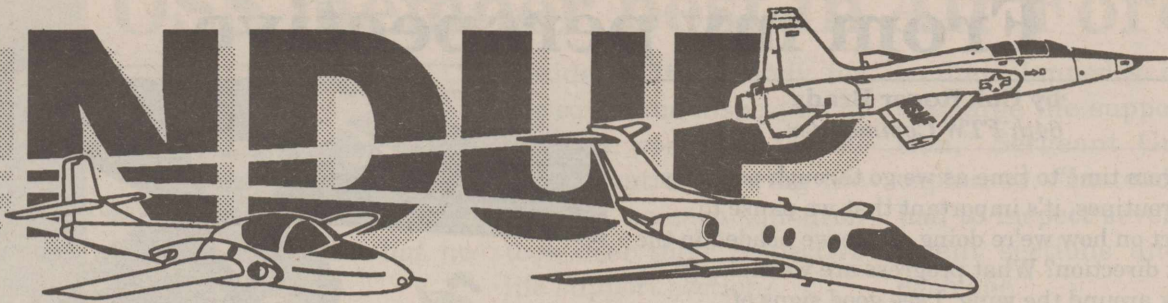


ROUNDUP



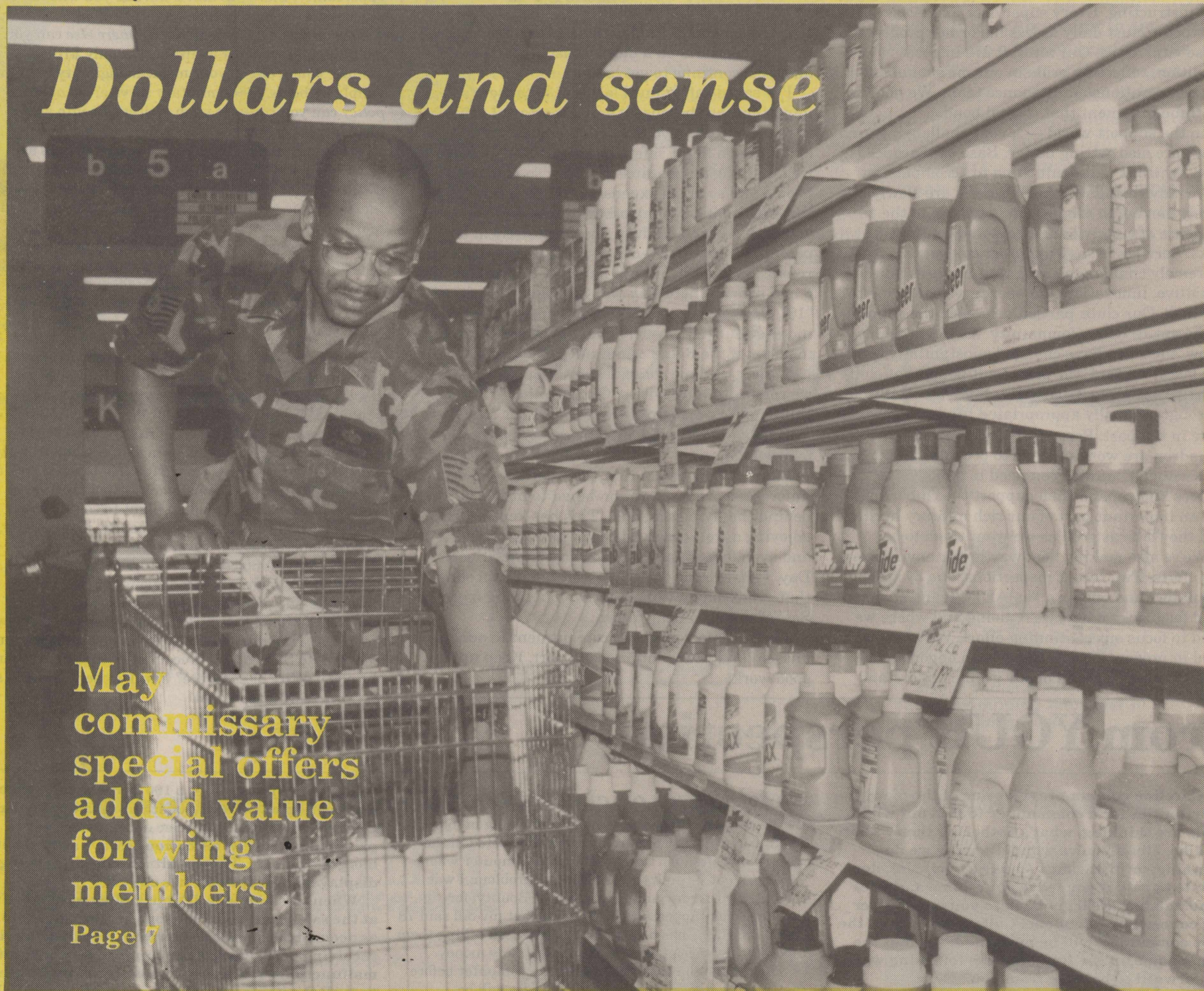
"Air Force people building the world's most respected air and space force ... global power and reach for America"

Volume 46, Number 16

April 29, 1994

Reese AFB, Texas 79489

Dollars and sense



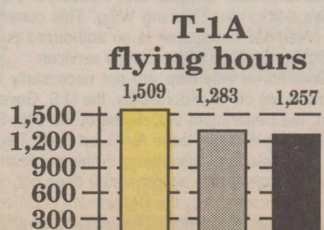
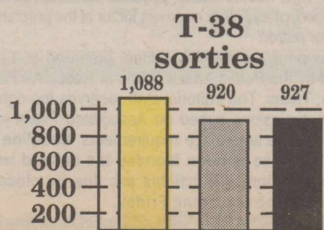
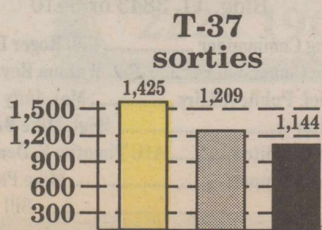
May commissary special offers added value for wing members

Page 7

SSgt. Mike Breslin

Mission

Required for April
 Required as of Monday
 Flown as of Monday



Inside

- General Viccellio endorses SGLI Page 2
- Life support NCO wins Air Force award Page 3
- Wing safety day set for May 6 Page 4

From my perspective

by Col. Roger Brady
64th FTW Commander

From time to time as we go through our busy routines, it's important that we pause to reflect on how we're doing — are we headed in the right direction? What progress are we making? As I look around the wing, I see good signs of progress.

First, we're accomplishing our primary mission of training the very best pilots for the world's most respected Air Force. But we also continue to evaluate ourselves in that important task, because we can always be better at motivating, managing and instructing. Every supervisor and every instructor must daily assess his or her progress in these vital areas. Our aircraft are in good condition, reflecting pride in our mission and a strong operations/maintenance team. We need to continue to cement that crucial bond.

In the support world — a very challenging area — we are also getting better. Base appearance is good, which is a difficult thing to accomplish in our windy spring weather. Projects are slowly but surely moving to completion, a tribute to the diligence of our civil engineers and contracting folks. Services is showing progress, but this is an extremely challenging area that requires all the initiative, innovation and energy we can bring to the task. Our clubs particularly need the support of the entire Reese community. As you probably know, the rules have changed substantially over the last few years, the end result being that clubs must be self-supporting. They are not subsidized by congressionally appropriated funds as they were in the past. Personnel of the 64th Services Squadron are working hard to provide what you, the customer, wants. You need to make your desires known, and then support the club. Clubs are an important part of our rich military heritage and they'll be as good as we want them to be.

We're also making headway in our environmental efforts. Two recent inspections, one by state regulators and one by a Hq. AETC team, gave us good feedback on how we're doing and where we need to focus our continuing effort. We've shown good improvement, but there is an ongoing challenge to make sure all of our people understand



the environmental implications associated with the tasks we perform on a daily basis. We'll do that, and we'll continue to get better.

I've saved safety until last, not because it's less important, but because it's so important I want it to remain fresh in your mind. We place great emphasis on flight safety because of the inherent risk in flying and because we have so many of our people and so much expensive equipment involved. But we also have many other people involved in activities, on and off duty, that expose them to potential injury or even loss of life if they don't remain very alert. We are having a Safety Day May 6 and shortly thereafter we will begin the critical "101 Days of Summer," where so many activities increase our risk levels. I'm asking that every member of the Reese community don the "safety hat" and put some conscientious thought into how we conduct our activities. Our people and our equipment are too precious to lose. Let's stay focused and enjoy the benefits and satisfaction of a job well done.

I'm also very aware that the weather and other unforeseen events have combined to put us a little behind the flying schedule. This has kept us from enjoying a well-deserved break for a "goal day," and even forced cancellation of a planned Sports Day. I share your disappointment, but canceling that event may well help us avoid a flying day on a Saturday in the near future.

I appreciate your great commitment to our mission and your continued support. Keep up the good work!

SGLI

General Viccellio endorses plan

by Gen. Henry Viccellio Jr.
AETC Commander

Some people just don't know a good deal when they see one. About two-thirds of our command has opted for one such "good deal," but the other third needs to look again.

The "good deal" here is Servicemen's Group Life Insurance and your opportunity to increase its coverage. While most of us have taken advantage of the opportunity, there are still a third of you who have stuck with the lower limit.

Why is this a good deal? Well, *where else* can you get **\$200,000** worth of insurance for only \$16 per month? *Where else* is your medical eligibility confirmed simply by being in the military service? *What other policy* can you transfer upon retirement into an identical policy? *What other policy* is federally administered by the Department of Veterans' Affairs as directed by the Veterans' Benefit Act? And *what other policy* has had only one rate change in 10 years while increasing its coverage ten-fold? SGLI is this — and more.

As you consider SGLI, you need to think about what insurance means to you. To me, insurance equates to peace of mind. For another \$100,000 of coverage, it only takes \$8 per month — deducted directly from your pay so you never see it — to increase that peace of mind. Having witnessed the aftermath of deaths in the Air Force, where I've seen distraught families with little or no insurance coverage, I am even more convinced of the good deal SGLI offers. But whether you use SGLI or not, you owe it to your loved ones to ensure they'll be taken care of in case of a tragedy.

If you haven't taken advantage of the opportunity to increase your coverage from \$100,000 to \$200,000, all it takes is a trip to the customer support section of your local military personnel flight to confirm your eligibility and complete two forms. Or, if you prefer, you may increase your coverage in increments of \$10,000 for just 80 cents per \$10,000 increase.

Finally, if you're thinking about another policy, check the fine print to see if it matches up to the characteristics of SGLI. Do its premiums increase with your age? How does its \$200,000 insurance premium compare to SGLI's \$16? Does it offer the same coverage once you retire or separate? Check closely — you'll see SGLI is truly a good deal.

