

different viruses can bring cold, says Health Department

coughing, or sneezing. How do you catch a cold? Though a virus causes your cold, a number of conditions seem to increase your susceptibility (science does not yet know why or how.) People appear to catch colds mainly indoors. They get more of them during the colder months. Fatigue, chilling, and poor physical condition seem to give the virus a better foothold.

What's the course of a cold? From one to three days after the virus takes hold in your body, the symptoms appear. But other people can catch your cold even before your symptoms appear—one reason why colds are hard to prevent. The first hint is usually scratchiness in the throat. Within a few hours, your nose gets stuffy and you have vague feelings of discomfort and illness. Usually you start sneezing, too.

Within 48 hours, your cold is in full bloom—eyes teary, nose running, voice husky, breathing obstructed, and your senses of taste and smell dulled. You may feel lethargic and achy. It's common to have a moderate headache, especially at the beginning (but a severe one may be a sign of some complication.) You may also have some fever, although that's unusual in adults.

Once the cold has fully developed, it usually continues at its peak several days. Then there is a gradual letting up. An uncomplicated cold commonly lasts from seven to fourteen days.

Can a cold be dangerous? In itself, no. But it can open the door to other illnesses. And it's hard to know when the door has opened, because all the viruses that cause the common cold have not yet been identified. It's very difficult to say where the simple, unperilous cold leaves off and complications, which may be dangerous, begin.

Other — non-cold — viruses may complicate matters by getting in their licks when you are already felled by a cold. Or bacteria—many of which live in your body harmlessly during times of good health—may grow strong when your defenses are down. Or sometimes your body is allergic to the cold virus or the activated bacteria.

Then the severity of the cold symptoms increases, and the inflammation and mucous discharge may spread to other parts of your respiratory system. For some people, these complications may be dangerous.

Can you cure a cold? No, you can't. There is no drug known today that can cure the common cold. Antibiotics, the "wonder drug" are effective against bacteria, not against ordinary respiratory viruses. Doctors may prescribe these drugs for the complications—the secondary, bacterial infections—but not for the cold itself.

Student from Post is on President's List

SNYDER — Johnny Wallace of Post is among the students qualifying for the President's List for the fall semester at Western Texas College, according to Dr. Ben Brock, dean of the college.

To be eligible for the President's List, students must make no grade lower than A (4.0 grade point average) in at least 15 semester hours of courses, exclusive of physical education.

the LAND of the INCAS



WESTLED IN THE HEART OF THE FABULOUSLY BEAUTIFUL ANDES MOUNTAINS, THE FORTRESS IN THE ANCIENT CAPITAL OF CUZCO IS A MONUMENT TO INCAN ENGINEERING GENIUS. SO PERFECTLY FITTED ARE ITS MORE THAN 100,000 IMMENSE STONES—WEIGHING SEVERAL TONS EACH—THAT EVEN A KNIFE BLADE CAN'T BE INSERTED BETWEEN THEM.



DISCOVERED AS RECENTLY AS 1911, MACHU PICCHU—THE MYSTERIOUS "LOST CITY" OF THE INCAS—HOLDS MANY SECRETS. ITS ORIGINAL NAME AND BUILDERS ARE YET UNKNOWN, AND MANY OF ITS STRUCTURES ARE COMPLETELY DIFFERENT FROM OTHERS FOUND IN THE ANCIENT EMPIRE. AMONG THE MANY AWE-INSPIRING WONDERS OF MACHU PICCHU ARE 200 BUILDINGS CARVED OF PURE WHITE GRANITE.

WILL THE HISTORY AND MYSTERY OF THE LAND OF THE INCAS CAN BE SEEN AND EXPERIENCED ON SPECIAL TOURS OFFERED BY VARIOUS AIRLINES. SOUTH AMERICA'S LARGEST COMMERCIAL AIR CARRIER, FOR MORE INFORMATION, CONTACT VARIOUS OR YOUR LOCAL TRAVEL AGENCY.

Happy Birthdays

- Jan. 12
Mrs. Carl Cederholm
Patricia Carridine
Mrs. D. W. Reed
Luther Bilberry
Mrs. A. W. Bratcher
Mrs. J. W. Higginbotham
Rheda Moseley, Slaton
Amado Fuentes Sr.
- Jan. 13
Iris Hamilton
Sharon Langerhans
Karon Windham
Mrs. Delton Robinson
Millie Nickens
Carolyn Sue Huffman
Rosa Anne Neilson, Midland
Barbara Emily Ramirez
John Minor
Casey Zachary
Junior Hagins
Frances Conrad
- Jan. 14
Traci Huff
Shirley Young
Charlie Bird, Lubbock
Bandy Cash
Mrs. Rex King
Michael Terry Brumitt
David Miller
Vera Fuentes
- Jan. 15
V. A. Lobban
Mrs. B. A. Norman
Jana Lou Middleton
- Jan. 16
Jack Lott
Mrs. R. J. Key
Bennie Wilks
John Everett Hill
Thelma Clark
Mrs. C. L. Pruitt
Mrs. Elmer Butler
Mrs. Mack Ledbetter
Dale Ross Wallace, Lorenzo
Earl Mitchell
Mrs. Topper Bilberry, Big Lake
W. C. Pool Jr.
- Jan. 17
Mrs. L. W. Evans, Lubbock

- Mrs. Wade Terry
N. B. Teaff, Lubbock
Mrs. Mansel Richardson Jr.
Bobby Glenn Norman
Melvena Ray Stewart
Linda Darlene Mathis
San Antonio Fuentes
Pat Nelson
- Jan. 18
Mrs. George Evans, Slaton
Hettie Mae Robinson,
Troy Holly
Cerretha Jones Rose
S. A. Horton Jr.
Brent Mason
Debra Kay Pearson
Donna Faye Rose, Metcete, Wyo.

