

Commitments to increase for some

AIR FORCE MILITARY PERSONNEL. tary education. CENTER, Randolph AFB, Texas (AFNS) ----Active-duty service commitments for officers who withdraw or are eliminated from an education or training program beginning Oct. 1 will incur an active-duty service commitment of two years regardless of time spent in training.

The change affects all education and training programs, including Air Force Institute of Technology professional education or training with industry, undergraduate flying training, technical training and professional mili-

The change applies only to people who receive permanent-change-of-station orders to an education or training location. It does not include those attending training on temporary duty status.

The two-year service commitment for withdrawal or elimination becomes effective two years from the reporting date at the next

on time spent in training, generally one year. In the past, this was sufficient to meet the needs of the Air Force; however, due to current retainability rules, the policy was changed to better manage the officer force.

Officers not reassigned by PCS can apply for withdrawal or elimination after meeting service commitments listed in Air Force **Regulation 36-51, Officer Personnel Active** Duty Service Commitment.

Officer evaluation briefing times set

The ATC Officer Evaluation System briefing team will be at Reese June 15-17. The team consists of Brig. Gen. Daniel A. Taylor, Lt. Col. William Merry and Maj. John A. Salvador. The briefings are mandatory and you should make every effort to attend the briefing which has been designated by your squadron for you. The dates and times for

assignment.

Currently, officers who withdraw or are eliminated from an education or training program incur a service commitment based

For more information, contact the base personnel office.

Is	the	Asia	n Tig	er in	our	future	1
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by Capt. Charles Sinclair Chief, Environmental Health

She came to us from the Far East. She is fully capable of bringing us such exotic dishemorrhagic fever. But it appears that she hasn't done so yet.

The Asian Tiger Mosquito, Aedes albopictus, was evidently imported to the United States from ships from the Orient. She has travelled the roads and rails of this land and set up settlements on the East Coast, Midwest, and the Gulf States.

The mosquito was discovered along the Texas Gulf Coast and turned up at Carswell AFB last summer. Is it coming your way? We don't know but the City of Lubbock and the Reese Hospital will be monitoring the situation closely.

Certain mosquitoes of the Aedes group

are able to bite a victim of these diseases, harbor the virus, and pass it on by biting another person. The Asian Tiger is one ofthem. During colonial times, yellow fever and dengue were problems as far north as Virginia. Over the years, the diseases disapeases as malaria, yellow fever, and dengue ... peared as did the vector mosquitoes. This was due to a combination of draining swamps, use of mosquito protection, and luck.

Incidentally, Aedes has nothing to do with AIDS-which is never transmitted by insects.

With the introduction of a possible new vector of disease to the U.S., we are concerned. But at this time, there is no evidence that Aedes mosquitoes in America are transmitting much disease. Besides a willing and able mosquito, you have to have a sick person as a source of virus. So far, we're doing just fine.

You need not be too concerned with the "garden variety" mosquitoes we have now.

What can you do to keep the Asian Tiger out of Lubbock?

Don't allow rain water to collect in bird baths, old tires, or flower pots. Old stands of water in artificial containers is where they hatch their young.

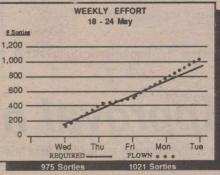
We believe that the Tiger came to America in water accumulated in artificial containers and tire heaps on freight ships from the Far East. Since we ordinarily have fairly dry summers, the threat is less here than on the Gulf Coast.

Leave the mosquito monitors alone. They are the tripods set up on the Golf Course, under the water tower, and in base housing. We take in quite a haul of mosquitoes. If there is an Aedes in the crowd, we want to know it.

Why do we call the Asian Tiger "she?" Because only female mosquitoes bite. Let's keep her out of Lubbock!

the briefings are:	the second states of
June 16	June 17
10 a.m.	7:30 a.m.
1:30 p.m.	9:30 a.m.
3:30 p.m.	1 p.m.
	3 p.m.

Mission Milestones



Good weather during the last week allowed us to fly 46 sorties more than required. With good weather forecast, the upcoming week looks even better. Our timeline position remains fairly constant with T-37s 2.9 days ahead and T-38x 5.5 days ahead.

Bits & Pieces

ATC change of command

The Roundup

Marie-Jacques and I were down in San Antonio at the beginning of this week for the Air Training Command **change of command ceremony** and **Commanders' Conference**. On Monday, Gen. John A. Shaud officially transferred the reins of ATC to Lt. Gen. Robert C. Oaks. As we bid farewell to General Shaud, ATC is enjoying the safest period in its history. As we welcome General Oaks on board, we look forward to the future challenges, guided by his leadership. Specialized UPT, civilian maintenance and budget restructuring are just a few of the demands ahead.

Commanders' Conference

The Commanders' Conference is a time where the commanders and senior enlisted advisors have a chance to get together with counterparts and compare notes on how things is going. It is also a time when we are briefed on the latest command policy and any problems that may have appeared.

It is always a very informative conference and the time spent is very worthwhile and valuable. I'll be including various topics in the coming weeks in my column to bring you up to date on the status of these important topics.

Mamma Reesione's

I know most of you are aware that Reese now officially has its very own **pizza parlour**. We opened this past Friday with very good results. During the opening weekend we did over \$3,500 worth of business. The food is excellent, the atmosphere is relaxing and the price is right. What more could we ask for?

Mamma Reesione's offers shrimp, chicken fried steak, sandwiches and a wide selection of menu items, in addition to tasty pizza. Their hours are:

Monday-Thursday,11 a.m. to 1 p.m., and 4:30 to 10 p.m; Friday,11 a.m. to 1 p.m., and 4:30 to 11 p.m.; Saturday 4:30 to 11 p.m.; and Sunday 1 p.m.-8 p.m.

They will even deliver on base and to Reese Village. Simply call 885-2639 to enjoy great food. Bon appetite'.

Operation Petticoat...

We just completed a super event here at Reese last Friday—Operation Petticoat. This program allows spouses the opportunity to suit up in flying gear and take a taxi ride in one of our aircraft. I know it is a real thrill for all of the folks who participated. In addition to being a memorable experience for all involved, it allows spouses to get a glimpse of what goes on out on the flightline in the various jobs, it also lets them see how everything fits into the "**big picture**" here at Reese, and the demands and stresses inherent in the flying business.

The program was a complete success and I wish to thank **Capt. Rick Ruiz**, from the 35th Flying Training Squadron, and **Capt. Tom Yoder**, from the 54th Flying Training Squadron for doing an outstanding job with this important event. In total, we taxied over 130 spouses. I would personally like to thank spouses for their support throughout the year and hope they have gained more insight into what we do here at Reese. Thanks again, and I hope everyone had a great time!

Do you think of new ideas?

I am reminded of the story where a local furnace company advertised for a salesperson. Some 28 folks wrote in for an interview. All of the applications were fairly much alike, a cover letter and a resume. One, however, was different. This applicant had realized that the usual letter-resume would be just another in the pile. So instead of trying to sell himself and his experience, he took a different tack.

First he studied the company's furnace. He went to the homes of all of his friends who owned one and asked them about it. Did they like it? Why or why not? Next he talked with home owners with rival makes. Again the same questions were asked.

By the end of the week the fellow had a pretty thorough understanding of the market. Then he sat down and wrote a report on his findings, adding some new ideas that he believed he could use to increase sales for the company.

The officers of the company, needless to say, read the report with considerable interest. Each of them chose this man over all the other 27 applicants. The person hardest to find, the one most in demand, it the one who can think, who can come up with ideas that will help the company grow and prosper. "Anyone with an idea," says the personnel director of a large corporation, "is a potentially successful person. They are so rare-there's so little competition."

George Bernard Shaw put it another way: "Few people think more than two or three times a year; I have made an



Col. Mark H. Lillard III, Wing Commander

international reputation for myself by thinking once or twice a week."

The Air Force, and Reese more specifically, can use people with new ideas. Most people do not submit ideas because they believe the idea will not even be considered. How do you know an idea will be rejected unless you try? Thomas Edison, although the holder and originator of over 1000 patents, actually claimed only the phonograph as truly his own. The rest were ideas that he heard from other folks, and he was the one to implement them.

So the very next time you think of a way to operate more efficiently or smartly, jot it down and turn it in on **Reese Form 68**, the Model Installation Program Proposal, or put it on the **Air Force Form 1000**-Air Force Suggestion Form. Not only can you make the Air Force a better place and make a real difference, but you may earn some **dollars** for your pocketbook besides.

On this day

June 10

Alcoholics Anonymous was founded (1935)

June 11

A B-52H aircraft set a record for the longest unrefueled flight by flying 12,532 miles in 22 hours, nine minutes – from Kadena AB, Okinawa, to Torrejon AB, Spain (1962)

June 12

National Flag Week begins

Women's Armed Forces Integration

Oaks receives ATC Command

RANDOLPH AIR FORCE BASE, Texas (ATCNS) — Lt. Gen. Robert C. Oaks became the 20th commander of Air Training Command when he assumed command from Gen: John A. Shaud in ceremonies Monday. General Shaud received his fourth star in a separate ceremony earlier in the day.

Air Force Chief of Staff Gen. Larry D. Welch transferred command of ATC from General Shaud to General Oaks.

General Shaud leaves ATC for an assignment as Chief of Staff, Supreme Headquarters Allied Powers Europe, in Mons, Belgium.

The change of command ceremony included a military parade with more than 730 ATC people participating. There were 10 troop masses, representing all aspects of the command—officer trainees; headquarters ATC; the Joint Military Medical Command; Undergraduate Flying Training; basic trainees; support personnel; military training instructors; and Headquarters Air Force Recruiting Service. After the ceremony, the troops marched past the hangars and faced the departure route of the generals. As Generals Welch, Oaks and Shaud left the parade area, all parade participants saluted, welcoming the new commander and saying farewell to the previous commander.

