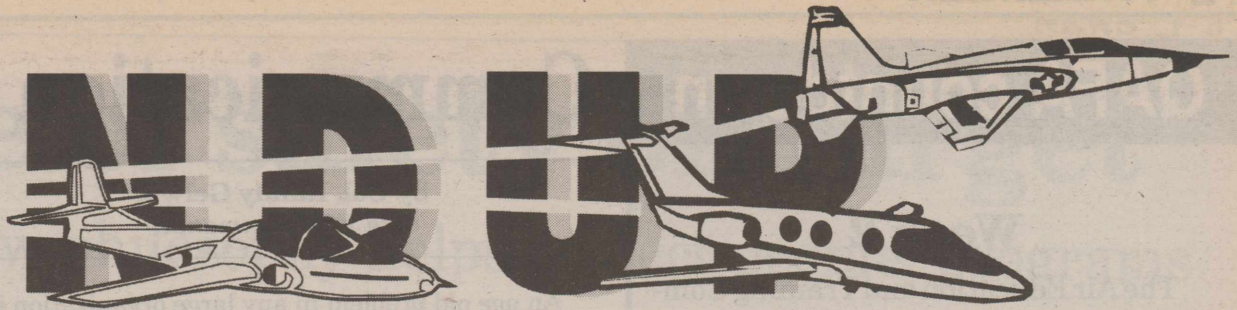


ROUNDUP



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Vol. 47, No. 33

August 25, 1995

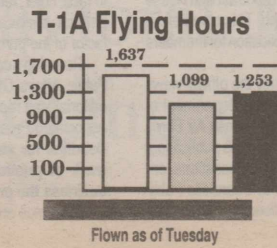
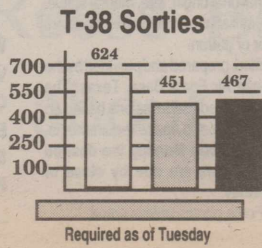
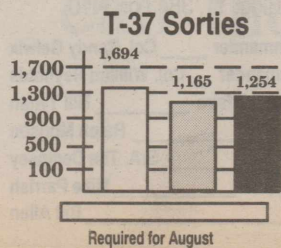
Reese AFB, Texas



TriCare

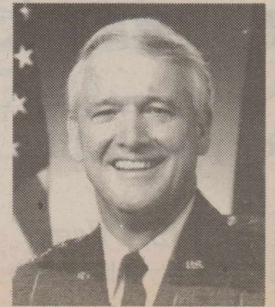
An in-depth look at DOD's new health care program. _____ Page 4

Mission



Inside

- General Boles to make first visit to Reese on Monday. _____ Page 3
- Colonel Gelwix talks about effective communication. _____ Page 2
- 64th SPS offers drug detection program. _____ Page 8



QAFA countdown

Week 2

The Air Education and Training Command Inspector General Quality Air Force Assessment Team is scheduled to arrive at Reese on Sept. 11.

This condensed checklist will help prepare for the visit by highlighting key areas to clean up on a day-by-day basis. For more information call Lt. Col. John Shackelford at 3033.

Monday

✓ Paperwork polish

Pick up where you left off on Friday. Dress up continuity folders. Catch up on anything you haven't had a chance to fix.

Tuesday

✓ More paperwork polish

Go over your paperwork again.

Wednesday

✓ Even more paperwork polish

Enough is enough. Your paperwork should be perfect by now.

Thursday

✓ Training

One last look at OJT. It should be up to speed by now -- Make sure!

Friday

✓ Publications

Everyone take one last look at your pubs.

Communication ... Is ours working?

by Col. Randy Gelwix
64th FTW commander

An age old problem in any large organization is "getting the word out"...letting the people know "what's happening."

Effective communication is, in essence, a real art form, but absolutely mandatory for success.

The quality movement has done a lot to move the decision-making process down to the lowest level. Making good solid decisions requires a thorough grasp of the data impacting the choices. In short, we're probably doing a much better job getting mission essential information down to the appropriate level.

But how are we doing in areas not directly affecting the mission? Some may argue that information about "sales" and "deals" at the commissary or base exchange are not mission essential, but they can definitely contribute to the morale and welfare (i.e., saving money) of all involved.

Many of the courses offered by our Reese Family Support Center can be extremely helpful, especially for our young airmen transitioning to a military way of life.

Bottom Line: There is a wealth of information floating around our wing that could make a difference in somebody's way of life.

Within the 64 FTW there are numerous ways we communicate. Staff meetings, commanders' calls, bulletin boards, base newspaper and bulletin, commanders access channel and squadron



Colonel Gelwix

newsletters are a few.

When was the last time commanders and supervisors evaluated the effectiveness of their communications programs? Ask your people what they "think" is going on ... how does it compare with reality?

As we look forward to our Quality Air Force Assessment and begin planning for base closure, it is more critical than ever that we get out the "ungarbled" word. An out-of-control rumor can undermine our best plan.

Let's make sure that effective, timely and factual communication comes to the top of our priority list. Our success depends on it!

Flammables

Common sense remains key to safe handling

Arnold P. Miranda
Reese Fire Inspector

The task of storing and handling flammable liquids safely is not a difficult one.

With a little common sense and knowledge, this goal can be achieved.

□ Use flammable liquids for their intended purpose. Never use them as a substitute for approved cleaning solvents or as a replacement for charcoal lighter fluid.

□ Never store flammables in basements or enclosed areas where pilot lights or other heat sources may ignite vapors.

□ Don't smoke while refueling any gasoline or other fuel-powered equipment, including your automobile.

□ Keep gasoline in an Underwriter's Laboratories or Factory Mutual approved container with a

tight fitting lid. Don't store or transport gasoline in glass or unapproved plastic containers.

□ Always store flammables in a well-ventilated area.

□ Children, matches, and flammables don't mix.

□ Don't keep a spare can of gasoline in your car. Fill the tank more frequently to ensure you don't run out of gas.

Anyone can be injured by the careless use of flammable liquids.