From YOUR perspective

A Careline column provides one of the many opportunities for a commander to find out what people are thinking, what's bothering them, what they like, etc. If you've wondered why we do something, or just want to make a comment, don't hesitate to call. If you leave your name and telephone number, we'll get back to you and answer your concern by telephone. Calls of interest to the Reese community will be published, without the caller's name, in the Roundup the following week. I look forward to hearing from you.

Calls can be made to the Careline 24 hours a day at 3273.

Checking up on checkouts

The commissary seems to have an ongoing problem. Their prices on special purchases will be posted in the store, but it often isn't reflected on the computer when you check out. I think this is a serious problem; I was there just yesterday and I noticed that Bounty, for instance, was supposed to be 64 cents, but my bill said 78 cents. Since this has been going on, I've been telling them to look at my receipt and to give me back my money.

They should have their prices in the computer before they put the items out so that the charges will be accurate.

The commissary does a 100 percent sale price verification on 500 to 1,000 items on a weekly basis. However, sometimes a price change is received prior to the price verification or days after the item has gone off sale. This results in sale signs being displayed after the sale has ended.

When this happens, it's our policy to sell the item at the sale price to our customers. Our goal is to be as accurate as possible; however, due to delays in receiving price changes and unforeseen computer malfunctions, it's nearly impossible to guarantee that all the items will match prices all the time. Let me know if your situation is not resolved.

ROUNDUP

Printed
for people
like...

TSgt. Chuck McCully
64th SVS



Published by Chandelle Publications, a private firm, in no way connected with the Department of Defense or Reese Air Force Base, Texas, under exclusive written contract with Reese Air Force Base's 64th Flying Training Wing. This commercial enterprise newspaper is an authorized publication for members of the military services.

Contents of Roundup are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense or the 64th Flying Training Wing at Reese Air Force Base, Texas. The appearance of advertising in this publication, including inserts and supplements, does not constitute endorsement by the Department of Defense or Chandelle Publications of the products or services advertised.

Services and products advertised in this publication will be made available for purchase, use, or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonment factor of the purchaser, user or patron.

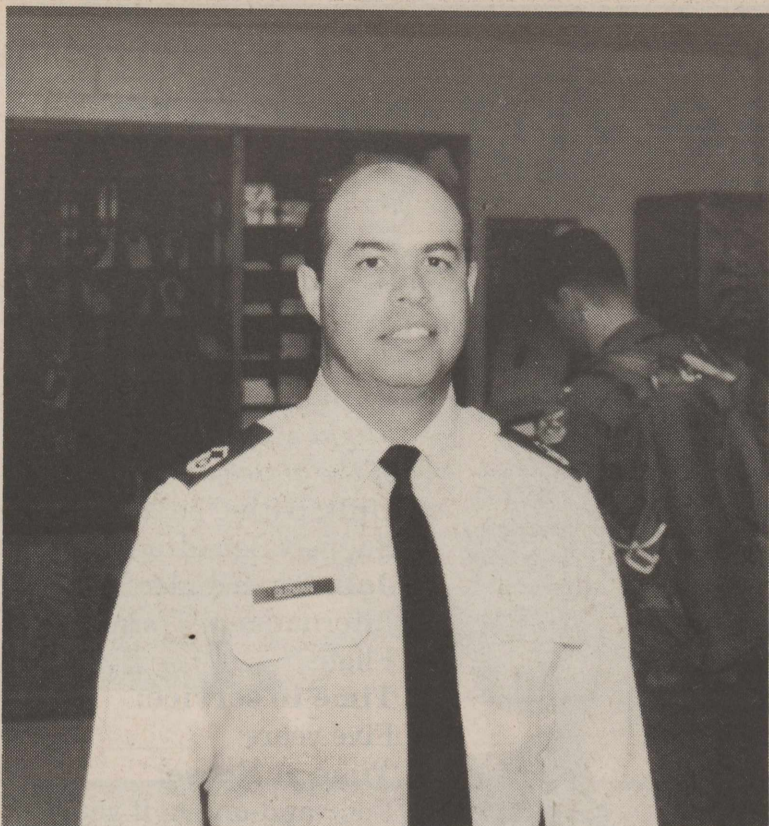
Roundup's content is edited, prepared and provided by the Public Affairs Office of Reese Air Force Base, Texas. The editorial staff reserves the right to edit submissions based on Associated Press journalistic style and space requirements. Deadline for short notices is noon Monday the desired week of publication; full articles are due by close of business the preceding Friday.

All photos are U.S. Air Force photos unless otherwise noted.

Reese AFB Editorial Staff

Bldg. 11, 3843 or 3410

Wing Commander Col. Roger Brady
Vice Commander Col. William Reynolds
Chief, Public Affairs Maj. Judy Burk
Editor SSgt. Mike Breslin
Sports Editor A1C Timothy E. Dempsey
Photo Support Mike Parrish
..... Bill Allen



Sergeant Guzman

SSgt. Mike Breslin

OSS member best in Air Force

by SSgt. Mike Breslin
Editor

A Reese life support technician is the best in the Air Force at what he does.

MSgt. Gilberto Guzman Jr., 64th Operations Support Squadron, captured honors as the service's top life support senior NCO of the year. Sergeant Guzman was recently recognized as AETC's best in the same category. All this recognition is no accident, according the sergeant's superiors who described the sergeant as a "top-notch" NCO.

The sergeant, a New York native, had his hands full during the past year.

Besides getting ready for the command inspection in April, he worked on the decentralization of wing life support, as each squadron took over their respective life support section.

"Ingenuity and leadership" on Sergeant Guzman's part made the project a big success, according to OSS officials. The job was done three months ahead of schedule, prior to the Quality Air Force Assessment. That caught inspectors off guard, who had to revamp their plans one week prior because of the quick work of Sergeant Guzman and his colleagues.

"They didn't think we'd be decentralized by then,

so they planned to inspect one large life support section," Sergeant Guzman explained. "Instead, they had to inspect several different sections and rate each one."

The change in plans was apparently to the inspectors liking. They gave Sergeant Guzman a "commendable" for his efforts on the decentralization. According to the sergeant, "perseverance" was a big part of that project.

"We had to work with a lot of people to make them comfortable with the change," he said. "This was something completely different to what they were used to, but we all pulled together."

Business Guide A Guide To Lubbock Businesses


Don's Hobbies & More
 □ Model Kits & Supplies
 □ Promotionals, Diecasts, and
 □ Antique & Collectible Toys
Buy, Sell & Trade
 Don Abbe,
 owner 5101-B 34th St. • 791-1615

Fred's Gun Emporium
 ♦ Pawn-Money Loaned
 ♦ Government Checks Cashed
 ♦ Repairs & Rebluing
 ♦ Shotgun Choke Tubes
 3003 Slide Road • 799-3838



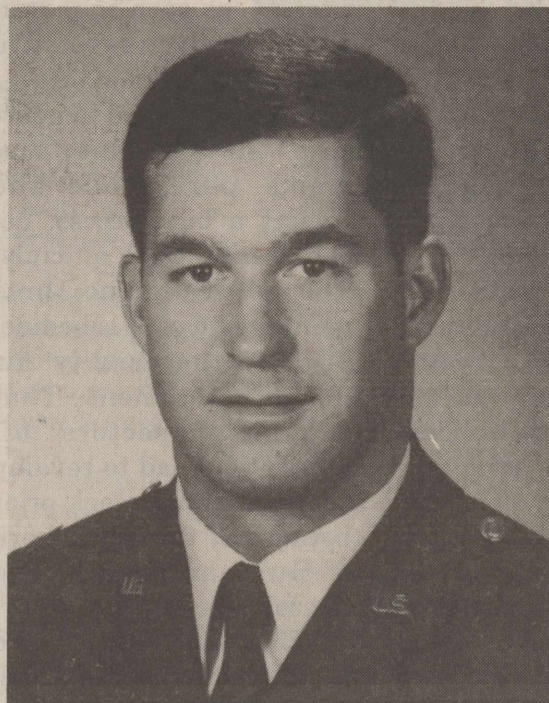
Mayan Indians made rubber shoes by dipping their feet in latex and letting it dry.

STUBBLEFIELD'S
Rugs & Remnants
 ♦ A new concept in buying carpet you'll love!
 ♦ Largest selection of remnants in West Texas.
 ♦ Carpet starting at \$2.99.
From one room to the whole house, you won't make a better deal than at Stubblefield's.
 10% OFF Remnants with this ad
 2226 19th 744-REMS

OAK FURNITURE DEPOT
 Quality OAK Furniture at Affordable Prices!
OAK
 3 pc Home Theatre With Beveled Glass **\$1,499**
 American Made No Particle Board
 Buy Direct From The Manufacturer
 82nd & Slide • Rockridge Plaza • 794-3795
 OAK • OAK • OAK • OAK • OAK • OAK • OAK • OAK

Reese's best of the quarter

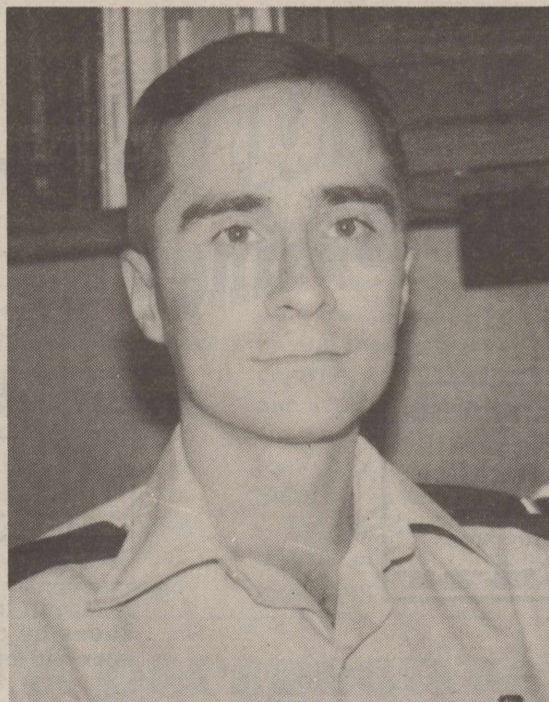
Capt. Garrett Schmidt
IP of the quarter
Unit: 35th Flying Training Squadron
Job: Instructor pilot
Time in service: Five years
Time at Reese: Two years



Capt. Amy Rosenquest
Flight commander of the quarter
Unit: 64th Operations Support Squadron
Job: Commander, International Training Flight
Time in service: Five years
Time at Reese: Four-and-one-half years



1st Lt. William White
Company grade officer of the quarter
Unit: 64th Medical Group
Job: Physician's assistant
Time in service: Eleven years
Time at Reese: Two-and-one-half years



MSgt. Duane Jardine
Senior NCO of the quarter
Unit: 64th Operations Group
Job: Quality assurance evaluator, aircraft maintenance contract
Time in service: 18 years
Time at Reese: Six months



Sgt. Teri Johnson
NCO of the quarter
Unit: 64th Operations Support Squadron
Job: Air traffic controller
Time in service: Eight-and-one-half years
Time at Reese: Eight years



SrA. Christopher Ishmael
Airman of the quarter
Unit: 64th Operations Support Squadron
Job: Air traffic controller
Time in service: Five years
Time at Reese: Four-and-one-half years



ADVERTISEMENT



(SPC Photo)

SPC JOURNALISM WINNERS—Five staffers of South Plains College's Plainsman Press newspaper earned honors at the recent Rocky Mountain College Media Association convention in Denver. Seated from left are reported Dwayne Isbell from Lubbock, 18-year-old computer science freshman who won third in persuasive writing; ads manager April Day from Plains, 19-year-old mass communications major who won third in newswriting; and business manager Ben Gonzales from Levelland, 19-year-old freshman mass communications major who won second in newswriting. Standing from left are entertainment editor Kyle Karpe from Lubbock, 21-year-old sophomore political science major who won first and third place for movie reviews; photo editor Wendy McCrory from Reese Air Force Base, sophomore mass communications major who won first in feature photography and second in the mug shot category; and cartoonist Kris Hulse for Lubbock, 22-year-old math and physical education major who won third for an editorial cartoon.

