The final and official agenda is posted on the front window of city hall on Friday, 72 hours prior to the meeting.

Hospital offering fall prevention Classes and adult influenza shots

FALL PREVENTION

If falling or losing your balance is a concern you face you may want to consider a fall prevention class being offered by the therapy department at Parmer Medical Center. "Fall Prevention" is a four session course that will provide information on balance and safety in your environment.

Participants will learn fall prevention, how to fall if a fall is inevitable, and what to do once you fall. Attendees will learn exercises to improve strength, flexibility, and balance as well as changes to reduce fall risks at home. Classes will be held on Mondays, October 7 through October 28 from 2:00 to 4:00 p.m. Class size is limited. To sign up for the fall course or to get more information, call the therapy department at 806-

250-2754, extension 146.

FLU SHOTS

Parmer Medical Center will offer adult influenza (flu) vaccinations at Friona Senior Citizens located at 1410 Washington on Thursday October 19 from 11:00 a.m. to 1:00 p.m. The charge for the vaccination will be totally covered if the recipient is a subscriber to traditional Medicare. For all other vaccination recipients the cost for the shot is \$29.00.

Medicaid will not cover the charge for the vaccinations received at Friona Senior Citizens but will cover the cost for vaccinations received at Friona Rural Health Clinic located at 1307 Cleveland Avenue. For more information call Rhonda Wilkins at 806-250-2754.



ron carr photo

This quilt is made from a variety of Chieftain/Squaw t-shirts. It was pieced by Doris Barnett and quilted by Kathy Rector. It is approximately 5' x 7'. The Chieftain/ Squaw Boosters will hold a drawing at the December 17 basketball games to give the quilt away. Tickets are \$5 and will be available at the home football, volleyball, and basketball games. You can also get tickets from Annette at WT Services or Britny at Friona Interbank.



Page Ino By Ron Carr

pick a side....or don't

The Democrats say the Republicans will not negotiate.

The Republicans say the Democrats will not negotiate.

Both parties think we are all stupid idiots. Not all of us average Americans are low information, unconcerned, stupid idiot voters. Some of us actually pay attention.

The Republicans are standing fast because they really dislike (can't use the word hate) Mr. Obama, Mr. Reid, Mrs. Pelosi, Mrs. Wasserman-Schultz, Mr. Hoyer and the rest of the tax and spend Democrats, including the Congressional Black Caucus which is all Democrat. Yes I think many Republicans do not like Mr. Obama and his ideologies, his promise to "fundamentally transform America." The Democrats, on the other hand, have hurled some nasty rhetoric at the Republicans, i.e. calling them terrorists, anarchists, and racists. Senator Harry Reid is an old weasel, hypocrite, perhaps the most dangerous man in American politics. The president uses old Harry to lie to us. Remember he said, on the floor of the Senate, that Mitt Romney had not paid taxes for 10 years. Turned out to be a lie but old Harry never apologized. That is one of many old Harry lies. And he hates "his friends" the Republicans. Secretary of State John Kerry is in Japan. Don't know what that man is doing these days. Seems Syria has all but disappeared from the headlines. Hope there is enough money in the checking account to get him back home.

By now you have heard there is a government shutdown (well not exactly) and the Affordable Care Act is open for business. May I say here that it was a cheap, chicken sh-- move to barricade the World War II Memorial. The White House ordered the barricades the reports said. The old veterans in wheelchairs were confronted with a firsthand look at how far Obama will go to "fundamentally change America."

They say 800,000 government employees have been furloughed. They are said to be non-essential employees. That is a lot of people. Question is if they are nonessential why do we need them anyway? Not to feel too bad though. It is said when the government shutdown is over they will receive retroactive paychecks for their furlough time. My problem with the Affordable Care Act is simple: the government is forcing all Americans to buy insurance or pay a fine. Regardless of your status in life the government is forcing you to buy something which is unconstitutional in spite of the Supreme Court ruling. I believe in limited government and taking over the healthcare system is not limited.

payments. If you think you can't afford health insurance too bad. You are not allowed to not afford it. They may even subsidize it for you.

You can sleep well from now on with the knowledge that the feds are hiring 16,000 additional IRS agents to make sure you have "qualified health insurance" which means if you make \$50,000 a year but buy a basic cheap bronze insurance plan you are cheating the system. Reports are the policies will be restrictive as to your doctor network and have high deductibles. I hope folks remember, "Buyer Beware."

No one knows for sure whether the Affordable Care Act will ultimately will be a positive or negative experience. The Democrats like to say about 3 million people tried to access the insurance exchanges on the first day. Most were no doubt curious and not buyers. For most of the callers it was not a positive experience. The president said even Apple's iPhones had glitches. They say there are 45 million uninsured Americans. What will happen when they all call? But they won't all call. There is a certain segment of the population that will never buy health insurance. We will wait and see what happens with the Affordable Care Act in the long term. Should be interesting.

Letter to the Editor

U.S. Senator John Cornyn (R-TX) criticized President Obama and Senate Democrats on the Senate floor today for choosing to let the government shut down for political purposes, when Congress has the ability to act on Obamacare and keep the government open. "The most amazing thing that I heard today is, the Majority Leader said that Obamacare is sacrosanct. It's the law of the land you can't touch it. Well over the last three years, the Obama Administration has repeatedly and unilaterally issued waivers, granted exemptions and announced delays relating to this sacrosanct law known as Obamacare.

"And since when is it beyond the power of the United States Congress to change existing law by amending it or repealing it or defunding it? It's absolutely unprecedented to have a Majority Leader of the United States Senate, someone who knows this institution as well as anyone, to say that Congress is powerless to act when our constituents tell us they want us to act, because they don't believe Obamacare will perform as advertised.

"Members of Congress should not be treated differently, certainly no better, than the rest of America when it comes to the law of the land. So those who cast that vote, who walked that plank last night, will be held accountable in the 2014 election.

"The president wanted to demonstrate some leadership. He should demonstrate some leadership. People expect leadership out of the President of the United States. But Harry Reid shut it down. And so Harry Reid shut down the government and got what he wanted. I think it's about time that the president overrule Harry Reid."

Thursday, October 3, 2013

There are some positive aspects of the Affordable Care Act. No pre-existing conditions and no cap on insurance

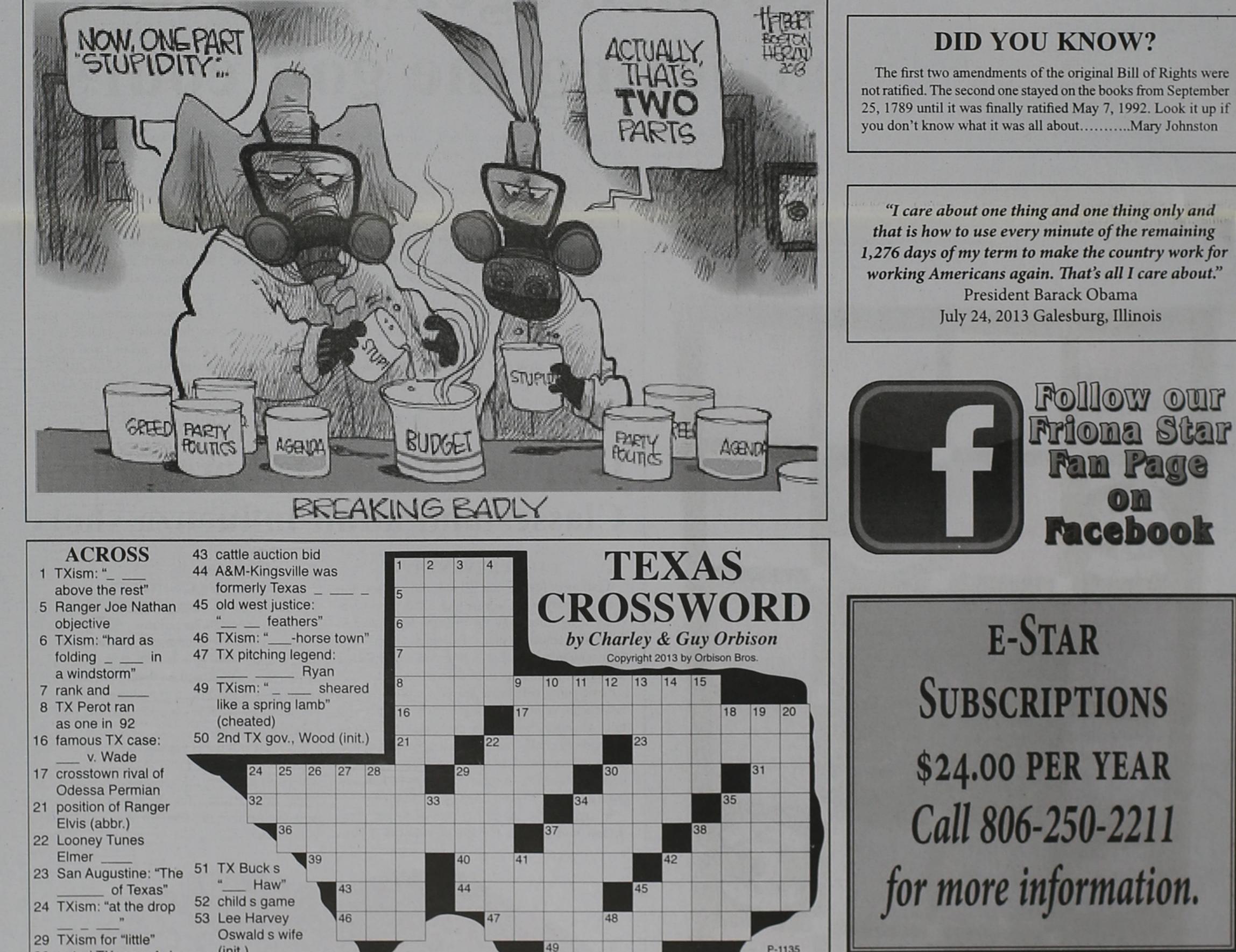
In the meantime enjoy the government shutdown while we can.

Congressman Randy Neugebauer (R-TX) released the following statement after the House passed yet another compromise measure to fund the government.

"The House of Representatives has now voted three times to keep the government operating. But an agreement requires both the House and Senate to come together, and the Senate has shown no willingness to negotiate.

"What is most frustrating is that the Senate has rejected our proposal to delay the individual health insurance mandate under Obamacare for one year. The Administration has given delays, extensions, and carve-outs to all sorts of special interest groups and big businesses. They are even giving health insurance subsidies to people without verifying whether they're eligible for them. So why are they unwilling to give American families the same reprieve from this broken law?

"I'm disappointed that the Senate is pushing us towards a shutdown, but I'll continue working to prevent Obamacare from harming my constituents, closing small businesses, and hurting our economy."



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 39 "Gone With The Wind" plantation 40 TXism: "	 11 TX-based western: " Blessing" 12 this Smith was Cowboys LB ('93-'96) (init.) 13 prom date 	24 TX Coleman '81 film: " Golden Pond" 25 TX Guadalupe is a spring river	 28 TXism: "could talk the legs off stove" 29 Panhandle town 30 Hidalgo s Borderfest, e.g. 	Given Sunday" 42 TX Farley s Boys Ranch 45 youngster 48 TX Buddy Holly s real "Peggy Sue"?	STAFF: Ron Carr • editor & publisher Nathan Parson • production manager Evelyn Romero • advertising/accounting	COMMUNICATION: 806-250-2211-office 806-250-5127-fax frionastar@wtrt.net-email frionaonline.com-website

Thursday, October 3, 2013

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Town Talk II

By Ron Carr • Phone: 250-2211 • Fax: 250-5127 • Email: frionastar@wtrt.net

Fall weather is slowly arriving. The mornings have been in the 40s and 50s but highs still in the 80s. We did wear a jacket a couple of mornings the past week. Don't forget about the Noon Lions Club hamburger and fries tailgate party for the Chieftains vs. Dalhart game Friday night. We will be cooking kind of early and should start serving by at. least 6:30 p.m. Burgers and world famous fries for \$6.00. Drinks not included. The Boosters will be selling drinks and other stuff. Come out and cheer on the Chiefs and support the Lions. *****

The First Baptist Church clothes closet will be open Saturday October 5 from 10 - 11 a.m. Free gently used clothing for kids and grownups.

parents of the parent/teacher conferences coming up on October 11, 14, 15, & 16. These dates were included on the Friona ISD calendar in last week's Friona Star.