Most accidents happen when one or more of the above safety rules are ignored or disregarded.

The importance of following these safety rules can be realized if you remember that gasoline and other flammable liquids ignite with explosive force. In fact, one gallon of gasoline is equal to 10 sticks of dynamite.

Give flammable liquids the respect they deserve.

ROUNDUP

Printed
for people like ...

SSgt. L.D. Harper
64th Security Police Squadron



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All photos are U.S. Air Force photos unless noted.

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Wing Commander _____ Col. Randy Gelwix
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New essence of safety on target

AETC commander says new philosophy helps protect people, programs

By Gen. Billy J. Boles
AETC Commander

RANDOLPH AIR FORCE BASE, Texas (AETCNS) I think we're right on target with the "Essence of Safety" philosophy; it emphasizes the roles of the individual, the supervisor and the environment in all safety equations.

Understanding these three factors can and does help us protect our people and prevent mishaps.

The central factor is the individual — his or her training and attitude have a lot to do with whether or not a task or mission gets completed safely.

The second factor is environment. Adverse weather, a lack of proper equipment, or a perceived need to get the job done impact the safety equation.

The other human factor is the supervisor. When I say supervisor, I'm talking about all accountable persons up the chain. Does the supervisor ever get out of his or her office, whether it's a cubicle on the flightline or a corner office in the headquarters building? Does he or she walk around to see how tasks are carried out and to get a feel for people's attitudes?

A deficiency in any one or all three of these factors may contribute to a mishap. What we must do is move from knowing what factors contributed to a mishap to preventing future mishaps.

It's a crucial step. But, how do we do it?

It's relatively easy to dissect a mishap after it occurs — doing the Monday morning quarterback routine — and determine what roles the three factors played in the mishap. Having identified these factors, we can't afford to be passive. To carry the football analogy one step forward, we can't afford to relax in our recliners until the next mishap. We've got to be ball players.

I want every individual in this command to become players. Get on the field and become accountable for safety. "How do I do that?" you ask. Good question.

First, we have to work on attitude. Safety really is everyone's responsibility. Accept that ... act on it. If you slip when crossing a newly mopped floor in the squadron, don't just go on your way thinking, "Gosh, glad I didn't break a leg." Do something about it. Dry the floor. Find the building custodian. Put up a sign. Be accountable.

Second, we have to be proactive once a mishap has occurred to keep it from happening again. "How can we be proactive after the fact?" you ask. Another good question.

We already do investigations to determine what happened, to look at the roles played by the individual, the supervisor, and the environment. Now, we must learn to work our way back through the chain of events and deci-

sions which led to a mishap, to see if there was somewhere along the way we could have predicted a mishap would occur ... so we can prevent it from happening again.

The Air Force has suffered a lot of Class A flight and ground mishaps this year, leading to loss of life and loss of valuable airframes and other equipment. Looking back at those mishaps we can pinpoint instances where supervisors and individuals made decisions that should have raised red flags. A supervisor gave a challenging flying assignment to a pilot with a history of "hot dogging." An individual worked on his car without using jack stands, because it was faster to use a scissors jack than fetch the proper equipment. A pilot flew a mission knowing he hadn't slept well and was probably too fatigued to be alert. All of these decisions resulted in deaths ... deaths caused by accidents which could have been predicted and prevented.

We need to do better at examining our decision-making processes and intervening before a mishap occurs. One very promising tool for doing that is risk management, a process which identifies and assesses hazards, establishes mechanisms for making decisions, and helps supervisors eliminate risk or implement controls to reduce risk. We're developing a formal risk management program for AETC which, we hope, will give everyone a powerful tool to help prevent mishaps.

In the meantime, we must all continue to examine the roles played by the individual, the supervisor, and the environment in the safety equation. We must become accountable at every level for safety. Remember, we're all players. And we must analyze our decisions so that we can intervene and prevent a risk factor from contributing to a mishap.

We don't want to wait until it's fourth

down and eight. We want to call the right play on the first down. We want to be able to look back on Monday morning and say, "If I had it to do over again, I'd do the same thing." (Courtesy, AETC Torch Magazine)



General Boles

General Boles visits Monday

Gen. Billy J. Boles, Air Education and Training Command commander, is scheduled to make his first visit to Reese Monday and Tuesday.

During the general's visit, he will tour wing facilities, be briefed on wing issues and meet and talk with many wing personnel.

The general's wife, Kay, will also visit the base. She is expected to key on family oriented organizations and issues.

General Boles became the AETC commander on June 21, 1995. His stop at Reese is part of an orientation tour of all AETC installations.

"I want every individual in this command to become players. Get on the field and become accountable for safety.."

Gen. Billy J. Boles

Don't let your life go up in smoke

call the Reese Behavioral Medicine Clinic at 3739

about smoking cessation classes

Reese gears for TriCare in November

New DOD health care plan will expand patient choices

by 1st Lt. Ward Hinger
Reese TriCare Director

The wait is almost over! The TriCare contract is scheduled to begin Nov. 1

TriCare is the Department of Defense's version of managed care; combining Air Force, Army and Navy medical resources. Under this managed care support contract, military families will have more health care choices, can save money and reduce paperwork.

The contractor, Foundation Health Federal Services, Inc., of Rancho Cordova, Calif., has been working in partnership with the 64th Medical Group at Reese.

TriCare implementation for the Reese catchment area began in April. The contractor has worked closely with the 64th MDG in establishing a TriCare service center, constructing a civilian network of providers, developing marketing material, and formulating an enrollment strategy.

An aggressive marketing campaign is expected to begin sometime in September with enrollment taking place during and after the marketing campaign. At that time, the contractor will provide detailed information on TriCare and the options available to the various categories of beneficiaries.

The following information is a general overview of how

TriCare will affect each category of beneficiaries.

