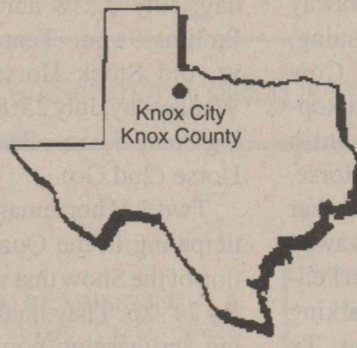


The Seedless Watermelon Festival is only a week away, July 25-26 in Knox City

The Knox County News



"Since 1971, Knox County's Oldest Established Newspaper"

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Rochester considers merger with Knox City-O'Brien CISD

Small school district looks at second option

By SIDNEY LEVESQUE, Abilene Reporter - News Staff Writer

The tiny Rochester school district has broached consolidation with Rule and Haskell. Now, talk has turned to combining with the Knox City-O'Brien district.

Officials from both districts met last month to talk about the possibility of consolidation. The two districts have suffered declining enrollment, and Rochester school officials are worried about dwindling opportunities for their students.

The district expects 105 students next year. Rochester is an agricultural community in Haskell County, about 60 miles north of Abilene.

"We're trying to look out for the best interests of the students, faculty and the community," said Steve Self, superintendent of the Rochester Independent School District.

The state makes consolidation attractive.

The smaller the district, the more costly it is to maintain. The state encourages consolidation by decreasing state aid once a district's average daily attendance drops to fewer than 90 students, and offering an incentive for 10 years to the receiving district to help with the cost of educating more students.

Nearby Goree and Munday are merging their school districts this month. Voters approved their merger last fall. The consolidation was the Big Country's first since 1989-90.

Many small towns fear that consolidation and the possible closure of their schools will lead to their communities withering away. If there is a consolidation, Rochester would be the largest Big Country town to merge its school with another. Rochester had 378 people in the 2000 census.

Rochester had up to 175 students in the mid-1990s. Some classes last year had only four students, Self said. Still, Rochester offered six-man football and other sports, yearbook and theater. Its one-act play troupe advanced to the University Interscholastic League regional competition last year.

Rochester may be unable to offer as many activities for students if the district keeps shrinking, Self said. The possibility of more opportunities prompted school officials to begin shopping for a district with which Rochester could consolidate.

Talks with Rule, 10 miles south of Rochester, fell through two years ago. Last year, consolidation discussion turned to Haskell, 17 miles southeast. Self said combining with Haskell has not been ruled out.

"We're still talking to them," he said.

Self said he is impressed with how the Knox City-O'Brien district is willing to work with Rochester. Knox City and O'Brien consolidated in 1976.

Knox City is eight miles north of Rochester. The district has about 300 students.

The district's high school principal, Mack Lowe, said combining with Rochester would benefit both districts because it would boost student numbers.

"All little schools are about in the same boat as enrollment is dropping," he said.

Self said Rochester is interested in the best deal for everyone involved - more choices for students, jobs for faculty and, perhaps, keeping the campus open for the community. The district has one campus with eight buildings. The district is not in "dire straits" that would force it to combine with another school system, Self said. Rochester may decide not to merge.

"We could be staying like we are," he said. "It's something we want to explore."

Rochester will have a community meeting in August so school officials can explain what is happening with the district, Self said. A consolidation must be voted on by citizens in both districts.

If the consolidation passes, the earliest the districts would combine would be in the 2004-05 school year.

