

Thursday, April 23, 2020

Since 1925

\$1.00

Cleaning vs. Disinfecting

by Gayla Quillin, MBA CEO/Administator Parmer Medical Center

Vol. 94, No. 17

Maybe you did a deep clean of your home when you found out the seriousness of the new coronavirus. Now that you're social distancing and not leaving the house very often maybe just a rare pharmacy run, a daily walk outside you might be wondering how often you should still be disinfecting.

First, it is important to understand why you need to disinfect surfaces in the first place. The virus spreads when a person coughs or sneezes respiratory droplets. These can spread "onto hard surfaces or onto our hands, which we then touch things with, transferring virus from our hands to the surfaces we touch," said S. Wesley Long, medical director of diagnostic microbiology at Houston Methodist Hospital.

The virus can survive on different surfaces for various lengths of time. "And then we can pick it up," Long said. "If we touch our face, we are at risk of infecting ourselves. So cleaning those 'high touch' surfaces, where lots of hands could be depositing and picking up viruses or other germs, is very important."

The regularity of cleaning and disinfecting depends on your particular situation and what's evolving around you.

Even if no one in your household is ill, you should still "clean regularly and disinfect daily" as a baseline precautionary measure, said Alexa Mieses, an assistant professor in the department of family medicine at the University of North Carolina, Chapel Hill.

"There's a difference between cleaning and disinfecting," she said. "You should be doing a regular cleaning routine, which includes removing dirt and dust, and regular household cleaning products are fine for this."

When you are disinfecting, however, you are trying to kill germs. "For this, you should use bleach or a cleaner with 70% alcohol," Mieses said. She noted the Environmental Protection Agency has a list of approved disinfectants for COVID-19, but bleach and alcohol are the most commonly used in the home.

Long said just how often you should disinfect depends on whether you are in the high-risk category for COVID-19, how many people live in your home, and how often you all share common items and surfaces. "Though there's no hard and fast rule" he said "you should probably disinfect surfaces every time you have a visitor of any kind, and disinfect more frequently if you're high-risk or have a family member working outside the home"

"You probably don't need to clean your whole house from top to bottom every day, but rather focus on "high-touch surfaces," Mieses said.

"When we are talking about high-touch surfaces, we mean doorknobs, tables, sinks, light switches, remote controls, toilets, handles to anything, cabinets" or other items your family uses or touches frequently, Mieses explained. Car keys, sunglasses and other items you may touch a lot (and take outside the home) are good items to clean, too.

How often you should clean if someone in your house has COVID-19 symptoms

If someone in your home is experiencing coronavirus symptoms, you will want to disinfect surfaces more — as often as those who aren't ill might come into contact with them.

"If the person with symptoms is well enough, I would encourage them to clean and sanitize their own areas if they are self-isolating as much as they can," Long said. "I would clean and disinfect the shared surfaces much more frequently."

Continued on Page 8



The Friona Community Center is finally getting a new roof. The 15,000 square feet structure was built by Lewellen Construction of Friona and hosted its inaugural event, the 26th Annual Parmer County Livestock Show, in February of 1974.

National Guard Mobile Testing Site coming to Friona

The National Guard will bring a Mobile Testing Site to Friona on Saturday, April 25th. The site will be at the Calvary Baptist Church located at 1500 Cleveland Avenue in Friona. You MUST make a reservation in order to be tested. **The** CALL CENTER NUMBER is 512-883-2400. You may also go online at https://txcovidtest.org/ to make a reservation. To be eligible for testing, you must have one or more symptoms of COVID-19. See symptons list.

Governor Greg Abbott announced earlier in the week that the Texas National Guard would be mobilizing more than 1,200 personnel as part of COVID-19 mobile testing teams (MTT). The 45 member teams will be mobilized in various parts of the state providing greater access to medical testing.

"The State of Texas continues to expand our COVID-19 testing capacities and ensure that communities across the Lone Star State have access to the resources they need," said Governor Abbott. "I am grateful for the dedication of our

Guardsmen as they continue to serve their fellow Texans throughout the COVID-19 response."

Fever and/or Chills

Shortness of Breath

Fatigue

Cough (dry or productive)

Body Aches/Muscle or Joint Pain

"COVID-19 testing is a crucial mission in our fight against this virus," said Maj. Gen. Tracy R. Norris, adjutant general of Texas. "We are proud to support our partners TDEM and DSHS in bringing this critical capacity to areas in need of medical support."

The teams will have 11 medical professionals and support staff, as well as 34 soldiers. Currently, the Texas National Guard has the capacity to test 150 people per day at each mobile testing team location.

The Texas Military Department was activated by Governor Abbott in March to assist communities across Texas in the COVID-19 response.

Currently, over 2,500 Guardsmen are serving in various capacities in response to this activation. In working with local communities they have helped manufacture over four

million pieces of personal pro-

tective equipment, conducted

COVID-19 Symptoms

over 9,000 COVID-19 tests, and helped distribute food and supplies with local food banks to thousands of Texans each day. The MTTs are in collaboration with the Texas Division of Emergency Management (TDEM) and DSHS.

All we ask - wear a mask

Sore Throat

Headaches

Nasal Congestion

Nausea/Vomitting/Diarrhea

Loss of Taste and/or Smell



Now you can wear a mask to get some money and not go to jail! The City of Friona is on the lookout for the bestlooking face mask. If you think your face mask is a winner, email a picture of yourself sporting it to cityinfo@frionatx.us. The winner of the contest will be announced on Friday, May 8th and receive \$100 worth of Friona bucks to be used at local restaurants.

The Center for Disease Control recommends wearing cloth face masks or bandanas in public settings where other social distancing measures are difficult to maintain like at the grocery store, pharmacies, or convenient stores. If you are a business owner allowing customers to enter your store, please post a sign on your front door asking everyone who enters to wear a face covering. With two confirmed cases of COVID-19 in the county, wearing a face covering will help keep you and those around you safe.

City Manager Lee Davila and Mayor Ricky White remind you to help keep Friona safe by wearing a face mask in public settings.

Friona welcomes new officer

Delia Ruiz is the newest member of the Friona Police Department. She is originally from Muleshoe, Texas and graduated from Muleshoe High School. She attended Amarillo College and went through the Panhandle Regional Law Enforcement Academy. She graduated from the police academy in March 2020. Her first day on duty with the Friona Police Department was April 20th. She is eager to work for and serve the community of Friona.

Delia's family: (l-r) sister-in-law Emmy Ruiz, brother Jeronimo Ruiz, Delia, and husband Jose Castellano.



Obituary
Page 8

Town Talk
Page 3

Church Page Page 5

Small Town Cookin' Page 9 **COVID-19 news** frionaonline.com

Emergency Siren System: Alternating tone • Firefighters only | Weather Warning: 1 long tone • take cover — 3 short blasts • all clear | Tested 1st & 3rd Thurs. at 7 p.m.

Friona Weather April 23-29

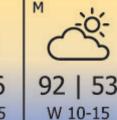




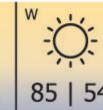












E 10-15

April 0.50 Year 3.84

Burn Ban:

Community Calendar

Send Calendar information to: frionastar@wtrt.net call (806) 250-2211 or fax (806) 250-5127

April 25

• Testing at Calvary Baptist Church by reservation only

• Mother's Day

May 25 • Memorial Day

COVID-19 News

Coronavirus cases confirmed

Texas Panhandle: 584 cases, 11 deaths Armstrong County: 1 Carson: 1 Castro County: 11 Childress: 1 Dallam County: 3 Deaf Smith County: 14 Donley County: 24 Gray County: 22 Hansford County: 1 Hartley County: 1 Hemphill County: 1 **Hutchinson County: 9** Moore County: 162

Potter /Randall: 311 Roberts County: 1 Sherman County: 10 Swisher County: 5 Wheeler County: 1

Eastern New Mexico: 13 cases, 0 deaths Curry County 10 Roosevelt County: 1 Quay County: 1

Oklahoma Panhandle: 30cases, 1 death Beaver County: 2 Cimarron: 1 Texas County: 27

Stay-at-home directives

Potter County Deaf Smith County Gray County Randall County **Hansford County** Castro County **Donley County** Wheeler County **Swisher County** Ochiltree County **Armstrong County**

30

34 candy bars:

35 an area with no

38 TXism: "would _

_maggot"

(tastes bad)

house: vacant

36 TXism: "drawing a

"Kit

37 saintly

Oldham County: 3

Parmer County: 2

City of Amarillo City of Canyon City of Pampa City of Ledford City of Hereford City of Gruver City of Spearman City of McLean City of Perryton City of Tulia City of Claude

Look up past issues of the Friona★Star on our website!

1.) Go to frionaonline.com 2.) Click on the "newspaper archives" link 3.) Search

FRIONA STAR SUBSCRIPTIONS

IN PARMER COUNTY: \$30 PER YEAR

OUT OF PARMER COUNTY: \$40 PER YEAR

ESTAR (EMAILED): \$24 PER YEAR

Call 806-250-2211 for more information

2 guacamole dip is

made from this fruit

3 TX actress Turner of

10 legendary TX pitcher:

film "Cliffhanger"

4 in Parker County

on FM 1187

9 approaches

11 "si" in Mexico

Census News

As these uncertain times get longer for us, it is hard to want to get things done. But for the people of Friona we still manage to keep up with the Metroplexes of Texas. Friona has worked together to respond to the 2020 Census. In fact, because we have returned so many numbers, an article by the Denver/Dallas Area Region has been written about our great community on April 6, 2020. By

frionaonline.com

us turning in more numbers it will truly solidify the hard work and the unity that we show. Our numbers rival cities like, Amarillo, Austin, Houston, El Paso, and Plano. Our numbers are reflecting how great our community really is. If you have not responded to the census yet, do not panic about it. You can respond to the census any time; it only takes about five minutes to complete the entire census. If you still need to respond to the census or have any questions on how to respond, please visit https://2020census.gov/en/ ways-to-respond.html. So, let's show the rest of Texas what the Biggest Small Town in Texas can do. Remember that the Census is safe, important, and easy! For more information about the 2020 Census, please visit https://2020census. gov/.

FRIONA'S

2020 Census Self-Response Rate Information - April 22, 2020 National Response Rate51.0% Texas Self-Response Rate......46.5% Parmer County Self-Response Rate29.1% Friona Self-Response Rate......45.7% Bovina Self-Response Rate4.3% Farwell Self-Response Rate12.5%

Texas

April 6 – The Parmer County CCC includes the cities of Farwell, Friona, Boving, and Lazbuddie and is made up of members from different sectors of the community. Co-Chair and Friona City Manager, Leander "Lee" Davila, has been very active since the committee was established. Along with the Friona ISD, Chamber

of Commerce, and Ministerial Alliance within the community, they have been promoting the 2020 Census and self-response through various channels encouraging the community to respond. Lee reached out to the Friona Star which runs a weekly census article, and they have also developed a PSA in both English and Spanish. The city of Friona has also created a census webpage which shares information.

