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Thursday, Nov. 25, 1999

PAGE ONE

A QUICK READ OF THE NEWS

Low-tech Y2K solution set

In case of emergency, shake your rattle. That's what the 217 residents of homes for the elderly in the southern Dutch town of Weert have been told to do in the event of a power outage caused by the so-called Y2K computer glitch.

"We have checked and tested all of our computer systems, but you can never be absolutely sure," said Ton van Daelen, director of the Weert Geriatrics Foundation, which runs the homes.

The rattles were a hit at a drill, van Daelen said. "It's having a fun, soothing effect on our residents. And it's a simple, inexpensive way to be prepared," he said.

Final football contest tally in

Nathan Crawford of Lazbuddie copped first place in the final week of this year's *Journal* football contest.

Actually, he was one of three people who only missed three games, but his guess of a total of 30 points to be scored on the Dallas-Arizona tiebreaker was the closest of the three.

Elizabeth Torres guessed 34 points on the tiebreaker, while Claire Brown guessed 36.

One interesting facet of the week was that only 11 of 46 entrants picked the University of Oklahoma to beat Texas Tech in what turned out to be Spike Dykes' last game as the Red Raiders' coach. Their names and addresses will not be released!

Who wants a million?

This was one bet everyone lost: Police officers on a drug bust in Royal Oak, Mich., made a friendly wager on how much money would be in a safe they found in the house they were raiding.

The highest guess had been \$40,000. Imagine their shock when it turned out to be \$1.3 million.

It took seven officers more than two hours to count the money, which was mostly \$50 and \$100 bills in stacks of \$25,000. Friday's raid in the Detroit suburb also yielded less than a pound of marijuana.

Officers said the 40-year-old who owns the home told them the money was not hers.



Drawing date: Saturday, Nov. 20
Winning numbers: 18-23-29-32-37-43
Estimated jackpot: \$4 million
Winners: 0
Next drawing: Wednesday, Nov. 24
Estimated jackpot: \$7 million

On this date in history

Nov. 25 — The first play-by-play description of a football game is broadcast over radio station WTAW in Texas (1920).

Nov. 26 — A young mathematics instructor sends an early Christmas gift to a friend's daughter: a handwritten manuscript of a story called "Alice in Wonderland" (1864).

Nov. 27/28 — On Nov. 27, Pennsylvania Station in New York City, the largest train station to date, is opened to traffic (1910).

LOCAL WEATHER

The call for Thursday is scattered showers, then partly cloudy through Saturday. Morning lows will be much colder: 17 Thursday, 23 Friday and 31 Saturday. After a chilly 46 for a high on Wednesday, moderate daytime temperatures will return: 51 Thursday, 61 Friday and 65 Saturday.

Editor Ronn Smith can be reached at 272-4536 or ctyankee@fivearea.com

Missed your paper? Call carrier Melissa Flores at 272-6719 or the Journal during business hours, 8:30 am-5 pm.

Residents near east-side park want traffic slowed

By RONN SMITH
Editor

People who live in the neighborhood surrounding East City Park have presented the city with a petition bearing about 100 signatures, asking for either lower speed limits or more stop signs in their part of town.

The petition was turned in to the city last week, and two of the residents — Leann Daniel and Mary

Barraz — attended the Nov. 16 city council meeting.

Police Chief Don Carter said the neighborhood's concerns are similar to one received from the Lenau Addition earlier this year that resulted in tighter traffic controls on the north side.

The speed limit on unmarked residential streets is 30 mph. The speed limit adopted in the Lenau Addition at residents' request is 20

mph. Barraz told the council, "I think we need something done there (around the park) because we have a lot of young children there and the cars go by real fast."

The streets affected would be East Fifth and East Sixth from American Boulevard to Avenue G.

Raul Treviño, who also identified himself as a resident of the neighborhood, asked city council

members the reason for considering the change.

Treviño said he thinks 30 mph is about right. He said the speed limit was lowered in the Lenau Addition and "people still don't go 20 through there."

"I don't want the speed limit so low that I'm going to go through there every day and get written up, or my wife would get written up every day," he said.



Sheep Dog trials give Muleshoe exposure

Muleshoe has no reason to be sheepish about bragging on the dog trials held here last weekend.

Even though the area might seem removed from the "big time" when it comes to sheep dogs, promoters say this was the largest finals staged in Texas by the Texas Sheep Dog Association, with about 150 dogs entered and about 140 actually competing.

Susie Pierce, administrative assistant to Muleshoe City Manager Rick Hanna, said Monday that the Saturday night banquet was something the association had not experienced elsewhere, and about 90 members attended.

The dogs compete by herding sheep into a tight group and then

cutting off stragglers to keep the animals together.

The dog must drive the sheep through two gates and into a 6-foot-by-6 holding pen.

Another portion of the trials involves the dog splitting off one or two animals from a group of five.

To qualify for the finals, a dog must have competed earlier in one of about 40 trials held around the state.

Pierce said the number of spectators attending the event was considered good.

"A lot of people did come out and watch, and that was very encouraging to the people puttin on the trials," she said.

Muleshoe dog trainers Lyndon

Huckaby and Richard Belvin were credited for doing most of the physical labor in getting the trials to come to Muleshoe and staging the event.

Joe Rhodes of Joe's Boot Shop and Adrian Meador of Muleshoe Schools took the judges, who hailed from Ireland and Wales, on a tour of WesTex Feedyard and a local dairy, which proved informative in that they had never seen the workings of large, confined cattle operations.

Pierce noted that more than a dozen recreational vehicles were parked on the Bailey County Coliseum parking lot during the trials. Pierce is one of a group of local residents working to secure an RV park in Muleshoe.

Council sets franchise fee at state average — whatever that turns out to be

JOURNAL STAFF REPORT

The Muleshoe City Council has gone along with a recommendation from City Manager Rick Hanna to set a utility franchise fee at the state average — without knowing what the figure will be.

But that's not as strange as it may sound, at

least not from the city's point of view.

If the city was going to change its franchise fee for telecommunications providers, its proposal had to be sent to the state by Dec. 1. One of the options available was to select the state average, either for the utility serving the city or an overall average.

Those averages will be figured from the proposals that are approved by the state, so of course the average won't be known for awhile.

City Manager Rick Hanna said Monday that the figures should be made available in March. He had asked for the change because this might be the last chance to do it for quite a while.

City seeking two new dispatchers

JOURNAL STAFF REPORT

The city of Muleshoe is looking for two people trainable as police dispatchers.

One position is already open and has been advertised in the newspaper; the other is being filled by someone who is awaiting the hiring of a replacement so he can transfer to patrol duty.

Jan Pierce, who has 15 years experience dispatching for Bailey County as well as several years with the city, said the job can sometimes be pretty dull but suddenly turn stressful and exciting.

"One of the main parts of the job is taking care of the officers out there" with requests for vehicle registrations, criminal history on drivers, and other requests from officers on traffic patrol, she said.

"We're here for the public, and we do have a lot of calls where we have to get an ambulance out there," she added.

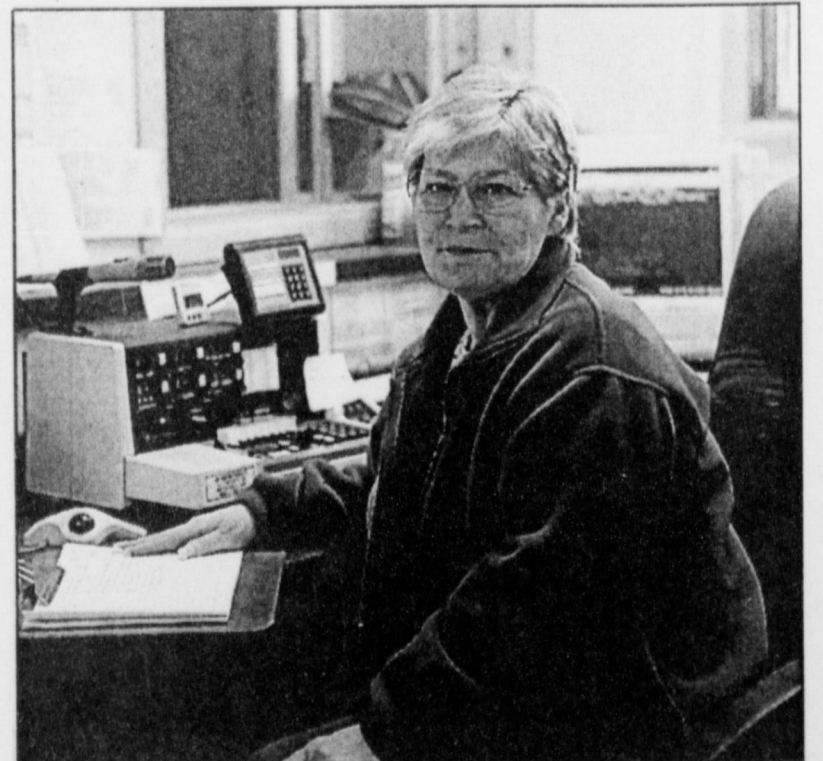
"That's when you've got to have that

disconnection from the situation you're dealing with," she said.

