

Sterling City News-Record

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No. 36



AROUND
THE
COUNTY



ARTHUR BARLEMANN, JR. COUNTY AGENT

Sterling County 4-H Club members with registered sheep participated in the West Texas Fair at Abilene Wednesday and did very well. The four club members who were competing were Delmar Radde, Jr. in the Open and Junior Delaine Show and, Amy, Becky and Wesley Hodges in the Open and Junior Rambouillet Show.

In the Delaine competition Delmar showed the second place ram lamb in the Junior division with the same lamb placing third in the Open show. His pen of 3 ram lambs placed third in the Open show. He showed the first and third place ewe lambs in both the Junior and Open classes; his pen of 3 ewe lambs placed first in the Open show. Delmar's pen of three, both sexes represented, placed second in the Junior show.

Entries in the Rambouillet show were the largest in several years with seven breeders showing in the Open and five in the Junior show. The largest class was the ewe lamb class with 23 animals; there were nineteen ram lambs in the ring.

Becky Hodges showed the champion and reserve champion ewes in both the Junior and Open shows as well as the champion ram of both divisions. Amy Hodges showed the reserve champion ram.

Amy showed the second place ram lamb in both the Open and Junior show while Becky showed the third place ram. In the pen of three ram lambs, Open show, Amy was first and Becky second. First and fifth place in the two to four tooth ram class went to Becky with Amy second and third in the Open show. Junior show placings in this class were Becky first and fourth; Amy second and third. Becky's ewe lamb was first in the Junior show while Amy showed the third and fourth place animals. In the Open show, Becky took second and Amy fourth place. The Open show pen of 3 ewe lambs placing was Becky second and Amy third. Becky showed the first and second place to four tooth ewes in both divisions with Amy showing the third and fourth place entries. Becky's pen of three two to four tooth ewes stood first and Amy's second. Becky also won both the get of sire class and the exhibitor's flock class with Amy placing in both.

Lisa Horwood fulfilled one of her obligations as Texas Junior Hereford Queen Tuesday during the judging in the Hereford breeding cattle show at Abilene. One of the duties of the queen is to appear at fairs and shows where the Herefords are being shown and to present the awards in the show ring during the judging. Lisa was present to begin her reign at Abilene. She will appear in the same role at other shows for the next year.

FHA News Column

A FHA meetin was held on Tuesday, September 10 in the home ec room. The girls discussed money making projects. It was decided to have regular monthly meetings on the second Monday of each month at 3:15.

The girls chose home room mothers and a chapter family; —Ninth grade—Mrs. Bill Humble; Tenth grade—Mrs. I. W.

HOSPITAL NOTES

Patients in the Sterling County Hospital on Thursday morning of this week include:

Mrs. W. J. Swann
Claude Ditmore
Dismissals since Thursday morning of last week were;

Mrs. Pickie Martin
Patients in the Sterling County Nursing Home on Thursday morning of this week were;

Mrs. Edith Hudson
B. O. Bailey
Mrs. Ida Brown
Mrs. Jim Duke
Jim Duke
Mrs. Lucy Norman
Larkin Longshore
W. J. Williams
Earnest Turner
Mrs. J. E. Bynum
Mrs. Larkin Longshore
Mrs. Robbie Grace
Noble Read
J. B. Ratliff
Mrs. Minnie Pinson
Roy Morgan
Mrs. Henrietta Long
Mrs. Noble Read
J. B. Stites
Mrs. O. M. Cole
Mrs. Mabel Martin
Mrs. Clifford Carpenter
Mrs. A. G. Daves

Howard County Fair Next Week

With a new \$60,000 exposition building providing more space, the Howard County Fair opens Monday 6 p.m. for a week's run.

Events include the barrow show Monday, barrow sale Tuesday and the Shrine Circus, motorcycle rodeo Wednesday, pet show Friday and horse show on Saturday. The latter will include competition in pole bending and barrel racing Saturday evening.

The 20th Century Shows will provide the midway, and there will be numerous other attractions, including a flower and gem show, art show, in addition to nearly three score private and commercial exhibitors.

Hours are 9 a.m.—10 p.m. daily.

