



## About Your HEALTH

A weekly public service feature from the Texas State Department of Health.



Women residents in Texas nursing homes and convalescent care institutions outnumber men residents two to one, State Health Department year-end records show.

Almost 13,000 elderly Texans presently reside in care homes which have passed State Department of Health scrutiny and are licensed under provisions of the home licensure law administered by the health agency.

Despite the fact that Texas was one of the most recent states to spell out regulations aimed at protecting the health, safety and welfare of nursing home patients, the standards now enforced in this state equal or exceed those of other states, department officials believe.

That this is true is borne out when the beneficial aspects and the results obtained under Texas standards are compared with the situation in other states, says J. W. Hornburg, director of the Texas licensure program.

The Texas law has been in effect since June 1953.

Hornburg said 321 nursing homes with a capacity of 9,512 beds, and 241 convalescent care homes with a capacity of 4,833 beds, are currently licensed after having proved the humaneness of their operations.

Average age of home residents is 80 years. About 60 percent of them are recipients of old age assistance checks.

Nursing homes are distinguished from convalescent care homes in that they are required to have supervisory personnel on their staff. This requirement does not pertain to convalescence care

homes, although they must have a physician's statement concerning the physical conditions of each patient.

Nursing home bed needs for any given area calculated on the basis of widely accepted formula of 3 beds per 1,000 population. Applying it to the Texas situation shows that approximately 30 percent of the Texas need has so far been met.

The Texas law covers all establishments which furnish "food and shelter to four or more persons unrelated to the proprietor, and in addition provide minor treatment or services which meet some basic need beyond the provision of food, shelter and laundry."

Exempt from the regulations are regularly operated hospitals and homes maintained for adherents to church groups or religious orders which depend entirely on prayer or spiritual means of healing. (A weekly feature from the Health Education Division, Texas State Department of Health.)

Robert Lowell Corn, son of Mr. and Mrs. Lowell Corn of Baird, was a mid-term graduate of NTSC, Denton. He majored in Elementary Education and is teaching sixth grade in the Woodrow Wilson school in Denton.

Mr. and Mrs. Grady Davis left Wednesday morning for Dallas where Mr. Davis entered St. Paul's Hospital for back surgery to repair two fractured discs in his spine.

## Fish Bait Production Offers Possibilities

Texans love to fish. There are over 1½ million fishermen in our state and they spend an average of 123 million dollars annually in pursuit of this popular sport. A sizeable amount of this money is spent for bait, especially minnows. Many of these minnows are raised in Texas, but the demand is so much higher than the domestic supply that millions must be imported annually, says Ed Cooper, extension wildlife specialist.

Since this deficiency in the supply of home-grown minnows does exist, there is some opportunity to make a profit in the commercial minnow business. Minnow raising is not a "get-rich-quick" operation, Cooper warns. It has been the experience of those in the business that a considerable investment in time, labor and capital is necessary for a successful operation.

In order to be successful, you must have minnow ponds of the correct size and depth. There must be an adequate, dependable water supply available, and you must have pumps, water lines, drainage structures, and other equipment to completely control the movement of this water. Cooper says that the use of well water instead of runoff or stream water usually assures a more uniform chemical composition and reduces the likelihood of introducing undesirable fish, minnow diseases and parasites. In general, the initial cost of equipment and engineering is rather high.

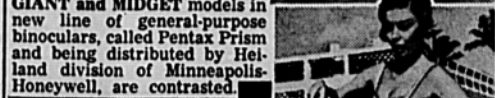
A person interested in going into the commercial minnow business must have or acquire some knowledge of water chemistry and the biology of minnows and other aquatic animals. Experience in fish culture methods is vital to success, thus you must be prepared to accept some failures and even financial losses the first few years. For these reasons, it usually pays to visit successful minnow farms to learn techniques and obtain advice instead of plunging into the business ill prepared.

Information on licenses required for commercial bait operations can be obtained from the Texas Game and Fish Commission, Austin, Texas. Also a booklet, "Raising Bait Fishes" can be obtained from the Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. This publication sells for 45c per copy.

## People, Spots In The News



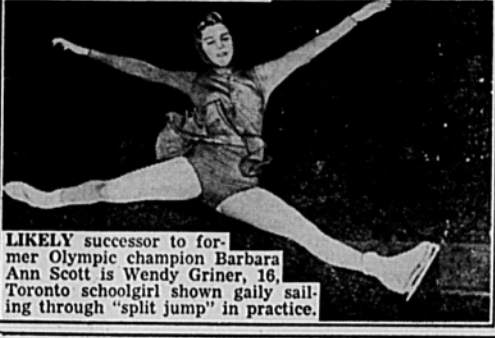
SKI-IN' DIVERS' suits help winter water skiers keep warm while skimming over Irondequoit Bay near Rochester, N.Y.