-0.62 of a foot change noted in groundwater levels

LUBBOCK, TX (April 16, 2020) - Annual measurements show an average change of -0.62 of a foot in groundwater levels of the Ogallala/Edwards-Trinity (High Plains) Aquifer from 2019 to 2020, according to findings from the High Plains Underground Water Conservation District (HPWD).

The 10-year District average change (2010-2020) is -7.85 feet while the five-year District average change (2015-2020) is -2.16 feet. The average saturated thickness of the Ogallala/ Edwards-Trinity (High Plains) Aquifer within the District is 55 feet (2019-2020).

Starting in January, HPWD field personnel made water level measurements in a network of 1,345 privately-owned water wells completed into the Ogallala/Edwards-Trinity (High Plains) Aquifer. In addition, annual measurements were also made in 31 Dockum Aquifer wells. These wells showed an average change of -0.61 of a foot (2019-2020).

The portion of Armstrong County within the HPWD service area had an

26 telephone code

27 home town of TX

McConaughey

28 UT's Crocker won

29 Texans among

Americans

hungry ____

30 TXism: "loud as a

100

gold in 2000 4 X

average increase in water levels. The other 15 counties recorded average declines, according to HPWD Field Technician Supervisor Keith Whitworth.

Here are the 2019-2020 statistics for Ogallala wells with publishable measurements.

- 336 observation wells with increas-
- es ranging from 0.1 to 5.64 feet. • 617 observation wells with decreas-
- es ranging from 0 to -.99 of a foot. • 258 observation wells with decreas-
- es ranging from 1 to -1.99 feet.
- 65 observation wells with decreases ranging from -2 to -2.99 feet.
- 30 observation wells with decreases ranging from -3 to -3.99 feet.
- 14 observation wells with decreases
- ranging from -4 to -4.99 feet. • 10 observation wells with decreases ranging from -5 to -8.32 feet.

"Each year, there are wells that show water level rises and others that show water level declines. The largest water level rise was 5.64 feet in a Hockley County well and the largest water level decline was -8.32 feet in a Castro County well," Whitworth said.

Census News

Results of the 2020 water level measurements and updated saturated thickness information are now available on the interactive map on the HPWD website (map.hpwd.org). Those who want printed information should contact Jed Leibbrandt at (806) 762-0181 or email him at jed.leibbrandt@ hpwd.org. He can provide print copies of water level measurement data for an individual county or specific counties

Dockum Aquifer observation well information is available on the HPWD website (dockumstudy.hpwd.org).

"This recent addition to the website includes water level data in observation wells, study wells, and wells equipped with pressure transducers," said HPWD General Manager Jason Coleman. "It also features drillers and geophysical well logs for Dockum Aquifer wells, water quality data, and flow test information," he said.

See 2 exhibits on back page

ACROSS 39 TXism: "it's **TEXAS** 1 "box" in Mexico a duck's back" 41 aligns, to a carpenter 5 shape of track at **CROSSWORD** TX Motor Speedway Valle, TX 6 TX Blue Bell 43 USS Lexington at Corpus Christi is an by Charley & Guy Orbison ice cream holder _-class carrier 7 TXism: "strong as Copyright 2020 by Orbison Bros. battery 44 TXism: "his recall 12 13 14 15 16 (chicory coffee) an overhaul" (forgetful) 8 TX Charley Pride's 45 "hey" in slang 19 46 TX "Desperate House-"My Eyes _ wife," Longoria Far as You" 17 praising poem 18 someone who sees a crime happen 21 Mavs won this Larry's NBA trophy 36 in 2011 (init.) 22 Chris LeDoux sang 47 livestock "Workin" Dollar" skin disease 23 TX Mac Davis wrote 43 48 insect "In the _____" that mantis 45 Elvis sang 50 TX neighbor to 24 actor Texas Battle's the north (abbr.) P-1476 2019 film with Bruce 51 Mexican "one" 52 gamblin' state (abbr.) 12 dir. from Canyon Willis (2 wds.) 50 TXism: "bring home to Dimmitt solution on page 3 53 this Sandra took the bacon" 51 13 U.S. -three 33 "Santa_ Nationa over "Tammy" roles TXism for "food" Wildlife Refuge" goes from Valley from TX-born Debbie UT spirit song: "The 52 to Panhandle 34 El Paso FM **DOWN** Eyes __ Texas" 14 state pride is a part 35 smart TX graduate: 53 32 Astro and Ranger 1 Houston beat of the Texan summa cum batters see a lot Arizona State in this 15 TXism: "quicker than 37 how to weed 25 massage of these in 1990 (3 wds.) ___ York minute" flowers? (2 wds.)

16 Sun___, TX

19 "The Three

20 TXism: "

"The

Nolan Ryan, Jr. 24 best little puzzle in

(comedy team)

a baby's bottom"

born Bebe Daniels:

Falcon"

22 1931 film for TX

Texas (abbr.)

ON YOUR PAYROLL

U.S. Government

President: Donald J. Trump, The White House, 1600 Pennsylvania Avenue NW, Washington, D.C. 20500. 202-456-1111, fax 202-456-2461, email comments@whitehouse.gov.

Senator: John Cornyn, 517 Hart Senate Office Bldg., Washington, D.C. 20510 202-224-2934, fax 202-228-2856.

Senator: Ted Cruz B40B Dirksen Senate Office Bldg., Washington, D.C. 20510 202-224-5922. Representative: Jodey Arrington, 2019 Longworth, House Office Building, 202-225-4005. Lubbock District Office, 1312

Texsas Ave. #219, Lubbock, TX 79401. Abilene District Office, 500 Chestnut St. #819, Abilene, TX 79602

State Governor: Greg Abbott, Office of the Governor, P.O. Box 12428, Austin, Tx 78711-2428, 512-463-2000.

Senator: Kel Seliger, P.O. Box 12068, Capitol Station, Austin, Tx 78711. 512-463-0131. Amarillo office; P.O. Box 9155, Amarillo, 79105. 806-374-8994.

Representative: John T. Smithee, Room CAP1W.10, Capitol P.O. Box 2910, Austin, Tx 78768. 512-463-0702. fax 512-476-7016. Amarillo office; 320 So. Polk, 1st Floor, Lobby box 28, Amarillo 79101. 806-372-3327, fax 806-342-0327.

THE FRIONA STAR (USPS 200-800) is published each Thursday at 208 E. 11th in Friona Texas, 79035. Postmaster: send address changes to Friona Star, P.O. Box 789, Friona, Texas 79035. Periodicals postage paid at Friona, Texas.

Annual subscriptions: \$30 in Parmer County \$40 out of County \$24 e-Star Online

STAFF:

38 Longview's county

40 "please reply" abbr.

home state (abbr.)

TX Henley co-wrote

41 Davy Crockett's

44 Texas Wesleyan

athletic assn.

"Best of ___

slapper (funny)

49 TXism: "_

Clint Mears • Executive Editor Holly Campbell • Associate Editor Nathan Parson • Production Editor/IT Evelyn Romero • Accounting

MEMBER **TEXAS PRESS ASSOCIATION**

COMMUNICATION:

806-250-2211-office 806-250-5127-fax frionastar@wtrt.net-email frionaonline.com-website

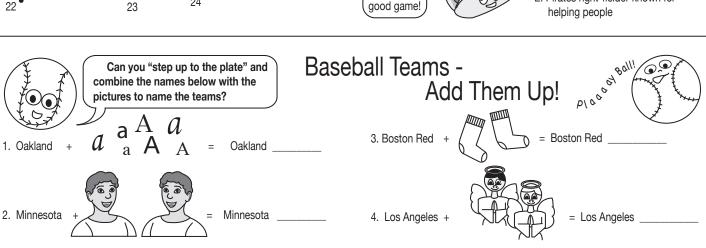
Friona Flashbacks

ONE ACT PLAY CAST IN AUS-TIN....It was an early May trip to Austin for 15 actors and actresses. Here, the cast is shown on the Senate floor of the Capital Building with Senator Max Sherman and MG Ross Ayers, a former resident of Friona. Cast members are, from left to right, Hope Mays, Shannon Taylor, Jeanine Jarboe, Cris Beck, Charles Fleming, Phillip Duggins, Gary Stone, Bryan Johnston, Noel White, Jay Jarboe, Pam Veazey, Greg Mathos, and Carol Bavousett. Cast members not shown are Pattijon Talley and Lisa Edelmon. Sponsors are Joy Morton, Deke and H.K. (Pudge) Kendrick.



(Friona Star, June 8, 1975)





3. Yoqi Berra

4. Babe Ruth

5. Ted Williams

Store

Hours:

Mon-Fri:

9am - 6pm

Saturday:

9am - 12pm

Closed

Sunday

Hot dog!

I love a



Phone: 806-250-2211 • **Fax:** 806-250-5127 **Email:** frionastar@wtrt.net

According to local health and emergency officials, there are currently 2 confirmed cases of COVID-19 in Parmer County. One in the Farwell area and one in the Friona area. Information can be found at the Parmer County Medical Center facebook page.

Thanks to the mayor and city manager, aka Butch Corona and the Quarantine Dance Kid, for encouraging the wearing of masks in public settings. Masks are available from Leslie Ware @ (806)-225-7443 for \$7 each, Pam Haseloff @ (806) 481-9964 for a donation, and Ivy Cottage @ (806) 250-8073 for \$12.99 (made in Dallas). If you have masks available for the public, call the Star office at 250-2211 or just post your info on the Friona Star Newspaper facebook page.

The school buildings are shut down but the online & distance learning continues. Thank you teachers, administration, staff, and crew for all the hard work that you are doing. Also, check out the new meal serving schedule below.

National Richter Scale Day is April 26th. This day honors the life and work of American seismologist Charles Francis Richter. He was the inventor of the Richter magnitude scale that measures the intensity of earthquakes. Charles was born on April 26, 1900 and died on September 30, 1985.

Known more commonly as the Richter scale, the scale was invented by Richter in 1935. It measures the magnitude of an earthquake on a logarithmic scale of 0 to 10. Each number on the scale refers to an event that is 10 times more powerful than an event with a number before it. This means an earthquake with a magnitude of 4 is 10 times stronger, and releases approximately 32 times more energy, than an earthquake with a magnitude of 3.

Earthquakes lower than 2.5 on the Richter scale are almost never felt by humans. The Richter scale has now been replaced by more modern scales that calculate the magnitude and strength of earthquakes around the world.

