

# THE OBSERVER/ ENTERPRISE

Serving Coke & Sterling Counties

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Vol. 118, No. 41

Friday, May 5, 2006

## Bronte City Wide Garage Sale scheduled for May 6

If you are planning to have a garage sale on May 6, you need to call Bronte City Hall at 473-3501 to get your name/address on the city maps to be distributed the day of the sale. The garage sale is being advertised in Abilene, Sweetwater, Ballinger, San Angelo, Bronte, and Robert Lee.

## Mother's Day tea scheduled

A Mother's Day Tea and craft session will be held on May 9, 2006 from 11:30-2:30 at the Robert Lee Senior Center for all women over the age of fifty-five. Finger foods will be served and different craft ideas exchanged. A variety of craft supplies have already been donated to the center.

If we don't have what you need, we'll do our best to find it. Come and have a great time with old and new friends. Please RSVP to Karla Hamrick at 453-4780 or to Susan Millegan at 453-4790 or on Mon., Wed., or Fri. to 453-2314.

## RLISD PreK/Kindergarten registration set

Registration for Pre-K and Kindergarten 2006-2007 will be held in the Robert Lee School cafeteria on May 9 at 9:30 am. To be eligible for Pre-K, your child must be 4 years old on or before Sept.

1. For Kindergarten, your child must be 5 years old on or before Sept. 1.

Please bring a copy of your child's birth certificate, up-to-date shot record, and social security card.

If you have any questions, call Judy Shook at 453-4555.

## Mountain Creek Golf tournament set

The Mountain Creek Golf Club will be holding a tournament on May 13. It will be an adult/child tournament. Tee time will be at 9:00 am. For fee information, contact the Mountain Creek Golf Club at 453-2317.

## Early voting in May 13 local elections begins Monday

Early voting in the May 13, 2006, local elections began begin Monday, May 1, and will continue through Tuesday, May 9, 2006.

Only two local entities, Bronte Independent School District and the City of Robert Lee, will require an election.

Early voting for the Bronte ISD election will be conducted in the BISD Superintendent's office from 8 am to 4 pm Monday through Friday.

Three 3 year terms will be on the ballot for the Bronte Independent School District Board of Trustees. The terms of Wayne Coalson, Jeff Schoenfield, and Bob Frazee are expiring. The incumbents will be joined on the ballot



**Lady Steers Advance to State!** The Lady Steers golf team won the Region II golf tournament, which was held in Abilene, April 24-25. This win qualifies them for the State Tournament in Austin, May 8-9. The girls clinched the win with a total score of 736. Team members include (from left) Jaden Alexander, Becca Skinner, Kelsy Duncan, Cara Eaton and Kyla Millican. For individual scores, see page 5 of this issue of the Observer/Enterprise.

by Paul Williams.

Early voting for the City of Robert Lee election will be conducted in the Coke County Clerk's office at the Coke County Courthouse from 8 am to 4 pm Monday through Thursday, and from 8 am to 1 pm on Fridays. Early voting hours will be extended from 8 am - 8 pm on May 9, which is the last day of early voting. The City of Robert Lee will have to fill the position of Mayor - two year term, Two (2) Council Members - two year terms,

and One (1) Council Member - One Year Unexpired Term. City Officials terms expiring are: Mayor, Joe White, Council Members, Beth Prather, Bonita Copeland, and Gary Payne. All incumbents and Brenda Williams have filed for places on the ballot.

## Graduation issues set for May 19 & 26

The Observer/Enterprise will publish the special Senior Class editions May 19 and 26. These issues rotate each year between the final two Fridays in May; so that the entire paper may be devoted to their graduating class. This year's issue honoring the Bronte Class of 2006 will be May 19, with the issue honoring the Robert Lee Class of 2006 set for May 26.

In the near future, representatives from our office will be calling on local businesses and individuals to sponsor these seniors. If you would like to honor a senior by sponsoring them in either of these special editions, please contact us at 453-2433.

## Driver safety course set

The AARP Driver Safety Course will be held in Bronte May 15-16, from 8 am - 12 pm at the Bronte Housing Authority Club Room, 115 NE Railroad. The course consists of 2 four hour ses-

sions. Both days are required to get a certificate of completion that will enable you to get a discount on car insurance. Check with your carrier.

Certified instructors are Roy and Jo Ann Rose. Call 325-365-2685 to pre-register and for cost of course. This is a Safety Driving Course and is not for ticket dismissal.

## Greater San Angelo Craft Guild Spring Fling set

The original Greater San Angelo Craft Guild will be having their Spring Fling on May 6-7. It will be held in the Wells Fargo Pavilion located at the San Angelo Fair Grounds.

There will be several new out-of-town crafters with new ideas for the first time. Hourly door prizes and free admission.

Hours on Saturday, 10 am to 6 pm and Sunday, 12 noon to 5 pm. Bring a can of food for the Food Bank and receive an extra door prize ticket.

## Correction

In last week's issue, we published a cutline which stated the Lady Steers had won the district track title. It was obvious we were in error, because we had the Lady Horns on the front page as district and area champions the previous week. Our apologies for the error, and congratulations to the Lady Horns and the Steers (boy's team) for their area championships.



**Lake Spence Trail Dedication!** A dedication ceremony was held for the new Sumac Nature and Birding Trail at E.V. Spence Reservoir, April 19, 2006. The entrance road to the trail is well marked with signage less than one-half mile past the Wildcat Park entrance on Old FM 2034.

**THE OBSERVER/ENTERPRISE**

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**SUBSCRIPTION RATES**

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Per Year Outside of Texas.....\$25.00

**Death Notices**

**Bundy**

Richard Sherman Bundy, III, infant son of Richard Bundy, Jr. and Callie Walker Bundy of Clarksville, Tennessee died Friday, April 28, 2006 at Blanchfield Army Community Hospital. Graveside service was held at 3:00 p.m. Wednesday, May 3, 2006 at Fairview Cemetery. Arrangements were by Shaffer Funeral Home.

Survivors include his parents; sisters, Jennifer Bundy, Breanna Mead, and Shelby Bundy; paternal grandparents, Richard Bundy, Sr. of E. Brunswick, New Jersey and Dr. Frances Gibson of Peppsauken, New Jersey; maternal grandparents, Lloyd Walker of Bronte, Texas and Leah Patridge of Ballinger, Texas; maternal great grandparents, Danny and Shirley Patridge of San Angelo, Texas and Paul and Irene Walker of Plainview, Texas; paternal great grandmother, Isabell Colon of Carolina, Puerto Rico; maternal great-great grandparents, Bessie Tinkle of San Angelo, Texas and Calvin Patridge of Plainview, Texas.

**ASU schedules Genealogy workshop**

Gay E. Carter, a University of Houston librarian with 25 years of experience in genealogical research, will lead the fifth annual genealogical workshop sponsored by the Friends of the Porter Henderson Library and West Texas Collection at Angelo State University on Saturday, May 20.

A reference/documents librarian at University of Houston-Clear Lake, Carter will cover the U.S. Serial Set, the National Union Catalog of Manuscript Collections (NUCMC) and use of the Internet in genealogical research. The popular daylong workshop will run from 8:30 am to 5 pm May 20 in the C.J. Davidson Conference Center in the Houston Harte University Center at 1910 Rossmont on the ASU campus.

Persons interested in registration fees and registration should contact the Friends of the Library (fees lower prior to May 5) by phone at 325-942-2164 or by mail at Friends, ASU Station #11013, San Angelo, TX, 76909-1013.

**Local Author's Book Signing slated**

Tim White, pastor of Central Baptist Church, Bronte, will be having his second book signing for his new book, A Single Heart, on May 5-6, 2006. This signing will be held at Shalon's Floral and Gifts, 113 West Main, in Bronte.

On Friday, May 5, the signing will begin at 1 pm and extend to 5 pm. On Saturday, May 6, the

hours will be from 9 am to 2 pm.

Books will be available for purchase at the store, or books already purchased can be brought in for signing.