STUDENT VISITS HERE
Mike Flanagan, of Illinois is visiting in the Glen Norman home this week. Mike is a student at Baylor University.

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Belton wedding vows dated recently in Dallas

Glenn Havens of Post and the son of Mrs. Mary Lee Belton of Minden, La. Miss Sue Usrey, formerly of Post, was maid of honor. There were four bridesmaids and two flower girls, all dressed in gold velvet gowns, carrying gold and yellow bouquets with streamers.

N. R. Cole of Bossier City, La., served as best man. There were six groomsmen. The bridegroom is employed as an engineer for Dallas Power & Light. He is also attending the University of Texas at Arlington working on his master's degree.

Preschool Child is to be topic of study course

"Your Preschool Child" will be the topic of discussion for homemakers and their families in Garza County for the next several weeks. A home study course is being offered to all interested persons by Dana Feaster, county Extension agent.

The home study course is a series of four lessons that will be mailed to registered participants over a period of eight weeks. Participants will read the materials, complete the short response form and mail it back to the Extension office.

Contact Dana Feaster, County Extension Agent, at 495-2050 in Post for more information.

Jim Sexton's brother dies of heart attack

Jim Sexton Tuesday night received word that his brother, Thomas S. Sexton, dropped dead of a heart attack at work at his desk in Springfield, Mass., about noon Tuesday. The brother of the vice president and medical director of the Massachusetts Mutual Insurance Co.

The brother, who was 59, is survived by his wife; one daughter; and a sister, Miss Mary Sexton, also of Springfield, besides his brother here. Funeral rites were scheduled to be conducted today in Springfield.

Summer wedding planned by Miss Wilke and Mr. Brosch

Mr. and Mrs. Edmund Wilke of Southland, announce the wedding of their daughter, Sherri Lee Wilke, to Glen Anthony Brosch, son of Mr. and Mrs. E. L. Brosch of Rt. 2, Slaton. Miss Wilke is a 1970 graduate of Southland High School and attended the Texas Lutheran College in Seguin. She is now a junior at Lubbock Christian College and is employed by Dr. Mayes of Lubbock.

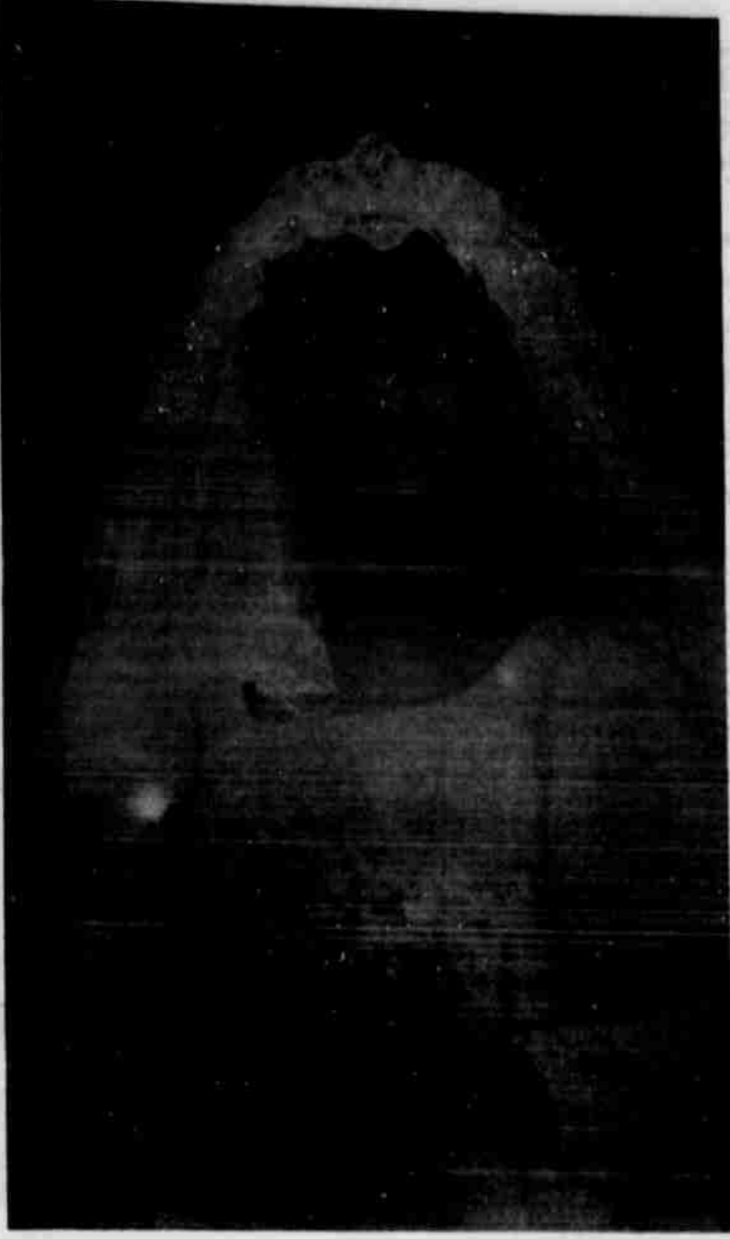
Mr. Brosch, a 1970 graduate of Slaton High School, is a junior at Texas Tech University and is engaged in farming at Slaton. An early summer wedding is planned.

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MRS. ROBERT STANFORD BELTON (Myrtle Ann Havens)

Timely Tips from CHDA

By DANA FEASTER

GROCERY SHOPPING

It always seems that after Christmas, everyone is trying to budget their income better. Many family plans are put into effect. However, the most effective one, and often most neglected one, is the food budget. To have an effective food budget we must understand certain principles about grocery shopping.

When we buy food, we very often buy services, deals, stamp plan products and premiums. For most folks, shopping at a grocery store involves more than buying food. Many of us are aware of the non-food tangibles such as cigarettes, clothing and chewing gum which we buy with food, but perhaps not so many are aware of other non-food expenditures.