Noratadata Club Has First Meeting of Year

The Noratadata Club members entertained their husbands at the first fall club social on Thursday, September 5 in the community center club room.

Hostesses for the party were Mr. and Mrs. D. K. Hopkins, Mr. and Mrs. Dean Johnson and Mr. and Mrs. Foster S. Price.

Present were Mrs. Ewing McEntire, Mr. and Mrs. Dayton Barrett, Mr. and Mrs. Jim Davis, Mr. and Mrs. Chesley McDonald, Mr. and Mrs. Danny Stewart, and Mr. and Mrs. Bill Watts. Mrs. Alta McGibany was a guest of the club.

High score at bridge was made by Mrs. Jim Davis and Chesley McDonald. Low scores were made by Mrs. Bill Watts and Danny Stewart.

Terry; Eleventh grade — Mrs. Dean Johnson; Twelfth grade—Mrs. Beth Wells and the chapter family—the Bill R. Bynums.

Refreshments were served by Carol Jones.

Reporter Cindi Mendez

D.K. Durham, 71, To Be Buried Today

SERVICES TODAY IN SAN ANGELO

Services for Durham Kennedy (Bull) Durham, 71, a long time Tom Green County engineer, will be held today at 10 a.m. in the Robert Masise Funeral Chapel with the Rev. Jerold McBride, First Baptist pastor, officiating. Burial will be in Lawnhaven Memorial Gardens.

Mr. Durham died Wednesday morning at his home in San Angelo.

He was born July 13, 1903 in Sterling City and became Tom Green County engineer in 1946, a job he held until retiring this past June 30.

Just Tuesday, Tom Green County Judge Ed Keyes, in behalf of the county, presented Mr. Durham a plaque commending him for 28 years of service to Tom Green County, and TGC employees presented the retired engineer with a watch.

Mr. Durham attended Trinity University and the University of Texas at Austin, graduating in 1928 from UT Law School. He held membership in the State Bar Association and practiced briefly as Sterling County attorney from 1930-38. Mr. Durham said his doctor told him soon after graduating that he needed an outside job.

Mr. Durham was with the Texas Highway Department 13 years, and was a federal government engineer three years before becoming TGC engineer.

He was married to Doris (Tommye) Crawford July 17, 1937 in San Angelo. He was a Baptist and a Mason.

Survivors include his wife; two daughters, Mrs. Rachel Baring of Austin and Mrs. Eddie (Rebecca) Phyllis of San Antonio; three brothers, Worth B. Durham and W. W. Durham, both of Sterling City and Harold H. Durham of Eastland; two sisters, Mrs. W.R. (Prebble) Morgan of Sterling City and Mrs. Clyde H. (Juanita) Davis of San Angelo; and four grandchildren.

PEP RALLY TODAY

Everyone is invited to attend the Eagle pep rally at the high school gym today at 3 p.m.

Please come out and help. Patti Bynum, cheer leader

LIONS CLUB

The Sterling City Lions Club met at noon Wednesday in the community center. Rev. Traugott Vogel joined the club and three guests were present being Robert Browne, George Frasier and Carl Williams.

Lisa Horwood, club pianist and sweetheart, who is the Texas Hereford Queen, told of her day at the West Texas Fair in Abilene, handing out winning ribbons and trophies to Hereford winners Tuesday. She was on NBC TV and other news programs that day.

The club voted to again sponsor the Dr. Kit magician program here next spring and turned down an offer to sponsor a small circus.

The prize went to Albert McGinnes.

GOLF TOURNAMENT HERE SATURDAY

The Sterling Golf Association is sponsoring an ABC golf tournament here this Saturday, September 14. Qualifying rounds (6 holes) begin promptly at 8 a.m. and then pairings will be told and tournament playing begun.

It is requested that anyone wanting to enter tell Jack Peel, Ricky Hopkins or Howard Cudd by Friday afternoon at 6.

Eagles First Football Game Tonight

1974 Sterling City EAGLES

FOOTBALL SCHEDULE
(First 3 Games at 8 P.M.)