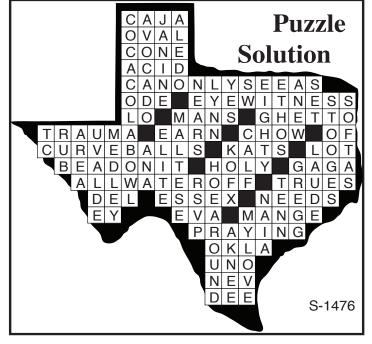
Call us at 250-2211 or send email to frionastar@wtrt.net to inform us of information that the public needs to know about. Cancellations and postponements will also be listed on our website at www. frionaonline.com.

*** **National Days**

April 23 — Picnic Day April 24 — Pigs-in-a-Blanket Day April 25 — Rebuilding Day April 26 — Richter Scale Day April 27 — Prime Rib Day April 28 — Superhero Day April 29 — Denim Day

New Friona ISD Meal Schedule

FISD and Aramark will now be offering breakfast and lunch for any student 18 years and younger seven days a week. Meals will be distributed on Mondays, Wednesdays, and Fridays from 9:00 am to 12:45 pm in front of the Junior High Cafeteria. The new service days will start on Monday, April 27th.





18

20

13

Bi-Wize is open!

However, to prevent the spread of coronavirus we are offering limited access to the store.

- Only the front part of the store is accessible
- Prescriptions are available for pickup at the front · We can get your over the counter products for you
- Please, no more than 1 person in the store at a time
- · Preferably, stay in your car and we'll bring your prescription out to you!
- · If you are staying home, call us about delivery

You can even still purchase furniture, but the showroom is closed. All of our fine Ashley selections can be seen at www.biwize.com

constantly monitoring the Covid-19 situation and taking

Thank you for your trust in us. Rest assured, we are prudent steps to guard your health and safety.

Furniture phone: 247-2210 • Pharmacy phone: 250-2270 902 Main St. Friona, TX • Your hometown pharmacy

The Stevens 5 Star Deal of the Week!

2015 **GMC SIERRA** 2500HD

nickname "Mr. October"

for three teams

clever quotes

C. legendary home run hitter, played

D. famed for catching, batting and

E. Pirates right-fielder known for







Come see GLENN REEVE for all your new and pre-owned vehicle needs today!



545 N. 25 Mile Ave. Hereford, TX 800-299-CHEV Cell: (806) 265-7034 www.stevens5star.com

COVID-19 and the State of Our Social Safety Net

Op-ed by Seth H. Giertz

Acting with uncharacteristic urgency, Congress passed a \$2.2 trillion spending bill to address the economic fallout of the Coronavirus pandemic. The measure includes a patchwork of cash payments to individuals and aid for some businesses. The bill calls for spending roughly 10 percent of US gross domestic product, amounting to a more than 40 percent increase in federal outlays for the year, and tripling the already massive \$1-trillion projected pre-crisis deficit for 2020

The pandemic has produced a surprising near consensus among policy experts. Harvard economist Ed Glaeser succinctly expresses this view: "This is the time to write unconditional checks." Glaeser's colleagues, Harvard economists Greg Mankiw and Jason Furman, who chaired the President's Council of Economic Advisors for Presidents Bush and Obama respectively, agree.

Mankiw, who, like Glaeser, is viewed as a fiscal conservative, suggested "sending every American a \$1,000 check" as a "good start." On his blog, he further floated the idea of sending "every person a check for X dollars every month for the next N months," with a substantial tax on the transfers for those with strong earnings in the following year. These views reflect the gravity of the unusual circumstances that we now face. The forced shutdown of large swaths of the US economy targets the provident and improvident alike.

However, the agreement among economists is evidence of more than the strange times in which we live. It also

highlights the shortcomings of our existing social safety net. Doesn't the social safety net automatically respond to economic conditions? Given the scope and exigency of the crisis, Congress's quick response to fill in some gaps that have become exposed is commendable. But is our safety net so ineffectual that it necessitates the cobbling together of what by most accounts is the largest aid package in the nation's history? If so, then, once the crisis subsides, fundamental reform of our approach to welfare and social insurance should be the first order of business.

During the 20th century, social safety nets have become ubiquitous in the welfare states of rich nations. In the US, the social safety net includes unemployment compensation, Medicare, Medicaid, the Children's Health Insurance Program, Social Security, Supplemental Security Income, food stamps, agricultural subsidies and price supports, Temporary Assistance for Needy Families, the Earned Income Tax Credit, and an array of housing programs for low-income groups.

According to the Congressional Budget Office, Social Security, health care, and income security programs accounted for \$2.6 trillion, or about 57 percent of the 2019 federal budget. (This excludes state contributions to social insurance.) Federal social insurance spending amounts to almost \$7,900 for every man, woman, and child. This was, by the way, when the economy was strong and enjoying the longest sustained expansion in US history.

If you think that low-income house-

holds receive a lot less than \$7,900 per person from the federal government, you're right. Much of our transfers do not go to the poor!

In addition to inadequately targeting the poor, our safety net is too often an unwieldy hodgepodge of poorly coordinated programs, rather than a cohesive whole. Most forms of assistance involve application and verification processes, are excessively bureaucratic and time consuming, and, with some exceptions, do little to address temporary hardships.

Several decades ago, economist Milton Friedman pointed out many similar concerns. He further advocated for what he termed a "negative income tax" to replace existing anti-poverty programs. Under such a program, all adults would receive payments from the government. As one's income increases, these payments would be partially taxed away, easing the fiscal burden of the program while ensuring a minimum income for the very poor.

Today, some on the left and the right advocate for a universal or minimum basic income, really a negative income tax by another name. Such a program would help the poor by removing red tape and affording them greater autonomy. Furthermore, such a program would have built-in the flexibility and responsiveness needed to ease hardships brought on by economic crisis, such as the one we now face.

Seth H. Giertz is an associate professor of economics at the University of Texas at Dallas and a policy advisor to the Heartland Institute. Seth. Giertz@utdallas.edu

Courthouse Notes

Susie Spring, County Clerk

Warranty Deeds recorded at the Parmer County Clerk's Office from April 9, 2020 to April 16, 2020

(4/9/20) Larry Joe Zamora — Larry Widner, Darlea Fern Burnett, Darlena F. Burnett, Laura Jean Zamora, The Orville G. Burnett — NE 1/4 and N 1/2 of Sec 19 B C of Capitol Syndicate Subdivision in Parmer County containing 240 acres of land

(4/13/20) Parmer County — Cattle Town Feedyard — County Road B1 from County Road 28 to County Road 29 and County Road 29 from intersection with B1 to its intersection with County Road C

(4/14/20) Sean Ray Mason, Julie Mason — Richard Allen London, Suzanne Marie London — A 7.75 acre tract of land

(4/15/20) Debrah Susan Gallman — Gerhard Friesen, Lisa Fehr Friesen — An 8.27 acre tract out of SE part of Sec 1 Township 11 S R 3 E of Capitol Syndicate Subdivision in Parmer County (4/15/20) Marcos Martinez — USDA — An 8.27 acre tract out of SE part of Sec 1 Township 11 S R 3 E of Capitol Syndicate Subdivision in Parmer Metes and Bounds

(4/15/20) La Joya Farm and Housing Inc — Robert L. Schwarz — All of SE/4 of Sec 7 B W E.K. Warren Subdivision No. 1 Abner Taylor



Reported by the Parmer County Sheriff's Office: Randy Geries, Sheriff

(4/17/20) — Jodi Gonzales, 30, of Lubbock was arrested by the Parmer County Sheriff's Office on a MTR (possession of CS Pg 1 less than 1 gram), pending District Court.

Happy Birthday Friona Folks!

April 23
Troy Bass
Derek Allen
Daniel Rios
JoAnn Berend
Jerry Cass
Jenny (Cunningham) O'Pry
Paige Sifford

Paige Sifford Grayson Kuhlmey Abraham T. Snyder

April 24
Evelyn (Hart) Romero
Trista (Hand) Stallings
Cherlyn Pruitt
Colton Potts
Quinn Neill

April 25
Mike Riethmayer
Felicia Flores Acker
Allison Fluck
Mariann Boeckman
Rori Montoya
Lupe Benitez
Billie Kirby

April 26
Ben Osborn
Mark Petchinsky
Karla Dixon
Ami Schueler
Brian Brogden
Becky Neill

April 27
Tena (Willard) Fox
Gena (Willard) Marshall
George Ryan
Glaytus Wyly
Rebecca Soto
Richard Samarron
Sarah Brown
Blanca Alexander
Linda Salinas
Colton Potts
Kathleen Dunn

April 28
Davy Hamilton
Julie Goddard
Wade Davenport
Will Rushing
Katelyn Sifford
Lillian Reeve Cramer
Cory Reeve
Joseph Romero
Julie Cain
Ella Kate Wright
Eric Geske

April 29 Karen Burns Gabriel Martinez Chance Butman Bernard Gowens

Avah Santiago

Esther Ruiz

We must also flatten the curve of rural hospital closures

Op-ed by Rep. Jodey Arrington

Hiding in the shadows cast by big city outbreaks, the novel coronavirus has now quickly spread to more than 1,000 rural communities. This pandemic's sweep of our nation's prairies and plains comes as hundreds of rural hospitals are on the verge of closure, potentially leaving tens of thousands of people without access to local emergency health services during the contagion's peak and permanently devastating rural economies.

Before the COVID-19 outbreak, almost half of all rural hospitals were operating at a financial loss. In fact, over the past decade, 128 rural hospitals shut down as a result of financial pressure, and 400 were at risk of closing prior to the pandemic, according to the National Rural Health Association.

Today, much like small businesses across the country, hospitals have been asked to halt all nonemergency services. This abrupt termination of core services and key revenue streams in rural communities is forcing hospitals to forgo 60% to 80% of their revenue.

Consequently, nearly all hospitals in our breadbasket and energy basin are experiencing revenue shortages at catastrophic levels. This has forced the only facilities available to the often-forgotten men and women of rural America to lay off staff, issue massive cuts, and in some cases, shutter their operations entirely. If these community hospitals are unable to access emergency relief funding within days, we could see hundreds of closures across the nation.

Rural Americans served by these hospitals are disproportionately old, poor, and sick, meaning that when the surge hits these rural communities, the mortality rates will likely be disproportionately high. These abandoned healthcare refugees only add to the many miles between life and death situations for the families who feed and fuel the rest of our country.

For much of rural America, the surge has already arrived. John Henderson, president and CEO of the Texas Organization of Rural & Community Hospitals, said that Donley County, in the panhandle of Texas, "has a COVID case rate of 6.50 per 1,000 population, which is 10 times higher than any metro area of Texas, yet the community is 60 miles from a hospital due to closures."