Local farmers may have received an invitation to the Ag Tour 2013. If not, here is the info: the Ag Tour is Tuesday, October 8 starting at the Farwell Community Center. Registration from 9 - 9:30 a.m. tour starts at 9:30 a.m. The agenda includes cotton work, silage harvest, crops in Parmer County area, with presenters Michael Clawson and Joe Outlaw. The fee is \$40 per person and includes lunch. RSVP October 4 806-481-3619 or email parmer@ag.tamu.edu.

coat giveaway October 30. Pastor Robert Kerby said they need all the help they can get with donations. This is a well ing in the Friona hospital. He organized effort by the church said she would likely be there to see that less fortunate children are warm for winter. Call the church office 250-2207 or check their website at www. thevictory.tv if you can help.

Erin Austin, RN. The daughter of Kenny and Lori Austin, Erin has earned her nurse's degree and is employed in the neonatal ICU at University of New Mexico Hospital in Albuquerque. Another Friona grad pursuing positive dreams. Way to go Erin. Friona is proud. *****

Have you noticed Blackwell-Mullins Funeral Home's new

Center is planning another kids of 1948 reunion. He said Wynona fell on their back porch a couple of weeks ago and broke a femur. She is still recovera few more weeks. The Martins hosted the class reunion at their home and Wynona was there in a wheelchair. The photo is in today's Star.

> Prairie Acres news: Jonell Sims is the resident-of-themonth and Marie Saiz is the employee-of-the-month. Marie works in the medication department and has been with Prairie Acres since October of 1996. Also Director of Nursing Tricia Rocha has 5 years of service and Lucilla Trevino has

20 years of service as a nurse's aide. I haven't been by lately but I imagine Prairie Acres and Heritage Estates are working on their fall decorations.

A group of Target employees from Amarillo were in Friona Tuesday night for the National Night Out. They gave out candy and scarves and talked to people who stopped by their booth. A couple of them were store security employees that spend their time catching shoplifters. They had some interesting stories to tell. I took their photo. Should be on this page. Thanks for coming down. *****

And many thanks to the Friona fire department for volun-

teering to cook the free hamburgers everyone enjoyed at the National Night Out. They had a bit of a problem because the hamburger patties were frozen solid which made cooking them a challenge. Thank you firemen.

Anyone remember woodburning kits? Today they would be considered dangerous yet in my youth we plugged in that hot iron rod and burned all sorts of designs into wood. Don't guess the adults were too worried we would burn ourselves. Times have certainly changed. See you at the game Friday night. Until then!

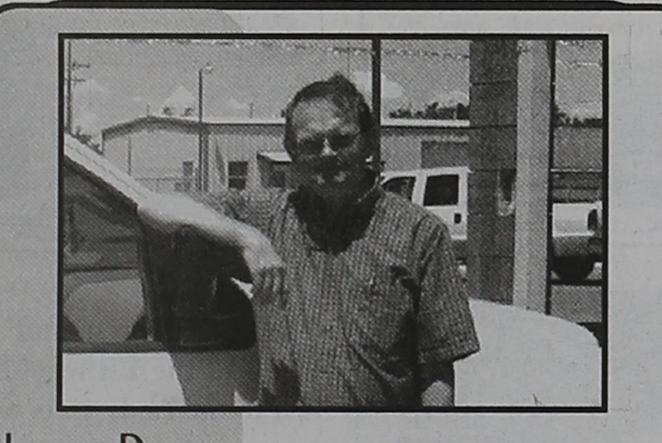
Mariah Rivera is a 6th grader. She hopes to join a student group for a trip to Europe in the summer of 2014. She is working hard on different fundraisers. Right now she is taking orders for poinsettias. They come in five different colors in 6" pots. They are \$12.50 each and will be delivered between November 26 to December 3. You will need to pay when ordered. To place an order call Mariah's mom Alma Rivera at 806-441-6401. They have a brochure ' showing the different colors.

The Chieftain/Squaw t-shirt quilt made a stop at the Star office this week. Nice solid quilt about 5' x 7' made from Chieftain/Squaw t-shirts. There is a photo on the back page. Doris Barnett pieced it and Kathy Rector quilted it. Tickets are \$5 and the drawing is December 17 at the basketball games. The quilt will be on display at the home football, volleyball, and basketball games. You can also get tickets from Annette at WT Services or Britny at Friona Interbank. Sponsored by the Chieftain/Squaw Booster Club.

Texas state senator Kel Seliger emailed that 63% of lottery sales are awarded in prizes and in the last fiscal year the lottery contributed \$1 billion to public education in Texas. But, the annual education budget is \$53 billion the next two years. He says the lottery contribution is a small part of the education budget.

Visited with Friona grad Jered Cunningham last week. He was in town visiting with family. Jared lives in Ft. Worth, is married, and they have five boys. The last two were twin boys born about a month ago. Jared works in the oil field business on drilling rigs. He named a bunch of places around the country where his job has taken him. Always great to talk with former "kids" we covered when they were in high school when they come back to visit.

Worship Victory Eamily



sign? Very classy with a brick base and new lighted sign. Eva and Mike Mullins have been a definite asset to Friona, along with funeral directors Dusty Hansard and Ron Smiley. Grateful to have them here. *****

A new business called City. Lube is having a grand opening Saturday October 5, according to a message on WT Services community channel. I believe it is located on the north side of Hwy 60 at Hwy 214. The new sign says "Fast Oil Change."

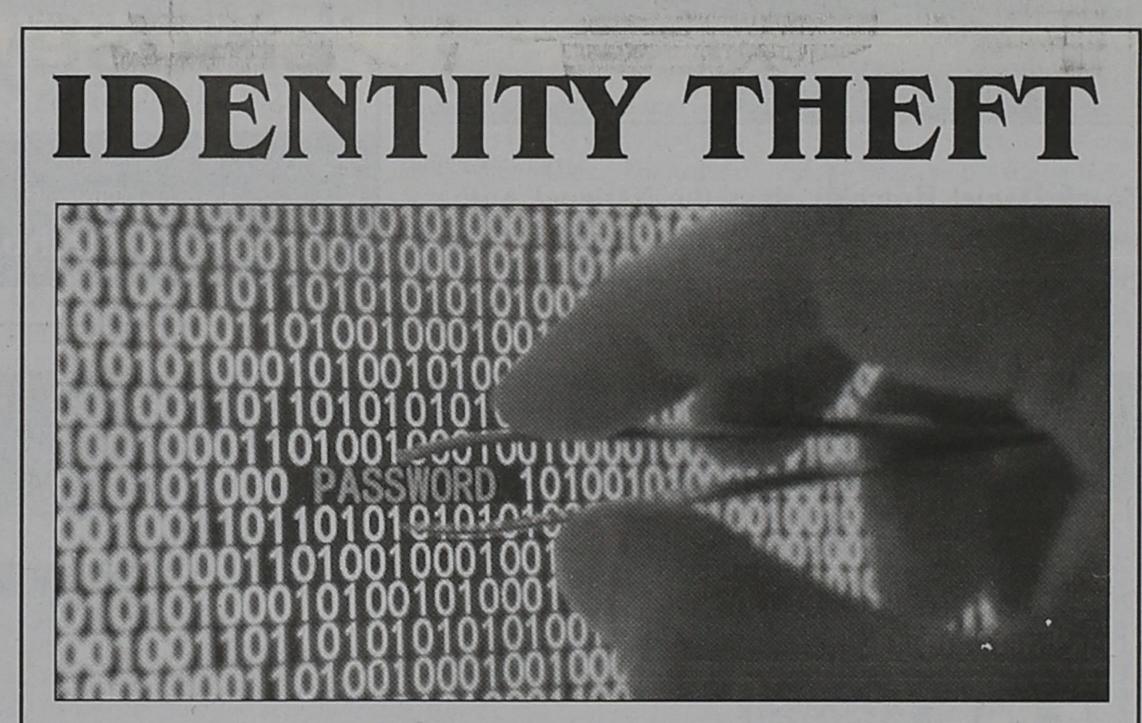
Employees of Parmer Medical Center are having a Walk for Cystic Fibrosis on Saturday October 12 beginning at 9:00 a.m. from the hospital then north on Hwy 214. You can pledge to help. Contact Glendora Jordan or Tonya Lookingbill to donate.

Clarence Martin stopped by this week to talk about the Class



ron carr photo

Several employees from the Target store in Amarillo came to Friona Tuesday evening to participate in the National Night Out at the community center. They gave out candy and stickers and bandanas and visited with people attending.



***** Friona elementary principal Ben Kirton asked us to remind



Lift up a child's voice. A child's life." Help an abused or neglected child at

www.becomeacasa.org, Great Plains CASA for Kids, Inc., (806) 363-1211



Your Friona Connection 806-364-1919 866-364-1919 550 N. 25 Mile Avenue Hereford, Texas 79045

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2012 1500



Don't be a victim to this growing consumer fraud. 3,000 new victims are targeted by the crime each day in the USA, according to FDIC.

Some identify theft prevention guidelines are:

- Shred all documents
- Do not provide personal information over the telephone or Internet
- Remove mail promptly from mailbox
- Keep all cash register and ATM receipts
- Memorize pins, social security numbers and passwords
- Sign all new credit or debit cards immediately
- Match monthly statements to receipts
- Notify your financial institution of address changes before you move

And of course keep all billfolds, purses, check books, ATM & Debit Cards, social security cards and drivers licenses in a safe place

We at Friona InterBank work hard to keep your financial affairs your personal affair. When things happen to make you and your accounts vulnerable, we want to help you make things right. If you become a victim of identity theft, please contact us as soon as possible.

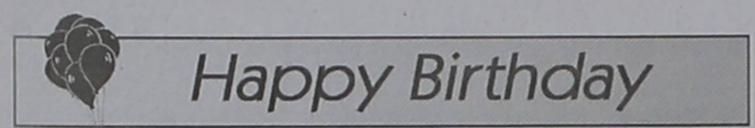
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October 6 - October 2

(To add, delete or change a name on our birthday list, please call us at 250-2211 or e-mail to frionastar@wtrt.net.)

Oct. 6-Kit Preston, Jennifer Tell, Shain Clark, Amanda Geries, Kevin Cooper, Katharyn Zagorin, Mark Zagorin, Burl Taylor, Micah Williams, Billie Fairchild, Mamie Ellen Petree

Oct. 7-Laura Brockman, Dr. David McFarland, Lory Tannahill Barker

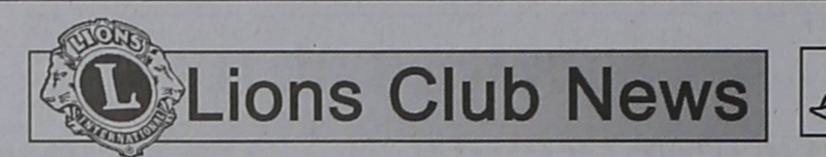
Oct. 8-Shannon R. Jones, Debra Grable, Ryan Randolph, Angelica Flores, Jeff Steelman, Guthrie Duff Tongate, Teresa Hansard

Oct. 9-Brooklynne Johnston, Melodee Lamb Hansard, Betty Lamb, Maddie Murphree, Derrick Vazquez, Yolanda Ramon, Virginia Steele, Nathan Parson

Oct. 10-John Baxter, Rose Ann Ray, Carolyn Stowers, Bill Bogard, Blaire Smiley, Ty Taylor, Bob Naylor, Alexandra Castaneda, James Koelzer

Oct. 11-Sarah Dean, J.T. Bowyer, Cathy Shields, Bethany Ann Jones, Julie Howard, Kimberli Mills, Carrie Chilton, Florence Dorsey, Taryn Jamerson, Judith Rocha

Oct. 12-Kim Smiley, Martha Schueler, Thelma Coffey, Aaron Black, Linda Goen, Sondra Nichols, Kenneth Smith, Elizabeth



she hopes will continue. The final

day of the session the girls toured

mately 900 young men stay in

Jester Hall on the University of

Texas campus. His group was

divided much like the Girls State

with similar elections. He said

the group met and sang the Na-

tional Anthem and the Texas

state song. Speakers included a

state senator, a state representa-

tive, a lobbysit, and Governor

Both students expressed their

appreciation to the American Le-

gion for their sponsorship.