Sept. 6—Open
Sept. 13—Garden City There
Sept. 20—Bangs Here
Sept. 27—Imperial Here
(All other Games at 7:30)
Oct. 4—Jayton There
Oct. 11—Loraine Here
Oct. 18—Hawley There
Oct. 25—Forsan H Homecoming
Nov. 1—Roby There
Nov. 8—Bronte Here
Nov. 15—Sands There

STERLING JUNIOR HIGH

1974 FOOTBALL SCHEDULE
Sept. 5—Garden City T 6 p.m.
Sept. 19—Eden T 6 p.m.
Sept. 26—Eden H 6 p.m.
Oct. 3—Bronte T 7 p.m.
Oct. 10—Sands T 6 p.m.
Oct. 17—Sands H 6 p.m.
Oct. 24—Garden City H 6 p.m.
Oct. 31—Bronte H 7 p.m.

JUNIOR BAKE SALE

HERE SATURDAY
The Junior Class of SHS will have a bake sale in front of the old Bailey Bros. store building here Saturday morning. Sale is to begin at 8 a.m.

1974 STERLING CITY EAGLES

(Colors: Purple and Gold)

Name	Pos.	No.
Mickey Dodds, Fr., 116 lbs.	QB	11
Russell Davis, Sr., 162 lbs.	EB	12
Charles Blaneck, Fr., 115 lbs.	E	20
Tony Munoz, Sr., 127 lbs.	E	21
Bobby McClure, Fr., 113 lbs.	E	22
Dean Jones, Soph., 140 lbs.	QB	30
Kenneth Gaston, Fr., 177 lbs.	FB	31
Scott Davis, r., 130 lbs.	HB	40
Jeff Copeland, Jr., 190 lbs.	HB	41
Tom Kilpatrick, Sr., 210 lbs.	C	42
Ross Hord, Jr., 182 lbs.	G	50
Ronny Hord, Sr., 251 lbs.	T	51
Larry Horwood, Fr., 140 lbs.	G	60
Victor Probandt, Soph., 142 lbs.	G	61
Jeff Cantrell, Sr., 187 lbs.	T	62
Dow Ferguson, Soph., 155 lbs.	C	63
Cornelio Fuentes, Fr., 118 lbs.	G	70
Eugene Gaitan, Fr., 210 lbs.	T	71
Ector Mireles, Fr., 148 lbs.	G	72
Louis Hoover, Fr., 182 lbs.	G	73
Leslie Rich, Fr., 145 lbs.	E	81
Benny Radde, Jr., 125 lbs.	E	82
Lee Fleming, Soph., 150 lbs.	E	83

COACHES: Dan Slaughter and Milford Wiley
SUPT.: James Thompson, PRIN. Bobby Dodds
CHEERLEADERS: Patti Bynum (head), Kim Rich, Marylynn Rich and Melinda Terry.
MANAGER: Jimmy Watson STATISTICIAN: Mike Bowen

Eagle Quarterback Club Being Organized

The Sterling City Eagles booster fans are organizing a Quarterback Club here. Membership is \$5 per year and money being raised is planned for a new camera to film games.

The group will meet each Tuesday night at 8 in the school auditorium and see the films of the previous week's game and hear comments by coaches.

Everyone interested is asked to be at the school auditorium next Tuesday night at 8.

LOOSE LIVESTOCK ORDINANCE

An ordinance adopted by the City of Sterling City, Texas on

To Play Garden City There at 8 P. M.

The Sterling City Eagles, embarking on an eleven man season for the first time in many, many years, start off the 1974 season with a game at Garden City tonight at 8.

Coached by Danny Slaughter and Milford Wiley, the Eagles have 23 boys in the working squad. Eleven of the boys are freshmen. There are 5 seniors and 3 juniors. There are only 4 sophomores.

Having played eight man ball for so long, the eleven man set-up perhaps poses some problems to both coaches and boys. But both are hopeful and are looking for a good year.

The game tonight is not a conference game, but will give both teams some needed play. The game had originally been set for play on the Eagle field but a hold up on some new reflectors for the football field made the change necessary.

Admission charges for all the games this year will be \$1.50 for adults and 50c for students. This is an increase over last year.