**Mountain Creek Golf Tournney held**

Mountain Creek Golf Course held a Three-Person, 27-Hold Select Shot tournament on April 22nd, 2006.

Championship Flight winners were: 1st) McKinney, Hammond, Griffith; 2nd) McCutchen, McCutchen, Abbott; 3rd) Stinson, Hammond, Epperson.

First Flight Winners: 1st) Ross, Flores, Blair; 2nd) Eaton, Smith, Rogers; 3rd) Watson, Temples, Bautista.

The course is shaping up well. The Thursday Night Scrambles have begun and tee off is at 6 pm weekly. Please sign up by 5:30 pm for teams to be drawn.

The next scheduled tournament is on Saturday, May 13, which is an Adult/Child. This tournament is known to be pretty fun, but pretty competitive. Tee off is at 9 am.

**Coke Co. Trappers Association Update**

The Coke County Trappers Association which is made up of landowners in conjunction with the County fund the county trapping program. This is a very

worthwhile project that insures the county and towns are not invaded by various predators. Without proper trapping procedures, predators can be devastating not only to livestock, but also to our wildlife populations and eventually they can move into our towns and harm pets or people. You only need to look at places like Austin, where coyotes, bobcats and feral dogs are moving into town and causing damage and possibilities of rabies.

From October 1, 2005 until March 31, 2006 twelve Texas Wildlife Service employees which included our county trapper, aircraft pilots, aircraft gunners, trouble shooters, district supervisor, and other county trappers assisted in predator control in Coke County and took 23 coyotes, 51 bobcats, 1 feral dog, 10 red fox, 54 gray fox, 11 feral hogs and 135 raccoons. This many predators eliminated means dollars to producers whether you raise livestock or wildlife. Predators can have a devastating effect on fawn survival, turkey and quail.

To maintain our county trapping program, it takes the involvement of landowners and producers regardless of species raised or size of your place. Dues for the trapping program are figured at seven cents per acre per year. This is pretty cheap compared to price of calves, lambs, kid goats or whitetails that could be lost due to predation.

Dues can be mailed to Coke County Trappers Association at Box 170, Robert Lee, Tx 76945 or brought by the County Extension office in the courthouse.

Participation in the trappers association is essential to the continuance of the program. If you have not joined, we invite you to participate and encourage your neighbors, new landowners and other producers to join.



**McCauley-Cleveland Engagement Announced!**

Larry and Theresa McCauley of Ralls proudly announce the engagement of their daughter, Tawny, to Chris Leggett Cleveland. He is the son of Sherry Williams of Gatesville, Dale Cleveland of Ft. Stockton, and Mark Leggett of Austin. Tawny's grandparents are Dale and the late Ruby Chandler of Dickens, and Jimmy and Ina Daniels of Ralls. Chris' grandparents are Tommy and Wilma Williams of Robert Lee, G.W. and the late Annette of Plains, Gayle and Earl of Nacogdoches, and Russell Leggett of Andrews.

Tawny is a 2003 graduate of Ralls High School and is currently attending South Plains College. She is employed by Alderson Enterprises in Lubbock.

Chris is a 2000 graduate of Plains High School and a 2005 graduate of Texas Tech University with a degree in Agriculture Education. He is currently employed by Dalhart ISD.

The couple will be married on June 17, 2006, at the Ralls Inn. After a honeymoon to Australia, the couple will reside in Amarillo.

**This 'N That Shop**

711 Austin Street • Downtown Robert Lee  
(325) 450-8624 • 453-2453

**Come In And Shop For Mother's Day!** **OPEN** Wednesday - Saturday 10 am to 4 pm  
Closed Friday, May 12

**Area Churches**

**Invite You to Worship**

- Bronte Church of Christ**  
PO Box 346 • 118 S. Jefferson  
Bronte  
(325) 473-3291  
Preacher John V. Driggers  
Sun. 10 am & 6 pm, Wed. 7 pm
- Central Baptist Church**  
324 S. Franklin • Bronte  
(325) 473-4811  
Tim White, Pastor  
Sun. 10 am Sunday School  
11 am & 6 pm Worship  
Wed. 6 pm
- Emmanuel Pentecostal**  
PO Box 683 • 1019 Colorado City Hwy  
Robert Lee  
(325) 453-2360  
Rev. Ray Aldridge, Pastor  
Sun. 10 am & 6 pm, Wed. 7 pm
- First Baptist Church**  
424 S. Washington • Bronte  
(325) 473-2331  
Bro. Morris Johnson, Pastor  
Sunday 9:45 am Sunday School,  
10:55 am Worship, 6 pm Youth  
and Worship  
Wednesday 7 pm Prayer Meeting
- First United Methodist Church**  
Corner of Washington & Holmes  
Bronte  
(325) 473-3281  
Rev. Larry Tianen  
Sun. 10:00 am Sunday School  
11:00 am Worship  
5:00 Youth
- First United Methodist Church**  
PO Box 144 • 9th & Chadbourne  
Robert Lee  
(325) 453-2417  
Rev. Steve Rowe, Pastor  
Sun. 10 am Sunday School  
11 am Worship  
Wed. 7 pm Choir
- Iglesia Bautista Bethel**  
101 Houston • Robert Lee  
(325) 453-5003 • 453-2296  
Pastor: Basilio Esquivel  
Sun. 9:45, 11:00, & 11:30 am  
& 6 pm, Wednesday 7 pm
- Northside Church of Christ**  
PO Box 388 • 9th & Chadbourne  
Robert Lee  
(325) 655-9784 or 453-2685  
Portis Ribble, Minister  
Services: Sun. 10 am & 1:30 pm;  
Wed. 6 pm
- Our Lady of Guadalupe Catholic Church**  
601 W. 10th, Robert Lee  
(325) 365-2687  
Rev. Hubert Wade, Jr., Pastor  
Sat. 6 pm
- Pecan Baptist**  
PO Box 542 • 12 miles West of Robert Lee  
on Sterling City Hwy • (325) 453-2004  
Rev. Richard Easterling, Pastor  
Sun. 10 am, Sunday School  
11 am & 7 pm, Worship
- Robert Lee Baptist Church**  
PO Box 493 • 22 W. 11th  
(325) 453-2724  
Bro. Mike Poye, Pastor  
Sun. 9:45 am, Sunday School  
11 am & 7 pm, Worship  
Wed. 7 pm, Prayer Meeting
- Southside Church of Christ**  
PO Box 698 • 8th & Houston  
Robert Lee  
(325) 453-2176  
Frank J. Daniels, Preacher  
Sun. 10 am, Sunday School  
11 am & 6 pm, Worship  
Wed. 7 pm, Worship
- Tennyson Baptist Church**  
Hwy 277 • Tennyson  
Joe Hodges, Pastor  
(325) 473-2040  
Sun. 9:45 am, Sunday School  
11:00 am & 6 pm, Worship  
Wed. 6:00 pm Prayer Meeting
- Victory Assembly of God**  
PO Box 638 • 6th & Houston  
Robert Lee  
(325) 453-2208  
Rev. Irene Ford, Pastor  
Sun. 9:45 am, Sunday School  
10:45 am & 6 pm, Worship  
Wed. 6 pm, Prayer Meeting

**Good Neighbor.  
GREAT RATES.**

**CERTIFICATES OF DEPOSIT**

Term	Interest Rate	APY <sup>1</sup>	Minimum Opening Deposit
<b>CD less than \$100,000</b>			
90 days <sup>2</sup>	4.50%	4.60%	\$500
180 days <sup>2</sup>	4.59%	4.70%	
1 year	4.64%	4.75%	
2 year	4.69%	4.80%	
3 year	4.74%	4.85%	
4 year	4.88%	5.00%	
5 year	4.97%	5.10%	
<b>CD of \$100,000 or more</b>			
90 days <sup>2</sup>	4.59%	4.70%	\$100,000
180 days <sup>2</sup>	4.69%	4.80%	
1 year	4.74%	4.85%	
2 year	4.78%	4.90%	
3 year	4.83%	4.95%	
4 year	4.97%	5.10%	
5 year	5.07%	5.20%	

<sup>1</sup> Withdrawals may result in early-withdrawal penalty, which could reduce Annual Percentage Yield (APY).