GIANT and MIDGET models in new line of general-purpose binoculars, called Pentax Prism and being distributed by Highland division of Minneapolis-Honeywell, are contrasted.



BEACH sand "for your tires" is bagged by Mona Fulmore of Miami Beach for sending to friends up north as ironic souvenir.



LIKELY successor to former Olympic champion Barbara Ann Scott is Wendy Griner, 16, Toronto schoolgirl shown gaily sailing through "split jump" in practice.

### Oplin Observations

By Daphne Floyd

Mrs. Tommie Windham and Paula were supper guests of Mr. and Mrs. Ray Floyd on Wednesday night of last week.

Mr. and Mrs. Sammy McBride and children of Abilene, visited last Sunday afternoon with his sister-in-law, Mrs. Lillie McBride. Mr. and Mrs. Herman O'Shields

and boys, James and Richard, visited last Sunday with his mother, Mrs. Bessie O'Shields and Bill.

Mr. and Mrs. Ray Floyd visited last Sunday night in the home of her brother and wife, Mr. and Mrs. Cotton Barrett of Lawn.

Mrs. Winifred Scott and daughters, Dicy and Kathy, visited Monday afternoon with Mrs. Ray Floyd.

## I Give You Texas...

By BOYCE HOUSE

Can you remember the days when there were real political speakings? They were held in the daytime, in the inadequate shade of a grove on a blistering day in July. Can't you see, in your mind's eye, the speaker seated on the platform as he waits to be introduced? He was a portly man and wore an alpaca coat. He piled a palm-leaf fan vigorously and to keep his standing collar from wilting, he tucked around it a handkerchief which was removed when he began to talk.

On the table was a white pitcher, and, of course, a glass - for a speaker spoke for an hour in those days and he spoke with great force so that his brow and bald head glistened with perspiration and his voice grew husky and he shed that alpaca coat; and, in spite of his precautions, his collar wilted.

Present-day political speakers use a microphone and never march up and down the platform or lean over and point a finger in the face of those on the front row -- why, they never even stomp one stomp or hit the table with a fist for, if they did, they'd lose their place in the manuscript they are reading from -- and chances are they didn't even write the speech themselves.

Back in 1928 or 1930, I ventured into politics, purely involuntarily. You have heard the expression that "the office should seek the man," and this or that candidate was "drafted." Well, I really was.

When I was the editor of the Ranger Times, a primary was held for State and County offices. No one filed for public weigher and so one of the linotype operators launched a written campaign (unknown to me) on my behalf, with the result that I received three votes.

This was a tie with the town drunk -- let's call him "Bud" Brown (which isn't even close

to the actual name). Before the second primary however, the linotype operator found out I was not for his candidate for governor, and so threw his support to "Bud" who won unanimously with six write-in votes. As the office had no duties, and therefore no compensation, I bore up philosophically.

### Delta Kappa Gamma Observes Birthday

Beta Upsilon Chapter of the Delta Kappa Gamma Society observed their 25th birthday celebration and 'Scholarship Month' with a luncheon at the Hotel Saturday. The chapter has members from Eastland and Callahan counties and was founded on Feb. 14, 1936.

Delta Kappa Gamma Society, an honorary organization for women teachers, is international in scope and has approximately 150 chapters in Texas. One of its purposes is to furnish scholarships for graduate study to members of the Society.

Red roses in a large brass vase formed the centerpiece for the head table. For other decoration, the members brought White Elephant gifts wrapped with red and gold, colors of the society. An entertainment feature of the program was the auctioneering of these packages for a substantial addition to the scholarship fund.

Miss Isadore Grimes attended from Baird.

### LUNCHROOM MENU

MONDAY  
Duper Dogs, Buttered Green Beans, Buns, Milk, Iced Peanut Butter Cake

TUESDAY  
Pinto Beans, Potato Salad, Stewed Cabbage, Carrot & Raisins, Corn Bread, Milk, Red or Green Banana Jello.

WEDNESDAY  
Hamburgers, Snapped Black-eye Peas, Lettuce & Tomatoes, Buns, Milk, Rice Pudding.

THURSDAY  
Barbecue Beef, Carrot Strips, Cream Peas, Macaroni & Tomatoes, Buns, Milk, Fruit Cobbler.