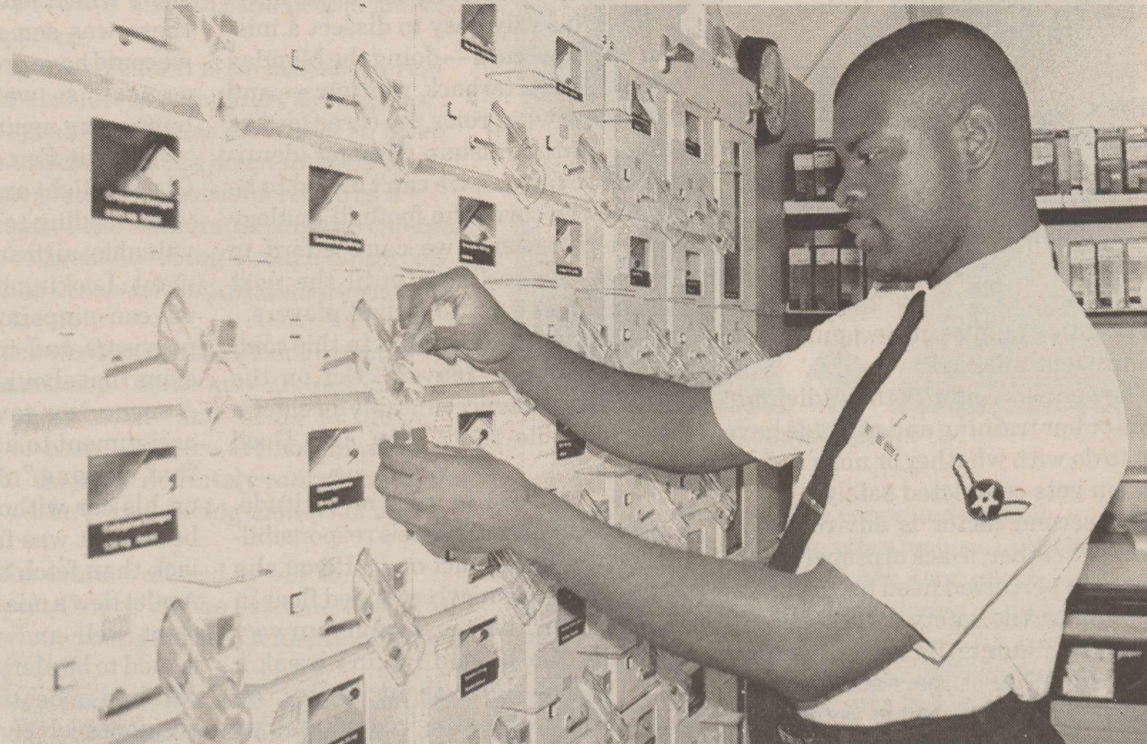
This information is represented by a TriCare Options Chart for an easy cost comparison of TriCare Prime, TriCare Extra, and TriCare Standard (CHAMPUS).

Active duty personnel have already been enrolled to military providers. They are not eligible for the TriCare triple options available to CHAMPUS eligible beneficiaries. There are no changes in costs or rules; however, starting Nov. 1, access to civilian emergency care will change from University Medical Center to Methodist Hospital.

It is important to remember that active duty personnel will continue to be military medicine's number one priority.

Dependents of active duty, who are CHAMPUS eligible, will be able to choose from the triple options. Those who choose to enroll in TriCare Prime will be assigned to the same Primary Care Manager as their sponsor. Those who do not enroll in TriCare Prime will seek care under TriCare Standard (CHAMPUS) with the option of using the TriCare Extra network of providers.

Retirees, dependents of retirees, and survivors who are CHAMPUS eligible (under the age of sixty-five) will also be able to choose from the three options.



Airman Omar Norgaisse fills a prescription at the Reese pharmacy. Access to pharmaceuticals will be increased under TriCare. (On the cover: 2nd Lt. Tamara Brothers prepares for an exam.)

Because of the high probability of Reese closure, those who choose to enroll in TriCare Prime will be assigned to a civilian PCM. This would negate the need for transferring them from a military to a civilian PCM when the 64 MDG begins its attrition.

A patient's relationship with his or her PCM is critical. To disengage that relationship midway in their first year of care would not be sensitive to the patient's needs.

In addition, establishing a relationship with a civilian PCM initially would allow a

seamless provision of health care unaffected by downsizing the 64 MDG.

Those who do not enroll in TriCare Prime will seek care under TriCare Standard with the option of using the TriCare Extra network of providers.

Those over the age of 65 are not CHAMPUS eligible and are generally covered under Medicare; however, there are some services which will remain open to this group of beneficiaries.

First, the pharmaceutical services at the 64 MDG will continue to be available as long as the 64 MDG is operational. After that time, the Medicare eligible may use the network pharmacy or the mail order service; both of which Foundation Health will set into motion.

Secondly, Medicare eligible beneficiaries may use the civilian network of providers who provide services under the TriCare Extra option.

The services of the Health Care Finders, located in the TriCare Service Center, will be available to them for accessing this network.

As TriCare approaches with a quickening pace, pay close attention to the base paper, Commander's Access Channel (Mission Cable Channel 11), and flyers in the mail for information on TriCare seminars and the enrollment process.

As mentioned earlier, the contractor will be providing the specifics of each option sometime in the month of September.

In the meantime, if you have any questions, please call the

TriCare Options Cost Comparison

Category	TriCare Standard (CHAMPUS)	TriCare Extra	TriCare Prime
Annual Enrollment Fees			
Active duty	\$0	\$0	Automatic enrollment, \$0
Active-duty dependents	\$0	\$0	Must enroll, \$0
Retirees, military survivors, and dependents	\$0	\$0	Must enroll; \$230/person or \$460/family
Annual Deductibles			
E-4 and below	\$50/dependent, \$100/family	\$50/dependent, \$100/family	\$0
E-5 and above	\$150/dependent, \$300/family	\$150/dependent, \$300/family	\$0
Retirees and dependents	\$150/dependent, \$300/family	\$150/dependent, \$300/family	\$0
Outpatient Care at the 64 MDG			
Active duty	\$0	\$0	\$0
Active-duty dependents	\$0	\$0	\$0
Retirees and dependents	\$0	\$0	\$0
Outpatient Care at Civilian Doctor			
Active-duty E-4 and < dependents	20%	15%	\$6
Active-duty E-5 and > dependents	20%	15%	\$12
Retirees and dependents	25%	20%	\$12
Inpatient Care at Civilian Hospital (General)			
Active-duty dependents	\$9.50	\$9.50	\$11
Retirees and dependents	\$323/day + 25% of doctor's bill	\$250/day + 20% of doctor's bill	\$11



Reese TriCare advisors 1st Lt. Ward Hinger and Elva Whitehead.