<sup>2</sup> IRA and ESA are not available in 90-day or 180-day terms.

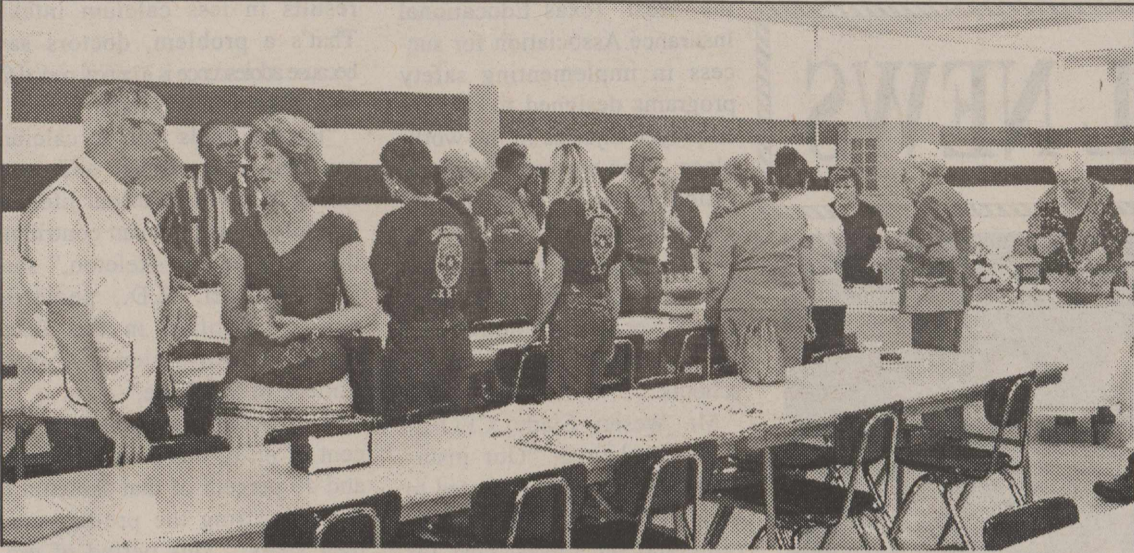


Greg Bratcher, CPCU  
State Farm Agent  
5018 Knickerbocker  
San Angelo, Texas 76904  
(325) 223-2222



LIKE A GOOD NEIGHBOR,  
STATE FARM IS THERE.





**Volunteer Appreciation Reception!** A Volunteer Appreciation Reception was held Saturday, April 22, 2006, at the Robert Lee ISD Cafeteria. There were approximately 60 attendees. Certificates were presented to representatives of 43 local volunteer driven organizations. Several agencies had information booths. All enjoyed Mary Beth Drennan's homemade cakes and punch, as well as, visiting with friends.

**RL Care Center makes positive changes**

by RLCC employees  
The employees of Robert Lee Care Center would like to inform the public of the many recent changes in the facility under the leadership of Administrator Terri Tedford.

Prior to her arrival our census had dropped as low as 31 residents. We now have 57 residents.

The budget has also had a significant change. We were operating as low as \$21.52 per person per day, this year's average is \$3.20 per person per day.

We were excited to reopen the west side of the facility, which was necessary because of the increased census. This translated into job security and even more jobs for the community.

There has been an ongoing "face lift" at RLCC, including painting colorful walls and bright new colorful floors.

The secure unit was a major accomplishment. It was thought to be impossible but has been very successful. The RLCC secure unit was one year old April 1. It has established a good reputation in this area. There is presently only one bed

available at this time.

The remodeling of the unit is in the works. The architect drew the plans, the plans were sent to Bob Gohlke for pre-approval, which he approved, at which time Terri was advised to send to Fred Worley in Austin. Fred sent word to Terri "looks good" and expressed his excitement of the plans. Things yet to be completed are bids and proposal for the grant. Then we will see how much grant money we will receive to remodel the unit.

Basically we want to acknowledge Terri for being a part of a winning team. The overall morale of employees and residents since she has been our administrator cannot compare to how hopeless we felt before, and we appreciate her leadership!

**Bronte's UMW busy in April**

by Mary Percicull

April started out with a bloom, flowers that is, with our 2nd annual Spring Fling, a much appreciated success. We look forward to our 3rd annual in 2007. On Wednesday, we served lunch at Angelo State University, "Food for Thought" program at the United Campus Ministry. We served lunch to approximately 15 students.

On Tuesday, April 18, Glenda Draper invited Mr. Marrs and Mr. Richey from the BISD to talk about the "No Child Left Behind" program in the state of Texas. This was part of our UMW's program on public education. Dinner was served and the program followed.

**Coke County Library news**

The Coke County Library will hold a sale, Friday, May 5, from 8 am - 12 noon, and Saturday, May 6, from 8 am - 3 pm. There will be hardback craft books and other non-fiction books as well as a large selection of fiction books in good shape. Some children's books and several boxes of paperback books will be on sale.

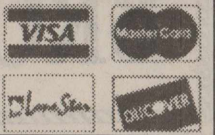
Also, a video tape player will be for sale along with some videos. The money from the sale will be used to purchase prizes for the summer reading program.

The library appreciates the books, which have been donated for this sale and the patrons who support the library through their patronage as well as their donations.

The sale was scheduled before checking the calendar of events in Coke County. When shoppers are out and about Bronte's city-wide garage sale, it is hoped they'll come on over to the book sale.

**SUPER H**

Texas Lotto Tickets Sold Here  
WIC Cards Welcome  
ATM Available



501 Commerce - Robert Lee, TX  
Store Hrs: Mon.-Sat. 8-8 Sun. 8-6  
SPECIALS GOOD 5/3 Thru 5/9  
LIMIT RIGHTS RESERVED

Preferred Trim  
Boneless Beef

**Arm Roast**  
Lb. **\$1.49**



10 Lb. Bag

**Fryer Leg Quarters**

Lb. **\$.25**



**\$2.50**  
per bag

Family Pack • Meaty Pork Shoulder  
**Country Style**

**Ribs**

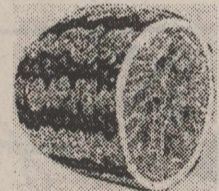
**\$1.19** Lb.

Small Pack  
**\$1.49** Lb.



Juicy • Red Ripe  
**Watermelon**

**\$3.99**

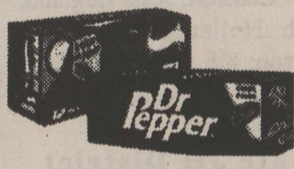


Mt. Dew, 7Up, Big Red, A&W or

**Pepsi or**

**Dr. Pepper**

**2** 12 Pack Cans **/\$6**



Miller Lite • Regular or Light

**Coors**

20 Pack Bottles

**Beer**

**\$13.69**



Keystone Light 30 pack **\$17.89**

Regular, Light or Select

**Budweiser**

20 Pack Bottles

**Beer**

**\$13.69**



Natural Light 24 pack **\$12.69**



Lawrence Bros. Supermarket in Winters is pleased to announce our new Pharmacist in Charge:

**Steve Oleksiuk, R.Ph.**

Many of you may already know Steve. He is a long-time area resident and he had his own pharmacy in Robert Lee for many years. Steve is looking forward to assisting you with all of your Rx needs, so please don't hesitate to phone in your prescriptions to 754-5680 and come through our convenient drive-thru to pick them up

**OR**

Come to the store, drop off your prescription, take advantage of our great grocery bargains and we will work to have your Rx ready for you by the time your shopping is done.

Come out to say hello to Steve and Esther at our reception for our loyal customers on Saturday, May 20 from 9 am - Noon.

