

Friona Star

VOL. 89, NO. 43

FRIONA, TEXAS

THURSDAY, OCTOBER 17, 2013

TEN PAGES

American Legion meeting

The Parmer County American Legion & Auxiliary Post #206 will meet Monday October 21, 2013 at 7:00 p.m. at the Friona Legion Hall, 6th and Euclid. Veterans Day activities will be discussed. All area veterans are invited to attend.

St. Ann's turkey dinner

St. Ann's Catholic Church in Bovina will have their annual turkey dinner Sunday, November 3, 2013. Serving time is 11:30 a.m. to 2:00 p.m. (Texas time) in the St. Ann's parish hall at 401 3rd St.

The menu will be turkey and dressing, creamed potatoes and gravy, green beans, homemade bread, cranberry sauce, relish plate, desserts, tea and coffee.

Donations will be \$10 for adults and \$5 for children under 6. Takeout plates will be available at no additional charge. A quilt throw made by St. Ann's Society will be raffled off at the dinner.

City roll-off free next week

The City of Friona roll-off box located at 8th and Jackson will be free all next week. Gates will be open from 8 a.m. to 5 p.m. for large items, except NO SHINGLES OR TIRES.

Normally the gate is locked and there is a charge for disposing of trash in the roll-off box but next week it will be open and dumping is free. Any questions call city hall at 250-2761.

United Way sets budget

The United Way of Friona met Wednesday morning early to hear proposals from local organizations that receive United Way funds. United Way president Rick White said the budget this year is \$65,000 and 12 organizations attended to submit requests for funds. Requesting organizations ranged from the Parmer County Historical Museum to Kids Inc. to Boy Scouts and the Red Cross.

Local businesses will soon receive a letter seeking contributions to the United Way. Individuals or businesses are urged to make donations at Friona Interbank.

Commissioners court meeting

The County Commissioners met Tuesday October 15, 2013. They considered previous minutes, accounts payable, the county treasurer's report, and some AFLAC insurance options.

Petition signatures to legalize alcohol sales in Bovina were verified but commissioners said no special election will be approved by the county. Radford Venable is the Bovina resident and spokesman for the alcohol sales legislation. Commissioners clarified that an alcohol election could be held in the city limits of Bovina or in Justice of the Peace Precinct 2, which is different than Parmer County Precinct 2.

Branch early voting was approved to be held in Friona October 31 at Friona Interbank. Approval was given to pay utility bills prior to court meetings in order to avoid late fees. An inter-local agreement between Parmer County and Lubbock County for the Regional Public Defender for capital cases was renewed.

It was noted that the Parmer County Sheriff's Office currently has openings for a jailer and a dispatcher. County Clerk Colleen Stover has announced her retirement. County Judge Trey Ellis attended Judge's conferences in Terlingua and Galveston. Three of the four county commissioners also attended the Galveston conference.



ron carr photo

JV Squaw Kim DeWit (3) goes high to block a shot in Tuesday's game with the Olton JV. The JV Squaws beat the Fillies in three games.

Pasture, Range and Forage insurance deadline

By Kay Ledbetter

The deadline is nearing for Pasture, Range and Forage Insurance, designed to provide livestock and hay producers protection against acreage losses, said DeDe Jones, Texas A&M AgriLife Extension Service risk management specialist in Amarillo.

The 2014 sign-up and acreage reporting deadline for this program is Nov. 15, and notices of premiums due will be sent by July 1, Jones said.

"Insurance is a critical component in producers' risk man-

agement portfolios during periods of drought or uncertainty," she said. "This policy benefited many cattle producers around the Panhandle in 2011 and 2012 due to the low rainfall conditions."

Payment is not determined by individual damages, but rather area losses based on a grid system, Jones explained. Producers can select any portion of acres to insure, but they must also choose a minimum of two two-month intervals or a maximum of six two-month intervals per

year to insure.

Coverage levels between 70 and 90 percent are available, she said. Once coverage is selected, the producer chooses a productivity factor between 60 and 150 percent. The productivity factor is a percentage of the established county base value for forage.

The base value is a standard rate published by the Risk Management Agency for each county. It is calculated based on the estimated per-acre cost of grazing, Jones said. For example, Hansford County's value is \$8.11 per acre.

She said Texas uses a rainfall index to determine the insurance coverage. The rainfall index uses National Oceanic and Atmospheric Climate Prediction Center data and a 12-by-12 mile grid system.

A decision-support tool to help producers determine coverage levels and intervals can be found at: <http://agforceusa.com/rma/ti/prf/dst>.

For more information about the insurance and how it fits into a risk management plan, contact Jones at 806-677-5600 or dljones@ag.tamu.edu.

Band booster brisket raffle

Win a brisket for your holiday cooking! The Friona High School Band Boosters will be raffling three individual frozen uncooked briskets. Drawing will be Sunday November 17 at the band's annual brisket dinner.

Tickets will be sold at home football and volleyball games and at the November 17 brisket dinner. Tickets can also be purchased from band booster members or by calling 806-363-0377. Tickets are only \$1 each. The band boosters would like to thank Cargill for donating the briskets.



ron carr photo

Freshman Kendall Barnett serves to the Olton Fillies in Tuesday night action at Friona gym. The varsity Squaws beat the Olton Fillies and have a 3-2 district record with three games to play.

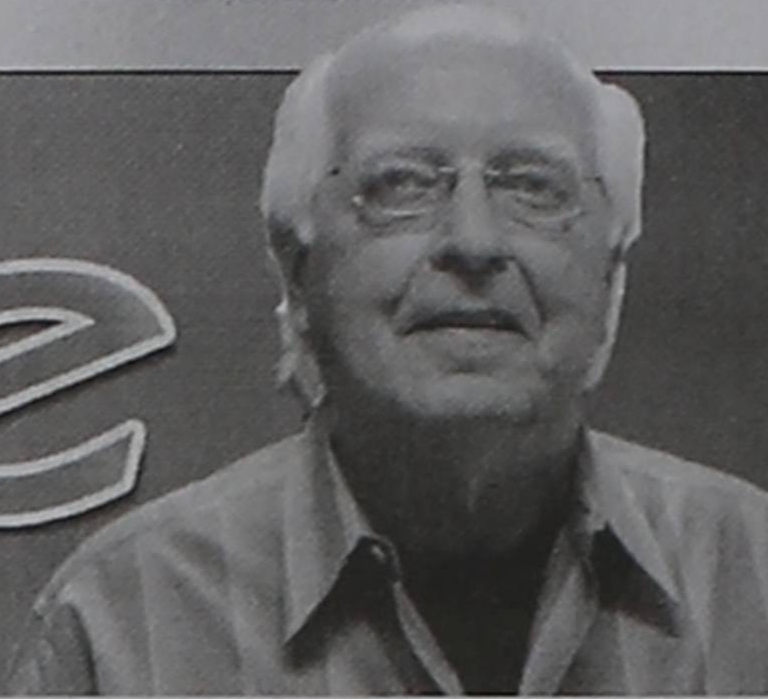


ron carr photo

The wood carved Chieftain has moved from the high school office to the entrance to the gymnasium, greeting visitors in the entrance foyer.

Out Here

By Ron Carr



gaming the snap system

Big surprise. The Senate supposedly came up with an agreement to keep the government from going bankrupt and destroying civilization. Hooray for Harry Reid. I wanted to call attention to the Louisiana Wal Mart food stamp fiasco this week. Everyone knows there is major fraud in the food stamp program but no one does anything about it. We can't call it food stamps though. It is known as SNAP now. And the folks have pre-loaded debit cards to avoid the embarrassment of food stamp stigma.