U. S. Department of Agriculture reports that a family of four with school children can buy food and eat nutritionally sound for \$32.19 per week—or that the same family, under a liberal cost food plan, can buy a week's food for \$50.60.

This does not include expenditures for non-food items, deals, gimmicks or much service with the food. If these food costs figures appear low to you, it may be because you're buying more than food when you shop.

Today many foods have a number of hidden or apparent services. Examples are mixes, instant potatoes and aerodol packaged whipped cream. These often cost considerably more per unit than the product in the rough.

"Deals" in food buying may take many forms, most of which increase the amount the consumer spends at the food market. Examples are box top offers, premiums enclosed, special sales and large economy sizes.

Box top or coupon offers require the consumer to send a box top or coupon with a cash remittance for a product. It has been proven that the product is very often less than its declared value.

Premiums enclosed or attached such as china, dish towels or toys may add to the cost of the item purchased, make inroads on food budgets and may cost more than if the premium had been purchased individually.

Special sales are not always a savings either. Such sales as five for \$1 of a product, in some instances, may be found to cost more per unit than the original unit cost.

The large economy size doesn't always sell for less per unit than smaller packages of the same product. Some suggestions to help the consumer be a more efficient food shopper are as follows:

Know your family's needs and prepare a shopping list of these needs before going to the store. Learn what day of the week is best for shopping in your food markets.

Make occasional comparisons between stores to learn the advantages and disadvantages of each. Be skeptical of "specials" and "large economy deals" until you are certain that it is a savings and what you really need. Compare the per unit (ounce, pound) cost of the various forms of a product to determine the most economical form and quantity.

Know the various qualities of foods and which quality is best suited to your needs. Learn the seasonal patterns for foods and buy products in season for economy, quality, nutritional value and less waste.

Spread thorns or poppy seeds on the paths leading to Post from the graveyard. Since the vampire must stop to pick up every one of them, he may be so delayed that he cannot reach Post before sunrise.

Potluck

By ROSEMARY CHAPMAN

Last night I fixed hamburgers stuffed with cheddar cheese and bacon bits for dinner and even though I can't stand the stuff myself, I decided that what was needed to complete the dish was a dash of garlic salt. I couldn't find it. Strange. Everyone in my family borrow items from the kitchen and fail to return them, but garlic salt?

At dinner I asked, "Who took the garlic salt?" After some hesitation, Lorry replied, "I did." The story came out. It seems that when Lorry, Kurt and Kurt's buddy, Gregg Pollard got back from seeing "The Count of Yorga", a vampire movie, they were dead certain that they were going to be next on the Count's list of victims. Therefore, they got prepared. Kurt got the hammer, Gregg got some nails, and Lorry, not being able to find any regular garlic, sprinkled her room liberally with garlic salt.

This set me to thinking. Somehow, I can't see your everyday, garden-variety vampire standing still while Gregg Pollard holds the nail in his heart and Kurt Chapman hammers it in. If you're going to do something, you ought to do it right.

First of all, know your facts. The last vampire I talked to, for instance, was thoroughly peeved because, in his words, "The nobility gets all the credit." According to this vampire, it doesn't take a PRINCE Dracula or a COUNT Yorga to make a first-rate vampire. In Transylvania, criminals, bastards, witches, magicians, ex-communicated people, those born with teeth, and unbaptized children can become vampires. So need hardly mention that the seventh son of a seventh son is also well on his way.

So, how do you recognize a vampire? Lorry was on the right track. Any person who doesn't eat garlic or who has a distinct aversion to garlic is suspect. Also, since vampires can't stray far from their graves because they have to return at sunrise, watch out for night people.

Usually, the tomb of a vampire has one or more holes roughly the size through which a serpent can pass. However, the really surefire method of locating a vampire is this: Choose a boy or girl, young enough to be a virgin, and seat such a person on a horse of solid color, all white, brown or black, which is also a virgin and has never stumbled. Lead the horse through the cemetery and over all the graves. If it refuses to pass over a grave, there's your vampire.

Now that you know how to recognize a vampire when you see one, the next step is learning how to avoid him. Crosses made from the thorns of wild roses are effective, and, since vampires are frightened by light, build a good fire in the fireplace and keep a lighted torch outside.

Even if you lock yourself up in your home, you are not safe from vampires, because they can enter through chimneys and keyholes. One must rub the chimney, keyholes, windows and doors with garlic. If you want to protect your animals, rub them with garlic as well.

Spread thorns or poppy seeds on the paths leading to Post from the graveyard. Since the vampire must stop to pick up every one of them, he may be so delayed that he cannot reach Post before sunrise.

Vickie Kruger's engagement to Ronnie Plunk announced

Mr. and Mrs. Vernon Kruger announce the engagement and forthcoming marriage of their daughter, Vickie Lynn, to Ronnie Gene Plunk, son of Mrs. Mable Plunk of Post.

The wedding date has been set for Jan. 27 in the Trinity Baptist Church of Post.

HOSPITAL NEWS

Those admitted to Garza Memorial Hospital since Tuesday of last week were Frank Storie, medical Dennis Lee, accident Skeeter Justice, medical George Mindieta, medical J. B. Baldree, medical Albert Thomas, medical Mary Wood, medical Roger Blair, accident Uretha McDougie, medical Frances Saldivar, obstetrical Mary Romo, obstetrical Colleen Kirkland, accident Margarita Mateos, medical Judy Smith, obstetrical Frances Moyers, medical N. C. Outlaw, medical Edith Mauldin, medical Dismissed

Lelia Gilley Hortensia Gonzalez Dennis Lee Caroline Mapp Brenda Poe Fred Miller Freddi Barner Edna Knight C-R-E-A-K. Interesting, is it not?