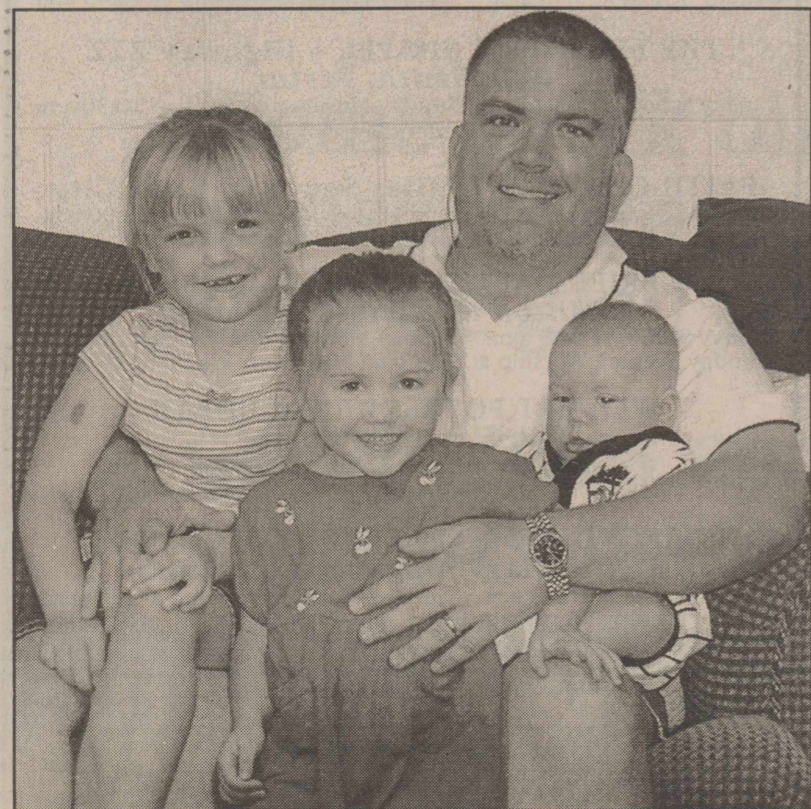
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"We're trying to look out for the best interests of the students, faculty and the community."

- Steve Self, Rochester ISD superintendent



CHAMBER OF COMMERCE officials welcomed Connie Holder at The Mane Place, 212 North Central, Tuesday morning. Shown from left, are Mayor Charles Lankford, Barbara Rector, Marla Hawkins, Kristi Tankersley, Connie, DiAnn Stewart and Daveine Clark. Mrs. Holder, who is owner / stylist, is open Tuesdays through Fridays. (NEWS digital photo)



First Christian welcomes new pastor, family

First Christian Church pastor Tex Cox and his family were honored Sunday evening, July 13, with a fish fry in the church fellowship hall.

Cox, his wife Melesha and children moved to Knox City June 10 from Archer City. He assumed his pastorate at First Christian in March.

Shown with their father are children, Kinslee, age six; Hailee, age four and baby Corban, who is three months old.

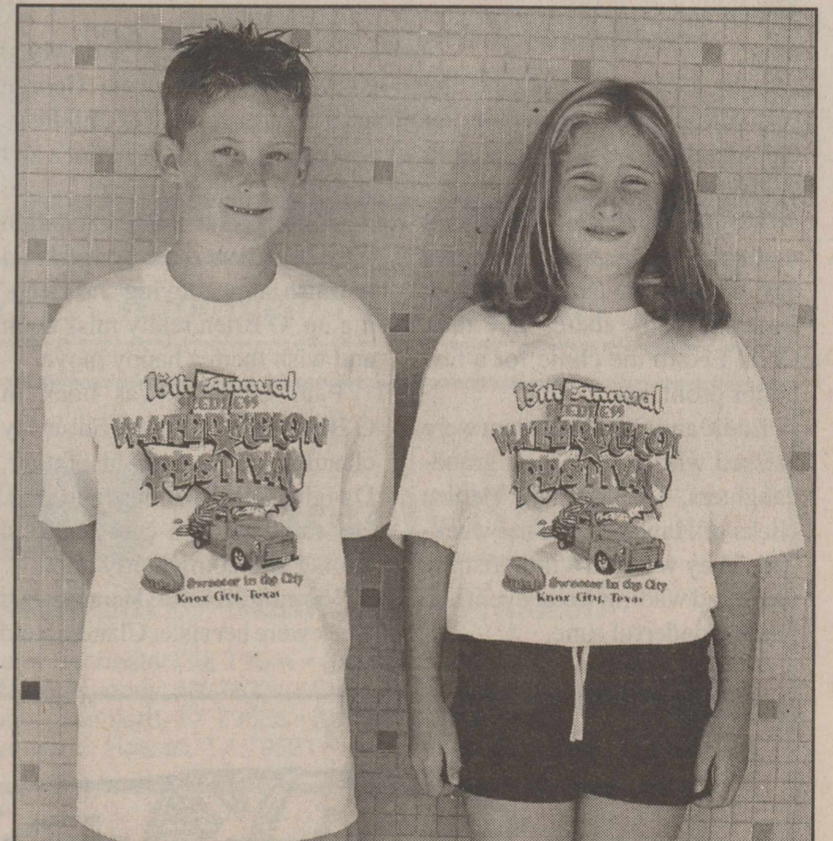
Wife and mom Melesha was unable to attend the Sunday event due to a prior commitment. (NEWS digital photo)

T-shirts arrive, chamber finalizing plans for the July 25-26 Seedless Watermelon Festival

The Chamber of commerce office is a busy place these days as plans are being finalized for the 15th annual Seedless Watermelon Festival, now just over a week away. Scheduled for the weekend of July 25-26, the event is marked each year by festive t-shirts available for purchase at the Chamber office. This year's shirts feature a festive logo on the front and a list of festival sponsors on the back. The shirts sell for \$12.00 through size XL, shirts larger than that will be \$2.00 more.