FRIDAY  
Steak & Gravy, English Peas, Tossed Salad with French Dressing, Buttered Rice, Bread, Milk, Peanut Butter & Jelly on Graham Crackers.

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## WALL TO WALL LIQUIDATION SALE

Due to Mr. Gray's health, GRAY'S will discontinue the operation of this store at the end of this sale.

FINE 100% WOOL  
SUITS AND COATS

Long and Short - closing out

1/2 price

BOBBIE BROOKS KNIT  
SWEATERS AND JACKETS

Slim Pants, going

1/2 price

ONE RACK  
SKIRTS AND WESKITS

\$7.98 to \$14.98

\$2.98

All Children's Dresses

\$4.98 to \$14.98

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ALL SALES FINAL - NO EXCHANGES - NO REFUNDS!

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BLOUSES

Odd sizes and colors

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ONE TABLE  
BLOUSES & SWEATERS

All sizes and colors

Now \$1.98

ONE LOT

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Silks and Linens - \$9.98 to \$12.98

Only \$3.98

All Better Brand Dresses

\$19.98 to \$59.98

Now 1/2 off & less

ONE RACK  
DRESSES

Cottons - Wools - Rayons & Arnel Jerseys - \$9.98 to \$29.98

Now \$4.98

ONE RACK  
HOUSE DRESSES

Smocks & Aprons - \$3.98 to \$7.98

Now \$1.98

ONE RACK  
SUB-TEENS  
8 through 14 - \$9.98 to \$12.98  
Now \$3.98

One Bunch Hats  
\$1.00

LADIES ROBES  
\$3.98 to \$16.98

1/2 price

ALL GOOD COTTONS

\$9.98 to \$22.98 - now

1/3 off

# GRAY'S STYLE SHOP

Baird, Texas

**Rowden Round-Up**  
By Mrs. B. Crow

Mrs. Oran Bains visited her daughter and family, Mr. and Mrs. Claudell Joy and children at Clyde the past week.

Bro. and Mrs. W. E. Nowell had Sunday dinner with the Lon Duncan family.

Mr. and Mrs. J. A. Sikes visited Mr. and Mrs. B. Crow a while Monday morning.

We have lots of sick people in our community, with flu and colds.

Bro. and Mrs. W. E. Nowell of Abilene, Mr. and Mrs. Frank Crow and Tichie of Baird, visited the B. Crow home Sunday evening.

Mrs. Lella Gibbs and Mr. and Mrs. Voncille Gibbs and Judy attended a family reunion in the home of Mr. and Mrs. Truett Hollingshead Sunday in Abilene.

Mr. and Mrs. B. Crow spent Monday with their daughter and family, Mr. and Mrs. Dale Gibbs, Gary and Roger in Abilene.

**Tecumseh Topics**  
By Lillian Crawford

Sorry I'm late with this note but my excuse is a good one. We just had too much snow and ice on the ground for easy travelling the first week end of February. All of the snow and rain we've had this winter sure looks better than the sandstorms and dry complaints about the mud and northers, but we just forget and slush.

The first week in February brought sorrow to the Henry Betcher and Finley Coughran families in the loss of a loved one, Hubert Betcher.

Yes, we the relatives of Gladys Magill, could sympathize with them in the departure of one that was soon gone after illness struck. Gladys departed this life February 3rd, leaving 2 orphan boys, Joe Charles Crawford and Larry Magill. Joe is employed at Lankfords in Abilene, and I would like to say Thank You to the employees of Lankfords for your sympathy and understanding in a time when sorrow and burdens were heavy for the two young boys Joe and Larry.

The boys, Joe and Larry visited in the L. V. Harris home Sunday, also in the home of the Ira Crawfords. Mr. and Mrs. J. B. Sherrod, and Mr. and Mrs. Dale Crawford and children were out our way visiting Sunday.

Ira, Lillian and Lynda Crawford visited in the Mrs. Kate Crawford home Saturday night.

Mrs. Josie Baldwin and Mrs. Harrison (Rex's mother) visited the Ray Harrisons Thursday.

Lillian Crawford visited her Dad, M. A. Reynolds in Abilene Thursday. He seems to be some better than for the last several months. My brother, J. C., was also in to see him that day.

**Cottonwood News**  
By Hazel I. Respass

Mr. and Mrs. C. E. McIntosh of Andrews visited her parents, Mr. and Mrs. R. A. Maddox on Wednesday of last week.

Mr. and Mrs. R. L. Barnett and family of Midland visited the home place and spent Saturday night with Mr. and Mrs. T. W. Green.

Mr. and Mrs. Jim Fulton of Lubbock spent Friday and Saturday nights in the V. L. Fulton home.