My own favorite precaution, that I do not tell to just anyone, is: Take a large black dog and paint an extra set of eyes on his forehead with white paint. This alienates vampires and everybody else.

Now, suppose that, in spite of all these precautions, a vampire gets into your house. What do you do then? Drive a stake made from a wild rosebush, an ash or asp tree through the vampire's body. (In some places, red-hot iron rather than wood may be used for the stake but I am not sure if Post is one of those places, so best stick to wood.)

Forewarned is forearmed, I always say. However, there is one slight problem. If a vampire is allowed to go undetected for seven years, he can travel to another country or place where a different language is spoken and become a human again. He or she can also marry and have children. Only the aversion to garlic remains.

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ENTRY BLANK FOR HOME STUDY COURSE "YOUR PRESCHOOL CHILD"

(For details see story elsewhere on this women's page) Return this form, with \$1 registration fee before Jan. 22 to MRS. DANA FEASTER GARZA COUNTY EXTENSION AGENT COURTHOUSE, POST, TEXAS 79356

Name: _____
Address: _____
 Yes, enroll me in the Home Study Course, Your Preschool Child.
 Yes, my \$1 registration fee is enclosed. (Clip and Mail)



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Regulation of oil industry one of Railroad Commission's main duties

The Texas Railroad Commission was created in 1891 for the purpose of regulating railroad rates and traffic, preventing discriminatory practices and enforcing state law concerning railroads generally.

In 1917 it was given by statute the authority to supervise the production of oil and gas in Texas. Today the regulation of this industry is one of the major functions of the agency.

The commission is also charged with the duty of enforcing laws pertaining to reasonable prices on natural gas and fair rate charges for producing, transporting, distributing, buying, selling, and delivering natural gas by pipelines. It apportions the natural gas supply among towns, cities, and corporations.

Another of the commission's responsibilities is that of regulating matters affecting the supervision of transporting property for hire by motor vehicles on the Texas public highways. The commission fixes the rates which motor carriers may charge for their services.

In addition to these functions, the Railroad Commission prescribes railroad passenger fares and

freight rates, as well as motor bus passenger fares. It establishes rules governing the transportation of passengers and freight and formulates baggage rules and sets the rates thereon.

The Railroad Commission also inspects butane and propane equipment in all public buildings such as schools, churches, and hospitals. Many times when a home is financed by FHA loan or a Veterans Administration loan, these federal agencies will require that an inspection be made by the commission to insure that certain standards are met in regard to the use of butane and propane.

While many people do not think of the Texas Railroad Commission as being a consumer agency, you can see the vital role which it plays. If you have a problem in the areas discussed above, you should contact this agency.

INSTRUCTOR APPOINTED

SNYDER — The appointment of George B. Underwood as instructor in Spanish and French at Western Texas College has been announced by Dr. Ben Brock, dean. Underwood will assume his duties at the beginning of the spring semester.

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PANIC AT THE WHEEL

Russell's first reaction, when his car knocked down a pedestrian, was panic. He drove to a nearby gas station and cried:

"There's an injured man back there in the street."

Then he sped home to hide. It wasn't long, however, before the police tracked him down and placed him under arrest on a charge of hit-and-run driving.

At the trial, Russell protested that panic "can happen to anyone." Also, he reminded the court that he had at least made some effort to get help to the victim.

Nevertheless, he was found guilty of the charge. In spite of the court, he had committed precisely the act forbidden by statute.

This case illustrates the law's stern attitude toward the hit-and-run driver. Although panic is understandable, it is not forgivable. If you are involved in an accident, you must stop, identify yourself, and—in most states—give reasonable aid to anyone who is injured. Does it matter if you were not

to blame for the accident in the first place? Not at all. It is what happens afterward that counts.

Nor is it an excuse that you "thought it was nothing serious." Once you have hit someone, it is your duty to get the facts before going on.

On the other hand, you are not guilty if you were truly unaware of the accident. In one case, a nighttime hit-and-run accident was traced to the owner of a station wagon. Telltale bloodstains and threads from the victim's clothing were found on his right front tire.

Yet, the man swore in court that he had known nothing about it until the police came to his house. His driving after the accident had been perfectly normal, with no sign of guilty conscience. Nor had he made any effort to remove the incriminating evidence from his tire.

A court decided that he was indeed telling the truth. Finding him not guilty, the court said: "Knowledge is an essential element of the crime."

LECTURE ON PEACE — Prof. Karl Stanford Professor of International Peace at Harvard University will deliver a lecture on "What Can We Do?" Jan. 17 at 10 a.m. in the Social Science Building at Texas Tech University. The lecture is open to the public.

SPC REGISTRATION — Registration for the spring term at Southern Christian College will begin at 9 a.m. Jan. 15 in the Tech Building, according to Dr. Sylvester, registrar at the college. Students who have not paid should go to the office in the Administration Building to obtain a registration card.

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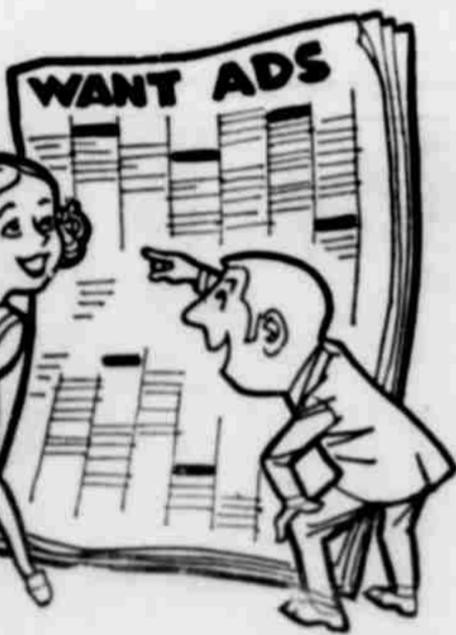
THE POST DISPATCH

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The Post Dispatch

DIAL 2816



Santa Fe to spend \$72 million for locomotives, freight cars in 1973

AMARILLO — Santa Fe Railway will spend about \$72 million for locomotives and freight cars as part of its 1973 capital expenditure program. John S. Reed, president and chief executive officer, announced today.