Did You Know?

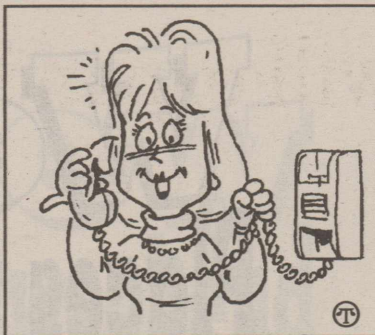
(NAPS)—Clinical studies say white grape juice is easier for babies to digest than is apple juice and that purple grape juice is almost as good as red wine for adults when it comes to lowering the number of artery clogging platelets.

Over the last 74 years, almost two trillion CHEEZE-IT crackers have been devoured.

The Infiniti Womans Forum program invites women into car dealerships to listen to a variety of speakers and participate in for discussion groups on money, health and business, as well as other subjects regarding how to lead more fulfilling and enriching lives.

Shriners hospitals have been actively engaged in clinical research since 1922.

Bananas can add flavor and eye appeal to a South American chicken and fruit stew.



Questions about Social Security and Medicare may be answered by experts at Government Benefits Information Services, Inc. For \$2.50 a minute, you can call 1-900-773-4848.

The one-time-use Fun Saver cameras from Kodak represent one of the best examples of closed loop recycling, so environmentally-conscious consumers can feel comfortable buying the camera.

Looking for something?

Check out the advertising offers in this issue of the Reese Roundup newspaper . . . for weekend entertainment, housing offers, etc.

Every week the Roundup is distributed to Reese Air Force Base — to base housing, offices, the BX, Commissary, Dining Hall, Bowling Alley, Rec Center, the Headquarters Building, . . .

Every week the Roundup contains news of importance to Reese personnel.



Get your message out to Reese . . . Advertise in the Roundup. Call 797-3495.

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Human felicity is produced not so much by great pieces of good fortune that seldom happen, as by little advantages that occur every day.

—Benjamin Franklin

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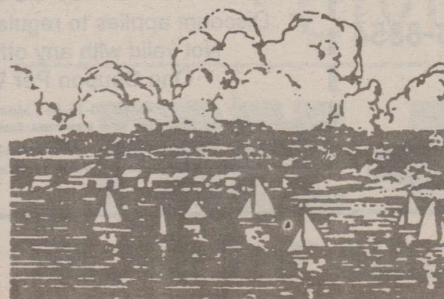
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- 707 University • 744-5614
- 5444 A 50th • 792-0118
- 7020 Quaker • 792-1116
- 8102 University • 745-0947
- 3806 50th • 799-0309
- 3331 70th • 792-9948
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- LORD OF ILLUSIONS (R) DTS
11:15-1:55-4:45-7:35-10:25
- WATERWORLD (PG-13) DTS
12:30-3:35-6:55-10:05
- ◆ BEYOND RANGOON (R) Stereo
11:25-2:00-4:35-7:10-9:45
- ◆ AMAZING PANDA ADVENTURE (PG) Stereo
12:00-2:20-4:40-7:00-9:20
- ◆ BABYSITTERS CLUB (PG) Stereo
12:00-2:10-4:50-7:20-9:50
- ◆ DANGEROUS MINDS (R) Stereo
11:20-2:00-4:40-7:20-10:10
- A WALK IN THE CLOUDS (PG-13) Stereo
11:50-2:15-4:55-7:25-10:00
- A WALK IN THE CLOUDS (PG-13) Stereo
12:40-3:00-5:30-8:00-10:30
- VIRTUOSITY (R) Stereo
11:40-2:05-4:45-7:30-10:05
- APOLLO 13 (PG) Stereo
12:10-3:30-6:50-10:20
- BABE (G) Stereo
12:00-2:15-4:40-7:05-9:30
- A KID IN KING ARTHUR'S COURT (PG) Stereo
11:35-1:55-4:25-7:00-9:30
- NINE MONTHS (PG-13) Stereo
11:55-2:30-5:05-7:40-10:15
- CLUELESS (PG-13) Stereo
12:10-2:40-5:10-7:40-10:10
- INDIAN IN THE CUPBOARD (PG) Stereo
11:30-1:55-4:30
- THE NET (PG-13) Stereo
11:35-2:05-4:45-7:30-10:15
- SPECIES (R) Stereo
7:45-10:25

Movies 4 793-3344
6205 Slide Road

- ◆ DESPERADO (R)
(11:10-1:45) 4:30-7:25-9:55
- OPERATION DUMBO DROP (PG) Stereo
(11:05-1:35) 4:20-7:15-9:50
- DR. JEKYLL AND MS. HYDE (PG-13)
(11:15-1:40) 4:15-7:10-9:40
- UNDER SIEGE 2 (R)
7:30-9:45
- POCAHONTAS (G)
(11:30-1:50) 4:00

◆ NO PASSES / NO SUPERSAVERS
ALL THEATRES HANDICAP ACCESSIBLE
BARGAIN MATINEES BEFORE 6 PM
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Weekend

Places to go and things to do



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MAKING LIFE MORE FUN

Get A Kick From Martial Arts Show

(NAPS)—Martial arts are growing in popularity by leaps, kicks and bounds. Now they can be seen in the world's first live-action martial arts contest television series: "WMAC Masters."