Come Join A Lubbock Church Or Synagogue Of Your Choice

<p>HURLWOOD BAPTIST CHURCH <i>Military Families' Home Away From Home</i></p> <p>Sunday School 9:45 a.m. Worship 11:00 a.m. Church Training 5:00 p.m. Evening Service 6:00 p.m. Nursery Available During All Sessions 9417 W. 4th St. (across from Reese Village) Pastor: Billy C. Collins 885-4862</p>	<p>First United Methodist Church Dr. Jim Jackson, Senior Pastor</p> <p>Sunday Worship 8:30 a.m., 10:50 a.m., & 7 p.m. KCBD-TV, Channel 11 at 8:30 a.m. KFYO-Radio, AM 790 at 11:00 a.m.</p> <p>Sunday School A variety of classes are offered for singles and couples. 9:40 a.m. 1411 Broadway 763-4607</p>		<p style="text-align: center;"><i>Come Share the Spirit!</i></p> <p style="text-align: center;">Gloria Dei Lutheran Church (ELCA)</p> <p style="text-align: center;">1706 Slide Road 8:00 & 10:30 Worship Sunday School at 9:15 Sept.-May Nursery Available Robert Bardy, Pastor 795-2283</p>
<p>FIRST FOURSQUARE GOSPEL CHURCH</p> <p>Sunday School 9:30 Morning Worship 10:50 Evening Service 6:00 Wednesday Service 7:15</p> <p>Pastor: GARY MACDONALD Assistant: RANDY DEMETRO 745-4581 10701 Indiana</p>	<p>CHRIST LUTHERAN CHURCH</p> <p>Sunday School/Bible Class 9:00 a.m. Sunday Worship 10:00 a.m. Wed. Midweek School 6:30 p.m. (when public school is in session). Adults, Youth, Kids, Marrieds, Singles.. ALL are Welcome in Christ's family! Ronald L. Jenkins, Pastor Established & Growing at 7800 Indiana 799-0162</p>	<p style="text-align: center;">SOUTH PLAINS CHRISTIAN FELLOWSHIP <i>3602 Frankford Ave. Lubbock, TX 792-3229</i> <i>You're always welcome here!</i></p> <p>SCHEDULE OF SERVICES</p> <p>SUNDAY Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Children's Church 11:00 a.m. Evening Services 6:00 p.m.</p> <p>WEDNESDAY Adult Service 7:00 p.m. Youth Service 7:00 p.m. Kid's of the Kingdom 7:00 p.m.</p> <p><small>Pastors Hugh & Lola Dean Harris * Nursery Provided for all services</small></p>	<p>St. Stephen's Episcopal Church 101 Slide Rd. 799-3439</p> <p>HOLY EUCHARIST 8 a.m. Sunday</p> <p>PARISH EUCHARIST 10:30 a.m. Sunday</p> <p>HOLY EUCHARIST & UNCTION 5:30 p.m. Wednesday</p>
<p>LAKERIDGE UNITED METHODIST CHURCH 4701 82nd Street Lubbock, Texas 79424 (806)794-4015 BILL COUCH, Pastor Worship 9:15 and 10:30 Sunday School 9:15 and 10:30</p>	<p style="text-align: center;">In belief there is power: our eyes are opened; our opportunities become plain; our visions become realities.</p>	<p style="text-align: center;">REDEEMER LUTHERAN CHURCH LCMS</p> <p style="text-align: center;">2221 Ave. W • 744-6178</p> <p style="text-align: center;">Jay Beyer, Pastor Sunday Worship - 9 a.m. S.S. Bible Classes - 10:15 a.m. Nursery Available</p> <p style="text-align: center;"><i>Encouraging and involving each other and those unchurched in God's grace.</i></p>	<p>FIRST CHURCH OF CHRIST, SCIENTIST</p> <p>Sunday School .. 9:45 a.m. Church Service ... 11:00 a.m.</p> <p style="text-align: center;">Reading Room Mon., Tues., Thurs., Fri., Sat. 1-3 Wed. Evenings .. 6:30 - 7:20</p> <p style="text-align: center;">2202 Broadway</p>
<p>PILGRIM BAPTIST CHURCH Extends to You a Welcome</p> <p>Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Church Training 6:00 p.m. Evening Worship 7:00 p.m.</p> <p style="text-align: center;">Mid-Week Service Wednesday 7:00 p.m.</p> <p style="text-align: center;">Leon Anderson, Pastor 6111 19th St.</p>	<p style="text-align: center;"><i>Contemporary</i></p> <p style="text-align: center;">WORSHIP</p> <p style="text-align: center;">9:30 a.m. Sundays First Christian Church Broadway & Ave. X</p> <p style="text-align: center;"><i>Traditional Services</i> 8:30 & 10:40 a.m.</p> <p style="text-align: center;">Michael S. Passmore, Senior Minister 763-1995 <i>*Come Into His Presence with Joyful Praise*</i></p>	<p style="text-align: center;">Shepherd King Lutheran Church ELCA</p> <p style="text-align: center;">• Sunday School All Ages • VBS SS 9:00 am • Worship 10:30 am Choir & Wed. Evening Nursery Available Mel Swoyer - Pastor 2122 - 18th St • 762-5080 (4 Blks. East of TexasTech)</p>	<p style="text-align: center;">New Covenant Pentecostal Church of God 5810 Ave. P</p> <p>Sunday School 10:00 Morning Worship 11:00 Evening Service 6:00 Saturday Night Praise & Worship 7:15</p> <p style="text-align: center;">Pastor: Les Berg (USAF Ret) Co-Pastor: Jean Berg</p> <p style="text-align: center;">Need transportation or information, call 795-8021</p>
<p style="text-align: center;">Trinity Church <i>Reaching the Heart of West Texas</i> Randal Ross, Senior Pastor</p> <p style="text-align: center;">TRINITY CHRISTIAN SCHOOLS TRINITY COUNSELING CENTER</p> <p style="text-align: center;">Services on Saturday, 6 p.m. Sunday - 9 a.m., 10:45 a.m., 6 p.m. Wednesday, 7 p.m.</p> <p style="text-align: center;">7002 CANTON AVE. Loop 289 & So. Canton 792-3363</p>			

Reese suggestion monitor named best in command

by SSgt. Mike Breslin
Editor

Knowing when to take advice may be a virtue, but knowing how to handle wing members' suggestions has made one Reese person a command award winner.

Ruede Turner, wing suggestion office, captured honors as the AETC suggestion program manager of the year in the small base category. Her achievements throughout the year were numerous.

Turner was credited with aggressive advertising that helped make wing members more aware of how their suggestions could benefit both the Air Force and themselves. She used every media available from the base newspaper to the front gate marquee to commander's calls.

The program earned praise for the benefits it was providing, such as \$23,000-plus in tangible savings. Intangible savings were so great that

one wing official described them as "immeasurable."

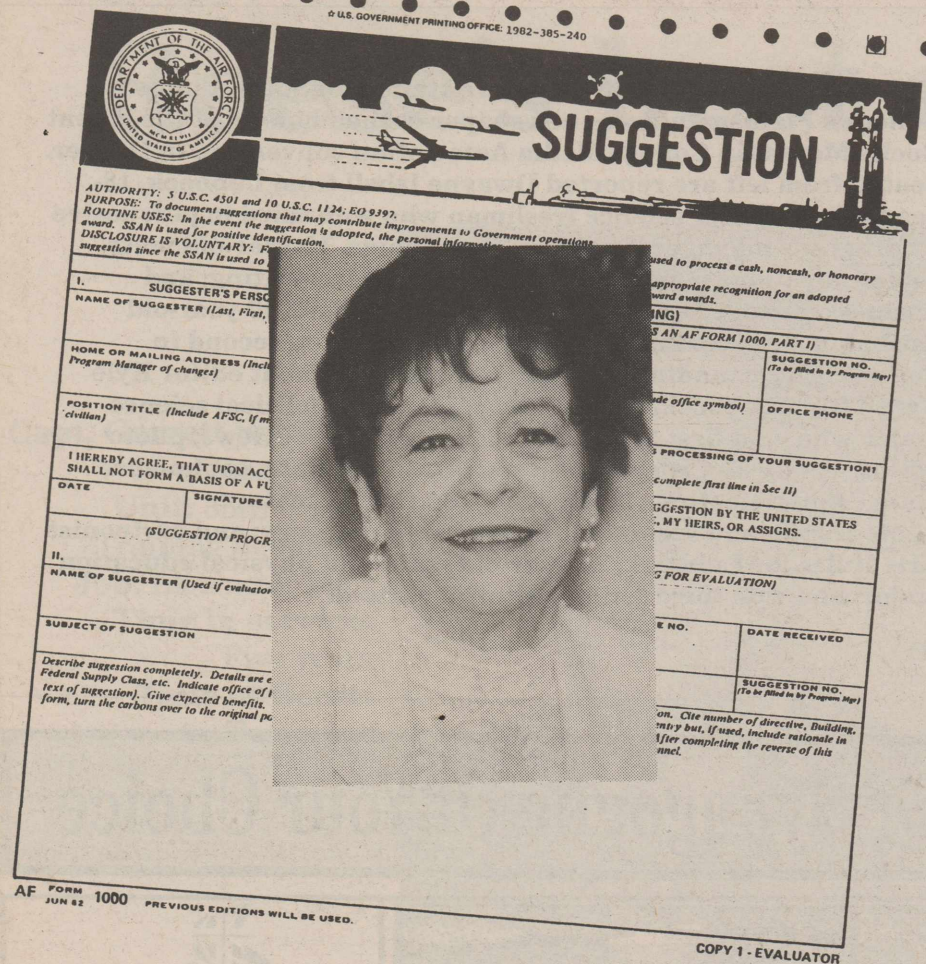
Always looking for ways to improve, Turner did a survey of wing members during the year, which helped shape future program advertising and plans.