"Of course, we don't want to scare anyone off (from applying for the jobs), but it can be really scary when you first come in here and you have a wreck, and you have 14 people calling all at once. You have to find out whether they're all talking about the same wreck or whether you really do have more than one thing going on," she said.

"I've had other jobs, but once you get into law enforcement, you just kind of stick with it," she said. "The city also has good benefits and insurance."

Police Lt. Otis Carpenter, who supervises the city's dispatchers, said, "They've got a lot of responsibility — they're taking all the calls that come in, whether emergency or not. More often than not, the people calling are not in a good situation." The dispatchers work police, fire, ambulance and also the Maple Fire Department, he said.



Journal photo: Beatrice Morn

Jan Pierce, who has been dispatching law enforcement officers for much of her life, says the job can be rewarding if sometimes stressful. "You really feel good when you go home in the evening and you've helped someone," she said. The city has two openings for police dispatchers.

AROUND MULESHOE

Fine Arts Boosters schedule meeting

The Fine Arts Boosters of Muleshoe schools are scheduled to meet at 6:30 p.m. Nov. 29 in the high school band hall.

The group will be finalizing plans for its bake sale, discussing financial support for the theater and junior high art departments and considering a proposal for a possible project for the spring.

Parents of all high school and junior high band, choir, art, theater, and speech students are being encouraged to become involved in the group.

Center seeks vintage Christmas decor

As part of its annual "Old-Fashioned Christmas" open house, the Muleshoe Heritage Foundation is asking for donations of vintage Christmas ornaments or other decorations to use during the Dec. 4 open house.

The Heritage Foundation views this as yet another way to share the area's heritage with younger generations and help them see what life was like in the earlier days of the settlement of this area.

Donated items may be dropped off at the Heritage Depot from 1 p.m. to 4 p.m. weekdays, or for pickup call 272-5873. Donors are asked to include the approximate age of the donated items.

Donations should be received by Nov. 29.

Water district seeks candidates

Anyone interested in running for director or county committee member in High Plains Underground Water Conservation District No. 1 needs to turn in an application at the office in Lubbock.

Applications must be in by 5 p.m. Dec. 1. Write-in candidates

must register by Dec. 6.

Candidates must be at least 18 years old and live in the area they wish to represent.

The incumbent district director is Dale Gober of Bovina. County committee members are Cliff Heinrich of Maple and James L. Wedel, Lloyd Throckmorton, Curtis Hunt and Jerry Nichols, all of Muleshoe.

Entries sought for Christmas parade

The Muleshoe Chamber of Commerce and Agriculture is seeking entries for its Dec. 4 Christmas parade.

The entry fee is \$10 and each entry must be signed up by Dec. 3. Entries may be made by calling Pam McCaul at the chamber, 272-4248, or by visiting the chamber office at 218 Main St. Hours are 9 a.m. to 11 a.m. and noon to 2 p.m. weekdays.

Parade entrants will be instructed where to line up when they sign up for the parade, with line-up time being 5:30 p.m. on parade day. The parade is scheduled to start about 6:15 p.m.

Entries will compete for cash awards of \$300 for first place, \$150 for second and \$50 for third. Winning entries will be displayed on the Mule Lot until Christmas.

More information is available by calling 272-4248.

Public Calendar

Nov. 28 — 5 p.m. Evangelist Roberto Diaz will preach at Muleshoe's Primera Iglesia Bautista. Vocalist Elsa Diaz will perform.

Producer symposium is scheduled

SPECIAL TO THE JOURNAL

AMARILLO—The 15th annual Panhandle Farm Management Symposium will offer area producers updates on precision agriculture, risk management, crop and beef cattle production and policy issues that may affect them in the upcoming year, says conference coordinator Dr. Steve Amosson, farm management economist, Texas Agricultural Extension Service.

The event is held each year in conjunction with the Amarillo Farm and Ranch Show at the Amarillo Civic Center.

Registration will begin at 8:30 a.m. Dec. 1. The program will be from 9 a.m. to 4 p.m.

"Farmers and ranchers are doing everything they can to stay in business. That's why programs like the two major state initiatives in risk management and in precision agriculture are important," Amosson said.

Three continuing education units will be offered to certified crop advisers and to private, commercial and non-commercial chemical applicators who participate in the morning session.

An exhibit gallery will highlight agricultural education and production technology in addition to issues important to today's farm and ranch families.

"This year's program will look at many of today's production and marketing uncertainties and offer producers good information to help them plan for the future," Allison said.

The morning session will include presentations on worker protection standards and record-keeping issues by Texas Department of Agriculture officials. Other topics include new advancements in controlling weeds in wheat, and production issues for sunflower and triticale growers.

Discussions on insect and disease control and drift management will be featured.

At 1:30 p.m., the program switches to "Panhandle Agriculture on the Cutting Edge," with presentations on the new strategic planning tool FARM Assistance.

Also, researchers from the Texas Agricultural Experiment Station will discuss "Two Years of Precision Agriculture Research: What Have We Learned?"

An Agri-Partners program update will showcase how this effort is helping area producers.

More information is available by contacting Amosson at (806) 359-5401 or Allison at (806) 372-3829.

DO ALL FAMILY ENTERPRISES

We're participating in Holiday Madness and encourage everyone to shop with Muleshoe merchants!

Holiday Madness starts on **FRIDAY, NOV. 26**

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Gift Certificates Available!

DO ALL FAMILY ENTERPRISES WILL CATER FOR SMALL OR LARGE GROUPS.

To book your parties

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SUITABLE TO THE SEASON, and appropriate for the times

A PROCLAMATION

By the President of the United States of America.

"... We have been the recipients of the choicest bounties of heaven. We have grown in numbers, wealth and power as no other nation has ever grown.

But we have forgotten God. We have forgotten the gracious hand which preserved us in peace, and multiplied and enriched and strengthened us, and we have vainly imagined in the deceitfulness of our hearts that all these blessings were produced by some superior wisdom and virtue of our own. Intoxicated with unbroken success, we have become too self-sufficient to feel the

necessity of redeeming and preserving grace — too proud to pray to the God that made us.

It has seemed to me fit and proper that God should be solemnly, reverently, and gratefully acknowledged as with one heart and one voice by the whole American people.

I do, therefore, invite my fellow citizens in every part of the United States, and also those at sea and those who are sojourning in foreign lands, to set apart and observe the last Thursday of November next, as a day of Thanksgiving and Praise to our benevolent Father who dwelleth in the Heavens."

Abraham Lincoln, October 3, 1863

God bless you and your family,
and may God bless the United States of America.

United
Supermarkets

All United Supermarkets are closed on Thanksgiving day so our employees may spend the day with their families.

AROUND THE AREA

Youth drama still set at church

A recent controversy over the scheduled Y2Kraze: Midnight @ the Millennium, scheduled at Faith Christian Family Church in Clovis, has not affected plans for the event, church leaders say. Other congregations around the area had been invited to participate in the Dec. 31-Jan. 1 event, at which up to 3,000 teenagers are expected.

The event was billed as including an analysis of the events earlier this year at Columbine High School in Littleton, Colo., to try to come up with what the students there might have thought or felt.

A report got out that the plans included a life-like re-enactment of the slaughter that left several students dead.