The orders include 64 new 3600 HP air-conditioned diesel locomotive units, 43 from the Electro-Motive Division of General Motors and 21 from General Electric.

"These new locomotives are not to be confused with an additional group of 40 new units recently ordered by Amtrak from Electro-Motive for high-speed passenger service on the Santa Fe," Reed said. "The two orders combined bring to 104 the number of new, high-powered units to be placed in service on Santa Fe tracks in 1973."

In addition, the railroad's shops of Cleburne, Tex., will completely rebuild 50 carbonyl-type diesel units and convert them into modern 1500 HP road-switcher units, and 53 other units will be rebuilt by shop forces at other locations.

The 1973 freight car program involves purchase of 1,431 new cars, including 1,000 covered hoppers and 100 open-top hoppers which were previously announced, plus 331 box cars of various types. The company also plans a major car conversion program at its shops in Topeka, Kans., under which 1,157 existing cars will be modernized to make

them more suitable for service requirements.

Mrs. Ray Gary and sons of Mexico visit here

Mrs. Ray Gary and three sons, Ray, Ron and Shon of Mexico City, are visiting Mrs. Gary's in-laws, the Roy Garys. Mrs. Gary and her sons arrived last week to visit and obtain supplies in Lubbock for their church.

Ray Gary is teaching in the Baxter Institute in Mexico City, and Wanda does some substitute teaching and is attending a Spanish class at the Institute.

Ivory-billed woodpeckers live only in large cypress forests.

The Strength of the Christian

By Robert D. Griffin

What a terrible feeling when one becomes so disenchanted with life that he is willing to say, "What's the use, I give up." Some don't actually stop living but they seem to have no purpose or joy in living. Physically alive but spiritually dead. The man who has never met Jesus personally will not be able to really understand the kind of Christian happiness and strength that I know exist for the believer.

Even believers can become discouraged though and need help beyond ourselves. Maybe it is because we have been neglecting the promises in the Bible for our daily needs. The Apostle Paul wrote in Philippians 4:13, "I can do everything God asks me to with the help of Christ who gives me the strength and power." We need to have the same confidence that Paul did in this statement and live

one day at a time.

You may be asking "what does God want me to do?" Life was not given to be wasted, it is to be invested, and it is a trust from God. He trusts us to make an honest living, to continue to learn and be progressive for as long as we live. Some of the wisest and most progressive people I know are well up in years and they are going to leave some very valuable memories as well as footprints to follow.

The thrilling truth about Paul's great statement leads us without excuse to enjoy life, whatever comes. At the same time it should give us courage and hope as a follower of Jesus Christ. There is no place in life to give up. If you have Christ "you have a lot to give."

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The Post Dispatch

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Congratulations Jaycees



NATIONAL JAYCEE WEEK



JAN. 14-20



The Post Jaycees make a very significant contribution to Post—and the quality of its community life.

The Jaycees, organized nationally, are America's Young Men's Civic Organization.

They are constantly striving through their many programs and projects to better their communities and themselves.

For young men under 35 who want to make real community contributions the Jaycees offer the perfect service club vehicle.

Here in Post their efforts and talents are appreciated.

If you're young, ambitious and want to help build a better community, join the Jaycees and step ahead.



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 Betty's Grub Stake Cafe

Cold, icy weather puts crimp in cage activities here

High school basketball tournament cancelled

The Post 8th grade basketball tournament which has been held this Thursday, Friday and Saturday has been cancelled. Coach John Alexander informed The Dispatch at 11:30 a. m. Wednesday.

The hazardous conditions of the roads because of ice snow brought on the cancellation, Coach Alexander said.

High school boys' and girls' teams from eight schools—Lorenzo, Slaton, Frenship, Crosbyton, Cooper and Post—were entered in the tournament.

Women to play Cooper meet

Conditions permit travel, freshman boys' and girls' teams are scheduled to play (Thursday) in opening games of Cooper High basketball tournament.

Girls are scheduled to play at 6:30 p.m., with the boys from the same schools to start at 8 p.m.

Members of the Post vs. Frenship will play Tahoka, for a first round bye. The Post vs. Cooper contest will be the losers of the Frenship games.

The other tournament is postponed.

High, frosh games postponed

Traveling conditions and a postponement of the Cooper Junior high school basketball games were postponed to Feb. 8, at which time the 8th grade and

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LP GAS HIGHWAY

12 trail rides will lead to Houston Rodeo

HOUSTON — Houston, the sixth largest city in the United States, is one of the fastest growing cities anywhere in the world. It is a city of high-rise complexes, super freeways to accommodate the teeming population, skyscrapers springing up everywhere, the home of the world-famous Astrodome. It is a city of contrasts . . . a city of progress.

But around the middle of January, progress slows down as many of the citizens of Houston and the surrounding area begin to reminisce about the days of the "Old West" days of campfires, cattle-drives and trail rides. They dust off their start on the trail ride to Houston, for the Houston Livestock Show and Rodeo, Feb. 21 through March 4.

Some 6,000 riders and 200 wagons gladly endure the bad weather, long rides and tired feet to return once more to the days of the "Old West."

freshman boys' teams will go to Cooper and the three Cooper girls' teams will come to Post.

The Post vs. Tahoka junior high and freshman games that were postponed from Monday of last week will be played Thursday, Jan. 25, with the boys playing at Tahoka and the girls at Post.