Turner, a Texas native, has managed the suggestion program since 1991. High-level honors are nothing new to her, as she was a command and Air Force-level award winner as a wing historian. She also managed the Model Installation Program before taking her current job.

AETC isn't the only organization aware of Turner's talents as a suggestion monitor.

"Ruede has done a truly outstanding job as the suggestion program manager," said Nancy Gregorio, Turner's supervisor. "Her energetic management of the program encourages creative thinking, turning innovative ideas into productive improvements."

People who would like to find out more about suggesting can call Turner at 3148.



Safety activities set for May 6

by Charles S. Gerrior
Reese Ground Safety
Manager

May 6 has been designated as Reese Safety Day. All Reese personnel will stand down from normal duties for safety education.

The day will be divided into two tracks. Flying personnel will assemble at the respective squadrons for a day of activities. Non-flying 64th Operations Group, 64th Support Group and 64th Medical Group personnel will attend either the 8:15 or 9 a.m. safety briefing at the Simler Theater.

After the briefing, non-flying personnel will return to their work centers for safety day activities.

Flying personnel activities are as follows:

7:30 to 9:30 a.m.: Runway/taxiway FOD walk.

10:00 to 10:10 a.m.: Welcome by Col. Roger Brady, wing commander, at officers club.

10:10 to 10:40 a.m.: Ejection briefing.

10:40 to 10:50 a.m.: Guidance for squadron flight discussions.

11:00 a.m. to 12:30 p.m.: Lunch.

12:30 to 1:50 p.m.: Squadron/flight discussions at squadrons.

2:00 to 2:50 p.m.: Physiological briefing at officers club.

3:00 to 3:50 p.m.: Squadron/flight issues voiced at officers club.

4:00 to 4:50 p.m.: Mishap briefing at officers club.

4:50 to 5:00 p.m.: Colonel Brady's closing comments at officers club.

Non-flying personnel in OPG, SPTG and MEDGP will do the following:

8:15 to 8:50 a.m. and 9:00 to 9:40 a.m.: Safety briefings at base theater.

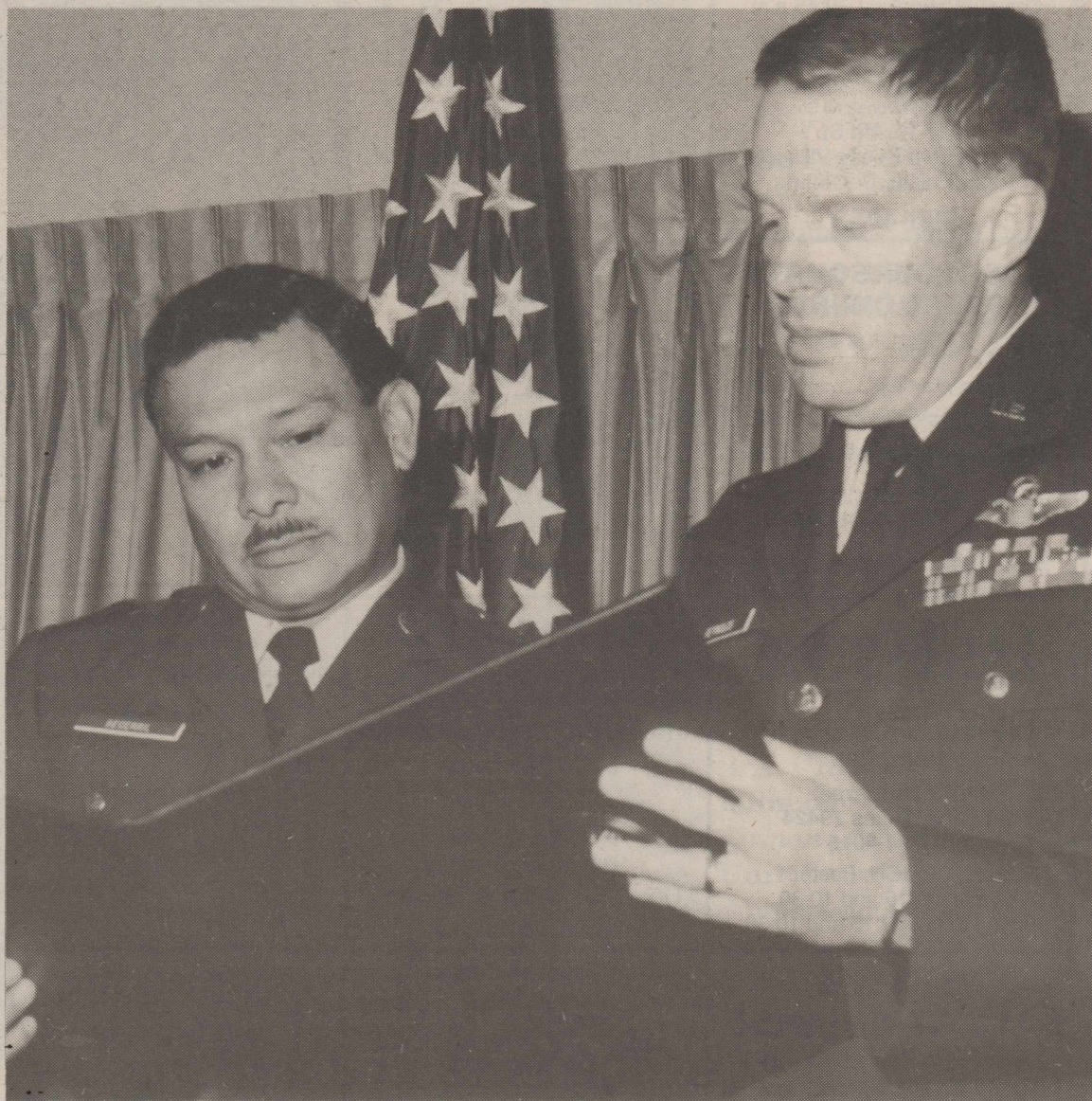
8:50 or 9:40 to 11:30 a.m.: Personnel return to work center for activities conducted by work center supervisors from packages previously delivered to supervisors and unit safety representatives.

11:30 a.m. to 1:00 p.m.: Lunch.

1:15 p.m.: Fire extinguisher and "jaws of life" demonstration at Second and "D" Streets. Personnel in grade E-5 and below will return to the work center after the fire demonstrations.

2:00 p.m.: Outbriefs to SPTG and MEDGP commanders by all non-flying personnel in the grade E-6 and above. Discussion of information developed on unit programs from safety questionnaires.

For more information, call safety at 3045.



Mike Parrish

Command post NCO retires

MSgt. Rafael Becerril, 64th FTW, looks at the citation that accompanied his Meritorious Service Medal with Col. William Reynolds, 64th FTW vice commander. The MSM was presented to Sergeant Becerril during his retirement ceremony April 21. The sergeant, a 20-year veteran, worked in the wing command post.

Commissary aims to please customer



SSgt. Mike Breslin

Cashier Dena Woods checks out a customer at the commissary.

by Wanda Sullins

Acting Reese Commissary Officer

Many special bargains will be offered in the commissary during the month-long Armed Forces Day Sale in May. The sale is held annually in commissaries worldwide to recognize the contributions of the armed forces to the security of the nation.

Single and married service members, reservists, retirees and family members will all find great bargains on a full range of products including health and beauty aids, beverages, microwavable meals, cereals, frozen foods, candies and others. Shoppers will see more than 200 different items at discounts of 20 to 60 percent below normal commissary price. This will provide savings even greater than the usual 20 to 25 percent

About the cover

MSgt. Richard Hamilton, 64th Logistics Squadron, picks up bleach in the commissary.

Bakery expands hours

Starting Tuesday, the commissary bakery will open Tuesday through Saturday at 8 a.m. Sandwiches, freshly baked breads, rolls and other services will be available at this time.

Store officials said this is another way the commissary is trying to improve customer service.

already found.

When patrons go to the commissary, they should remember to bring coupons and enjoy additional savings on the products that will be on sale.

Other worldwide sales to be held in the commissary are the community appreciation sale in July, to honor community support organizations; and the Defense Commissary Agency anniversary sale in October.

In addition to the worldwide sales, DeCA regions conduct their own sales, usually on a monthly basis, featuring discounts on many items throughout the store.

KOREA

Nuclear threat isn't only danger

by Jim Garamone
American Forces
Information Service

While the nuclear potential of North Korea is dangerous, the commander of United Nations forces in South Korea urged Congress not to forget the North's conventional military power.

Army Gen. Gary E. Luck also told members of the House Appropriations Defense Subcommittee the situation on the Korean peninsula is tense, but manageable and under control.

"Both the Republic of Korea and the United States have been handling North Korea in a responsible manner," General Luck said. "I am certain that a firm, but flexible approach will continue to be employed in the future."

He said even with a badly deteriorating economy, North Korea has protected and expanded its military structure. North Korea continues to mechanize its offensively postured ground forces. It also is expanding its already large artillery formations and enhanc-

ing the world's largest special operations force. The North is vigorously pursuing ballistic missile technology, General Luck said.

"Worldwide attention has focused hard upon the North's ominous nuclear weapons effort," General Luck said. "But this issue, as vital as it is, must not dominate our security focus in the region."

General Luck said even with North Korean "bellicose threats," intelligence reports nothing out of the ordinary to indicate the North Koreans are preparing to attack the South. If U.N. forces detect signals of an impending attack, "we are prepared to react decisively," he said.

But General Luck wants to avoid any war on the Korean peninsula. "Although we would certainly win any war in the region, the price in human lives and monetary value would be staggering," he said. "Asian governments have long appreciated the consequences of a war on the peninsula. ... Therefore, China, Japan and the Republic of Korea prefer a continued strategy of patient waiting

and defensive strength instead of a military showdown."

General Luck believes the greatest danger in Asia is a miscalculation by North Korean leaders. "North Korea is a hard enough intelligence target without asking us to read an aging dictator's mind," he said. "But we do know that (North Korean leader) Kim Il-sung launched the 1950 invasion of the Republic of Korea, and we also know that he has literally bankrupted his domain to build a powerful attack force.