This week in a couple of Louisiana Wal Marts the food stamp computers malfunctioned and for a couple of hours the SNAP cards had no limits. I believe it was last Saturday about 7:00 p.m. Somehow the word spread among SNAP card holders and a shopping (looting) spree began. There may be a food stamp network on Facebook and texts, but people started showing up to fill the cupboard.

It was actually rather humorous if it hadn't been so sad. I realize that poor people depend on food stamps to feed their families. But many food stamp recipients game the system. Maybe when you feel totally hopeless, cheating the system seems to be a matter of survival.

The Wal Mart checkers were told to go ahead and accept the

SNAP cards even though there was no limit. Not sure why they made that decision. They could have made an announcement that the system was down and come back later.

So the SNAPers showed up in droves filling multiple baskets with food, diapers, drinks, and anything else that looked inviting. No doubt they told other SNAPers about the "gift" by texting and Facebooking on their smartphones. When you have no limits, all items become treasures. It was stealing but desperate people don't care.

Some shoppers managed to load up and check out and be on their way. Around 9:00 p.m. though, the computers were fixed and the card limits were once again imposed. Many people were still filling baskets throughout the store when Wal Mart made an announcement on the PA system that SNAP card limits were once again in effect.

What happened next was predictable and an example of lack of personal responsibility. They simply abandoned the crammed full baskets and left the store, no doubt disappointed they didn't get to share in the opportunity. I can't get all this free so I am leaving. Darn it, I missed the opportunity to get my share of free stuff.

One report stated it took Wal Mart employees all night into the next day to put all of the abandoned merchandise back

on the shelves. I heard many TV yackers blame Wal Mart and Xerox, and the government for tempting the poor folks. What about some blame on the people that tried to game the system? What about their personal responsibility?

I doubt that any of the "shoppers" vote Republican, if they even vote. I doubt they

are Independents or Tea Party members. The majority might be among the low information voters that depend on the free spending Democrats to provide for them. Whoever they are, their actions tell a lot about America today. We give you stuff, you vote for us.

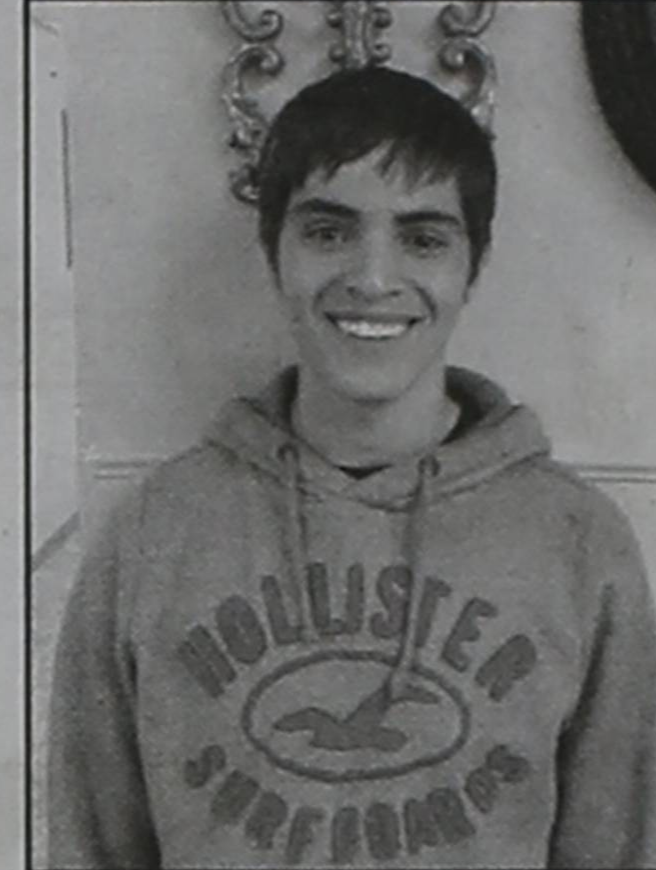
Personal responsibility? Interesting concept.

Students of the Six Weeks



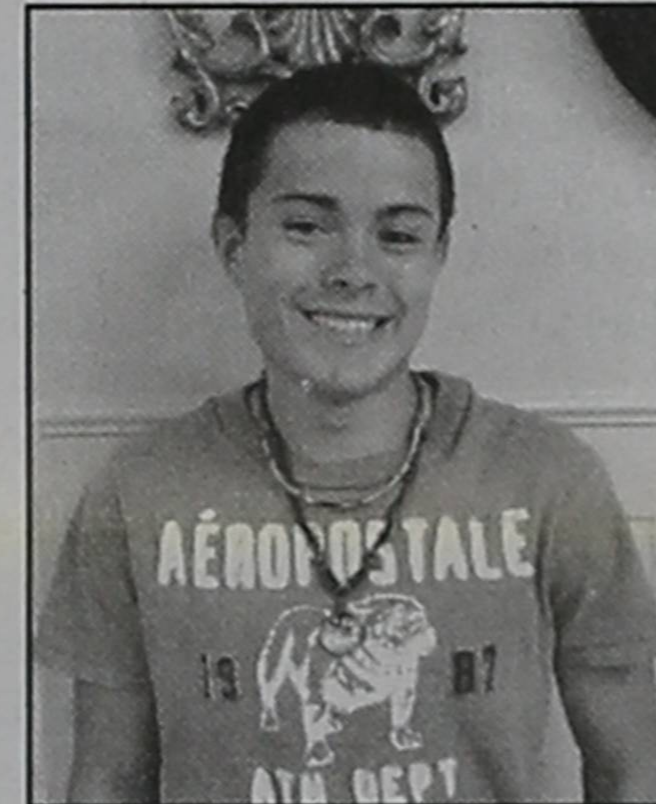
Senior Student

Mariza Mendoza is a wonderful example of Friona Pride. She is currently the Co-Captain of the Varsity Cheerleading Squad. She enjoys spreading school spirit throughout the school and community. She is a member of the Fighting Chieftain Band and a member of the flag corps. Mariza is always smiling and friendly. She is always helpful.



Junior Student

David Martinez is a deserving young man of the honor of Student of the Six Weeks. He is a member of the National Honor Society and has been on the Honor Roll. He is currently on the Cross Country team, and will compete at the District Meet on Monday. He is in FCCLA. David is always enthusiastic and motivates others with his attitude and example. He helps his peers be successful in school. He is a hard worker in school and extracurricular activities.



Sophomore Student

Juan Macias has enjoyed being the kicker for the Mighty Chieftain Football Team. He is a hard worker and has been an important asset to the football team and Friona High School. He has a great attitude and is an awesome motivator. Juan runs Cross Country and is a leader on the team. He is also going to play Baseball and run Track in the Spring. He is an inspiration to many.



Freshman Student

Karina Santiago is a member of the Mighty Chieftain Band and Choir. She pushes to get better each and every day. She is helpful in her classes. Karina is a kind and caring person. She is a leader in the Freshman Class.

Staff of the Six Weeks



Amber Drake is an invigorating Geometry teacher that has had an amazing impact on her students. She had a 25 point positive swing on her test scores. Amber is currently the cheer sponsor, which she graciously took over mid-season. She has done an outstanding job with the squad. Though her schedule has gotten

more hectic, she continues preparing her geometry and math modeling students to master the curriculum.