Coke noted that Boys State

the state capitol.

Rick Perry.

The Evening Lions Club met and formed many friendships Thursday September 26. They meet the 2nd and 4th Thursday each month at 7:00 p.m. at the Congregational Church.

Guests at the meeting were meets in Austin and approxi-Kendall Kimbrough and Coke Capshaw, Girls State and Boys State representatives from Parmer County.

Kendall said Girls State was held in Seguin and is attended by about 600 girls from every county in Texas. Girls are divided into groups called "cities" and mayors and fire chiefs and other officials are elected. The cities group together to further represent government in action. She especially enjoyed meeting the other girls

Warranty deeds recorded by the County Clerk's Office for the week of September 18-25, 2013.

Courthouse Notes

Debbie F Widner - Citimortgage Inc L20 B3 Staley Dennis Wayne Anthony, Loraine Anthony - Northwest Tex Annusl Conf of Methodist Church W25' L12-13 B3 Western

Jose L Trevino Estate - Soccoro Corral L10 B86 OT Friona Hein Hettinga, Ellen Hettinga - Hettinga Revocable Trust NE/4 S2 T10S R2E. SE/4 S2 T10S R2E.NE/4 S11 T10S R2E. E/2 of SW/4 S2 T10S R2E. W/2 of SW/4 S2 T10S R2E. N/2 S7 T11S R3E. SE/4 and S/2 of NE/4 S12 T10S R2E. W/2 S12 T10S R2E. S13 T10S R2E. SW/4 S18 T11S R2E. SE/4 S18 T11S R3E. S4 T15S R2E. NE/4 S5 T15S R2E. SE/4 S67 Blk Y WD & FW Johnson. 2.06 ac of SE/4 S67 Blk Y WD & FW Johnson. SW/4 S67 Blk Y WD & FRW Johnson. E/2 of SW/4 all SE/4 S2 Blk W Edward K Warren. W/2 of SW/4 S2 Warren. 7.952 NW/corner S4 T15S R2E. SE/4 S31 NE/4 S34 Edward K Warren. NW/4 S15 Blk Z WD & FW Johnson. 54.6 ac E/PT SE/4 S25 Blk X WD & FW Johnson. SW/4 S2 Blk Z WD & FW Johnson. NW/4 S68 Blk Y WD & FW Johnson. 65.20 ac E/PT N/2 S3 Blk X WD & FW Johnson. 2.904 ac S3 Blk X WD & FW Johnson. NE/4 S1 Blk W Edward K Warren. SW/4 S1 Blk WEK Warren.

Lionel Guerra - Socorro Corral, Ana Maria Corral W60' L6 B19 Friona.

Daniel Louis Koelzer Estate - Tiburcio Viernes, Bacilia Viernes L11-13 B13 Bovina.

Johnnie Walters - Trail of Tears Investment LLC S12 T6S R3E.

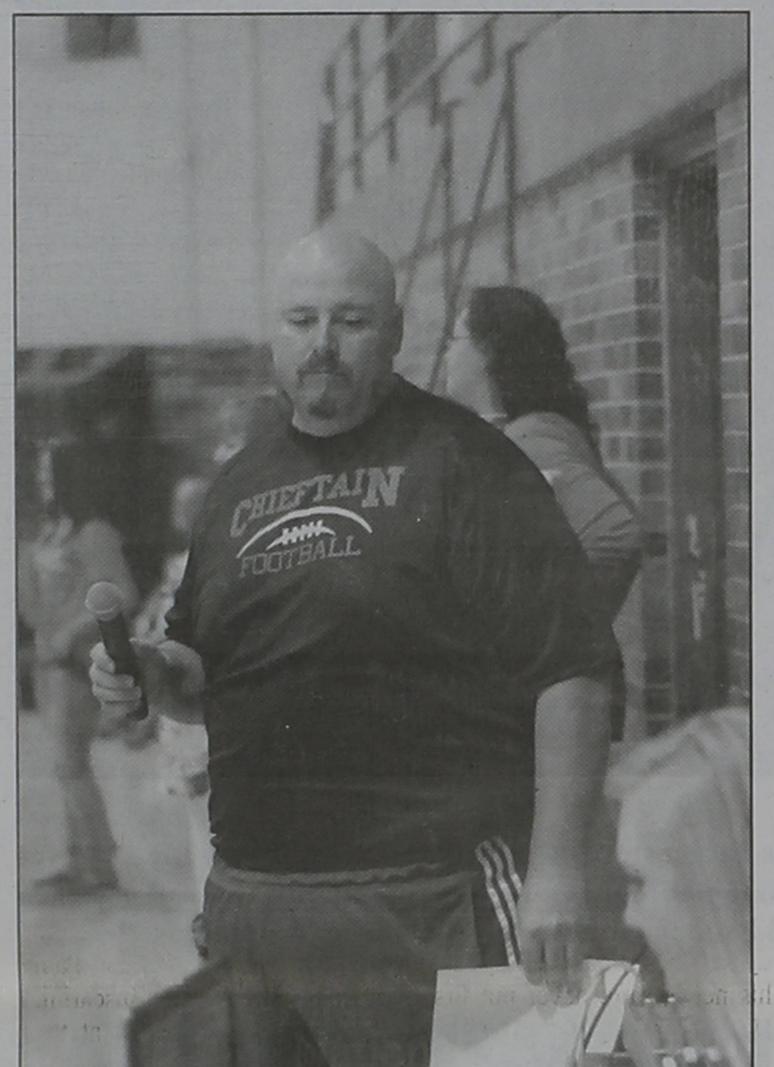
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Thursday, October 3, 2013

frionastar@wtrt.net

Peak, Diane Heard, Myra Olmos



ron carr photo **Coach Daniel Hutchins sings the National Anthem** and introduces the players at the Squaw volleyball games.



courtesy photo

Coke Capshaw and Kendall Kimbrough with Evening Lion program chairman Clarence Martin. Coke and Kendall gave the program at the Evening Lions meeting, talking about their experiences at Boys State and Girls State.



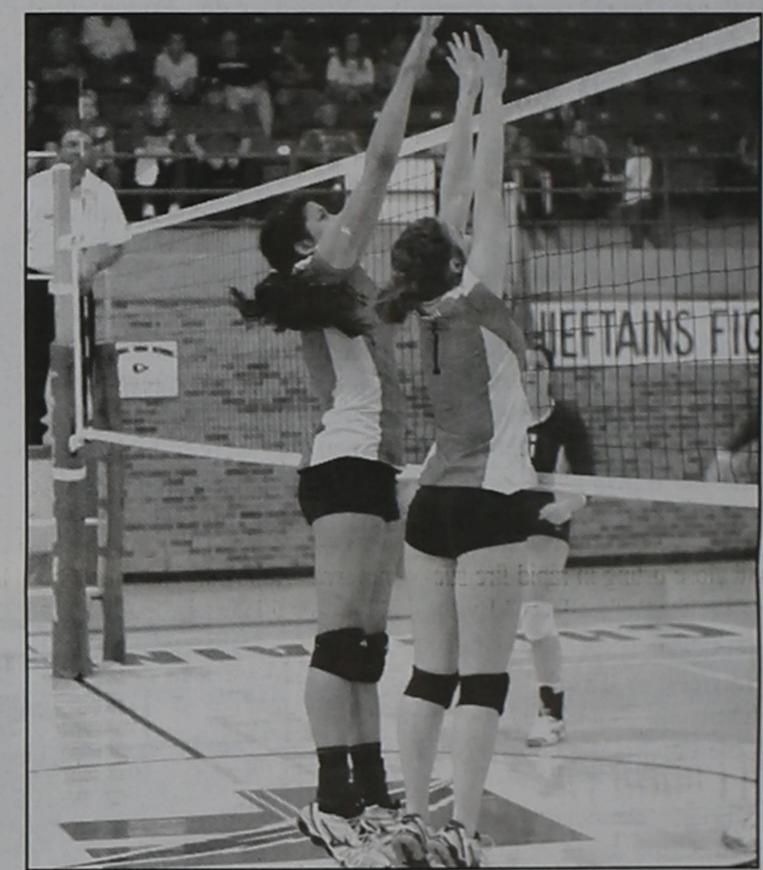
2801 W. 24th St. Plainview, TX 79072 Friona | Dimmitt www.lindseyortho.com



As reported by the Parmer County Sheriff's Office.

September 26, 2013 Dina Garcia, 25, of Bovina was arrested by the Bovina Police for driving while license invalid, pending county court.

September 27, 2013 Luisa Villarreal, 25, of Hereford was arrested by the DPS for driving while license invalid w/previous, pending county court.



