









# SEVENTY STEPS TO

# DELICIOUS MEALS!



SHOP  
"M" SYSTEM  
AND  
**SAVE**  
BETTER QUALITY  
And LOWER  
PRICES!

**CLORINE** Assorted Flavors ..... **1/2 gal. 29¢**  
1/4 lb. box 25¢ | Swift's Jewel OIL ..... quart 59¢

Imperial Pure Cane / **SUGAR**  
5 pound bag ..... 49¢  
10 pound bag ..... 98¢

**W FLOUR** ..... 25 lbs. 1.89

Kimbell's—In Print Bag **FLOUR** ..... 25 lbs. 1.69

Golden **BANANAS**  
lb. 10¢

Brer Rabbit **SYRUP**  
Brown Label  
No. 5 jar 49¢

Cream of Potato **SOUP**  
Frozen — No. 1 Can  
2 for 39¢

## GRADE TENDER MEATS

St ..... Pound ..... **39¢**  
MEAT ..... lb. 35¢  
OGNA ..... Pound ..... **29¢**  
1 lb. pkg. 39¢  
O ..... 2 Lb. ..... **29¢**  
RIBS ..... lb. 19¢  
Liver ..... POUND ..... **39¢**  
STEAK ..... lb. 59¢  
Cuts STEAKS ..... lb. 69¢  
oin Steak lb. **65¢**

Kimbell's **COFFEE**  
Drip or Regular  
1 Pound Can  
**55¢**

Kraft's Miracle **FRENCH DRESSING**  
8 Oz. Bottle  
**25¢**

Myty Nice **STRAWBERIES**  
10 Oz. Box  
5 for 1.00

Patio Mexican **DINNERS**  
1 Pound Box  
**59¢**

Maxwell House **COFFEE** ..... Drip or Regular 1 lb. can 59¢  
California, Long, White **SPUDS** ..... 10 lbs. 45¢

Cracker Barrel **CRACKERS**  
SALTINES  
lb. box 19¢



Chapman's **SWEET MILK** ..... 1/2 gal. 29¢

SANKA **INSTANT COFFEE**  
5 Oz. Jar  
1.14

Chapman's **WHIPPING CREAM** ..... 19¢

Chapman's **COTTAGE CHEESE** ..... 19¢

Swanson's Frozen **MEAT PIES**  
Beef, Chicken, and Turkey  
**25¢**

Kaiser, Large, 25 Foot Roll **ALUMINUM FOIL** ..... box 35¢

Scott, Pink and Yellow **TOWELS** ..... big rolls 35¢

# "M" SYSTEM SUPER MARKETS

KNOX  
CITY