A martial arts contest, broadcast live every week, has inspired a number of toys and games to help everyone feel in on the action.

The program is sanctioned by The World Martial Arts Council and showcases the amazing skills, teachings and inner spirit of the world's greatest martial artists. The competitors are masters of their own disciplines and compete in exotic locations. The show is geared to reinforce positive messages such as the value of sportsmanship, physical fitness and the benefits of staying in school. It opposes destructive behavior such as drugs and guns and provides fun and excitement to viewers of all ages.

In addition, many local stores carry toys and games based on the show.

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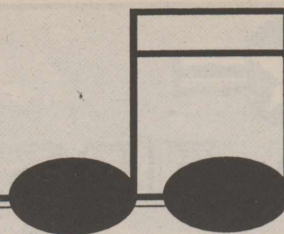


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The Lubbock Arts Alliance, Inc. is presenting its 12th Annual High Noon Concert Series every Wednesday during the Summer through August 30.

All concerts are free and are held on the lawn of the Lubbock County Courthouse at Broadway and Texas Avenue. Each concert begins at 12:15 p.m. and ends about 12:45 p.m.

The remaining performances scheduled for this year are:

August

30 Amanda Perez,

Mariachi Vocalist/Guitarist

Sponsors for the 1995 concert series are
Telemundo 46, Magic 93.7 FM, Fox KJTV 34,
NationsBank, Don & Beverly McBeath,
900 Main Office Building and
The Chambers Restaurant.

For more information, contact the Lubbock Arts Alliance, Inc. at 744-ARTS.

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Niagara Falls is famous but at 182 feet it's not actually the biggest waterfall in North America. The Ribbon Waterfall in California is 1,612 feet.



PEOPLE FIRST

Recruiting Service has opportunities

Recruiters have an opportunity to ensure the right people join the Air Force.

□ Members in grades of staff sergeant and staff select to master sergeant with four to 16 years of service are eligible to apply

□ Normally requires three years time-on-station

□ Qualified applicants receive their choice of assignment

□ Current assignment options (subject to change) include locations in California, Connecticut, Illinois, Massachusetts, Michigan, New Jersey, New York, Pennsylvania, South Dakota and Wisconsin

If interested, call the Recruit-the-Recruiter team at DSN 487-3511/2812, commercial 210-652-3511/2812 or FAX DSN 487-4177.

Future test pilots, engineers take note

The next USAF Test Pilot School selection board will convene Jan. 22, 1996, at AFMPC for classes starting in July 1996 or January 1997.

□ All officers eligible IAW AFI 99-107 may apply

□ Due to PCS policy constraints, the board will only consider available applicants meeting time-on-station eligibility requirements

□ CONUS applicants need one year time-on-station

□ Overseas applicants must be within 60 days of completing their tour by Test Pilot School class report date

Direct syllabus or mission questions to the Test Pilot School at Edwards AFB, DSN 527-2348.

For more information on application procedures, contact Maj. Lenny Jankowski at AFMPC, DSN 487-5035.

Return-to-fly board date set

RANDOLPH AIR FORCE BASE, Texas (AFNS) — The next field grade semi-annual return-to-fly selection board convenes Nov. 8 at the Air Force Personnel Center here.

The board considers fighter and bomber pilots who are major-selects, majors, lieutenant colonel-selects or lieutenant colonels with a date of rank after Aug. 31, 1993.

□ Those fighter and bomber pilots considered must be at the end of their coded tours, their date of expected return from overseas, have three years time-on-station or expected graduation from professional military education between Feb. 1, 1996, and Jan. 31, 1997.

□ The board reviews pilots with rated position identifiers 0, 3, 4, 7, 8, 9 and those with a RPI code of 6 if they are on a special duty assignment or have not flown within six months prior to the board, personnel officials said.

□ Fighter and bomber pilots meeting the criteria listed above must submit an Air Force Form 90, by Sept. 29.

□ The form should state: "I am a worldwide volunteer to fly," and be endorsed by the pilot's senior rater. Forms with higher endorsements will be returned, officials said.

Questions about eligibility can be directed to Maj. Lenny Jankowski or Howard M. Peterson, both with the center's assignments, rated officers, special flying branch, at DSN 487-5035, or commercial (210) 652-5035.



Courtesy check

Senior Airman Dwight Ruhlen, 64th Security Police Squadron, and a drug detection dog conduct a courtesy check of a truck on base. Reese people who buy a new or used car and want it checked out for drugs can call SSgt. James Veal, 3983, for a courtesy inspection.

Overseas TDYs may count for short tour

RANDOLPH AIR FORCE BASE, Texas (AFNS) — Most servicemembers wouldn't believe it if they were told they could receive short tour credit without actually serving in such places as Korea, Turkey or Greenland.

But if people have gone TDY to an overseas location, they could receive either an award or an adjustment to their short-tour return date.

Capt. Thomas Mauchly, a C-130E pilot at Little Rock Air Force Base, Ark., learned firsthand the benefits of the accumulator file when he was recently identified as the most eligible nonvolunteer for an overseas assignment by the Air Force Military Personnel Center.

All members have a Short Tour Return Date and Overseas Duty Selection Date in their personnel file, according to AFMPC. They are used to determine a person's eligibility for a short- or long-tour overseas assignment.

"I received a call saying I was the No. 1 nonvolunteer to go to Yokota, Japan, because I hadn't been overseas since I became an officer in 1985 and these were my STRD and

ODSD dates," Mauchly said. "I told them it wasn't time and I had spent almost a year overseas."

"MPC said that may be true, but it wasn't recorded anywhere in my personnel file. They advised me to get the TDYs updated in my personnel records."

Mauchly then took his travel vouchers from those TDYs to his military personnel flight and had them updated.

Not only did it move his STRD and ODS dates forward, but based on the amount of days served, and the time period in which it was served, he received short-tour credit. His new STRD and ODS dates were moved ahead seven years from 1985 to 1992.

But people don't have to serve long periods of time overseas to receive credit in ways which benefit them, AFMPC points out.