Similarly, Margaret Mary Health, a 25-bed facility in rural Batesville, Indiana, has been in a coronavirus hot spot for the last two weeks. "We are usually 80% outpatient and 20% inpatient, and we are trying to convert to 30% outpatient and 250% inpatient," said Tim Putnam, CEO of the hospital.

Our nation's leaders cannot leave rural America without resources to combat this pandemic. It is essential that these facilities, critical in the fight against CO-VID-19, can access the Paycheck Protection Program. This temporary and targeted assistance will be a lifeline to healthcare professionals and hospitals, which, in many cases, are the largest employers in the community. As we move forward,

relief and recovery packages must provide equitable support for rural communities and their providers to do what they do best — take care of rural Americans.

As we continue to battle against the contagion through social distancing and practicing good hygiene, lives can only be saved by flattening the curve of rural hospital closures.

Jodey Arrington, a Republican, is a member of the U.S. House of Representatives serving Texas's 19th Congressional District. He serves as a member of the House Ways and Means Committee and as co-chair of the Committee's Rural Health Care Task Force.

Milk House Market

Wedding Registry

Samantha Bolden & Daniel Schueler Lindy Wiseman & Lino Tarango Cassidy Devault & Tyler Hough

Hours: Thursday - Friday 11-5 Saturday: 10-3

Call: 602-739-0813

Farmhouse to Your House



lvy Cottage • 250-8073



- Free Checking
 Premier + Senior Accounts
 - Reward CheckingSavings/ Real Saver
 - Certificate of Deposits
- Money Market Accounts18 Month "Raise Your Rate" CDs
 - IRAs Direct Deposit
 - Safe Deposit Box RentalsFDIC Insured
 - Convenient ATMs
- ATM/ CheckCards/ Business Debit Cards
 - Free Internet Banking with Free Bill Pay
 Mobile App
 - Telebank-24 Hr Telephone Banking
 - Bank Cashiers ChecksVISA Money Cards
 - Commercial Loans
 Mortgage Loans
 - Mortgage LoansHome Equity Loans
 - Consumer Loans

ATM, DRIVE-THRU, ON-LINE BANKING AVAILABLE The health and well being of our customers, employees, and our community is first and foremost in our actions, thoughts, and continued prayers. All bank services are still available. We urge our customers to utilize our on-line banking.

The health and well being of our customers, employees, and our community is first and foremost in our actions, thoughts, and continued prayers. All bank services are still available. We urge our customers to utilize our on-line banking services and ATM's as much as possible. Our drive up banking services are available during our normal business hours. If you need any services and are unable to use on line banking or drive up facilities, please call our locations. We will meet your banking needs during this time.

"The bank designed with YOU in mind." THREE LOCATIONS TO SERVE YOU

301 W. 3rd Hereford, Texas (806) 363-2265 Open Monday Through Friday 8:30 a.m.-4:30 p.m.

Drive thru open Friday until 6 p.m.

403 N. 25 Mile Ave.
Hereford, Texas
(806) 360-2100
Open Monday Through Friday
8:30 a.m.-4:30 p.m.
Drive thru open until 6 p.m.

710 W. 11th
Friona, Texas
(806) 250-2900
Open Monday Through Friday
8:30 a.m.-4 p.m.
Drive thru open Friday until 6 p.m.

Llamados a Conocerle Friona Para Cristo

By Pastors Aurelio & Cynthia Silva

Good morning to all. What a blessing it is to be able to wake up to a new day. Just like the bible says in Psalms 118:24 This is the day that the Lord has made I will be glad and rejoice in it. You might say how can we be glad with all that is going on around us. Well because the bible tells us in Luke 21:28 that when we see and hear of all these things come to pass to lift up our heads because our redemption draweth nigh. Think about it we are so blessed to be alive!!!! We pray for those that are on the front lines (all of our essential workers who are working tirelessly giving us the best they can amidst all that is going on). Give them a BIG THANK YOU and a sweet smile next time you see them. Just like you they are doing their best to get through each day. Praying for devine protection, blood of Jesus over everyone and the peace that passes all understanding over you and your family. !!!!!!!

Buenos dias a todos. Que bendicion de poder despertar a un Nuevo dia. Como dice la biblia en Salmos 118:24 Este es el dia que hizo Jehova me alegrare y me gozare en el. Quizas te preguntas? pero como puedo estar alegre con todo lo que esta pasando alrededor de nosotros? Dejame decirle!!! porque la biblia dice en Lucas 21:28 cuando estas cosas comiencen a suceder, erguios y levantad vuestra cabezsa, porque vuestra redencion esta cerca.. Piensalo estamos bendecidos de estar vivos.!!!Oramos por los que estan en las lineas en frente (todos los trabajadores esenciales que trabajan sin cesar asiendo lo mejor en medio de este crisis). Darles GRACIAS y una sonriza de oreja a oreja cuando los vez. Igual como ustedes estan asiendo lo mejor que puedan para pasar cada dia bien. Estamos orando por pretecion devina, la Sangre de Cristo sobre cada uno y la paz que pase todo entendimiento sobre usted y toda tu familia.!!!!!

Demonic Temptations

By Brett Hoyle, Pastor, First Baptist Church

The sources of our sinful temptations shed light about the nature of our sin and the pathway to victory. A person may be tempted by the world, the flesh or the demonic, and even today there is need to be on red alert against demonic influences that tempt you to sin. Throughout the scriptures the reality of demonic temptations is clear in both the Old and New Testaments, and there is no indication that such temptations are non-existent today. In fact, there is a growing interest in

our culture in demonic activities such as wicca, the church of Satan, and increased interest in paganism.

Satan and his legions aim to "steal and to kill and to destroy" and the "father of lies" is busy taking people to task with his empty promises (John 10:10; 8:44). Further, Satan and his accomplices are master deceivers, having millennia to perfect their trade peddling whatever they may to keep people from following Christ. Don't dare think that he avoids believers,

though, but his efforts seek to cultivate apathy and complacency in believers, rendering them ineffective for the task of spreading the gospel. He is a snare maker, lust cultivator, false teacher, gospel hinderer, saint oppressor and master

The temptations you face are real and they just might be from demonic influence in your life. If so, cling to the cross, speak the Word, submit to the Lord, resist satan and he will flee from you (James

Send your church news to the Friona *Star

frionastar@wtrt.net

A Cure for Restlessness

By Teena Hughs

While we were in the process of moving to Friona in July 1993, I developed pain in my back. So, I paid a visit to my doctor. He informed me that moving is one of the most stressful things you can do.

Well, even though this move is bittersweet for me, I made a vow to myself that I wasn't going to stress out, get upset, spout off, etc. I just accepted that this move is definitely what God wants for us, and I am going to take "the good, the bad, and the ugly" all in stride.

For the most part, I feel like I have done a pretty good job, but every once in a while, I get this feeling in my chest. I can't describe it accurately, but it is like anxiousness, being overwhelmed, sad, and other

emotions all rolled into one!

This morning, I was watching the First Baptist Church service from Amarillo, and a woman sang a song about being restless. And, while she was singing, I realized that restlessness is the feeling I have ever so often. I am restless over the move, and getting everything done; I am restless over the junior college reunion I am planning for June 20th, and if we will get to have it; I am restless over the fact that we are building on to our house at Barksdale, and it is going to be another 30 days at least before he can start! I am just RESTLESS sometimes!!!

The best line of the song the lady sang today was, "I'm restless til I rest in You." There is the cure for restlessness...Jesus. I have had a great deal of peace during my restlessness, and I know that has come from my study and reading of God's Word, and from talking to God more. I didn't know it when I started, but reading through the Bible in a year has been the most therapeutic thing for me getting through this move and this virus. Isn't it amazing that God takes care of us even before we know we need His

Being "in Jesus" takes care of a multitude of things that cause us problems. Be in His Word; talk to Him; be open to Him at all times; and, be prepared for what life brings your way. It is so much easier to deal with if you are "in Him." Take care and have a great, restful week!

Panhandle Parables

Motives of Chickens and Men

By Jeff Procter, Minister, 6th Street Church of Christ

I read a quote today that was quite humorous. "I dream of a world where a chicken can cross the road without its motives being questioned." Much time and effort has come in pouring over the lives of chickens and why they cross the road. I have heard some great guesses, but in the end, that is all they really are...guesses.

Motives drive all of us down the road a chicken may or may not have crossed. We live in a society where questioning motives is at best a hobby and at worst a career. There is always a catch. We have in many cases believed that most have an ulterior motive for being kind or friendly or even helpful. We are not sure what

to do when someone does something without wanting something in return.

Jesus knew this about humanity and challenged those who listened to him to keep our motives very simple. Do, because He did. Love, because He loves. Forgive, because He forgives. Serve, because He served. Satan would like to make us enemies of each other by making us question motives, in so doing we can build a wall not tear one down. Paul would tell you in Romans 12, that we should feed our enemies. Why? Because we are to be a people that tear down walls so that folks can find Jesus. I suspect most enemies would have a hard time fighting someone unwilling to fight, but comes with dinner in hand. We have all too often made each other our enemy while the real enemy lurks in the shadows as most cowards

So my challenge is to operate with a simple motive of doing as Jesus did. How could he look at the crowd that curse and spat upon him as he hung on the cross and offer forgiveness? Because he knew that those in attendance that day were not the real enemy.

There is a lot of hatred spilling into the streets of our country, do we respond with anger or "pray for those who persecute?" Let's give chickens everywhere a break and humans Hating each other hasn't worked maybe praying for each other will.

