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## PAGE ONE

A QUICK READ OF THE NEWS

### No need to re-marry

When Georgia and Dale Beaver Jr. of Carlisle, Pa., went to the courthouse to get a license to remarry, they were told it would be impossible.

They'd forgotten something: They were already married — to each other. "They said I had to show them my final divorce decree," Georgia Beaver said. "When they showed me what one looked like, I said, 'No way. I never got anything like that.'"

As it turns out, none of their lawyers ever filed the divorce decree.

"We'll definitely stay together 'til death do us part this time," she said.

### Auto dealer makes deal

A Hartford, Conn., auto dealer is offering a new car as an incentive for perfect school attendance this year.

Tony March said last week he will give a vehicle next June to the family of one student. The car "probably" will be a Saturn worth \$14,000 to \$15,000.

Families with children in kindergarten through high school who have perfect attendance for the entire year will have their names placed in a lottery for a chance at the car.

### Man sees the world

Bill Dorsey of Clarksburg, W.Va., saw the Great Wall of China, the Himalayas and the rice fields of Taiwan — all from an airplane seat. He left Pittsburgh International Airport on Aug. 8 for a whirlwind tour of the world that lasted 61 hours and 23 minutes. He changed planes in six cities and traveled some 25,000 miles.

"I just wanted to go around the world one time," Dorsey said last week.



Drawing date: Saturday, Sept. 1  
Winning numbers: 1-7-10-17-32-51  
Estimated jackpot: \$4 million  
Winners: 0  
Next drawing: Wednesday, Sept. 5  
Estimated jackpot: \$6 million

### On this date in history

Sept. 8 — The Civil War Battle of Sabine Pass sees Dick Dowling and his men repulse U.S. troops (1863).

Also on Sept. 8 — The biggest natural disaster in U.S. history takes place as a hurricane and tidal wave hit Galveston, killing 6,000 people and causing \$40 million worth of damage.

### LOCAL WEATHER

The National Weather Service says isolated thunderstorms should return to the area this weekend and continue well into next week. Mostly sunny conditions are expected Thursday and Friday. High temperatures are expected to be about 86 except for Friday, which should reach 88. Morning lows should be in the mid-50s.

Editor Ronn Smith can be reached at 272-4536 or ctyankee@fivearea.com

Missed your paper? Call carrier Bobby Flores at 272-6719 or the Journal during business hours, 8:30 a.m.-5 p.m.

## Cotton group: Revision could hurt farmers

STAFF/SPECIAL REPORTS

LUBBOCK — The USDA Risk Management Agency is considering an update to the county transitional yields, commonly referred to as T-yields, for upland cotton.

Plains Cotton Growers officials say the change could harm the farmers already smarting the worst from recent years of drought.

The last such update (in 1997) was based

on yields for the 10 years ending in 1995, and the new calculation could hurt many farmers' whose actual production has been low in the years since 1995.

The past 10 years have been an anomaly in terms of crop losses and duration of drought conditions on the Texas High Plains and Rolling Plains.

Based on Plains Cotton Growers' understanding of current provisions, the T-yield change proposed by RMA will

impact growers in two significant areas.

First, it will impact the grower's Actual Production History calculation when 60 percent of the Z-yield is substituted for low yields or zero production incurred in disaster years.

Second, it will reduce the yield floor (80 percent of T-yield) that establishes minimum coverage levels for all producers.

see COTTON on page 2

## \$10,000 grants available from Texas Rural Best

SPECIAL TO THE JOURNAL

Texas Rural Communities Inc. is soliciting applications for innovative projects in rural communities that have been developed and implemented for the benefit of the local community or economy.

Proposals for new programs will not be considered.

Applications must be postmarked by Oct. 15; faxed or e-mailed applications will not be accepted.

The applications are for TRC's second annual \$10,000 Texas Rural Best Award.

The \$10,000 will be a one-time award to contribute to the success of the selected project.

Applications will be judged on the uniqueness of the project, significance of the problem or problems solved, length of time the project is operational, and evidence that the project may be replicated in other areas of rural Texas.

The first recipient of the Texas Rural Best Award was the Shackelford County Community Resource Center, which served as a centralized, one-stop health and service center and provided area residents with a wide variety of resources while restoring an abandoned building.

Application information is available by calling (512) 219-0468 or by visiting [www.texasrural.org](http://www.texasrural.org).



Journal photo: Beatrice Morin

### Bridging the gap

Santos Pérez, owner of Pérez Contractors of Lubbock, works on the outside of the new First Ag Credit building under construction on American Boulevard. Pérez, serving as the project superintendent for Denton Renfro Inc., said work on the building should be completed in about another month.

## Lazbuddie girls come out on top at national cheerleading event

JOURNAL STAFF REPORT

Four Lazbuddie girls brought home grand championships from a national cheerleading competition this summer.

Bethenie Sánchez and Amberlee Steinbock were named grand champions of the senior divisions after winning first place competing on the Small Senior Open Squad.

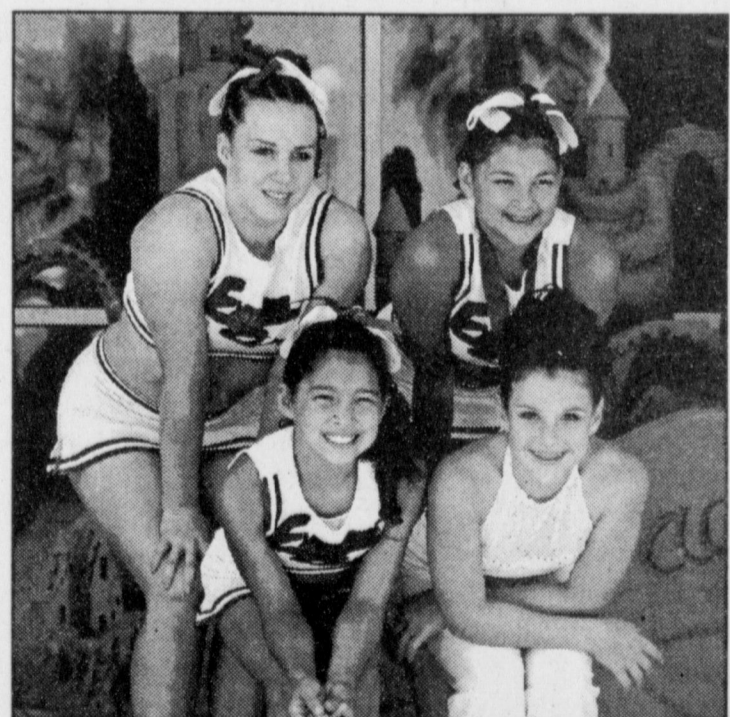
Steinbock and Brianna Sánchez became grand champions of the open divisions after winning first on the Open College Squad, a division open to all ages and both genders. They had the top score of all the teams at the competition.

The Sánchezes and Michelle Scott also competed on the Large Senior Open Squad, where they took another first place.

Steinbock also was on the junior pep squad that took first, and competed on one of the three dance teams as well as individually for best junior prep dancer.

Bethenie Sánchez placed fourth in the best senior cheerleader division, while her sister also competed for junior prep best cheerleader.

The event was held July 14-15 on South Padre Island. Extreme Cheer and Dance, the Lubbock group with which the girls participate, had eight teams competing.



Winning at the American Spirit Championship Summer Nationals were Lazbuddie cheerleaders (clockwise from top left) Michelle Scott, Bethenie Sánchez, Brianna Sánchez and Amberlee Steinbock.

## County's farmers may get retroactive crop-loss aid

JOURNAL STAFF REPORT

Farmers who did not previously qualify for benefits under the 1998 Crop Loss Disaster Assistance Program have until Sept. 14 to apply and see if they are now eligible, according to Kim Hanlin of the Farm Service Agency's Bailey County office.

Benefits under the multi-year option require that crop losses by producer identification number be verified for at least three of the five years from 1994 to 1998.

"The revised legislation gives individuals previously ineligible for multi-year program payments the opportunity to submit their application and potentially receive CLDAP benefits," Hanlin said.

Recalculation of benefits already paid under the program is not an option, he said.

Payments under the program are not to exceed \$80,000 per "person," Hanlin said.

Completed forms should be mailed to USDA Farm Service Agency, Room 3643-S, STOP 1517, 1400 Independence Ave.

SW, Washington, D.C. 20250-0517.

Envelopes bearing the application should have "Multi-year Revised Eligibility Determination Request" marked on the front "legibly and boldly."