R. Delany Barrett, district superintendent of the United Methodist Church, sent out a letter stating that based on the information he had received, he did not support the event and actually encouraged other churches to provide some more upbeat activity for young people at the new year.

Plans for the Columbine presentation have been dropped, according to Faith Christian's pastor, the Rev. David Swann.

Faith Christian has grown in recent years into one of Clovis' biggest congregations, and the Y2Kraze received a \$15,000 donation from Allsup's Convenience Stores.

Farmers pitch in to help

In an overwhelming show of support from a rural community, more than 100 farmers came together in the Whitharral area of Lamb County to harvest crops belonging to one of their own who recently died in a motorcycle accident.

The group reportedly harvested about 1,000 acres of crops belonging to Frank Dobrovoly, who had been a resident of Whitharral since 1978.

His two children are college students and his widow, Linda, is the Whitharral school librarian.

Clovis gets new police chief

Raymond Mondragón, a police officer in Clovis since 1977 and the department's acting chief for the past three months, was appointed chief last Friday.

Former Police Chief Harry Boden is suing the city, claiming City Manager Rodger Bennett and Mayor David Lansford conspired to violate his rights.

Bennett announced last summer that Boden had resigned; Boden said he didn't.

Olton Holiday Home Tour set

The Olton Chamber of Commerce and Agriculture is sponsoring a Holiday Home Tour from 2 p.m. to 4 p.m. Dec. 5.

The cost will be \$5 per person, with proceeds going toward the indebtedness on restrooms at Pavilion Park. Participants are being asked to pick up their tickets at the Wild Plum, 708 Main in Olton.

Homes to be featured include those of Harlan and Cheryl Carson, Mark and Cynthia Gunter, Royce and Mary Collins, Charles and Wanda Martin and Sandhills Village Assisted Living.

The deadline for items to appear in *Around the Area* is 5 p.m. Monday for Thursday's edition and 5 p.m. Thursday for Sunday's edition. Items may be brought to the office at 304 W. Second, mailed to P.O. Box 449, called in to 272-4536 or faxed to 272-3567.

Various projects to be featured

Information on making a wedding gown and decorating with stencils and paint will be featured on "Creative Living" Nov. 30 at 1 p.m. and Dec. 4 at 3 p.m. (All times are Central.)

Karen Howland, a custom bridal designer from Loveland, Ohio, will talk about what it takes to create that perfect wedding gown. She will also show how to make a simple bridal purse that's easy enough for anyone to make.

Tracia Ledford of Orlando, Fla., will show how to create a bath ensemble using a trio of stencils and air-dry paint.

Gift wrapping and furniture refinishing will be topics Nov. 30 at 10:30 p.m. and Dec. 2 at 1 p.m.

Ellie Schneider Jones of Chester, N.J., will show how to turn ordinary packages into works of art using wrapping paper, ribbons, stamps and other household materials. Bruce Johnson of Asheville, N.C., will show how old wooden furniture can be transformed into valuable antiques.

Viewers can request copies of materials by sending a first-class stamp for each handout requested, along with name, address and booklets requested, to "Creative Living" Requests, c/o KENW-TV, 52 Broadcast Center, Portales 88130.

Test for female retardation available

SPECIAL TO THE JOURNAL

HOUSTON — A genetic test for Rett syndrome has been developed at Baylor College of Medicine in Houston.

Rett syndrome is one of the most common forms of mental retardation in females. Girls with the disorder appear to develop normally until 6 to 18 months.

They enter a period of regression, losing acquired speech and hand skills, and develop seizures, repetitive hand-wringing or hand-washing movements, irregular breathing and motor-control problems.

Scientists at the Baylor DNA Diagnostic Laboratory developed the test after a team of Baylor researchers announced their discovery of the defective gene that causes the condition, a neuro-developmental disorder.

"Using a blood sample from someone suspected of having Rett syndrome, we can analyze the MECP2 gene on the X chromosome for the mutation that causes the disorder," said Dr. Benjamin Roa, acting director of the Baylor DNA Diagnostic Laboratory.

The presence of the mutation can confirm diagnosis of Rett syndrome. Blood samples from other family members can be screened for the mutation, but it is rare that the disorder is inherited because the mutation occurs at random.

The test requires an analysis of the entire MECP2 gene, a lengthy process that can take up to a month

before results are available, Roa said.

Current treatment for Rett syndrome is limited to physical, occupational and speech therapy to improve motor skills, medication to control seizures, and special diets to maintain adequate weight and meet nutritional needs.

Now that the genetic cause of Rett syndrome is known, researchers are looking for better treatments and possible ways to prevent the disorder, which affects

about one in 10,000 females.

Males with the Rett-related mutation on the X chromosome usually die before or shortly after birth because unlike females, they have only one X chromosome.

Dr. Huda Y. Zoghbi and colleagues discovered the genetic cause of Rett syndrome. Zoghbi is a Baylor professor of pediatrics, molecular and human genetics, neurology and neuroscience, and a Howard Hughes Medical Institute investigator.

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Make your purchases with these participating businesses and get a chance to win \$1,000 in Muleshoe's Mad Money (with every \$25 spent, every \$10 spent at participating restaurants) or a \$50 Gift Certificate from a participating merchant!

<p>Joe's Boot Shop Sheree's Attic Williams Athletics Antiques and Fine Things James Crane Tire Co. United Supermarkets Dairy Queen Leal's Muleshoe Art Loft</p>	<p>Carolyn's Christmas Creations Beall's McDonald's Fry & Cox Muleshoe Feed Barn Harvey Bass Appliance Do All Family Enterprises Lowe's Marketplace Pizza Hut</p>
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Holiday Madness hours and specials vary with each business! Ask these local merchants for details. Muleshoe's Mad Money can be spent at any business participating in Holiday Madness 1999.

Deals that sound as good as they look.



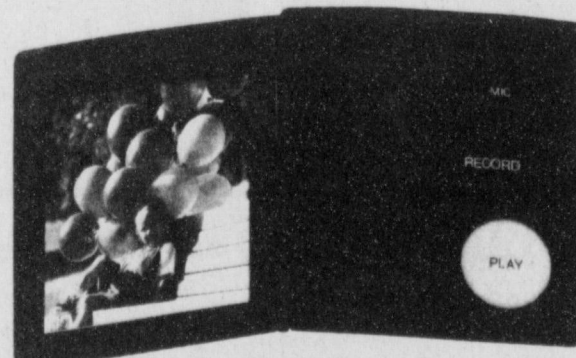
Portable CD Player.
Super Anti-Shock to resist bumps and swings. Extended Bass to enhance them.
SALE **49⁹⁹**
#42-5097 Reg. 69.99
Add 2 "AA" batteries



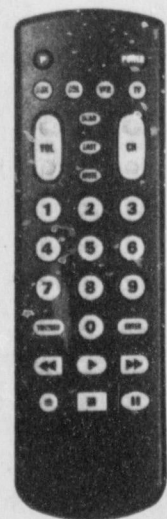
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Automatically picks the clearest channel, so all you have to do is pick the color.
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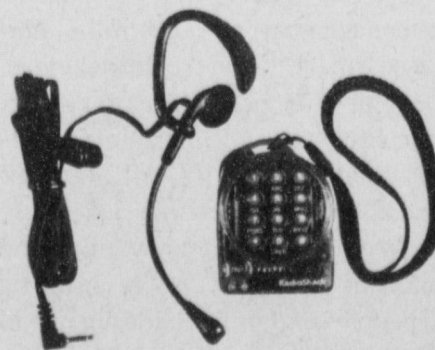
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An instrument of leadership

Muleshoe High School drum major Leisha Wallace directs the band at a sendoff for the Mules on Friday. The Mules may have been upset by the Lamesa Golden Tornadoes in the regional playoff, but the band displayed spirit throughout the football season, and Mighty "M" Marching Band is now preparing for concert season.

Journal photo: Beatrice Morin

Advance game plan helps tackle family's unhealthy holiday habits

SPECIAL TO THE JOURNAL

HOUSTON — If Thanksgiving kicks off non-stop noshing and sports-channel surfing at your house, you might want to call a pre-season time-out.