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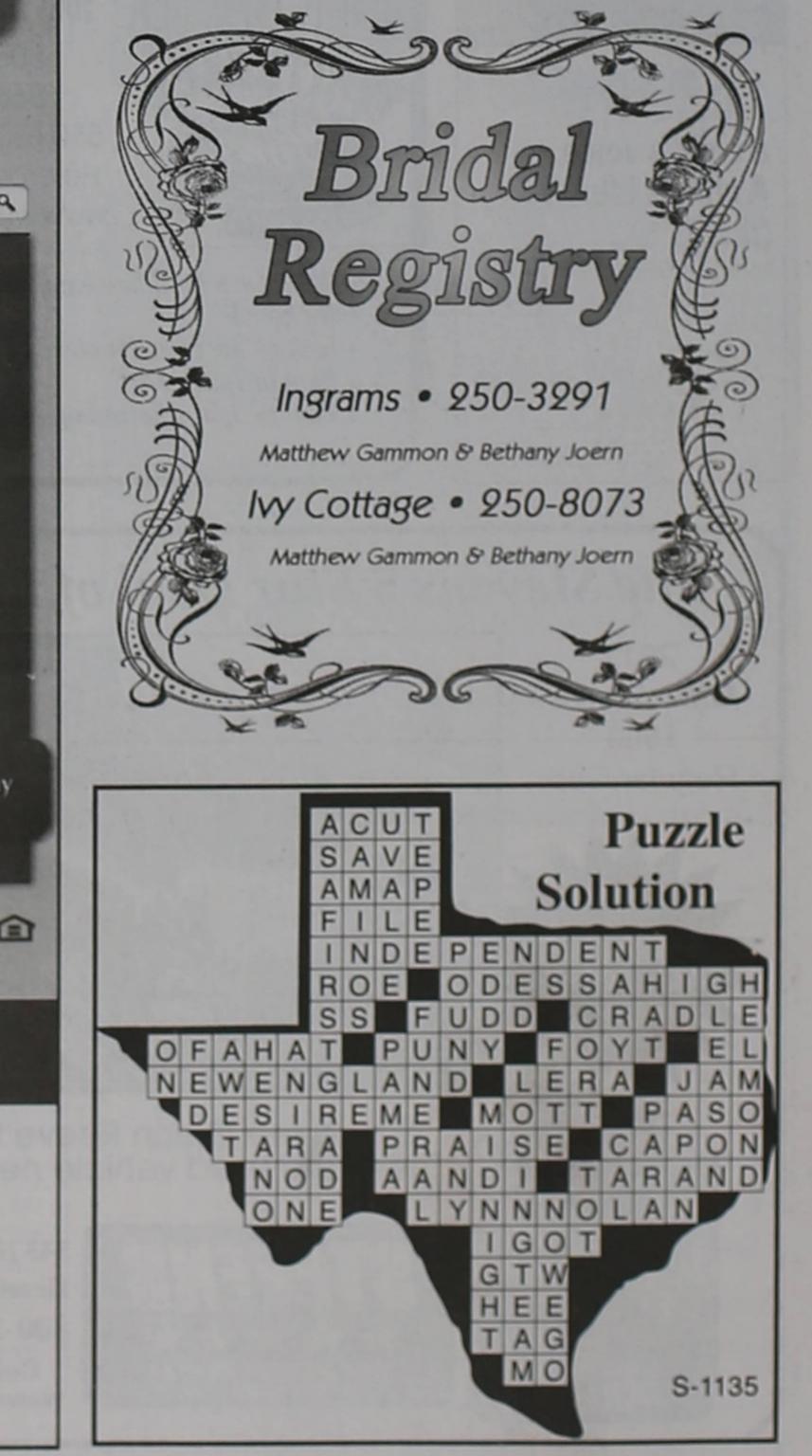
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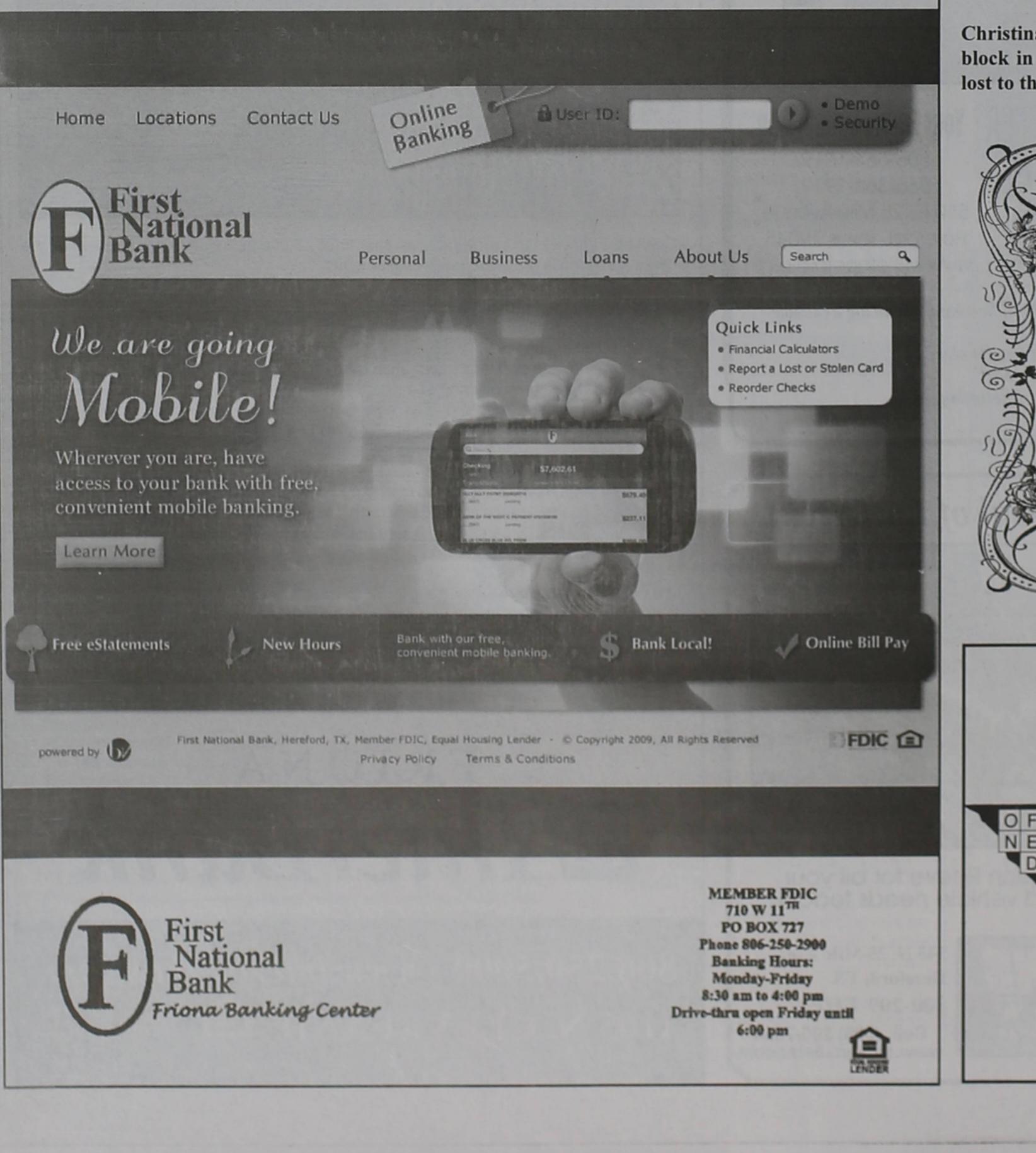
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ron carr photo

Christina Green and Courtney Bunker attempt a block in the Littlefield match Tuesday. The Squaws lost to the Lady Cats and are 1-1 in District.





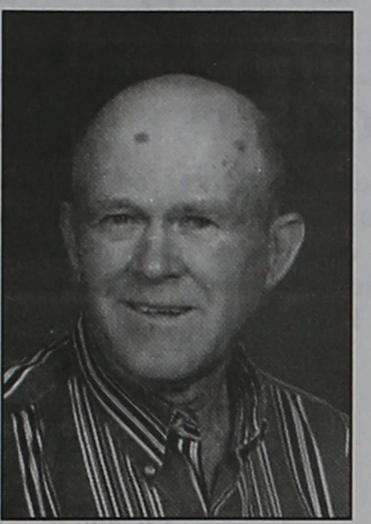
OBITUARIES

Donnie Renner

Memorial services for Donnie Ray Renner, 73, of Pampa will be held at 2:00 p.m. Thursday October 3, 2013 at Highland Baptist Church with Rev. Paul Nachtigall, pastor, and Rev. Norman Rushing, pastor of Central Baptist Church, officiating. Cremation and arrangements are under the direction of Carmichael-Whatley Funeral Directors. Mr. Renner died Monday, September 30, 2013 in Pampa.

He was born April 24, 1940 in Friona where he attended school. He married Betty Hefley on June 3, 1962 in the WT chapel in Canyon. He farmed in Friona until 1978 when he moved to Pampa.

Donnie worked at Serfco, BJ Well Service, IRI, Ken Cox and Dale West, and was currently working at Tay's Car Wash



Donnie Renner

spare time he liked to work with wood, build picket fence furniture, and craft jewelry. He was a loving man who loved his family very much.

Donnie was preceded in death by his parents, John and

bian Renner, and a son Johnnie Renner.

Survivors include his wife Betty of the home; a daughter, Amelia Waldrop and husband Leon of Pampa; daughter-inlaw Tina Tuttle and husband Gary of Pampa; two brothers, Clyde Renner and wife Ruth of Friona, and Jerry Renner and wife Harriet of Canyon; three granddaughters, Lacey Renner and Chelsea Dewitt and husband Michael, all of Pampa and Kendra Smith and husband Jacob of Arlington; a grandson, Garrett Renner of Pampa; and five great grandchildren.

Memorials may be made to Pampa Meals on Wheels, PO Box 939, Pampa, Tx 79066-0939, or Central Baptist Church Building Fund, 513 E. Francis, Pampa, Tx 79065.

Sign the online guest register at the time of his death. In his Virginia Renner, a brother Fa- at Carmichael-whatley.com.

An amazing man, Roddy Yaksich-husband, father, grandfather, brother, uncle and friend, ended his earthly journey on September 12, 2013 in Raton, NM at 88 years young. He died at peace with family

and friends close by. Roddy was born on August 30, 1925, in the coal camp of Van Houten, NM to George and Pauline Kovacevich Yaksich. Following the death of his father, at the age of 12, he and his family moved to the Koehler coal camp where not long after, he went to work in the coal mines. He fondly remembered the hard work, camaraderie, and receiving a mere \$0.50 per day as starting wages.

In 1943, Roddy was drafted into the US Army and served as a radio operator in the Euro-Company B of the 1290th Engineering Combat Battalion. During his service he was awarded multiple citations including the American Theatre Ribbon, European-African-Middle Eastern Ribbon, Good Conduct Medal, Victory Medal and Medal of Occupation; as well, a qualified rifle sharpshooter. Roddy was honorably discharged in 1946 and returned home to family, friends, and coal mining in Koehler, where he worked for the St. Louis Rocky Mountain & Pacific Company for the next 21 years. In the 1950's and 60's Roddy was counted on for many things. He helped take care of his mother Pauline as well as help support the family home. If that didn't keep him busy enough, he would help family friends by fixing fence in Crow canyon, the Stockton ranch or moving cattle up to Johnson Mesa. When he wasn't working, he fondly remembered the miles and miles that he danced the Polka in Koehler, Hoxie Corner, and Raton.

Roddy Yaksich



Roddy Yaksich

company in 1985; totaling over 43 years as a coal miner and proud member of the UMWA. Some of his fondest memories of being a miner were operating pean Theatre during WWII with heavy equipment, performing weigh master duties, and working on the washer and tipple. After his retirement, Roddy spent much of his spare time with his brother Paul piddling around in their shops building and fixing things together. They built chairs and tables, a green chile roaster, an enormous above ground roasting BBQ pit and also worked on numerous projects for his children and friends. What they worked on or built together may not have been pretty; nevertheless it would always function correctly and likely never break! Roddy made quick friends with everyone he met and was always willing to share a hunting, fishing, mining or a war story or two. He was always happiest when he could brag about his family or tell stories from yesteryear. His children and grandchildren meant the world to him. He had a heart of gold and would do anything he could to help his buddies. Roddy was the ultimate family man; his needs were never put first. He was proud of the family's homemade sauerkraut and salsa and often talked about the "old days" when making homemade wine was an annual tradition.

lakes or going hunting, Roddy enjoyed all time spent near the water or in the woods. Roddy was proud to have taught his children and grandchildren how to fish, shoot, and hunt. He truly enjoyed these adventures with the company of family and friends.

Roddy was preceded in death by his parents, brothers Danny and Paul, brother-in-laws JR Knight and Jim Greeson, and sisters-in-law Patsy Dahl Yaksich and Enis Arcangeli Yaksich.

He is survived by his wife Mary, of the family home; son Nickie J. Yaksich and wife Cindy of Westminster, CO and daughter Ronda Trujillo and husband Cody of Los Alamos, NM. Brothers: Nickie Yaksich and wife Zita and Judo Yaksich and wife Bonnie all of Raton; Sister-in-laws Kathy Yaksich of Maxwell, NM, Gayle Greeson of Kismet, KS, Martha Barker and husband Butch of Friona, TX and Vicki Knight of Kempner, TX. Grandchildren: Annabelle Yaksich, Stetson, Reed and Paige Trujillo and step-grandchildren Nicholas and Xander Solusod. He is also survived by numerous nieces, nephews and cousins that were all very dear to him. Funeral services were held Tuesday, September 17, 2013 at the Yaksich Long Funeral Home Chapel in Raton. Father Zechariah Lynch of the St. Michael's Orthodox Church of Pueblo officiated. Jess Yaksich, Roderick G. Yaksich, Greg Greeson, John Sakelaris, Mike Gatti and Everni Arcangeli served as casket bearers. Honorary casket bearers were Rob Yaksich, Richard "Sapo" Gurule, Freddie Duran, Johnny Dabovich, Dave Perovich, Joey Perovich, Bill Serazio, Remo Mutton, Nick Pavletich, Paul Kastler and Virgil Buscarini. Roddy was laid to rest at the Fairmont Cemetery in Raton. In lieu of flowers, donations can be made to the Raton Public Library or Raton Hospital Auxiliary. Arrangements for man and felt at home in the Roddy Yaksich were under the direction of the Yaksich-Long Funeral Home of Raton.

Who Are You Listening To?