Friona Community Helpline 806-250-3933 Senior Adults or people with serious medical conditions, if you need help picking up essential goods such as groceries or medicines, call the Friona Community Helpline. Volunteers with the Helpline can pickup your groceries, medicines or other essential goods and deliver them to your home. There is no cost for this service, we just want to help take care of our community during the coronavirus crisis. Further, if you need prayer, encouragement or other assistance we will do our best to help meet your need or get you connected to the right person or agency who can. BC Friona, fbcfriona.com

"We Live by Faith, Not by Sight." 2 Corinthians 5:7

Friona

Area Church Directory

CALVARY BAPTIST CHURCH 15th & Cleveland • 806-250-3000

CHILDREN'S CHURCH • 3 yrs-6th grade www.calvaryfriona.org FIRST BAPTIST CHURCH 6th & Summitt • 806-250-3933

Pastor Brett Hoyle Email-firstbc@wtrt.net Website-www.fbcfriona.com

FRIONA UNITED METHODIST CHURCH 8th & Pierce • 806-250-3045

Rev. Skip Hodges Email-frionoaum@wtrt.net Website-www.frionaumc.com

GRACE BAPTIST CHURCH North end of Congregational Church 1601 Euclid

IGLESIA EVANGELICA NUEVA JERUSALEN

701 E. 11th • P.O. Box 655 • 806-346-9725 Pastor Benito Mejia benitomejia@live.com

> **QUALITY OF LIFE BIBLE** STUDY CHURCH 301 Grand Ave. • 806-240-0826 Pastors Mark & Mary Goff

SIXTH ST. CHURCH OF CHRIST 502 W. 6th • 806-250-2769

ST. TERESA'S CATHOLIC CHURCH 401 West 17th St. • 806-250-2871 Pastor Gregory Bunyan

Jeff Procter, Minister

TEMPLO BAUTISTA DAMASCO 403 Woodland • 806-250-3472 Pastor William Tapias

TEMPLO DE ADORACION 620 Washington • 806-250-5929 Pastor Roy Dominguez

TENTH ST. CHURCH OF CHRIST 10th & Euclid • 806-250-5236

Gerall Wyly

UNION CONGREGATIONAL CHURCH 1601 Euclid • 806-250-3635

VICTORY FAMILY WORSHIP CENTER 9th & Washington • 806-250-2207 Pastor Robert Kerby Website-www.thevictory.tv

FRIONA PARA CRISTO LLAMADOS A CONOCERLE 1007 w. 11th • 806-247-2217 Pastor Aurelio & Cynthia Silva

Bovina

FIRST BAPTIST CHURCH 308 3rd Street 806-251-1632 Pastor Brian Mullins

CHURCH OF CHRIST 500 Ave. E 806-251-1334 Mike Prather, Minister

FIRST UNITED METHODIST CHURCH 205 4th Street 806-251-1124 Pastor Larry Mitchell

ST. ANN'S CATHOLIC CHURCH 401 3rd Street 806-251-1511 Pastor Gregory Bunyan

LA IGLESIA DE DIOS **DEL PRIMOGENITO**

The Church of God of the Firstborn 102 2nd Street

IGLESIA BAUTISTA **HISPANA** 103 1st Street 806-251-5232 Pastor Rafael Marin



THIS DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES WHO ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES.



1380 Hwy. 214 • 265-3425

FRIONA

B InterBank

Phone 250-5000

"Where People Come First"

1105 N. Cleveland

www.interbank.com

FDIC

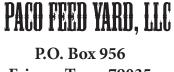
251-1324

800 Hwy. 86 Bovina, Texas

WEST TEXAS

Phone 806-364-3331 Hereford, Texas 79045





Friona, Texas 79035 (806) 265-3433 (806) 265-3281

First Bank Bovina Member, FDIC **Equal Housing Lender** 101 North Third 251-1442



1010 Columbia at Hwy 60, Friona Hours: 8:00 am-5:00 pm Monday-Friday 250-5555







Prairie Acres

Heritage Estates Quality Care Assisted Living 806-250-3922

FEEDS E. Hwy. 60 • Friona TX • 806-250-2791

State Capital Highlights

By Ed Sterling



Governor's orders move state toward reopening

AUSTIN — In line with signals from the White House to restart the nation's economy, Gov. Greg Abbott on April 17 issued executive orders to move the Lone Star State toward normalizing citizens' activities during the COVID-19 crisis.

Transactions that pose little threat of spreading the deadly virus may reopen using a retail to-go model beginning April 24, Abbott ordered. On the other hand, schools must remain closed for the remainder of the 2019-2020 academic year.

Teachers will have limited access to campuses for video instruction, to perform administrative duties and to clean out their classrooms, the governor added. In response, the Texas Education Agency issued a statement saying, "While a difficult decision to make, it is the right one for our families and communities, and the only one that makes sense for Texas at this time."

Abbott said he would announce a revised plan for the state on April 27 based on recommendations by his newly appointed Strike Force to Open Texas. The team from the public, private and medical sectors will advise him on safely and strategically reopening the state

Abbott also issued an order that loosens his March restrictions on non-emergency surgeries. That order was aimed at conserving hospital capacity and personal protective equipment for the COVID-19 response.

Additionally, Abbott reopened state parks effective April 20. His new order requires park visitors to wear face coverings and maintain a six-foot distance from individuals outside of their party. Groups are to be no larger than five people.

After Abbott's news conference, Texas House Democratic Caucus Chairman Chris Turner, D-Grand Prairie, said, "We want the Texas economy to fully reopen as soon as possible, and public health experts agree that can only happen with robust testing in place. When it comes to decisions on how to defeat COVID-19, we have to continue to follow doctors' orders.

"Texas continues to be in the bottom three states when it comes to COVID-19 testing per capita, and Gov. Abbott has failed to provide a clear plan for how Texas will increase testing. ... We need to dramatically increase testing, right now," Turner added.

According to figures posted by the Texas Department of State Health Services at noon on April 19, some 18,923 people in Texas had been diagnosed with COVID-19 and 477 deaths resulting from the disease had been confirmed.

Sales tax holiday set

Texas Comptroller Glenn Hegar is urging Texans to shop online or practice strict social distancing measures for in-store purchases during the April 25-27 sales tax holiday for emergency preparation supplies.

Hegar noted that the holiday is intended to help Texans prepare for events like hurricanes and spring storms. "Unfortunately, strong spring storms, wildfires and the upcoming hurricane season will still threaten Texans in the months ahead, and so it's important that homes and businesses have the supplies they need to face these emergencies," he said.

Hegar recommended that shoppers visiting retailers practice social distancing as described by the U.S. Centers for Disease Control and Prevention.

The list of tax-free items is established by law. It does not include items such as masks or personal protection equipment, Hegar stressed. More information can be found at comptroller texas.gov.

Hemp grower licensed

Earlier this month, Texas Agriculture Commissioner Sid Miller announced the first Texas industrial hemp license had been issued to a farmer in Killeen.

The license grants the farmer the opportunity to grow hemp in Texas for one year. As a part of the application process, the applicant specified a facility where the hemp will be grown, Miller said

This first license represents the long-awaited launch of the hemp industry in Texas following the passage of the Farm Bill by Congress in 2018, he added.

Rebuild hits milestone

Texas Land Commissioner George P. Bush on April 15 announced the Texas General Land Office has rebuilt more than 1,000 homes destroyed by Hurricane Harvey in 2017. The construction was funded through the Homeowner Assistance Program.

Bush's sights are set on rebuilding 7,000 homes using \$1.334 billion in available Community Development Block Grants for Disaster Recovery, plus an additional \$500 million in Community Development Block Grants for Mitigation that come from the U.S. Department of Housing and Urban Development.

More than 2,500 applicants have been approved for assistance by the General Land Office. An estimated 800 homes are currently under construction, in addition to those completed.

"The GLO's disaster recovery team continues working hard every day to help Texas families rebuild their homes and their lives following one of this nation's largest and most destructive storms." Bush said.

Check Your Mirrors

By Sue Jane Sullivan



Few words conjure up the feel-good thing for me more than cousins.

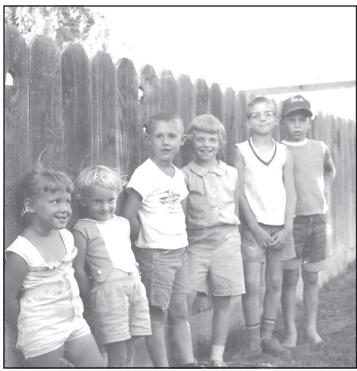
My siblings and I had nine cousins: seven boys and two girls, with five living in Texas, two in Washington, and two in Virginia. Of course, those cousins had more cousins than we did because my parents alone chipped in five little twigs to the family tree.

Our mother was extremely bonded with her two older sisters and two older brothers. Thankfully, my dad recognized this (he had only one sister who lived in Snyder) and knew those road trips mattered to Mom. Now that I think about it, Mom's brothers and sisters probably cringed a bit when the Sullivan crew vacationed in Yakima, Seattle, Charlottesville, or Midland.

I chuckle imagining about how those phone calls evolved between Mom and Aunt Eula, Aunt Bert, Uncle Preston, and Uncle Clifton regarding a Sullivan family visit. The 1950s, with only two kids, went something like, "You're coming! How long can you stay?" to the late 1960s, when we had expanded to a brood of seven, "You're coming? How long are you staying?" (end punctuation and verb changes noted)

Hosting a family with five children ranging from infant to 12 years of age was asking a lot. I am convinced one of the reasons these visits took place with the frequency they did was so that the cousins could have time together.

Because our cousins Gene, David, and Diana Beth lived closest to us, Mom and her sister-in-law Liz found it easier to navigate the annual Summer Cousin Exchange Program.





Midland was far enough not to get homesick and close enough to trade kids for one week at a time. Determining who went where pretty much boiled down to baseball or dolls. Of course, I chose baseball and left my sister Sara and Diana Beth to Barbie world.

When in Midland, the boys and I hit the pool and snack bar at the local VFW where Uncle Preston was a member. After a swim, we would walk down the street to the baseball diamond where trash talking happened. We had only a couple of baseballs and a couple of bats, so there was a lot of retrieving. Once brother Scotty knocked it over the fence into a busy city street. A car stopped and picked up that ball and drove off. Gloves were thrown in disgust, and it may or may not have been the first time I heard a cuss word, which I mistook for "crab." Intrigued by the addition to my vocabulary, I used it liberally the remainder of the day until the boys corrected me that night during a board game. Swimming, baseball, and Green Acres Putt-Putt golf made for many memories in the Tall City.

When Mom and Dad drove over from Snyder to trade kids, Uncle Preston's legendary grill skills put steaks on the table. Supper would be followed by homemade ice cream and entertainment: Mom and Aunt Liz playing the piano and singing and laughing. That same joy echoes today when cousins Sara and Diana Beth get together in Lubbock or Aus-

tin. The same trash talking ensues when the guys and I are in the same room. In fact, when the boys were playing high school baseball, Midland High and Snyder High squared off. Gene was catcher, David pitched or played first, and when Scotty came to bat.... well, you figure out that dialogue.

Geography prevented cousin exchanges with Larry and Linda in Washington or Turk and Pierce in Virginia; nonetheless, the family station wagon made several trips to those places during our childhood. Those cousins and our aunts and uncles sometimes came to Snyder for holiday visits or vacations in the 1950s, 60s, and 70s.