Rev. and Mrs. C. R. Myrick attended Workers Conference in Comanche Co., at Zion Hill church, Thursday night of last week.

Seaborn Elkins of California stopped here Saturday inquiring



the short days of winter mean more after-dark driving. For tips in safety, follow these morning tips:



eat lightly before a long, nighttime trip. A heavy dinner and heavy meals go together.

turn on parking lights or headlamps as soon as the afternoon daylight begins to dim. Go by the sky, not by your watch.

on the road, take frequent breaks. Walk about in the cold air to snap up your reflexes, or stop for rest and coffee.

keep the car well ventilated, and go easy on the heater. Play the radio. eye strain can make you sleepy. avoid glare of oncoming cars by looking to right side of road. if you feel sleepy, pull completely off the road and take a refreshing nap.

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**Rev. Arlis Williams visited Mr. and Mrs. Tipton Winkle Sunday.**

Mr. and Mrs. Harvey McKinley and boys of Brownwood spent Saturday night and Sunday with Mrs. Vee Maher.

Mrs. Nina Black of DeLeon visited Mrs. Jim Hewes Saturday.

Mr. and Mrs. Alton Tatom visited Mr. and Mrs. W. M. Tatom in Baird Sunday afternoon.

Mr. and Mrs. D. A. Abernathy and children of Baird visited Mr. and Mrs. Dayton Sessions Sunday.

Roy Tatom visited Mr. and Mrs. W. M. Tatom in Baird last Wednesday.

Mr. and Mrs. Stuart Bentley and Joroy of Putnam visited Mr. and Mrs. C. G. Hutchins Sunday.

Mrs. Rosa Lowell and Willie Wilcoxon visited Mr. and Mrs. Jim Hewes Friday.

Little Melody Hutchins spent Wednesday night with Beverly and Kim Tatom.

Mr. and Mrs. Herbert Ellis attended a John Deere Show at Putnam Saturday night.

Mrs. Jake Carter is visiting her daughter, Maggie Sue and family in Austin. Maggie Sue has a new baby.

**ADMIRAL NEWS**  
By Ann Smith

Mrs. J. D. Cauthen visited Mr. and Mrs. J. M. Harrel and family in Seminole last week.

The James Walkers spent last Sunday with her parents, Mr. and Mrs. H. A. Smith of Abilene.

Mr. and Mrs. Jim Fulton of Lubbock visited Mr. and Mrs. John Woodard of Cottonwood Saturday.

Those on the sick list this week are Joe Jones, J. D. Cauthen and H. F. Summers.

Mr. and Mrs. Cecil Yatman and children and Mr. and Mrs. Gordon Black and sons, all of Abilene, had a fish fry with Mr. and Mrs. Rob Walker Saturday.

**Eula Items**  
By Martha Mapes

Due to the ice and snow, Eula did not have school last Monday and Tuesday.

Eula high school boys and girls defeated Scranton Feb. 7th. Final scores were: boys, Eula 70-Scranton 67, and the girls won 56-28.

Eula grade school boys and girls played the first game with Wylie in the Hawley Tournament last Thursday. The girls won and the boys were defeated.

**Atwell News**  
By Mrs. Roy Tatom

Mr. and Mrs. Leroy Byrd, Mrs. Merlin Hutchins and children, Mr. and Mrs. Louis Richardson and baby, visited Mr. and Mrs. Roy Neil Tatom Thursday night.

Visitors at the Primitive Baptist Church Sunday were Elder and Mrs. M. R. Franks of Hamilton, Elder Taber of Brownwood, Mr. and Mrs. Arthur Cannon of Rising Star, Edd Crawford of Cisco and Mrs. Nancy Washburn.

Mr. and Mrs. Lum Smith of Putnam visited Mr. and Mrs. Herbert Ellis Sunday.

of some old friends. He lived here in the 1890's was a grandson of Sam Ray, who was the father of Millard Ray.

Norman Coffey attended the annual meeting of Independent Grocers, at Abilene, last Thursday night; also a banquet for the groccerymen there.

Those visiting Mr. and Mrs. W. A. Gill over the week end were: Mr. and Mrs. Tavey Wiseman and girls, of Florence, Mr. and Mrs. Weldon Bennett, Mr. and Mrs. Harold Martin, Miss Gladys Martin and Bobby Thomas of Abilene.

Mr. and Mrs. Vorus Kelley and daughter, Brenda, of Dallas, visited his mother, Mrs. W. B. Gilliland Saturday and Sunday.