General Oaks comes to ATC from his position as commander of Allied Air Forces. As commander of ATC, he is responsible for recruiting Air Force people and providing them military, technical and flying training. There are more than 51,000 permanently assigned members in the command, including airmen, officers and civilians at installations throughout the United States. Each year, the command manages the training of about 350,000 people in more than 6,000 courses covering 350 technical specialties.

Guard. In 1959, he earned a bachelor of science degree form the Academy.

He earned a master's degree in Business Administration form Ohio State University in 1967 and completed the Naval War College in 1974.

The general is a command pilot with more than 3,200 flying hours, including 133 combat missions in Southeast Asia. Aircraft he's flown include the F-100 and F-111A.

General Oaks' military decorations and awards include the Distinguished Service Medal, Legion of Merit with one oak leaf cluster, Distinguished Flying Cross and Meritorious Service Medal with one oak leaf

Act enacted, which created Women in the Air Force as an integral part of the Air Force (1948)

June 13

Alexander the Great died (323 B.C.)

June 14

Flag Day

U.S. Army established as the first U.S. military service (1775)

First non-stop transatlantic flight (1919)

In addition to T-37 and T-38 flyovers, there were also static displays of the T-37, T-38, T-43 and T-41.

As they passed in review, the MTI's presented General Shaud with the traditional MTI Corps symbol of professionalism—a plaque with a clock flanked by the campaign and brush hat, the men's and women's MTI hats. General Oaks' previous assignments include Cannon AFB, N.M.; Misawa AB, Japan; England AFB, La.; Tan Son Nhut AB, Vietnam; Nellis AFB, Nev.; Mountain Home AFB, Idaho; Headquarters U.S. Air Force; The U.S. Air Force Academy, Colo.; and Ramstein AB, Germany. He assumed his duties in Naples, Italy, in October 1986.

General Oaks entered the first class of the U.S. Air Force Academy in 1955, after attending Brigham Young University for one year. Before entering the Air Force, he served 18 months in the Utah National

cluster.

He is married to the former Gloria Unger of Provo, Utah. They have four sons, Perry, Barton, Derek and Brock, and two daughters, Keri and Kristie.



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	NCOICMSg	
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	Staff Writer	SrA. Greg Spraggins

Approval needed for fund raisers

Many organizations are holding fund raising activities this summer, such as bake sales, car washes, and the like. These fund raisers benefit civilian and military charitable organizations as well as projects for the Air Force which, in turn, benefit the military community.

There are certain offices which need to coordinate on your request before the base commander gives approval:

— Car Washes: Package Store manager, legal office, base commander.

- Food Sales: Environmental Health, legal office, base commander.

— Sales at the BX/Commissary Mall: Store Manager, legal office, base commander.

All requests must be submitted in writing with a description of the purpose, nature, date

and time of activity. You will receive a written response to your request. During your fund raising activity, you must have the letter of approval signed by the base commander with you.

If you do not follow proper coordination as described above, it will delay your request in getting approval by the base commander. For more information, contact Capt. Sandra Gellner, 3655.

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Upfront

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Henry Pryjomski prepares one of the many dishes available at Mamma Reesione's. (USAF Photos)

Mamma Reesione's opens

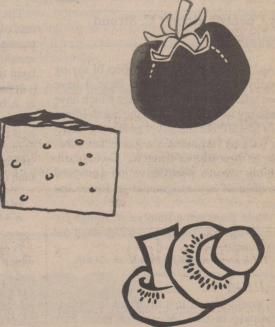
Reese's new pizza parlour opened last Friday with a formal ceremony at the Enlisted Open Mess.

Mamma Reesione's features a wide variety of pizza, sandwiches, pasta and salads. The parlour is located in the rear entrance of the Enlisted Open Mess. Meals are also available for take out.

The parlour is open during lunch on weekdays from 11 a.m. to 1 p.m. It reopens in the evenings at 4:30 p.m. and closes at 10 p.m. Monday through Thursday and until 11 p.m. on Fridays.

Delivery service is also available one-half hour after opening to offices on base and to people in dormitories and in Reese Village.





Left, Mr. Paul Thierry, of Social Actions enjoys a slice of Mamma Reesione's pizza at the grand opening last Friday. Below, 1st Lt. David "Hawk" Hawkens of the 54th Flying Training Squadron takes advantage of the newest facility on base. The pizza parlor is located in the rear of the Enlisted Open Mess.



Comment

Hospital has a bright future



By Col. Edward L. McGovern Hospital Commander

As the newly assigned hospital commander, I am proud to join the 64th Flying Training Wing. Since my arrival I have observed an enthusiastic and dedicated force.

I am well aware of the Reese tradition of excellence. We will strive to uphold this tradition at the hospital. I expect the staff to perform always in a professional manner. Courtesy and caring are also expected in the medical profession. Our patients are our most important concern. They are not only dependent on us, we are dependent upon them. Along those same lines, it would help us in improving our services if you would take the time to fill out a questionnaire whenever you visit the hospital for an appointment.

My feelings about medical care at Reese are very positive. Being a small hospital we do have our limitations, but we intend to deliver health care to the best of our ability along with support from the local community. The hospital is a service organization and we plan to provide as much service, of the highest quality, that the money we are given will buy. Sharing is the name of the game. The way we can provide better service is to get the service that is needed at the best cost to the government.

I have challenged myself that within a reasonably short period of time, numerous specialty clinics will be conducted at Reese through the support of the Texas Tech Medical School faculty. In addition, I am hopeful that non-life-threatening surgery will be performed routinely.

It appears likely that, beginning in October 1988, the Reese hospital will be managing CHAMPUS funding. What that means to the CHAMPUS beneficiary is that after the initial \$50 is paid, the Reese hospital will pay the remainder of the CHAMPUS bill.

The possibility exists that obstetrical services could return here. Reese is one of the bases being considered to hire civilian board qualified obstetricians. Should that occur, obstetrical care will be first class.

Let me tell you how the Veteran's Administration Sharing Agreement is working. For the last several months, VA patients have been hospitalized at Reese. These patients have helped the hospital justify needed resources such as new surgery and anesthesia equipment. These patients also have had illnesses that have provided valuable experience for our staff. In short, the VA agreement is working better than we had even hoped for. The VA is pleased with the care and the hospital is pleased with the experience and resources that we have received in exchange. You, the patient, have also benefited with increased services.

The future of medical services looks bright and I can assure you every effort will be made to offer quality medicine with the least amount of inconvenience to the patient.

Looking at Reese in retrospect

By Chaplain Robert C. Stroud **Base Chaplain**

As I face the imminent prospect of saying goodbye to Reese Air Force Base, I have been reflecting on several things which have made my two years here in the South Plains very special. Technically, I am not yet "looking back on" my service at Reese; nevertheless, as I prepare to leave for Korea, I am gaining greater perspective on just how providential my assignment to Reese has

While there are a number of things for which I am grateful, three aspects stand out in my mind.

"There are three faithful friends: an old wife, an old dog, and ready money."

-BENJAMIN FRANKLIN

I would amend this brief list to include "comrades in arms." My years at Reese have been profitable beyond measure, as I have come to know many unique and caring people. I am utterly confident that the friend- . ships my wife and I have made here will last.

The people at Reese are so special that the understatement. rest of the U.S. Air Force would be hardpressed to match their quality. You are the reason why our time in the South Plains has been time well spent.

It has also been a joy and privilege to serve at a base with one of the most essential missions in the Air Force-the training of new pilots. And, beyond that, it has been an honor to be a member of the Reese team which accomplishes this job more effectively than anyone else.

"Patriotism is not short, frenzied outbursts of emotion, but the tranquil and steady dedication of a lifetime."

-ADLAI STEVENSON

A second aspect of my service at Reese which I will always treasure, is the positive and healthy relationship we possess with the Lubbock community. The people here are patriots in the healthiest sense of the word. They are committed to the United States and those who defend her as members of the armed forces. Reese enjoys the reputation of being a base with extraordinary community support, and I have discovered this to be an

Do not take for granted the support we receive from the members of the Lubbock community. Appreciate it, for there are places where the citizens are not so eager to recognize and affirm the sacrifices you make as members of the military.

The encouragement from residents of Lubbock has been so great as to even compensate for the fact that my daughter now says "dawg" instead of "dog." (I trust that a year on the west coast will cure her of this.) The simple fact is that the people here are wonderful

"Most people are brought to faith in Christ not by argument for it but by exposure to it." -SAMUEL SHOEMAKER

I suppose that as much as I have enjoyed everything and everyone else at Reese, my life has been most deeply marked by the members of the Chapel community. Gathering together to worship God, proclaim his glory, and going forth to share his contagious love with others, has been a key ingredient of my family's life here. And this is not simply because I am a chaplain.

The chapel is filled with many devoted disciples of Jesus, whose uniforms bear no crosses, making up several worshiping congregations, and all have touched my life in a positive way.

Naturally, I have been most directly blessed by the members of the Liturgical Protestant service, who have encouraged, corrected and challenged me to grow. I owe them all a great debt.

"Everything changes but change itself ... " -JOHN F. KENNEDY

Change, in the form of moving to a new home and assignment, is an inescapable part of the military lifestyle. As my family moves on after our years at Reese, we are the richer for having been here. Thank you for investing a part of your lives in ours. We humbly hope that our presence here may have made some small difference in your own.

We leave Reese Air Force Base with many fond memories, close friends, and far better equipped to serve both God and country in the years ahead.

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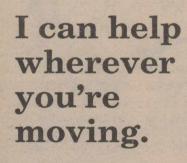




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News Briefs

Civilian personnel management course

The 16 hour Mini-Civilian Personnel Management Course for supervisors of less than three civilians is June 28-29 from & a.m. to 4:15 p.m. The course is in the CBPO in room118.