ON EIGHT-GAME WINNING STREAK

This week's bad weather has been the only thing to "stop" Coach John Alexander's Post Antelopes who have an eight-game winning streak going and are 3-0 in District 5AA competition. From left to right, front row, are: Robert Min-

dieta, Rodney Compton, Danny Lee, Ricky Shepherd and Johnny Jefferson. Back row, Bill Hudman, Randy Kennedy, Steve Hays, Reggie Moore, Rusty Conner and Roger Pace. —[Staff Photo]

ATTEND RECEPTION
Mayor Giles C. McCrary, the Rev. George L. Miller, J. B. Potts and Jim Cornish attended a reception at the Villa Inn in Lubbock last Friday night for State Sen. H. J. "Doc" Blanchard. The legislative realignment has placed Garza County in Sen. Blanchard's district.

ATTENDS FUNERAL
Jim Shipley was in Albuquerque, N.M., Tuesday to attend funeral services for his cousin, Leslie Shaw of Albuquerque. Burial was held in the National Cemetery in Santa Fe, N.M.

SECTION TWO Sports The Post Dispatch

Thursday, January 11, 1973 Page 9

DISTRICT 5AA CONTESTS

Post cagers defeat Tahoka here Friday

The Post Antelopes and Does kept their District 5AA perfect records intact here last Friday night with a pair of wins over Tahoka, the boys by a score of 58 to 39 and the girls, 65-47. In the night's lidlifter, the junior varsity Antelopes lost to the Tahoka JV's by a point, 37-36.

In the boys' game, Post started out "colder" than the weather outside and trailed the Bulldogs, 8-2, at the end of the first quarter.

Nearly five minutes of the first quarter was gone before Post dented the scoreboard on Reggie Moore's field goal. The Bulldogs were leading 6-0 at the time, and Gary McCord hit a field goal at the buzzer to give Tahoka an 8-2 lead going into the second period.

The 'Lopes didn't get many shots against a tight Tahoka defense in the first quarter and the ones they did get just wouldn't drop.

The worm turned in the second quarter, however, with Post tightening up its own defense, and Moore's two free throws pulled the 'Lopes up to 8-4. Roger Pace's field goal made it 8-4, then Moore hit again to tie the score at 8-8.

With 4:10 to go in the second quarter, Steve Hays scored his first points of the night on a field goal, and Post was in the lead, 10-8. McCord hit from the field to pull the Bulldogs up even again, but Ricky Shepherd's free throw put the 'Lopes back out in front, 11-10, and Post led the rest of the way, going to the dressing room at halftime with a 17-14 pad.

Post outscored the Bulldogs 16 to 12 in the third quarter and 25 to 13 in the fourth for their 58-39 margin.

Moore led the Post scorers, hitting for 18 points before fouling out with 1:43 remaining on the

clock. Larry Reynolds, the only Tahoka player to hit in double figures, scored 10 points before fouling out. Four other Tahoka players also fouled out of the game.

The Does led 16-9 at the end of the first quarter in their 65-47 triumph, were ahead 39-25 at halftime, and 48-27 when the buzzer sounded to end the third quarter.

Melanie King led the Post attack with 27 points on 10 field goals and seven free throws. Becki Dalby scored 18 on seven fielders and four from the free throw line, and Jenda Gilmore hit 15 on six field goals and 3 charity tosses. Jodi Norman and Phyllis Kennedy

New Arrivals

Mr. and Mrs. Domingo R o m o announce the birth of a daughter, Debbie Darlene, born Jan. 6 in Garza Memorial Hospital at 2:49 p.m., weighing 8 lbs., 6 ozs.

A son, Michael James, was born to Mr. and Mrs. Jerry Saldivar in Garza Memorial Hospital Jan. 7 at 7:19 p.m., weighing 6 lbs., 8 ozs.

Mr. and Mrs. William Harold Smith Jr. became the parents of a son, William Harold III, Jan. 6 in Garza Memorial Hospital at 9:15 p.m., weighing 9 lbs., 9 ozs.

scored two points each and Anita Criado, one. June Raindl scored 21 points for the losers.

Post's starting guards were Ann Mitchell, Jan Hall and Pam Feagin, with Sylvia Smith also seeing action. Guard Lea Merrie Cross is still out of action with a knee injury.

In the junior varsity game, Tahoka led 8-4 at the end of the first quarter, 21-15 at halftime, and 29-27 at the end of the third quarter, with the Post reserves falling only a point short of catching up in the fourth quarter.

Graying Johnson was Post's high scorer with 10 points. Tony Conner scored nine; Bob Craig 7; Kent Kirkpatrick, six, and Randy Josey four. Mark Bevers, Jackie Blacklock and Noah Abraham also played.

The scoring summary of the varsity boys' game follows:
TAHOKA: McClendon 3 2 8; Gandy 0 2 2; McCord 4 0 8; Jim Thomas 1 0 2; Bailey 0 0 0; John Thomas 2 1 5; Brown 0 2 2; Zedlitz 0 0 0; Reynolds 5 0 10; Miller 0 2 2. TOTALS 15 9 39.
POST: Hays 3 0 6; Moore 8 2 18; Lee 4 4 12; Shepherd 4 3 11; Pace 4 1 9; Mindieta 0 0 0; Kennedy 0 0 0; Hudman 1 0 2; Conner 0 0 0; Compton 0 0 0. TOTALS 24 10 58.

Fort Worth is making plans for big parade

FORT WORTH — The annual Fort Worth Stock Show parade is being planned and any group or individual can participate, reports Tom B. Saunders, Stock Show vice president and parade chairman.

Saunders said the parade, featuring riding clubs, marching bands and horse-drawn vehicles, will begin at 2 p.m. Friday, Jan. 26, and march through downtown Fort Worth.

Termed one of the most colorful events of the year in Fort Worth, the parade will kick off the 77th edition of the Southwestern Exposition and Fat Stock Show, scheduled for a 10-day run Jan. 26 through Feb. 4 on Amon Carter Square.