"Families who engage in too little exercise and too many high-calorie snacks are setting their kids up to become overweight, sedentary adults prone to cardiovascular disease, diabetes and hypertension," said Becky Gorham, research dietitian with the USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine in Houston.

To help parents develop a strong defense against these unhealthy habits, Gorham offers these tips:

- Call interference on excessive television, video and computer time that keep kids inactive. Hold a team meeting to negotiate sitting-time lim-

its.

- Break up boredom by sending kids outside to play, helping them make holiday gifts, cards and wrapping paper, or inviting them into the kitchen to help prepare meals.

- Negotiate trade-offs involving free-time activities. Trade participation in family touch football games, 20-minute walks or other physical activities for extra time to view those must-see football games.

- Build "team spirit" by asking the kids to help plan holiday activities, decorate the yard or prepare homemade gifts. Take turns being the "tour guide" for after-dinner walks past neighborhood holiday displays. Plan a family weekend tree-cutting excursion, get kids involved in organizing a neighborhood turkey trot or jingle bell run, lead a canned-food drive or host a holiday skating party.

Stock up on nutritious snacks such as air-popped popcorn, whole-wheat crackers, low-fat cheeses, flavored hummus dips, small bottles of water, low-fat ranch-style dip, ready-to-eat vegetables, homemade cereal and nut mixes, dried and canned fruit, peanut butter and fresh vegetables.

Stick to a game plan of balance and moderation for family meals and activities. Kids and their parents need to maintain some routine and structure, especially during the busy holiday season.

"Parents can't expect a couch-potato kid to miraculously grow up to be a healthy, active adult. But, by setting a good example, tackling unhealthy eating patterns and encouraging physical activities every day, parents can help kids develop habits that are likely to stay with them as they grown," Gorham said.

Local insurance agent recognized by professional group

Kenneth R. Henry of Henry Insurance Agency Inc. of Muleshoe recently was recognized for professional leadership and advanced knowledge by the Society of Certified Insurance Counselors, a leading national insurance professional organization.

Henry was awarded a certificate marking more than twenty-five years of participation as a designated CIC, which requires annual completion of advanced education and training.

"Mr. Henry's ongoing allegiance and support of the CIC program is a testament to the value he places on 'real world' education and customer satisfaction," cited Dr. William T. Hold, president of the Society of CIC.

The 30-year-old program is recognized as the premier continuing education program for insurance professionals, with programs offered in all 50 states and Puerto Rico.

Headquartered in Austin, the society is a not-for-profit organization and the founding program of the National Alliance for Insurance Education and Research.

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Sunday: Noon to 5 P.M.

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Holiday Madness begins Friday!
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Over 2000 to Choose From Including ALL Carhartt & Walls

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KINDER STEPS STUDENTS OF THE MONTH

November students of the month at Kinder Steps Headstart are Miranda Rae Garza and Amy Bradshaw.

Miranda is the 3-year-old daughter of Victoria Garza, and her teacher is Becky Quesada.

Amy is the 5-year-old daughter of William and Amy Bradshaw, and her teacher is Nina Agundis.

Students of the month are selected based on how quickly they progress in such activities as counting, col-



Garza



Bradshaw

ors and fine motor skills. The program, located at 224

W. Avenue H, accepts children ages 3 to 5.

Website focuses on managing pain in children

SPECIAL TO THE JOURNAL

HOUSTON — Pain in children is often undertreated because of unwarranted fears of side effects and myths about the effects of pain on youngsters.

"Pediatric pain is still undermanaged. Even today, there is a hesitancy to treat young people for pain. A lot of misconceptions exist," said Dr. Marilyn Hockenberry-Eaton, an associate professor of pediatric hematology and oncology at Baylor College of Medicine.

A new Texas Children's Cancer Center website — www.childcancerpain.org — addresses those myths, as well as provides educational information to caregivers on effective pain management in children.

"Cancer Pain Management in Children" is a project funded by the Texas Cancer Council. It includes the website along with a booklet of information that is

available to professionals who treat young cancer patients.

Though the website is designed for cancer patient care-givers, it provides information useful to all health professionals and to parents.

A glossary of terms associated with pain management, as well as pain assessment tools and pharmacological strategies, are all part of the site.

"We've tried to make it state-of-the-art information about a difficult subject. We didn't want it to be this technical, frightening website that people wouldn't want to touch," she said.

Hockenberry-Eaton said misconceptions about pain in children continue to keep them from getting adequate medication.

Some of the myths explored on the website include:

- Young infants do not feel pain. Studies have shown that a

newborn can experience pain.

- Children easily become addicted to narcotics. There is no greater risk of addiction in children than in adults when medication is appropriately administered.

- Children tolerate pain better than adults do. Younger children experience higher levels of pain during procedures than older children do.

- Children are unable to tell you where they hurt. Though they might not express themselves in the same way as adults, children can identify pain.

- Children become accustomed to pain or painful procedures. Children exposed to repeated painful procedures often have increased anxiety and perception of pain with each procedure.

The content of the website was developed by Hockenberry-Eaton and four other authors.



Kids of all heights

Selected as super kids for November at Dillman Elementary School are (at top, from left) Miguel Quintanilla, kindergarten; Brittany Crandell, first grade; Steven Richards, second grade; Sylvester Daniel, first grade; and Melissa Mendoza, second grade. Holding up the base is pre-kindergartner Eric Villescias; not shown is pre-kindergartner Alexa Fuentes.

Healthy diet requires some cholesterol

(This is the third in a series of columns on diabetes written by Bailey County Extension Agent Gail Gladden.)

Cholesterol, a form of fat found in the blood, plays an important role in your health.

Your body needs some cholesterol to stay healthy. Too much cholesterol in your blood, however, can be dangerous and may cause health problems.

Over time, cholesterol builds up on the walls of your blood vessels and blocks the flow of blood to important organs. These clogged vessels may cause heart disease and strokes.

People with diabetes are more likely to get heart disease because they often have higher levels of cholesterol.

Your food choices can make a difference. When you follow a diabetes meal plan, you are already limiting the number of calories and the amount of fatty food you eat.

This type of meal plan allows you to reduce both blood sugar and cholesterol levels at the same time.

It is important to have your blood cholesterol tested. If your total cholesterol is high or borderline high, your doctor may want you to have a test to check different kinds of cholesterol.

You have heard of two kinds

Emergency farm loans available

Farms in Bailey County are eligible to apply for emergency farm loans to cover part of actual production losses resulting from flooding, hail and wind damage.

Applications are being accepted at the Farm Service Agency office, 111 E. Avenue D in Muleshoe, according to Joyce M. Thompson, manager.

Thompson said farmers may be eligible for loans of up to 80 percent of their actual losses or the operating loan needed to continue in business or \$500,000, whichever is less.

For farmers unable to obtain credit from private commercial lenders, the interest rate is 3.75 percent.

"As a general rule, a farmer must have suffered at least a 30 percent loss of production to be eligible for an FSA emergency loan," Thompson said.

Also, farmers participating in the Federal Crop Insurance program will have to figure in proceeds from those programs in determining their loss.

Applications under this latest designation will be accepted until July 3, but farmers are encouraged to apply as soon as possible.

of cholesterol: HDL and LDL.

HDL (high-density lipoprotein) or "good" cholesterol protects the body from getting heart disease.

LDL (low-density lipoprotein) or "bad" cholesterol builds up on blood-vessel walls and blocks the flow of blood. LDL cholesterol causes heart disease and strokes.

Cholesterol is found in animal foods, but not in plant foods. We get most of our cholesterol from such foods as egg yolks, meats and poultry, high-fat baked goods, and high-fat dairy products (whole milk, butter, cream, hard cheeses).

Foods which come from plants (fruits, vegetables, grains, cereals, seeds) contain no cholesterol. Include these foods as part of your regular meal plan.

Most plant oils are good choices. For example, corn, sunflower, safflower, cottonseed, soybean, canola and olive oil are great. But avoid coconut, palm and palm kernel oils; these oils

can raise your blood cholesterol level the same way animal fats can.

Eat more foods high in fiber. Fiber, sometimes called roughage, helps to remove some cholesterol and fat from the body. Try to eat one or two servings of food high in fiber at each meal.