Applications near the deadline will be accepted by fax to (202) 720-4941 and must have the identifying words (see above) written on the cover sheet.

More information is available by calling the local office at 272-4538 or visiting [www.fsa.usda.gov](http://www.fsa.usda.gov) on the Internet.

## AROUND MULESHOE

### Mules to open season with Caprock

The Muleshoe Mules begin their football season in earnest at 7:30 p.m. Thursday against Amarillo Caprock at Dick Bivins Stadium.

Tickets are on sale in the high school office at \$5 for adults and \$2 for students. They will be available at the gate for the same price.

The Mules defeated Class 4 A Caprock 14-13 last year after Caprock's kicker missed a field goal from 16 yards out with nine seconds left in the game.

Preseason picks have the Longhorns finishing sixth in an eight-team district this year.

### City's showers continue to be light

Despite heavier rains over much of the area, the showers within the city of Muleshoe have been light recently.

Weather recorder J.K. Adams reported that .18 of an inch fell Monday night after the city received only .13 of an inch from last week's showers.

No report on Tuesday afternoon's rain was available at press time.

### Lazbuddie falls to Follett Panthers

Touchdowns by four Lazbuddie players — including two by Trevor Gartin — were not enough to carry the Longhorns over highly rated Follett in a Saturday game played at Groom.

The Panthers were ranked the No. 7 six-man team in the state in *Texas Football* magazine's preseason selections.

Lazbuddie's only first-half points came when Tobin Redwine hauled in a Lucas DeLeón pass on a 24-yard play. Follett led 44-6 at the half.

Second-half touchdowns for the Longhorns came on runs of 22 yards by Kolby Wilkerson, three yards and 19 yards by Gartin, and one yard by Michael Martínez. Jake Loudder's kick was good after Gartin's second score; other extra-point attempts failed.

Lazbuddie next sees action at home at 7:30 p.m. Friday against Wilson, which is expected to finish in the bottom half of six-man District 5.

### Castroville woman wins afghan

Gina Dempsey of Castroville, Texas, won the homemade afghan raffled off by the Ladies' Auxiliary to the Muleshoe Veterans of Foreign Wars.

The drawing was held Sept. 3 at a special auxiliary meeting.

### Homecoming supper scheduled

Lazbuddie's senior class has scheduled its homecoming supper for Sept. 14 before and after the football game against Jayton.

Serving will begin at 5:30 p.m. in the school cafeteria, and the menu will include brisket, scalloped potatoes, red beans, tossed salad, homemade rolls and homemade desserts. The cost will be \$6, with a light plate available for \$4.50.

Takeouts and deliveries will be available.

### Democratic Women seek members

Texas Democratic Women — Bailey County is still seeking members. Anyone interested in membership is asked to contact Linda McGonagill at mcpatlin@fivearea.com or 272-4183.

Also, anyone interested in running for county or state office may contact McGonagill about a Sept. 8 school for candidates to be held in Austin.

The school will feature experts on filing dates, deadlines and how to win votes.

### Oklahoma Lane church sets revival

Evangelist Mark Winter is scheduled to hold a revival meeting Sept. 9-12 at the Oklahoma Lane Methodist Church.

Services are scheduled for 9 a.m. and 7 p.m. Sunday and 7:30 p.m. Monday through Wednesday. "Mark's Bible Blast Off" for children will meet at 6 p.m. Sunday and 6:30 p.m. the other nights.

Winter's One Man Show Ministries is designed to add depth to a revival, whether the one man being depicted is a biblical character, circuit rider, contemporary character or Pockets the Clown.

A dramatist and writer, Winter pens most of his own scripts. His work has appeared in *The Upper Room*, *Stand Firm*, *Christian Single*, *Living Solo* and the *Fort Worth Star-Telegram*. He also is the author of *If There Is No God*.

### Public calendar

**Sept. 7** — Three Way Independent School District Grandparents' Day, in the school cafeteria (check in at principal's office). Meal times are 11:20 a.m. for pre-kindergarten to second grade, 11:35 for third to sixth grades and 12:22 p.m. for seventh to 12th grades.

**Sept. 10** — Mammograms at Muleshoe Area Medical Center if at least 15 pre-register. Information, (800) 377-4673.

## Words can be strong under the circumstances

*Some words are to be tasted, others to be swallowed, and some few to be chewed and digested.*

— Francis Bacon

"What's the new owner like?" I asked Roger.

"When he replaced the 40-year-old plumbing in the company house, he went to the top of our list. Plus he understands cows and is learning the ranch. But he's a hard charger. He'll be flyin' down this afternoon."

For the visit, Roger had borrowed from the local car dealer a brand-new Ford 4-wheel drive, three-seater Excursion with big tires, rhinoceros paint and a bad attitude.

When John, the tycoon, arrived with Larry his sidekick, we all four loaded in the Excursion for a tour of the ranch.

The winter snows had been heavy in northeastern New Mexico. The vast meadows and juniper-covered peaks were picturesque.

The snow had melted and the ground was soaked. The ranch roads were seriously



## BAXTER BLACK

ON THE EDGE OF COMMON SENSE

muddy, and we put the Excursion to the test.

Soon the side windows were partially obscured and the windshield speckled. John seemed to enjoy each pitch and yaw.

When the smell of hot anti-freeze seeped into the cockpit, I thought maybe John would suggest we turn back — but my experience with entrepreneurial giants, C.E.O.s and middle linebackers is . . . they never turn back!

John was sort of a cross between Sir Edmund Hilary and Evel Knievel, maybe even a civilized Ted Turner, or like a Lexus with front-end loader bucket.

On we went across the ranch, whiplashing back and forth and fighting for the high ground. Roger was clinging to the wheel like Captain Ahab and John was exhorting him to stay the

course.

Larry debauched to open a gate, and we locked through like a tow boat on the Mississippi. Our post-banging fishtail trowled a layer of mud up Larry's front.

When he turned sideways, he looked like an eclipse.

We clawed to the top of the next hump and saw the county road.

"Whew," we exhaled.

"We have a flat," exhaled Roger.

the right front tire, big as a 757 jet intake, was flat on the bottom. Less than 6 inches of clearance showed between the axle and the saturated earth.

We crawled underneath and dug a hole to accommodate the 8-inch jack. In the waning 32-degree sun-down, we rotated the handle and watched the jack sink

out of sight in the soft ground without lifting the vehicle one micron.

"We need something hard and flat to put beneath the jack," John proclaimed.

There were no rocks on the treeless plain. "How strong are your words?" he asked me.

I thought he was referring to my recent display of colorful language, but he pointed to the box of my books nestled in the back seat.

It took three of my new 224-page, full-color, brilliantly illustrated hardbacks to allow the jack to raise the 3-ton Excursion high enough to apply the spare.

The books sustained considerable damage. They were transformed into the shape of a Jell-O mold and received third-degree literary lacerations, though not as severe as some of the book reviews.

"Strong words," John said as I scraped baseball-sized chunks of mud off my misshapen poetic volumes. "I'm sure glad it came out in the hardback version."

## Clovis college enrolling non-credit classes

Registration for fall adult and on-line classes and Kids' College is under way through Sept. 14 at Clovis Community College.

Registration may be done in person at the college's Info Desk from 8 a.m. (Mountain time) to 6:45 p.m. Mondays through Thursdays and from 8 a.m. to 4 p.m. Fridays.

Registration also may be done by mail, sending a

completed form that can be found on the back of the adult non-credit class schedule. The schedules are available on campus, at the Clovis/Curry County Chamber office, Clovis-Carver Public Library and the Cannon Air Force Base Education Office.

For free courses, registration can be accomplished by calling (505) 769-4199. For others, fees must be paid

at the time of registration (senior citizens get a 10 percent discount with proof of age).

Adult classes include conversational Spanish and fly-rod building.

Kids' classes include workshops in drawing and ceramics. (Early registration for kids' classes is encouraged because the classes tend to fill up early and class size is limited.)