Lost and found

The Security Police Investigations Section has the following lost or abandoned property: two ladies watches, one softball glove, money, one crescent wrench, two children's sleeping bags, and one skateboard. If any of the property listed above belongs to you, please contact the Investigations Section at 3999.

Commissioning opportunity

Finish college under the AFR 53-20 commissioning program. Consider Air Force ROTC at East Texas State University with its liberal accreditation of CCAF and previous college credits. East Texas State is located 60 miles northeast of Dallas and the cost of 15 college hours is \$435 per semester. If you are physically qualified, can achieve qualifying scores on the Air Force Officer Qualifying Test, and are within two years of completing a bachelor's degree, you've already made the first hurdle. If you have been one year on station, your are eligible to apply. For more information, write to Air Force ROTC Detachment 830, Box X-2, ET Station, Commerce Texas 75428-1902. You may also call (214) 886-5200 between 7:30 a.m. and 5:30 p.m. Monday through Thursday or until 11:30 a.m. on Fridays.

Decoration not authorized

Commercial sources are advertising and offering for sale a medal characterized as a Persian Gulf Campaign Medal. This is not an official Department of Defense campaign medal or decoration and is not authorized for wear on military uniforms. The Armed Forces Expeditionary Medal has, however, been authorized for award to members of the U.S. Armed Forces participating in, or in direct support of, Operation Earnest Will in the Persian Gulf. For more information, contact Personal Affairs at 3643.

Unit reunion notice

The 754th Radar Squadron, Port Austin Air Force Station, Michigan, will be holding a four day gala reunion/party to commemorate the closing of the site. Any personnel (military or civilian) who served at Port Austin from 1951 to the present are invited to attend. The reunion will be Aug. 18-21, 1988. For more information, call AV 623-1110. Ask for Port Austin, ext. 309.

Dumpster reminder

Users of base dumpsters are reminded that non-compressible and oversized items are not to be placed in the dumpsters. The contractor will not pick up items placed beside the dumpsters on base. This service is only provided in Family Housing.

Non-compressible and oversized items, and grass clippings, should be placed in the two industrial bins located behind Bldg. 2107. If you have any questions or require additional information, please contact the Quality Assurance Evaluator at 3922 or 6214.

Garbage pickup

Base Housing occupants are reminded that the monthly pick up of bulk items is scheduled on the first Monday of each month. If you have any items you want to dispose of, please set them on the curb (not by the dumpsters) prior to 9 a.m.

Security deposit reminder

Complaints of landlords failing to return a security deposit or charging for rent after a tenant has vacated the property are not uncommon. Most often this is because the lease was not fulfilled in its entirety or a written thirty day notice was absent prior to vacating the property.

You must complete your signed lease agreement or pay the penalty. To avoid these problems, read your lease. If you do not agree with the conditions of the lease and the landlord is unwilling to change them in writing, do not sign the agreement.

If you have questions concerning your lease, contact the Housing Referral at 3601, or stop by the Base Housing Office, bldg. 6100.

Test dates set

Test dates for the next GRE and GMAT are as follows: The GRE will be givn on June 8 and the GMAT on June 20. The GRE and GMAT are funded for military personnel, so there is no fee. Military personnel interested in taking the tests should contact the Education Center at 3634.

Golfers to qualify

The qualifying tournament to determine who will represent Reese in the Air Training Command Golf Championships has been changed to July 16 and 17.

Golfers will compete for two slots in the open division, two in the Senior Division and one in the Women's Division.

The ATC Championship will be held August 28 through 31 at Mather Air Force Base. Personnel who are interested should sign up at the High Plains Golf Course as soon as possible.

Grass seed to be issued

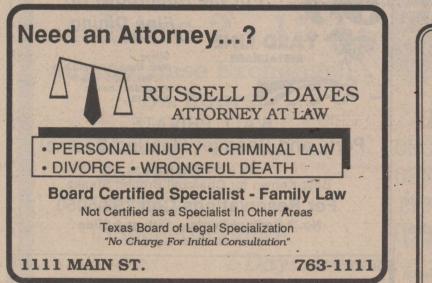
Grass seed will be issued to the occupants of Reese Village by Crawford Technical Services, Inc. The grass seed will be issued from 12:30 to 4:15 p.m. on Monday, Wednesday and Friday at bldg. 2002. For more information call 885-2462.

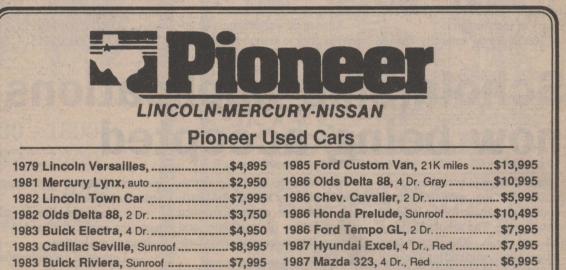
Housing decision help

The Housing Office has a program available for military and DOD employees called the Housing Decision. It is an innovative program which will help decide whether to buy or rent a home or live in Government quarters. If you are interested in using this program call the Housing Office for an appointment. The appointment is necessary to ensure that the computer is available.

Bowling hours change

The Windmill Bowling Center has changed to summer hours of operation as of June 1. The new hours are Monday through Thursday, 7 a.m. to 9 p.m., Friday 7 a.m. to 10 p.m., Saturday 10 a.m. to 10 p.m. and Sunday, noon to 6 p.m. The Bowling Center will be closed on holidays.





1984 Olds Delta 88, 2 Dr.\$7,495 1987 Nissan 200 SX, Red, 14K miles\$10,995



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1985 Cadillac Fleetwood, 21K miles	.\$13,995
1985 Nissan King Cab 4x4 P.U.	\$7,995
1985 Ford F-150 Supercab, Red/white	.\$10,995
1985 Buick Regal, Smoke	\$6,995
1985 Chevy Celebrity, Maroon, 2 Dr	\$5,995
1985 Ford T-Bird, 17,000 miles	\$7,995
1985 Pontiac Parisienne, 4 Dr	\$8,995
1985 Lincoln Mark VII	.\$14,995
1985 Chevy Camaro	\$7,995

1987	Ford Aerostar Van\$	13,99	5
1987	Ford Tempo, 2 Dr., Silver	\$6,49	5
1987	Honda Accord LX, Auto\$	12,49	5
1987	Nissan Stanza GXE, Auto, Sunfoof\$	12,49	5
1987	Nissan Stanza, 4 Dr., Blue\$	10,49	5
1987	Nissan Sentra, Auto, (3)	\$9,49	5
1987	Ford T-Bird, (3)\$	10,99	5
1987	Ford T-Bird, Turbo Coupe\$	12,99	5
1987	Lincoln T/C, Carriage Roof\$	18,99	5
1987	Lincoln Town Car, Sig. Series, Blue\$	18,99	5
1988	Lincoln Town Car, (3)\$	18,99	5
1988	Lincoln Town Car\$	19,49	5
1988	Linc. Town Car, Carriage Roof\$	21,99	15
1988	Merc. Topaz, 4 Dr., Auto, Red	\$8,99)5
1988	Ford Tempo, 4 Dr., Auto, Smoke	\$8,99	95
1988	Mercury Sable, 4 Dr., Fawn\$	12,99)5



Loop 289 South at Utica in Lubbock 794-2511 6

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The Roundup June 10, 1988

Weekly Housing Winners

May 24 Inspection

Enlisted Duplex

354 Mitchell

TSgt. Paul and Naomi Saville of the 64th Organizational Maintenance Squadron 352 Mitchell

TSgt. Rick and Virginia Morehouse of the 64th Civil Engineering Squadron

Enlisted Single

215 George TSgt. Jim and Amelia Kibler of the 64th Security Police Squadron

May 31 Inspection

Enlisted Duplex 308 Arnold SSgt. Mark and Hilda Wilson of the 64th Supply Squadron

310 Arnold

SSgt. Rich and Joy Rideley of the 64th Field Maintenance Squadron

Force Commissary Services **Officer Single** 111 Andrews

Officer Duplex

1st Lt. Bob and Holly Sinon of the 35th

2nd Lt. Bill and Judith McNeil of the Air

225 Mitchell

227 Mitchell

Flying Training Squadron

1st Lt. Jeff and Jacqui Deem of the 54th Flying Training Squadron

Enlisted Single 344 Mitchell Terry Martin

Officer Single

242 Harmon Capt. Dave and Loriann Reynolds of the 54th Flying Training Squadron

Dislocation allowance approved

AFB, Texas (AFNS)— Air Force Military Personnel Center and the Air Force staff judge advocate now have approval authority for a second dislocation allowance for some moves during a single fiscal year.

The revision was made due to stringent permanent-change-ofstation budget restraints. Authority normally rests solely with the secretary of the Air force.

AIR FORCE MILITARY PER- applies to unit moves; reassign-SONNEL CENTER, Randolph. ment to, from, or between hospitals in patient status or from patient status to duty station; and emergency leave from a remote tour when less than three months remain on the tour.

> The limitation on a second dislocation allowance does not apply to people traveling to, from, or between military courses that last 20 weeks or more.

Allowance waivers must be ap-The approval authority change proved prior to assignment instruc-

tions being issued. Hospital commanders no longer have authority to approve dislocation allowances for reassignments to or from hospitals.

Airmen and officers through lieutenant colonel must submit dislocation allowance waivers to AFMPC/DPMRPPI for approval. Colonel requests must be submitted to AFMPC/DPMO. For more information, contact Dorothy Stewart, AFMPC/DPMRPPI, AU-TOVON 487-3815/2315.

Scholarship applications now being accepted

Park College is accepting applications for the annual Military Family Scholarship for the 1988-89 school year. The scholarship is a full one year, 30-semester-hour tuition scholarship and may be used at either the resident center at Reese or the home campus in Parkville,

munity, church, athletic, recreational, volunteer service and charitable activities or demonstrated responsibility in part-time and summer jobs in support of the family unit.