Fiber is found in most grains, fruits, vegetables and dried peas and beans. Cook in a healthy way to reduce the fat in your diet.

Try boiling, baking, broiling, steaming, stir-frying in a small amount of oil, or microwaving food instead of frying. Season foods with herbs and spices instead of sauces, gravy, butter or margarine.

Being more active and losing weight can also help control your blood cholesterol. Information to help you choose foods low in fat and cholesterol, foods high in fiber, how to prepare foods, or weight maintenance is all available by contacting the local Extension office at 272-4583.

High Plain Chorale to present *Messiah*

The High Plains Chorale is scheduled to present the Christmas portion of George Frederick Handel's oratorio *Messiah* at 7:30 p.m. (Mountain time) in the Clovis Community College Town Hall.

A reception for audience members and musicians will be held in the facility's foyer just after the performance.

The chorale is an ensemble of college students and area singers.

Soloists will include Rocky Smith, tenor, and Leslie Peña, soprano. Ferrell Roberts will be the accompanist, and Christy Mendoza of the college's faculty will present further narration from the Scriptures.

Christmas carol arrangements by Robert Shaw and Alice Parker, as well as "Three Marian Motets" by Sir Edward Elgar, also are scheduled to be performed.

Students may participate in the chorale for college credit

(MUS 106) and community members may sign up for the chorale as a non-credit community service class.

Rehearsals will resume on Thursdays from 6:45 p.m. to 9

p.m. (Mountain time) at the beginning of the spring semester.

More information on either the chorale or the upcoming performance is available by calling (505) 769-4114.

Big SALE

Friday, Nov. 26 Holiday Madness
Noon to 10 p.m.
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Upcoming Madness Dates:
Sat., Dec. 4
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20X	\$425-\$440	\$200
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Employee of the month

Gathered recently to honor Joe Ann Puckett as the Muleshoe Chamber of Commerce's employee of the month are (from left) Joe Flores, Lavon Hunt, Sheila Stevenson, Susie Sowder, Sheree Hunt, Puckett, Chamber Manager Pam McCaul, Kim Shafer and (in front) Annie Shafer. Puckett is employed in Dr. Bruce Purdy's office.

OBITUARIES

VICENTE ARTEAGA SR.

Services were held Tuesday at St. Ann's Catholic Church in Morton for Vicente "Slim" Arteaga Sr., 76, of Morton. The Rev. Ricardo Salditos officiated. Burial was in Morton Memorial Cemetery.

Ellis Funeral Home handled arrangements.

Mr. Arteaga was born July 19, 1923, in Edinburg. He died Saturday at home.

He moved to Morton from Edinburg in 1947 and married

Dominga Sabala in Morton on Dec. 3, 1947.

He was a general laborer and a member of St. Ann's Catholic Church.

He is survived by four sons, Amado Arteaga of Sweetwater, Vicente Arteaga Jr. of Morton, Gilbert Arteaga of Tyler and Valentino Arteaga of Little Elm, Texas; seven daughters, Susan Ramón, Teresa Arteaga, Ceceia Rodríguez and Mary Ann Arteaga, all of Morton, Carolina Morin and Delia

Arteaga, both of Lubbock, and Estefana Mendoza of Hereford; a sister, Isidra Rocha of Edinburg; a brother, Max Arteaga of Edinburg; 13 grandchildren; and four great-grandchildren.

He was preceded in death by a daughter, Trina Tores, on Aug. 25, 1986.

Pallbearers were Amado Arteaga, Vicente Arteaga Jr., Gilbert Arteaga, Valentino Arteaga, Geno Cavezuela and Santino Arteaga.

WILDLIFE REFUGE NEWS

By DON CLAPP

Muleshoe Wildlife Refuge

It is sure quiet around the Muleshoe National Wildlife Refuge now, except for the occasional calls from the sandhill cranes flying overhead.

Quiet compared to all the activity that took place on the refuge during the first Crane Fest ever, held Nov. 6.

It all began when a group of citizens in Muleshoe came up with the idea to promote the refuge along with the city of Muleshoe by having the event every fall.

After several meetings, contacts with local merchants, interested parties, and area newspapers and radio stations, plans began to fall in place.

We decided to begin small with

an early-morning crane viewing at the refuge lakes, followed by a breakfast, exhibits at the refuge headquarters and visitor center, followed by evening crane viewing at the lakes with sack lunches available.

A sidewalk art exhibit and contest was also held on Muleshoe's Main Street during the day.

I actually expected a much smaller crowd than the large number that attended. There were

people from Clovis, Amarillo, Lubbock and many towns in between. Even a few people traveling through from out-of-state joined the festivities.

On behalf of the refuge and the U.S. Fish and Wildlife Service, I want to express thanks to all of those who helped make this event the success it was by volunteering, contributing and attending.

I am sure we will be planning another Crane Fest for next year.

KENW-TV

Public Television

Norman Rockwell: Painting America

In a simple room, generations gather for a bountiful Thanksgiving feast. In a dimly lit bedroom, a mother and father tuck their child safely into bed. At a town meeting, a man stands tall and proud among his neighbors. In a crowd, every head is bent in fervent prayer.

This is Norman Rockwell's America as depicted in his famous "Four Freedoms" series. Although his vast body of work has often been dismissed or stereotyped, Rockwell remains one of 20th-century America's most enduring and popular artists.

Norman Rockwell: Painting America, a 90-minute American Masters special, profiles the man the *New York Times* called "the most American artist of them all." The special explores Rockwell's prolific career, from the days of horse-drawn carriages to the giant leap that landed mankind on the moon. With history in the making all around him, Rockwell chose to fill his canvases with the small details and nuances of ordinary people in everyday life. Much of the special was filmed at the Norman Rockwell Museum in Stockbridge, Massachusetts, where the artist lived and worked.

Early on, Rockwell found his niche in advertising. Fresh from the Art Students League in New York City, he began his career as an illustrator for such publications as *Boys Life* magazine. By 1916 he had created his first of many *Saturday Evening Post* covers. Later, his work appeared in *Ladies' Home Journal*, *McCall's*, *Literary Digest*, *Life*, and *Look*.

In an era of abstract expressionism, Rockwell never achieved the stature of contemporaries like Jackson Pollock in his lifetime. But, as Norman Rockwell reveals, his familiar images have found a permanent place in the American psyche.

Norman Rockwell: Painting America will be broadcast Wednesday, November 24th at 8:00 p.m. It repeats Sunday, November 28th at 11:30 p.m. on KENW-TV.

No Missing Link

Monday, 22nd, 10:00 p.m.

An old Eskimo folk tale tells how old people were once led out onto ice floes to die. In the contemporary cultures of the Western world, we send our grandparents off to retirement homes - away from their families. Does "old" really mean "useless"? Have we forgotten how important a contribution grandparents make to our lives? Are we denying ourselves all that they can offer? As a grandmother, Dr. Ruth Westheimer is concerned about these questions. In NO MISSING LINK, American's favorite family therapist seeks some answers. She takes viewers on a fascinating journey from New York to Russia and Uzbekistan and back again, taking a closer look at the older generation and its role in our families, societies, and nations.

Channel 3 Television from Eastern New Mexico University, Portales, New Mexico

New Tests may simplify evaluation for bladder cancer

SPECIAL TO THE JOURNAL
HOUSTON — New tests for bladder cancer may lead to improved diagnosis of the disease, which is completely curable when discovered in its early stages.

Dr. Seth Lerner, an assistant professor of urology at Baylor College of Medicine, said three urine sample tests have been approved by the Food and Drug Administration for use in the detection of bladder cancer.

"The new tests are more sensitive for cancer than the standard urine test that looks for cancer cells under a microscope," he said.

Lerner said two of the new tests were to be part of a screening program this week during National Bladder Health Week

at the Urology Institute at The Methodist Hospital.

More than 50,000 new cases of bladder cancer are diagnosed each year. Men are three times more likely than women to develop the disease.

Individuals most at risk are cigarettes smokers and those who have been exposed to certain organic chemicals in the workplace. Long-range studies have determined that exposure to these chemicals, also called aromatic amines, might result in bladder cancer 20 to 25 years later.