This year, the festival will begin with a parade on Friday night that will be followed by a street dance featuring music by the band 'Middle of the Road' from Vernon, Texas. The parade will begin at 6:30 p.m., the band starts at 7:00 and will finish up at 10:00 p.m. During that time, the Chamber will be offering BBQ sandwich plates for \$5.00, so everyone is invited to show up hungry and fill up there! Downtown merchants will be open late during the event for Friday night shoppers.

The car show is sponsored by Bailey-Toliver Chevrolet - Cadillac in Haskell and will take place on Saturday, as will the festival at the City Park and swimming pool. Arts and crafts, games, food and vendor booths will also be located at the City Park. Booths are scheduled to open at 10:00 a.m.



PROUDLY DISPLAYING THEIR NEW Watermelon Festival t-shirts, Clay and Reagan Clark came by the News Office on Tuesday to let everyone know that the shirts for the 15th Annual Seedless Watermelon Festival have arrived and are on sale at the Chamber of Commerce office. Clay and Reagan are the children of Darren and Daveine Clark, and Daveine is the Executive Director of Knox City's Chamber of Commerce.

Additional special attractions this year will be a mechanical bull ride, a rock climbing wall, giant slide, and a 'Blues Clues' outdoor bouncer for the kids. Also returning this year will be the official booth from the Texas Lottery.

The festival will also include

the classic watermelon train rides for smaller kids, free watermelon, swimming, at the city pool on the park, and a co-ed sand volleyball tournament.

A more detailed listing of times and events will appear in a chamber ad in next week's News.



ENDURING THE SUMMER HEAT, contractor Billy Lerma and his work crew are shown here busy at work removing an old awning from the east side of the street in the downtown business district.



FIRST CHRISTIAN CHURCH members honored the Jonathan Graves family, in connection with their new pastor Tex Cox and his family, Sunday afternoon with a fish fry. Shown enjoying the delicious food is the Graves' daughter April, assisted by Kristi Tankersley. Mrs. Graves had been church pianist for the past year. Jonathan has accepted a position with the Medina school district and they plan to live in Kerrville. (NEWS digital photo)

Natalie, Landon return from three weeks in Great Britain with Newcombe tennis team

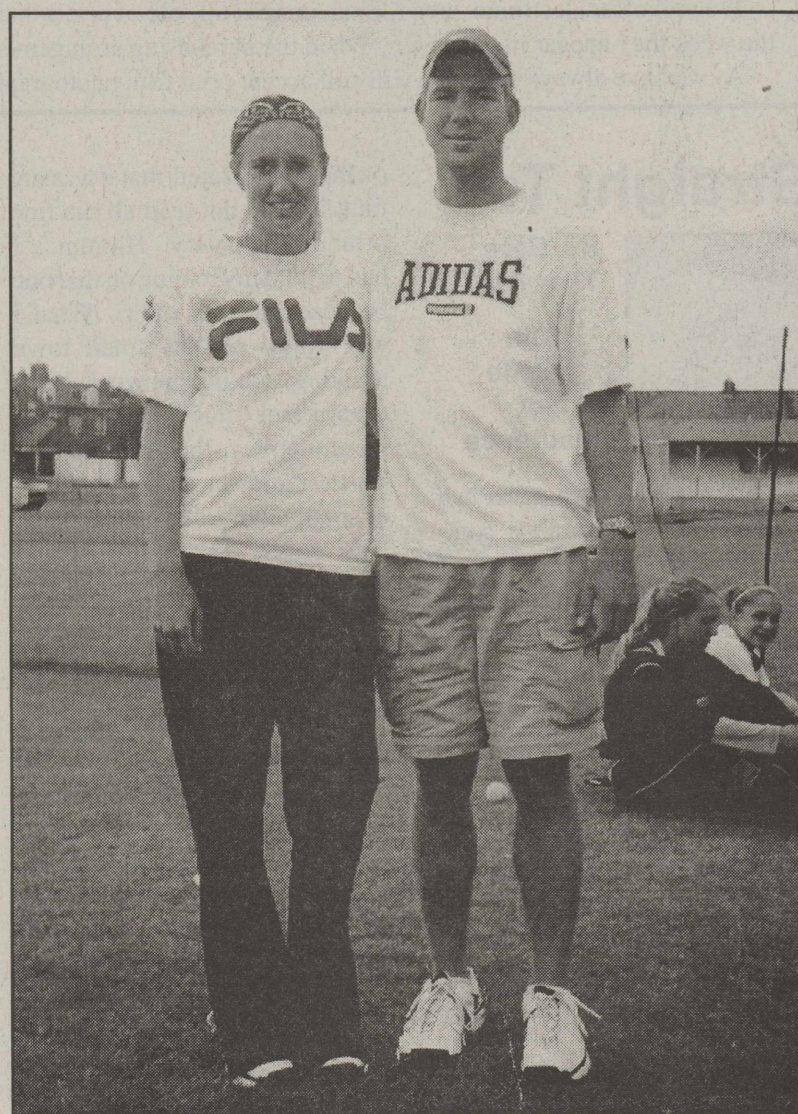
The John Newcombe Tennis Touring Team returned to Texas, Sunday, July 13, following three weeks in Great Britain. Natalie Day of Lubbock and Landon Weiershausen of Knox City were part of a 20 member team from Texas, Kansas, Louisiana and California.