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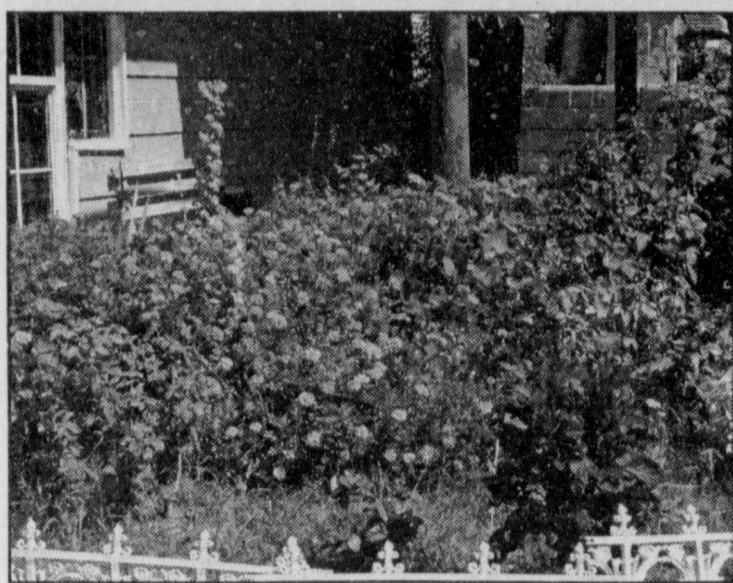
To All Our Friends & Family  
 We would like to express our heartfelt thanks for the many acts of kindness during our family's time of need. We very much appreciate all of the food, flowers, cards, letters and calls. We would also like to express our gratitude to the Bailey County Sheriff's Department and Ellis Funeral Home.  
 If there were more communities such as this, the world would be a better place in which to live.  
 Memorials may be made to:  
 The Joe Wheeler Scholarship Fund  
 c/o Bailey County Extension Office  
 306 W. 2nd, Muleshoe, TX 79347  
 or First Bank Muleshoe  
 May God Bless each and every one of you.  
 The Joe Wheeler Family

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Journal photo: Beatrice Morin

### Garden spot of the week

The Jennyslippers' garden spot of the week beginning Aug. 19 was this bed, mainly of annuals, at the home of Silvia Hernández, 314 W. Ninth St. The previous garden spot, in the yard of Jerry and Jenda Bruns, is at 1905 W. Avenue E, not Avenue C as reported.

## College students likely to gain weight along with knowledge

SPECIAL TO THE JOURNAL

Every year as students leave home for college they risk gaining the "freshman 15 percent," the beginning of a downhill slide of continued poor weight-loss behavior—contributing to the 61 percent of Americans who are overweight.

Dieting and losing weight are national obsessions, but still more than 20 percent of college students are overweight, according to the National College Youth Risk Behavior Survey done by the Centers for Disease Control and Pre-

vention.

From fraternity parties to all-you-can-eat cafeterias, college life makes it difficult to maintain healthy eating patterns.

The freshman slide begins with students who exercise their newfound freedom by eating whatever they're in the mood for—whenever they're in the mood for it.

On top of that, bland college cafeteria food begs for butter, salt and sour cream to make it more palatable.

But willpower alone is not always the solution. A

SPECIAL TO THE JOURNAL  
CANYON —West Texas A&M University and Alumni Association officials has announced plans to establish a scholarship endowment in honor of alumna Anita Thigpen Perry.

Perry, a native of Haskell, graduated from West Texas A&M in 1974 with a bachelor of science degree in nursing.

State Sen. Teel Bivins, R-Amarillo, and Don Powell, the next chairman of the Federal

Deposit Insurance Corp. and a 1963 WT graduate, will co-chair the campaign.

Lead gifts have been made by BSA Health System, Family Medicine Centers, Northwest Texas Healthcare System, David and Dealey Herndon, Panhandle Plains Student Loan Center/Panhandle Plains Higher Education Authority, PNB Financial, Clifford and Linda Kay Baker, Carroll and Cathryn Wright, Phil and Nancy

Cates and John Wright II.

The endowment, when fully funded, will support scholarships for deserving nursing students.

After getting her degree at WT and a master's degree in nursing from the University of Texas Health Sciences Center in San Antonio in 1977, Perry had a 17-year career in health care.

She and her husband, Gov. Rick Perry, will join university and com-

munity leaders at an Oct. 5 luncheon on campus to announce establishment of the Anita Thigpen Perry Nursing Excellence Endowment.

The first couple's visit will kick off West Texas A&M homecoming festivities.

Anyone wishing to make a donation or to find out more information about the endowment or the Perry visit to Canyon may contact M. Keith Brown at (806) 651-2311.

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On top of that, bland college cafeteria food begs for butter, salt and sour cream to make it more palatable.

But willpower alone is not always the solution. A

recent study published in the *Journal of the American Medical Association* found that interactive weight-loss guidance in the form of a structured behavioral approach with access to a registered dietitian helped dieters lose more weight than those who dieted without online interactive assistance and a structured program.

Nutricise.com, which offers online weight-loss assistance, suggests the following steps:

- Eat breakfast. This gets

the metabolism working first thing in the morning—especially important where "morning" is closer to afternoon. The body will have more energy and its owner will be likely to eat less later in the day.

- Don't skip meals. Many college students make the mistake of skipping meals only to be lured into someone's dorm room at 2 a.m. by the tantalizing aroma of a freshly delivered pizza. The body needs fuel throughout the day, not just at day's end.

- Grab a piece of fruit—such as an apple or a banana, and slip it into the backpack. It makes for a great healthy snack between classes.

- Try to make the dinner plate colorful by adding vegetables. The more color the vegetables have, the more vitamins they provide.

- Fill a mug with water for study periods. Water has been shown to ward off fatigue, and it will always help the skin.

- Eat smaller meals. If the longer days in maintain

your college life lead to hunger throughout the day, consider eating small meals and snacks over the course of the day instead of three large meals.

- Leave the cafeteria. Instead of lingering in the cafeteria with friends, get up and go for a walk around campus when the meal is finished. This will burn calories and still allow socializing with friends.

- Cut down on alcohol. Just because alcohol is fat-free does not mean it is low-calorie.

### Nail polish can cause problems around eyes

SPECIAL TO THE JOURNAL

Woman who notice a touch of dermatitis on their eyelids may want to pay attention to which nail polish they're wearing.

"If a woman comes in with a rash on her eyelid, one of the first things we ask is, 'Do you wear nail polish?'" said Dr. Rajani Katta, an assistant professor of dermatology at Baylor College of Medicine.

"Even a tiny speck of wet nail polish can cause a problem," he added.

Nail polish is a frequent source of eyelid dermatitis, a skin rash described as red, scaly and itchy.

Most of the time it is the result of something accidentally coming into contact with the eyelid.

Cosmetics for the eyes as well as contact lens solutions and eye drops also can cause irritation that might lead to eyelid dermatitis. The condition is often difficult to treat because it can be caused by a variety of things.

### Applications being taken for Family Land honor

SPECIAL TO THE JOURNAL

AUSTIN — The Texas Department of Agriculture is accepting applications for the 2001 Family Land Heritage Program.

The program recognizes farms and ranches that have been in continuous agricultural operation for 100 years or more by the same family.

"The wealth of Texas history that lies within the fences of these farms and ranches is truly amazing," Agriculture Commissioner Susan Combs said.

"What is even more incredible is the spirit of the early Texas settlers that still lives on today in these men and women who continue farming and ranching through the generations. We want to recognize this dedication to agriculture," she added.

Since the program started in 1974, the Family Land Heritage Program has honored 3,580 farms and ranches in 219 coun-

ties. For the first time last year, the department also recognized farms and ranches in the 150- and 200-year categories.

There were three ranches honored for 200 years and nine operations recognized for 150 years.

"Texas agriculture has endured generations, and these new categories help us honor the legacy that is passed on to our sons and daughters, grandchildren and great-grandchildren," Combs said.

Applications are available through county judges and the department. They also may be obtained at the department's website at [www.agr.state.tx.us](http://www.agr.state.tx.us) or by writing to Melissa Burns, Texas Department of Agriculture, P.O. Box 12847, Austin 78711; or by calling Burns at (512) 463-2631.

The deadline for submitting an application to the department is Nov. 15.

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# Many may want to prolong tomato season this fall

By RONN SMITH  
Editor



Unless you had the foresight to plant heat-resistant varieties of tomatoes, you probably haven't been pleased with the production you've had this year.

Suggestions in the September-October issue of *Organic Gardening* might be worth trying. The first one is to begin pruning new growth about six weeks before the expected first frost. In most of our area, that means pruning within the next couple of weeks.

Pinching out the tips of new growth will, of course, stop the plants from putting on new fruit. If you have several plants, I'd suggest pinching some now and letting others grow for awhile.

According to the magazine tip, pinching also will speed up the ripening of

fruits already on the plant. (I haven't tried this before, so I'm just reporting what the article says.)

Naturally, you could use this in conjunction with the old trick of covering the plants with an old blanket (or even a sheet) when a light frost is due. If you use anything plastic as a cover, try to make sure it doesn't touch the plants anywhere or you'll probably have frostbite wherever the two are in contact.