- Must be dependents of active duty military assigned to Reese.

must complete an application for federal student aid.

- A short essay should accompany the application and will be subject to evaluation.

- Letters of recommendation will also be evaluated.



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THIS WEEK'S SCHEDULE COURTESY OF



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News

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Babysitting vs. Day Care policy

concerns about day care for children in homes in the base housing area.

The Air Force gives base commanders the option of implementing a Family Day-Care Homes Program to help meet child care demands at some bases.

The program can only be used for bases where child care centers aren't large enough to accommodate all eligible children.

According to a policy letter on the subject published by Col. James Higham, base commander, Reese's

Recently, many people have had some Child Care Center is currently operating at about 80 percent capacity, so the Family Day-Care Homes Program will not be implemented at this time.

Any Reese family housing residents offering services in their homes without the approval of the base commander must stop immediately or they are subject to penalty and possible eviction.

Day care, however, should not be confused with babysitting.

Babysitting is defined by Air Force regulation as individual care for children of other individuals on an occasional

basis, usually less than10 hours per week. This can be at a sitter's home or the resident's home.

Family day-care if offered for more than 10 hours per week in a home other than the child's with the care being provided by someone other than the parent.

Should the Reese Child Care Center ever be filled to capacity, the Family Day-Care Homes Program will be reconsidered.

Under this program, the base commander may authorize on-base residents to provide care for up to six children in

government quarters. Before approval, applicants must undergo screening, quarters inspections and at least six hours of training by the Child Care Center.

They must also comply with state laws regarding licensing, business permits and the like and are also subject to regular inspections by the base's fire, safety, health and other officials.

For more information concerning this policy or information about the base child care center, call 3006 or 3412.



Even if summer isn't officially here, the extremely high temperatures characteristic of the season certainly have arrived.

With the nice weather, we want to get out and enjoy most of our summer activities like swimming, boating and barbecuing. All well and fine --- that's what the summer months are for.

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But we must keep in mind our health and safety while enjoying these activities. In the news we hear a lot about sunburn, sun cancer, and over exposure. We know we must limit our sunbathing to a minimum

and use plenty of sunscreen to avoid these problems.

One thing we don't hear about too often are problems associated with heat exhaustion and heat stroke. It is especially important to be aware of these two conditions during these days of extremely high temperatures.

According to the Ground Safety Office Summer Safe Manual, heat exhaustion and heat stroke are caused when the body cannot eliminate excess heat... This usually happens when large amounts of water, salt or both are lost due to

heavy sweating followed by work or strenuous exercise.

Symptoms of heat exhaustion include pale and clammy skin, fatigue, profuse sweating, dizziness, nausea, headache and sometimes fainting.

Heat stroke is a very serious condition. Its symptoms are very high body temperatures and red, hot, dry skin.

For both of these conditions, a victim should immediately be placed in a cool area and should have cool wet cloths applied to them until medical attention can be

sought.

These and other serious summer time related conditions can be prevented by taking a few safety and health precautions:

When it is extremely hot, don't over eat and drink plenty of water.

- Never leave kids or pets unattended in a car, even with the windows rolled down. Either leave them at home or take them inside of a building with you. According to the Wing Supplement of AFR125-14, if a child is left unattended in a car, the security police may make a citing on the parents, question them and refer them to the mental health clinic. - Wear light colored, loose fitting clothing.

- Limit your strenuous activities to the early morning or evening when temperatures are cooler.

- Use a good sunscreen when outside for prolonged periods of time. When possible, limit your time in the sun to and absolute minimum

For more information, contact either the hospital or the ground safety office.

PCS Sale **June 2 - 15** at your Base Exchange!! BX hours: Monday - Friday 0930 - 1800Saturday 0930 - 1700 Sunday 1100 - 1700Shoppette Hours 0700 - 24007 Days A Week !





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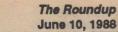
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8

News

Reese civilian wins AF award

the Air Force level winner of the General Thomas D. White Personal Award for Community Planning for 1987.

Shepherd, assigned to the 64th Civil Engineering Squadron as the Community Planner for Reese AFB, has worked here since July 1984.

He received the Air Training Command Planner of the Year award last month during an awards banquet at Randolph AFB in San Antonio.

He will travel to Washington, D.C. to receive the Air Force award later this sum-

Shepherd was nominated by Lt. Colonel Paul D. Baker, former Base Civil Engineer

Mr. Scott B. Shepherd has been selected and Civil Engineering Squadron Commander, because of his record of outstanding achievement, dedication and performance.

In particular, Shepherd was cited for his long range development plan for Reese, "Toward the 21st Century," and his involvement with community agencies attempting to establish land use zoning around Reese AFB. His Land Management and Landscape Development plans were both singled out as meeting the highest standards of thoroughness and civil engineering excellence.

Through his work with Reese's Air Installation Compatible Use Zone (AICUZ) program, he was able to inform Lubbock city and county officials of their authority to develop zoning standards around civilian and military

airfields. This education process resulted in the city and county creating a Joint Airport Zoning Board (JAZBO) to create a master plan for compatible land use in the environs of Reese AFB. Since the creation of the JAZBO, a Height Hazard Zoning Ordinance has been passed for the area around Reesea precedent-setting act for a military airfield.

"My next goal is to try to 'shepherd' a compatible land use plan into the Lubbock zoning laws," said Shepherd. "But, just like my past accomplishments, it's going to take the help of all the Reese and civilian community representatives who have helped me in the past and who are, in reality, responsible for my award."

Mr. Scott Shepherd

Enlisted commitment policy changes

CENTER, Randolph AFB, Texas (AFNS) — Active-duty service commitments for enlisted people completing technical training courses will be computed based on six times the length of the training beginning Oct. 1.

The change will affect everyone who enters a training program on or after Oct. 1.

People attending local field training detachment courses do not incur a service personnel office.

AIR FORCE MILITARY PERSONNEL commitment. Airmen applying for retraining under Air Force Regulation 39-4, Airman Retraining Program, must still meet retainability requirements.

> This policy change brings the service commitment computation for enlisted people in line with that used for officers.

For more information, contact the base





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Operation Petticoat recognizes spouses

35th and 54th Flying Training Squadron wives were provided with an opportunity to see first hand what their husbands do for a living. On June 3, more than 150 wives

Last week, maintenance and participated in "Operation Petticoat," where T-37 and T-38 instructor pilots provided their wives as well as wives of maintenance personnel with high speed taxi rides in the T-37 and T-38 aircraft.

sonnel office.

Fewer people

Faculty duty

designed to provide the spouse with an appreciation of a small part of their husbands' daily duties. The operation is dedicated to showing appreciation to each spouse and

Previously, approval authority rested with the

major commands, some direct reporting units and

the secretary of the Air Force. The delegation of ap-

proval authority will allow prompt presentations.

Additional information is available at the base per-

WASHINGTON (AFNS)-Decline in Air

Force strength accelerated in April as 12,799 more

people left than joined. Air Force lost nearly 9,000

people in March. At the end of April there were

28,555 in April. Losses in the other services were: Army, 8,532; Navy, 4,065; and Marine Corps,

3,159. Excluded are 71,000 full-time military

AIR FORCE MILITARY PERSONNEL CEN-

TER, Randolph AFB, Texas (AFNS)- Air Force

Defense Department-wide, strength declined by

5891,861 people in Air Force uniforms.

people paid from other appropriations.

The project is an annual event recognizing the part they play in achieving the success of the wings mission.

> Janet Yoder, wife of Capt. Tom Yoder, T-38 Check Section, said "We are recently married, and most of Air Force life still remains new and mysterious to me, with the most mysterious aspect being what my Air Force pilot does everyday. Operation Petticoat gave me the opportunity to see his work day."

The program consists of training in the aircrat's egress system, orientation with life support requirements such as helmets, oxygen masks and parachutes, ground traffic radio calls, taxi operations, and aircraft acceleration to a high speed abort down the runway.

Along the way, each spouse learns a little about the aircraft systems, capabilities and limitations.

"I had many misconceptions about his work. I thought being a pilot was more fun than work. I could not even get the canopy down, breathe comfortably through the oxygen mask without at least choking first, taxi to the runway in a straight line, or even hold the brakes to keep the jet at a standstill while the engines wound up for our high speed abort," she added.

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After strapping the wives into the aircraft, each husband showed them how to operate intercom systems, release seat straps in the event of need, demonstrated proper operation of the steering mechanisms and radio functions and fitted an oxygen mask to her face.

"After Operation Petticoat, I can honestly say I have great respect and admiration for the men and women we call our Air Force pi-"I must admit," said Mrs. Yoder, lots," said Mrs. Yoder.



TSgt. Steven A. Broom of the 64th Field Maintenance Squadron is a May graduate of the Noncommissioned Officers Academy located at Lackaland AFB, Texas. Other members of the class from Reese were TSgt. Susan A. Donahue of the 64th Supply Squadron and TSgt. Richard Morehouse of the 64th Civil Engineering Squadron (USAF Photo)

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Colonel assignments

AIR FORCE MILITARY PERSONNEL CEN-TER, Randolph AFB, Texas (AFNS)—Applications for summer 1989 Air Force Reserve Officer Training Corps colonel and colonel selectee vacancies will be accepted from July through October.

Applicants must have a superior performance record; master's degree; retainability through summer 1994; and at least three years at their current assignments by August, unless returning from overseas or completion of a controlled tour. School preferences are solicited; however, manning needs will determine assignments.

For more information, contact the base personnel office customer service unit.