**Thank you for your business!**

# BRONTE SCHOOL NEWS



**Brownie Scouts Go to Camp!** The Bronte Brownie Scout Troop #249 went on an overnight camping trip to Camp Boothe Oaks, a girl scout campground near Sweetwater. The girls met new friends, roasted hot dogs, made s'mores, learned to tie knots, tie-dye a t-shirt and learned new songs. The troop includes (back row, left to right) Hannah Brackeen, Emily Whitehurst, Kayla Arthur, Destiny Lyon, Brittany Bedford, Sarah Smith (front row, left to right) Whitney Boyd, Marley Braswell and Reighlyn Baken.

## Lady Longhorns Regional Track results

The Bronte Lady Longhorns traveled to ACU in Abilene April 28-29 to compete in the Regional track meet. Bronte earned 18 team points to tie for 11th out of 60 teams overall.

Earning medals were Katie Cooper and Holly Huskerson.

Cooper set a personal record and the Region II class-A meet record in the pole vault. Cooper cleared 10.6 feet on Saturday, earning a gold medal and a trip to the State track meet in Austin May 13. Huskerson, a sophomore, narrowly missed a trip to State by .380 of a second, placing third in the 300m low hurdles.

Other Lady Longhorns scoring team points were Jessi England, 6th in the 800m run, and Marcy McMorris, 6th in the pole vault. Also, making the final day of competition: 7th place, the 440m relay team of Katie Cooper, Marcy McMorris, Lindsey Butler, and Sarah Basquez; 7th place, Butler in the 200m dash; 8th place, the 1600m relay team of Ariel Coalson, Jessi England, Hannah Holland, and Holly Huskerson; 8th place, the 800m relay team of Cooper, Butler, Holland, Basquez.

## Bronte JH District tennis results

On Monday, May 1st, the Bronte JH tennis teams played in District competition and placed in the following events.

### 7th grade girls

Singles - 3rd) Kaycee Baker  
Doubles - 3rd) Shandee Vaughn/Brittani Harris

### 8th grade girls

Singles - 2nd) Chelsea Cook  
Doubles - 3rd) Shelbi Waller/Katie Aguirre

### 7th grade boys

Doubles - 1st) Kerwin Rawls/Dakota Rawls; 2nd) Terron Charles/Heath Richey; 3rd) Thomas Foster/Jake Cotter

### 8th grade boys

Singles - 3rd) Hayden White  
Doubles - 1st) Ernesto Casillas/Jose Louis; 2nd) Louie Martinez/Rob Rosson

## Yearbooks on sale this week

This is your last chance to buy this year's yearbooks. They go on sale the first week of May. The books are \$30 and nametags are \$2.50 but are optional. Notes will be going home with your children for you to order a book. All we ask is for you to please have them back at the end of the week, Friday, May 5. Make checks payable to Bronte ISD. They sold out last year so do not miss out.

## County schools reduce employee injuries

Bronte ISD and Robert Lee ISD, two of more than 472 participating schools, received the Diamond Star Award for significant savings to the district. Bronte ISD, represented by Alan Richey, Superintendent, and Robert Lee ISD, represented by Robin Sparks, Business Manager, were recognized by

## C-C Riders 6th Annual Car Show & Cruise

*Car Show & Cruise*

**Saturday  
May 13, 2006  
Downtown Colorado City  
Car Show 10 am - 3 pm  
Cruise 5 pm - 7 pm**

**Cash Prizes and Trophies**

Contact Scott Free at 325-728-2122  
Deacon Magill at 325-728-3118  
e-mail: dnkmagill@wtconnect.net  
or mfratliff@sbcglobal.net

the West Texas Educational Insurance Association for success in implementing safety programs designed to prevent employee injuries in the workplace. The workers' compensation program has assisted Texas Schools in avoiding over 17,778 employee injuries since 1991. Plus, districts have saved over \$213 million dollars through lower costs to the schools.

Mr. Wesley Slade, CEO of CAS, explained, "Our insurance programs were created to offer the safest working conditions and the lowest cost for Texas school districts, creating savings of tax dollars while providing safer work environments for employees. Fifteen years of success for this program is proof of the district's and CAS' commitment to providing Texas Schools with the safest working environment for school employees and the lowest cost to the district."

At CAS, our number one priority is providing the safest possible workplace for district employees while keeping costs at a minimum.

## Milk does a body good

Texas A&M Health Science Center

As young girls enter their teens, more are turning from milk to sodas.

A recently completed nine-year study of more than 2,300 teen-age girls by Wesleyan University and others found that milk consumption decreased more than 25 percent. However, soda intake increased almost threefold during the course of the study.

Decreased milk consumption

results in less calcium intake. That's a problem, doctors say, because adolescence is a critical period for accumulating peak bone mass.

"Eating foods rich in calcium can help make bones and teeth strong at any time of our life, but in adolescence, we can contribute the most to our skeleton," said Loise Gilmer, R.D., pediatric clinical dietitian in the Texas A&M Health Science Center College of Medicine.

"Our skeleton contains 99 percent of all of our calcium stores, and 45 percent of that skeleton is formed during the pre-teen and teen years. This period of dramatic change requires more calcium to produce the healthiest of bones and teeth. Unfortunately, if we don't get adequate calcium during this active growth time, then we can't make up for it later in life."

Researchers believe calcium uptake in the skeleton decreases significantly in the mid-20s, and calcium is slowly released from the bones throughout adulthood. Inadequate calcium can lead to higher risk for osteoporosis, a painful bone disease, and various dental problems.

To promote regular milk and calcium consumption in both boys and girls, Gilmer suggests getting rid of the competition. That means eliminating or drastically reducing the number of drink choices in your household, especially sweetened drinks, as they add nothing but empty calories.

"Adolescents and young adults need four servings of a high-calcium food source every day," Gilmer said. "Any diet that allows the frequent consumption of high calorie and/or nutrient-poor drinks is not a healthy one. You have to walk two miles to work off the calories of one 12-ounce soda."

### School Menu

### Breakfast

- Monday, May 8**  
No School
- Tuesday, May 9**  
Cereal, mixed fruit, toast, jelly, milk
- Wednesday, May 10**  
Sausage, assorted juice, biscuit, jelly, milk
- Thursday, May 11**  
Grilled cheese sandwich, assorted juice, milk
- Friday, May 12**  
Sausage roll, assorted juice, milk

### Lunch

- Monday, May 8**  
No School
- Tuesday, May 9**  
Corn dog, macaroni & cheese, baked beans, tator tots, rosy applesauce, milk
- Wednesday, May 10**  
Lasagna, tossed salad, corn, peaches, bread sticks, milk
- Thursday, May 11**  
Spud day, chili & cheese, potato (baked), broccoli, fresh fruit, Texas toast, milk
- Friday, May 12**  
Ham & cheese sandwich, lettuce, tomato, pickles, grapes, bread, chips, chocolate pudding cups, milk

### GLENN-BIVINS INSURANCE

Please support the Bronte Volunteer Fire Department!

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**RLHS girls golf team takes**

**Regional win**

For the first time since 2001, the Robert Lee girls golf team qualified for the State Tournament in Austin, May 8-9 at the Morris Williams Course. The girls qualified by winning the Regional Tournament held in Abilene, April 24-25.

The Lady Steers defeated Throckmorton and fourteen other teams, to take the Regional II Crown. Robert Lee shot a 367, 369 for a 736 total, to second place Throckmorton's 371, 387, for a 758 total.

Pacing the Lady Steers effort were three of the tournament's top six medalists. Kelsy Duncan was second in the medalist race with an 87, 89 for 176; Cara Eaton was fourth with an 85, 94, for 179; and Jaden Alexander was sixth with 97, 91, 188 total. Other Lady Steers were: Kyla Millican 100, 95, for 195 and Becca Skinner 98, 104, for 202.

Robert Lee girls II team finished twelfth in the 16 team field, shooting a two day total of 906. Individual scores included: Cassidy Wink 107, 105, 212; Brettne Reed 117, 104, 221; Kasie Skinner 109, 120, 229; and Molly Burns 125, 119, 244.