In 1996, Uncle Preston passed away in Midland. We all gathered there, celebrated his life with a lovely service, a whiffle ball game, and adult beverages. Because we had so much fun as adult cousins at that gathering, Sara and Diana and I organized what has become the McCleskey Family Sportsfest, held biannually. The pandemic has forced us to postpone Sportsfest XII, but the cousins are working on plans for Virtual Sportsfest for July. Mom and her siblings

love for each other nurtured cousin love among their children. The bond is so strong that now that the cousins' children are sharing secondcousin love and on down the line. We hope our family tree remains deeply rooted, adding more little twigs so that Sportsfest XXV will find my granddaughters teaming up with their third and fourth cousins in a good ol' whiffle ball contest. Their ancestors will be watching from a field of dreams come true.

Friona Junior High School • All A Honor Roll Fifth Six Weeks Grades • 2019-2020

6th Grade:

Aubree Bunker Mario Garcia Kaylee Gomez Francisco Gutierrez Silva Avram Hernandez Evelyn Hernandez Marco Leon Ella Mcfarland Mia Moreno Rafael Rocha

7th grade:

Antonio Avila Cortes Karely Nunez Tarango

7th S

Kitzy Welch

Bit Dieter Ally Ellie Galaviz

Jonathan Gonzalez Andres Pinon Melanie Viteri Cevallos

Friona Junior High School • A/B Honor Roll Fifth Six Weeks Grades • 2019-2020

6th Grade:

Danelle Arguelles Maddox Ashlock Aurora Bolanos Leocadio Anaesha Carranza Ivette Carrillo Fraire Thomas Cook Jameson Daniels

Valeria Corralez

Reagan Daniels

Yaselene Faudoa Azriel Flores Foster Gilley Zaybrie Goff Mayte Gonzalez Emily Ibarra Destiny Izaguirre Brice Jeter Karen Morales Meya Orozco Daniel Rodriguez Efren Rodriguez Aaron Rosales Adaly Rubalcava

Merary Salinas Israel Santiago D'andre Shelby Erik Trejo Omar Trejo

7th Grade:

Lillianna Abarca Carolyn Borjas Edwin Castaneda Munoz Erik Estrada Odalis Faudoa Benavente Nevaeh Galan Mariana Gallegos Saenz Yuliana Gallegos Saenz Celso Guevara Sophia Leon Angela Lerma Ashley Maldonado Vanessa Martinez Aylin Mendez Yoselin Mulul Gabriel Hevilat Perez Desiree Raymond Audree Reyes Edwin Rivas Abram Rocha Damian Sanchez Angel Saucedo Aubrey Schueler Nadia Snyder

Alexis Soto Frida-Erandi Soto Bryer Stanberry Nathan Tafoya Makya Thackston

8th Grade:

Jose Alvidrez
Michael Bautista
Johanna Campos
Estefany Cecena Carrillo
Kenya Chavez
Adynaih Dominguez
Mercedes Espinoza
Yeslie Faudoa
Martha Gutierrez Huicoza
Genesis Hernandez

Leah Hernandez
Nayeli Herrera
Charles Herring
Juanpablo Ibarra-Martinez
Yvonne Legarreta
Anna London
Saraya Luna
Alonso Macias Martinez
Eleanor Mceuen
Amy Montana

Jennyfer Munoz Loredo Isaac Olmos Francisco Perez Castro Aiden Pitsch Santos Reyes Garcia Gabriel Rocha Aaron Rodriguez Alezandra Rodriguez Dora Rodriguez Jose Saucedo Dozal

Ivory Shelby Spencer Stokes Reese Stowers Issac Tafoya Abisai Torres Edward Trevino Melody Upton Jacob Vasquez





STAR CLASSIFIEDS

250-2211 Deadline: Tuesday @ 5 p.m.



BUSINESS



Dr. Mindy Neal 1100 Hwy. 86 Bovina, TX



Now you can SHIP where you SHOP!

> Blackburn Hardware 904 West 11th

250-2828 Hours: 8:00-5:30 Saturday 8:00-12:00

Drivers License Office **Schedule**

Tuesday-Wednesday 9:00 a.m. — 4:30 p.m.

Located at Friona Police **Department** Building

The Nutrition Spot Smoothie & Juice Bar • 613 Main, Friona TX Phone: (575) 219-9436

HELP WANTED

Parmer County Sheriff's Office is taking

You may call (806) 481-3303 or send email to sheriff@parmercounty.net

Seeking full-time employee. Must be computer literate. Pick up application at:

Malouf's Fabrics

SAMARRO TREE TRIMMING & PEST CONTROL

Richard Samarron

Commercial & Residential License #0818288

Cell: (806) 236-4722

Tree Pruning & Removal

Stump Grinding

Shrub Trimming & Shaping

Large Lot Mowing

Excellent Cleanup Bucket Truck

Local

Experienced

Yard Spraying

Insured



You CAN do it!

Don't throw away your empty aluminum cans. Please place any cans you have in the trailer located on the north side of the Friona Fire Department building on Main Street. Proceeds from the sale of the cans will go to the FHS Senior Class and help fund the graduation party.

Risinger **Plumbing**

Serving Friona 272-6772 Cell: 523-2222 Master License #16066

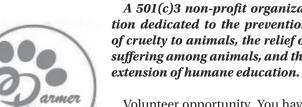


(806) 250-2784

Fax: (806) 250-3877

Reservations: www.frionainn.com frionainn@gmail.com





Volunteer opportunity. You have skills? Parmer Paws needs you. Bring your talents, whatever they may be, and join us. 806-240-2211 or ParmerPaws @yahoo.com

A 501(c)3 non-profit organization dedicated to the prevention of cruelty to animals, the relief of suffering among animals, and the

EG Photography



Eric Gonzalez • 806-433-1973

applications for an Emergency 911 Dispatcher.

for more information or to obtain an application.

503 W. 11th, Friona TX

NOW HIRING

Friona ISD is looking for a substitute custodian that could possibly turn into full time. Hours are based on need each day. Interested applications may call Friona ISD 806-250-2747 or Martha Moreno 806-346-2091.

Friona ISD está buscando una persona de limpieza sustituto que posiblemente pueda convertirse en timpo completo. Las horas se basan en la necesidad de cada día. Las personas interesadas pueden llamar a Friona ISD 806-250-2747 o Martha Moreno 806-346-2091.

Friona Interbank is seeking individuals to fill a teller position. To apply online, please go to interbank.com. Thank You.

FRIONA **B** InterBank





HELP WANTED

Tractor Driver — Farm Worker Hub & Friona Area \$12 per hour Call 806-922-4853

Help Wanted

Cook Assistant For Friona Senior Citizens Please Contact Susan Gonzales Ph# 250-2713 or 806-626-8602

TRAINING

LTC CLASSES HELD **MONTHLY IN FRIONA CONTACT BRENDA TYLER** (806) 293-4400 **NEXT CLASS IS MAY 2ND COVID-19 GUIDELINES**



Broker/Owner:

Holly Campbell

806-250-2745

PROPERTY Associates

Realtors

102 E. 11th Friona 806-250-2745 frionarealestate.com

Sales Associates:

Kevin Cooper 806-240-5468 Karla Rector 806-382-7465 George Rushing 806-265-7037

1203 Columbia



3/2/2 Brick w/central heat, 2 living areas, basement, sprinkler f&b, shop with electricity, large lot

FRIONA

4/5/3 Brick w/cent. h&a, basement, fp, close to high school, \$25,000 cash allowance at closing......**\$291,775**

4/2/1 Siding w/central heat & air, new carpet, new granite counter tops, fenced backyard, corner lotCont Pend

BOVINA

NEW: 3/2/2 Brick w/cent. h&a, fp, 2 living areas, open floor plan, stone coated metal roof, large yard. Cont Pend

SOLD

4/4/3 Brick Two story w/central heat & air, Western Addition, two fireplaces, large fenced backyard......Cont Pend



Commercial Building in Bovina: Brick w/cent. heat & air, (7) offices, extra lot

In an effort to keep EVERYONE safe from COVID-19 our lobby is closed. We are asking you to call and make an appointment for listings and/or showings at this time.

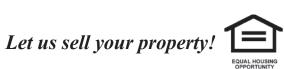


Sales Agents

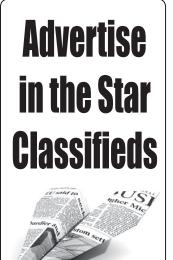


806-382-7465

806-240-5468







Call 806-250-2211 or email frionastar@wtrt.net



OBITUARIES



Robert Don Collier

Robert Don Collier of Dallas, TX, a prominent tax lawyer, passed away on April 9, 2020, in Dallas. Bob was born February 9, 1947, in Clovis, NM and graduated from Friona High School before attending Texas Tech University and graduating, with honors, in 1969, with a B.S. degree. In 1973, he graduated from Texas Tech University School of Law, with honors. He was number one in his graduating class, Order of the Coif and was Editor-in-Chief of the Law Review. Following law school, Bob attended New York University School of Law and obtained an LL.M. in Taxation in 1974. While at NYU, he served as the Graduate Editor of the NYU Tax Law Review. Bob was admitted to practice law in Texas in 1973.

During his time practicing law at the firm of Durant Mankoff, Bob met his lifelong friends Chuck Meadows, Rodney Owens, Tom Hineman, Trey Cousins and David Reed. In 1983, they founded their firm that is now known as Meadows, Collier, Reed, Cousins, Crouch and Ungerman, L.L.P., where Bob served as Managing Partner from 1983 to 2015. Bob developed a successful tax and business practice and was involved in a broad variety of federal tax planning litigation matters for over 45 years. He was very active in national, state and local bar associations and served as a Life Fellow of the American and Texas Bar Foundations and a Founding Life Fellow of the Dallas Bar Founda-

Since Bob grew up in West Texas, ranching was in his blood. While practicing law during the week, he became a "weekend rancher" with the majority of his cattle and ranch land in the Comanche County area of Energy, Texas. With his brother, JL Collier, he explored raising and breeding longhorns and soon decided to dedicate his ranch time to more traditional cattle ranching with Hereford, Angus and Red Angus. In the past 20 years, he has focused on Charolais cattle.

For many years, Bob managed to be one of the nation's top tax lawyers and a rancher. He was as comfortable in his custom-made suits as he was in his jeans, t-shirts and boots covered in "ranch dirt." His time at his ranches in Central Texas and Arkansas were his quiet, peaceful moments.

In 2014, he received the Texas Tech Distinguished Alumni Award. Tech was a special place to Bob and he often found himself sharing TTU positive articles with his family and friends, who went to different colleges, to share and make public his excitement for his beloved Red Raiders. He was hopeful the recipients of his scholarship endowments at Texas Tech University School of Law will be successful and able to accomplish as much as he was able to with his TTU degrees.

Bob is preceded in death by his parents, John L. Collier and Arlesia Vivian Borden Collier of Friona, Texas; his brother John L. ("JL") Collier, Jr., of Gustine, Texas, and his life's love, Mary



Alice Scott, of Dallas, Texas. He is survived by his partners and friends at his law firm and Mary's family in Texas and Arkansas, and as his trusty companion, Pippin. Memorial donations may be made to a charity of the donor's choosing.