The 1974 Sterling City Eagle squad is listed below:

September 9, 1974 in regular session reads: All domestic livestock including poultry, within the boundary of the city limits of Sterling City, Texas must be confined by the owners and not allowed to roam at large. This infraction will be classed as a misdemeanor and will be subject to a fine, according to law.
L.R. Reed, Mayor of the City of Sterling City, Texas.

GOLF ASSOCIATION TO HAVE MEETING TUESDAY

The Sterling Golf Association will hold its regular meeting at 7:30 p.m. next Tuesday, September 17 at the hospital.

The association decided to hold regular meetings on the Tuesday following the tournaments in the future.

COME TO THE FAIR

The Howard County Fair opens Monday, Sept. 16 and continues daily to 10 p.m. Saturday. There will be displays, carnival, Shrine Circus (on Tuesday) barrow and steer shows, motorcycle rodeo Wednesday, horse show Saturday.

Come join the fun.

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Wednesday, Sept. 18 1 P.M. to 5 P.M.

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Matt Caperton

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BUSINESS OPPORTUNITY

Unusual opportunity for man or woman to restock new type coin dispensers with high quality packaged food products. Handling brand names only. No selling. Dependable person can net VERY HIGH EARNINGS. Part or full time. Requires \$1150 to \$3250 cash secured by inventory and equipment. Write for personal interview, giving phone number to Inter-State Dist. Co., 455 East 4th South, Suite 206, Salt Lake City, Utah 84111.

The Texas Department of Public Safety is offering immediate career employment to qualified young men. Contact your nearest DPS office or patrolmen for more information.

REWARD NOTICE

A reward of \$500.00 will be paid by the Texas Sheep and Goat Raisers Association to any person (other than law enforcement officers) giving information causing the arrest and first conviction of any person or persons found butchering or stealing any sheep or lambs or goats belonging to any Association member in good standing. When 2 or more persons give information, the above sum will be divided at the discretion of the Board of the Association. When two or more defendants are involved in a single crime, the total reward is limited to \$500.00, but the conviction of one defendant, even though the other defendants are acquitted will entitle the claimant or claimants to said sum of \$500.00. All claims must be submitted within ninety (90) days following conviction. If upon conviction, a defendant confesses other thefts, no additional rewards will be paid. All decisions concerning the payment of such reward and the conditions of payment will be made by the Board of Directors of the Association.

TEXAS SHEEP & GOAT
RAISERS ASSOCIATION

NOTICE

The Texas State Department of Health has established, in accordance with the Federal Public Health Service Act, the current annual level of uncompensated services for Sterling County Hospital, Sterling City, Texas to be that the facility does not intend to deny anyone admission to the facility or any of its services because of an inability to pay. The documents upon which the determination was based are available for public inspection at the Texas State Department of Health, 1100 West 49th St., Austin, Texas from 9:00 A. M. to 4:30 P.M. on regular business days. The level of services set out meets the presumptive compliance guidelines of the Federal regulation.

DUMP GROUND USERS—New regulations require burning of trash before dumping. Please dump from both sides of the pit. No car bodies or wire or old large appliances allowed.

STERLING COUNTY



Reddy's consumer tips on ... lighting

Edison's light bulb has come a long way since it first lit up the night in 1879; today, lighting is such a natural part of our lives we hardly give it a thought. But the fact is, the more choice we have in how we can use light, the more attention we should pay to how we buy and use light bulbs and lighting fixtures. Put a little more light in your life by following Reddy's money-saving, energy-conserving lighting tips:

CARE FOR LIGHTING EQUIPMENT

Dust and dirt alone cause substantial losses in the amount of light produced. Systematic cleaning is important. Clean lamp bulbs (when they are cool) with a damp cloth.



Check frequently for defective cords or plugs. Replace or repair them immediately if they are faulty.

LESS IS MORE

Generally, you'll get more light for your money if you use the least amount of bulbs that give the light you need. For instance, one 100-watt bulb gives more light than three 40-watt bulbs—and costs about one-third less to buy and replace.