**Steers golf team finishes 4th**

The boys team finished fourth in the Regional Tournament with a 326, 331, 657 total. Throckmorton was 1st with a 640, Baird second at 645, and Archer City was third at 651. Scores for the RL team included: Johnathan Pagan 80, 80, 160 total; Branden Soliz 90, 81, 171; Brody Dillard 79, 84, 163; Cameron Hodge 86, 86, 172;

and Kevin Honse 81, 94, 175 total.

**Robert Lee Elementary School Awards 5th Six Weeks**

**Accelerated Reading 1st grade-Most points**

Kaden Hayes, Nicole Jones

**2nd grade**

Brady Clawson, Rani Coppedge, Kodi Drennan, Hunter Hamrick, Bailey Hooten, Sandra Hubbard, Jake Jackson, Jesus Landeros, Julia Madrid, Hayden O'Neil, Ryan Paterson, Jordan Rader, Karlee Roach, Justice Saucedo, Talon Stringer, Jaicee Torres, Brandon Torres, Kaleb Torres, Ricky Williams, Blaine Yanez

**3rd grade**

Jaden Aldridge, Tristen Hildebrand, Kyle Lockhart, James Roberts, Dakota Stringer, Daria Tinkler, Jayton Torres, Eric Wells, Jerry Wofford

**4th grade**

Angel Acosta, Samantha Arellano, Shaylee Bell, Shelby Davis, Berenice Fabian, Clay Hale, Hanna Hamrick, Will Howard, Bianca Huapilla, Alexis Mendoza, Ciera Millican, Efrain Olguin, Kevin Saucedo, Sydney Sheldon, Ashlie Tension, Jacob Torres

**5th grade**

Vincent Batten, Faylin Bell, Drew Davis, Jordan Gartman, Justin Gartman, Kelsey Hewitt, Sean Hildebrand, Cooper Hinderliter, Dusty Howard, Patty King, Sara Lara, Zachary Sanchez, Jonah Saucedo, Zach Skinner, Ashlie Wheat, Ashley Williams

**6th grade**

Linsey Arellano, Luisa Carrera, Jose Fabian, Sassy Farmer, Keanu Henson, Jared Long, Kimberly Roach, Victoria Roe, Garrett Rogers, Rachel Rojas, Meagan Ross, Linsey Vallery, Diana Vera.

**ROBERT LEE SCHOOL NEWS**



**RLHS Boys Golf places at Regional Tournament!** The Steers boys golf team placed fourth at the Region II golf tournament, which was held in Abilene, April 24-25. The boys team had a combined score of 657. Team members include (from left) Johnathan Pagan, Cameron Hodge, Brody Dillard, Branden Soliz and Kevin Honse.

**RLHS '55 Reunion set**

The Robert Lee Class of 1954-55 will have a reunion of classmates and teachers, Saturday, May 27, 2006, at the home of Wes and Farrell Jean Washam. The lass is looking forward to a time of eating, sharing, and catching up.

Class members through the years included: Selso Abalos, Altris Ackerman Vestal, Barbara Blaylock, Jerry Burson, Gayle

Conley Bolding, Mike Conner, Henry Davis, Farrell Jean Fikes Washam, Rhonda Gartman Hood, Eva Gloria Flores, John Gloria, Laura Gray Lowery, Dwain Gregston, William (Pistol) Hood, Linda Jacoby Burns, Mickey LaFortune Carpenter, Luther Lara, Ricky Ledbetter,

LeRoy McGallian, Jeane McGrath Leslie, Joe Milam, Cindy Mundell Parons, Joyce Patterson, James Pentecost, Gaylon Pitcock, Carolyn Prine Maddux, Doyle Robertson, Ray Don Roe, Roy Springers, Linda Thetford, Estola Torres Barron, Robert Wink, and Ernest Ybarra.

**School Menu**

**Breakfast**

**Monday, May 8**  
Juice, biscuit, sausage, cereal, milk

**Tuesday, May 9**  
Juice, cinnamon, roll, cereal, milk

**Wednesday, May 10**  
Juice, muffin, cereal, milk

**Thursday, May 11**  
Juice, burrito, cereal, milk

**Friday, May 12**  
Holiday

**Lunch**

**Monday, May 8**  
Burrito, corn, salad, orange, cookie, milk

**Tuesday, May 9**  
Tuna or peanut butter sandwich, carrot sticks w/ranch, tator tots, pears, milk

**Wednesday, May 10**  
Chicken A La King, rice, egg roll, pineapple, milk

**Thursday, May 11**  
Hamburger, salad, pickles, baked chips, fruit cocktail, milk

**Friday, May 12**  
Holiday

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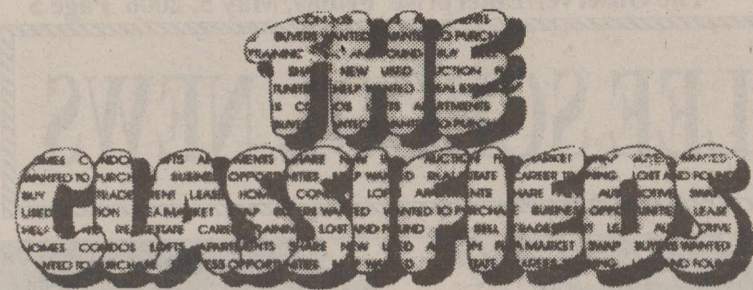
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**Robert Lee Athletic Sports Banquet**  
Friday, May 19, 2006  
7:00 pm • Robert Lee Cafeteria  
Meal catered by Kenny Blanek  
Tickets can be purchased from Pam Millican in the High School Office  
Monday, May 1 - Friday, May 12.  
Only a limited number of tickets will be sold at the door so purchase your tickets early!

**Kickin' Up Roses**  
Congratulates the  
Robert Lee High School  
Class of 2006

Argentina Arellano	Lance Millican
Clayton Austin	Jeremy Penney
Joshua Conner	Branden Phillips
Jesse Eads IV	Vanessa Saucedo
Johnathan Eads	Brandon Soliz
Cara Eaton	Amanda Thurman
Margarita Gallegos	Christopher Torres
Lydia Lara	Stephanie Trejo
Shannon Martin	Carolina Vera
Kyla Millican	Cassidy Wink

Robert Lee seniors have made gift selections at  
**KICKIN' UP ROSES**  
453-2036 • (888) 750-1123



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\$2.50 Minimum

Legal Notices:  
25¢ Per Word

*A service charge will be added to all ads which must be billed.*

**ADVERTISING DEADLINE**  
Tuesdays at 2 pm

**PUBLISHER'S NOTICE:**  
All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under 18.

This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis. To complain of discrimination, call HUD toll-free at 1-800-669-9777. The toll-free telephone number for the hearing impaired is 1-800-927-9275.



**FOR SALE**

**COMPUTERS**  
New and Used. Repairs, upgrades, internet service. Ed Martindale, 473-3004.

**FOR SALE**  
4 BR/2 BA, brick home. Metal shop. 2 1/2 lots, water well, large pecan trees. 213 7th, Sterling City. 325-378-6551 or 325-453-2343.

**FOR SALE**  
Oak Creek Lake, 2 houses. CH/CA, fireplace, deck, big trees. \$28,000. 830-634-7085.

**HANDYMAN CONSTRUCTION**  
LICENSED ELECTRICIAN • INSURED & BONDABLE ANY TYPE OF JOB

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ROBERT LEE, TX  
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MOBILE: 325-277-7370

**Political Calendar**  
**The Observer/Enterprise**  
has been authorized to make the following announcements for the political offices in Coke County.

Each candidate or the campaign treasurer has paid for his or her announcement. All political advertising, announcements, and printing is cash in advance.