In lieu of flowers, memorial donations may be made to Robert Don Collier 50th Anniversary Endowed Scholarship, at Texas Tech Law School Foundation, 3311 18th St., Lubbock, TX 79409 or online at https:// donate.law.ttu.edu/

Biography

Meadows Collier, Reed, Cousins, Crouch & Ungerman LLP is sad to announce that one of its founding partners, Robert Don "Bob" Collier, a prominent tax lawyer and cattle rancher, passed away on Thursday, April 9, 2020.

Members of the firm remember Bob for his astute counsel on complex tax issues, his high level of legal expertise and as an excellent attorney with a towering intellect. Chuck Meadows, Bob's longtime friend and law partner, said, "He was one of the finest attorneys I knew, but more importantly a good friend. He was so detailed and careful, and genuinely cared about his clients."

Bob was born in Clovis,

New Mexico on February 9, 1947 and grew up on a small farm in the Texas Panhandle. Bob attended Texas Tech University graduating with a B.S. degree, with honors, in 1969. He applied to the law school in hopes of being able to work for himself someday, but knew almost nothing about what lawyers did. Bob graduated from Texas Tech University School of Law, with honors, in 1973. He was number one in his graduating class, Order of the Coif and was Editor-in-Chief of the Law Review. Following law school, Bob attended New York University School of Law and obtained an LL.M. in Taxation in 1974. While at NYU, he served as the Graduate Editor of the NYU Tax Law Review. He was admitted to practice law in Texas in 1973. In 1983, Bob and several other attorneys founded the Dallas tax boutique law firm now known as Meadows, Collier, Reed, Cousins, Crouch & Ungerman, LLP, where Bob served as the Managing Partner from 1983 to 2015.

Bob spent most of his practice years in Dallas developing a successful tax and business practice. He was involved in a broad variety of federal tax planning and litigation matters for over 45 years. In recent

years, the majority of his practice was devoted to representing wealthy families and their related businesses in both federal tax litigation and planning matters. In the estate tax litigation area, he was the senior briefing attorney in United States v. Marshall, , and , four precedent setting Keller v. United States Kimbell v. United States Adams v. United States United States Fifth Circuit Court of Appeals cases involving complex estate tax issues and difficult factual situations. He was also involved in numerous other published tax cases. Bob's many engagements also involved working with client's other legal, accounting and similar representatives. Due to his knowledge of the complexities of his clients' businesses and other financial matters, he was also engaged by his tax clients to assist in many areas other than his federal tax representation. For many years, he represented a client in many aspects of the real estate timeshare business. Bob worked with members of the clients' legislative team and was a major participant in the drafting and enactment of the 2013 Texas Timeshare Owners' Act as well as numerous timeshare related bills in Texas and other states.

Bob was Board Certified in Tax Law by the Texas Board of Legal Specialization and was a member of the tax sections of the American Bar Association, State Bar of Texas and Dallas Bar Associations. He served as the Chair of the Dallas Bar Association Tax Section in 1996. He was a member of the Fifth Circuit Bar Association, a Life Fellow of the American and Texas Bar Foundations and a Founding Life Fellow of the Dallas Bar Foundation.

Bob received numerous honors and awards during his career. In 2014, he received the Texas Tech University School of Law Distinguished Alumni Award. In 2016-2020, he was named to Best Lawyers in America in the areas of Litigation and Controversy and Tax Law, and was named the "Lawyer of the Year" in Tax for Dallas in 2014. Bob was named to the Texas Super Lawyers list from 2003-2020 in the area of Tax Practice.

In 2015, Bob made the decision to practice law parttime so he could spend a majority of his time on his Central Texas and Arkansas cattle ranches and manage his other investments. Bob commented at the time that all he had and all he had accomplished was made possible by his Texas Tech education and his many wonderful clients throughout his practice years. He said he was hopeful that the recipients of his scholarship endowments at Texas Tech University School of Law will be successful and feel similarly obligated to give back when they are able to do so.

Bob will be greatly missed by his Meadows, Collier, Reed, Cousins, Crouch & Ungerman, LLP family.



Legal Notice

In accordance with the terms and provisions of the Texas Alcoholic Beverage Code Dolgencorp of Texas, Inc. has filed for a Wine and Beer Retailer's Off Premise Permit to be issued to: Dollar General Store #21221 located at: 300 W Gardner Ave., Bovina, Parmer County, TX

Dolgencorp of Texas, Inc.: Steven R. Deckard - CEO John Garratt - CFO Jason S. Reiser - SEC

Peach crop looking good despite early concerns

Texas Crop and Weather Report

Texas' peach crop looks good amid improved growing conditions despite warmerthan-normal weather that impacted tree chill hours, said a Texas A&M AgriLife Extension Service expert.

Larry Stein, Ph.D., AgriLife Extension horticulturist, Uvalde, said peach orchards around the state were progressing well despite a warm January that negated good early winter chill hours.

"Commercially, producers who applied spray applications that help substitute for those lost chill hours are looking good," he said. "But if you're a homeowner and you see trees struggling to leaf out, it's because of warm temperatures in January."

Moisture conditions for much of the state look good, he said. Southwest Texas and the Hill Country had been experiencing drought, but rains improved soil moisture conditions dramatically over the last two weeks.

The moisture is a blessing, but it also means producers should be vigilant against diseases and pests, he said.

"If the weather continues to be wet, they'll need to keep up with their fungicide and pesticide management programs," he said. "It's especially important to be proactive with fungicides. If you have a good crop you have to stay on top of things until you get across the finish line."

So far, Stein said Texas growers have not faced any cold events or storms that negatively impacted trees.

Stein said he expects some peach producers with high tunnel-growing technology in the Hill Country to have ripe fruit as early as May. Those producers use high tunnels to extend their growing season.

"High tunnels allow those producers to start earlier and

then transition to their regular orchard through the rest of the season," he said.

Peaches amid pandemic

Stein said he doesn't know how the COVID-19 pandemic and stay-at-home orders will affect marketing peaches but suspects it won't hurt.

"I don't think marketing peaches will be a problem," he said. "I anticipate fruit and vegetable stands and farmers' markets will be open because food is essential. The situation could help because people might want to get out, and they want to support local busi-

Prices for peaches remain steady or are experiencing slight upticks, he said. The trend of direct farm-to-market sales with fruit stands or at farmers' markets continues to grow as consumers demand quality sourced produce and producers try to realize better profit margins.

AgriLife Extension district reporters compiled the following summaries:

SOUTH PLAINS: The district received up to half an inch of rain with cooler temperatures in the forecast. Pastures and rangelands seemed fair and were beginning to green up. Farmers continued to prepare their fields for planting season. Producers with late-planted wheat that had not matured started spraying fields. Early planted wheat was doing well with the moisture. Many growers were finishing up their fields and will start planting corn within the next few weeks. Cattle were in good condition.

PANHANDLE: Topsoil and subsoil moisture conditions were adequate to short. Pastures and rangelands were poor to good, and slowly greening up with warmer temperatures. Cattle conditions were improving as grazing conditions improved. Cowcalf producers were in the middle of calving and continued to provide supplemental feed. Stockers on graze-out wheat were performing well under moderate weather conditions. Winter wheat was in fair condition, and some fields were heading out. Corn planting was expected to be in full swing soon. Cotton planting should begin around May 10 with sorghum planting starting around the end of May. Freezing temperatures were in the forecast and may impact

Cleaning vs. Disinfecting

Continued from Page 1

Mieses said you may want to wear gloves to "protect yourself from harsh chemicals and minimize your risk" of becoming infected with the virus. Wash your hands very frequently as well especially if you ever touch something the person with symptoms may have touched. Remember to wash for at least 20 seconds to effectively kill germs, and keep in mind that soap and water is better than hand sanitizer.

When disinfecting, give those high-touch surfaces extra attention, since "lots of hands could be depositing and picking up viruses or other germs," Long said. "And don't forget about cellphones as well."

Other ways to keep healthy in your home

For your own safety, Long said to make sure you do not mix disinfectants and always follow the manufacturer's instructions.

"Also, no matter how often you are disinfecting, you still need to practice social distancing and wash your hands," he said.

If you have any questions about your personal COVID-19 risk or best practices, Mieses said "don't be afraid to reach out to your family physician or primary care provider. Beyond that, focus on being smart".

"Stay at home, wash your hands regularly, avoid touching your face, avoid shared equipment like fitness equipment," she said. "But stay active during the pandemic. You can still go outside for a walk; make it part of your routine."

You should also focus on mental wellness, in addition to physical health. "This is not the first time the world has encountered something like this, but it's the first time for our generation," Mieses said, adding that feelings of anxiety and depression are a typical response to what's happening.

If you are struggling with anxiety or mental health issues during this crisis, Mieses said to reach out to your regular physician. They can direct you to a mental health professional. Take care of your whole self.



THE BUTCHER'S BUNDLE

- 4 (5 oz.) Butcher's Cut Filet Mignons
- 4 (4 oz.) Boneless Pork Chops 4 (4 oz.) Omaha Steaks Burgers
- 4 (3 oz.) Gourmet Jumbo Franks 4 (2.8 oz.) Potatoes au Gratin
- 4 (4 oz.) Caramel Apple Tartlets

Omaha Steaks Seasoning Packet

\$238.91* separately \$699



Order Now 1.806.987.3009 | OmahaSteaks.com/dinner557

Ask for The Butcher's Bundle 61086SLJ



*Savings shown over aggregated single item base price. Limit 2. Free burgers will be sent to each shipping address that includes (61086). Standard S&H added per address. Not valid with other offers. Expires 5/31/20. All purchases subject to Omaha Steaks, Inc. Terms of Use & Privacy Policy: omahasteaks .com/terms-of-useOSI and omahasteaks.com/info/privacy-policy or call 1-800-228-9872. Photos exemplary of product advertised.

Small Town Cookin'

lect in West Africa.

By Jeri Lynn White

Bananas

I finally baked my first batch of quarantine banana bread this weekend and it did not disappoint – fresh out of the oven with melted butter, delicious.

This week I learned that I didn't know much of anything about bananas. I didn't know where they come from or how they grow, but the banana is an interesting fruit and a history that began long ago.