READ THE LABEL

Speaking of "lumens," you'll find that all light bulbs have three ratings on their packaging. Lumens tell you what the light output or performance of the bulb is. "Watts" tell you how much electricity is needed to produce that light, and "bulb life" is the estimated length of time it will take the filament inside the bulb to burn out. When brightness is more important than bulb life—for reading, studying or working—choose the "standard" life bulb that gives you the most lumens for its wattage.



Remember, Reddy supplies the energy, but only you can use it wisely!

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STERLING CITY NEWS-RECORD

JACK DOUTHIT, Publisher

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RECORD established in 1899
Consolidated in 1902

Phone in your personal items of news—your visits, your visitors, your parties, etc. News-Record, 378-3251.

NOTICE—

COST OF ENGRAVINGS

—Due to the high cost of cuts or engravings of pictures, we are now forced to charge for all society type pictures run in the paper. The costs have always been an item to be considered, but now the cost makes a charge necessary. Cuts or engravings run from \$2.75 for a one column cut to around \$6 for a two column cut. This is actual cost and will be charged for from now on.

DAILY PAPER—San Angelo Morning-Times. Thrown in your yard each morning. Subscribe by year—or pay by mail (check) each month. Please mail in your check each month. Leslie Cole.

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1974-75 STERLING COUNTY SEASON & BAG LIMITS

- DOVE—12 noon to sunset Sept. 1 to Oct. 30; 10 per day and 20 in possession.
- ANTELOPE—Sept. 28 to Oct. 6. 1 per season with permit.
- JAVELINA—Oct. 1 to Jan. 1, 1975. 2 per season.
- SANDHILL CRANES—Oct. 26 to Jan. 26, 1975. 3 per day; 6 in possession.
- GEESE—Oct. 28 to Nov. 24 and Dec. 7 to Jan. 19, 1975
- DUCKS—100 point system. Nov. 4 to Nov. 24; Dec. 7 to Jan. 19, 1975.
- QUAIL—Nov. 16 to Feb. 16, 1974, 12 per day; 36 in possession.
- TURKEY—Archery only Oct. 1 to Oct. 31. Regular—Nov. 16 to Jan. 1, 1975; 2 turkey either sex.
- DEER—Archery only Oct. 1 to Oct. 31 Regular—Nov. 16 to Jan. 1, 1975. 2 deer either sex; antlerless tags from landowner.

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A golden opportunity in law enforcement awaits qualified young men. Get in touch with your Texas Department of Public Safety office or patrolman.

News Items—if you have a worthy news item, call it in to the paper. 378-3251.



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If you are hunting for a good place to finance your car or truck, see The First National Bank. Low interest, fast service.

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of Sterling City
Sterling City, Texas 76951
MEMBER F.D.I.C.

NEWS OF SCIENCE

ENGINEERING FOR A BETTER WORLD

Bioenergetics, bioentrainment, bioenergotherapy, generic memory—scientific mumbo jumbo for ecology, right? Wrong! Translated, these words might sound more like dowsing, fire walking, mediums, levitation, faith healing and ESP, terms you might ordinarily associate with "hocus pocus" magic and occult. But not anymore. Engineers and scientists in Russia and more recently in the U.S. are taking these phenomena seriously while trying to explain how and why they occur and if there is practical value to these events. It's all called parapsychology.

At the recent International Convention of the Institute of Electrical and Electronics Engineers (IEEE), a team of American engineers described their investigations of parapsychological phenomena. With numerous referrals to Russian work in the new field, the group explained experiments to measure mental telepathy, to explain acupuncture, and to determine the effects of electric fields on human behavior.

One of the most widely heard-of forms of Extra Sensory Perception (ESP) is mental telepathy, the ability to pass information from one mind to another. ESP has three other subcategories—clairvoyance, direct passing of information from matter to mind; psychokinesis, mind over matter; and precognition, direct obtaining of information about the future.

Investigations both in this country and in Russia, parapsychology speakers told the IEEE audience, have convinced most researchers that one or all the forms of ESP exist. The Russians have conducted experiments with a woman who can move an object without touching it. They found that near the object that she moves there is enough electrical energy to light up a small fluorescent lamp. American scientists are seeking clues to clairvoyance and precognition.