Their STRD and ODS dates can be adjusted forward by serving as little as a two-day overseas TDY. People are credited with a day for every day served.

While it's easy to record overseas TDYs, it's the individual who is the key to start-

ing the process to receive credit. Members can do this by following these easy steps when going TDY:

□ Inform their orderly room of their TDY before they leave.

□ Upon return, notify their orderly room of their return date.

□ If the TDY was overseas, provide the orderly room a copy of their paid travel voucher. If this step is accomplished, the TDY information is updated to automatically provide credit to your STRD and ODS.

Once a person meets the qualifications for a short- or long-tour adjustment or award, the system automatically updates the individual's overseas return dates, personnel officials said.

"I firmly believe the Air Force tries to work with people as best as possible when it comes to assignments and this is one of the best programs around," Mauchly said. "I just don't think many people are aware of it because I know many people who are gone overseas a great deal, but haven't received the credit they deserve. I hope they do, because it dramatically changed my future."

Community notes

Cashiers cage at Ruby's closes

The cashiers cage at Ruby's is now closed. Ruby's patrons may cash checks in the lounge.

Monthly club payments may still be dropped off at the cashier cage drop box.

Cashier service is available at the Reese Club from 10 a.m. to 2 p.m. Monday and Tuesday and from 10 a.m. to 4 p.m. on Wednesday through Friday. The cashiers cage at the the 64th Services Squadron NAF office in Bldg. 230 is open from 8:30 a.m. to 3:30 p.m. Monday through Friday.

NCO induction ceremony set

An NCO Induction Ceremony will be held Thursday at 3 p.m. in the Reese Club. All wing personnel are welcome.

Sunday school, CDC resumes

Protestant Sunday School at the Reese Chapel resumes Sept. 10. Catholic CDC resumes on Sept. 17.

Veterinary services restricted

Veterinary services at Reese will be limited through Sept. 18. The clinic will be open on Tuesday and Sept. 12 from 9:30 a.m. to 5 p.m. Regular clinic hours will resume after Sept. 18.

Management course offered

A Civilian Personnel Management Course will be conducted here Nov. 28-30.

The course is mandatory for supervisors of three or more civilians. Supervisors of less than three civilians should also attend. Call Nina Dailey at 3803 for information.

In addition, two books have been lost from the civilian personnel office. They are part of a five-book set of federal instructions and have green covers. Call 3803 if you have information about these books.

Thrift shop changes hours

The Reese Thrift Shop will be closed from Tuesday through Sept. 5. It will reopen Sept. 11 under a new schedule.

Beginning on Sept. 11, the shop will be open for sales Monday and Friday from noon to 4 p.m. Consignments will be accepted from noon to 3 p.m. each day.

In addition, the shop will be open the first Saturday of each month from 9:30 a.m. to 1:30 p.m. Consignment will be accepted until 12:30 p.m.

For additional information call 885-3134.

Newcomers class set

The next Reese Social Actions newcomers orientation classes will be held Aug. 29 and Sept. 19.

The class, which will be held at 9 a.m. in Bldg. 230, is mandatory for all active-duty newcomers.

In addition, a first duty assignment class is scheduled for 8 a.m. on Sept. 22.

Call the Social Actions office at 3422 for additional information.

Hispanic Heritage Committee meetings

The Hispanic Heritage Committee is looking for volunteers to prepare for observance of Hispanic Heritage month beginning Sept. 15 through Oct. 15.

Meetings will be held on Mondays and Thursdays at 10 a.m. at the family support center. For more information call Staff Sgt. Linda Segundo at 6629.

CDC kids get shirts

Timothy Huffman, a student at the Reese Child Development Center, presents a "Cool Ones" T-shirt to Capt. John Povelones, 64th Services Squadron commander. The shirts were obtained for CDC children by the CDC Parents Advisory Committee through the donations of the Officers Wives Club, the 64th Logistics Squadron Top 5 Association and the 64th Communications Squadron Booster Club. The new shirts will help CDC staff members easily identify CDC children on field trips. Also pictured are Viola Aiken, CDC director, and Senior Master Sgt. Robyn Huffman, 64th CS.



Smoking cessation class scheduled

A six-week smoking cessation class is being sponsored by the 64th Medical Group Behavioral Medicine Clinic. For class dates and registration information, call 3739.

Personal Growth workshop offered

A Personal Growth workshop will be offered Wednesday from 2 to 4 p.m. at the family support center.

"Building a Better Me" will show people how to clarify values, the effects of positive and negative communications and the three most common types of behaviors.

For more information, or to register groups or individuals, call Elsa Summers at 3305.

GRE and GMAT scheduled

The Graduate Records Examination will be administered here Oct. 18 and the Graduate Management Admissions Test will be administered on Oct. 23.

The first administration of either exam is free for military personnel.

Contact the Reese Education and Training Flight at 3634 for additional information.

Housing rules restated

Reese housing officials are restating parking and other rules in military housing areas.

- Boats, travel trailers, utility trailers, motorcycles and cars can not be parked on lawns.
- Moving vans cannot be parked on lawns.
- Major repairs on vehicles are not allowed in carparks or on streets. Officials suggest occupants use the Reese Hobby Shop for these repairs.
- Dumpsters are not to be overfilled. Large

items should be placed on residence curbs on Sunday afternoons or Monday mornings for pick up.

For additional information, call 3913 or 3602.

Active parenting series begins

A brown bag "Active Parenting" video series begins Tuesday at 11 a.m. in the Reese Family Support Center. The second of six videos will be shown Sept. 1. Call Elsa Summers at 3305 for details.

Base Closure Readiness NEWS line

If you have questions about the base closure readiness process, help is just a telephone call away.

You can reach the NEWS line 24 hours each day.

Just leave your question, your name and your telephone number and a base closure readiness official will get back to you with an answer as soon as possible.

In addition, those questions with base-wide interest will be published in the base newspaper.