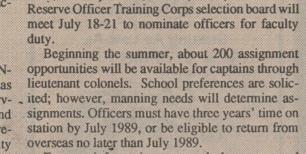
New name

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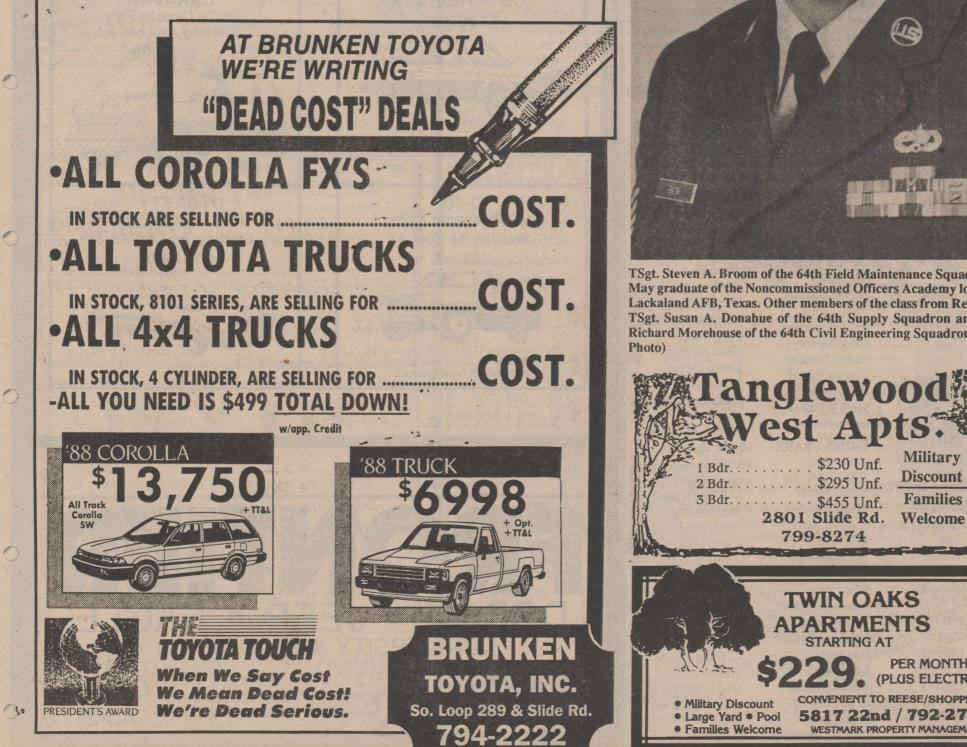
DENVER (AFNS)—Air Force's Sure Pay check to bank program has been renamed Direct Deposit. The name change brings the program in line with other federal agencies and more accurately reflects the intent and nature of the program. Direct Deposit sends checks from the finance office to bank accounts on or before pay day.

Approval authority

AIR FORCE MILITARY PERSONNEL CEN-TER, Randolph AFB, Texas (AFNS)—Air Force has granted permanent delegation of Meritorious Serv- ice Medal approval authority to wing-level and equivalent commanders for medals based on retirement, separation or death. Delegation of authority within major commands is contingent upon commander approval.



For more information, contact the base personnel office customer service unit.





KINDERGARTEN A-B Honor Roll Prompt and Regular Attendance Joanne Bigos **Eddie Brown Jansom Butts Christian Carbaugh Krysta Eggers** Jeremy Enloe Aaron Jaeger **Crystal Lopez** Tera Mangan Eliseo Olbera Angela Owens **Quentin Shields** Corey Thomas Johnny Torok Marci Yoakum

FIRST GRADE

A Honor Roll Janet Bryant ~ Adrainne Butts Jason Anderson James Clark Jason Dion Jeremy Dulaney Cara Freeman Amanda Gabel Carrie Horton Quentin Huser **Austin Jones** Sherry McIntyre Brandi Nelson Mathew Philippi **Robert Saenz** Nicole Spahr A-B Honor Roll Katy Alvarez Michael Couffer Matthew Davis Mariette Gamble **Destiny Herring** Jessica LaRose **Brandon Self Dennis Settle Kevin Swope** Zackaria Thornton Prompt and Regular Attendance, **Adrainne Butts Destiny Herring** Adrian Kibler **Glen Nopal** Nicole Spahr Jeremy Strawn **Tyna Waters** Citizenship Jason Anderson **Renee Blair** Heath Bratcher Amy Costilla Matthew Davis Amanda Gabel **Austin Jones** Mark Lusk Dora Martinez Robert Saenz **Ronnie Stewart**

Brenda Arick Michael Belmont Kandice Bice **Cristina Bratcher April Bush** Maria Cruz Jeanne Dearwechter Wendy Duffy Rene Garcia-**Courtney Goff** Tonya Guzman August Huckabee Janessa Jones Amy Lowery Jimmy Mason Mandee Murphy **Stephanie Myers** Zane Nguyen Virginia Riley Jodi Rothering Wilfedo Ruiz, III **Kyle Russell Tony Saucedo** Kenneth Wenzel, III **Erin White** Prompt and Regular Attendance **Cristina Bratcher** Mari Carbaugh **Austin Estes** Sabrina Herring August Huckabee Jamie LaRosa Amy Lowery Dante Luana Elizabeth Maldonado Laura Mitchell Jennifer Morehouse Da'lynn Norton Jamie Richardson Virginia-Riley Chris Siburt Marcos Silvas **Kasie Taylor** Michael Wadsworth Kenneth Wenzell, III Citizenship Michael Belmont Eric Carr **Billy Hernandez** Dante Luana Jesse Pachecano Sarah Peyravy Andrea Ramon Jennifer.Rucker Noel Smith Sarah Williams Janine Wilson **THIRD GRADE** A Honor Roll **Tiffany Koester** A-B Honor Roll Michael Barber Erika Crawley Eric Holz Heather Huser **Edmund Mesquias Julie Pierce Brandi Seagraves** Wendy Wright Prompt and Regular Attendance Isaac Cole **Barbara** Conley Erika Crawley Cody Dailey **Edmund Mesquias** Wendy Wright

Citizenship Porfirio Castillo Julie Pierce **Erick Williams** Alissa Wren **FOURTH GRADE** A Honor Roll **Crissy DoRego** Andy Jaeger Anthony Strawn A-B Honor Roll Rhonda Blair Dathy Carbaugh **Dusty Enloe** Elizabeth Garcia Wesley Knotts Chad Murphy Leticia Olbera **Rita** Olbera **Christy Partlow** Loretta Ramon **Brandy Smith** Jennifer Smith **Robert Torres** Nicholas Turner Katie Wallace Marlayna Workman Prompt and Regular Attendance **Buddy Brown** Katherine Carbaugh **Tony Carbaugh** Cynthia Guzman Rebecca Hudson Angela Kavanaugh Wesley Knotts Jason Morehouse Juan Ramirez Veronica Ramirez Quedric Scott **Candice Stevens Toi Thompson Robert Torres Christine** Towe Gregg Turner Nicholas Turner Natalie Whittaker **Tricia Wiley** Lee York Citizenship Chrissy DoR **Dusty Enloe** Cynthia Guzman Andy Jaeger Chad Murphy Leicia Olbera Loretta Ramon Marlayna Workman NCOA Awards for highest academic average in each classroom in grades 1-4 -First Grade Adrainne Butts James Clark Cara Freeman Austin Jones -Second Grade **Cristina Bratcher** August Huckabee Da'lynn Norton Sarah Peyravy -Third Grade Tiffany Koester Wendy Wright -Fourth Grade Christine DoRego Andy Jaeger Dusty Steele





SECOND GRADE A Honor Roll Jamie LaRosa Da'lynn Norton Sarah Peyravy Peggy Powell Noel Smith Derek Vaughn Janine Wilson

11

Special Civilian Award

winners recognized

The 1987 Civilian of the year award winners and their respective categories are as follows: Jerry D. Billington, assigned to the Deputy Commander for Resources, WG/WL-8 and below. (not pictured)



Glynda Williams, assigned to the Morale, Welfare and Recreation Division, NAF-5 and above.



Christian J. Davis, assigned to the 64th Air Base Group, GS-9 and above.



Stanley Greenberg, assigned to the 64th Civil Engineering Squadron, WS-10 and above.

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Milagros P. Gonzalez assigned to the Morale, Welfare and Recreation Division, NAF-4 and below.



Bobby G. Chapman, assigned to the Deputy Commander for Maintenance, WG/WL-9 and above.



Aquilla H. Brock, assigned to the Deputy Commander for Maintenance, GS-4 and below.



James H. Tinnell assigned to the Deputy Commander for Maintenance, WS-9 and below.



Thomas M. Mahoney, assigned to the Deputy Commander for Maintenance, GS-5 through GS-8. (USAF Photos)



Comment Flag Day to be celebrated Tuesday

By Chaplain, 1st Lt. William R. Harper

U.S. Air Force Reserve

If there were no such nation as the United States of America, the American flag would still be a beautifully designed piece of cloth, but it would not be a symbol that carried meaning and power. To be a symbol, a flag must stand for a country, its people, and its heritage.

The flag of the United States of calendar.

America has affectionately been called "Old Glory," "The Stars and Stripes," "The Star Spangled Banner," and "The Red, White and Blue."

This Tuesday, Flag Day, could be a day in which you set a new standard for yourself once again, that of respect for the flag of the United States of America.

One may ask why another special day is needed in the already busy calendar.

Speaking especially for this day one O has to simply look around and take the note that people do not respect the sug. American flag as they once used to, refl. At public gatherings while the Pledge clot of Allegiance and the National Anthem are being sounded out you see will that people stand with their hands in R their pockets if they stand at all; they cou talk, look around, you name it, anything but give respect that is due the for. flag.

On this day dedicated to the flag of the United States of America I might suggest that you take a moment to reflect on what this beautiful piece of cloth stands for.

Once again I firmly believe you will have goose bumps hit you again.

Remember, a flag stands for a country, its people, and its heritage. Our flag certainly has a lot to stand

You can't take it home

By Sgt. Mark T. Wilson 1958 Communications Squadron

Mr.s.

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Staff.