Urologists are frequently first consulted because of blood in the urine. Although the presence of blood is often seen in bladder cancer, it also is a symptom of many benign or non-cancerous conditions.

The standard evaluation for bladder cancer includes a cystoscopy, in which a thin telescope-like instrument is inserted into the urethra and passed into the bladder to examine the lining. A tissue sample can be removed during this procedure for a biopsy.

"These new tests using urine samples might be able to reduce the need for cystoscopy, which is an invasive procedure," Lerner said.

Studies also show that the new tests have increased sensitivity for detecting cancer.

"We're going to see if these tests are more helpful than the current testing. Urologists are gaining good information that may change the way bladder cancer is diagnosed in the future," he said.

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Reg: 145⁰⁰ - Sale: 100⁰⁰
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Tony-Lama Calf Justin Chukka Shoes
Reg: 159⁰⁰ - Sale: 110⁰⁰
85⁰⁰

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(Friday, Saturday & Sunday)
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Reg: 38⁰⁰ SALE 29⁹⁸

Men's Knit Polo Shirts
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On to bigger and better things

Jo Mayhugh (left), retiring as business manager of the Muleshoe Independent School District, visits with Ganeen White and Kerry Wright during last Friday's reception honoring Mayhugh in the district's administrative offices.

Children falling victim to diabetes

SPECIAL TO THE JOURNAL

Lauren Trinkhaus is like most other youngsters. But unlike many of her friends, she must check her blood-sugar level four times a day because she has diabetes.

"You have to eat different stuff like carbohydrates and you have to take insulin shots," she said. "But the shots don't really hurt very much."

The youngster has Type 1 diabetes, which occurs when the body does not produce insulin, a hormone that allows blood sugar to enter the cells of the body and be used for energy. To control Type 1 diabetes, insulin must be regularly injected.

Type 2 diabetes occurs when the body does not effectively use or produce enough insulin and can often be controlled with diet and exercise. Most diabetics have Type 2 diabetes; only 5 to 10 percent have Type 1.

Diabetes is often silent and can be deadly. Of about 1.6 million Texans — 12 percent of the population — who have diabetes, 680,000 have it and don't know it.

In recent years, doctors have noted an alarming trend. As more

youngsters have become less physically active and gained weight, the number of children with Type 2 diabetes has increased.

Type 2 is linked to obesity and usually occurs in those age 45 and older, but a study of schoolchildren in Cincinnati showed that over a 12 year period, the number of children who had Type 2 diabetes increased by 12 percent.

Most children who developed diabetes did so between the ages of 10 and 14, researchers said.

Overweight youngsters are more likely to develop Type 2 diabetes, and doctors are concerned about the increase in the number of children with weight problems over the past two decades.

"Only about 4 percent of the kids back in the late '60s early '70s were considered obese," said Dr. Phil Huang, chief of the Texas Department of Health's Bureau of Disease and Injury Prevention.

"Some studies now show that it's up to 10 percent," he said.

This lack of physical activity and poor diet play a big role in causing preventable illnesses.

Diabetes can lead to severely debilitating or fatal complica-

tions such as blindness, kidney and heart disease, stroke and amputations of toes or other parts of the feet or legs. Diabetes can be managed.

Getting an early and correct diagnosis is the key. Those who are chronically thirsty, urinate frequently or have unexplained weight loss should have a diabetes checkup.

Those who may be at risk for diabetes may have some or all of these risk factors:

- African American, Hispanic, Native American or Asian American ethnic background;
- Family history of diabetes;
- High or low blood sugar;
- Obesity (more than 20 percent above ideal weight);
- Limited physical exercise;
- Age 45 or older; and

Once diabetes is diagnosed, keys to controlling the disease and staying healthy include:

- Eating healthy and taking medication as prescribed;
- Monitoring blood-sugar levels and keeping a daily log;
- Exercising for 20 minutes most days of the week and losing weight;
- Living a healthy life-style (reduce stress, get adequate sleep and avoid smoking and excessive alcohol);

PUBLIC RECORD

MULESHOE POLICE

Nov. 8
Audra Leigh Kapavik, warrant from Hood County.

Nov. 9
Jose Castillos, public intoxication.

Ivan Ayala, public intoxication.

Nov. 10
Reynaldo Costilla, driving while license suspended.

Nov. 11
Maria Juana Arredondo, public intoxication.

Nov. 12
John A. Mendoza, class A assault.

Toby Lee Martínez, possession of marijuana with intent to deliver.

James Cody Sullivan, possession of marijuana with intent to deliver.

Nov. 13
Rudy Garza, no driver's license, no insurance.

Jesús José Flores, public intoxication.

Nov. 15
Enrique Estrada, theft.

Toby Lee Martinez, city warrant, speeding.

SHERIFF'S OFFICE

Nov. 2
Cynthia Ann Reyna, bond forfeiture, forgery.

Nov. 12
Michael Smith, motion to revoke (Wise County warrant).

Nov. 13
Magdaleno M. Pérez Jr., motion to revoke (Bailey County warrant).

Nov. 14
Pedro Castillo Nuñez, DWI (third).

STATE POLICE
Nov. 13
Heath Carmichael, DWI (first).

STATE POLICE
Nov. 12
Teresa Hood, warrant, no insurance.

DO ALL FAMILY ENTERPRISES

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50th Anniversary Celebration
Rev. & Mrs. Joe Stone

Rev. & Mrs. Joe Stone of San Angelo will celebrate their 50th Wedding Anniversary with their family on November 26, 1999 from 6 p.m. to 8 p.m. at the First Assembly of God church in San Angelo. They are the parents of Gary Stone of Mountain Home, Arkansas and Jack Stone, pastor of the First Assembly of God church here in Muleshoe. The couple has six grandchildren and three great grandchildren. Rev. and Mrs. Stone are the former pastors of the First Assembly church in Muleshoe. Rev. and Mrs. Stone were united in marriage on December 24, 1949.

Holiday Madness begins Nov. 26!

HOSPITAL NOTES

Muleshoe Area Medical Center reported the following patient load:

Oct. 12 — Barbara Beall, Cornelius W. Bradshaw, Carolyn Coffman, Ray Galván, Helen V. Hulcy, Birdie Warren and Otilie Wisian.

Oct. 13 — Cornelius W. Bradshaw, Bernard Phelps, Joy Radford, Helen V. Tinskey, Birdie Warren and Otilie Wisian.

Oct. 14 — Cornelius W. Bradshaw, Bernard Phelps, Joy Radford, Helen V. Tinskey, Birdie Warren and Otilie Wisian.

Oct. 15 — Cornelius W. Bradshaw, Joy Radford, Helen V. Tinskey, Birdie Warren and Otilie Wisian.

Oct. 16 — Cornelius W. Bradshaw, Connie Jones, Joy Radford, Helen V. Tinskey, Birdie Warren and Otilie Wisian.

Oct. 17 — Cornelius W. Bradshaw, Stephen Domínguez, Harriett E. Ellington, Kei D. Inman, Connie James, Dinah Johnson, Joy Radford, Mary J. St. Clair and Helen V. Tinskey.

Oct. 18 — Filemon Antillón, Cornelius W. Bradshaw, Stephen Domínguez, Harriett E. Ellington, Keri D. Inman, Dinah Johnson, Justin L. López, Mary J. St. Clair and Helen V. Tinskey.

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Expert says it's never too early to start reading to young child

SPECIAL TO THE JOURNAL COLLEGE STATION — Between the covers of a book, a child can discover endless possibilities.

Jasmine Ng, an associate with the Texas Agricultural Extension Service's Partner for Parenting program, suggests it's never too soon to begin reading to a child.

Through reading, parents and care-givers not only provide loving interaction for children, they can also expand the child's world of learning.

"Experts have suggested that reading to children should start when they are very young, as young as a few months of age," Ng said.

"Babies a few months old can look at pictures and listen to a parent's voice. Babies older than 8 months can even point at pictures in a book," she said.

There are several benefits of reading to children.

Reading, Ng says, provides opportunities for parents to bond with their children through conversation and physical proximity because most young children like to sit on laps when reading.

It also helps children to develop listening skills and build their vocabulary bank.