**COKE COUNTY JUDGE**  
Roy Blair  
Hal Spain

**COKE COUNTY TREASURER**  
Phelan Wrinkle  
Andra Arrott

**COMMISSIONER PRECINCT 2**  
Robert Feil

**COMMISSIONER PRECINCT 4**  
Bobby Blaylock

**JUSTICE OF THE PEACE PRECINCT 1**  
D. Joan Davis

**COKE COUNTY TAX ASSESSOR-COLLECTOR**  
Josie Dean

**CONSTABLE PRECINCT 1**  
Marshall Millican

**FOR SALE**  
16x60 Mobile Home. Good condition. Call Ricky Ross 453-4671.

**FOR SALE**  
3 BR, 1 BA home in Bronte. Large yard, very clean, fully furnished and ready to move in. Call Joe Stephens, Realtor, Coldwell Banker Patterson Properties, 325/234-1099, or evenings 325/896-2190. Webpage cbpatterson.com; email jstephensrealtor@zipnet.us.

**Bob Frazier's** 944-0010 / 473-6603

**Texas Best**  
Deflooding & Carpet Cleaning

24 hr. Emergency Water Damage Service

**HANDYMAN SERVICES**  
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402 Commerce • Robert Lee  
325/453-2797 • 453-4477  
FAX 453-4690

**FOR SALE**  
Sharply reduced prices. 1995 Ford Mustang GT, needs transmission, looks good, \$1500 OBO, was \$3000. 1965 Dodge Dart, coupe, needs starter, paint, should be a dandy, \$600. 1994 Lincoln Mark 8, rare, good, 103k, new tires. 1973 Cad. Eldorado, needs restoration, \$300, motor 500 ci alone worth the price. Perry Kehrler, 453-9768.

**FOR RENT**

**FOR LEASE**  
Large shop with office & restroom on over 350' of Hwy 277 frontage in Bronte. Call 325/439-1051. \$500/month.

**NICE! NEW! BRICK!**  
3 bedroom 2 1/2 baths  
2 bedroom 2 baths  
Now Available!  
Call: 325-473-3105 for information or 325-473-9548

**Santa Fe Crossing Duplexes**  
320 SE Railroad  
Bronte, Texas 76933

**MISCELLANEOUS**

**REPRESENTING BIRK MONUMENTAL MFG.**  
George Grim. 453-9902 or 653-5946.

**WARNING!!**  
The air in your home or office could be making you sick! Doesn't it make sense to breathe the cleanest air possible? Ask about free in-home trial. For more information, call (325) 453-2768 or 1-888-553-2768.

**PARKER PLUMBING**  
Residential & Commercial. All types plumbing repair - new construction, remodeling, fixtures, and sewer service. Licensed Master Plumber. 473-2131, Bronte.

**THE "BARBER" SHOP**  
Debora England, 107 W. Main, Bronte. 277-8164. Monday, Tuesday, Wednesday. 9 am - 5 pm.

**AM INTERESTED**  
in maintaining rural cemeteries or cemetery plots. Call George Grim at 453-9902 after 5:00 for scheduled or as needed maintenance.

**STUMP GRINDING**  
You have an unsightly tree stump in your yard? We'll grind it out without leaving a hole or a mess. Richard Baker. 473-2017 (home), (325) 669-7415 (cell).

**TREES**  
Topped, trimmed or removed, Shrubs-brush. Call George Grim 453-9902 after 5.

**HOUSECLEANING**  
Will do light housecleaning. Call Meagan Ross 453-4671.

**LAWN CARE**  
Will mow, weed eat, etc. Call Mason Ross 453-4671.

**I'M MAD**  
at banks who don't give house loans because of bad credit, problems or new employment. I do, call L.D. Kirk, Homeland Mortgages 877-947-3975, toll free.

**To Advertise, Call 453-2433!**

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JOE ASH www.amcwesttexasranches.com MARSHALL MILICAN  
473-0164 MOBILE • 453-2554 HOME 473-0437 MOBILE • 453-9002 HOME

**Blackwell**, Extremely nice 1,661 sq. ft. Brick Home with 3 BR, 2 BA, CA/CH, single car garage and carport, 13 x 21 brick shop, storm cellar and covered patio.

**Robert Lee**  
**New Listing**, 3 BR, 2 BA Home, 1,715 sq. ft., CA/CH, Single Carport, 24 x 31 metal with concrete floor, RV cover, back porch view.

**New Listing on 10 Acres**, 3 BR, 2 BA Home, **SOLD** Vaulted Ceilings, Fireplace, Living Room, Large Bathroom with Jacuzzi Tub, 31 x 60 and 25 x 35 metal buildings.

**It's Fresh**, 4 BR, 2 BA, 2 story home, secluded, near Lake Spence on a large lot

**Less than 1 year old**, 1984 sq. ft. Home, 3 BR, 2 BA, Vaulted ceiling in Living Area, Master Suite w/ "Oasis" Bath, Office w/built-in desk, 2 car carport w/storage, landscaped

**Very nice Brick Home** with 3 BR, 2 BA, 2 Living **SOLD** Office/Game Room, 2 car garage, 2 car carport, Privacy Fence.

**Close to School!** 3 BR, 2 BA home with extra room, CA/CH, 2 car carport, on corner lot.

**Brick Veneer Home** with 3 BR, 2 Bath, over 2560 sq. ft. Large living area with fireplace. Formal dining and living area, 14' x 16' shop.

**Very Nice Office Building** Prime location. Landscaped with additional lots.

**Acreage**  
1023 +/- Acres, Will Divide, All pasture & flat to rolling terrain with deep creeks and rough headers, 3 water wells and electricity, excellent deer hunting with turkey and quail

908 +/- Acres, all pasture, rolling with hills, **SOLD** river, mountain views, 2 car tanks, electricity, water well, good hunting.

884 +/- AC. 150 ac. in cultivation, 172 ac. improved pasture, 2 water wells, 2 tanks, barn, good fences, excellent hunting. Black Buck Antelope.

673 +/- AC, 4 year old, 2659 sq. ft. custom built brick home, 3 BR, 3 BA, Fireplace in living & master bedroom, Large master bathroom, walk-in closets, Large back porch overlooking scenic mountain range. 3 water wells, 2 dirt tanks, pasture land with 3 wildlife food plots, deep canyon, hunters cabin & deer stands. Excellent hunting.

650 +/- AC. All pasture, close to Colorado River, rolling terrain, 3 tanks, excellent hunting.

338 +/- AC. FM frontage, Rolling hills with deep creek, water well & electricity. Under wildlife management.

320 +/- AC. Secluded, rolling terrain with hills and mountainous views, older rock home. Two water wells, crossed fenced. Good hunting.

314 +/- AC. County Road access, two water wells with concrete reservoirs and electricity, mobile home cover, pens and barn, hay shed, all pasture with some deferred cultivation, rolling terrain with deep brushy draw, panoramic mountain views. Choice Hunting.

160 +/- AC. **SOLD** access, all pasture, **SOLD** mountain views, good hunting.

160 +/- AC. **SOLD** access, all pasture, **SOLD** rain, water well, electricity, Good Hunting.

93 +/- AC. Highway & County Road access, all pasture, flat to rolling terrain, good water well, electricity, 16'x32' custom built Morgan building, 3 deer stands & feeders, Good Hunting.

**We have Buyers, We need Land Listings.**

**HELP WANTED**

**NURSE (RN OR LVN)**  
6-2 shift, \$500 sign on bonus. Beautiful facility, great health benefits and pay scale. New ownership. Come by and check us out! Apply at Heritage Oaks Nursing & Rehab Center, 2001 6th Street, Ballinger, Tx 76821. Phone 325-365-5766, fax 325-365-5449.

**GARAGE SALES**

**HUGE GARAGE SALE**  
Sat., 8 am-?. 913 W. 11th, Robert Lee.

**BRONTE CITY-WIDE GARAGE SALE**  
Saturday, May 6th, 8 am. Maps available for all locations on the day of the sale at the First National Bank parking lot.