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Sind I

An interesting story about computer security recently passed across my desk. This story was so interesting that I decided to repeat it for your benefit. It concerns an Air Force employee who decided to get a home computer so he could take work home with him rather than spend late hours at the office. Here is Ned's story:

Ned was a go-getter. He worked late every night getting out project after project. His colonel made general, Ned increased in grade, and everything was swell until one day Ned realized his family life had begun to suffer. So to make life easier at home, Ned went out and bought a home computer compatible with the office equipment. After all, his kids needed one for school work.

Night after night, Ned could be seen leaving work on time with brief case in tow — and the projects continued on schedule. The boss left for the Pentagon and the new colonel was briefed that Ned is the one to take care of, since Ned was a "general maker."

One day the new boss was reading one of Ned's reports and called him in. "Ned, I'm almost sure I've seen some of this in a classified document somewhere. Check it out, will you?" Off went Ned with an uneasy feeling. "Impossible," thought Ned. "I didn't use any classified stuff to make that report." You can guess the outcome. Yes, it was classified, and poor Ned was chastised. (Lost his reputation as a general maker, too.)

What about the home computer? Doesn't using floppy disks guarantee security? No, says the command computer expert.

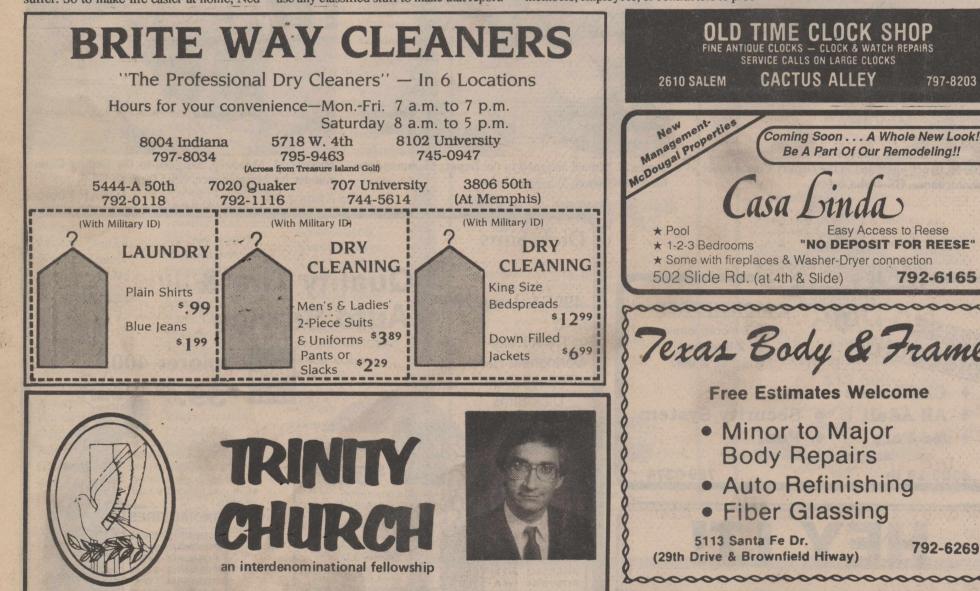
When you save a document on a floppy disk, you may accidentally create a "ghost" of that document in the hard disk that only experts can erase.

Why did I find this story interesting? Because AFR 205-16, para. 6, states: "Do not use personally owned computers of Air Force members, employees, or contractors to proc-

ess classified or sensitive unclassified information or for critical processing."

The story of Ned, the ex-general maker, provides an explanation for this requirement: even though the materials and information you use to produce a report may be nonsensitive/unclassified, the resulting report could very well become sensitive information or possibly even classified.

The story of Ned is not the product of someone's imagination. According to the HQ ATC security office, it happened recently. The events and the results are all true. I'm just not sure if the need to do Air Force work on a home computer was worth it.



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13

Special Shoplifting: an exchange problem

By Alice Boyd American Forces Information Service

"After all I've been through, they owe me this. Besides, I don't have the money anyway. I'll just slip this under my coat - or in my purse-and no one will know." These could be the thoughts of any military shoplifter.

In fact, they're the kind of people-over 10,000 last year-caught by Army and Air Force Exchange Service surveillance teams throughout the United States and overseas. Last year alone, more than \$3 million in merchandise was retrieved from shoplifters and another \$2 million lost to undetected thieves. The average loss: \$58.

Although shoplifting is common to all service exchanges, the rate is significantly lower than in commercial retail stores. Department stores average a 1.9 percent loss of their total sales to theft by customers and employees, while the Army and Air Force Exchange Service annual loss is less than 1 percent.

Most shoplifters caught in the exchanges are dependents and military trainees, according to Joseph Roessler, director of security, Navy Resale and Services Support Office. "Thefts by officers are rare," he added.

Still, military shoplifters run the gamut of ranks, and dependents range from children to senior citizens. But most candy bandits are usually boys between the ages of 9 and 15 and constitute the largest group of thieves who are caught.

Shoplifters, both service members and dependents, risk losing their exchange and commissary privileges, and damage to their reputation, as well as a fine, jail sentence or other punishment.

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"Our policy is to prosecute every case to the fullest extent of the law, whether it's federal or local," said Roessler.

Article 121-larceny and wrongful appropriation - of the Uniform Code of Military Justice applies to military personnel caught shoplifting. Punishment varies. A first offender, for example, could get minor punishment such as a reprimand or an Article 15, if the item stolen is relatively inexpensive. On the other hand, theft of large dollar items often results in trial by court-martial.

The maximum punishment for stealing items valued at \$100 or less is a one-year confinement. For shoplifted items valued at more than \$100, the maximum is five years.

In addition to confinement, a military member could receive a punitive discharge (bad conduct or dishonorable), forfeiture of pay and allowances and reduction in grade.

While in the United States, guilty dependents and spouses come under federal (and in some cases, county) jurisdiction. Items they take are usually of low dollar value. Therefore, a magistrate rather than a trial judge would most likely determine punishment, which may vary from a fine to community service or confinement.

Overseas, family members are normally subject only to U.S. government rules and regulations, although, depending on the status of forces agreement, they could be prosecuted in local courts.

Regardless of criminal sanctions, however, administrative sanctions such as being barred from the exchange, commissary, bowling alley and theater are enforced. Also, dependents and spouses can be called before the commander for a reprimand. The worst punishment they can receive, though, is to be sent back home to the United States.

For a service member, "on the record" means in an efficiency report. For dependents and spouses, it means the police blotter.

To educate military families about the seriousness of exchange shoplifting, the Army and Air Force Exchange Service will soon provide an anti-shoplifting videotape to installation commanders for showing at commanders calls, wives' club meetings, on-base schools and other gatherings, according to Cafferty.

In conclusion, Roessler said, "The cheapest price to pay for any merchandise is the authorized price on the ticket.

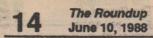


Dance and Dine at the two 5-gallon bottles of Sparkletts Country Steak Barn drinking water ... plus first 5560 56th 797-6774 month's cooler rental FREE he way water was meant to taste. No chlorine \$150 OFF 1st no sediment, no odor. Coffee tastes richer, juices taste fresher, soups have a more flavorful Friday and Saturday ip when made with Sparkletts water. Take dvantage of Sparklett's introductory offer for **MONTH RENT** "The Herb Balentine Band" ew customers (on approved credit) Call collect 806-765-9455 plays Country Classics **No Deposit For** This coupon redeemable for 2 FREE bottles of Sparkletts drinking water as part of your first onth's service when you order regular home 8:00 - 12:00 lelivery of Sparkletts water in 5-gallon bottles. Militar Present this coupon to your Sparkletts Represe me of your first delivery "Easy Access **Sirloin Steak** from 1, 2 & 3 Bedrooms & Shrimp R.A.F.B." Washer/Dryer Connections (all units) \$**Q**49 east of Shallowater **Covered** Parking on FM 1294 Easy Loop Access to Reese served with potato, salad bar and **Fireplaces** cheese rolls U.S. 87 North (all units) to Shallowater **2** Pools **Drink Specials** Exit

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Newsmakers

News items on this page are brought to you by the advertisers in the Roundup, who actively solicit business from the military and civilian personnel at Reese Air Force Base.

NAACP banquet to celebrate 79th year

The Lubbock NAACP will celebrate its 79th year with its second annual dinner/dance, to be held Saturday. June 11. at the Koko Palance from 7:30-until.

Tickets are \$12 per person and \$23 per couple.

The public is invited to the celebration of dining and dancing.

Guest speakers will be Nancy Neal, LISD school board president; Tom Nichols, Lubbock Chief of Police, and Dr. Caesar Clark, National Membership Director NAACP, Dallas.

For more information, call 747-8463.



'Mall Camp' registration set for June 11

Lubbock Parks and Recreation, St. Mary of the Plains Hospital Kids Club, KLBK-TV 13, and South Plains Mall are sponsoring a free day camp for children ages 6 to 12.

The camp will be held at South Plains Mall in the old Casual Corner store Monday through Friday, June 20-24.

Each day, camp will begin at 1 p.m. and end at 4 p.m. with the exception of Wednesday which will include a morning movie provided by UA South Plains Cinema Four.

That particular day, the children will be asked to bring a sack lunch and Newscenter 13's Noon Report will broadcast live from "Mall Camp."

The theme of "Mall Camp" is Wacky Olympics. The children will participate in unusual relays and skill games; a souvenir craft; exercise to music; daily snack time; opening, closing, and awards ceremonies; and demonstrations.

Demonstrations will include Taekwondo U.S.A. from Hodges Community Center, Great American Kennel's puppies, American **Red Cross Basic Emergency First** Aid Training, and the Lubbock Police Department's K-9 Corp.

Each day will include snacks provided by Chick-fil-A, Wienerschnitzel, and the Great American Chocolate Chip Cookie Company.