Bananas may have originated up to 10,000 years ago. In fact, they may even be the world's first fruit. Indonesia, the Philippines, and New Guinea were the first areas known to grow bananas. Soon traders and travelers took them to India, Africa, and Polynesia. References to bananas were seen in writing as early as 600 appear in markets in the United States.

ers claim it was from a local dia-

Banana Nut Bread

By Paula Lehew in the Cathedral of the Plains Family Cookbook

1 c. sugar ½ c. shortening 2 eggs, beaten 1 c. mashed bananas ¼ c. buttermilk ½ tsp. salt

½ tsp. baking soda 1 T. vanilla

2 c. flour

1 c. chopped pecans or walnuts (op-

3 cups milk

6 bananas sliced

1 box vanilla wafers

tional)

Cream sugar and shortening. Add beaten eggs. Add other ingredients in order as listed. Bake in well-greased and floured loaf pan for 40 minutes at 3500 F. Yield: 1 loaf

I like to sprinkle the top of my bread with a cinnamon and sugar mixture before I bake the bread.

Banana Pudding

There are many versions of this pudding out in the world. I have adapted the recipe I use for the banana pudding I serve at the buyer's meal at the end of the county stock show to serve a smaller amount.

In a large mixing bowl, whisk together the first 5 ingredients un-

til smooth and well blended. Fold in bananas. Layer the cook-

ies and pudding in alternating layers in a casserole dish or bowl

(reserving a few cookies for garnish.) Top with reserved cookies,

Ingredients

Instructions:

- 1 6-ounce pkg Instant vanilla pudding mix
- 114-ounce can sweetened condensed milk

if desired. Cover and chill until ready to serve.

15 31 D

18 oz container of Cool Whip thawed

B.C. in Buddhist scriptures. Then in 327 B.C., after invading India, Alexander the Great carried bananas to the Western World. Around 200 A.D. bananas spread to China. Then from Africa, Portuguese sailors took the fruit to the Canary Islands. The suckers from the banana plant were then traded in the Americas, and plantations were soon popping up in Latin America and the Caribbean Islands. It was around the 19th century that bananas began to

The word banana is thought to be derived from the Arabic word for finger, banan, because originally bananas were about the size of an adult finger. Oth-

Interestingly the banana is considered more of an herb than a tree. It is grown in wellprocess begins again.

drained soil in humid tropical climates. The banana grows from an underground stem that forms a false trunk. It is made up of leaf sheaths and crowned with a rosette. A large flower spike emerges from the false trunk and becomes bunches of bananas. Each trunk produces fruit only once. After the bananas are harvested, the trunk is cut down to the ground. The dead trunk is allowed to grow

another shoot or sucker from the underground rhizome to produce more fruit, and the

The banana variety that is most common today is the Cavendish banana. This variety is named after William Cavendish, the sixth Duke of Devonshire, who had his gardener cultivate this variety of banana in his greenhouse after discovering the delicious fruit. The Cavendish variety became popular after the Panama Disease, a mold, devastated the banana plants in the early 1900's.

Scientists realized this variety was resistant to the mold. Even today there is little genetic diversity in bananas, and they remain vulnerable to pests and diseases.

A close relative to the banana is the plantain. Plantains are considered a cooking variety and have a starchy flavor, while bananas are sweeter. Plantains can be eaten raw if they are allowed to ripen.

Bananas are one of the most popular fruits around the world, and rightly so. Bananas have energy supporting carbohydrates, potassium, vitamin B6 and other B group vitamins, vitamin C, dietary fiber, and antioxidants. They also contain

no fat, salt, or cholesterol. This week my research came from www.britannica. com, abgc.org.au, and www. thoughtco.com. You can find more information by searching

I am sure there are healthier recipes that use bananas, but all the recipes this week are sweet. I guess that is just where my taste buds are at this point in the lock down.

these sites.

Banoffee Pie • sallysbakingaddiction.com

This is a recipe made popular in Britain. I have never seen this pie before my banana research. The first version I found calls for digestive biscuits, which made me laugh, but isn't appetizing at all, so here is an American adaptation.

Ingredients: 1 and 1/2 cups (150g) graham cracker crumbs

- (about 10 full sheet graham crackers) 5 Tablespoons (72g) unsalted butter, melted
- 1/3 cup (67g) granulated sugar
- 1 and 1/4 cups dulce de leche**
- 2 large bananas, sliced

cream.

Instructions Preheat oven to 350°F (177°C). If you're starting out with fullsheet graham crackers, you can use a food processor or blender to grind them up. Or crush them in a zipped top bag with a rolling pin. Mix the graham cracker crumbs, melted butter, and granulated sugar together in a medium bowl until combined. The mixture will be thick, coarse, and sandy. Press the mixture into the bottom and slightly up the sides of a 9-inch pie dish. Make sure it is tight and compact. Use the bottom of a flat measuring cup to press it down tightly. Bake the crust for 15-16 minutes. Remove from the oven and allow to cool for at least 15 minutes (and up to 2 days) before adding the layers. Meanwhile, make the whipped

For the whipped cream: Using a hand mixer or a stand mixer fitted with a whisk attachment, whip the heavy cream, sugar, and vanilla extract on medium-high speed until medium peaks form, about 3-4 minutes. Medium peaks are between soft/ loose peaks and stiff peaks and are the perfect consistency for topping and piping on desserts.

Hot Link

Combo

Two Hot Links

& a 32 oz.

Tallsup

bread not included

Whipped Cream

- 2 cups (480ml) cold heavy cream or heavy whipping cream
- 1/4 cup confectioners' sugar or granulated sugar*
- 1 teaspoon pure vanilla extract
- optional toppings: chocolate shavings, chopped nuts, or toffee bits for garnish

Spread dulce de leche on top of the crust. Arrange banana slices in 1-2 layers on top of the dulce de leche, then spread whipped cream on top. Refrigerate pie uncovered for at least 2 hours and up to 1 day. Garnish with toppings before serving, if desired. Cover and store leftover pie in the refrigerator for up to 5 days.

Notes: Make Ahead Instructions: Cover the baked and cooled graham cracker crust tightly and store in the refrigerator for up to 2 days or freeze for up to 3 months. Thaw in the refrigerator before using. Dulce de leche, instructions below, can be made up to 2 weeks in advance. Cover tightly and store in the refrigerator. The fully assembled pie can be prepared up to 1 day in advance. Store uncovered in the refrigerator until ready to serve. I don't recommend freezing the prepared banoffee pie because it doesn't thaw very nicely, but you can certainly freeze any leftover slices for up to 3 months.

Dulce de Leche: You can use storebought dulce de leche, but I recommend making it at home. You can make it completely from scratch or use a can of sweetened condensed milk. Instructions: Pour the sweetened condensed milk in a pie dish. Place the pie dish in a large roasting pan and place the roasting pan in the oven. Fill the roasting pan with enough HOT water until it reaches halfway up the pie dish. Loosely cover the pie dish with aluminum foil. Heat oven to 350°F (177°C). Bake until sweetened condensed milk has thickened and caramelized, about 2 hours. Add more hot water after 1 hour since some of it has evaporated. After 2 hours, the sweetened condensed milk has turned into golden dulce de leche. (If not, continue to bake.) Let the dulce de leche cool, then pour into your pre-baked graham cracker crust. You can make the dulce de leche up to 2 weeks in advance.

Bananas Browning: Though I haven't experienced the bananas browning underneath the whipped cream, you can certainly squeeze a few drops of fresh lemon juice all over the banana slices before layering them into the pie. This keeps the banana slices fresh, especially if you're making the pie a day in advance. With a small amount of juice, you won't detect the lemon flavor.



PRICES VALID AT **ALL LOCATIONS**







TO OUR VALUED CUSTOMERS:

These are challenging times, but we are here for you, and to ensure that we do our part to keep everyone safe, here are some of the steps we are taking:

- Refillable Mugs: Until further notice, we will not allow the use of refillable mugs or cups, to prevent the transfer of viruses or bacteria on the cup rim.
- Cleaning: For the past few weeks, our Managers and Associates have increased their attention to our cleaning practices, and we continue to remain diligent in these areas. This includes, but is not limited to, more frequent cleaning of counters, equipment, restrooms, door handles and fuel pumps, as well as other high-touch areas throughout the store.
- Health and Hygiene: We are taking hand-washing and personal hygiene to the next level, making every effort to keep our stores as safe a haven as possible during this time. We are also further reinforcing our policy that employees stay home, and seek medical attention, if they

Lastly, we are doing our best to keep up inventory so that you can get what you need during this time. We ask that you also consider your neighbors and only buy supplies for what you need. After all, we are all in this together.

WE ARE HERE FOR YOU, AND APPRECIATE YOUR UNDERSTANDING. THANK YOU FOR YOUR CONTINUED SUPPORT.

Construction Zone

Here is a sampling of the construction work that is going on around the city of Friona. (photos clockwise from right) — (1) a crew from Hamilton Steel & Concrete of Canyon replacing the roof on the community center (2) remodeling of the new EMS building by Johnny Alvarez Construction & Robertson Electric of Friona, and Bob's Heating & Air Conditioning of Hereford (3-5) work at the new Primary School site, the Junior High, and High School by Teinert Construction of Lubbock. (6) new bus barn being built to house the two new school















We are here to help you with all your insurance needs

Homer A Haile, Agent 1015 W 11th St Friona, TX 79035-1625 Bus 806-250-2734 homer@homerhaile.com Cell 806-265-7923

Good Neighbor Agent since 1986

0.1 to 5.64

336 wells



2020 WATER LEVEL MEASUREMENTS

High Plains Water District staff measured 1,345 observation wells in the Ogallala and Edwards-Trinity (High Plains) Aquifers in early 2020 to determine the water level changes since 2019.

District Average Avg. Saturated Change -0.62

Swisher

Thickness 55

View all observation well data at map.hpwd.org

2020 County Summary

10 M	ZO COUIII	Avg. Change	Avg. Saturated
County	Obs. Well Count	(feet)	Thickness (feet)
Armstrong	10	0.02	38
Bailey	101	-0.50	62
Castro	104	-1.89	60
Cochran	83	-0.46	39
Crosby	69	-0.54	89
Deaf Smith	94	-0.30	61
Floyd	100	-0.58	68
Hale	121	-0.97	59
Hockley	98	-0.01	40
Lamb	115	-C.81	50
Lubbock	111	-0.06	61
Lynn	95	-C.85	47
Parmer	102	-1.06	49
Potter	7	-0.09	52
Randall	51	-0.05	53

District-wide Average Water Level Changes

Year	Average Change (feet)	
2020	-0.62	
2019	-1.05	
2018	-0.16	
201 <i>7</i>	-0.52	
2016	+0.37	
2015	-0.56	
2014	-1.32	
2013	-1.87	
2012	-2.56	
2011	-0.05	

See map on back for areas of change.

High Plains Underground Water Conservation District hpwd.org | 806.762.0181 | 2930 Avenue Q, Lubbock, TX 79411



2020 WATER LEVEL CHANGE