While ESP is relatively easy to categorize, the phenomena associated with electromagnetic fields around living systems are much

more difficult to assign and analyze. The basic problem is measurement. How do you measure something that you can't prove exists?

One measurement method, discovered by the Russians, put a high voltage electric field around the subject which is then photographed with special film. This tech-



Dr. John Mihalasky, Newark College of Engineering, discussed parapsychology at IEEE INTERCON.

nique, called Kirlian photography, has helped to form some explanations of why acupuncture works. Kirlian photos show radiations around various body zones that coincide with acupuncture points. In fact a device called a tobiscope can actually find acupuncture points by using electronic circuits. To explain this, one American scientist postulates the existence of an unknown circulatory system in the body that seems to be composed of energy and electric fields.

Certainly the practical aspects of telepathy are intriguing and the possibilities in the biomedical areas are encouraging. But, all the benefits or parapsychological research are by no means obvious. As one engineer told the IEEE International Convention, "The potentialities of the individual human being are far greater than we ordinarily imagine them to be and far greater than the in-vogue models of man would lead us to think possible. We are finally beginning to discover some of these potentialities."

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DEAREN-THOMAS WEDDING HELD IN OKLAHOMA

Nuptial vows were solemnized for Miss Dana Melissa Dearen and Timothy Clayton Thomas Jr. on Friday August 30 in the First Southern Baptist Church of Dell City, Oklahoma, by the Rev. Jake Self.

Parents of the couple are Mr. and Mrs. Dan M. Dearen of Madera, Okla., and Mr. and Mrs. James Franklin of Harrah, Oklahoma.

Honor attendants were Richard Thomas of Harrah, and Miss Nancy Lappie of Midwest City, Okla. Others were Miss Janie Thomas, Miss Connie Cooke, Mike Dearen and Steve Irwin.

After a wedding trip to Corpus Christi, Texas the couple will make their home in Dell City, Okla.

The bride's grandparents are Mrs. Jesse Martin and Mrs. A. W. Dearen of Sterling City.

McCARTY—CONNER WEDDING TUESDAY

Tina Conner and Jim McCarty were married here in the office of County Judge Roland Lowe Tuesday. Jim is a long-time resident here and the bride is formerly of Irving, Texas.

SURPRISE PARTY

A surprise party and shower was given Monday night at the Hitchin Post, honoring Mr. and Mrs. Jim McCarty.

Attending the party were Mr. and Mrs. Alton Hull, Mr. and Mrs. John Copeland, Mr. and Mrs. Bill McCarty, Cotton Frizzell, Edie Jones, Elbert Carper and Sammy Wright.

Hosting the party were Betty Mitchum, Linda Kinder, Sandra Wright and Carl Heaton.

Directions for Packing and Shipping Heads from Suspected Rabid Animals to the Laboratory

Increasing difficulty to confirm a diagnosis of rabies is being experienced with the submission of animal heads for rabies examination when shipment by air takes as long as four days between shipping date and receipt. If at all possible, we recommend to those who use the State Department of Health laboratory service in Austin, that they USE THE VARIOUS BUS COMPANIES. Pack the animal head in a leakproof plastic bag. Enclose a second leak-proof plastic bag filled with ice or use water frozen in plastic bottles. An outside container of sturdy construction (styrofoam serves nicely and is inexpensive) must be used. Also, use packing material to absorb water in the event of leakage. The box should be securely taped down and marked, KEEP UPRIGHT—PLEASE. A note to telephone the Health Department Laboratory (454-3781 Ext. 313) on arrival, should be prominently displayed.

SCHOOL LUNCH ROOM MENUS

(All Type A lunches served with 1/2 pint milk, bread and butter.)