After arriving in London on Sunday, June 22, the team spent about a week in Wimbledon at the Grand Slam Tournament. They camped in small tents each night as they "qued" or held their place in line for front row seats at Centre Court. The first night they survived thunderstorms and heavy rain but proudly got their preferred seats.

According to Landon, the highlight of Wimbledon was seeing tennis legend Andre Agassi perform. Natalie reported meeting #5 seed Andy Roddick from Florida. He visited with some of the Newk's team that helped cheer him to victory during several matches. He also hit a winning ball to Natalie and friends and another day tossed a tennis shirt to Landon and teammates.

After sightseeing in London and attending the play, Grease, the team traveled by train to Edinburgh, Scotland. They played singles and doubles in the Scottish Open Tournament. Also, they toured the famous Edinburgh castle and other historic points of interest on the North Sea.

Another tournament was played on the west coast at Oban, Scotland. The final tournament was in Sunderland, England, on the northeast coast. At this tournament, all the tennis was played



NATALIE DAY and LANDON WEIERSHAUSEN

on grass courts.

One day was spent touring the historic village of Durham. It is famous for its castle and a massive cathedral that is approximately 1000 years old.

The memorable trip concluded Sunday when the team returned to Dallas.

Natalie is spending this week at the Newcombe Tennis Academy in New Braunfels. She is the daughter of Bobby and Patsy Day,

who also attended many of the tournaments in England. Also, Natalie is the niece of Romain Stubbs and Dessie Egenbacher of Knox City. She is the granddaughter of Essie Day and a cousin to Sue Shortes and Shea Edmonds.

Landon is spending the week in Johnson City visiting relatives. He is the son of Adali and Tamie Weiershausen and the grandson of John and Peggy Grindstaff of Knox City.

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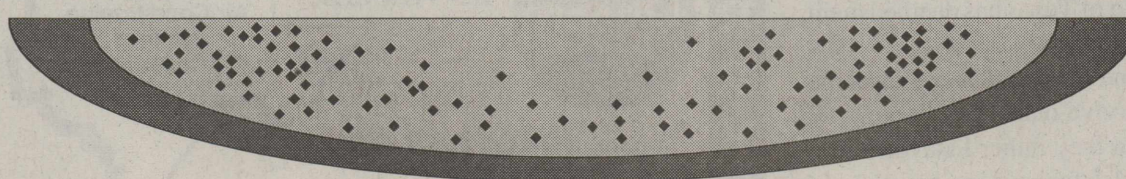
Courtesy of Plant Materials Center 4 Miles N.W. of Knox City

Date	Low	High	Rain
07/08	74	94	
07/09	73	100	
07/10	76	103	
07/11	70	104	
07/12	72	107	
07/13	74	108	
07/14	73	109	

Block & Barrel Sub Sandwiches

- Make plans to attend this year's Watermelon Festival - remember 'Life is Sweeter in the City - Knox City' !!