"Perhaps he may see his window of opportunity slipping away. Perhaps not. ... Only he can say for sure, and even then we would be wise to carefully watch his deeds as he utters words that hint at peace or reconciliation."

General Luck praised South Korea's military, saying the United States could have "no finer military ally." The South Korean military continues to modernize and the South Korean-United States security arrangements and bonds continue to strengthen.



What is the full name of North Korea?
Democratic People's Republic of Korea

What is the estimated population of North Korea?
22.6 million

What is the size of North Korea?
46,768 square miles
(about the size of Mississippi)

What is the capital of North Korea?
Pyongyang

When did North Korea launch its surprise attack on South Korea?
June 25, 1950

When was the Korean War armistice signed?
July 27, 1953

What is the dividing line between North and South Korea?
38th parallel

What river separates North Korea from China?
Yalu

Who is president of North Korea?
Kim Il-sung

HOMUS • TABOULI • MUSAKAA • DOLMA • GYROS • FALAFEL • KAFITA • BABA GHANOUGE •

The Mediterranean Market & Restaurant

Where you can enjoy Greek, Middle Eastern & Vegetable Cuisine

3300 -C 82nd Street
Lubbock, Texas 79423
Tel. 793-2999

DAILY SPECIALS
\$4.25

OPEN
Sunday - Friday
11:00 am - 9:00 pm
Saturday 6 - 10:00 pm
W/Live Entertainment

carry out • catering • delivery

DAILY SPECIAL • GREEK SALAD • FOUL MUDAMAS • COUSCOUS

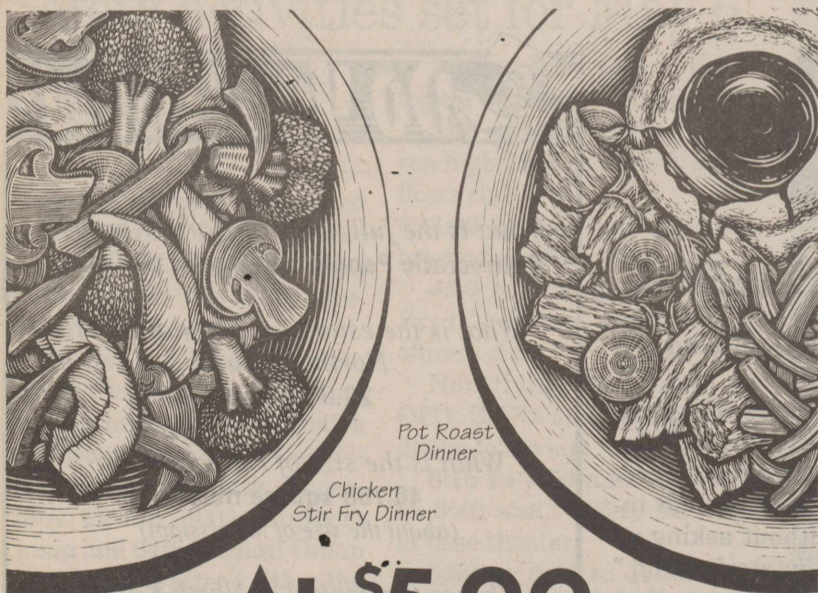
KEBEH • TURKISH COFFEE

Weekend

Places to go and things to do in the



Small birds must eat proportional to their body weight more than large ones do, because their bodies use up energy faster. Small birds require so much food that they may spend most of their time eating, while large birds may go for several days without food.



At \$5.99
You'd Hurry Too.

Make a beeline into Shoney's for delicious Chicken Stir Fry, a garden fresh medley of crisp vegetables and tender strips of grilled chicken.

Or Shoney's famous tender Pot Roast, slow cooked in a rich, brown gravy. Both come with soup, salad and fruit bar. All, for only \$5.99 each.



SHONEY'S
Down Home.
Just Down The Road.™

5606 Slide Rd., Lubbock

©1994 Shoney's Inc. At participating locations.

We could've called it:

1-800-SAVE-YOUR-FAMILY-BIG-BUCKS

but this is much simpler:

1-800-COLLECT SM

Dial it instead of "0" when you call collect.
Save them up to 44% on the charges.

Use it every time you make a long distance collect call.

savings based on a 3 min. AT&T operator-dialed interstate call

Movie Review

in the Lubbock area this weekend



410 Frankford
4th & Frankford
792-1462

**Daily Lunch & Dinner Specials
Starting @ \$4.75**

Try The New Blackened Hamburgers and Steaks

Happy Hour Specials 4-7 p.m. 9-11 p.m. Daily
\$1.00 Schooners Daily \$1.00 Drink Specials

VIDEO VISION
410 Frankford 791-5533
10 a.m. to 12 midnight • 7 Days A Week

Rent 1, Get 1 FREE

Rent Any Movie And Receive A Second Movie Of Equal Or Lesser Value FREE

VIDEO VISION
• One Coupon Per Customer •
Expires April 30, 1994

Rent 1, Get 1 FREE

Rent Any Movie And Receive A Second Movie Of Equal Or Lesser Value FREE

VIDEO VISION
• One Coupon Per Customer •
Expires April 30, 1994

West End Church of Christ
6305 26th St.
Sunday Classes 9:30 a.m.
Worship 10:30 a.m. & 5:30 p.m.
799-6813

S S S Sports
SCUBA
3300 D-A 82nd 797-0781



"THAT'S IT... JUST GOLD!"

The custom of decorating engagement and wedding rings with gems began about 1200.

CINEMARK THEATRES

MOVIES 12 & \$5.50 Adults
\$3.25 Children & Seniors
\$3.25 Matinees Before 6 PM
5721 58th Street 792-0357

<p>*WITH HONORS (PG-13) THX Sat.-Sun. 12:20-2:40-5:00-7:20-9:40 Fri. & Mon.-Thu. 2:40-5:00-7:20-9:40</p>	<p>*BAD GIRLS (R) THX Sat.-Sun. 11:55-2:35-5:00-7:35-10:05 Fri. & Mon.-Thurs. 2:35-5:00-7:35-10:05</p>
<p>THREESOME (R) Sat.-Sun. 12:15-2:20-4:40-7:05-9:50 Fri. & Mon.-Thurs. 2:20-4:40-7:05-9:50 Stereo</p>	<p>NO ESCAPE (R) Sat.-Sun. 11:25-2:05-4:45-7:25-10:10 Fri. & Mon.-Thu. 2:05-4:45-7:25-10:10 Stereo</p>
<p>FOUR WEDDINGS AND A FUNERAL (R) Sat.-Sun. 11:40-2:25-5:05-7:40-10:25 Fri. & Mon.-Thu. 2:25-5:05-7:40-10:25 Stereo</p>	<p>THE FAVOR (R) Sat.-Sun. 12:10-2:30-4:50-7:10-9:30 Fri. & Mon.-Thu. 2:30-4:50-7:10-9:30 Stereo</p>
<p>EIGHT SECONDS (PG-13) THX Sat.-Sun. 11:50-2:20-4:50-7:30-10:00 Fri. & Mon.-Thurs. 2:20-4:50-7:30-10:00 Stereo</p>	<p>PHILADELPHIA (PG-13) Sat.-Sun. 11:20-2:00-4:55-7:45-10:30 Fri. & Mon.-Thu. 2:00-4:55-7:45-10:30 Stereo</p>
<p>GUARDING TESS (PG-13) Sat.-Sun. 12:00-2:10-4:30-7:55-10:15 Fri. & Mon.-Thu. 2:10-4:30-7:55-10:15 Stereo</p>	<p>TOMBSTONE (R) Sat.-Sun. 11:30-2:45-7:00-9:55 Fri. & Mon.-Thu. 2:45-7:00-9:55 Stereo</p>
<p>THE REF (R) Sat.-Sun. 7:50-10:20 Fri. & Mon.-Thu. 7:50-10:20</p>	<p>MONKEY TROUBLE (PG) Sat.-Sun. 12:25-2:50-5:10 Fri. & Mon.-Thu. 2:50-5:10</p>
<p>D2 MIGHTY DUCKS (PG) Sat.-Sun. 11:45-2:15-4:45-7:15-9:45 Fri. & Mon.-Thu. 2:15-4:45-7:15-9:45 Stereo</p>	

MOVIES SLIDE ROAD \$5.50 Adults
\$3.25 Children & Seniors
\$3.25 Matinees Before 6 PM
6205 Slide Road 793-3344

<p>SERIAL MOM (R) Sat.-Sun. 11:30-2:10-4:30-7:15-9:30 Fri. & Mon.-Thurs. 4:30-7:15-9:30</p>	<p>SIRENS (R) Sat.-Sun. 11:15-1:45-4:15-7:00-9:40 Fri. & Mon.-Thurs. 4:15-7:00-9:40</p>
<p>THUMBELINA (G) Sat.-Sun. 11:40-2:20-4:45-7:30 Fri. & Mon.-Thurs. 4:45-7:30</p>	<p>BRAINSCAN (R) Sat.-Sun. 11:45-2:00-4:20-7:10-10:00 Fri. & Mon.-Thurs. 4:20-7:10-10:00</p>
<p>SURVIVING THE GAME (R) Sat.-Sun. 9:45 Fri. & Mon.-Thurs. 9:45</p>	

SOUTH PLAINS 4 \$5.50 Adults
\$3.25 Children & Seniors
\$3.25 Matinees Before 6 PM
6002 Slide Road 799-4121

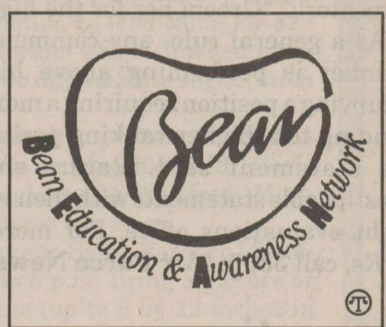
<p>THE PAPER (R) Sat.-Sun. 1:00-4:00-7:00-9:40 Fri. & Mon.-Thurs. 4:00-7:00-9:40</p>	<p>*WHITE FANG 2 (PG) Sat.-Sun. 11:15-1:45-7:15 Fri. & Mon.-Thu. 4:40-7:15</p>	<p>NAKED GUN 3 1/2 (R) Sat.-Sun. 4:40-10:00 Fri. & Mon.-Thu. 10:00</p>
<p>*PCU (PG-13) Sat.-Sun. 11:30-1:30-4:30-7:30-9:50 Fri. & Mon.-Thurs. 4:30-7:30-9:50</p>	<p>SCHINDLER'S LIST (R) Sat.-Sun. 11:20-4:15-8:00 Fri. & Mon.-Thurs. 4:15-8:00</p>	

* NO PASSES * NO SUPERSAVERS

America's Best Bean Contest Challenges Cooks To Use Their "Beans"

(NAPS)—These days, culinary professionals and cook-at-home types have one thing in common—or more accurately 12 things in common. And that's a love affair with the 12 varieties of American-grown dry beans they're using more frequently in favorite dishes. With relish. Or without. Canned or dry. Innovative bean recipes are marinating in professional kitchens and simmering at home on the range or in the oven. That's because beans taste great, are low in fat, calories and sodium, and are a good source of protein, vitamins, minerals, dietary fiber and complex carbohydrates.