**YARD SALE**  
Fri. & Sat. 8 am. Craft buttons, jewelry, appliances, fishing & misc. 114 S. Randall, Bronte.

**IN THE GARAGE SALE MAY 6TH**  
Fishing, camping & skiing equipment. Storage room #18 on Hwy. 277, Bronte.

**CITY WIDE GARAGE SALE**  
Starting early, Friday, 8-?. 113 Driftwood, Bronte.

**ESTATE TYPE SALE**  
Antiques, wingback chair, glass store cabinets, shabby chic 4 poster 3 piece bedroom suite, Pepsi machine, pool table, round dining table, clothing and more. Saturday, May 6, 119 W. Main (former Cumbie's building), Bronte. 8 am-afternoon.

**CARD OF THANKS**

**THANK YOU**  
To all of you that sent cards. And the phone calls meant a lot to us during the loss of our grandson. Many, many thanks.  
Fred & Mary Williams and family  
41-1tp

**I WANT TO THANK**  
my loving family and friends for the visits, calls, and prayers during my short stay in Shannon Hospital. A special thanks to the ladies who deliver meals for alerting my neighbor, George Snapp for checking my house. No, Thank God, they didn't find me there.  
Willie Forman  
41-1twp

**Editorial & Advertising Deadline is 2 pm on Tuesday preceding publication.**

**THE OBSERVER/ENTERPRISE**  
Serving Coke County  
P.O. Box 1329 Robert Lee, TX 76945  
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**ASU Foreign Language Festival results**

**Cenicienta Skit**

**Excellent**

Holly Austin, Josh Gallegos, Jodi Sheldon, Arrin Minjarez, Prescilla Lara, Garrett Blair, Kaden Duncan, Justin Hewitt, Mason Ross, Michael Rodriguez

**Written Tests**

Josh Gallegos-Excellent; Anna Rojas-Superior; Andrea Pineda-Superior; Norma Rojas-Superior; Stephanie Trejo-Superior; Vanessa Saucedo-Superior

**Prose**

Anna Rojas-Superior; Jasmine Cortinez-Superior; Olga Perez-Superior; Vanessa Saucedo-Excellent; Jeremy Martinez-Superior

**Poetry**

Luke Thurman-Superior; Olga Perez-Superior; Jeremy Martinez-Superior; Stephanie Trejo-Superior; Holly Austin-Excellent; Carolina Vera-Excellent

**Sight-reading**

Vanessa Saucedo-Excellent; Andrea Pineda-Superior

**Extemporaneous Speaking**

Andrea Pineda-Excellent

**Falls Among Older Adults Can Be Deadly**

by Sheila Chambers

Falls in senior adults - people ages 65 or older - are the leading cause of injury and death in that age group. This fact recently hit home and became a reality to me - My father died in November of last year after suffering multisystem organ failure secondary to injuries sustained from a fall. Dad was 78-years-old, suffered from many chronic ailments common to senior adults but overall had a very active, fulfilling lifestyle. He had good neighbors and many friends. He worked hard all his life and retired just four years ago!

As a nursing home administrator and attuned to the threat and risks of falls in seniors, I felt that Dad was relatively safe. He lived in a top-notch adult retirement community with security services. My brother, sisters and I had developed a buddy-call system to check on Dad. But Dad liked his independence, coming and going as he wanted, and we kids probably infringed on his privacy.

Dad apparently fell on a Sunday morning while taking a shower. After numerous calls remained unanswered, my sister went to check on him and found him Monday afternoon; Dad had been down about a day and half. He died two and a half weeks later.

The National Center for Injury Prevention and Control cite some interesting facts about Senior Falls:

- For people ages 65 and older, falls are the leading cause of injury and death.
- Falls are the underlying cause of a large proportion of fatal traumatic brain injuries.
- The risk of falling increases exponentially with age.

- Older adults who have fallen previously or who stumble frequently are two to three times more likely to fall within the next year.

- Two-thirds to one-half of falls in seniors 65 and older occur in or around the home.

- At least 95% of hip fractures among older adults are caused by falls.

- Fall-related death rates and hip fracture hospitalization rates have been increasing.

The Center also reported frequent risk factors for falling:

- Being female
- Being white
- Having had a previous fall
- Having lower body weakness or gait or balance problems.

- Having physical limitations, wearing glasses or having other visual problems.

- Having more than one chronic disease, history of stroke, Parkinson's Disease, neuromuscular disease, urinary incontinence, or postural hypotension.

- Being cognitively impaired.
- Taking more than four medications or using psychoactive medications.

- Wearing shoes with thick, soft soles (example, jogging shoes).

The most effective interventions to preventing falls include exercise, medication review with modification, reduction of environmental hazards (examples - install grab bars, remove trip hazards, wear



**Foreign Language Festival!** The Robert Lee High School Spanish Club recently participated in the 2006 Angelo State University Foreign Language Festival in San Angelo. Participants included Holly Austin, Josh Gallegos, Jodi Sheldon, Arrin Minjarez, Prescilla Lara, Garrett Blair, Kaden Duncan, Justin Hewitt, Mason Ross, Michael Rodriguez, Anna Rojas, Andrea Pineda, Norma Rojas, Stephanie Trejo, Vanessa Saucedo, Jasmine Cortinez, Olga Perez, Jeremy Martinez, Luke Thurman and Carolina Vera.

proper clothing and shoes), have vision checked and wear proper eyewear. In a person with a history of falls, hip pads may be effective in preventing hip fractures. Calcium along with Vitamin D is critical at all ages and in conjunction with other medications that increase bone mass may reduce fracture risk. A buddy-call system and/or a medical alert device could also alert help for a fallen senior.

Even with the best interventions and intentions, seniors fall. Remember President Ronald Reagan? Here was a man who had a devoted wife who rarely left his side, had private duty nurses around the clock, and a swarm of Secret

Service agents at his beck and call. - And yet he still fell and fractured his hip! However, because of prompt response and interventions, President Reagan had a favorable outcome.

**North Runnels Home**  
**Health Agency**  
 106 N. Main  
 Winters, Texas  
 325-754-4141  
 Monday through Friday  
 8 am - 5 pm

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\*Seats are limited and fares may not be available on all flights. All fares are one way. Must be purchased by May 27, 2006 for travel to be completed by May 9, 2006. Fares are non-refundable and do not include P.C. segment tax or September 11th security fee of up to \$10.20 per segment. Travel purchased at an Allegiant Air ticket counter or through Allegiant Air call centers will cost an additional \$5.00 per segment. A segment is defined as one take-off and one landing. Fare rules, routes and schedules are subject to change without notice. Restrictions apply.

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---	--

**Congratulations to the Robert Lee High School Girls Golf Team! Good Luck at State!**

Ask For: **453-4561**  
**Randy Flanagan • Marsha Wink**

## 64 Study Club enjoys night out

The 64 Study Club meeting for April was a ladies night out. On April 20, 2006, twenty-six members and three guests enjoyed a delicious meal at Henry's before attending a performance of "Hello, Dolly" at the San Angelo Civic Theatre. Member with a birthday in April was Peggy Davis. The next meeting is scheduled for May 9, 2006.

## Steve Oleksiuk pharmacist in Winters

Lawrence Brothers Supermarket in Winters is pleased to announce their new Pharmacist in charge, Steve Oleksiuk. Many already know Steve. He is a long-time area resident and had his own pharmacy in Robert Lee for many years.

Steve is looking forward to assisting with all your prescription needs, so don't hesitate to phone in your prescriptions to 754-5680 and come through the convenient drive-thru to pick them up, or come to the store, drop off your prescriptions, take advantage of great grocery bargains and they will work to have your prescription ready for you by the time your shopping is done.

Come out to say hello to Steve and Esther at the reception on Saturday, May 20 from 9 am to noon.

## Order birth & death certificates online

Birth and death certificates can be ordered online, the Texas Department of State Health Services (DSHS) announced recently.

Previously, the certificates could be requested only by mail, fax or by visiting the DSHS vital records unit in Austin or one of the 490 local registrars' offices throughout the state.

Certificates may be ordered online at [www.texasonline.com](http://www.texasonline.com).