885-NEWS
or
885-6397

Ruby's Lounge

(885-3156)

Today: Social hour begins at 4 p.m. with hors d'oeuvres and beverage specials

Saturday: Lounge opens at noon with beverage specials.

Sunday: Lounge opens at noon with beverage specials.

Tuesday: Lounge opens at 3 p.m. Early bird Bingo at 6 p.m.

Wednesday: Taco night from 5 to 9 p.m. There is no charge for members. The cost is \$4 for nonmembers.

Sept. 1: Social hour begins at 4 p.m. with hors d'oeuvres and beverage specials

Auto Skills Center

(885-3142)

Hours of operation: Tuesday through Friday from 11 a.m. to 6 p.m.; Saturday from 9 a.m. to 4 p.m.; and closed on Sunday, Monday and holidays.

Learn with Parent Program: Youngsters from 14 to 16 years old may work with parents in the center

Reese Chapel

(885-3238)

Catholic services: Mass -- Monday through Friday at 11:30 a.m., Saturday at 5 p.m. and Sunday at 9:45 a.m. Confessions -- Saturday from 4:15 to 4:45 p.m. and weekdays by appointment. Religious education -- 11 a.m..

Protestant services: Sunday worship -- 11:15 a.m. Sunday school -- 9:45 a.m.

Chapel Organizations: Women of the Chapel, Men of the Chapel, Protestant Youth of the Chapel and Chancel Choir.

Skills Development Center

(885-3141)

Photo contest: The 1995 Reese Photo Contest will be held in October. Entries must be submitted at the SDC from Oct. 3-7. Look for details in next week's Roundup.

ITT

(885-3141)

Six Flags tickets: Season passes to all Six Flags amusement parks available for just \$37. Daily tickets are also on sale -- \$22 for one-day and \$29 for two-day tickets. Children under 48 inches tall can get in for just \$12.

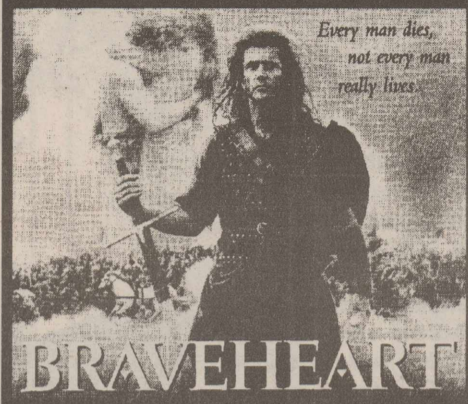
Equipment Rental

(885-3141)

Equipment rental: Camping equipment, pop-up trailers, gardening tools and camcorders with tripod available for rent.

Around Reese**Simler Theater**

(885-4888)

NOW SHOWING

Today: "Bridges of Madison County" (PG-13) 7:30 p.m.

Saturday: "Braveheart" (R) 7:30 p.m.

Sunday: "My Family" (R) 7:30 p.m.

Ticket price for adults is \$1.50 and \$1.25 for children under 12 years old.

All movies begin promptly at 7:30 p.m.

Caprock Cafe

(6027 - voice / 6028 - menu)

Today: Lunch -- Chili Macaroni, Breaded Pork Steaks, Chicken Adobo. Dinner -- Stuffed Beef Rolls, Sauerbraten, Chopstick Tuna.

Saturday: Lunch -- Meatloaf, Baked Canned Ham, Hot and Spicy Chicken. Dinner -- Spinach Lasagna, Italian Style Veal, Braised Beef Noodles.

Sunday: Lunch -- Beef Fajitas, BBQ Spareribs, Roast Turkey. Dinner -- Steak W/Onions, Ginger Pot Roast, Chinese Five Spice Chicken.

Monday: Lunch -- Beef Stew, Polish Sausage, Pineapple Chicken. Dinner -- Beef Ravioli, Chipper Perch, Roast Pork Loin.

Tuesday: Lunch -- Steak Ranchero, Pork Chop Suey, Baked Trout Fillets. Dinner -- Hamburger Yakisoba, Simmered Knockwurst, Roast Turkey.

Wednesday: Lunch -- Beef Pot Roast, Baked Fish Portions, Fried Chicken. Dinner -- Beef Manicotti, Veal Steaks, Herbed Baked Chicken.

Thursday: Lunch -- Spinach Lasagna, Ground Beef Cordon Blue, Creole Pork Chops. Dinner -- Beef Fajitas, Fish Almondine, Chicken Caccitore.

Thrift Shop

(885-3154)

Hours of Operation: The Reese Thrift Shop will be closed until Sept. 11.

Reese Club

(885-3466)

Today: Land and Sea buffet. Social hour begins at 5 p.m. with free hors d'oeuvres and beverage specials. Catch 22 performs at 7 p.m.

Saturday: Closed.

Sunday: Closed.

Monday: Specialty Buffet from 11 a.m. to 1 p.m., \$3.95

Tuesday: Italian pasta bar from 11 a.m. to 1 p.m. Pasta bar costs \$3.95.

Wednesday: Mexican Bar from 11 a.m. to 1 p.m. Cost is \$3.95. Taco Night with beverage specials in lounge. No charge for members. Cost for nonmembers is \$4.

Women's night with beverage specials.

Thursday: Chicken fried steak served from 11 a.m. to 1 p.m. Cost is \$3.50. Child's Family Buffet with DJ and Bingo from 5:30 to 8:30 p.m.

Sept. 1: Land and Sea buffet. Social hour begins at 5 p.m. with free hors d'oeuvres and beverage specials.

Mamma Reesione's: Monday through Friday from 11 a.m. to 1 p.m. Eat in or carry out. Call 3466 for lunch delivery service until 1 p.m. Evening dining Thursday from 5:30 to 8 p.m. No evening delivery available.

Youth Center

(885-3820)

Monday through Friday: Before and after school program. Call the center for details.

Ongoing: Instructors needed for karate, gymnastics, aerobics and piano. Call 3820 for details.

Sept. 1: Teens Hang Out with Friends from 7 to 11 p.m.