When the temperature is not expected to go below 40 degrees at night, it's OK to leave the covers off. If

the forecast is for 38 or colder, I'd definitely replace the covers — our weather is so unpredictable in the fall that I have learned the hard way on this.

Then, when a hard frost is expected, you can either:

- Pick all the tomatoes and take them inside, storing them so that they don't touch each other (crumpled newspaper is a good way to keep them separated) or

- Pull up the entire plant and take it into a garage or shed. Lay it on straw and then cover it with a layer of straw, and the fruits should continue ripening well into late autumn.

...

This summer's display by autumn sage (*Salvia greggii*) has been all but unbelievable. Apparently a couple of months of hot, dry weather followed by

rain showers is exactly what this little shrub needs.

I always find that autumn sage hits the spot because it puts on its best show in August and later, right when most plants (and humans) are starting to fade from the summer heat. The sage's intense reds, hot pinks and magentas seem all the more beautiful coming at that time of year.

But if you're really not into intense reds or hot pinks, there hasn't been much about autumn sage to grab your attention.

That's changing with the new introductions, both in selections from the species and in hybrids being produced with other salvias.

One that flowers in a clear pink (rather than the usual magenta-tinted pinks of autumn sage) is a *Salvia microphylla* hybrid called 'La Trinidad Pink.' I know

— that's a perfectly awful name, and I only hope the excuse is that La Trinidad is the name of a place that is being "honored" in this plant name. I'd hate to think that somebody thought it was cute to name it The Trinity in Spanish and then add "pink" in English.

Two *Salvia greggii* cultivars are that are becoming available are 'Cotton Candy' in a peach color and "Sierra San Antonio" that is possibly the most interesting of the lot: Its top petals are pink and the bottom ones are yellow.

If you want to get away from the red-pink spectrum entirely, there is a completely different hybrid (*S. greggii x jamensis*) called 'Moonlight,' with flowers in a pale yellow.

For appearance's sake, you might want to stick to one cultivar when planting

in the same bed, or at least make sure the growth habits are similar.

I used one of the recently introduced 'Furman's Red' to replace an unnamed autumn sage that died, not realizing that 'Furman's Red' has a very upright growth habit where the others I have are more horizontal.

These aren't even in the yard, and the hummingbirds don't mind the mismatch, but it's probably not the effect you'd want by your front door.

Happy planting!

Comments and questions can be directed to Garden Writer, 571 County Road 1018, Muleshoe, Texas 79347, or e-mail ronnsmith@hotmail.com.

## Certified nurse aide class on tap at South Plains College

SPECIAL TO THE JOURNAL  
LEVELLAND — A certified nurse aide course is scheduled for Sept. 10-Oct. 26 at South Plains College.

The six-week class includes classroom instruction and supervised direct patient/client care at a clinical site.

Classes will meet from 5:30 p.m. to 9:30 p.m. Mondays, Wednesdays and Thursdays in the Technical Arts Building, Room 112.

Clinical instruction is scheduled for 8 a.m. to 5 p.m. for three Saturdays at a location to be arranged.

Tuition is \$300, and the

state exam fee is \$69.75. The instructor is Barbara Brattain, L.V.N.

After completing the course, students will be re-

### Sorghum contest seeking entries

The 2001 National Grain Sorghum Yield and Management Contest is accepting entries.

Farmers who are 30 or more days away from harvest still have time to enter, said Kenneth Rose of Keyes, Okla., the contest chairman.

Entries are by calling (806) 749-3478 or e-mailing ngsp@sorghumgrowers.com.

quired to take the state's nurse aide competency exam in order to work as a nurse aide.

Students must provide

proof of immunization for MMR and Tetanus and have a current tuberculosis test.

Enrollment is limited to

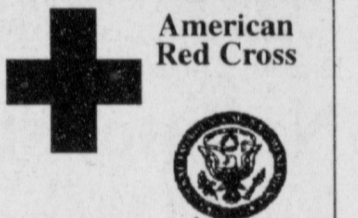
16 students.

Pre-registration or more information is available by calling (806) 894-9611, Ext. 2341.

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# Emergency Preparedness Checklist



**The next time disaster strikes, you may not have much time to act. Prepare now for a sudden emergency.**

**disaster by planning ahead. This checklist will help you get started. Discuss these ideas with your family, then prepare an emergency plan. Post the plan where everyone will see it—on the refrigerator or bulletin board.**

**For additional information about how to prepare for hazards in your community, contact your local emergency management or civil defense office and American Red Cross chapter.**

**Learn how to protect yourself and cope with**

## Emergency Checklist

### Call Your Emergency Management Office or American Red Cross Chapter

- Find out which disasters could occur in your area.
- Ask how to prepare for each disaster.
- Ask how you would be warned of an emergency.
- Learn your community's evacuation routes.
- Ask about special assistance for elderly or disabled persons.

### Also...

- Ask your workplace about emergency plans.
- Learn about emergency plans for your children's school or day care center.

### Create an Emergency Plan

- Meet with household members. Discuss with children the dangers of fire, severe weather, earthquakes and other emergencies.
- Discuss how to respond to each disaster that could occur.
- Discuss what to do about power outages and personal injuries.
- Draw a floor plan of your home. Mark two escape routes from each room.
- Learn how to turn off the water, gas and electricity at main switches.
- Post emergency telephone numbers near telephones.
- Teach children how and when to call 911, police and fire.
- Instruct household members to turn on the radio for emergency information.
- Pick one out-of-state and one local friend or relative for family members to call if separated by disaster (it is often easier to call out-of-state than within the affected area).
- Teach children how to make long distance telephone calls.
- Pick two meeting places.

- 1) A place near your home in case of a fire.
  - 2) A place outside your neighborhood in case you cannot return home after a disaster.
- Take a basic first aid and CPR class.
  - Keep family records in a water and fire-proof container.

### Prepare a Disaster Supplies Kit

Assemble supplies you might need in an evacuation. Store them in an easy-to-carry container such as a backpack or duffel bag.

### Include:

- A supply of water (one gallon per person per day). Store water in sealed, unbreakable containers. Identify the storage date and replace every six months.
- A supply of non-perishable packaged or canned food and a non-electric can opener.
- A change of clothing, rain gear and sturdy shoes.
- Blankets or sleeping bags.
- A first aid kit and prescription medications.
- An extra pair of glasses.
- A battery-powered radio, flashlight and plenty of extra batteries.
- Credit cards and cash.
- An extra set of car keys.
- A list of family physicians.
- A list of important family information; the style and serial number of medical devices such as pacemakers.
- Special items for infants, elderly or disabled family members.

**Brought to you by**  
**BAILEY COUNTY RED CROSS STEERING COMMITTEE MEMBERS:**  
Noe Anzaldúa, Lt. Otis Carpenter, Janet Claborn, Donna Kirk and Robert Montgomery.  
**AND MULESHOE JOURNAL STAFF MEMBERS:**  
Scot Stinnett, Lisa Stinnett, Ronn Smith, Leah Bell, Beatrice Morin and Yolanda Martinez.