"Ours is the world's largest all-western parade," the parade chairman said. "We keep our western heritage alive by not allowing any motorized vehicles in the line-up."

The march, usually lasting more than two hours and over 12 miles from beginning to end, will include more than 2,500 horses and riders, over 40 horse-drawn vehicles and

Post vs. Frenship games postponed

The Post vs. Frenship district basketball games to have been played at Frenship Tuesday night were postponed because of hazardous travel conditions due to the ice and snow.

No definite date was set for the games to be played, but a Saturday, Jan. 13, date is probable if weather conditions improve enough by that time.

In the only District 5AA games played Tuesday night, the Slaton Tigers downed Roosevelt, 52 to 37, to bring their league mark to 2-1. The Slaton Tigerettes won, 59-42, to maintain a perfect district record along with the Post Does.

CUB MEETING POSTPONED

The Cub Scout pack meeting which was to have been held Monday, Jan. 15, has been postponed to Monday, Jan. 22. The meeting will be held upstairs at the City Hall at 7:30 p.m.

floats and some 30 school marching bands. The annual event usually draws more than 150,000 spectators.

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Legal Notice

AN ORDINANCE NO. 289
AN ORDINANCE REGULATING THE ERECTION AND CONSTRUCTION OF BUILDINGS AND OTHER STRUCTURES WITHIN THE CITY LIMITS OF POST, TEXAS, PROVIDING FOR THE SECURING OF A PERMIT, PRIOR TO THE ERECTING OR CONSTRUCTING OF A BUILDING OR OTHER STRUCTURE SETTING FEES FOR THE COST OF SAID PERMITS, REPEALING EXISTING ORDINANCES, AND PROVIDING FOR PENALTIES FOR THE VIOLATION OF THIS ORDINANCE.

SECTION ONE
 The City of Post, Ordinance Number 53 and all Amendments thereto, are hereby repealed and held for naught upon the effective date of this Ordinance.

(a) From and after the effective date of this Ordinance, no person, persons, firm or corporation shall build, repair, improve or erect any residential structure, where the cost thereof exceeds \$250.00 within the City limits of the City of Post, Texas, without first securing from the City Secretary of the City of Post, a building permit. Each person, persons, firm or corporation so desiring a permit shall complete an application form to be furnished by the City Secretary, furnishing such information as will intelligently allow the City Manager to ascertain the true cost of said building, erection, repairs or improvements. The cost of said building permit shall be one-tenth (1-10) of one (1) per cent of the estimated cost of said repairs, improvements, building or erection of said house, building or improvements, but in no event to be less than \$5.00. Said fee shall be assessed by the City Manager

of the City of Post, Texas, or the Superintendent of Public Works.

(b) From and after the effective date of this Ordinance, no person, persons, firm or corporation shall erect or build any commercial building or structure, move on, add to, repair or improve any commercial building or structure within the City limits of Post, Texas, where the cost thereof exceeds \$250., without first filing an application for a permit with the City Secretary of the City of Post, Texas, upon forms prescribed by said City Secretary. Permits for such commercial building or structure shall be granted solely by the City Council of the City of Post, Texas, after affording the applicant a public hearing and after notifying all residential home owners or occupants within three hundred (300) feet of the proposed new repair, erection or improvement of commercial property, measured from property line to property line, at least ten days notice of the time and place of said hearing. The fees for granting of said commercial permit shall be one-tenth (1-10) of one (1) per cent of the true value of said repairs, construction, erection or improvements.

(c) From and after the effective date of this Ordinance, no person, persons, firm or corporation shall erect, build, repair, improve, move on, or alter any building, whether residential or commercial, located within the primary and secondary fire zones of the City of Post, Texas, as said fire zones are now defined or as the same are hereinafter defined, without securing from the City Council of the City of Post, Texas a permit authorizing such repairs, construction, moving on, building, erecting or altering. The fee for said permit, within the fire zone of the City of Post, Texas, shall be one-tenth (1-10) of one per cent of the true cost thereof.

(d) From and after the effective date of this Ordinance, no person, persons, firm or corporation shall commence the operation of any commercial firm, business or establishment within the city limits of the City of Post, Texas, without first securing from the City Council of the City of Post, Texas, a permit to open and establish said business in the location so desired. This provision shall not apply to a temporary type business, such as the selling of Christmas trees or other seasonal types of businesses, but is meant to apply to the permanent establishment of a commercial business which might be detrimental to the residential area in which it is being located.

(e) From and after the effective date of this Ordinance any person, persons, firm or corporation, who erects, builds, moves on, alters, changes, adds to any structure or building without first securing a

COLONEL'S CORNER



INSIGHTS INTO PSYCHOLOGY
PARENTS WHO REALLY PAY ATTENTION TO THEIR CHILDREN ARE VALUED AND THAT HE IS RESPECTED. SUCH RESPECT GIVES THE CHILD A SENSE OF SELF-WORTH. THE FEELING OF PERSONAL WORTH HELPS THE CHILD DEAL MORE EFFECTIVELY WITH THE WORLD OF EVENTS AND PEOPLE.