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• • Knox City Watermelon Festival • •

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The Knox County News



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The Knox County News switching to total digital photography, no more print photographs for sale

The Knox County News has completed the changeout of the camera system that we use to take photographs. We have made a complete switch to digital photographs for everything we cover, including all community, school, sports and other news events that we take pictures at. This change will result in a financial savings as we will no longer need to purchase film or pay to have the film developed and printed. Because of this change, we will no longer have print photographs for sale here in the NEWS office for parents, students, KCHS Annual Staff, etc. The demand for prints has reduced sharply in recent years and we can no longer justify the cost of developing and printing so many photographs. We regret any inconvenience this might cause, but like any business, we have to eliminate unnecessary expenses in order to survive.

We will offer electronic jpeg format images for sale of prints that appear in the newspaper for one week following the publication date. Because of computer memory space, we will not keep the images beyond the week they appear in the paper. When the purchasing arrangements are made here in the office, we will send the jpeg photograph to the customer's e-mail address anywhere in the world by electronic mail.

As we have always done, we will still accept print film photographs for scanning and reproduction in stories and advertisements. This new change to digital will not affect photos brought in to us for publication.

Straight Talk



By Dave Thompson

The hassle of Insurance

For those who have never had to deal with an insurance company, be glad... very, very glad. If you have had to file a claim, you may have already experienced some of the things we have faced in the last month or so.

After paying very high prices that keep going up every year, we needed the medical insurance when I had my motorcycle accident back in April. Thankful that we had the coverage, we are also scratching our heads at the absurd letters we get in the mail almost every day as one bill after another is denied.

This weekend's mail brought the ultimate in absurdity when we opened a letter that said the bill submitted by the medical equipment rental company had been denied by the insurance company as "not medically necessary". Now, here is what they considered as "medically not necessary": My right leg was broken in 10 places, so I could not walk. All of the ribs on my right side were broken, several front and rear both. My right collarbone was broken, as was my sternum. Because of those injuries, I could not use crutches or a walker as I could not use my upper body to support any weight, so a wheelchair was needed. In order to get into my house, a ramp was needed because of the three steps out front. Because of the upper body injuries, I could not lay flat in bed, and had to use an overhead bar to aid in getting out of bed. A hospital bed was brought in so I could sleep at night.

Before I was allowed to be dismissed from the rehab hospital in Abilene, the wheelchair, ramp, and hospital bed had to be in place. It was the job of one employee there to assist us in securing those items and to make sure they were ready before I was released to go home. Now, Blue Cross and Blue Shield of Texas has deemed them "not medically necessary." Pardon me? How did they expect me to survive once I got home? Or would they rather I stayed in the hospital for another month? In order to survive, those items were "medically necessary"!! We can appeal and have the doctor send in a 'letter of medical necessity', but that is just more needless hassle that Blue Cross and Blue Shield seems to thrive on.

Another thing we learned the hard way in the last couple of weeks involves the 'amount of coverage' for certain things. When we set the policy up, we specifically asked the agent if the policy covered (a) my riding a motorcycle, and (b) medical helicopter flights, since they are used more and more out here in the wide open spaces of north Texas. The reply was "yes, you are covered". With that in mind, imagine our shock when we received a letter from Blue Cross and Blue Shield stating they had paid \$1,400 on a medical helicopter bill of over \$9,000.... and we owed the rest. In a not so nice phone call to the claims department, we were told that technically the agent was right, we were 'covered', but the amount of coverage was only "up to \$1,500." We were also told that the insurance company is not responsible for what an agent says, they are only responsible for what is in print on the policy we received. Adding insult, the lady

on the phone stated that it was my fault if I did not read all the fine print on the policy. Hmmmm.... I had to hold my tongue on that one because she was right. What I was guilty of was small town thinking... taking the word of my agent at face value when he handed me the policy, then putting it in my desk drawer, unread because of small town trust.

So folks, after you read this I hope you will take heed and pull your insurance policies out of wherever you have them stored and read them..... in detail! We all know how many times the medical helicopters fly in and out of Knox city as they transport patients to larger facilities..... would you be covered if it was you or a family member being airlifted out? If you have questions, ask your agent to explain it to your satisfaction. Even if they have to call the company direct, the answer to any question can be obtained. If there is a hassle with the company in finding out information, let your agent deal with it.... they get paid to do just that.

The bottom line is that I hope you know what coverage you have... before you need it and find out the hard way that doing business the old fashioned 'good old boy' way doesn't cut it any more.

In conclusion, let me make it clear that I am not knocking any of our local insurance agents or agencies. I feel that we are fortunate to have insurance agents in our community who do care very much for their customers. Often, they are just as frustrated with the large companies as their policy holders are. The point I am trying to make is that each of us, as consumers, have to be very aware these days because the big insurance companies are not playing by 'the good old boy' rules anymore. They are motivated only by profit and the more they can turn the screws and have customers paying outrageous sums of money for services they thought were covered, the more profit they make.