# HOROSCOPES

SEPTEMBER 9-15 For entertainment purposes only

- Aries - March 21/April 20**  
A friendly conversation ends up causing you a lot of problems late in the week, Aries. Someone misinterprets your words and gets angry. Remain calm, and try to explain what you mean. While things will be tense for a while, everything will work out in the end. An old friend has a surprise for you. Enjoy it!
- Taurus - April 21/May 21**  
Control your temper early in the week. A business associate is trying to bait you into an argument. Don't fall for it. Just keep your mind on what you have to do, and ignore him or her. That special someone gets called out of town. While you miss him or her, don't keep calling. He or she has important things to take care of.
- Gemini - May 22/June 21**  
You have a relaxing week ahead of you, Gemini. Enjoy it. Pamper yourself, and splurge a little. Now is the time to do it, because things will get hectic very soon. A close friend has a question for you. While you may not want to answer it, you must. Just be honest, and everything will be OK.
- Cancer - June 22/July 22**  
Keep your shoulder to the wheel this week, Cancer. You have a lot to do and very little time to do it all. People are counting on you. So, don't get distracted by those around you. Loved ones have a favor to ask you. While it will be difficult, you have to say no. They're not telling you everything about their plan.
- Leo - July 23/August 23**  
Don't hold a grudge against a close friend. He or she doesn't mean to cause you any problems. Accept his or her apology. A loved one needs romantic advice. While it's not your favorite topic to discuss with him or her, be supportive and helpful. Virgo plays an important role late in the week.
- Virgo - Aug 24/Sept 22**  
Accept only the best this week, Virgo. An acquaintance tries to pull a fast one on you. Don't let him or her get away with it. That special someone has a romantic evening planned for the two of you. Enjoy it now, because things will be hectic for both of you very soon.
- Libra - Sept 23/Oct 23**  
Your working environment gets tense late in the week. Don't despair. Listen to what those around you have to say, and try to figure out what's going on. With a calm head, you can help things get back to normal. A friend takes you out on Friday. Enjoy!
- Scorpio - Oct 24/Nov 22**  
Don't wear your heart on your sleeve this week, Scorpio. The person to whom you're attracted finally responds to your advances, but don't seem too happy or eager. This is sure to scare him or her off. A loved one needs your help with a family problem. Be supportive.
- Sagittarius - Nov 23/Dec 21**  
A disagreement with a friend throws you off track early in the week. Try to stay focused on all that you have to do; don't keep thinking about the fight. The two of you will work things out before the week is through. That special someone drops by unexpectedly. He or she needs a shoulder to cry on. Be supportive.
- Capricorn - Dec 22/Jan 20**  
Don't be shy when you meet an important business figure early in the week. Get yourself noticed, and try to speak with him or her. This is the perfect opportunity to advance your career. A close friend shares a secret with you. Keep it to yourself. Pisces plays a key role on Thursday.
- Aquarius - Jan 21/Feb 18**  
You have your freedom this week, Aquarius, and you couldn't be happier. Spend time doing what you want to do, not what others tell you to do. This is your chance to focus on yourself. A loved one gives you a family heirloom. Let him or her know how much you appreciate it.
- Pisces - Feb 19/March 20**  
Laugh at everything that goes wrong early in the week. If you don't, you just may have to scream — that would only cause more problems. Do what you can to simplify your situation. Don't get discouraged, because things will get better soon.



Courtesy photo

## Support can help overweight kids

SPECIAL TO THE JOURNAL

HOUSTON — Childhood obesity is a family affair.

"If parents recognize the problem early on, they can work with the child to find ways to maintain a healthy weight," said Dr. William J. Klish, professor and head of pediatric gastroenterology at Baylor College of Medicine. "It's easier to prevent obesity than it is to treat it."

In the United States, about one in five children is overweight and the number continues to climb. Although children have fewer weight-related health problems than adults, overweight children are at risk for becoming overweight adolescents and adults.

To help children maintain a healthy weight, Klish offers these tips to parents:

- Increase your family's physical activity. Reduce the amount of time you and your family spend in sedentary activities, such as watching television or playing video or computer games.

- Exercise either early in the morning or in the late afternoon and encourage your family to do the same. Go for a walk, ride a bike or Rollerblade.

- Become more active in completing simple tasks. For example, take the stairs instead of the elevator; get up to change the television channel instead of using the remote.

- Plan meals and snacks. Make them as nutritious as possible, without depriving your child of occasional chips or cookies.

- Encourage your child to eat slowly. A child can de-

tect hunger and fullness better when eating slowly.

- Eat meals as a family. Use the time to talk and solve family problems. This not only helps family relationships, but it diverts the child's attention from eating and allows satiety to set in.

"When family members work together to eat healthier and live less sedentary lives, you not only help your overweight child, you'll build a stronger relationship as a family," Klish said.

An online brochure, "Your Child's Weight: Help Your Child With Successful Weight Management," is available at the Baylor web site, [www.bcm.tmc.edu/we\\_care/](http://www.bcm.tmc.edu/we_care/), or can be requested via mail by writing to We Care for You, Room 176B, Baylor College of Medicine, Houston 77030.

## Business of the month

Gathered to honor Viola's as the Mulshoe Chamber of Commerce business of the month for August are (from left) Mario Rodríguez, Maryann Anzaldúa, Zachary Duncan, chamber President Mark Washington, Mike Holt, chamber manager Jan Thompson and Sam Whalin.

## Extension association plans state conference

SPECIAL TO THE JOURNAL

COLLEGE STATION — A 75-year-old Texas tradition will be celebrated this year at the annual state conference of Texas Extension Education Association Inc.

The event, set for Sept. 11-13 at the Hilton Conference Center in College Station, will mark the milestone anniversary of a group founded to provide continuing education for women.

The conference will include tours of the Bush Library and Museum, Blue Bell Creamery, Antique Rose Emporium, Messina Hof Winery, Joy Pottery and the Texas A&M University campus.

Although officially begun in August 1926 as the Texas Home Demonstration Association, the group's roots go back further than that.

According to information from Kay Chastain of Emory, president of the organization, it can be linked to the work of Edna Trigg, who was appointed the first Texas home demonstration agent in 1912.

Working with farm girls and their mothers, Trigg taught the best methods of growing, preparing and canning tomatoes.

In the meantime, national legislation supporting Extension work in agriculture and home economics was before Congress.

The Smith-Lever Act, which established the Cooperative Extension Service in

1914, was accepted by the Texas Legislature in 1915. That year, Texas A&M College was authorized to administer the service in Texas, which was named Texas Agricultural Extension Service.

Maggie Wilkins Hill Barry was appointed Extension specialist in rural women's organizations in 1918, and served as liaison between Extension and women's groups in Texas. Recognizing the need for a countywide organization to meet the needs of home demonstration work, she organized a council in 1924, which led to the organization of a council in each of the nine Extension districts established at that time.

In 1926, the Texas Home Demonstration Association was formed.

By the 1970s, new clubs were forming in urban as well as rural communities. In 1979, the state organization changed its name to Texas Extension Homemakers' Association, with local clubs being called Extension Homemakers' Clubs.

In 1993, members voted to change the name to Texas Association for Family and Community Education, in line with a name change at the national level.

Last year, Texas members voted to disaffiliate from the national association, and changed its name to Texas Extension Education Association Inc.

## OBITUARY

### LEWIS DAUBERT

Services were held Sunday at the First Baptist Church of Carnegie, Okla., for Lewis Daubert, 87, of Carnegie. The Rev. Arthur Blount officiated. Burial was in Carnegie Cemetery.

Ellis Funeral Home of Mulshoe handled arrangements.

Mr. Daubert was born June 22, 1914, in Carnegie. He died Friday in Mulshoe.

He had lived most of his life in Carnegie, where he was a farmer. He married Virginia Randall on Oct. 26, 1946, in Dexter, N.M. She died Dec. 17, 1968.

Mr. Daubert is survived by three daughters, Margaret Lacy of Clovis, Donna Wilke of Tyler and Sherri Kennedy of Mulshoe; three sisters, Clara Swanda of Carnegie, Esther Permenter of Albuquerque and Pearl Goins of Carlsbad, N.M.; a brother, Johnny Daubert of Gotebo, Okla.; six grandchildren; and five great-grandchildren.

He also was preceded in death by a daughter, Mary Lou Morgan, on Aug. 14, 2001, two brothers and a sister.

The family suggests memorials to a favorite charity.

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Courtesy photo

### Employee of the month

Gathered to honor Chris Johnson as the Muleshoe Chamber of Commerce employee of the month for August are (from left) Clay Kidd, Tiffany Boehning, Sam Whalin, chamber manager Jan Thompson, Johnson, Sandy Vandevender and chamber President Mark Washington. Johnson works at Five Area Telephone Cooperative/West Plains Telecommunications.

## Careful preparation can ease career change

SPECIAL TO THE JOURNAL

The volatility of the stock market and the ongoing ripple effect of layoffs — as many as 100,000 a month — have caused many employees to ask whether it's time for a career change.

"People now frequently have at least three or four different careers over their lifetime," said Patricia A. Kapper, senior vice president of education and placement for Career Education Corp. "And many of the jobs with the greatest employment and income potential are different from the jobs their parents held," she added.

Kapper cited U.S. Department of Labor statistics that project, for example, 755,000 new information technology jobs by 2005. People with technical skills can earn at least 50 percent more than those without them.

While opportunities abound, Kapper says it's critical to assess readiness to make a career change as well as the wisdom of the choice.

Investigate careers of interest. Spend a day "shadowing" someone who is in the field being considered. This will provide a realistic picture of what the

job entails. Find out what skills or educational preparation are necessary and whether there is a credentialing or certification exam required by prospective employers.

A visit to the Bureau of Labor Statistics website (<http://stats.bls.gov>) will provide information on the long-term prospects for jobs in the chosen field. If relocation is not to be considered, check whether there are ample job opportunities for this career in the immediate area.