Bowling Center Buffet

(885-6555)

Monday: Chicken Fried Steak and Chicken Strips

Tuesday: Frito Pie and Taquitos

Wednesday: Fried Rice and Egg Rolls

Thursday: Spaghetti with Meat Sauce and Cheese Ravioli

Friday: Tuna Casserole and Deep Fried Catfish.

The buffet is open from 11 a.m. to 1:30 p.m.

Child Development Center

(885-3541)

Saturday: Give parents a break respite care program 9 a.m. to 1 p.m.

Preschool registration continues throughout August.

Library

(885-3344)

Video matinee: Thursday-- "Jason and the Argonauts" at 2 p.m.

Paper back exchange: Bring in one book and take home another.



Rakel places in golf tourney

Kathy Rakel, daughter of Maj. and Mrs. Steve Rakel, took second place in the West Texas Area Golf Championship for girls 10-11 years old Aug. 1-2.

Rakel qualified for the tournament while playing in a Junior Professional Golf Association league in Lubbock this summer. The league featured approximately 50 girls.

The two-day tournament was held in Amarillo, Texas.

(Editors note: The Roundup staff would like to publicize any member of the Reese community who has done well in any sporting event or academics. If you or any of your family members have excelled in these areas, contact the Roundup at 3986.)

Pointers For Parents

Stress And Your Child

(NAPS)—Stress is not something experienced only by adults. Experts say that stress can be equally tough on kids. Knowing the causes of stress and how to manage them can help your child improve relationships with all family members.

A variety of situations can be stressful for children including divorce, a new stepparent, moving, a single-parent household, death of a loved one, a new sister or brother and stresses of parents sensed by children.

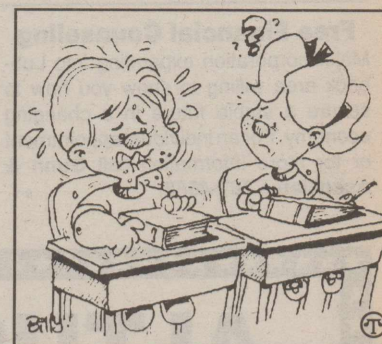
Other common sources of stress include hospitalization, school, competition, growing pains and our complex changing world.

You can help your child manage stress by helping them become a flexible and confident adult. Here's how:

- Encourage the ability to welcome change, not fear it. Provide a range of experiences and activities as your child grows.

- Stand back as your child tries to resolve problems—even if you think of a better solution.

- Leave time for daydreams and unstructured play. Free time is essential for emotional growth and good mental health.



Everything from moving to starting school—even a hospital stay—can be stressful for children. You can help them cope.

- Applaud success in all areas—not just in school or sports. Praise the ability to make friends, express feelings, do chores, etc.

- Set goals within a child's reach, to develop a feeling of competence. A child is not a miniature adult; don't demand perfection or compare one child to another. Above all, love your child unconditionally.

A free booklet called *What You Should Know About Stress and Your Child* is available from the IOF Foresters by calling 1-800-922-4-IOF.

Sports updates

Bowling center schedule

Saturday: Poor Boy special, bowl three games for \$2 from noon to closing.

Sunday: Bowl 10 games for \$5 from noon to 6 p.m.

Ongoing: sign up for winter bowling leagues.

YABA bowling gears up

The Youth Alliance Bowling Association season will start Saturday at 9:30 a.m.

Bowlers will set their handicap and be assigned to a team as they pay for their sanction card on the first day. The cost is \$7.50 for the sanction card and \$5 to bowl. Each bowler is required to bowl three games this year.

For more information call the bowling center at 3116 or drop by and sign up.

Raquetball final standings

National League

64th LS	24
35th FTS	11
64th MDG	8

American League

54th FTS	17
64th OSS	15
52nd FTS	12
64th SPS	4

Playoff schedule

Monday

54th MDG vs. 64th OSS, 6 p.m.

54th FTS vs. 64th SPS, 7 p.m.

35th FTS vs. 52nd FTS, 8 p.m.

Tuesday

64th LS vs. 64th MDG/64th OSS-winner, 6 p.m.

35th FTS/52nd FTS-winner vs. 54th FTS/64th SPS-winner, 7 p.m.

Wednesday

Consolation match, 6 p.m.

Championship match, 7 p.m.

IM golf standings

National League

64th LS	47
64th CES	44
35th FTS	38
LMLM-1	34
64th MDG-A	24
64th SPS-B	11

American League

64th OSS	55
LMLM-2	41
64th SPS-A	34
52nd FTS	30
54th FTS	27
64th MDG-B	20
64th LS-B	18
64th CS	14
64th SVS	12

Nautilus videos available

The fitness center has videos available for check out on proper use of Nautilus equipment. For more information contact the fitness center at 3207.

Varsity basketball tryouts held

Final tryouts for the men's varsity basketball team will be held today from 6 to 8 p.m. at the center.

Aerobics instructors needed

The fitness center needs certified instructors to teach aerobic classes. For more information call Jake Trevino at 3207.

Want Ads:

30 for \$3

WORDS

To Place a WANT AD in THE ROUNDUP:

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 - Bring the ad and payment by the publishing office, 5760 40th St., (corner of 40th & Frankford) or
 - Mail the ad and payment to the Roundup, P.O. Box 16243, Lubbock, TX 79490.
- Ads must be in the publisher's office by noon on Wednesday to run in Friday's paper.

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A yellow traffic light does not mean to speed up before the red light. It means to slow down.

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Major corporation expanding into Lubbock area willing to show you how to secure a stable future in a changing economy. For an individual appointment or for more information call **Gunn & Associates 767-4588.**

9-1

DIRECT MATTRESS has been building quality bedding in Lubbock since 1916 in an effort to serve Lubbock and the South Plains. They are opening a factory outlet store at **2525 34th St. The public is welcome.** Store hours are 9 a.m. to 6 p.m., Monday through Saturday and 1 p.m. to 5 p.m. on Sunday.

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