USDA accepting applications for grassland reserve program

Financial assistance for the Grassland Reserve Program (GRP) is now available to eligible landowners. GRP is authorized by the Food Security Act of 1985, as amended by the Farm Security and Rural Investment Act of 2002. The USDA Natural Resources Conservation Service (NRCS) and USDA Farm Service Agency (FSA) administer the program, in cooperation with the USDA Forest Service. Funding for the GRP comes from the Commodity Credit Corporation (CCC).

According to Dr. Larry D. Butler, NRCS State Conservationist, "This voluntary program helps landowners and operators restore and protect grassland, including rangeland and pastureland, and certain other lands, while maintaining the areas as grazing lands. The program emphasizes support for grazing operations, plant and animal biodiversity, and grassland

and land containing shrubs and forbs under the greatest threat of conversion to other land uses."

To participate in GRP, offers must be private land that includes at least 40 contiguous acres. Participants voluntarily limit future use of the land while retaining the right to conduct common grazing practices; produce hay, mow, or harvest for seed production (subject to certain restrictions during the nesting season of bird species that are in significant decline or those that are protected under Federal or State law); conduct fire rehabilitation; and construct firebreaks and fences.

Applications for participation will be accepted on a continuous basis with the local office of NRCS or FSA. For the current funding cycle, an application must be received by August 1, 2003. All applications received by that date will be ranked on specific selection criteria to ensure only the highest priority areas (lands) are protected. Once funding has been exhausted, eligible applications will remain on file until additional funding becomes available. Applications accepted after August 1, 2003, will be held for ranking during the next funding cycle.

For more information about the CRP, contact the local NRCS field office. Additional information is available on the agency website at: <http://www.nrcs.usda.gov/programs/farmbill>.

Aging center lunch menus

July 21st thru 25th

Monday, July 21 - Beef stew, seven-minute cabbage, cheese sticks, cornbread, cookies.

Tuesday, July 22 - Fried chicken with gravy, mashed potatoes, sweet peas, hot rolls, ice cream.

Wednesday, July 23 - Meat loaf, pinto beans, buttered potatoes, cornbread, cookies.

Thursday, July 24 - Bar-b-q beef, potato salad, baked beans, hot rolls, cobbler.

Friday, July 25 - Fish with tartar, macaroni and cheese, salad, hush puppies, molasses cookies.

(All menus subject to change without notification. It is important to contact the site manager in order that meals can be prepared.)



Happy Birthday, Gigad!
We love you, Cecylee, Hadlee and Hayden

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SOURCE: Carole Keeton Strayhorn, Texas Comptroller (www.window.state.tx.us)

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It's Watermelon Festival Time!!

We invite you to the **15th Annual Celebration** Friday, July 25 & Saturday, July 26

Knox City Park
This year's theme is 'Life is sweeter in the city - Knox City'

- Friday - Parade at 6:30 p.m., Street Dance, 7:00 to 10:00 p.m., 'Middle of the Road' from Vernon, Chamber sponsoring BBQ sandwich plates \$5.00 each
- Saturday - Classic Car Show registration, 8:00 to 10:00 a.m., judging at 12:30 p.m., South Third Street by City Park, Booths open at 10:00 a.m.

Watermelon Train Rides • Free Watermelon • Music • Swimming • Co-ed Sand Volleyball Tournament • KC Volunteer Fire Dept. Water Polo Match • Melon Money

T-Shirts have arrived!! \$12.00 each, over XL add \$2.00

For more information, call the chamber office at 658-3442

Sponsored by the **Knox City Chamber of Commerce**



HARD AT WORK Sunday afternoon frying fish at the First Christian Church were Andy Barnard and Todd Lewis. They were assisted by a group of 'unidentified' other cooks hidden by the tree in the background. In the bottom photo, members of the Graves family, at center table, enjoy the food and fellowship in their honor. (NEWS digital photo)



NEWS

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TPA elects Jasper publisher as president

Willis Webb, editor and publisher of *The Jasper Newsboy*, was named the 2003-04 president of the Texas Press Association on June 21, 2003 at the 124th Summer Convention in League City.