BRETT HOYLE, Pastor, First Baptist Church

Back in the day, the sitcom "Home Improvement" followed the life of Tim the Toolman Taylor. Often times Tim would find himself in a pickle and need

advice that was reliable and right, which was often provided by his trusty neighbor, Wilson. Wilson usually had just the right advice for the problems at hand

Panhandle Parables Side Effects JEFF PROCTER, Minister, 6th St. Church of Christ

We have all seen the various drug commercials that indicate how they can help with a certain health issue. As I get older, I actually find myself listening to those things. They start out with the symptoms, which make one feel pretty sure they have that problem. Yet, never fear this drug will fix that problem, but there is always a rub. The commercial will close listing in rapid fire succession the "side effects." By the time the commercial voice finishes the list, I'm pretty sure that the side effects are worse than the original problem. Who wants to take a pill that will fix a minor thing and face possible death with itchy watery eyes? Seems to me, if the side effects are worse then maybe my problem isn't as bad as I thought. We all need a paradigm shift every now and then to get perspective. I rock along carrying my cross and at times it seems just too much to bear, so I think I need to lighten

the load a little or find a cross with padding. So I go to the cross shop walk through looking at all the crosses to bear and finally find one near the front of the store that seems to fit me when I realize it was the one I brought in, and bang paradigm shift! I realize God has it handled and there are folks carrying crosses I can't even imagine. Jesus never said, following Him would be the easiest thing in the world, but it would be the most rewarding. We all carry loads and at times help others with theirs and we are blessed for the effort.

As I walk in this life following

and usually was a reliable guide. In 2 Kings 1, King Ahazaih has injured himself to the point of being bedridden and is seeking answers. Instead of seeking answers from God or one of His prophets, though, he sends his messengers to one of the false gods that were so prominently worshipped in his family. Although you can read the chapter for every exciting detail, the end result was that God still sent His prophet Elijah to the King to bring a message to him. The message was that Ahaziah would die, because he sought help from a false god and shunned the true God. Sure enough, as God said, Ahaziah lasted a while longer before he kicked the bucket.

Who are you listening to regarding what's best for your life. You may say God, but do you read His Word? You may say God, but do you continue to open your mind to the filth and foolishness in much of the media today? You may say God, but are you dependent more upon medicines prescribed by secular psychologists, than the wisdom and realities God places before you in living your life? Listening to God involves reading His Word, staying filled with the Spirit, worshipping with His people and pursuing godly counsel that is right and reliable.

In 1966 he moved to Raton and continued to work in the mines for the Kaiser Steel Company at the York Canyon site. In the early 1970s Roddy and his brothers bought a farm in Maxwell where they raised cattle and hay and shared many great experiences with family and friends. While spending time in Maxwell at the farm, Roddy met Mary Knight and they married in 1974. Roddy retired from the Pittsburg & Midway mining

Roddy was a true outdoors-

my Savior, the more like my Savior I become and what are the side effects of walking in the Spirit? Paul doesn't call them side effects he calls them fruit: love, joy peace, patience, kindness, goodness, faithfulness, gentleness and self-control. (Gal. 5:22-23) Now that is a pill I can take!

mountains of northern New Mexico. Whether fishing local

> The First Baptist Church clothes closet will be open from 10:00 to 11:00 a.m. Saturday October 5.

Friona **Area Church Directory** Bovina ST. ANN'S **FRIONA UNITED CALVARY BAPTIST** ST. TERESA'S CATHOLIC VICTORY FAMILY 16TH & CLEVELAND **METHODIST Pastor Bobby Broughton CATHOLIC CHURCH WORSHIP CENTER** FIRST BAPTIST CHURCH 15TH & CLEVELAND 8TH & PIERCE FATHER WILLIAM 401 3RD STREET 308 3RD STREET **9TH & WASHINGTON** 251-1511 250-3000 250-2871 **REV. KURT BORDEN** PASTOR BRIAN MULLINS PASTOR ROBERT KERBY **CHILDREN'S CHURCH** 250-3045 250-2207 251-1632 SIXTH ST. CHURCH OF 3 yrs - 6th grade EMAIL: frionaum@wtrt.net LA IGLESIA DE DIOS DEL EMAIL: www.thevictory.tv WEBSITE: frionaumc.com PRIMOGENITO CHRIST **CHURCH OF CHRIST GRACE BAPTIST CHURCH** THE CHURCH OF GOD **502 WEST SIXTH** 500 AVE. E NORTH END OF **TEMPLO DE ADORACION** JEFF PROCTER, MINISTER **OF THE FIRSTBORN** FIRST BAPTIST MIKE PRATHER, MINISTER **CONGREGATIONAL CHURCH 620 WASHINGTON** 102 2ND STREET 250-2769 SIXTH & SUMMITT 251-1334 **PASTOR GARY JOHNSON** 250-5929 250-3933 1601 EUCLID PASTOR ROY DOMINGUEZ IGLESIA BAUTISTA **TENTH ST. CHURCH** PASTOR BRETT HOYLE **FIRST UNITED** 575-693-6381 **HISPANA OF CHRIST** WWW.FBCFRIONA.COM METHODIST CHURCH **UNITED CHURCH OF** 10TH & EUCLID 103 1ST STREET EMAIL: firstbc@wtrt.net 205 4TH STREET **TEMPLO BAUTISTA** CHRIST **RON SMILEY 250-3213** PASTOR RAFAEL MARIN **PASTOR LARRY MITCHELL Pastor Antonio Rocha** UNION CONGREGATIONAL **GERALL WYLY 295-6774** 251-5232 QUALITY OF LIFE BIBLE 251-1124 **403 WOODLAND** CHURCH **STUDY CHURCH** 250-3472 1601 EUCLID 301 Grand Ave. Friona Prairie Acres/Heritage Estates 250-3635 Pastor Mark & Mary Goff Quality Care • Assisted Living 806-240-0826 Billy Ray Johnston THIS DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES WHO Administrator **ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES.** 806-250-3922



Thursday, October 3, 2013

frionastar@wtrt.net

Friona Star,

Friona Star 2013 Football Contest

Weekly 1st Place Prize: \$25 Overall Grand Prize: \$100

Week 5

NAME:

ADDRESS:_

CITY, STATE & ZIP_____

PHONE:

DEADLINE 4:00 P.M. FRIDAY, OCTOBER 4, 2013 PLACE CHECK MARK NEXT TO YOUR SELECTION

Odessa High at
Canyon ve

Canyon vs.

Perryton at

Gruver at

Claude at

Midland Lee

Monahans (at Lubbock Cooper)

Lubbock High

Shamrock

T Wheeler



CONTEST RULES

Tie Breaker: Pick the total score of both tie breaker games. The second tie-breaker game will be used in case two or more players are tied after the first tie-breaker game. Entries are due by 4 p.m. each Friday.

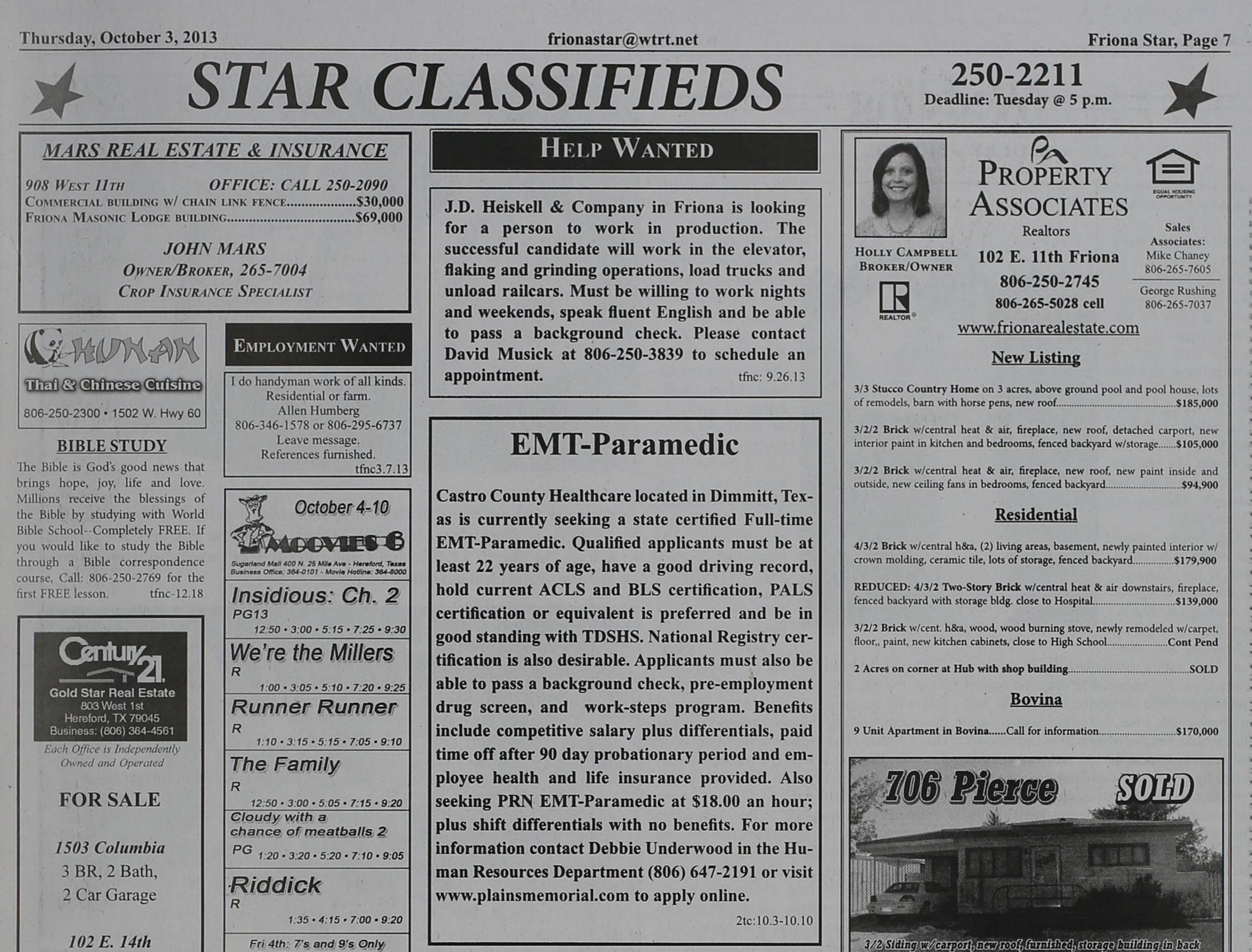
Three Ways to Enter:

Fax to: 806-250-5127 Mail to: Football Contest P.O. Box 789 Friona, TX 79035 -or-Bring Entry to: Friona Star Office 916 Main St. -or-Dorothy's Beauty Shop 3rd St. in Bovina.



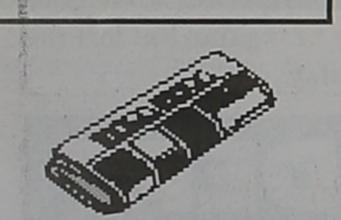
 Arkansas at West Virginia at Washington at New Orleans at Detroit at New England at Kansas City at Jacksonville at 1. Broncos - Cowboys	 Florida Baylor Stanford Chicago Green Bay Cincinnati Tennessee St. Louis EDICT THE TOTAL SCORE 2. Texas Tech - Kansas	Player with the most to the contest will win a G Only one entry form 10-years or over to ent and their immediate far enter. For questions or more in call: 806-250-2211. All entries	per individual. Must be er. Newspaper employees milies are not eligible to
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Fri 4th: 7's and 9's Only Sat 5th: All Showings Sun 6th: All but 9's Mon 7th - Thurs 10th: 7's Only www.pccmovies.com for Showtimes Moovie Hotline: 364-8000 - Option 2 Risinger Plumbing Serving Friona 272-6772

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tfnc



Cargill Cattle Feeders Bovina, Texas is hiring for the cattle department

Cargill Cattle Feeders, Bovina, Texas - Position available in the Cattle Dept for Doctoring / Processing. Responsibilities include processing cattle, doctoring, assisting with shipping, and other duties as assigned. Applicants must be willing to perform all of these responsibilities. Work schedule will include 1 & 1/2 day off on most weeks and hours will average 50-60 straight wage no overtime. Position offers full benefits package including 401K and Health Insurance.