Registration (limited to the first 200) will begin at 10 a.m. on Saturday, June 11, in front of the old Casual Corner store located next to the original Dillards.

Registration must be made in person.

For more information call 762-6411, ext. 2691 or 2680.



Manor," the Lubbock Parks and Recreation 10th annual Melodrama In The Park, will be staged at 7:30 p.m. Thursday through Saturday, June 16-17-18, and again June 23-24-25 at Wagner Park, 28th and Flint.

There is no admission charge for the show.

The audience is encouraged to bring blankets and lawn chairs for a fun filled evening of family entertainment.

This year's melodrama is directed by Jerry Ivins.

"Dastardly Doin's at Dove Manor" is one of three western melodramas that are rotated for the summer productions.

As in the past, the audience is encouraged to participate. Popcorn from the concession stand serves as a ready weapon to battle the always notorious villain.

For more information call Lubbock Parks and Recreation at 762-6411, ext. 2684.

Tell us of your accomplishments, special occasions, births, weddings, children's achievements, etc.

Tell us "who, what, when, where, why and how" about your special event.

Mail news item to: **Word Publications** P.O. Box 2415 Lubbock, TX 79408

News items must be received in the publishing office no later than Tuesday noon the week of publication. For more information, or any questions, call 763-4551.

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MPLETE 454 HD, 12.5:1 CR, less intake & exhaust manifolds, distributor, p (LS7, cost-iron OC heads). 959180 54, 10.2:1 CR, less exhaust manifolds, distributor (70 LS6 11:1 CC with cast-iron OC heads). 963352 \$2695.00	All aluminum heads have blocked heat risers, blind delivered with seats and guides installed, except as Note 1. Shipped bare. Note 2. Shipped assembled with guide plates and s BIG BLOCK 14044862. Aluminum, modified OC (105cc), 1.88-in square exhaust ports raised ³ 4-inch with fin on floor.
I have been an an an an and a second	take ports, reinforced rocker arm bosses, rocker Pushrod guide plates must be ground to fit, aftern
BLOCK ASSEMBLY, Cylinder	mended. ("Bow Tie Pro Stock") 14011076 Aluminum OC, D-shaped exhaust port
udes block, crank, cam, timing gears, pistons, con rods. udes block, crank, pistons, con rods. 454, 70 LS6, 11:1 CR with CC heads	valve (replaces ZL1 round exhaust port head 394607 14011004 Same as 14011076, but solid casting (r 6260482 OC, 1.88-inch exhaust valve (LS7)
427 HD, '69 L88, 12.5:1 CR with OC heads.	3919839 CC. 1.72-inch exhaust valve (*65-69 speci- 10045427 Aluminum, Modified OC (84cc), 2.40-in take ("Pontiac Pro Stock")
350, 1969-70 LT1/70 Z28, 11:1 CR \$1570.00	10049875 Same as 10045427 with a 375cc intake SMALL-BLOCK
	10051101 Aluminum, angled spark plug, extensiv sions (including raised intake ports, raised rocker re
CYLINDER & CASE ASSEMBLY (Bare Block)	(requires aftermarket .100-inch longer than stock vo
oduction (replaces 3970016) (builds 302. 327. 350) 8 499.00 8. 3.980-inch semi-finished bore LJ HD, blind head bolts holes, ylinder walls allow for up to 4-1/8-inch finished bore, extra reinforc-	14011050 Aluminum, angles spark plug, recontou exhaust exit remain in stock location)
bulkhead ("Bow-Tie block") \$ 845.00	14011005 Same as 14011050, but solid casting (
B8, 4.25-inch bore HD, production deck height, siamesed cylinder for up to 4.50-inch finished bore ("Bow-Tie" Pro Stock Block) \$1123.00	14101127 Aluminum, ongled spark plug. 1.94 in semi-high swirl SBcc chamber. Production 1987 Co high-torque street head!
Similar to 10051106, but has .400 inch higher deck \$1090.00	nign-torque street nead: 14011058 Angles spark plug, blocked heat riser, entry and exhaust exit remain in stock location), bli
BB, 4.25-inch bore (production Corvette, replaces 3963516)	iron Bow Tie")
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durance time of three hours and 17 minutes.

Veronica Irvin took first place

minutes and 15 seconds. The winner in the Women's Master division was Nit Trusand with a time of two hours and 30 seconds.

in the Women's Open division with **NCOAGA** golf tournament

The Noncommissioned Officer's Association (NCOA) and Noncommissioned Officer Academy Graduated Association (NCOAGA) sponsored a golf tournament on June 4. The sponsoring organizations would like to thank all local businesses that supported the tournament in addition to the 64th Field Maintenance Squadron, 64th Organizational Maintenance Squadron, 1958th Communica-

tions Squadron, Professional Military Education, the Enlisted and Officer's Open Messes and AAFES

The winners of the tournament are: First place-David Joyal, John Vanselow, Ernie Pelto, and Ed Ewald; Second place-Hugh Beam, Todd Stevens, Danny Thomas, and Al Chock; Third place-Lynn Evans, Skip Fereday, Jim Moll, and Kirby Hadnett.

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a second second second second second	Friday June 10	Saturday June 11	Sunday June 12
Tit	Mathis Recreation Center Free Movie "Suspect" 7 p.m. Rated R Bowling Center	Mathis Recreation Center Dog Obedience Classes at Picnic Grounds Model Railroad Demonstration Noon - 6 p.m.	Mathis Recreation Center Free Movie "Call ext 3787 for title" 3 ⁻ p.m.
MWR	Colorama 7 p.m. Youth Center Trip to Pistol Pete's 6 - 8:30 p.m.	Free Shuttle Bus to South Plains Mall – 2 - 6 p.m. Bowling Center	Bowling Center Unlimited Bowling \$5.00 Noon - 6 p Youth Center
Events	Child Care Center Donut Day	Open Bowling - 7 p.m. \$1.00 per game	Exercise Classes 3:45 p.m.
Calendar Information provided by Becky Pillifant, MWR Publicity June 10 through 16		Youth Center VCR Movie 2 p.m. Board Games Contest 4 p.m.	
Monday	Tuesday	Wednesday	Thursday
June 13	June 14	June 15	June 16
Mathis Recreation Center Discount Tickets to Fox Mann and United Artists - \$3.50 Bowling Center mprove Your Average League 6:30 p.m.	Physical Fitness Center Men's Varsity Softball 8:30 p.m. Reese Rattlers vs. Tejas Berl Huffman Field #4 Intramural Softball Field No. 1	Physical Fitness Center Intramural Softball Field #1 MSS vs. OMS 'B', 5 p.m.; OMS 'A' vs. 35 FTS, 6 p.m.; SPS vs. STURON, 7 p.m.	Physical Fitness Center Intramural Softball Field No. 1 OMS 'B' vs FMS 'B', 5 p.m.; STURON vs RM 'B', 6 p.m.; 54 FTS vs RM 'A', 7 p.m.
Youth Center Foosball Tournament – 5 p.m. Child Care Center	OMS 'A' vs. HOSP, 5 p.m.; COMM vs 54 FTS, 6 p.m.; OMS 'B' vs RM 'A', 7 p.m Official: CES Intramural Softball Field No. 2	Official: FMS 'B' Intramural Softball Field #2 RM 'A' vs COMM, 5 p.m.; RM 'B' vs 54 FTS, 6 p.m.; HOSP vs FMS 'A', 7 p.m.	Official: HOSP Intramural Softball Field No. 2 FMS 'A' vs MSS, 5 p.m.; COMM vs SPS, 6 p.m.; 35 FTS vs CES, 7 p.m.
Make Texas Flags picnic at park	RM 'B' vs. MSS, 5 p.m.; STURON vs FMS 'A', 6 p.m.; SPS vs FMS 'B', 7 p.m. Official: 35 FTS	Official: CES Mathis Recreation Center Guitar Classes	Official: OMS 'A' Bowling Center Improve Your Average League – 5:15
	Bowling Center Flag Day Bowl – 3 games for \$1.00 - 7 a.m 6 p.m.	Bowling Center Open Bowling	Youth Center Martial Arts 4 :30 p.m.
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Medical Director,

Emergency Center of LGH/TTUHSC Assistant Professor, Department of Surgery-Emergency Medicine

Member, CareLink Medical Advisory Board South Plains Emergency Medical Services, Board of Directors

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Physical fitness and your health

By SSgt. Randy Pratt Physical Fitness Center

If you have questions about exercise, fitness and sports, write them down and send them to the Reese Physical Fitness Center 64 ABG/SSRS, or call 6020 and ask your question. We will provide an answer to your question in writing and publish the best ones in the Roundup.

Q. People talk about cross training as the latest trend in fitness. What does the term mean, exactly?

Do different activities develop the same muscles in different ways? How do you design a cross-training program?

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"Cross training," currently a buzz word in exercise circles, in a broad sense refers to combining activities to create a fitness program. When defined more precisely by fitness buffs, researchers and teachers, the term seems to have various meanings.

One exercise physiologist describes cross training as a combination of aerobic and anaerobic exercise, such as running and weight training. Another describes it as a program that combines activities that work different major muscle

groups, such as running to work the lower body, and swimming to work the upper body.

No one definition is more correct than the others; they simply focus on different means to a similar end: broader-based training. We describe cross training as any balanced program that uses more that one type of exercise to achieve overall conditioning.

For the average exerciser, a cross-training program is ideal to promote improved strength, flexibility and endurance-three major components of fitness.

If your workout of choice is running three times a week. You'll improve your cardiovascular fitness and endurance while working mostly the major muscle groups in your legs. For your upper body, you may want to add a sport such as rowing, which works your arms, or weight training, for an overall strengthening program. A regular total-body stretching program would enhance your flexibility.

Now you have a three-tiered workout routine for more balanced fitness.