Investigate educational options. If more education is required, identify schools that offer the needed courses. Which schools have the best reputation in the area of interest? The reference librarian at a public library can help locate this information. Is it possible to relocate at least temporarily for education?

Know yourself. Are there transferable skills? It could reduce the amount of training needed and assure a speedier transition. For example, a teacher should have transferable skills in leadership, team-building and program implementation.

What about temperament? Task-oriented or people-oriented?

Are work habits and personality compatible with the demands of the career being investigated?

Crunch the numbers. Finances need not be overemphasized, but it's important to think about how to handle the financial changes that accompany a return to school. Consider living expenses and how much of that expense could be offset with part-time work. Explore financial-aid options available to help pay for education. Every school has a financial aid office.

Even if scholarships or grants are out of the question, there are several attractive federal student-loan programs. Unsubsidized Federal Stafford Loans are not awarded on the basis of need. The Federal PLUS (Parent Loan for Undergraduate Students) is a loan for dependent undergraduate students. It, too, is not based on need and can be awarded up to the total cost of attending the school of choice.

And don't forget to compare the cost of education to what you can expect to gain in future earnings. If jobs are plentiful and the income potential is high in the new

## Water district to mark 50th at open house

LUBBOCK — High Plains Undergrnd Water District No. 1 will observe its 50th anniversary Sept. 11 with an open house at its headquarters, 2930 Avenue Q in Lubbock.

The event is scheduled for 4 p.m. to 6:30 p.m. The public is invited.

"There are some very special activities planned for the open house," district manager Jim Conkwright said.

The district covers a 15-county area on the South Plains.

career field, the cost of an education could be the smartest investment one could make.

Get the family onboard. Regardless of age or circumstances, other people will be dramatically affected by any decision to change careers or go back to school. Discuss goals and how they might temporarily alter the family's lifestyle, finances and available time? Psychologists say people with a strong support system stand the best chance of weathering a major life change.

Finally, Kapper said, "Put aside your fears. Once you've made the best decision you can with the available information, pursue your new path wholeheartedly. You'll meet new people, learn new skills and obtain insights about yourself you otherwise might never have gained."

## YOUR ELECTED Officials

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- **U.S. SENATOR PHIL GRAMM**  
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370 Russell Building, Washington, DC., 20510—(202) 224-2934  
Lubbock Office: Federal Building, Suite 113,  
1205 Texas Ave., Lubbock, TX 79401—(806) 743-7533
- **U.S. REPRESENTATIVE LARRY COMBEST**  
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Precinct 3: Joey Kindle      Precinct 4: Jerry Damron
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City Manager: Rick L Hanna      Mayor: Victor Leal  
Council members: Cliff Black, Juan Chavez,  
Jerry Hicks, Sharon Grant
- **MULESHOE AREA HOSPITAL DISTRICT**  
708 S. First Street • 272-4524  
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President: Buck Campbell      Vice President: Mike Miller  
Secretary: Arline Phelps  
Board Members: L.T. Johnson, Paul Wilbanks
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### Muleshoe Cattle Market

SATURDAY, SEPT. 1, 2001

## REPRESENTATIVE SALES

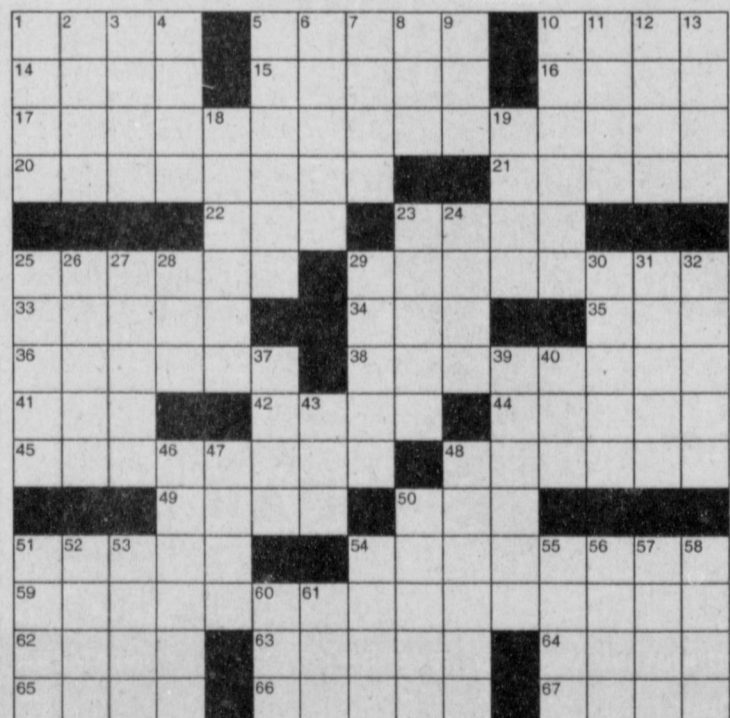
658 head of cattle, 75 hogs and 258 sheep and goats for a total of 991 animals were sold at the Sept. 1st sale. Hope everyone had a good Labor Day weekend! Receipts lower due to the holiday. Market generally steady on all classes of cattle offered.

The Muleshoe Cattle Market is brought to you each week by Muleshoe Livestock Auction, located east of Muleshoe on U.S. 84. Muleshoe Livestock conducts sales every Saturday, beginning with hogs, sheep and goats at 10 a.m. and cattle following at approximately noon.

**FOR INFORMATION ON SALES OR TO CONSIGN CATTLE, CALL (806) 272-4201**

Seller, City	#	Type	Wt.	CWT or PH
Ron Dyer, Farwell	9	Hol. Bulls	165 lbs.	at \$116.00
Jesus Soto, Hereford	4	Hol. Strs	174 lbs.	at \$115.00
Luis Flores, Muleshoe	3	Hol. Bulls	215 lbs.	at \$111.00
Bill Benham, Muleshoe		Char. Str	305 lbs.	at \$122.00
John Casey, Elida, NM	3	Blk. Bulls	260 lbs.	at \$120.00
Dan Partin, Plains		Char. Bull	355 lbs.	at \$124.00
F.G. Rowland, Anton	4	Mxd. Strs	413 lbs.	at \$110.50
F.G. Rowland, Anton	3	Red Strs	462 lbs.	at \$106.00
Marcos Lopez, Sudan		Char. Str	460 lbs.	at \$106.00
Elsie Gandy, Bledsoe		BMF Bull	300 lbs.	at \$120.00
Elsie Gandy, Bledsoe	5	Blk. Bulls	489 lbs.	at \$108.50
Conrad Delagarza, Idalou	2	Mixed Strs	503 lbs.	at \$102.50
Owen Young, Levelland	8	Mxd. Strs	575 lbs.	at \$93.25
CLM-Daniel, Farwell		Blk. Hfr	per hd. 160 lbs.	at \$250.00
Dan Partin, Plains		Char. Hfr	265 lbs.	at \$112.00
Dan Partin, Plains		Char. Hfr	360 lbs.	at \$101.00
FM Farms, Brownfield	5	Mxd. Hfrs	291 lbs.	at \$116.00
Nolan Ashton, Farwell	11	Mxd. Hfrs	434 lbs.	at \$96.00
Matt Robinson, Eunice, NM		BMF Pair		\$820.00
JR Rodriguez, Sudan		Char. Pair		\$660.00
Ricardo Salas, Littlefield		BWF Cow P7		\$570.00
Randy Johnson, Muleshoe		Red Pair		\$680.00
Dan Partin, Plains		Brown Cow	1410 lbs.	at \$44.50
Duane White, Farwell		RWF Cow	1405 lbs.	at \$43.25
L.M. Lawson, Olton	2	Blk. Cows	1313 lbs.	at \$43.75
Tommy Lewis, Morton		Blk. Cow	1225 lbs.	at \$45.25
Randy Davis, Rogers, NM		Char. Cow	1340 lbs.	at \$44.00
JimPat Claunch, Muleshoe		RWF Cow	1280 lbs.	at \$44.75

## JUST FOR FUN



- 10. Part of some contracts
- 11. Turn away
- 12. Open a lock
- 13. Laughs
- 18. Expunge
- 19. North-central Indian city
- 23. Districts (abbr.)
- 24. Phil \_\_\_\_\_, former CIA agent
- 25. Small drum
- 26. Brick
- 27. Rationale
- 28. Lasting records (abbr.)
- 29. Family unit
- 30. Coral island
- 31. Pith helmet
- 32. Petulant
- 37. Iranian
- 39. Smoothly
- 40. Small amount
- 43. Field or snow
- 46. Most unexciting
- 47. Toward the mouth
- 48. African country
- 50. Martial-art places
- 51. Afresh
- 52. Indian sacred city
- 53. Kwa
- 54. Raise an objection
- 55. Cain and \_\_\_\_\_
- 56. Type of tree
- 57. Nuclear near reach weapon (abbr.)
- 58. Promised land
- 60. Nucleotide (abbr.)
- 61. The woman