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FROM TWIN CEDAR . . . Nursing Home News

By SARA WHITLEY
 Hello, and how do you like this weather? I'm ready for a change! Mrs. Inklebarger, Mrs. Dunlap and Mrs. Franklin are not feeling very well. They have colds. Everyone else seems to be doing fine.
 In my Christmas column, I failed to mention that Judy Bush and Jane Mason of Gamma Mu Sorority brought gifts to all the patients. I'm sorry about not mentioning this. We do appreciate it. The patients loved them.
 We have not had many visitors during this bad weather. We extend our sympathy to Nannie V. Littrell and family on the loss of their loved one. May God bless you all in our prayer.
 Inez Huntly and Edith Clary made their weekly visit. We do appreciate their coming to visit everyone and helping those who need walking.
 Mary Dell Tillman visited her mother, Mrs. Dunlap.
 Derek and Martha Jo Walls visited Mrs. Susie Brown.
 Elfreda, Wayne and Pam Carpenter, Faye and Curtis Buck visited Mrs. Gurley. Chunk Gurley brought lunch to his mother, Mrs. Gurley, and also to Ollie Mickey and Mrs. Clayton. Mrs. Gurley's roommates. He stayed and ate with them which we think was very nice.
 Melvin Brookshire and family from Conroe visited Mrs. Brook-

HELPFUL MAINTENANCE TIPS

BLISTERS POP UP ON EXTERIOR WALLS PAINTED JUST A YEAR AGO. FIRST REACTION MAY BE TO BLAME THE PAINT. BUT ASSUMING YOU USE A GOOD BRAND OF PAINT AND APPLY IT PROPERLY, YOUR PROBLEM PROBABLY IS CAUSED BY MOISTURE.

WATER SEEPING INTO A WALL THROUGH MINUTE SPACES BETWEEN WINDOWS AND SIDING CAN BE EXTREMELY TROUBLE-SOME AND LEAD TO BLISTERING AND DRY ROT.

TO PREVENT SUCH LEAKAGE, ESPECIALLY ON THE WINDWARD SIDE OF THE HOUSE, USE THE HOT-MELT CAULKING PACKAGED WITH THE WELLER BLUE GUN TO CLOSE ALL SPACES. THE GLUE GUN IS RECOMMENDED BECAUSE ITS AUTOMATIC FEED AND NOBBLE ALLOW LAYING A FINE, EVEN BEAD OF THE DESIRED WIDTH.

Commissioners judges of Texas set state meet

"County Government Decisions and Directions" the theme of the 15th annual Judges and Commissioners Conference Feb. 7-8 at Texas University.
 More than 600 county commissioners from Texas are expected to attend according to Charles E. county officials program for the Texas Agricultural Extension Service and conference chairman.
 One of the keynote speakers at the conference will be John F. Onion, president of the Texas Court of Appeals. He will discuss Texas constitutional amendment for reforming the judicial system.
 Other topics to be discussed are the two-day program revenue sharing, legislative developments related to county government, county jail requirements, the ad valorem tax credit.
 "Adequate revenue is the greatest problem facing government today," said "Conference participants in-depth consideration county money problems of the guest speakers particular emphasis to new tax sources."

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Tide Detergent
 49-oz. Box **69^c**
 Heavy Duty **Bonne Detergent** 49-oz. Box **49^c**

U.S.D.A. Inspected Cut-Up
Tub O Chicken
33^c
 Lb.

Swanson's Beef, Chicken, or Turkey
Meat Pies 4 8-oz. Pkg. **\$1**

Mrs. Smith's Apple, Peach or Cherry
Fruit Pies 26-oz. Pies **59^c**

Piggy Wiggly
Cut Corn 5 10-oz. Pkgs. **\$1.00**

Piggy Wiggly
Green Peas 5 10-oz. Pkgs. **\$1.00**

Piggy Wiggly, Cream of Mushroom and Chicken Noodle
Soup 6 10 1/2-oz. Can **\$1**

Scott, Family Pak
Bath Tissue 4 Roll Pak **39^c**

Scott, White or Colors
Bath Tissue Single Roll **19^c**

California Navel
Oranges lb. **25^c**

Del Monte
Tomato Catsup 26-oz. Btl. **39^c**

Carol Ann Sandwich
Cookies 3 13-oz. Pkgs. **\$1.00**

Carol Ann, Chocolate Chip Oatmeal
Cookies 10-oz. Pkg. **39^c**

Carol Ann
Snack Pies 14-oz. Box **39^c**

Del Monte
Tomato Juice 46-oz. Can **39^c**

Piggy Wiggly Fruit
Cocktail 5 8-oz. Cans **\$1.00**

Piggy Wiggly Sliced
Peaches 6 8-oz. Cans **\$1.00**

Famer Jones Large or Small Curd
Cottage Cheese 16-oz. Ctn. **29^c**

Piggy Wiggly
Sweet Peas 6 8-oz. Cans **\$1.00**

Piggy Wiggly, Cr. St. or Wh. Kernel
Corn 7 8-oz. Cans **\$1.00**

Cream Style or Whole Kernel
Del Monte Golden Corn
5 17-oz. Cans **\$1**
 Del Monte Lut Green Beans 5 16-oz. Cans **\$1.00**

Piggy Wiggly
Vegetable Oil
49^c
 24-oz. Btl.

THESE PRICES GOOD JAN. 17-14 IN POST, TEXAS

50 VALUABLE COUPON
FREE 50 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) 50¢ or more Piggy Wiggly Orange Juice through January 14, 1974.

50 VALUABLE COUPON
FREE 50 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) 50¢ or more Piggy Wiggly Pork & Beans through January 14, 1974.

50 VALUABLE COUPON
FREE 50 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) 50¢ or more Piggy Wiggly Fabric Softener through January 14, 1974.

100 VALUABLE COUPON
FREE 100 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) \$1.00 or more Piggy Wiggly Sliced Cheese through January 14, 1974.

50 VALUABLE COUPON
FREE 50 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) 50¢ or more Piggy Wiggly Peas through January 14, 1974.

50 VALUABLE COUPON
FREE 50 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) 50¢ or more Piggy Wiggly Peanut Butter through January 14, 1974.

50 VALUABLE COUPON
FREE 50 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) 50¢ or more Piggy Wiggly Potatoes through January 14, 1974.

50 VALUABLE COUPON
FREE 50 BONUS S&H GREEN STAMPS
 with this coupon and purchase of one (1) 50¢ or more Piggy Wiggly Whole Hog Sausage through January 14, 1974.