DSHS Chief Operating Officer Randy Fritz said, "Customers needing copies of birth or death certificates should find the speed and convenience of the new online ordering system a real timesaver."

He clarified that while certificates can be ordered online, they cannot be downloaded or printed.

Online ordering of a birth certificate for a birth that occurred in the last 75 years is limited to the individual for whom a birth certificate is requested and to the mother or father of that individual.

Online ordering of death certificates for deaths that occurred within the last 25 years is limited to the surviving spouse, a parent of the deceased and to certain funeral directors.

Verification of any birth, death, marriage or divorce—regardless of date—also is available online.

Forms for ordering by mail can be downloaded from the DSHS Web site, [www.dshs.state.tx.us](http://www.dshs.state.tx.us).

TexasOnline.com is the official eGovernment Web site for the State of Texas.

## Drinking for Health

To keep your body well hydrated, consume enough water—eight to twelve cups—throughout the day. Because milk, juice, and some other beverages are mostly water, they count toward your daily water intake. So does water from solid foods, although you can't really measure it.

Caffeinated beverages—coffee, tea, and some soft drinks—and alcoholic beverages aren't your body's best sources of water. Caffeine and alcohol act like diuretics, causing the body to lose water through increased urination. Decaffeinated beverages, however, don't have a diuretic effect.

If you need to increase your water intake....

\*Take water breaks during the day instead of coffee breaks. If you're a subconscious "sipper," keep a cup of water on your desk.

\*When you buy a vending machine or convenience store drink, reach for bottled water.

\*"Water down" your meals and snacks. Complement food with water, milk, or juice. Occasionally, start your meals with soup.

\*When you walk by a water fountain, take a drink!

\*Refresh yourself at snack time with juice, milk, or sparkling water.

\*Alternate sparkling water and alcoholic drinks at social gatherings.

\*Before, during, and after any physical activity, drink water, especially in hot weather. Consume 4 to 8 ounces of water every fifteen to twenty minutes while you exercise. Don't wait until you feel thirsty!

\*Keep a bottle of water with you as you commute, while you work, as you run errands. Travel with a supply of bottled water, too, even for day outings. Airline travel promotes dehydration.

## Know what to expect from investments

If your investment portfolio is even moderately diversified, you probably own both stocks and bonds. And that's a good idea, because diversification is essential to your success as an investor. But you also should know what to expect from different types of investments—because the more you know, the more likely you are to make the right moves.

Unfortunately, some people's expectations get distorted, due to what may be happening with their investments. For example, a couple of years back, many investors saw the value of their bonds rise sharply, causing some to look at these investments as "growth" vehicles. But is that an accurate assessment?

Probably not—although some recent statistics are

quite interesting. From December 1999 through February 2003, long-term government bonds rose about 13 percent, while the S-&P 500—one of the most well-known stock market indexes—fell by about the same amount. This is the second-greatest period, ever of superior bond returns relative to stocks—and one of the few in the past 80 years, a time in which stocks have consistently outperformed all other investments.

While you can't base all your investment decisions on what has gone before, it's generally a good idea not to plan on selling your bonds before they mature and make a profit. Instead, plan for what bonds do provide: current income in the form of monthly or quarterly interest checks. As long as you own your bond, you will always receive the same amount in interest (assuming the issuer doesn't default), no matter how much the bond's current value fluctuates.

Many stocks also provide current income in the form of dividends. But if you're like a lot of people, you buy stocks for their growth potential. In other words, when you buy stocks, you anticipate the price going up so that when it's time to sell, you can make a profit.

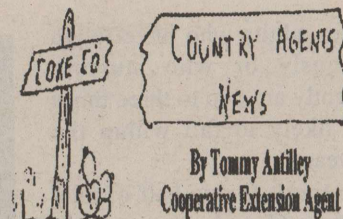
And although past performance is not an indication of future results, stock prices have risen steadily over the long term. In fact, from 1926 through 2005, large-company stocks provided an average annual return of more than 10 percent, while small-company stocks returned, on average, more than 12 percent, according to Ibbotson Associates, an investment research firm.

Of course, you can't assume that, for a given year, your stocks will return 10 percent, 12 percent—or anything at all. In the short term, stocks go down as well as up, so you shouldn't be shocked at losing principal over a single year, or perhaps a couple of years in a row.

But if you buy an array of high-quality stocks and hold them for the long term—at least five to 10 years—you increase your chances to achieve some growth.

Ultimately, by knowing what to expect from your stocks, bonds and any other securities you may own, you can draw up a long-term investment strategy appropriate for your individual needs, goals, risk tolerance and time horizon. You may want to work with a financial professional to help evaluate your holdings, what you might anticipate from them and what changes you may need to make.

Nobody can predict the future. But you can plan for it—by having a clear set of expectations, based on a thorough knowledge of your investments.



## Looking for the Perfect Goat

A Texas Agricultural Experiment Station researcher said most goat producers picture the "perfect goat" as being one that would produce more kids that grow faster, and remain healthy while doing so. This goat also would have lower production inputs because of better health.

Dr. Dan Waldron, Experiment Station geneticist at San Angelo, said the key to better health in goats often is tied directly to their resistance to internal parasites.

Does the perfect goat exist? Waldron is determined to find out.

"The meat goat industry has experienced substantial growth in the last decade, and much of this growth is in areas outside the traditional goat-raising strongholds of West Texas," Waldron said. "Dry West Texas has relatively few internal parasite problems, but many goats are now being raised in wetter climates. Wetter climates are better environments for parasites that cause problems for goats. Goat producers use anthelmintics (dewormers) to treat the problem. Unfortunately, those drugs are increasingly losing their effectiveness."

To compound the problem, Waldron said the relatively low numbers of sheep and goats make them 'minor species' when compared to other livestock. That dubious distinction causes them to fall below the radar of pharmaceutical companies, he said. The companies are reluctant to expend the dollars necessary to have effective anthelmintics approved by the Food and Drug Administration because they may not be profitable enough.

But there is hope on the horizon, and it's not a new dewormer. Several years ago, Waldron helped The American Boer Goat Association develop a genetic evaluation program called Boer Goat Improvement Network or "BGIN." The project, funded by the National Sheep Industry Improvement Center, provides Boer goat breeders with genetic information needed to select animals with superior genetic merit for growth or reproduction.

This year, the center funded a second "sister" project with the association and the National Sheep Improvement Program. The long-term goal of this Texas A&M University and Virginia Tech University project is to develop genetic evaluation procedures for determining



**Sawyer Wins Sweepstakes Trophy!** Ashley Sawyer received her 2005 State Sweepstakes trophy at the annual Texas Rabbit Breeders Association banquet held in Belton, Texas, on Saturday, April 8. Ashley has won the state award four years in a row and is currently in first place for the 2006 year. She attended 18 shows around the state compiling 4519 points to lead the Mini Lop rabbit class.

Ashley is a member of the Coke County 4-H and Robert Lee FFA and belongs to numerous rabbit organizations.

parasite resistance in sheep and goats.

"Our breeders are seeking a long-term solution to internal parasite problems," said Robert Swize, executive director of the American Boer Goat Association in San Angelo. "We're pursuing this project to build another tool for producers to use to improve the health of their herds and, at the same time, reduce their production costs."

"Identifying goats that produce offspring with genetic resistance to internal parasites will allow producers to select breeding stock that will do well in areas where internal parasites have been a problem."

Genetic differences among animals enable some to resist internal parasite infection better than others, Waldron said.

"Our specific goal is to determine how to identify those genetic differences so we can know how best to use pedigree data from the BGIN program \* along with parasite-burden data to predict the genetic merit of individual animals," he said. "Identified animals would then be prime candidates for a selected parasite-resistant sheep or goat breeding program."

The project dovetails neatly into Waldron's research mission of determining better, scientifically based ways of selecting animals for specific traits.

"Parasites can become resistant to anthelmintics commonly used by producers," Waldron said. "Genetic selection for resistance to parasites is likely the best and most cost-effective long-term solution for the global sheep and goat industry."