**It's the Law in TEXAS**



In the past, a person could lose his citizenship largely because he wanted to; but of late one could lose against his will by "expatriation."

Before 1900 the courts said: "No person can by their own act, without the government's consent, put off their allegiance, and become aliens."

In 1870 the U. S. and Great Britain, and later with Germany, agreed that naturalization in the one nation meant loss of citizenship in the other. Soon afterwards, courts also held that a citizen could give up U. S. citizenship at will, and the next question was when it could be taken away.

Under a 1907 federal law, certain acts could mean expatriation: one's swearing allegiance to a foreign nation; a woman's marrying an alien; a naturalized citizen living abroad for a certain number of years.

In 1940 (later amended in 1952) the U. S. broadened the laws to cover new acts that could deprive one of his citizenship.

1. By willing foreign military service. One citizen in Japan before World War II was drafted in the Japanese army. After the war, the U. S. tried to take away his citizenship, but the court said no: The citizen must have served willingly; if he were forced into Japanese service, no one could take away his citizenship.

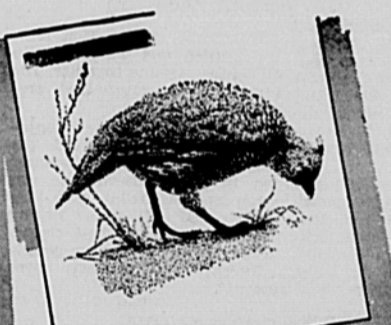
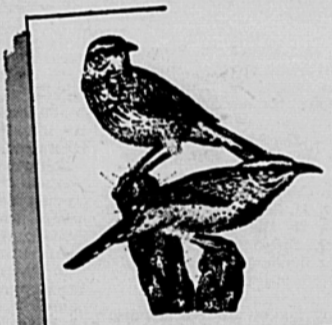
2. By voting in a foreign election. One U. S. citizen voted in a Mexican election (as Mexican law permitted). The U. S. took away his citizenship.

Why? By voting a citizen may encourage conduct against the U.S. interests.

3. By treason or desertion in war time. But in one such case the Supreme Court found expatriation so severe as to be "cruel and unusual" in violation of the Constitution.

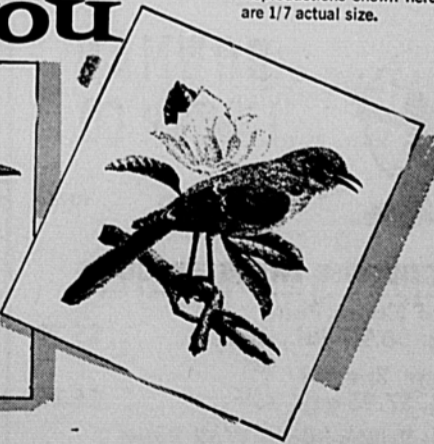
4. There are other acts which endanger one's citizenship such as leaving the country to evade military service in time of national emergency.

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John Marshall Chief Justice of the United States 1801 - 1835



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reg. size only  
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**Zest 79c**



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**Fig Newtons**

pound pkg.

**29c**

**OLEO** KIMBELL'S pound **17c**

**Potatoes** IDAHO NO. 1 10 lb. bag **63c**

**Peaches** VAL VETA No. 2 1/2 can **25c**

**Biscuits** KIMBELL'S 5 cans **39c**

**CORN** KOUNTY KIST WHITE 2 cans **25c**

**FLOUR** LIGHT CRUST 10 lb. bag **79c**

NESBITT - CHOICE OF ORANGE, ROOT BEER, STRAWBERRY OR GRAPEFRUIT

**Soda Pop 4-6 Bottle Cartons 59c**

**PUREX** 1/2 gal. bottle **29c**

KIMBELL'S LIQUID **Detergent** 22 oz. can **39c**

ASSORTED O.B. SPAGHETTI, OR **Macaroni** 7 oz. pkg. **9c**

MAXWELL HOUSE INSTANT **COFFEE** 6 oz. jar **79c**

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FIRM CRISP **Lettuce** 2 heads **25c**

GARDEN FRESH **Turnips & Tops** 2 bunches **15c**

SNO-WHITE **Cauliflower** large head **19c**

GREEN CRISP **Cabbage** pound **4c**

ALL MEAT **BOLOGNA, lb.** **39c**

CHOICE **Beef Roast, lb.** **55c**

NICE LEAN **Ham Hocks, lb.** **29c**

TENDER JUICY **Sirloin Steak, lb.** **79c**



BAIRD, TEXAS

**BLACK'S**  
**FOOD STORES**

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