ACROSS

- 1 TXism: "take a ___ at it" (try)
- 5 TX Roy Orbison's "She's a Mystery ___" (89)
- 6 first TX female Sec. of State, Meharg
- 7 black in color
- 8 this Roberts was a popular Seattle DJ
- 9 "open" in poetry
- 12 TXism: "he suffers from ___ elbow" (drinks too much)
- 17 TXism: "___ end" (tool handle)
- 19 1st Spanish mission in TX set up by Fray Massanet
- 21 aluminium oxide
- 22 TXism: "a bag of bones"
- 23 rule follower?
- 28 this Lamar developed TX Southwest's "no-frills" air travel
- 29 Astro pitcher stats
- 30 "___, you don't look fat in that dress"
- 31 Paris is the seat of this county
- 35 soda pop brand
- 36 it's usually from 2 to 10 p.m. (2 wds.)
- 42 TXism: "got a mind like a ___"
- 44 Old ___ TX
- 46 British sailor dances
- 48 TX King Vidor directed '37 film "___ Dallas"
- 49 init. of sweetheart of TX "Pecos Bill"

DOWN

- 1 pigeon shelter
- 51 in "Texas Two-Step," guys step with ___ of boot
- 52 Dallas Stars leag. (abbr.)
- 53 in Hidalgo Co. on 107
- 54 New Braunfels historic B&B: "Prince ___ Inn"
- 56 Texans fly to this airport to play Dolphins (abbr.)
- 57 "clean up your ___"
- 58 TXism: "never let 'em ___ you sweat"
- 1 items for crowd control (2 wds.)
- 2 in Harris Co. on 249
- 3 cation in ammonia
- 4 this Alan was the 1st TXn to walk on moon
- 9 this Thorpe helped Rockets win '94 NBA Championship
- 10 Grouch is known for her portrait painting of Mrs. Sam Houston
- 11 in Cooke Co. on 51
- 12 placements in the Ozona Stockman
- 13 Mineral Wells historic building (2 wds.)
- 14 high Muslim official
- 15 this Vance founded Alley Theatre in Houston
- 16 Padre Island acquisitions
- 18 "Mustang" univer. in Dallas (abbr.)
- 20 city of the hated Giants (abbr.)
- 23 TXism: "comfortable as ___ old boot"
- 24 TX Dan Seals '85 country hit
- 25 "beware the ___ of March"
- 26 "caught in the ___ of despair"
- 27 electronic products strive for ___ use

TEXAS CROSSWORD

by Charley & Guy Orbison
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solution on page 4

- 38 fattened roosters
- 39 these predated 7-11's Slurpees
- 40 how TXns say "fellow"
- 41 this Smith was former Astro GM
- 43 first 2 init. of great TX pitcher Ryan
- 45 continent of TX (abbr.)
- 47 TXism: "could ___ to Eskimos" (persuasive)
- 48 TXism: "___ been ringed" (engaged)
- 55 spouse

Letter to the Editor

Friend,

Did you see what Ted Cruz did this weekend?

Embarrassing Texas yet again, Cruz co-opted a veterans' protest of the closure of our national parks and war memorials to score political points.

Even worse--he brought along his Tea Party buddies, some of whom proudly waved the Confederate flag in front of the White House, and others demanded that the President "leave town."

These are unbelievably hostile things to do outside the home of our President. It's an ugly crowd Ted Cruz is aligning himself with.

Typical Ted Cruz--throwing working families, military service members, and veterans under the bus for personal political gain within the Tea Party.

Americans are sick of Republicans playing politics with our lives and well-being. That's why Republicans in Congress are less popular that they've ever been in modern history.

Friend--the reality is that we can't get Cruz out of office for five years.

But we can support Texas Democrats fighting every day for working families and the middle class--and those Democrats from Texas in Congress doing everything they can to open the government again.

The Texas Democratic Party will be here in Texas in 2018 to kick Ted Cruz out of office. And you know we're working every day to make sure his friend and mentor Greg Abbott doesn't get elected in 2014.

Chip in \$5 or more right now to help us.

Thank you for all that you do--

Gilberto Hinojosa

Chair, Texas Democratic Party

P.S. It's been 15 days since Republicans, led by Ted Cruz, shut down our government. Since the shutdown started, over 17,000 of you have stood up against Republicans and demanded that the government be reopened, and over 300 of you have donated to support our work. If you haven't already, please consider a donation of \$5 or more today. (yellowdog@txdemocrats.org)

DID YOU KNOW?

The Constitution of the United States Bill of Rights has never been changed. These amendments were ratified on December 15, 1791.

Amendment 1: Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof, or abridging the freedom of speech, or of the press, or the right of the people peaceably to assemble, and to petition the Government for redress of grievances.....
Mary Johnston.

"I care about one thing and one thing only and that is how to use every minute of the remaining 1,276 days of my term to make the country work for working Americans again. That's all I care about."

President Barack Obama

July 24, 2013 Galesburg, Illinois

ON YOUR PAYROLL

U.S. Government

President: Barack Obama, The White House, 1600 Pennsylvania Avenue NW, Washington, D.C. 20500. 202-456-1111, fax 202-456-2461, email comments@whitehouse.gov.

Senator: John Cornyn, 517 Hart Senate Office Bldg., Washington, D.C. 20510 202-224-2934, fax 202-228-2856.

Senator: Ted Cruz B40B Dirksen Senate Office Bldg., Washington, D.C. 20510 202-224-5922.

Representative: Randy Neugebauer, 1424 Longworth HOB, Washington, D.C. 20515. 202-225-4005, fax 202-225-9615. Lubbock office: 611 University Avenue #220, Lubbock 79401 806-763-1611, fax 806-767-9168.

State

Governor: Rick Perry, Office of the Governor, P.O. Box 12428, Austin, Tx 78711-2428, 512-463-2000.

Senator: Kel Seliger, P.O. Box 12068, Capitol Station, Austin, Tx 78711. 512-463-0131. Amarillo office; P.O. Box 9155, Amarillo, 79105. 806-374-8994.

Representative: John T. Smithee, Room CAP1W.10, Capitol P.O. Box 2910, Austin, Tx 78768. 512-463-0702. fax 512-476-7016. Amarillo office; 320 So. Polk, 1st Floor, Lobby box 28, Amarillo 79101. 806-372-3327, fax 806-342-0327.

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STAFF:
Ron Carr • editor & publisher
Nathan Parson • production manager
Evelyn Romero • advertising/accounting

COMMUNICATION:
806-250-2211-office
806-250-5127-fax
frionastar@wtrt.net-email
frionaonline.com-website

Town Talk II

By Ron Carr • Phone: 250-2211 • Fax: 250-5127 • Email: frionastar@wtrt.net

Had about two-hundredths of rain Sunday night into Monday morning. A cold spell blew in Tuesday making it 'heater' weather this week. Guess I'll be wearing a coat at Friday night's ball game as the Chiefs host the Childress Bobcats. Fall weather is here for sure.

Mark your calendar for Halloween Thursday October 31. The annual Trunk or Treat will be held from 6:00 to 7:00 p.m. at Calvary Baptist Church. A second Trunk or Treat location is being organized on Euclid Street in front of the cafeteria from 6:00 to 7:00 p.m. The Chamber is giving prizes to Best Decorated vehicle and Best Costume. Businesses and citizens are invited to bring candy, pencils, pens, balloons, cheese, or other

items to hand out.

The night before, Wednesday October 30, Victory Family Worship Center will have their coat giveaway for needy children at the church, 9th and Washington.

Next week, October 21-25 will be Red Ribbon Week in Friona Schools. The annual Red Ribbon Week is a drug free week program. The Friona Primary/Elementary will have the following Red Ribbon Days: Monday, We will 'knot' do drugs. Wear scarves or ties; Tuesday, Use Your Head, wear wigs or crazy hair; Wednesday, Yee Haw Day, dress western; Thursday, Be happy happy happy, dress like Duck Dynasty characters, wear camouflage etc; Friday, team up against drugs, wear red or shirts/

jerseys of your favorite team. Friona Elementary will have homeroom Red Ribbon parties.

A note to our farmers, ranchers, and ag producers: Kinky Friedman is running for Texas Agriculture Commissioner again as a Democrat. Just saying you might want to keep your voter registration current. I would think a guy who wanted credibility might consider reverting to whatever his real name is instead of Kinky. Especially as you get older and want folks to take you serious. Just a suggestion.