"Even though they might not know how to write or spell yet, they can recognize the syllables and learn the meanings of the words. Along the same line, when parents are reading with their children, they can connect the two

parts of the complex process of comprehension — listening and reading — together.

"If parents can direct their children's attention to the words while they are reading to them, they might be able to pick up the connection faster," Ng said.

Reading also introduces new concepts to children. Besides basic concepts such as letters, numbers and colors, they can learn about shapes and shadows, animals of different kinds and different cultures.

Ng considers it very important that reading can meet the emotional needs of children. "They can enjoy humor and laughter when engaged in books, and can also learn from characters in books who deal with common childhood fears."

To enjoy all the benefits of reading, parents need to choose the right kinds of books for children, she said. "Consider the child's cognitive level."

Especially for the first two years, children's books should be very stimulating. Books that allow them to feel different textures and show sharp contrast in colors are wonderful for this age group.

Ng adds that parents should use the number of sentences per page as a guide to determine whether the book is appropriate for a certain age.

"A simple rule to follow is one to two sentences per page for 2- to 3-year-olds, three to four sen-

tences per page for the 4- to 5-year-old, and five or more sentences per page for the 6- to 7-year-old."

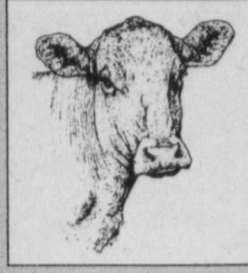
Additionally, parents can consider books that introduce children to different social circumstances, either negative and positive, Ng said.

Parents also can widen a child's learning capacity through books. "It is advised to choose books of different types," Ng added.

Above all, a parent who loves to read is the best role model for his or her child to develop a love of reading, Ng said. "By reading to them and showing them pictures in story books, parents can cultivate the love of reading in their young children or even babies."

The following are examples of the types of books:

- Picture story books: "Where the Wild Things Are" by Maurice Sendak;
- Poetry: "Something Big Has Been There" by Jack Prelutsky;
- Participation books: "The Toy Box" by Mary H. Heyward;
- Finger plays: "Games for the Very Young" by Elizabeth Matterson;
- ABCs and counting books: "Bicycle Race" by Donald Crews;
- Concept and informational books: "Shadows and Reflection" by Tana Hoban; and
- Folklore: "Jack and the Beanstalk" by Joseph Jacobs.



Muleshoe Cattle Market

SATURDAY, NOVEMBER 20, 1999

REPRESENTATIVE SALES

719 head of cattle, 179 hogs and 292 sheep and goats for a total of 1,190 animals were sold at the November 20 sale. Market steady on choice stocker and feeder cattle. Lower quality cattle 1-3 lower. Bred cows and pairs slightly lower. Packer cows steady. Remember, no sale week of Nov. 27 due to the Thanksgiving holiday. Next sale Dec. 4th.

The Muleshoe Cattle Market is brought to you each week by Muleshoe Livestock Auction, located east of Muleshoe on U.S. 84. Muleshoe Livestock conducts sales every Saturday, beginning with hogs, sheep and goats at 10 a.m. and cattle following at approximately 12 noon.

FOR INFORMATION ON SALES OR TO CONSIGN CATTLE, CALL (806) 272-4201

Seller, City	#	Type	Wt.	CWT or PH
Joel Flores, Clovis, NM	7	Hol. Strs	272 lbs.	at \$75.00
Steve Saiz, Hereford		Hol. Str	290 lbs.	at \$75.00
Uriel Sosa, Hereford		BMF Bull	295 lbs.	at \$100.00
Carl McInroe, Friona		Red Str	390 lbs.	at \$90.00
C&H Cattle, Tulia		Brang. Bull	395 lbs.	at \$95.00
C&H Cattle, Tulia		2 Mxd. Bulls	470 lbs.	at \$90.50
John C. Pearson, Levelland		Bk. Bull	445 lbs.	at \$92.00
Bill Bradley, Amherst		Red Str	480 lbs.	at \$85.00
Walter Jarnagan, Lubbock		2 Char. Bulls	583 lbs.	at \$74.00
Logan & Ashton Mason		Red Str	700 lbs.	at \$75.50
Dan Weems, Portales, NM		8 Mxd. Strs	763 lbs.	at \$78.00
Ernesto Reyna, Hart		Yell. Str	895 lbs.	at \$66.00
Javier Nuñez, Shallowater		Yell. Hfr	230 lbs.	at \$88.00
A&B Cattle, Muleshoe		Yell. Hfr	275 lbs.	at \$90.00
Uriel Sosa, Hereford		Yell. Hfr	300 lbs.	at \$83.00
Ernest Ramm, Muleshoe		Red Hfr	300 lbs.	at \$86.00
KP Farms, Lubbock		Brown Hfr	345 lbs.	at \$84.00
C&H Cattle, Tulia		4 Red Hfrs	408 lbs.	at \$82.00
C&H Cattle, Tulia		4 Red Hfrs	490 lbs.	at \$77.50
John C. Pearson, Levelland		Bk. Hfr	530 lbs.	at \$75.00
7C Cattle, Bovina		2 Red Hfrs	643 lbs.	at \$74.00
Polly Rushing, Friona		2 Red Hfrs	700 lbs.	at \$72.50
Ragan McGruty, Plains		RWF Hfr	745 lbs.	at \$74.50
Dan Weems, Portales, NM		Red Hfr	755 lbs.	at \$72.00
Paula Nix, Olton		Grey Pair		\$550.00
Carl McInroe, Friona		BWF Pair		\$520.00
FM Farms, Brownfield		Char. Cow P5		\$470.00
FM Farms, Brownfield		Jersey Cow P6		\$590.00
Alan Scott, Muleshoe		Red Cow	1090 lbs.	at \$37.25
Hall Bros., Sudan		Red Cow	1580 lbs.	at \$36.00
Diamond Y, Muleshoe		3 Bk. Cows	1353 lbs.	at \$35.00
Ernest Ramm, Muleshoe		3 Mxd. Cows	1143 lbs.	at \$33.25
A&B Cattle, Muleshoe		Char. Cow	1315 lbs.	at \$34.00
Antonio Sanchez, Hereford		Bk. Cow	1070 lbs.	at \$35.25

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 • 3-2-2 Brick Home, corner lot, wall furnace heat, Cent. Evap. Air, fenced yd., stor. bldgs., MORE!!! HL-4

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IN CONTRACT
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 • 3-1-1 Home, wall heat, DW, fenced yd., \$20's!! L-5

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 • VERY NICE 3-1-1 Brick, Heat pump, DW, nice carpets, fenced yd., MORE!!! \$30's!!! HS-1
 • NICE 3-2-1 Brick, Cent. A&H, built-ins, fenced yd., stor. bldg. \$50's!!! HS-2
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 • VERY NICE 3-1-1 Brick, Cent. A&H, stove, DW, fenced yd., MORE!!! \$38K!!! HS-4

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 • VERY NICE 4 bedrm., 2 bath, Brick Home on Hwy. 70, total elec., Geo Heat Pump, built-ins, FP, loads of storage, fenced yd., auto spkler., storage bldg. & shed, 2 acre tract. MORE!!!
 • W. of SUDAN-NICE 3-3-2 Brick Home, 5 acre tract on Hwy. 298, Cent. Air & Heat, built-ins, large Quonset Barn, MORE!!! \$95K!!!
 • 5 Acre tract on pavement close to town!
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 • EARTH - (Hite Park Add.), 3 bdrm. 2 bath!! Call for Details!!!

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It may be time to unlock aviation trust fund

I've flown the length and breadth of Texas over the past 25 years, and landed on more than one runway that left my hair standing on end.

Every one of those trips reminds me how important it is for our state to have a strong system of small- and medium-sized airports to back up our major international facilities.

And each one of those trips is a reminder of how important it is that we take every precaution and spend every dollar needed to ensure the safety of the flying public — whether in a single-engine private plane landing in Uvalde or on a 747 commercial flight touching down in Houston.

Nearly 2,000 airports in Texas are eligible for federal funding. But for several years, Texas airports and those in the rest of the country have not been getting a full share of the funds they need for optimum safety, maintenance and improvement. The money is there; it just hasn't been available.