Competitive athletes use cross training in a different way. For example, a marathon runner will run varied distances daily to increase cardiovascular endurance and develop strength for distance

running. A runner may also practice wind sprints-an anaerobic activity-for short distances to improve speed. Finally, the training routine may include weight lifting, to improve upper and lower body strength.

Cross training has many advantages over limiting your workouts to a single activity. A varied program helps prevent over-use injuries, such as tendinitis or stress fractures, often caused by repeated stress on the same muscle group.

Variety also helps you stick with exercise by preventing boredom and giving you more a flexible program. If bad weather keeps you off the roads, you can stay indoors and weight train or play racquetball, instead of running. Most important, a balanced program builds a balanced body and that's important. A balanced program builds a balanced body that's more useful in meeting daily physical demands, whether they include running for a bus or Pulling weeds in your garden.

Trainers and specialists in sports medicine also rely on cross training in rehabilitation. An injured runner, for example, may ride a stationary ever, agree that among competitive FMS-B 23-17. (USAF Photo)

key to improved performance.

To run your fastest mile, you prepare in large part by practicing mile runs. An athlete must train

athletes specificity training is the specific muscle groups for specific results. If your goal is general fitness and having fun, cross training will provide a more balanced program.

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bike or run in water for a non- A1C Rodney Benefiel of the 64th Field Maintenance Squadron covers impact workout during recovery. second base during an intramural softball game against the 54th Most exercise physiologists, how- Flying Training Squadron last Thursday. The 54th came out on top of





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PCS SALE! 1985 Honda Accord LX sedan, excellent condition, new Michelin tires, priced below Blue Book, asking \$7,900. Call 797-6669.

FREE 7 weeks old kittens to good homes. One grey male, two black females, and one black male. Call 885-2139. 6-10

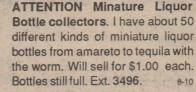
FOR SALE: Mens 14k gold ring with 1/3 carat round brilliant cut diamond. Appraised value: \$800.00 asking \$500.00. Call Mike 3289 or 866-2045 after 5 p.m. 6-10

1976 Yamaha 650. Runs great, good condition, must sell. \$500 or best offer. Call evenings 793-8904.

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FOR SALE: A set of bedrails, adjusts from twin to queen size, \$5; two end tables solid wood, \$10 each. A six drawer dresser excellent condition, \$75. Kerosene heater with fuel, \$20. Call 885-2354 after 5 p.m. or x6006 during the day. 6-10

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READY TO DEAL on this up to date home in quiet Wolfforth. 3-11/4-1, clean. landscape w/sprinkler system and deck in huge yard, skylight, ceiling fans, country colors. Asking \$43,000.866-4033. 6-17

HOME FOR SALE- Meadows-Nice landscaping, open contemporary design, Sunken living room, Many Extras, Flexible Terms, Low Equity, 9.5% VA Assumable Loan, \$72,000. Call 794-1934. 6-17

Mr. Gloss Shoe Shine S & Q Clothiers 4825 50th 792-6111 10 a.m. - 6 p.m. Boots \$3 Shoes \$2 Army boot, Top to Bottom \$6

FOR RENT SHALLOWATER- 3 Bedroom house, Brick, Excellent Schools, Close to Reese, No Pets, \$450 monthly, \$250 Deposit. Call 832-5560. 6-10

WOLFFORTH-603 6th St. Extremely clean! 1 Bedroom, Refrigerator, Washer, Stove, Hood, New paint, Carpet, Lots of Cabinets. \$21,000. TONY DOWNEY REAL-TORS 795-1075. 6-10

FOR RENT, 4/2/2 in Horizon West, convenient to Reese, on cul-desac, garage door opener, child's playhouse. Call 799-3660. RTN

BEDROOM, 3 FULL BATH HOME. Fireplace, low maintenance yard, **DOWNEY REALTORS 795-1075** or MARY NELL 799-3214. 6-10

BY OWNER- No Stop Lights to Reese! 3-2-2 home with full size brick fireplace, mini-blinds, and verticles. About 1,300 sq. ft. \$56,900. Substitute VA or Assume if qualify. 793-5430. 6-10

QUIET COUNTRY in the city, 3-2 1/ 4-2, minutes to lots of shopping areas, Fenced yard, Ceiling Fans, Many extras. Lease \$600, Deposit \$300. Pets on approval. \$200 non-Tefundable Pet Deposit. Call 745-9354. 6-10

CUTE WELL MAINTAINED Home on nicely shaded lot. Perfect for 1st timer or retired. \$41,450. Call Larry at Jim Wills Realtors 792-4393. 6-10

CHILD CARE - Fulltime/Parttime Reasonable rates. Convenient to Reese. 792-4016. 6-10

AMATEUR RADIOS and 1 Universal Aluminum tower for sale, 763-9745 or 763-7736. 6-10

FOR SALE- PAINT FOR PARTIAL down payment, new Loan, 3-2-1, Near Mall, New roof and Air conditioner, Large back yard with storage building. Call Rita Cagle Realtors, 763-2900 6-24

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1976 Olds Delta 88. 52,000 original miles. Second owner. PS, PB, air, cruise, tilt. Very good condition. All original. \$1,799. X3516 days, 795-9934 evenings. 6-10

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HAPPY helper will clean your home to pass inspection. 793-9730. 7-1

ABSOLUTELY DELIGHTFUL 3-11/2-1 with new papers and neat as a pin! Good assumption for first time buyers. \$37,500. NITA KIESLING, REALTORS. 795-5506. 6-10

Why Pay 6% to a Realtor? We've decided to sell our own. 3-2-2 brick house in West Wind with fireplace, built-ins, central air/heat, aggregate patio, kennel, and lots of trees in back yard. Color scheme in neutrals and whites. Good neighborhood, shopping, and schools. Convenient to Tech, Reese, TI, and two golf courses. 1,260 sq. ft., 9.5% assumable FHA loan, \$52,500. Call 795-1386 for an appointment. 6-10

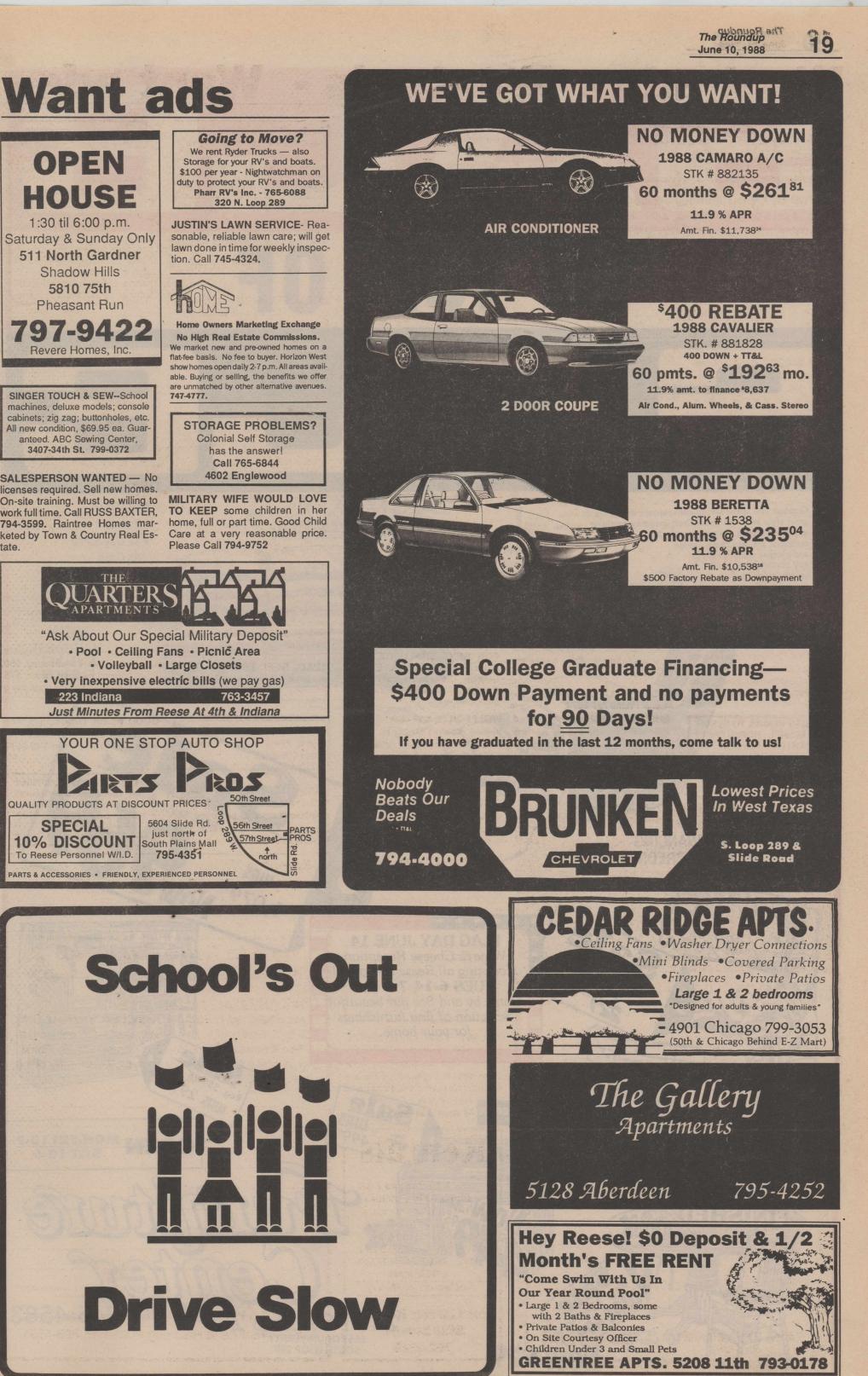
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YARD SALE - Sat & Sun, 10 a.m. to 5 p.m. Clothes, baby items, wheels, tires, misc. Hideway Apts., 2 miles east of Reese on 4th st. 6-10





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