Blood drive dates for 2014, per Bessie Holt: January 30, April 10, June 19, August 28, November 6. Bessie thought some folks might want to go ahead and get them on the cal-

endar. Which reminds me that I need to think about getting 2014 calendars.

Friona junior high thanks everyone who helped to make the cookie dough sale a huge success. Principal Mark Sundre said, "This was one of the most successful sales we have had in the past six years. The orders have been placed and we expect the cookie dough to arrive by October 30. Again, thank you for your continued support."

The FHS Chieftain Band will have their annual brisket dinner on Sunday November 17 at the junior high cafeteria. St. Ann's Catholic Church in Bovina will host their annual turkey and dressing dinner Sunday November 3 at the parish hall. That is the same day Daylight Saving Time ends and we turn back the

clocks an hour.

The Chieftain Booster Club bonfire last Thursday was canceled because of the wind and will be rescheduled.

A friend I know in Hereford, a single mom, is faced with a \$36,000 helicopter bill after her teenage son was flown from Hereford to Lubbock. He had surgery in Lubbock, came home but suffered an emergency and took the helicopter ride back to Lubbock. The insurance won't pay she says.

Parmer County Clerk Colleen Stover says she will not seek re-election next year. The primary will be in March and election in November 2014.

The Squaws defeated Olton Tuesday night and now have

a 3-2 district record with three games to play against Dimmitt, Littlefield, and Tulia. It is a five team district and four teams go to the playoffs. The last home game is Saturday October 26 vs. Dimmitt which will be senior parents day. Varsity game time is 1:30 p.m.

Early voting for the November 5 election is October 21 to November 1. You can early vote in Farwell or at the Friona early vote day on October 31 at Friona Interbank.

I want to thank everyone for the birthday wishes Tuesday. Especially the cinnamon rolls, caramel cake, and Snickerdoodle cookies. For those that are curious I am now 74 and blessed. Do something good. See you next time. Until then!

Cattle raisers say approve prop 6

The Texas and Southwest Cattle Raisers Association (TSCRA) urges ranchers and landowners to vote in favor of Proposition 6 during the Nov. 5 Constitutional Election. Texans can participate in early voting, which begins Oct. 21 and runs through Nov. 1.

Proposition 6 is a constitutional amendment providing for the creation of the State Water Implementation Fund for Texas and the State Water Implementation Revenue Fund for Texas.

The funds will help finance priority water projects, including rural water projects, to ensure Texas has adequate water resources for the future.

"Texas is still coping with a historic drought that has left many ranchers and areas in rural Texas struggling to find adequate water supplies," said Pete Bonds, rancher and TSCRA president. "At the same time that our water supplies are decreasing, our population is increasing. We need to ensure we preserve and

conserve the water we do have so there is enough for all Texans, those in rural and urban areas."

Bonds adds that Proposition 6 sets aside \$2 billion already in the Rainy Day Fund for priority water projects, 10 percent specifically for rural water projects and 20 percent for conservation projects including agriculture conservation projects.

"Now is the time to ensure Texas continues to thrive well into the future," said Bonds. "It's crucial we pass Proposition 6."



The Friona 7th grade Maidens volleyball team won all matches 2-0 at the Olton tournament last Saturday. They were the tournament champions. From left are Angel Valencia, Natali Godinez, Rickie Castillo, Bailey Pope, Emma Rector, Gabbi Douglas, Coach Bueno, Graci Stallings, Amelia Sandoval, and Mariah Trevino.

The Stevens 5 Star Deal of the Week!

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\$19,674

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OCTOBER 30th
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FREE COATS for KIDS
BRAND NEW and slightly used, FREE coats.

When: October 30th at 7:00 p.m.
Where: In the Parking lot of Cornerstone laundry and Victory Family Worship Center

- Parents must be present with children. ☐
- First come first serve, while supplies last.
- Free Hot Chocolate and Coffee

ABRIGOS gratis para niños
Regalar NUEVO y poco utilizado, abrigos GRATIS

Cuándo: 30 de octubre a las 7:00 pm
Dónde: En el estacionamiento de lavandería Cornerstone y Victory Family Worship Center

- Los padres deben estar presentes con los niños.
- Chocolate caliente gratuito y café

The money invested at Friona InterBank is used to make Ag Loans!!

ONE THING WORTH CONSIDERING WHEN YOU DO YOUR INVESTING IS WHAT HAPPENS TO THE MONEY AFTER IT'S INVESTED.

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We invite you to stop by and visit with us about opening up an investment account or check with Shirley about a Certificate of Deposit. Both are investments that you can feel good about because your money is making money and your investment is enabling farmers to borrow money.

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MEMBER FDIC

Dinner Tonight! Healthy Cooking School Oct. 29 in Amarillo

By Kay Ledbetter

A Dinner Tonight! Healthy Cooking School, presented by the Texas A&M AgriLife Extension Service and Prairie View Cooperative Extension, will be held Oct. 29 at Amarillo College's Business and Industry Center, 1314 S Polk St., Amarillo.

The school is set from 6-8 p.m., but the doors will open at 5 p.m. so participants can visit exhibits and local vendors, according to Amy Wagner, AgriLife Extension family and consumer science agent for Potter County. "Our demonstration reci-

pes are cost effective, easy to prepare and fit into a healthy meal plan," Wagner said. "In today's fast-paced lifestyle, nutrition and exercise don't have to be on the back burner. Dinner Tonight! is designed to help busy families enjoy healthy and delicious meals, and we even provide fitness tips to help people become more active."

A local celebrity panel and special guest emcee, Ali Allison, The Morning Show anchor for the local CBS television station, will be available to taste the demonstrated meals and comment on the foods.

Samples of one of the Dinner Tonight! cookie recipes will be available for audience tasting as well as some food vendor sampling, said Jackie Farrell, AgriLife Extension family and consumer science agent for Randall County.

During the cooking school, everyone will see demonstrations of quick and easy-to-make recipes from the 52-page Dinner Tonight! cookbook.

In addition to Wagner and Farrell, those conducting the food demonstrations on stage will be Chef Coleman McNabb from B.L. Bistro;