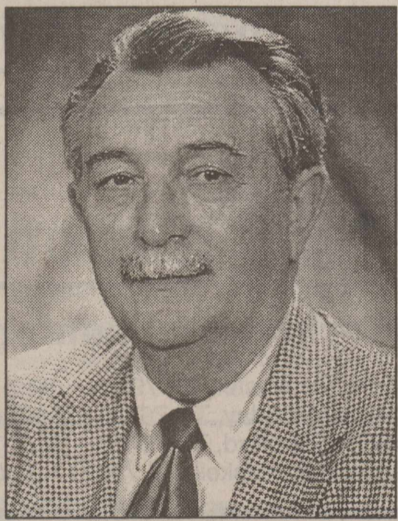
Webb took the reins of TPA from Bob Buckel, publisher of *The Azle News*, who became chairman of the board. Other new officers include 1st vice president Wanda Garner Cash, editor and publisher of *The Baytown Sun*, 2nd vice president Judy Johnson, publisher of *The Hometown Press* in Winnie, and treasurer Marshall Day, publisher of *The Gatesville Messenger*.

During his 50-plus-year career Webb has been a syndicated columnist, a managing editor, advertising director, newspaper consultant and an award-winning editor-publisher at several locations.

In 1956 and 1957 he studied journalism at Sam Houston State in Huntsville, served as sports publicity director for Bearkat athletics and worked as a stringer for the *Huntsville Item* and correspondent for *The Houston Post*, Associated Press, United Press and International News Service.

He returned home for one year as news editor of the *Teague Chronicle*, then finished his J-degree work in night school at the University of Houston, working days as a copy editor for *The Cougar* student newspaper, and authored a syndicated column, "The Texian Editor's Frontier News Flashes."

On Jan. 1, 1959 he became an ad sales rep for the *Galena Park Reporter* and six months later was named general manager. In 1960 he became associate editor of *Texas Industry* magazine pub-



Willis Webb, editor and publisher of *The Jasper Newsboy*, is the new president of Texas Press Association.

lished by the Texas Manufacturers Association.

Webb worked as editor and then editor-publisher of the *Fort Bend Mirror* at Rosenberg for six years and spent the next three years as editor-publisher of the *Cleveland Advocate*. Next stop was Conroe where he was associate publisher, then editor, then publisher of the *Conroe Courier*, later the *Conroe Daily Courier*.

From 1976 to 1982 he was sales manager for Southwest Creative Graphics, worked as a consultant to Attaway Newspapers and brokered the sale of the *Cleveland Journal* to Attaway. He also did advertising, public relations and political campaign work.

He was editor-publisher of the *Lockhart Post-Register* 1982-84 and then went to the *Fredericksburg Radio Post* in 1984-85. During the next four years he worked for Hartman Newspapers, Inc. in several capacities — business manager of *The Herald Coaster*, director of sales and marketing, vice president-

operations and editor-publisher of the *Fort Bend Mirror*.

He was editor/publisher of the *Fort Bend Business & Legal Review* at Stafford and then joined the *Houston Digest* as an ad sales rep.

In May 1991 he became editor-publisher of *The Jasper Newsboy*, which is the oldest continuously published (under the same name) weekly in Texas. His wife Julie, a former schoolteacher, serves as contributing editor of the *Newsboy*. They have four children and two grandchildren.

Webb has received numerous awards in news, editorial and column writing, graphic design, ad copy and design, photography, and community service from the Associated Press Managing Editors, United Press International Editors Association, TPA, Houston Press Club, Texas Gulf Coast Press Association, South Texas Press Association, North and East Texas Press Association, the Hearst Corp. and the Press Club of Southeast Texas in Beaumont.

In 1997 he became the first weekly publisher to receive the Hearst Corporation's Eagle Award for outstanding individual accomplishment in journalism. In 2002 he received TPA's Golden 50 Award for 50+years service in the newspaper profession.

He is a past member of the administrative board of First United Methodist Church of Jasper and is a past-president of numerous chambers of commerce. He was founding president of the Boys & Girls Club of Jasper and served on the corporate board of the Boys & Girls Clubs of Deep East Texas. He served as a director of the Jasper/Sam Rayburn Area Chamber of Commerce.

Benjamin news

By Gladene Green, Benjamin Correspondent

Things have been pretty quiet around here the past few days. Guess the heat has kept everyone in With the temps 100 degrees +, anyone would really have to have a good reason to get out and "stir around".

Most of our ailing friends are improving. It's always good to report that kind of news. Shari Brown had cataract surgery today (Monday) in Wichita Falls. She made it fine and got home late this afternoon. As soon as this one heals, she will have the other one done and she should enjoy better eyesight after that. I know she will be glad to get that all taken care of.