Where have you "bean" hiding your best bean recipe? The Bean Education & Awareness Network (BEAN) wants to know, so it is sponsoring America's Best Bean Recipe Contest. The contest will honor the best home and professional chefs and their favorite original recipes using at least two (15 oz.) cans or three cups of cooked dry beans of at least one of the following varieties: Pinto, Navy, Great Northern, Red Kidney (dark or light), Small Red, Black, Garbanzo, Lima (large or baby), Blackeye, Pink, Cranberry, Yellow Eye.



Recipes from home and professional chefs will be judged in separate categories and will be judged on taste, ease of preparation, originality and plate appeal. Four home chefs and four professional chefs with the most outstanding recipes will each be awarded \$1,000. The deadline for submitting recipes is May 2, 1994.

Recipes may be main dishes, side dishes, soups, salads or appetizers. Entries should be sent to: America's Best Bean Recipe Contest, c/o BEAN, 303 E. Wacker Drive, Suite 440, Dept. M, Chicago, IL 60601. For complete contest rules, send a self-addressed, stamped envelope to the above address.

it:
E-
LY-
S

pler:
ECT
call collect.
charges.

call collect. call.

Notes

Reese grad is first female ANG combat pilot

MCCONNELL AFB, Kan. — Maj. Jackie Parker, a Reese UPT alumni, became the Air National Guard's first female combat pilot when she graduated from F-16C pilot training April 20 at McConnell.

Major Parker, 33, was also the first female test pilot in the active-duty Air Force, according to a statement from the Air National Guard. She will return to the 174th Fighter Group, Hancock Field, Syracuse, N.Y. (Air Force News Service)

Air Force news now toll-free

WASHINGTON — Air Force internal news updates are available on a toll-free, 1-800 phone line in the continental United States, the Air Force News Agency has announced.

The five-minute radio broadcast contains daily updates of the latest Air Force internal information. The same broadcast is also beamed via satellite to Armed Forces Radio and Television Service outlets overseas, an AFNEWS official said.

The Air Force radio news toll-free number is 1-800-264-2066. The call is free stateside but overseas calls must be billed to a phone company calling card. Personnel assigned overseas, in Alaska and Hawaii can reach the news update by calling DSN 945-7253. (Air Force News Service)

EPR promotion recommendations prohibited

RANDOLPH AFB, Texas — Evaluation officials at the Air Force Military Personnel Center here are seeing numerous senior enlisted performance reports containing implied or veiled promotion recommendations.

Promotion recommendations are prohibited from all EPRs, regardless of rank, said a statement from AFMPC.

Examples of implied or veiled recommendations include: "Performs like a chief," "My number one choice for senior airman below-the-zone," "A top one-percenter!," "Groom her for the highest positions!"

As a general rule, any comment that states the member is performing above his or her grade, occupying a position requiring a more senior grade, or alluding to a higher-ranking position is prohibited, the statement said. Raters should clear any questionable statements with their military personnel flight evaluations office. For more information on EPRs, call 3339. (Air Force News Service)

Correction

In April 22's story on the volunteers of the year, the name of the winner in the religious activities category — Pamela Appell — was misspelled.

The Roundup apologizes for the error.

Arbor Day observed today

In observance of Arbor Day, senior wing officials will take part in a tree-planting ceremony at 10 a.m. today in Windmill Park. Two redbud trees will be dedicated in memory of Lt. Augustus Reese Jr., the base's namesake.

Arbor Day pamphlets will be available at the ceremony for interested wing members.

Library reopens

The base library has reopened. Hours of operation

are noon to 5 p.m. Sunday, 11 a.m. to 6:30 p.m. Monday through Thursday, and closed Friday, Saturday and holidays.

Yard inspections start

Inspections of Reese Village yards began Tuesday and will continue throughout the year. Inspection requirements are listed in the housing brochure.

Call 3913 for details.

Blood screenings done Tuesday

As part of Hypertension Awareness Month, there will be a blood pressure screening from 10 a.m. to 2 p.m. every Tuesday in May at the base exchange.

Frenship sets registration

Kindergarten pre-registration in the Frenship Independent School District, which includes Reese, Casey, North Ridge and Crestview, will be from 3 to 5 p.m. Wednesday.

Students' birth certificates, shot records, social security cards and proofs of residence will be required. University Medical Center will offer an immunization clinic at registration; cost will be \$5 per child, regardless of the number of shots received.

Schools have more information on pre-registration. Reese Elementary School's number is 885-4910.

CES gets new commander

The 64th Civil Engineering Squadron will conduct a change-of-command ceremony at 10 a.m. May 6 in the parking lot of Bldg. 555. Capt. Keith Yaktus will replace Lt. Col. Duncan Showers.

Everyone on base is welcome.

Personal growth workshop

A personal growth workshop will be offered from 2 to 4 p.m. May 11 in the family support center. The workshop is designed to give participants a better awareness and understanding of themselves.

For details or to sign up, call Dulley Alewine at 6494.

Weight loss class set

A four-week weight loss class will begin at 1 p.m. May 13 in the physiological training building across from the hospital. All hospital beneficiaries and base civilian employees may attend.

Call Capt. Phillip Petterborg at 6153 for details.

Spouse day upcoming

Military Spouse Appreciation Day will be May 13.



Mike Parrish

Honor guard names top member

A1C Scott Acker (right), 64th Logistics Squadron, accepts the award as the Reese Honor Guard's top member of the past quarter from Col. Roger Brady, 64th FTW commander. Airman Acker has been a member of the honor guard since August 1993.

The day will begin with coffee and donuts at 9 a.m. at Reese Manor, which will be followed by briefings on base services, tours of different base agencies, lunch and simulator rides.

The day's events will end at 3 p.m. Call the family support center at 3305 for details and to sign up.

Craftsman contest pending

Entries in the 1994 artist-craftsman contest are due May 25. Categories for adults and youth will be available in a variety of media. Works will be judged on originality and ingenuity, composition, design, execution and technical ability.

Call 6590 for more information.

Teachers' job fair set

The Lubbock Independent School District will sponsor a job fair from 10 a.m. to 5 p.m. June 3 at Monterey High School. More than 40 Texas school districts will be represented. Call the family support center at 3305 for more information.

TEC rep available

A veteran's representative of the Texas Employment Commission is available Fridays at the family support center for job assistance and development of job search materials. Call 3305 to make an appointment.

Enlisted club seeks names

The Reese Enlisted Club is looking for suggestions on what to name the various rooms in the club. People whose suggestions are taken will win a \$25 credit to their account.

Participants can drop off their suggestions at the club cashier's cage. Winners will be announced in May.

Enlisted club
(3156)

Today: Variety music by the Electrifier in the lounge from 7 p.m. to midnight.

All-night rhythm and blues from midnight to 3 a.m.

Free buffet for members at 5 p.m.

Saturday: Sports lounge opens at 1 p.m.

Sunday: Sports lounge opens at 1 p.m. with beverage specials, billiards, shuffleboard, bowling and darts.

Monday: Men's night with beverage specials.

Tuesday: Beverage specials every Tuesday.

Wednesday: Ladies' night with beverage specials.

Thursday: Beverage specials in the lounge.

May 7: Cinco de Mayo party - live band from 8 p.m. to midnight and beverage specials.

Thrift shop
(885-3154)

Location: Bldg. 629 (across from the commissary parking lot).

HOURS

Tuesday: Open for sales from 9:30 a.m. to 1:30 p.m. Open for consignments from 9:30 a.m. to 12:30 p.m.

Thursday: Open for sales from 9:30 a.m. to 1:30 p.m. Consignments by appointment.

Mamma Reesione's
(885-2639)

Monday: Mamma Reesione's delivery service shuts down starting today. Phone-in orders accepted; take-out is available.

Weekdays: Lunch served from 11 a.m. to 2 p.m.

Mayspecials: All-you-can-eat soup and salad bar for \$3.

Twelve hot wings with sauce for \$3.50.

Two-piece chicken dinner with french fries, rolls, cole slaw and hot pie for \$3.

Double cheese burger with fries for \$3.50.

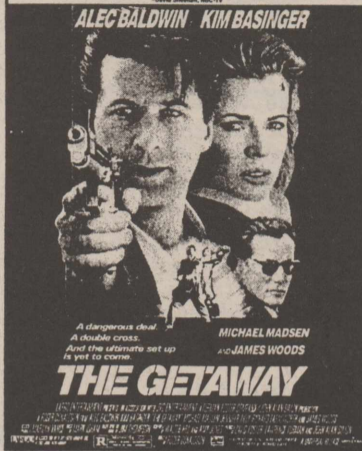
Thursday: Two-item calzone for \$3.

Chicken fried steak for \$3.95.

Around Reese

Simler Theater
(885-4888)

"ALEC BALDWIN AND KIM BASINGER BRING BONNIE AND CLYDE INTO THE 90'S WITH SURPRISE, SUSPENSE AND SEXUAL INTENSITY!"



Today: "Getaway" (R) at 7:30 p.m.

Saturday: "Blank Check" (PG) at 7:30 p.m.

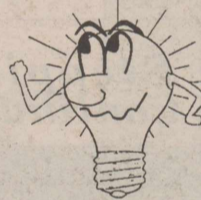
Sunday: "China Moon" (R) at 7:30 p.m.

Energy surge

(from the Reese Energy Steering Group)

□ If your refrigerator has coils on the back or the bottom, vacuuming them often can improve efficiency by as much as 30

percent. Also, make sure the door seals tightly and keeps in the cold air. To check, close the door on a dollar bill. If you can pull the bill through easily, your seals may need replacing.



Chapel
(3141)

Weekdays: Catholic Mass at 11:30 a.m.

Saturday: Catholic Mass at 5 p.m.

Sunday: Catholic Sunday Mass at 9:45 a.m.

Protestant Sunday school at 9:45 a.m.

Catholic Confraternity of Christian Doctrine at 11 a.m.

Protestant worship service at 11:15 a.m.

Church of Christ Bible study at 5 p.m.

Wednesday: Luncheon Bible study at 12 noon.

"Scripture from Scratch" study at 7 p.m.

Officers club
(3466)

Today: Seafood buffet served from 6 to 9 p.m. Costs \$8.95 (membership appreciation - 10 percent off).

Club card drawing held between 5 & 6 p.m. Must be present to win a \$50 credit to club account.