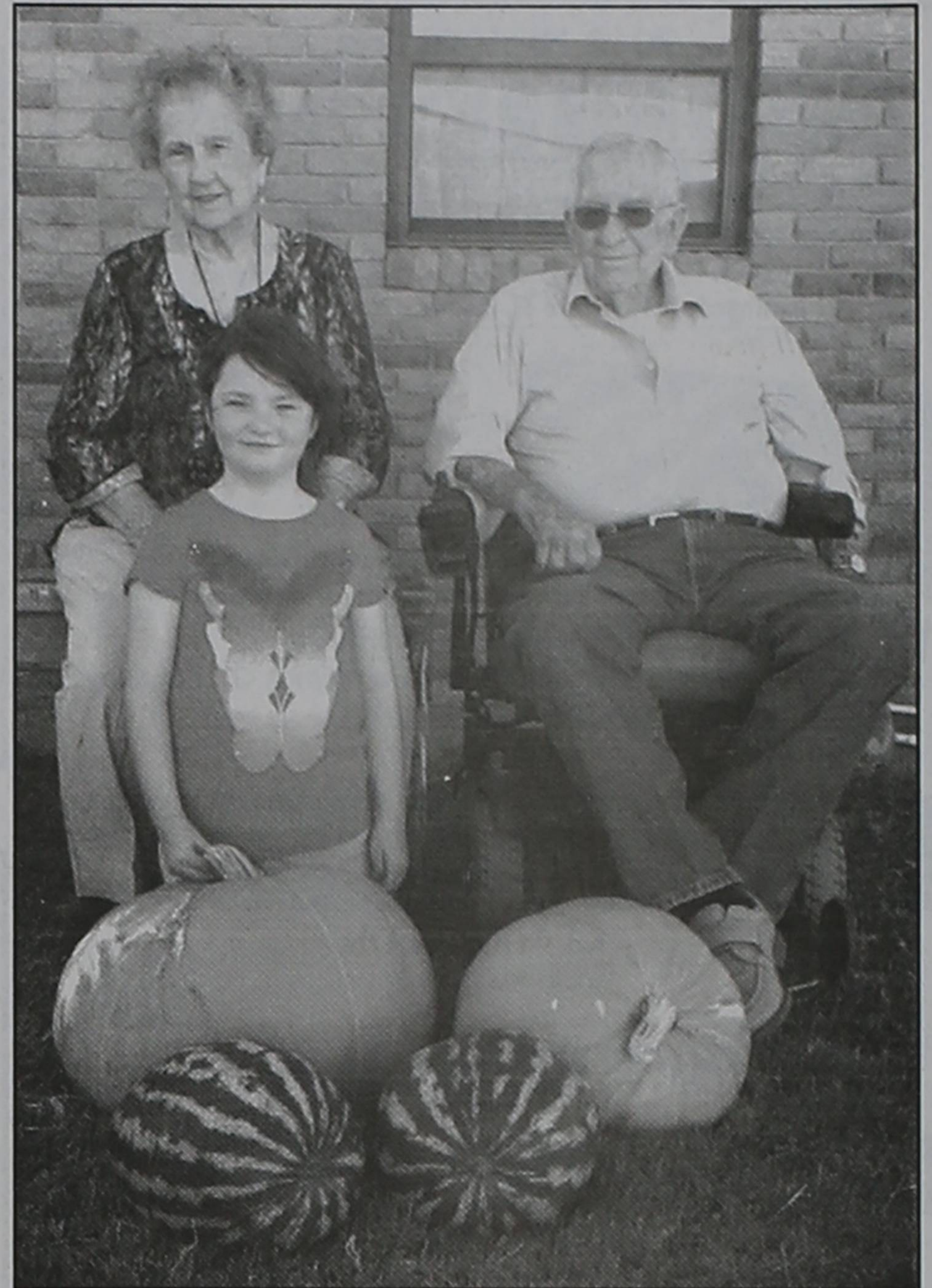
Lizabeth Gresham, Prairie View A&M Extension agent in Potter County; Charli Weatherford, AgriLife Extension agent in Oldham County; and Jill Killian, AgriLife Extension agent in Sherman County.

Each participant will be provided a copy of the cookbook in their registration bag, which will be packed with a variety of items, Farrell said. The unique cookbook contains 10 meal plans, and all recipes include the entrée, sides and dessert - "perfect for busy families."

"We are targeting busy people who still want to make time for meal preparation and feel good about what they are feeding themselves and their family," she said. "Our goals are to promote family mealtime, teach families healthy meal planning and food preparation techniques and promote Texas agriculture."

The cost is \$15 and a can of food. The canned food will be donated to the High Plains Food Bank in Amarillo. There are a limited number of seats available. Seats can be reserved by calling 806-373-0713.

For additional information, contact Farrell at 806-468-5543, jrfarrell@ag.tamu.edu, or Wagner at 806-373-0713, aewagner@ag.tamu.edu. Also contact Wagner for more information on becoming a vendor.



courtesy photo

Elaina Procter and her great grandparents James and Sue Procter planted a garden this year and here are some of the fruits of their labor. The large pumpkin weighed about 45 lbs. They plan to grow a bigger one next year. Elaina is the daughter of Jeff and Monica Procter.

Wesley Methodist arts & crafts

Wesley United Methodist Church in Hereford will be holding its 33rd annual Festival of Arts & Crafts December 7, 2013 from 9:00 a.m. to 3:00 p.m. at the Community Center in Hereford. Only a limited number of booths are available with applications being screened. Booth fee is \$10. Applications may be obtained by writing or calling Jane Eggen, 126 Aspen, Hereford 79045, 806-364-5789 or Violet Kelley, 132 Ave G Hereford 79045, 806-364-6730.

Leading in the Spirit's Power

BRETT HOYLE, Pastor, First Baptist Church

In 2 Kings 2, after Elijah is taken to heaven by a whirlwind, Elisha is left with the responsibility to lead in his place. Elisha does so in the Spirit's power and leaders today must lead being filled by the Spirit and totally surrendered to the Lord.

Elisha boldly followed his mentor's example by miraculously parting the Jordan River and walking across, and is immediately challenged in his leadership by well meaning prophets. Although these prophets were well meaning in their intentions to look for Elijah's body, Elisha learned that he should have stuck by his guns in not allowing them to do so. Often times Spirit filled leadership learns from mistakes.

As Elisha moves on, God performs a mighty miracle through him, cleansing the water supply of the town of Jericho. The bad water of Jericho reminds us of the spiritually ill condition of the nation of Israel, and that God can bring healing.

Finally, leading in the Spirit's power will often take you to the heart of the battle to resonate the Word of the Lord. Elisha leaves the relative safety and heads toward one of the hubs of idol worship in Bethel, where he cursed ungodly and disrespectful children, then proceeds to the Capitol city.

Although much more could be said about his leading in the Spirit's power, Elisha's ministry is a clear example that leading in the Spirit is challenging, convictational and courageous.

CALVARY BAPTIST IS PROUD TO HOST OUR CITY-WIDE ANNUAL Trunk or treat

Thursday Night - October 31

6:00-7:00 P.M. in the church parking lot

Please plan to participate by passing out candy from your trunk or truck bed if at all possible.

We will also be collecting bags of candy at the church on Sundays and during the week between now and the event

SEND YOUR CHURCH NEWS TO THE Friona Star

E-MAIL frionastar@wtrt.net

CALL 806-250-2211

FAX 806-250-5127

Friona

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Interested applicants should apply in person at Cargill Cattle Feeders, 600 US HWY 60, 806 / 225 - 4400

2tc:10.17-10.24

Cargill Cargill Cattle Feeders, Bovina, Tx Mill Department Employee Position

Responsibilities will include housekeeping, maintenance, loader/truck operation, batching/computer operation and other duties as assigned. Applicants must be able to perform or learn all of these responsibilities, possess a strong work ethic and work well in a team environment. Work schedule will include 1 & 1/2 days off and hours will average from 55-60 hours per week, straight wage no overtime. Position offers full benefits package including 401K and health insurance.

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2tc:10.17-10.24

Cargill Cattle Department Cargill Cattle Feeders, LLC Bovina, Tx

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Interested applicants should apply in person at Cargill Cattle Feeders, 600 US HWY 60, 806 / 225 - 4400

2tc:10.17-10.24

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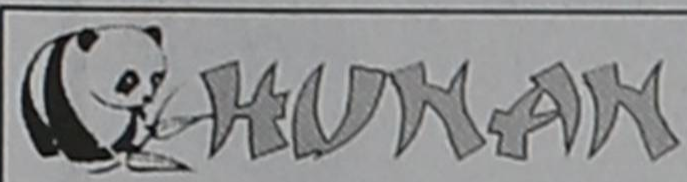
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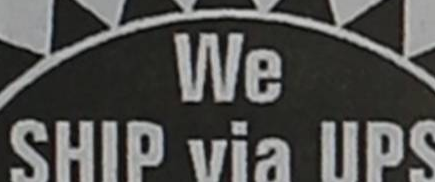


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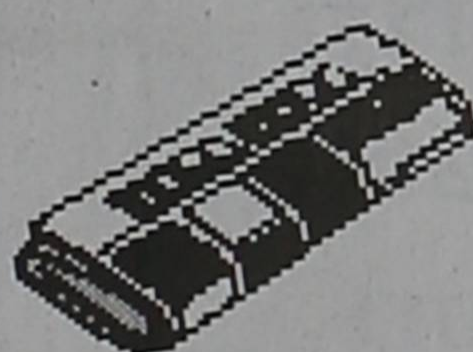


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Whiteface Ford Employees



Due to our plans for expansion in the coming year, we are looking for motivated individuals with the highest integrity who are looking for a new opportunity. There are currently opportunities available for the right candidates in our service department. Positions we seek to add to our team are;

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Prairie Acres is taking applications for Full time LVN (Licensed Vocational Nurse) for 2-10 shift and C.N.A.'s (Certified Nurse Aide) for ALL SHIFTS Apply in person at 201 E. 15th St. Call Tricia Rocha or Carol Jackson at 806-250-3922 Mon-Fri 8-4 for more info 4tc:10.17-11.7

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2tc:10.17-24

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Parmer County Sheriff's Office has an opening for a dispatcher at the Detention Center in Farwell. Come by and pick up an application. For information call 806-481-3303. 2tc:10.10-17.