Sympathy extended - Sympathy goes out this week to the family of Bonita Snailum Pyatt who passed away on Wednesday. She and her husband, Bob, lived in Plainview. And also sympathy to the family of Marie Meinzer who

died on Friday in California. Her husband, Bob, died in early May. Services for her will be held here later this week.

Kids take notice! School starts over here August 7. That's not far off so enjoy these last two or three weeks of summer vacation!!

Here 'N There - Stephen, Sheila, Kaitlyn and Seth Kuehler spent the weekend with Chris and Penny Phillips and James, Shane and Laney Phillips in Bay City. Said they spent most of Saturday at the beach and were "cooked" but sure had a good time.

The Jackson family met Saturday and Sunday for their annual reunion. About 35 or 40 were in attendance and all enjoyed it greatly.

Mike and Debbie Moorhouse,

Vernon College sets Defensive driving course July 21 and 23

VERNON - The Division of Workforce Education and Training at Vernon College has once again scheduled the popular course entitled Defensive Driving.

The course is designed to train drivers in professional traffic accident avoidance techniques and to promote an attitude of mutual understanding, courtesy, and cooperation through informed motorists.

The course is approved by the National Traffic Safety Institute and the Texas Education Agency and makes the student eligible for a reduction in their insurance premiums or for traffic citation dismissal.

The course will meet on Monday and Wednesday, July 21 and 23, from 6:00 to 9:00 p.m. on the main campus in Vernon. The course will be taught by licensed Defensive Driving instructor, Harrison Watts.

For further information, fees or registration forms, contact the Vernon College Continuing Education Office at (940) 552-6291, extension 2209 or 2210.

Will and Jessica and Michael Clower attended the Mobley reunion at Portwood Pavilion in Seymour Sunday.

Tib Burnett of Austin and his son and stepdaughter were here the first of last week to visit friends.

Jack "Corky" Barker of Tuscon, Arizona, spent the weekend with his mom, Jonnie Williams and sister, Mary Bohannon and attended the Jackson reunion.

Jessie Roberts is still having a lot of back problems. Has a brace now but her pain is still pretty intense. Kenneth is acting "chief cook and bottle washer" now and making it pretty well. Says the cooking poses a slight problem as his stove is smarter than he is! We sure wish Jessie a speedy return to better days.

Stanton Brown reports that his sister, Puddin' Whitmire, is still not feeling well at all. She has lost a lot of weight and doctors can't begin chemo on her because she has severe heart problems. Please remember her and her family in your prayers.

Word II course to be held July 22-July 29 at Vernon College campus

VERNON - The Division of Workforce Education and Training at Vernon College has scheduled an upcoming course to be taught entitled Introduction To Word Processing Applications: Word II.

This course will cover a study of production techniques. These techniques will include search and replace functions, headers and footers, spelling checker, mail merge file functions, and printer set-up.

This course will meet on Tuesdays from 6:00 p.m. until 10:00 p.m. beginning July 22 and ending July 29.

For further information or registration forms, contact the Office of Continuing Education at Vernon College by calling (940) 552-6291, extension 2209.

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Wilma Hogan
Barber / Stylist
here Tuesdays - Fridays

Karen Marshall
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Manicures, pedicures & artificial nails including gel, acrylic & fiberglass

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Registered Massage Therapist
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KC News renewals due by August 1

August renewals at The Knox County News are as follows.

Subscription prices are \$22.00 for Knox and adjoining counties, \$25.00 elsewhere in Texas and \$28.00 out-of-state.

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- Anna Lou Shaver, Rochester
- Elisha Speck, Wichita Falls
- Tommy and Julie Thomas, Benjamin
- George Wall, Childress
- Amy White, Rochester
- Jack Young, Aumsville, OR

Kuehler to speak to Pink Ladies Monday

The Knox County Hospital Auxiliary will meet Monday, July 21, at 5:00 p.m. at the downtown thrift shop.

Knox County Hospital administrator Stephen Kuehler will be on hand to talk to the group.

All members are urged to attend and hear the administrator's comments.

A Golden Time

Brazos Valley
Care Home
658-3543

605 Avenue F, Knox City

A Mayo Clinic study says that depressed people tend to recover less well from heart attacks, coronary bypasses and other heart condition problems than people without emotional problems. The study followed 310 men and 70 women entering cardiac rehabilitation programs.

Researchers know that the protein ApoE is involved in Alzheimer's. Some Duke researchers say people who inherit a variant called ApoE are at risk before age 70.