For more than a decade, the federal Airport and Airway Trust Fund has been collected but, for the most part, unspent. General aviation pilots pay into the trust fund "at the pump" through a special federal tax on fuel, while airline passengers contribute through an excise tax on airline tickets. The sur-



CAPITOL COMMENT

KAY BAILEY HUTCHISON



U.S. SENATOR

plus is expected to total \$12 billion next year.

That situation may be about to change. Both the House and Senate have passed legislation outlining next year's aviation spending and addressing the Federal Aviation Administration's safety and air traffic control programs.

The House version of this legislation, which I favor, will unlock the trust-fund coffers and permit all taxes collected from aviation users to be spent on aviation needs.

If the House version eventually prevails, next year we can begin to provide desperately needed funding for airport and air traffic control modernization. We did this with the federal Highway Trust Fund last year, and we should do it for aviation safety as well.

The final bill will increase funding to airports across the nation for high priority safety, capacity and noise abatement improvements.

The bill would for the first time set aside funds specifically for smaller airports and more than double Airport Improvement Program grant funding available to them.

These are the smaller airports on which so many rural communities in Texas depend.

It also requires the FAA to consider the need for improving runway safety areas (runway extensions that provide a landing cushion beyond the ends of runways) and to consider requiring the installa-

tion of precision approach path indicators, which are visual guidance landing systems for runways.

Cargo aircraft will be required to have instruments that warn of impending midair collisions, the same kind of equipment already required on passenger aircraft. These and a long list of other provisions are critical in the continuing effort to enhance safety and reduce accident rates.

This legislation contains another provision that would benefit Texas: creating a program to help smaller communities attract improved air passenger service.

The aviation industry has a \$3 billion impact on Texas' economy annually. A sound air transportation system is essential to our state's — and our nation's — well-being and continued prosperity.

Runoff from lawn can be major pollution source

SPECIAL TO THE JOURNAL

CLEAR LAKE, Texas — Many Houston-area home owners do not realize their lawn-care practices might be contributing to the decay of the Galveston Bay and surrounding bayous.

Even conscientious individuals who understand environmental issues may unintentionally contribute to runoff pollution.

Now recognized as the major form of water pollution damaging southeast Texas bayous and bays, runoff pollution is storm water and the pollutants that get in it on the way to the bay.

It includes grease and oil from parking lots and garbage and pollution coming from homes and yards.

"Landscaped lawns require constant doses of fertilizers, pesticides and herbicides," said John Jacob, water-quality specialist with the Texas Agricultural Extension Service. "If those chemicals are not used completely by the lawn, they end up in the runoff and then in the bay."

Excess fertilizers in bayous and bays result in fish kills every year because of over-fertilization of the algae in the water.

Pesticides are directly toxic to aquatic wildlife and can accumulate in the food chain, sometimes ending up on the consumer's plate, Jacob continued.

Green, suburban, single-species lawns are not natural, and their maintenance can create a vicious cycle. They must be mowed and fertilized constantly to maintain that flawless appearance. More fertilizer requires more mowing.

Applying pesticides to yards disrupts the balance of ecology, thus requiring more

pesticides. "Home owners often apply 10 times the amount of pesticides to land as does the typical farmer," Jacob said. "This is not healthy for the home owner nor the bayous where the runoff goes."

So what's a home owner to do? According to Jacob, the answer is simple: Work less!

"Start by fertilizing the lawn less. Most lawns can get by with very little fertilization, often less than once a year," he explained.

Mow the lawn as high as you can, and leave the clippings on the ground.

The clippings will return nutrients to the lawn and act as fertilizer, so leave them where they can do some good. In addition, thicker lawns reduce evaporation and the lawn will require less watering. Water only when the grass starts to wilt.

"Over half of the municipal water supply in the summer is used strictly for watering lawns," Jacob added.

Apply weed and bug killers only when there is a real problem, he advised. Be sure to follow the instructions on the packaging. The philosophy that more is better is not true and can actually damage the lawn as well as contribute to runoff pollution.

Finally, the best way to reduce yard work and individual contribution to pollution is to reduce the amount of lawn in the landscape.

"Ask the nursery professional for plants that are adapted to our area, that can take both a drought and a flood every other year and still look good. Native plants, or other adapted plants, don't require the fertilizers and pesticides that lawns do, and require very little water after the first year or two."

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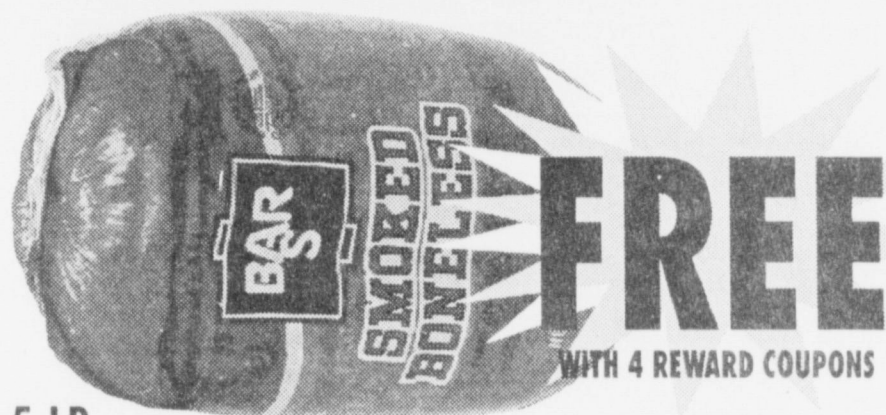


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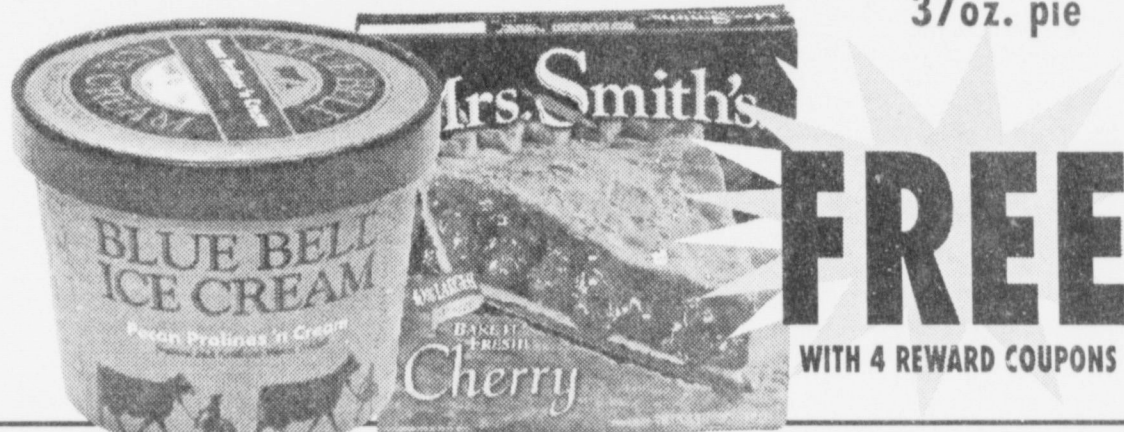
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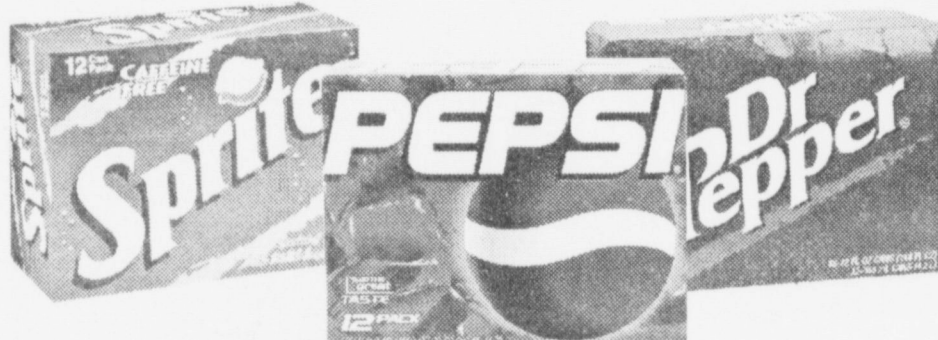
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