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3/2/2 Brick w/central heat & air, fireplace, new roof, new paint inside and outside, new ceiling fans in bedrooms, fenced backyard.....\$94,900

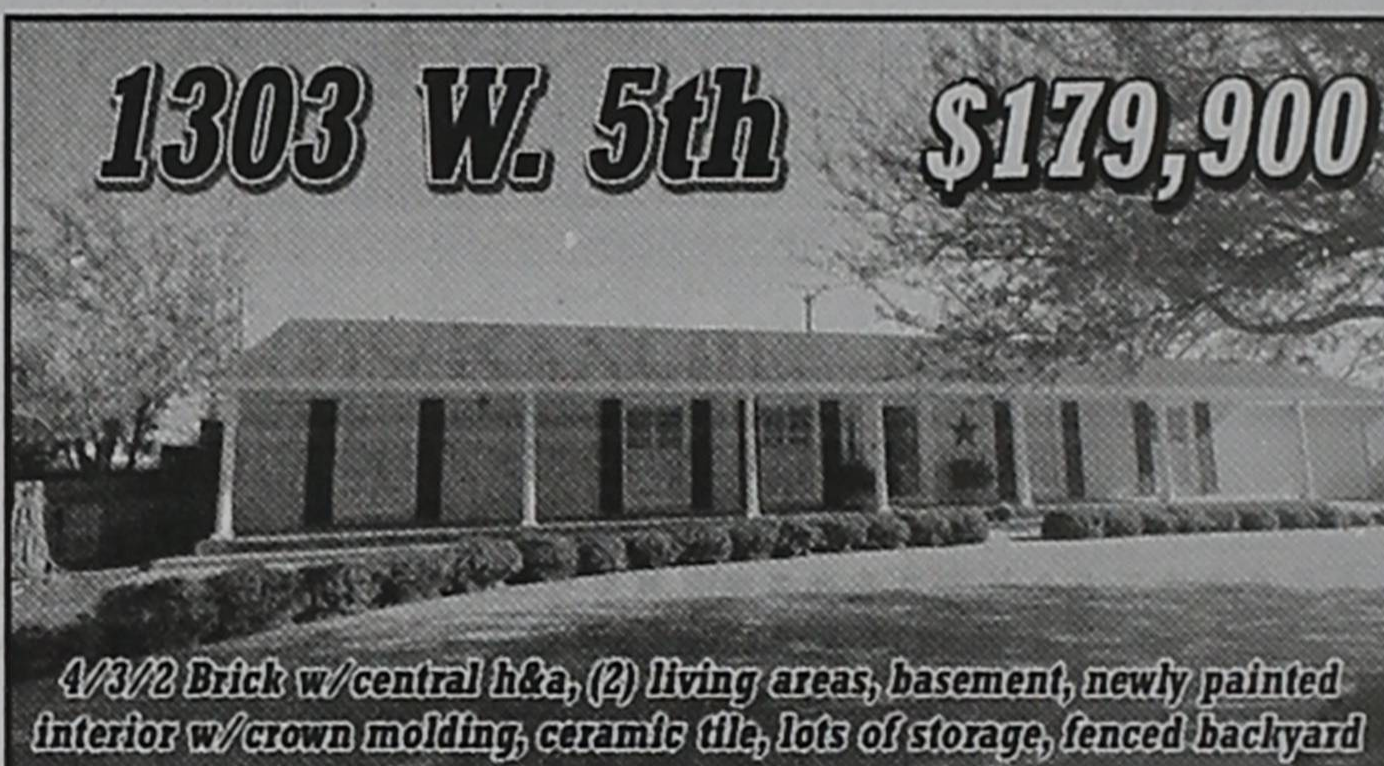
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Friona Star

2013 Football Contest



Weekly 1st Place Prize: \$25
Overall Grand Prize: \$100

Week 7

NAME: _____
 ADDRESS: _____
 CITY, STATE & ZIP _____
 PHONE: _____

DEADLINE 4:00 P.M. FRIDAY, OCTOBER 18, 2013
 PLACE CHECK MARK NEXT TO YOUR SELECTION

- | | |
|---|---|
| <input type="checkbox"/> Caprock at | <input type="checkbox"/> Amarillo High |
| <input type="checkbox"/> Hereford at | <input type="checkbox"/> Lubbock High |
| <input type="checkbox"/> Bushland at | <input type="checkbox"/> Muleshoe |
| <input type="checkbox"/> San Angelo Lakeview at | <input type="checkbox"/> Plainview |
| <input type="checkbox"/> Canadian at | <input type="checkbox"/> Spearman |
| <input type="checkbox"/> TCU at | <input type="checkbox"/> Oklahoma State |
| <input type="checkbox"/> Texas Tech at | <input type="checkbox"/> West Virginia |
| <input type="checkbox"/> Florida at | <input type="checkbox"/> Missouri |
| <input type="checkbox"/> UCLA at | <input type="checkbox"/> Stanford |
| <input type="checkbox"/> Florida State at | <input type="checkbox"/> Clemson |
| <input type="checkbox"/> Cincinnati at | <input type="checkbox"/> Detroit |
| <input type="checkbox"/> Buffalo at | <input type="checkbox"/> Miami |
| <input type="checkbox"/> Dallas at | <input type="checkbox"/> Philadelphia |
| <input type="checkbox"/> Baltimore at | <input type="checkbox"/> Pittsburgh |
| <input type="checkbox"/> Denver at | <input type="checkbox"/> Indianapolis |

TIE BREAKERS- PREDICT THE TOTAL SCORE

1. Cowboys - Eagles _____ 2. Tex Tech - W. Virginia _____

CONTEST RULES

Tie Breaker: Pick the total score of both tie breaker games. The second tie-breaker game will be used in case two or more players are tied after the first tie-breaker game. Entries are due by 4 p.m. each Friday.

Three Ways to Enter:

Fax to: 806-250-5127
 Mail to: Football Contest
 P.O. Box 789
 Friona, TX 79035
 -or-
 Bring Entry to:
 Friona Star Office
 916 Main St.
 -or-
 Dorothy's Beauty Shop
 3rd St. in Bovina.

Mailed entries should be postmarked by 4 p.m. Friday.

Each correct game picked counts as one point. Player with the most total points at the end of the contest will win a Grand Prize of \$100.

Only one entry form per individual. Must be 10-years or over to enter. Newspaper employees and their immediate families are not eligible to enter.

For questions or more information call: 806-250-2211.

All entries must be on the official entry form.