Saturday: Club closed; ROTC dining out at 6:30 p.m.

Sunday: Closed.

Monday: Chef's choice served from 11 a.m. to 1:30 p.m.

Club closes at 2 p.m.

Tuesday: Chef's choice served from 11 a.m. to 1:30 p.m.

Club closes at 2 p.m.

The Retired Officers Association meeting at 6:30 p.m.

Wednesday: All-you-can-eat, "down home" lunch served from 11 a.m. to 1:30 p.m.

Chicken dinner buffet served from 5:30 to 8:30 p.m. Adults \$5.50, children 6 to 10 \$2.50, children under 6 free.

Ladies night with beverage specials from 4:30 to 6:30 p.m.

"Over-the-hump night" in the Smokin' Hole with free tacos and beverage specials for members.

Club card drawing between 5 and 6 p.m. Must be present to win a \$50 credit to club account.

Thursday: Texas steak night from 5:30 to 8:30 p.m. Two-for-one New York strip, ribeye or top sirloin, 10 ounces \$12.95, 6 ounces \$8.95, grilled chicken breast \$8.95. No coupons or to-go orders.

Skills development center
(3141)

Today: College level photo class - series I from 4:30 to 7 p.m.

Wednesday: Stained glass workshop from 4 to 7 p.m. Introduction to lead came for \$28 (includes all materials and a finished piece valued at \$20). Two day advance registration is required.

May 13: Photography workshop-"Understanding the F stop and depth of field." Costs \$25; advanced registration required. Minimum of four students per class.

May 14: "Frame your Saint Bernard" framing class from 1 to 5 p.m. Bring a picture or certificate to frame (up to 8 by 12 inches in size). Costs \$25; includes all materials.

May 25: Entry deadline for artist-craftsmen contest. Judging will be May 26.

Hints On How To Make Your Gas Grill Come Clean

(NAPS)—Ah, spring. You and millions of other enthusiasts wheel your trusty gas grills out of storage for a summer of backyard barbecues. But before you hit that ignition switch, take a close look. Is the grid so dirty that daylight won't pass through it? Have insects built whole colonies in the venturi tubes? Has it been years since you've cleaned your grill? Have you ever cleaned your grill??

It's time to expend a little elbow grease on bringing that old warrior back to life. Char-Broil, the country's oldest manufacturer of gas grills, offers the following cleaning tips:

1. Be sure the gas is off at the LP tank and at the control knob.
2. To clean the interior you'll have to take the grill apart. So take notes on the order of things. After all, you're the one who has to put it back together.
3. When you disconnect the igniter wires, wrap them in aluminum foil to protect them.
4. Use a solution of detergent in warm water and a scrub brush to scour the inside top and bottom. On the grids, use a nylon or plastic woven pad instead of a scrub brush.
5. If you see cracks in the burner or the venturi-tube (that's the flexible hose-like extension from



the burner), then replace it. If you don't see cracks, force water through the tube with a garden hose. Be sure water flows out of all the burner ports so there can be no insect nests inside (nests can create obstructions which prevent proper gas flow).

6. Remove the aluminum foil from the ignition wires and let everything dry in the sun. Then reassemble your grill.

7. If you use lava rock and it's really grungy, replace it to avoid constant flare-ups. If you prefer to clean it, boil it for fifteen minutes in a large container of water with a tablespoon of low sudsing dishwashing detergent. Let it dry in the sun.

8. Make a 50/50 water and soap solution. Turn on the gas at the tank, then brush the solution on the connections between the valve, regulator, hose and tank. If bubbles appear, there's a gas leak. Replace the part that's leaking.

9. You can refinish your grill's exterior by sanding it lightly then painting with a heat resistant paint. Don't fire up the grill until the paint is dry.

ADVERTISEMENT

Black Velvet Smooth Steppin' Showdown...The Search Continues

(NAPS)—Country music superstar and Black Velvet Lady Tanya Tucker is once again searching for the best amateur two-stepping couple in America. The Black Velvet Smooth Steppin' Showdown, the first ever national country dance competition for amateurs, is expanding in 1994 to reach more dancers.

Couples will compete for great prizes including an appearance in one of Tucker's country music videos and the opportunity to perform on stage with her at one of her concert dates.

"Country dance has taken the nation by storm and we really wanted to create a competition for amateur dancers like myself who have a real love for country music," said Tanya Tucker.

The "Showdown," sponsored by Black Velvet Canadian Whisky®, is a series of over 50 preliminary competitions within a 150-mile radius of the following markets: Atlanta, Ga.; Buffalo, N.Y.; Denver, Co.; Des Moines, Ia.; Detroit, Mi.; Los Angeles, Ca.; Minneapolis, Mn.; Phoenix, Az.; Sacramento, Ca. and Seattle, Wa.

More than 2,000 dancers are expected to compete. The top three couples from each preliminary event will proceed to the regional competitions. The first- and second-place couples from each regional competition will receive an all-expense paid trip to



Tanya Tucker

the national finals at Opryland, U.S.A. in Nashville, Tn.

Couples unable to participate at any of the preliminary locations may enter the "video wild-card" category by video taping themselves dancing the progressive two-step to Tanya Tucker's "It's A Little Too Late." The winning couple of the video category will advance directly to the national finals.

For competition sites, times and other details regarding the Black Velvet Smooth Steppin' Showdown and how to enter the "video wild-card" competition, dial 1-900-TWO-STEP (99 cents per minute). All proceeds from the 1-900-TWO-STEP number and the \$10 preliminary and video competition entry fees will benefit the National Multiple Sclerosis Society, the official charity of the Black Velvet Smooth Steppin' Showdown.

WOODCREST APARTMENTS

5402 66th at Bangor ♦ 794-9777
(across from Mall)

- ♦ \$0 Deposit for Reese!
- ♦ Fireplaces ♦ 2 Pools
- ♦ Washer/Dryer Conn. ♦ Icemakers ♦ Ceiling Fans
- ♦ Tennis Courts ♦ Frost-Free Refrigerators

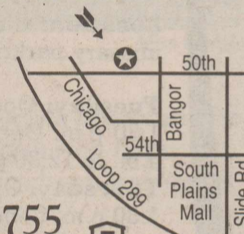
"Professionally Managed by Lexford Properties"



EL CHAPARRAL

- * Pool * Club Room * Fireplaces
- * Balconies * Great Location

**\$0 Deposit
for Military**
"Reese...We Love Ya!"



5202 Bangor Ave. • 795-9755

"Professionally Managed by Lexford Properties"

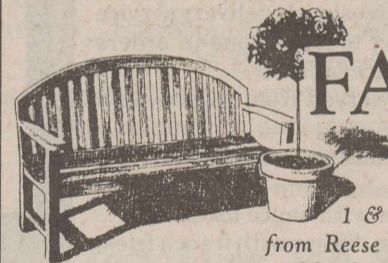


SPACIOUS 1 & 2 BEDROOMS \$345 & \$395

PLUS \$100 OFF 1ST FULL MONTH'S RENT

Come home to

FAIRWAY VILLAS



Fairway Villas Apartment offers
1 & 2 bedroom floor plans minutes
from Reese Air Force base. All homes are
ground level with front door parking. Swimming
pool and laundry center on the property. Fairway
Villas Apartments. 5525 4th Street. 796-1649.



INNSBRUCK*WEST... apartments

**ZERO DEPOSIT
For Military**

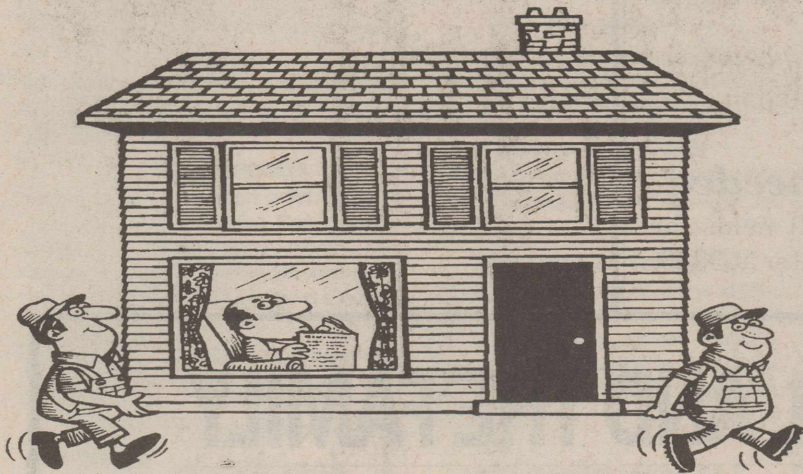
- * Video Club * Pool
- * Hot Tub * Ceiling Fans
- * Fireplaces
- * Private Patios & Balconies
- * Exterior Storage
- * Spacious Closets

West 19th & Loop 289

797-7617

Apartment Guide

The Best Places to Live in Lubbock



- ❖ SPACIOUS FLOOR PLANS
- ❖ LIGHTED COVERED PARKING
- ❖ MICROWAVES/MINI BLINDS/CEILING FANS
- ❖ WOLFF TANNING BED
- ❖ GAZEBO/B-B-Q GRILLS
- ❖ CUSTOM DESIGNED POOL
- ❖ FIREPLACES
- ❖ PATIOS, BALCONIES
- ❖ EXCELLENT LOCATION

5204 50th
797-8612

Savannah Oaks

Monday - Friday
9 a.m. - 5:30 p.m.

Southern Style Living at its Best!

Saturday
10 a.m. - 4 p.m.

\$0 Deposit For Reese!

"Ask us about our Move-in Special!"
Professionally Managed by Centerstone Management Corporation

Celebrate Summer

with

Sentry Park

Apartments

- No Deposit for Military
- 1, 2 & 3 bedrooms - *going fast!*
- "Ask about our floor plan of the week."

Offering a relaxing swimming pool, tennis and basketball courts and a state of the art fitness center. Conveniently located to S. Loop 289 and the mall. Those moving in before July 1 are eligible for an exciting **CARIBBEAN CRUISE** drawing!

Several floor plans available at special rates.

6042 Albany Avenue • 794-3185

Windmill Hill
5702 50th
797-8871

Windy Ridge
5430 50th
792-7084

WESTAR
PROPERTY MANAGEMENT

• \$0 Deposit for Military

- ⇒ 1, 2, 3 Bedrooms - Studios Available
 - ⇒ Private Patios
 - ⇒ Fireplaces
 - ⇒ Covered Parking
 - ⇒ Swimming Pools
- (amenities subject to availability)

Country Park
5602 48th
792-7084

RANCH PARK
5502 49th
793-5115

Farrar West
5720 66th
794-5945



\$100 OFF 1st Full Month's Rent

(For Our New Residents Only)

\$0 Deposit For Military

the **CROSSROADS**

- Lighted Covered Parking
- Ceiling Fans
- Woodburning Fireplaces
- Microwaves
- Spacious Floorplans
- Designer Interiors
- Custom Oak Cabinetry
- 2 Outdoor Pools

• PRIME LOCATION •

"Ask about our concierge services"

793-0400 • 2102 W. Loop 289

The Hudson Group



Reese people are special to us - ask us!