Interested applicants should apply in person at Cargill Cattle Feeders 600 US HWY 60. (806)225-4400

1/3/2 Brick w/central h&a, (2) living areas, basement, newly painted interior w/ crown molding, ceramic tile, lots of storage, fenced backyard\$179,900
REDUCED: 4/3/2 Two-Story Brick w/central heat & air downstairs, fireplace, enced backyard with storage bldg. close to Hospital\$139,000
3/2/2 Brick w/cent. h&a, wood, wood burning stove, newly remodeled w/carpet, loor,, paint, new kitchen cabinets, close to High SchoolCont Pend
Acres on corner at Hub with shop building
Bovina
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3 Bedroom/2 Bath/2 Car Garage/Separate Apartment in Back, 2400 total sq.ft. Red brick, Wood Shake Shingle roof, 7 ft concrete block privacy fence, central heat & air, wood floors/carpet, tile bathrooms, underground sprinkler, covered front porch, unfinished basement, Backyard Adventure playhouse/swing set, separate fenced side yard play area, large shade trees surround the property.



tfnc

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2tc:10.3-10.10



Cargill Cattle Feeders, Bovina Texas - Has a mill maintenance position available. Responsibilities will include maintenance and repair of mill

equipment and machinery, housekeeping, loader/truck operation, and other duties as assigned. Mechanical/Welding skills preferred. Applicants must be willing to perform or learn all of the duties mentioned, possess a strong work ethic and work well in a team environment. Work schedule will include 1-1/2 days off and hours will average from 55-60 hours per week, straight wage no overtime. Position includes full benefits package including 401K and health insurance. Interested applicants should apply in person at Cargill Cattle Feeders 600 US HWY 60. (806) 225-4400 2tc:10.3-10.10



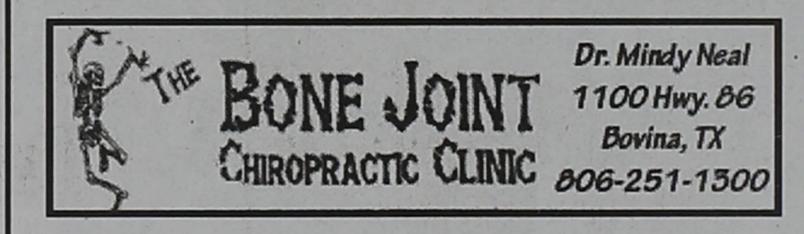
Cargill Cattle Feeders Bovina, Texas is hiring for the cattle department

Cattle department responsibilities include processing cattle, doctoring, shipping, riding pens, and other duties as assigned. Applicants must be willing to perform all of these responsibilities. Work schedule will include 1 & 1/2 days off on most weeks and hours will average 50-60 straight wage no overtime. Position offers full benefits package including 401K and Health Insurance.

Interested applicants should apply in person at Cargill

Shown by appt. only. Call 806 946 8968.

tfnc:8.15.13

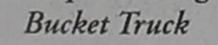


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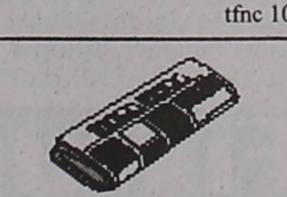
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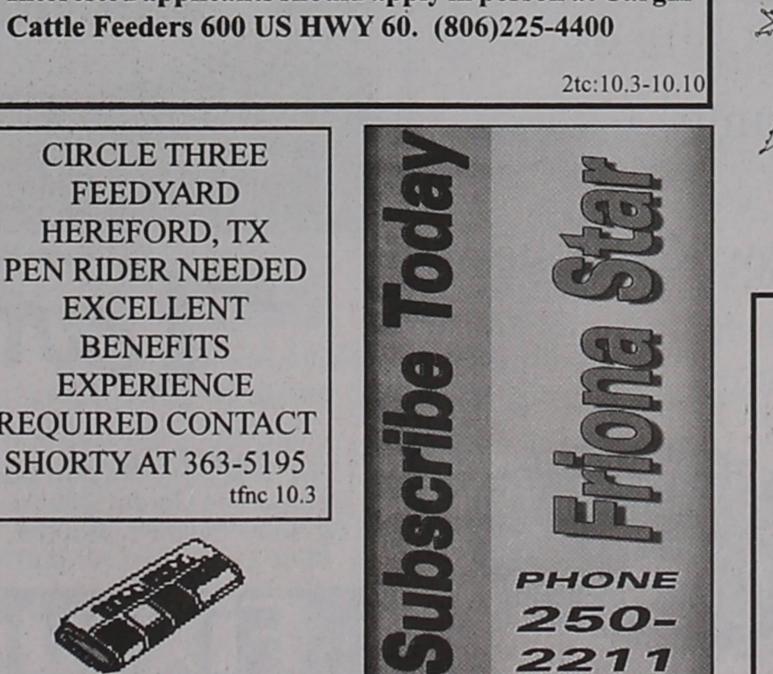
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Now you can SHIP where you SHOP! Blackburn Hardware 904 West 11th 250-2828 Hours: 8:00-5:30 Saturday 8:00-12:00 Things Really Move In the Classifieds!

Friona Star, Page 8

Thursday, October 3, 2013

Blair Nicole Smiley, daughter of Mitchell and Kim Smiley, of Friona and Barry Keith Morris, son of Keith and Jan Morris of Muleshoe, exchanged wedding vows on Saturday, August 3, 2013 in the front yard of George and Aundrea Frye's home. They are the bride's grandparents, along with Ron and Melba Smiley, all of Friona. The groom's grandmother is Earlene Edwards Thorton, of Clovis, NM.

Ron Smiley, granddad of the bride, officiated at the ceremony. As the bride was given in marriage by her father, she wore a dress of lightweight and shimmery satin with a soft contouring drape and a sweep train. The embellished strap and beaded neckline provided the perfect dazzle. She had an elbow length, 1 tier, veil with a beaded edge. She carried a bouquet of calla lilies and peacock feathers. The base of the bouquet was wrapped in lace from her mom's wedding gown and had a peacock brooch pinned on, which belonged to her maternal great grandmother, Hertha Frye. She also wore her mom's pearls. The bride's mother, Kim Smiley, played and recorded music for the vocalists of Kirk Frye, uncle of the bride, Haden Smiley, brother of the bride and Courtney, the bride's friend. They sang "When I Say I Do", "I Cross My Heart" and "Keeper of the Stars". Matron of Honor was Ashley Gutierrez, sister of the bride, of El Paso. Bridesmaids were Kayla Smiley, sister of the bride of Oklahoma City, OK, Miranda Wilson, cousin of the bride of Snyder, Lucretia Morgan, cousin of the bride of Perryton and Brooke Herbert, friend of the bride of Amarillo. The matron of honor wore a chiffon dress with one shoulder adorned with elegant flower detail. The bridesmaids wore comfortably flowing chiffon fabric dresses with ruched bust and front clover detail. They car-



-Wedding=

SMILEY – MORRIS

ried a long stem calla lily with peacock feathers. The groom wore a long sleeve white shirt and jeans, along with with Texas Tech cowboy boots. The best man was Kory Atwood, of Lubbock. groomsmen The were Tatom Heathington of Lubbock, Joe Posey and Stuart Posey, both of Roby, TX, all friends of the groom. Also, Brent Morris, brother-inlaw of the groom, of Amarillo. The groomsmen wore



ron carr photo

The Parmer County Sheriff's Office was represented at the National Night Out by, I-r, Deputies Joe Orozco, Jesus San Miguel, and Mario Vidaurri. Representatives from the Sheriff's Office and Friona and Bovina police departments were on hand to visit with the families attending.



striped button down, oasis color, shirts and jeans.

long sleeve plaid or

Clayton Smiley,

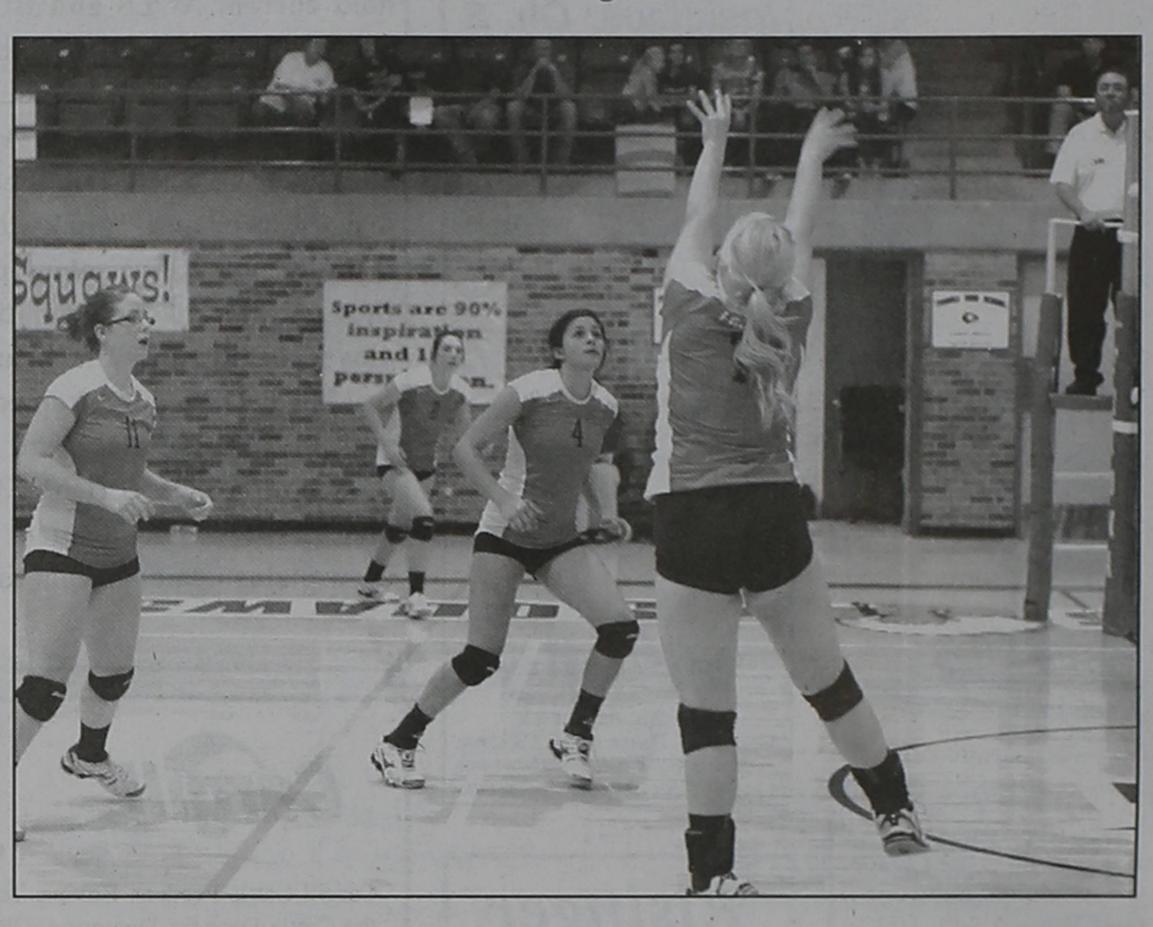
brother of the bride, ushered the grandparents down the isle and the groomsmen served as ushers for the guests. Reagan Morris, niece of the groom, of Amarillo was the flower girl and Grayson Gutierrez, nephew of the bride, of El Paso was the ring bearer. The registry was attended by Sydney Frye and Skyler Sombrano, both cousins of the couple.

The reception was held at the Sixth Street Church of Christ. The tables were covered with oasis and clover colored satin table cloths. Each table had a centerpiece filled with peacock feathers. The bride's cake was five tiered with Italian cream, chocolate, vanilla, strawberry and vanilla for the top layer. The groom's cake was red velvet with chocolate cream icing and covered with chocolate covered strawberries. His tables had Texas Tech decorations.