 P.O. Box 579 W. Hwy 60 Friona, Texas 79035	 2187 CR 17 806-250-3570 Randy McCasland - Manager	 Hwy. 60 E. at Whittier St. - (806) 364-1166 A Touchstone Energy Cooperative The power of human connections.	Parmer County Farm Bureau "Insurance Specialists" 301 West 11th 250-3963
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Dem Bones

By Melanie Gallman Braun

Skeletons, skulls and bones. Makes you think of Halloween, not osteoporosis. But really, are you taking good care of your bones? Although we usually associate them with "dead" things, bones are actually living organs and have many functions. Bones are composed of bone tissue, connective tissue, cartilage, nerves and blood vessels. They do a lot of multi-tasking as well—they support our bodies, protect our organs, manufacture our blood cells and store minerals such as calcium, magnesium, phosphorus and fluoride.

Approximately 99% of our calcium, 50-60% of our magnesium, and 85% of our phosphorus is stored in our bones. Ninety-nine percent of our fluoride is stored in our teeth and bones. Our bones act as "mineral banks." When body processes need these minerals, bones are broken down and the minerals are released into the bloodstream.

For women, about 90% of their bone density is built by age 17; for men, it's about age 20. By age 40, our bone density begins its decline. This means that bone breakdown outpaces bone formation. Are you at risk for osteoporosis? One in three women and one in five men over the age of 50 are affected by this disease. Osteoporosis causes bone tissue

to become more porous and thinner than healthy bone increasing the risk of painful and debilitating fractures. Age, gender, genetics, smoking, nutrition and physical activity all influence the risk for osteoporosis.

Of course I'm going to zero in on the physical activity aspect... Much like resistance training builds muscle, regular weight-bearing exercise stimulates increases in bone density. During exercise muscles contract and pull on bones. Bones react to this healthy stress by becoming more dense and stronger.

What kind of exercise is bone-boosting? Resistance training using body weight, bands, free-weights or weight machines, and aerobic exercises such as walking, running, hiking, dancing, and stair climbing are recommended. Swimming and biking are not considered weight-bearing exercises. People with osteoporosis should generally avoid exercises that increase the risk of falling, that require sudden, forceful movement, that involve loaded forward flexion of the spine (translated as sit-ups), and that involve forceful twisting motion. Seek exercise and dietary advice from your doctor to determine what's best for you. Take care of dem bones!

Week 6 winner: Aubrey Parson

Sixteen, four, and two. In the Week 6 football contest 16 contestants picked 11 games, four picked 12 games, and only two picked 13 correct games. The tie-breaker was 56 points in the Texas - OU game.

Aubrey Parson of Amarillo and Ron Smiley of Friona picked 13 games correct. Aubrey wins on his tie-breaker of 57, only one point off. Ron's tie-breaker was 39. Congrats Aubrey, our \$25 winner in Week 6.

Contestants picking 12 of 15 correct were

Mark Galan, Sandra Berend, Quentin Shelby, and Jonathan Espinoza. Many players improved their total point standings this week. We are now half way through the 12 week contest. The five pro games and the Texas win over OU were the most missed games in Week 6.

Another batch of challenging games awaits you all in the Week 7 contest. Good luck, thank you for playing, and special thanks to our football contest sponsors.

Football Contest Standings

Contestants that have entered every week are listed.

- | | |
|--|--|
| 66 - Mark Galan | 56 - Martin Brito, Harley Merritt, Mitchell Smiley |
| 64 - Sandra Berend, Rick Castaneda | 55 - Frank Dominguez, Pam Fennell, Jesse Morales, Martha Rodriguez, Quentin Shelby, Christi Villa, Jimmy Walker |
| 63 - Michael Villa | 54 - Lance Field, Mack McFarland, William Martin, Miguel Porchas, Linvell rose |
| 62 - Bailee Brailiff, William Gromowsky, Mal Manchee | 53 - Mason Loffin, Andy Montana, Haden Smiley, Sue Walker |
| 61 - Jack Glover, Kaegan Kerby, Brent Loffin, Aubrey Parson, Dorothy Stowers | 51 - Jonathan Espinoza, Sally Gonzalez, John Haile, Logan Loffin, Sylvia Ortiz, Isabel Rios, Chris Shufelberger, Rodney Shelby, Clayton Smiley |
| 60 - Brandon Berend, Claire Brown, Jeremy Dearing, Aprile Hudson, Rusty McFarland, Tyson Neill, Procoro Rodriguez, Tyrone Shelby, Christen Stowers | 50 - Darlene Case |
| 59 - Scott Brown, Jess Dearing, Ronald Diaz, Frank Gonzalez, Birdie Owens | 49 - Raymond Diaz, Ivan Duran, Tenna Montana, Brian Simons |
| 58 - Raul Brailiff, Eric Geske, Myrtle Melton, Benito Ortiz, Enrique Rodriguez | 48 - Drew Montana |
| 57 - Tim Elmore, Lester Fennell, Robert Kerby, Destiny Sandoval, Teresa Shelby, Ron Smiley | 47 - Isaac Duran, Erika Montana, Amy Montana |



ron carr photo

Running back Eddie Garcia (18) eludes a Muleshoe defender in the Chiefs 60-7 loss to the Mules Friday night. The Chiefs host the Childress Bobcats Friday October 18. Game time is 7:30 p.m.



ron carr photo

Chieftain wide receiver Brad Stowers (15) heads up field for yardage on a pass reception at Muleshoe. More game photos available at frionaonline.com.

Chieftain Sports & Fitness

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Sunday Closed



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Chiefs vs Muleshoe

football game at 7:30 PM. You can also listen

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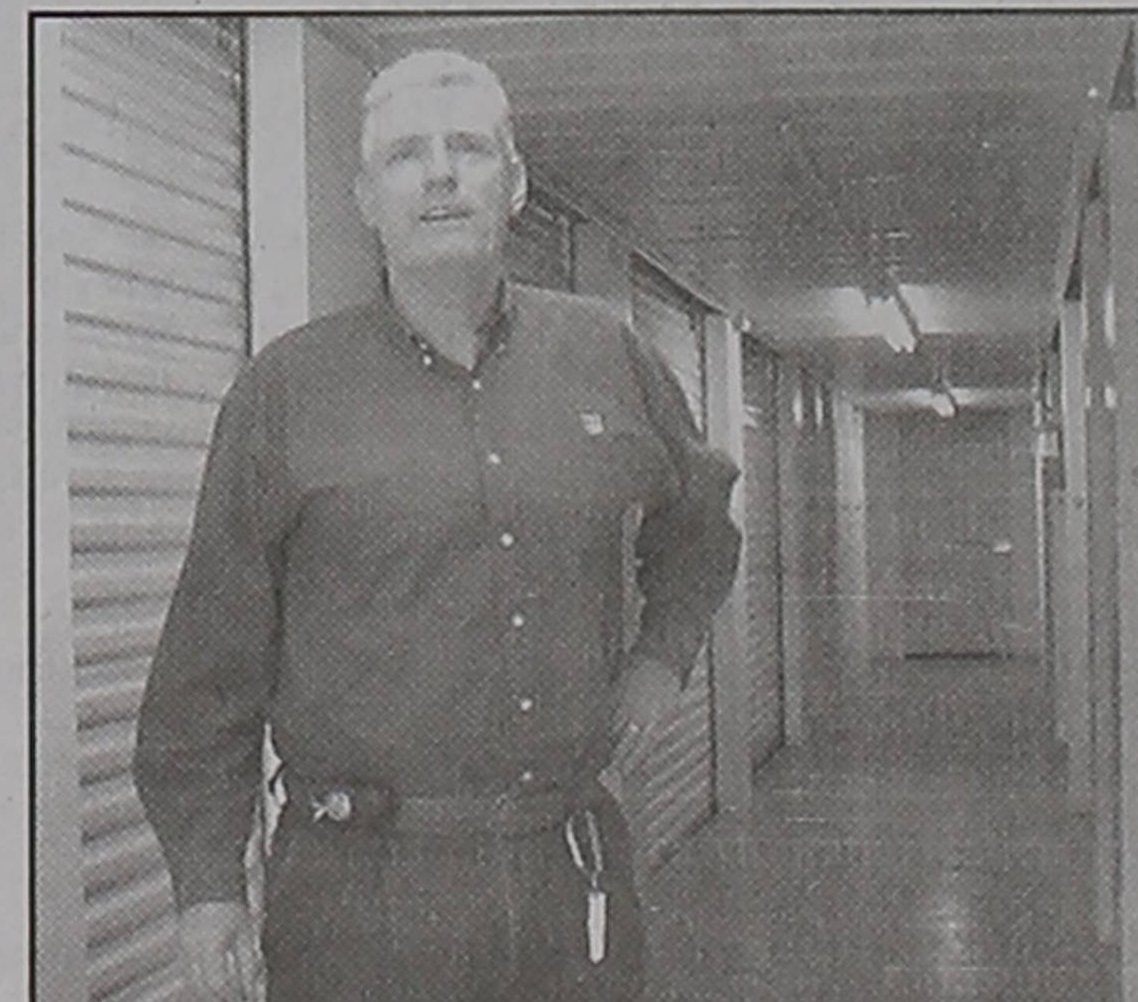
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ron carr photo