Le Chateau
apartments

"On Maxey Lake"

4345 28th 795-6583



WESTERN OAKS

Two Bdr. Unfurnished Apartments
• Washer/Dryer connections • Backyard

4601 52nd 792-9423

4602 54th St.
797-2656



Owned & Managed by experienced local professionals



Updates

Sports Day cancelled

Due to mission requirements, the Sports Day originally scheduled for today has been cancelled.

Bodybuilding Saturday

A bodybuilding contest will be put on at 7 p.m. Saturday in the Mathis Community Center; qualifying begins at 9 a.m.

Weigh-in will be from 6 to 8 p.m. today at the fitness center; contestants need to wear posing trunks. The entry fee is \$10, and all participants will receive a t-shirt. Call Gary Grant at 3783.

Tennis tourney set

An open tennis tournament will be put on May 9 through 13. The double-elimination event for men and women costs \$6 to enter, and awards will be given for first through third places. Entry deadline is Wednesday. Call Gary Grant at 3783 or Amn. Robert Glase at 6020 for details.

Cannon sets karate tourney

An all-styles open karate tournament is scheduled for May 7 at the Cannon AFB, N.M., Fitness Center. Entry fee is \$25, and the event is open to military members and civilians.

The tournament is sanctioned by both the U.S. Karate Alliance and the Armed Forces martial Arts Association. For more information, call Pat Grah at DSN 681-2747 or (505) 784-2747.

Annual run set

The ninth annual Air Force five-kilometer fitness fun run will be May 14 at the base picnic grounds; show time is 8:45 a.m. The run is free to base participants and medals will be awarded to the first 20 people that sign up.

Entry forms are available at the fitness center. Call Gary Grant at 3783 for details.

Bowling schedule

Today: Parent/child bowling from 7 to 9 p.m. Cost is \$1.75 per game for adults, \$3 for two games for kids. Shoe rental is 90 cents.

Saturday: Youth "fun bowling" at 10 a.m.

"Poor boy" special — three games for \$2 — from 1 p.m. to closing.

Sunday: Open bowling at noon.

Monday: Mixed league at 6 p.m.

Tuesday: Non-smoking leagues from 6:30 to 9 p.m.; no smoking in the center while this league plays.

Wednesday: "Have a ball" league at 6:30 p.m.

Thursday: Industrial league at 6:30 p.m.

Softball reservations needed

Teams needing the base softball fields for practice must contact the fitness center at 3783.

WEIGHT CONTROL AND THE FAMILY

How to Help Your Family Eat Well and Control Weight

Weight problems don't always run in families, but it's likely that the eating and exercise habits we learn as children stay with us into adulthood. That's why it's never too early to help your family develop the habits that can help them eat right and control their weight for life.

Food Isn't A Reward

One of the earliest associations we have with food is comfort—a crying baby receives a bottle and feels happy and content. Food should be comforting when it satisfies hunger, but it shouldn't be used as a substitute to satisfy other needs. A cranky toddler may calm down when you hand her a cookie, but a hug or a story might have worked just as well. Consider the message you're sending your child—When you're cranky (bored, tired, upset...), eat! Be careful about the messages you send to your kids. Help them learn to eat when they're hungry, not when they're not.

A Time and A Place to Dine

We can also learn to associate eating with other activities—like watching TV or going to the movies. After awhile, we find that turning on the TV turns on our desire to eat even when we're not truly hungry. You can help your family break the habit of "automatic" eating by making one simple rule—eat only while seated at the dining table. On special occasions, you may want to "bend" your rule, but try healthful treats like fresh fruit rather than the usual "junk food" snacks.



Food shouldn't be used as a reward.



Try eating only at the dining table.



Become a healthy food consumer.

Shopping For Health

You can also help your family by becoming a wise shopper. When marketing, avoid processed, refined, and packaged foods. Besides costing more than fresh foods, processed ones are likely to have preservatives, added salts and sugars, and more calories. Instead of cookies, chips, sodas, and candy, buy fruits, nuts, juice, raisins, and other healthful "snack" foods. If you don't buy junk food, your family won't eat it, so why even have it in the house?

Family Exercise

Sound eating habits and healthy food choices can help the entire family eat well and control weight, but eating is only half the story. The other half is activity. By becoming more active you can burn off excess calories before they turn to fat. Encourage family activities like after-dinner walks, Saturday hikes, or other active recreation. Along with healthy eating habits, 20 minutes of vigorous activity 3 times a week can help you stay fit and trim.

Your Family Will Thank You

Don't expect a round of applause when you first remove the cookies from your shopping list. It may take your family some time to get used to new, healthier habits. But, in the long run, when they're free from weight control worries and are leading fuller, healthier lifestyles, they'll have you to thank—and they will.

Want Ads • Want Ads • Want Ads • Want Ads

ECONO PAINT & BODY
 Complete Paint Jobs Starting At \$375.00
 Insurance Claims Welcome
 SPECIALIZING IN
 • Autos & Pickups • Trailers • Camper Shells
 • Body Repair • Frame Alignment • Auto Glass
 2122 19th St. • 763-2212

Canoe
 16-foot fiberglass canoe. Very stable in the water. Great for fishing. \$140. Call 885-1843. 4-29

Guitar Lessons
 Guitar Lessons: Concert artist. Beginners / Advanced. All styles. Reasonable rates. 30% Discount startup month!. Elegant Park Tower location. Grisanti Guitar Studio. 747-6108. Tapes at Sound Warehouse! 5-13

Planned Parenthood of Lubbock
 795-7123

Home for Sale
 3 bedroom, 2 bath, 2 car garage. Spacious, well-kept home in quiet neighborhood near Reese and Loop - convenient to Tech. POSITIVELY worth a look and reasonably priced. Call Mary Ann Grafft @ 796-4000, WestMark Realtors, ask for MLS #10655. Central Heating/Air, sunken living room, wall-to-wall carpeting, large fenced backyard. Great single or family home. 4-29

Inside Garage Sale
 314 Mitchell, May 2. Items available: Crib, Bumper pad, Comforter set, Infant's outfits, Sleepers, Blankets To Toddlers, Sweater, Shirts, Pants, Suits, Dress Shoes, etc. For information call 885-1213. 4-29

For Sale
 Reclining highback sofa and matching reclining highback love seat in good condition. \$275. Call 885-4817. 4-29

Home Day Care
 Licensed home day care provider has openings available. Call 885-4752 for details. 4-29

3/2 House for Sale
 3/2 House for Sale. 2 story. Bright, Beautiful and Open! Centrally located in SW Lubbock. Alarm system. Sprinkler System. Loaded with extras. Mid \$80's, Call 798-2467 / 885-3857 / 885-6582. Ask for Ty. 4-29

1993 Ford Ranger XLT
 1993 Ford Ranger XLT extended cab, black with sports package, fully loaded, custom-made stereo system included. \$12,000. 885-2928. 4-29

For Sale
 —Wall unit (shrunk) with lights, solid light Oak, 10' long x 6'7" high x 21" deep; Pull out bar, Glass shelves. — Matching large dining room table 6 1/2' x 3' with 6 chairs. (Both solid light, both handmade in Europe and in excellent condition) Was asking \$8000 for both, but will take \$6500. Must see to appreciate. 799-6334. 4-29

Buying & Selling . . .
 Good used furniture, antiques, collectibles. Layaways & credit cards accepted. Bobo's Treasures, 202 Avenue S (2 blocks north of 4th St. on Ave. S) 744-6449, 10 a.m. to 5:30 p.m. Monday through Saturday; 1 to 5 on Sunday. rtn

Get Your Place In Shape!
 Get your home or office in inspection order for your move out, move in, or just living. For professional cleaning at a reasonable rate, call Michelle at 885-4380 or 787-0297. 5-6

Century 21 793-8111
 or
 797-6761
 John Walton Realtors®
Jerry Meyer, REALTOR®

AT MEINEKE, YOU'RE NOT GONNA PAY A LOT . . . BUT YOU'LL GET A LOT.

meineke® Discount Mufflers
 Exhaust • Brakes • Shocks • Struts • Springs • C.V. Joints

Lubbock . . . 5521 A West 4th St. . . . 793-8854
 (At the Inter. of Loop 289 West & 4th)

OPEN MON. - SAT. 8 AM TO 6 PM

From \$29⁹⁵ Muffler Special
 Fits Many Small Domestic Cars
 Pipes, Clamps & Hangers Extra
 1 Year Nationwide Warranty
 Expires 7-15-94 • Meineke

\$69⁹⁵ Brake Special
 Per Axle
 Includes new shoes or pads, resurface drums or rotors, repack front bearings (non-drive only) and inspect the entire system. With Semi-metallic
 Some make & model exceptions may apply. Most 1987 and newer vehicles require semi-metallic pads / shoes.
 Expires 7-15-94 • Meineke

\$18⁹⁵ Oil & Filter
 Up to 5 qts. 10W30
 Quaker State & Standard Filter
 Most Cars
 Expires 7-15-94 • Meineke

Offer valid through 4-15-94 at participating Meineke locations only. Not valid with any other offer. Must present coupon at time of estimate. Copyright • Meineke 1993

To advertise in The Roundup call **797-3495**

Bargain New Brick Homes!

~3/2/2 \$50,950
 to
 ~4/2/2 \$65,950

\$50 Total Move-in V.A.

Come See our model home
 1037 Iola

Betenbough & Co. INC.
 Mon.-Sat 12 to 6 / Sun. 1 to 6 / Closed Wed. 797-2859 or 789-3388

Auto Consignments of Lubbock
 "THE NEW WAY FOR THE 90's"

We need your car or truck or van!
 See us for your selling needs.
 You'll make more \$\$\$\$\$\$\$\$.
 Buying a used vehicle? See Us!

All vehicles are checked out.
 In-house financing as well as other financing sources!

MEMBER **BBB**

7402 W. 19th 796-1700

Check out the advertising offers in this issue of the Reese Roundup newspaper . . . for weekend entertainment, housing offers, etc.

★ Chandelle Publications, publisher of the Reese Roundup, is located at the corner of 40th & Frankford.
 Come by our office to place your advertisement in next week's newspaper.

The map shows the city of Lubbock with major roads including Crows Hwy, Amarillo, I-40, Loop 289, and various local streets like University, Broadway, and 4th. Landmarks such as Texas Tech University and Mackenzie State Park are marked.

For Arbor Day - Color Your World Beautiful