Blair is a 2008 graduate of Friona High School and a 2011 graduate of West Texas A&M. She teaches 3rd grade in Spearman, TX.

Barry is a 2005 graduate of Muleshoe High School and a 2009 graduate of Texas Tech. He is employed at Wolf Creek Feedyard as feed manager.

After a honeymoon to San Antonio, the couple now resides in Spearman, TX.



ron carr photo

Kendall Barnett (7) sets the ball for teammate Christina Green (4) during the district match with Littlefield at Friona gym Tuesday evening. Mercedes Rodriguez (11) and Kendall Kimbrough (2) look on. The girls won the first game but lost the next three to lose the match. They are now 1-1 in district play.



KNNK 100.5-FM is your

new home for Friona High School Sports.

Tune-in to the live broadcast of this Friday's

Chiefs vs Dalhart

football game at 7:30 PM. You can also listen

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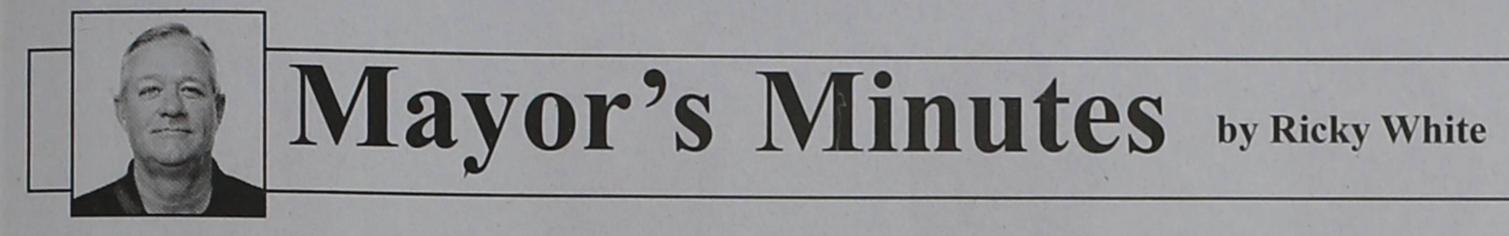
channel 6 and on the web at www.KNNK.net







Thursday, October 3, 2013



several things within their community that they can hang their hat on and make them special. I want to begin this months minutes by discussing one of Friona's great assets. (We have many, but this month I want to discuss the Parmer Medical Center). I had some conversation with Gayla Quillin (Hospital Administrator) and asked her "What makes Parmer Medical Center so special and popular?". There are patients traveling to Friona from many surrounding cities including, Fort Sumner, Grady, Clovis, Texico ,Melrose, Elida, Portales, Farewell, Littlefield and Canyon. No doubt it is a beautiful hospital and well manicured inside and out. This is not the reason people travel a great distance to receive their care. People come to Friona because of the way they are treated and the care they receive when they step inside the hospital. Gayla mentioned that all of their staff (everyone) goes through extensive training on "How to make the patients experience a great experience." She said it basically boils down to two simple things 1) Courtesy. 2) Respect. Every employee at the hospital is committed to treating every patient with courtesy and respect as soon as they step inside the hospital. They want every patient to have the best experience

Every municipality has they have ever had at a hos- festivities. pital.

Lets face it, the hospital is not a favorite place that everyone enjoys visiting and the employees understand this and they are committed to making the patients experience the best experience they have ever had. The hospital also has a great rehabilitation program. There are patients that have surgery in Amarillo or Lubbock, but come back to Friona for their rehabilitation process. The hospital also has a staff of doctors that are committed to the same simple philosophy of 1) Courtesy 2) Respect, and provide very good care like to recognize all of the the budget and the outlook year and commit to spend employee's, the doctors and at this time for Prairie Acers their staff at the Parmer Medical Center by saying thank you for what you do and how you do it. Great to operate both the Prairie job!!!!! We hope you have noticed some work being performed on the park on the north side of highway 60, between Springfield and Etta. It is going to look good. There will be more rock put down and some Yucca plants placed along the highway. Also, the drainage area between Soapy Springs and Fast Stop, along the highway has been cleaned up, thanks to the good work of the Public Works employees. They also mowed all of the state parks, Reeves Lake, and the cemetery getting ready for the Maize Days

Great news coming from Prairie Acres and Heritage Estates. Billy Ray has 45 residents currently living in Prairie Acres and 12 residents currently living in the Heritage Estates.. Thanks to Billy Ray and staff for all of their efforts. The City Council approved the 2013-2014 budget for Prairie Acres and the Heritage Estates. Kathy Anthony played a vital role in setting this years budget and I want to thank her for her efforts. Billy and Kathy attended the City Council budget meeting to present the budget and answer any questions that the council had concerning the and the Heritage Estates is very positive. It takes right at \$2.5 million dollars annually Acres and the Heritage Estates. We continue to move forward with the American Red Cross. We still lack getting the volunteers some training, but once completed, we will give all citizens information and notification on where you can go if we have a catastrophe and people are in need of water, food and shelter. We are having conversation with Steve Pair, Director of American Red Cross, to address any issues occurring with the training, to get over that hurdle and get the training implemented.

The City Council met on September 30, 2013 to finalize the budget for fiscal year 2013-2014. The budget was finalized at \$4.3 million dollars. One of the big ticket items that the city pays for during the year: It takes \$658,000 to operate and maintain our 24 hour police service. Police Chief Mooney and all of the officers do a very good job of keeping the citizens safe. Patricia Phipps, City Manager, has done a very good job of setting the budget and the outlook for Friona looks very positive for this coming year. The City Council, Patricia Phipps and myself are dedicated to the Muleshoe, Hereford, Sudan, for their patients. We would budget. We feel good about set budget for this coming your money wisely and make good decisions that effect the citizens of Friona. Lastly, an update on the housing coming to Friona. Plans are to begin the ground breaking in approximately 3-4 weeks. It takes time to get the architects to agree on the plans, to get permits, get all of the supplies that's needed ordered and delivered. It seems the planning stage takes as long as the actual building process. I will continue to keep you updated as we progress forward. Wayne Berry of Jillian Homes, is still committed to come to Friona and get started. Once he gets all of the details worked out on his end, he will begin the building process.

Shelby is Week 4 contest winner

In Week 4 of the contest, the Bushland-Canadian game was finally canceled due to lightning and bad weather so it was thrown out and counted as a win for everyone. The first two games on the entry form, Plainview-Dumas and Dalhart-Littlefield, were the most missed games in Week 4. Plainview and Dalhart won.

It was a harsh week for most players, a week where the winning score was 12 of 15 and only one contestant had that winning number. No tie-breaker needed. Rodney Shelby of Friona is this week's \$25 prize winner.

The next closest were several contestants who managed to pick 10 of 15 correct. They were Rick Castaneda, Jack Glover, Ronald Diaz, Frank Gonzalez, Scott Brown, Claire Brown, and Martha Rodriguez. Everyone else was at 9 or less. Completion of the 4th week means the contest is only one-third completed, plenty of time to win a week and compete for the grand prize. Good luck in Week 5.

Football Contest Standings – Week 4

Point totals after three weeks. Only contestants that enter all weeks are listed.

43 – Rick Castaneda, Ronald Diaz

42 - Mark Galan, Brent Loflin, Michael Villa

41 – Bailee Braillif, Mal Manchee, Dorothy Stowers

40 - Sandra Berend, Eric Geske, Jack Glover, William Gromowsky, Greg O'Brian, Procoro Rodriguez, Destiny Sandoval

39 - Brandon Berend, Claire Brown, Aprile Hudson, Kaegan

Kerby, Benito Ortiz, Christen Stowers

38 - Frank Gonzalez, Rusty McFarland, Myrtle Melton, Tyson Neill, Birdie Owens

37 - Raul Braillif, Jeremy Dearing, Jess Dearing, Robert Kerby, Enrique Rodriguez, Tyrone Shelby

36 - Scott Brown, Tim Elmore, Mason Loflin, Aubrey Parson, Martha Rodrizuez, Teresa Shelby

35 - Raymond Diaz, Lance Field, Lester Fennell, Izzy Marrufo, Jesse Morales, Haden Smiley, Ron Smiley, Mitch Smiley

34 - Jonathan Espinoza, Pam Fennell, Harley Merritt, Tenna Montana, Amy Montana, Miguel Porchas, Pedro Ramos, Linvell Rose, Chris Shufelberger, Rodney Shelby, Jimmy Walker

33 – Frank Dominguez, Mack McFarland, Alonzo Rojas, Christi Villa

32 - Darlene Case, Darrin Gilley, John Haile, William Martin, Charlotte Marrufo, Andy Montana, Drew Montana, Erika Montana, Quentin Shelby

31 - Isaac Duran, Isabel Rios, Clayton Smiley, Sue Walker 30 – Ivan Duran, Sally Gonzales

29 - Logan Loflin, Sylvia Ortiz, Brian Simons, Kenney Stone

28 – Tonya Lookingbill

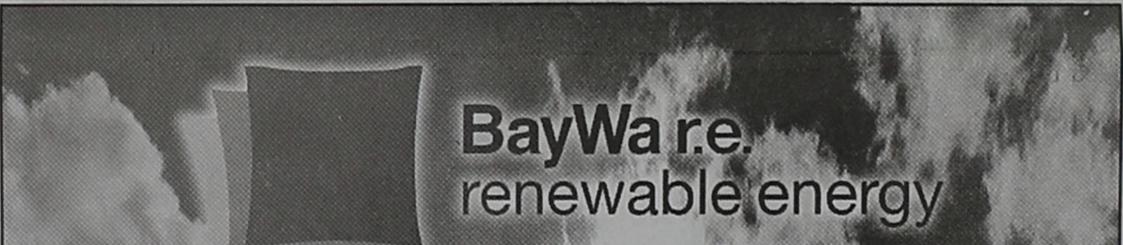
24 - Suehaye Ramos, Domingo Villarreal, Jr. 21 - Dennis Field