The JV Chieftains defense brings down a JV Mule runner in last Thursday action at Chieftain Field. The JV Chiefs lost to the Mules.



ron carr photo

Chieftain captains Friday night at Muleshoe were Jacob Osborn (51), Brad Stowers (15), Abel Palacios (72), and Abayomi Salinas (70). In back are Michael Garcia (45) and Mason Loflin (3). This photo and others available at frionaonline.com.



ron carr photo

Brenton Hickman (20) and Esdras Rodriguez (34) tackle hard after a Muleshoe pass completion. Action photos available at frionaonline.com.



ron carr photo
Quarterback Mason Loflin hands off to Eddie Garcia at Muleshoe last Friday night. The Chiefs lost to the rival Mules 60-7.

Chiefs lose district opener to Muleshoe

The Chieftains had a long night in Muleshoe last Friday. The Chiefs kicked off to the Mules. On the first offensive play Muleshoe scored on a 60+ yard run and the night did not get any better from there. Final score was 60-7.

The Mules rolled to 477 yards of offense, 177 rushing and 300 passing. Friona's total offense was 196 rushing,

57 yards passing, for a 253 total.

Workhorse running back Ediladio "Eddie" Garcia carried 29 times for 178 yards and he scored the Chiefs only touchdown late in the 4th quarter. QB Mason Loflin completed 5 of 18 passes for 57 yards. Abel Palacios led the defense with 8 solo tackles, 4 for losses.

The Chiefs host the Childress Bobcats Friday night for game two of district play.



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HOW TO APPLY: You must attend one of our Application/Information sessions. The sessions will be held on the following dates:

- Tuesday, October 22nd at 6:00pm
- Thursday, October 24th at 6:00pm
- Friday, October 25th at 1:00pm

Applications only available at the sessions which will last about 2 hours. Bring a photo id.

To reserve a seat in one of the sessions please email your First and Last Name, Phone number, and the session you want to attend to Blair_HR_Corn_Milling@Cargill.com. We will email you back a confirmation and the location of your session in Bovina.

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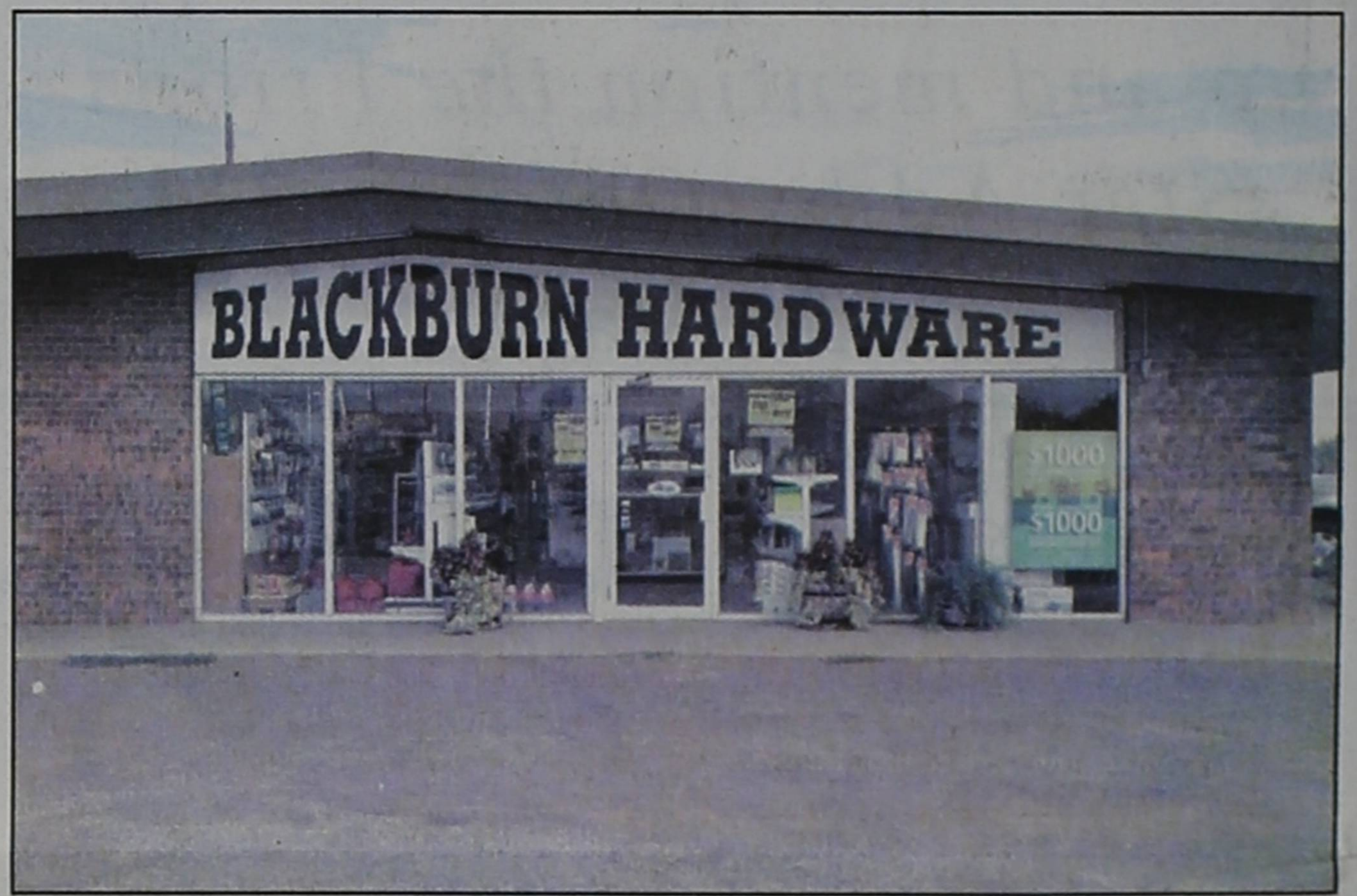
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Mike Blackburn, owner of Blackburn Hardware, has been in business nine years. The store is located at 904 W. 11th, offering a variety of products and services.

Mike bought the business in May, 2004, from Danny and Holly Campbell. He provides home hardware, plumbing, water heaters,

electrical supplies, Valspar paint, lawn and garden items, and basic lumber needs. The store became a UPS drop location in 2012.

Mike Blackburn says, "I do lots of special orders so come on by and let us serve you." Blackburn Hardware phone number is 250-2828.



Friends of the Library would like to invite All Veterans to our annual Veteran's Breakfast at the Redeemer Center at 1304 Virginia St. On Nov. 11, 2013 from 7:00 am to 9:00 am