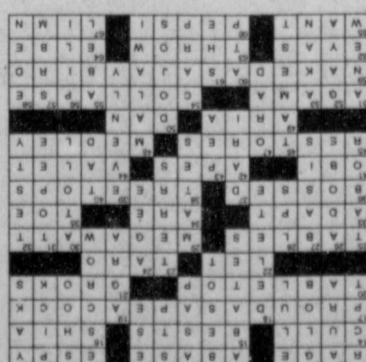
### Clues ACROSS

- 1. Anger
- 5. Degrade
- 10. Catch sight of
- 14. Collect
- 15. Outdoes
- 16. Orthodox Islam
- 17. Like a new father
- 20. Work surface
- 21. Understands through intuition (slang)
- 22. Allow
- 23. Vegetable root
- 25. Delays
- 29. Power unit
- 33. Tailor
- 34. They \_\_\_\_\_
- 35. Hoof
- 36. Ordered around
- 38. Monkeys' vantage points
- 41. Obeah
- 42. Primates
- 44. Manservant
- 45. Renew

### Clues DOWN

- 48. Mixture
- 49. Opera feature
- 50. One of 12 sons of Jacob
- 51. Old World lizard
- 54. Suffers a nervous breakdown
- 59. Like a newborn babe
- 62. Hawk
- 63. Bewilder
- 64. Czech river
- 65. Privation
- 66. Cola
- 67. Interpret
- 1. Acknowledgment (abbr.)
- 2. Light
- 3. Clod
- 4. Hebrew calendar month
- 5. Decreases
- 6. Muddle
- 7. As fast as can be done (abbr.)
- 8. Engine additive
- 9. Compass pt.

### Crossword Answers



# Just being in e-mail doesn't make everything true

**SPECIAL TO THE JOURNAL COLLEGE STATION**— Everyone who has e-mail has probably seen one. It's a new, friendly-sounding e-mail which sounds a "warning" about new consumer privacy regulations. In general, and reads like this:

"I'm sure this will benefit everyone concerned:

"Just wanted to let everyone know who hasn't already heard, the four major credit bureaus in the U.S. will be allowed, starting July 1, to release your credit info, mailing addresses, phone numbers ... to anyone who requests it. If you would like to 'opt out' of this release of info, you can call 1-888-567-8688. It only takes a couple of minutes to do, and you can take care of anyone else in the household while making only one call, you'll just need to know their social security number. Be sure to listen closely, the first opt out is only for two years, make sure you wait until they prompt you to press '3' on your keypad to opt out for good. Happy dialing!"

It may read like a friendly warning, said Nancy Granovsky, Texas Cooperative Extension family economics specialist, but it's a hoax.

"There is no way they (credit bureaus) can give out personal information to anyone who asks for it," she said.

The Federal Trade Commission gets a little more specific and warns consumers that this roaming e-mail is "full of half-truths and misinformation."

On its website (www.ftc.gov/bcp/online/pubs/alerts/optalrt.htm), the commission tries to straighten out this confusion:

- Credit bureaus can release credit information only for legitimate business need, as covered in the Fair Credit Reporting Act.

For example, if someone applies for insurance, employment or credit, then credit bureaus can release their information.

Lenders and insurers may "prescreen" prospective clients by using the information in the credit

history file to send offers that were not requested.

The toll-free number in the roaming e-mail — (888) 567-8688 — is, in fact, the number to be used when someone wants to take their name off the list for these prescreened offers only. Nothing else.

• The July 1 deadline mentioned in the e-mail has to do with the Gramm-Leach-Bliley Act, which gave financial institutions a July 1 deadline to send their customers notices of the institutions' privacy policies and to describe ways consumers can opt out of their information-sharing policies.

The July 1 deadline has nothing to do with consumers. In fact, the Federal Trade Commission goes on, consumers can opt out of these information-sharing policies any time.

And that may be where the confusion started, Granovsky said. Under the Gramm-Leach-Bliley Act — which is designed to preserve a little more consumer privacy, not destroy it — financial institutions are

required to inform their customers exactly how much they keep their customers' information private, and how the customers can remove their own names from any information-sharing lists these institutions use.

Banks, savings and loans, credit-card companies and insurance companies are some of the businesses affected by this act.

That's why consumers got all those letters from their bank and credit-card companies and insurance companies this summer, Granovsky said.

And that's why it's in consumers' best interest to go back and "read the fine print, no matter how small it is," she said. "Because we all have the responsibility to become informed consumers."

Both Granovsky and the FTC also strongly suggest NOT giving out personal information over the phone, on the Internet or through the mail unless you know exactly who is going to receive it.

"Identity thieves may pose as representatives of

banks, Internet service providers and even government agencies to get you to reveal your Social Security number, mother's maiden name, financial account numbers and other identifying information," the FTC Web site points out. "Legitimate organizations with whom you do business have the information they need and will not ask you for it."

"The FTC does excellent surveillance work and prosecution work on identity thieves," Granovsky said. "But it's hard for them to keep ahead of the con game."

Consumers can help by limiting access to their personal information, she said.

And by the way: Anyone who does call that toll-free number listed in the e-mail, will be given the option of having their name removed from prescreened lists for two years (press 1); having their previously removed name put back on lists (press 2); or having their name removed from lists permanently (press 3).

They also will be expected to provide some personal information.

Just don't expect the call to go through the first time the number is dialed.

## TODAY'S RECIPE

- 3 large apples, cored
- 1/4 cup butter
- 1 cup basic applesauce, sweetened
- 1 egg, lightly beaten
- 3 cups mashed sweet potatoes
- 1 tsp. cinnamon
- 1/2 tsp. salt

Cut each apple into three crosswise slices. Brown apple rings in butter. (Rings

should still be firm.) Mix together remaining ingredients.

Place apple rings on heat-proof platter.

Fill pastry tube with applesauce-potato mixture and ribbon onto apple rings.

Place in moderately hot oven (350 degrees) for about 15 minutes before serving.

Makes 9 to 12 servings.

# Journal Classifieds

# STOP & SHOP

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September 6, 2001

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<p><b>FARM SERVICE</b></p> <p><b>Albo's Custom Harvesting</b></p> <p>HAS THE NEWEST, MOST COST-EFFICIENT EQUIPMENT FOR CUSTOM COMBINING BLACK-EYE PEAS, MILO, ETC. ALSO, WHEAT PLANTING (One No Till Drill, One Regular), &amp; SHREDDING. CALL 806-272-5385 or 806-946-8841</p>	<p><b>PRODUCTION POSITION AVAILABLE</b></p> <p>Now accepting applications for production position at HI-PRO FEEDS. Company insurance, 401(k), paid holidays. Must pass drug screen. Apply in person at HI-PRO FEEDS in Friona.</p>	<p><b>Nice Country Home</b> on 15 acres. 3-1 3/4-2 CG, 2 wells, barns, corrals and trees. Call to see 806-272-3378.</p>	<p><b>Mobile Home for Sale.</b> 96 Clayton Sonoma 16x60. 3-2, Central AC, Stove and Refrig. 806-272-8942</p>	<p><b>FOR SALE BY OWNER RICHLAND HILLS AREA</b> 3 bedrooms, 2 baths, living room, sunroom, 2 fireplaces, basement, carport, central heating &amp; air, plus storage bldg. Approximately 3,000 sq.ft. By appointment only! Call 272-4943 or 272-4903</p>	<p><b>MOVING?</b> Find a new place or sell your old one with the Journal Classifieds 806-272-4536</p>	

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- WE HAVE SEVERAL NICE LOTS, CALL FOR DETAILS!!

**HIGHLAND AREA**

- 3-2-2 Brick, Cent. Heat, built-ins, fans, fenced yd., large workshop/stor. bldg.!! \$52.5K!! HL-2
- NICE 3-1-1+1 carport Home, Cent. Heat & Air, carpet & hardwood, 4 fans, fenced yd., MORE!! \$23.5K!! HL-4

**LENAU - COUNTRY CLUB AREA**

- 3-2 Brick, Cent. A&H, fenced yd., corner lot!! \$40K!!
- 3-2-2 Brick, Cent. A&H, built-ins, Fireplace, 2000' lv. area, cov. patio, fenced yd., \$85K!!