The Good Guys – MUFA and PUFAs

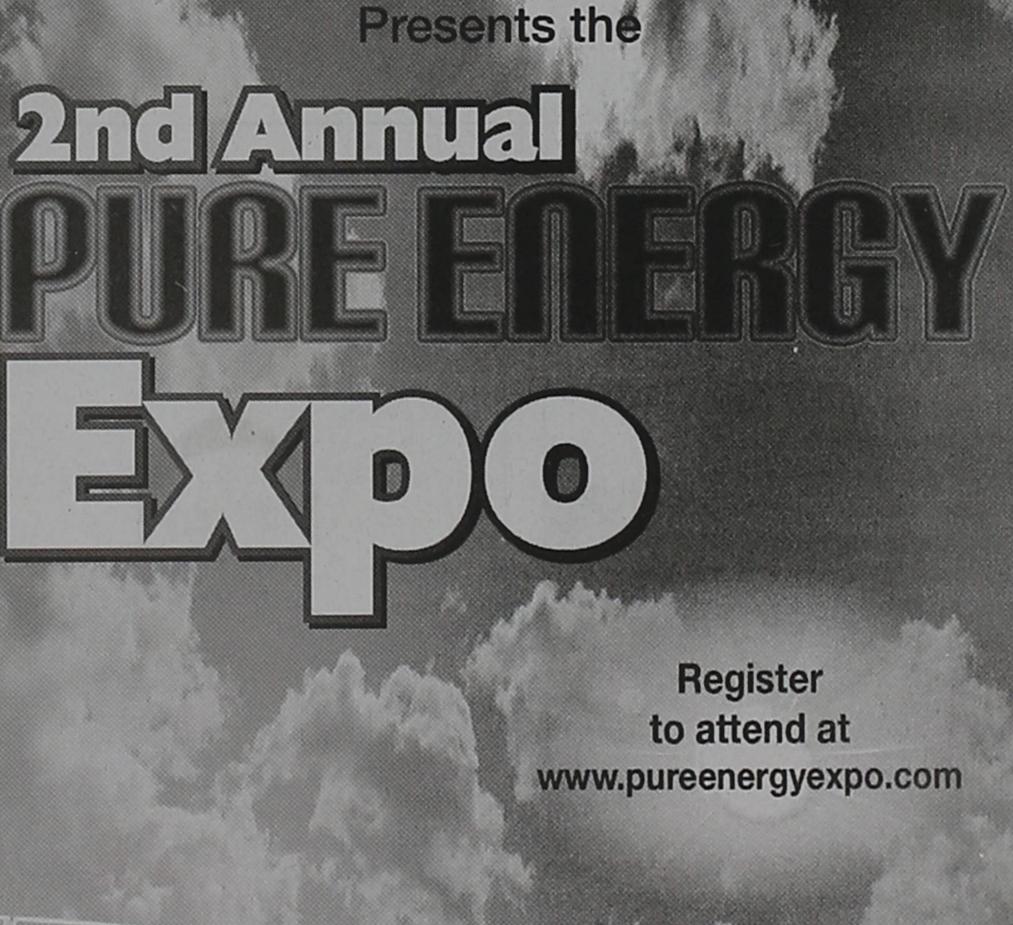
By Melanie Gallman Braun

member that unsaturated fats are generally liquid at room temperature. Examples of foods that are high in monounsaturated fats are olive oil, canola oil, and nuts; foods that are high in polyunsaturated fats are canola oil, corn oil, and safflower oil. MUFAs and PUFAs should be consumed in moderation every day because of their health benefits. Dietary fats are important because they provide energy (30-70% of the energy used by our muscles and organs while we are at rest comes from fat), fats are a major fuel source during exercise, fats transport the fat-soluble vitamins (A, D, E and K) into the body, fats help regulate cell function and maintain cell membrane integrity, stored body fat protects vital organs and pads the body, and fats contribute to the taste and texture of foods. Lard, butter, and margarine versus canola and corn oil? Well, animal fats provide approximately 40-60% of their energy from saturated fats (these fats are the bad guys). Most plant fats provide 80-90% of their energy from mono- and polyunsaturated fats (the good guys). You can

These are the good guys in the world of di- lower your intake of saturated fats by switching etary fats-monounsaturated fatty acid (MUFA) from animal-based products to plant foods. How and polyunsaturated fatty acids (PUFAs). Re- to do that? Cook with olive or canola oils instead of butter. Nuts and seeds, when eaten in moderation, are rich in unsaturated fats and provide fiber, minerals, vitamins and protein. Instead of potato chips, snack on whole-grain crackers and peanut butter. You can also drink soy or almond milk instead of cow's milk, but...well, that's almost sacrilegious to those in this part of the country. You might ought to keep that one to yourself if you do. Low-fat, reduced-fat and nonfat. While these foods are healthier choices, be aware that you are reducing the amount of fat you consume, but not necessarily the amount of calories. Watch your labels and compare. For example, a serving of Regular Fig Newtons has 210 calories and 4.5 grams of fat and a serving of Fat-free Fig Newtons has 204 calories and no fat. So don't be tricked into thinking that because they are fatfree, they are also calorie-free. The take away today? Include healthy fats in your diet, they are essential to good health. Watch out for saturated and trans fats; they should be a very small percentage of your daily intake. AND, make exercise a priority!







courtesy photo

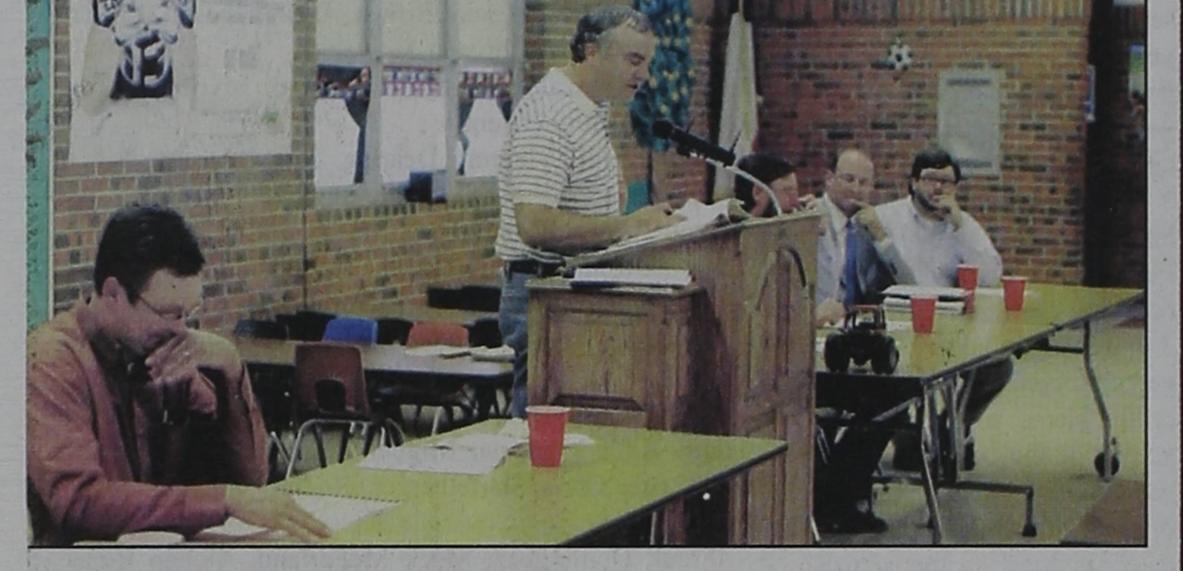
The Friona Class of 1948 held its 65th reunion September 21 at the home of Clarence and Wynona Martin. A Mexican pile-on meal was served. Classmates enjoyed an afternoon of laughter and reminiscing about old times. Front row, l-r, Ollie Pearl Taylor, Wynona Martin, Mildred Agee, Grace Jo Johnson, Lillie Mae Baxter, Joyce Jones; back row, l-r, Clarence Martin, Ernest Brown, Maynard Agee, John Smith, Billy Baxter, Duane Wyly, and Art Jones.

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Clovis Civic Center 801 Schepps Blvd. Clovis, NM 88101

For more Information please call CIDC at 1-866-963-6600 or email us at info@clovisedc.com

Pink Out Night • Friday, October 4th • Chieftain Field Parmer County Cancer Coalition



ron carr photo Friona Wheat Growers board president Jason Wright welcomes members to the cooperative's annual meeting held Tuesday evening at the junior high cafeteria.





courtesy photo

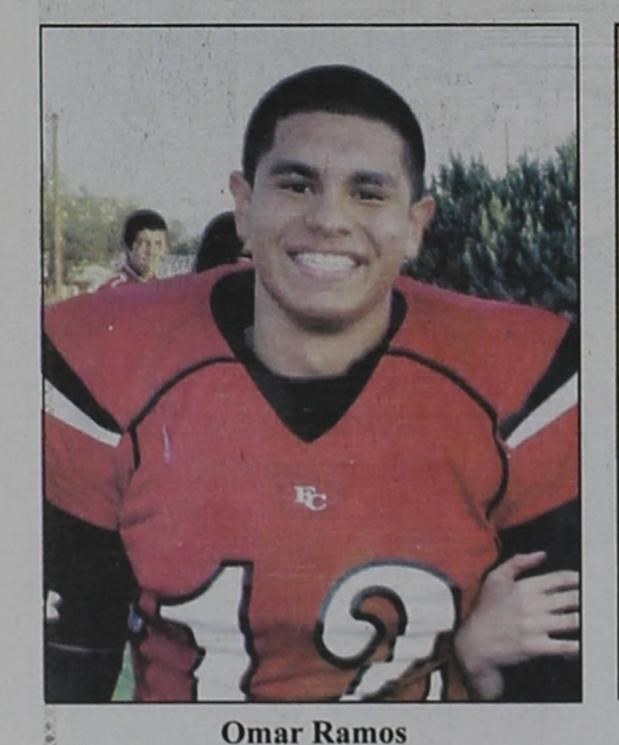
The FCCLA students coordinating the "I Can Help" campaign are, I-r, Sonia Palacios, Bianca Arellano, Samuel Silva, Kelly Lara, and Bekah White. There are canisters at various businesses for donations to assist the Parmer County Cancer Coalition.

Friona FCCLA: I Can Help

The theme for this year's FCCLA project for the Parmer County Cancer Coalition came from two places. One was the commercials for Texas Oncology, where they say I CAN Fight CANcer. The idea came to students last year as school was letting out for the summer. We would use cans competing to see which homeroom in each grade can collect the most money. Friona High School students are having coin wars. Students get a point for each cent in coins placed in their can but lose 100 points for each dollar bill placed in their can. The fight is on.

shirley prokop photo

Chieftain Edgar Guerrero (66) brings down a Lubbock Roosevelt runner. Coaches selected Edgar as Defensive Player of the Week for his performance against Roosevelt. The junior lineman had seven solo tackles in the game, several for losses.





Edgar Guerrero Defensive Player of the Week.

to collect money for the Parmer County Cancer Coalition. Then one day we heard a 70's song by singer Billy Swan titled "I Can Help." The song starts out

If you've got a problem, I don't care what it is If you need a hand, I can assure you this I can help, I've got two strong arms, I can help It would sure do me good to do you good, Let me help

We adopted the song as the theme song for this year's project. We wanted this year's project to help as many Parmer County residents as possible. As you do business around town you will notice the pink animal print "I Can Help" cans in many businesses around town. As we canvased the town taking orders for our baking project, we received donations as well as orders. We took over 125 orders around town.

The primary and elementary homerooms are

Some students sold baked items at the volleyball games Tuesday night. Others set up and sold cupcakes, brownies and pink lemonade at the "Night Out" sponsored by the police department. We will sell goodies at the end of the school day on Thursday and at the Junior High football games. The Friday night game against Dalhart will be our last sales project. We will also sell pink lemonade at the football games Thursday and Friday nights.

If you would like to make a donation to "I Can Help" and need someone pick it up, you can call and leave a message at the high school or call 265-5101. We would like to take this opportunity to thank everyone in the community who bought items from us, made a donation, and dropped coins in our buckets. A special thank you goes to the primary, elementary and high school students for participating in this project.



Chiefs fall to Roosevelt 29-26

The Chieftains led the Roosevelt Eagles for most of the game last Friday night. They led the Eagles 26-22 until late in the fourth quarter but the Eagles scored late to take the win 29-26. Omar Ramos earned offensive player of the week from coaches with his 123 yards rushing on 15 carries and two touchdowns. Michael Garcia added 34 yards on 5 carries and quarterback Mason Loflin rushed for 32 yards on 5 carries and scored two touchdowns.

Offensive Player of the Week

Mason completed 8 of 15 passes for 52 yards. Brad Stowers caught 2 passes for 24 yards and Jose Zamudio had 2 catches for 15 yards. The Chiefs had 191 yards rushing and 52 passing for 243 total yards of offense. Junior Edgar Guerrero earned defensive player of the week honors. Edgar was credited with 7 solo tackles including 4 sacks. Edgar was credited with 7 solo tackles including 4 sacks. Antonio Adame and Abel Palacios each had 5 solo tackles. Mason Loflin punted 5 times for 177 yards, a 35.40 average.

The Chiefs close out non-district play this week as they host the Dalhart Golden Wolves. Game time is 7:30 p.m. It is Pink Out Night so everyone wear pink. The Noon Lions will be selling hamburgers and fries before and during the game. Come out and support the Chieftains as they head for district play next week at Muleshoe. courtesy photo

Friona FCCLA and Cargill are teaming up to "Feed Friona First" for World Food Day on October 16. Plans are underway to better educate Friona about the huge impact this area makes to feed people throughout the world and to focus on providing 'food security' for Friona. Pedro Ramos of Cargill, I-r, met with Abel Palacios, Sydney Frye, Kim DeWit, and Michael Garcia after Family and Consumer Science classes to discuss gathering food and money to supply food for Friona and the SnackPak4Kids program.