LUNCHES

MONDAY, SEPTEMBER 16

- Pigs in Blanket
- Pea Salad
- Corn
- Butterscotch Cookies

TUESDAY, SEPTEMBER 17

- Meat Loaf
- Green Beans
- Scalloped Potatoes
- Lemon Bars

WEDNESDAY, SEPTEMBER 18

- Hamburgers
- Lettuce
- Tomatoes
- French Fries
- Brownies

THURSDAY, SEPTEMBER 19

- Chicken & Dumplings
- Blackeyed Peas
- Fruit Jello
- Cake

FRIDAY, SEPTEMBER 20

- Beef Tacos
- Pinto Beans
- Salad
- Cookies

BREAKFASTS

MONDAY, SEPTEMBER 16

- Pancakes
- Pears

TUESDAY, SEPTEMBER 17

- Doughnuts
- Apricots

WEDNESDAY, SEPTEMBER 18

- Scrambled Eggs
- Biscuits
- Orange Juice

THURSDAY, SEPTEMBER 19

- Cereal
- Peaches

FRIDAY, SEPTEMBER 20

- Cinnamon Rolls
- Pears

HOMEMAKERS—Earn extra spending money without leaving home. Occasional telephone interviewing. Experience not necessary. No selling. Must have private telephone. Send letter including name, phone number, education, any work experience, and names of references to: American Research Bureau, Field Operations, 4320 Ammendale Road, Beltsville, Maryland 20705.

HOMEMAKERS WANTED IN THIS AREA: men, women, students. No experience necessary; stuffing & addressing envelopes (Commission Mailers). Earn sparetime money at home, \$100.00 weekly possible. Send \$1.00 (refundable) & long stamped envelope for details to PPS-1038, 216 W. Jackson Blvd., Chicago, Ill. 60606.

Behind the 8-Ball



By the editor.

Weather forecast for Sterling City and area: Hot, dry days, and cool, cuddly nights.

8-BALL

Wonder how it feels to be fully pardoned (completely) even fore one has been indicted or convicted?

8-BALL

Ford has probably moved up into the Continental class at least by some few people. And down to the model T class by others.

8-Ball

The first football game for the Sterling City Eagles will be at Garden City tonight at 8.

The site of the game had originally been set for here but some light fixtures did not arrive in time to get the local filed in shape—hence the change.

8-BALL

WEATHER Forecast for the Sterling area for this weekend—Showers and rain, accompanied by thunder and lightning.

NEED AVON—Call 378-4611 or come by the Hitchin oPst and see Betty Mitchum.

News Items—if you have a worthy news item, call it in to the paper. 378-3251.

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MRS. BETH WELLS
LICENSED OPERATOR

Spotlight on HEALTH

PROFILE OF A COLD VICTIM

What are your chances of catching cold? According to a booklet on the subject, they're especially good if you're female, live in a large city in the western or north-eastern part of the U.S., and are the mother of a child under 6 years of age. Young children are the greatest cold-spreaders. Your chances are further enhanced if you're going through a period of stress and strain. "Contentment preserves one even from catching a cold," the great philosopher, Nietzsche once said.

The booklet, which discusses the common cold, is distributed by Winthrop Laboratories, the makers of Neo-Synephrine nose drops and nasal spray that are widely used in the U.S. and abroad.

Keeping up one's resistance helps to avoid the common cold, according to the publication, which advises getting sufficient fresh air and exercise, well-balanced meals, and as much sleep as possible in a well-ventilated bedroom. In cold weather areas, an extra hour a night is recommended.

Early stages of the common cold are the most contagious. Every sneeze fills the air with thousands of virus-laden droplets. To help

prevent spreading a cold to the rest of the family, to friends and to co-workers, everyone should have his own glass, cup, silverware and towels. Hands should be washed thoroughly and often, preferably with a liquid antibacterial skin cleanser. pHisoHex is the one that is used in most U.S. hospitals to help prevent spread of infections. Particularly during the cold season, it is wise to keep a handwashing preparation in the kitchen, as well as in the bathroom.

Your chances of catching a cold will be reduced if pre-



cautions are taken. However, the Winthrop booklet also states that it is not completely possible to avoid a cold. Just breathing the air that someone with a cold has merely talked into offers the possibility of infecting a healthy person.

RESPONSIBLE PERSON

to own and operate confection vending route. Sterling City and surrounding area. High profit item. Age or experience not important. \$1,195 to \$3,750 cash investment. Write and include your phone number. Department BVV, 3938 Meadowbrook Rd., Minneapolis, MN 55426.

In case of fire dial 8-4771.

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