**COMMERCIAL**

- An approx. 5.1 acre tract w/ approx. 144.5' frontage on Hwy. 84, approx. 1584' office, 1320' shop, 4000' shop, & 2880 bldg., has railroad access, 2 mobile home hookups, MORE!!
- Duplex (2-2 bdrm. 1 bath units) plus 1 (2 or 3 bdrm) for residence or rental. PRICE REDUCED \$25K!!
- GOOD INCOME PROPERTY - approx. 3490 bldg., paved parking, good net lease!! PRICED TO SELL!
- Established Business: Land, Bldg. & Equip., \$75K!!
- 200 Main & E. Ave. B-4 rental units plus upstairs & basement or renovate for your own special use!! \$65K!!
- VERY NICE 2300' bldg., Cent. A&H, 175' frontage on Hwy 84 & 70!! MUCH MORE!!
- 140'x100' tract on Hwy. 84 & 70, 1760' bldg., 1500' storage, 2400' cov. area, paved parking!! \$49.5K!!

**HIGH SCHOOL AREA**

- VERY NICE 3-1-1 Brick, Heat pump, DW, nice carpets, fenced yd., MORE!! \$30's!!! HS-1
- 3-2 Home, corner lot, fl. furn. heat, fenced yd. \$25K!! HS-10
- NICE 3-2-1/2-2 carport Home, Cent. A&H, built-ins, FP, 2650' + Lv. area, fans, storm windows & doors, new roof, cov. patio, concrete cellar, fenced yd. w/ add. 2 carport, large workshop, & stor. bldg. PRICED REDUCED \$60K!! HS-7
- 2-1 1/2-2 Home, Cent. Heat, wren. air, built-ins, fans, workshop/stor., fenced yd.!! \$50K!! HS-2
- 3-2 Brick, corner lot, fenced yd. \$25K "AS IS"!! HS-3

**RURAL**

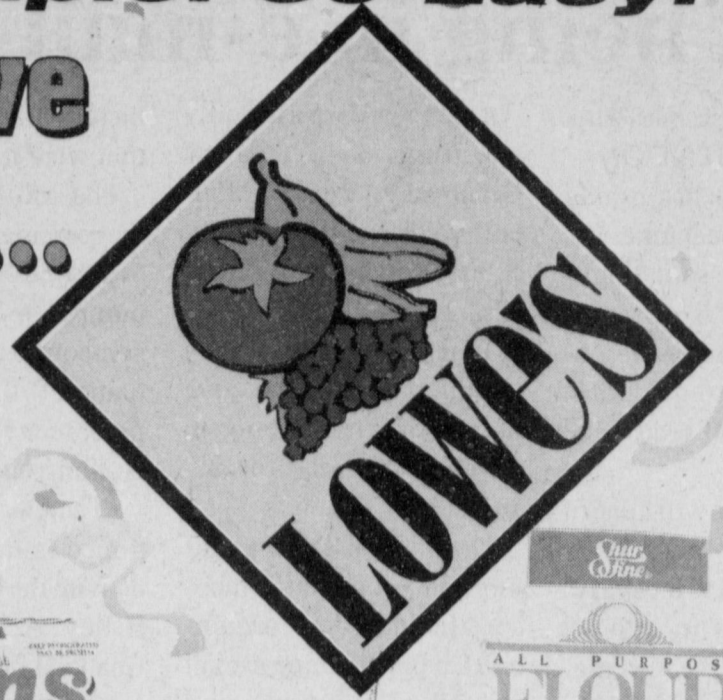
- EXCELLENT DAIRY LOCATION-1120 ac., 7 circles, 20 wells, very nice 3-2-3 Home w/ basement, 40' x 60' barn w/ 30' x 40' shed, 3 mil. lb. grain facility, add. 3 bdrm. home, 2 mobile homes, on pavement convenient to Muleshoe, Clovis, Portales, & should have 5K head permit within 60 days!!! Could be split if needed!!
- PLEASANT VALLEY, Approx. 160 acres, 2 bdrm home, 1 bath, 2 car detached garage, on pavement!!
- W. of SUDAN-NICE 3-3-2 Brick Home, 5 acre tract on Hwy. 298, Cent. Air & Heat, built-ins, large Quonset Barn, MORE!!! \$95K!!
- PRICE REDUCED - 108 acres or 7 acre tract on Hwy. 70, approx. 2100' office area, 16,900' commercial bldg. w/ loading dock, 3,400' warehouse, new well, 2,800' runway!!!
- EARTH - 4-2-2 carport home, Heat Pump, fans, storage-workshop!! \$35K
- 2-2-2 carport Mobile Home on 1.997 acres on pavement close to town, storage, 45' x 74' barn, pens, & fenced pasture!!

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- Wrights Sliced Bacon 12 OZ. PKG.
- Owens Breakfast Sausage 1 LB. ROLL
- County Post Large Eggs 30 CT.

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EACH  
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Reward  
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**X-tra**  
SAVINGS



**Shurfine All Purpose Flour 25 LB. BAG**

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### Here's How It Works!

Lowe's is giving you deep discounts on many of the items you purchase everyday! For each dollar you spend at Lowe's, we will give you a point. After 50 points (or \$50), you will receive a Lowe's X-tra Savings Reward Coupon.

**Reward Coupon.** This coupon can then be redeemed for deep discounts on selected items.

Each month, Lowe's will select from our most popular items in the store and deeply discount them for our X-tra Savings Reward Coupon holders. Present your coupon and receive incredible savings on selected items.

### X-tra Savings Reward Program

- Each Dollar You Spend is Worth ONE (1) Point.
- After you earn 50 points, you will receive a Lowe's X-tra Savings Reward Coupon.
- Use your Lowe's X-tra Savings Reward Coupon to get deep discounts on one of the selected items.

## Use Your Reward Coupons

**X-tra TO \$SAVE BIG! X-tra**

				<b>General Mills Cereal</b> • 14 OZ. CINNAMON TOAST CRUNCH • 12 OZ. TRIX • 14 OZ. HONEY NUT CHEERIOS • 15 OZ. HONEY NUT CHEX <b>1¢</b> EACH with 1 Reward Coupon		<b>Milk</b> LOWE'S OR SHURFINE ALL VARIETIES GALLON <b>1¢</b> with 1 Reward Coupon	
<b>Aunt Jemima Pancake Mix</b> 32 OZ. BOX <b>1¢</b> with 1 Reward Coupon	<b>Aunt Jemima Pancake Syrup</b> 24 OZ. BTL. <b>1¢</b> with 1 Reward Coupon	<b>Ramirez Chorizo</b> 1 LB. PKG. <b>1¢</b> with 1 Reward Coupon	<b>Pacific Valley Hash Brown Tater Patties</b> 20 CT. PKG. <b>1¢</b> with 1 Reward Coupon				
<b>Kellogg's Pop-tarts</b> ASSORTED 14 OZ. BOX <b>1¢</b> with 1 Reward Coupon	<b>Folgers Coffee</b> SELECT GRINDS 11.5 TO 13 OZ. CAN <b>1¢</b> with 1 Reward Coupon	<b>5 Lb. Bag Grapefruit</b> <b>1¢</b> with 1 Reward Coupon	<b>Strawberries</b> 1 LB. PACKAGE <b>1¢</b> with 1 Reward Coupon				
<b>Bama or Welch's Grape Jelly</b> 32 OZ. JAR <b>1¢</b> with 1 Reward Coupon	<b>Lowe's Split Top Wheat Bread</b> 24 OZ. LOAF <b>1¢</b> with 1 Reward Coupon	<b>Lucky Leaf Apple Juice</b> 64 OZ. BTL. <b>1¢</b> with 1 Reward Coupon	<b>Minute Maid Orange Juice</b> FROZEN 12 OZ. CAN <b>1¢</b> with 1 Reward Coupon				
<b>Lowe's 12 PACK Soft Drinks</b> ASSORTED <b>1¢</b> with 1 Reward Coupon	<b>Coke, Sprite or Dr Pepper</b> 6 PACK CANS <b>1¢</b> with 1 Reward Coupon	<b>7 lb. Bag of Ice</b> <b>1¢</b> with 1 Reward Coupon	<b>Imperial Pure Cane Sugar</b> 4 LB. BAG <b>1¢</b> with 1 Reward Coupon				

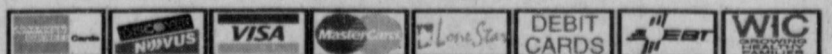
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